

University of New Hampshire

University of New Hampshire Scholars' Repository

Media Relations

UNH Publications and Documents

6-17-2020

UNH Finds COVID-19 Impacts Granite Staters' Social Activities and Telehealth

Robbin Ray

University of New Hampshire

Follow this and additional works at: <https://scholars.unh.edu/news>

Recommended Citation

Ray, Robbin, "UNH Finds COVID-19 Impacts Granite Staters' Social Activities and Telehealth" (2020).

Media Relations. 5329.

<https://scholars.unh.edu/news/5329>

This News Article is brought to you for free and open access by the UNH Publications and Documents at University of New Hampshire Scholars' Repository. It has been accepted for inclusion in Media Relations by an authorized administrator of University of New Hampshire Scholars' Repository. For more information, please contact nicole.hentz@unh.edu.



NEWSROOM (//WWW.UNH.EDU/UNHTODAY/NEWS)



UNH Finds COVID-19 Impacts Granite Staters' Social Activities and Telehealth

Wednesday, June 17, 2020

(HTTPS://WWW.UNH.EDU/UNHTODAY/NEWS/2020/06/17/UNH-FINDS-COVID-19-IMPACTS-GRANITE-STATERS-SOCIAL-ACTIVITIES-AND-TELEHEALTH)

DURHAM, N.H.— A new survey by the University of New Hampshire highlights changes in activities of Granite Staters during the first few months of the COVID-19 pandemic. Most of the impact included shifts in social activity, with over 72% of residents altering their plans to avoid crowds, and a decrease in medical, behavioral health and dental office visits, with over 37% of patients transitioning their appointments to telehealth.

“It didn’t matter what age group or demographics, we found that the pandemic caused many New Hampshire residents to modify the way they lived their lives from losing a job to cancelling travel plans and even shifting the way they get medical, dental and behavioral health services” said Jo Porter, director, UNH’s Institute for Health Policy and Practice (IHPP).

The recent survey (<https://scholars.unh.edu/cgi/viewcontent.cgi?article=1045&context=ihpp>), conducted by UNH’s IHPP, looked at three key areas of impact - social activities, medical, behavioral health and dental services, and employment. Along with avoiding large crowds, other significant social impacts included over 57% of residents cancelling planned trips. The effect on healthcare across all groups showed a range of 29% to 51% of appointments moved to telehealth. Almost half, or 46%, of survey respondents reported that they or someone in their household either lost or experienced reductions in employment due to COVID-19 since January, with the range being 29% for people 65 and older to 58% for people ages 35-44.

Looking forward to next year, many N.H. residents thought COVID-19 would continue to impact their health, jobs and other aspects of their lives. Across all demographic groups, over 20% to almost 50% of respondents think their life will change in a major way.

Researchers leveraged the UNH Survey Center’s Granite State Panel to conduct a survey of 1155 N.H. adults to understand some of the immediate impacts of COVID-19 since January 2020. The survey was conducted from April 16-20.

Co-authors on the survey include Amy Costello, director of Health Analytics and Informatics at UNH’s IHPP and Lucy Hodder, director of Health Law and Policy at UNH’s IHPP and a professor at Franklin Pierce School of Law.



The University of New Hampshire (<http://unh.edu>) inspires innovation and transforms lives in our state, nation, and world. More than 16,000 students from all 50 states and 71 countries engage with an award-winning faculty in top-ranked programs in business, engineering, law, health and human services, liberal arts and the sciences across more than 200 programs of study. As one of the nation's highest-performing research universities, UNH partners with NASA, NOAA, NSF and NIH, and receives more than \$110 million in competitive external funding every year to further explore and define the frontiers of land, sea and space.

Media Contact

Robbin Ray '82 (</unhtoday/contributor/robbin-ray-82>) | Communications and Public Affairs | robbin.ray@unh.edu (<mailto:robbin.ray@unh.edu>) | 603-862-4864

LATEST NEWS

University of New Hampshire Announces May 2021 Graduates (</unhtoday/news/release/2021/05/22/university-new-hampshire-announces-may-2021-graduates>)
May 22, 2021

UNH Works to Solve a Million Dollar Problem for Aquaculture Industry (</unhtoday/news/release/2021/05/20/unh-works-solve-million-dollar-problem-aquaculture-industry>)
May 20, 2021

UNH Finds Angel Investor Market on the Rise in 2020 (</unhtoday/news/release/2021/05/19/unh-finds-angel-investor-market-rise-2020>)
May 19, 2021

Media Advisory: University of New Hampshire 2020 and 2021 Commencements (</unhtoday/news/release/2021/05/18/media-advisory-university-new-hampshire-2020-and-2021-commencements>)
May 18, 2021

UNH Research Estimates 1.4 Million Children Have Yearly Violence-Related Medical Visits (</unhtoday/news/release/2021/05/12/unh-research-estimates-14-million-children-have-yearly-violence-related>)
May 12, 2021

[VIEW ALL >](#)

 [SUBSCRIBE TO UNH TODAY \(HTTPS://WWW.UNH.EDU/MAIN/UNH-TODAY-SUBSCRIPTION\)](https://www.unh.edu/main/unh-today-subscription)



University of New Hampshire (<https://www.unh.edu>)

UNH Today is produced for the UNH community and for friends of UNH.

The stories are written by the staff of UNH Communications and Public Affairs. (<https://www.unh.edu/cpa>)

Email us: unhtoday.editor@unh.edu (<mailto:unhtoday.editor@unh.edu>). (<mailto:unh.today@unh.edu>)

[MANAGE YOUR SUBSCRIPTION >](#) [CONTACT US >](#)



([https://www.linkedin.com/edu/university-of-new-](https://www.linkedin.com/edu/university-of-new-hampshire)



[hampshire-](#)

(<http://www.unh.edu/unhtoday/feeds>)

UNH Today • UNH Main Directory: 603-862-1234

Copyright © 2021 • TTY Users: 7-1-1 or 800-735-2964 (Relay NH)

USNH Privacy Policies (<http://www.usnh.edu/legal/privacy.shtml>) • USNH Terms of Use (<http://www.usnh.edu/legal/tou.shtml>) • ADA Acknowledgement (<http://www.unh.edu/about/ada.html>)