

## Media Relations

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### UNH Research: Nearly 1 in 10 Young People Report Perpetrating Sexual Violence

DURHAM, N.H. – Nearly 1 in 10 people 21 years of age or younger reported perpetrating some type of coercive or forced sexual violence during their lifetime, and perpetrators reported more exposure to violent X-rated material, according to a new University of New Hampshire study published by *JAMA Pediatrics*, a JAMA Network publication.

Sexual violence is a public health problem with more than 1 million victims and associated costs of almost \$127 billion each year, according to the study background. Sexual violence can start in adolescence but estimates of adolescents who perpetrate sexual violence are lacking, according to the authors.

The study is co-authored by Kimberly Mitchell, research associate professor of psychology at the UNH Crimes against Children Research Center, and Michele Ybarra, president and research director of the Center for Innovative Public Health Research in San Clemente, Calif. Mitchell and Ybarra estimated adolescent sexual violence perpetration and reported details of the experience after analyzing data for 1,058 young people between the ages of 14 and 21 years in the Growing Up with Media study. They focused on sexual violence as coercive and forced sexual behavior.

Nine percent of youths reported perpetrating some type of sexual violence in their lifetime: 8 percent kissed, touched or made someone else do something sexual knowing the other person did not want to (forced contact); 3 percent got someone to have sex when they knew the other person did not want to (coercive sex); 3 percent attempted but were not able to force someone to have sex (attempted rape); and 2 percent forced someone to have sex (completed rape).

The most common age at the first perpetration of sexual violence was 16 years old, and males were overwhelmingly more likely to have their first episode at 15 years of age or younger. Perpetrators of sexual violence also tended to report more frequently being exposed to media that depicted sexual and violent situations, although the results were not always statistically significant, according to the study.

Most young people who reported trying to force or forcing someone to have sex reported using coercive tactics, such as arguing, pressuring someone, getting angry or making someone feel guilty, more commonly than using threats or physical force. Most often, the victims were a romantic partner and 50 percent of perpetrators said the victim was responsible for the sexual violence. Most perpetrators also said no one had found out about the incidents, so contact with the justice system was uncommon, study results indicate.

Researchers suggest further studies be conducted to replicate results.

“Certainly, however, links between perpetration and violent sexual media are apparent, suggesting a need to monitor adolescents’ consumption of this material, particularly given today’s media saturation among the adolescent population,” the study concludes. “Because victim blaming appears to be common while perpetrators experiencing consequences is not, there is urgent need for high school (and middle school) programs aimed at supporting bystander intervention.”

UNH is a national leader in the development and implementation of bystander education and intervention. The university’s [Bringing in the Bystander](#) program is based on studies that show the role of community norms is a

significant cause of sexual and domestic violence, particularly in communities such as college and high school campuses.

This study as supported by a cooperative agreement from the Centers for Disease Control and Prevention.

The [University of New Hampshire](#), founded in 1866, is a world-class public research university with the feel of a New England liberal arts college. A land, sea, and space-grant university, UNH is the state's flagship public institution, enrolling 12,300 undergraduate and 2,200 graduate students.

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*For more information or to receive a copy of this study, contact JAMA Network Media Relations at 312-464-JAMA (5262) or email [mediarelations@jamanetwork.org](mailto:mediarelations@jamanetwork.org).*

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