



Always in Action

Brenden Holt '17 goes after another degree

Monday, August 7, 2017



What's the best major at UNH? [Health and physical education](#), says Brenden Holt '17, who transferred to UNH after starting college someplace else.

“Our program is special in the fact it offers Friends in Action,” Holt says. “When I came in, I didn’t really have very much knowledge about adaptive physical education ... and it can be challenging if you’re not properly trained in that field. So for UNH to be able to offer that is huge because it really sets me apart.”

SERIES:

[THE PLACES THEY'LL](#)

[GO 2017](#)

[VOICES OF](#)

[WILDCATS](#)

[SUBSCRIBE TO THE UNH TODAY NEWSLETTER](#)

[SUBSCRIBE TO UNH TODAY RSS](#)

RELATED LINKS

[Exercising Her Mind](#)

[Climbing the Walls](#)

Your browser can't play this video.
[Learn more](#)

PHOTOGRAPHER [Jeremy Gasowski](#) | Communications and Public
Affairs | jeremy.gasowski@unh.edu | 603-862-
4465

VIDEOGRAPHER [Jeremy Gasowski](#) | Communications and Public
Affairs | jeremy.gasowski@unh.edu | 603-862-
4465

PRODUCER [Kasey Glode](#) | Communications and Public
Affairs

THE PLACES THEY'LL GO 2017, VOICES OF WILDCATS

RELATED ARTICLES



November 9, 2021 | NH IMPACT

A Healthy Partnership



December 15, 2020 | COLLEGE OF HEALTH & HUMAN SERVICES

Poised for Growth



April 2, 2021 | STUDENTS

UNH Nursing Achieves Highest Ever National Ranking from U.S. News & World Report



University of New Hampshire

UNH Today is produced for the UNH community and for friends of UNH.

The stories are written by the staff of **UNH Communications and Public Affairs**.

Email us: unhtoday.editor@unh.edu.



UNH Today • UNH Main Directory: 603-862-1234
Copyright © 2022 • TTY Users: 7-1-1 or 800-735-2964 (Relay NH)

[USNH Privacy Policies](#) • [USNH Terms of Use](#) • [ADA Acknowledgement](#)

[MANAGE YOUR SUBSCRIPTION](#) [CONTACT](#)
[US](#)