UNH News Release: Learn to Cook (Better) This Summer at UNH’s Thompson School

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Learn to Cook (Better) This Summer at UNH’s Thompson School

DURHAM, N.H. – Learning – and great eating – doesn’t need to stop this summer, when a new series of cooking classes at the Thompson School of Applied Science at the University of New Hampshire introduces adult learners to a wide range of cuisines and culinary techniques. From “Mindful Cuisines” to bakery classics, gluten-free to grilling, the classes tap the Thompson School’s professional facilities and culinary arts faculty.

Classes start on June 5 and run through July 19, 2013, from 6 to 9 p.m. on Wednesdays and Fridays; the fee is $65 per class.

“These courses offer adults the chance to learn valuable skills and recipes they can use in a professional kitchen under the guidance of a professional chef,” says Julienne Guyette, chef and a lecturer in the Thompson School’s culinary arts program. “And, of course, everyone enjoys eating what they cook.”

“We’ve had requests for this type of class for a long time, so we’re pleased to be able to offer these courses,” adds Thompson School director Regina Smick-Attisano. “The Thompson School already enrolls nontraditional students, so this audience is familiar to us.”

Class schedule:
June 5: Mindful Cuisine
June 7: Knife Basics
June 12: Gluten-free Cooking
June 14: Food and Wine Pairing
June 19: Dumplings of the World
June 21: Chef on a Budget, Eating Well with Less
June 26: Stocks, Sauces and Soups
June 28: Pastry with the Pros
July 10: Yeast Breads
July 12: Grill with the Masters
July 17: Bakery classics
July 19: Hors d’oeuvres

For more information and to register, go to 
http://thompsonschool.unh.edu/sites/thompsonschool.unh.edu/files/Flyer_culinaryworkshops_summer2013.pdf
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