


UNH News Release: Learn to Cook (Better) This Summer at UNH's Thompson School



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Learn to Cook (Better) This Summer at UNH's Thompson School

DURHAM, N.H. – Learning – and great eating – doesn't need to stop this summer, when a new series of cooking classes at the Thompson School of Applied Science at the University of New Hampshire introduces adult learners to a wide range of cuisines and culinary techniques. From "Mindful Cuisines" to bakery classics, gluten-free to grilling, the classes tap the Thompson School's professional facilities and culinary arts faculty.

Classes start on June 5 and run through July 19, 2013, from 6 to 9 p.m. on Wednesdays and Fridays; the fee is \$65 per class.

"These courses offer adults the chance to learn valuable skills and recipes they can use in a professional kitchen under the guidance of a professional chef," says Julienne Guyette, chef and a lecturer in the Thompson School's culinary arts program. "And, of course, everyone enjoys eating what they cook."

"We've had requests for this type of class for a long time, so we're pleased to be able to offer these courses," adds Thompson School director Regina Smick-Attisano. "The Thompson School already enrolls nontraditional students, so this audience is familiar to us."

Class schedule:

June 5: Mindful Cuisine

June 7: Knife Basics

June 12: Gluten-free Cooking

June 14: Food and Wine Pairing

June 19: Dumplings of the World

June 21: Chef on a Budget, Eating Well with Less

June 26: Stocks, Sauces and Soups

June 28: Pastry with the Pros

July 10: Yeast Breads

July 12: Grill with the Masters

July 17: Bakery classics

July 19: Hors d'oeuvres

For more information and to register, go to

[http://thompsonschool.unh.edu/sites/thompsonschool.unh.edu/files/Flyer\\_culinaryworkshops\\_summer2013.pdf](http://thompsonschool.unh.edu/sites/thompsonschool.unh.edu/files/Flyer_culinaryworkshops_summer2013.pdf)

The University of New Hampshire, founded in 1866, is a world-class public research university with the feel of a New England liberal arts college. A land, sea, and space-grant university, UNH is the state's flagship public institution, enrolling 12,200 undergraduate and 2,300 graduate students.

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