The future of American politics

By Anna Kate Munsey
MANAGING EDITOR

Despite the ongoing coronavirus (COVID-19) pandemic, political engagement in the 2020 election broke records. From a vast Democratic primary field of over two dozen candidates, where longtime politician Joe Biden was ultimately nominated, to an incredibly unique incumbent Republican president, Donald Trump, there were many possible outcomes of the 2020 election. Of course, we now know the facts with certainty: Donald Trump lost reelection, and Joe Biden won the presidency. Democrats lost 12 seats and have just barely gained control of the House of Representatives.

And, how did we get here? For many, 2020 was a call to action. Whether spurred by the COVID-19 pandemic, a renewed racial justice movement, or strong feelings about either Biden or Trump, young people turned out to vote. Andy Smith, the director of the University of New Hampshire’s (UNH) Survey Center and a professor in the political science department, notes, “most people don’t care about politics most of the time.”

Elections are generally the time where partisanship is most prevalent, and people pay the most attention to politics. This was the case for college-aged people in 2020, many of whom were voting for the first time in a general election. Tufts University’s Center for Information & Research on Civic Learning and Engagement (CIRCLE) projects that between 53% and 56% of voting-eligible young people voted in the 2020 election. This is a significant increase compared to the 2016 election, where they projected between 45% and 48%.

College students are “coming of age” in a new political climate due to advancements in technology. Between the 24-hour loop of cable news, the constant connection of social media, and the case with which information is produced, altered, and spread, it’s quite easy to feel overwhelmed. Generations before did not consume news in the ways that Generation Z does, and therefore did not interact with politics in the same ways.

For example, Generation Z has experienced half of the country’s impeachments. Constantly televised and trending on Twitter - suffice to say, this was a very different experience than that of the impeachments of Richard Nixon or Andrew Johnson.

Following the second impeachment of former President Donald Trump, some were noting that it was the ”most bipartisan impeachment” in U.S. history, with 10 House Republicans and all 222 House Democrats voting to impeach on Jan. 13. However, the U.S. Senate now finds themselves in a predicament. Scholars have questioned the constitutionality of conducting an impeachment trial of a president no longer in office. Smith believes it is unprecedented. “To me it’s vengeance, it’s retribution. But it’s not doing the things that Biden says he wants to do to...”

Return to campus guide

By Caitlin Staffanson
ARTS EDITOR

As the University of New Hampshire begins their return to campus, students are being asked to follow all guidelines outlined by the university. Over the past week, UNH students have been sent an overwhelming number of emails regarding the testing procedure and rules for a safe spring semester which begins, Feb. 1. Below, the emails and guidelines provided by UNH are broken down as a comprehensive return to campus guide.

HOUSING: For students living in on-campus housing, move-in is taking place over the course of four days, Jan. 27 through Jan. 30. The first day of school for students is Feb. 1. On campus housing restrictions remain the same as were stated during the fall semester. Students will not be allowed to have any non-university guests or family members enter the residential halls. As stated at the beginning of the year there is a limit to the number of students allowed in dorm lounges and common spaces at a time and the dorm kitchens have been closed for the year. All rooms will remain at single or double occupancy regardless of the size the space may offer.

The housing teams has been working closely with the Dean of Students’ office and the COVID-19 testing compliance team throughout winter break to make sure expectations are as clear as possible for students and so that the entire transition is smooth.

“Housing and residential life have been carefully planning fun events and programs that align with our safety practices,” said Victoria Perkins, the interim director of housing. “We want very much for students to enjoy their time living on campus, while feeling very comfortable knowing that we are making their safety first priority. Housing and residential life have also been a part of the planning to ensure...”
Inauguration Day fashion

Content Editor Hannah Donahue explains the fashion choices that politicians, influential figures and celebrities wore on Inauguration Day.

UNH COVID-19 lab receives grant

After a successful first four-plus months of operation, the UNH COVID-19 testing lab will get a $4 million grant to help function and expand.

UNH men’s hockey continues to struggle

In the midst of an up and down COVID-19 and injury plagued 2020-21 season, UNH gets two points in a weekend set with Merrimack.

Spring semester food guide

Staff Writer Evan Edmonds gives a rundown on the state of UNH and Durham’s dining situation, including particulars on the all new “rise + grind.” Read for more information on Durham’s “Restaurant Bingo.”

What’s the Weather?

Jan. 28
32/7
Snow

Jan. 29
20/8
Partly Cloudy

Jan. 30
24/7
Sunny

Jan. 31
30/18
Mostly Sunny

Feb. 1
33/29
Snow

Feb. 2
34/27
Snow

Feb. 3
36/23
Partly Cloudy

The next issue of TNH will be published on Thursday, February 4, 2020.

But you can find new content daily at TNHdigital.com
Politics
continued from page 1

theing the things that Biden says he wants to do to heal the wounds in America. It's go-
ging to take time, and that's a problem that Biden's got - he's got to walk this fine line between making a call for healing and for blood, out for Trump, and the longer term goal of the coun-
country, to do stuff like this. It makes us look like a banana republic when we start pros-
couring our former presidents," he said.

In his inaugural address, President Biden emphasized the importance of unity. “To overcome these challenges — to restore the soul and to secure the future of America — requires more than words. It requires the most elusive of things in a democracy: Unity,” he said.

However, the United States is a divided country. A November 2020 article from

Return to Campus
continued from page 1

and residential life have also been a part of the Wildcat Pass to ensure that testing guidelines outlined by the university are the necessary steps for a student to have a valid Wildcat Pass. On Feb. 1, in the last email sent out by Kenneth Holmes, the Senior Vice Provost of Student Life and Student Affairs, the Senior Vice Provost of Academic Af-
fairs, the two provided a quick checklist for students. The list of reminders included:

- Signing the Wildcat Pledge, which is a required step for students.
- The Wildcat Pledge states, “This confirms your commitment to participate in regular COVID-19 testing and follow all federal, state and university public health protocols and physical distancing, face coverings and gatherings. If a student does not sign the pledge, they will not have a valid Wildcat Pass and will not be permitted on any of our campuses. All employees are encouraged to sign the pledge to show support for our students and the universi-
y's 'RUN's Kit' together campa-
ign.”

- Students are required to answer one yes/no question that asks whether they agree to uphold the Wildcat Community Pledge and follow all guide-
lines? Students: This includes: Student Rights, Rules, and Re-
responsibilities?” This is the first
mandated step into achieving a valid Wildcat Pass.

As for pre-arrival and ar-
ival testing, there are different rules for students who do not live with the 90-mile radius of the university. For students who live outside the 90-mile radius, they were required to have a Quest Diagnostic self-
testing kit sent to their perma-
ent address. If the student received the kit, they were asked to prove this and then select an arrival date for their test. Students who live in a 90-mile radius of the university were able to schedule an appoint-
ment by calling the Health Center between Jan. 19-24, a.m. - 5 p.m. These students picked up a test kit at the Health Center and were asked to complete it and drop it off at an UNH testing drop-off location. The test was also an uploadable proof of negative test result; however, the university made it clear that this option was only at the express wishes of the student. Those who continued to test through winter break and the start of the semester were kept to testing and were required to set-up a pre-arrival test. All stu-
dents were then asked to pick a date and time for an arrival test and to pick-up their testing kits for the spring semester.

Everyone is required to update their profile for their Wildcat Pass and sign the quar-
anantine attestation.

Students also confirm their regular testing schedule with the university based off their testing results. If the students test two per week that their college is re-
quired to submit tests does not work for this student, they may file a petition to change dates with a valid reason.

The testing schedule is as follows:

- College of Health and Hu-
man Services: Monday and Thursday mornings.
- College of Life Sciences and Agriculture/Thompson School: Monday and Thursday afternoons.
- College of Engineering and Physical Sciences: Tuesday and Friday mornings.
- Paul College of Business and Economics: Tuesday and Friday afternoons.
- College of Liberal Arts: Wednesday and Saturday mornings.

State Republicans push to change election laws affecting college students

By Ben MacKillop

Politics
continued from page 1

the Pew Research Center out-
lines partisanship in the U.S., providing data to suggest that “Americans have rarely been as po-
larized as they are today.” Therefore, if the state of political polarization today mean? Where does American politics go from here?

A December 2020 Gallup poll found that 25% of Ameri-
cans surveyed considered themselves 31%, considered themselves Demo-
crats, and 41% considered themselves Independents.

For many young people, it can be hard to conceptualize exactly what the current state of politics means, how the sys-
tem works, and what political history tells us about current events. Smith said that the year 2000, and even the disputed 1876 presidential elections had some similarities to today.

Some questions have to ask that there’s potential for a third major political party to form, and Smith isn’t one that they will be a push from some for this

creation. He noted that political operatives who make their liv-
ing in the business of politics might try to capitalize on this
decade. Since Republicans are currently in the majority of losing the presidency and the Senate, one might assume they are more likely to consider this move.

However, in examining recent history, third parties are generally unsuccessful and are seen as “spoiling” the vote of the party they are drawing vot-
ers from.

Smith said, “the question is whether or not the Republi-
can Party leadership, and the elected officials within the Republican Party, split off... And third parties cause the party that they split off from to lose or disappear. Republican leaders are going to look at that and say, ‘Well, we don’t want the party to go away, we don’t want to alienate people, by splitting off our vote.’ ”

The question many are won-
dering is what’s next for former President Donald Trump?

As he he headed home to Mar-a-
Lago, he told supporters “we will be back in some form.” While many have wondered if Trump will run again in 2024, Smith thinks Trump’s political career in politics is largely over.

“I think he’s done largely because he wasn’t able to deliver what a political leader has to deliver - and that’s win,” he said, noting that Trump “lost the presidential, lost the Senate.”

Trump and his message appealed to many Americans —72,233,744 general election vote-
ters, to be exact. One likely option for the Republican Party would be to dump Trumpism without Trump.

That would be a powerful po-
litical movement, and Trump didn’t create Trumpism, or, you know, the Trumpsters. He just saw where they were going and got to the front of the line, which is what good politicians do - they sense political power and grab it and try to hold onto it,” Smith explained.

As young peoples’ lives start to get busy with the start of another semester, it seems likely they’ll pay less attention to politics and the goings-on in Washington, D.C. “If I were to say one thing that I would want students to take away is think long term. Remember that this has happened before. We all like to think that this time is different. Most of the time it’s not different. Most of the time it’s the same as it’s been before. Because there are fundamental reasons that things go this way. But my biggest concern is that we start messing with the foundations of society, foundations of politics and political society in the United States, because of short term political issues,” Smith said.

Politics
continued from page 1

State Republicans push to change election laws affecting college students

By Ben MacKillop

Staff Writer

In the first weeks of the 2021 session, the sessional Repub-
lican lawmakers in Con-
cord proposed multiple bills that would change voting in New 
Hampshire, especially for college students.

One of these bills, HB68, has received national atten-
tion for its attempt to limit the ability for college students, especially those who are out-
state, to vote in elections. HB68 would end same day voter registration in New 
Hampshire for both general elections and primaries. Only 21 states currently allow some form of same day voter reg-
istration. HB68 would also make col-
ge students registering to vote with a university address attest that they qualify for in-state tuition, effectively not allowing out-of-state college students to vote in New Hampshire elec-
tions.

This continues a push by GOP lawmakers to stop out-
of-state college students from voting in New Hampshire elec-
tions. In 2017, when Repub-
licans previously held triceta 
call, the GOP pushed a bill which would have required all voters to have proof of a do-
micile in order to vote in state elec-
tions. This would have required out-of-state college students who live in university housing to have car registra-
tion, a driver’s license, or an-
other proof of domicile in New 
Hampshire in order to vote.

Both of these efforts in HB68 directly affect voter outreach for college students in New Hampshire, a demographic that has been largely successful for state Democrats. Use of same day voter registra-
tion in combination with get-
out the vote and ride sharing efforts have been at the core of voter outreach for college students.

In 2016, over 30% of ballots cast in Durham general election were turned in by college students. In 2020, only 17% of votes were cast during same day registration. How-
ever, over 80% of the ballots were cast absentee, many of which were at UNH-sponsored early voting locations.

The second controversial bill proposed by GOP lawmak-
ers, SB43, would change New Hampshire’s system to allo-
cate college voter votes by congressional district, the same system that has been used for 2 states - Maine and Ne-
braska - for decades. Senator Bill Drawbaugh, one of the authors of the bill, told NHJournal that, “The current winner takes all system disenfranchises sometimes a majority of a New Hampshire district’s voters.”

While this bill would not have changed the results of the New Hampshire election in 2020, if the system had been in place in 2016, it is not difficult to see how this bill would have given New Hampshire’s four electoral votes.

Electoral college reform has been a controversial topic for many years, especially following the 2016 election where Donald Trump won a

wide electoral college victory despite losing the popular vote by nearly 3 million votes. If the Maine/Nebraska system pro-
posed in SB43 was put in place in every state, presidential elec-
tions would likely be decided in recent years typically skew for Republicans.

If the district model had been in place in each state, the Election Law continued on page 8
2020’s COVID-19 semester in review

By Aqel Hisham & Ben Domangeau

Starting this semester, the technology of the Wildcat Pass is said to be improved and usage is expected to be ramped up to ensure the safety of those in the University of New Hampshire (UNH) community. On Oct. 6, UNH President James W. Dean sent out an email stating that all students must sign the Wildcat Pledge to prove they are following COVID-19 guidelines and restrictions. Any UNH campus and must have a valid Wildcat Pass. The Wildcat Pledge proves students’ have turned in their two tests for coronavirus (COVID-19) each week and ensures they have tested negative. The Wildcat Pledge is a document that explains the expectations and rules that students must follow during the spring 2021 semester at UNH amid the COVID-19 pandemic. By signing the Wildcat Pledge, students would agree to adhere to the following protocols set by UNH such as participating in regular COVID-19 testing, wearing a face covering, washing their hands, and maintaining physical distance.

According to a public LinkedIn post by UNH Vice Provost of Innovation and Ventures Marc Sedam, the new technology used in the Wildcat Pass is called SMART Health Card, which is on the side of New England to certify a negative test. Students are encouraged to check this out by calling the COVID-19 Hotline at 603-862-2020 if their test is invalid.

Updated ‘Wildcat Pass’ causes student difficulty

The fall semester of 2020 took a toll on the UNH community, students, faculty and staff alike. The threat of COVID-19 has mini- mized Wildcat’s old lives to a distant memory that we can only reminisce upon. Links to friends classmates and colleagues have left these same Wildcats a little more self-aware and a little less social student could only yawn with a nine-inch Q-tip and signing consent agreements suddenly became societal norms.

UNH begrudgingly inte- grated itself in Zoom culture, turned dorms into quarantine centers and tried to come to- gether as a university, all while doing their best to stay apart. Despite the challenges and wildfires of chaos, something beautiful happened. You got through it. You got through one of the most mentally and physi- cally challenging semesters any college could ask for. In experi- ence. In celebration of the great accomplishment, let this serve as UNH’s end of the summer.

The summer of 2020 might have been the buzzkill of the century, bringing challenges upon the Wildcat community that weren’t foreseen just a few months earlier. So many incredible develop- ments throughout the semester stemmed from groundwork laid down the summer.

For starters, the ability to have an in-person education at UNH was truly a miracle considering the state of the country from March up until August when classes started. Many UNH students and faculty feared that UNH President James Dean announced that the university would have to cancel all in-person activities in the fall, as he unveiled a series of task forces that had the job of keeping the campus as safe and healthy as possible. This is also when the actual logistics began to be planned in terms of personal protective equipment (PPE) for students and how the process was going to work. Easing some Wildcats’ anxiety, Durham also became one of the first towns in New Hampshire to issue a mask ordinance, something that Governor Sun- nuos would do weeks later on an enet state level. This was essential, as 15,000 people coming into a community at the end of Augus- tine times and spread scared without one.

UNH, trying to become more transparent for students and faculty, released information that they would have an all-new state of the art testing facility to start the fall semester, and that they would produce same-day results throughout the facility. The later provided a daily updated dash- board with cumulative results as well, breaking down which groups of people tested positive that day and various statistical data.

The first few weeks of classes quick-fired as the COVID-19 feeling-out process for all the new rules and procedures to develop. In September, the “Wildcat Pass” was both presented to and required for UNH community members. Its purpose, which is to an individual’s level of adherence to the UNH COVID-19 guidelines, hasn’t changed. But, the frequency at which it is required has several ramped up since its disclosure.

In this feeling-out period there wasn’t a shortage of hiccups. A residence life event turned into a mask-less ice cream soirée, the first COVID-19 cluster surfaced in a fra- men’s dorm, and a university student lost 200 tests on the first day of self-testing. It wasn’t exactly what UNH had planned when they envisioned the first few weeks going, but the recovery was swift.

In just a few weeks after the seemingly never-ending issues surfaced, UNH announced that students would be able to test nearly 4,000 students and faculty members in their testing facility with the turnaround time being no more than a 24 hour window. This proved to be one of, if not the sole reason that the univer- sity’s university’s focus turned with in-person activities, as the monitoring and maneuver- ing through positive tests was much easier.

The early struggles weren’t limited to UNH, as businesses throughout the state were used to struggle, even with the increased business during the school year. Some local businesses to go under have had doubles, with the most notable name being local staple Young & Strange. Another Dur- ham mainstays like Scorpion’s Bar and Grill and Franz’s Food have told The New Hampshire that their adaptation to the challenging times with new methods has been key.

With over a year of expe- rience with the new rules and regulations, UNH enjoyed a much smoother semester. During the winter break, UNH’s track-and-field teams continued to be involuntarily removed from campus because of COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often men- tioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.

The university hit a new high in active cases on Novem- ber 9 (87 cases), and it continued to rise from there, getting to twice that number just a week later. Before departing for Thanksgiving break, there were 27 students that had to be involuntarily removed from campus because COVID-19 regulation noncompliance, so on to the Central Northeast Outdoor Club (CND) often mentioned that an update in cases could happen during the winter break. This current situation is not out to be true in November for the Wildcat community, as the designated quarantine dorms nearly hit full capacity.
Gov. Chris Sununu announced a $4 million investment into the University System of New Hampshire’s (UNH) COVID-19 testing infrastructure.

“The government and the country was facing a crucial work of White school districts think about it. And the messages they receive and the messages they send, and think about how we navigate the challenges of change against racism.”

Sununu’s announcement comes days after New Hampshire’s public health department reported a single-day record high of 1,187 infections on Jan. 11. The current single-day record high is 1,286 on Jan. 3.

In late December, UNH began partnering with more than 30 long-term care facilities and shelters to provide COVID-19 testing “exclusively for employees,” the lab has processed over 3,000 tests in addition to the university’s winter break testing program. UNH estimates the lab will soon have the capacity to process over 6,000 samples per week, in addition to the nearly 4,000 samples processed per day for the university community during the semester.

UNH targets its sample turnaround at about 48 hours, well within the three-day target set by the United States. In an interview with The New Hampshire, Sen. Jeanne Shaheen said she was “very impressed” with the state of the art lab. Shaheen also noted UNH’s ability to keep up with their labs to assist with partner facilities.

UNH has used its COVID-19 lab as a primary means of surveillance for the virus, as well as testing wastewater to track potential infection hot spots.

UNH began testing students twice a week at the start of its fall 2020 semester, and has continued to test students twice a week for the new 2021-2022 semester, beginning Feb. 1.

UNH continues to report daily COVID-19 cases online as well. As of UNH’s latest report on Jan. 26, its COVID-19 lab has processed over the last seven days as pre-arrival and arrival testing has been underway.

The Governor’s Office and the University of New Hampshire have not responded to The New Hampshire’s request by time of publishing.

Faculty members receive Spencer grants

Three University of New Hampshire (UNH) faculty members received grants from the prestigious Spencer Foundation for education research.

UNH College of Liberal Arts (COLA) professor Michaela Hambacher expressed her pride and said she was “excited” for the faculty members’ news in a UNH Today announcement.

The Spencer Foundation is only one national foundation focused solely on funding education research. Founded in 1962, the foundation’s intention is its mission statement, is “to investigate in what ways in which education can be improved.” Since the beginning of its grant making in 1971, it has awarded grants totaling over $500 million.

This year’s UNH recipients are Elyse Hambacher, Andrew Coppens, and Kabria Jusseaume, members of the COLA faculty.

Hambacher, an associate professor of education, is focusing her research on “the use of justice-oriented perspectives to improve equity in elementary education and in the preparation of pre-service and in-service educators.” In other words, Hambacher said, she is “interested in understanding how White teachers and administrators in mostly White school districts think about and enact their commitments toward racial justice in race-education research and is led sustainably reconnect to relational networks, community, and culture worlds can lead to a feeling of narrow or misleading evidence,” Coppens said. “As such, we’re trying to find evidence to reverse that narrative by studying what rural first-generation students are doing to not only succeed in college, but also to do so in ways that demonstrate their knowledge and skills in rural livelihoods.”

Coppens and Jusseaume have experience researching and working with underprivileged communities. They are working to explore how rural youth navigate different, unique strengths that they each bring to university.”

UNH targets its sample turnaround at about 48 hours, well within the three-day target set by the United States. In an interview with The New Hampshire, Sen. Jeanne Shaheen said she was “very impressed” with the state of the art lab. Shaheen also noted UNH’s ability to keep up with their labs to assist with partner facilities.

UNH has used its COVID-19 lab as a primary means of surveillance for the virus, as well as testing wastewater to track potential infection hot spots.

UNH began testing students twice a week at the start of its fall 2020 semester, and has continued to test students twice a week for the new 2021-2022 semester, beginning Feb. 1.

UNH continues to report daily COVID-19 cases online as well. As of UNH’s latest report on Jan. 26, its COVID-19 lab has processed over the last seven days as pre-arrival and arrival testing has been underway.

The Governor’s Office and the University of New Hampshire have not responded to The New Hampshire’s request by time of publishing.

By Ben Domaingue

By Julia Stinnett

UNH COI-19 lab’s $4 million grant

Three University of New Hampshire (UNH) faculty members received grants from the prestigious Spencer Foundation for education research. UNH College of Liberal Arts (COLA) professor Michaela Hambacher expressed her pride and said she was “excited” for the faculty members’ news in a UNH Today announcement.

The Spencer Foundation is only one national foundation focused solely on funding education research. Founded in 1962, the foundation’s intention is its mission statement, is “to investigate in what ways in which education can be improved.” Since the beginning of its grant making in 1971, it has awarded grants totaling over $500 million.

This year’s UNH recipients are Elyse Hambacher, Andrew Coppens, and Kabria Jusseaume, members of the COLA faculty.

Hambacher, an associate professor of education, is focusing her research on “the use of justice-oriented perspectives to improve equity in elementary education and in the preparation of pre-service and in-service educators.” In other words, Hambacher said, she is “interested in understanding how White teachers and administrators in mostly White school districts think about and enact their commitments toward racial justice in race-
UNH builds simulation center to address healthcare worker shortages

By Isabelle Curtis

The University of New Hampshire (UNH) recently announced the development of the College of Health and Human Services’ Health Sciences Simulation Center (HSSC). The simulation center will be located off Waterworks Road next to Gregg Hall. Construction has already begun and is set to be completed by August 2021.

“The over 20,000 square foot structure will include offices and classrooms and ‘fully equipped simulation labs that mimic hospital, clinic, primary care and other health care settings’,” said Ferrara, dean of the College of Health and Human Services.

The simulation center will be 20,000 square feet. The high level of medical skill and equipment to manage the unfolding scenario. A nurse will be able to control the high-fidelity mannequin’s voice and “physiologic parameters” in response to how students interact with it, according to Ferrara.

Gene Harkless, associate professor and chair of the department of nursing, also explained that child, maternal, critical care and short-term (acute) care mannequins whose vitals can be changed, and different procedures can be performed on, will also be available to give students a full range of care experiences. Actors may also be used depending on the scenario.

In addition to the simulation rooms, there will be labs where students can practice basic skills, such as suturing, inserting IVs and examining tissues (biopsies).

The development of the HSSC is the result of the

What you should know about the COVID-19 vaccines

By Evan Edmonds

In December 2020, the Food and Drug Administration (FDA) approved two vaccines recommended to prevent coronavirus (COVID-19), the Pfizer-BioNTech vaccine and the Moderna vaccine. Entering the new year with the pandemic still prevalent in everyday life, students and community members alike can inform themselves on both vaccines here.

The Centers for Disease Control and Prevention (CDC) says the vaccines help individual develop immunity to the virus.

Both of the approved vaccines involve two sets of shots, to be administered the second time three to four weeks after the first. The most common side effects include pain, swelling or redness in the area where you get the shot, and chills, tiredness or headaches (which are more likely after the second dose of the vaccine), per the CDC.

According to Harvard Medical School’s Coronavirus Resource Center, the Moderna vaccine has a 94.5% success rate in preventing COVID-19, while the Pfizer vaccine reportedly reduced the risk of COVID-19 by 95% — according to results published in the New England Journal of Medicine.

Natural disasters, the University of New Hampshire senior and biomedical science major, is an EMT at McGregor EMS, the 911 ambulance provider that covers UNH, Durham, Lee and Madbury. She received the Moderna vaccine on Jan. 5 and said in an email that it went “incredibly smooth.” Swisher got the vaccine at Exeter High School, waited in her car the entire time, and was set to leave after 15 minutes. She noted some initial arm soreness but no other symptoms about 10 hours after administration.

“I would 100 percent recommend anyone and everyone to get the vaccine when they’re able to do so. Any steps toward a more normal future are ones I’m willing to take, especially ones that make working on the ambulance safer for myself as well as patients,” Swisher said.

She registered through the Vaccine Administration Management System (VAMS) online through the CDC. Moderna was chosen for her because when it arrived - it is the easier of the two vaccines to transport, per CNN, because it can be moved in a normal freezer rather than a “super cold transportation network.” Swisher said the arm pain continued for two days, and she’s had no other symptoms. She was able to go about her day like normal afterwards, she said.

Stephan Mackenzie, 63, got the Pfizer vaccine because it was the first one available to him. He reported the same arm soreness as Swisher, and noted he’d expect the other side effects (chills, tiredness etc.) after his second administration, if he were to experience them at all.

Mackenzie said he was “anxious to get it,” and jumped on the opportunity as he’s a Medication Nursing Assistant at Saint Aim Rehabilitation and Nursing Center in Dover, N.H., but noted it was unfortunate that his wife wasn’t able to yet.

The CDC encourages individuals to get the vaccine even if they have already had COVID-19 and recovered, considering it is unknown how long natural immunity (from being infected) of COVID-19 lasts.

Harvard’s Coronavirus Resource Center says the vaccines can prevent you from becoming sick, but it may not prevent you from infecting others. According to The New York Times vaccine tracker, 20 more vaccines are in “phase three” large-scale efficacy tests as of Jan. 14.

The CDC records 23,540,994 doses have been administered in the United States, with over 44 million vaccines distributed as of Jan. 26. The CDC is using v-safe, a symptom tracking smartphone tool, to allow patients who received the vaccine to document their symptoms for the CDC’s records.

NHPR (New Hampshire Public Radio) reported in its COVID-19 tracker that 79% of available doses of the vaccines have been delivered to vaccination sites in New Hampshire, with 85,771 doses currently administered.
By Hannah Donahue CONTENT EDITOR

It is without a doubt that the inauguration of 46th President Joseph R. Biden was a historic day, but what drew the international attention of onlookers was the fashion of the day and the statements they held. From President Biden and first lady Jill Biden to Vice President Kamala Harris to Lady Gaga, the meaning behind what everyone wore took center stage.

President Joe Biden

In true American fashion, President Joe Biden arrived at the Capitol in Washington, D.C., for the inauguration ceremony wearing a navy-blue suit designed by Ralph Lauren - a fashion house that has represented the American dream since its launch in the 1960s. Lauren, who served in the Army for two years, was born in the Bronx to parents of Jewish immigrants from Belarus. For 50 years, the label has grown into one of the largest fashion corporations to date with over a billion dollars in revenue. Lauren has dressed political figures throughout the last 50 years in business, from Nancy Reagan to George W. Bush to Michelle Obama and on.

President Biden’s hopeful inaugural address aligned perfectly with the story behind his outfit for the occasion, he said, “We serve in this role, she championed the story that inspires us and the story that tells ages yet to come that we answered the call of history.”

Vice President Kamala Harris

With each of her outfits throughout Inauguration Day, Vice President Kamala Harris made history. Donning a camel-colored coat by designer Kerby Jean-Raymond of Pyer Moss to the morning’s memorial service for the lives lost to the coronavirus (COVID-19), Harris represented the message that Jean-Raymond has long been sending on the runway. His collection, “American Air,” addressed the essence of Black narratives in popular culture according to Vogue. The purpose-driven designer also made headlines in September of 2020 for his efforts to gather personal protective equipment (PPE) and give $50,000 in grants for small businesses affected by COVID-19.

Later in the day, Vice President Harris arrived at the inauguration ceremony in her signature pearls and a head-to-toe purple monochrome number - a dress and coat designed by Black designer Christopher John Rogers. The look is thought to be a not-so-subtle nod to suffragist organization National Women’s Party. In a 1913 newsletter, they wrote “Purple is the color of royalty, constancy to purpose, unwavering steadfastness to a cause.”

In addition to its representation of women’s rights, the color purple may have also been an acknowledgment of Shirley Chisholm, the first Black woman to be elected to the United States Congress in 1968 and the first Black woman to run for president in 1972.

Following the inauguration ceremony, Vice President Harris wore a black sequin dress and tuxedo coat designed by Sergio Hudson to the “Celebrating America” event held at the Lincoln Memorial. In an interview with Harper’s Bazaar, Hudson explained, “We kept the silhouette very structured and tailored, because that’s who the Vice President is.” He continued on to say, “But the liquid sequins, her glamour and shine, because her influence and the way she’s broken barriers is a light for so many of us. She shines so we can all shine.”

In the same interview, Hudson said he has “seen an African American designer who’s built a legacy brand,” and that he’s “not ashamed to say that’s who I want to be. That’s what I’m aiming to do.”

“As Vice President Harris is the first woman and first Black and South-Asian American to serve in this role, she championed Black designers in every outfit on a day that will go down in history.

First lady Dr. Jill Biden

First lady Dr. Jill Biden, similarly to Vice President Harris, was posed and manifested historical moments through her attire. At the COVID-19 memorial service in the morning, the first lady wore a purple coat and dress designed by Jonathan Cohen, a “new generation of American designers who is championing sustainability and responsible design,” according to Vogue. The sustainable designer falls in line with President Biden’s plans for a more equal, stable United States.

The dress and mask worn by Biden were made from scraps of fabric ordered in her studio. The deep purple color reminisced on the Suffragettes, but “more poignantly it’s what you wear in that color and blue are mixed together.”

At the inauguration ceremony, Dr. Biden wore a navy blue monochrome outfit with a matching mask designed by American designer Markarian, headed by Alexandra O’Neill. In a statement Markarian said, “The color blue was chosen for the pieces to signify trust, confidence, and stability.” Like Cohen, Markarian prides itself on its sustainable efforts in the world of fashion. According to Vanity Fair, each piece of Markarian clothing is made-to-order in order to reduce waste.

In the evening at the “Celebrating America” event at the Lincoln Memorial, the first lady emerged in an all-white coat and dress, each delicately embroidered with the federal flowers from every state. Uruguayan sustainable designer and friend of Dr. Biden Gabriela Hearst said in an interview with Elle that the inspiration was unity and the “blossoming symbol to represent this message are the federal flowers from every state and territory of the United States of America.” She explained that the “Delaware flower is positioned at the heart level of The First Lady, with the other flowers branching out.”

In addition to the message of unity, Hearst told Elle that she made sure to include something close to the first lady’s heart for passion for teaching. “I had to do the coat, representing the lifelong calling and service of Dr. Biden as an educator is a true honor,” Hearst said. Hearst created a lining with a quote from Founding Father Benjamin Franklin “Tell me and I forget. Teach me and I remember. Involve me and I learn.”

Since the inauguration, Dr. Biden has said that she will continue to teach while balancing her duties as the first lady of the United States. She will be the first first lady to continue her career while serving in the White House.

First former lady Michelle Obama and Former Secretary of State & first lady Hillary Clinton

First former lady Michelle Obama made a striking appearance alongside former President Barack Obama at the inauguration ceremony in an outfit designed by Sergio Hudson. Similar to Vice President Harris, Obama’s ceremonial attire consisted of a monochrome purple - except in a deep shade of maroon. Obama is familiar with Hudson’s work, having worn his designs many times in the past. The former first lady is known for her tradition of wearing clothing by emerging, young Black designers and Hudson is no exception.

Former Secretary of State and former first lady Hillary Clinton also wore all purple, a similar shade to that of Vice President Harris. Clinton’s outfit was designed by Ralph Lauren. The various shades of purple worn to the ceremony echoed a call for unity and reflected on women’s suffrage.

Youth Poet Laureate Amanda Gorman

22-year-old Amanda Gorman made history at the inauguration ceremony as the youngest inaugural poet in U.S. history. Her red headband and bright yellow coat by Prada - which she said in an interview with Vogue was a nod to Jill Biden previously praising her for wearing yellow on a separate occasion - caught the eyes of many, but it was her jewelry that stood out the most. Her ring, by the brand Of Rare Origin, was a birdcage that was believed to have paid homage to Poet Laureate and civil rights activist Maya Angelou’s “I Know Why the Caged Bird Sings.” This ring was a gift from Oprah Winfrey, who also sent Angelou gifts to wear for her address at Bill Clinton’s inauguration in 1993.

Lady Gaga & Jennifer Lopez

The female singers of the inauguration ceremony, Lady Gaga and Jennifer Lopez, also had outfits that made statements. Lady Gaga, who was invited to kick off the ceremony with her rendition of the National Anthem, wore a Schiaparelli Haute Couture gown paired with a large golden dove brooch. The star took to Twitter saying, “It’s all about the dove of peace carrying a photo of “a dove carrying an olive branch. May we all make peace with each other.” She also said “It’s about coming together, singing, stating that her “intention is to acknowledge our past, be healing for our present, and passionate for our future where we work together lovingly.”

Lopez wore a Chanel all-white outfit - the signature color associated with the Women’s Suffrage movement. Singing “This Land is Your Land” at the Inauguration, her outfit paralleled the stand taken by many congresswomen during Donald Trump’s State of the Union address, a message of solidarity.

The fashion moments that took place on Inauguration Day are only a first look at what is to come over the course of the next four years.
International students unable to travel home

By Aqeel Hisham
STAFF WRITER

For most college students, winter break calls for spending some quality time with family members or booking a trip to countries with lower legal drinking age limits. However, the reality of winter break amid the coronavirus (COVID-19) pandemic is very different for all students, especially for international students.

While local students still had the option of going back home during winter break, most international students did not have the option to go back to their home countries. Many were stranded on campus due to most countries shutting down their borders because of the rising numbers of COVID-19 cases worldwide.

Yadanar Moe, an information systems and business analytics and finance major, said that there was no point in going back to her home country this winter break since she would be in quarantine most of her time there anyway.

“If I go back, I will have to spend two weeks in quarantine over there and two weeks in Durham, that is already a month,” said Moe. Additionally, Moe mentioned that when she was back in her home country of Myanmar last summer, she had to be in quarantine in a government facility for 21 days.

However, Moe stated that she has been spending her time wisely by being productive.

“My mom has also shipped some canned food and spices and so, I have been trying out new recipes from my home country.”

When it comes to motivation, Moe stated that she doesn’t really feel the amount of time that goes by. “I just try to stay positive every day,” she said. But Moe claimed that one of her few achievements this winter break has been her ability to master her favorite homemade recipes and landing a job interview.

Though, she did mention that the hardest thing about spending winter break in Durham is that there is nothing to do around the college town.

“Most students went back, and so Durham is like a ghost town,” she said. “It is also impossible to get out since it’s so hard to get an Uber around here. It’s not like Boston where almost everything is within walking distance.”

But for junior Vlad Tkachev, going back to Russia over winter break has never been a part of his college routine. He said that even if he wanted to, it is safer to stay in one place considering the massive growth of COVID-19 cases and the constant change of rules by most countries regarding the closure of their borders.

Tkachev’s main advice to other students in his shoes is to always stay busy to better the amount of time that goes by. “I’d say having a routine to follow during times like these is very important,” he said. Aside from working out at the Hamel Recreation Center, Tkachev has been working in the lab with Assistant Professor Arturo Andrade.

“Working out and doing research in the lab certainly distracted me from these hard times,” he added.

Tkachev said that the lack of entertainment centers in Durham such as a shopping mall or a movie theater has restricted his options of things to do. Both Moe and Tkachev are happy that classes will resume soon, and they can see their friends who will be back on campus starting this week.
UNH spring semester grub guide

By Evan Edmonds
Staff Writer

University of New Hampshire (UNH) students returning to Durham for the spring semester marks a spike in business and business for local restaurants and campus dining halls.

“The impact of the coronavirus (COVID-19) pandemic has changed the landscape of dining over the last year: lunch and dinner rushes are slower, close-up tables and bars have been spread out, and college dining halls like those in Durham have been forced to adapt for the safety of faculty and students. Despite the adversity, the restaurant and dining industry has faced and must continue to face in the midst of this pandemic, Durham’s restaurateurs and UNH’s dining halls have shifted their practices in the best interest of safety for their patrons. UNH Dining has a COVID-19 FAQ page under the winter hours page of the UNH Dining website.

The Durham Business Association is providing patrons a fun way to show their support for local restaurants in the beginning of this year. They have started a Restaurant Bingo” taking in 2021. Another one of the growing trends includes streamlining them for takeout options. Restaurant.org lists streamlined menus and an “overwhelming shift to off-premises dining” as a few of the top trends restaurants are taking in 2021. Many locations have adapted their menus and are offering takeout specials. The Big Bean, Wildkitty, and Wildcatessen dinner 4 p.m., Philbrook Cafe 7:30 a.m. to 9 p.m., Stills dining hall schedule begins and is as follows: Holloway Commons and Philbrook 7:15 a.m. to 9 p.m., Stills dining hall 7:15 a.m. to 8 p.m., Philbrook Cafe 7:30 a.m. to 7 p.m. and 6 p.m. to 1 a.m., and Wildcatessen dinner 4 p.m. to 7 p.m., while breakfast is from 7:30 a.m. to 1 a.m. The full dining schedule including the hours of operation before Monday, Feb. 1 can be found under the winter hours page of the UNH Dining website.

Students are encouraged to use Dining Dollars, Cat’s Cache, or a debit or credit card. At both of these locations - Wildkitty located at Stills Dining Hall, and Philbrook because of half price, there’s a plethora of hot foods available - subs, waffle fries and plenty more grab n’ go items as well.

Starting on Feb. 1, the regular hours of the UNH dining hall schedule begins. The Big Bean continues to grind, will open their doors this Monday, Feb. 1. On their Instagram page, they have shared a number of breakfast items in their test kitchen, including an Elena Ruiz sandwich on a bagel or a classic breakfast sandwich with maple sausage. The Big Bean continues to offer takeout and has plenty of great options for grabbing breakfast to go, including creating your own breakfast sandwich with plenty of combinations, and quality coffee with unique flavor options like dark chocolate and cinnamon bun.

While breakfast doesn’t always translate well to takeout, the Big Bean does breakfast takeout right - even with something like an eggs benedict - ensuring that the hollandaise is still hot and fresh and the egg is still runny.

Campus favorite Ramon’s Food and Coffee Cart will not be open for the start of the semester, but they plan on returning to campus the first week of April. With students’ return to campus marking another semester at UNH, it is important to continue supporting Durham’s local restaurants during these tough times as much as possible. According to the Restaurant Performance Index, a monthly index that monitors the health and outlook of the nation’s restaurant industry, it fell 0.8% in November due to the pandemic. Restaurant workers and owners continue to work incredibly hard and strive for safety and well-being of their patrons - so it’s up to patrons to return the favor - and fill out those bingo cards!
Some people may have heard of a new internet trend called Veganuary, where anyone can participate and try to go vegan or plant-based for the month of January. It’s a sort of kickstart for veganism. Veganuary is an annual challenge run by a U.K. nonprofit organization that promotes and educates about veganism by encouraging people to follow a vegan lifestyle. The premise is that participants not only abstain from animal products or animal byproducts but also make an effort to change, and health problems that all came from eating meat, dairy and eggs. As I went from the documentary “Cowspiracy” to “What the Health” to “The Game Changers” to “Earthlings,” I became increasingly certain that this was the path for me. Now all I needed was to decide how to get started.

I decided to go vegan for not just January but for the rest of my life after my devastation at the loss of my dog, Lucky. After a lot of soul searching, I felt increasingly depressed and hopeless about life, then the idea of going vegan sparked me to find hope. I decided to go vegan for not just January but for the rest of my life after my devastation at the loss of my dog, Lucky. After a lot of soul searching, I felt increasingly depressed and hopeless about life, then the idea of going vegan sparked me to find hope.

Some people may have heard of a new internet trend called Veganuary, where anyone can participate and try to go vegan or plant-based for the month of January. It’s a sort of kickstart for veganism. Veganuary is an annual challenge run by a U.K. nonprofit organization that promotes and educates about veganism by encouraging people to follow a vegan lifestyle. The premise is that participants not only abstain from animal products or animal byproducts but also make an effort to change, and health problems that all came from eating meat, dairy and eggs. As I went from the documentary “Cowspiracy” to “What the Health” to “The Game Changers” to “Earthlings,” I became increasingly certain that this was the path for me. Now all I needed was to decide how to get started.

I decided to go vegan for not just January but for the rest of my life after my devastation at the loss of my dog, Lucky. After a lot of soul searching, I felt increasingly depressed and hopeless about life, then the idea of going vegan sparked me to find hope. I decided to go vegan for not just January but for the rest of my life after my devastation at the loss of my dog, Lucky. After a lot of soul searching, I felt increasingly depressed and hopeless about life, then the idea of going vegan sparked me to find hope.

By Shawn Latulippe

DESIGN EDITOR

“The truth is I never imagined that I could go vegan, I love food, and I thought that going vegan might never be something I could do. I was wrong. Through my short journey so far I have learned to cook vegan food staples like tofu and seitan and have experimented with different Indian and Thai curries from vegetable curries to soya chunks curries to potato and chickpea curries. And yes I know that sounds like a lot of curries, but I promise there have been other foods too. The one reason I’d suggest anyone to try vegan curries is because of the amount of spice and flavor in them. Indian food specifically is great for going vegan or vegetarian because 20-40% of India’s population is vegetarian and many of their dishes rely on different spices to be flavorful, which means you can pick an Indian curry that may originally be made with chicken or lamb and you can substitute the meat for tofu or soya chunks. There are also many Indian foods with lentils in them that are originally vegetarian. I have also embraced a variety of other Asian dishes from fried rice, to stir fry, to miso soup with tofu. I’m planning on trying some vegan sushi soon as well. One of my favorite Thai foods that I used to get from Bamee was the Gra Pao made with chicken, but I recently tried it with tofu and it was just as delicious as the chicken version. I’ve also made vegan Mexican food, making quesadillas with tofu and vegan cheese, burritos and burrito bowls with beans, vegan cheese and some plain vegan yogurt for sour cream. With some guacamole and salsa on the side of course. There has also been a lot of oatmeal in my life and lots of smoothies and acai bowls as well.

I’ve decided to go vegan for not just January but for the rest of my life after my devastation at the loss of my dog, Lucky. After a lot of soul searching, I felt increasingly depressed and hopeless about life, then the idea of going vegan sparked me to find hope. I decided to go vegan for not just January but for the rest of my life after my devastation at the loss of my dog, Lucky. After a lot of soul searching, I felt increasingly depressed and hopeless about life, then the idea of going vegan sparked me to find hope.

I’ve decided to go vegan for not just January but for the rest of my life after my devastation at the loss of my dog, Lucky. After a lot of soul searching, I felt increasingly depressed and hopeless about life, then the idea of going vegan sparked me to find hope.

The truth is I never imagined that I could go vegan, I love food, and I thought that going vegan might never be something I could do. I was wrong. Through my short journey so far I have learned to cook vegan food staples like tofu and seitan and have experimented with different Indian and Thai curries from vegetable curries to soya chunks curries to potato and chickpea curries. And yes I know that sounds like a lot of curries, but I promise there have been other foods too. The one reason I’d suggest anyone to try vegan curries is because of the amount of spice and flavor in them. Indian food specifically is great for going vegan or vegetarian because 20-40% of India’s population is vegetarian and many of their dishes rely on different spices to be flavorful, which means you can pick an Indian curry that may originally be made with chicken or lamb and you can substitute the meat for tofu or soya chunks. There are also many Indian foods with lentils in them that are originally vegetarian. I have also embraced a variety of other Asian dishes from fried rice, to stir fry, to miso soup with tofu. I’m planning on trying some vegan sushi soon as well. One of my favorite Thai foods that I used to get from Bamee was the Gra Pao made with chicken, but I recently tried it with tofu and it was just as delicious as the chicken version. I’ve also made vegan Mexican food, making quesadillas with tofu and vegan cheese, burritos and burrito bowls with beans, vegan cheese and some plain vegan yogurt for sour cream. With some guacamole and salsa on the side of course. There has also been a lot of oatmeal in my life and lots of smoothies and acai bowls as well. The truth is I never imagined that I could go vegan, I love food, and I thought that going vegan might never be something I could do. I was wrong. Through my short journey so far I have learned to cook vegan food staples like tofu and seitan and have experimented with different Indian and Thai curries from vegetable curries to soya chunks curries to potato and chickpea curries. And yes I know that sounds like a lot of curries, but I promise there have been other foods too. The one reason I’d suggest anyone to try vegan curries is because of the amount of spice and flavor in them. Indian food specifically is great for going vegan or vegetarian because 20-40% of India’s population is vegetarian and many of their dishes rely on different spices to be flavorful, which means you can pick an Indian curry that may originally be made with chicken or lamb and you can substitute the meat for tofu or soya chunks. There are also many Indian foods with lentils in them that are originally vegetarian. I have also embraced a variety of other Asian dishes from fried rice, to stir fry, to miso soup with tofu. I’m planning on trying some vegan sushi soon as well. One of my favorite Thai foods that I used to get from Bamee was the Gra Pao made with chicken, but I recently tried it with tofu and it was just as delicious as the chicken version. I’ve also made vegan Mexican food, making quesadillas with tofu and vegan cheese, burritos and burrito bowls with beans, vegan cheese and some plain vegan yogurt for sour cream. With some guacamole and salsa on the side of course. There has also been a lot of oatmeal in my life and lots of smoothies and acai bowls as well.
**The Promised Neverland: children defeating the odds**

**By Cee Annis ARTS EDITOR**

Generally speaking, I don’t read descriptions before starting to watch a show if the trailer or cover image is interesting enough. Perhaps this is my greatest flaw, as I haven’t learned my lesson despite being bamboozled by a book’s cover in the past. But surely, I thought, as I clicked onto “The Promised Neverland” on Netflix, surely it is not going to betray my impressions, right?

Forget that all I knew about it is that it is a crossover event with another base across the Arc, Augustine, played by George Jones, describing the beauty and potential that exists solely to torture and kill the cute characters. This was very prevalent as I hit next episode but slowly my worries were alleviated. Instead of being a torture-fest ala “Madoka Magica,” the first season offers a gripping and suspenseful plot where you are allowed to feel and worry about the characters but also be assured of their temporary survival. The three characters at the heart of the story are the oldest children of the orphanage—Erza, who is the heart of the team, a hopeless optimist, while Ray’s strength lies in technology and street smarts; and Norman, whose strategy is much more reliant on book smarts.

The older kids are portrayed as being super smart, or underwhelming in spite of the film’s build-up to these events. Yet there is something about the film that leaves the viewer lingering on the story. One of the charms of “The Midnight Sky” is that it manages to ground itself much more into reality than other films of its genre. In science fiction, especially science fiction set in the near future, it is easy for creators to get ambitious with the technology they show in their stories, rendering the story more campy than poignantly in the long run. However, the film manages to find a balance in its future. For instance, the crew constantly interacts with large holograms, be likes of which closely resemble our present-day VR but without the headaches. Other than that, the crew’s spaceship, the tech in the movie is rather tame and reflective of our modern world: snowmobiles instead of hovercrafts, shotguns instead of lasers. These elements may not drastically affect the film, but it’s one of the ways that this film feels real.

Most admirably though, what has stuck with me most about this film is its ending (spoilers for the end of The Midnight Sky). In short, it’s not all that happy. By the end of the film, it is revealed that Earth has become inhospitable for human life. Mass radiation and sickness have forced people to evacuate underground or to travel to space. The time for mitigating climate change has long since passed. And after presumably succumbing to illness and screen, Augustus passes peacefully.

Not in a way that lessens the suspense regarding their situation. At their heart, there are still kids grappling with a seemingly unwinnable situation and at times, their naivety regarding certain situations puts their plans in jeopardy. They are very much in a game of chess against their mother. The first season kept me guessing until the end where their escape was going to be successful or not, or if they’d even get to the point where an attempt could be made.

The animation itself is fairly standard. If you’ve watched plenty of anime, I don’t think you’ll be surprised by the quality of the English dubbed version.

If you’re interested in shows about children trying to defeat the odds, then this one is for you. “The Promised Neverland” season one is streaming on Netflix as well as Hulu and HBO Max.
Opinion: the fallout from Trump’s social media ban is just beginning

By Isabelle Curtis
STAFF WRITER

On Jan. 6, thousands of demonstrators, many wearing “MAGA” merchandise and waving Trump 2020 flags, broke into the second floor of the U.S. Capitol building right outside the Senate chamber to stop the certification of the 2020 election results. The riot was the result of weeks of speeches and tweets from former President Trump claiming Joe Biden’s victory was the result of voter fraud and encouraging his supporters to “stop the steal.”

A couple days later on Jan. 8, with only two weeks left in office, Trump was permanently suspended from Twitter. The former president was also banned from Facebook, Instagram, Reddit, Snapchat and Spotify, among others. However, these restrictions may be lifted now that Trump has left office. Facebook’s oversight board is currently ruling on whether he should be reinstated on the platform.

Meanwhile, the Facebook parent company, which hosts over 4 billion users across its platforms (Facebook, WhatsApp, Facebook Messenger, and Instagram), has been a focus of anti-trust concerns.

“We’re going to see [tech companies] do more things that seem like they’re taking responsibility [and self-regulating] because they are afraid of anti-trust action,” explained Michael Soha, UNH senior lecturer of communications. This is because companies don’t want to risk government regulation by drawing negative attention to themselves like back in 2016.

Both Andrews and Soha agree that social media companies have a responsibility to regulate content on their platforms, similar to how the TV and movie industry has editorial processes to limit inappropriate content or how other industries have consumer product safety standards.

Increased regulation on major platforms can reduce the spread of misinformation and mainstream exposure to extreme rhetoric. It also sends a message that hateful speech is not tolerated.

However, Soha warned that these measures are “not necessarily going to stop the radicalization” as people will turn to smaller platforms and conspiracies like Parler, QAnon or 8kun. He worries more moderate conservaties will become radicalized on such sites.

Nevertheless, Trump’s ban from Twitter also has many wondering why he wasn’t banned earlier.

The former president has not only broken Twitter’s community guidelines before but has been very consistent in spreading false claims. In 2016, despite securing the presidency, the Trump administration alleged there was widespread voter fraud to explain why Hillary Clinton had won the popular vote. The former president even set up the Voter Fraud Commission to investigate these allegations, but the commission disbanded a year later when no evidence of widespread voter fraud was found.

However, a Politico poll found that 1 in 4 voters still believed the claims were true. The sow- ing of doubt in America’s demo- cratic elections primed the way for Trump’s assertions of fraud in the 2020 election that would lead to the capitol riot.

“If you take that language and the things he’s been saying for years very seriously, which his supporters do take seriously, then people are going to be willing to risk their lives,” explained Soha.

Soha also believes the rise of right-wing violence in recent years has contributed to the siege of the U.S. Capitol. He highlighted the 2017 white suprema- cism rally in Charlottesville, the 2018 synagogue shooting in Pittsburgh and the 2020 plot to kidnap Michigan’s governor with the 2016 campaign. Soha also noted that 1 in 4 voters still believed the 2016 election was stolen. Soha also noted that 1 in 4 voters still believed the 2016 election was stolen. The focus should then be on factual reporting and not just stories that will boost rat- ings. It’s an industry change that will take time.

Trump received little cen- sure from the Republican party because of anti-trust violations against violent content. It is now hosted by Epik, and is expected to be fully operational by the end of January, according to Parler’s CEO John Matze in an interview with Fox News.

The decision to ban Trump has put the spotlight on how much power big tech companies wield in an age dominated by social media.

Many have called Trump’s suspension and the takedown of Twitter a violation of free speech under the First Amendment. But the First Amendment protects citizens from the government limiting their free speech and does not apply to private media companies taking down content that violates their terms of service.

However, UNH senior lec- turer of political science Tama Andrews explained that increased federal involvement could complicate the issue. In 2016, the government began to put pressure on social media sites to self-regulate after widespread misinformation during the 2016 election. This effort to protect “political speech.”

Andrews predicts there could be a Supreme Court ruling on the issue in the next few years because of the court’s tendency to protect “political speech.”

U.S.-based tech companies may also have to worry about anti-trust laws. Anti-trust laws were used to break up large companies dominating an industry and engaging in predatory business practices. Parler has already sued Amazon for refusing to host its site after the capitol riot and “argued that Amazon violated antitrust law by conspiring with Twitter, a major Amazon cus- tomer, to hurt Parler just as it was gaining broader appeal.” A federal judge has since ruled in favor of Amazon. Andrews warned of Facebook’s continual coverage of Trump during the 2016 election, but “this bandwidth amounts to $2 billion in free advertising during his initial 2016 campaign.”

Soha also noted that Facebook, among other social media sites favored by right-wing groups—was removed from Apple’s App Store and Google Play. Amazon also stopped hosting Parler—a social media site favored by right-wing users because of policy violations of January, according to Parler’s hosting by Epik, and is expected to boot Parler just as it was gaining broader appeal. Andrews argued that Amazon violated antitrust law by conspiring with Twitter, a major Amazon customer, to hurt Parler just as it was gaining broader appeal. A federal judge has since ruled in favor of Amazon.

Nevertheless, Trump’s ban from Twitter also has many wondering why he wasn’t banned earlier.

The former president has not only broken Twitter’s community guidelines before but has been very consistent in spreading false claims. In 2016, despite securing the presidency, the Trump administration alleged there was widespread voter fraud to explain why Hillary Clinton had won the popular vote. The former president even set up the Voter Fraud Commission to investigate these allegations, but the commission disbanded a year later when no evidence of widespread voter fraud was found.

However, a Politico poll found that 1 in 4 voters still believed the claims were true. The sowing of doubt in America’s democratic elections primed the way for Trump’s assertions of fraud in the 2020 election that would lead to the capitol riot.

“If you take that language and the things he’s been saying for years very seriously, which his supporters do take seriously, then people are going to be willing to risk their lives,” explained Soha.

Soha also believes the rise of right-wing violence in recent years has contributed to the siege of the U.S. Capitol. He highlighted the 2017 white supremacism rally in Charlottesville, the 2018 synagogue shooting in Pittsburgh and the 2020 plot to kidnap Michigan’s governor with the 2016 campaign. Soha also noted that 1 in 4 voters still believed the 2016 election was stolen. The focus should then be on factual reporting and not just stories that will boost ratings. It’s an industry change that will take time.

Trump received little censure from the Republican party because of anti-trust violations against violent content. It is now hosted by Epik, and is expected to be fully operational by the end of January, according to Parler’s CEO John Matze in an interview with Fox News.

The decision to ban Trump has put the spotlight on how much power big tech companies wield in an age dominated by social media.
After being sworn into office on Jan. 20, Joe Biden has made his first wave of executive orders. These orders include the U.S.’s reintegration into the Paris Agreement on Climate Change, a treaty that the U.S. abandoned in 2017 under the Trump administration. The other directives pushed for the requirement of masks and social distancing on federal property, and to provide aid for underserved and underutilized communities across the country. With many of the new efforts that Biden and his cabinet are rolling out, congressional support will be required. Heading the list of important issues congress will have to rule on is his COVID-19 relief plan, coined the “American Rescue Plan.”

After the Georgia runoff results came back in favor of Jon Ossoff and Rev. Raphael Warnock, Democrats took control of the Senate, so it should be easier for the newly inaugurated president to get his agenda off the ground. However, Biden will likely need to get some support from some of the Republican senators that he worked with so closely with over the years.

Many of those senators have since been replaced, so that is more likely said than done. With a new wave of congresspeople making their way into office in tandem with the arrival of Donald Trump as commander in chief, it has created a tantalizing partisan divide in Congress that has stifled business stay afloat in any way. It is important to distribute COVID-19 vaccines and help schools as well. This bill will not pass as is. It doesn’t have the necessary GOP support, which is a necessity because the left doesn’t have a filibuster-proof majority in the Senate; this is achieved with either 60 Republican or Democrat identified senators holding office at one time. But, there needs to be some version of the bill passed in a relatively swift manner.

While the money for individual citizens is a fantastic investment, there are more pressing overarching issues that need to be addressed. A prominent example of this is the neglect of the small business aid throughout the pandemic. Under the CARES Act, American small businesses were given the Payment Protection Plan (PPP) to help ensure that some of their employees would stay on payroll, but this doesn’t help their overall business stay afloat in any way. It was just throwing a bandaid on a waterfall of bankruptcy.

Biden’s proposed plan, while not being perfect by any stretch of imagination, does provide a $15 billion lump sum that will be utilized as a new grant program for these businesses owners in addition to the PPP. They will be able to allocate this in necessary ways for their companies to start thriving again.

On top of the new grant program, $35 billion will be an investment in some state, local, tribal, and non-profit financing programs that make low-interest loans and provide venture capital to entrepreneurs.

Small businesses are the backbone of our economy in the U.S. and it has been sad to see many of them fail in such a challenging time. This is arguably one of the most important sections of the bill.

Biden’s plan also includes near $75 billion to allots towards vaccine distribution, vaccine application and COVID-19 testing facilities.

It’s not rocket science to figure out that resources for vaccinations and COVID-19 testing are essential to kicking the financial rut our country has been in for over a year, but it’s extremely important from a public health standpoint.

This money needs to be portioned out, while maybe not in the exact fashion that it is currently laid out, but much in the same vein.

Josh Morrill
Executive Editor

Letters policy

We welcome letters to the editor and aim to publish as many as possible. In writing, please follow these simple guidelines: Keep letters under 300 words. Type them. Date them. Sign them. Make sure they are signed by no more than two people. If you are a student, include your year, major and phone number. Faculty and staff: Give your department and phone number. TNH editors for space, clarity, accuracy and vulgarity. Submit letters to our office in Room 132 in the MUH, email them to tnh.editor@unh.edu or send them to The New Hampshire, MUH Room 132, Durham, NH 03824.

Opinions expressed in both signed and unsigned letters to the Editor, opinion pieces, cartoons and columns are not necessarily those of The New Hampshire or its staff. If you do not see your side of the argument being presented, we invite you to submit a letter to the editor by sending an email to tnh.editor@unh.edu.
Josh Bauer selected 31st in MLS SuperDraft

Former University of New Hampshire (UNH) men’s soccer standout Josh Bauer was selected 31st overall to the Atlanta United FC in the 2021 MLS SuperDraft on Jan. 21. Bauer was the fourth pick in the second round after Atlanta United dealt the fifth and 32nd overall picks to D.C. United in exchange for the 31st selection and $125,000.

Bauer expressed his gratitude and joy with Seacoastonline.com after hearing his name called and says that he’s excited to get started.

“I’ve been working so hard for this moment and to hear my name called is a dream come true,” Bauer said. “I look forward to competing and making the most out of the opportunity I’m given. I am most excited about getting a chance to compete at the highest level of United States soccer. To be able to play the game I love has already been a blessing, and to continue my career in the MLS makes it even more special.”

UNH men’s soccer head coach Marc Hubbard had nothing but praise for his former star after seeing the news. He mentioned the qualities that made Bauer so successful in Durham and the type of player that Atlanta United drafted with their second-round pick.

“We are very proud of Josh and his development in our program,” Hubbard said. “From representing his home state to helping us win conference championships in the most successful three-year period in program history, we know Josh is ready for this opportunity. We are all very excited to track his progress and Atlanta United FC is not only getting a great player but a person of high character and work rate. He has definitely left the jersey in a much better place than when he had arrived. Best of luck and continue to make New Hampshire proud!”

During his tenure with UNH, Bauer filled out his resume nicely being named as a first team All-American (2019), second team All-American (2018), Eastern Collegiate Athletic Conference (ECAC) and America East defender of the year (2018, 2019), America East Tournament MVP (2018, 2019) and a first team Scholar All-American (2019). Along with all of this, he was the first player in school history to be a semifinalist for the MAC Hermann Trophy – given to the most outstanding player in college soccer.

By Cameron Beall
SPORTS EDITOR

Former University of New Hampshire (UNH) men’s soccer standout Josh Bauer was selected 31st overall to the Atlanta United FC in the 2021 MLS SuperDraft on Jan. 21.

In his three seasons with UNH, Bauer scored 10 goals, tallied 10 assists and played in 60 games with the team going 40-10-10 (.750 winning percentage). Bauer helped the team to back-to-back America East Championships and three straight NCAA Tournament berths.

Most recently he signed a contract with the United Soccer League as a member of Birmingham Legion where he appeared in three games.

Bauer joins Chris Wingate as the only other Wildcat to be drafted into the MLS. Wingate was selected 54th overall in the 2017 MLS SuperDraft to New York City FC.

Career Accolades

First Team All-American (2019)
Second Team All-American (2018)
ECAC & AE Defender of the Year (2018, 2019)
America East Tournament MVP (2018, 2019)
First Team Scholar All-American (2019)
MAC Hermann Trophy Semifinalist (2019)
Wildcats earn two points in split with Merrimack

By Shaun Petipas
SPORTS EDITOR

After losing a tough series against UConn (5-6-2), the University of New Hampshire (UNH) men’s hockey team was looking for a bit of an easier series against the Merrimack Warriors (2-7-1). That, however, did not end up being the case and the Wildcats were punched in the mouth right away by the Warriors. The Wildcats technically split the series with the Warriors, losing the first game 5-2 and winning the second in a shootout after tying in regulation and overtime.

UNH came out sleeping in the first period against Merrimack allowing an early goal, just two minutes into the game off of a rebound opportunity. It only got worse for UNH as Merrimack buried opportunity. It only got worse the game off of a rebound making it a 4-1 game. UNH showed a little bit more pushback later in the third when senior forward Patrick Grasso fired a shot that rang off the iron and, in the net, cutting Merrimack’s lead back down to 2.

However, the late offensive push was too little too late for the Wildcats as UNH gave up the empty netter making the score 5-2 in favor of Merrimack.

Robinson ended with 31 saves on the night meanwhile Merrimack’s first-year goaltender Zachary Borgiel only had to make 16 saves on 18 shots to secure the win. Head coach Mike Souza was not pleased with his team’s performance in this bout.

“Our effort level is far from where it needs to be,” Souza said. “We weren’t hard on puck, stick checking or in the right position. Not everyone but not enough guys playing the game the right way tonight. Merrimack outplayed us tonight, they did a nice job.”

This loss marked UNH’s fifth in a row as they have struggled lately finishing games against some of the league’s top talent.

“For me it’s nothing systematic, there’s no ‘ta-ta’ speech,” Souza explained. “It’s just a matter of us playing to our standards. Quite honestly I have to do a better job and my staff has to do a better job because it’s just not good enough right now.”

Luckily for UNH they got a rematch the next afternoon to prove that their effort level can improve.

The Wildcats started off slow once again allowing the first goal just six minutes into the contest giving the early lead to the Warriors. However, UNH’s offense didn’t sit idle as junior forward Tyler Ward scored his first goal as a Wildcat and tied the game at one.

The second period appeared to tilt in Merrimack’s favor totaling 13 shots and burying one but UNH answered with just 30 seconds left in the period. Grasso was the savior headed into the third period with the score even at two.

UNH didn’t do themselves any favors in the third period by obtaining a five-minute major penalty that gave extended powerplay time to Merrimack. The Wildcats stood tall as they killed off the major penalty and actually forced the game into overtime. There was no decision in overtime which marked this game as a tie in the standings, but for the two points in the Hockey East the two teams went into a shootout. There, Grasso scored once again along with junior defenseman Kalle Eriksson putting the pressure on Merrimack. Robinson gave up one but came up with a huge save at the end to earn the ‘Cats two points they desperately needed.

Robinson showed up again in this one with 12 saves on 34 shots meanwhile Borgiel only had to make 21 on 23 shots. Despite being outplayed UNH found a way to speak out of the series with two points. The Hockey East has yet to release who the Wildcats will play next, regardless of the opponent they need to start stringing together some wins if they want to see some postseason action.

UNH falls in the standings after being swept by UAlbany

By Brackett Lyons
SPORTS WRITER

ALBANY, N.Y. — University of New Hampshire (UNH) women’s basketball (4-11, 4-8 America East) fell in back-to-back games against the Albany Great Danes (4-6, 3-3 AE) over the weekend. The consecutive defeats were the Wildcats’ first back-to-back losses since they faced Hartford a month ago when Kelsey Hogan’s team dropped their first three games.

The first game of the series was one of UNH’s weaker efforts of the season, losing by a final of 59-47. Coach Hogan has repeatedly praised the fight in her young squad, but the ‘Cats were outfought on almost every part of the stat sheet.

UNH was outscored in every quarter and never seemed to get in a rhythm. Rebounding was the fatal flaw as the Great Danes pulled down 33 boards compared to the Wildcats 19. Albany capitalized on their rebounding edge with a 17-8 advantage in second-chance points. Behind the arc, UNH shot a less than impressive 1-of-9 and failed to keep pace with Albany’s 7-of-20 three-point shooting.

It wasn’t all bad for the ‘Cats, however, Ivy Gogolin came to play with a team-high 16 points and six rebounds. The junior forward was perfect in the line on four attempts. The top free-throw shooting team in the conference had their second perfect performance from the stripe on the season; UNH was 8-for-8 in the afternoon.

The guard duo of senior Amanda Torres and sophomore Hélène Delaruelle was strong once again. Torres finished with 10 points and three assists, while Delaruelle had six points and five assists.

Coach Hogan gave an honest assessment of her team’s struggles.

“Albany came out strong. They were hungrier and ready to play,” explained Hogan.

On the team’s rebounding struggles, Hogan said the team would need to study film and learn as much as they can. Hogan reiterated how young her team is and that it’s a learning experience for improving the team’s weaknesses.

Sunday’s rematch was a much closer affair for the Wildcats. After not leading since a 2-0 advantage in the first, UNH stormed back from a 15-point deficit to take the lead in the fourth quarter. The fight in Hogan’s young team was on full display. The youthful squad determined to claw their way to a win. Unfortunately, the furious comeback ran out of fuel in the late stages of the fourth quarter and the Wildcats fell 63-50.

Coach Hogan was proud of the team’s effort in the comeback but noted that the team lost steam in the fourth.

“We had some mental lapses down the stretch in crucial situations,” said Hogan. “But proud of the effort from my young team.”

The team is young, but it was once again the few veterans on the squad that shined brightest for UNH. Torres had one of her best performances of the season with 19 points, four steals, four assists and three rebounds. Torres was on the floor for 39 minutes and showed no sign of fatigue. Backing up their senior captain was Gogolin and sophomore Brooke Kane. Gogolin finished with 13 points and four rebounds, while Kaine added nine points and five boards.

UNH will have the next weekend off before traveling to UMBC for a two-game series on Feb. 6 and 7.
Wildcats split with UAlbany; fail to leap in standings

By Cameron Beall
SPORTS EDITOR
DURHAM, N.H. – After sweeping Stony Brook (7-7, 4-2 America East) last weekend in a series that was going to begin to dictate the direction of the Wildcats’ (7-6, 6-4 AE) season, University of New Hampshire (UNH) men’s basketball had an opportunity to jump into the top-three of the America East standings. UNH welcomed UAlbany (4-6, 4-4 AE) into Lundholm Gymnasium for a date with the Great Danes as the conference standings remain in flux.

UNH gutted out a 71-64 win on Saturday behind junior forward Nick Guadarrama and redshirt first-year guard Nick Johnson to improve their standing. Sunday, however, told a different story; UAlbany brought the energy and the pressure.

The Wildcats were able to build the lead up to as much as a 24-point lead for much of the second half as well before the lead began to dwindle. It wasn’t until there was 9:17 to play when the Danes cut the UNH lead to less than 10 points; this is when the Wildcats began to feel the pressure.

UAlbany brought the deficit down to two points on three separate occasions in the final four minutes of action. Guadarrama and Johnson were able to hold off the comeback long enough to keep the win streak alive on the first game of the weekend. Herrion noted postgame how important it is to win the first of these back-to-back games at this point in the season.

Herrion also explained that the Danes began to exploit his side defensively and find mismatches which is what led to the comeback from the other side.

Guadarrama led the way for UNH scoring 25 points and grabbing seven rebounds while shooting 5-of-8 from distance. Johnson played at team-high 38 minutes and scored 18 with 10 rebounds – his first double-double of the season.

Johnson’s performance on Saturday earned him his second straight America East Rookie of the Week, his third time receiving the honor. The rise of the Bronx native is coming at a perfect time for Herrion and his team as Herrion continues to look for a player to answer the offensive call in the absence of senior guards Sean Sutherlin and Josh Hopkins.

“We’ve got to get a few more players involved offensively. Everything we do obviously runs through Nick Guadarrama,” said Herrion. “[Johnson] had a great weekend last week at Stony Brook, but we’ve got to get a little more offensive contribution from some people.”

In the second of the back-to-back UAlbany brought all the energy and was able to get hot from the outside while UNH had a lid on the basket for much of the afternoon.

The Great Danes built as much as a 24-point lead over the Wildcats in the first half. They shot 56% from the field in the first 20 minutes including 50% from three-point range. UNH, however, shot just 33% from the field and 17% from deep in the first half.

The Wildcats were able to get more shots to fall in the second half, but the story was mostly the same. UAlbany built the lead up to as much as 25 and never let UNH get any closer than 19.

UAlbany had five players score double digits in the 83-64 win. Junior guards C.J. Kelly and Antonios Rizzuto led the way with 23 and 16 points respectively.

The two leading scorers from Saturday for UNH – Guadarrama and Johnson – combined for just eight points on Sunday. Junior guard Marque Maultsby and redshirt first-year guard Blonduine Tchoukuiengo each scored 14 in the loss; Maultsby added four rebounds and three assists.

Herrion noted a handful of times last season that the team needed to learn how to win if they wanted to take that next step. This was a point that he mentioned once again after being swept by UMBC at home a couple weekends ago. Getting down to the final stretch of the season Herrion believes his team still has room to grow in that department.

“It’s a process that we still have to go through; we’re still learning how to win,” Herrion said. “We’re getting to a point in the season now where it’s almost February and every game has a bearing on where you are in the standings.”

The Wildcats are still within striking distance of the top of the conference, but this loss will play big as they head into one of their tougher stretches of the season. The next three weekends they will face last place Binghamton (1-12, 1-9 AE), eighth place NJIT (5-7, 3-5 AE) and second place Vermont (7-3, 7-3 AE). The catch here is that each of these games will be on the road for UNH. The Wildcats will not play a game in Durham for a month when they will welcome UMass Lowell into Lundholm for the season finale on Feb. 27 and 28.