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Portsmouth's spike in COVID-19 cases spurs restaurant shutdowns

By **Evan Edmonds**
STAFF WRITER

A recent increase in coronavirus (COVID-19) cases in Portsmouth, New Hampshire has been linked to several Portsmouth restaurants and led to temporary closures.

According to the New Hampshire Department of Health and Human Services (NHDHHS) COVID-19 dashboard, there are 30 cases in Portsmouth as of Oct. 20 - the most cases in the Seacoast area. Restaurants that recently closed include the Friendly Toast, Jumpin' Jay's Fish Cafe - both expected to reopen on Tuesday - while The Rosa and Flatbread Company have reopened for takeout only. According to Seacoast Online, there have been additional closures including Legends Billiards and Tavern, Daniel Street Tavern, and Warren's Lobster House in Kittery, Maine.

None of the restaurants have been required to close, but have done so as a safety precaution. A post on The Rosa's Facebook page said, "In the best interest of the community and our staff we deem it necessary to close temporarily," in their an-



Evan Edmonds/TNH Staff

nouncement of a positive case in an employee.

Portsmouth City Councilor Deaglan McEachern said he's been impressed with how seriously Portsmouth restaurants have taken the COVID-19

precautions in the past few months.

"The restaurants I've been to, at least, have done a fantastic job," he said. McEachern also said restaurants have had a strong compliance to the

rules and owners have been proactive with customers and employees.

Similar to The Rosa, several restaurants have elected to close for the safety of employees and the Portsmouth com-

munity, taking shutting down and cleaning very seriously.

Jumpin' Jay's Fish Cafe reopened Tuesday night but has kept their bar seating closed while they install barriers "for the safety of our staff and guests," according to.

Restaurants that have closed in wake of a positive coronavirus case have done so due to an "abundance of caution," as it says on the Jumpin' Jay's Facebook page, to ensure the safety of customers and staff, as well as keep Portsmouth safe for visitors. "There's no economic activity without health," McEachern said, which makes it even more important that restaurants have taken the processes so seriously.

The town of Portsmouth put in place a mask mandate ordinance on Sept. 15 that remains until Jan. 4, 2021. Non-compliance results in a civil citation enforced by the Portsmouth Police Department.

Durham's mask mandate was put into effect on Aug. 3 in preparation of UNH students' return to campus. The September to January mandate

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Senate candidates Shaheen and Messner face off in NHPR debate

By **Ben MacKillop**
STAFF WRITER

On Thursday Oct. 15, NHPR continued their election debate series hosting former New Hampshire governor and incumbent Democrat Senator Jeanne Shaheen and Republican challenger, military veteran and lawyer Corky Messner.

Messner opened the debate by immediately putting the attention on Shaheen, claiming that she is "loyal to the progressives in Washington D.C." and that it is "time for a change." Shaheen responded by highlighting her record as a senator, especially in the form of stimulus funding in the previous six months, and then attacked back at her opponent, claiming that Messner "walks lockstep with Mitch McConnell and D.C. Republicans."

The first topic of the debate surrounded the Su-

preme Court nomination of Amy Coney Barrett. Shaheen responded by affirming that she will vote against the confirmation of Coney Barrett based largely around the justice's positions on abortion and the Affordable Care Act. Shaheen further asserted that she will not support packing the court as a solution for Democrats, should Coney Barrett be confirmed.

When asked his thoughts on nominating a Supreme Court justice in an election year, Messner highlighted that both the Democrats, including Sen. Shaheen, and Republicans have changed their opinion when it suits their political needs and that "elections have consequences." Messner also affirmed his support for the nomination of Coney Barrett saying that she is "a role model for women everywhere."

The debate then shifted toward the federal response



Photo Courtesy of New Hampshire Public Radio

to the coronavirus (COVID-19) pandemic. Messner highlighted the slow federal response to additional stimulus stating that "while people in New Hampshire need help, Democrats are playing

politics." Shaheen responded and blamed the Trump administration and Senate Republicans for holding out on parts of the stimulus such as additional unemployment funding and that their slow

timing in coming to a compromise was a necessary to ensure these parts of the bill.

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Check out some profiles of candidates on the town of Durham ballot - and look forward to more next week!

UNH Cellist



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Jacques Lee Wood is a world-renowned cellist, right here at UNH. His work includes performing solo, recital, and chamber music concerts.

UNH hosts annual flu clinic

In this year's clinic, UNH offered flu shots to students on Oct. 14, Oct. 16, Oct. 19 and Oct. 21. This year's clinic also offered extended hours (8 a.m. - 5 p.m.).

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Check out the weekly picks of sports writer Brackett Lyons and sports editor Cam Beall!

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68/49
Mostly Sunny

Oct. 23

65/51
Partly Cloudy

Oct. 24

69/38
Partly Cloudy

Oct. 25

52/40
Partly Cloudy

Oct. 26

56/52
Rain

Oct. 27

62/39
Rain

Oct. 28

53/36
Rain

Weather according to weather.com

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The next issue of TNH will be published on

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But you can find new content daily at

TNHdigital.com

CORRECTIONS-----

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Portsmouth continued from page 1 in Portsmouth was made to “protect the public health,” especially in preparation for the winter months and the volume of visitors enjoying the last few weeks of warmer weather.

McEachern said part of the purpose of the mandate is to better educate people on the importance of masks and social distancing: signs around town for example indicating to people “this is something important.” He said Portsmouth is trying to get ahead of the curve

in preparation for an expected increase going into the colder months.

More people congregating inside of restaurants when the weather gets colder is a concern amidst the pandemic. McEachern said Portsmouth will be reliant on surrounding

communities, like Massachusetts, to do their part to keep everyone safe.

Portsmouth council members worked to extend outdoor dining as well, McEachern said, to make it safer to keep the restaurants open as long as weather permits. As of now,

outdoor dining will extend through the month of November.

McEachern said to Portsmouth’s visitors from UNH and elsewhere: “We ask that you treat Portsmouth as your own - as something that you care about.”



Evan Edmonds/TNH Staff

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Next, the candidates began to discuss the ongoing debate for additional stimulus funding. The Chair of the Federal Reserve, Jermone Powell, said that the federal government needs to provide a lot more stimulus to Americans in order for the country to “avoid economic tragedy.” Senate Republicans pushed forward a bill that only has a fraction of the stimulus many economists think is needed to preserve the economy. Shaheen insisted that it is necessary to hold out for a larger deal as opposed to compromising on the bill that Senate Republicans created. Messner argued that the Republican bill will still help many Americans, and Democrat’s unwillingness to compromise is preventing the public from getting any assistance at all. Messner highlighted that

Shaheen’s husband had taken out multiple Paycheck Protection Program (PPP) loans, a program which Shaheen co-authored, saying that this was “cronyism and corruption, just like the Biden family.”

Shaheen fought back, highlighting that Messner’s own law firm also benefited from PPP loans and that she had no role in administrating the loans. Messner defended his own record stating that he is not a sitting senator and that if he was, he would immediately divest his business holdings.

On the topic of health care, Messner asserted that he wants everyone, regardless of pre-existing conditions, to have access to health insurance but he would rather seek out those goals through market-based solutions as opposed to a government program. He additionally highlighted his goals for price transparency, cross-state sale of insurance, and a replacement

to the Affordable Care Act to protect those with pre-existing conditions before repealing it. Shaheen responded committing her support to expanding the Affordable Care Act and pursuing a public option for anyone to opt into Medicare for health care coverage.

The debate then shifted to foreign policy with the two candidates coming to some agreement that China is the largest foreign policy threat to the United States. Shaheen highlighted the foreign influence that China has begun to develop over the past decade, while Messner focused on the widescale intellectual property theft that has occurred in the past decade.

On the topic of climate change Messner voiced support for targeted incentives to help support the growth of electric cars, and green energy while avoiding regulations. He also pushed for the United States

to become energy independent so that we no longer have to rely on bad actors to supply our energy needs. Shaheen highlighted her own record as a Senator working on bipartisan bills for energy efficiency as well as supporting the use of alternative energy sources such as natural gas and biofuels to help phase out oil and gas.

After being questioned on her continued support of qualified immunity, the legal principle that grants law enforcement immunity from prosecution under most circumstances, Shaheen voiced her commitment to accountability for law enforcement through the use of body cams, banning of chokeholds, and gaining accreditation for police departments. In response, Messner attacked Shaheen and other democrats for refusing to hold debate on a bill sponsored by Republican Sen. Tim Scott that would have provided many of the policy

goals democrats are seeking on the topic. Shaheen responded claiming her lack of support for the bill was because it only made recommendations for law enforcement agencies and failed to put any new regulations into law.

The last topic of the debate surrounded gun regulations, especially red flag laws, which would allow for the confiscation of firearms owned by individuals of concern. Messner quickly affirmed that “our second amendment is a civil liberty” and he would not support red flag laws. Shaheen voiced her support for comprehensive background checks in order to “keep guns out of the hands of those wishing to do harm to themselves or others”.

Shaheen is currently leading polling in the Senate race 55% to Messner’s 40% as she looks to win her third term as senator.

Messner vs. Shaheen

TNHdigital.com

Meet the N.H. candidates part 1

Profile by Content Editor Hannah Donahue



Photo courtesy of Cindy Warmington

Cindy Warmington

Cindy Warmington, Democratic candidate for New Hampshire Executive Council for District 2 and self-proclaimed lifelong health care advocate, expressed her concern at the health care rights of Americans during the coronavirus (COVID-19) pandemic in an interview with *The New Hampshire*.

As a health care attorney and the chair of Health Law practice at Shaheen & Gordon for the last 20 years, she

believes her 42 total years of experience in the healthcare field could transform the N.H. Executive Council. "At a time when we have no one on the Executive Council with a healthcare background, it is the biggest share of our state budget. And we are in the middle of a pandemic. So I think that having this experience on the Executive Council in this particular time will be very helpful to the people of New Hampshire, including students who I know are concerned about health care."

In addition to her position at Shaheen & Gordon, Warmington

has eight years of experience working on the board of the Lakes Region Mental Health Center in which she was the chair and is now working on the board of Riverbend Community Mental Health in Concord.

Her favorite professional accomplishment was when she "helped expand access to substance use disorder treatment services in New Hampshire."

"The use of alternative treatments for substance use disorder were limited by statute in New Hampshire," she continued, "And I was instrumental in getting that statute repealed and

expanded the options of treatment for people in New Hampshire. The other thing is I have worked for years to expand access to telehealth services, and have been successful, I've been successful in that, mostly in the areas of mental health."

These telehealth services, according to Warmington, have proven to be especially beneficial during the COVID-19 pandemic. If Warmington is to be elected to the N.H. Executive Council, her main goal is to "work to expand access and lower costs for New Hampshire families," according to her website.

Profiles by Contributing Writer Laney Meldrum



Photo courtesy of Marjorie Smith

Marjorie Smith

Marjorie Smith is running for reelection to the New Hampshire House of Representatives, where she currently sits as a Democrat from the Strafford district 6. She held this position from 1996 to 2010 and again from 2012 to present.

Smith has years of experience in many areas from public health to accessible education. She has chaired the House Finance and Fiscal Committees and is currently chairing the House Judiciary Committee. She served on the Public Higher Education Advisory Committee in the past and currently serves on the

board of the University System of New Hampshire, where she spent her past summer working with staff, faculty, administration and students to make it possible for University of New Hampshire (UNH) to reopen.

Before her election she was the national executive director of Women's Action for New Directions, which helped encourage female involvement in politics, and was the first chair of the board of the New Hampshire Women's Policy Institute. She worked in the Kennedy and Johnson administrations and chaired the Maryland Advisory Committee to the U.S. Commission on Civil Rights. She also worked on the President's Appalachian Regional Commission, and was assistant to the first chair of the

US Equal Employment Opportunity Commission. As a chair of the board of the Maryland Committee for Day Care, advocated for availability of and standards for quality child care. She was also the first chair of the Durham Public Library, where she helped plan the separation from UNH. She also currently serves as the treasurer of the Durham Historical Association.

Smith is passionate about civil liberties, including reproductive rights, and affordable public education from preschool to university. "New Hampshire is an aging state, and we must find a way to keep our young people in the state, provide them with seamless opportunities for affordable, quality education, and then

encourage employment and affordable housing opportunities to help students establish themselves in New Hampshire," she told *The New Hampshire* in an email. She said one of her biggest accomplishments is being the prime sponsor of a bill that would create an independent redistricting commission that would draw district lines based on the results of the 2020 census. It has been vetoed by the governor twice, but she says she will continue to try with this bipartisan effort. She also said she has participated in many UNH programs on diversity and inclusion.

Smith will be on the ballot Nov. 3. Durham residents are encouraged to vote absentee or in person at Oyster River High School.



Photo courtesy of Judith Spang

Judith Spang

Judith Spang was first elected to the N.H. House of Representatives in 1998, Spang sits as a Democrat of the Strafford district 6. She is currently running for her 11th term in the House. She says she is recognized as the House's "premier environmental advocate" with respect to land and water resources, and has sponsored

many bills that support protecting the environment.

She is currently a member of the Resources, Recreation and Development Committee, and the Lamprey River Advisory Committee, through which she got Congress to designate the Lamprey River a National Wild and Scenic River.

In Durham, she serves on the Planning Board, is a member of both the Conservation

Commission and the Land Protection Task Force, and is the founder and president of the Friends of the Durham Public Library. She says that the biggest local issue she would like to address is "thoughtful and effective growth for the Town of Durham and its surrounds."

She is currently working to establish the N.H. Rivers Management and Protection Program. She is also a board

member of the Great Bay Rowing Club and a trustee of the Great Bay Trust.

Aside from politics, her past professional experience is in city regional planning, market research and corporate strategic planning. She worked as the regional planner of the Lakes Region Planning Commission and the City of New York.

Meet the N.H. candidates part 1

Profiles by Managing Editor Anna Kate Munsey



Mark Brave

Mark Brave is the Democratic nominee for Strafford County Sheriff. Brave, currently a lieutenant in the Sheriff's Office, has worked in law enforcement for many years, including as Chief of Campus Safety for Great Bay Community College.

Brave cited overseeing the Standards and Training unit at the sheriff's office, which en-

compasses the Commission on Accreditation for Law Enforcement Agencies. This allowed them to continue embodying best practices, he said.

As Sheriff, Brave hopes to address the disconnect between law enforcement, social services and the community and continue a dialogue about ways to improve these relations.

"I believe voters, particularly UNH students, should vote for me because I will continue

to stay transparent in my interaction with the community. I will also use my position as Sheriff to connect with as many campus groups as possible to get their input on issues relating to campus life, social injustice and inclusiveness. Everyone should have a voice in their community and direct input into law enforcement matters from UNH students will prove to be a vital tool moving forward," Brave said.

In light of the coronavirus (COVID-19), Brave's campaign has done lots of "out of the box thinking when it came to campaigning and reaching voters," he said, as well as motivating young voters on social media. The New Hampshire Democrats have helped amplify Brave's message as well, he said.

Photo courtesy of Mark Brave



Paul Callaghan

Paul Callaghan, currently a lieutenant and prosecutor at the Strafford County Sheriff Office (SCSO) and a member of the Strafford County Superior Court drug Court Team, is the Republican nominee for Strafford County Sheriff.

A UNH alumnus, Callaghan has been involved with the university for many years, including guest speaking to organizations such as Sexual Harassment and Rape Prevention Program (SHARPP), educating students on law enforcement,

hosting interns, and more.

"An informed electorate is so important... I have always had an appreciation for involving the University student body in current law enforcement endeavors, not only to inform on important legal topics, but also with an eye on attracting UNH students into the law enforcement profession," he said.

Throughout his career in law enforcement, several achievements Callaghan is particularly proud of include diverse hiring practices, implementing mental health court, and bringing a diversion program to the Rochester district court for people charged with

misdemeanor drug or alcohol possession.

As Sheriff, Callaghan would like to input periodic de-escalation technique training throughout the county. "We want to avoid using force when the mission can be safely accomplished without it. De-escalation training can save lives under the right circumstances," he said.

Callaghan would lead an effort similar to the Governor's Commission on Law Enforcement Accountability, Community and Transparency by incorporating the EPIC/Active Bystandership Law Enforcement training developed by the

New Orleans Police Department.

During the coronavirus (COVID-19) outbreak, Callaghan has maintained face-to-face campaigning while wearing a mask and social distancing. Callaghan has had to mostly rely on social media to reach UNH voters. "It is an amazing tool, but I really prefer the face-to-face interaction and give and take of spontaneous discussions," he said. He has also participated in online events, walked through towns to interact with businesses and voters, and more.

Photo courtesy of Paul Callaghan



Darryl Perry

Darryl Perry, the Libertarian candidate for Governor, previously served as Chair of the Libertarian Party of New Hampshire from 2016 to 2018 and came in fourth place for the party's presidential nomination in 2016.

"The reason that college students should vote for Libertarians is we're actually going to do a lot of the things that you want done and the old parties aren't going to do that," he said. "I know that the right to vote is very important to college students specifically because one of the groups that currently are

the minority in the house in the Senate, but they control the corner office, they want to restrict college students' right to vote in New Hampshire," he continued.

Perry is running on a platform of a criminal justice reform, lower taxation, and ballot access reform and voting rights, according to his campaign website. The website also states that he supports "reducing the size, scope and power of government on all levels, on all issues," which are views that are in line with the Libertarian party.

Perry is also a registered lobbyist, and cited testifying to repeal the death penalty in New Hampshire as one of his favor-

ite professional accomplishments. He noted how close the vote was - it was vetoed by the Governor and the veto was repealed by the State Senate.

In terms of local issues, as governor, Perry would work on the issue of affordable housing. He acknowledged that this is not something that the governor has total control over. "We need to at the state level prevent the towns from restricting the types of residential buildings that can be built in residential areas," he said.

Campaigning has largely gone remote in light of the coronavirus (COVID-19) pandemic, Perry said. "Back in late February, and early March, I ordered a bunch of

bumper stickers and T-shirts and all kinds of other wonderful things to pass out at various fairs and festivals that a couple weeks later all wound up being canceled," he said. Much of his campaigning has been online, including weekly town halls with guests such as members of Black Lives Matter Manchester. He values organic conversations with voters about politics and policy, as opposed to "he very well planned out photo op sort of thing that traditional politicians do."

Perry emphasizes the fact that voters want additional choices for candidates besides the traditional Democratic and Republican parties.

Photo courtesy of Darrl Perry website



Tom Velardi

Democrat Tom Velardi is running unopposed in the Strafford County Attorney race. Velardi was appointed as deputy county attorney in 2003, and has been county attorney since 2008. Velardi has been part of the drug court team working to divert drug offenses, and the healthcare team that focuses on dealing rationally with mental health issues in the criminal justice system.

One issue Velardi would continue to address in his next term is how to effectively deal with mental illness and drug addiction inside

and outside of the criminal justice system. He explained how these issues are often tied to homelessness, adding that the Seacoast area has had a housing shortage for a number of years. He emphasized using problem-solving techniques other than jail time and incarceration when possible and believes many issues that could be resolved by other agencies.

Velardi works to serve both the offender and victim populations. "I'm always looking for new ways to try to make sure that we have all sorts of avenues open to us as police and prosecutors to really try to treat people as well as we can, while still holding them accountable

for their criminal actions," he said.

Velardi is particularly proud of his work in instituting programs that approach crime and punishment in a rational way. "The thing I'm most proud about making programs that work in actually changing people's behaviors, so that they as offenders can lead better lives, and that we're not creating more... And so if that's the thing I'd be most proud of because that's brought the most positive change to Strafford county and certainly to Durham."

In terms of his work and outreach during the coronavirus (COVID-19) pandemic,

Velardi said court looks completely different. So much is done virtually, but he still tries to bring his over 20 years of experience to each case, he said. Velardi said he tries "to understand what the real issues are that could be behind what the criminal action is working closely with the police to do. We have great law enforcement agencies here in Strafford County."

A UNH alumnus, Velardi said, "I like to carry forward what I learned at UNH which is to serve your community. Try to treat people the way you would want to be treated."

Photo courtesy of Tom Velardi website

Bias incident against UNH international students



Shawn Latulippe/TNH Staff

The third floor of the Memorial Union Building (MUB) near the Office of International Students and Scholars (OISS).

By Aqeel Hisham
STAFF WRITER

The Office of International Students and Scholars (OISS) at the University of New Hampshire (UNH) sent out an email to all international students on Monday, Oct. 12 after becoming aware of reports of bias against international students.

The office sent out an email titled “Reporting Bias Incidents at UNH.” The email stated that OISS has “recently become aware of Instagram posts (@InternationalatUNH) describing hurtful comments towards international students.” According to the Director of OISS, Laila Page-Manalo, the issue was brought to their attention by a student.

The posts were submitted

anonymously to the Instagram page, and then posted to the account by the user. OISS plans to look further into this reporting to make sure that these allegations were made by actual international students of UNH. “As part of our office protocol, we notified the Affirmative Action and Equity Office so they can look into the matter. Although the Instagram account uses ‘UNH,’ it is not in fact a UNH official account, and no evidence was found that the account is moderated by anyone affiliated with UNH,” said Page-Manalo.

OISS and the Affirmative Action and Equity Office made a joint decision to remind international students on how to address similar problems if they were to have any. “We hope students who experience bias, harassment and discriminatory

incidents will contact our office or other resources available to them,” said Page-Manalo.

She added that OISS’s main role is to support international students and that they will continue their effort “to work with offices across campus to address concerns so students can be successful academically and have a positive experience at UNH.”

Nonetheless, all three international students that were interviewed by The New Hampshire have experienced bias either towards them or other international students. Vlad Tkachev, a junior majoring in neuroscience from Russia, said that he has experienced bias toward both himself and others. “When some students find out where I am originally from, they’ll tend to assume that I am aggressive because I’m Rus-

sian,” he added.

Tkachev further explained that when the coronavirus (COVID-19) pandemic first started, he experienced a few bias incidents toward international students. However, Tkachev did not report any of the incidents because he personally does not see it as a big deal. “There’s nothing that could be done at that point I think,” he added.

Tkachev believes that these incidents happen due to the lack of diversity at UNH. He believes some students have not yet been exposed to diversity, which in his opinion can cause ignorance.

International student Sophia Moe has a different opinion on why these incidents happen. “I think that it’s more of international students being mean to each other rather than American students being mean to

us,” she said, meaning that not all bias incidents are said by American students. Aside from cultural differences, she added, “Because international students believe that all of them have some sort of a similar background, they perceived it to be acceptable to talk about other international students.”

Although bioengineering student Shawn Tran has never personally experienced any sort of bias toward him, he has seen it happened to other international students. “I’ve heard so many bad things from students directed toward Chinese students,” he said. Similar to Tkachev and Moe, Tran did not report any of these incidents because he did not want to cause a scene and felt that it wasn’t necessary, Tran added.

@thenewhampshire



UNH offers flu vaccinations by appointment

By Caitlin Staffanson
STAFF WRITER

For over twenty years, Health & Wellness has hosted a flu clinic on the University of New Hampshire's (UNH) campus for students, faculty, and staff. This year's clinic looked a little different compared to years past due to the coronavirus (COVID-19). The university, alongside Health & Wellness, put in place extra safety measures for those receiving and administering the vaccinations. The hope was that the UNH community would take advantage of this opportunity as another preventative measure for themselves and others during a global pandemic.

This year there were four clinic dates available and clinics were by appointment only on the third floor of the Hamel Recreation Center. The four dates offered were, Oct. 14, Oct. 16, Oct. 19 and Oct. 21. This year's clinic also offered extended hours that began at 8 a.m. and ended by 5 p.m. For students who were unable to attend one of the clinics, Health & Wellness is offering vaccinations by appointment in their facility for the remainder of the semester. Appointments can be made through the patient portal or by calling Health & Wellness.

Health & Wellness took every precaution necessary to protect attendees and those working the clinic. Everyone attending the clinic was required to have a negative COVID-19 test within the last seven days before their appointment. Registration tables had plexiglass barriers to protect the registration staff, as well as the attendees. Those attending were asked to swipe their university ID and were required to wear a mask throughout their visit. All staff were also required to wear a mask and those administering injections were required to wear eye protection as well. This year's clinic offered no food or beverages in the waiting area and all chairs were accommodated to meet social distancing guidelines. Floor markings of six feet were marked with paw stickers to ensure 6-foot distancing while the clinic was open.

"Appointments were available every five minutes," said Mackenzie Johansmeyer, a RN and BSN Clinic Manager. "The first clinic 986 appointments were made and 910 showed up to their appointments."

Almost every year since the flu clinic started, UNH's nursing students have been the ones administering the vaccines. Johansmeyer said that the nursing students have all been educated in the classroom and have had practical experience during their clinicals. All students administering the vaccine have given an intramuscular vaccine



Caitlin Staffanson/TNH Staff

prior to the clinic and students are required to be signed off on the flu vaccine administration checklist by their nursing instructor. The flu vaccine administration is overseen by Health & Wellness RNs and the UNH Nursing department staff.

No matter where students, faculty, or staff get their flu vaccine, it is extremely important to take this preventative measure amidst a global pandemic.

"If you are diagnosed with the flu your immune system is weakened leaving you more at risk to contract other viruses such as COVID-19," said Johansmeyer. "Patients requiring treatment for the flu that could have been prevented by vaccination may take up more of health care providers' already strained time and resources."

Health & Wellness advises that the flu vaccination is one preventative measure next to washing your hands, eating well, resting your body and hydrating.

"In collaboration with the nursing department faculty and students and the Hamel Recreation staff, we have offered flu vaccine clinics in the fall for our campus community as part of our public health role," said Kevin Charles, executive director of Health & Wellness. "It has always been important and successful; but this year we have ramped up the effort quite a bit, as it is essential that we maximize participation. As part of the university's campus-wide work to manage the impact of the Covid-19 pandemic, pursuing community-wide protection against the flu is a central goal to help minimize the impact."



Caitlin Staffanson/TNH Staff



Caitlin Staffanson/TNH Staff

Molly Shaheen and actor husband visit Freedom Café

By Shawn Latulippe
STAFF WRITER

New Hampshire Sen. Jeanne Shaheen's daughter Molly Shaheen and her husband, actor Huw Collins, came to the Freedom Café in Durham N.H. on Wednesday Oct. 21 to discuss college students voting in the upcoming elections in November. Shaheen and her husband, alongside members of Sen. Shaheen's campaign team, were on the campaign trail for Sen. Shaheen, who is up for reelection this November, and Democratic presidential candidate Joe Biden.

University of New Hampshire (UNH) students explained the rigorous coronavirus (COVID-19) testing program to Collins and Shaheen and that UNH students must be self-tested twice a week and have a valid Wildcat Pass. Collins responded, "I wish I had a Wildcat Pass!"

Collins said that he always

tries to encourage people to vote no matter what political party they are a part of. Shaheen said that she wants college students to know how important their vote is to the Democrats winning the election. Shaheen also said that she is a bit more aggressive than her husband in telling people to vote for Biden and her mother Sen. Shaheen.

Collins also discussed bringing his friend and fellow actor Ian Harding from TV show "Pretty Little Liars" to New Hampshire for the election. Collins and Harding both worked on "Pretty Little Liars," with Harding playing Ezra Fitz and Collins playing Dr. Elliot Rollins. Collins said that in the 2016 presidential election, he and Harding provided a bus to the polls at UNH and rode the bus with students to and from the polls that was really popular. He explained that "Ian is also smart and can talk on the issues."

Shaheen said that they are planning to find a way to transport students to the polls again this

November with Collins and Harding. She said they are looking into having buses to the polls with lower capacity than usual to accommodate for social distancing.

Shaheen also asked the attendees if they thought a lot of UNH students would vote in the upcoming election. Everyone in attendance thought the turnout would be great. They also said they have already helped a lot of students register to vote at the town hall. Shaheen said she is really excited to vote.

UNH student Heath Howard, who is running as a 2020 candidate for New Hampshire State Representative of the New Hampshire House of Representatives Strafford District 3, discussed his upcoming election and the importance of college students voting for Biden and other democrats. He said that he doesn't know where he stands in his race at the moment because they can't realistically poll in his county of only about 3,000 people. Howard said

his race will be competitive but he believes he has an edge over his conservative opponent. He said his opponent believes that "taxation is tyranny" and is also homophobic and believes in gay conversion therapy.

Howard additionally discussed the controversial new residency law in New Hampshire, House Bill 1264, which Republican Gov. Chris Sununu signed into law in 2018. Howard and Collins discussed the unfairness of the bill trying to suppress college voters. They also talked about the Republicans trying to stop same-day registration which is another tool to suppress voters.

Faults in the education system in the U.S. is also something that Howard discussed, he said that the problem with the system is that schools teach things like geometry to kids but don't teach important life knowledge like filing taxes. He also said the education system needs to teach its students more about the way the

elections work and why it is important to vote.

Collins, who grew up in London, said that he loves America and is excited to become an American citizen in December. However, something he thinks needs to be improved in the U.S. is the education system across the country.

Collins said school kids in the U.S. need to learn more about sexual education than simply abstinence. Another thing he believes is lacking is Americans' knowledge about global issues. But he said he thinks it's different in Great Britain where he grew up because of how many countries they are surrounded by.

At the end of the event, Shaheen and Collins grabbed coffee at the Freedom Café and learned about the work it does. Collins exclaimed, "I love these guys!" after hearing about the Café's efforts to stop human trafficking.



Shawn Latulippe / TNH Staff

CCRC receives multiple grants to fund research

By Chloe Camelio
STAFF WRITER

The Crimes against Children Research Center (CCRC) at the University of New Hampshire (UNH) received more than \$2 million in grants from the National Institute of Justice to study child sex exploitation. There is a total of three grants, the first two focusing on child sex trafficking victimization and the third on technology such as cyberstalking and sextortion.

The first study, a survey about sex trafficking, follows up the 2005 survey that the CCRC conducted. From the press release sent from UNH on Oct. 1, Research Associate Professor of Psychology and the study's director Kimberly Mitchell said, "Our study will assess whether police practices have been moving in the right direction."

To ensure this, Mitchell said, "This study is actually a follow-up

to a study we conducted approximately 15 years ago. In that study we captured whether police were treating the juveniles in these cases as victims or delinquents. This study is being conducted in the same way and will thus allow us to see if more of these youth are being treated as victims compared to our last study."

The second study focuses on building effective programs to help victims affected by sex trafficking. The director of this study, Lisa Jones explains, "Victims often have multiple problems like abusive families, foster care histories, running away and substance abuse. We want to find out if programs are making a difference." For this study the CCRC will partner up with Love146, a non-profit organization that helps young victims of sex trafficking.

The last study that the CCRC will conduct is another survey. This survey will focus on technology and about crimes against young people facilitated by the in-

ternet. The study's director David Finkelhor explained that the survey will ask question like "What kinds of harms did you experience from the crime? What kept you from going to the police? And did you get any help from social media companies when you tried to get content removed?"

Jones explained how the two grants on child sex trafficking victimization allows them to expand their research. "In the past, trafficking victims were often treated as criminals or juvenile delinquents, but as more communities recognize these youth as victims of sexual exploitation, there is an interest in helping them get the right kinds of help and services. For one of our grants we will be working with a victim service agency evaluate how well they are helping sex trafficking victims access health services, achieve educational and employment goals, and stay safe. We are hoping that with this grant, we can help provide more information on

the types of services that are most helpful to these youth."

Mitchell also commented on how the grants allow them to expand their research. "There has been growing attention and awareness to child sex trafficking over the past 10 years. The law enforcement study will have direct implications for policy around this issue in the criminal justice system. Findings will also inform the development and revision of police training in this area. It will provide national statistics about the number of cases, breakdown across at-risk populations, and the circumstances of the victims that can be widely used by advocates and policy makers in informing the public and allocating resources."

Finkelhor feels excited about the grants because they are able to further their investigation.

Jones added that the grants make her feel satisfied because of the research they get to do that allows them to help victims, law en-

forcement, mental health providers and child protection workers.

Jones talked about how the CCRC day-to-day operations look like by saying, "We work as a team with colleagues, research staff, and students on our research, so we also spend a lot of time meeting and talking together to figure out the best way to collect data, and then understand what our findings mean."

Finkelhor added, "We spend a lot of our time on three things: trying to write good questions, figuring out how to get samples that are representative of the general population, and pouring over numbers and tables after we get the results."

The CCRC will also be involved with a collaborative research study awarded to Northeastern University to expand their knowledge on the effects and health consequences to child sex trafficking victims.

Franz's Food sees increase in business during COVID-19

By Sarah Levine
CONTRIBUTING WRITER

Franz's Food is thriving just seven months after Gov. Chris Sununu's mandated closure of non-essential businesses in New Hampshire. Owner Franz Guest shows why success remains at this Main Street gem during the ongoing coronavirus (COVID-19) pandemic.

Many N.H. businesses suffered following the assigned isolation of Emergency Order #17 on March 27. University of New Hampshire (UNH) students were sent home on March 30—a large source of town revenue lost. The state's economy is still suffering according to Russ Thibeault, the president of Applied Economic Research, Inc.

Franz's Food, however, has experienced the opposite.

"My business really took off during the recession," said Guest. "Places like mine do very well during economic downturns."

Franz's Food has continued with takeout service throughout the pandemic.

Guest believes that Franz's Food is prospering because of its location on Main Street. He also credits the community's desire to visit a familiar niche during uncertain times.

"I like the idea of a community coming together when things are rough," said Guest.

"[Guest] is all about building trust with customers and delivering a quality product," said Roger

Hayden, landlord and owner of Hayden Sports. Guest described him as the backbone of business in Durham for the last 20 years.

"I couldn't ask for a better tenant!" said Hayden. "We really work as a team in the building; if he is successful, I will be successful, and vice versa—we work together to solve problems."

Hayden and the customers notice daily that Guest keeps the shop exceedingly clean.

Employee Harry Clark noted that it is a very controlled environment.

"I really want to make Franz's Food ... a good vibe," said Guest. "Luckily for me, I like what I do, and I like the people."

Guest said that former college students return to Franz's Food with their family almost every week. "That kind of stuff is very gratifying. There's no money that buys this."

"Franz's is an institution at UNH," said Clark. "I think everyone goes there at least once, and there's too many regulars to count."

"His impact is obvious every day he is open; dozens of people of all walks of life come in, from kids to grandparents!" Hayden said. "They know quality is tops and service fast."

Guest learned early on in his career that people don't stop by because they don't have food at home, but rather to make connections.

Frequent customer and UNH student Cristiano Bianchi said

that Guest recognizes him whenever he visits, "the relationship is a professional one."

"Almost on a daily basis, I have people come in and tell me how much they appreciate what I do and the food that I make," said Guest. "It's really nice to be recognized for what you do when you work very hard."

Guest bends over backwards to make his employees happy because they represent the business. He believes that great teamwork is practically a prerequisite. He's made some lifelong friends with former employees along the way.

Clark said that he gets along well with Guest and often converses with him outside of work.

"[Guest] is friendly, efficient, accurate and timely with his food orders," said Hayden. "He could be the poster child for how to succeed in business."

Guest recalled a proud moment when a customer told him that five employees were making food faster than anything they had ever seen, while singing and dancing. He said, "That's my best compliment ever."

Guest said many of his employees are amazed at how efficient and high quality their workplace is, despite the size.

"I'm impressed with just how much food we pump out from such a small place," said Clark.

According to the Franz's Food website, Guest chose the inside of the Durham Laundercenter because the location on Main



Photo courtesy of Franz's Instagram account

Street was very good.

"My first impression of the business wasn't too stunning," Bianchi admitted. "It was such a small closed off area of the laundromat."

Bianchi continued, "What kept me coming back was the 'JB'. My eyes had been opened to such exquisite breakfast cuisine."

The Franz's Food menu describes the "JB" as a grilled flour tortilla filled with two fried eggs, bacon, American cheese and two hash browns with ketchup.

Hayden said the JB was the favorite of a past customer, and that the sandwich has evolved

into an entire menu itself.

"There is no better hangover cure than a 'JB' and a Gatorade," Bianchi said.

Hayden believes that Franz's Food demonstrates why small-town campuses are unique.

"Franz is certainly an important member of the community," said Bianchi. "He has made a name for himself as one of the quintessential staples of the small businesses of Durham."

"Franz is truly an icon in town," said Hayden. "I trust he is in for the long haul."

Impact of absentee voting in Durham

By Steve Tedeschi
CONTRIBUTING
EDITOR

As the country continues to battle against the coronavirus (COVID-19) pandemic, voters are going to need to make a choice on whether they want to vote in person or absentee before Nov. 3.

Some cities and towns across the country have already begun early voting, and tens of millions of mail-in and absentee ballots have been sent out so far, but there are still obstacles and questions surrounding the process.

New Hampshire does not al-

low early voting, however, in New Hampshire a registered voter can request an absentee ballot due to being away from their hometown on Election Day, observance of a religious holiday, or if they have a physical disability. However, this year due to COVID-19, a registered voter can sign an affidavit and request an absentee ballot citing the pandemic as the reason for not being able to make the polls.

The confusion and frustration surrounding this atypical way to vote has made its way to the front steps of Durham Town Clerk Lorrie Pitt.

"We've had a couple phone calls from people who use a

marker [to fill out their ballot] and it would bleed through, and we've had people coming in and requesting a ballot even though they are already getting one," Pitt said, resulting in some voters having to try and get a new ballot in some cases, which can complicate matters further.

"So, I'm putting in the [next] town newsletter 'Please use a pen, do not use a marker.'"

The extra steps did not deter many voters who chose to stay home and vote absentee instead of going to the polls this year.

"At the end of [the day] on Wednesday [September 31], we still had 2,542 requests for absentee ballots," Pitt said.

In 2016, Durham had only processed 770 absentee ballots, about 30% of the 2020 total.

The volume of ballots going through the mail also puts extra strain on the town postal service. However, Pitt says they have been remaining positive about the situation.

"We sent out 2,400 ballots on Monday [September 29], and they got them all delivered in two days," Pitt stated.

She still expects Election Day itself to be busy, however, with at least 3,000 people in attendance.



Photo courtesy of Steve Tedeschi

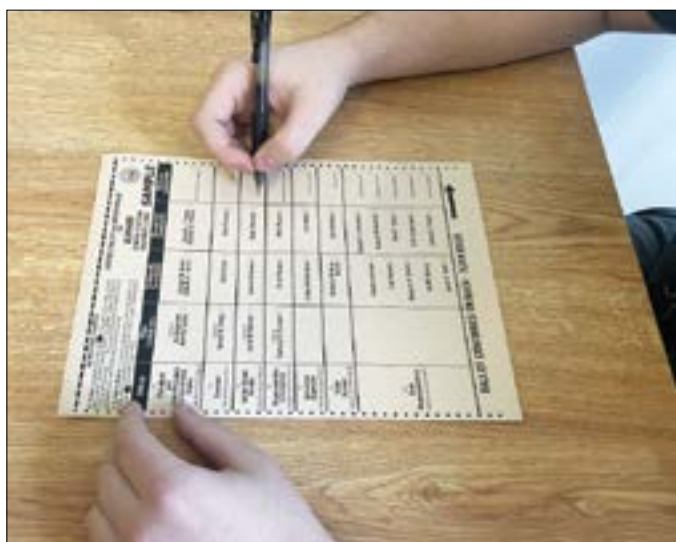


Photo courtesy of Steve Tedeschi



Photo courtesy of Fox News



VOTE

UNH STUDENTS

Know your rights:

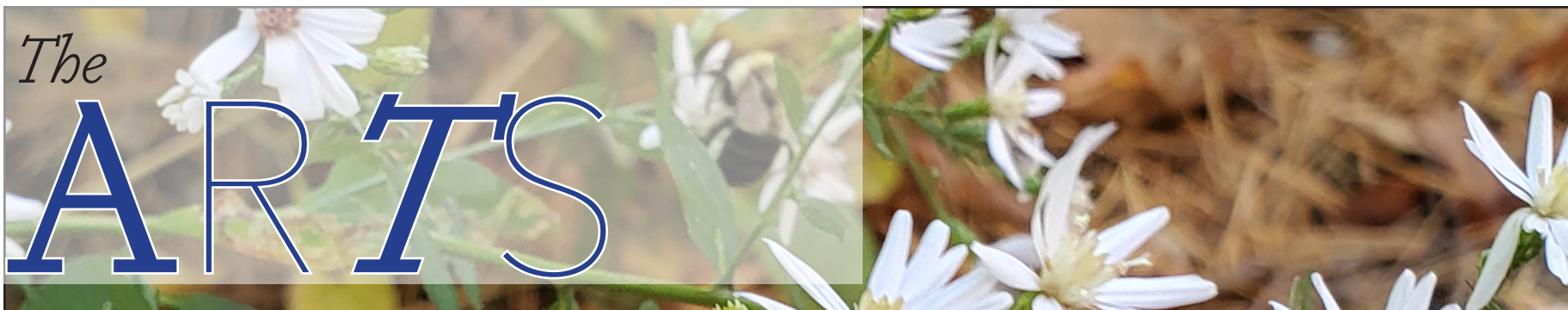
- You can vote in NH if you consider NH your home for social and civic purposes.
- You can vote by absentee ballot if you are temporarily away from NH or attending classes remotely.
- You do not need a NH driver's license to vote in NH.

Make a plan to vote in-person or request and return your absentee ballot EARLY

Learn more at: voter-protection.org/nhstudents



Voter Protection Corps



22 October 2020

Father first, musician second— Cellist Jacques Lee Wood



Photo courtesy of Jacques Lee Wood

By Isabelle Curtis
CONTRIBUTOR

Jacques Lee Wood is a notable cellist in musical circles for his “expressive warmth and sensitivity” and “technical ease” when performing, according to his website. His talents have taken him around the world performing solo, recital, and chamber music concerts. Wood has produced his own original compositions and arrangements under String-Lab, a duo with guitarist Simon Powis. He is also currently a resident artist at the University of New Hampshire (UNH).

Wood grew up in a musical family of European and Korean heritage in the college town of Manhattan, Kansas. Wood originally played the violin along with his older brother when he was a child, but by the time Wood was 8 years old and his brother was 9 years old, they had already reached the same skill level. That’s when their mother decided that one of

them should switch to playing the cello. “The simple answer is my mother didn’t want my brother and I to compete on the violin with each other,” explained Wood.

His brother was originally supposed to be the one to take up the cello, but Wood decided to pursue the instrument instead.

“I didn’t really like playing the violin anyways,” Wood said, laughing.

Despite the incident in his youth, Wood said there has been no competition, rather overwhelming support between his family members about their individual music careers. His uncle, a cellist who currently lives in Korea, has been one of the biggest supporters in his music career.

“He’s been a good sounding board for career advice, for musical advice, for support when I need it,” said Wood. “We’re pretty close, since I was a teenager he’s been in my life, kind of like a second fa-

ther to me. He’s given me both of my main cellos that I play on and a couple of nice bows, so he’s also been a supporter in that way.”

Wood’s musical talents also extend past the cello. He tries to learn a new instrument every few years and so far can play upright and electric bass, mandolin, banjo, and a little piano and violin. Wood, who is a big fan of bluegrass, says that his banjo playing is the strongest of his secondary instruments. He’s currently trying to learn the bagpipes.

However, despite Wood’s many musical pursuits, he doesn’t consider being a musician the most important part of his identity.

“Whenever I think of myself as a person, I always think of myself as a father first and a musician and cellist next,” he explained.

Both of Wood’s children have followed in their family’s musical footsteps. His oldest son, 6, started playing the cello when he was 3, and his youngest son, 3, also just recently started the violin. Wood expressed how proud he is of how they are both progressing.

Wood originally struggled trying to find a balance between his personal and professional life when his first son was born. “I thought I could maintain [touring] but it quickly became clear that I couldn’t be both a father and a musician who was touring around a lot,” he said. The desire to spend more time with

his son and have more control over his schedule is what led Wood to pursue teaching.

Teachers have been some of the greatest influences on Wood’s musical style, much more than famous performers. Wood points to Lawrence Lesser, who he studied under while getting his bachelor’s in music from the New England Conservatory of Music, and Aldo Parisot, who he met during his time at Yale University for his master’s and doctorate, as his greatest influences.

“They had two totally different approaches to playing music,” said Wood. He asserted that Lesser was more focused on “the philosophical ideas of playing music,” while Parisot was “more about music as instinct and not overthinking it too much in terms of the interpretational aspect of it.”

“Most of what I teach now in terms of technique, my understanding of technique and the application of musicality comes from Parisot,” he explained. “Whereas the general appreciation of music as an art form comes more from my time with Lesser.”

With his own students Wood emphasizes the technical aspects of playing as he believes that without them musicians can’t express themselves in the best possible way. This often involves doing a lot of scale work. When Wood was growing up his teachers didn’t bother focusing on scales or the other basics because of his already advanced skill

level. However, this caught up with him eventually when he reached his 20s and couldn’t figure out why he wasn’t progressing anymore.

“Turns out I had a serious fundamental gap in my understanding of how to play instruments,” said Wood.

Wood has also found that teaching has also turned him into a better communicator and helped him with his own approach to playing. “Teaching my students really helps me pan out the how and why of playing. How to take a concept and distill it down to its most essential elements and communicate it in a direct way,” says Wood. “Every time I teach students, they have a new perspective that they give me, and it helps me refine my own ideas about how to play.”

While the COVID-19 pandemic has disrupted many of Wood’s plans for performing, he is thankful that technology has allowed him to continue teaching and connecting with colleagues. Wood is also hoping that he and his studio at UNH will have some performances ready for live streaming next semester. UNH currently offers live streamed concert performances that can be viewed on the UNH Department of Music YouTube channel.



Photo courtesy of Jacques Lee Wood

“Welcome to Nightvale,” a podcast of the surreal

By Cee Annis
ARTS EDITOR

Ah, October, the weather is colder, pumpkin spice is in the air and we're still mostly stuck inside, overloaded with homework and the existential dread of being at school during a global pandemic. We all need something to listen to while waiting for our next Zoom meeting to start and “Welcome to Nightvale” is a perfect balm for those 20 minutes when you have nothing to do. It is the perfect podcast to take that existential dread and make it your own.

“Welcome to Nightvale” is a fiction podcast featuring the radio show of desert town Nightvale. Every day brings something stranger and odder, not to the residents of Nightvale who mostly view these events with a shrug, but to us, the listener. As you continue through the series, you'll cherish the presence of some recurring characters and feel the absence of many others, all the while being guided by the voice of Nightvale, Cecil Palmer (who is played by Cecil Baldwin).

It is not scary in the traditional sense, but the way all of the events portrayed in the

town are spoken of so normally, it is definitely enough to send chills down the spine, especially when the show gets existential, which it does, often. It is surreal, occasionally taking already extraordinary circumstances and pushing them ever further, often to the point of hilarity but only if you don't think about it too long. Who could've imagined that the Glow Cloud (all hail) that drops dead animal carcasses and is met in episode 2 would also become a school board member after deeming Nightvale a great place to raise its child? It is almost impossible to expect anything from Nightvale, other than it will follow its own rules that are beyond our outsider's understanding, except for when it doesn't. For the most part, the episodes can stand on their own as independent stories but it is strongly recommended to start from the beginning, as that lets you be introduced to many characters and events as the residents of Nightvale first become aware of them.

“Welcome to Nightvale” also serves as a wonderful introduction to new music. Most episodes feature a segment called the weather, which serves as a musical break in

the episode's story. “The Bus is Late” from Satellite High was a particularly memorable one, occurring within the second episode of the podcast and in some ways really came to encapsulate the podcast's tone within the fandom. Most of the artists are under the radar, with some of the bigger names, or ones you were most likely to hear elsewhere, being The Mountain Goats, Eliza Rickman and AJJ.

All in all, it's worth a listen, at least the first few episodes to see if you like it, especially if you are a fan of conspiracy theories, the occult, or similar ‘weird’ hobbies. And if you are the kind of person who likes to go to live shows of podcasts, I can safely say that this is one you won't want to miss next time Night Vale Presents is on tour. I was very lucky in being able to go to their performance at The Music Hall before the rest of the tour was postponed due to the coronavirus (Covid-19), and it was just as wonderfully witty, surreal and touching in person as listening to the event from the comfort of my home was. If it really strikes a chord with you, then there are also novels written by the creators available, set in that same weird town.



Cee Annis/TNH

Meg Bashwiner (Deb) and Cecil Baldwin (Cecil Palmer) perform at The Music Hall on March 13

CEE'S TOP HALLOWEEN TUNES TO GET SPOOKY TO

“The Time Warp” - from “Rocky Horror Picture Show”

“Sweet Dreams (Are Made of This)” - Eurythmics

“Lifetime Achievement Award” - Lemon Demon

“The Purple People Eater” - Sheb Wooley

“When You're Evil” - Aurelio Voltaire

“Blood” - My Chemical Romance

“Psycho Killer” - Talking Heads

“Just Gold” - MandoPony

“Scare Me” - Ludo

“Skeletons on Parade” - Ludo

“I Can't Decide” - Scissor Sisters

“Discord” - The Living Tombstone

“Land of the Dead” - Aurelio Voltaire

“The Mind Electric” - Miracle Musical

“Come Little Children” - cover by Erutan

“(Don't Fear) The Reaper” - Blue Öyster Cult

“Fodder for the Elder Gods” - Creature Feature



background courtesy of Pixabay

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Opinion: Halloweekend - Horrors and Hopes for 2020

By Allison Musitano
CONTRIBUTING
WRITER

One month left of on-campus classes. Once again, it feels almost miraculous. Now with Halloween approaching fast, life seems almost magical as the University of New Hampshire (UNH) manages to have low numbers of positive cases for the coronavirus (COVID-19) and the spooky holiday season is upon us. But on the Durham campus, there is a fear worse than any ghost or slasher horror film - a fear that students will treat this Halloween like any other and ignore social distancing.

Many UNH upperclassmen are well-aware of how hectic partying can be on what is dubbed "Halloweekend" - often the closest weekend to Halloween in October. And with partying comes drinking, both legal and not, lowering inhibitions as well as people's guard. In a normal year, there would be safety concerns to be sure but an overall apathy from the student body; parties, whether you're a participant or a bystander, are a fact of college life nation-wide. But this year is different. After almost eight months

of COVID-19 shaking the United States along with the rest of the world, a successful vaccine is still a ways away. Pandemics aside, Halloween is also special this year as well. Finally landing on Saturday this year, making it a true Halloweekend, with a full moon to boot, many are excited for this Halloween. But is that excitement something to be worried about?

Chief Paul Dean, head of UNH police department, stresses the importance of students staying safe this semester and being vigilant in light of Halloweekend:

"Given the Covid-19 policies and, our good progress to date, I am concerned students might see our low positive testing numbers as an excuse to let their guard down. When you see the increase in cases in other parts of New Hampshire and New England, it's vital we stay the course for the next 30 days and continue to wear masks, physically distance, wash hands, get a flu shot, and not invite friends from home to come to campus."

Despite concerns about student behavior before the start of the fall semester and with Halloweekend approaching, Chief Dean regards the student body positively in their collective ef-

fort to follow protocol: "Our student body has been amazing. Very few issues and, I can't thank our students enough for their efforts around compliance with Covid-19 policies."

On campus, reports of rising numbers of COVID-19 cases across the country and even in New Hampshire seem like another world away amidst our frequent testing and few incidents. Despite speculations that campuses such as UNH would become a hotbed for infections after several incidents near the start of the school year, college campuses should heed Chief Dean's advice - do not let your guard down.

Returning to the subject of Halloween, there are currently very few events planned to coincide with Halloweekend. While there will be more information on on-campus events and measures to come soon according to Chief Dean, a glance at the university's organization event page shows very little going on during the infamous Halloweekend, particularly with Halloween related events. Even organizations such as the UNH Campus Activities Board (CAB), known in the past for campus-wide events such as bingo nights and May Day, seem

to have more subdued events this year, with a tentative Halloween painting event the Thursday of Oct. 29. This lack of events can be seen as a double-edged sword. On one hand, Halloween-related events may be subject to large and unmanageable crowds, whether physically or digitally. Yet on the other hand, will a lack of school-endorsed Halloween events make students more prone to seek out their own forms of entertainment through parties and large gatherings?

From my experience as a college student and someone who, like the rest of you, has been living through a global once-in-a-century pandemic, the concept of some people's innate need to seek out unregulated Halloween parties seems somewhat mind-boggling. Does no one remember that signature lull we all experienced in our teens, where we outgrew trick-or-treating and spent the holiday becoming homebodies and haunting our own houses?

While there admittedly was a certain thrill as a kid going out trick-or-treating in an expensive Halloween costume that would often never see the light of day again after that one night, the world changed a bit when you realized

that you could just stay home and watch *The Addams Family Values* on the couch and eat the candy you liked in a Whopper-less wonderland. And now with things like Zoom and Netflix Party, staying home for Halloween isn't condemning yourself to a Halloween party of one. This is not to say that there aren't ways to be social outside of your home this Halloween. Many places do have precautions in place to help maintain some normalcy, and plenty of dorms are having their own small functions to celebrate Halloween. So with all of the different and safe ways to celebrate Halloween out there, it would seem almost silly that people are desperate to party - that is, if these weren't serious times where everyone's safety is at stake. House parties will exist after the pandemic. Opportunities to drink (legally) will exist after the pandemic (it really is not worth the trouble otherwise). But unless we make the collective effort to be safe and practice self-restraint, even when it means missing out on some things, we are just tricking ourselves and extending this pandemic - something that is not a treat for anyone.

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Thumbs *up*
Thumbs *down*



Thumbs up to muting debate mics



Thumbs down to disinformation



Thumbs up to voting in the Nov. 3 election



Thumbs down to not voting because you aren't informed

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From the *Editor's Desk...*

Muted mics: A presidential muzzle

It has been announced that the microphones of both presidential candidates, Donald Trump and Joseph R. Biden, will have their microphones muted at selected times at the last presidential debate on Thursday, Oct. 22.

More specifically, both candidates will get an uninterrupted two minutes at the beginning of each 15-minute segment, as the candidate who isn't speaking will have their microphone silenced. After each initial four minutes, the microphones will be turned on to allow open dialogue. Any time taken away by interruptions will be given back to the interrupted candidate.

Both Trump and Biden have agreed to this format in advance of the debate.

This will surely be a significant turnaround from the first debate, as both candidates were not very thrilled to let the other speak during the Sept. 29 debate.

It is eerily reminiscent of my middle school band teacher telling me to put a sound-cancelling pad over my snare drum to drown out the toxic noise I was contaminating the room with. And that's just it, we are treating the people that are supposed to be the most prestigious and respected individuals in the U.S., like children.

It saddens me that it has had to come to this and I have mixed

feelings about the development as a whole.

The change was needed. There are no ifs, ands or buts about it. For the American people to make an informed vote, they need to be able to hear the case each candidate has to make. That's undeniable.

However, part of the debate process is to educate voters on how candidates perform in unmediated and direct situations. It's one of the only times during the election cycle where the candidates speak directly to each other. Their claims are challenged face-to-face in a space where the American people can get a firsthand experience of how each of them handle it. Part of this will be taken away because of the new format.

Personally, I don't really want to see the two individuals that are trying to be the most influential person in the country, be electronically-mediated. While it is going to be more pleasing to the eye, it just doesn't seem productive for voters, or does it?

In a normal time, if our presidential candidates feel as though they are above the rules, we should let the American people see that. But, this election is a little different.

We know what Trump and Biden stand for. One has been ei-

ther a senator or vice president for over 40 years and the other might have the largest spotlight on him of any president in history. Both have largely had the same respectful demeanors over that time.

Much of the social media analytics and polls concluded that the American people were more focused on the antics of both candidates, especially Trump, rather than the discussions about their policies.

This fact solidifies why this change needed to be made. While Trump and Biden's onstage escapades and antics should have a spotlight, the policies and initiatives they will be supporting should take priority.

The question that remains is whether the goal of this innovative muzzle will serve its purpose. Both candidates might view the open dialogue portion as free rein for interruptions, which will once again, mitigate the effectiveness of the moderator.

Kristen Welker will be tasked with making sure each contender will stay in line, be given an equal amount of time and be will be checked on their statements, a job that seems like a longshot to succeed in.

Josh Morrill
Executive Editor

Letters policy

We welcome letters to the editor and aim to publish as many as possible. In writing, please follow these simple guidelines: Keep letters under 300 words. Type them. Date them. Sign them; make sure they're signed by no more than two people. If you're a student, include your year, major and phone number. Faculty and staff: Give us your department and phone number. TNH edits for space, clarity, accuracy and vulgarity. Bring letters to our office in Room 132 in the MUB, email them to tnh.editor@unh.edu or send them to The New Hampshire, MUB Room 132, Durham, NH 03824.

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Bruins and Sweeney lose Krug, keep Grzelcyk

By Shaun Petipas
SPORTS EDITOR

Two years ago, the Boston Bruins were one win away from lifting Lord Stanley's Cup on home ice against the St. Louis Blues. Unfortunately, they went on to lose again to the mighty Tampa Bay Lightning who took home the Cup this season.

The Bruins have watched as other teams have made huge waves on the free agent market while the B's barely made a splash. The only free agent move the Bruins have made is the signing of ex-Nashville Predator Craig Smith to a three-year, \$9.3 million deal.

Smith is a perennial 20-goal scorer and a solid two-way player who can fit into this lineup anywhere, but his main spot will be on that third line. The 6-foot-1-inch forward shoots right and shoots often which is what the Bruins have desperately missed for the past few seasons. Smith should be a seamless addition to the roster as he could slide in next to a puck possession master like Charlie Coyle.

Along with signing Smith the Bruins have retained some of their own talent like restricted free agents Karson Kuhlman, Matt Grzelcyk and Jakub Zboril. Signing Grzelcyk could

be the best move the Bruins have made this offseason, locking him in the black and gold for another four seasons avoiding his arbitration hearing. He will receive a total of \$14.75 million through the 2023-2024 seasons and could get another contract after that.

A lot of uncertainty surrounds Jake DeBrusk who remains unsigned and is a restricted free agent. There have been rumors that he could get traded for cap space to be able to bring in another top-six winger, but this is unlikely as the free agent pool has been dried up of this type of player. DeBrusk could see a hefty pay raise from another team but with him being restricted it gives the Bruins an opportunity to match it if they choose.

Signing these players, however, means that they had to let some of their favorite players walk away. To start, Torey Krug is no longer a Bruin and actually broke fans hearts even more by going to the St. Louis Blues. Krug inked a seven-year deal worth \$45.5 million total and \$6.5 million per year. This is the exact number that the Bruins had sent Krug before free agency started but apparently pulled their offer once the clock struck twelve to open free agency. The B's had offered the same amount of



PHOTO COURTESY OF JEFFREY MCWHORTER

Forward Craig Smith (15) shoots against Dallas goaltender Ben Bishop (30)

money but with one less year on the deal and Krug decided he wanted the extra year of security. It is a tough pill to swallow for the Bruins and the fans, but it was time to move on from the 29-year-old and allow him to go make the money he deserves to make.

Another player the Bruins saw go to another team is Joakim Nordstrom. The solid two-way forward signed a deal with the Calgary Flames for one year worth \$700,000. It was

clear that Nordstrom wasn't going to be able to re-sign in Boston as management wants to test their younger talent on this roster.

As for the biggest man on the free agency market, Zdeno Chara, nobody knows what is in store for him as he remains unsigned but is "looking at all options" according to his agent Matt Keator. The 43-year-old defenseman is looking into all of his possibilities and is in no rush to decide what he will do

next season. If Chara returns to the Bruins, it would be in a lesser role with reduced minutes for the big man.

Chara averaged 21:01 minutes per game last season which would be a huge number to replace for guys like Jeremy Lauzon and Connor Clifton. Who knows what the future will hold but it's tough to imagine a Bruins team without Chara on the back-end protecting the crease.

TNH Sports Week 7 NFL Picks

	-13.5	The Buffalo Bills are -13.5 against the New York Jets. The Bills will be looking to bounce back after back-to-back losses to the Tennessee Titans and Kansas City Chiefs. The Jets are also 0-6 against the spread this season. Josh Allen will feast on the New York defense. Ride the Jets' incompetence all the way to the bank.
	+1	The Dallas Cowboys are one-point underdogs against the Washington Football Team. The Cowboys had a tough game against the Arizona Cardinals on Monday Night Football but don't overthink this one. The Washington Football Team are not a good team. They seem to invent new ways to lose every week. The Cowboys may be starting Andy Dalton, but Washington is starting Kyle Allen. Have faith in Ezekiel Elliot to bounce back and control this game. The Cowboys haven't been great, but the Washington Football team is far worse.
	-4	The Tampa Bay Buccaneers helmed by Tom Brady handled business against a Green Bay Packers team that looked unstoppable to start the season. The Bucs are -4 favorites against the Las Vegas Raiders. This pick is a lock. Brady is sharp, Rob Gronkowski is back, and the Raiders are due to come back down to earth after an upset win against the Chiefs last week.
	Over 50 +3	The Cincinnati Bengals are underdogs to the Cleveland Browns with the spread set at +3; this could be a sneaky pick. The Bengals with Joe Burrow have proven they can put up points and it shouldn't be any different against a Cleveland team that has one of the worst passing defenses in the league. The total is sitting at 50 points and is also a lock for this game with the Bengals keeping within three.
	-3.5	The Green Bay Packers are favored on the road against the Houston Texans by a line of -3.5. This is a great spot for the Packers as they are fighting for the division lead and are coming off a tough loss at the hands of Tom Brady and the Tampa Bay Buccaneers. Aaron Rodgers has led the Packers to being one of the best teams in football once again without many weapons on offense. The Texans are sitting at 1-5 on the season and have looked marginally improved since the firing of Bill O'Brien, but at the end of the day, Rodgers and Aaron Jones are about as safe of a bet as you'll find in the NFL today.

Pair of former Wildcats signed to pro contracts



CAMERON BEALL/SPORTS EDITOR
Former Wildcat Prince Smith Jr. celebrating a late touchdown vs. UMaine.



PHOTO COURTESY OF SHAWN ST. HILAIRE
Former Wildcat Kaylan Williams dribbling past a Holy Cross defender.

By Cameron Beall SPORTS EDITOR

A pair of former Wildcats were each signed to professional organizations recently. Former UNH cornerback Prince Smith Jr. was signed to the practice squad to the Cleveland Browns, and Kaylan Williams – formerly of the UNH women’s soccer team – signed a contract overseas to play for WFC Ramat Hasharon in Israel.

Williams has become the fourth player from the women’s soccer program to sign a professional contract; each

instance coming in the last five years. She now joins a list with Caroline Murray who played in Finland, Iceland and Sweden, along with Brooke Murphy and Kendra Prince who played in Sweden.

The former Wildcat will kick off her season on Nov. 4 when they will compete in the UEFA Champions League.

Williams explained that an agent reached out to her over the summer about the opportunity of playing overseas. She contemplated the decision for a bit after already being

enrolled in graduate school at Ball State.

“I thought that school will always be an option, but this won’t. I ended up signing with the agent, the team and then was on a flight three days later to Tel Aviv,” explained Williams.

UNH women’s soccer head coach Steve Welham had nothing but kind words to say about his former player after the news of her signing.

“Kaylan certainly grew in stature throughout her career and continued to add to her game every season,” noted

Welham. “This achievement is a culmination of the years of hard work and sacrifice that she put in. We are very excited to watch her develop further and take the next step in the professional game. We wish her the best of luck and great success now and in the future.”

Williams ranked second on the team in 2019 in goals with six. She also led the roster in assists and shots on goal.

Shortly after the news of Williams came through, Smith joined his third NFL team since the end of his senior season at UNH a year ago.

The Pennsylvania native

signed to the Philadelphia Eagles as an undrafted free agent in April before being cut by the team in August. Smith went on to join the New York Giants through training camp but did not make the final roster. Smith is now a member of the Browns practice squad ahead of week seven of the NFL slate.

The defensive back was a four-year starter with the Wildcats and was named the CAA Rookie of the Year in 2016. Smith was third on the team in tackles a season ago with 64. He was also second on the team in interceptions with four.

Patriots disappoint at home against Broncos

By Brackett Lyons STAFF WRITER

Foxborough M.A. – The New England Patriots lost in frustrating fashion on Sunday. The Denver Broncos came into Gillette Stadium and stole an 18-12 win. The Patriots entered the game with only two practices in the past two weeks and they looked noticeably sloppy. Turnovers crushed the Patriots as Cam Newton threw two interceptions and a Ryan Izzo fumble.

Bill Belichick has made a name for himself as one of the best coaches in terms of preparation the league has ever seen. Game planning was a little tougher than usual this week, however. After a handful of positive COVID-19 tests caused the closing of the Patriots facility for parts of the last two weeks, the Patriots turned in a product that their fanbase is not accustomed to seeing. The New England offense sputtered for the majority of

the game. Newton failed to get much going in the air, and the ground game was mediocre at best. Josh McDaniels’ offense only managed three points in the first three quarters.

The defense had a solid outing all things considered. Despite being gashed on the ground for 135 yards, 101 of which came from Phillip Lindsay, the Patriots defense kept Denver out of the end zone entirely. Unfortunately, Broncos kicker Brandon McManus was perfect on the day with six field goals, including two from more than 50 yards.

New England seemed to be okay with allowing Denver to run the ball and holding them to just field goals. Keeping the team out of the end zone like the Patriots did could’ve been a winning game plan if the offense was able to get anything going on Sunday.

The offense’s struggles were apparent, and turnovers were the most glaring issue. The two interceptions Newton threw

came on passes tipped at the line of scrimmage.

When asked about the interceptions, the former MVP said, “Collectively offensively we knew what the keys were, and we didn’t uphold our end of the bargain.”

Coaching is something rarely criticized in New England, but Belichick did have a few head-scratching moments on Sunday. Down 18-3 with 12:56 to go in the fourth, the Patriots faced third down and three to go. James White appeared to lunge forward for the first down but was spotted a full yard short. Belichick elected not to challenge the spot and punted.

When asked if there was ever a thought to challenge the ruling, Belichick was characteristically short-winded.

After a long glare, the Patriots head coach grumbled, “No. Not really.”

Following the punt, the Patriots defense held true once more. The New England

offense then marched down the field for a touchdown. The score put the game at 18-9 with 8:31 remaining. With an extra point making it an eight-point game, Belichick opted to go for two. The conversion failed and left the Patriots down two scores.

Belichick didn’t have much to say about the decision after the game.

“We thought it was the best thing to do at that point,” explained Belichick.

Two interceptions by JC Jackson and Jonathon Jones gave the Pats life late in the game. The first pick came when Jackson turned around in time to see an errant throw from Drew Lock and made the play. Jackson returned the ball to the Denver 25-yard line. The Patriots offense only mustered three points on the Jackson pick, however.

The second interception was an incredible play on a deep shot from Lock. Lock overthrew his receiver and the ball

was tipped by Tim Patrick, but Jones made the adjustment and caught the ball.

Needing a touchdown, the Patriots offense pulled out all the stops. Julian Edelman completed two passes. One was a familiar double pass in which Newton passes to Edelman, who throws back across the field to James White. The second was a pass to Newton reminiscent of the “Philly Special” used against New England in Super Bowl LII. Despite the success of these gadget plays, the Patriots came up short when it mattered most. On fourth-and-10, Newton misfired a pass to an open N’Keal Harry.

“I was just trying to give [Harry] a chance,” noted Newton.

The Patriots will get another chance on Sunday afternoon. They’ll be at Gillette Stadium once again to face off against the San Francisco 49ers at 4:25 p.m. ET.