

## UNH Researcher Chosen to Head State Task Force on Breastfeeding

By [Erika Mantz](#)  
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DURHAM, N.H. -- Kathleen Kendall-Tackett, a research associate in the University of New Hampshire's Family Research Laboratory, has been named chair of the New Hampshire State Breastfeeding Promotion Task Force.

Kendall-Tackett, whose primary areas of research are maternal mental health, family violence and breastfeeding, has been on the task force since its inception in 1995. It was started in an effort to reach out to low-income women and to break down the stereotypes about breast feeding.

"The task force is a resource for information for women as well as care providers," she says.

The task force was behind the recent passage of a bill protecting breast feeding in public and is currently working to make breast feeding more accessible in the work place.

"We will continue to fight the stereotypes and make sure women have the resources and support they need to make the decision that is best for them," Kendall-Tackett says.

Kendall-Tackett's book "The Hidden Feelings of Motherhood: Coping with Mothering Stress, Depression and Burnout" will be published in May. She is also co-chair of the University of New Hampshire's Family Violence Research Conference this July.

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