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UNH Celebrates Women's History Month

By Erika Mantz
UNH News Bureau

February 27, 2001

DURHAM, N.H. -- March is Women's History Month, and organizers at the University of New Hampshire hope to reach people of all ages with a diverse calendar featuring programs on everything from history and crafts to reducing stress and caring for elderly parents. All events are free and open to the public, except for two breakfast lectures.

The theme of this year's celebration is "Caring for Ourselves and Our Community."

"We recognized that there really seems to be an interest among women in caring not only for themselves, but for their family and community," says Jane Stapleton, coordinator of the UNH President's Commission on the Status of Women. "We also tried to recognize women's accomplishments and contributions, and to celebrate our history. Unfortunately, it's a history we don't learn through traditional means."

In keeping with that effort, "The History of Women at UNH," a 12-panel exhibit that documents the role of women at the university, will have its first public showing March 27-29 in room 203 of the Memorial Union Building. An opening reception will be held March 27 from 4 to 5:30 p.m.

"The biggest complaint I hear from people is that they have no time," says Barbara Sirois Doyle, educational program coordinator for the women's commission. "We made a conscious decision to include many choices and times, and it's our hope that a student looking for stress relief, a staff member in the position of caring for an elderly parent, and a town resident with no connection to the university will all find something for themselves or something they can relate to a woman they care about."
The following events are sponsored by the President's Commission on the Status of Women, Administrative Office Professionals, Departments of Art and Art History, the Office of Sustainability Programs, the Sexual Harassment and Rape Prevention Program, Waysmeet Center and the Women's Studies Program.

**Schedule of Events**

**March 1:** Brown Bag Lunch with Joanne Stella, student attorney, "Read the Fine Print." MUB Room 330, 12:40 to 2 p.m.

"Herbal Dream Crafts" with Barbara Sirois Doyle. Create a dream pillow, journal and more Hubbard Rec Lounge, 7 p.m.

**March 2:** Brown Bag Lunch for women faculty. MUB Room 338, noon to 2 p.m.

**March 2, 9, 16, 23, and 30:** T-shirt making for the Clothesline Project. SHARPP office, Huddleston Hall, 9 a.m. to 3:30 p.m.

**March 5-9 and March 19-23:** Women's Studies Book and Bake Sale. 203 Huddleston Hall, 11 a.m. to 2 p.m.

**March 6:** Networking breakfast with Sarah Smith, Cooperative Extension, "They Sawed Up A Storm." Oak Room, Huddleston Hall, 8-9:30 a.m. Registration required. $4 admission includes a continental breakfast.

Escape the Stresses of March: Self-Care and Nurture Workshop "Healing Connections: An Introduction to Reiki." Location TBA, 7 to 8:30 p.m.

**March 8:** Brown Bag Lunch Series with Nancy Puglisi, USNH, "Walking Meditation." MUB 334/336, 12:40 to 2 p.m.

Walk the Labyrinth. Strafford Room, 10 a.m. to 4 p.m.

**March 13:** Brown Bag Lunch Series with Amy Coombs, NP, "Healthy Options During Menopause." Health Services Conference room, 2nd floor, 12:40 to 2 p.m.

**March 15:** AOP Conference, "Developing
Professionally, Growing Sustainably." MUB, 8 a.m. to 4:30 p.m.

March 20: Brown Bag Lunch Series with Beth Beaudin, Women's Imaging Center, "Breast Health." MUB 338, 12:40 to 2 p.m.

Escape the Stresses of March: Self-Care and Nurture Workshop, "Healing Power of Music." Location TBA, 7 to 8:30 p.m.

March 21: Marilla Ricker Reading. Huddleston Hall, 10 a.m. to 2 p.m.

Soup Group on "Women's Spirituality and Religion." Waysmeet Student Center, 6 to 8 p.m.

March 22: Brown Bag Lunch Series with Lorraine Carter, "Caring for Your Elderly Parents." MUB Room 334/336, 12:40 to 2 p.m.

March 26: "Herbal Face and Body Care" with Barbara Sirois Doyle. Create herbal crafts for the face and body. Hubbard Rec Lounge, 7 p.m.

March 27: "The History of Women at UNH Exhibit." MUB 203, noon to 8 p.m.

Opening Reception for "The History of Women at UNH Exhibit." MUB 203, 4 to 5:30 p.m.

Escape the Stresses of March: Self-Care and Nurture Workshop, "Healing Moves." Location TBA, 7 to 8:30 p.m.

March 28 & 29: "The History of Women at UNH Exhibit." MUB 203, 9:30 a.m. to 8 p.m.

March 28: Networking Breakfast with Faye Doria, Financial Planner, "Money 101." Oak Room Huddleston Hall, 8 to 9:30 a.m. Registration required. $4 admission includes a continental breakfast.

Talk by Carol Aronson-Shore, Professor Emeritus Art, "Sarah Josepha Hale: The Creative Process." MUB 203, 2:30 p.m.

March 29: Brown Bag Lunch Series with Jennifer Tessler, "Eating Closer to the Earth." MUB Room
334/336, 12:40 to 2 p.m.

Talk and video presentation by Barbara White, Professor Emeritus Women's Studies, "True Light: The Life of Marilla Ricker." MUB Room 334/336, 2:30 to 3:30 p.m.

Eleanor Munro, author of "Originals" will be talking on "Reconfiguring Modernism: American Women Originals." PCAC A204, 4 p.m.

**March 30:** Women in Science poster display. Presenters available noon to 3 p.m. Morse Hall atrium, 9 a.m. to 3 p.m.

**March 31:** Women's Spirituality Celebration with Rev. Mary Westfall and Penny Morrow. Durham Community Church Fellowship Hall, 9:30 a.m. to 12:30 p.m.

For more information, call the women's commission at (603) 862-1058.