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Volunteers Sought for UNH Therapeutic Riding Program

By [Sharon Keeler](#)
UNH News Bureau

June 6, 2002

DURHAM, N.H. -- The University of New Hampshire Therapeutic Horseback Riding Program is seeking volunteers for its summer session.

Training and orientation takes place Wednesday, June 19, 2002, at 7 p.m. in the Light Horse Classroom at the UNH Horse Barns. No prior experience with horses is necessary.

Summer session classes will be held Tuesdays, Wednesdays and Thursdays from 1 to 3:30 p.m., beginning July 9 and ending August 15. Help will also be needed before and after lessons.

The UNH Therapeutic Riding Program provides recreational and therapeutic activities to children and adults with a variety of physical, mental and emotional disabilities. Benefits include improved balance, coordination, posture and muscle tone, increased sensory stimulation, and enhanced attention span, motor planning and fine and gross motor skills. The setting and activities of therapeutic riding also help develop communication skills, positive social interactions, confidence and self esteem.

Volunteers have direct contact with students, helping to insure a safe and fun environment, while also helping students achieve their therapeutic and educational goals. Time commitment is flexible, and can be as little as 45 minutes, one day per week.

For more information, contact the UNH Therapeutic Riding Program at 603-862-0131.

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