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UNH Hosts School Professionals at July 9 18 Summer Institute on Nutrition and Fitness

Sharon Keeler

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Contact [Sharon Keeler](#)
UNH News Bureau
(603) 862-1566

July 2, 2003

DURHAM, N.H. -- An institute to be held at the University of New Hampshire Memorial Union Building July 9 to 18 will teach school professionals how to develop and implement innovative nutrition and physical activity programs into their schools and communities.

UNH's "Team Nutrition Summer Institute," now in its seventh year, is a U.S. Department of Agriculture initiative designed to promote nutrition, as well as health and exercise programs for school children, their families and the community. It is the only one of its kind in the United States, and is sponsored by UNH's Department of Health Management and Policy.

The institute is a two-week residential academic program geared toward school professionals, including principals, teachers, food service professionals and nurses. It provides training and materials to encourage educators to introduce new nutrition and physical activity programs in their schools and communities.

Topics at this year's institute include nutrition education, menu creation, health assessment, and working with local school boards to make change.

For more information contact Tamara Martin at 603-862-3461, or e-mail at tamara.martin@unh.edu.

Editors/News Directors:

Professionals from the following locations will be participating: Alton, Bristol, Brookline, Center Sandwich, Conway, Dunbarton, Exeter, Henniker, Hudson, Interlakes, Keene, Litchfield, Manchester, Merideth, Pembroke, Portsmouth, Raymond, Rockingham County and Strafford County.

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