5-7-2003

UNH Celebrates Seacoast Bike and Walk to Work Day May 15

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May 7, 2003

DURHAM, N.H.-- The University of New Hampshire Office of Sustainability Programs and Transportation Services will join Seacoast Area Bicycle Routes (SABR) and other communities May 15, 2003, to celebrate the NH Seacoast Bike and Walk to Work Day.

UNH will host a Commuter Breakfast Station in the courtyard of Dimond Library from 7 to 9 a.m. Project partners SABR, UNH Transportation Services and the Office of Sustainability Programs will be joined by the UNH Cycling Team at the UNH station to greet commuters and provide free breakfast and educational materials. Each biker or walker can sign up to win bicycle accessories provided by local businesses.

For those whose commute is too long to do entirely by bicycle, most UNH Wildcat Transit buses are equipped with user friendly bike racks that will get riders part of the way -- or take them home if they want to ride one direction.

Across the nation, communities are holding events in recognition of May 12-16 as the National Bike-to-Work Week by the League of American Bicyclists. Throughout the New Hampshire seacoast community, cyclists and walkers can stop at six centrally located Commuter Breakfast Stations in Portsmouth, Exeter, Dover and Stratham.

UNH celebrates the Seacoast Bike and Walk to Work Day as part of Alternative Transportation Day programming which is held throughout the year to encourage participation in and raise awareness about the variety of transportation services available at UNH. Alternative Transportation Days are an educational program of OSP's Climate Education Initiative.

The transportation services, including car and van pooling, bicycle programs and bus services are alternative transportation options guided by Transportation Demand Management (TDM) principles,
provided at UNH through Transportation Services.

TDM is a systemic effort to increase transportation options and access while reducing dependence on single occupancy vehicles. The benefits of TDM are the reduction in greenhouse gas emissions, air pollution and congestion.

For more information, contact Leigh Dunkelberger, UNH Office of Sustainability Programs at 603-862-5039 or leighd@unh.edu or the NH Seacoast Bike and Walk to Work Day website at http://www.seacoastbikes.org.

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