

CRYSTAL LAKE

2023 SAMPLING HIGHLIGHTS

Station – 1 Deep

Enfield, NH



Extension

Water quality data displayed in Tables 1 and 2 are surface water measurements with the exception of the dissolved oxygen data that are collected near the lake bottom. Summary statistics are provided for samples collected between June 15 and October 3, 2023.

Blue = Oligotrophic

Yellow = Mesotrophic

Red = Eutrophic

Gray = No Data

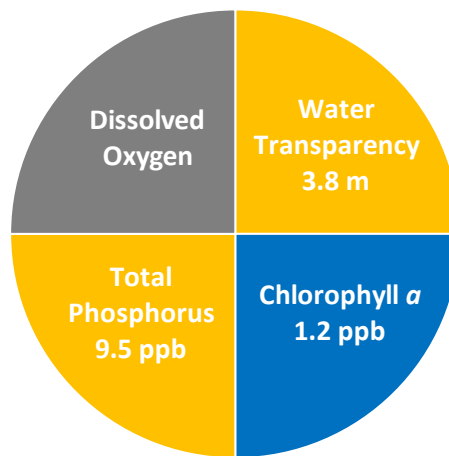


Figure 1. Crystal Lake Water Quality (2023)

Table 1. 2023 Crystal Lake Seasonal Averages and NH DES Aquatic Life Nutrient Criteria¹

Parameter	Oligotrophic "Excellent"	Mesotrophic "Fair"	Eutrophic "Poor"	Crystal Lake Average (range)	Crystal Lake Classification
Water Clarity (meters)	4.0 – 7.0	2.5 - 4.0	< 2.5	3.8 meters (range: 3.0 – 4.5)	Mesotrophic
Chlorophyll α ¹ (ppb)	< 3.3	> 3.3 – 5.0	> 5.0 – 11.0	1.2 ppb (range: 0.7 – 1.8)	Oligotrophic
Total Phosphorus ¹ (ppb)	< 8.0	> 8.0 – 12.0	> 12.0 – 28.0	9.5 ppb (range: 7.6 – 11.8)	Mesotrophic
Dissolved Oxygen (ppm)	5.0 – 7.0	2.0 – 5.0	<2.0	Not Assessed	Not Assessed

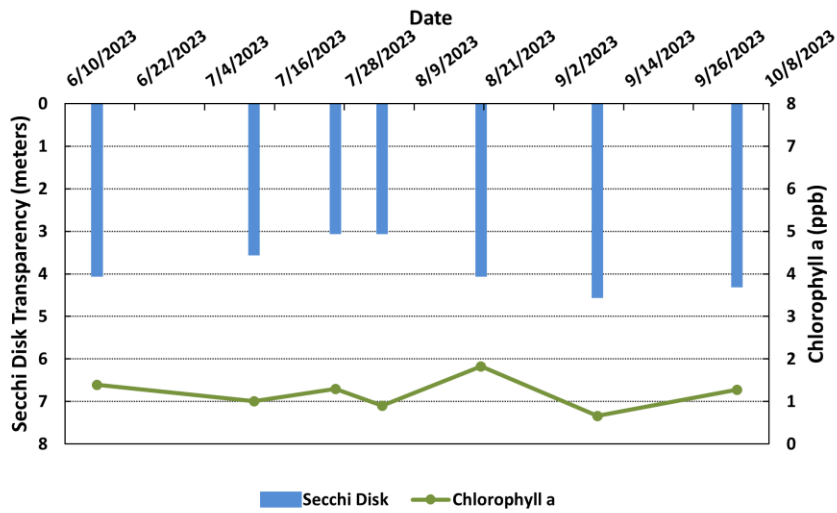
Table 2. 2023 Crystal Lake Seasonal Average Accessory Water Quality Measurements

Parameter	Assessment Criteria					Crystal Lake Average (range)	Crystal Lake Classification
	< 10 uncolored	10 – 20 slightly colored	20 – 40 lightly tea colored	40 – 80 tea colored	> 80 highly colored		
Color (color units)	< 10 uncolored	10 – 20 slightly colored	20 – 40 lightly tea colored	40 – 80 tea colored	> 80 highly colored	62.5 color units (range: 38.2 – 81.4)	Tea colored
Alkalinity (ppm)	< 0.0 acidified	0.1 – 2.0 extremely vulnerable	2.1 – 10 moderately vulnerable	10.1 – 25.0 low vulnerability	> 25.0 not vulnerable	7.1 ppm (range: 5.7 – 8.5)	Moderately vulnerable
pH (std units)	< 5.5 suboptimal for successful growth and reproduction		6.5 – 9.0 optimal range for fish growth and reproduction			Not Assessed	Not Assessed
Specific Conductivity (μ S/cm)	< 50 μ S/cm Characteristic of minimally impacted NH lakes		50-100 μ S/cm Lakes with some human influence	> 100 μ S/cm Characteristic of lakes experiencing human disturbances		Not Assessed	Not Assessed

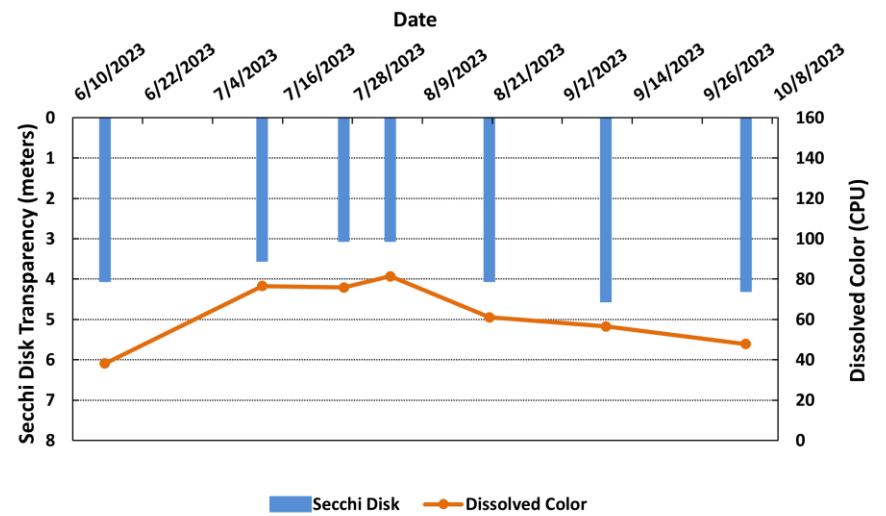
Strategies to stabilize and improve water quality

Implement Best Management Practices (BMPs) within the Crystal Lake watershed to minimize the adverse impacts of polluted runoff and erosion into Crystal Lake. Refer to [Landscaping at the Water's Edge: An Ecological Approach](#) and [New Hampshire Homeowner's Guide to Stormwater Management: Do-it-yourself Stormwater Solutions for Your Home](#) for more information on how to reduce nutrient loading caused by overland runoff. NH Lakes also provides a series of resources aimed at educating residents and protecting our lakes and ponds through the [LakeSmart](#) program.

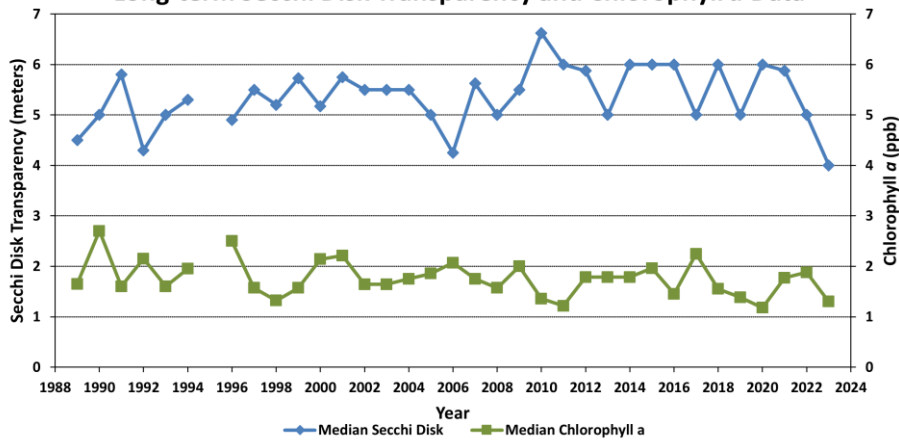
**Figure 2. Crystal Lake - Site 1 Deep (2023 Seasonal Data)
Secchi Disk Transparency and Chlorophyll *a* Data**



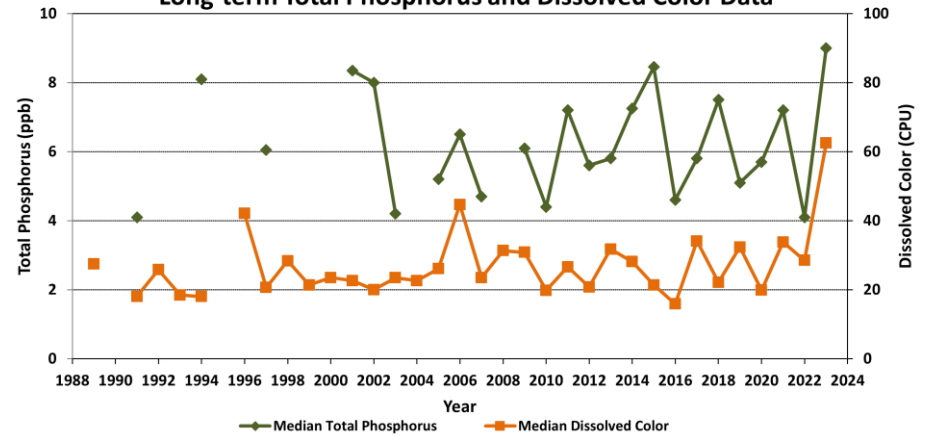
**Figure 3. Crystal Lake - Site 1 Deep (2023 Seasonal Data)
Secchi Disk Transparency and Dissolved Color Data**



**Figure 4. Crystal Lake - Site 1 Deep (1989-2023)
Long-term Secchi Disk Transparency and Chlorophyll *a* Data**



**Figure 5. Crystal Lake- Site 1 Deep (1989-2023)
Long-term Total Phosphorus and Dissolved Color Data**



Figures 2 and 3. Seasonal comparison of Crystal Lake water transparency (Secchi Disk depth), chlorophyll *a* and dissolved color for 2023. Shallower water transparency measurements oftentimes correspond to increases in chlorophyll *a* and/or color concentrations.

Figures 4 and 5. Annual median Crystal Lake water transparency, chlorophyll *a*, dissolved color and total phosphorus concentrations measured between 1989 and 2023. The long-term data provide insight into the water quality fluctuations, among years, that have been documented in Crystal Lake.

Figure 6. Crystal Lake
Total Phosphorus inter-comparison

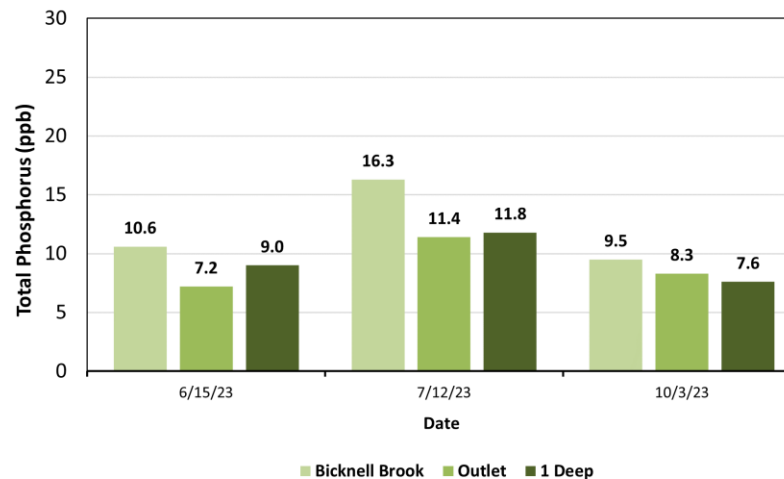


Figure 6. Total phosphorus comparison between Crystal Lake and two of its tributaries.

Data Interpretation: Overview of factors to consider when reviewing the Crystal Lake data

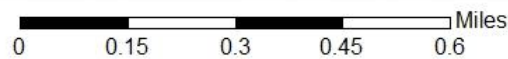
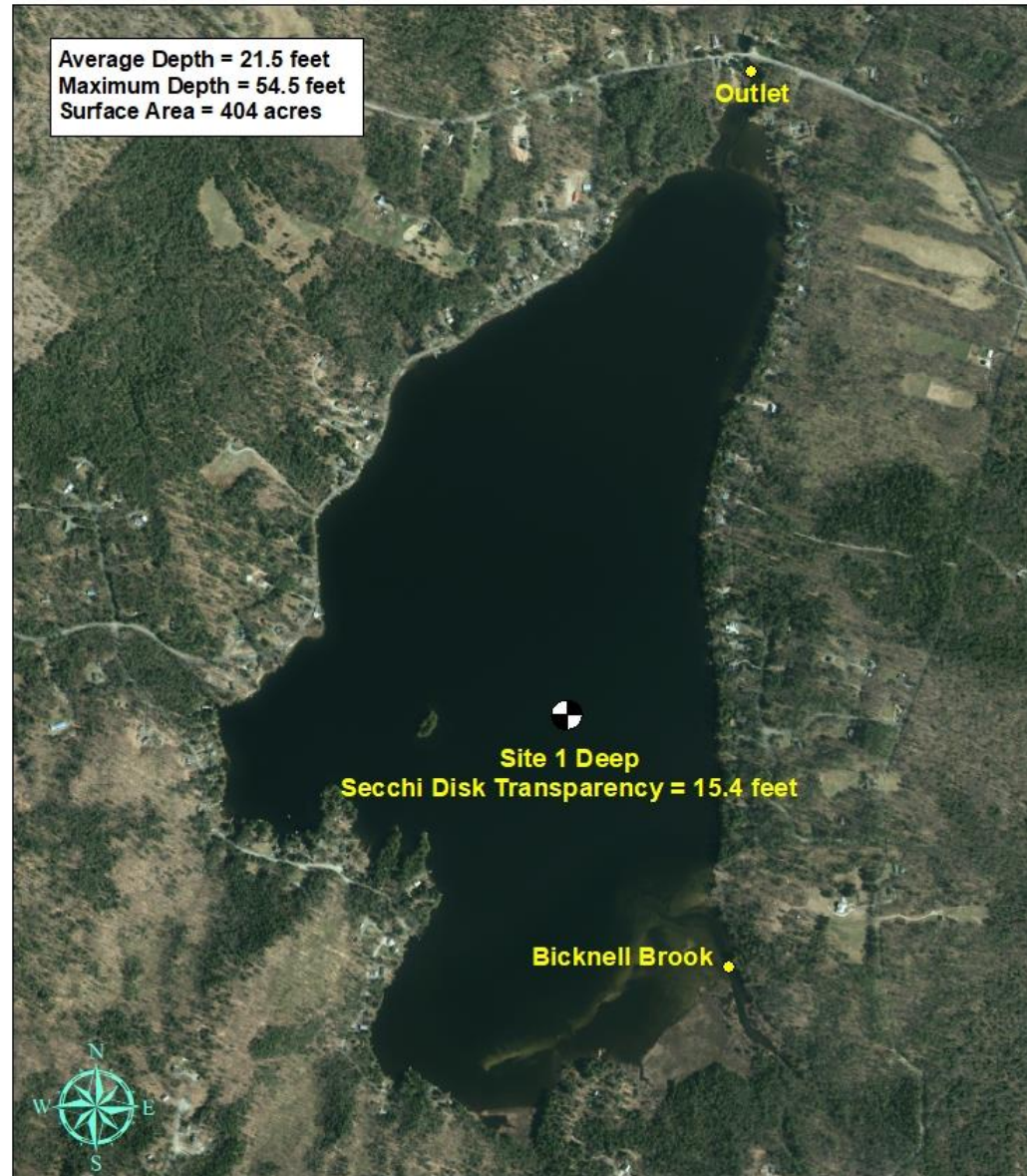
This highlight report provides a general overview of the current and historical conditions of Crystal Lake. The report is intended to provide a simple assessment of the water quality trends. Should you have additional questions about interpreting your water quality results, we would be happy to discuss the data with you and/or any concerns you may have. In general, some factors that influence the current and long-term water quality results/trends for our New Hampshire lakes and ponds include:

- **Land-use Patterns** within the watershed (drainage basin) – Research indicates land use patterns have an impact on how much phosphorus (nutrient) is washing into our lakes. In general, more urbanized watersheds have a greater degree of phosphorus runoff than highly forested/vegetated drainage areas.
- **Weather Patterns** – Rainfall and temperature can influence water quality. Wet periods, and overland runoff, tend to be a time when elevated nutrients and other pollutants are transported into our lakes. Temperature can also influence water quality conditions since many aquatic plants and algae tend to respond to changing seasonal conditions. Unusually warm periods are sometimes tied to short-term algal and cyanobacteria blooms.
- **Best Management Practices (BMPs)** – The presence/absence of best management practices can have an interplay on water quality. BMPs are measures that are used to manage nutrients and other pollutants that could otherwise make their way into our lakes. Properties that employ BMPs, designed specifically to remove pollutants of concern (e.g. sediments and phosphorus), are less likely to contribute nutrients and other pollutants into our lakes.
- **Temperature (Thermal) Stratification** – Many lakes become thermally stratified during the summer months and may form three distinct thermal layers: upper water layer (epilimnion), middle lake layer (metalimnion) and bottom cold-water layer (hypolimnion). These thermal zones form a barrier to lake mixing, during the summer months, and can coincide with differences in dissolved oxygen and specific conductivity through the water column.
- **Internal Nutrient Loading** (nutrients that are introduced from the sediments along the lake bottom) – Some of our lakes experience significant internal nutrient loading. Such lakes generally tend to be well stratified and exhibit increasing deep water phosphorus concentrations, relative to surface levels. Lakes that exhibit internal nutrient loading may also exhibit increasing deep water specific conductivity concentrations (a measure of dissolved materials) through the summer months.

Figure 7. Crystal Lake

Enfield, NH

2023 deep and nearshore sampling sites and the seasonal average water clarity



Aerial Orthophoto Source: NH GRANIT
Site location GPS coordinates collected by the UNH Center for Freshwater Biology



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