

DOWNING POND

2022 SAMPLING HIGHLIGHTS

Station Deep

New Durham, NH



Blue = Oligotrophic

Yellow = Mesotrophic

Red = Eutrophic

Gray = No Data

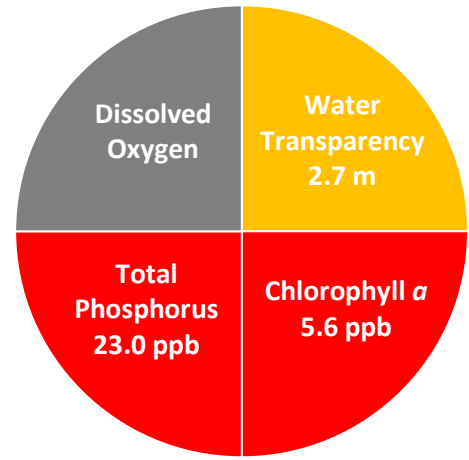


Figure 1. Downing Pond Water Quality (2022)

Water quality data displayed in Tables 1 and 2 are surface water measurements with the exception of the dissolved oxygen data that are collected near the lake bottom. Summary statistics are provided for monthly samples collected between May 23 and September 26, 2022.

Table 1. 2022 Downing Pond Seasonal Averages and NH DES Aquatic Life Nutrient Criteria¹

Parameter	Oligotrophic "Excellent"	Mesotrophic "Fair"	Eutrophic "Poor"	Downing Pond Average (range)	Downing Pond Classification
Water Clarity (meters)	4.0 – 7.0	2.5 - 4.0	< 2.5	2.7 meters (2.6 – 2.8)	Mesotrophic
Chlorophyll <i>a</i> ¹ (ppb)	< 3.3	> 3.3 – 5.0	> 5.0 – 11.0	5.6 ppb (4.4 – 7.1)	Eutrophic
Total Phosphorus ¹ (ppb)	< 8.0	> 8.0 – 12.0	> 12.0 – 28.0	23.0 ppb (16.8 – 27.9)	Eutrophic
Dissolved Oxygen (ppm)	5.0 – 7.0	2.0 – 5.0	<2.0	Not Assessed *	Not Assessed

* Downing Pond did not develop a stable mid or deep water layer that is the basis for the dissolved oxygen classification criteria.

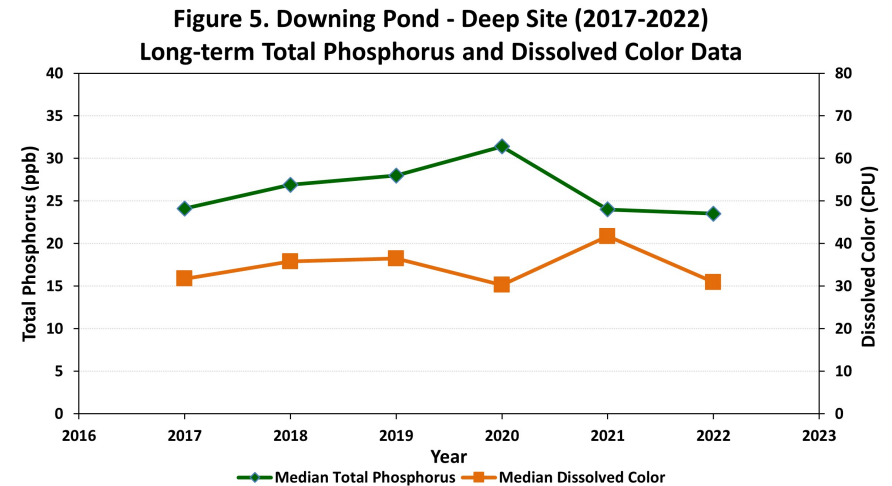
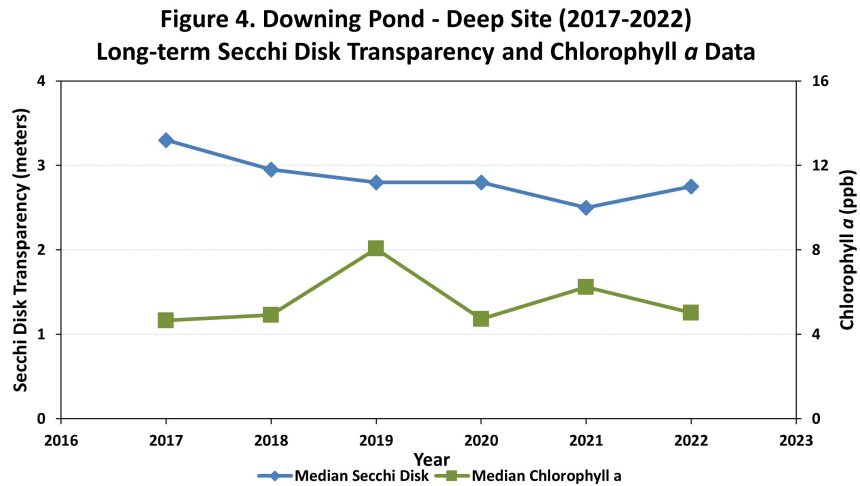
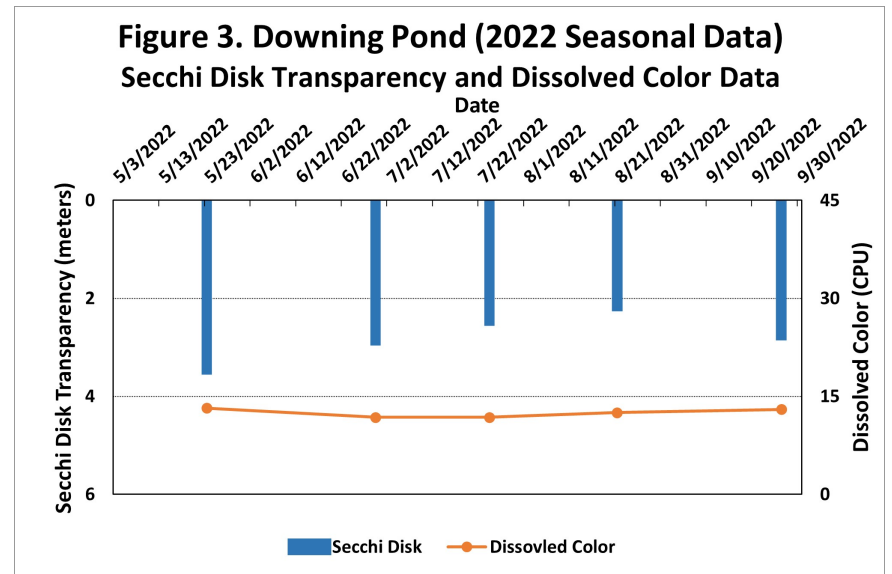
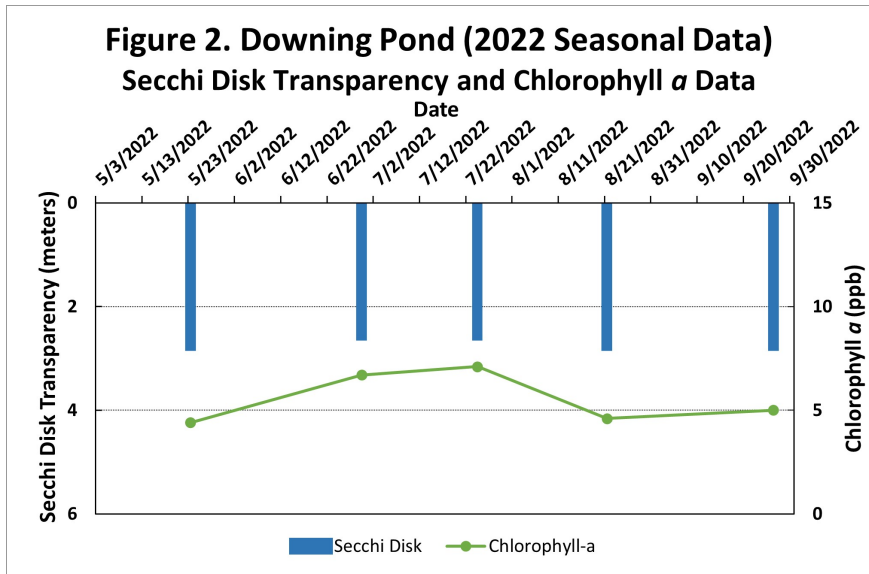
Table 2. 2022 Downing Pond Seasonal Average Accessory Water Quality Measurements

Parameter	Assessment Criteria					Downing Pond Average (range)	Downing Pond Classification
	< 10 uncolored	10 – 20 slightly colored	20 – 40 lightly tea colored	40 – 80 tea colored	> 80 highly colored		
Color (color units)	< 10 uncolored	10 – 20 slightly colored	20 – 40 lightly tea colored	40 – 80 tea colored	> 80 highly colored	31.2 color units (range: 23.7 – 38.3)	Lightly tea colored
Alkalinity (ppm)	< 0.0 acidified	0.1 – 2.0 extremely vulnerable	2.1 – 10 moderately vulnerable	10.1 – 25.0 low vulnerability	> 25.0 not vulnerable	7.9 ppm (range: 7.2 – 8.4)	Moderately vulnerable
pH (std units)	< 5.5 suboptimal for successful growth and reproduction		6.5 – 9.0 optimal range for fish growth and reproduction			6.5 standard units (range: 6.4 – 7.5)	Optimal range for fish growth and reproduction
Specific Conductivity (μ S/cm)	< 50 μ S/cm Characteristic of minimally impacted NH lakes		50-100 μ S/cm Lakes with some human influence	> 100 μ S/cm Characteristic of lakes experiencing human disturbances		58.9 μ S/cm (range: 56.9 – 59.8)	Characteristic of lakes with some human influence

Strategies to stabilize and improve water quality

Review the "Merrymeeting Lake & River Watershed Management Plan" that provides background information and offers potential solutions to existing water quality problems. Homeowners within the Downing Pond watershed may want to consider implementing measures that minimize the adverse impacts of polluted runoff and erosion into Downing Pond. Refer to "Landscaping at the Water's Edge: An Ecological Approach" and "New Hampshire Homeowner's Guide to Stormwater Management: Do-It-Yourself Stormwater Solutions for Your Home" for more information on how to reduce nutrient loading caused by overland run-off. NH Lakes also provides a series of resources aimed at educating residents and protecting our lakes and ponds.

- https://www.alton.nh.gov/forms/conservation/MM_FINAL_WMP_092019.pdf
- https://extension.unh.edu/resources/files/Resource004159_Rep5940.pdf
- <https://www.des.nh.gov/sites/g/files/ehbemt341/files/documents/2020-01/homeowner-guide-stormwater.pdf>
- <https://nhlakes.org/lakesmart-resource-library/>



Figures 2 and 3. Seasonal comparison of Downing Pond water transparency (Secchi Disk depth), chlorophyll *a* and dissolved color for 2022. Shallower water transparency measurements oftentimes correspond to increases in chlorophyll *a* and/or color concentrations.

Figures 4 and 5. Annual median Downing Pond water transparency, chlorophyll *a*, dissolved color and total phosphorus concentrations measured between 2017 and 2022, through the New Hampshire Lakes Lay Monitoring Program. The long-term data provide insight into the water quality fluctuations, among years, that have been documented in Downing Pond.

Figure 6. Downing Pond - Site Deep
Temperature Profiles (May 23 through September 26, 2022)

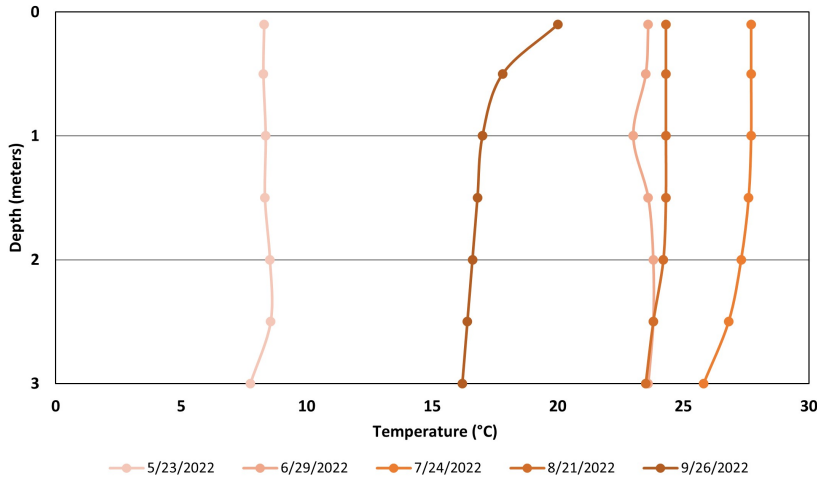


Figure 7. Downing Pond - Site Deep
Dissolved Oxygen Profiles (May 23 through September 26, 2022)

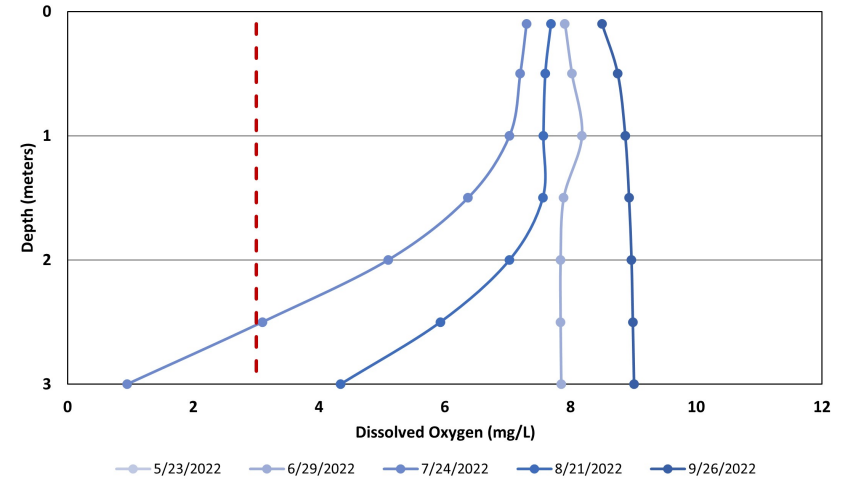


Figure 8. Downing Pond - Site Deep
Specific Conductivity Profiles (May 23 through September 26, 2022)

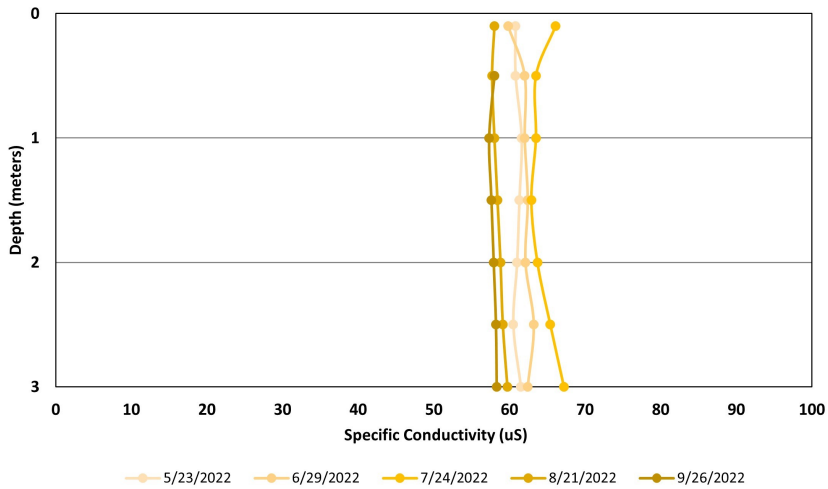
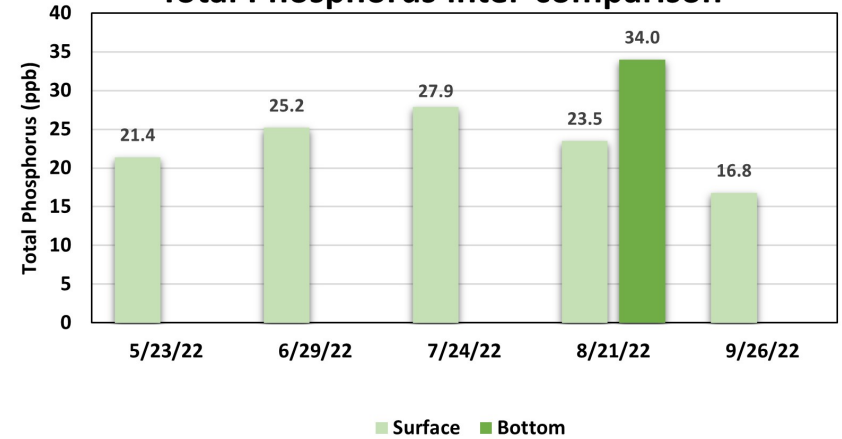


Figure 9. Downing Pond - Site Deep
Total Phosphorus inter-comparison



Figures 6, 7 and 8. Temperature, dissolved oxygen and specific conductivity profiles displaying the water quality differences in 0.5-meter increments. Notice the decreasing dissolved oxygen concentrations, near the lake bottom, through the season. The dashed vertical red line in Figure 7 displays the dissolved oxygen threshold for the successful growth and reproduction of warm water fish such as bass and perch.

Figure 9. Total phosphorus comparison between the surface (epilimnion) and bottom water (hypolimnion) zones. Notice the differences in the bottom water total phosphorus concentrations, relative to surface water concentrations.

**Table 3. Merrymeeting River Watershed Lakes (Alton and New Durham)
(2022 water quality data collected between May 23 and October 19)**

Lake	Average (range) Secchi Disk Transparency (meters)	Average (range) Chlorophyll- <i>a</i> (ppb)	Average (range) Total Phosphorus (ppb)	Average (range) Dissolved Oxygen (ppm)
Merrymeeting Lake	10.6 meters (range: 9.6 – 12.9)	0.7 ppb (range: 0.4 – 1.3)	5.1 ppb (range: 2.8 – 11.7)	10.1 ppm (range: 5.8 – 12.5)
Marsh Pond	2.9 meters (range: 2.2 – 3.7)	21.9 ppb (range: 5.2 – 86.2)	34.4 ppb (range: 18.1 – 85.0)	2.0 ppm (range: 0.1 – 6.5)
Jones Pond	3.2 meters (range: 2.2 – 3.8)	7.3 ppb (range: 4.9 – 11.0)	22.2 ppb (range: 15.0 – 27.8)	1.5 ppm (range: 0.2 – 3.9)
Downing Pond	2.7 meters (range: 2.6 – 2.8)	5.6 ppb (range: 4.4 – 7.1)	23.0 ppb (range: 16.8 – 27.9)	-----
Wentworth Pond	3.3 meters (single value)	6.1 ppb (single value)	18.1 ppb (single value)	0.9 ppm (range: 0.2 – 1.6)

- Water quality data are reported for a deep reference sampling location in each water body
- Dissolved oxygen measurements were taken late season and from the bottom water layer (metalimnion or hypolimnion)
- ----- indicates the site is too shallow to form a bottom water layer

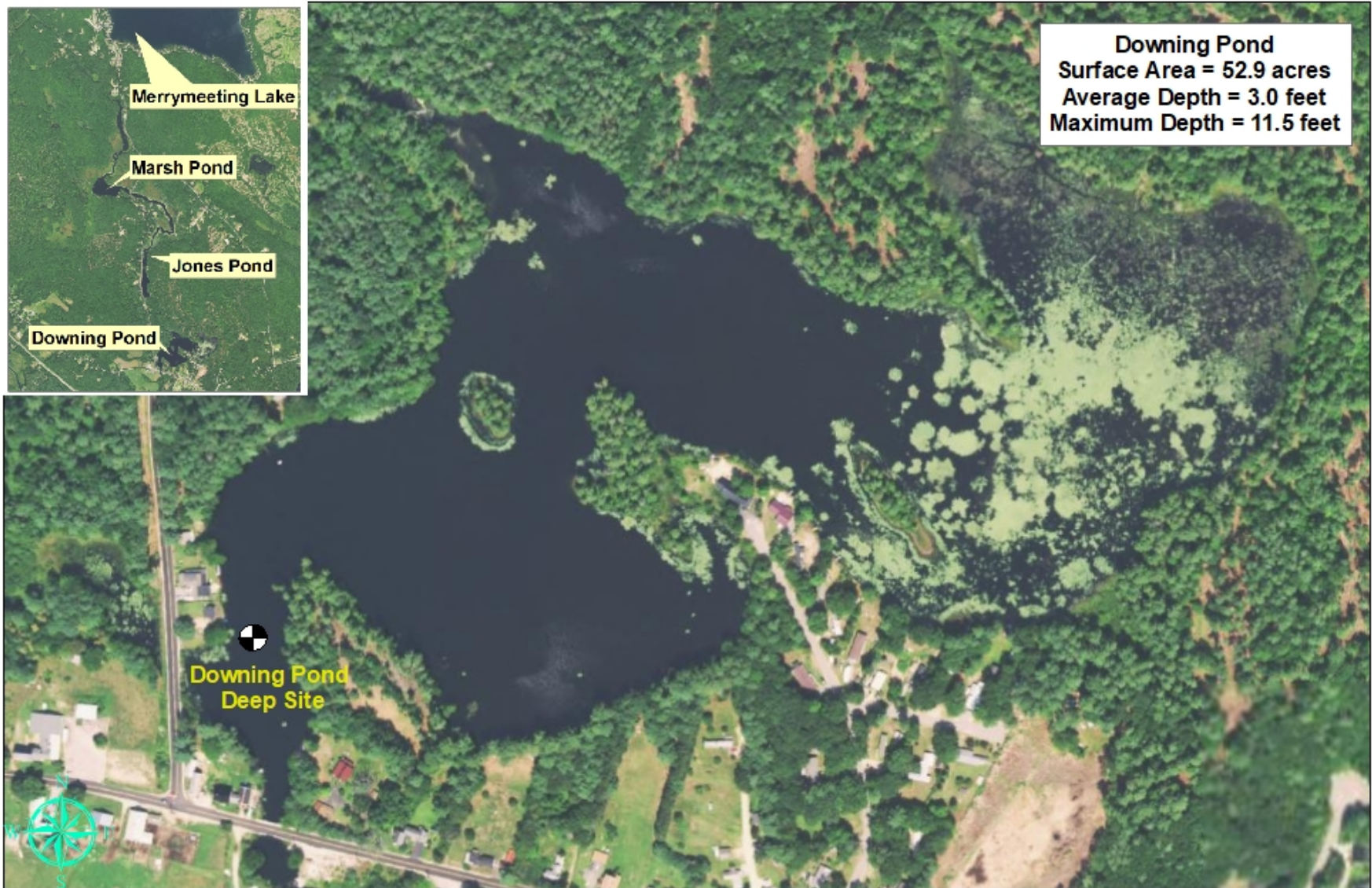
Data Interpretation: Overview of factors to consider when reviewing the Downing Pond data

This highlight report provides a general overview of the current and historical conditions of Downing Pond. The report is intended to provide a simple assessment of the water quality trends. Should you have additional questions about interpreting your water quality results, we would be happy to discuss the data with you and/or any concerns you may have. In general, some factors that influence the current and long-term water quality results/trends for our New Hampshire lakes and ponds include:

- **Land-use Patterns** within the watershed (drainage basin) – Research indicates land use patterns have an impact on how much phosphorus (nutrient) is washing into our lakes. In general, more urbanized watersheds have a greater degree of phosphorus runoff than highly forested/vegetated drainage areas.
- **Weather Patterns** – Rainfall and temperature can influence water quality. Wet periods, and overland runoff, tend to be a time when elevated nutrients and other pollutants are transported into our lakes. Temperature can also influence water quality conditions since many aquatic plants and algae tend to respond to changing seasonal conditions. Unusually warm periods are sometimes tied to short-term algal and cyanobacteria blooms.
- **Best Management Practices (BMPs)** – The presence/absence of best management practices can have an interplay on water quality. BMPs are measures that are used to manage nutrients and other pollutants that could otherwise make their way into our lakes. Properties that employ BMPs, designed specifically to remove pollutants of concern (e.g. sediments and phosphorus), are less likely to contribute nutrients and other pollutants into our lakes.
- **Temperature (Thermal) Stratification** – Many lakes become thermally stratified during the summer months and may form three distinct thermal layers: upper water layer (epilimnion), middle lake layer (metalimnion) and bottom cold-water layer (hypolimnion). These thermal zones form a barrier to lake mixing, during the summer months, and can coincide with differences in dissolved oxygen and specific conductivity through the water column (Figures 6, 7 and 8).
- **Internal Nutrient Loading** (nutrients that are introduced from the sediments along the lake bottom) – Some of our lakes experience significant internal nutrient loading. Such lakes generally tend to be well stratified and exhibit increasing deep water phosphorus concentrations, relative to surface levels, during the summer months.

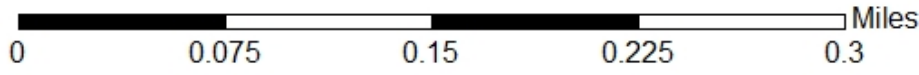
Figure 10. Downing Pond

New Durham, NH
2022 Deep water sampling site



Downing Pond
Surface Area = 52.9 acres
Average Depth = 3.0 feet
Maximum Depth = 11.5 feet

Downing Pond
Deep Site



Aerial Orthophoto Source: NH GRANIT
GPS Coordinates collected by the UNH Center for Freshwater Biology

