



YEAR IN REVIEW 2022 | Sullivan County

Program Spotlights: Along with an incredible 138% increase in 4-H enrollment in 2022, Sullivan County welcomed new 4-H volunteers including student assistance program staff, an art teacher, two family community coordinators, a school social worker, parent volunteers and a foster grandparent. Food and agriculture specialists supported 27 farmers with new pest management techniques including insect exclusion netting to reduce sprays, weather station data to inform the timing of pest/disease controls and soil moisture probes to guide irrigation. Extension staff procured over \$10,150 in funds to cover those training costs.



Ray Sprague

Edgewater Farm, Plainfield

“As farmers, the work that Extension has pivoted into, like farmer mental health, has been beneficial. People are starting to pay attention to the stresses and the unknowns of farming and the toll that can take on farmers and farm owners. It is not just physical health that is an issue, it is money, mental health and so on. Extension has had outreach to ensure that people know that there is help there for them. We have been part of the financial benchmarking pilot the last four years and it has improved us as a farm.”



Liz McNamara

McNamara Dairy, Plainfield

“The biggest thing that UNH Extension does for farmers is they make life easier. UNH Extension has extensive resources that we can tap into, which is a huge benefit, especially as farms are transitioning or trying to stay afloat or figuring out how to be viable in today’s economy. We rely on UNH Extension and the staff to help continue to adapt as agriculture continues to change in our society. Their ability to give us ideas and provide different perspectives allows us as a business to pivot and sustain as we continue to grow.”



Russell Edwards

Outgoing Chair, Advisory Council

“My first contact with Extension was through Dode Gladders, the county forester. I see that as a very important aspect because he comes out and advises landowners as to what they can do. In my case, that meant putting together a forest management plan and starting a tree farm. The work Extension does with farmers in the area, especially blueberry farmers, has been outstanding. Extension’s economic development work is going to show improvement for tourism and businesses in Sullivan County.”



SULLIVAN COUNTY BY THE NUMBERS | 2022

FUNDING

\$285,706

SULLIVAN CONTRIBUTIONS

\$527,876*

UNH CONTRIBUTIONS

Community and Economic Development

With support from a USDA grant, Extension is working with community members on projects that build the region's outdoor recreation economy

138%

Education and 4-H Youth Development

increase in 4-H enrollment with greatest increase in Newport and Grantham where after-school staff were screened as 4-H volunteers and at-risk youth were provided with a safe place for meaningful activities like cooking, art, sewing and community service

\$1M

Food and Agriculture

Extension is leading five local farm families through the complexities of transferring their businesses to the next generation. This work impacts **84** jobs with a combined payroll of \$1 million and keeps **2,365** acres of land in production.

54K procured in grants for services for local farmers

75

Health and Well-Being

professionals trained in Youth Mental Health First Aid®, including **18** school bus drivers

96% of these program participants reported an increased ability to respond to serious behavioral health issues such as substance use and suicidal thoughts

38

Natural Resources

Grantham residents participated in forest management programs in advance of the town's timber harvest. This harvest is promoting forest health and wildlife habitat and producing income for the town

VOLUNTEERS

137

VOLUNTEERS

10,731

HOURS

\$330K**

VALUE OF VOLUNTEER TIME

*In 2022, for every \$1 Sullivan County contributed, UNH provided \$1.85 of statewide resources

** State Value of Volunteer Time (NH): \$30.75; independentsector.org