



YEAR IN REVIEW 2022 | Rockingham County

Program Spotlight: Extension Foresters frequently establish long-lasting relationships with clients. Third-generation owners of an 80-acre woodlot reached out to Extension for help re-measuring a white pine growth and yield plot initially established 58 years earlier. First measured by an Extension Forester in 1963, the plot has been re-measured by Extension in 1965, 1967, 1985, 1992, 2012 and 2021. The landowners take great pride in maintaining the plot and are using the growth study to interest a fourth generation of landowners who they hope will be the future stewards of the land.



Terry Cook

Master Gardener, Newfields

“The reach of Extension is amazing to me – from forest management to food health to garden education to ocean education. From a volunteer perspective, there is simply something for everyone. From an end user’s perspective, there are so many valuable resources at their disposal. I have been involved with the Master Gardener program for just under ten years; it has provided great opportunities to work with fascinating people from all backgrounds while serving and educating people young and old. It has truly been the most rewarding period of my life.”



Leanne Miner

Flying M Farm, Fremont

“UNH Extension has resources that I gravitate towards. One is stewarding our natural resources and the other is helping farmers. I think Extension can help the county plan for age-friendly communities. Focusing on the social well-being of our senior citizens and aging population is important.”



Richard Barker

RiverWoods Continuing Care Retirement Community, Exeter

“I remember observing how Extension staff helped my parents in the home and on the farm. I could not wait to be old enough to join the local 4-H club. Thanks to well-prepared volunteers and staff, I excelled with various projects and in leadership development. Extension has changed over the years to meet ever-changing societal needs. But the same philosophy and values that I experienced as a child continue today. Extension’s staff recently provided excellent instruction at RiverWoods with raised garden beds and with a timber stand improvement educational demonstration and research project.”



ROCKINGHAM COUNTY BY THE NUMBERS | 2022

FUNDING

\$414,973

ROCKINGHAM
CONTRIBUTIONS

\$687,485*

UNH CONTRIBUTIONS

Education and 4-H Youth Development

200

youth joined 4-H following a marketing campaign to boost enrollment

Created new opportunities in teen leadership, STEM and outdoor education

Fostered new partnerships with local businesses such as the Port City Makerspace

Food and Agriculture

Trained livestock producers in food safety, qualifying them for certification to sell meat to local restaurants

Health and Well-Being

91%

of participants of the chronic disease and opioid misuse education program reported a decrease in pain interfering with their daily lives

Natural Resources

Extension helped RiverWoods Exeter Retirement Community protect **100** acres of forest through a permanent easement 20 years ago. Recently, Extension conducted a demonstration tree harvest on site to show how timber management can create economic value while maintaining the quality of the forest for recreational, wildlife and aesthetic benefits. Tours and presentations reached **111** people, encouraging others to consider the benefits of land conservation and forest stewardship

VOLUNTEERS

1,130

VOLUNTEERS

32,431

HOURS

\$997K**

VALUE OF VOLUNTEER TIME

*In 2022, for every \$1 Rockingham County contributed, UNH provided \$1.66 of statewide resources

** State Value of Volunteer Time (NH): \$30.75; independentsector.org