

Carroll & Belknap County 4-H Presents
Saturday, March 18, 2023, 9AM-1:00 PM
Location: Meredith Community Center, Meredith, NH

Please read this Event Criteria carefully and share this information with all participating members. All participants must be currently *enrolled* members of the Carroll County or Belknap County 4-H Programs. If you are uncertain of anyone's current enrollment status log into v2.4honline.com to check your account or contact your UNH Cooperative Extension office.

Join us for an Ice Cream Social just before the Awards Ceremony!

Age Categories:

Cloverbuds (5-7) Juniors (8-10) Intermediates (11-13) Seniors (age 14-18)

Registration & Deadlines

- Registration is required and is done through member's 4-H online account.
- Deadline for registration and item submission is Tuesday, **March 7, 2023**.
- Any entries, submissions, and presentations (photo, poster, demonstration, action exhibit, speech) which have been previously delivered at 4-H Presents may **NOT** be repeated. All presentations and submissions should be new work completed since October 1, 2022.

For all Events:

- Firearms may not be included in any 4-H presentation. For presentations related to firearms- models or photos may be used.
- Dressing appropriately for a presentation is very important. It is expected that youth will wear appropriate attire at any time they are exhibiting in a 4-H experience. Corporate sponsorship is unacceptable at 4-H shows. *Costume and accessories to enhance your presentation are always encouraged.*

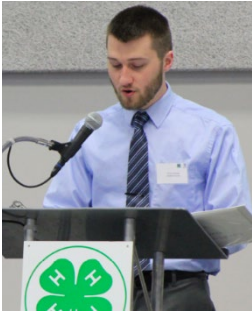
DEMONSTRATIONS

Demonstrations are simply the showing and telling of how to do something. It is an opportunity to practice important communication skills. 4-H demonstrations help members to plan, learn, and organize information to share with others. Many skills involved in 4-H demonstrations help youth with school work and develop career skills. Demonstrations can be done in any project or subject area. Science based demonstrations will use the new STEMonstratation scoresheet.



- Single Demo's or Teams of two demonstrators are permitted.
- Tables will be provided; all other equipment must be provided by the exhibitor.

PUBLIC SPEAKING



Public Speaking is a chance to research, organize facts and present a speech on an issue or topic of interest. The most important thing to let members know is to cover the topic adequately so the judges gain an understanding of what is being conveyed without unnecessary words.

4-H INTERPRETATIVE READING

4-H'ers read a favorite poem, story, famous speech, or part of a book. Reading out loud with expression is a skill that brings alive the message to the audience. It's okay to bring props to complement your reading.

- Time limit for all ages is 3-5mins.
- **Not eligible for State 4-H Presents.**

ACTION EXHIBITS

Action exhibits are an opportunity for up to three 4-H members to plan and implement an exhibit which comes to life through a combination of action, conversation, color and design. Action Exhibits. usually incorporate a “take-away” for participants.

Action Exhibit Suggestions:

Select a 4-H project, hobby or talent to share. The exhibit should have a catchy title.



- Presenter uses action, conversation, demonstration, color and design to teach their topic.
- Members must stay with their exhibit for the 45 minute period (bring enough supplies to last). Set up time is approximately 10 minutes.
- The presenter will teach the audience a new skill and have supplies and directions available. If instructions have a copyright, share information about how to find the source.
- Up to 3 youth can work as a team. Participants share equal roles in planning, preparing and doing the exhibit.
- Visual aides are an important educational tool. Bring your own display board to explain or describe the process or idea. Be sure to include the exhibitor(s), name(s) and age(s) and of course a 4-H clover.
- Tables will be provided. Table covers (provided by you) helps personalize your area.
- Please inform us of electrical requirements.

NH 4-H FLIX VIDEO CONTEST

Description

- Create a 3-5 minute video on just about any subject, including a personal introduction video (tell us where you belong) - tell us about yourself in the most creative way possible!
- Videos can include contestant's choice of music and video production techniques, including but not limited to; video footage, still photography, computer animation, stop motion animation, etc.
- Contestants will be judged on creativity, flow of the video, technical performance, and presentation skills in presenting their video to a panel of judges.
- Videos must be submitted to your county office by **Tuesday, March 7th**. You will receive submission directions in a email once you have registered.

Contest Rules

- Videos must be 3-5 minutes in length, including the credits.
- The video must have credits showing who participated in the creation of the video and what their roles were.
- Others who are not taking part in the contest may appear in the video, however, all editing and production of the video must be done by the contestants.
- All music, video, images and computer animations must be 4-H appropriate.
- Video must comply with copyright laws and 4-H emblem must be used appropriately.
- Photo releases must be submitted with the video for everyone appearing in the video.
- Parents, 4-H leaders and others are encouraged to inspire, guide and help with developing ideas for the video; however, the video must be the work of the 4-H'ers.

Definition of 4-H Appropriate

An entry in the NH 4-H Flix contest will be considered 4-H Appropriate if it meets the following guidelines:

- It is free of violence and does not contain swearing or vulgarity.
- Is respectful to the community, actors, animals and viewers.

CLOVERBUDS

Cloverbud Show & Tell:

Cloverbud members are invited to present a "Show & Tell". This is a non-competitive and fun way to share what you like and learn from others as well.

- Show & Tell presentations should be two to five minutes.

FASHION REVUE and SELECTIONS

Fashion Revue and Fashion Selections will occur at the **4-H Maker's Expo on May 6th** at the Deerfield Fair Grounds, Deerfield, NH.

PHOTOGRAPHY CONTEST

This contest is open to all 4-H members who wish to exhibit their photos, film or digital. Limit of two photos

per participant. All photos need to be dropped off at your county **4-H office by Tuesday, March 7th**.

Members can enter photos in the following **categories**:

1. New Hampshire at its Best
2. 4-H at its Best/4-H Promotion
3. Open category (What is Your Spark?)

POSTER CONTEST

This is an opportunity for all 4-H members to visually express a single idea/message using their creativity and imagination on a single poster. All posters need to be dropped off at your county **4-H office by Tuesday, March 7th**.

Poster Guidelines:

- Posters must be made on standard poster board measuring **14"x22"**. They may be horizontal or vertical.
- Posters may be produced by any medium including watercolor, ink, crayon, acrylic, charcoal, oils etc. **Word processed lettering and computer generated graphics are acceptable.**
- Posters may be 3-dimensional, however must be no more than ¼" high (must be able to lay flat in a pile).
- Posters may not incorporate copyrighted materials like cartoon characters *Garfield™* or *Snoopy™*.

Members can enter posters in the following **categories**:

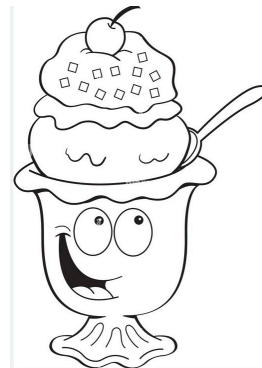
1. 4-H Citizenship
2. 4-H Healthy Living
3. 4-H Science
4. 4-H Promotion (Find Your Spark in 4-H)

For more information,
contact **Karen Deighan** at
603-651-3104 or email
karen.deighan@unh.edu and
Greg Hufford at **603-447-3834**
or email
gregory.hufford@unh.edu

Thank you for sharing your 4-H SPARKS with our community!
Right before our awards ceremony (about noon), we will host a

MAKE YOUR OWN SUNDAE!!!

- *Featuring homemade whipped topping, local maple syrup, and other toppings to SPARK your palette!!



*Let us know of any allergies when you register in
v2.4honline.com