Come for the Classes. Stay for the Friends.
A membership program providing learning and social opportunities for older adults.
“Learning for the fun of it” was the draw to OLLI for Dan in 2006 and for Jacki six years later. And volunteering came right on the heels of joining. Dan claims his motives were selfish as he joined committees to ensure a steady supply of the kinds of classes he enjoyed. His early activities included being a Concord representative to the inaugural Steering Committee and working the course registration table back when members registered for courses as they came out of the Preview and signed up on index cards.

Since then he has served on, and chaired, a variety of statewide and regional committees, been a class assistant and the “chief schlepper” for OLLI events. He likes to joke that his best contribution to OLLI was recruiting Jacki!

Jacki was ready to join for the classes right after retirement in 2012, but not to accept any volunteer assignments until she had gotten a good rest from the corporate world. That lasted just about two months when a vacancy for secretary opened on Concord’s Central Committee. A few months later, she innocently volunteered to assist the administration with “typesetting” the OLLI Outlook. Two months later she learned that she had inadvertently volunteered to become the editor!

A love of doing the “behind-the-scenes” jobs provided opportunities to be the volunteer support for Google Drive, registration system, member surveys, evaluation system, statistical reporting, technical training – just like doing the most fun parts of a long career . . . but without the paycheck. Still, Jacki considers these volunteer jobs the highlight of her OLLI membership. Several years of writing articles for the Concord Monitor and Bow Times and appearing with Dan as an OLLI Ambassador in the Capital Region to promote OLLI, serving as a class assistant and Zoom moderator and multiple committee assignments round out Jacki’s volunteer activity.

Due to very different interests Dan and Jacki rarely find themselves in a class together. But they share a deep commitment to OLLI and appreciation for their fellow OLLI members and friends!
Welcome to Osher Lifelong Learning Institute (OLLI)

Welcome to Osher Lifelong Learning Institute at the University of New Hampshire (OLLI at UNH). Since 2004, OLLI has been a learning for the fun of it, member-driven, volunteer-based educational program which supports adult learners in their continued pursuit of lifelong knowledge. OLLI courses are not for credit, there are no tests, grades, or homework. We value high standards of program excellence with an emphasis on educational and social enrichment, volunteerism, fiscal sustainability, a diverse membership, mutual respect, and member safety.

Today, our OLLI membership is comprised of over 950 active adults not only from over 100 cities and towns within New Hampshire, but eight other states.

Our members are encouraged to select from any of the in-person, online, and hybrid courses offered in our four statewide regions. In addition, social events, volunteer opportunities, cost-free complimentary programing, opportunities to engage in classes at our sister OLLIs, our monthly Outlook newsletter, and our special interest groups (SIGs) enhance the member experience and provide additional opportunities for our members to remain active and purposeful.

OLLI is a self-sustaining program of the University of New Hampshire supported by program fees, in-kind contributions from UNH, endowments from the Bernard Osher Foundation, member donations and local corporate sponsorships. We are one of 125 OLLIs at colleges and universities nationwide, representing more than 113,000 members from 340 different cities and towns.

To learn more about Osher Lifelong Learning Institutes across the USA visit: nrc.northwestern.edu/

New Opportunities, Same Learning Community

As you may know, over the next few months Granite State College will merge with the University of New Hampshire, Manchester (UNH). As part of this merger, OLLI has now become part of UNH’s Office of Outreach and Engagement. The Office of Outreach and Engagement helps the community connect with UNH through initiatives such as Professional Development and Training, Youth Programming, UNH Extension, and the Leitzel Center. This transition for OLLI will allow us to expand further into the communities surrounding our learning regions, provide new educational opportunities for our members, and explore additional mutually beneficial partnerships.

Throughout the next few months, you will notice incremental changes in our branding as we work towards being a member of the University of New Hampshire community. This course catalog is the first visible use of our new name of OLLI at UNH and logo.
Become an OLLI Member

Membership in OLLI offers you the opportunity to participate in a full range of offerings. Annual memberships ($40) are valid for one year. There are three ways to join:

1. **Complete the secure online Membership application found on the OLLI website.**

2. **Print and complete the OLLI Membership and Registration Form** found inside this catalog. Mail it with your $40 membership fee to the OLLI office, 25 Hall Street, Concord, NH 03301. Please use a separate registration form and a separate check for each member applying.

3. **Call the OLLI office at 603-513-1377** to make an over-the-phone payment with your credit card.

Contact Us

The OLLI Administrative Team is available to assist you:

- Visit our website: olli.granite.edu
- Call us: 603-513-1377
- Email us: olli.office@granite.edu

Follow us on Facebook

Get the latest news on new programs, special events, and more by following us on Facebook at: [facebook.com/olligsc](https://facebook.com/olligsc)

Registration

- Online registration (members only) for classes will open on **Monday, February 6, 2023 at 9:00 a.m.**

- Non-members may enroll in any OLLI class, unless otherwise indicated. Nonmembers must call the OLLI office at 603-513-1377 to register for a class.

- Phone registrations for both members and nonmembers are available Mondays through Thursdays from 9:00 a.m. to 4:00 p.m.

- Mail-in registration forms can be sent to OLLI at Granite State College, 25 Hall Street, Concord NH 03301, and will be processed in the order in which they are received.

- All registrations, including free offerings, will result in an e-mailed confirmation receipt. If you do not get a receipt, please check your e-mail spam folder.

- Registrations for Zoom courses are encouraged at least three (3) days prior to the scheduled start date to ensure you receive the course link, appropriate handouts, and content in advance.

For important information about policies including refunds, withdrawals, wait lists, credit card security and more please visit: olli.granite.edu/policies
Course Listing by Subject

Category Abbreviation
Capital Region - C  |  Greater Manchester - M  |  Mt. Washington Valley - W  |  Seacoast - S  |  Zoom - Z

Arts & Humanities

9 Art Appreciation
  9 Art in Mexico & Beyond: Pre-Columbian to Post-Colonial (Holmes) Z
  9 Elizabeth Jane Gardner of Exeter: An Artist in Nineteenth Century Paris (Karo) S
  10 Finding Home: Portraits & Memories of Immigrants (Field) C & Z
  10 Paris & New York in the Twenties and Thirties, Part II (Mahoney) M

11 Creative Arts
  11 Decorate a Ukrainian Style Egg: Beginner (Smith) W
  12 Decorate a Ukrainian Style Egg: Intermediate (Smith) W
  12 Handmade Cards with Rubber Stamps (Frost) C
  12 Paint a Cardinal Barn Quilt (Astell) C
  13 Paint a Cardinal Barn Quilt (Astell) C
  13 Weaving a Farmer’s Market Basket (Perry-Mann) C
  13 Weaving an Herb Basket (Rennie) W
  14 Zentangle 101: An Introduction to the Zentangle Method of Art (Brooks) Z

14 Film
  14 Alfred Hitchcock's San Francisco (Sherwin) Z
  14 Cole Porter in Hollywood (Brogan) M
  15 Films Through the Decades IV (Jones) M
  15 Films: Francois Truffaut, a French Master (Pingree) C
  15 Madness & the Movies XI (Soreff) M
  16 Oscar's Musical Memories (Brogan) W

16 Literature
  16 Prevent the Banning of Books & Support Free Speech (Walsh) Z
  17 Best Books of 2023 (Cummings) W & Z
  17 Child of Exile: The Little Prince from the Sahara to New York (Eaton) Z
  17 Come Take a Taste of Ray Bradbury's Dandelion Wine (Baker) M & Z
  18 Edgar Allan Poe: His Life & Remarkable Work (Baker) Z
  18 Housekeeping: A Haunting Story (Castle) Z
  18 How to Read & Enjoy Poetry (Cronin) Z
  20 Orwell's Animal Farm & the Twenty-First Century (Scala) M
  20 The New Yorker (Jones & Monnelly) Z
  20 Wonderful Women Poets (Russell) Z

21 Music
  21 Learn to Play the Friendly Appalachian Dulcimer! (Lafleur) M
  21 Barbershop Harmony: How Do They Do That? (Ruthenberg) C
  21 Nice & Naughty: Enjoy a Concert of Original and Cover Tunes (Chaffee & Sager) C

22 History
  22 A Crucial Period in the History of Science & Technology: 1800-1950 (Schubert) Z
  22 All Aboard the Orphan Train (Fargo) C
  22 Boston Massacre: A Fresh Look (Strang) C
  23 Can Democracy be Saved? Comparing the 1920's to the 2020's (Freiberger) S
  23 Church Protest & Compliance During the Nazi Era (Graf) C
  24 Cornish Colony: A Rural Haven for Artists (Eaton) Z
  24 Covered Bridges of New Hampshire: Past & Present (Caswell) Z
  24 Forgotten Plane Wrecks of New Hampshire (Wallner) S & W
  25 Grant vs Lee: The Virginia Campaign of 1864-1865 (Hess) C
  25 Grover Cleveland: Should We Care? (Cleveland) W
  26 Introduction to Holocaust Studies, Part I (Wahlberg) C
  26 Lions, Eagles, Crowns, & Kings: A Look at Heraldry in the Modern World (Day) M
  26 Lucy Stone: The Forgotten Champion of Women’s Suffrage (Strang) C
27 Made in Conway & the Mount Washington Valley (Cottrell) W
27 Making China Less "Inscrutable" (Berry) M
27 Mere Slang or Historical Treasure? The French Language in North America (Perreault) M
29 Qin to Mao: The History of China (Zink) Z
29 Rise of the Nazis: Lessons for Democratic Citizenship (White) M
30 Spanish Inquisition: Not Unexpected (Luber Friedenberg) M
30 The Angels’ Lament: Orphans, Mills, & Tenements in America (Pettengill) W
31 The History of Creek Farm (Kern) S
31 The Town of Canterbury Is on Fire! (Stevens) C
31 The Traveling Trunk Show (O'Donal & Ray) W
32 Winston Churchill: You Decide (Lindblade) W
32 The Second Amendment: What It Does & Does Not Mean (Gould) Z

Personal Enrichment

33 Aging & Health
33 Adjusting To Life & Aging In New Hampshire (Smith) C & S
33 Demystifying Primary Care (Castor) M & Z
34 Personal Lines Insurance: Do You Know What You Buy? (Averill) M
34 Simplifying Medicare (Wilton) M & Z
34 The Aging Senses (Cawley) Z
35 The Talk That Families Need to Have. Hospice: What Do You Need to Know (Preston) M

35 Finance
35 How to Start a New Hampshire Business (Cunningham) C & Z
36 Saving Money & Energy in Your Home (Golomb) Z
36 What Seniors Should Know When Selling Their Home (Athas) M

36 Games
36 Bridge For Your Brain: More Commonly Used Conventions, Part I (Weinstein) Z
37 Getting Started: Basic Basics of Bridge (Benoit) C
37 Mah-Jongg for Beginners (Tilton & Bergoffen) C & W

37 Gardening & Nature
37 All About Dogs (Nicholls) C
38 Denali, Bears, & Eagles of Alaska (Bergeron & Bergeron) W & Z
38 Dispel Some of the Myths About Coyotes in New Hampshire (Manley) W & Z
38 Earthquakes, Volcanos, & Plate Tectonics: The Way Our Planet Works (Rock) Z
39 Go Wild! A Free, Easy-to-Start, & Fun Garden Planting Scheme (McEvoy) S & W
39 Seasonal Salads: Beautiful & Delicious Ways to Enjoy the Harvest (Young) Z
39 Table Scraps to Garden Gold (Brooks) W
41 Yuka the Arctic Fox (Laycox) C & S

41 Personal Development
41 No One Wants Your Hummels & Other Aging Lessons I’ve Learned (Toomey) M & Z
42 NYC DIY: Be Your Own Tour Guide in New York City (Taub) C & S
42 Socrates Cafe (Epstein) W
42 Tarot 101 (Sheridan) Z
43 Unlock Your Psychic Abilities (Cohen) Z

Science & Technology

43 Computers, Smartphones, & Tablets
43 Learning the iPhone & iPad (Jones & Nelson) M
44 Scheduling & Hosting Zoom Meetings (McDonnell) Z
44 Take Control of Your Android Phone & Access the World (Taub) C
44 Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, Notebooks (McDonnell) Z

45 Math & Science
45 Alaska Weather Station Installations (Arnold) Z
45 Amazing Universe (Drutman) M
45 Can You “+ - x ÷”? Are You Curious? (Faulkner) C
46 Hurricane Season 2023: What You Need to Know (Arnold) Z
46 Removing Greenhouse Gases from the Atmosphere: Direct Approaches to Limiting Warming (Young) S
46 Space, Time, & Gravitation: Before and After Einstein (Meyers) Z
48 What is Sustainable? Ecology as Ethics (Conklin) C
Social Sciences

48 Politics & Current Events
   48 Authoritarianism vs Democracy: Who’s Winning the Battle for Global Control? (Horgan) Z
   49 Civics Slam! Learning About Government Now That You’re Older & Wiser (Alcox) M
   49 Great Decisions, Part I (McDonnell) Z
   49 Inside the CIA: Insights from a Former CIA Executive & Undercover Officer (Flynn) Z
   50 Truth Decay, Income Inequality, & Climate Change (Carr) M & Z

50 Philosophy
   50 Should You Be Your Own Philosopher & Ethician? (Cunningham) C & Z
   51 Wild Questions: A Discussion of Life’s Defining Decisions (Bennett) S

51 Sociology, Religion, & Culture
   51 Camino de Santiago: Walk with Us on The Way (Lindsey & Robidoux) M
   52 Habits of the Heart: Individualism & Community in American Life (Mahoney & Valley) M
   52 Judaism & Healing (Nafshi) C & Z
   53 Money, Money, Money! (Fritsch) M & Z
   53 Path of Liberation: Core Teachings of Tibetan Buddhism (Romaine) Z
   53 Taste of Korea: Korean Cuisine, Full of Wisdom & Nature (Shin) M
   54 The Diversity Factor in Institutions & Society (McKim) Z

54 Exploring the Community
   54 Black Heritage Trail of New Hampshire Walking Tour (Matthews) S
   55 Capturing the Soul of Seaweed (Annelli) S
   55 Director’s Tour: Dilecta: Reflections on a Permanent Collection (MacLellan) M
   55 Electric Bikes: Which Might be Best for Me? (Whipple) W
   56 Franklin’s Whitewater Park: From Nothing to Something (Parichand) C
   56 From Our Farm to Your Table: Tour Miles Smith Farm (Soule) C
   56 Go Behind the Scenes at New Hampshire PBS (Adams) S

57 Hands-on with Magical Miniature Horses (Broady) C
57 Hymns: The Story Behind the Songs (Barton) M
57 John Rogers: The People’s Sculptor (Barraclough) M
58 Live & Let Live Farm’s Rescue and Sanctuary Tour (Kennedy & Paradise) C
58 Maple Sugaring in the 100 Acre Woods (Young) W
58 Mission Brief & Tour of New Boston Space Force Station (Zesinger) M
59 Philosophy & Ethics of Language (Spira-Savett) M & Z
59 Portsmouth Naval Shipyard Tour: From Sails to Atoms (Gluckert) S
60 SEE Science for Yourself! (Hawrylchak & Hendry) M
60 Spring Birding Extravaganza (Dwyer) M
60 Textiles in Art: A Common Thread? (Harvey & Hollman) M
61 The Concord Monitor: What We Do, How We Do It, & Why We Do It (Ginwala & Leone) C
61 Up Close with New Hampshire Wildlife (Eisenhauer) W
62 Variations on a Musical Theme: Works for Solo & Duo Piano in Live Performance (Langley & Bullock) S
62 Walking Tour of Blossom Hill Cemetery (McDaniel-Huckins) C

63 Outdoor Adventures
   63 All Persons Trail & Pollinator Meadow Walk (Preston & Nutter) M
63 Beginner Bird Walk with Seacoast Chapter of New Hampshire Audubon (Hubbard) S
64 Explore Bedrock Gardens (Forti) S
64 Explore Odiorne Point State Park (Russell) S
65 Explore the Manchester Cedar Swamp All Person’s Trail (Preston & Vargas Torres) M
65 Flying Saucers: A Beginner’s Course to the Sport of Disc Golf (Cook) W
65 Great Bay National Wildlife Refuge Walk (Russell) S
66 Little Harbor Trail Walk (Russell) S
66 Walk Around Wagon Hill Farm (Russell) S

*Courses, dates, time and locations are subject to change. Any changes or updates to our courses will be available online through our website: olli.granite.edu/courses-events
On The Road With OLLI

Combine your enjoyment of National Historic Sites with your appreciation of both art and history as we spend a day in the Cornish area.

We will begin the day boarding our luxury bus, then travel to Cornish where we’ll have time to visit the historic site of Saint Gaudens, its exhibits, outdoor sculptures, and gardens. After lunch we’ll go to the Plainfield Library and Town Hall where we’ll learn about the Cornish Art Colony and view rare and carefully preserved artwork done by two residents of the Colony – Maxfield Parrish (a stage set done in 1916) and Lucia Fairchild Fuller (a mural done for the Women’s Building of the Chicago Exhibition in 1893).

Trip Details

Date: Tuesday, June 6, 2023

Bus pickup in both Manchester and Concord

Time: 8:30 a.m. -5:00 p.m.

Cost: $102 (includes bus, admission to St. Gaudens National Historic site, presentation on the Cornish Art Colony, visits to the Plainfield Library and Town Hall).

Register

Registration will open February 6 for this specially arranged trip. Space is limited. Reserve your seat today!

Call OLLI at 603-513-1377 to pay by credit card

Or send a check to OLLI at 25 Hall Street, Concord, NH 03301.

OLLI follows GSC policy, based on CDC guidelines, on COVID-related issues and may adjust requirements for participation to ensure the safety of our members. As always, visitors are subject to the COVID policies of any venue.

Detailed information will be available as the date approaches.
Course Descriptions

Arts & Humanities

Art Appreciation

Art in Mexico & Beyond: Pre-Columbian to Post-Colonial

Mesoamerica is a historically and culturally rich area covering Mexico, Belize, Guatemala, and the western portions of Honduras and El Salvador. As early as 1200 BCE the Olmec culture created massive head sculptures; great pyramid temples were built by the Maya and others. The arrival of the Spanish drastically impacted the culture, and Western art forms emerged. Post-colonial Mesoamerica has produced innovative and political artists such as Frida Kahlo and Diego Rivera. The three class sessions will include Preclassical and Classic Art 1200 BCE - 900 CE; Post Classic Art- Maya and Aztecs; and arrival of the Spanish- 20th Century. The class will be presented via Zoom and is rich in visual imagery. Class discussion is encouraged!

Presenter: Betsy Holmes is an artist and librarian and has taught art history at New Hampshire Institute of Art, Saint Anselm College, and New England College. Holmes loves sharing her passion about art - it's not about dates, it's about people!

Member tuition: $30.00 | 3 M: 3/13/2023 - 3/27/2023 | 10:00AM - 12:00PM | Class Limit: 35

Online - Virtual by Zoom

Elizabeth Jane Gardner of Exeter: An Artist in Nineteenth Century Paris

All of Adolphe-William Bouguereau's work is available online so it is easy to see the range of his style and subjects. Elizabeth Bouguereau's work is also accessible - including the painting in the Exeter Historical Society which we might try to visit, either singly or as a group. We will place their work in its original context to find out why the Impressionists disliked him. He was the epitome of the Salon artist that the modernists, both disliked yet envied for his success. His art dealer was Durand-Ruel who nurtured Monet and other modernist painters who teased each other about 'drawing like Bouguereau'. Does Elizabeth Gardner Bouguereau need a separate discussion as women artists faced an uphill battle to succeed? William Bouguereau is being rediscovered, though, as museums are broadening their approach to nineteenth century French art to include the figural artists in the classical style, i.e., Bouguereau and his ilk. It will be fun and hopefully challenging for the class to decide what to do about the Bouguereau.

Presenter: Rebecca Karo, graduate of Wellesley, Boston College, and Harvard, has most recently been an art history and humanities lecturer at UNH and, before that, a museum worker in the Boston area. Karo's classes have always been lively conversations about art - making, looking, buying, selling - with all points of view and experience welcomed!

Member tuition: $35.00 | 4 W: 5/24/2023 - 6/14/2023 | 1:30 - 2:30PM | Class Limit: 25

UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH, 03801
Finding Home: Portraits & Memories of Immigrants

In this course, we will see photos of the beautiful faces of diversity in our communities, as well as images of immigrants in their daily activities. With over 60 countries of origin among N.H. residents, photographer Becky Field has traveled throughout the state to document cultural, ethnic, and religious diversity. She also interviewed and recorded journey stories of immigrants who had to leave their countries to find a new home in the Granite State. We will read some of those stories and hear the voices of immigrants so that we can better understand the opportunities as well as the challenges that families face when they have to adjust to a new life in a strange land. Some came fleeing violence, some came for jobs or education, some came because they fell in love with a New Englander. The class participants will also be invited to share about their families’ ethnic background. Discussion will focus on how we can be welcoming to the “other,” both as individuals and as a community.

**Presenter:** Since 2012, Becky Field has photographed N.H. immigrants to show that we have different cultural roots, but same dreams for good jobs, bright futures, and freedom to practice our traditions. She has published two books of her photographs and immigrants’ stories. Field started a scholarship fund to help refugees complete a college degree. Net proceeds from her work go to nonprofits working with immigrants. In past work Field was a wildlife ecologist. She studied photography at the New Hampshire Institute of Art.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1 Member tuition:** $25.00 | 2 Th: 4/6/2023 - 4/13/2023 | 1:00 - 2:30PM | Class Limit: 24
GSC Concord, 25 Hall Street, Concord, NH, 03301

**Section 2 Member tuition:** $25.00 | 2 Th: 4/6/2023 - 4/13/2023 | 1:00 - 2:30PM | Class Limit: 25
Online - Virtual by Zoom

Paris & New York in the Twenties and Thirties, Part II

The course will consist of a sequence of four sessions designed to provide some context about this creative period, suggest connections to other relevant topics, and offer an opportunity for discussion relating to participant experiences. The first session will be a broad introduction addressing several of the significant connections between these cities, and the factors that intensified the expressions of creativity in those crisis years between the great world wars. In the second session we will focus on Gertrude Stein. We will examine some of her own creative writing, but also the role she played in bringing together the significant artists and writers of the period by means of her Saturday evening salons. During the third session, we will explore the New York World’s Fair of 1939-40, and its significance as a symbol of progress despite the shadow of impending war. The fourth session will give us an opportunity for further discussion, likely the relationship between Stein and Picasso’s Cubism. Amid the context of individual achievements, it is possible to support some general conclusions about issues that still intrigue us, for example, the conditions of artistic freedom and the collaborative nature of creativity. (Note: It is not necessary to have taken Part I of this course. It is not a prerequisite for this course.)

**Presenter:** Jim Mahoney holds a Ph.D. from the University of Notre Dame. He is an Emeritus Professor from Saint Anselm College where he taught Philosophy for forty years. Mahoney was strongly involved in the College’s core Humanities Program, serving as Chair of the Jefferson unit, and developed the Paris & New York class for the program. His areas of specialization are Existentialism, American Philosophy, and Ethics.

**Member tuition:** $35.00 | 4 Th: 2/23/2023 - 3/16/2023 | 10:00AM - 12:00PM | Class Limit: 18
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104
Creative Arts

**Decorate a Ukrainian Style Egg: Beginner**

These are not your grandkids’ Easter eggs! Decorate your own holiday egg in the distinctive Ukrainian pysanka style, using wax-resist method on a real egg. Melt beeswax over a candle, draw lines of wax on a raw egg with a traditional waxing tool, dip the egg in dye, and watch your pattern appear. The finished eggs will be varnished and hollowed, creating a permanent keepsake. No previous artistic experience required! Be amazed with the beautiful and unique eggs that you will create! If you have previously taken this class, please consider the Intermediate class.

**Presenter:** Jodi Smith lives in Lovell, Maine. Her ancestors came to America from Lusatia (a Slavic minority in what is now Germany) in 1854, on the sailing ship Ben Nevis, hoping to protect their Slavic language, culture, and religion. Smith has been decorating eggs in various Eastern European wax resist style for over 30 years, and teaching classes for about 25 years. She is the author of *Wax Resist Decorating Eggs*. Her eggs have been displayed at the Texas Wendish Heritage Museum.

**Member tuition:** $20.00 | 1 F: 3/3/2023 - 3/3/2023 | 1:00 - 4:00PM | Class Limit: 8

*Note: $3 for materials will be added to your registration for a total cost of $23.*

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH 03860

---

Live in good company.

This vibrant, friendly and unpretentious continuing care retirement community on two campuses is filled with resort-style amenities, all in the company of friends.

Call 1-800-457-6833 to schedule a tour or visit [hhhinfo.com](http://hhhinfo.com) to learn more!
Decorate a Ukrainian Style Egg: Intermediate

This class session is geared to people who have some previous experience making pysanky. We will be doing a different, more complex design than the beginner class. Be amazed with the beautiful and unique eggs that you will create!

**Presenter:** Jodi Smith lives in Lovell, Maine. Her ancestors came to America from Lusatia (a Slavic minority in what is now Germany) in 1854, on the sailing ship Ben Nevis, hoping to protect their Slavic language, culture, and religion. Smith has been decorating eggs in various Eastern European wax resist style for over 30 years, and teaching classes for about 25 years. She is the author of *Wax Resist Decorating Eggs*. Her eggs have been displayed at the Texas Wendish Heritage Museum.

**Member tuition:** $20.00 | 1 F: 3/31/2023 - 3/31/2023 | 1:00 - 4:00PM | Class Limit: 8

*Note: $3 for materials will be added to your registration for a total cost of $23.*

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH 03860

Handmade Cards with Rubber Stamps

In each class we will create four beautiful handmade cards while learning different techniques with color and watercolor and/or ink backgrounds to make your cards special. Each of the four cards we make in each class will have a different design and different sentiment. In the second class, learn four different masking techniques. In the third class see the versatility of a single stamp and die set to make four different cards. Various tools and equipment used to create these works of art will be demonstrated. No experience necessary. Envelopes will be provided. Supplies for registrants to bring include a glue stick, scissors, paper towels, ¾” painters’ tape, clipboard, water container, inexpensive folding watercolor palette or Styrofoam plate, and a Loew Cornell #8 Ultraround paintbrush or similar.

**Presenter:** Donna Frost is a member of the Society of Decorative Painters, the White Mountain Decorative Painters Guild, and a long-time crafter.

**Member tuition:** $30.00 | 3 Tu: 3/21/2023 - 4/18/2023 | 1:00 - 3:30PM | Class Limit: 12

*Note: $18 material fee will be added to your registration for a total cost of $48. This class meets on 3/21, 4/4 and 4/18. No class 3/28 and 4/11.*

GSC Concord, 25 Hall Street, Concord, NH, 03301

Paint a Cardinal Barn Quilt

In this class you will paint a cardinal barn quilt on a 16 x 16-inch piece of plywood, to be hung underneath a mailbox, on a barn or fence, or any spot around your home you wish to brighten up.

**Presenter:** Marilyn Astell has been an avid quilter for many decades. She has also been an avid painter in the past, creating folk art for sale as well as teaching classes out of her home. More recently, Astell has discovered and followed various barn quilt trails in several states. Barn quilts have become an additional passion and her house displays her most recent work.

**Section 1 Member tuition:** $30.00 | 3 M: 3/13/2023 - 3/27/2023 | 10:00AM - 1:00PM | Class Limit: 8

*Note: $25.00 material fee will be added at registration for a total of $55.00.*

GSC Concord, 25 Hall Street, Concord, NH, 03301

**Section 2 Member tuition:** $30.00 | 3 F: 5/5/2023 - 5/19/2023 | 10:00AM - 1:00PM | Class Limit: 8

*Note: $25.00 material fee will be added at registration for a total of $55.00.*

GSC Concord, 25 Hall Street, Concord, NH, 03301
**Sew Your Own Gnome**

Create your own gnome – a mythological creature and diminutive spirit – from start to finish! We will make a pattern, cut out the gnomes out of felt, and creating the hats in a small matching fabric to the felt. Participants must bring their own sewing machine and a list of materials will be provided prior to the first session.

**Presenter:** Sandy Perry has a Master's degree in speech pathology and audiology and a Ph.D. in deaf education. She presently teaches “A Matter of Balance” and “Tai Ji Quan” classes at The Gibson Center for Senior Services and at Memorial Hospital. Perry has been knitting for more than 50 years and is currently teaching a knitting class at Silver Lake Landing.

**Member tuition:** $30.00 | 3 Tu: 4/11/2023 - 4/25/2023 | 10:00 - 11:30AM | Class Limit: 10

*Note: Presenter will provide a list of the necessary materials for this course.*

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH 03860

---

**Weaving a Farmer's Market Basket**

This Farmers Market Basket starts out as a kit from V. I. Reed and Cane Inc. providing all materials plus detailed directions. Designed to encourage users to visit their local Farmer’s Market, this basket features a wide-open design allowing for a large assortment of vegetables and fruit to be carried, but is even more useful for toting or storing just about anything you can think of! The basket’s finished dimensions are 14.5" diameter, 14" tall, and 6" deep. The instructor and her two helpers will be there (with all the tools you need!) to guide you along, assuring you leave the class with a wonderful, roomy basket.

**Presenter:** Diane Perry-Mann has always loved being creative and has a degree in Art from the University of New Hampshire. Although she has worked with many media, basket weaving has been her latest involvement. Now retired, she has been teaching locally to allow others to find the pleasure and appreciation of basketry.

**Section 1 Member tuition:** $20.00 | 1 Sa: 3/18/2023 - 3/18/2023 | 10:00AM - 4:00PM | Class Limit: 10

*Note: $26.00 materials fee will be added to your registration for a total of $51.00.*

GSC Concord, 25 Hall Street, Concord, NH, 03301

**Section 2 Member tuition:** $20.00 | 1 Sa: 3/25/2023 - 3/25/2023 | 10:00AM - 4:00PM | Class Limit: 10

*Note: $26.00 materials fee will be added to your registration for a total of $51.00.*

GSC Concord, 25 Hall Street, Concord, NH, 03301

---

**Weaving an Herb Basket**

Create an herb basket, sized 10” x 16.5” with a D handle in a shallow gathering style, 12” tall. You will learn how to weave over odd numbers of spokes and to cut and tuck rim lashing. The presenter will provide the tools needed to create your basket. Have fun creating a lovely basket to show when you have finished!

**Presenter:** Mary Rennie learned basket-making from Pat Libby 20 years ago and has made many baskets in the years since. In her first OLLI course, she led the class in the creation of beautiful Williamsburg baskets and now shares her expertise to make charming and functional herb baskets.

**Member tuition:** $25.00 | 2 Th: 3/9/2023 - 3/16/2023 | 1:00 - 4:00PM | Class Limit: 6

*Note: $26.95 materials fee will be added to your registration for a total of $51.96.*

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH 03860
Zentangle 101: An Introduction to the Zentangle Method of Art

This five-week introductory course teaches the basics of the Zentangle Method of pen & ink drawing. It is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing patterns within structured spaces. This course will provide instruction in fundamental pen strokes, multiple tangle patterns, and simple shading techniques. Each class focuses on learning a specific technique while learning a variety of tangle patterns that employ this design pattern. We will explore basic components of design and ideas for embellishment.

**Presenter:** As a Certified Zentangle Teacher (CZT), Martha Brooks has found great joy in sharing this fun, relaxing, and easy to do art method since 2017. A retired speech pathologist and adjunct professor who relishes family/friend gatherings, she is also a renovator of old homes and a rescuer of greyhounds and cats.

**Member tuition:** $40.00 | **W: 2/22/2023 - 3/22/2023 | 1:00 - 2:30PM | Class Limit: 10

Note: $15 fee for materials will be added at the time of registration for a total of $55.00.

Online - Virtual by Zoom

---

Film

**Alfred Hitchcock’s San Francisco**

Alfred Hitchcock loved San Francisco and used its elegance, beauty, and mystery to great effect in many of his films. In this virtual tour, you’ll see brief scenes from *Vertigo*, *The Birds* and other Hitchcock classics filmed on location in the San Francisco Bay Area. You’ll hear great stories about how Hitchcock chose those locations and how he filmed them. And you’ll learn why San Francisco was the perfect setting for Hitchcock’s favorite themes: danger, deception, and obsession. It’s a treat for Hitchcock fans and lovers of the City by the Bay.

**Presenter:** Jay Sherwin is a writer and consultant who has been watching, studying, and enjoying Hitchcock films for decades. As a resident of the San Francisco Bay Area, he created and led a walking tour of Alfred Hitchcock’s San Francisco that continues to attract Hitchcock fans from around the world. He created this virtual tour to share his favorite stories and photos with anyone who loves Hitchcock films or loves San Francisco, no matter where they live.

**Member tuition:** $20.00 | **F: 6/9/2023 - 6/9/2023 | 10:30AM - 12:00PM | Class Limit: 100

Online - Virtual by Zoom

---

**Cole Porter in Hollywood**

Plan to come to class and leave humming some of the best music ever written! Cole Porter has written the words and music to hundreds of songs that are popular American standards. "Kiss Me Kate" and "Anything Goes" are just two of his widely known musical successes. Porter also made the dancing of Fred Astaire and Eleanor Powell take on a new meaning and an Agatha Christie all-star murder mystery becomes truly memorable when set to the music of Porter. Join us as we discuss Porter’s work and view four sterling examples of what makes him one of our country’s most prolific writers and composers!

**Presenter:** Paul Brogan has presented more than 45 classes at OLLI in the last decade, with over 1,000 attendees. In the process he has made many new friends. In his spare time, Brogan hosts a talk show for Concord TV and writes books. His third book, *A Sprinkling of Stardust Over the Outhouse*, was released in June of 2022. He is currently working on a mystery.

**Member tuition:** $35.00 | **F: 3/3/2023 - 3/24/2023 | 9:30AM - 12:00PM | Class Limit: 32

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104
Films Through the Decades IV

View and discuss eight films covering different traditions, technologies, and perspectives, dating from 1927 through the present. The films do not have a single theme, but all do explore the relationship of the individual to his/her society. We will discuss the background of each film, its thematic and techniques, and why it may be regarded as a “classic.” The films for the Spring 2023 semester include: The General (1926), Hands Up (1926), October (1927), Children of Paradise (1945), Paths of Glory (1957), Breathless (1960), Do the Right Thing (1989), and Lost in Translation (2003).

**Presenter:** Bob Jones is a lifelong film fanatic, avid outdoorsman, skilled computer user, and fan of The New Yorker magazine. Jones shares his many interests by presenting a variety of OLLI courses.

**Member tuition:** $55.00 | 8 M: 3/6/2023 - 4/24/2023 | 1:30 - 3:30PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Films: Francois Truffaut, a French Master

View and discuss five films of Francois Truffaut (1932 – 1984), one of the most beloved directors in film history. We’ll watch The 400 Blows, Shoot the Piano Player, Jules and Jim, and the Wild Child; all in black and white and in French with English subtitles. We’ll also view his only English-language film, in color, Fahrenheit 451. And as a bonus, we’ll watch some scenes of Truffaut acting in English in Close Encounters of the Third Kind.

**Presenter:** Bob Pingree has been teaching film courses for more than 5 years, including 20 different ones at OLLI in Concord. This is his first to show foreign films, but Truffaut is his first great love as a director, so it’s time.

**Member tuition:** $40.00 | 5 Tu: 3/14/2023 - 4/11/2023 | 9:30AM - 12:00PM | Class Limit: 20
GSC Concord, 25 Hall Street, Concord, NH, 03301

Madness & the Movies XI

Films have a long history of portraying mental illnesses in many dimensions. They have shown the patient to be either a monster or a victim; the therapists as either scheming villains, bungling fools, or compassionate heroes; and mental institutions either as chambers of cruelty or corridors of caring. In this class, we will look at some of the classic mental illness movies that the students have selected from the films in sessions I through IX as well as new movies. We will look at films revealing the cinematic approach to mental illness and how each movie helps us understand it.

**Presenter:** Stephen Soreff, M.D., is a nationally known author, lecturer, and teacher in the field of mental health services. Soreff has authored ten books including: The Handbook of the Treatment of the Seriously Mentally Ill, The Documentation Survival Handbook, and EMS Street Strategies, Edition 2, as well as his most recent book, Life’s Dueling Dualities: A Grandfather’s Legacy of Wisdom.

**Member tuition:** $55.00 | 8 W: 3/22/2023 - 5/17/2023 | 9:30AM - 12:00PM | Class Limit: 32
Note: No class March 29.
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

“Being an OLLI at Granite State College member has been a positive experience in my life. I’ve made new friends and have had fun. You’re never too old to learn, and with OLLI, it’s exciting!”

- Benny Jesseman | Class of 2013 | Mt. Washington Valley
Oscar's Musical Memories

The Academy Awards have honored scores of films as "Best Song". Some became classics as did many of those nominated but not winning. We'll talk about many of those songs, their composers as well as watching clips of their performances. Expect to be humming as you leave the classroom.

**Presenter:** Paul Brogan has presented more than 45 classes at OLLI in the last decade, with over 1,000 attendees. In the process he has made many new friends. In his spare time, Brogan hosts a talk show for Concord TV and writes books. His third book, *A Sprinkling of Stardust Over the Outhouse*, was released in June of 2022. He is currently working on a mystery.

**Member tuition:** $20.00 | 1 Tu: 4/4/2023 - 4/4/2023 | 10:00AM - 3:00PM | Class Limit: 30

*Note: Class will break at noon for one hour. Members will be responsible for bringing/purchasing their own lunch.*

Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

---

Literature

**Prevent the Banning of Books & Support Free Speech**

The American Library Association reports that book bans and challenges doubled from 2020 to 2021 and the trend continues. Banned books are not new, but they have gained new relevance recently. Many of these books focus on communities of color and/or have LGBTQ characters. In this two-session course, we will cover which books have been banned or challenged recently with a focus on children's books and share how you can advocate for Free Speech and against banning of books.

**Presenters:** Martha Walsh, an OLLI member since 2014, has been choosing children's books since she was a teenager purchasing books for her nieces and nephews. Walsh is a member of the Friends of the Exeter Library and enjoys reading printed books as well as e-books and audio books.

Julia Lanter is Assistant Director of Exeter Public Library in Exeter, NH. As a Librarian, she has served the Seacoast, NH community for over 16 years. Currently, Lanter is the Co-Chair of the New Hampshire Library Association’s Intellectual Freedom Committee and is one of the T3 Teen Librarian Trainer Cohorts for the State of New Hampshire. A Graduate of Bowdoin College and Simmons Graduate School of Library and Information Science, she has served as President of the Young Adult Library Association and is a founding member of the Exeter LitFest. Lanter proudly serves as the Vice President Elect of the Exeter Area Rotary Club, is a Board Member of the Portsmouth Public Media (PPMTV) and is on the Board of the Racial Unity Team (RUT).

**Member tuition:** $25.00 | 2 F: 4/21/2023 - 4/28/2023 | 10:00 - 11:30AM | Class Limit: 20

Online - Virtual by Zoom
**Best Books of 2023**

What are the hot new books? Get ready to make your lists! This course will focus mainly on fiction books, with a concerted effort to include upcoming nonfiction titles. Those who attend will learn about the highly anticipated titles coming out soon and some sleeper hits that you can discover first. Plus, we will talk about smaller press regional titles. Share your favorite reads, too. As a bonus, participants will go home with a new book to read.

**Presenter:** Laura Cummings is the sole owner of White Birch Books, an independent bookstore in North Conway serving the Valley and beyond for more than 30 years. A former president of the New England Independent Booksellers Association, she now sits on the Booksellers Advisory Council for the American Booksellers Association. When she isn’t working or running book clubs, she is reading at home with her cats.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration. This selection is for in-person only.*

**Section 1 Member tuition:** $20.00 | 1 Tu: 5/16/2023 - 5/16/2023 | 10:00AM - 12:00PM | Class Limit: 15

Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

**Section 2 Member tuition:** $20.00 | 1 Tu: 5/16/2023 - 5/16/2023 | 10:00AM - 12:00PM | Class Limit: 100

Online - Virtual by Zoom

---

**Child of Exile: The Little Prince from the Sahara to New York**

The beloved children’s book *The Little Prince,* by the French writer and aviator Antoine de Saint-Exupéry (1900-1944), was actually written in the New York City area in 1942 while the author was in exile in the United States early in World War II. This newly-expanded course explores how the book not only reflects the life of the author, an air mail pilot in the 1920’s and 1930’s, but also was created in a wartime and American environment which caused the author to write what has been called a “spiritual journey disguised as a children’s story” with its moral “It is only with the heart that one can see rightly; the essential is invisible to the eye.” Required reading for this course includes *The Little Prince* by Antione de Saint-Exupery. *Saint-Exupery: A Biography* by Stacy Schiff is suggested, but not required, reading.

**Presenter:** Scott Eaton retired in 2021 after more than 36 years as a staff attorney for the N.H. legislature. With an abiding interest in history, including the history of World War II and the history of flight, he has a fascination with the life and work of Antoine de Saint-Exupéry.

**Member tuition:** $25.00 | 2 M: 4/17/2023 - 4/24/2023 | 10:00 - 11:30AM | Class Limit: 30

Online - Virtual by Zoom

---

**Come Take a Taste of Ray Bradbury's Dandelion Wine**

Discuss the brilliant coming-of-age story by Ray Bradbury. Enter his sensory imagination as he takes us on a stroll through the summer of 1928. Meet some unforgettable characters such as Bill Forrester, Helen Loomis, Colonel Freeleigh and the Lonely One. Please read Dandelion Wine by Ray Bradbury prior to the first class.

**Presenter:** Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1 Member tuition:** $20.00 | 1 M: 6/5/2023 - 6/5/2023 | 10:00AM - 12:00PM | Class Limit: 23

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

**Section 2 Member tuition:** $20.00 | 1 M: 6/5/2023 - 6/5/2023 | 10:00AM - 12:00PM | Class Limit: 23

Online - Virtual by Zoom
Edgar Allan Poe: His Life & Remarkable Work
Drawing from the most recent biographical studies, the course will attempt to reexamine the life and times of the much-maligned Edgar Allan Poe, with emphasis on his important contributions to American Literature as a literary theorist, poet, critic, short story writer and the father of the modern detective story.

Presenter: Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

Member tuition: $40.00 | 5 M: 4/3/2023 - 5/1/2023 | 1:00 - 3:00PM | Class Limit: 23
Online - Virtual by Zoom

Housekeeping: A Haunting Story
Once in a great while, an author emerges from seemingly nowhere to critical acclaim. Such a writer is Marilynne Robinson. She was 37 when her first novel, Housekeeping, was published in 1980. It was a huge hit, an "instant classic." Reviewers were unstinting in their praise. The Guardian, describing it as a "haunting, poetic story, drowned in water and light," included it in its list of the 100 greatest novels of all time. It was a finalist for the Pulitzer Prize for Fiction. The book tells the story of two orphaned girls and the women who raised them, but it is the way Robinson tells the story that is extraordinary. She "uses the language so exquisitely," one critic writes, "that this book dances all the way. Every sentence is a wonderful sentence, made just right." Reading Housekeeping has been a new and memorable experience. Class members are required to obtain, and bring to class, the paperback edition of Housekeeping by Marilynne Robinson, published by Picador.

Presenter: Judith Castle has a passion for novels and the light they shed on the human condition. She has led several courses in English and American Literature at OLLI and at the Harvard Institute for Learning in Retirement. She has a degree from the University of London and a Master’s degree from Harvard University.

Member tuition: $25.00 | 2 W: 3/29/2023 - 4/10/2023 | 10:00 - 11:30AM | Class Limit: 15
Online - Virtual by Zoom

How to Read & Enjoy Poetry
We will focus on reliable reading techniques for the greatest understanding and pleasure: reading aloud; basics of poetic form; how to seek a balance of literal meaning alongside the ambiguity or multiple possibilities created by a poem's use of language and literary devices; and reading techniques to enjoy a poem's imagery and voice. Students will get a packet of six to nine poems in each of the two weeks, and we will discuss three to four in each of the two class sessions.

Presenter: Meg Cronin is Professor of English at Saint Anselm College in Manchester, N.H., whose specialties are Romantic- and Victorian-era British literature. In addition, she teaches detective stories and introductory courses in reading poetry, drama, and fiction. Cronin is also the Director of the College Writing Program.

Member tuition: $25.00 | 2 W: 2/22/2023 - 3/1/2023 | 10:30AM - 12:00PM | Class Limit: 15
Online - Virtual by Zoom
Plan your financial legacy

When you build a comfortable foundation of financial strength and security, you can be a great benefit to your heirs. Whether it’s giving to immediate beneficiaries, future generations or a favorite charity, we help you create a lasting financial legacy for the people and causes you care about.

Contact me to learn how to organize and align your financial picture for future goals.

Theresa Huntley, CSRIC®
Senior Vice President – Financial Advisor
Consulting Group

RBC Wealth Management, a division of RBC Capital Markets, LLC
45 South Main Street, Suite 200 | Concord, NH 03301

(603) 228-7944 | Toll Free: (855) 313-9886

www.theresahuntleyrbc.com

Investment and insurance products offered through RBC Wealth Management are not insured by the FDIC or any other federal government agency, are not deposits or other obligations of, or guaranteed by, a bank or any bank affiliate, and are subject to investment risks, including possible loss of the principal amount invested.

© 2022 RBC Wealth Management, a division of RBC Capital Markets, LLC, registered investment adviser and Member NYSE/FINRA/SIPC. 22-EJ-01063 (04/22)
Orwell's *Animal Farm & the Twenty-First Century*

George Orwell wrote his fable *Animal Farm* in the aftermath of World War II and the rise of the Soviet Union as a world power. Yet his warning about the power of misinformation, propaganda and "group think" may well apply to us today. Participants will have a robust discussion of Orwell’s work and its relevance in the current day.

**Presenter:** Dante J. Scala has a Ph.D. in Politics from the University of Chicago and has been a close observer of New Hampshire politics for more than two decades. A Professor of Political Science at the University of New Hampshire, he has written numerous articles and book chapters on the Granite State. He also is the author of two books on the presidential nomination process: *Stormy Weather* (Palgrave Macmillan, 2003), and with Henry Olsen, *The Four Faces of the Republican Party* (Palgrave Macmillan, 2015). National and international media frequently call upon Professor Scala for his expertise on the New Hampshire primary and presidential elections. He was the recipient of OLLI at Granite State College's New England Notable Award in 2022.

**Member tuition:** $20.00 | 1 F: 6/2/2023 - 6/2/2023 | 1:00 - 3:30PM | Class Limit: 25

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

---

**The New Yorker**

Join us in a well-established OLLI tradition, lively discussions of this chronicle of our times. Started in 1925, as a humor magazine, *The New Yorker* soon became a preeminent forum for serious fiction and journalism. With a circulation over one million and content by the most respected writers of fact and fiction, it is one of the most widely read and influential American magazines. The presenters will choose the first readings; after that, the class decides. To participate, students will need access to the magazine. Subscriptions can be purchased at www.newyorker.com or check with your local library.

**Presenters:** Bob Jones is a lifelong film fanatic, avid outdoorsman, skilled computer user, and fan of *The New Yorker* magazine. Jones shares his many interests by presenting a variety of OLLI courses.

John Monnelly is a graduate of the University of New Hampshire and a New Hampshire native. He loves visiting New York City and has been a serious fan of The New Yorker for many years.

**Member tuition:** $55.00 | 8 Th: 4/27/2023 - 6/15/2023 | 3:30 - 5:00PM | Class Limit: 16

Online - Virtual by Zoom

---

**Wonderful Women Poets**

Poetry anthologies focus more on men than on women which is a shame since women have written some wonderful poems. Join a discussion of poems written by Emily Dickinson, Alice Walker, May Angelou, Toni Morrison, Mary Oliver and more as we explore the pictures their poems paint and the emotions they create. Class will conclude with an optional 30-minute open discussion.

**Presenter:** John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

**Member tuition:** $20.00 | 1 M: 4/3/2023 - 4/3/2023 | 10:00AM - 12:00PM | Class Limit: 12

Online - Virtual by Zoom
Music

Learn to Play the Friendly Appalachian Dulcimer!

If you've ever wanted to play an instrument and felt that it was "too late", think again! If you do play another instrument and are looking for something fun and different, this is it! We'll start by learning the parts of the instrument and how to effectively note and strum to get a pleasing tone. We'll cover "tablature" - a simple system of notation that does not require note reading or any prior musical experience or skill. Simple melodies and harmonies will be uncovered; we'll learn about rhythm and pitch and discover how we can all compose our own melodies on this instrument. Throughout the course we will discuss the fascinating history of one of only two American folk instruments. Can you guess the other?

**Presenter:** Sandy Lafleur of Wilton, NH built her first Appalachian dulcimer from a kit while a student at UNH back in the 1970s. Thus began her musical journey with this sweet sounding American folk instrument. Lafleur has been teaching out of her home and at dulcimer festivals throughout New England and New York for over 25 years. Her teaching style is light-hearted and focuses on having fun making music!

**Member tuition:** $35.00 | 4 Tu: 4/25/2023 - 5/16/2023 | 6:00 - 7:30PM | Class Limit: 12

**Note:** You will need to provide your own dulcimer for this course. You may bring your own dulcimer to the course, or you may purchase the “Simplicity Dulcimer” from the suggested vendor below for $73. The “Simplicity Dulcimer” instrument is suitable for use in this introductory course. It has a painted, water-resistant soundbox of extra strong cardboard, mahogany fretboard, three strings, geared tuning pegs, extra strings, dulcimer pick, noter stick, and 4-mil plastic carrying bag. “Simplicity Dulcimers” can be purchased at: [backyardmusic.com/dulcimers.html](http://backyardmusic.com/dulcimers.html)

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Barbershop Harmony: How Do They Do That?

Through live performances, video examples, and audience participation, Eric Ruthenberg and the Concord Coachmen Chorus will show (and sing!) about the great American art form of barbershop. Come listen to them, hear about how it all began, and maybe even try your hand at singing along! This fun performance and demonstration will leave you wanting more and will prove that you can do it too!

**Presenter:** Eric Ruthenberg has conducted the Concord Coachmen since 1994. He received his Bachelor’s degree in Music Education from Boston University in 1993. After graduation, he moved to New Hampshire, where he served as the choral director at Newport Middle High School. His barbershop arrangements have been performed across the country, and on the Barbershop Harmony Society (BHS) International Contest stage. He lives in Merrimack and is the proud father of Peter, Caroline, and Michael.

**Member tuition:** $20.00 | 1 Th: 3/30/2023 - 3/30/2023 | 6:00 - 7:30PM | Class Limit: 50

GSC Concord, 25 Hall Street, Concord, NH, 03301

Nice & Naughty: Enjoy a Concert of Original and Cover Tunes

This dynamic duo has been performing music for many years. You will enjoy their eclectic, touching and sentimental folk music and suggestive humor. Join these wonderful songwriters for a morning of harmony and laughter!

**Presenters:** Cheryl Sager and Peg Chaffee play contemporary folk music. They are known for their humorous songs and exquisite harmonies.

**Member tuition:** $20.00 | 1 M: 5/22/2023 - 5/22/2023 | 9:30 - 11:00AM | Class Limit: 70

GSC Concord, 25 Hall Street, Concord, NH, 03301
History

**A Crucial Period in the History of Science & Technology: 1800-1950**

The period discussed takes us from horse drawn wagons to transoceanic flights, from bleeding with leeches to powerful vaccines, from our conceptual position at the heart of a finite biblical world to a small place in a wide, beautiful, infinite, and somewhat scary universe. Communication has advanced from the speed of a galloping horse to the speed of light. Our view of toms went from a vague Ancient Greek conception to deep understanding allowing the synthesis of antibiotics. Science is a human endeavor. Characteristics of key figures in these stories help to bring them to life. Many principals are from Europe, but the United States has its representatives as well. They include Count Rumford, J. Willard Gibbs, Washington Roebling, Wilbur and Orville Wright, Linus Pauling, and Oswald Avery.

**Presenter:** Frederic Schubert has taught at the University of Southern Maine and Stony Brook University. He was an invited speaker to the chemistry department at the University of New Hampshire. and created and taught a history of science course at Friends Seminary in Manhattan. An author of history articles in the *Journal of Chemical Education*, Schubert holds a Ph. D. in physical chemistry, is the inventor on 18 U.S. patents and has also published in The Journal of Chemical Physics.

**Member tuition:** $30.00 | 3 Tu: 2/28/2023 - 3/7/2023 | 10:00 - 11:30AM | Class Limit: 100

Online - Virtual by Zoom

---

**All Aboard the Orphan Train**

Come hear the mournful whistle of the train as it carries abandoned babies and children go be given away across the country. When the trains stopped, the children were displayed on the train platform for inspection for "placing-out". If a child was not selected, they got back on the train to wait for the next stop. Brothers and sisters might be chosen at different stops, never to see each other again. In the 75-year history of the orphan trains, between 250,000 and 600,000 children were relocated without contact with their birth families. This class is dedicated to the hundreds of thousands of children, then and now, living on the streets and hoping for a better tomorrow. We will explore the reasons for starting the trains, what happened to the children, tell some of their stories and why the "placing-out" program finally stopped and make some connections to the foster care system of today.

**Presenter:** Peg Fargo has spent her retirement time learning history all over again - this time through the human stories that tell so much more about any historical event.

**Member tuition:** $20.00 | 1 W: 5/10/2023 - 5/10/2023 | 10:00AM - 12:00PM | Class Limit: 24

GSC Concord, 25 Hall Street, Concord, NH, 03301

---

**Boston Massacre: A Fresh Look**

The Boston Massacre on March 5, 1770, is a window into a turbulent and fascinating period of American history, the beginnings of the American Revolution in Boston. We will explore what led up to the event and how it was used to mold public opinion. We will examine the role of Sam Adams and Paul Revere in the opinion-molding process, and the surprising role of John Adams, including why and how he defended the British soldiers in the ensuing trials. We will look at the changing portrayals of Crispus Attucks and see that history is not an unchanging account of the "facts," but instead changes depending on who tells the story and why and when.

**Presenter:** Eleanor Strang has been presenting popular courses for OLLI since 2013. She received her M.A. from the University of Michigan and her MLS from Simmons College. Strang was the director of the Kelley Library in Salem, N.H. for 15 years, and has pursued her interest in American and Canadian history since retiring.

**Member tuition:** $20.00 | 1 Th: 5/18/2023 - 5/18/2023 | 10:00AM - 12:00PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301
Can Democracy be Saved? Comparing the 1920's to the 2020's

George Santayana has stated: "Those who cannot remember the past are condemned to repeat it," it is as true today as it has been at any time in our history. Catastrophic warfare, plague, racism, anti-immigration, political divisions bordering on violence are all present today, but it is not an aberration in American history. The purpose of this class is to explore a unique comparison between our current situation and a similar one that existed roughly a century ago. Subjects such as World War I, the presidency of Woodrow Wilson, anti-immigration attitudes resulting in violence, lynchings, political repression involving over 1000 arrests, people accused of treason etc., sound familiar? All will be compared to our contemporary life and how America emerged from this cataclysm a hundred years ago, and hopefully how can be reengaged and overcome what we face today.  While lecture-based, the course will rely on a great deal of class discussion.

Presenter: Dr. Steven Freiberger has a Ph.D. in Diplomatic History and a 40-year career in education.

Member tuition: $30.00 | 3 W: 4/19/2023 - 5/3/2023 | 10:30AM - 12:00PM | Class Limit: 30

UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH, 03801

Church Protest & Compliance During the Nazi Era

Between 1933 and 1945, German church members faced a serious moral question, would they ignore the increasing brutality of the Nazis against the Jewish population or would they protest and/or participate in the resistance. Church members responded in different ways. Some embraced Nazism so much that their churches were unrecognizable as Christian houses of worship. The vast majority capitulated. Some protested until it became too dangerous. Some were part of a network of committed resisters. This course will examine these varying approaches to see what motivated these different groups. Why was a small group able to break through and face a terrible authoritarian regime with courage? What can we learn today from these responses?

Presenter: Jen Graf is a retired training manager from the New Hampshire Department of Transportation. She has taught courses in technology and history at OLLI. Along with satisfying her curiosity with OLLI courses, she enjoys playing pickleball, attending musical performances and doing lots of volunteer work. She is fascinated by how spiritual growth impacts engagement with the world.

Member tuition: $20.00 | 1 Th: 5/11/2023 - 5/11/2023 | 10:00 - 11:30AM | Class Limit: 42

GSC Concord, 25 Hall Street, Concord, NH, 03301
Cornish Colony: A Rural Haven for Artists

The Cornish Colony began taking shape after the arrival in Cornish, New Hampshire of renowned sculptor Augustus Saint-Gaudens in 1885. Saint-Gaudens and his wife Augusta lived here seasonally starting in 1885, and year-round beginning in 1900 until the sculptor died in 1907. Saint-Gaudens’ presence and the beautiful landscapes of New Hampshire and Vermont attracted artists and other intellectuals to Cornish. For 35 years over 80 painters, sculptors, illustrators, musicians, actors, writers, architects, and landscape designers lived and worked in this rural town and in nearby Plainfield, N.H., mostly in the summer months. Learn about Saint-Gaudens, artists Stephen and Maxfield Parrish, best-selling novelist Winston Churchill, sculptor Paul Manship, and other fascinating “Cornish colonists” and about the Saint-Gaudens National Historical Park. This beautiful facility encompasses Saint-Gaudens' home, his studio, art galleries, and gardens. Versions of several of his most famous sculptures adorn the grounds, including the moving Robert Gould Shaw Memorial that honors the Massachusetts 54th Regiment, a unit of black soldiers who fought in the Civil War, and two outstanding depictions of Abraham Lincoln.

**Presenter:** Aurore Eaton is a freelance writer whose weekly column on N.H. history, “Looking Back,” has appeared in the New Hampshire Union Leader for over 11 years. She is the former Executive Director of the Manchester Historic Association and the author of *The Amoskeag Manufacturing Company: A History of Enterprise on the Merrimack River*. She has written about the Cornish Colony and particularly about sculptor Augustus Saint-Gaudens and continues researching these topics.

**Member tuition:** $20.00 | 1 M: 5/1/2023 - 5/1/2023 | 10:00AM - 12:00PM | Class Limit: 40

Online - Virtual by Zoom

Covered Bridges of New Hampshire: Past & Present

A century ago, the covered bridge was a ubiquitous part of New Hampshire's landscape. Fire, flood, and progress have destroyed 90% of them so that only slightly over 50 remain. Take a virtual tour of some of the state’s past and present covered bridges while learning about their designs, the craftsmen who built them, how the bridges met their demise, and the efforts to preserve those which remain.

**Presenter:** Bill Caswell has been interested in covered bridges for over 30 years. In 2003, he co-founded Covered Spans of Yesteryear, a project which has documented over 13,000 existing and former covered bridges in the U.S. and Canada. The research is available to others at www.lostbridges.org. In 2013, Caswell became president of the National Society for the Preservation of Covered Bridges, a non-profit organization dedicated to preserving American Historic Covered Bridges.

**Member tuition:** $20.00 | 1 M: 3/6/2023 - 3/6/2023 | 10:00 - 11:00AM | Class Limit: 40

Online - Virtual by Zoom

Forgotten Plane Wrecks of New Hampshire

Many plane crash sites in New Hampshire have been forgotten, but if you search you will find the unique stories of each of these crashes. This course will include a discussion on early navigation challenges and will then delve into the history of several crashes and the presenter’s exploration of the crash sites. Crashes included in this talk are the B-18 bomber in 1942, Northeast Airlines flight 792 in 1954, Northeast Airlines flight 946 in 1968, the Christmas Eve 1996 crash of a Learjet business jet, “The Missing Doctors Crash,” and more.

**Presenter:** Nick Wallner retired after managing the Concord branch of AAA for 46 years. Looking for new challenges, he found one in researching and looking for lost airplane wrecks in New Hampshire. An avid hiker, he has completed the state’s 48 four thousand footers. Wallner is a Granite State Ambassador where he volunteers at the New Hampshire State House, is a member of the Kiwanis Club of Concord and has been a soccer referee for nearly 40 years and currently chairs the N.H. Soccer Association's Disciplinary Committee.

**Section 1 Member tuition:** $20.00 | 1 M: 5/8/2023 - 5/8/2023 | 1:30 - 3:30PM | Class Limit: 32

UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH, 03801

**Section 2 Member tuition:** $20.00 | 1 Th: 6/1/2023 - 6/1/2023 | 10:00AM - 12:00PM | Class Limit: 32

Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818
Grant vs Lee: The Virginia Campaign of 1864-1865

The Civil War was three years old before these two iconic generals of that conflict, Ulysses S. (“Unconditional Surrender”) Grant and Robert E. (“Marse Robert”) Lee faced each other on the battlefields of Virginia. In those early years, Grant had risen from disgrace and obscurity in the West to become Lincoln’s most trusted general. At the same time, Lee had defeated, outwitted, and mastered every general of the Army of the Potomac thrown against him. In desperation, Lincoln called Grant east to take on Lee and his Army of Northern Virginia. After reviewing the achievements of these two military titans in those first three years, we will study their strategies and tactics through the battles of The Wilderness, Spotsylvania Court House, the North Anna River, and Cold Harbor; Grant’s crossing the James River; the siege of Petersburg and the battle of Five Forks; culminating at Appomattox. We will examine their characters, their strengths and foibles as military leaders, the logistic and manpower resources at their disposal, and the political implications and aspects of the campaign, particularly in the North. In the process, we will look for answers to questions not asked in your history books, including: Was Northern victory inevitable? Did Lee’s leadership in this campaign live up to his reputation? How close did Grant (an acknowledged alcoholic) come to falling off the wagon? Were the casualties suffered on both sides warranted? Some of the answers may surprise you.

Presenter: Dave Hess is a graduate of Dartmouth College and Yale Law School and was a Fellow at Harvard’s Kennedy School of Government. He is a retired trial lawyer who served as an New Hampshire Assistant Attorney General under Warren Rudman and David Souter and was a member of the N.H. House of Representatives for 25 years, including terms as Majority Leader, Deputy, and Assistant Majority Leader. Hess has presented several diverse and varied classes at OLLI since 2017. He developed a passion for politics more than 50 years ago when he became involved in the 1964 presidential primary. History in general, and political, military, and American western history, have been some of his lifetime interests.

Member tuition: $35.00 | 4 W: 5/3/2023 - 6/14/2023 | 10:00AM - 12:00PM | Class Limit: 50

Note: Class meets May 3, 17, 31 and June 14 from 10:00 AM to 12:00PM.

GSC Concord, 25 Hall Street, Concord, NH, 03301

Grover Cleveland: Should We Care?

A talk and discussion about one of the lesser-known 19th Century Presidents, Grover Cleveland. His life. His career. His family. His character. His fishing and hunting stories. And maybe a few things no one knows about.

Presenter: George Cleveland is News Director for the three radio stations in Mt. Washington Valley. He has spoken about the importance of a healthy and fun history curriculum in middle and high schools across the country, drawing from the lives of his paternal grandparents, President and Mrs. Grover Cleveland. George is a Trustee of The Society of Presidential Descendants. He has appeared on C-SPAN’s American Presidents series, CBS’ Sunday Morning, Mysteries at the Museum, and Antiques Roadshow.

Member tuition: $20.00 | 1 F: 4/14/2023 - 4/14/2023 | 1:00 - 2:30PM | Class Limit: 20

Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

“I teach in OLLI because of the ‘students’. They are there because they want to be there! I love their active participation, their willingness to share with others, and the wealth of life experiences that they bring to the classroom table. As a college instructor, I find teaching at OLLI a dream educational opportunity.”

- Steve Soreff, MD | OllI Instructor
Introduction to Holocaust Studies, Part I

The class will bring us safely into our studies with a film and Introduction to Antisemitism. We continue with Little by Little, Step by Step, Laws and Decrees that whittled away Human Rights; and explore America and the Holocaust, including Nazism and Jim Crow, collaborators and perpetrator, non-violent and armed resistance, and rescuers. We will end our studies by coming safely out with Stories of Triumph in the Face of Unspeakable Tragedy; Celebrations of Life: “When you save one life, you save the world.”

**Presenter:** Barbara Wahlberg, a retired English Language Arts (ELA) teacher, has been educating teachers and students alike about the Holocaust and other Genocides for over 30 years. She is a Museum Teaching Fellow with the USHMM, a fellow of the USC Shoah Foundation, a member of the State Commission for Holocaust and Genocide Education in Rhode Island, and a board member of the Sandra Bornstein Holocaust Education Center of RI for over 15 years, 10 of those years as Vice President for Education.

**Member tuition:** $45.00 | 6 Th: 3/23/2023 - 4/27/2023 | 1:00 - 3:00PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301

Lions, Eagles, Crowns, & Kings: A Look at Heraldry in the Modern World

The death of Queen Elizabeth II this past September and the accession of eldest son to become King Charles III in the United Kingdom has sparked renewed interest in heraldry, the art, science, and use of creating coats of arms. Today’s heraldry really began in the Middle Ages when knights and warriors fought covered in armor. Oh, my, who’s on my side once things start getting serious and mixed up? Heraldry to the rescue! From ancient times to the present moment, symbols have helped identify leaders, nations, groups, and institutions. Join Father Jerome Day, O.S.B., in a two-class exploration of heraldry on both sides of the Atlantic, why such symbols still matter in 21st Century America and maybe devise your own personal coat of arms.

**Presenter:** Fr. Jerome, O.S.B., is the pastor emeritus of Saint Raphael Parish on the West Side of Manchester. He is a member of the Benedictine community at Saint Anselm College, where he teaches English and communication. He has Master’s degrees from Trinity College and University College, both in Dublin, and a Ph.D. from McGill University, Montreal.

**Member tuition:** $25.00 | 2 Th: 3/23/2023 - 3/30/2023 | 3:00 - 5:00PM | Class Limit: 16

*Note: Please bring colored markers and a poster board for designing your own coat of arms.*

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Lucy Stone: The Forgotten Champion of Women's Suffrage

You have probably heard of Elizabeth Cady Stanton and Susan B. Anthony, the famous suffragists, but you may be among the many who are not familiar with the name of Lucy Stone. In fact, in the rotunda of the Capitol in Washington D.C. is a sculpture of the leaders of the women's suffrage movement, and Lucy Stone is not included. Yet she was an extremely important early leader in the movement. She began as an eloquent public speaker on the anti-slavery lecture circuit, and then turned her talents to speaking on behalf of women’s rights. She was instrumental in organizing the first truly national Woman's Rights Convention in Worcester in 1850. She was a founder of the American Woman Suffrage Association, and publisher of the long-running Woman's Journal, the influential voice of the movement. Her private life demonstrated her courage and commitment to the cause in fascinating ways. This course is an opportunity to explore the life and work of this important but forgotten champion, and to see why she has often been left out of the history of the fight for women's suffrage.

**Presenter:** Eleanor Strang has been presenting popular courses for OLLI since 2013. She received her M.A. from the University of Michigan and her MLS from Simmons College. Strang was the director of the Kelley Library in Salem, N.H. for 15 years, and has pursued her interest in American and Canadian history since retiring.

**Member tuition:** $20.00 | 1 W: 5/3/2023 - 5/3/2023 | 1:00 - 3:00PM | Class Limit: 32

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104
Made in Conway & the Mount Washington Valley

Did you know that Conway and the Mount Washington Valley was once a center of manufacturing? In this program we will explore the history of this once dynamic center of industry and innovation using the archives at the Conway Public Library and artifacts from the Conway Historical Society. We will study the tools and techniques used in the past and survey what is still being made here now hidden behind the more prominent appearance of tourism and outlet shopping.

Presenter: Bob Cottrell is the Curator of both Conway Public Library’s Henney History Room, and the Conway Historical Society, Bob also works as an independent consultant (Curator for hire). He has a Master’s degree from the Winterthur Program in Early American Culture and worked in the field since 1980.

Member tuition: $25.00 | 2 W: 5/3/2023 - 5/3/2023 | 6:00 - 7:00PM | Class Limit: 50

Making China Less "Inscrutable"

It is often said that China is the world’s oldest continuous civilization. While the Egyptians, Syrians, and Iraqis may have something to say about that, in today’s China there is no dispute. China’s view of itself has remained remarkably consistent over at least three millennia, perhaps it is best summed up in a letter from one of China’s greatest emperors to England’s King George III, rejecting the request of the King’s emissary to establish a diplomatic presence in Beijing: “Our dynasty’s domestic virtue has penetrated every country under Heaven, and kings of all nations have offered their costly tribute…we possess all things…and have no use for your country’s manufactures.” Since the Qing emperor’s letter was written in 1793, China has experienced a spectacular collapse, and a phoenix like rise. Let’s examine China’s tumultuous past, how it informs today’s China, and talk about what this portends for the remainder of the 21st century.

Presenter: Elliott Berry graduated from the University of Michigan in 1971 with a B.A. in Far Eastern Studies (concentrating on China). From 2006-2009 he taught during the fall semesters at the Law School of the Central University of Finance and Economics in Beijing. He first visited China (Taiwan and Hong Kong) in 1970 and Mainland China in 1977. Since 2004 he has visited China 10 times and has traveled extensively throughout the country. He has a “degree of fluency” in Mandarin Chinese. Berry has been a lawyer at N.H. Legal Assistance since moving to New Hampshire in 1975.

Member tuition: $40.00 | 6 Th: 5/4/2023 - 6/8/2023 | 3:00 - 5:00PM | Class Limit: 20

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Mere Slang or Historical Treasure? The French Language in North America

A single 90-minute class divided into two parts. Part one involves the history of the French language from 17th-century France to New France, where the language was first influenced by Native languages. After the conquest by the English in 1763, the language underwent further changes, especially in the early 19th century due to the Industrial Revolution. Finally, the migration of French Canadians to New England (1840-1930) brought further influences upon the language. Part two offers a list of words and expressions in this language. Participants who grew up speaking French in New England will also have a chance to share their own words and expressions.

Presenter: Robert B. Perreault has worked as a research assistant/oral history interviewer, librarian/archivist, freelance writer, historical tour guide, public speaker, photographer, and French teacher to promote Manchester’s history and New England’s Franco-American culture since 1973. His works, written in French and English, include seven books and over 160 articles, essays, and short stories published in three countries. He holds an M.A. in French with specialization in New England Franco-American studies from Rhode Island College and an MFA in Creative Writing/Fiction from Southern New Hampshire University (SNHU). In 2012, Manchester’s Franco-American Centre named him “Franco-American of the Year.”

Member tuition: $20.00 | 1 M: 5/22/2023 - 5/22/2023 | 10:00 - 11:30AM | Class Limit: 25

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104
Your brain is your control center. And research tells us that engaging in a wide variety of activities can help keep it strong. So do your brain a favor and discover how life at The Baldwin — an innovative, all-new Life Plan Community (CCRC) — will empower you to keep learning, moving, and challenging yourself at every turn.

Almost sold out! Opening Fall 2023. Call 603.404.6080 or visit TheBaldwinNH.org and discover what makes The Baldwin such a smart move!

The Baldwin Welcome Center
1E Commons Drive, No. 24 | Londonderry, NH 03053
603.404.6080 | TheBaldwinNH.org

Scan to see the latest construction update video or go to TheBaldwinNH.org/Construction_Update.
**Qin to Mao: The History of China**

In this course we will examine the history and development of China from the Qin Dynasty, which started the Chinese Empire, to the end of the Mao era. We will look at four significant dynasties, the development of Chinese culture and values including the four main philosophies, China’s interactions with other Eastern countries and the West, the end of the dynastic era and the rise of Republican China, China at war with Japan, the Chinese Civil War and the triumph of Mao, and China under Mao. (Please note that this is not a course on contemporary China under Xi Jin Ping.)

**Presenter:** Carol Zink is a retired high school history teacher who taught Modern World and AP European History. She also teaches many courses for OLLI in Hawaii and online, including Russian History, the French Revolution, Chinese History, Indian History, the Scientific Revolution and the Enlightenment, The Renaissance and the Reformation, and the Palestine-Israel Conflict. She has a B.A. in History from Northwestern University and an MBA from Santa Clara University. Zink is also a retired United States Navy Captain.

**Member tuition:** $45.00 | 6 Tu: 2/21/2023 - 3/28/2023 | 1:00 - 2:30PM | Class Limit: 100

Online - Virtual by Zoom

---

**Rise of the Nazis: Lessons for Democratic Citizenship**

An exploration into the rise of the Nazis, the destruction of German democracy and the ongoing threat of fascism and Nazism. We will explore the relevance of antisemitism; the myriad of social forces and political agendas influencing decision-making in Germany and the United States. In examining how the Nazis were able to come to power and how they secured that power by destroying democratic institutions within the first five months, we will raise important questions about democracy and the role of citizens and institutions. We will compare and contrast Hitler and Franklin Delano Roosevelt’s reaction to the economic crisis; the power of the Southern democratic bloc in shaping U.S. policy; issues of Jim Crow, refugees, and U.S. immigration policy; and the connection between eugenics in the U.S. and Nazi race policy. As we compare and contrast this eugenics history, we will explore the connection to and divergence between sterilization laws, and Nazi euthanasia policy and its influence in shaping and implanting the Holocaust. We will ponder what lessons apply for democratic citizenship and civic responsibility. Given the rising appeal of fascism and Nazism and the attack on the Capitol on January 6, how can this history enhance our resiliency in confronting the challenges facing democracy today? No advanced reading is required.

**Presenter:** Thomas M. White, Coordinator of Educational Outreach for the Cohen Center for Holocaust Studies at Keene State College, serves on the Board of Directors of the Association of Holocaust Organizations (AHO) and as training center coordinator for ADL/USC Shoah Foundation/Yad Vashem's Echoes & Reflections curriculum. In addition, White has participated in and facilitated the Global Raphael Lemkin Seminar for Genocide Prevention at the Auschwitz Institute for Peace and Reconciliation (AIPR) and Yad Vashem & U.S. Holocaust Memorial Museum International Conferences. He received NEA-NH’s Champion of Human & Civil Rights Award in 2009 and was named Peace Ambassador by the Center for Peacebuilding from Bosnia and Herzegovina in 2015.

**Member tuition:** $45.00 | 6 W: 5/10/2023 - 6/14/2023 | 10:00AM - 12:00PM | Class Limit: 16

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104
Spanish Inquisition: Not Unexpected

The Spanish Inquisition was just one of several inquisitions that occurred between the 12th and 19th centuries. Religion was not something one just did at church. It was the peoples’ science, their philosophy, their politics, their identity, and their hope for salvation. It was not a personal preference but an abiding and universal truth. Heresy, then, struck at the heart of that truth. It doomed the heretic, endangered those near him, and tore apart the fabric of community. The goal of this class will be to reach a basic understanding of the uniqueness of the Spanish Inquisition and how it operated. By providing both the historical, political, cultural, religious, and judicial aspects of the Spanish Inquisition this course will explore why intolerance became a normal acceptable way of life.

**Presenter:** Merle Luber Friedenberg, Ph.D., has been a college professor for many years. Recently, she has taught at lifelong-learning programs at Brandeis University and Rivier University, as well as OLLI. Her classes always reflect her in-depth historical reading and research and her ability to present serious topics as both education and entertainment.

**Member tuition:** $45.00 | 6 Th: 3/23/2023 - 4/27/2023 | 10:00AM - 12:00PM | Class Limit: 32

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

The Angels’ Lament: Orphans, Mills, & Tenements in America

1872, during the Reconstruction era, was a time of expansion, discovery, healing in America—piecing together the fragments of lives, rebuilding families, homes, and communities. It was time to leave the safety of small towns and venture into nearby, rapidly growing cities, to prosper and find long-awaited independence as industrial wage earners. At that time Fall River, MA was the world’s second-largest producer of cotton cloth. Along with the rapid increase of wealth for a few families that dominated the industry, a massive surge of immigration occurred, changing, and reshaping the labor force, and altering the roles of men, women, and children. In the face of oppressive paternalism, the growth of corporate power, and textile capitalism, the millworkers became victims of social and moral collapse due to public neglect, incalculable abuse, and greed, unknowingly paving the way for the future. During this course, based on *The Angels’ Lament*, Book Two, Etched in Granite Historical Fiction Series, we explore the complexities—torment and adversity, decay, and chaos—of the weaving together of a richly textured world. Reading the book, *The Angels’ Lament* is suggested, but not required.

**Presenter:** Author and historian Mj Pettengill focuses on cultural narrative and traditions, historical and intergenerational trauma integration, ancestral healing, and social welfare development. Aligned with ancient healing customs, Mj practices the art of gathering wild plants for food/medicine on her farm in the mountains of New Hampshire. Along with undergraduate studies in history, theology, music, and psychology, she has an MFA in creative writing. She penned the *Etched in Granite* Historical Fiction Series.

**Member tuition:** $20.00 | 1 M: 5/8/2023 - 5/8/2023 | 2:30 - 4:30PM | Class Limit: 30

Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

“I have loved every OLLI course I’ve taken - since 2005! - especially the literature ones with "homework". I enjoy volunteering as a class assistant and being a member of the Greater Manchester Curriculum Committee. I am also an OLLI presenter and have met wonderful people through the courses I’ve led.”

- The Rev. Jane Van Zandt | Class of 2005 | Greater Manchester
**The History of Creek Farm**

Join Sarah Kern, Creek Farm Education Program Coordinator for Creek Farm at the Society for the Protection of New Hampshire Forests (SPNHF) for a presentation and walk at one of the society's most beloved properties, Portsmouth's Creek Farm. This program will start with a slideshow presentation in The Forest Society Education Center, discussing the long history of what we now call Creek Farm. Once part of the 18th-century farm of royal Governor Benning Wentworth, this coastal hideaway borders the shoreline of tidal Sagamore Creek. Following the slideshow presentation, we will take a short, guided walk around the property to look at the historic landmarks that still stand as well as a visit to Agnes Carey's final resting place. Comfortable walking shoes, appropriate layers of clothing, snacks, water, and weather gear are recommended.

**Presenter:** Sarah has over 25 years of national and international experience in education, wildlife rehabilitation, environmental and conservation education, public speaking, and community outreach ranging all ages and stages. She has appeared on Good Day Maine and On the Road with Steve Hartman. She has presented hundreds of live raptor programs and is currently the Creek Farm Education Program Coordinator with the Society for the Protection of New Hampshire Forests (SPNHF). She earned her B.A. in Communications and her M.Ed. in Elementary Education.

**Member tuition:** $20.00 | 1 W: 5/10/2023 - 5/10/2023 | 11:00AM - 1:00PM | Class Limit: 30

**Note:** Donations (at the time of visit) to the Forest Society are encouraged.

Creek Farm - Forest Society, 400 Little Harbor Road, Portsmouth, NH, 03801

---

**The Town of Canterbury Is on Fire!**

On a very cold and windy night during the winter of 1943, a fire broke out in the center of Canterbury. Townspeople were awoken in the wee hours of the morning to discover their church, town hall, a few private residences, and the combination Union Hall, village store, gas station & post office were all hopelessly ablaze. In the morning aftermath, the historic town center looked shockingly different as at least six buildings were completely destroyed, and another half-dozen sustained varying degrees of damage. Historic photos tell the story of tragic loss and Yankee “never-say-die” tenacity in rebuilding.

**Presenter:** Mark Stevens is a licensed land surveyor, certified wetlands scientist, and licensed designer of subsurface disposal systems. He has a degree in engineering from the Community College of the Air Force and a degree in surveying and wildlife & forestry management from Unity College.

**Member tuition:** $20.00 | 1 Tu: 4/11/2023 - 4/11/2023 | 1:00 - 3:00PM | Class Limit: 42

GSC Concord, 25 Hall Street, Concord, NH, 03301

---

**The Traveling Trunk Show**

The Traveling Trunk show is an educational and entertaining program featuring some of our favorite antiques from The Fryeburg Historical Society's museum. We will present three trunks of much-loved items which will remind you of a visit to grandma's house. Other items are sure to baffle. Participants are invited to bring a favorite antique to show and tell.

Presenters: The author of the historical fiction novels, *The Fryeburg Chronicles*, June O'Donal says history is fascinating, textbooks are boring! She developed her love and knowledge for history while homeschooling her children. During the past twelve years as an author, she has learned how plants, industry, immigration, food, culture, wealth, immigration etc. are intricately intertwined in our local and regional history. O'Donal and her husband have two adult children and live in Denmark, Maine.

Nancy Ray is she is past president of the Fryeburg (ME) Historical Society and currently serves as Archive Curator on the Society's Board of Directors.

**Member tuition:** $20.00 | 1 M: 4/24/2023 - 4/24/2023 | 2:00 - 3:30PM | Class Limit: 15

Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818
Winston Churchill: You Decide

_Time_ magazine voted him "Man of the Half Century" (ahead of FDR and Hitler). The Manchester Guardian called him "A morbidly obese narcissistic alcoholic." He was born in a coat room at Blenheim Palace, raised by a nanny, and went to military school. And he wrote. As First Lord of the Admiralty during World War I he designed and led a disastrous campaign costing great loss of life. And he wrote. He was left in disgrace out of Politics for many years. And he wrote. King George VI (against the King’s own better judgement) appointed him Prime Minister on May 10, 1941. After the War he wrote a book, _History of the English-Speaking Peoples_. In its review _Time_ magazine opined: "If History didn’t happen this way perhaps it should have." Come listen and decide.

**Presenter:** Carl Lindblade is a long-time OLLI presenter sharing his love of maritime and N.H. history. He recently transitioned from 19 years at the University of New Hampshire Peter T. Paul College of Business and Economics to part-time at Granite State College. He is also an active presenter at the Omni Mt. Washington Hotel as their “point person on the Bretton Woods Conference.”

**Member tuition:** $20.00 | 1 Th: 3/2/2023 - 3/2/2023 | 1:00 - 4:00PM | Class Limit: 32
Gibson Center for Senior Services, 14 Grove Street, North Conway, NH, 03860

The Second Amendment: What It Does & Does Not Mean

Few parts of the United States Constitution are more controversial today than the Second Amendment guaranteeing the right to bear arms. This lecture will introduce audiences to the origins of the Second Amendment, including the role of the militia in revolutionary America and what the right to bear arms did and did not mean. Although the focus will be on the amendment’s early history, it will conclude with some remarks about how its meaning has evolved in the two centuries since it was ratified.

**Presenter:** Eliga Gould is a professor of history at the University of New Hampshire, specializing in Early American History. His award-winning book, _Among the Powers of the Earth: The American Revolution and the Making of a New World Empire_ (Harvard, 2012), explores the manifold ways in which the early American republic's quest to be accepted as a “treaty worthy” nation by Europe's colonial powers shaped American thinking about an array of issues, including federalism, Native American treaty rights, and the abolition of slavery. In addition to being recognized at UNH for excellence in teaching and research, Gould has held long-term fellowships from the Guggenheim Foundation, the Fulbright-Hays Program, the National Endowment for the Humanities, and the Charles Warren Center at Harvard.

**Member tuition:** $20.00 | 1 W: 3/1/2023 - 3/1/2023 | 6:30 - 7:30PM | Class Limit: 25
Online - Virtual by Zoom
Personal Enrichment

Aging & Health

Adjusting To Life & Aging In New Hampshire

Brendan grew up on Long Island, New York and moved to New Hampshire by accident in 1985. Over those first years he had to learn to adjust to life in the Granite State as a rather inept Flatlander. Learning to rake the roof, going to the dump, and even buying firewood were new adventures for this Flatlander. Now having adjusted somewhat, he faces a new adjustment that hits everyone if they live long enough - getting older. Brendan shares some humorous tales and observations on this process as well. From his recent heart surgery to trying to get ready for retirement, many will relate to these humorous tales.

Presenter: Brendan Smith is the editor of the Weirs Times newspaper in Laconia. He has also been writing a weekly humor column for the paper since 1995. He has published three books: The Flatander Chronicles, Best of A F.O.O.L In New Hampshire, and I Really Only Did It For The Socks: Stories & Thoughts On Aging. Smith has also traveled the state presenting his humorous program. He lives in Laconia with his wife Kimberly.

Section 1 Member tuition: $30.00 | 2 W: 4/5/2023 - 4/19/2023 | 1:00 - 2:30PM | Class Limit: 25
UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH, 03801

Section 2 Member tuition: $30.00 | 2 W: 5/3/2023 - 5/10/2023 | 10:00 - 11:30AM | Class Limit: 44
GSC Concord, 25 Hall Street, Concord, NH, 03301

Demystifying Primary Care

Primary care is an important gateway to one's health care. Given the changes in health care delivery and limited access to one’s primary care, this course offers useful tools to help individuals make informed decisions as well as practical ways to lower one’s out of pocket health care costs. In this course, we will discuss what every patient ought to know about their primary care office, the value of having a primary care doctor, ten questions one should ask when meeting a doctor, and how to obtain great primary care that is guaranteed. We’ll also explore costly misconceptions about primary care, common complaints patients have about their primary care office, primary care office rip-offs, errors to avoid when choosing a primary care doctor, and mistakes to avoid after one has chosen their primary care doctor.

Presenter: Dr. Belinda Castor is a board-certified internist practicing medicine for over 30 years working in various capacities including private practice, corporate owned practice, urgent care, missionary to Romania and currently a direct primary care practice. Her diverse experience affords her the ability to advise individuals on how to best seek their health care in an affordable, effective, and relational fashion. Dr. Castor was named one of Castle Connolly's Top Doctors in NH for 2020 and 2021.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: $20.00 | 1 M: 5/22/2023 - 5/22/2023 | 1:00 - 3:00PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: $20.00 | 1 M: 5/22/2023 - 5/22/2023 | 1:00 - 3:00PM | Class Limit: 32
Online - Virtual by Zoom
Personal Lines Insurance: Do You Know What You Buy?

Did you know the U.S. insurance industry for life, auto, commercial, and home insurance is estimated to be a $1.28 trillion industry? Or that there are nearly 6,000 insurance companies in the United States? Become an informed consumer as we explore various components of personal auto, homeowners, and umbrella insurance coverages and what premium discounts may be available to you. We’ll also discuss how insurance companies are rated and reviewed.

Presenter: Michael Averill has over 50 years of experience in the property and casualty insurance business. He has developed programs for companies to sell, started insurance companies, expanded company licenses, and was a licensed insurance agent. He also served as N.H.’s Assistant Insurance Commissioner for a term.

Member tuition: $20.00 | 1 M: 5/8/2023 - 5/8/2023 | 10:00AM - 12:00PM | Class Limit: 25
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Simplifying Medicare

Are you turning 65 or retiring soon? Many folks find Medicare very confusing with the process of how and when to enroll or should they delay their Medicare. This informal educational course will help educate and provide you with some guidance as you navigate through the Medicare process. You will learn what Medicare basic Parts A, B, C, and D are and how they work with supplemental insurance. Learn what Original Medicare covers and how the different types of supplemental insurance works with your Medicare so you can make the best decisions for your health care needs in retirement. You will also know the importance of enrollment periods and make sure you avoid lifetime penalties.

Presenter: Donna Wilton is an Independent Insurance Agent that helps folks with Medicare Insurance plans. She offers a focus on educating and guiding clients through their transition into Medicare while avoiding penalties. She is thoroughly educated, licensed, and certified with Medicare insurance carriers and takes time to ensure your understanding of the different parts of Original Medicare Part A and B, C and D. She helps clients research plans based on their needs as well as their enrollments.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: $20.00 | 1 W: 3/22/2023 - 3/22/2023 | 2:00 - 3:30PM | Class Limit: 30
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: $20.00 | 1 W: 3/22/2023 - 3/22/2023 | 2:00 - 3:30PM | Class Limit: 30
Online - Virtual by Zoom

The Aging Senses

Aging can jeopardize each of the five senses – sight, sound, touch, taste, and smell – in various ways. People often don’t consider how sensory loss can impact the independence or ability to enjoy life. During this workshop we will discuss the impact of sensory loss, simulate what it’s like to live with sensory loss and learn ways that we can better understand and adapt to these changes.

Presenter: Caitlin works to ensure that older adults stay at home safely and successfully and works hospitals and rehabilitation communities to keep readmissions low. As an advocate and resource for families, Caitlin is always pursuing education and opportunities to address the growing needs within the aging community. She is empathetic to the challenges faced in caring for your loved ones.

Member tuition: $20.00 | 1 W: 5/24/2023 - 5/24/2023 | 10:00 - 11:00AM | Class Limit: 30
Online - Virtual by Zoom
The Talk That Families Need to Have. Hospice: What Do You Need to Know

The total picture of hospice will be presented followed by a period of questions and answers. What do you need to know to prepare should you or a family member find themselves in need of hospice? Many people make up the hospice program. They are involved with the care and the comfort of the patient and the family while the patient needs hospice and afterwards to help the family in grief. While hospice can be thought of as an unpleasant subject. this course will explain the human experience and introduce you to those faces you might meet and certainly never forget.

**Presenter:** JoAnn Preston was raised in Boston, MA where she attended Girls’ Latin High School and Fisher Business College obtaining an Associate degree in business. She moved to N.H. in 1971 and began career at Social Security in 1976, retiring in 2011. In the mid 1990’s she returned to Notre Dame College in Manchester to complete a Bachelor’s degree in psychology. Since then, she has been active in hospice.

**Member tuition:** $20.00 | 1 W: 6/14/2023 - 6/14/2023 | 1:00 - 2:30PM | Class Limit: 16

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Finance

How to Start a New Hampshire Business

Have you dreamed of starting your own company in N.H.? This course is for you! Topics covered will include (1) the importance of business plans; (2) personal qualities needed for a successful business; (3) whether your business should have only one owner or two or more owners; (4) should your business be a sole proprietorship, a business corporation, an LLC or something else? (5) what you need to know about LLC law and tax and about LLC certificates of formation and operating agreements; (6) what should be the federal tax regimen of your business; (7) New Hampshire taxes on businesses and their owners and how to lawfully avoid these taxes.

**Presenter:** John Cunningham is a business lawyer. Before becoming a lawyer, he taught philosophy at Georgetown University. He authors “Law in the Marketplace”, a weekly column in the Concord Monitor. He lives with his wife in Concord, N.H.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1 Member tuition:** $30.00 | 3 Sa: 3/11/2023 - 3/25/2023 | 10:30AM - 12:00PM | Class Limit: 42

GSC Concord, 25 Hall Street, Concord, NH, 03301

**Section 2 Member tuition:** $30.00 | 3 Sa: 3/11/2023 - 3/25/2023 | 10:30AM - 12:00PM | Class Limit: 42

Online - Virtual by Zoom
Saving Money & Energy in Your Home

This course is designed to show homeowners how they can limit their energy costs by using various cost-effective measures including being efficient (using only as much energy as is needed for the task), converting all fossil fuel combustion to electric motors, and converting to a sustainable energy source. This course will profile five high-performance homes, examines the features they have in common that make them energy efficient, and outline how others may achieve similar results in a retrofit of an existing home. We will also discuss how new federal tax credits through the Inflation Reduction Act offer incentives for strategies covered in during the course. No previous knowledge is required.

**Presenter:** Host of the The Energy Geek website and the author of *Warm and Cool Homes*, Wes Golomb has been interested in clean energy since the 1970’s. He was the second certified energy auditor in the state of N.H. and previously owned a solar energy business. Golomb taught environmental science for 35 years, administered the state’s energy codes for almost a decade, and started the first Energy Services two-year degree program in the Northeast.

**Member tuition:** $20.00 | 1 Th: 2/23/2023 - 2/23/2023 | 6:00 - 8:00PM | Class Limit: 100

Online - Virtual by Zoom

What Seniors Should Know When Selling Their Home

This course helps participants understand what they need to do and how far in advance they need to do it when selling their home; staging, downsizing, buying another home, open houses or not, and many other real estate options and answers. This course is designed for those who need to prepare their homes and themselves for a monumental, and often emotional, process of selling the homestead.

**Presenter:** Gail Athas is a full-time realtor and educator. Athas has been in the real estate industry for over two decades and was recognized in 2014 as the NH Realtor of the Year. Prior to this career, she was a professor of management and a college administrator.

*Note: Both class sessions will meet on Tuesday and Thursday of the same week.*

**Member tuition:** $25.00 | 2 Tu, Th: 4/4/2023 - 4/6/2023 | 10:00AM - 12:00PM | Class Limit: 12

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Games

Bridge For Your Brain: More Commonly Used Conventions, Part I

This course is based on materials written for, and sponsored by, the American Contract Bridge League. We will begin with the Negative Double, perhaps the most important, but least appreciated, use of the double card - an essential tool in the bidding toolkit. We then move on to other doubles, including the takeout double, cooperative, competitive, and optional doubles, the familiar penalty double, the lead directing double, and the use of the redouble - in some cases to show support, in others to show points, and in yet other situations to bail the partnership out of trouble. The third of four classes will focus on the overcall, responding to overcalls, and how and when to overcall when the opponents opens 1NT. Finally, in class four we will look at special two-suited overcalls including the Michaels cue bid and the unusual 2NT bid. Participants are encouraged to be open to modern bidding styles and willing to discard older methods that are no longer popular among experienced players.

**Presenter:** Rick Weinstein is one of eight accredited American Contract Bridge League teachers in New Hampshire. Weinstein has been playing bridge competitively for more than 30 years and has attained the rank of Ruby Life Master and has earned more than 1700 masterpoints. In 2019, he was awarded the prestigious Leroy Lake Award by the New Hampshire Bridge Association for his contributions to the game. He also teaches at Riverwoods Continuing Care Community and for Salem High School Adult Education.

**Member tuition:** $35.00 | 4 Sa: 4/1/2023 - 4/29/2023 | 10:00AM - 12:30PM | Class Limit: 16

*Note: No Class April 8. Class meets 4/1, 4/15, 4/22 and 4/29.*

Online - Virtual by Zoom
Getting Started: Basic Basics of Bridge

Bridge – the ultimate partnership game – is a game of skill, communication and infinite possibilities. Join us for three classes where we explore the basics of this classic card game. Following guidelines established by the American Contract Bridge League (ACBL), you get to speak in and decipher coded language to determine if you will defend or attack. It’s North-South vs. East-West. It’s the best game you’ll ever play!

Presenter: Phyllis Benoit’s prior life was spent as an English teacher in both high school and college. Her second career was as a certified divorce mediator and included eight years as a volunteer in the N.H. Attorney General’s Office of Consumer Protection. She and her husband, Herb, love to travel.

Member tuition: $30.00 | 3 M: 3/13/2023 - 3/27/2023 | 9:30 - 11:30AM | Class Limit: 12

GSC Concord, 25 Hall Street, Concord, NH, 03301

Mah-Jongg for Beginners

Warning - this game is fun, challenging and addictive! It is a stimulating mental activity that we all need as we get older. Mah-Jongg is an ancient Chinese game of skill and luck. It is played with four players using 152 tiles. Class time will be spent with hands-on instruction and actual playing of the game. The National Mah-Jongg League card is required and provided.

Presenter: Many years ago, Florette Tilton started playing Mah-Jongg and plays in both N.H. and in Florida where she has participated in many tournaments. Tilton has started several groups in and around the Concord area.

Section 1 Member tuition: $45.00 | 6 W: 5/3/2023 - 6/7/2023 | 1:00 - 3:30PM | Class Limit: 13

Note: $14.00 for cards will be added to your registration for a total cost of $59.00.

GSC Concord, 25 Hall Street, Concord, NH, 03301

Presenter: Sue Bergoffen remembers falling off to sleep hearing her mother calling Mah-Jongg tiles. She has now played for many years and loves teaching others the joy of the game.

Section 2 Member tuition: $35.00 | 4 Tu: 5/23/2023 - 6/13/2023 | 10:00AM - 12:30PM | Class Limit: 12

Note: $14.00 for cards will be added to your registration for a total cost of $49.00.

Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

Gardening & Nature

All About Dogs

Come learn about the types of problems today’s dogs suffer from and what we can do to prevent them. From the basic biology and evolution of dogs to breed-specific problems, this course is jam-packed with information to make you a better dog lover. Dogs will be brought into the course for students to meet and learn through demonstrations.

Presenter: Helen Nicholls has been training dogs for over 12 years and is the owner and operator of No Monkey Business Dog Training. She is a Certified Professional Dog Trainer & Knowledge and Skills Assessed (CPDT-KSA) and a Certified Dog Behavior Consultant (CDBC) and an Operation Socialization Certified Trainer (OSCT). Nicholls is a professional member of the Association of Pet Dog Trainers, a member of the Association of Animal Behavior Professionals and is a certified member of the International Association of Animal Behavior Consultants, and a member of the Pet Professional Guild.

Member tuition: $30.00 | 3 Tu: 4/25/2023 - 5/9/2023 | 5:00 - 6:30PM | Class Limit: 20

GSC Concord, 25 Hall Street, Concord, NH, 03301
Denali, Bears, & Eagles of Alaska

Join us for this travelogue of a recent excursion to Southwestern Alaska. In this course, scenes of Alaska from Fairbanks to Anchorage will be shared. Also featured are photos of a trip to the Brooks River Preserve to photograph bears and the amazing sunrise scenes of Denali.

**Presenters:** Edmund Bergeron, Kathy Bergeron

Ed Bergeron has been a National Weather Service (NWS) Coop Observer and is currently a Community Collaborative Rain, Hail & Snow Network (CoCoRaHS) volunteer observer providing the daily weather rating on the 93.5 WMWV Morning Weather Show.

Kathy Bergeron is a serious amateur nature photograph. She has photographed nature and traveled around the world. Her work has appeared in Mountain Garden Club booklets, *Yankee Magazine* and at the league of NH Craftsmen. Kathy is a member of the North Country Camera Club, member of Material Girls Quilting Group, Mountain Garden Club, and is the treasurer of the Pope Memorial Library.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1 Member tuition:** $20.00 | 1 M: 3/6/2023 - 3/6/2023 | 1:00 - 2:30PM | Class Limit: 30

Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

**Section 2 Member tuition:** $20.00 | 1 M: 3/6/2023 - 3/6/2023 | 1:00 - 2:30PM | Class Limit: 30

Online - Virtual by Zoom

---

Dispel Some of the Myths About Coyotes in New Hampshire

This course will address where Eastern coyotes came from, and how they live, hunt, and survive in the presence of man. Images of coyotes and wolves make this presentation as the audience is led through the natural history of this much maligned animal. Dispel the myths that have followed the species.

**Presenter:** Nigel Manley grew up in the United Kingdom and has worked for the Society for the Protection of New Hampshire Forests (SPNHF) for more than 25 years, where is currently serves as the Senior Outreach Manager. His degree in agricultural management helped with the startup of SPNHF’s Christmas tree farm, and his keen interest in public outreach and marketing has enabled him to successfully promote The Rocks Estate as a tourist destination.

**Section 1 Member tuition:** $20.00 | 1 W: 3/29/2023 - 3/29/2023 | 1:00 - 2:00PM | Class Limit: 50

Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818

**Section 2 Member tuition:** $20.00 | 1 Tu: 4/11/2023 - 4/11/2023 | 6:30 - 7:30PM | Class Limit: 50

Online - Virtual by Zoom

---

Earthquakes, Volcanos, & Plate Tectonics: The Way Our Planet Works

Have you ever wondered what causes earthquakes? Or volcanos? The two are very much connected and both are the results of plate tectonics, also known as continental drifting. Not all volcanos are alike. Some, like those occurring on the Hawaiian Islands or Iceland are mild mannered and simply result in extensive lava flows, while others, such as Mount St. Helens, erupt explosively. Why? In this course we will investigate the process of plate tectonics and explore the inner working of our home planet. You’ll find out that geology is a very dynamic science and will come to appreciate how our wonderful planet works. You’ll never look at a rock the same way again. Join Professor Rock as he takes us on an inside look at the third rock from the Sun, and in the process he’ll compare Earth with the other inner planets (Mercury, Venus, and Mars). This will be quite a trip!

**Presenter:** Dr. Barrett “Barry” Rock is Professor Emeritus in the Department of Natural Resources and Environment at the University of New Hampshire. Trained as a botanist and geologist, his current research is focused on the use of the Scanning Electron Microscope (SEM) to study small pieces of woody vegetation.

**Member tuition:** $20.00 | 1 W: 2/22/2023 - 2/22/2023 | 10:00AM - 12:00PM | Class Limit: 30

Online - Virtual by Zoom
Go Wild! A Free, Easy-to-Start, & Fun Garden Planting Scheme

Birds and pollinators will make your efforts to create a garden sanctuary "blossom" prolifically in only a couple of years. Native annuals provide the food our wildlife needs, especially in these times of dramatic climate change; and we will benefit from the profusion of color and continual blooming of species from spring to fall. We will learn how to harvest native annuals responsibly, compare them to cultivars, and learn the importance of letting them go to seed for bird food and future plant propagation. The course’s first class will be held in the classroom while the last two classes will be local site visits.

**Presenter:** Mary McEvoy is a certified Maine Master Naturalist and docent for the Greater Lovell Land Trust. She lives near the New Hampshire border and is a beekeeper and nature enthusiast. McEvoy regularly hikes, walks, snowshoes, and bicycles in the lovely forests of New Hampshire and Maine.

**Section 1 Member tuition:** $30.00 | 3 W: 5/24/2023 - 6/7/2023 | 2:00 - 4:30PM | Class Limit: 25
Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818

**Section 2 Member tuition:** $30.00 | 3 Th: 5/25/2023 - 6/1/2023 | 2:00 - 4:30PM | Class Limit: 25
UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH, 03801

Seasonal Salads: Beautiful & Delicious Ways to Enjoy the Harvest

Think beyond simply greens. Vegetables and fruit can be transformed into beautiful and delicious salads of all types, including heartier grain and dinner salads. Learn new methods of preparation, ingredient combinations, and homemade dressings for colorful, tasty salads to satisfy you all season long. This course will include a cooking demonstration, recipes, and plenty of practical tips.

**Presenter:** Vanessa Young is a cooking instructor, recipe developer, writer, and educator known for her artful approach to food and wellness topics and her focus on seasonal meals. From butchers to bakers, her family is a long line of both self-taught and professional chefs. As the founder of Thirsty Radish, she shares recipes and inspires a creative approach to life in and out of the kitchen. Young offers private and community cooking classes and topical programs that support a healthy and creative relationship with food.

**Member tuition:** $20.00 | 1 F: 5/12/2023 - 5/12/2023 | 1:00 - 2:30PM | Class Limit: 25
Online - Virtual by Zoom

Table Scraps to Garden Gold

The presentation will focus on the presenter’s practical method of turning all home vegetable waste into rich compost. The class will explore methods of harvesting materials needed to balance ingredients for an active compost pile, types of materials that can or should not be used, the importance of aeration and humidity, types of containers for gathering waste and containing the pile, tools needed to create a rich end-product, and problems encountered over the years. Discussion of the importance of recycling vegetable waste will be encouraged. You do not have to be a gardener to benefit from this presentation.

**Presenter:** Allen Brooks grew up in Laconia, N.H., and after college spent 15 years teaching in France, North Africa, and several francophone countries in West Africa. In 1973, he settled in Freedom, N.H., where he built a house and entered the Ph.D. program in “Doing-It-All-Yourself.” He is still working on his thesis. After marrying and moving to Jackson, N.H., Brooks taught French in local high schools for 15 years. He and his wife, Joanne, have enjoyed rural living in Jackson for over 35 years.

**Member tuition:** $20.00 | 1 M: 4/17/2023 - 4/17/2023 | 10:00AM - 11:30PM | Class Limit: 20
Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818
A SMART SOLUTION FOR SOLO AGERS!

You’ve carved out quite a life, and now it’s time for the ultimate in self-care. A smart plan for solo agers, RiverWoods Manchester preserves your independence, while creating connections, community and peace of mind for future health care needs.

See how vibrant life can be, visit RWManchester.org or call 603-836-2302 to schedule your tour.
Yuka the Arctic Fox

Meet Maria Laycox and her partner, Yuka the Arctic Fox. Learn about Maria’s interest in all foxes in New Hampshire, her life with Yuka and listen to her relate stories about Yuka. Yes, Yuka will be coming to class!

Presenter: Maria Laycox holds many certifications as a Realtor, Associate Broker, and Broker Manager who focuses on the New Hampshire’s home sellers and buyers. She currently lives in Salisbury, New Hampshire with her Arctic Fox, Yuka. Yuka is the only fox in New Hampshire being exhibited for the public to see up close and personal and is part of an exhibit presentation Laycox creates for New Hampshire called “Foxes in New Hampshire.”

Section 1 Member tuition: $20.00 | 1 F: 3/17/2023 - 3/17/2023 | 1:00 - 2:30PM | Class Limit: 32
UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH, 03801

Section 2 Member tuition: $20.00 | 1 F: 4/14/2023 - 4/14/2023 | 1:00 - 2:30PM | Class Limit: 32
GSC Concord, 25 Hall Street, Concord, NH, 03301

Personal Development

No One Wants Your Hummels & Other Aging Lessons I've Learned

Is your "stuff" getting in the way of your life? Do you worry your kids won’t want your heirlooms? Come to this course and learn not only how to downsize, but some other valuable lessons on how to make this chapter of your life an even more enjoyable one. Podcast host, Cathleen Toomey, will share some of what she has learned in her two years of interviewing aging experts.

Presenter: Cathleen Toomey has more than 30 years of experience in marketing and advertising, the last 15 as Vice President of Marketing for the RiverWoods Group, a non-profit family of continuing care retirement communities. An experienced presenter, she has presented to professionals and consumers across the country. In April 2021, she launched a podcast, Seniority Authority, that seeks to answer people's questions on aging. Toomey is a Fairfield University (B.A.) and Fordham University (M.A.) graduate.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: $20.00 | 1 Tu: 6/13/2023 - 6/13/2023 | 10:00 - 11:30AM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: $20.00 | 1 Tu: 6/13/2023 - 6/13/2023 | 10:00 - 11:30AM | Class Limit: 32
Online - Virtual by Zoom

“I started taking OLLI classes during the height of the pandemic and was simply amazed at the high quality of course offerings, despite our inability to meet in person. I learned so much! Now I’m happily serving on a curriculum committee. It’s a joy to assist this dynamic organization of talented members, volunteers, and staff.”

- Linda Anderson | Class of 2020 | Seacoast
NYC DIY: Be Your Own Tour Guide in New York City

New York City, a wonderful town, “The Bronx is up and the Battery’s down, the people ride in a hole in the ground.” NYC is one of the greatest cities in the world to visit. So much to see and do. But it can also feel confusing and overwhelming. Between the subways and the bridges, the neighborhoods and crowds of people quickly going about their business, it is easy to feel lost. This class will be an insider’s guide to visiting NYC, explaining the many options for getting there, getting around, where to stay, things to do, where and what to eat, the neighborhoods and how they are all connected, the costs, discounts, and how to get a New Yorker’s deal. When you finish this class, you will be prepared to plan your own trip to New York City and feel your “small town blues melt away.” Whether you want to visit the museums or iconic landmarks, theater, music, or sporting events, explore unique neighborhoods or shop your interests in NYC’s many offerings, you will be prepared to do it your way. Maps, brochures, website links, and more will be provided and discussed.

Presenter: Jonas Taub is a retired school psychologist and college instructor who has lived and worked in New Hampshire for nearly 40 years. He’s presented workshops for educators and others, including technology topics, and has taught the Android class in the CALL program at Keene State College. Taub is a native New Yorker and frequent visitor to his hometown. Jonas loves to travel, is a member of the OLLI Travel Committee, and a regular contributor to the Trip Advisor NH Forum.

Section 1 Member tuition: $20.00 | 1 F: 3/10/2023 - 3/10/2023 | 1:00 - 3:00PM | Class Limit: 30
UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH, 03801

Section 2 Member tuition: $20.00 | 1 M: 4/3/2023 - 4/3/2023 | 3:00 - 5:00PM | Class Limit: 30
GSC Concord, 25 Hall Street, Concord, NH, 03301

Socrates Cafe

Socrates led his students to wisdom by challenging their beliefs with piercing and persistent questions. Join us in discussing topics that explore who we are, why we act as we do, what we strive for and how we achieve our goals. It is a seminar of questions - not answers. Prepare to think, to be challenged, and to be open to changing your mind.

Presenter: George Epstein has undergraduate and graduate degrees in math, psychology, and business from Dartmouth College and the University of Maine. He founded and led an electronic medical record business for behavioral health organizations. Epstein has served as a town moderator and University System of New Hampshire trustee.

Member tuition: $30.00 | 3 Tu: 4/25/2023 - 5/9/2023 | 9:30 - 11:00AM | Class Limit: 10
The Echo Group, 15 Washington Street, Conway, NH, 03818

Tarot 101

Tarot has been around since the 15th century and is one of the most popular self-discovery tools in the world today. This program will cover basic tarot theory, giving you a bird’s eye view of how the cards work together. The goal is to demystify the tarot to empower you to use the cards for self-reflection and personal growth. Throughout the program, you’ll be invited to consider card images using both the information from the presentation and your own intuition. At the end of the workshop, you’ll be shown how to conduct a reading for yourself or others, and you’ll leave with practical next steps to do at home. You may want to bring a notebook and pen, plus your favorite tarot deck, if you have one. While some of the workshop material will apply to oracle cards, this workshop is focused on the classic Smith- Rider-Waite 78-card deck.

Presenter: Kate Sheridan, a.k.a. The Laundress, is a tarot reader and astrologer who believes that fortunes are created rather than told. Her style is down-to-earth and conversational, and she draws heavily on her previous life as a high school English teacher to ensure that workshop participants understand the logic behind the intuitive information she provides.

Member tuition: $20.00 | 1 Tu: 3/21/2023 - 3/21/2023 | 10:00AM - 12:00PM | Class Limit: 25
Online - Virtual by Zoom
Unlock Your Psychic Abilities

Have you experienced hunches, flashes of insight or had prophetic dreams? Each one of us possesses psychic ability, we just need to learn to unlock it and feel comfortable working with it. Develop your intuition and communicate with your higher self and your spirit guides through simple exercises and practice sessions. Through this hands-on class you will learn to trust your inner voice and make better decisions. This class includes an introduction to reading auras, palms, cards and using a pendulum. Participants are invited to bring Tarot, Angel, or other divination cards as well as a pendulum, but these items are not required.

**Presenter:** At the age of three, Annette Cohen entertained her parents with descriptions and messages from people only she could see and hear. Later, family friends introduced her to the Spiritualist Church, where she learned to channel, practice psychometry, interpret auras and the tarot. With 40 years of experience as a channel and medium, Cohen has provided insight into life’s issues and connected clients to loved ones who have passed and offered lectures and psychic development classes.

**Member tuition:** $35.00 | 4 Tu: 5/9/2023 - 5/30/2023 | 1:00 - 2:30PM | Class Limit: 12

Online - Virtual by Zoom

Science & Technology

Computers, Smartphones, & Tablets

Learning the iPhone & iPad

Did you recently get an iPhone or iPad, or have had one for a while and are wondering how to make it work better for you? This class is an introduction to the history, basic buttons, and the iOS operating system of these devices. We hope to make you familiar and comfortable with this marvel of modern engineering. Topics will include learning the buttons, sliders, and finger gestures; what do all those funny symbols mean; how do we personalize these wonderful tools and toys and make them work. We will explore (a few) of the millions of apps which could make life easier and more fun. Please bring your own iPhone or iPad to class, and don't silence them when we start.

**Presenters:** Bob Jones is a lifelong film fanatic, avid outdoorsman, skilled computer user, and fan of *The New Yorker* magazine. Jones shares his many interests by presenting a variety of OLLI courses.

Dottie Nelson is a retired software engineer who enjoys playing with the latest technology. She likes helping her OLLI friends feel more comfortable using their iPhone and iPad devices.

**Member tuition:** $35.00 | 4 Tu: 4/4/2023 - 4/25/2023 | 1:00 - 3:00PM | Class Limit: 16

GSC Concord, 25 Hall Street, Concord, NH, 03301

Did you Know?

In New Hampshire, our OLLI members are from over 100 different cities and towns!
Scheduling & Hosting Zoom Meetings

Do you want to see your friends and family members in a virtual setting? You can also conduct meetings for other organizations. As a follow-up to Zoom 101, this class covers how you can host meetings yourself using the Zoom online platform. You can subscribe to a free or paid account, depending on features. You will learn how to sign up for a subscription, schedule meetings, use security measures, host meetings, take polls, share documents, and use break out rooms. For those who have enjoyed participating in Zoom meetings, we will prepare you to take a step forward so you can invite others to join you for social or other types of gatherings.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at Granite State College in the School of Education. She has been engaged in teaching through technology for 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for over five years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Member tuition: $20.00 | 1 M: 2/27/2023 - 2/27/2023 | 1:30 - 3:00PM | Class Limit: 50

Online - Virtual by Zoom

Take Control of Your Android Phone & Access the World

Your Smartphone packs more computing power than Apollo 11 took to the moon. Yet, many folks in the OLLI generation use only limited features and are easily mystified by it. The goal of this class is to demystify the Android Smartphone and help participants become confident and competent cell phone users. This class will teach the vocabulary, terminology, and features of the Android operating system; how to manage settings; and how to find, install and use apps that match your interests and activities. This class will utilize a combination of demonstration, hands-on practice, exploration, and collaboration. Bring your phone to class with you. Android is an operating system used on phones by Samsung, LG, Motorola, Pixel, and others, as well as on tablets, such as those by Samsung, Lenovo, and others. This is a beginner level class. The class is not suitable for those who use a Jitterbug or similar phone with limited features and capacity. It is also not suitable for iPhone users, which use iOS, a different operating system from Android.

Presenter: Jonas Taub is a retired school psychologist and college instructor who has lived and worked in New Hampshire for nearly 40 years. He's presented workshops for educators and others, including technology topics, and has taught the Android class in the CALL program at Keene State College. Taub is a native New Yorker and frequent visitor to his hometown. Jonas loves to travel, is a member of the OLLI Travel Committee, and a regular contributor to the Trip Advisor NH Forum.

Member tuition: $35.00 | 4 M: 4/10/2023 - 5/1/2023 | 2:30 - 4:00PM | Class Limit: 24

GSC Concord, 25 Hall Street, Concord, NH, 03301

Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, Notebooks

This class is an introduction to the Zoom online platform for video meetings, OLLI courses, and events. Zoom is an application that enables users to meet online with family, friends, and colleagues. It is an easy way to stay connected, share, and keep in touch at a distance. You will learn how to join a meeting and take advantage of all the features for participating. This course is for those using Zoom on computers, tablets, and laptops. No experience required. Free and open to the public.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at Granite State College in the School of Education. She has been engaged in teaching through technology for 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for over five years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Section 1 Member tuition: $0.00 | 1 Tu: 2/14/2023 - 2/14/2023 | 1:00 - 2:30PM | Class Limit: 30

Online - Virtual by Zoom

Section 2 Member tuition: $0.00 | 1 Th: 2/16/2023 - 2/16/2023 | 10:00 - 11:30AM | Class Limit: 30

Online - Virtual by Zoom
Math & Science

Alaska Weather Station Installations
Eleven years ago, before I was the Director of Summit Operations at the Mount Washington Observatory, Cyrena Arnold installed weather stations at the home of the world's second worst weather: the Alaska tundra. Join her as she walks through a typical week, day by day, on the tundra. You'll see how she and her colleagues traveled to remote locations, how they lived there, the details of installing and powering a remote weather station, and some of the animals and troubles they encountered.

Presenter: Cyrena Arnold is a degreed meteorologist that has worked on television in Alaska, with NASA, and was the Director of the Mount Washington Observatory. She is the author and illustrator of the children's book The Weather Story: With Frances Fox. Arnold's courses are educational and entertaining as she translates the complex world around us in an easy-to-understand way. She is now the Chief Sales Officer at reThought and was recently named Mrs. New Hampshire 2022.

Member tuition: $20.00 | 1 Tu: 4/25/2023 - 4/25/2023 | 10:00 - 11:30AM | Class Limit: 100
Online - Virtual by Zoom

Amazing Universe
In this fun, informative, and low-stress course, we will focus on big picture issues and debunking misconceptions. We will address the size and shape of the universe, what is in it, and how we know what we know. We will discuss star and gas colors, what they mean, and how to interpret images from the Hubble and Webb space telescopes. By the end of this course, you will be able to look at an astronomical image and understand and appreciate what is in it. This course will discuss what is out there that we do not know about (yes, really) and current outstanding issues in cosmology. And since we do not want to limit ourselves to this universe, we will discuss multiverses (there may be quite a lot) and what it may mean for us.

Presenter: Charles Drutman is a physicist whose day job involves theoretical modeling of material damage from lasers and various aspects of signal and image processing, but at night his head and mind is in the stars. Astrophysics and astronomy are his forte, and he loves teaching others about it. Aside from astrophotography, his other passions are 3-D printing and flying drones to gain an alternate perspective on reality. Drutman received his Master’s degree in Physics from the University of Arizona and his Bachelor’s degree in Physics, Earth and Space Sciences from the State University of New York at Stony Brook.

Member tuition: $30.00 | 3 Th: 5/4/2023 - 5/18/2023 | 5:30 - 7:00PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Can You “+ - x ÷”? Are You Curious?
During this course, you will be sent topics and questions to prioritize for us to solve together. Some questions we will try to include: Must there be a Friday the 13th every calendar year? How many randomly selected people assures a better than 50% chance of a birth month-and-day match? How big does a jackpot have to be before the expected value of buying one ticket exceeds the cost of that ticket? When you choose a checkout line that looks fastest, why is another line usually faster? Are all triangles isosceles? What is Zeno’s Paradox … Thompson’s Lamp … Goldbach’s Conjecture … Collatz Conjecture? Members are also welcomed to suggest their own topics for us to assess and answer.

Presenter: Bill Faulkner has presented more than 32 times with OLLI, ten or more unique courses in at least seven cities. With more than 50 years of teaching under his belt, he likes to interact with inquiring minds and welcomes suggestions for the content of his upcoming courses.

Member tuition: $25.00 | 2 M: 2/27/2023 - 3/6/2023 | 10:00AM - 12:00PM | Class Limit: 24
GSC Concord, 25 Hall Street, Concord, NH, 03301
Hurricane Season 2023: What You Need to Know

On the opening day of Hurricane Season, come join us to learn all the basics about these massive storms. The course will teach you how they form, how they work, and will answer any questions you have about hurricanes.

Presenter: Cyrena Arnold is a degreed meteorologist that has worked on television in Alaska, with NASA, and was the Director of the Mount Washington Observatory. She is the author and illustrator of the children’s book The Weather Story: With Frances Fox. Arnold’s courses are educational and entertaining as she translates the complex world around us in an easy-to-understand way. She is now the Chief Sales Officer at reThought and was recently named Mrs. New Hampshire 2022.

Member tuition: $20.00 | 1 W: 5/31/2023 - 5/31/2023 | 10:00 - 11:30AM | Class Limit: 100

Online - Virtual by Zoom

Removing Greenhouse Gases from the Atmosphere: Direct Approaches to Limiting Warming

Carbon dioxide (CO2) is an essential part of Earth’s atmosphere for plants, animals, and mineral formation. It also helps to balance global temperatures because it absorbs and re-emits solar radiation which heats the atmosphere, land, and oceans. Over the past several hundred years we have unbalanced atmospheric levels of CO2 by burning fossil fuels used for manufacturing, travel, and heating. This has caused natural global warming to accelerate to levels that soon may not be tolerated by many plants and animals (including humans) on the planet. Reducing CO2 emissions by limiting use of fossil fuels is the current approach to reducing human-caused global warming. In this class we will examine another approach that could more rapidly limit the effects of this long-lived greenhouse gas – Sequestration. This approach directly removes CO2 from the atmosphere, breaks it down to its carbon and oxide forms using biologic and geologic methods and then isolates it for thousands of years to keep the carbon from re-oxidizing and reentering the atmosphere. There are several scientific and commercial projects taking place and we will discuss what is known of their feasibility, effectiveness, and potential cost.

Presenter: Dr. Robert (Bob) Young has a PhD in Geologic Oceanography and has taught at the University of Miami, carried out research with NOAA and as a consultant on how pollutants introduced by human activity are dispersed in ocean environments. His recent activity has been as a lecturer on climate change at the Northern Essex Community College/ (COOL) and in the creation of climate change videos for classroom and remote learning as a member of Newburyport ‘s Storm Surge group.

Member tuition: $25.00 | 2 Th: 4/20/2023 - 4/27/2023 | 1:00 - 2:30PM | Class Limit: 25

UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH, 03801

Space, Time, & Gravitation: Before and After Einstein

This course presents a light treatment of a heavy subject - gravity. In the decade beginning in 1905, Albert Einstein changed our view of space, time, and gravitation. This course describes Einstein’s work on these topics from a conceptual and historical perspective. What was Einstein thinking about when he proposed his revolutionary theories? The first session will cover Newtonian gravity and Einstein’s Special Theory of Relativity that shows how space and time are affected by speedy objects. The second session will cover Einstein’s General Theory of Relativity connects acceleration (i.e., the change of an object’s position in space over time) and gravity. This class explains “why” apples fall from trees, the existence of black holes, and the theory’s impact on other astronomical riddles that persist to this day.

Presenter: Glenn Meyers has worked as both a college professor and in the insurance industry as a research actuary. He has given over 100 professional presentations on technical topics to audiences with varying levels of expertise. In retirement, Meyers has been studying a number of scientific and current event topics, largely from a historical perspective. A frequent presenter for OLLI, he enjoys sharing these interests with others.

Member tuition: $25.00 | 2 F: 3/24/2023 - 3/31/2023 | 2:00 - 4:00PM | Class Limit: 50

Online - Virtual by Zoom
It’s Time To Invest In You

Finding a home at Taylor means more than access to a stunning new cottage or apartment - it means receiving the keys to present and future peace of mind. Whether you prefer an active lifestyle filled with fitness classes and an extensive lineup of social and recreational opportunities, or would rather enjoy a fine-dining experience with friends after a day spent by the lake...

Taylor is the place for you!
What is Sustainable? Ecology as Ethics

In this course, we will explore the science and challenges of sustainability and learn to see sustainability as the ethical expression of ecology. Our course will begin in the classroom, with two classes focused on the science and practice of sustainability. We will conclude by visiting the instructor’s small farm in Henniker, N.H. to see how these lessons can be put to practice.

**Presenter:** Peter Conklin is the Director of Facilities, Safety, and Sustainability at Granite State College and an adjunct professor of Philosophy and Humanities at the University of New Hampshire - Manchester and New England College. Conklin has been studying and teaching the relationship between philosophy and ecology for over two decades.

**Member tuition:** $30.00 | 3 F: 5/26/2023 - 6/9/2023 | 1:00 - 3:00PM | Class Limit: 30

*Note: 5/26 and 6/2 sessions will meet at Granite State College, 25 Hall Street, Concord. The 6/9 session will meet at the presenter’s small farm in Henniker.*

GSC Concord, 25 Hall Street, Concord, NH, 03301

---

Social Sciences

Politics & Current Events

Authoritarianism vs Democracy: Who's Winning the Battle for Global Control?

Over the past sixteen years, democracy has declined in all parts of the world, as populist leaders have promised easy solutions for complex challenges facing everyday people. From Jair Bolsonaro in Brazil to Xi Jinping in China, and Vladimir Putin in Russia, as well as in many other countries around the world, authoritarian rule has flourished. Questions remain about the future of democracy and if it is still the best model for today. Join Tim Horgan, Executive Director of the World Affairs Council of New Hampshire, to explore the state of democracy today, why strong democracies around the world are still important, and how they impact New Hampshire residents.

**Presenter:** Tim Horgan is Executive Director of the World Affairs Council of NH and has worked for the organization since 2009. He has expanded its reach through award-winning programming and implementing many new initiatives. Since 2019, Horgan has produced and hosted the “Global in the Granite State” Podcast, engaging people across the world in discussions on top international issues. He graduated from the University of Connecticut with a degree in Latin American Studies and Political Science.

**Member tuition:** $20.00 | 1 W: 3/22/2023 - 3/22/2023 | 10:30 - 11:30AM | Class Limit: 40

Online - Virtual by Zoom

---

Did you Know?

The three New Hampshire cities with the most OLLI members are (in order) Manchester, Concord, and Bedford!
Civics Slam! Learning About Government Now That You're Older & Wiser

There has been an increasing need to provide civics education to adults for the past number of years. Recently, we have seen a growing division amongst people on social media, television and in person. The ability for people to civilly discuss ideas, differing viewpoints and varied political philosophies quickly erode into shouting matches and cancel culture. Part of this hostility towards each other can be found in civic illiteracy and the lack of basic understanding of government. People tend to shout their ideas rather than reason them when they lack the proper education to take or make a position and support it with reasoning. This lecture series will give people the opportunity to hear non-partisan views on topics such as basic ideas of government, influences of the enlightenment philosophers, debates at the Constitutional Convention, the United States Constitution and the Bill of Rights, political parties, the 14th Amendment, voting and citizenship rights. These topics, intertwined with answering participant questions, will give participants a richer understanding of the basics of civics and government.

Presenter: David Alcox has taught civics at Milford High School for 25 years. He earned his Master’s of Teaching Social Studies at Indiana University in Bloomington, IN in 2006. He has been the recipient of a number of awards and honors, including New Hampshire State Teacher of the Year three times, National Civics Teacher of the Year twice, the 2000 NH James Madison Fellowship recipient, and the 2013 Milford Citizen of the Year.

Member tuition: $35.00 | 4 Tu: 5/2/2023 - 5/23/2023 | 10:00AM - 12:00PM | Class Limit: 32

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Great Decisions, Part I

Developed by the Foreign Policy Association to promote understanding of American Foreign Relations, "Great Decisions" provides the perfect opportunity to learn about issues concerning U.S. policymakers today and pose foreign policy challenges for tomorrow. Read, watch, and join the discussion. The current topics for this year can be explored at https://www.fpa.org/great_decisions/?act=gd_topics. Please note, you must obtain the most current edition of the Great Decisions Book on your own. Can be purchased online from Foreign Policy Association www.greatdecisions.org.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at Granite State College in the School of Education. She has been engaged in teaching through technology for 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for over five years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Member tuition: $35.00 | 4 Th: 3/16/2023 - 4/6/2023 | 10:00AM - 12:00PM | Class Limit: 20

Note: $2.25 activity fee is added to your registration. Total is $37.25.

Online - Virtual by Zoom

Inside the CIA: Insights from a Former CIA Executive & Undercover Officer

What is it really like to work for the Central Intelligence Agency in an age of changing global conditions? Rollie Flynn, a retired senior CIA executive, will give insights from her 30-year career as an undercover case officer, chief of station, and senior leader of CIA global counterterrorism operations. Topics will cover what's new and old in Intelligence operations, how Intelligence priorities and tradecraft have changed in the 21st Century, new threats from both traditional and non-traditional adversaries, the potential for politicization of CIA activities, increased scrutiny by Congress and the media, and ethical dilemmas inherent to all Intelligence operations.

Presenter: Carol “Rollie” Flynn is the President of the Foreign Policy Research Institute, a nonpartisan think tank based in Philadelphia, which produces policy analysis on national security challenges facing the US. Flynn is a 30-year veteran of the CIA, where she held senior executive positions throughout the world, and is an adjunct Professor at Georgetown University. She holds a BA from Wellesley College and an MS degree in Cyber Security from the University of Maryland. She has appeared on NBC, CNN, and other national media outlets.

Member tuition: $20.00 | 1 Tu: 3/14/2023 - 3/14/2023 | 10:00 - 11:30AM | Class Limit: 40

Online - Virtual by Zoom
Truth Decay, Income Inequality, & Climate Change

Our founding fathers knew that truth is essential for democracy to flourish. George Washington believed, “Truth will ultimately prevail where pains are taken to bring it to light.” Benjamin Franklin warned, “We have given you a republic if you can keep it.” However, a MIT study determined that Twitter falsehoods spread 6 times faster than truth. Since 1980, increasing income inequality has contributed to more political polarization. Could better tax policies help to solve this problem? Pope Francis “Laudato Si: On Care for our Common Home” enjoined us to stop plundering our planet because the poor suffer the most. Climate extremes are increasing. What can we do right now to stop global warming?

Presenter: Paul H. Carr has a Bachelor’s from MIT and a PhD from Brandeis University. Carr is an IEEE Life Fellow and led a branch of the Air Force Research Laboratory that developed the surface acoustic wave filters used in cell phones and radar. After retirement, the John Templeton Foundation awarded him a grant for the philosophy courses he taught at the University of Massachusetts Lowell which inspired his book *Beauty in Science and Spirit*.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

**Section 1**

**Member tuition:** $30.00  |  3 Th: 5/11/2023 - 5/25/2023  |  10:00 - 11:30AM  |  Class Limit: 32

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

**Section 2**

**Member tuition:** $30.00  |  3 Th: 5/11/2023 - 5/25/2023  |  10:00 - 11:30AM  |  Class Limit: 60

Online - Virtual by Zoom

Philosophy

**Should You Be Your Own Philosopher & Ethician?**

This four-session course shows how to use philosophy to address urgent contemporary ethical questions. The course focuses above all on a revolutionary new feminist ethical theory called “the duty of care.”. The course will consist mainly of discussion regarding these topics among the students.

Presenter: John Cunningham is a business lawyer. Before becoming a lawyer, he taught philosophy at Georgetown University. He authors “Law in the Marketplace”, a weekly column the *Concord Monitor*. He lives with his wife in Concord, N.H.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

**Section 1**

**Member tuition:** $35.00  |  4 F: 2/24/2023 - 3/17/2023  |  10:00 - 11:30AM  |  Class Limit: 44

GSC Concord, 25 Hall Street, Concord, NH, 03301

**Section 2**

**Member tuition:** $35.00  |  4 F: 2/24/2023 - 3/17/2023  |  10:00 - 11:30AM  |  Class Limit: 44

Online - Virtual by Zoom
Wild Questions: A Discussion of Life's Defining Decisions

In his 2022 book, Wild Problems, Russ Roberts offers puzzled rationalists a way to address...life-shaping questions. He suggests spending less time and energy on the path that promises the most happiness, and more time focusing on who you are and who you might become--the path of human flourishing and a life well lived." This lively and enjoyable book will lead us into two conversations about thinkers from Darwin, to Homer, to philosopher Agnes Callard, and even to Bill Belichick! Along the way there will be opportunities to share, as we are comfortable, our own stories and life experiences. Students are asked to purchase the 2022 book Wild Problems by Russ Roberts in advance. At the first class, we will discuss chapters 1-6, moving on to chapters 7-12 for the second class.

**Presenter:** Michael S. Bennett is a retired pastor in the United Church of Christ, having served congregations in N.H., MA, and Connecticut. He has a B.A. degree in Political Economy from the University of Washington and an M.Div. degree from Yale University Divinity School. Mike’s interests include theology, biblical studies, economics, as well as health coaching.

**Member tuition:** $25.00 | 2 Tu: 3/7/2023 - 3/14/2023 | 10:30AM - 12:00PM | Class Limit: 20

Sociology, Religion, & Culture

Camino de Santiago: Walk with Us on The Way

The Camino de Santiago is a 500-mile pilgrimage walk in Spain along old Roman roads and trade routes. Thousands walk this path each year in search of spiritual enlightenment, physical challenge, and personal growth. Hear what it is like to be a modern-day pilgrim walking this journey.

**Presenters:** Judi Lindsey was a K-8 educator for 23 years, specializing in developing and implementing the Enrichment and Challenge program at Moore School in Candia. She received her B.S. in Arts and Media from Grand Valley State College in Michigan and her M.Ed. from Rivier College in Nashua. Lindsey is active on her local planning board, conservation commission and church.

Barbara Robidoux has a B.A. degree in English and an M.Ed. in Reading from the University of New Hampshire. She retired after thirty-five years of teaching with positions ranging from teaching emergent readers and writers in kindergarten, to teaching American literature to high school students, to being the Literacy Coordinator at an elementary school. She is an avid runner, having completed seventeen marathons and many half marathons and shorter races.

**Member tuition:** $20.00 | 1 M: 6/12/2023 - 6/12/2023 | 10:00AM - 12:00PM | Class Limit: 32

Did you Know?

We have OLLI at UNH members currently residing in nine different states – California, Connecticut, Florida, Massachusetts, Maryland, Maine, North Carolina, Pennsylvania, and of course, New Hampshire!
**Habits of the Heart: Individualism & Community in American Life**

Right from the beginning it was clear that our country would not succeed without confronting James Madison's challenge. “Is there no virtue among us? If there be not, no form of government can render us secure.” The central themes of this discussion course are derived from two books. Habits of the Heart, from 1985, is an examination of the conditions of the relationship of individual and community revealed by interviews conducted by a team of sociologists. The practices revealed in those surveys are given a context and intellectual weight through the examination of ideas from the founding fathers and especially the ideas of Alexis de Tocqueville in his work, Democracy in America. Developing a vision of how the individualism of the American experiment can be compatible with a community oriented to the public good is a complex and exhaustive project. This course is an effort to explore some of the categories and tools of analysis that might be viewed as a fruitful start toward this, using these two works. For each of the four sessions there will be a presentation of ideas that help to clarify the readings and a discussion of specific selections from these works. Although the sessions will be focused on specific selections, purchasing the books is recommended.

**Presenters:** Philip Valley is a former Professor of Humanities and participant in the Great Books Program at St. Anselm College. An OLLI member since 2012, he has served on the local curriculum committee and has also taught several courses for the program.

Jim Mahoney holds a Ph.D. from the University of Notre Dame. He is an Emeritus Professor from Saint Anselm College where he taught Philosophy for forty years. Mahoney was strongly involved in the College’s core Humanities Program, serving as Chair of the Jefferson unit, and developed the Paris & New York class for the program. His areas of specialization are Existentialism, American Philosophy, and Ethics.

**Member tuition:** $35.00 | 4 Tu: 3/14/2023 - 4/4/2023 | 10:00 - 11:30AM | Class Limit: 18

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

**Judaism & Healing**

Beginning with the Torah, we find Jewish prayers for and teachings on healing throughout Jewish history. Some prayers and teachings appear in traditional sources, such as the Bible, Talmud, and Midrash (rabbinic interpretations of Biblical text). Others are found in folklore and stories. Regardless of the source, Judaism’s message is consistent: While we pray to God to bring healing, it is up to us to provide the love, support, and even treatments. Come learn about this rich tradition.

**Presenter:** Robin Nafshi is the rabbi of Temple Beth Jacob in Concord. She embraces the definition of rabbi as “teacher” and has generously shared her knowledge as an OLLI presenter for many years.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1 Member tuition:** $20.00 | 1 M: 5/15/2023 - 5/15/2023 | 10:00 - 11:30AM | Class Limit: 50

GSC Concord, 25 Hall Street, Concord, NH, 03301

**Section 2 Member tuition:** $20.00 | 1 M: 5/15/2023 - 5/15/2023 | 10:00 - 11:30AM | Class Limit: 50

Online - Virtual by Zoom
Money, Money, Money!

Money, Money, Money! explores physical money from its earliest origins to modern times. The story of money is the story of man’s development of civilization, and the two are inextricably linked. That drags in a lot of subjects, like history, economics, geography and the like, but these will only be used to tell the rest of the story. Ancient and medieval coins, US coins and banknotes in two sessions, and world coins and banknotes comprise the four sessions.

**Presenter:** Bob Fritsch has been a numismatist for over 50 years, with collections ranging from world coins to historic medals to polymer banknotes. He is deeply involved in the organized hobby and has provided leadership to many clubs, holding office from president to board member. He is an award-winning author, exhibitor, exhibit judge and presenter and his presentations have been given to clubs around the world. His greatest collection is the many friends he has met over his numismatic career.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1**
- **Member tuition:** $35.00
- **Dates:** 4 F: 3/3/2023 - 3/24/2023
- **Time:** 1:00 - 2:00PM
- **Class Limit:** 32

**GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104**

**Section 2**
- **Member tuition:** $35.00
- **Dates:** 4 F: 3/3/2023 - 3/24/2023
- **Time:** 1:00 - 2:00PM
- **Class Limit:** 32

**Online - Virtual by Zoom**

Path of Liberation: Core Teachings of Tibetan Buddhism

Based on a classic Buddhist text, Trungpa Rinpoche’s Cutting through Spiritual Materialism, this class will cover essential Buddhist teachings such as the six realms of existence, the four noble truths, emptiness, and the development of compassion. We will be practicing meditation as an important component of the class, and meditation instruction will be offered as part of the first class (and others, if necessary). *Note: Presenter will require reading from Cutting through Spiritual Materialism by Chogyam Trungpa.*

**Presenter:** Janet Romaine has been a Buddhist teacher and meditation instructor for over 30 years. Ms. Romaine is a retired professor of management at Saint Anselm College.

**Member tuition:** $35.00
- **Dates:** 4 Tu: 4/4/2023 - 4/25/2023
- **Time:** 2:00 - 3:30PM
- **Class Limit:** 18

**Online - Virtual by Zoom**

Taste of Korea: Korean Cuisine, Full of Wisdom & Nature

Members of the Korean Spirit and Culture Promotion Project will demonstrate how to prepare four traditional Korean dishes with traditional table settings in Bangjja bronze ware. In addition to a screening of a short film on Korean culture, they will distribute complimentary recipes and books on Korean history and culture.

**Presenter:** The Korean Spirit Culture Promotion Project is a not-for-profit organization that was formed in September 2005, to promote Korean history and culture to the wider world. This multimedia presentation brings to life Korea’s rich and unique cultural heritage, from colorful art to modern Korea.

**Member tuition:** $20.00
- **Dates:** 1 Sa: 5/20/2023 - 5/20/2023
- **Time:** 1:00 - 3:00PM
- **Class Limit:** 60

*Note: $10 materials fee will be added to your registration for a total of $30.*

Hunt Community, 10 Allds St., Nashua, NH, 03060
The Diversity Factor in Institutions & Society

Diversity is a popular topic these days. But many say that diversity is difficult to achieve. Others diversity is not an issue here in New Hampshire. Bring your questions about diversity and hear our presenter James McKim lead a fascinating discussion about how New Hampshire and the United States are grappling with diversity in institutions and organizations. Suggested, but not required, reading is the presenter’s book, The Diversity Factor: Igniting Superior Organizational Performance.

Presenter: James McKim is a sought-after organizational performance speaker, coach, change manager, and author of the recently published book The Diversity Factor: Igniting Superior Organizational Performance. Over his extensive career, he has helped organizations in many industries spark efficiency and growth through aligning people, process, and technology. McKim currently serves as Managing Partner of Organizational Ignition. He is known nationally for his focus on organizational and individual performance through diversity, equity, and inclusion. In addition, he is Chair of the Episcopal Church’s National Executive Council Committee Anti-Racism & Reconciliation and was the principal writer of the church’s guidelines on anti-racism and reconciliation. As president of the Manchester Branch of the NAACP, he works regularly with governments and businesses to eliminate discrimination and advance racial healing for all.

Member tuition: $20.00 | 1 Th: 6/8/2023 - 6/8/2023 | 10:00 - 11:30AM | Class Limit: 50
Online - Virtual by Zoom

Exploring the Community

Black Heritage Trail of New Hampshire
Walking Tour

Institutionalized slavery in Colonial America provided immense wealth and material culture to many European immigrants and their descendants in the Americas, as Portsmouth’s house museums bear witness. This tour brings into focus an economic system dependent upon the international slave trade with its constant supply of kidnapped unpaid African workers and their descendants, who, against the odds, created one of this country’s oldest Black communities.

Presenter: Angela Matthews has been a Black Heritage Trail of New Hampshire (BHTNH) tour guide since 2015 and is a founding incorporator (2016) and board member (2017) of the organization. Her career path, beginning in 1970 as a teacher, took her to positions with the New Hampshire Charitable Foundation, Plymouth State University, Star Island Corporation, and independent organizational consulting. She received degrees in education from Salem State University (1969 BS), Leslie University (1976 MS), and Plymouth State University (2008 CAGS). Angela lives in Rollinsford, N.H.

Member tuition: $20.00 | 1 Th: 5/4/2023 - 5/4/2023 | 10:00AM - 12:00PM | Class Limit: 15
Note: A $15.00 admission fee will be added to your registration for a total of $35.00
Black Heritage Trail NH, 222 Court Street, Portsmouth, NH, 03803
Capturing the Soul of Seaweed

This course will be a hands-on course conducted both inside and outside on the rocky shore. Various seaweeds will be gathered from the shore. We will research each seaweed, learn its lifecycle, growth habits, and understand its importance to the environment where it is found. We will gain an understanding of the different locations in the tidepools where each seaweed can be found. We will gather some seaweed that is free floating and take that inside the Seacoast Science Center and examine the seaweed further with microscopes and magnifying lenses. More seaweed will have been collected and available for selection to use with the pressing. Instructions will be given as to the process of seaweed pressing, examples shown, how best to place the seaweed, etc. Each student will be allowed to create two pressings to take home with them.

**Presenter:** Nikki Annelli is the Program and Exhibit Assistant, as well as part of the Marine Mammal Rescue Team at the Seacoast Science Center. She graduated from the University of New England with a Bachelor's degree in Biology and recently received her Master's degree from Harvard University in Museum Studies. She has been involved at the Center for the past 16 years in a variety of positions. She loves teaching about the ocean and the creatures that live there.

**Member tuition:** $20.00 | 1 M: 5/15/2023 - 5/15/2023 | 2:00 - 4:00PM | Class Limit: 25

**Note:** A $30.00 admission fee will be added to your registration for a total of $50.00

Seacoast Science Center, 570 Ocean Boulevard, Rye, NH, 03870

Director's Tour: Dilecta: Reflections on a Permanent Collection

The Alva de Mars Megan Chapel Art Center at Saint Anselm College is a hidden art gem in our community! Join Fr. Iain MacLellan, O.S.B. for a tour of the present exhibition series this academic year: Dilecta, Reflections on a Permanent Collection. A Director's Notes on 25 years. The tour will include an interactive element for participants to allow for commentary on certain works of art, which follows from the exhibition's inclusion of Ten Essays by Saint Anselm faculty and community members.

**Presenter:** Fr. Iain MacLellan, O.S.B., Director of the Alma de Mars Megan Chapel Art Center at Saint Anselm College, is a graduate of Saint Anselm College, with a BA in English. He holds an MFA in painting from the Graduate School of Figurative Art at the New York Academy. He also studied at the National Academy of Design, New York, and the Art Students League of New York. Fr. Iain taught studio art for many years, and has exhibited his work actively in various competitions, exhibitions, and conferences.

**Member tuition:** $20.00 | 1 W: 3/29/2023 - 3/29/2023 | 1:00 - 2:00PM | Class Limit: 20

Alva de Mars Megan Chapel Art Center, St. Anselm College, 100 St. Anselm Drive, Manchester, NH, 03102

Electric Bikes: Which Might be Best for Me?

Would you like to learn more about electronic bikes and how they may benefit you and your next ride? Come hang out with the REI North Conway Shop Manager to have all your questions answered. During this presentation, REI Experts will be discussing things like the differences in E-Bike classes, different styles of E-Bikes, intended uses of those different styles, where to go riding, and much more.

**Presenter:** Dean Whipple is the Shop Service Manager for REI North Conway. Whipple has nearly 25 years of wrenching experience under his belt and joined the REI team in 2019 for the North Conway grand opening. Since then, he has been a key partner in the Valley’s growth around cycling. You can often find him on one of the hundreds of trails that snake their way through the valley, pedaling hard and earning those turns.

**Member tuition:** $20.00 | 1 M: 5/15/2023 - 5/15/2023 | 5:00 - 6:30PM | Class Limit: 20

REI, 1498 White Mountain Hwy C30, North Conway, NH, 03860

Come for the classes. Stay for the friends! 603-513-1377 | olli.granite.edu
Franklin's Whitewater Park: From Nothing to Something
Come and see how from an idea to implementation, New England’s first whitewater park (including a standing wave!) came to be. We will explore how this project, considered an economic driver for this former mill town, has experienced trials and tribulations along the way but is focused on creating change in this local community.

**Presenter:** Marty Parichand, founder of Mill City Park and owner of Outdoor New England, is reinvigorating Franklin, N.H. by bringing the state’s only full-service whitewater company and New England’s first community whitewater park to downtown Franklin, N.H. An experienced engineering, economic and community development consultant, Parichand earned his Master’s in Electrical and Electronics Engineering at Fairfield University and his B.S. in Electrical and Electronics Engineering at the University of Massachusetts at Amherst.

**Member tuition:** $20.00 | 1 M: 6/5/2023 - 6/5/2023 | 2:00 - 4:00PM | Class Limit: 30
Mill City Park, 6 Willow Street, Franklin, NH, 03235

From Our Farm to Your Table: Tour Miles Smith Farm
Miles Smith cleared the land and built the farmhouse in the 1830s. Today the Miles Smith Farm is home to grass-fed cattle, pigs, ducks, geese, and a rabbit. Cattle’s life on a local farm is vastly different from large scale operations. Present-day owners Carole Soule and Bruce Dawson consider themselves "grass farmers" because their cattle thrive on grass in the summer and hay in the winter. Scottish Highlander cattle are the pride of Miles Smith Farm and one of the sources of their antibiotic-free beef. There is also a solar-powered retail store at the farm where you can find other local products in addition to meat. The farm also serves as an educational resource to local schools and clubs by practicing rural land use that is environmentally, economically, and culturally sustainable. *Concord Monitor* readers will recognize Carole from her weekly articles about farm life. Wear sturdy shoes for the farm tour and allow extra time to shop in the retail store.

**Presenter:** Carole Soule is co-owner of Miles Smith Farm in Loudon where she raises and sells beef, pork, lamb, eggs, and other local products. She also writes a weekly article about farm life for the *Concord Monitor*. She was voted one of New Hampshire Magazine’s Remarkable Women in 2014 and is also the author of the children’s book, *The Curious Little Calf Named Bleu*, published in 2012.

**Member tuition:** $20.00 | 1 F: 5/26/2023 - 5/26/2023 | 10:00 - 11:30AM | Class Limit: 13
Miles Smith Farm, 56 Whitehouse Road, Loudon, NH, 03307

Go Behind the Scenes at New Hampshire PBS
What does it take to put a TV show together? Learn more about the preparation, production, and presentation of programming at NHPBS.

**Presenter:** Susan Adams is the Education Manager and came to the New Hampshire PBS station (NHPBS) in 1993. She works with educational and social service agencies to help them get the most out of NHPBS and PBS educational resources. She also co-produces the academic game show, Granite State Challenge.

**Member tuition:** $20.00 | 1 Tu: 4/18/2023 - 4/18/2023 | 10:00AM - 11:30PM | Class Limit: 15
NH PBS, 268 Mast Road, Durham, NH, 03824
Hands-on with Magical Miniature Horses

After a short orientation, this will be more 'hands on' participation with Q and A than lecture. You will get to meet and greet and touch a paddock full of endearing Miniature Horses, no more than 34” tall at the base of their necks. You will be taught how to halter and lead them, and for those so inclined, you will groom them and even take them for a walk - all under Cindy's supervision. Q&A is ongoing. Be aware that there are limited places to sit, and you will want to wear comfortable close toed shoes. This is an outdoor, in person course.

**Presenter:** Cindy Broady has a passion for animals especially all things equine. As a breeder of top-quality registered miniature horses, she has shown her magical miniatures all over the country. Since 2006, she has also been the Director of the Northeast Miniature Horse Rescue, placing minis in need into loving forever homes.

**Member tuition:** $20.00 | 1 Tu: 5/9/2023 - 5/9/2023 | 10:30AM - 12:00PM | Class Limit: 20

*Note: Rain Date is Tuesday, May 16 at 10:30 AM.*

Mocha Miniature Horse Farm, 55 Brown Hill Road, Bow, NH, 03304

---

Hymns: The Story Behind the Songs

Explore some of the greatest known hymns in Christendom. Learn a little history of the evolution of music in the church and what inspired some of these songs. Conclude each class with singing some of these beautiful, enduring hymns together. Although these hymns, by definition, are Christ-centered, this class is open to people of all faiths and denominations and to those with no faith affiliation.

**Presenter:** Terry Barton worked as musical director and accompanist in university theaters, community theaters, and cabarets in Fairfield, New Haven, and Bridgeport, CT. Barton taught general music in schools in Connecticut and New Hampshire, served as musical director, accompanist, soloist, and worship leader at Bethany Covenant Church in Bedford, NH, and Monadnock Covenant Church in Keene. She also served on the worship team at Manchester Christian Church, and now attends and serves at Incarnation Anglican Church. She currently teaches traditional and Suzuki Piano at MCMSand serves as Department Chair of the Piano and Vocal Faculty. Barton is an active member of the Suzuki Association of the Americas. She is also a solo pianist, vocalist, accompanist, songwriter, and recording artist. Barton has completed four solo albums of original songs, and a new Christmas album for December of 2022.

**Member tuition:** $30.00 | 3 W: 3/8/2023 - 3/22/2023 | 10:00 - 11:00AM | Class Limit: 50

Manchester Community Music School, 2291 Elm Street, Manchester, NH, 03104

---

John Rogers: The People's Sculptor

John Rogers (1829 – 1904) was both a talented artist and successful businessman whose statuary “groups” were very popular in the late nineteenth century. Called “The People’s Sculptor,” he was the first American sculptor to mass produce his work and worked mostly in plaster to make his sculptures more affordable. He sold as many as 80,000 sculptures during his lifetime and effectively brought the art of sculpture to the American middle class. Rogers got his start as a sculptor in Manchester while working as a mechanic in the machine shop of the Amoskeag Manufacturing Company from 1850 to 1856. In his free time, he began modeling with clay that he found near the Merrimack River in Hooksett, which led to his career as a sculptor. Towards the end of his career, he gave one of his finest works, a seated statue of Abraham Lincoln, to the City of Manchester as a gift. This course will feature a slideshow presentation looking at Rogers’ life and many of his sculptures. We will then have a chance to see some of his sculptures in the Manchester Historic Association’s collection through a tour of the MHA Research Center building.

**Presenter:** Jeff Barraclough is the Executive Director of the Manchester Historic Association (MHA). He has worked at the MHA for over 10 years, and previously worked at the Moffatt-Ladd House & Garden in Portsmouth, Adams National Historic Park, and New England Historic Genealogical Society. Barraclough is also an adjunct faculty member at Gordon College. He serves as president of the New Hampshire Heritage Museum Trail and is on the board of the Association of Historical Societies of New Hampshire.

**Member tuition:** $20.00 | 1 M: 4/10/2023 - 4/10/2023 | 10:00AM - 12:00PM | Class Limit: 25

Manchester Historic Association, Research Center, 129 Amherst Street, Manchester, NH, 03101
Live & Let Live Farm's Rescue and Sanctuary Tour

Tour the facilities at Live & Let Live Farm, which includes a rehabilitation center, three barns and several pens. The farm has about 60 horses as well as goats, dogs, and other animals. Please wear sturdy footwear (no open-toed shoes) as you will be walking on uneven ground.

**Presenters:** As a young girl growing up, Teresa Paradise had two dreams. The first was to have a permanent place to call a home of her own. The second was to work for an animal rescue, one that would save horses. Today, she lives both of these dreams.

Bonnie and Gerry Kennedy have been volunteering at Live & Let Live Farm for years.

**Member tuition:** $20.00 | 1 F: 5/19/2023 - 5/19/2023 | 10:00 - 11:30AM | Class Limit: 15

Live and Let Live Farm, 20 Paradise Lane, Chichester, NH, 03258

---

Maple Sugaring in the 100 Acre Woods

Visit the Believe in Books Literacy Foundation's beautiful property in Intervale, NH and tour the foundation’s Sugar Shack maple sugar house. From touring the pump house and learning how sap is gathered and pumped to the house to learning how maple syrup is made from the sap, this is a tour not to be missed.

**Presenter:** Katie Young has lived in Intervale for over 15 years. She has been working at Believe in Books Literacy Foundation for over four years. As an Outreach Coordinator, Young visits preschool and kindergarten classrooms, reading stories to the children and giving each a new book. In recent years, she has become more involved in the Maple Sugaring process, from tapping the trees to bottling syrup. When it comes to maple sugaring, there is always something new to learn.

**Member tuition:** $20.00 | 1 Th: 3/30/2023 - 3/30/2023 | 1:00 - 3:00PM | Class Limit: 20

Believe in Books Literacy Foundation, 41 Observatory Way, Intervale, NH, 03845

---

Mission Brief & Tour of New Boston Space Force Station

Transferred from the U.S. Air Force to the U.S. Space Force in the summer of 2020, the New Boston Space Force Station was originally established in 1942 as a practice area for bombers and fighter planes from nearby Grenier Army Air Field (now Manchester–Boston Regional Airport). The Commander will provide a brief Mission Brief, and then lead participants on a tour of Heritage Hall. Bring your questions as the course ends with a question and answer period.

**Presenter:** Lt Col David C. Zesinger is the Squadron Commander of New Hampshire's New Boston Space Force Station. He leads more than 240 military, DoD civil service, and contractor personnel, providing operations and maintenance to eight Satellite Control Network, two GPS, and seven specialized antenna systems worth more than $3 billion, which provide command and control to DoD, national and civil satellite control centers operating over 190 intelligence, weather, navigation, warning, and communications satellites.

**Section 1 Member tuition:** $20.00 | 1 W: 3/15/2023 - 3/15/2023 | 10:00AM - 12:00PM | Class Limit: 25

Note: Registration for this course closes 3/3 to allow Space Force team to complete background checks on registered members. Additional details to follow.

New Boston Space Force Station, 317 Chestnut Hill Road, New Boston, NH, 03070

**Section 2 Member tuition:** $20.00 | 1 W: 4/19/2023 - 4/19/2023 | 10:00AM - 12:00PM | Class Limit: 25

Note: Registration for this course closes 4/7 to allow Space Force team to complete background checks on registered members. Additional details to follow.

New Boston Space Force Station, 317 Chestnut Hill Road, New Boston, NH, 03070
Philosophy & Ethics of Language
Words have all kinds of special powers - as representation, promises, lies, stories, profanity, and more. How do we know what language is "doing" in any given context? What are or should be the ethical principles around language in these areas? We will look at theories about the relation of language to "reality" and whether language is one thing or many. We will explore ethical theories about when "lying" is and is not permitted. We'll ask whether we should have special rules for certain words that are considered profane or racist or threatening even when they are far from immediate action. We will consider theories from a variety of philosophical or even spiritual perspectives. As a group we can identify other areas of ethical interest.

**Presenter:** Jon Spira-Savett has served Temple Beth Abraham in Nashua since 2008. A graduate of Harvard College and the Jewish Theological Seminary of America, Rabbi Jon has often taught ethics and organized philanthropy education programs for teens and adults. He serves on the ethics committee at Southern New Hampshire Medical Center in Nashua, and co-hosts a podcast called Tov!, which explores Jewish ideas about ethics in combination with episodes of the TV show “The Good Place!”

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1 Member tuition:** $35.00 | 4 Tu: 3/14/2023 - 4/4/2023 | 3:00 - 4:30PM | Class Limit: 32
Temple Beth Abraham, 4 Raymond St, Nashua, NH, 03064

**Section 2 Member tuition:** $35.00 | 4 Tu: 3/14/2023 - 4/4/2023 | 3:00 - 4:30PM | Class Limit: 32
Online - Virtual by Zoom

Portsmouth Naval Shipyard Tour: From Sails to Atoms
For more than 200 years, Yankee ingenuity and craftsmanship have been the keys to success for Portsmouth Naval Shipyard. In this popular tour, learn about the role and achievements of the Yard in times of war and peace from a military historian's perspective. A government-issued picture ID is required. Participants will be transported by school bus from the Kittery Lions Club parking lot at 117 State Road, Kittery to stops in the Shipyard. Participants must be able to use the bus and negotiate stairs. Neither the bus nor comfort facilities are handicapped accessible. Gather at the meeting spot by 9:15 a.m. so the tour can start at 9:30 a.m.

**Presenter:** Joe Gluckert is the historian at Portsmouth Naval Shipyard. Master Sergeant Gluckert is also the historian for the 439th Airlift Wing at Westover Air Reserve base in Massachusetts.

**Member tuition:** $20.00 | 1 Th: 5/4/2023 - 5/4/2023 | 9:30AM - 12:00PM | Class Limit: 30

*Note: Registrants need a government issued picture ID in order to board the bus. The bus will meet participants at Kittery Lions Club Parking Lot, 117 State Road, Kittery, ME, 03904. Participants should gather there at 9:15AM.*

Kittery Lions Club Parking Lot, 117 State Road, Kittery, ME, 03904

“I joined OLLI because I love to learn lots of different things. I started volunteering almost immediately just to help with some things that needed doing and, over the years, I enjoy the volunteer work every bit as much as the courses. I love knowing I'm making a contribution to a very worthwhile organization and that my particular skills have an appreciative audience in OLLI.”

- Jacki Fogarty | Class of 2012 | Capital Region
SEE Science for Yourself!

Founded by Dean Kamen over 30 years ago, the SEE Science Center in Manchester’s Millyard offers exciting hands-on informal learning experiences for visitors of all ages. In addition to housing the LEGO Millyard Project (the largest permanent LEGO installation in the world, representing Manchester’s Amoskeag Millyard as it might have looked circa 1900) the Center features over 90 exhibits and exciting demonstrations. Feel forces, explore bubbles, get involved with a giant DNA model; you can even throw air across the room! Tour the Center with trained staff and then spend time on your own exploring the 30,000 square feet of learning space. Be sure to bring your curiosity! Facility is wheelchair accessible.

Presenters: Jo Hendry is a retired educator and naturalist who enjoys sharing the outdoors with like-minded people.

Shana Hawrylchak has over 20 years of experience in the museum field. She has a background in hands-on science education and has held positions at the Museum of Science, Boston and the EcoTarium Museum in Worcester, Massachusetts, as well as at historical museums and archives prior to coming to the SEE Science Center in Manchester, New Hampshire. Hawrylchak has opened over 80 exhibitions during her career including numerous museum projects and programs throughout the Northeast and around the globe.

Member tuition: $20.00 | 1 W: 4/12/2023 - 4/12/2023 | 2:00 - 4:00PM | Class Limit: 24

Note: $10 admission fee will be added to your registration for a total of $30.

SEE Science Center, 200 Bedford Street, 4th Floor, Manchester, NH, 03101

Spring Birding Extravaganza

Explore the beautiful trails along the Hooksett Riverwalk Trail as we welcome the returning migrants. Arriving from warmer climates, these beautiful birds are ready for a busy breeding season. In the field we will explore bird behavior, the latest ground-breaking research on bird communication tactics and meaning, and species identification techniques as we demystify what is occurring in our avian realm.

Presenter: Kelly Dwyer, founder of Nature Education Opportunities, is a self-taught naturalist, an environmental educator as well as a certified elementary teacher and certified wellness coach. She has been developing and presenting engaging programs on a variety of natural history topics for over twenty years. Dwyer sees herself as a facilitator, connecting people of all ages with the joys of nature and sparking the curiosity to continue learning.

Member tuition: $20.00 | 1 F: 5/5/2023 - 5/5/2023 | 9:00 - 10:30AM | Class Limit: 25

Note: The Hooksett Riverwalk Trail is adjacent to the Hooksett District Court and Hooksett Dog Park, both located at 101 Merrimack Street in Hooksett.

Hooksett Riverwalk Trail, 111 Merrimack Street, Hooksett, NH 03106

Textiles in Art: A Common Thread?

Discover and explore textiles in works on and off display at the Currier Museum of Art. How and why do textiles and fabrics appear in certain types of art? As a group, participants will consider insightful questions, such as: why are textiles important in art, what medium is being used, and what role do fabrics and textiles play within creative processes? The class will begin with an introduction in the auditorium. Participants will then tour the Currier’s galleries with a docent to closely examine and discuss works on view. At the end of the class the group will meet in the Winter Garden to debrief. The tour segment involves some walking and standing; collapsible chairs are available.

Presenters: Carolyn Hollman is a retired professor. Both are volunteer docents for the Currier Museum and at the Frank Lloyd Wright Houses at the Currier Museum of Art. Pamela Harvey is a retired librarian and educator.

Member tuition: $20.00 | 1 W: 4/12/2023 - 4/12/2023 | 10:30AM - 12:00PM | Class Limit: 20

Note: $22.50 admission fee will be added to your registration. Total cost $45.50.

Currier Museum of Art, 150 Ash Street, Manchester, NH, 03104
The Concord Monitor: What We Do, How We Do It, & Why We Do It

As your community’s news organization, we know our journalism plays an important role. In this session, we share how and why your local newsroom is changing. We’re a small family-owned news organization in an industry dominated by corporations. While we are a for-profit business, we’ve taken a nonprofit-like approach to much of what we do. In this course, we will share how and why we’re becoming more transparent in our policies, we’ve begun fundraising to provide readers with more news, we’ve partnered with other news organizations across the state to deepen our reporting and we’ve dedicated a position to help us better connect with our readers. Bring your questions for the Monitor’s publisher as there will be time at the end of the class to answer your questions.

**Presenters:** Steve Leone is the publisher of the Concord Monitor and the Vice President of News for the Monitor’s parent organization, Newspapers of New England, a family-owned media company that serves readers in N.H., Mass., and Vermont. Prior to becoming publisher, Leone was the editor of the Monitor from 2014 to 2020. He’s also served as editor of the Monadnock Ledger-Transcript in Peterborough, N.H., and has worked in journalism in Rhode Island, Maine, and California. He lives in Concord with his wife and two kids.

Allie Ginwala has been the audience engagement editor for the Monitor since 2021. She manages the Opinion section and community engagement initiatives. A New Hampshire native, she graduated from UNH and wrote for a number of N.H. publications, including The Hippo and Keene Sentinel, before moving to New York City to earn her master’s degree from Pratt Institute. Before joining the Monitor, she was the coordinator for The Open Newsroom, an initiative in NYC to make local news more collaborative.

**Member tuition:** $20.00 | 1 Th: 3/9/2023 - 3/9/2023 | 10:00AM - 12:00PM | Class Limit: 15

*Note: After registering for the course, registrants will be offered the option to take a tour of the Concord Monitor’s printing facility at 77 Merrimack Street in Penacook for either March 16 or March 23 at 10 a.m. (groups of 15).*

Concord Monitor, 1 Monitor Drive, Concord, NH, 03301

Up Close with New Hampshire Wildlife

Are you curious about the critters that inhabit the Granite State? Join a Squam Lakes Natural Science Center naturalist to meet three of our animal ambassadors that you could encounter in our forests, fields, or wetlands. Discover what makes them well-suited for life in New Hampshire. After the program, attendees are invited to explore the Science Center’s ¾ mile live animal exhibit trail, featuring a variety of live wildlife in natural outdoor enclosures, including coyote, bobcat, white-tailed deer, otter, and a variety of raptors as well as hands-on exhibits associated with each animal enclosure. Attendees may also visit Kirkwood Gardens and various hiking trails on the property’s 200-acre campus.

**Presenter:** Squam Lakes Natural Science Center is a nonprofit organization with a mission to advance the understanding of ecology by exploring New Hampshire’s natural world. Through spectacular live animal exhibits, natural science education programs, guided Squam Lake Cruises, an informal public garden, and Blue Heron School, a nature-based Montessori early learning center, the Science Center has educated and enlightened visitors since 1966 about the importance of our natural world.

**Member tuition:** $20.00 | 1 Tu: 5/2/2023 - 5/2/2023 | 1:30 - 2:30PM | Class Limit: 50

*Note: $20 admission fee will be added to your registration for a total of $40. Fee includes admission to the Science Center’s Live Animal program and Exhibit Trail.*

Squam Lake Science Center, 23 Science Center Road, Holderness, NH, 03245
Variations on a Musical Theme: Works for Solo & Duo Piano in Live Performance

The "theme and variations" is a tried-and-true classical music format that has spanned the ages. Join Pam Langley and her partner, Jim Bullock, for this live performance to hear how composers from Bach to Brahms to Brubeck used this form to create masterworks for both solo piano and two pianos.

Presenters: Pamela Langley studied piano locally as a child and then with Louise Rogers and Donald Steele as a student at the University of New Hampshire. She has performed throughout the Seacoast region, primarily as church musician and accompanist for individuals and choral groups. Langley was a member of the baroque trio, the Jefferson Street Ensemble, which performed in the Portsmouth area in the 1980s, and sang with Amare Cantare for many years. In retirement from a career at NHTI-Concord’s Community College, she continues to perform, most often playing two-piano repertoire with her partner, James Bullock.

James Bullock has enjoyed a professional career as church organist and occasional recitalist, accompanist, and harpsichordist. He received undergraduate and graduate music performance degrees in organ from the University of Oklahoma at Norman with minor concentrations in harpsichord performance and music theory and has held faculty positions at the University of Oklahoma at Norman, John Brown University in Siloam Springs, Arkansas, and Plymouth State University. Bullock has performed in Europe, Asia, and the Caribbean, as well as across the US and Canada. In addition, his experience includes several years in the classical organ building trade. He is also a licensed chiropractor and an amateur violinist.

Member tuition: $20.00 | 1 Th: 5/11/2023 - 5/11/2023 | 1:00 - 3:00PM | Class Limit: 100

Community Church of Durham, 17 Main Street, Durham, NH, 03824

Walking Tour of Blossom Hill Cemetery

Concord’s Blossom Hill Cemetery, founded in 1860, was designed by John C. Briggs, who died at the age of 41 and is buried on the property. The 61-acre cemetery is the final resting place of city and state leaders, including four governors and features two special areas - the Beth Jacob Cemetery, laid out in 1948 for Jewish interments, and an area containing a memorial to the Grand Army of the Republic, honoring the city's Civil War dead. The cemetery was listed on the National Register of Historic Places in 2010.

Presenter: Jill Huckins has worked as the Cemetery Administrator for more than 15 years. She oversees internments, record keeping, and maintenance for thirteen cemeteries in Concord and Penacook.

Member tuition: $20.00 | 1 Th: 6/15/2023 - 6/15/2023 | 10:00 - 11:30AM | Class Limit: 50

Blossom Hill Cemetery, 207 N. State St., Concord, NH, 03301
Outdoor Adventures

All Persons Trail & Pollinator Meadow Walk

NH Audubon's Silk Farm Wildlife Sanctuary in Concord has a new trail! It was designed with the input of the community and is specifically tailored to make experiencing nature accessible for people who use assistive devices for mobility. The new trail loops around the newly created demonstration pollinator meadow restoration project and through the woods highlighting a test plot of hybrid American Chestnuts. Come explore this special new trail and learn about the importance of pollinators and how to attract them, and about the other wildlife that use these interesting habitats.

Presenters: Emily Preston is a retired wildlife biologist and environmental educator who loves sharing her knowledge and enthusiasm for nature with everyone. She has a particular interest in insects, so you’ll be sure so see the smaller inhabitants anytime you are outdoors with her.

Marc Nutter is the Conservation Program Director for New Hampshire Audubon. Marc has worn many hats in his career including Environmental Educator, Research Naturalist, and Facility and Operations Director for a residential outdoor learning center. He brings an immense amount of curiosity to outings that he facilitates and provides transferable skills so participants can come back and explore on their own.

Member tuition: $20.00 | 1 M: 6/5/2023 - 6/5/2023 | 3:00 - 5:00PM | Class Limit: 25

NH Audubon McLane Center, 84 Silk Farm Road, Concord, NH, 03301

Beginner Bird Walk with Seacoast Chapter of New Hampshire Audubon

One of the great joys of spring in New Hampshire is being outdoors listening to the songs and calls of our bird population. Join N.H. Audubon Program Chair, Dan Hubbard, for this beginner bird walk at one of the top 10 birding spots in the state. We will meet at the Pickering Ponds trails and traverse Rochester city park trails along the Cocheo River and around the former wastewater treatment settling ponds. While the walk is geared toward the beginner birder and those interested in finding out about this hobby, birders of all levels of expertise are encouraged to participate and share their experiences. Participants should be fully vaccinated and are encouraged to bring binoculars, water, insect repellent, and sunscreen.

Presenter: Dan Hubbard holds degrees in biology and zoology. After retiring in 2005, he returned to his love of the natural world by volunteering for the Seacoast Chapter of the N.H. Audubon. He has been Program Chair for over 15 years and leads bird walks at the Pickering Ponds trails in Rochester and at the Strafford County Complex in Dover throughout the year. He also assists with editing the program’s N.H. Bird Records quarterly publication.

Member tuition: $20.00 | 1 W: 4/26/2023 - 4/26/2023 | 9:00 - 11:30AM | Class Limit: 15

Pickering Ponds Trail, 175 Pickering Road, Rochester, NH, 03867
Explore Bedrock Gardens

Bedrock Gardens is an oasis for horticulture, art, and inspiration. It has been described as a haven in the ever-expanding land of stoplights and traffic jams on our formerly quiet by-ways. Over the last 30 years, this 37-acre 1740’s farm site was recreated as a unique garden journey through numerous outdoor rooms with artful installations, rare botanical collections, diverse habitats, and a whole lot of joy. When you tour this garden, you are supporting the non-profit Friends of Bedrock Gardens, as this private garden is currently in the process of transferring ownership from the founders so that it might be shared with the general public for generations to come. A tour through the garden with executive director John Forti will take from 1.5 - 2 hours. The terrain is flat to gently sloping and covers about 3/4 of a mile. There are many places to pause and lots of seating along the way. Feel free to bring a lunch and stay a while. Bedrock Gardens was named ‘Best Cultural Oasis’ by NH Magazine and described by the Boston Globe as "one of the most beautiful and intriguing landscapes in New Hampshire. "In accordance with current recommendations, no masks are required in the garden.” However, masks are suggested in close encounters, such as in the bathrooms, or for your comfort.

**Presenter:** John Forti is a nationally recognized lecturer, garden historian, ethnobotanist, and garden writer. He is the Executive Director for Bedrock Gardens. Forti has been the Horticulture Director for Mass Horticultural Society, Strawberry Banke Museum, and Plimoth Patuxet Museum.

**Member tuition:** $20.00 | 1 Tu: 6/13/2023 - 6/13/2023 | 10:30AM - 12:30PM | Class Limit: 20

**Note:** $25 admission fee will be added to your registration. Total cost $45.

Bedrock Gardens, 19 High Road, Lee, NH, 03861

Explore Odiorne Point State Park

The Odiorne family settled near Rye in the mid-1660s and lived at Odiorne Point into the 1900s. From 1942 to 1947, Odiorne Point was the site of Fort Dearborn. Come explore the park with a mostly level approximately two-mile walk. Highlights include a walk along the shore with views of the Wood Island Life Saving Station and White Island Lighthouse, the Frost Point Breakwater, the Battery Seaman, the Dolphin Fountain, and the Odiorne Point Cemetery. Afterwards, participants can explore the grounds of the Seacoast Science Center and visit it for an admission fee collected at the door. Not recommended for people who have difficulty walking.

**Presenter:** John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

**Member tuition:** $20.00 | 1 F: 5/19/2023 - 5/19/2023 | 10:30AM - 12:00PM | Class Limit: 13

**Note:** $3 parking fee will be collected on-site (waived for NH residents over 65 with photo ID).

Odiorne State Park, 570 Ocean Boulevard, Rye, NH, 03870-2104
Explore the Manchester Cedar Swamp All Person's Trail

The Nature Conservancy in New Hampshire, with the generous donors and community partners, has built a beautiful, informative, and universally accessible trail at the Manchester Cedar Swamp Preserve. Come explore this trail and learn about the special habitats of the globally rare cedar swamp, giant rhododendrons, vernal pools, and forest that surround this trail. Learn how The Nature Conservancy is working to make nature more accessible to everyone though partnerships with other organizations, trail development, informative signs, and so much more. This trail is suitable for those who have difficulty walking and wheelchairs. For public transportation take the FR11 Front St/ Hackett Hill Rd bus to the Cedar Swamp Trail stop.

**Presenters:** Emily Preston is a retired wildlife biologist and environmental educator who loves sharing her knowledge and enthusiasm for nature with everyone. She has a particular interest in insects, so you’ll be sure so see the smaller inhabitants anytime you are outdoors with her.

Sheila Vargas Torres is the Community Partnerships Manager at The Nature Conservancy in New Hampshire and was a driving force behind engaging individuals of all backgrounds and abilities within the greater Manchester community in the planning and creation of the All Persons Trail by holding listening sessions with individuals from the Black, LGBTQ+, physical disability, cognitive disability and active senior communities with the goal of seeking input of the trail plan prior to construction.

**Member tuition:** $20.00 | 1 F: 6/9/2023 - 6/9/2023 | 10:00AM - 12:00PM | Class Limit: 25

Manchester Cedar Swamp Preserve, Countryside Blvd, Manchester, NH, 03102

--

Flying Saucers: A Beginner's Course to the Sport of Disc Golf

Instructed in a fun, relaxed atmosphere, come learn the basics of disc golf! This course is designed to teach the beginner player the sport of disc golf. We will be reviewing a variety of different topics such as, types of discs, types of throws, types of baskets, course layouts and locations, the UDisc app, and more. Discs are not required for the class but are encouraged. You can find them online or at a local sporting goods store. It might just become your new favorite outdoor activity!

**Presenter:** Duain Cook graduated from Oklahoma State University in 2009 with his Bachelor’s degree in Leisure Studies with an option in Therapeutic Recreation. He has been employed as a Recreation Therapist for over 12 years and currently works at the N.H. Veterans Home. A native of Oklahoma, Cook loves all sports, watching movies, playing video games, and going on adventures with his wife, two sons, and dog Mazie.

**Member tuition:** $20.00 | 1 Sa: 5/20/2023 - 5/20/2023 | 10:30AM - 12:00PM | Class Limit: 15

Constitution Park Ossipee, 505 Route 25, Center Ossipee, NH, 03814

--

Great Bay National Wildlife Refuge Walk

Join us for a walk around this hidden gem of the Seacoast, home to fox, deer, osprey, kestrel, and an occasional bald eagle. We will walk the William Furber Ferry Way Trail (2 miles) and, if time permits, the Peverly Pond Trail (1/2 mile). Both trails are graded and include gentle inclines. Wear good walking shoes (no sandals or flip-flops), long pants (there may be ticks) and a hat. Cameras, binoculars, and walking sticks are optional. No dogs allowed. Not recommended for people who have difficulty walking.

**Presenter:** John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

**Member tuition:** $20.00 | 1 F: 5/5/2023 - 5/5/2023 | 1:00 - 2:30PM | Class Limit: 12

Great Bay National Wildlife Refuge, 4 Arboretum Drive, Newington, NH, 03801
Little Harbor Trail Walk

Starting at the Society for the Preservation of New Hampshire Forests’ (SPNHF) Creek Farm Reservation we will walk through the woods and then along the Sagamore Creek mud flats and salt marsh with beautiful views and the possibility of seeing various shorebirds. Because there are lots of roots on this-1.5-mile trail, sturdy shoes are required and those with mobility issues may not wish to participate. As part of the trail is on private property, no dogs are allowed. Not recommended for people who have difficulty walking.

**Presenter:** John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

**Member tuition:** $20.00 | 1 F: 5/19/2023 - 5/19/2023 | 1:00 - 2:30PM | Class Limit: 12

Creek Farm - Forest Society, 400 Little Harbor Road, Portsmouth, NH, 03801

Walk Around Wagon Hill Farm

If you've driven U.S. Route 4 between Durham and Dover you've been by Wagon Hill Farm. Come join us for a walk by the water, through the woods, through the bob-o-link breeding grounds and ending at the Monarch Butterfly habitat. Wear long pants (this will be tick season) and sturdy shoes (no sandals or flip-flops). Hats, water bottles, and cameras are encouraged. Not recommended for people who have difficulty walking.

**Presenter:** John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

**Member tuition:** $20.00 | 1 F: 5/5/2023 - 5/5/2023 | 10:30AM - 12:00PM | Class Limit: 12

Wagon Hill Farm, US Route 4, Durham, NH, 03824
### Capitol Region

<table>
<thead>
<tr>
<th>COURSE TITLE</th>
<th>START DATE</th>
<th>DOW</th>
<th>START TIME</th>
<th>END TIME</th>
<th>PRESENTER(S)</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Should You be Your Own Philosopher and Ethician?</td>
<td>2/24/2023</td>
<td>F</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Cunningham</td>
<td>50</td>
</tr>
<tr>
<td>Can You “+ - x ÷”? Are You Curious?</td>
<td>2/27/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Faulkner</td>
<td>45</td>
</tr>
<tr>
<td>The Concord Monitor: What We Do, How We Do It, &amp; Why We Do It</td>
<td>3/9/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Leone &amp; Gimwala</td>
<td>61</td>
</tr>
<tr>
<td>How to Start a New Hampshire Business</td>
<td>3/11/2023</td>
<td>Sa</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Cunningham</td>
<td>35</td>
</tr>
<tr>
<td>Getting Started: Basic Basics of Bridge</td>
<td>3/13/2023</td>
<td>M</td>
<td>9:30 AM</td>
<td>11:30 AM</td>
<td>Benoit</td>
<td>37</td>
</tr>
<tr>
<td>Paint a Cardinal Barn Quilt</td>
<td>3/13/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>1:00 PM</td>
<td>Astell</td>
<td>12</td>
</tr>
<tr>
<td>Films: Francois Truffaut, a French Master</td>
<td>3/14/2023</td>
<td>Tu</td>
<td>9:30 AM</td>
<td>12:00 PM</td>
<td>Pingree</td>
<td>15</td>
</tr>
<tr>
<td>Weaving a Farmer’s Market Basket</td>
<td>3/18/2023</td>
<td>Sa</td>
<td>10:00 AM</td>
<td>4:00 PM</td>
<td>Perry-Mann</td>
<td>13</td>
</tr>
<tr>
<td>Handmade Cards with Rubber Stamps</td>
<td>3/21/2023</td>
<td>Tu</td>
<td>1:00 PM</td>
<td>3:30 PM</td>
<td>Frost</td>
<td>12</td>
</tr>
<tr>
<td>Introduction to Holocaust Studies, Part I</td>
<td>3/23/2023</td>
<td>Th</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Wahlberg</td>
<td>26</td>
</tr>
<tr>
<td>Weaving a Farmer’s Market Basket</td>
<td>3/25/2023</td>
<td>Sa</td>
<td>10:00 AM</td>
<td>4:00 PM</td>
<td>Perry-Mann</td>
<td>13</td>
</tr>
<tr>
<td>Barbershop Harmony: How Do They Do That?</td>
<td>3/30/2023</td>
<td>Th</td>
<td>6:00 PM</td>
<td>7:30 PM</td>
<td>Ruthenberg</td>
<td>21</td>
</tr>
<tr>
<td>NYC DIY: Be Your Own Tour Guide in New York City</td>
<td>4/4/2023</td>
<td>M</td>
<td>3:00 PM</td>
<td>5:00 PM</td>
<td>Taub</td>
<td>42</td>
</tr>
<tr>
<td>Learning the iPhone &amp; iPad</td>
<td>4/4/2023</td>
<td>Tu</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Taub</td>
<td>44</td>
</tr>
<tr>
<td>Finding Home: Portraits &amp; Memories of Immigrants</td>
<td>4/6/2023</td>
<td>Th</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Field</td>
<td>110</td>
</tr>
<tr>
<td>Take Control of Your Android Phone &amp; Access The World</td>
<td>4/10/2023</td>
<td>M</td>
<td>2:30 PM</td>
<td>4:00 PM</td>
<td>Taub</td>
<td>44</td>
</tr>
<tr>
<td>The Town of Canterbury Is On Fire!</td>
<td>4/11/2023</td>
<td>Tu</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Stevens</td>
<td>31</td>
</tr>
<tr>
<td>Yuka the Arctic Fox</td>
<td>4/14/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Laycox</td>
<td>41</td>
</tr>
<tr>
<td>All About Dogs</td>
<td>4/25/2023</td>
<td>Tu</td>
<td>5:00 PM</td>
<td>6:30 PM</td>
<td>Nicholls</td>
<td>37</td>
</tr>
<tr>
<td>Grant vs Lee: The Virginia Campaign of 1864-1865</td>
<td>5/3/2023</td>
<td>W</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Hess</td>
<td>25</td>
</tr>
<tr>
<td>Adjusting To Life &amp; Aging In New Hampshire</td>
<td>5/3/2023</td>
<td>W</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Smith</td>
<td>33</td>
</tr>
<tr>
<td>Mah-Jongg for Beginners</td>
<td>5/3/2023</td>
<td>W</td>
<td>1:00 PM</td>
<td>3:30 PM</td>
<td>Tilton</td>
<td>37</td>
</tr>
<tr>
<td>Paint a Cardinal Barn Quilt</td>
<td>5/5/2023</td>
<td>F</td>
<td>10:00 AM</td>
<td>1:00 PM</td>
<td>Astell</td>
<td>12</td>
</tr>
<tr>
<td>Hands-on with Magical Miniature Horses</td>
<td>5/9/2023</td>
<td>Tu</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Broady</td>
<td>57</td>
</tr>
<tr>
<td>All Aboard the Orphan Train</td>
<td>5/10/2023</td>
<td>W</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Fargo</td>
<td>22</td>
</tr>
<tr>
<td>Church Protest &amp; Compliance During the Nazi Era</td>
<td>5/11/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Graf</td>
<td>23</td>
</tr>
<tr>
<td>Judaism &amp; Healing</td>
<td>5/15/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Nafshi</td>
<td>52</td>
</tr>
<tr>
<td>Boston Massacre: A Fresh Look</td>
<td>5/18/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Strang</td>
<td>22</td>
</tr>
<tr>
<td>Live &amp; Let Live Farm’s Rescue and Sanctuary Tour</td>
<td>5/19/2023</td>
<td>F</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Paradise &amp; Kennedys</td>
<td>58</td>
</tr>
<tr>
<td>Nice &amp; Naughty: Enjoy a Concert of Original and Cover Tunes</td>
<td>5/22/2023</td>
<td>M</td>
<td>9:30 AM</td>
<td>11:00 AM</td>
<td>Sager &amp; Chaffee</td>
<td>21</td>
</tr>
<tr>
<td>From Our Farm to Your Table: Tour Miles Smith Farm</td>
<td>5/26/2023</td>
<td>F</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Soule</td>
<td>56</td>
</tr>
<tr>
<td>What is Sustainable? Ecology as Ethics.</td>
<td>5/26/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Conklin</td>
<td>48</td>
</tr>
<tr>
<td>Franklin’s Whitewater Park: From Nothing to Something</td>
<td>6/5/2023</td>
<td>M</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
<td>Parichand</td>
<td>56</td>
</tr>
<tr>
<td>Walking Tour of Blossom Hill Cemetery</td>
<td>6/15/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>McDaniel-Huckins</td>
<td>62</td>
</tr>
<tr>
<td>COURSE TITLE</td>
<td>START DATE</td>
<td>DOW</td>
<td>START TIME</td>
<td>END TIME</td>
<td>PRESENTER(S)</td>
<td>PAGES</td>
</tr>
<tr>
<td>----------------------------------------------------------------</td>
<td>-------------------</td>
<td>-----</td>
<td>------------</td>
<td>--------------</td>
<td>--------------------</td>
<td>-------</td>
</tr>
<tr>
<td>Paris &amp; New York in the Twenties and Thirties, Part II</td>
<td>2/23/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Mahoney</td>
<td>10</td>
</tr>
<tr>
<td>Cole Porter in Hollywood</td>
<td>3/3/2023</td>
<td>F</td>
<td>9:30 AM</td>
<td>12:00 PM</td>
<td>Brogan</td>
<td>14</td>
</tr>
<tr>
<td>Money, Money, Money!</td>
<td>3/3/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>2:00 PM</td>
<td>Fritsch</td>
<td>53</td>
</tr>
<tr>
<td>Films Through the Decades IV</td>
<td>3/6/2023</td>
<td>M</td>
<td>1:30 PM</td>
<td>3:30 PM</td>
<td>Jones</td>
<td>15</td>
</tr>
<tr>
<td>Hymns: The Story Behind the Songs</td>
<td>3/8/2023</td>
<td>W</td>
<td>10:00 AM</td>
<td>11:00 AM</td>
<td>Barton</td>
<td>57</td>
</tr>
<tr>
<td>Habits of the Heart: Individualism &amp; Community in American Life</td>
<td>3/14/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Mahoney &amp; Valley</td>
<td>52</td>
</tr>
<tr>
<td>Philosophy &amp; Ethics of Language</td>
<td>3/14/2023</td>
<td>Tu</td>
<td>3:00 PM</td>
<td>4:30 PM</td>
<td>Spira-Savett</td>
<td>59</td>
</tr>
<tr>
<td>Mission Brief &amp; Tour of New Boston Space Force Station</td>
<td>3/15/2023</td>
<td>W</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Zesinger</td>
<td>58</td>
</tr>
<tr>
<td>Madness &amp; the Movies XI</td>
<td>3/22/2023</td>
<td>W</td>
<td>9:30 AM</td>
<td>12:00 PM</td>
<td>Soreff</td>
<td>15</td>
</tr>
<tr>
<td>Simplifying Medicare</td>
<td>3/22/2023</td>
<td>W</td>
<td>2:00 PM</td>
<td>3:30 PM</td>
<td>Wilton</td>
<td>34</td>
</tr>
<tr>
<td>Spanish Inquisition: Not Unexpected</td>
<td>3/23/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Luber Friedenberg</td>
<td>30</td>
</tr>
<tr>
<td>Lions, Eagles, Crowns, &amp; Kings: A Look At Heraldry in the Modern World</td>
<td>3/23/2023</td>
<td>Th</td>
<td>3:00 PM</td>
<td>5:00 PM</td>
<td>Day</td>
<td>26</td>
</tr>
<tr>
<td>Director's Tour: Directa: Reflections on a Permanent Collection</td>
<td>3/29/2023</td>
<td>W</td>
<td>1:00 PM</td>
<td>2:00 PM</td>
<td>MacLellan</td>
<td>55</td>
</tr>
<tr>
<td>What Seniors Should Know When Selling Their Home</td>
<td>4/4/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Athas</td>
<td>36</td>
</tr>
<tr>
<td>John Rogers: The People’s Sculptor</td>
<td>4/10/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Barraclough</td>
<td>57</td>
</tr>
<tr>
<td>Textiles in Art: A Common Thread?</td>
<td>4/12/2023</td>
<td>W</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Harvey &amp; Hollman</td>
<td>60</td>
</tr>
<tr>
<td>SEE Science for Yourself!</td>
<td>4/12/2023</td>
<td>W</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
<td>Hendry &amp; Hawrylchak</td>
<td>60</td>
</tr>
<tr>
<td>Mission Brief &amp; Tour of New Boston Space Force Station</td>
<td>4/19/2023</td>
<td>W</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Zesinger</td>
<td>58</td>
</tr>
<tr>
<td>Learn to Play the Friendly Appalachian Dulcimer!</td>
<td>4/25/2023</td>
<td>Tu</td>
<td>6:00 PM</td>
<td>7:30 PM</td>
<td>Lafleur</td>
<td>21</td>
</tr>
<tr>
<td>Civics Slam! Learning About Government Now That You’re Older and Wiser</td>
<td>5/2/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Alcox</td>
<td>49</td>
</tr>
<tr>
<td>Lucy Stone: The Forgotten Champion of Women’s Suffrage</td>
<td>5/3/2023</td>
<td>W</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Strang</td>
<td>26</td>
</tr>
<tr>
<td>Making China Less “Inscrutable”</td>
<td>5/4/2023</td>
<td>Th</td>
<td>3:00 PM</td>
<td>5:00 PM</td>
<td>Berry</td>
<td>27</td>
</tr>
<tr>
<td>Amazing Universe</td>
<td>5/4/2023</td>
<td>Th</td>
<td>5:30 PM</td>
<td>7:00 PM</td>
<td>Drutman</td>
<td>45</td>
</tr>
<tr>
<td>Spring Birding Extravaganza</td>
<td>5/5/2023</td>
<td>F</td>
<td>9:00 AM</td>
<td>10:30 AM</td>
<td>Dwyer</td>
<td>60</td>
</tr>
<tr>
<td>Personal Lines Insurance: Do You Know What You Buy?</td>
<td>5/8/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Averill</td>
<td>34</td>
</tr>
<tr>
<td>Rise of the Nazis: Lessons for Democratic Citizenship</td>
<td>5/10/2023</td>
<td>W</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>White</td>
<td>29</td>
</tr>
<tr>
<td>Truth Decay, Income Inequality, &amp; Climate Change</td>
<td>5/11/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Carr</td>
<td>50</td>
</tr>
<tr>
<td>Taste of Korea: Korean Cuisine, Full of Wisdom &amp; Nature</td>
<td>5/20/2023</td>
<td>Sa</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Shin</td>
<td>53</td>
</tr>
<tr>
<td>Mere Slang or Historical Treasure? The French Language in North America</td>
<td>5/22/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Perreault</td>
<td>27</td>
</tr>
<tr>
<td>Demystifying Primary Care</td>
<td>5/22/2023</td>
<td>M</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Castor</td>
<td>33</td>
</tr>
<tr>
<td>Orwell’s Animal Farm &amp; the Twenty-First Century</td>
<td>6/2/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>3:30 PM</td>
<td>Scala</td>
<td>20</td>
</tr>
<tr>
<td>Come Take a Taste of Ray Bradbury’s Dandelion Wine</td>
<td>6/5/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Baker</td>
<td>17</td>
</tr>
<tr>
<td>All Persons Trail &amp; Pollinator Meadow Walk</td>
<td>6/5/2023</td>
<td>M</td>
<td>3:00 PM</td>
<td>5:00 PM</td>
<td>Preston &amp; Nutter</td>
<td>63</td>
</tr>
<tr>
<td>Explore the Manchester Cedar Swamp All Person’s Trail</td>
<td>6/9/2023</td>
<td>F</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Preston &amp; Vargas Torres</td>
<td>65</td>
</tr>
<tr>
<td>Camino de Santiago: Walk With Us on The Way</td>
<td>6/12/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Lindsey &amp; Robidoux</td>
<td>51</td>
</tr>
<tr>
<td>No One Wants Your Hummels &amp; Other Aging Lessons I’ve Learned</td>
<td>6/13/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Toomey</td>
<td>41</td>
</tr>
<tr>
<td>The Talk That Families Need to Have. Hospice: What Do You Need to Know</td>
<td>6/14/2023</td>
<td>W</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Preston</td>
<td>35</td>
</tr>
</tbody>
</table>
## Seacoast

<table>
<thead>
<tr>
<th>COURSE TITLE</th>
<th>START DATE</th>
<th>DOW</th>
<th>START TIME</th>
<th>END TIME</th>
<th>PRESENTER(S)</th>
<th>PAGES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wild Questions: A Discussion of Life's Defining Decisions</td>
<td>3/7/2023</td>
<td>Tu</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Bennett</td>
<td>51</td>
</tr>
<tr>
<td>NYC DIY: Be Your Own Tour Guide in New York City</td>
<td>3/10/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Taub</td>
<td>42</td>
</tr>
<tr>
<td>Yuka the Arctic Fox</td>
<td>3/17/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Laycox</td>
<td>41</td>
</tr>
<tr>
<td>Adjusting To Life &amp; Aging In New Hampshire</td>
<td>4/5/2023</td>
<td>W</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Smith</td>
<td>33</td>
</tr>
<tr>
<td>Go Behind the Scenes at New Hampshire PBS</td>
<td>4/18/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>11:30 PM</td>
<td>Adams</td>
<td>56</td>
</tr>
<tr>
<td>Can Democracy be Saved? Comparing the 1920's to the 2020's</td>
<td>4/19/2023</td>
<td>W</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Freiberger</td>
<td>23</td>
</tr>
<tr>
<td>Removing Greenhouse Gases From the Atmosphere: Direct Approaches to Limiting</td>
<td>4/20/2023</td>
<td>Th</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Young</td>
<td>46</td>
</tr>
<tr>
<td>Warming</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beginner Bird Walk with Seacoast Chapter of New Hampshire Audubon</td>
<td>4/26/2023</td>
<td>W</td>
<td>9:00 AM</td>
<td>11:30 AM</td>
<td>Hubbard</td>
<td>63</td>
</tr>
<tr>
<td>Portsmouth Naval Shipyard Tour: From Sails to Atoms</td>
<td>5/4/2023</td>
<td>Th</td>
<td>9:30 AM</td>
<td>12:00 PM</td>
<td>Gluckert</td>
<td>59</td>
</tr>
<tr>
<td>Black Heritage Trail of New Hampshire Walking Tour</td>
<td>5/4/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Matthews</td>
<td>54</td>
</tr>
<tr>
<td>Walk Around Wagon Hill Farm</td>
<td>5/5/2023</td>
<td>F</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Russell</td>
<td>66</td>
</tr>
<tr>
<td>Great Bay National Wildlife Refuge Walk</td>
<td>5/5/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Russell</td>
<td>65</td>
</tr>
<tr>
<td>Forgotten Plane Wrecks of New Hampshire</td>
<td>5/8/2023</td>
<td>M</td>
<td>1:30 PM</td>
<td>3:30 PM</td>
<td>Wallner</td>
<td>24</td>
</tr>
<tr>
<td>The History Of Creek Farm</td>
<td>5/10/2023</td>
<td>W</td>
<td>11:00 AM</td>
<td>1:00 PM</td>
<td>Kern</td>
<td>31</td>
</tr>
<tr>
<td>Variations on a Musical Theme: Works for Solo &amp; Duo Piano in Live Performance</td>
<td>5/11/2023</td>
<td>Th</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Langley &amp; Bullock</td>
<td>62</td>
</tr>
<tr>
<td>Capturing the Soul of Seaweed</td>
<td>5/15/2023</td>
<td>M</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
<td>Annelli</td>
<td>55</td>
</tr>
<tr>
<td>Explore Odiorne Point State Park</td>
<td>5/19/2023</td>
<td>F</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Russell</td>
<td>64</td>
</tr>
<tr>
<td>Little Harbor Trail Walk</td>
<td>5/19/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Russell</td>
<td>66</td>
</tr>
<tr>
<td>Elizabeth Jane Gardner of Exeter: An Artist in Nineteenth Century Paris</td>
<td>5/24/2023</td>
<td>W</td>
<td>1:30 PM</td>
<td>2:30 PM</td>
<td>Karo</td>
<td>9</td>
</tr>
<tr>
<td>Go Wild! A free, Easy-to-Start, &amp; Fun Garden Planting Scheme</td>
<td>5/25/2023</td>
<td>Th</td>
<td>2:00 PM</td>
<td>4:30 PM</td>
<td>McEvoy</td>
<td>39</td>
</tr>
<tr>
<td>Explore Bedrock Gardens</td>
<td>6/13/2023</td>
<td>Tu</td>
<td>10:30 AM</td>
<td>12:30 PM</td>
<td>Forti</td>
<td>64</td>
</tr>
</tbody>
</table>

**Did you Know?**

The Fall 2022 term classes with the most enrollments were “2022 Midterm Elections: 5+1=535 & the 4 "I"s” with Dave Hess and “The Best Way to Remember Anything” with Neil Kutzen.
### Mt. Washington Valley

<table>
<thead>
<tr>
<th>COURSE TITLE</th>
<th>START DATE</th>
<th>DOW</th>
<th>START TIME</th>
<th>END TIME</th>
<th>PRESENTER(S)</th>
<th>PAGES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winston Churchill: You Decide</td>
<td>3/2/2023</td>
<td>Th</td>
<td>1:00 PM</td>
<td>4:00 PM</td>
<td>Lindblade</td>
<td>32</td>
</tr>
<tr>
<td>Decorate a Ukrainian Style Egg: Beginner</td>
<td>3/3/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>4:00 PM</td>
<td>Smith</td>
<td>11</td>
</tr>
<tr>
<td>Denali, Bears, &amp; Eagles of Alaska</td>
<td>3/6/2023</td>
<td>M</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Bergeron &amp; Bergeron</td>
<td>38</td>
</tr>
<tr>
<td>Weaving an Herb Basket</td>
<td>3/9/2023</td>
<td>Th</td>
<td>1:00 PM</td>
<td>4:00 PM</td>
<td>Rennie</td>
<td>13</td>
</tr>
<tr>
<td>Dispel Some of the Myths About Coyotes in New Hampshire</td>
<td>3/14/2023</td>
<td>W</td>
<td>1:00 PM</td>
<td>2:00 PM</td>
<td>Manley</td>
<td>38</td>
</tr>
<tr>
<td>Maple Sugaring in the 100 Acre Woods</td>
<td>3/15/2023</td>
<td>Th</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Young</td>
<td>58</td>
</tr>
<tr>
<td>Decorate a Ukrainian Style Egg: Intermediate</td>
<td>3/31/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>4:00 PM</td>
<td>Smith</td>
<td>11</td>
</tr>
<tr>
<td>Oscar’s Musical Memories</td>
<td>4/4/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>3:00 PM</td>
<td>Brogan</td>
<td>16</td>
</tr>
<tr>
<td>Sew Your Own Gnome</td>
<td>4/11/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Perry</td>
<td>13</td>
</tr>
<tr>
<td>Grover Cleveland: Should We Care?</td>
<td>4/14/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Cleveland</td>
<td>25</td>
</tr>
<tr>
<td>Table Scraps to Garden Gold</td>
<td>4/17/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>11:30 PM</td>
<td>Brooks</td>
<td>39</td>
</tr>
<tr>
<td>The Traveling Trunk Show</td>
<td>4/24/2023</td>
<td>M</td>
<td>2:00 PM</td>
<td>3:30 PM</td>
<td>O’Donal &amp; Ray</td>
<td>31</td>
</tr>
<tr>
<td>Socrates Cafe</td>
<td>4/25/2023</td>
<td>Tu</td>
<td>9:30 AM</td>
<td>11:00 AM</td>
<td>Epstein</td>
<td>42</td>
</tr>
<tr>
<td>Up Close with New Hampshire Wildlife</td>
<td>5/2/2023</td>
<td>Tu</td>
<td>1:30 PM</td>
<td>2:30 PM</td>
<td>Eisenhauer</td>
<td>61</td>
</tr>
<tr>
<td>Made in Conway &amp; the Mount Washington Valley</td>
<td>5/3/2023</td>
<td>W</td>
<td>6:00 PM</td>
<td>7:00 PM</td>
<td>Cottrell</td>
<td>27</td>
</tr>
<tr>
<td>The Angels' Lament: Orphans, Mills, &amp; Tenements in America</td>
<td>5/8/2023</td>
<td>M</td>
<td>2:30 PM</td>
<td>4:30 PM</td>
<td>Pettengill</td>
<td>30</td>
</tr>
<tr>
<td>Electric Bikes: Which Might be Best for Me?</td>
<td>5/15/2023</td>
<td>M</td>
<td>5:00 PM</td>
<td>6:30 PM</td>
<td>Whipple</td>
<td>55</td>
</tr>
<tr>
<td>Best Books of 2023</td>
<td>5/16/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Cummings</td>
<td>17</td>
</tr>
<tr>
<td>Flying Saucers: A Beginner’s Course to the Sport of Disc Golf</td>
<td>5/20/2023</td>
<td>Sa</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Cook</td>
<td>65</td>
</tr>
<tr>
<td>Mah-Jongg for Beginners</td>
<td>5/23/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>12:30 PM</td>
<td>Bergoffen</td>
<td>37</td>
</tr>
<tr>
<td>Go Wild! A free, Easy-to-Start, &amp; Fun Garden Planting Scheme</td>
<td>5/24/2023</td>
<td>W</td>
<td>2:00 PM</td>
<td>4:30 PM</td>
<td>McEvoy</td>
<td>39</td>
</tr>
<tr>
<td>Forgotten Plane Wrecks of New Hampshire</td>
<td>6/1/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Wallner</td>
<td>24</td>
</tr>
</tbody>
</table>

**Did you Know?**

Since 2017, Bob Jones and Dottie Nelson have led “Learning the iPhone & iPad” 12 times! Over 160 OLLI members have benefitted from this fun – and educational - course!
<table>
<thead>
<tr>
<th>COURSE TITLE</th>
<th>START DATE</th>
<th>DOW</th>
<th>START TIME</th>
<th>END TIME</th>
<th>PRESENTER(S)</th>
<th>PAGES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, Notebooks</td>
<td>2/14/2023</td>
<td>Tu</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>McDonnell</td>
<td>44</td>
</tr>
<tr>
<td>Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, Notebooks</td>
<td>2/16/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>McDonnell</td>
<td>44</td>
</tr>
<tr>
<td>Qin to Mao: The History of China</td>
<td>2/21/2023</td>
<td>Tu</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Zink</td>
<td>29</td>
</tr>
<tr>
<td>Earthquakes, Volcanos, &amp; Plate Tectonics: The Way Our Planet Works</td>
<td>2/22/2023</td>
<td>W</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Rock</td>
<td>38</td>
</tr>
<tr>
<td>How to Read &amp; Enjoy Poetry</td>
<td>2/22/2023</td>
<td>W</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Cronin</td>
<td>18</td>
</tr>
<tr>
<td>Zentangle 101: An Introduction to the Zentangle Method of Art</td>
<td>2/22/2023</td>
<td>W</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Brooks</td>
<td>14</td>
</tr>
<tr>
<td>Saving Money &amp; Energy in Your Home</td>
<td>2/23/2023</td>
<td>Th</td>
<td>6:00 PM</td>
<td>8:00 PM</td>
<td>Golomb</td>
<td>36</td>
</tr>
<tr>
<td>Should You be Your Own Philosopher and Ethician?</td>
<td>2/24/2023</td>
<td>F</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Cunningham</td>
<td>50</td>
</tr>
<tr>
<td>Scheduling &amp; Hosting Zoom Meetings</td>
<td>2/27/2023</td>
<td>M</td>
<td>1:30 PM</td>
<td>3:00 PM</td>
<td>McDonnell</td>
<td>44</td>
</tr>
<tr>
<td>A Crucial Period in the History of Science &amp; Technology: 1800-1950</td>
<td>2/28/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Schubert</td>
<td>22</td>
</tr>
<tr>
<td>The Second Amendment: What It Does &amp; Does Not Mean</td>
<td>3/1/2023</td>
<td>W</td>
<td>6:30 PM</td>
<td>7:30 PM</td>
<td>Gould</td>
<td>32</td>
</tr>
<tr>
<td>Money, Money, Money!</td>
<td>3/3/2023</td>
<td>F</td>
<td>1:00 PM</td>
<td>2:00 PM</td>
<td>Fritsch</td>
<td>53</td>
</tr>
<tr>
<td>Covered Bridges of New Hampshire: Past &amp; Present</td>
<td>3/6/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>11:00 AM</td>
<td>Caswell</td>
<td>24</td>
</tr>
<tr>
<td>Denali, Bears, &amp; Eagles of Alaska</td>
<td>3/6/2023</td>
<td>M</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Bergeron &amp; Bergeron</td>
<td>38</td>
</tr>
<tr>
<td>How to Start a New Hampshire Business</td>
<td>3/11/2023</td>
<td>Sa</td>
<td>10:30 AM</td>
<td>12:00 PM</td>
<td>Cunningham</td>
<td>35</td>
</tr>
<tr>
<td>Art in Mexico &amp; Beyond: Pre-Columbian to Post-Colonial</td>
<td>3/13/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Holmes</td>
<td>9</td>
</tr>
<tr>
<td>Inside the CIA: Insights from a Former CIA Executive &amp; Undercover Officer</td>
<td>3/14/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Flynn</td>
<td>49</td>
</tr>
<tr>
<td>Philosophy &amp; Ethics of Language</td>
<td>3/14/2023</td>
<td>Tu</td>
<td>3:00 PM</td>
<td>4:30 PM</td>
<td>Spira-Savett</td>
<td>59</td>
</tr>
<tr>
<td>Great Decisions, Part I</td>
<td>3/16/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>McDonnell</td>
<td>49</td>
</tr>
<tr>
<td>Tarot 101</td>
<td>3/21/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Sheridan</td>
<td>42</td>
</tr>
<tr>
<td>Simplifying Medicare</td>
<td>3/22/2023</td>
<td>W</td>
<td>2:00 PM</td>
<td>3:30 PM</td>
<td>Wilton</td>
<td>34</td>
</tr>
<tr>
<td>Space, Time, &amp; Gravitation: Before and After Einstein</td>
<td>3/24/2023</td>
<td>F</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
<td>Meyers</td>
<td>46</td>
</tr>
<tr>
<td>Housekeeping: A Haunting Story</td>
<td>3/29/2023</td>
<td>W</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Castle</td>
<td>18</td>
</tr>
<tr>
<td>Bridge For Your Brain: More Commonly Used Conventions, Part I</td>
<td>4/1/2023</td>
<td>Sa</td>
<td>10:00 AM</td>
<td>12:30 PM</td>
<td>Weinstein</td>
<td>36</td>
</tr>
<tr>
<td>Wonderful Women Poets</td>
<td>4/3/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Russell</td>
<td>20</td>
</tr>
<tr>
<td>Edgar Allan Poe: His Life &amp; Remarkable Work</td>
<td>4/3/2023</td>
<td>M</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>Baker</td>
<td>18</td>
</tr>
<tr>
<td>Path of Liberation: Core Teachings of Tibetan Buddhism</td>
<td>4/4/2023</td>
<td>Tu</td>
<td>2:00 PM</td>
<td>3:30 PM</td>
<td>Romaine</td>
<td>53</td>
</tr>
<tr>
<td>Finding Home: Portraits &amp; Memories of Immigrants</td>
<td>4/6/2023</td>
<td>Th</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Field</td>
<td>10</td>
</tr>
<tr>
<td>Dispel Some of the Myths About Coyotes in New Hampshire</td>
<td>4/11/2023</td>
<td>Tu</td>
<td>6:30 PM</td>
<td>7:30 PM</td>
<td>Manley</td>
<td>38</td>
</tr>
<tr>
<td>Child of Exile: The Little Prince from the Sahara to New York</td>
<td>4/17/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Eaton</td>
<td>17</td>
</tr>
<tr>
<td>Prevent the Banning of Books &amp; Support Free Speech</td>
<td>4/21/2023</td>
<td>F</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Walsh &amp; Lanter</td>
<td>16</td>
</tr>
<tr>
<td>Alaska Weather Station Installations</td>
<td>4/25/2023</td>
<td>Tu</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Arnold</td>
<td>45</td>
</tr>
<tr>
<td>The New Yorker</td>
<td>4/27/2023</td>
<td>Th</td>
<td>3:30 PM</td>
<td>5:00 PM</td>
<td>Jones &amp; Monnelly</td>
<td>20</td>
</tr>
<tr>
<td>Cornish Colony: A Rural Haven for Artists</td>
<td>5/1/2023</td>
<td>M</td>
<td>10:00 AM</td>
<td>12:00 PM</td>
<td>Eaton</td>
<td>24</td>
</tr>
<tr>
<td>Unlock Your Psychic Abilities</td>
<td>5/9/2023</td>
<td>Tu</td>
<td>1:00 PM</td>
<td>2:30 PM</td>
<td>Cohen</td>
<td>43</td>
</tr>
<tr>
<td>Truth Decay, Income Inequality, &amp; Climate Change</td>
<td>5/11/2023</td>
<td>Th</td>
<td>10:00 AM</td>
<td>11:30 AM</td>
<td>Carr</td>
<td>50</td>
</tr>
</tbody>
</table>
Spring 2023 Term Course Previews

Course previews are a great way for you to get a sneak peek of our Spring 2023 courses! During these events, many presenters will be with us to introduce his or her course(s) and you will have the opportunity to meet other OLLI members in a relaxed and casual setting. You are welcomed to attend any, and all, of the four learning region’s previews. Keep an eye on your email for more information on these events.

**Capital Region** – Monday, January 23, 2023, at 1:00 p.m.

**Mt. Washington Valley** – Wednesday, January 25, 2023, at 1:00 p.m.

**Seacoast** – Thursday, January 26, 2023, at 1:00 p.m.

**Greater Manchester** – Friday, January 27, 2023, at 1:00 p.m.
Special Interest Groups (SIGs)

Special Interest Groups or SIGs are a wonderful OLLI membership benefit! What’s a SIG? It is when members interested in a specific topic or who enjoy the same activity get together on a regularly scheduled basis – whether it be in-person or online. From book and movie clubs to outdoor or community adventures, OLLI members are welcome to participate in any of the current 18 SIGs throughout our four learning regions.

There is no fee for joining a SIG, though there may be costs associated with activities planned by the members of the SIG. As this is a benefit for OLLI member, only OLLI members may participate in a SIG.

Please reach out to the contact listed below to learn more about the group and their meetings throughout the term!

**CAPITAL REGION**

*Chapter Chats (ZOOM)*
Contact Donna Frost | dfrost49@hotmail.com

*Creative Writing (ZOOM)*
Contact Alan Pardy | alan.pardy@icloud.com

*Movie Club (ZOOM)*
Contact Marty Bender | mbender@tds.net

*Quilting (In-Person)*
Contact Mari Astell | mastell@comcast.net

*Technology Group (ZOOM)*
Contact Michael Bujnowski | mbujnowski@comcast.net

**GREATER MANCHESTER REGION**

*Happy Hour (ZOOM)*
Contact Dennis McGivern | dmcgivern52@gmail.com

*Lunch Bunch (In-Person)*
Contact Mike Baker | mbmikebaker0@gmail.com or JoAnn Meyers | joannmeyers6@comcast.net

*Manchester Book Group (ZOOM)*
Contact Mike Baker | mbmikebaker0@gmail.com

*Meditation Group (In-Person)*
Contact Janet Romaine | jromaine@anselm.edu

**SEACOAST**

*Fresh Reads (ZOOM)*
Contact John Russell | russelljohnt@comcast.net

*Handwork/Crafters Group (In-Person)*
Contact Sandy O’Neill | sandy_oneill@comcast.net

*Local Hiking Trails (In-Person)*
Contact Sandy O’Neill | sandy_oneill@comcast.net

**MOUNT WASHINGTON VALLEY**

*Candlepin Bowling (In-Person)*
Contact Barb Butler | barbara.butler@yahoo.com

*Downhill Skiing (In-Person)*
Contact John Peterson | jpsvenster@aol.com

*Game Group (In-Person)*
Contact Benny Jesseman | bjesseman1@roadrunner.com

*Hiking & Snowshoeing (In-Person)*
Contact John Peterson | jpsvenster@aol.com or Betsy Gemmecke | betsygemmecke@gmail.com

*Ping Pong/Pool (In-Person)*
Contact John Peterson | jpsvenster@aol.com
Did You Know...OLLI Runs on Volunteer Power?

OLLI at UNH is supported and maintained by more than 100 dedicated volunteers. Our member volunteers develop our curriculum, recruit presenters, work on statewide and regional committees, serve as Classroom Assistants and Zoom Moderators, organize special events, and much more!

We would like to take this opportunity to thank our many volunteers for the work they do every day to create the program we have today.

If you would like to participate in the growth and sustainability of OLLI at UNH through your own volunteerism, please email the OLLI Administrative Team at olli.office@granite.edu.
I am healthy, active, and love living in my current home and community. I want to stay in my home for as long as I can, and I don’t want to be a burden to my wife or children. Two years ago I enrolled in the At Home by Hunt program and feel it is a great fit for me, both for the present and for the future when and if I can no longer stay at home. The program is a great value financially, and the staff are marvelous – very friendly and helpful. I am pleased with my choice to join!

~John, Member since 2020

When Your Choices Lead You Home, Choose a Trusted Local Provider!!

At Home By Hunt is a retirement option for those who wish to continue living independently in their New Hampshire home. We provide the assurance and peace of mind knowing that you have guaranteed lifetime access to a wide range of health care should health needs ever change. If you have recently begun your search into retirement living options for yourself, you may be curious to learn more about this option that can make aging in place a safe solution.

егодня

Cost Savings: Initial and monthly membership fees are often tax-deductible, and the lifetime guarantee for health care, regardless of any changes to your health or financial status, means there will be no burdening family for care or financial assistance.

Wellness Coordination: Coordination of care can be difficult to manage in an ever-changing landscape of health care. Life Plan Coordinators help arrange and facilitate both medical and non-medical services and save you the time and worry associated with finding the best care close to home.

Health Care Guarantee: At Home By Hunt offers peace of mind that your health needs will always be met, and, in the event your needs change drastically, we will help coordinate the appropriate level of care.

In-Home Safety Assessments: At Home By Hunt offers in-home, functional and safety assessments, making recommendations as needed for the greatest level of independence for successfully aging in place.

Programs: You will have access to available programs at Hunt Community and The Huntington at Nashua keeping you actively involved, with opportunities for special events, exercise, trips, wellness seminars, speakers and more.

Call 603-821-1200 or visit AtHomeByHunt.org
Registration for Spring Courses
Begins February 6, 2023

Spring Term:
February 22 - June 16

Featuring Over 150 Courses –
Including Zoom Platform, OLLI’s four learning regions, tours and field trips

Affordable, non-credit courses ranging from single-session to eight-session offerings for older adults.

Classes will be held at:
- Granite State College, Manchester and Concord Campuses
- Mt. Washington Valley
- Seacoast
- Zoom

Get Started! olli.granite.edu | 603-513-1377