

Are you interested in helping build a culture of health in your community?

The UNH Extension Master Wellness Volunteer Program provides learning sessions and volunteer service opportunities focused on creating change for health.

Core Training

February 21 to March 28, 2023

Six general training sessions held on Zoom, Tuesday evenings, 6-7:15 p.m. with additional independent learning requirements.

20
Hours



Master Wellness Volunteers

Adult Vaccine Education

Adult Vaccine Education Pathway

March- April

Volunteers will receive training focused on adult vaccinations, including Covid-19. The training will provide access to a toolkit with resources and information to help community members make well-informed decisions.

10-20
Hours

Topics will include:

- Vaccine and vaccination basics
- History of Vaccines
- Strategies for talking about vaccination and Vaccine Hesitancy.
- Vaccination and specific diseases

**Create Community
Change &
Become a
Health Champion**

Apply Online

www.extension.unh.edu/health-well-being/master-wellness-volunteers

Adults who want to volunteer in N.H. are invited to apply. Volunteers will undergo standard background screening before admission.

Contact

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(603) 748-8010



For persons with disabilities requiring accommodations, please contact Zeanny Egea.

Given ample time, we will make any reasonable effort to make accommodations.