



# FARM STRONG NH

HEALTHY FARMERS, HEALTHY FARMS

The N.H. Farm and Ranch Assistance Network (N.H. FR SAN) is here to support you through the challenges of farming.

## Legal

Up to \$3,000/farmer

- Business Structures
- End of life documents – trusts, wills, powers of attorney
- Farm transfer - purchase and sales, easements
- Leases & Rentals
- Neighbor Conflicts
- Zoning Issues

## Mental Health

Up to \$1,440 per farmer

- 12 visits (at least) per farmer
- For farm workers – not just owners

## Succession Planning

Up to \$3,000 per farmer

- Appraisals
- Succession planning process

## Farm Financial Planning

Up to \$2,500 per farmer

- Tax Planning
- Financial Record Keeping
- Financial Analysis

## Peer-to-Peer Support Network

Vital Communities

- Connect with other farmers
- Mentorship opportunities
- Expand your community

## Enroll Today

Enrolling is easy!

To access the mental health services please call

**1-800-429-7153**

To access non-metal health services please call

**1-800-785-7914**

Messages will be returned within 48 hours.

## Contact Us

If additional funds are needed, please reach out to:

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**Extension**

**New Hampshire**  
Department of Agriculture,  
Markets & Food

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