The N.H. Farm and Ranch Assistance Network (N.H. FRSAN) is here to support you through the challenges of farming.

Legal
Up to $3,000/farmer
- Business Structures
- End of life documents – trusts, wills, powers of attorney
- Farm transfer - purchase and sales, easements
- Leases & Rentals
- Neighbor Conflicts
- Zoning Issues

Mental Health
Up to $1,440 per farmer
- 12 visits (at least) per farmer
- For farm workers – not just owners

Succession Planning
Up to $3,000 per farmer
- Appraisals
- Succession planning process

Farm Financial Planning
Up to $2,500 per farmer
- Tax Planning
- Financial Record Keeping
- Financial Analysis

Peer-to-Peer Support Network
Vital Communities
- Connect with other farmers
- Mentorship opportunities
- Expand your community

Enroll Today
Enrolling is easy!
To access the mental health services please call
1-800-429-7153
To access non-metal health services please call
1-800-785-7914
Messages will be returned within 48 hours.

Contact Us
If additional funds are needed, please reach out to:
Elaina Enzien
elaina.enzien@unh.edu

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