



Confidence Grows Here

Cheshire County 4-H Presents!

Saturday, April 6, 2024 | 1pm-4pm

Stone Arch Village Meeting Room, Court St., Keene

4-H Presents is a communications event where 4-H youth have the opportunity to demonstrate their presentation skills and subject matter knowledge in front of a judge. All members are encouraged to give a presentation each year. A presentation can be a demonstration, action exhibit or public speech. Through presentations, youth learn to research a subject, organize their ideas into a logical order, and practice public speaking skills.

The following is a list of activities that a 4-H'er may participate in at 4-H Presents.

Cloverbud Events	Photography Contest ★	Action Exhibit ★
Demonstration or Illustrated Talk ★	Poster Contest ★	Tabletop Presentation
Public Speaking ★		

All events except public speaking, posters, and photography can be done as a team. If a senior (age 14+) is a team member, the team will compete in the senior division. If all team members are 8-10 or 11-13, they will compete in the junior or intermediate division.

4-H Presents is the selection process for members ages 12 and older to go to Eastern States and for senior horse members to compete for a spot on the State Horse Communications Team and present at Eastern National 4-H Horse Round Up Louisville, KY in November. Activities that can go on to Eastern States are indicated with a ★.

- **Entries for 4-H Presents is through [4HOnline](#) by March 15, 2024.**
- **All members must be enrolled in 4-H for the 2023-2024 4-H Program year in order to participate in 4-H Presents.**
- For allergy purposes, demonstrations or action exhibits involving food will need a sign on the display listing the food items.
- **Photos and posters must be brought to the 4-H Office by March 15 so they can be judged before 4-H Presents.**
- SMALL ANIMALS WILL NOT BE ALLOWED AT THIS EVENT. Live animals are not permitted at Eastern States, printed representations of the animal may be substituted.
- No dogs will be allowed on location.
- Firearms may not be included in any 4-H Presents! exhibit/presentation. Please use printed representations in presentations related to firearms.



Cloverbud Events

★ Participation ribbons are given to Cloverbud members for each event entered.

Show & Tell

Cloverbud members (ages 5-7) may participate by entering a poster, a photograph, or do a Show & Tell Demonstration about something they have learned.

In a **Show & Tell**, members should have a poster or props to help tell the story about the topic. Members should introduce themselves with their name, club and then explain the topic.

Pet Rock Show & Tell

This is a great way for Cloverbuds to have a first experience in communication and showmanship without having to come up with an idea completely on their own.

Cloverbuds may submit one pet rock for Show and Tell. Members should:

- Choose a rock that is big enough to add features but not too big to pick up.
 - Decorate their rock in any way they choose. It can be an animal, an alien, or a completely new species.
 - Show themselves and their pet rock to best advantage: This means dressing in neat and clean clothes and make sure their pet rock looks its best.
 - Be prepared to share about themselves and their rock. (Ex: Both your names, ages, and fun facts about your rock).
 - Do their best to answer the judges' questions and thank the judges at the end.
-

Poster & Photography

See page 3 for guidelines for posters and photography. Cloverbud posters and photos will not be judged.



Posters

Anyone currently enrolled in 4-H can enter the poster contest. Following are the rules.

- A. Posters must be made on standard poster board measuring 14" x 22" (no larger, no smaller). They may be horizontal or vertical.
- B. Poster can be in an Educational or Promotional category, with a theme of *4-H Civic Engagement*, *4-H Healthy Living*, or *4-H Science*.
- C. Posters may be made in watercolor, ink, crayon, acrylic, charcoal, or oils. Three-dimensional posters are allowed but no more than 1/4" high. The finished poster must be able to lay flat in a pile. Computer-generated posters are acceptable. Poster should be able to be read from 6' away and should convey one clear message (not a collage).
- D. Other than the 4-H Clover, posters *may not* incorporate copyrighted materials like "Garfield" or "Snoopy" cartoon characters or trademarked materials such as depictions of items with names like "Elmer's Glue" or "Campbell's Soup."

If the 4-H Clover is used, it may not be distorted, and no images may be superimposed over it. The statement "18 USC 707" must legibly appear at the right of the base. Any use of the official 4- H Clover (*any* clover with "H's" on the leaves) must be used in accordance with the rules governing the emblem.

- E. Posters must have been created after May 31, 2023.
- F. **Posters must be brought to the 4-H office by March 15 for judging. Cloverbud posters will not be judged but will receive a participant ribbon.**
- G. We will need the actual poster if it is a winning poster going onto Eastern States.



Photography

The following rules apply to all photo exhibit entries:

- A. This event is open to ALL 4-H members. It is not limited to those enrolled in the 4-H photography project.
- B. **Members may enter up to two photos. Please select your best ones.**
- C. Photo entries can be black and white.
- D. Photos should be 5x7" or 8x10".
- E. Photos must have been taken after May 31, 2023.
- F. **Photos must be brought to the 4-H office by March 15 for judging. Cloverbud photos will not be judged but will receive a participant ribbon.**
- G. Photos should be matted and not framed.



Demonstration/Illustrated Talk

A Demonstration is a know-how, show how, and tell how. Explain what you are doing while you are doing it. Demonstrations are hands on, you are actively showing the audience how to do/make something. Members may compete as individuals or in teams of up to three members. Teams will compete in divisions of oldest member.

A Demonstration has three parts:

- A. Introduction or interest getter (with title poster).
- B. Body of demonstration, which is the show and tell part. This includes what is needed, how to do it, and why to do it this way. (Need 1-5 procedure posters and materials to accompany them.)
- C. Summary of important points, questions, and answers at the end.

Illustrated Talk is like a demonstration, except instead of working on something while speaking; you just talk and use a variety of visuals (pictures, posters, sample items) to help teach about the topic.

Time Guidelines:	Juniors	Ages 8-10	3 - 8 minutes
	Intermediates	Ages 11- 13	4 - 9 minutes
	Seniors	Ages 14- 18	5- 10 minutes

- ★ **If you are planning to do a power point presentation you must supply your own equipment.**
- ★ For allergy purposes, demonstrations involving food will need a sign on the display listing the food items.

HORSE DEMONSTRATIONS

A unique scoresheet is used for horse themed demonstrations for members age 12+. Additionally, each county may send:

- 2 Senior Individual Horse Demonstrations, and 2 Senior Horse Team Demonstrations, provided those members have not previously participated in that specific event at the Eastern National 4-H Horse Roundup. Winners and alternates in the Horse Communications events may be eligible to compete at the New England Regional Horse Contest and at the Eastern National 4-H Horse Roundup.
- 2 Intermediate (age 12-13) Individual Horse Demonstrations and 2 Intermediate (age 12-13) Horse Team Demonstrations.

TIME GUIDELINES – HORSE DEMONSTRATION:

Individual:	Intermediates	5- 10 minutes	Seniors 9 – 12 minutes
Team:	Intermediates	8-12 minutes	Seniors 10-15 minutes

*1 point deducted for each minute (or fraction) under or over the time limit.

HORSE DEMONSTRATION AWARD NOTES: In the horse contest, the highest scoring Senior team and individual may be eligible to work with a coach and prepare to compete at the Northeast Regional 4-H Horse Contest and the National 4-H Horse Round-Up in Louisville, Kentucky.



Tabletop Presentation

A Tabletop Presentation is a tri-fold display that teaches about something that you have learned or may tell about something you have done. **Visual aids or props must be included in a Tabletop Presentation. A poster or tri-fold alone is not a presentation and will not be judged.**

- The exhibit will need to fit on a table up to 3 feet long. It is like an educational exhibit at the fair.
- Display should teach or inform about something.
- May be done individually or in teams of two.
- There will be divisions for juniors and intermediates.
- We encourage you to be present during judging.
- **Member’s name, club and age must be visible on the display.**



Public Speaking

A Speech can be in any topic area. The speech should have an introduction, main body and a summary. No props or visuals are used; you use your voice and expressions to convey your message.

Time Limit:	Juniors	ages 8-10	1 - 5 minutes
	Intermediates	ages 11- 13	5 - 8 minutes
	Seniors	ages 14 - 18	7 - 10 minutes

* 1 point deducted for each minute (or fraction) under or over the time limit for intermediates and seniors.

HORSE PUBLIC SPEAKING CONTEST

A unique scoresheet is used for horse-themed speeches. Top Senior may be eligible to work with a coach and prepare to compete at the National 4-H Horse Round-Up in Louisville, Kentucky.

Outstanding Intermediates recognized at the awards ceremony. Additionally, each county may send:

- 2 Senior Horse Public Speakers provided those members have not previously participated in public speaking at the Eastern National 4-H Horse Roundup. Winners and alternates in the Horse Communications events are eligible to compete at the Northeast Regional 4-H Horse Contest annually.
- 2 Intermediate Public Speakers with a horse-themed topic.

TIME GUIDELINES: Intermediates 5- 8 minutes Seniors 7 – 10 minutes

*1 point deducted for each minute (or fraction) under or over the time limit.



Action Exhibits

An Action Exhibit is a display that comes ALIVE. You are showing others how to do something. Exhibitors work at a table and talk with people as they go by, answering any questions and explaining what they are doing. An Action Exhibit is ongoing for 30 minutes. Teams can be comprised of up to 3 members and compete in their oldest member's division.

Juniors	age 8-10 by 1/1 of current year
Intermediates	age 11- 13 by 1/1 of current year
Seniors	age 14 – 18 by 1/1 of current year

Examples of Action Exhibits - A group showing all the steps in making a pie, from making the pie crust to preparing the filling. In completing this exhibit, one might hand out recipes. An action exhibit needs a catchy title and should focus on one major goal.

Here are some hints to help you get started with an action exhibit:

- **Choose a topic** - What have you done or learned that you would like to show others?
- **Choose your action** - What continuous action steps can be used?
- **Choose a title** - Your title should be short and catchy.
- **Get People Interested** – Decide on ways you might involved the audience.

All your visuals should always be in view. They should include a title poster with your name(s) listed.

★ Due to food allergies, Action Exhibits involving food will need a sign on the display listing the food items.

QUALIFYING FOR EASTERN STATES EXPOSITION (The Big E):

4-H members 12 and older will have an opportunity to qualify for the NH 4-H Communications Team and bring their presentation to the Big E (<https://www.thebige.com/>) in September. High-scoring individuals from the action exhibits, public speaking, and demonstrations will be announced on the day of the event and will receive an invitation to participate in the next step. High-scoring posters and photographs are also sent to the Big E for exhibition. Additionally, 4-H members 12 and older with equine demonstrations and public speaking presentations can qualify for the NH 4-H Horse Communications Team and present at Eastern National 4-H Horse Round Up in Louisville, Kentucky in November. These individuals join a team with other 4-H members and practice throughout the year. More information and exact qualifying criteria for all these events will be communicated prior to the event.

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Members 8 and older entering a photo or poster in 4-H Presents must fill out the "2024 4-H Photography" or "2024 4-H Poster" form and attach to the back of your photo or poster.

2024 4-H Photography

4-Her Name: _____

Age category: Juniors (age 8-10 by 1/1/2024) Intermediates (age 11-13 by 1/1/2024) Seniors (age 14 and older by 1/1/2024)

Mailing Address: _____ County: _____

City: _____ State: _____ Zip: _____

Photo Theme Area: _____ New Hampshire at its Best _____ Open Category _____ 4-H At its Best/4-H Promotion

Photography Caption: _____

Equipment Used: _____

_____ Flash _____ Filters _____ Digital _____ Commercially printed

_____ Digital enhanced If yes, describe enhancement _____

_____ Other _____

_____ Photo was taken after May 31, 2019

Signature of 4-H Member: _____



ATTACH FORM TO BACK OF PHOTO

2024 4-H Poster

4-Her Name: _____

Age category: Juniors (age 8-10 by 1/1/2024) Intermediates (age 11-13 by 1/1/2024) Seniors (age 14 and older by 1/1/2024)

Mailing Address: _____ County: _____

City: _____ State: _____ Zip: _____ Poster Classification: _____ Educational _____ Promotional

Theme Area: _____ 4-H Citizenship _____ 4-H Healthy Living _____ 4-H Science

Brief Interpretive Statement of Art Work: _____

Check List of Criteria Met (to qualify, all items must be checked acknowledging compliance) :

_____ No Copyright or Trademarked materials _____ 4-H Clover used according to regulations _____ Poster is standard 14" x 22"

_____ Poster was created after May 31, 2019 _____ Poster contains one clear message (not a collage)

_____ If poster is 3-D, it is no more than ¼ " high and can lay flat in a pile

Signature of 4-H Member: _____



ATTACH TO BACK OF POSTER