**State Values of Volunteer Time (NH): $28.54; independentsector.org/**

Grafton County

### County Contributions

**$338,882**

<table>
<thead>
<tr>
<th>Contributions</th>
<th>State</th>
<th>County</th>
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<td><strong>$533,907</strong></td>
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*In 2021, for every $1.00 that Grafton contributed, UNH provided $1.58 of statewide resources.*

#### Food and Agriculture

- **62** farm businesses received technical assistance, leading to greater profitability and environmental sustainability

#### Natural Resources

- **$408K** in future value of improved acreage
- Consulted with **111** landowners who manage **8,505** acres
  - **1,300** additional acres now managed with forest stewardship plans
  - **$160,000** generated in timber production and tax revenue

#### Community and Economic Development

- Worked with Grafton County to explore alternative energy systems
  - Based on a preliminary UNH assessment showing long-term cost savings, the county has allocated funding to conduct feasibility studies to provide resilient and renewable electricity to power the county complex

#### Youth and Families

- **243** people reached through healthy living and nutrition programs to prevent chronic disease

With support from USDA Rural Health and Safety Grant, Extension brought together community partners in the Haverhill/Woodsville region to build community resilience and enhance community health outcomes.

- Participated in the Whole Village Collaborative Garden to provide locally grown vegetables and healthy recipes to senior citizens and people with low incomes

- Offered courses in chronic pain management to curb opioid misuse and facilitated coalitions in the Haverhill and Mascoma areas with 75 individuals from key local partners to build community resiliency during and after the pandemic

**301 volunteers**   | **17,671 hours**   | **$504K**

**value of volunteer time**
Statewide Highlights 2021

MAKING LIFE BETTER IN NEW HAMPSHIRE

Economic Expertise

- Dairy specialists worked with ten farms to identify and initiate changes to improve milking parlor efficiencies, increasing production and quality while supporting animal comfort
- Extension’s crop weather monitoring stations and plant disease forecasting tools were utilized by 76 apple growers to make informed decisions and avoid unnecessary pesticide applications
- Extension forestry specialists trained 201 forest industry professionals

Lifelong Learning

- Food safety specialists provided certification opportunities to food service workers from schools, hospitals, food pantries and other public establishments
- Natural resources specialists brought together 85 communities for a land conservation conference called Saving Special Places
- The 4-H Virtual Club reached 220 youth and summer programming reached over 400 children

Community Development

- Community and economic development specialists helped expand a makerspace and business incubator in Concord and helped generate facade improvements to five downtown buildings in Pittsfield
- Efforts to increase tourism and nature economy have included a regional branding and marketing campaign to promote the Sugar River Region in Sullivan, a plan to expand biking trails in Northfield and neighboring towns, and installation of signage to guide trail users to downtown businesses and services in Bristol

COVID-19 Response

- With N.H. Department of Agriculture, secured $500,000 USDA-NIFA State Department of Agriculture Farmer, Rancher Stress Assistance Network grant to raise awareness, provide education and offset costs related to farmers’ mental health
- With $225,000 in funding from the Extension Foundation, provided research-based information to North Country and Strafford County communities to support informed vaccination choices
- Provided hands-on training to teach community members how to build a greenhouse at Winnisquam Middle School; this led to a gardening curriculum for students during hybrid learning
- With $680,000 from a USDA grant, provided agriscience-based remote learning experiences to 800 rural elementary school children

Extension specialists worked with 2,483 NH businesses