

## Food and Agriculture

**52**

farm businesses received technical assistance, leading to greater profitability and environmental stability

## Natural Resources

**4,000**

acres improved

Consulted with **100** landowners who manage almost **4,000** acres  
**400** additional acres protected by conservation easements

## Community and Economic Development

Launched the Coös County Trail Stewardship Research Project

With support from the Tillotson Foundation, identified best stewardship model for human-powered trails in the North Country

## Youth and Families

**345**

people reached through healthy living programs aimed at preventing chronic disease

Coordinated the Androscoggin Valley Farm to School network to increase healthy food access

Offered chronic disease and pain self-management courses and Walk with Ease program to older adults to curb opioid misuse and improve health

4-H gardening program taught youth about growing food and nutrition

**154** volunteers**7,343** hours**\$209K\*\*** value of volunteer time

\*In 2021, for every \$1.00 that Coös contributed, UNH provided \$1.66 of statewide resources.

\*\*State Values of Volunteer Time (NH): \$28.54; [independentsector.org/](http://independentsector.org/)



# Statewide Highlights 2021

MAKING LIFE **BETTER** IN NEW HAMPSHIRE



Extension

## Economic Expertise

- Dairy specialists worked with ten farms to identify and initiate changes to improve milking parlor efficiencies, increasing production and quality while supporting animal comfort
- Extension's crop weather monitoring stations and plant disease forecasting tools were utilized by 76 apple growers to make informed decisions and avoid unnecessary pesticide applications
- Extension forestry specialists trained 201 forest industry professionals

## Community Development

- Community and economic development specialists helped expand a makerspace and business incubator in Concord and helped generate facade improvements to five downtown buildings in Pittsfield
- Efforts to increase tourism and nature economy have included a regional branding and marketing campaign to promote the Sugar River Region in Sullivan, a plan to expand biking trails in Northfield and neighboring towns, and installation of signage to guide trail users to downtown businesses and services in Bristol

Extension specialists worked with **2,483** NH businesses

## Lifelong Learning

- Food safety specialists provided certification opportunities to food service workers from schools, hospitals, food pantries and other public establishments
- Natural resources specialists brought together 85 communities for a land conservation conference called Saving Special Places
- The 4-H Virtual Club reached 220 youth and summer programming reached over 400 children

## COVID-19 Response

- With N.H. Department of Agriculture, secured \$500,000 USDA-NIFA State Department of Agriculture Farmer, Rancher Stress Assistance Network grant to raise awareness, provide education and offset costs related to farmers' mental health
- With \$225,000 in funding from the Extension Foundation, provided research-based information to North Country and Strafford County communities to support informed vaccination choices
- Provided hands-on training to teach community members how to build a greenhouse at Winnisquam Middle School; this led to a gardening curriculum for students during hybrid learning
- With \$680,000 from a USDA grant, provided agriscience-based remote learning experiences to 800 rural elementary school children