**State Values of Volunteer Time (NH): $28.54; independentsector.org/**

<table>
<thead>
<tr>
<th>Category</th>
<th>Count/Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Food and Agriculture</strong></td>
<td></td>
</tr>
<tr>
<td>80</td>
<td>farm businesses received technical assistance, leading to greater profitability and environmental sustainability</td>
</tr>
<tr>
<td><strong>Natural Resources</strong></td>
<td></td>
</tr>
<tr>
<td>644</td>
<td>acres managed with forest stewardship plans</td>
</tr>
<tr>
<td>62,525</td>
<td>feet of improved or constructed forestland roads and trails on private lands</td>
</tr>
<tr>
<td>Provided technical assistance with funding from the USDA Natural Resources Conservation Service</td>
<td></td>
</tr>
<tr>
<td>Helped Laconia work on its natural resources inventory with wildlife as an initial focus</td>
<td></td>
</tr>
<tr>
<td><strong>Youth and Families</strong></td>
<td></td>
</tr>
<tr>
<td>300</td>
<td>community members attended a fall festival co-hosted by 4-H and the Belknap County Fair Board</td>
</tr>
<tr>
<td>Offered courses in chronic pain management and the Walk with Ease program to curb opioid misuse and improve health</td>
<td></td>
</tr>
<tr>
<td>195</td>
<td>people reached through healthy living and nutrition programs to prevent chronic disease</td>
</tr>
<tr>
<td>4-H partnered with Gilmanton Library on “Science at the Library,” a program intended to increase STEM literacy among youth</td>
<td></td>
</tr>
<tr>
<td>“Growing Pizza” garden program taught youth about growing food and nutrition</td>
<td></td>
</tr>
</tbody>
</table>

**Belknap County Contributions**

- **State Contributions**: $427,898*
- **County Contributions**: $164,611

*In 2021, for every $1.00 that Belknap contributed, UNH provided $2.60 of statewide resources.

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**Community and Economic Development**

- Co-founded the Foothills Foundation in the Northfield-Tilton Region

The organization focuses on promoting outdoor recreation and expanding the local and regional economy; they completed a trail plan to connect trail users to natural, cultural and recreational assets of the region.

**172 volunteers**

**5,985 hours**

**$170K** **value of volunteer time**

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**5,985 hours**

**$170K** **value of volunteer time**
## Statewide Highlights 2021

**MAKING LIFE BETTER IN NEW HAMPSHIRE**

### Economic Expertise

- Dairy specialists worked with ten farms to identify and initiate changes to improve milking parlor efficiencies, increasing production and quality while supporting animal comfort.

- Extension's crop weather monitoring stations and plant disease forecasting tools were utilized by 76 apple growers to make informed decisions and avoid unnecessary pesticide applications.

- Extension forestry specialists trained 201 forest industry professionals.

### Lifelong Learning

- Food safety specialists provided certification opportunities to food service workers from schools, hospitals, food pantries and other public establishments.

- Natural resources specialists brought together 85 communities for a land conservation conference called Saving Special Places.

- The 4-H Virtual Club reached 220 youth and summer programming reached over 400 children.

### Community Development

- Community and economic development specialists helped expand a makerspace and business incubator in Concord and helped generate facade improvements to five downtown buildings in Pittsfield.

- Efforts to increase tourism and nature economy have included a regional branding and marketing campaign to promote the Sugar River Region in Sullivan, a plan to expand biking trails in Northfield and neighboring towns, and installation of signage to guide trail users to downtown businesses and services in Bristol.

### COVID-19 Response

- With N.H. Department of Agriculture, secured $500,000 USDA-NIFA State Department of Agriculture Farmer, Rancher Stress Assistance Network grant to raise awareness, provide education and offset costs related to farmers’ mental health.

- With $225,000 in funding from the Extension Foundation, provided research-based information to North Country and Strafford County communities to support informed vaccination choices.

- Provided hands-on training to teach community members how to build a greenhouse at Winnisquam Middle School; this led to a gardening curriculum for students during hybrid learning.

- With $680,000 from a USDA grant, provided agriscience-based remote learning experiences to 800 rural elementary school children.

**Extension specialists worked with 2,483 NH businesses**

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. UNH, U.S. Dept. of Agriculture, and New Hampshire counties cooperating.