



March 17, 2020

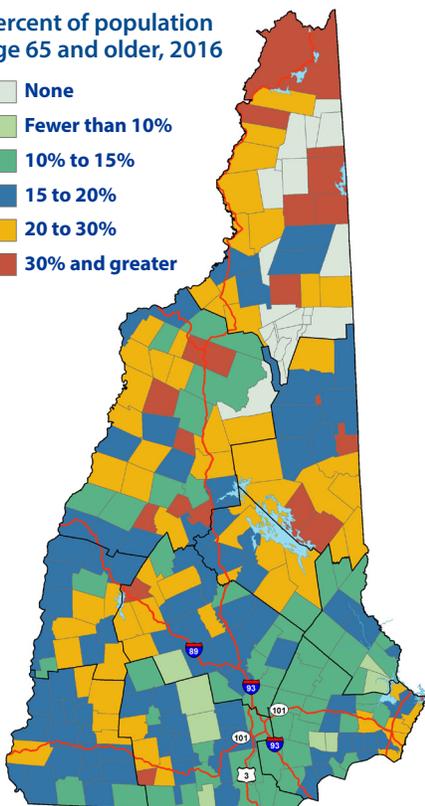
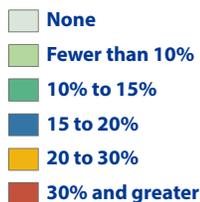
## Distribution of New Hampshire's Older Population Complicates Health Care Delivery During Coronavirus Epidemic

Only seven states have a larger percentage of older adults than New Hampshire. Delivering health care to New Hampshire's population during the COVID-19 epidemic is complicated by the uneven spatial distribution of its older population. Older adults are much more likely to experience serious health consequences as a result of exposure to COVID-19, including higher rates of hospitalization and mortality. Thus, access to health care is of critical importance for older adults. Generally, northern New Hampshire communities are smaller and more spread out than those in southern New Hampshire, but they have a higher percentage of older adults. Yet, there are fewer health care providers and hospitals in the sparsely settled north, increasing travel and response times. Older adults are a smaller percentage of the population in southern New Hampshire, but most of the state's older population resides there. Here health care facilities are more accessible, though they may be overwhelmed by patients needing care. In addition, the larger concentration of young adults and children in densely settled southern communities may make the spread of the disease more likely.



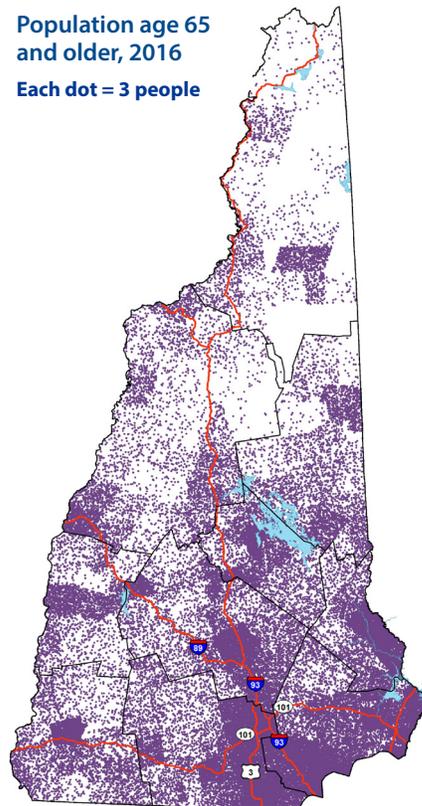
- Providing health care is complicated because older adults represent a larger share of the state's population in some areas than in others.
- Older adults are a larger percentage of the population in northern New Hampshire.
- Most of New Hampshire's older adults live in southern New Hampshire.

Percent of population age 65 and older, 2016



Population age 65 and older, 2016

Each dot = 3 people



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### About the Author

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Source: U.S. Census Bureau, ACS 2016