The University of New Hampshire (UNH) Student Senate, aided by members of UNH administration, led a discussion on internal Title IX reform and confirmed Devon Guyer as their interim speaker on Sunday, March 1. The Senate’s actions come as it strives to institute reform and a new path forward following investigations into accusations of political and sexual misconduct and harassment against multiple former and current members by its former speaker and parliamentarian.

The Senate’s second gathering since the end of last semester suspended parliamentary procedures as it invited Senior Vice Provost and Dean of Students John T. Kirkpatrick and University System of New Hampshire (USNH) Special Counsel Tracy Birmingham to talk about the basics and intricacies of Title IX.

The New Hampshire (UNH) chapter of the Kappa Sigma fraternity has been suspended and is currently under investigation by the university and the Durham Police Department after a reported incident took place at their house last weekend.

An anonymous member of Kappa Sigma approached members of The New Hampshire and stated that the fraternity would not comment on their suspension or the ongoing investigations.

Per an official statement from UNH Executive Director of Media Relations Erika Mantz, the fraternity has been suspended by Kappa Sigma’s national organization. Additionally, UNH’s Interfraternity Council has “interim suspended the fraternity pending resolution of investigations by the university and the national headquarters.”

“The university has received reports of misconduct by the Kappa Sigma fraternity. We have initiated a formal inquiry to determine the facts of the case,” Mantz said.

“I anticipate that the investigation will soon reach a conclusion and the Durham Police will release a statement at that time,” Town of Durham Deputy Chief of Police Rene Kelley said in an email to The New Hampshire.

Requests for comments were sent to members of the university’s Interfraternity Council, Panhellenic Council and Jamie Silverstein, UNH’s coordinator of Fraternity & Sorority Life. The New Hampshire hasn’t received comments from any of the aforementioned officials at the time of publication.

The New Hampshire will report on all future updates regarding the investigation as more information becomes available.

The New Hampshire staff editors Emily Duggan, Madalaine Hart, Sam Eggert and Katherine Lesnyk contributed to this story.

By Emily Duggan & Madalaine Hart

The university has re-opened, but the coronavirus is far from over. The New Hampshire (UNH) began sending emails to members of the university’s Interfraternity Council, Panhellenic Council and Jamie Silverstein, UNH’s coordinator of Fraternity & Sorority Life. The New Hampshire hasn’t received comments from any of the aforementioned officials at the time of publication.

The New Hampshire will report on all future updates regarding the investigation as more information becomes available.

Starting last Wednesday, Feb. 26, the University of New Hampshire (UNH) began sending emails regarding the coronavirus outbreak that entered New Hampshire this past Monday, and in response, pulled all 96 students studying abroad in Italy. UNH previously pulled students that were studying abroad in China and South Korea earlier this semester.

Per UNH policy, students are currently prohibited to travel to destinations that the U.S. Department of State and the Centers for Disease Control and Prevention (CDC) rate as “Level 3: Reconsider Travel,” or “Level 4: Avoid All Nonessential Travel,” which the countries mentioned above have been labeled as.

In addition to this, UNH has suspended the study abroad program for the Fall 2020 semester, according to an email send out by Education Abroad Program Assistant Teresa Zellem at the UNH Global Education Center.

The New Hampshire staff editors Emily Duggan, Madalaine Hart, Sam Eggert and Katherine Lesnyk contributed to this story.

By Benjamin Strawbridge

The University of New Hampshire (UNH) Student Senate, aided by members of UNH administration, led a discussion on internal Title IX reform and confirmed Devon Guyer as their interim speaker on Sunday, March 1. The Senate’s actions come as it strives to institute reform and a new path forward following investigations into accusations of political and sexual misconduct and harassment against multiple former and current members by its former speaker and parliamentarian.

The Senate’s second gathering since the end of last semester suspended parliamentary procedures as it invited Senior Vice Provost and Dean of Students John T. Kirkpatrick and University System of New Hampshire (USNH) Special Counsel Tracy Birmingham to talk about the basics and intricacies of Title IX.
Ivo Nedyalkov, a mechanical engineering lecturer, inked a deal to rap about flow dynamics in a new music video released last week.

90 Main Street in Newmarket will become home to The Tipsy Tabby, with owner Kaitlyn Ferretti hoping to open in April 2020.

UNH’s men’s basketball coach became the university’s all-time winningest coach in Wildcats men’s basketball history, picking up win No. 186 after a 77-70 victory over the University of Maine.

The next issue of TNH will be published on Thursday, March 12, 2020.
and how it stands to play a major role in ethical reform. The meeting’s report, released earlier this semester, was written by former Student Senate Speaker Nicholas LaCourse and former Parliamentarian and Deputy Speaker David Cerullo rezision from their positions; according to The New Hampshire on Feb. 13, it is unclear whether their resignations are related to the university’s ongoing investigations into the alleged hazing.

“Unfortunately, the weight of the evidence led to the conclusion that the behavior associated with the situation often results in current Senators deciding to leave the body and abandon their own vio- lence, and that its prevalence among current students,” the January report stated. “The Office of Affir- mative Action and Equal Opportunity recommends that students are not new—the dean re- called similar talks he held with former members a year ago when they decided to become part of UNH’s Shared Gover- nance Structure alongside bodies such as the Faculty Senate and a student organization. Per the dean, a different status meant a different approach to students in the internal context: had the body still identified as a student orga- nization when the report and alle- ged actions occurred around that time, it would have prompted Kirkpatrick—who assumed an “overser” role within the Student Senate—to switch—the entire body through Community Standards—conduct procedures.

During the body’s hour-long guest speaker segment, Kirkpat- rick urged for internal reform based around Title IX, a federal civil rights law that prohibits gender discrimination in educa- tion. We are very focused, obvi- ously, on the 21st century norms.” The dean has said the university has:

- Reillen with you for some time, to help provide future clarity. ‘The idea is that if we’re going to have an idea that when we’re going to be thrown in jail over this, because I know you worry and you have a lot of anxiety about that,’” Kirkpatrick stressed. ‘I would say the guiding principle for right now is do the right thing when you hear a report of sexual violence, and to reach out to authorities such as Title IX Coordinator and Director Donna Marie Sorrentino and UNH Po- lice Chief Paul Dean if and when emergencies arise.

“…I look especially to your generation to be an even playing field, to create an even playing field, to do as a bare legal minimum than it is about doing what we should be doing for our students. We have a lot of future leaders have an opportunity here, and I really welcome what Dean Kirkpatrick is doing here. The body is a part of the group that’s so we’re looking for blame; it’s look- ing for ‘how can we do things dif- ferently.’”

Birmingham called Title IX and its expansion of coverage over the years a “bellicower” for the role the university has to take part in the prac- ticing States as a whole, symbolized by previous visits to the Durham town council and former Vice President Joe Biden who promoted Obama-era efforts to expand Title IX and stressed the importance of stu- dent leaders and opportunities for more students to get involved in leadership roles.

“It (Title IX) recognized that sexual harassment and sexual vio- lence have been a part of our im- peding people’s access to educa- tional opportunities, and I think it was a really important bellwether for the administration’s approach,” he said. “…this is an opportunity for this group to focus on that [leaderhip] problem. It’s for a new generation different- ly so we can do better.”

A key portion of the segment included questions from members like Student Body Vice President Kelsey Crowley about mandatory reporting and how much of Senate opposition to former Speaker Guyer as their speaker pro tempo, otherwise known as the body’s leader, speaking on different issues as the selection would. Grier emphasized how sexual violence, a grey area she labelled “...I look especially to your generation to be a part of the problem solving, to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.

The guidelines that UNH highlighted about students up- coming travel plans to leave your house for 14 days. They don’t want us in Italy and also don’t want us on campus,” DiStefano said.
By Katie Hoppler
STAFF WRITER

Ivo Nedyalkov is a mechanical engineering lecturer at the University of New Hampshire (UNH) whose research focuses on fluid mechanics – and he also is a rapper. Nedyalkov has recorded singles and released two music videos out of a recording studio in Bulgaria. He previously thought his rapping and academic careers were parallel to each other, never intersecting. However, due to what Nedyalkov says is “luck and coincidence” he got to combine his academic flow and his rap flow in a music video that is being released this coming week.

In early October, Nedyalkov, student volunteers and a film crew from New York City funded by the American Society of Mechanical Engineers shot a music video for Nedyalkov’s rap on fluid mechanics on campus. Nedyalkov said his rap titled, “It’s All About Flow” ties together the fundamentals of flow mechanics and lyrical rap flow.

Nedyalkov described flow mechanics as “the study of how different flows work.” There are many types of physical flows present in everyday life: water flow in rivers, air flow in sports, and blood flow in your veins, for example. Nedyalkov’s studies try to understand various flows so he can modify, improve, and develop a wide range of things.

“Whether it is making diapers or designing the newest generation of jet engines, flows are everywhere,” Nedyalkov said.

The idea for the rap developed when Nedyalkov was attending the Annual Fluid Dynamics Conference put on by the American Physical Society. At the conference “there were talks that I should make a fluids rap,” Nedyalkov said. He developed a draft of the rap for next year’s conference and later recorded the rap at Unisound Records in Bulgaria. He shared this recording with his friends who work in the area of fluid mechanics.

After obtaining and listening to the recording, Thomas Costabile, the executive director and CEO of the American Society of Mechanical Engineers (ASME), approached Nedyalkov at the national ASME conference. Costabile told Nedyalkov that he used to be a VP for Sony Music Entertainment and said he could help Nedyalkov expand his fluid rap project. Costabile and ASME became sponsors of the video and funded a crew to come to UNH to make a music video to accompany Nedyalkov’s rap.

“I was really interested in having it shot on campus because we have great facilities,” Nedyalkov said. The video features the Flow Physics Facility, and the High-Speed Cavitation Tunnel and the wave & tow tank at the Chase Ocean Laboratory. Nedyalkov has used these facilities to study flow himself. He received his Ph.D. from UNH in 2015 and shortly after became a lecturer in the Department of Mechanical Engineering at UNH.

“I realized this is more than just a hobby for him and I am happy to see him becoming a rapper who is essentially promoting STEM,” UNH student Jesse Feng, one of the students in the video, said.

Feng said that seeing the video will show that “being educated in STEM does not remove artistic skills.”

Nedyalkov believes that this rap will draw in people outside of the STEM community.

“I think music is a great way to reach out to many people and I think it will be an efficient outreach project because a lot of people will be attracted by the music and entertainment, but then get intrigued to see what all the lyrics mean,” he said.

A short version of the video was premiered at the annual American Society of Mechanical Engineers conference in Salt Lake City in November. The ASME recently released a link of the video on its YouTube channel.

Professor raps about fluid mechanics

Courtesy of the American Society of Mechanical Engineers

TNHdigital.com
nary circumstances, leading up to her new role – confirmed by the Senate this past Sunday – Interim Speaker Guyer remains committed to the equally tumultuous office she has inherited.

“Obviously, this wasn’t the way I was hoping it would pan out, but I guess things work out interestingly in the end. I’m very excited to have the opportunity to do a lot of the things I was hoping to do, which is basically just make it a very connected group of people making sure everyone knows that their voices are important: that’s really my most important thing,” she told The New Hampshirian on March 4. “I want everyone to feel like Senate is a safe place for them, those were a lot of my goals and I really hope that, with the duration of the time that I have here on campus since I will be graduating, I will be able to achieve that in some capacity for at least some students, if not all the students that are involved with Student Senate.”

Right now, that involvement circles around inevitable reforms by the body stemming from situations like Dean of Students John T. Kirkpatrick, who recently suggested “Ethics” to combat future concerns of harassment and misconduct within the body, in response, one of which was her Senate debut strength of her and 10 other members, including the student body president, vice president and student trustee.

As she reflects upon how to lead the Senate over the next two months, Guyer points to reforms, like the “Code of Ethics” and the resumption of regular business reflect the inclusive and wide-reaching mission of the body.

“I think the mission of Student Senate is to represent all student voices on campus, [and] to really have a lot of representation from all of the halls and different walks of life that are on this campus,” she explained. “I think a huge part of Student Senate is really representing those voices – especially to administration, where students can feel like their voices are so small when, actually, they’re not, and I think Student Senate kind of acts as the amplifier for those voices and gets the things heard that students want to be heard by administration and get the changes made that need to be made.”

To help achieve that mission, Guyer plans to act as a “facilitator” who oversees the Senate’s processes while offering input and personal advice based on her years’ worth of experience in the body, having previously served as the outreach coordinator for the Student Activity Fee Committee (SAFC) this academic year, and as the first full-time Guyer Campus Structure Council chair the academic year before that, the latter of which was her Senate debut strength of her that she discovered through an email.

“I had received an email about the position being open, and I always, as everyone knows, am a huge advocate for sustainability and environmental conservation, and knowing that was an aspect of that role, I fell in love with it and became very involved with Senate by writing resolutions and working with the administration and students to kind of make sure that’s really my most important thing that exists just outside of these walls, but also something that can only be done at UNH,” she said. “A lot of people are impacted by their environment, their natural environment, their social environment, the fiscal environment or the built environment; so I think that the environment has a large impact on who we are as people, and I think that if your environment is not conducive to who you are as a person, you won’t be able to succeed as much as you can… my goal at the end of the day is to help someone.”

As broad as that mission sounds at the moment, Guyer told The New Hampshirian she plans on “shifting gears” in her last weeks at UNH toward bringing reform and a more inclusive environment to the Senate she now oversees, as well as address the “mechanism” that both allowed her to get where she is today and allowed for the misconduct to occur in the past; she hopes to improve it for future students, “because there are going to be so many better students than me that are going to make so many incredible changes to this campus.”

To those newcomers and senators and students poised to return next fall, she offers a single piece of advice: never give up on passion.

“if you’re passionate about something or you love something or there’s something that you really want to do or make a change on this campus, you shouldn’t give up. If you find alternative routes to do so or work with different people – no matter who they are – I think that you should always hold on to those passions and always do the work that you love so much, and hopefully a lot of these students do love Senate, and I think a lot of them do and they want to make this a great place as it has been… if you want to fix Senate, we want you to help us.”
TipsyTabby to open in Newmarket

By Anna Kate Munsey  
STAFF WRITER

Cats, delicious beverages and a whole lot of fun are coming to downtown Newmarket, New Hampshire. Kaitlyn Ferretti is the mastermind behind The Tipsy Tabby, a cat cafe that will open at 90 Main Street.

“I really feel that the goal of The Tipsy Tabby is a combination of many passions,” Ferretti said about her vision for the cafe in an email to The New Hampshire.

“I want to help the environment, find cats homes, provide my community with a fun place to spend time, increase Newmarket’s consumer base. I also want to be able to get a good homemade hot chocolate, I’m not much of a coffee drinker myself!”

Understandably, many people may not fully understand how a “cat cafe” would work. Ferretti shed some light on the structure and activities that will be available.

“We’ll have two distinct spaces. A cafe side with large windows viewing the lounge area where the cats will be. Customers can walk in or book an appointment online to spend an hour in the lounge. The space is small, so due to fire code there will be a maximum number of patrons allowed. This is why we’ve decided to allow appointments, we want to provide everyone a chance to socialize with the cats. I think it would be easy for people to lose track of time and spend the whole day in there,” Ferretti said.

When a customer pays the $12 fee, they get their first basic drink for free—which could be a plain hot chocolate, coffee, or tea. If customers are looking for something fancier, they can choose to pay a bit more to get a specialty drink such as a spiked hot chocolate or hand-made boba beverage. Additionally, The Tipsy Tabby is partnering with a local bakery to provide baked treats.

Ferretti attended the University of Vermont, where she majored in zoology and minored in wildlife biology. She has worked in the veterinary industry, including volunteering at animal shelters at Georgia, where she was exposed to the “reality of feline overpopulation, crowded shelters and the very real fact that many of those cats are euthanized.”

She said that since she grew up in New Hampshire, she had not yet learned of the magnitude of stray animals in the southern states before living there.

“I learned of the growing popularity of animal cafes, and had the opportunity to visit one myself. I knew it could be a great way for me to merge my love for cats and working with people,” she said.

The Tipsy Tabby will also be a great space for UNH students, as it is located right down the road from campus. Ferretti explained that the cafe will have free Wi-Fi available, and will allow outside food and beverages within reason.

“If you and some friends want to rent a few hours to study with cats, that’s cool with us,” she said. In the future, Ferretti hopes to have special event nights with the cats, including games, trivia, and movies.

People may have some questions regarding the cats themselves, as this is a very new concept to many. Ferretti explained that the cats will be from Cat Tales rescue in Seabrook and will be selected to go to the cafe based on their personalities, as The Tipsy Tabby will be a very social environment.

“These kittens will then live at the Tipsy Tabby until finding their forever home. Patrons interested in adopting a cat will be able to submit their application at the cafe, and Cat Tales will process the adoption including the final vet visit required before going home,” she said.

The number of cats will depend on the inspection by the Department of Agriculture, which requires a permit for keeping cats on the premises of the business. Ferretti said the permit will be in conjunction with Cat Tales, and she expects to be allowed to have between four and eight cats at any given time.

Another important aspect of having a food business where animals will be present is the licensing. Ferretti shared that she has had several legislative hurdles, including getting a town zoning variance to build the apartment upstairs, though she noted they are still waiting on the “change of use zoning compliance” from the town to house the actual business.

She emphasized that this is something officials have never really had experience with, as a cat cafe is a new concept. Ferretti shared that they await layout and restaurant licenses from the Department of Health and Human Services.

She acknowledged that the state works through Food and Drug Administration (FDA) regulation and needs to be sure food and the cats are kept separate.

“Doing this may require multiple LLCs, legal counsel and just stubborn determination,” she said. Ferretti is also waiting to hear about a liquor license, which she needs in order to serve the spiked hot chocolates.

Despite these obstacles, Ferretti hopes to open in late April, though she acknowledged that construction and permits may push this date back a bit. She anticipates The Tipsy Tabby likely being open Tuesday to Sunday from 10 a.m. to 8 p.m., except on Sunday when the hours will likely be 10 a.m. to 6 p.m.

Want to be a part of the magic?

Come to our contributors’ meetings!

Mondays at 8 in MUB 132

Another important aspect of having a food business where animals will be present is the licensing. Ferretti shared that she has had several legislative hurdles, including getting a town zoning variance to build the apartment upstairs, though she noted they are still waiting on the “change of use zoning compliance” from the town to house the actual business. She emphasized that this is something officials have never really had experience with, as a cat cafe is a new concept. Ferretti shared that they await layout and restaurant licenses from the Department of Health and Human Services. She acknowledged that the state works through Food and Drug Administration (FDA) regulation and needs to be sure food and the cats are kept separate.

“Doing this may require multiple LLCs, legal counsel and just stubborn determination,” she said. Ferretti is also waiting to hear about a liquor license, which she needs in order to serve the spiked hot chocolates.

Despite these obstacles, Ferretti hopes to open in late April, though she acknowledged that construction and permits may push this date back a bit. She anticipates The Tipsy Tabby likely being open Tuesday to Sunday from 10 a.m. to 8 p.m., except on Sunday when the hours will likely be 10 a.m. to 6 p.m.

Another important aspect of having a food business where animals will be present is the licensing. Ferretti shared that she has had several legislative hurdles, including getting a town zoning variance to build the apartment upstairs, though she noted they are still waiting on the “change of use zoning compliance” from the town to house the actual business. She emphasized that this is something officials have never really had experience with, as a cat cafe is a new concept. Ferretti shared that they await layout and restaurant licenses from the Department of Health and Human Services. She acknowledged that the state works through Food and Drug Administration (FDA) regulation and needs to be sure food and the cats are kept separate.

“Doing this may require multiple LLCs, legal counsel and just stubborn determination,” she said. Ferretti is also waiting to hear about a liquor license, which she needs in order to serve the spiked hot chocolates.

Despite these obstacles, Ferretti hopes to open in late April, though she acknowledged that construction and permits may push this date back a bit. She anticipates The Tipsy Tabby likely being open Tuesday to Sunday from 10 a.m. to 8 p.m., except on Sunday when the hours will likely be 10 a.m. to 6 p.m.
UNH community responds to global climate crisis

By Aubrey Benoit
CONTRIBUTING WRITER

Antarctica has reached its highest temperature on record in February and scientists warn it’s a part of the global climate crisis. According to The New York Times, it broke the previous record of 63.5 degrees set in March of 2015. Experts hope Gen Z know that it’s up to them to fix.

In his adventures through the American landscapes, Haines came to one conclusion: “things are out of whack,” and could sense how artificial the world has become.

As worried as Gen Z is, Haines recommends they follow the typical suggestions: turning lights off, choose walking over driving and consuming less industrialized foods.

In a bigger sense, he emphasizes the importance of being politically active. Gen Z has the power to “pressure leaders to make a change,” Haines said.

According to National Public Radio (NPR), BBC and the UN World Meteorological Organization, this past decade is the hottest decade ever recorded, leaving the northern artic to melt at aggressive increments.

Antarctica is out of the natural realm of the atmosphere and even if well-understood physics transition away from greenhouse gas emissions, Gen Z still faces a chronic crisis.

Around 87 percent of glaciers along the peninsula’s west coast have retreated [in the past 50 years],” according to The Washington Post. Mary Albert, a glaciologist at Dartmouth College, says it’s “too late to stop [re-treating glaciers].”

As remarkable as this process is, Albert is fearful for Gen Z. Albert hopes Gen Z limits the burning of fossil fuels.

“We don’t have to resort to cavenen technology for energy. We have solar panels and even electric cars right in front of us,” Albert said.

Albert added more pressure on Gen Z by saying it is “absolutely” up to them to shape the future. It is difficult to find true information from the web, but Albert knows there is “power in your own hands to look up peer-reviewed documents and educate yourself.”

Eating Concerns Awareness Week at UNH

By Chloe Camelo
CONTRIBUTING WRITER

A Health & Wellness peer education group called Eating Concerns Mentors taught what to do,” Sudkin said. “But I’ve never been a change, but I’ve never been good at it, I’ve never been good at it,” Sudkin added to the conversation.

In a bigger sense, he emphasizes the importance of being politically active. Gen Z has the power to “pressure leaders to make a change,” Haines said.

According to National Public Radio (NPR), BBC and the UN World Meteorological Organization, this past decade is the hottest decade ever recorded, leaving the northern artic to melt at aggressive increments.

Antarctica is out of the natural realm of the atmosphere and even if well-understood physics transition away from greenhouse gas emissions, Gen Z still faces a chronic crisis.

Around 87 percent of glaciers along the peninsula’s west coast have retreated [in the past 50 years],” according to The Washington Post. Mary Albert, a glaciologist at Dartmouth College, says it’s “too late to stop [re-treating glaciers].”

As remarkable as this process is, Albert is fearful for Gen Z. Albert hopes Gen Z limits the burning of fossil fuels.

“We don’t have to resort to cavenen technology for energy. We have solar panels and even electric cars right in front of us,” Albert said.

Albert added more pressure on Gen Z by saying it is “absolutely” up to them to shape the future. It is difficult to find true information from the web, but Albert knows there is “power in your own hands to look up peer-reviewed documents and educate yourself.”

A Health & Wellness peer education group called Eating Concerns Mentors raised awareness for eating concerns across campus during National Eating Disorders Awareness Week. This week was designated to raise awareness for those who are struggling with an eating disorder.

The first event, held on Tuesday in the Memorial Union Building (MUB) was called “Positive Social Media.” The event was designed to start a discussion about the effects that social media has on people regarding body image and to learn some ways to use social media to help improve how you view yourself versus bring yourself down.

On Wednesday, students had the opportunity to take a mid-day meditation class to learn to appreciate your body and slow down. This event was held in the Hamel Recreation Center (HRC).

Lastly, on Thursday there was an event called “Intuitive Eating” held in the MUB where students could learn about the 10 principles of intuitive eating and how to incorporate them in their day to day life.

Laila Hammam, the dietitian at UNH Health & Wellness, explained that there are many people that students can reach out to if they are experiencing eating concerns. This includes their resident assistant (RA), a staff member at the HRC; Psychological and Counseling Services (PACS), Hammam or a clinician at Health & Wellness. Student athletes can reach out to a sports dietician or an athletic trainer as well.

After reaching out to any of these people, students will be connected to a Health & Wellness physician, dietician and PACS. Hammam emphasized the importance of students being connected to all three.

“Ideally we like students to have a three-team approach to their care,” Hammam explained.

In addition to the professional help that students have access to on campus, they also can apply for an Eating Concerns Mentor (ECMs). ECMs are trained UNH peer educators. Not only do they plan and implement events around campus such as the events held during Eating Concerns Awareness Week, they offer one-on-one mentoring for students struggling with body image and eating concerns.

“ECMs are not a replacement for professional help, but can provide support in addition to professional care,” Hammam explained.

Since some students do not feel comfortable talking about eating concerns with their friends, it still could be beneficial to talk anonymously to someone their age that understands what they are going through. Students can request an ECM once they fill out a short questionnaire and will then be contacted within 48-72 hours.

Students who are interested in getting involved and helping other students with eating concerns can apply to become an ECM via the Health & Wellness webpage. Applications are due by April 15.
State Senate proposes bill addressing sexual assault on college campuses

By Jenna O’del
STAFF WRITER

The New Hampshire State Senate recently introduced SB679: relative to policies on sexual assault in higher education institutions, a 14-page bill that would establish requirements for colleges and universities related to sexual violence. SB679 was discussed in a panel hosted by the University of New Hampshire (UNH) Students of Social Work (SOSW) and the Sexual Harassment and Rape Prevention Program (SHARPP) in the Memorial Union Building on Monday.

The current process of reporting assault is not always friendly to survivors, as students attending the panel, at the panel leader, SOSW president and senior social work major Lily Clemens, described during the panel. The main issue, all agreed, was that the current process does not consistently allow for the privacy that the current process does not.

The main issue, all agreed, was that the current process does not consistently allow for the privacy that the current process does not.

"How would someone want to answer that stuff without access to counseling?" Clemens said.

The bill’s recommendation will apply to all higher education institutions in New Hampshire, including community colleges, private and public colleges and universities. The bill was introduced on Feb. 20, which Clemens and others interested in the bill’s passing attended at the New Hampshire State House in Concord.

Clemens was at the State House as the president of SOSW, but also as part of SHARPP. At the panel, Clemens provided pamphlets and offered paper copies of the bill. The pamphlets came from Every Voice Coalition, a Massachusetts-passed political campaign started by survivors and their allies that pushes for sexual assault legislation, including a bill in Massachusetts. Co-founder John Gibralti reached out to SHARPP about encouraging public awareness of SB679, which put him in touch with Clemens.

Clemens outlined the bill during the panel, focusing on its six survivor-focused points, according to Every Voice: training to prevent and response to sexual assault, free medical and counseling services (listed as being implemented only “if available” in the bill), and confidential advising, so students will not have to report a sexual assault if they do not wish to.

Two of the other points refer to the law enforcement of sexual assault, with one point, written as “Anonymity” in the bill, being akin to a Good Samaritan Law: a student will not be charged or academically punished with an alcohol or drug-related offense if such occurred during the sexual assault. The last point mandates collecting publicly-available data on sexual assaults at higher education institutions. The bill also mandates that, as part of establishing a state-wide task force on sexual assault on college campuses, a member of the task force must be sufficient in statistics.

There are approximately nine total subdivisions of the bill, and the few Clemens did not focus on refer to the consequences of a higher education institution not adhering to the bill, as being administratively changes institutions would have to implement. Clemens concluded her panel with a description of the bipartisan support for this bill, a rather uncommon occurrence for bills going through the legislature.

“Everyone is excited about this bill…This is something that will most likely pass,” Clemens said.

Once the panel finished, Clemens opened up her presentation to questions, asking for feedback and comments on the bill, which she said was still not finalized and thus could be revised. Students focused on the “Trauma Informed Polices” subdivision, as they wanted to make sure this would ensure the policies were survivor-friendly. Students were also concerned that this bill would benefit survivors and not the public relations of an institution—that an institution could not manipulate its sexual assault data and reporting work to create artificially low statistics about assault on campus. Other concerns centered on funding Title IX counseling, and mandatory education to all students about sexual assault, which is written into the bill.

Students interested in SOSW can contact Clemens at unhsw@gmail.com; those interested in getting involved with SB679 and Every Voice can contact outreach@everyvoiceca.org.
CAB now offering MUB dinner and a movie

By Chloe Camelio
CONTRIBUTING WRITER

University of New Hampshire (UNH) Dining, Memorial Union and the Campus Activities Board (CAB) are now offering dinner in the dining hall and a movie in the Memorial Union Building (MUB) for $15 for the general public, students and UNH faculty and staff.

Executive Director of Hospitality Services Bill McNamara came up with the idea.

“It’s a nice way to attract the local community and staff to discover more of UNH as well as an affordable, convenient option for our students,” McNamara said.

Movies play throughout the semester on the third floor in the MUB in two different theaters. Some of the movies playing later this semester include “Uncut Gems” and “Star Wars: The Rise of Skywalker.” The current movie being played is “Frozen 2,” which is available until Saturday, March 7. Tickets are available to purchase at the MUB Ticket Office 30 minutes before the show starts or you can get tickets online at any time, and movies play Wednesday through Sunday.

“The intent is to offer the deal throughout the year that coincides with dining hall hours of operations,” Director of Dining Hall Operations David Hill said. Hill also explained that the offer is currently in effect and is available “anytime there is a movie shown that coincides with a dining hall being open.” There may be exceptions during winter break or in the summer.

Dinner at the dining hall would normally cost an adult without a meal plan $15 at the door and another $6 to see a movie (including faculty and staff). With this offer, the movie will be free if you eat at one of the dining halls.

The offer is open to any of the three dining halls, but the best option is to dine at Holloway Commons because it is connected to the MUB.

Courtesy of UNH

Devan Sack/TNH Staff

@thenewhampshire
UNH opens housing during breaks for upcoming year

By Aqeel Hisham
CONTRIBUTING WRITER

University of New Hampshire (UNH) Housing recently announced via email to the UNH student body that 11 dorms will now be available to accommodate students during school breaks, compared to the current six dorms during winter break and nine dorms during Thanksgiving and spring break. The 11 dorms include Adams Tower West, Congreve, Devine, Fairchild, Hitchcock, Jessie Doe, Lord, McLaughlin, Randall, Sawyer and Scott halls.

“The objective of this new program is to make it simpler for students that need to stay over breaks,” Assistant Director of Apartments and Summer Conferences Victoria Perkins. Currently, there are halls that provide housing to students over breaks, but the lengthy process, inconvenient deadlines and an additional payment has made it difficult for students to go through the application process. “With the new program, students only need to pay $50 upfront at the beginning of each semester and they can come and go as they please,” Perkins added.

UNH’s housing department was looking at a few aspects to consider before planning this program.

“The international students’ population played a major role in the planning process, that is why we chose these 11 halls as many international students were assigned there,” Perkins said.

UNH Housing is trying to be very transparent to market this program as there might not be a guarantee to provide students with housing during breaks if they did not choose to opt in this program in the beginning of the semester. This may result in students having to follow the previous system where they would need to move into a different dorm during the period of the break.

Sophia Moe, a student from Myanmar, has previously stayed on campus during breaks. “I usually go back to my home country during the winter break but during Thanksgiving and spring break, I would stay in my dorm room due to expensive flight tickets,” she said.

Moe, a junior who is currently living in Congreve Hall, is pleased with the price point that was proposed for the program. “$50 is cheap compared to what I have paid previously,” Moe said. “The 11 dorms are scattered around campus which is a good thing. Students do not have to travel far if they did not sign up for this program and would need housing during breaks.”

Alternatively, students also have the opportunity to stay at the Waysmeet Center on Mill Road if they need housing at any point in the year for as low as $500 per month and access to the food pantry.

“The Waysmeet Center is never closed, even during the summer so people can come in at any time,” Alissa Megee, the administrative manager at the Waysmeet Center, said.

Reshma Giji, a first-year student from India, is currently living in Hitchcock and prefers to travel during school breaks, but agrees that the price point set by the housing department for the new program is reasonable. “I have read the email and I think that increasing the number of available dorms during the school break is great,” Giji said.

Unlike most international students, Katelyn King, a first-year student currently living in Williamson Hall, has the privilege of going back home during school breaks. However, the New Hampshire native sees the benefit of the program. “I have a lot of friends that live out of the state so I think this new arrangement could benefit them,” King said.
UNH housing options photo gallery

New Hampshire Associated Press

CONCORD, N.H. (AP) — Scammers are using the New Hampshire Department of Transportation’s logo to try to collect money for bogus speeding tickets, state officials said Friday.

The attorney general’s office said scammers using the email address “phd@swimming.com” are sending messages telling recipients that they will face criminal investigations if they don’t send payment.

The state transportation department never sends emails seeking payment for traffic violations, nor does the EZ Pass toll system.

While EZ Pass does send emails about account balances, notifications related to violations are sent by U.S. mail.

CONCORD, N.H. (AP) — A female bear who journeyed thousands of miles to return home after being saved and relocated by Gov. Chris Sununu is preparing to emerge from her den with three new cubs.

Sununu joined Fish and Game officials Wednesday to check on “Mink,” who was set to be euthanized along with three of her offspring in 2017 after repeat complaints from trash and bird feeders culminated with two bears entering a home in Hanover.

Sununu said her three male cubs weigh just over 6 lbs. each and are all in good health.

WEST STEWARTSTOWN, N.H. (AP) — An ice fisherman from Meredith has shattered the record for the largest lake trout ever caught in New Hampshire.

Thomas Knight had a good feeling that the trout he hauled onto the ice on Big Diamond Pond in West Stewartstown on Tuesday was bigger than the previous record holder, a 28-lb. trout caught in 1958. The first scale he used to weigh it maxed out at 30 lbs., so he took it to a package distribution center, where he found out his catch weighed in at 37.7 lbs., according to the state Fish and Game Department.

“Most state records, when bested, are done so by only a few ounces,” said fisheries biologist Andy Schafermeyer, who estimates the 40-inch-long fish was between 50 and 60 years old.

“This fish is now the largest lake trout caught in all of New England.”

HANOVER, N.H. (AP) — The Dartmouth College Board of Trustees has approved a 3.9% increase in undergraduate tuition for the 2020-21 academic year, according to the college’s website.

Total undergraduate tuition, mandatory fees, and room and board will be $76,480 next year, the school announced Sunday. The increase is consistent with last year’s rate increase.

The New Hampshire college also plans to budget $120 million in undergraduate financial aid, a 6% increase.

The tuition rates will apply to undergraduates as well as graduate students at the Thayer School of Engineering and the Guarini School of Graduate and Advanced Studies. Tuition at the Tuck School of Business will increase 3.2% to $77,520. Tuition for a medical degree at the Geisel School of Medicine will increase 3% to $67,532.

Employees are now equipped with cards that will communicate the policy to Border Patrol agents, he said.

“The safety of our passengers is not something that we take lightly. We have understood the arguments for making this change, but have worked to fully understand the implications that a change would have on law enforcement’s ability to prevent all forms of criminal behavior. We are confident that this is the right thing to do,” he said.

The American Civil Liberties Union has been pushing for bus companies to deny searches for fear that people of color or people with foreign accents will be singled out.

“With this new policy, Concord Coach is doing the right thing and disallowing Border Patrol from conducting warrantless searches of their passengers,” Sang-Yeob Kim, immigration staff attorney at the ACLU of New Hampshire.

The company operates from New Hampshire and Maine, providing transportation to Boston and New York City.

CONCORD, N.H. (AP) — New Hampshire officials will use federal funds to examine the effects of rising seas on major highways and connecting routes along the coast.

The National Oceanic and Atmospheric Administration is funding a “vulnerability assessment” for the I-95, Route 1 and Route 1A corridors and local connector roads, New Hampshire Public Radio reported.

Researchers will combine traffic models and climate change projections to determine what areas have a higher risk of flooding from rising sea levels.

A 2015 report by the Rockingham Planning Commission found that a 1.7-foot rise in sea levels would flood five miles of New Hampshire coastal roads. A 4-foot rise would flood more than 23 miles of roads.

A state report released last year estimated a 1-to-3-foot rise is “likely” by 2100 under most scenarios and that there is a 1-in-20 chance that a 4-foot rise could happen by the turn of the next century.

Please

Recycle
This day in TNH history...

Hollywood prepares for its biggest weekend of the year. Take a look at some of the Oscar hopefuls.

Whether eating too much or too little, students’ eating behaviors can be dangerously altered when they drink.

Fire at Mendum Pond burns boathouse, 32 sailboats

Kerry Feltrer

A fire devastated the boathouse of the UNH sailing team early Wednesday morning at approximately 4:30 a.m.

The boathouse, which is located approximately 10 minutes from campus at Mendum’s Pond, contained 32 boats. Eighteen of the boats were only a few seasons old, according to the UNH sailing team’s website. The cause of the fire is still under investigation.

The fire department had difficulty reaching the blaze, as the path to the boathouse is not maintained during the winter season. According to the reports from the Union Leader, the damages of the fire are estimated to cost upwards of $400,000, which includes the sailboats, launchers, wet suits, and other equipment such as rigging.

The sailing team is a club sport, which means that there is no direct funding provided from UNH to support and maintain the club.

The UNH sailing team is speaking out on the incident at 8 a.m. on Friday, March 5. They are scheduled to discuss their season, the summer sailing program and commitment to rebuilding the program after such a tragic incident.

The UNH sailing team has been around since the start of UNH and has over 50 regattas in the fall season and around 30 regattas in the spring season held all over the Northeast, where students compete at both the novice and expert level, according to the UNH sailing website. The fate of the season, which was scheduled to start over spring break, is unclear at this time.

Sarah Andersen creates her own story through social work

Amanda Beland

When she was younger, Sarah Andersen’s grandmother told her she would never know if something was bad until she tried it. Then tenacious Andersen took her grandmother’s advice seriously, going so far as eating escargot in a 6-year-old.

“I love food so much,” said Andersen. “After she [my grandma] said that, I would just go around and try everything.”

Andersen’s enthusiasm for shellfish mollusks has since dissipated, but her desire for adventure and discovery has helped her try to excel at Division I lacrosse, her excursions to Honduras and her internship at the Waysmont Center. Andersen has made the most of her time at UNH exploring the Durham community and her own capabilities.

Her adventures garnered her one of the coveted “Create Your Own Story” awards, sponsored by News Life.

According to Ruth Abelmann, one of the members for the “Create Your Own Story” nomination committee, 10 students are chosen each year that have created an interesting story about their time and experiences at UNH. Andersen is one of those 10 who were chosen for the 2009-2010 school year. She will receive a framed poster and book copy of her own story written by the staff of “Create Your Own Story” at a luncheon in April. Andersen was nominated for the award by her former assistant lacrosse coach.

“The recipients will become a part of the ‘Create Your Own Story’ legacy,” said Abelmann.

Andersen grew up in Concord, N.H. with her mother Linda, a single mom at the time. Her parents split up when she was in grade school, leaving Andersen with a lot of anger and frustration toward her father, and no channel to release her emotions. Andersen eventually found a safe haven in sports, in particular lacrosse, which she played wildly during her entire four-year career at Concord High School.

“I just had a lot of anger and playing sports really solved me,” said Andersen.

During her senior year, Andersen received a partial lacrosse scholarship to attend UNH and jumpstart the opportunity. During her freshman year, Andersen’s life revolved around playing lacrosse; she even planned her class schedule around practices and team workouts. Andersen was accepted at UNH as a liberal arts major. But when a required course conflicted with her practice schedule, she switched into the social work department to avoid the requirement.

“I always liked helping people and I had considered social work, so it wasn’t completely out of nowhere,” said Andersen.

During the summer of Andersen’s sophomore year, she trained harder than she ever had before. Early trips to the gym and daily lifting routines consumed her three-month break. She wanted to be the best, and she was willing to push her body to achieve that. Her body resisted in the form of phantom fasciitis, a heel injury that limited her mobility.

Her injury required time to heal, but with Andersen’s demand- ing sports schedule, she didn’t even have time for a part-time job, let alone time to recuperate. Her performance on the field waned, as did her morale and confidence off the field. She became tired of the constant go, go, go and she was tired and needed a divi-
Curlies Comedy Club in Rochester, NH, is going to be starring a familiar face on Friday, March 6 and Saturday, March 7 when comedian John Poveromo brings his stand-up act to the stage. Poveromo, being familiar with the area, has performed at Curlies multiple times in the past and has a certain affinity for the comedy club. He attests this to how the club is run in a very comedian-friendly way, owing it to manager Jay Grove (himself a comic).

"I love going back there," Poveromo said. "I get to hang out for the weekend, see a lot of regulars and a lot of new faces. It's going to be a lot of fun. It's just a really great feeling. Rochester's a great town and full of amazing people."

Poveromo first got interested in comedy when he was a child, drawn in by the relatability of the adult comics he saw on screen and encouraged by the world of Jim Henson, that would later prove an inspiration for him.

"When I was a kid, comedians were adults who didn’t take the world so seriously," Poveromo said. "So, it’s a weird way to see things because growing up, you’re surrounded by your parents, your teachers, people who come from a place of authority and then you see a comic and they’re older and they’re breaking away all the bulls***."

Poveromo is involved in many pursuits other than stand-up comedy. He has published a book of comics entitled "Drawings From A Nobody," which was the start of his collaborations with Jetpack Comics, also in Rochester and just around the corner from Curlies. There, he has held autograph signings and received recommendations on branching out from Marvel comics, falling in love with new comics and artists he’s found there in the past. Poveromo explained his eagerness to gather new reads at Jetpack Comics on Saturday when he’ll be visiting the store for an event, bringing along some of his new artwork as well.

Additionally, at the end of September last year just in time for Mental Health Awareness Month, Poveromo wrote and starred in a short film entitled "Duppet." The film was co-written by a friend, Vinnie Nardiello, and was released on Amazon Prime and YouTube. The puppet design of "Duppet." was inspired by The Muppets, using an old puppet that Poveromo had previously acquired along with a children’s Elvis wig and a $25 leather jacket from Target. The use of puppets in the short came about in that joking way when someone pitches something they don’t really believe in, only for people to sit back an hour after hearing the idea and saying, “Well, actually… we could though.” “Duppet.” was puppeteered and voiced by a friend of Poveromo’s, Greg Johnson.

The film itself was inspired by Poveromo’s own experiences with depression and anxiety, particularly a three-year period after moving to California, which exacerbated ongoing issues in his life, such as a bad break-up and the loss of his parents’ home in Rochester.

By Ciarra Annis
STAFF WRITER

The droll poise of John Poveromo

Depression, puppets and comedy:

Photos courtesy John Poveromo
Ethically-sourced, local goods at heart of Slow Food’s MUB Market

By Ben Domaingue

STAFF WRITER

With little snow and unusually warm temperatures for February, New Hampshire has experienced an odd streak of winter weather the last few months. The MUB Market, hosted by Slow Food at the University of New Hampshire (UNH) and held every other Thursday in the Granite State Room in the Memorial Union Building (MUB), has felt the effects of this weather firsthand; with numerous delays, the winter farmers’ market held a turnout of only 10 to 11 vendors last Thursday, Feb. 27. Nonetheless, the market must go on.

Cindy Marshall, the MUB Market’s manager, explained that pulling in multiple vendors from the Seacoast and Lakes Region – as well as out of state – can be a grueling task. However, this does not stop Slow Food in its aggressive push to increase the number of vendors in attendance for students.

“We know a lot of people from word of mouth,” Marshall said. “We also like to go to farmers’ markets and we scout for vendors which is fun.”

Marshall, responsible for facilitating the event, coordinating vendors and handling advertising, explained the biweekly indoor farmers’ market’s origins.

“Three years ago, someone began (MUB Market) as their senior project, and then it kind of caught on and Slow Food took it over,” she said. According to Marshall, the number of vendors should be back up to “17 to 20” once the weather clears up.

Since its inception, the MUB Market has continued to grow, seeing numerous new vendors, and a greater number of students in attendance.

“It’s been growing ever since and it’s great,” she said. Regardless of the actual number of vendors, students still attend the biweekly event.

“We have on average about 300 students and 100 non-students for every market we hold,” Marshall said.

There has also been a jump in the number of student organizations in attendance.

First-year environmental science major Phoebe Adame was representing Student Environmental Action Coalition (SEAC) and works as their zero-waste coordinator. SEAC holds campus-wide clean-ups, is involved in numerous composting and sustainability projects and holds its annual SolarFest in the spring, a zero-waste and sustainability concert on campus.

This was SEAC’s first MUB Market, aiming to spread awareness of their numerous projects, such as their composting efforts at the Gables and their goal to create a plastic bag ban on campus. For those interested, they meet from 6 to 7 p.m. on Tuesdays in the MUB.

“We wanted to get our organization out there,” Adame said. “We believed it would be a great way to support sustainability and advertise.”

Student organizations in attendance were not the only groups fighting for a cause dear to them. The Freedom Cafe, a Durham coffee shop on Mill Road, attended and served beverages and pastries to students.

Sophomore physics major Cole Hartnett was representing The Freedom Cafe at the MUB Market. The local non-profit coffee shop’s aim is to spread awareness on – and to ultimately end – human trafficking.

“We have all ethically sourced goods, drinks and foods,” Hartnett said. “Everything we serve is fair-trade, meaning that the people in whatever country it comes from who helped make it and farm it, they all get a fair portion and pay of the good.”

A major focus on the MUB Market is not only to promote ethically sourced goods but to also keep goods relatively local.

“We know our roasters personally,” Hartnett said about the Freedom Cafe’s coffee. “Much of our coffee comes from Flight Coffee Roasters right in Dover.”

The Freedom Cafe has attended the MUB Market numerous times in the past. However, despite the shortage of vendors, there were quite a few newcomers, diversifying the array of options for local products.

Kim Perkins, the owner of August Block Farm in North Hampton, represented her business by selling dip and seasoning packets, chili starters and spices. This was Perkins’s first year attending the MUB Market. August Block Farm began as Perkins and her children were attempting to replicate a recipe they had tried from a craft fair in Maine. Their business then grew from there, creating numerous new dips to try.

Perkin’s had an array of dips out to sample, all of which were received positively from students and vendors.

This semester, the MUB Market takes place in the Granite State Room every other Thursday, with the next taking place on Thursday, March 12 from 11 a.m. to 3 p.m. The Waysmeet Center generally hosts a MUB Market dinner following the event at 6 p.m.

Slow Food can be reached at slowfoodunh@gmail.com for further inquiries. Slow Food meets in the MUB Entertainment Center from 6 p.m. to 7 p.m. on Wednesdays.

Want to be a part of the action?

Come to the newsroom (MUB 132) at 8 p.m. on Monday nights to our contributors meetings! Take a pitch, meet the whole gang and you’ll be on your way to writing a story!

@thenewhampshire

Don’t be a sad clown

Write for the Arts!
John Poveromo
Continued from page 13

Hurricane Sandy. Poveromo’s character in “Duppet” goes through a downward spiral, unable to meet up with friends or start a relationship. He is constantly being nagged by the depression puppet that hovers around him, encouraging him to be his worst self. And the remedy to this? According to both the character and the real Poveromo: communication.

“I learned over time that it’s just as important to talk as it is to listen,” Poveromo said. “I think learning those skills early on helped me be able to deal with it. My friends are always checking in on each other, we have a close group chat, where we’re like, ‘Everybody doing alright? Haven’t heard from anybody in a while, is everybody doing okay?’ And that’s nice to have. It sounds slightly terrible to be like, ‘Are you miserable, is everybody doing okay?’ And that’s nice to have. It doesn’t bother me. I think when you’re on stage, whatever you’re going through, for however long you’re on stage, is gone. I’ve performed shows when I had a 102 degree fever when I had the flu and every time I’d go on stage, I’d do 45 minutes and I’d be fine. The minute I got off stage, I was huddled in a corner, shivering, trying to eat soup and drink tea.

“You put that kind of s*** in the back of your mind and you just do your set. Mostly, it makes you feel better.”

The frantic, artistically-accomplished chaos of ‘Uncut Gems’

By Ciarra Annis
STAFF WRITER

“Uncut Gems” was one of Adam Sandler’s more serious roles, breaking from his tradition of comedic films for something more on the thriller side. I will say this: He wasn’t bad as the gambling addict jewel salesman Howard. If anything with this role, Sandler proves that he has an emotional range that could’ve been displayed a lot sooner, instead of turning out the slew of mostly forgettable comedy movies that he’s churned out the past few years. That said, by the end of the movie, I wasn’t very sad to see my time with Howard as a main character come to the end. I kept finding myself in a spot where I would actively be disliking him.

To be fair, this isn’t a movie where the characters are really there for you to like them. The pacing doesn’t allow the viewer to do much other than strap in and enjoy (or not enjoy) the ride. For what it’s worth, I fully enjoyed Kevin Garnett playing himself, and of course, I’ll always be fond of any role Idina Menzel is in, even if she’s mostly absent from the film—though Menzel’s scenes as Howard’s almost-but-not-quite ex-wife Dinah were the most memorable to me.

But then, how could I focus on all of that when it seemed every few seconds someone in the background was talking, yelling or otherwise echoing? This was most evident early on in the film, but then, perhaps I simply grew used to it, the way one would get used to a white noise machine. The noise seemed so egregious that I’m wondering if the copy I watched had glitched in some way. The moments of quiet were almost too brief to be a relief, only just giving my brain the time to catch up to what had been going on. And moments of quiet were very slim pickings within the two-hour movie.

In terms of plot, there isn’t a whole lot—or if there is, it’s lost within the rampaging pace that was set. Howard needs to win big if he wants to pay debt collectors off, and yet he keeps on digging himself deeper into the hole. The black opal that lies at the heart of the movie, while giving some pretty cool visual effects, is both Howard’s savior and oppressor as he tries to come up with some way to escape his large amounts of debt with his life still intact. Whether or not the end is satisfying, well, I suppose it depends on how fond you become of Howard.

This was the first film by the Safdies that I have watched and for what it’s worth, I think I might check out another one of their films. From an artistic standpoint, it was a good watch. But for someone who actually likes to get attached to characters and enjoys being able to understand what’s happening on screen without feeling the need to pause and take a moment, well, onto the next.

By Ciarra Annis
STAFF WRITER

“Uncut Gems” was one of Adam Sandler’s more serious roles, breaking from his tradition of comedic films for something more on the thriller side. I will say this: He wasn’t bad as the gambling addict jewel salesman Howard. If anything with this role, Sandler proves that he has an emotional range that could’ve been displayed a lot sooner, instead of turning out the slew of mostly forgettable comedy movies that he’s churned out the past few years. That said, by the end of the movie, I wasn’t very sad to see my time with Howard as a main character come to the end. I kept finding myself in a spot where I would actively be disliking him.

To be fair, this isn’t a movie where the characters are really there for you to like them. The pacing doesn’t allow the viewer to do much other than strap in and enjoy (or not enjoy) the ride. For what it’s worth, I fully enjoyed Kevin Garnett playing himself, and of course, I’ll always be fond of any role Idina Menzel is in, even if she’s mostly absent from the film—though Menzel’s scenes as Howard’s almost-but-not-quite ex-wife Dinah were the most memorable to me.

But then, how could I focus on all of that when it seemed every few seconds someone in the background was talking, yelling or otherwise echoing? This was most evident early on in the film, but then, perhaps I simply grew used to it, the way one would get used to a white noise machine. The noise seemed so egregious that I’m wondering if the copy I watched had glitched in some way. The moments of quiet were almost too brief to be a relief, only just giving my brain the time to catch up to what had been going on. And moments of quiet were very slim pickings within the two-hour movie.

To be fair, this same sense of busyness is also carried over in the camera shots and pacing of the film. There were some moments where all I knew was Howard running, presumably from the debt collectors who are more than willing to shake him down or beat him up to get him to pay off his debts. Maybe that’s all I needed to know.

In terms of plot, there isn’t a whole lot—or if there is, it’s lost within the rampaging pace that was set. Howard needs to win big if he wants to pay debt collectors off, and yet he keeps on digging himself deeper into the hole. The black opal that lies at the heart of the movie, while giving some pretty cool visual effects, is both Howard’s savior and oppressor as he tries to come up with some way to escape his large amounts of debt with his life still intact. Whether or not the end is satisfying, well, I suppose it depends on how fond you become of Howard.

This was the first film by the Safdies that I have watched and for what it’s worth, I think I might check out another one of their films. From an artistic standpoint, it was a good watch. But for someone who actually likes to get attached to characters and enjoys being able to understand what’s happening on screen without feeling the need to pause and take a moment, well, onto the next.
THE NEW HAMPSHIRE

MAD ABOUT BOOKS

‘The Great Pretender’ by Susannah Cahalan

By Madalinein Hart
NEWS EDITOR

Susannah Cahalan, known for her memoir “Brain on Fire,” had a brush with psychosis when she developed a rare autoimmune disorder, anti-NMDA receptor encephalitis. She believed she could age people with her mind and read nurses’ thoughts. Her first book, “Brain on Fire,” details her descent into madness and what it was like not being in control of her body with no one to help. In her new book, “The Great Pretender,” Cahalan marries her own experience with psychosis with an experiment posed by American psychologist David Rosenhan. The Rosenhan experiment asked the question, “Can psychiatrists tell the same from the insane?” One quote from Cahalan that I loved was, “We were mastering the great mysteries of the world-conquering space, cancer, and infertility. But we still couldn’t properly answer this question: what is a mental illness? Or better yet, what isn’t?”

Along with Rosenhan’s experiment, this was the guiding question for the book. Rosenhan’s study involved himself and eight other volunteers who went undercover in psychiatric wards in the 1970s. From this research, Rosenhan concluded that doctors actually had no idea what they were doing and their practice was all a big guessing game. This study led to the closing of hundreds of psychiatric hospitals and the creation of the Diagnostic and Statistical Manual of Mental Disorders, also known as the DSM (or the edition we use today, the DSM-5.)

Since this is a memoir, she does not romanticize mental illness or downplay what she went through. She even writes, “Mental illness was cinematic: the genius mathematician John Nash played by Russell Crowe in ‘A Beautiful Mind,’ drawing equations on chalkboards, or a sexy borderline à la Angelina Jolie in ‘Girl, Interrupted.’ It seemed almost aspirational, some kind of tortured but sophisticated private club.”

She makes it clear that mental illness, her or otherwise, isn’t something to strive for but rather something dark and terrible to go through. Throughout the book, Cahalan points out the pros and cons of nearly every decision made from this study. This includes who was involved, why Rosenhan got so involved, why certain facilities were chosen, the time spent at each facility, the way Rosenhan took his notes, among a variety of other variables. All the names of the participants were changed, so no one truly knows who participated in the study other than the brief descriptions that accompanied their fake names, although who is to say if they were fake too? As she delves deeper into this borderline obsession with the study, she soon makes a shocking discovery.

Although the book can read as a bit academic at times, it’s extremely well organized and well researched (there are over 90 pages of sources on the back of my copy). There is so much rich history throughout the book as well, from Nellie Bly’s undercover mission and how these patients were being treated the same as Rosemary Kennedy being lobotomized and the history of over-diagnosing, which all gives the reader a deeper understanding of the growth and consequences of psychology and psychiatry. She seems to come to a controversial conclusion — no one knows what psychiatry is or how the brain and the body are linked. “For every miracle like me,” she writes, “there are a hundred like my mirror image; a thousand rotting away in jails or abandoned on the streets for the sin of being mentally ill; a million told that it’s all in their heads.”

Anyone interested in psychology, medicine or history will love this book!

Podcast review: ‘Office Ladies’ spins a refreshing take on a modern classic

By Caitlin Staffanson
STAFF WRITER

In the final episode of “The Office,” Andy Bernard leaves fans to ponder his iconic quote, “I wish there was a way to know you were in the good ole days, before you’ve actually left them.”

“The Office” highlights the inappropriate office humor of Michael Scott and his colleagues that make us cringe, laugh and cry; the Jim/Pam relationship we’ve watched: each other. These are just a few of the components that make this show so unique.

For me, “The Office” is my break from reality — my guilty pleasure — and I know, I’m not the only one. The last episode of the NBC TV show aired in 2013. After re-watching the show too many times to count, and no series reboot in sight, all I could do to get my daily fix of “The Office” was re-watch and re-watch again and again.

Luckily for fans of “The Office,” on Oct. 15, 2019, Jenna Fischer, who played the role of Pam Beesly, and her real-life best friend, Angela Kinsey, who played the role of Angela Martin, started “Office Ladies,” “the ultimate The Office re-watch podcast.”

Each week, on Tuesday, the “Office Ladies” podcast is posted on Apple’s podcast app, or Stitcher’s podcast network, Earwolf. The podcast consists of Fischer and Kinsey reflecting on each episode that aired, starting with the Pilot and consecutively following the episodes that aired after. In order to be refreshed on the elements of the episode they will be discussing, Fischer and Kinsey urge listeners to watch the episode they’ll be discussing prior to listening to their review of it. Fischer starts with a summary of the episode and then quickly dives into her “fast facts.” Together, the two discuss things they noticed while re-watching the episode, things they remember while filming, and typically, they bring on a guest. When it first started, I assumed the guests would be the “series regulars” of the show, but to my surprise, rather than bringing on only the actors, they’ve brought on set directors, staff writers, creators and supporting cast members which really allow them to explore different avenues of the show. By talking to these other people who had different roles within the show, not only do the fans learn more about what was happening behind the scenes, but so do Fischer and Kinsey.

Each week there is something new to be shared, and something new to be learned. The two “office ladies” encourage fans to send in questions that can help guide their discussions. All fans have to do is email officeladies@earwolf.com with the episode title in the subject line for the chance to be featured on the episode and to get their question(s) answered.

“The Office” has exceeded my expectations and allows a new way for me to engage with my favorite show. Like Andy Bernard said, I wish there was a way to know you were in the good ole days, but for fans of “The Office,” “Office Ladies” is the future of the show. Nine seasons, 201 episodes and now, a podcast reviewing all that went on to create this show that so many of us adore.
The Adventures of Tracy and James: Chapter 6: Emerald Eyes

The following story is completely fictional.

By Zach Lewis

"Explain yourselves," commands Khazadul the Bloody. Guards in gold and purple silk tunics point their sharp spears in the general direction of the four heroes’ necks. James audibly swallows.

"Silence," commands Khazadul the Bloody. "Well is it silence, or do you want us to explain ourselves," Tracy responds.

"Beep!" ZoopZoop squeaks.

"How dare you question me," Khazadul the Bloody says. He starts to laugh. “But you know,” he continues laughing, “it hasn’t happened in such a long time it’s actually, what’s the word?”

“Humorous, my emperor?” answered a guard.

“How dare you speak to me. Guards! Seize that guard and take him to the hallway. "Humorous," the emperor resumes laughing as if the action was a dog-eared page of a book, “that’s the word?”

"This other person is boring," Tracy says. "We found it," James says. "Now that, James, is a very good question," Ozburtle the Wizard says. "I don’t know? Why do you care?" Tracy asks. "Don’t worry about it. Now the three of you come over," Ozburtle the Wizard says. "I'm very sorry but we really must go on with it," Tracy says.

"We found it," James says. "Don’t be dumb James." Tracy responds. "If we could have just warped here or whatever then I wouldn’t have had to rob that bank, you wouldn’t have needed to vanish that desk with mini-tauro Poe." "So that’s why you robbed the bank? Why haven’t we used the money or whatever then I wouldn’t have had to rob that bank, you wouldn’t have needed to vanish that desk with mini-tauro Poe." "Right, Ozburtle, but we still haven’t figured out how to tell which ruby is the essence of this room with his magic so if we discover his Ruby," Ozburtle says. "Now then, James and ZoopZoop gather around him. “I will say that the orb can only go into locals that have been uploaded into the wizard’s guild online database. The treasure is known not to have existed and a wizard was here which is why we have this," Ozburtle the Wizard looks to the left and to the right, "simulation." He keeps digging into the treasure. "Unfortunately, as you three might expect, Khazadul was not the most trusting and would have doused the wizard with a treasure spell." "So are all these piles—" James begins to ask.

"Dead wizards, yes. The emeralds are eyes," Ozburtle says and hands James two emerald. James dry-heaves and drops them. "The treasure you two have been looking for is a bunch of wizard corpses?" James asks. "Well when you put it like that everything sounds awful," Tracy says. "And the statues weren’t wizards, and not all the piles are wizards. Many are just people that displeased the emperor in some way. Get the green light to shine over here Tracy," Ozburtle the Wizard says. Tracy raises the eternal green flame torch over Ozburtle’s head. "What are you looking for?" James asks.

"Now that, James, is a very good question," Ozburtle the Wizard says. He throws aside more gold coins. "We are looking for the heart of Prospero the Wizard. The hearts are the rubies. All knowledge is centered in the heart of a wizard."

"Not the brain?" James asks.

"James, I’m talking about magical knowledge. The science I use is all up here," Ozburtle the Wizard points to his head. "This, with the help of Tracy’s engineering knowledge, is how we outfitted that Tesla for interdimensional travel. Well, to be fair, Elon is about two updates behind on that, so it wasn’t too difficult since he did all of the grunt work. But," now the wizard pointed at James’ chest, "this is where magical knowledge is kept. It’s unmeasurable by science and by Jove I’ve tried, from Angstroms to Parsecs, but anyways, Prospero is the wizard that captured the essence of this room with his magic so if we discover his Ruby," Ozburtle looks left to right as if to see if any unwanted travelers have entered into the space, “in theory we should have the knowledge of how he got in there.”

"And then we can use that to find the treasure in the real world, or at least our world," James says.

"Exactly," Ozburtle the Wizard says. "You get a chestnut," he says, and offers the bag to James.

"Right, Ozburtle, but we still haven’t figured out how to tell which ruby is Prospero’s heart," Tracy says.

"Minor details and inconveniences Tracy," Ozburtle the Wizard says. “And speaking of,” Ozburtle clears his throat, "my hands are turning into gold."
Ben’s Bench: Welcome back, Biden

Only one word can describe what I saw and felt this week: Whoa.

After months and months of a democratic stalemate, the Demo- crats finally kicked his fat in the ass, as usual, and the epide- mical presidential primary this past Super Tuesday, the atomic bomb of 2020, dropped out of the race.

The next day, Amy Klou- buchar, whose bronze medal in the Granite State was definitely a mater- ize more than seven delegates, dropped out of the race.

The next day, Pete Buttigieg’s headwinds that were blasing Biden before suddenly transformed into tail- winds. But battle ended so instantly, all but Vermont, California and Colorado.

And all that brings us to the present, and my four takes from these latest contests: the re-establishment of the establish- ment, the battle extreme in 2018, my dueling to this point of view, the “revolution,” Bloomberg’s folly, and my cumulative change of heart.

First, it’s rather fitting that The Atlantic called their Super Tuesday post-game “The Establish- ment Strikes Back,” because that’s exactly what happened. It’s like, all at once, the moderate and centrist coalitions found a way to wake up Joe’s previously sleepy campaign and convince most of the other moderates in the race to coalesce around, and then in 2020, the real one is Joe Biden. But even then, Sanders still had a much better night than Bloomberg.

Just like how money can- not buy love, money cannot buy votes: Just look at Steyer’s fail- ure in South Carolina, or Donald Trump’s 2016 election despite possessing the second-richest state of any of Hillary Clinton. But Bloomberg was determined to prove that was the battle extreme in 2018, and to undermine it, become the party of moderation, and the rise of a sys- tem that thrives on compromise and the voices of all Americans, re- gardless of race, gender or other characteristics. He offers a middle ground between two extreme po- sturing the people, and not give in to political vices or dissensions, no matter how many likes they get online.

Now, to be clear, the Demo- crats have not “converted” me; I have not changed my mind with all their beliefs. I still be- lieve in fiscal conservatism and anti-capitalism, and in the power and necessity of self- reliance and not allowing the gov- ernment to hold everyone’s hands throughout life through excessive welfare programs or entitlements. I still strongly encourage a mighty America’s future, and in the American ideals around the world, even if it results in a battle or two along the way.

Should another reasonable Republican come around, I will undoubtedly vote for him. But for now, the man who occupies the Oval Office matters more than ever, and should Joe Biden prevail in Milwaukee and keep his Super Tuesday momentum alive, I will be more than willing to become an Independent voter, grab a blue balloon and cast my vote for a saner America.

By Benjamin Strawbridge
STAFF WRITER

Opinion
THE NEW HAMPSHIRE

Ben's Bench: W e l c o m e b a c k , B i d e n

The next day, Tom Steyer, who outspent his rivals by tens of thousands of votes, dropped out of the race.

The next day, Amy Klobu- cuar, whose bronze medal in the Granite State was definitely a mater- ize more than seven delegates, dropped out of the race.

The next day, Pete Buttigieg’s headwinds that were blasing Biden before suddenly transformed into tail- winds. But battle ended so instantly, all but Vermont, California and Colorado.

And all that brings us to the present, and my four takes from these latest contests: the re-establishment of the establish- ment, the battle extreme in 2018, my dueling to this point of view, the “revolution,” Bloomberg’s folly, and my cumulative change of heart.

First, it’s rather fitting that The Atlantic called their Super Tuesday post-game “The Establish- ment Strikes Back,” because that’s exactly what happened. It’s like, all at once, the moderate and centrist coalitions found a way to wake up Joe’s previously sleepy campaign and convince most of the other moderates in the race to coalesce around, and then in 2018, the real one is Joe Biden. But even then, Sanders still had a much better night than Bloomberg.

Just like how money can- not buy love, money cannot buy votes: Just look at Steyer’s fail- ure in South Carolina, or Donald Trump’s 2016 election despite possessing the second-richest state of any of Hillary Clinton. But Bloomberg was determined to prove that was the battle extreme in 2018, and to undermine it, become the party of moderation, and the rise of a sys- tem that thrives on compromise and the voices of all Americans, re- regardless of race, gender or other characteristics. He offers a middle ground between two extreme po- sturing the people, and not give in to political vices or dissensions, no matter how many likes they get online.

Now, to be clear, the Demo- crats have not “converted” me; I have not changed my mind with all their beliefs. I still be- lieve in fiscal conservatism and anti-capitalism, and in the power and necessity of self- reliance and not allowing the gov- ernment to hold everyone’s hands throughout life through excessive welfare programs or entitlements. I still strongly encourage a mighty America’s future, and in the American ideals around the world, even if it results in a battle or two along the way.

Should another reasonable Republican come around, I will undoubtedly vote for him. But for now, the man who occupies the Oval Office matters more than ever, and should Joe Biden prevail in Milwaukee and keep his Super Tuesday momentum alive, I will be more than willing to become an Independent voter, grab a blue balloon and cast my vote for a saner America.

By Benjamin Strawbridge
STAFF WRITER

Spilling the tea since 1911

www.nhtrib.com
Letters policy

We welcome letters to the editor and aim to publish as many as possible. In writing, please follow these simple guidelines: Keep letters under 300 words. Type them. Date them. Sign them. Make sure they’re signed by no more than two people. If you’re a student, include your year, major and phone number. Faculty and staff: Give your department and phone number. TNH editors for space, clarity, accuracy and vulgarity. Under no circumstances will a letter be published without an author’s name and address. Letters may be edited for space and clarity. Letters are subject to anonymous review. Opinions expressed by individuals are not necessarily those of The New Hampshire or its staff. If you do not see your side of the argument being presented, we invite you to submit a letter to the editor by sending an email to tnh.editor@unh.edu.

EXECUTIVE EDITOR

BY BRETT BELDEN

From the Editor’s Desk...

Scare international

COVID-19, known colloquially as coronavirus, has swept the nation in fear with recent news of the first deaths in the United States reaching national headlines. Its high mortality rate compared to the flu and its close relative, SARS, makes coronavirus an unpredictable threat.

In no way am I qualified to discuss the biological implications of a virus, nor is it my intention to downplay the legitimacy of COVID-19, but it’s hard to ignore instances in the past when national media companies upped a deadly virus for viewership.

Over the last two months, death rates in China and Italy have skyrocketed due to coronavirus, which is said to have originated in a Wuhan, China food market. The high Chinese population combined with COVID-19’s two-week incubation period made its spread to different countries unavoidable.

As it has apparently begun to proliferate in the United States, though, so has national coverage. Amid a tumultuous primary election, major news stations began to wane. Folowing 15 minutes of election speech clips begin to wane. Folowing 15 minutes of election coverage, CNN provides up-to-the-minute coverage, which is said to have originated in a Wuhan, China food market.

The smart thing to do is stay in the know without complete dismiss risk (“event”) or clutching a TV remote for the late-night news. That might sound a bit obvi- ous, but there indeed exist people who don’t know how to maintain a firm grasp on reality. Unfortunately, for you, reality is you know enough about the situation to make sweeping claims. Until that day, wits are the selling product.

The markets tumbled last week in one of the largest five-day drawdowns in recent history, which relates closely to expecta- tions of COVID-19’s impact on the labor force. Should the illness spread to a higher degree in the United States, companies would be forced to shut down non-es- sential operations for an extended period of time. It’s easy to pic- ture how that might affect current stock prices.

Fortunately, the market drop is reproducing an unforeseen flaw. Unlike the recession 12 years ago, which was caused by a grand internal and structural malfunction in the finance industry, this month’s poor performance is attrib- uted to something that hopefully imposes no long run threat.

In either case, the markets did fall. They responded how the average person might need to news of a deadly virus that has crossed coun- try borders and now threatens to spread in the U.S. It’s a cautious thing.

That’s how I believe the average person might consider handling any upcoming news of COVID-19. It’s correct to be concerned, but important to rec- ognize that standpoint as wedged between two extreme ends.

By BRETT BELDEN

EXECUTIVE EDITOR
WOMEN’S BASKETBALL

Binghamton ends UNH’s season

By Josh Morrill
SPORTS EDITOR

In UNH’s most important game of the season, the Wildcats came up short.

This past Wednesday night, UNH travelled to Binghamton for their second straight game, and both ended in the same result: a heart-breaking loss.

The most recent matchup happened to be in the first round of the America East Tournament, and the game finished with a final score of 51-42.

UNH had a promising start to the first quarter, as they went on a 6-0 run before Bearcat sophomore forward Annie Ramil converted on the first basket of the game.

The Wildcats would ride this momentum for the rest of the quarter and five different players were able to get their name on the scoresheet, leading them to a 13-11 advantage.

With 7:57 remaining in the first half, Binghamton junior forward Olivia Ramil notched the score at 15 apiece. Following this moment, the two teams traded baskets on five consecutive possessions. Both senior guard Caroline Soucy and junior guard Amanda Torres led the ‘Cats on this run.

Soucy hit a jumper before the media timeout with 2:10 left to play in the second quarter, and neither team was able to score after the break. The half ended in a 21-20 UNH lead.

Binghamton asserted themselves coming out of the half and went on a 7-0 scoring run. Stowey was able to put a stop to it with a layup from close range with 8:00 to play in the third.

WOMEN’S HOCKEY

Wildcats advance to Semis

By Sean Crimmins
SPORTS WRITER

The Wildcats successfully advanced to the Hockey East Semifinals for the first time since 2010 with two wins over the Providence College Friars. There were no goals in the first period, and the Wildcats won 4-2 and 1-0.

Sophomore goalie Ava Boutilier helped her earn the Conference Goalie of the Month as she posted a 4-2-1 record through February. She was also named Hockey East Defensive Player of the week and NCAA second star of the week for saving 58 of 60 shots and tallying an assist.

The Wildcats were lifted in game one by two goals from junior forward Grace Middleton, one of which came on the power play. UNH scored four goals in a row, three in the second period and held on to take the series lead. Boutilier stopped 23 of the 25 pucks that came her way.

The Wildcats got the scoring started halfway through the first when captain and senior forward Taylor Wenczkowski ripped a shot off of a faceoff win by first-year forward Annie Berry. They took a 2-0 lead just over a minute into the second period after killing off a penalty. Sophomore defensewoman Emily Ricwood entered the zone and put a shot through the five hole of junior goalie Sandra Abstreiter. Sophomore defensewoman Talli Warren and senior forward Meghara McManus assisted on the goal.

Two and a half minutes later Middleton struck with her first of the game. Boutilier gave the puck to captain and senior defensewoman Torey Howran behind the Wildcat’s net. Howran skated the puck up the length of the ice and crossed a pass into the slot for Middleton to tip in, making it a 3-0 game, prompting the Friars to change goalies after only 13 Wildcat shots on net.

The Wildcats scored their final goal 11:56 into the middle frame as Middleton deflected a shot from Ricwood, senior forward Nicole Dunbar was credited with the secondary assist. It did not take long for the Friars to respond, scoring their first goal just 48 seconds later. Senior defensewoman Whitney Dove ripped a slap shot off a pass from senior forward Meghan Rickard, to put them on the board. They were not done yet though as the Friars crept back to within two after a powerplay goal of their own. Rickard scored 6:36 into the third with assists coming from first-year defensewoman Lauren DeBlois and first-year forward Bailey Burton.

The Friars also went all-in by pulling the goalie for an extra attacker in the final minutes of the game, but the Wildcats held on to win the game and take the advantage in the series.

Game two was also taken by the Wildcats but this time in a close 1-0 game, benefiting from a 35 save shutout by Boutilier. The Friars brought their offensive game, outscoring the Wildcats 13-4 in the first and then 14-5 in the second but Boutilier stood tall and gave her team the chance to win.

She was aided by a whopping 25 blocked shots, with 10 different players recording at least one block, with 10 of them coming in the third period. Leading that was junior defensewoman Maddie Triax with six blocks, five of them coming in the third period. Warren, Howran, Ricwood, Wenczkowski and junior defensewoman Julia Scammell all recorded multiple blocked shots as well. Warren had four, Howran had three and the others had two blocks.

Howran also scored the game’s lone goal 12 minutes into the second period. Sophomore forward Lauren Martin put a shot on net and the rebound bounced right out to Howran who was down low. It was only the second goal Howran scored this season, but it was a huge one as it held up as the game winner and series clinching goal.

The Wildcats will play in the Hockey East Semifinals against the University of Connecticut Huskies on Saturday, March 7. They beat the Huskies in the season series 2-1 but were outscored 4-3 during the regular season.

By COURTESY OF UNH ATHLETICS

ASHLEY STOREY

ASHLEY STOREY scored 17 points in her last collegiate game.

Team Leaders

<table>
<thead>
<tr>
<th>Goals</th>
<th>Assists</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>M. McManus-17</td>
<td>T. Howran-20</td>
<td>M. McManus-27</td>
</tr>
<tr>
<td>J. Christian-9</td>
<td>T. Wenczkowski-14</td>
<td>T. Howran-22</td>
</tr>
<tr>
<td>C. Turner-7</td>
<td>T. Thierus-14</td>
<td>T. Wenczkowski-21</td>
</tr>
<tr>
<td>E. Ricwood-7</td>
<td>C. Turner-13</td>
<td>C. Turner-20</td>
</tr>
<tr>
<td>L. Martin-6</td>
<td>L. Martin-11</td>
<td>T. Thierus-20</td>
</tr>
</tbody>
</table>

By COURTESY OF UNH ATHLETICS

UNH goalie Ava Boutilier led her team to a 4-2-1 record in her starts last month.
Michigan sweeps UNH in Ann Arbor

By Zach Schneeloch
SPORTS WRITER

UNH traveled to Ann Arbor, Michigan this past Friday to take on juggernaut No. 7 ranked Michigan. The team certainly has a large task ahead of them but had some extra motivation from head coach Lindsey Bruck Ayotte as Michigan was her alma mater.

The ‘Cats started the meet on the uneven bars. First year gymnast Kylie Gorgenyi got off to a hot start, scoring a 9.800 along with senior Riley Freehling to pace the ‘Cats in the first rotation.

Unfortunately, their efforts were only good enough for a tie of seventh place in the event. Michigan got off to a great start as they scored an impressive 49.475 to UNH’s 48.825.

On the second rotation the ‘Cats moved to the vault. Gorgenyi retained momentum as she scored the top spot for the ‘Cats again with a 9.750 to tie for seventh place in the match. First year gymnast Robin Kelley placed eighth right behind her with a score of 9.700 to lead team. Michigan was able to claim the six top spots for the event as they continued to dominate. UNH fell further behind in the match.

Moving to the third rotation the UNH gymnasts moved to the floor exercise. Senior Emma Winer continued to shine on the exercise scoring a team best 9.825. Sophomore Hailey Lui was just behind, scoring a 9.800 to tie for eighth in the meet. The Wildcats posted a 48.900 on the rotation but were still ousted by Michigan who took the first five places in the event.

On the fourth and final rotation, the ‘Cats looked to finish strong on the balance beam. First year gymnast Alyssa Worthington was able to tie for her personal best, scoring a 9.900 to tie for second place in the match. Winer also set a season high with a score of 9.850.

Despite UNH’s efforts, Michigan won every event by a large margin. Freehling was able to tie for third all-around with a score of 38.850. In the end the ‘Cats would fall to Michigan 195.050 to 197.900. “We definitely had some positive things about tonight’s performance and tried to control the things that we could. Very proud of the bar team for starting the meet off strong for us,” Bruck Ayotte said. “We are looking forward to a few days of recovery and then back to the gym to work on details.”

This match was certainly a learning one for the ‘Cats as they faced off against top talent and were able to hold their own. They will be competing this weekend again in a tri-meet at home against Auburn, Rutgers and Central Michigan where they look to get their season back on pace.

Fairfield edges out UNH in Durham

By Logan Wertz
SPORTS WRITER

The UNH women’s lacrosse team (1-3) capped off yet another loss at home against Fairfield (2-4) Sunday evening.

Junior midfielder Elizabeth Blanding’s monster performance of four goals wasn’t enough to beat the Stags in a hard-fought battle in Durham.

To start the game off, Blanding drove down the right side of the fan at 25:34 and ripped a shot into the net to put the ‘Cats up. To start off the second half, the Stags stretched their goal streak to seven following a pass from first-year attacker Elizabeth Rowe to first-year midfielder Maggie Fort to give the visitors an 8-3 lead at 26:13.

First-year all-around gymnast Alyssa Worthington totalled a 9.900 on the balance beam on Friday, which is a career best.

Junior midfielder Julia Ney Curtis scored on a free position from the right side at 16:06 to cut the deficit to five points.

With the fire hands, Blanding netted her third goal of the game on a free position at 15:11 to trim Fairfield’s advantage to 10-7. Shortly after, the Stags managed to score adjacent goals 44 seconds apart to take a 13-7 lead at 10:38.

Junior midfielder Julia Ney Curtis scored on a free position from the right side at 16:06 to cut the deficit to five points.

UNH, trying to control the things that we could. Very proud of the bar team for starting the meet off strong for us,” Bruck Ayotte said. “We are looking forward to a few days of recovery and then back to the gym to work on details.”

This match was certainly a learning one for the ‘Cats as they faced off against top talent and were able to hold their own. They will be competing this weekend again in a tri-meet at home against Auburn, Rutgers and Central Michigan where they look to get their season back on pace.
UNH starts playoffs at UMBC after loss to UMass Lowell

By Cameron Beall
SPORTS WRITER

The Wildcats limped through the first half shooting just 23 percent in the first 20 minutes on 26 attempts. The team was able to marginally close the gap by the time halftime came. UNH has been a team that falls behind early but can usually find their game by the end of the half; this wasn’t the case in the regular season finale as UMass Lowell’s defense kept the Wildcat offense frustrated.

A 3-pointer from junior guard Obadiah Noel with 0:39 left on the clock extended the River Hawk lead to 29-24 before heading into the locker room.

Noel shot 5-for-8 from the field and contributed 19 points to UML’s lead to 11 within the first three minutes out of halftime.

Lutete led the way for UMass Lowell with 23 points, shooting 4-for-6 from downtown and nine rebounds.

UNH never really got back in the game as the closest the score ever got from that point on was a seven-point deficit with less than a minute to play. UML kept the game in hand and won by a final of 63-54.

The River Hawks spoiled the Wildcats’ plans to host an America East quarterfinal game. UMBC jumped UNH after the loss and moved into the fourth seed and will now host Guadarrama and the ‘Cats in the first round.

This year’s team has been an unselfish unit playing with a vengeance. Last year’s 5-24 record has been described as rock bottom by both players and coach Herrion throughout the year. Lester has seemed to have let go how his junior season played out.

“One thing about last year is that we were playing good basketball the last 10 games. You may have not saw it in the score book but if you watched the games, we were playing hard...we always felt that we were a better team than our record, we just didn’t know how to win,” said Lester.

Lester even noted specific moments from last year as they still sit in the back of his mind. A year of experience has made a world of difference for this group as they will head back into the America East tournament after a one-year hiatus.

UNH split the season series with UMBC as each team won their respective home games. In their two-game slate this season, senior guard K.J. Jackson averaged 20.5 points with eight rebounds, junior forward Brandon Horvath averaged 14 points and 5.5 rebounds and sophomore guard R.J. Elye-Rock put up 11.5 points and four rebounds.

For UNH, Guadarrama averaged 14.5 points and 4.5 boards in the season series, junior Sean Sutherlin scored 10 with nine rebounds, and sophomore Marque Maultsby had 11 points on average with 6.5 rebounds.

The team will head to Maryland to meet the Retrievers on Saturday, March 7 for a 1 p.m. tip-off which will be aired on ESPN+.

2020 America East Playoff Picture
The Wildcat’s 3-2-1-0 record in their final weekend of the season saw them securing two points against UMass Lowell then falling to UMass-Amherst on Saturday. 

For the weekend, the Wildcats scored 11 goals and allowed 13. This is a significant improvement from their performance earlier in the season, indicating a team that is adapting and improving.

Despite the weekend’s outcome, the team has shown growth and resilience. The ability to capitalize on opportunities is critical, and the team has demonstrated this through their recent performance.

The weekend also saw UNH playing against a tough competitive team in the Hockey East conference, which is crucial for their overall performance. This match highlights the competitive nature of the conference and the need for continuous improvement.

Looking forward, the team will focus on maintaining this positive momentum and keeping up their competitive spirit through the remainder of the season.
Herrion becomes winningest coach in UNH basketball history

By Cameron Beall
SPORTS WRITER

In a career that began as an assistant at Boston University in 1985, Bill Herrion has accumulated plenty of accolades along the way. Herrion, a multiple-time America East Champion, coach of the year and a member of the 400-win club has now added one more thing to the mantle – winningest head coach in UNH history.

Throughout six seasons from 1985-1991 Herrion worked as an assistant coach at BU and George Washington University. He finally got a chance to head his own program when he became the head coach at Drexel University. During his time there he finished atop the conference four times, became a three-time America East Champion, led his squad to six 20-win seasons, was named a four-time America East Coach of the Year and even cracked into the NCAA Tournament three times.

Herrion had a six-year stay at East Carolina University after leaving Drexel. He didn’t see the same success once he made the move down south. During his tenure at ECU he finished with a record of just 70-98 (.417) before making the move to UNH ahead of the 2005 season.

Since joining the Wildcats, he has collected a 187-265 (.411) record. His 180th win put him past the former head coach Gerry Friel. Friel coached from 1969-1989 for UNH.

180. That is the number that cemented Herrion into the UNH history books, but that’s not the narrative that he wants to be remembered for.

“There’s a lot of losses in there too,” mentioned Herrion after being honored at Lundholm Gymnasium.

While the team seems to be trending in the right direction under Herrion’s leadership – finishing four of the last six seasons with winning records – that hasn’t been enough for him, and he doesn’t want the attention.

“I tell these guys it’s not about me at all. It’s really not. If you come up to my office, it looks like a broom closet. There’s no pictures, there’s nothing in there that represents anything I do,” noted Herrion.

He understands the struggles that come along with being a head coach for so long, never knowing what’s around the corner for the following season and will never take wins for granted.

The team won just five games last season and has described it as “rock bottom.” While the accolades are nice, Herrion’s made sure to note where his priorities remain.

“I’m just happy that these guys are enjoying winning, are feeling good about themselves and have a little bit of pride. I think that’s way more important to me than any individual accomplishment,” he said.

He may be the all-time winningest head coach in UNH men’s basketball history, but there’s one thing that Herrion truly cares about when it comes to Wildcat basketball.

“I think all of us would trade anything to try and someday win a championship here and go to a tournament, that’s our ultimate goal,” emphasized Herrion.