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Spaulding renovations looming over PCAC

By Isabelle Curtis
CONTRIBUTING
WRITER

The renovation of Spaulding Hall, the six-decade-old home of the life sciences, marks the next step in the University of New Hampshire's (UNH) ongoing mission to modernize the Durham campus. However, with the renovation of Spaulding, issues with the Paul Creative Arts Center (PCAC) – Spaulding's next-door neighbor – have become more apparent by the day.

The need for an improved Center for the Arts was originally identified in UNH's Master Plan (2004) as a "pressing need," an assessment which has carried over into UNH's 2012 Campus Master Plan. The report recommends the expansion of the building that would allow the addition



PCAC

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Courtesy of Isabelle Curtis

Booker leads national student press call



Cheryl Senter / AP

By Benjamin
Strawbridge
NEWS EDITOR

As part of recent efforts to revitalize his presidential campaign and invite younger voices from across the country in one fell swoop, U.S. Senator Cory Booker (D-NJ) led a national student press call last Thursday, where he invited many student news outlets, including The New Hampshire, to discuss his overall platform and his takes on some of the biggest conversation-starters

of the 2020 election thus far.

The 9:15 p.m. press call saw Booker, per a Facebook message from campaign press secretary Alex De Luca, strive to "highlight his record of bringing people together" and his "vision of healing our country after years of division under Donald Trump." Along the way, the candidate responded to inquiries into his stances on issues like student debt, the impact of inclusivity and diversity on journalism, racism, U.S. relations with Israel, and climate change, among other topics.

"...I've been making the theme of my campaign from the very beginning [about] the urgency of a nation, for us to come together, to heal, to recognize that we share so many common challenges, so much common pain; and we've got to turn that into a sense of common purpose," Booker said in his introductory remarks. "We've got to have a leader that no longer divides us against each other, demeans and degrades

Booker

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The truth behind vaping

By Emily Duggan
NEWS EDITOR

Nick, a senior business student at the University of New Hampshire (UNH), started vaping two years ago after taking a hit from his friend's Juul.

"I quickly began to look forward to hanging out with him so I could try his Juul again," Nick, who didn't want his real name associated with using the product, said. "Eventually, I decided that it couldn't hurt to buy my own."

Nick's first hit quickly spiraled into a two-year long addiction, costing him nearly \$60 a week until switching from Juul - which he described as "the iPhone of vapes," - to a "Chinese knock-off vape" that took the price down to \$15 a month, a big difference for a college student.

However, the addiction quickly turned into a concern, as for the first time in Nick's life, (who describes himself as in "excellent health") he was starting to get chest pain, around the same time that the "New York Times" articles on vaping-related death and illnesses were published at the end of August.

Once he saw those stories, he "realized it was time" to quit.

"I started to have severe shortness of breath and pain in

my chest for days at a time," Nick said. "I have never had breathing problems for any reason. The good feeling of a vape isn't worth dying early. I decided to quit with my roommate. We both knew we would have to quit together, or it would never work because we would just hit each other's [vapes]. We went out to a dumpster and ceremoniously smashed out vapes together. It was very freeing."

A Juul is an e-cigarette that many people switch to while trying to curve their addiction to cigarettes. Recently, however, Juuls and related vaping products, like the "Suorin" that Nick used, have taken over college campuses and become "the most commonly used form of tobacco among youth in the U.S.," according to drugabuse.gov.

Health & Wellness at UNH put out a survey in spring 2019 with the help of New Hampshire Higher Education Alcohol and Other Drug Survey and the National College Health Assessment, and gathered the results that "most UNH students in the samples perceived that their peers used e-cigarettes daily or the majority of days in a month; however the actual use reported indicates

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UNH community participates in climate strike



Organized by the New Hampshire Youth Movement, UNH students, faculty and community members took place in Friday's climate strike.

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UNH students encouraged to download LinkedUp



Created by the Paul College's Associate Dean of Academic Programs Neil Niman, LinkedUp is a networking app for all UNH students.

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Reviewing the intricate art of Orly Cogan

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UNH Football beats URI 27-24

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Sep. 26

81/50
Rain

Sep. 27

73/48
Sunny

Sep. 28

80/58
Sunny

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74/45
Sunny

Sep. 30

66/51
Sunny

Oct. 1

72/62
Cloudy

Oct. 2

77/52
Partly Cloudy

Weather according to weather.com

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CORRECTIONS-----

IN LAST WEEK'S ISSUE, "A DAY IN THE LIVES OF CREAM STUDENTS" MISTAKENLY MISNAMED OLIVIA ROSE AS OLIVIA CHA-LOUX. TNH APOLOGIZES FOR THE ERROR AND HAS UPDATED THE ONLINE ARTICLE AS WELL.

The next issue of TNH will be published on

Thursday, October 3, 2019

But you can find new content daily at

TNHdigital.com

Vaping
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that less than 9 percent of students use e-cigarettes that frequently.”

Other findings revealed that among the 15 percent of the UNH students that participated in the survey, “about 70 percent do not use tobacco/nicotine products at all, including e-cigarettes,” and that if they use the e-cigarette products, 24 percent used Juuls, 10 percent other vaping devices, and 8 percent cigarettes.

“There are students who begin vaping during first year as they experiment with their lifestyle away from home and the freedom that affords,” Health & Wellness Alcohol, Nicotine, and Other Drug Health Educator Nancy Bushinsky said. “Students begin to vape as a form of social connection and their perceptions of harm are decreased based on what they observe their peers doing or saying.”

According to data from drugabuse.gov, 66 percent of vaping

users don’t know what is in inside their e-cigarette, saying that they believe that it’s just flavoring. While 13 percent thinks that it’s only nicotine.

“What many people do not know is that vaping is a ‘misnomer,’” Bushinsky said. “There is no vapor e.g., steam, heated water, in vape products. These products use aerosol and other toxic chemicals as a means for nicotine absorption by a human. Aerosol is a known lung irritant. The chemicals have damaging and lasting health effects on the delicate structures of the lungs.”

On the Juul website, the ingredients to their “pods” are listed as: propylene Glycol and Glycerine (also used in antifreeze according to CDC), nicotine, flavor and benzoic acid, which creates the shortness of breath and coughing reaction, and can also cause irritation to the lungs. Any time a substance is burned in a vaping device, lungs are exposed to harmful chemicals, according to drugabuse.gov, and some studies have shown low levels of

cadmium, a toxic metal that can cause heart disease.

“Our observation at Health & Wellness is that those who vape remain at an elevated risk for upper respiratory infections when compared to the non-vaping/non-smoking population,” Dr. Peter Degnan from Health & Wellness said. “There may be several contributing factors to this observation, the most concerning being the deposition of violatol oils deep in the small airways of the lungs that can cause inflammation and eventual plugging of the airways. This interferes with normal lung function and can set the stage for pneumonia and other respiratory complications.”

But besides harming lungs, vaping also has effects on the brain, according to Bushinsky, due to the high levels of nicotine.

“An undeveloped adolescent brain is significantly more prone to become addicted because the brain experiences the rush of nicotine as too much dopamine, causing it to down-

regulate its natural production of dopamine, a neuro-transmitter responsible for our sense of enjoyment and well-being,” Bushinsky said. “These effects on brain structure, leave young people feeling dependent on a sense of well-being from nicotine or other substances. This is the essence of the process of becoming physiologically addicted as continued use results in the development of tolerance.”

And e-cigarettes are especially addictive because of how easy it is to vape anywhere at any time. Under the UNH’s student code of conduct, the tobacco policy restricts the use of smoking cigarettes and all related items, in facilities or grounds owned by the university.

Sophomore undeclared student Kaitlyn Antonides doesn’t vape but talked about how, in many of her classes at UNH, she has seen people vaping and trying to hide it from professors.

“I haven’t seen it as much this semester,” she said. “But, the last two semesters I did. Peo-

ple would hide it in their sleeves, say that they were stressed out for an exam, and take a hit to feel better. I’ve never seen a professor notice vaping or call a student out if they do.”

Vaping anywhere was also another topic that Nick touched upon, saying that during a quick trip to the bathroom, elevator or library, he would be able to hit his vape. But since quitting, Nick is a month clean, and says he feels healthier than ever.

“It’s so freeing to know that I can sit through an entire class without the urge to ‘go to the bathroom,’ and get a fix,” he said. “I’ve found that I’m living much more in the moment which is great.”

If a student is interested in quitting vaping, Health & Wellness has many resources including education sessions and appointments with professionals, all available to book online, or by calling the office at (603) 862-9355.

Booker
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fellow Americans but someone who is standing up every day and uniting this country, reminding us of our common bonds, and making sure that we’re elevating and lifting each other up.”

When asked by *The New Hampshire* about his plan to combat student debt and how his plan compares to his rivals, Booker said he bases his plan for debt-free college on legislation he has cosponsored. A notable example is the “Debt-Free College Act,” which was introduced to the Senate this past March and aimed to “establish State-Federal partnerships” and give eligible students “the opportunity to attain higher education at in-State public institutions of higher education without debt...”

The bill, if passed, would also provide “Federal Pell Grant eligibility to DREAMer students” and “repeal suspension of eligibility under the Higher Education Act of 1965 for drug-related offenses,” per Congress.gov.

The senator added that his plan also requires increased action from both the federal and state governments to “relieve” students of not just tuition but “all-in costs” as well.

“And it’s more than that,” he said. “We believe in forgiving debts of people that are going into public interest careers like teaching or public defenders. We believe in forgiving the debt of low-income Americans who are struggling to make it or people who have been built by education schemes and loan schemes,

people who are struggling right now.”

Booker added that his plan also takes inspiration from another bill of his which promises every child born in America \$1,000 in an “interest-bearing account” that would be shared by all members of the family and increase over time and be added to up to \$2,000 for “every child based upon their family’s income,” meaning that lower-income children would theoretically possess up to \$50,000 in that account by the time they are of college-age.

Booker said the account could be used to help pay for college and for other long-term ventures like buying a house.

One of Booker’s first questions came from Spelman College in Atlanta, Georgia, where a student named Lauren sought advice on how current and future journalists could do more to “include the stories of others” and welcome “narratives of all peoples” while retaining their accuracy. The senator replied that data and statistics alone are secondary compared to a journalist’s ability to express “courageous empathy” for other peoples and their experiences, which he said is a major catalyst for enacting change and inclusivity.

“And we know this through visuals that we’ve seen...I remember my parents’ generation; the death of four girls in a bombing in Birmingham took segregation that many African Americans were experiencing and the harshness of Jim Crow from something that might have been intellectual to forcing people to see the suffering, see the challenges, see the extreme bru-

ality,” Booker said. “So, when journalists are able to capture real-life stories, not just quoting statistics or giving dry data and information, I think that that [is] ultimately what moves peoples’ hearts and motivates people to take action and to change.”

Another inquiry came from student Jake Webster - a reporter for the Iowa State Daily, Iowa State University’s student newspaper - who asked the candidate about his chances in the nation’s first Democratic caucus vote, set for Feb. 3 of next year. Booker told Webster that his campaign is “one of the best-positioned” to win the Hawkeye State, stressing that “there has never been a time in the last 50 years-plus where somebody from the Democratic party...polling ahead this far out ever went on to be President of the United States” citing Jimmy Carter, Bill Clinton and Barack Obama as examples.

Booker’s optimistic response comes as his campaign suffers from an apparent lack of recent donations from supporters and third-parties. He announced on Sept. 21 that his campaign must raise \$1.7 million by Sept. 30 - a half-month shy of next month’s Democratic debate in Ohio - or he would be unable to continue his run for president, according to reports from Business Insider, CBS 2 New York and other outlets. As of this writing, his campaign has raised nearly \$1.07 million of that goal.

The senator also received a question from a student at the University of Oklahoma, who asked him about his ability to “lessen racist attitudes” sparked from events like Charlottesville and others. He argued, in

a redux of his opening remarks, that changing times necessitate a leader “that is not going to demean, degrade or divide Americans like this one [Donald Trump] is...on a regular basis,” does not draw inspiration from “right-wing supremacist terrorists,” reduce racial bias from procedures like policing, encourage safer and more inclusive educational environments and reverse recent initiatives such as the ban on transgender people from entering the military, among other policies.

“There’s so much we can do practically through action, through the actions of a president, to deal with this,” Booker said while stressing a universal “moral obligation” toward ending discrimination against minorities. “You know, Martin Luther King [Jr.] said so eloquently that you can’t legislate someone to love me, but you can stop them from lynching me; that you can’t legislate to change a man’s heart, but you can legislate to restrain the heartless.”

Anton Shenk, a reporter for the Tufts Daily, pushed Booker for his stance on U.S.-Israel relations, basing his question on a bill Booker cosponsored in March of 2017 called the “Israel Anti-Boycott Act” which primarily aimed, had it passed, to grant the federal government more power in prohibiting boycotts against U.S. allies like Israel “fostered by international governmental organizations against Israel.” The bill would have amended the Export Administration Act of 1979.

Booker, who has visited the West Bank in the past, responded with a commitment to a

two-state solution between Israel and Palestine and improving the quality of life in the area such as addressing human rights violations, granting more humanitarian aid to both states and pushing for greater access to cleaner water, among other convalescences.

Other questions included another inquiry on his efforts toward greater national inclusivity from Managing Editor Lacey Latch of the DePaulia, the student news outlet of DePaul University in Chicago; and a question concerning Booker’s stance on the Green New Deal - which he helped introduce this past February - and climate change from Ad Manager Victoria Howard of My TJ Now from Winthrop University in Rock Hill, South Carolina.

In a Sept. 24 email to The New Hampshire, Julie McClain Downey, the director of state communications for the Cory 2020 campaign, said that the press call was the first of its kind for Booker and represented an effort to “connect with student journalists—who are often leaders on their campuses—and allow them the opportunity to ask Cory their questions directly.”

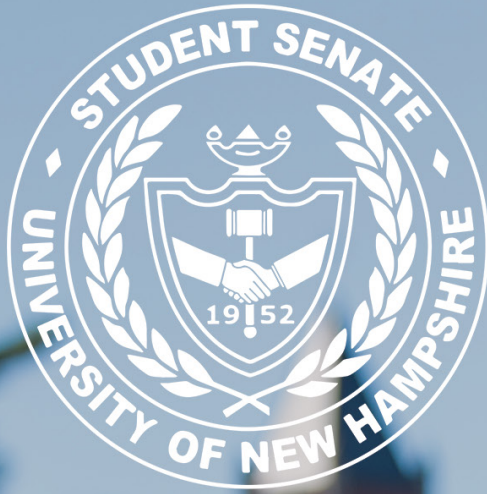
“The Senator believes in the importance of media outlets on campuses, and the campaign sees it as a way to communicate more clearly and intentionally to young voters,” she added.

Downey called the student response to the call “enthusiastic” and expressed hope that Booker’s campaign will do more like Thursday’s in the future.

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Banner background courtesy of Jeremy Gasowski



UPDATE

WITH BENJAMIN STRAWBRIDGE

Sept. 22, 2019 – Senate discusses new procedures, e-scooters and expands roster

In the second meeting of its 41st session, the Student Senate welcomed yet another roster injection, Dr. Stacey Hall of the Memorial Union Building, and a whole new process for dealing with resolutions as it continued its transition toward business as usual.

The new procedure for resolutions served as the biggest legislative moment of the night, as Speaker Nicholas LaCourse introduced both more and new steps into crafting, inspecting, improving and ultimately approving a motion. Per LaCourse – who mentioned the new process twice throughout the night – when a resolution is first presented to the Senate by its authors, it now first faces an uncontestable “up-or-down” vote whether to remand it to its appropriate council – based on the author’s recommendations unless otherwise necessary – for further consideration.

If approved, the Senate sends the motion to that council for inspection and discussion; if approved there, the modified motion returns to the floor for a debatable full-body pass-or-fail vote akin to the previous voting system.

Speaker LaCourse, when asked about the purpose of the new system, said it represents a “good opportunity for senators to know what resolutions are being considered by councils, so that way the whole body can be informed of what the council is doing at the current moment.” He added that the new procedure prevents repetitive comments and conversations about the resolutions; senators with “serious concerns” about a motion are now recommended to talk to the ap-

propriate council prior to the final vote.

In terms of motions, two served as the guinea pigs for the new system, with the first being entitled “SRRR Did You Know Reminders” and introduced by Student Body Vice President Kelsey Crowley. It aimed to create more visual reminders of the Student Rights, Rules, and Responsibilities (SRRR) throughout campus resident halls, setting an Oct. 1 deadline for its submission to Residential Life for its approval; it also sought further input from Crowley, Student Body President Allison MacPhee or Judicial Affairs Chair Maria Koch prior to its ultimate passing.

The resolution argued that the majority of UNH Police arrests come from first-year and sophomore students, most of whom reside in residential halls where the motion aims to add more SRR reminders. It added that the reminders have been done before with support from the residential life officer and that it is the Senate’s “right” to review the SRRR guidelines.

“It’s a big part of what the Senate does,” Crowley said of the motion and its connection to the SRRRs, “and I think it’s really important, especially for freshmen and sophomores who are the majority of residential life...to have these reminders because... the UNH Police is UNH, so this happens mainly on UNH campuses, that’s their jurisdiction; so having these reminders gets students off the bat when they’re first here, knowing their rights, their rules and their responsibilities to the university.”

The motion ultimately passed

its initial vote unanimously and was remanded to the Judicial Affairs Council for further review.

Meanwhile, the second resolution – entitled “Exploring Micro-Mobility at the University of New Hampshire through E-Scooters” and introduced by SBP MacPhee – urged the university to support efforts by the Transportation Policy Committee to host a variety of E-Scooter suppliers for an end-of-the-semester exposition and administration to continue its efforts towards implementing an e-scooter share for Spring 2020.

In its argument, the motion referenced several previous pieces of legislation both on and outside of campus investigating the “practice of bike and shared vehicle culture and accommodation” at UNH through motions like TPC 15 from the Transportation Policy Committee, which also urged UNH to “reinforce the walking (and biking!) Campus and Town’ to deal with the current pedestrian density,” per Sunday’s motion.

Other actions have included concurrent investigations by the TPC and the Town of Durham into the impact of a scooter-share on the community and a decision to proceed with the planning stages of this initiative following a meeting between stakeholders from the Office of Business Affairs, Transportation Services, UNH Police and Student Leadership this past July.

MacPhee told the body she spoke profusely about the issue of transportation over the summer and said that the motion both expands upon last semester’s motion regarding bike-share programs at UNH and has the potential to

relieve extreme congestion and problems with traffic and parking in and around campus.

The resolution ultimately passed its initial vote unanimously and was remanded to the Campus Structure Council for further review.

In other business, the Senate added seven new senators to its main roster as it unanimously welcomed Sens. Melissa Lugli (Mills 2), Yuri Makar (Peterson), Jordan Aylesworth (Non-Resident 3), Hope Anderson (Adams Tower), Sergio John Wynne Marquez (Upper Quad 2) and Igor Campos Garcia (Upper Quad 3). The body also approved many of its members to various Student Senate councils and named SAF Chief Financial Officer 1 Ethan McClanahan to the Financial Affairs Steering Committee, Elza Brechbuhl and Harrison Gleed to the Dive In and Deliver Evaluation Committee, Hope Anderson to the Discovery Committee, and Academic Affairs Chair Jennifer Hargenrader to the Athletics Advisory Committee.

Other appointments included Evan MacHenry as the senior policy advisor to Student Trustee Cailee Griffin, which passed with one nay; Parker Armstrong, Emma Baressi, Nick Crosby, Sarah Scheinman and Jill Goodman as Student Activity Fee Committee (SAFC) At-Large Members; Election Committee members Interim Historian Jack Bradley and Sens. Max Sawers, Hannah Falcone, Madeline Strange, Vinny Pallotto, Lucas Blood and Makar; Public Relations Committee members Parliamentarian and Deputy Speaker David Cerullo and Sens. Devin Foley, Abby

LaRochelle, Jonathan Merheb, Garcia and Pallotto; and Judiciary Committee members William He, Paulette Niwewase, Makar, Falcone, LaRochelle and Aylesworth.

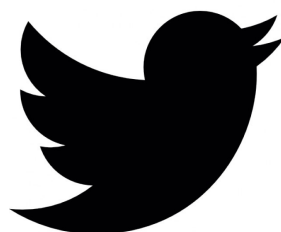
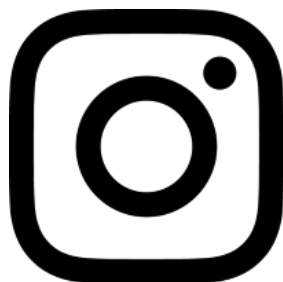
In a carryover from its inaugural meeting, the Senate unanimously passed the summer logs of the student body president and vice president despite minor time logging errors concerning “8 hours of extraneous emails” struck from the logs due to a “lack of descriptive purpose.”

Serving as the week’s guest speaker, Dr. Stacey Hall, the executive director of student engagement & development and interim leader of the Memorial Union Building (MUB), shared her personal background, changes to the MUB, and a timeline of and the latest news on improvements to the Hamel Recreation Center (HRC), with its most recent improvement being a new wooden floor for the West Gym installed last year.

Hall also informed the body about the potential benefits of the Center on student life and performance, citing an experiment that tracked the effects of exercising at the HRC on the academic performance of a class of students; the experiment found that after one year, students who more frequently used the HRC (up to four times a week) saw their GPAs increase by a greater rate than students who visited less than four days a week or not at all.

Following the initial votes on the night’s two resolutions, the Senate ultimately adjourned at 7:53 p.m.

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PCAC

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of a 350-seat concert hall, recital halls and rehearsal rooms for UNH's Music Department. The Music Department currently lacks any form of a concert hall and are forced to use the Bratton Recital Hall and the Johnson Theatre to house performances, despite it being acoustically unsuited for concerts, according to Associate Professor of Music Daniel Beller-McKenna.

"[UNH] probably ranks down in the middle to bottom of state facilities, including high schools. It's an incredible shortcoming not to have a concert hall," Beller-McKenna said.

enna said.

Along with improvements to the music department, the UNH's 2012 Campus Master Plan also recommends the addition of a new high tech theater, shared classrooms and studio space for the theatre and art departments.

However, fast-forward nearly a decade later and none of these proscribed changes have been implemented.

The reason comes down to an issue of funding. The cost to fully renovate the Paul Creative Arts Center is currently estimated to be \$40-50 million, according to Director of Campus Planning Doug Bencks - a figure that is not currently feasible with the \$86 million renovation and expansion of

Spaulding, a project which is itself not yet completely funded, that will tie up university resources for capital construction for the next few years.

This time last year, part of the building had to be completely renovated due to mold. Mold has been one of the major issues plaguing The PCAC, due to humidity and the lack of air conditioning in the building. The first-floor music wing, which contains faculty offices and classrooms, was shut down and completely refurbished to combat the problem. Several class spaces were rendered unusable during the fall 2018 semester because of the renovations, cutting into PCAC's already limited class space, according to senior

secondary theatre education and acting/directing major said Sarah Bendell — which made scheduling rehearsals and class activities difficult.

Executive Director of UNH Media Relations Erika Mantz told The New Hampshire via email on Sept. 5 that air quality tests in the building have shown that the mold problem has been solved. Nevertheless, the lack of air conditioning and poor air circulation continues to be a problem. Beller-McKenna admits to having to cancel classes before due to the heat and students have also cited the heat as affecting their ability to learn.

"It's hard to focus when you're sticking to your seat," sophomore musical theater major

Galen Graham said via text.

The complete renovation to the Paul Creative Arts Center is a project that will be years in the making, but there is still hope for the building.

The Office of Campus Planning intends to present a plan later this semester to the College of Liberal Arts and campus leadership that would allow for work to be incrementally done on the PCAC building over the next three to four summers, according to Bencks. This will include the addition of a new music wing elevator, heating controls, replacement of the outdated electric system, upgrades to the Johnson Theatre and improved public restrooms, among other improvements.

Paul Associate Dean creates app for students

By **Miriam Rizzuto**
CONTRIBUTING
WRITER

Networking and forming new connections is an integral part of the college experience, especially in the eyes of Neil Niman.

LinkedUp, a fairly new app, is an idea that Niman, the Paul College Associate Dean of Academic Programs, came up with to help connect students. His partner in further developing the idea was Alicia Medros, Associate Director of Academic Technologies.

Niman said he originally came up with the idea for the students involved with the First-year Innovation and Research Experience (FIRE) program at UNH.

"The main purpose of the mobile app would be to support the FIRE program, but could we also design a mobile app that would encourage students to create social and professional networks," Niman said of the original purpose for the app.

FIRE is a program for first year Paul students that comprises of a series of teams of around 20 people. Throughout the year, the teams compete to earn points. Through that, they needed an easy way to keep track of points so people would be more inclined to actively participate. By receiving money from UNH alumnus Tim Collins to develop the technology platform to support FIRE, LinkedUp was able to be created as a way to help the students log

their points. The first version of the app became available in August of 2018.

Support for FIRE and Niman's desire to improve student networking both led to the development of LinkedUp 2.0.

In Aug. 2019, version 2.0 of LinkedUp became available to all UNH students. The new version added functionalities like being linked to the UNH calendar so that students can learn about events, connected to WildcatLink so students can see different organization and it's linked to the students' information system.

The purpose of the 2.0 app, as the name suggests, is to connect people, but now there's more information in it so users can find who's in their classes, who's going

to different events, or to reach out to people in clubs they want to be in.

LinkedUp is also connected to Microsoft Teams, where students can form groups and message people and share documents. LinkedUp is now available to anyone with a UNH account, and Niman said that one of his hopes for the app is that professors will become more aware of it and use it in their classes to form study groups.

Since the second version of LinkedUp, that is available for all students, has only been out for about a month, the majority of people using it are still FIRE students, but as more people become aware of it, Niman said he hopes that it will take off and become more widely used as a resource for

both students and faculty.

Right now, it is only at UNH; but in the future, it is possible that it will be licensed out to other universities, according to Niman. Presently, they are working on making it as useful to students as possible.

"Right now we're trying to develop the right kinds of functionalities so that people find it really useful," Niman said.

Niman is working on figuring out what people want to see from LinkedUp, so they can make it more useful for students, as they also have the money to continue developing. The purpose of this newer version would be to cater more closely to what people want from the app, using suggestions from students.

Cultural connections: 3 generations of family

By **Shawn Latulippe**
CONTRIBUTING
WRITER

Senior computer science major, Yinjie (Draco) Ma, from Aksu, China described his grandfather's, father's and his own experience with family, education and religion growing up in the minority group, Hui, in China. About 90 percent of people in China are part of the majority group Han, while only 1-2 percent are Hui. Ma said that his grandfather was a Hui farmer with a horse and wagon.

"He loved his horse a lot-- a lot more than me," he said with a grin.

Ma presented at last Friday's Cultural Connections event put on by the Memorial Union Building (MUB) and the Office of International Students and Schol-

ars (OISS) in the Entertainment Center of the MUB. Ma said his grandfather, Ma Bao Liang, valued Islam, the religion of Hui people. Liang studied the Quran and learned to read Arabic, but had limited writing skills and no formal education. Liang would wake up every day at three or four in the morning to cut vegetables, then stack them in his wagon and go to the market. He said Liang wanted his children to go to a religious school to become Imams, who are people in leadership positions in a mosque or Muslim community. Liang had two wives and three children — Ma's father was the middle child.

"Hui people respect people who are good at religion," Ma said. He said his father, Ma Cong, had a rough childhood and school experience but had a better life after college. He said Cong had no electricity or bike in his time, did

everything by himself by six or seven years old and had to use a lantern to study for school.

"Get an education if you can, go to school, I'll support you no matter how poor I am," Ma said his father told him. "That's why I'm in Durham today."

Ma said he had a happy childhood and was a typical Hui young man; he had dogs and sheep growing up and practiced religion, but less so than the previous generation. He had a cousin stay with his family for a while when he was young, but she then moved back home and got married to her neighbor at 16 or 17 years old. He said she has three babies now but "she's not happy anymore; based on her face, her life changed completely."

Ma said Hui people didn't support girls going to school because education makes girls' minds change and they are then

harder to control. His mother, Wang Yunlan, is a typical Hui housewife and only has a third-grade education. However, he said that his generation will have the chance to have an education no matter what gender they are. He also said about his generation that he wants them to be good people, "not like my older uncle robbing a bank," he joked. One of his slides was a picture of his childhood crush and he said he had happy memories of her.

"I was dreaming one day I could be with her," he said, pausing before saying with a grin, "things changed." When someone asked what she's doing now he laughed and said he thinks she's married now.

Yu Zhou, a junior mechanical engineering major from China, said she liked the part about his childhood crush and said she and Ma have done presentations

together before. She is part of the Han group in China and said she knew nothing about Hui people before Ma's presentation.

Ma said people in the U.S. are friendly and nice - the only thing he doesn't like about the U.S. is how far away he is from home and the only thing he said he doesn't like about UNH is the dining hall food. Some of Ma's favorite things about being a student at UNH are sports and activities, like basketball, swimming, running and hiking. Ma is currently working on a robotic arm to play ping pong, and is looking to go to graduate school at UNH or in Boston, possibly at Northeastern University. He said he doesn't know whether he'll go back to China after school, he said he thinks he can find a job in China or the US.

TNHdigital.com

Discussing perceptions of Fraternity and Sorority Life



Taylor Starkey/TNH Staff

By Alexa Gagne
CONTRIBUTING
WRITER

Members of Fraternity and Sorority Life (FSL) are faced with judgment constantly by non-members, and the resulting perspectives can be positive or primarily negative.

When asked how she perceived FSL, sophomore communication major Anne Rose, who is not a member of FSL, had a very strong negative opinion about it. She mentioned that all she ever hears about is “drinking, hazing, people dying, [and] lots of things that just should not happen.”

Rose said she gets this perception from seeing stories on the news and hearing about it through friends.

Another non-FSL student, sophomore environmental conservation major Jillian Robinson, had a different take on the idea of fraternities and sororities.

“In high school, all I knew was that they party,” she said. “But I met someone [through Trash2Treasure] who’s in an agricultural sorority [Sigma Alpha], and found out [FSL] isn’t just for drinking and partying, it’s about career building.”

Not every sorority or fraternity holds the same values, but many FSL members don’t want the negative stereotypes to reflect

what its organizations’ mission really is.

Isabel Beaulieu, a sophomore statistics major and second-semester member of Phi Sigma Sigma, has a lot to say about clearing up the negative stigma surrounding FSL.

“[When I first joined], people would ask me ‘Why would you do that?’ or ‘You don’t seem like one of those girls,’” Beaulieu said. “[And] I understand, because I always thought, ‘ugh, I’m not one of those girls,’ but [once you join] you build great relationships and do a lot of great things.”

Some of those “great things” include philanthropy, community service, campus involvement, and more. Phi Sigma Sigma’s close partnership with the Sexual Harassment and Rape Prevention Program (SHARPP), and the mandatory community service hours that members are required to do each semester, serve as examples of its attempts to give back.

“I like that it gives me more opportunity to participate in community service opportunities I wouldn’t otherwise know about,” Beaulieu said. Additional requirements of membership to Phi Sigma Sigma are a minimum GPA of 2.5 and mandatory involvement in at least two other organizations on campus (or one organization and a job).

“[These requirements] make

you more involved in the community,” Beaulieu said. “[I] take things from the other club and apply it to Phi Sig, or vice versa.”

Phi Sigma Sigma also gives opportunities that aid its members after college, such as resume builders and ways to be relatable to future employers. Girls have an opportunity to apply for the executive board, with positions ranging from president to being in charge of social media.

“It’s [also] good for networking and relatability,” Beaulieu said. “It can give you a leg-up in an interview.”

Junior business major and Theta Chi member Spencer Co-

veney also wants to decrease the negative stigma around FSL.

“[There’s] a bit of a stigma around Greek life [at UNH],” he said via text. “People sometimes see partying and lose sight of all the great things we do within community service, philanthropy, etc.”

Although Coveney sees all the benefits of FSL now, he admits that he once felt negatively about it, too.

“Before I joined, I had no idea what FSL did outside their [houses], I thought it was kinda stupid... but that [mindset] changed once I joined,” Coveney said.

“[I] joined wanting to be busy, meet people and get involved outside my classes,” he said. “[I ended up studying] harder for my classes, [getting] a bigger social circle, [strengthening] my communication skills, and [learning] time management!”

When asked how she would try and de-stigmatize FSL, Beaulieu mentioned the public events Phi Sigma Sigma puts on for philanthropy, such as “Laxin’ for JoJo” or “Kicks for Kids.” Beaulieu also discloses that FSL is using new terminology, such as “FSL” instead of “Greek life” or “going through recruitment” instead of “rushing.”



Courtesy of Isabella Traeger

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Reviewing presidential candidates' visits to the Seacoast



Photos courtesy of Benjamin Strawbridge/TNH Staff



Upcoming presidential candidate visits:

Andrew Yang
Friday, September 27
7:30-8:30 a.m.
Sheraton Portsmouth
Harborside Hotel

Andrew Yang
Friday, September 27
4-5 p.m.
UNH Huddleston Hall

Bernie Sanders
5 p.m.
Monday, September 30
UNH Scott Hall Lawn

UNH students sit down for “Coffee with a Diplomat”

By Benjamin Strawbridge
NEWS EDITOR

For Phillip Beekman, over the 15 years he has travelled the world, the best part of his job comes less from the work he does, but the peoples he serves.

“I also think that it’s the job where you get to meet the most interesting people, and that’s one of the reasons that I joined the foreign service; [it] was to be out, see new things, meet new people, live in different countries, learn about new cultures,” Beekman said. “So, it’s been a really interesting, really interesting career so far.”

And by the time 9 a.m. rolled around on Monday, Sept. 23, the six student attendees of “Coffee with a Diplomat” found themselves starting their week with similarly interesting international insight from the diplomat and his stories of global affairs.

The hour-long info session and talk, hosted by Beekman in his second appearance this academic year and jointly presented by the Career and Professional Success services of both the College of Engineering and Physical Sciences (CEPS) and the College of Liberal Arts (COLA), saw the current diplomat in residence for New England recalling his 15 years’ worth of experiences around the world as part of the U.S. Department of State in a variety of roles in places such as the Caribbean Islands, central Europe and a host of other diplomatic hotspots. Multi-flavored munchkins and coffee courtesy of Dunkin’ Donuts accompanied the event.

For most of the event, Beekman, who also serves as a public diplomacy officer for the State Department, casually took questions from each of the students about different aspects of his career and dealing with members of

foreign governments and media. When asked, for instance, about the significance of journalism in his work, the diplomat called dealing with them a “critical,” “fabulous” and “challenging” part of the process on every one of his posts.

Beekman explained that economic and political pressures in his stationed nations, as well as encounters with antagonistic journalists, added to the challenge of dealing with the local press. This led him to recall a surprising encounter on a Trinidad and Tobago live morning show over Thanksgiving, which invited him to the show to represent the country’s American embassy.

Beekman, a second tour officer at the time, anticipated questions about the holiday and turkey; one question about turkey later, however, he found himself “grilled” by intense questioning over aspects of U.S. foreign policy, such as its dealings with Cuba and involvement in Iraq, he knew very little about, all while struggling to maintain his calm and not endanger his embassy’s reputation.

Despite the experience, which he called a “bait-and-switch,” Beekman said that journalists nevertheless played a crucial role in understanding his role in his assigned country and obtaining the truth about that nation’s public affairs.

“I love working with journalists,” he said. “I think that... the intellectual curiosity that’s required to be a good journalist makes them, like, some of the most interesting people in town, so I always try to make an effort to...befriend journalists when I get to a post. I think they’re smart, and usually they’re not shy, and so after you get to know somebody, they’ll tell you the truth about what’s going on.”

Beekman also answered questions concerning how students could get involved in diplo-

macy and similar foreign service work during and after college, such as student applications for unpaid internships with American embassies overseas over the summer due Oct. 4. Beekman said that now is a “fantastic” time to apply, adding that the program hires 800 people every summer and about 400 people each for the fall and spring terms through its online portal.

“The best part is that I think it is the single best way to get a feel for what life in the foreign service is like, what working for the State Department would be like,” the diplomat said. “It’s a huge program...there are almost 600 different opportunities, they are literally all over the world and in Washington.”

Although Beekman dedicated most of the hour to the question-and-answer, he took the first several minutes to recall his time in the State Department and his foreign service around the world. Beekman said he began his journey following his graduation from Michigan State University, a time when he never “in a million years” imagined he would become a diplomat, having only gained his passport at age 20 during study abroad.

Despite possessing little overseas experience or language skills right out of college, even after switching his major to international affairs from political philosophy, that trip abroad introduced him to the career of a diplomat.

“I did a study abroad, had an amazing experience and found out about this job in the foreign service, so, [I’m] like, ‘who are these people?’” he said. “I [had] never met a diplomat, it seemed to me like something that people like me simply don’t do... and when I found out about it, I thought, ‘well, I’ll sign up and take the test, who knows?’”

It ultimately took Beekman three tries to score a high-enough

passing score on the test to qualify – a test that three times a year, per the diplomat, “thousands” take on for a chance to become a diplomat. Despite the extensive testing, he recalled that the only requirements toward becoming a diplomat stated that one must be an American citizen and 21 or older, a sigh of relief especially after he heard some of the backstories of his testing peers.

“You don’t have to be a linguist, you don’t have to have lived overseas...you didn’t even need to have a bachelor’s degree, which I always think, like, the people coming into the orientation class who don’t have a bachelor’s degree have to be super interesting, right?” he said of the training. “Like, what is their story that led them on this sort-of strange path into the State Department?”

Beekman said he spent most of his 15 years overseas in various consulates in an external relations position, where press work; management of grant, exchange and cultural programs; and embassy outreach efforts dominated his schedule. Despite the seemingly immense workload, he said that the most vital and adventurous part of his work took him, unlike many of his desk-based peers, out of the office and into the heart of the nations assigned to him.

His path of adventure also led him to his future wife, Cynthia, another foreign service officer and Michigan native like Beekman, who retrospectively called their encounter “fate.” The two met while they were both on post at Trinidad and Tobago; the trip marked his second post and her fourth overall. The two eventually married and currently have two children, ages five and eight, both of whom Beekman said are now “inducted into this lifestyle.”

Beekman told the attendees that he brought up his wife’s story as well as his own to illustrate that, despite each of them pos-

sessing different responsibilities, skills and journeys that led them to their respective careers, it takes a willingness to see the world and take part in global affairs on behalf of the United States that marks the biggest prerequisite toward being a diplomat.

“We represent America overseas, and we want to truly be representative of America,” he said. “It’s actually written into law that we have to be representative of America, so that’s why I exist...I think that there is this perception sometimes that, like, the State Department is, like, the lead institution, that you have to jump through all these kind-of elitist hoops to get into the State Department, and so I talk about my story and my wife’s story because I did none of those and she did just about all of them, and we both got in.”

Director of COLA Career and Professional Success Raul Bernal, who helped oversee the morning’s talk, said that the event marked the beginning of that week’s “Defense, Diplomacy and Intelligence Week,” running from Sept. 23 to Sept. 27. The week, per Bernal, aims to present opportunities for UNH to strengthen its ability to recruit students intrigued by careers like Beekman’s and career paths through entities like the State Department, BAE Systems and the Air Force, all of which lead or sponsor similar events throughout the week.

“We just want to bring organizations to campus that serve a broad range of student needs,” Bernal said. “I think, historically, one of the places that’s been underserved is with students interested in public service, so we’re working across campus with our partners on campus to bring organizations like the State Department to provide an opportunity for students to...explore their interests in those career paths.”



Benjamin Strawbridge/TNH Staff

Holly Fosher: Hall director and UNH enthusiast

By Alexa Gagne
CONTRIBUTING
WRITER

If someone saw Holly Fosher, the new hall director of Handler Hall for the school year, they may think she's a student; she's a little over 5 feet and just a few years out of college herself. But underneath her humble, small self, there lies a powerful leader who holds great potential to evoke change not just to Handler Hall, but to the whole campus.

Fosher is an alumna of UNH, and as a new UNH employee, a lot of students aren't sure what to expect from her, especially the residents under her discretion at Handler Hall.

As an undergraduate student, Fosher was undeclared for the first two years. Once she reached her junior year, she declared a major of recreation management policy program & event management (RMPPEP), and became an RA. That year, everything changed for her. She says the RA position is what made her want to do what she does today.

"I loved my experience so much that I wanted to work here,"

Fosher gushed.

She loved UNH so much, she even got Thompson Hall tattooed on her arm.

To her peers, Fosher made a difference as a student, but now that she's an employee in the residential community, she has the means to make an even bigger difference.

Fosher's personality had an impact on Olivia Keefe, her co-RA during Fosher's junior year of her undergraduate degree.

"The first day I met her, she came running up to my [dorm] room to [vent] about her tooth problems," Keefe said, who has many anecdotes about her and Fosher's interactions through the years; from the first day they met, to a day at the dining hall when Fosher put a cannoli on every one of her fingers.

"She has no embarrassment at all," Keefe said. "[and she has] no self-control in the best way possible."

Although Keefe has seen a lot more of the humorous side of Fosher, she is confident in Fosher's skill and professionalism in being a hall director.

"She gives off a positive and supporting energy [and] has

a professional side," Keefe said. When asked if Fosher had any weaknesses, all Keefe could say was that Fosher put people before herself too much.

After graduating from UNH, Fosher decided to explore other areas of the country. She did an internship in Ohio for leadership development before she took on her first full-time job as an area coordinator at Eastern Oregon University (EOU).

As an area coordinator at EOU, Fosher had basically the same responsibilities as a hall director at UNH, just on a different scale.

Fosher described EOU as being a very rural school with a lot less students than UNH. She was an area coordinator rather than a hall director because the dorms were small enough for one person to be in charge of multiple, instead of just one.

"The people that shaped me the most were my hall directors," Fosher said.

In addition to connections made with her RA's, Fosher made memorable impressions on her more direct coworkers, like Edna Murietta, a fellow area coordinator at EOU.

Edna had the opportunity to experience Fosher as a professional and as a friend.

"She has an infectious personality," Murietta said. "[and] she has a very unique, genuine, and adventurous soul."

When Murietta spoke about Fosher as her friend, she referenced Fosher's people skills the most.

"If she doesn't like something you like, she'll try to connect with you," Murietta said. She recalled when she first told Fosher her hobbies and interests, which included crafting. Fosher wasn't a crafter herself, but she said she'd try it because it was a way she could relate to Murietta.

"She just always wants to take care of you," Murietta added. "[She] had a fire in her soul that wants to do the best for the institution and the students" and she "fueled change."

What's more, the values Fosher learned being in a different culture give her an edge as a hall director at UNH. "It was such a good experience for me... it gave me a fresh perspective," Fosher said. "I [was able] to bring in other things I hadn't quite learned here, [like] appreciation. I really

want my staff and students to feel appreciated."

Upon Fosher's return to UNH, Anna Jantz, current hall director of Stoke Hall and previous hall director of Handler Hall, assisted in the hiring process Fosher went through.

Jantz is someone who doesn't know Fosher as a friend, but she still saw a lot of valuable traits in her in the short time she had to get to know her.

"I was surprised at how warm, friendly, and comforting she was," Jantz says.

From a hiring stand point, Jantz saw a lot of great qualities of a hall director, like "flexibility, [knowing] the university well, [having] a fun sense of humor, and [being] relatable to both students and coworkers."

Jantz left Handler Hall just last year, so she still has connections with most of the residents. Selecting the hall director for this year was important, especially to Jantz.

"She's taking great care of Handler," Jantz said. "It's in good hands."



Courtesy of Holly Fosher

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UNH students and community members join climate movement

By Ben Domaingue
CONTRIBUTING
WRITER

University of New Hampshire (UNH) students and members of the Durham and surrounding communities took action and took part in their local version of the Global Climate Strike last Friday, just a day before the United Nations Climate Action Summit in New York City.

The Global Climate Strike is a protest with students from over 150 nations walking out of class

to protest inaction on climate change, with many demanding a Green New Deal in the United States and others calling for an end to the use of fossil fuels.

The Durham protest was facilitated by the New Hampshire Youth Movement, a political organization that focuses on youth political involvement and community grassroots organizing. Their platform consists of fighting for a livable wage, quality public education from kindergarten through college, eliminating the wage gap and fighting against income inequality.

Students ranging from first-year undergraduates to graduate students were in attendance. Most remained for the half-hour long protest, while others stopped in for only part of it. Many of them created their own posters and signs in order to express their support for climate action and the proposed Green New Deal.

“Our society has placed the blame on the individual. The blame should be on the fossil fuel CEOs. It’s not on us as individuals, but it’s on us as a collective,” said Jackson Brannen, who spoke on the importance of climate ac-

tion. To him, action stems partly from reframing the discussion.

A resident of Durham, Maggie Morrison, mentioned the importance of the youth vote in the upcoming election.

“I think it is incredibly critical that the 18- to 25-year-old population understand the importance and urgency of their vote,” Morrison said, but is still unsure about the Green New Deal, unlike many students that were in attendance. “I’m very curious, but I’m unsure of the policy.”

Support for the Green New Deal, a policy pushed by the New

Hampshire Youth Movement, had some mixed results. The consensus appeared that each member supported *some* action, but the *extent* was debated.

Millennials and the student body had a much more unanimous plan, calling for the Green New Deal in its entirety, with some calling for even further action.

Despite some concerns over the Deal, every member of the strike supported action. Members of the community support swift and immediate climate action in order to protect the planet.



Courtesy of Ben Domaingue

College of Diabetes Network planning chapter at UNH

By Sophia Kurzis
STAFF WRITER

Whether it be understanding hospital lingo, acquiring the necessary supplies, or following the progression of ever-changing technology, the life of a diabetic is filled with the constant, urgent need for self-education.

The College of Diabetic Network (CDN) is starting a chapter at the University of New Hampshire (UNH) with hopes to provide a place for students to come and learn in a safe environment that fosters a comfortable environment for diabetics and non-diabetics to understand the complexities of the chronic condition.

The organization has not had an official first meeting yet, with hopes that even more students show interest in finding a time to meet in the next coming weeks.

Whether students are navigating their diabetes on campus already, newly diagnosed diabetics or simply interested in being educated, the chapter curriculum can be curated to the interest of its members.

Senior nursing major Devon Fortier and junior animal science major Corinna Coulton are the current co-presidents of the organization. Both Fortier and Coulton have been diabetic for 12 years and have bonded over the silent struggles that diabetes has had on their day-to-day lives.

“Learning how other people cope is so helpful, there are so many things I have to monitor and when I meet someone else with diabetes and I can share ideas with them it really helps to understand this life-long chronic condition,” Coulton said. “It’s like an instant connection, it’s like someone else who under-

stands your language.”

The two both sought relief and connection in sharing their struggles with peers who could understand and sympathize. They hope the UNH CDN chapter provides a same safe space that allows for conversation, collaboration and education.

“Being a young adult is hard enough, but being a young adult with diabetes and trying to navigate college can be strange waters,” Fortier said. “Having a conversation and learning the rationale of eating maybe this snack instead of that sneak when your blood sugar is plummeting is so beneficial because there is so much science in addition to the social aspect of diabetes that we need to know as diabetics.”

Though the UNH chapter has been inactive for the past two years, the College of Diabetic Network is a national non-profit

organization with chapters all across America that serve thousands of students, their families and their support network. Their mission is to help promote a healthy, non-compromised life for young adults with type 1 diabetes by facilitating peer connections, providing resources, and sharing impassioned and educated advice.

“The College of Diabetic Network is really just an amazing resource to have in general cause it’s this whole network of people who know what you’re going through and want to help and discuss” Fortier said. “And if we get this going it’s going to be really cool because since CDN is a national non-profit we can get assistance, ideas, sponsorships and cool swag.”

Fortier and Coulton are both attending a walk in Manchester this coming Sunday, hosted by

the Juvenile Diabetes Research Foundation, which is a non-profit organization that is using research and advocacy to work towards curing, treating and preventing type 1 diabetes in children and adults. The event shares education on diabetes technology companies, raises money towards research and is a fun family event with diabetic friendly treats and games. Both Fortier and Coulton hope that through collaboration with other students and organizations they can bring events like this walk to the UNH campus.

The UNH chapter of College of Diabetics Network hopes to spark interest amongst students and start to build a cohesive club community this fall. For more information, students can reach out to cbc1015@wildcats.unh.edu or daf1018@wildcats.unh.edu.

Students encouraged to “eat invasive”

By Madailein Hart
STAFF WRITER

The University of New Hampshire (UNH) Department of Agriculture, Nutrition, and Food Systems, as well as the UNH brewing minor program, hosted “Eat the Invasives” on Wednesday, where students, faculty and community members could try green crab stir fry and the two new beers from the brewing program.

The 4 p.m. event was run by Professors Gabriela Bradt of the Department of Natural Resources and the Environment and a fisheries extension specialist, and Cheryl Parker of the Department of Agriculture, Nutrition, and Food Systems, who fried the crabs and made the stir fry.

The green crab found in the stir fry is an invasive species that has wreaked ecological and economic havoc along the New

England coast. Bradt and Parker deep-fried the crabs to give them a popcorn-like texture. Even though the crabs were fried shell and all, the entire animal was edible.

“It was salty, it tasted like a saltine cracker,” senior mathematics major Francesca Ritter said. “It looked spooky. I’ve never eaten a crab with the shell on it.”

Although the smaller crabs, which were about the size of a nickel or dime, were easily edible, the bigger crabs don’t have much meat on them so they are better utilized for broth and soups. The bigger crabs that were caught were used to make stock, which was then used in the fried rice.

The NH Green Crab Project has been working to bring the numbers of green crabs in New England down, and so far they have succeeded in incorporating green crabs on menus in Ports-

mouth and Brunswick, Maine. Parker, Bradt and the NH Green Crab Project also encourage people to go out and find their own green crabs to cook within their own homes.

To go along with the theme of “eating invasives,” the brewing classes came up with a beer that utilized the invasive species of seaweed – gracilaria, which is found along the coast, and at Adam’s Point. The beer was aptly called “the sea-cret ingredient.” Along with seaweed, there is lemongrass from the UNH high tunnels and blueberries infused in the drink. While on a tour of the small brewing laboratory, guests over the age of 21 could take a sip of the “Sea-cret Ingredient,” granted they had an ID with them.

“It was smooth, reminiscent of the ocean,” junior neuroscience and behavior major Dillon Mulhern said about the “Sea-cret Ingredient.” “It was slightly sour,

as with most stouts, just a really put together final product.”

While the “Eat the Invasives” event mostly centered around raising awareness of the green crab and gracilaria seaweed and how they can be utilized, the event also wanted to raise awareness of the agriculture and sustainability majors and brewing minors. On top of the brewing and green crabs, guests could take a shuttle over to the high tunnels and see how fruits and vegetables are grown at UNH or people could put on blue plastic booties and play with baby chicks from the PEEP Program.

“Our purpose here is to educate people about the invasive species,” Parker said. “But we are also trying to get people to know about everything [the Department of Sustainable Agriculture does.]” Parker wanted students to be able to see the high tunnels and PEEP programs because students have

often told her that they “don’t even know where or what that is.”

“[Eat the Invasives] is mostly for exposure of the program because what we do is really, really cool and there’s not a crazy amount of promotion,” senior sustainable agriculture and food systems major Matthew Doherty said. “It’s very UNH. It deserves praise and recognition, and eating invasives is so badass.”

Doherty went on to say that even though he is a vegetarian, he would happily eat green crabs if it was benefiting the environment, and was excited at the prospect of catching his own.

All the compost from the event will be going back to the high tunnels, including crab carcasses and bits from the brewery, giving “Eat the Invasives” “go full circle,” Parker said, which is an idea that she wants to apply for other beers and projects within the brewing program.



Madailein Hart/TNH Staff

This day in *TNH's* history: 1984



From left are David Carroll, Career Planning and Placement, Roger Arnoldy Physics department head and Hugh McGettigan of Varian/Extrion who donated the pump in the foreground. (Doug Roberts photo, Courtesy UNH News Bureau)

Vacuum pump aids space study

By Ken Fish

A cryogenic low temperature vacuum pump donated to the UNH Physics Department by Varian/Extrion will be used to test space experiments on earth.

Professor Roger Arnoldy, chairman of the Physics department, said the \$16,000 vacuum pump will be used to test equipment which must function in the cold vacuum of space.

"We build experiments that will fly on sounding rockets (rockets which are launched to the outer atmosphere and immediately return to earth). These experiments check for charged particles in the upper atmosphere," he said.

The UNH Physics department develops space instruments for NASA experiments.

Varian/Extrion is a division of Varian Associates which produces large electrical equipment necessary for the construction of silicon computer chips.

Varian/Extrion Employ-

ment Specialist Phil Sheerin said "the pump and associated equipment simulates what happens in space...It will also do limited experiments in the lab to see if (the equipment) will work in space."

Arnoldy said Varian/Extrion recruits many electrical engineering, computer and physics graduates from UNH.

They (Varian/Extrion) like the (calibre) of students they recruit from UNH, he said.

Gloucester Employment Manager Hugh McGettigan for Varian/Extrion said the pump is the first East Coast gift of a new program of corporate giving.

"We want to establish good relations with colleges and universities we recruit from," he said.

The propane tank-shaped pump is about two and a half feet high and a foot and a half in diameter at its base. It contains liquid helium to reduce the pressure in the holding chamber it is to be connected to.

Arnoldy said the cylindrical chamber, which hasn't been

VACUUM, page 18

Sununu speaks to 'gifted' group

By Margaret Consalvi

"One of the problems with education is that we as teachers have done a terrible job in improving productivity. We have lost sight of education in primary and secondary schools and colleges," Governor John Sununu said Saturday at a UNH Seminar for Advanced High School Students (SEARCH).

Sununu "had quickly adjusted his schedule" to speak at UNH.

UNH President Gordon Haaland, Dr. Richard Schwab, SEARCH program director, and Executive Secretary of New Hampshire School Boards and Administrators Association Richard Goodman also spoke at the seminar.

The seminar was held to orient high school students to SEARCH. Through SEARCH, students will attend ten different topic presentations in the next five months given by "top notch" lecturers and dealing with world problems such as yellow rain, starvation and economy.

Students were chosen for this program by school district committees on the basis of grades, determination to follow through on commitments and the ability to think creatively.

SEARCH will hopefully "inspire people to pursue a field of study," Schwab said.

"We have taken a system of built-in incentives and given no distinction to those who perform and those who don't," Sununu said.

"Students need to learn more and perform better," Haaland said. "too little work is expected of high school students, they need greater self-discipline and more homework."

Students from 13 area high schools listened as Goodman said, "You're here not because you're the brightest students but because you can make the

New computer takes care of business

By Jackie Pelletier

The Student Activity Fee Organization (SAFO) over the summer purchased a \$7,000 Northstar Advantage computer system.

Tim Collins, the SAFO business manager, spent this past summer making up a menu-driven program to handle SAFO expenditures.

Besides saving time, the computer simplifies the accounting system. It transfers money orders from account to account, giving a daily balance for each organization.

Before, Thompson Hall spent about two months to complete this work.

Now, keeping track of expenditures is no longer a tedious job.

The SAFO computer has also been programmed to give accurate statements of past year reserves (the amount an organization actually has), as well as an accurate statement of the amount spent.

Checks are now printed and recorded as expenses, and subtracted from the organization through the computer. As

a result, the reports are much easier to read, and the time saved is of great value.

The system includes the printer, software, modem, and the actual machine. Although it is quite an expense, Collins said he thinks it will be worthwhile.

For instance, the system opens up the possibility of drastic changes in operating SAFO.

In the past, they were trying to catch up on transferring accounts, balancing, and keeping transactions up to date. Now there is more time and confidence for experimenting and learning, Collins said.

"The computer enables the SAFO office to keep on top of all transactions, while leaving time to be spent on more important issues. It gives a listing of all expenditures and income received, which is very helpful at budget time. More importantly, bookkeeping is simplified for organizations, allowing them to concentrate on their area of interest," Collins said.

world a better place for generations that follow."

"This program will concentrate on taking the mediocre students and raising them to the best students," Sununu said.

Sununu said the way for students to be the best was to "accept the responsibility of learning the basics and understanding the things being dealt with."

"The direction of applying yourself to detail will bring rewards well beyond what you might imagine. Learn to grind it out," Sununu said.

Sununu advised students to

get directly involved with their interests and not just let other people filter information to them.

"Don't be embarrassed to show your ignorance but demand that people answer knowledgeably. If you ask why, you'll understand," Sununu said.

Haaland referred to the students as "future leaders of this state and nation."

"As citizens and leaders of tomorrow this is where the chance to learn and help come true," Schwab said.

"The way to fight depression

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T-School to build wind generator

By Chris Heisenberg

Construction will begin soon on an 80 foot high wind generator for the Thompson School of Applied Sciences, near Putnam Hall, on Mast Road, according to Douglass George, a Thompson Hall instructor.

The Aerolite wind generator was donated to the University by former WBZ-TV weatherman Don Kent, to demonstrate the feasibility of energy generation, according to George. It will generate 1,200 kilowatt-hours, and has a rated output of 5 kilowatts, meaning it is designed to put out 5 kilowatts during a 12 m.p.h. wind, for maximum efficiency.

"We know the feasibility of power generation," George said. The main purpose of this is to demonstrate the feasibility of getting power from the wind.

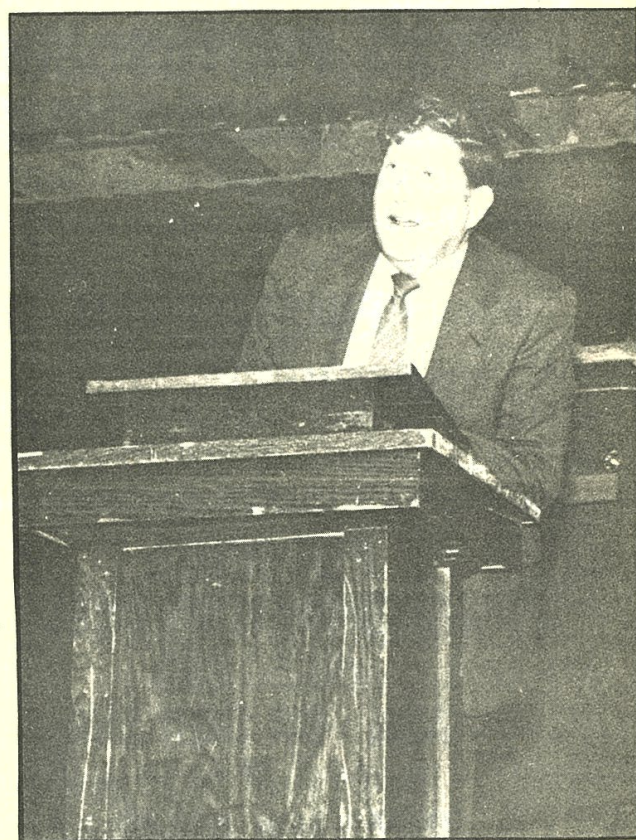
George said a meter in Putnam Hall will show the cumulative kilowatt-hours the generator has produced.

"What makes this generator special is that it produces 240 volts, and 60 hertz of AC current that can be tied directly into the University power grid," George said. "Most generators are DC, and must be stored and converted before they can be used."

The wind generator will be 80 feet high, with three blades. The diameter is 24 feet.

"It is possible that the generator will produce enough energy to work part of the lab on," George said. "The amount of energy (generated) is enough for a family of four to use in a month."

Workmen should begin laying the cement foundation sometime next month, George said.

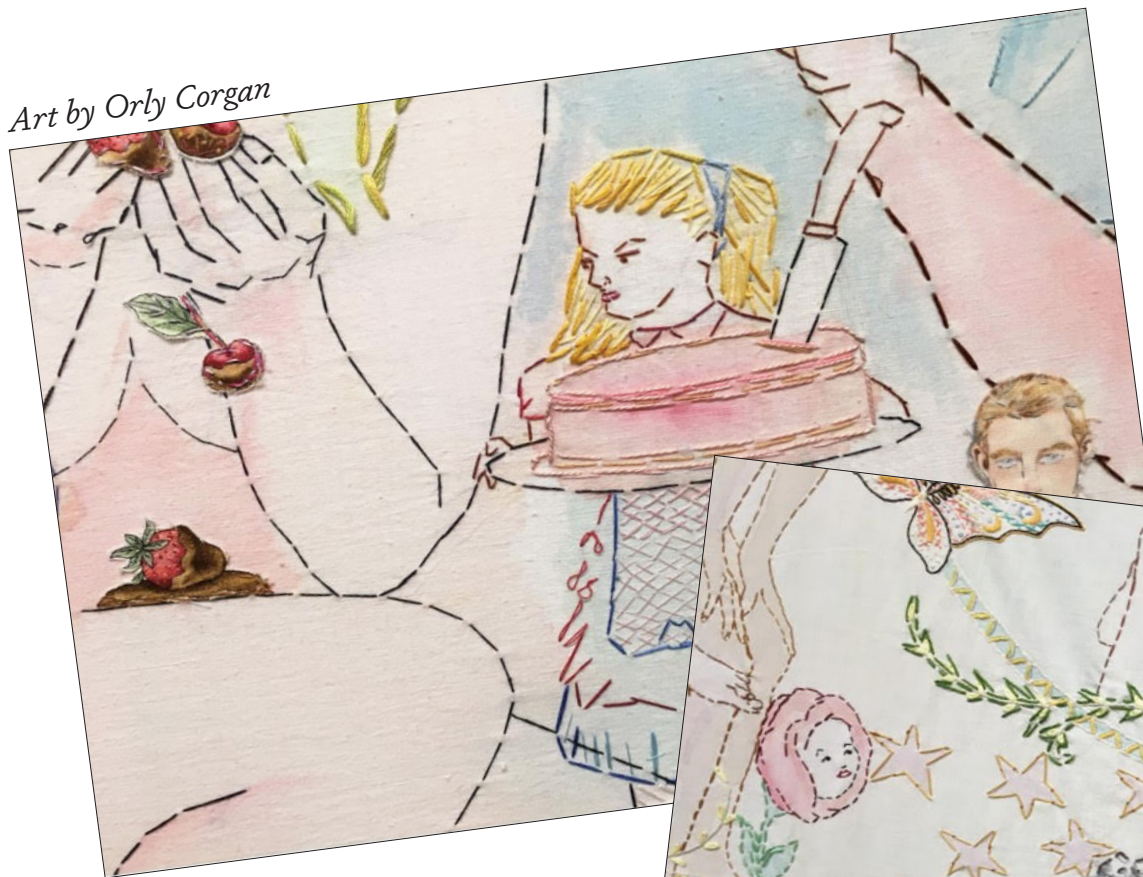


Governor John Sununu addresses a group of gifted students at UNH on Saturday morning. (Dorian Stonie photo)

The ARTS

26 September 2019

Art by Orly Cogan



The elaborate fiber work of Orly Cogan



By Taylor Landry
CONTRIBUTING WRITER

The University of New Hampshire (UNH) Museum of Art, located in the Paul Creative Arts Center (PCAC), is currently exhibiting work by fiber artist Orly Cogan. Cogan has been exhibiting work for over two decades, during which she “has been at the forefront of the fiber arts movement,” according to her website (orlycogan.com/about).

Cogan’s work consists of vintage fabrics that she repurposes into elaborate, embroidered pieces. Her embroidery depicts human figures in an array of poses and situations, surrounded by and superimposed over images of plants, animals, food and other patterns.

“I was really taken with Orly’s process,” Museum Director Kristina Durocher said. “As you can see, it’s textile and embroidery, and I always try to provide a range of exhibition processes, or artist processes, in the exhibitions that I organize for the museum.”

Textile-based work is not extremely common for the university’s museum, and Durocher later added that the

institution has not seen a purely textile exhibition in nearly 10 years.

Cogan visited the university on Thursday, Sept. 5, to give an informational talk about her work and background as an artist. During this talk, Cogan cited her family as inspiration for her subject matter and materials.

“My parents collected art,” the artist shared to a crowd of approximately 50 attendees. “My father’s side of the family collected Rubenesque type paintings where there were lots of figures interacting in dramatic scenes, and my mother’s side of the family was more interested in folk art, collecting quilts, old samplers and small embroideries.”

In her youth, Cogan attended the

Rudolf Steiner School, which she also credits for her artistic inclination. “The wonderful thing about the school I went to is that the creative arts were held in the same high regard that the academics were,” she said. “They saw that I was going in that direction and encouraged it.”

Cogan also finds inspiration in feminist issues of the modern day as well as throughout history, basing the majority of her work on the intersection of these two themes.

Textile work has not always been

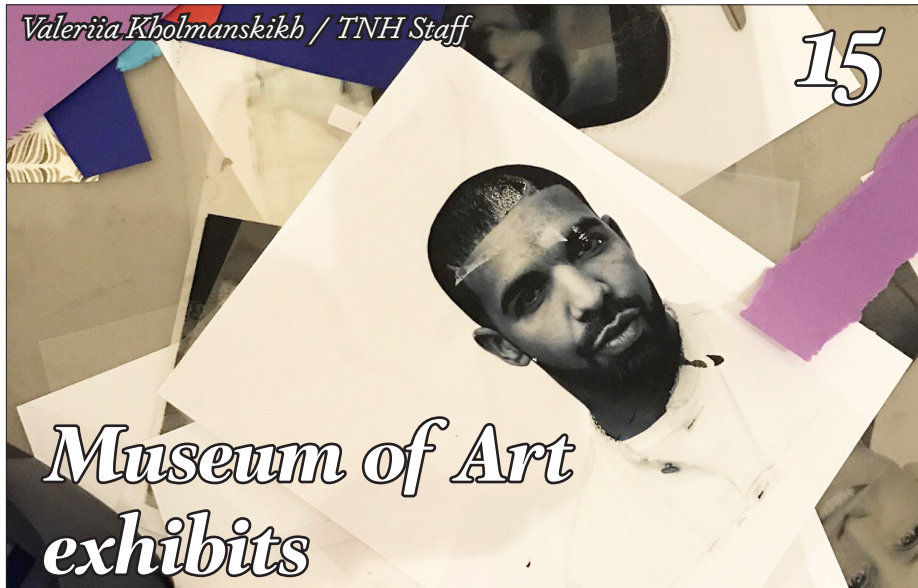
respected as an art form throughout history, she explained. “It wasn’t respected as a high art that would be on gallery walls; it would just be something to feminize the home or something to busy womenfolk while the men were, y’know, doing the real work.”

In her work, Cogan aims to repurpose these old, disrespected fabrics to reflect the complex lives of modern-day women.

Orly Cogan
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Museum of Art
exhibits

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TNH café
reviews

Local bands wow crowd at Garage Bandz

By Natalie Casertano
CONTRIBUTING WRITER

Aided by local talent and the day of the viral Area 51 “raid,” Garage Bandz, presented by the Memorial Union Student Organization (MUSO), took over the Entertainment Center in the Memorial Union Building on Friday, September 20.

To mark the occasion, students came dressed in space-inspired makeup and outfits to hear the bands debt., Notches and Daylo perform. Meanwhile, MUSO transformed the room to match the epitome of a “Garage Band Concert.”

Many audience members had seen these bands perform previously. Sophomore environmental conservation and sustainability major Madison Tobin said that she has seen debt. and Daylo perform a few times, and attended Battle of the Bands held by MUSO last semester.

As the stage lit with a multitude of colored lights and music blared from an elaborate sound system it was easy to forget that the show was happening on a college campus. MUSO Director Will Mueller, a sophomore political science major, complimented the student organization on bringing in well-known local bands, adding that there will be another event in November that students can look forward to.

The first band to take the stage, debt., is comprised of Johnny Gifford on vocals and guitar, Connor Murphy on bass, Dan McCarthy on guitar and Iain Brouwer on drums. They opened



Photo of Daylo by Natalie Casertano / TNH Contributor

with the song, “Candle Shaving Bastard,” one of the band’s favorite pieces. debt.’s set showcased their diversity as musicians with their smooth vocals and subtle guitar and drumming which instantly switched to a louder and faster pace tempo that flooded the room.

“We just finished our first tour,” Gifford said. debt. toured in Virginia, Pennsylvania, New Jersey, New York City and Connecticut.

Although it was a tough act to follow, the three-man band Notches lived up to the expectations set by debt. The bassist said that his hand was causing him a lot of pain that night, however it would have gone unnoticed by the audience based on his impeccable performance. As their high energy set

came to a close, they called up Daylo to the stage.

Daylo is made up of UNH students Chase Retrosi, Nick Paul, William Snow Downing, Christopher Salemme and Sophia Kurzius. Before they performed, junior journalism major Evan Ringle said that he had seen the band play at the Press Room in Portsmouth a few weeks ago, and saw them perform last semester as well. Ringle spoke highly about the band.

“They have a really, really great sound, and it’s always a really great atmosphere,” he said.

It was hard to believe the band spent a summer apart as their connection to one another radiated off the stage. Daylo is filled with many different aspects

and elements that make them unique. The lead singer and guitarist both wore elf ears, the bassist played a six-string bass and the keyboardist wore a tin foil wrapped helmet and glasses. These tiny elements of the band’s style had audience members intrigued from the moment they stepped on stage until the last chord of their set.

“Garage band” is a perfect way to categorize Daylo, as they are a combination of many different genres. The keyboard adds a layer of electronic music, while the guitars and drums have a rock sound. To create even more complexity to their sound, Kurzius has extraordinarily impressive range and control of her voice. In multiple songs, she held out high notes and runs for multiple counts at a time. The crowd was dancing and singing along to their songs, and after the penultimate song, audience members pulled out lighters to hold up and sway with the music. It was as though it was a scene from the film “Almost Famous.”

Audience members were thrilled with the night’s performances. Getting to listen to great music in a great atmosphere coincidentally right on campus was an amazing opportunity for students at UNH. As the lights went out, speakers turned off and equipment came off stage, the first Garage Bandz of the year came to an end. With an impressive turnout, there will definitely be another show in the near future.

Disclaimer: Sophia Kurzius is a staff writer for *The New Hampshire*.

Boston Film Festival: ‘She’s in Portland’

By Shawn Latulippe
CONTRIBUTING WRITER

What looked like yet another one-who-got-away tale on the outside turned out to be, on the inside, a story of friends who find themselves stuck in life and realize that the way to finding your path is uncovering both your true friends and true self.

The world premiere of “She’s in Portland,” directed by Marc Carlini, was shown at the 35th annual Boston Film Festival where some of the cast and crew attended and spoke at the question and answer section after the film showing.

The film is about two college friends now in their 30s that are both stuck in unhappy lives, trying to find their way back to their youth and happiness. Tommy Dewey plays Wes, a successful businessman who has problems at home with his wife and decides to extend his business trip in San Francisco to help his struggling artist friend Luke, played by François Arnaud, find the one who got away. Luke is living in Los Angeles but wants to move back home and give up on his art because of struggles in his love and work life.

J.C. Monahan, NBC news caster for WBTS, said she thought the film sounded a lot like “There’s Something About Mary” after reading the synopsis about Luke trying to find the one that got away, but it’s much more about friendship the journey back to youth

and the people you meet along the way.

The heart of the story lies in the friends Luke and Wes make along the way during their road trip across the California coast to get to Portland, Oregon, where Luke’s love interest lives. It’s really about their difficulty to talk about the hardships that they are both facing.

Dewey said it’s just “two dudes kind of struggling and afraid to speak about it.” In the film, Luke thinks that Wes has the perfect life because he makes a lot of money and has a wife and daughter, and Wes believes Luke has a better life because of his freedom from responsibilities and marriage.

This film shows the hard realities of life, yet also gives the audience a silver lining in these struggles by the end. Luke and Wes finally realize how difficult both their lives can be, but they also see that not all is lost. The idea that no one has a perfect life is present through-

out the film. This is shown through side characters, like Lola Glaudini as Ellen. When Wes and Luke meet Ellen and her friend, they discover that they’re all facing difficult times in different ways, but they also realize in a beautiful dinner scene that everything is going to be okay.

The dinner scene is an important part of the film because it depicts four adults just talking about life. Glaudini said about the scene that “there’s no agenda” with it. The characters are just talking about life and the pursuit of love and happiness.

When asked about the first reading of the script. Arnaud said, “The characters came to life on the page; I felt very close to the material.”

Another important part of the film was the cinematography. Much of the striking overhead shots in the film were “mostly drone shooting,” Carlini said.

When Dewey was asked about what

it was like to have Minka Kelly play his wife Sarah in the film, he joked, “Minka has always had a big crush on me, I don’t mean to be egotistical but...” The whole audience laughed as Dewey grinned. “She’s still really into me - I’m still screening the calls.”

When asked about the scene where Wes and Luke go to a college party during their road trip, Dewey smiled and said that the scene was real.

“François and I got drunk and went to a college party,” he said, but both Arnaud and Dewey agreed that they didn’t want the scene to be “pervy.” Arnaud then said to Dewey, “There’s a few lines your character said that were a little pervy.”

Carlini said about Wes and Luke that “they’re both looking in different directions,” with Wes looking in on his life and Luke looking out on his life. When asked how he feels now that it’s out, he said, “It’s nice to know everyone else reacts to it.”

Carlini said he had the idea of making the movie for a long time, but decided to make it after his friend’s wife died giving birth to their third child. He explained that he said to himself, “I’m not going back to L.A. until I make this movie.”

Some advice Carlini had to aspiring filmmakers was that he “wouldn’t recommend anyone to go edit their own film.”



Shawn Latulippe / TNH Contributor

Orly Cogan
Continued from page 13

"I update the content of the vintage embroidery to incorporate the unladylike reality and wit of contemporary women; their struggles and the stereotypes which must now be overcome," her official artist statement reads.

Cogan believes that her work, with its feminist themes, has great social value in today's political



Art by Orly Cogan

climate.

"Everything I do is politically driven and feminist driven," she said. "Especially in today's society, where I feel like the current administration is doing their best to roll things backward, it's very important that we continue this kind of work going forward. And a lot of [my pieces] have sort of hidden political areas within the storytelling of each piece."

She later pointed out a small girl in her 2019 piece "The Feast" with the words "Me Too" embroidered onto her dress, a reference to the ongoing "Me Too" movement against sexual harassment and assault.

"Students at the university are dealing with all kinds of issues in building their identity," Durocher said. She believes Cogan's themes of feminism and identity make the exhibit an important presence on campus. "Having exposure to an artist who is wrestling through many of those same issues is really helpful for the students to see."

Liese Zahabi, an assistant professor of art, art history and design, sees additional value in exhibiting Cogan's work on campus.

"It's a kind of art you don't necessarily see all the time, and that's true I think both somewhat in subject matter but mostly in materiality. And so it's nice to see that it's not just the classic cannon of painting, and especially not the classic white male cannon of painting, that it's something a little different," she explained. "I think that's probably the biggest value of showing students, not just art students but all students, like, 'this is art too.'"

Cogan finds great enjoyment in viewer interpretation of her work. During her talk, an audience member asked about the meaning of a particular image in Cogan's piece "The Feast" in which a woman's eyes are



Courtesy Orly Cogan's website

completely hidden by her own hair. Cogan responded, "You tell me. What do you think it is?" and watched smiling as two audience members debated the image's meaning between themselves.

"And that's what's so wonderful to me about art and about writing about art. The artist isn't standing next to each piece of art in a museum and can't explain everything," she added. "I love what you said about it. It can be that, it can be something else."

Cogan's work will be displayed in the university's art museum through Friday, Oct. 12.

#NOFILTER: A night imitating Andy Warhol

By Valeriia Kholmanskikh
STAFF WRITER

Art exhibits are often for strictly observing – but this isn't to say that they always have to be.

"Sometimes people can express and communicate by a hands-on workshop, and learn from that," Sara Zela, the communications and education manager for the University of New Hampshire (UNH) Museum of Art, said. "Learn a little bit more about the artist, about the museum, feel comfortable coming here and just have fun and be creative."

On Wednesday, the Museum of Art hosted a workshop on Icon Portraits as a part of its "Andy Warhol: #NOFILTER" exhibition.

The workshop was designed to give students more hands-on experience with Warhol's art.

As a long-time Andy Warhol fan, I immediately took up covering the event. Having arrived 10 minutes early, I wandered around the room, studying the collection. Of course, none of the works on display are among the well-known ones, like "Campbell's Soup Cans." Rather, the less "mainstream" things, the little pieces from Warhol's compulsive documentation moments: the Polaroids, the black and white photographs of Warhol's friends and some silkscreen prints.

Warhol's silkscreen technique is, perhaps, one of the most well-known art styles of his. Starting in the 1950s, he had photographs transferred onto a mesh of a silkscreen and used an ink-soaked squeegee to apply color to it. This process allowed him to make multiple reproductions of the same photograph in various colors, such as the famous Marilyn Monroe pop-art.

Wednesday's workshop focused on the same idea, but without following Warhol's technique precisely. Silkscreen technique requires some training and much more sophisticated materials, but the Museum of Art found an easier way to let students apply their creativity. The museum supplied a series of celebrity photographs, ranging from Abraham Lincoln to the rapper Drake, printed on transparent plastic sheets, a lot of



Valeriia Kholmanskikh / TNH Staff



colored paper and the background of Warhol's process.

"I want [students] to be exposed to the works in the collection," Zela said. "I want them to take time to look at these portraits... and then express themselves by making their own portrait."

First, the transparent plastic sheet with the image was hinged on a background of choice by using glue applied only to one side of the sheet. Then, with the snipping of scissors and the rustling of construction paper, the creativity commenced.

I went with Lincoln's image. At first, I decided to take a minimalistic approach, but as I began to cut and stick, my inner first-grader broke loose. Soon, my green background with a couple of yellow rectangles stuck onto it was replenished with paper shapes of every color I could get my hands on and some patterned paper, too. Forty minutes later, my background would have probably passed under abstract cubism art style, and, after Lincoln's face was draped over it, turned out to have very little in common with Warhol's iconic works.

Maybe construction paper and some glue do not produce the same result as professionally printed photographs and a squeegee, but they do provide an experience of creating something. The workshop was wonderfully organized, joining Warhol's ideas with accessible supplies that do not require special art training to use and providing the hands-on experience the museum strives for.

"We want people to utilize the museum as a space where they can think creatively, critically and help with their learning at the university," Zela said.

The "#NOFILTER" exhibition of Andy Warhol's works (donated to the UNH Museum of Art by the Warhol Foundation as a part of its Andy Warhol Photographic Legacy Program) is running until October 12 alongside "Orly Cogan: Children of Eden." The museum is located in Paul Creative Arts Center, and is open Monday, Tuesday, Wednesday and Friday from 10 a.m. to 4 p.m., Thursday from 10 a.m. to 6 p.m. and Saturday from noon to 4 p.m. Admission is free.

WRITE FOR THE ARTS

MAD ABOUT BOOKS ★ ★ ★ ★

'The Whisper Network' by Chandler Baker

By Madailein Hart
STAFF WRITER

"The Whisper Network" by Chandler Baker is part of Reese Witherspoon's book club and it did not disappoint. It kind of reads like "Big Little Lies," but instead of Australia, it was in Texas and instead of moms in the schoolyard, it was working women with a variety of backgrounds. It also gives a mental picture of the movie "Nine to Five," where women band together to take down a sexist boss, but while the movie can be seen as funny, this story can be all too real for some women.

"The Whisper Network" follows Grace, Sloane, Rosalita and Ardie. All of them work under Ames Garrett, a character that almost every woman reader will know. The kind of guy who sleeps with you and then makes you out to be crazy or uses his place of power to his advantage. The line that could best sum him up is, "How did we know when the behavior was inappropriate? We just did."

Rosalita is a single mom and a cleaning woman for the big office, Truviv, Inc., who often gets overlooked. The other three women are some of the top lawyers in the company. Sloane, a mother of a bullied 10-year-old, has a strained relationship with her boss. Ardie, a divorcee who is the mother of a 4-year-old, has a "take no s***" and "be blunt" attitude when it comes to everything. Grace is a struggling new mother who believes that the rumors about their boss couldn't be true since he's always

been nice to her.

Baker also uses the women's children as other examples of sexism and mental health. Sloane's socially awkward daughter, Abigail, is being bullied and even though boys seem to be picking on her, she's the only one getting in trouble for retaliating. The argument the school makes about the boys behavior is that they were "just having some fun"; "it was a joke"; "boys will be boys." Baker weaves this into the story flawlessly and draws parallels between Sloane's office and Abigail's school staff. On the flip side, there is Grace, who just had a baby named Emma-Kate. She thought that motherhood would be like joining the "biggest sorority of them all," but found that sleepless nights and constant breastfeeding are not things she can easily cope with. She feels immense guilt about the possibility of loving her job more than her daughter, and although it isn't said outright, her mental health is deteriorating quickly. Baker does a great job by not pitting any of these women against each other as a "good mom" or "bad mom"; rather, she paints them realistically as working moms who do the best with their resources.

Three things set off a major chain of events. The first being the CEO of Truviv unexpectedly dies, making Ames in the perfect position to snag it for himself. Just as this happens, a new woman from Boston, Cathrine, begins at the firm and starts to have a suspicious relationship with Ames. Lastly, there is a "B.A.D. Men" list going around

the offices of Dallas, and someone has added Ames' name. The women feel that they cannot let Ames rise to power while they know the way he acts behind closed doors and the way he abuses his power to get what he wants while putting other people - especially women - down. This all starts a series of events that lead to one character's death. While this is happening, Rosalita is just trying to get her son Solomon into the best school in the city, but all of the sudden her paycheck gets cut in half, leaving her scrambling for resources. The death in "The Whisper Network" happens about two-thirds of the way through, which I liked because it left plenty of room for buildup, commentary and background while also leaving enough time for the reader to know what happened afterward and how it affected everyone involved.

Seeing all these women come together was both empowering and heartbreaking, mostly because even though they were in a group they were still struggling to be believed. There are depositions, cross-examinations and police interviews all throughout the story that keeps you guessing until the end. Something I seriously loved was this chorus at the beginning that wasn't a voice of a character but the general voice of women and the things we are put through in American society. These include: "We felt guilty if we weren't feeling guilty enough, so much so that we began to take pride in this ability to function under moral conflict," and "We never understood the tendency

to underestimate us, we who had been baptized and delivered through pain, who grinned and bore agonies while managing to draw on wing-tipped eyeliner with a surgically steady hand." These pages and commentaries were blended in so perfectly that the reader can forget that it's not a character that's speaking.

This is the perfect book to come out in the #MeToo movement. It discusses corporate environments, voices based on facts and a plethora of real-life horrors that can resonate with almost all women. If someone herself hasn't experienced sexism or harassment outright, she knows someone who has. Even though this book resonates more with women, men should read it as well because it gives great insight into the trials women have to go through on a daily basis that never seem to let up. The way these four women are treated, the way they are spoken to, looked at, criticized and even feel are all part of the commentary about sexism, discrimination, harassment and sexual abuse. The women are flawed and keep their own secrets, but it challenges the reader on their perceptions of feminism, sexism, harassment, discrimination and more. This also begs the question of what makes a woman "worthy" of being believed? The message of the book is clear: women need to stop whispering and warning each other and instead speak out, be bold and demand better using their outside voices.

'The Seventh Seal' pensively juggles mortality

By Zach Lewis
STAFF WRITER

"The Seventh Seal" is not an epic biopic on the reincarnations of the superb R&B singer Seal. Somebody go out and make that movie right now. However, "The Seventh Seal" is one of the world's best films ever made. Ever! It's just a truth. Like, how Beyoncé is always on beat or how if you're running late you will hit every red light on your way to your very important and state-sanctioned therapy and Zumba class. You'd never be late to Zumba though because it makes you feel like a warrior. Just like how setting fires make you feel invincible...

Anyways, "The Seventh Seal" should be on your watch list. It's important enough to create a watch list just so that the movie can be on it. You can also impress your friends with knowing Ingmar Bergman's seminal work and with knowing who Ingmar Bergman is. It also won the Special Jury Prize at the Cannes Film Festival in 1957.

Get excited! It's in black and white and subtitled. Now, before you strike a match and light this newspaper on fire out of disgust, wait. If you feel like burning this newspaper, or any other literature for that matter, wait till the end of this article before you pick up those matches. I know it makes you feel like a god but it's a fleeting high. You've

been on edge since you stopped inhaling Juuls and especially since you spent that entire night inside that abandoned orphanage for the criminally insane hidden away on Main Street. What better way to ease your squirming mind than an existentialist tome on death and religion?

The movie follows Block, a medieval Swedish knight alive during the time of the bubonic plague. Death appears to Block (Max von Sydow) and his squire, Jöns, on a beach on their journey back from a stint in the Crusades. Block believes he can escape his fate by challenging Death to a game of chess. Full disclosure: I seriously thought that the entire movie was going to be just watching these two play chess for an hour and a half. Thankfully, that was not the case, so I thought I'd let you in on the secret. It's not really a secret though.

This movie has it all. Death, Block and an acrobat who has heavenly visions. One such vision is of the Virgin Mary and baby Jesus. (This is Ricky Bobby's favorite version of Jesus for those playing at home). There's a tavern brawl and many deep conversations on the nature of existence. It's a fun time. I mean that in a sincere way. It's not going to be the same thrill that you get from seeing flames engulf a building - the glorious beauty of rebirth that only

fire can bring - but what else can? If you put yourself in the right frame of mind, then "The Seventh Seal" will be a great viewing experience. Especially if you play the drinking game that goes along with the film.

Every time Jöns says something nihilistic, take a drink. Every time Death pretends to be a priest in a confessional, take a drink. Every time you see a body ravaged by the bubonic plague, take a drink. Whenever Block and Death are playing chess you need to take a shot though. And, every time you feel an existential dread, take a sip. You're going to want to pace yourself on that one though. You can also enjoy the film sober; it's up to you.

Block encounters Jof and his family. He escorts them through the woods and offers them shelter in his castle. Acts of kindness are juxtaposed with acts of brutality. But I know what you're asking, where is the fire? Does anything burn? You're in luck, it just so happens that a woman is burnt to death because villagers believe she is a witch responsible for the plague. Unfortunately, despite popular opinion of the time, that doesn't end the plague. Block tries to comfort the woman before her execution and brings her water. He tries to get her to summon Satan so he can ask him about death. Satan never appears although the woman screams that she sees

him as she stares off into the distance. This is interesting to note since the character Death is anthropomorphized, as well as the visions of Jof that are seen on screen, but Satan never makes an appearance. God does not make an appearance either.

The entire movie is filled with even more thought-producing scenes than those brought up here so you should definitely check it out. It's streaming on Kanopy so anyone with UNH credentials can watch the movie online. There is also a hard copy in Dimond Library in the multimedia center that you actually rent in person and put into a DVD player.

This is a great film to watch if you want to ponder on the role of religion in the human understanding of existence. What do you do on Earth if you can never outrun Death? Where do you turn for answers? Why aren't there more scenes where things burn? Alright, alright, if you still want to light the newspaper on fire, go ahead you silly kid you.

Good job, I admire your restraint for not lighting the newspaper on fire. You see, when we are able to control our urges... Is that smoke? Oh god, you're doing it. You're actually doing it! Stop it, put it out! It burns! Stop shouting! *Soli Deo Gloria?* I don't know what that means!?

TNH café reviews

Adelle's Coffehouse

By Caleb Jagoda
ARTS EDITOR



There's something about small-town coffee shops that's so inviting come fall time.

Warm apple cider that stokes the wind-chilled cinders of your stomach, freshly-baked bagels giving off the magic smell of oven-fresh loaves, the coalescing smoke that pirouettes from coffee pots and fills every corner of the room with a deeply-rich arabica bean aroma. These are the pillars of a great small-town coffee shop; while cafés like this can be a dime-a-dozen, their charm never seems to wear off on the chilly, late-September Saturday mornings.

And when the weather isn't fulfilling this perfect vision of fall nirvana, it's almost as if the right café can transport you there all by itself.

I went to Adelle's Coffehouse in Dover last Saturday morning around 11 a.m. during another erratic fit of ever-evolving New England weather - not exactly the warm-up-with-a-cider briskness I had hoped for. Yet, once I walked into Adelle's - tucked into the New Hampshire-style brick monoliths of Hale Street in bustling downtown Dover - I was whisked away to mid-October. Dancing skeletons hung from a door frame, the deep browns of the old-fashioned wooden benches and the smoky grays of the upper walls

blanketed the room in autumnal Earth tones and what seemed like an innumerable number of coffee pots, espresso machines and other café devices were jammed behind the counter of the small coffehouse Tetris-style. There's no denying how little the inside of Adelle's is, but its compactness serves to create a homey atmosphere the second you step in from the weathered stoop.

After walking in, I faced away from the baristas behind the counter to peruse the menu options on the opposite wall. Looking at the detailed chalkboard-style menu was a journey in and of itself. While Adelle's lacks a huge variety of food options, only serving mainly bagel-based options with some pastries and cookies, their choice of drinks is astounding. Drip coffees, espressos, chais, teas, spritzers, sodas and countless combinations and creative inventions littered the chalkboard, providing me with more than enough options to choose from.

With a ton of iced coffee flavors available, I was planning to go with one of these before I saw their autumn specials. They had pumpkin spiced lattes, a couple other fall-themed drinks and then the drink I settled on: the Chaider, a combination of hot apple cider and chai tea. This was something I had only

heard of a couple of days prior and had never seen anywhere else, so it seemed like the fun seasonal option to lean into.

As far as food, one item immediately caught my eye: the Popper's Bagel, which is any choice of bagel with cream cheese and Popper's Bacon Pepper Jam, a combination spread of bacon, hot peppers and maple syrup, all locally-obtained. To up the ante, I got it spread on an asiago to see how the ingredients would mesh with the toasted cheese bagel.

As I waited for my food and drink, I sat down at an aged wooden table on a hazel bench seat up against the wall. The knots in the bench seat's wood danced in its dark chocolate-colored exterior, for-sale pieces of abstract art hung down purposely crooked on the wall and knick-knacks and comic strip books sat around quirkily on nearby tables. While Adelle's is snug and homey, it's definitely small: any time I attempted to stand up, I either bumped into someone waiting in line, hit my head on the hanging lamp above the table or attempted an acrobatic twist to try and avoid the former. With this being said, it really didn't take away from my experience in the least and wasn't much more than a minor inconvenience that produced some laughs.

After getting my food and drink, I set down the \$5 book of comic strips I was flipping through and got ready to dig in. I took my first sip of the Chaider, and I was in shock; the crispness of the apple rung through my taste buds like a gong, while the sweetness of the chai left a perfect aftertaste. And once it hit my stomach, it left that filling, warm stoking of the cinders that fall cider never fails to produce; I literally said "Wow" following my first sip.

Biting into my bagel, the flavors sang a harmony like that of a choir; the saltiness of the bacon, the sugar of the maple and the zinging of the hot peppers belted out a variety of different notes, but somehow all came together for an amazing melody of taste that really clicked. The asiago bagel itself was good, but nothing out of the ordinary; rather, it was the hodgepodge of flavors in the Popper's Bacon Pepper Jam that made it one of the best bagels I've ever had.

With the perfect blend of hipster and homey, Adelle's Coffehouse is everything a small-town café should be. And when the weather's not quite cooperating with the New England fall time aesthetic, a trip to Adelle's is sure to remedy this.



Baker's Corner

By Evan Edmonds
STAFF WRITER

The brand-new quaint and cozy bakery on the first corner of Madbury Road is no joke. Feeling like a kid in a candy store overwhelmed with delicious-looking choices, pastries, bagels, ice cream and the list goes on, I scanned the glass cases for the dessert that called to me. My eyes darting between cookies and doughnuts and cakes, I was left just like that kid, entirely indecisive but so eager to try every sugary treat in sight.

I figured I'd ask for guidance, and owner Troy Brisard was very helpful in pointing me in the right direction. He said the raspberry square is always a favorite and that the whoopie pies are "to die for," but he was sure to note that no one has actually died from eating them.

I decided to go with a seasonal selection and try one of the apple cider doughnuts. It was so light and fluffy on the inside and had the perfect amount of crisp from the cinnamon sugar

coated outer layer. It's safe to say that I enjoyed this one, and I would have enjoyed a few more if I hadn't recently eaten lunch. They're so light that I'd definitely put away three or four on an empty stomach.

I also had to go for one of the favorites that Brisard mentioned - the raspberry square. First off, it was a big guy and it was thick too, definitely good bang for your buck. The flakiness of the pastry was evident with the crumble it makes as you take each bite. It was incredibly sweet and sugary as you would expect, and that's when the raspberry filling hits you with the tangy and tart flavor. It was much more filling than the doughnut, but just as enjoyable.

To my relief, Baker's Corner also has coffee. It was on the sweeter side, matching all their great treats, and they have a few flavor shot options to go with it like French vanilla, hazelnut

and the seasonal pumpkin spice. It was smooth and I thought it was perfect with just a little bit of cream. Not too sweet with the flavor, but just right.

I swear I didn't eat this in the same sitting as the other treats - but let me tell you about the cheesecake because it was (no surprise here) delicious. It was incredibly rich and creamy and melted in my mouth with every bite. Junior psychology major Molly O'Shea said the taste reminded her of the episode of "Friends" where the cheesecake is so good they're okay with eating it off the floor, saying "that's what I think it tastes like."

Yet another upside to the delicious treats at Baker's Corner: the prices are incredibly reasonable. For the square, the doughnut and a coffee I only paid about \$7. With the apple cider doughnuts running at \$1.50, you might as well just buy half a dozen if you stop by! I

know that when I go back, I won't be able to just buy one. The coffee was a huge upside for me as well because it was under \$3 and still 24 ounces. For the quality and quantity of the coffee from Baker's Corner, it gives other popular campus locations a run for their money.

With all these thoughts running in my head and the sweet tastes still lingering on my taste buds, I sat in my sugar-induced happy place outside Baker's Corner. While I packed up my things ready to head off for class, I watched a lady approach the store trying to corral a group of kids into the bakery. As they filtered in asking if they had ice cream, or what kind of cookies they have, I couldn't help but be jealous that they're about to get to experience the wonder I felt when I first stepped in there, and with that I left Baker's Corner, anxiously awaiting my next visit.

Talking tea with Dr. Jennifer Purrenhage

This past Tuesday, I met with one of my professors, senior lecturer Dr. Jennifer Purrenhage. Dr. Purrenhage, or Jen, or Professor P, is a fantastic professor; while her title is senior lecturer, she does not solely lecture.

It is rare, actually, that she lectures for an entire class period.

I'm a Wildlife and Conservation Biology major, and am taking my second class with Purrenhage. Purrenhage teaches numerous classes for the Department of Natural Resources and the Environment with the College of Life Sciences and Agriculture (COLSA).

Last year, I discovered that she owns a tea business. My family is very particular about our tea—you have to use a certain amount of tea, depending on the tea type and brand, and you have to make it a certain way.

I ordered one of Purrenhage's black teas, Nilgiri Rose, and loved how smooth the tea was mixing with the light touch of rose.

In total, Purrenhage sells 26 varieties of loose-leaf teas and tisanes. The difference between teas and tisanes is the type of plant that goes into the mixture, she explained. Teas incorporate some part of the *Camellia sinensis* shrub. Tisanes have other plants—tisanes are your herbal drinks. She blends the teas as orders come in, so customers al-

ways receive fresh tea.

Her brand, The Tea Alchemist, arose out of some of Purrenhage's other work in teaching meditation. Purrenhage assigned her clients to use tea as a mindfulness practice after meditation was not successful, and blended tea for her clients. The Tea Alchemist developed as clients and friends encouraged Purrenhage to sell her blends.

"It wasn't my intention for that to be a business," Purrenhage said.

With each blend, Purrenhage focuses on intent. The Tea Alchemist's motto is "Drink with Intention." The appearance of the blend, the symbolism of each ingredient, and even the blend's name are all intentional and meant to evoke a certain mood or emotion.

"I just like creating experiences for people," she said.

Developing blends is a creative outlet for Purrenhage, who has tried other, more commonly thought of methods of creativity, such as painting or drawing. "You've got all of these colors and scents and texture...it's this really creative process."

When Purrenhage develops a new blend, her process focuses specifically on holistic intuition. She often first picks a name for the blend, giving her "the type of

spirit" to work towards.

One tea blend is named HOWL, after, in part, the iconic Beat Movement poem. "Howl" was written by Beat poet Allen Ginsberg, and was subjected to a now infamous court case, whose prosecutors wished to censor the vulgar poem.

Wolf Larsen, a stage name for a songwriter and friend of Purrenhage, and the image of wolves howling at the moon, also inspired HOWL. The blend uses flowers, like jasmine whose blooming cycles are related to the moon or night. The spice of cinnamon represents fearlessness, while the blend's appearance reflects a midnight sky.

Towards the end of our conversation, we stopped to drink tea. I drank Unflappable, Purrenhage's newest blend, which was an oolong tea combined with orange peels and petals from the calendula flower, a yellow flower.

Purrenhage placed a generous amount of the Unflappable blend into my mug in a loose-leaf tea strainer. Loose leaf was important—she does not put her tea into portion-size bags. This is for two reasons: for mindfulness, so you can see the ingredients and colors of the blends, and so the tea itself can undergo "the agony of the leaves."

When the tea is prepared,

Purrenhage explained, each tea's preparation process, such as drying or fermenting, will cause the leaves and parts of the tea to shrink. For these leaves to then properly release all the flavors they may contain, there needs to be enough space for the leaves to separate and return to the size they originally were — "the agony of the leaves".

Purrenhage set a timer for the tea to steep; four minutes. She had HOWL, which turned a blood moon color once it finished steeping.

As we waited for the tea to steep, Purrenhage began to speculate on creativity, wondering a chicken or egg question: Does the creativity she uses in her teaching encourage her creativity with tea; or does the process of making tea lead to creativity in teaching?

The two classes of hers I've taken heavily incorporated creativity—my freshman year class had us creating silhouettes of endangered species in marking Earth Day, while this year, my class sketches wildlife and observations we make, along with traditional notes.

As I took my first sips of Unflappable, I focused in on the flavors, just as Purrenhage intended. I tasted sweetness and a light earthy tone. The sweetness was likely caused by the orange

peel, Purrenhage said, with the oolong creating the earthy taste. The sweetness surprised me; we had put no sugar or honey in it.

Having consumed a mug of Unflappable, I know it is a tea to savor.

Knowing also that many people can be hesitant about tea or have not liked it before, I asked Purrenhage for recommendations.

For coffee drinkers, Get Well Grounded "has that earthiness to it" that coffee drinkers may prefer, she said. Get Well Grounded is a pu'erh tea that has rose petals and root of the eleuthero shrub. For those unsure about the flavor of tea, Touch of Grey, an Assam black tea with a few ingredients, including orange peel, is best.

Students interested in Purrenhage's tea can contact her, visit TheTeaAlchemist.com, or stop by the Book and Bar in Portsmouth.

By Jenna O'del
STAFF WRITER

Newsroom Poll: **WORST** Instagram captions



"No caption necessary"- Taylor

***One lowercase word*- Katie**

"_____ tingz"- Josh

"Felt cute, might delete later"- Devan

Any pun- Ben

"Chopped"- Emily

"IYKYK"- Bret

"About last night..."- Caleb

"Sooooo I did a thing..."- Ian

"It's Taco Tuesday" (@kingjames)- Sam

"Thank u, next"- Hannah



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From the *Editor's Desk...*

The Trump conundrum

Expect to hear the phrase “quid pro quo” ad nauseam for the next several months, or however long it takes Congress to formally conclude President Trump’s removal from office, because that appears to be the Republican Party’s main takeaway from his call with the Ukrainian president last weekend.

While many Senate Republicans are rushing to the president’s side, others have voiced frustration about the White House’s release of the transcript in the first place, which has left them to answer for its concerning implications. Sen. Mitt Romney (R-Utah) yesterday found himself subject to a brigade of Twitter insults after expressing worry over the Ukraine news. The U.S. president was among those hurling insults.

Evidently there is no proof of Trump offering goods or services in exchange for Ukraine President Volodymyr Zelensky’s investigation into U.S. Democratic candidate Joe Biden in the transcript. That’s the message Trump and his supporters have parroted since news broke.

Even if this turns out to be a non-impeachable offense, the lengths to which the White House went to ensure its concealment, and its apparent failure at that,

should raise questions. Trump’s change of tone regarding his decision to withhold over \$390 million in Ukrainian aid – from “ensuring there’s no corruption there” to “until European nations agree to provide aid, we’re staying out” – syncs up nicely with the timeline of the last several days.

Just hours before the White House announced its cooperation in declassifying the phone records, the president’s rationale for suspending funds changed considerably. While he’s known to be shortsighted, Trump isn’t careful enough to realign like this on his own. Releasing the transcript prior to doing so would have been devastating for his defense, which, thanks to his sudden epiphony, consists now of quid pro quo. Convenient.

For the speculative type: Is it safe to say, heading into the phone conference, Trump was prepared to withhold Ukrainian aid as collateral until Zelensky cooperated with the Biden probe? And, were it safe to say, would that not count as an exchange of goods and services?

To reiterate, this is not Trump’s typical behavior. Other alleged instances of his collusion with foreign governments that

produced less-solid proof have gone largely ignored by the former businessman, outside of his White House lawn segments and Twitter raids. Cooperating with active investigations is outside of his repertoire. He was comfortable during the several Russian probes either because there was insufficient evidence and he knew that, or he really didn’t collude.

The precedence Trump set in past responses to scrutiny does not align with his actions this week. He may have been caught off-guard by the whistleblower, but he’s been caught off-guard before and pointed fingers at enough others to deflect attention. Releasing declassified documents, cooperating to an extent that actually benefits Democrats, indicates he intends to stay ahead of the allegations like a professional crook.

Accustomed to Donald Trump’s tantrums in the face of controversy, the American people are less likely to believe him when he behaves properly. Now that’s a man who commands respect.

Bret Belden
Executive Editor

Letters policy

We welcome letters to the editor and aim to publish as many as possible. In writing, please follow these simple guidelines: Keep letters under 300 words. Type them. Date them. Sign them; make sure they’re signed by no more than two people. If you’re a student, include your year, major and phone number. Faculty and staff: Give us your department and phone number. TNH edits for space, clarity, accuracy and vulgarity. Bring letters to our office in Room 132 in the MUB, email them to tnh.editor@unh.edu or send them to The New Hampshire, MUB Room 132, Durham, NH 03824.

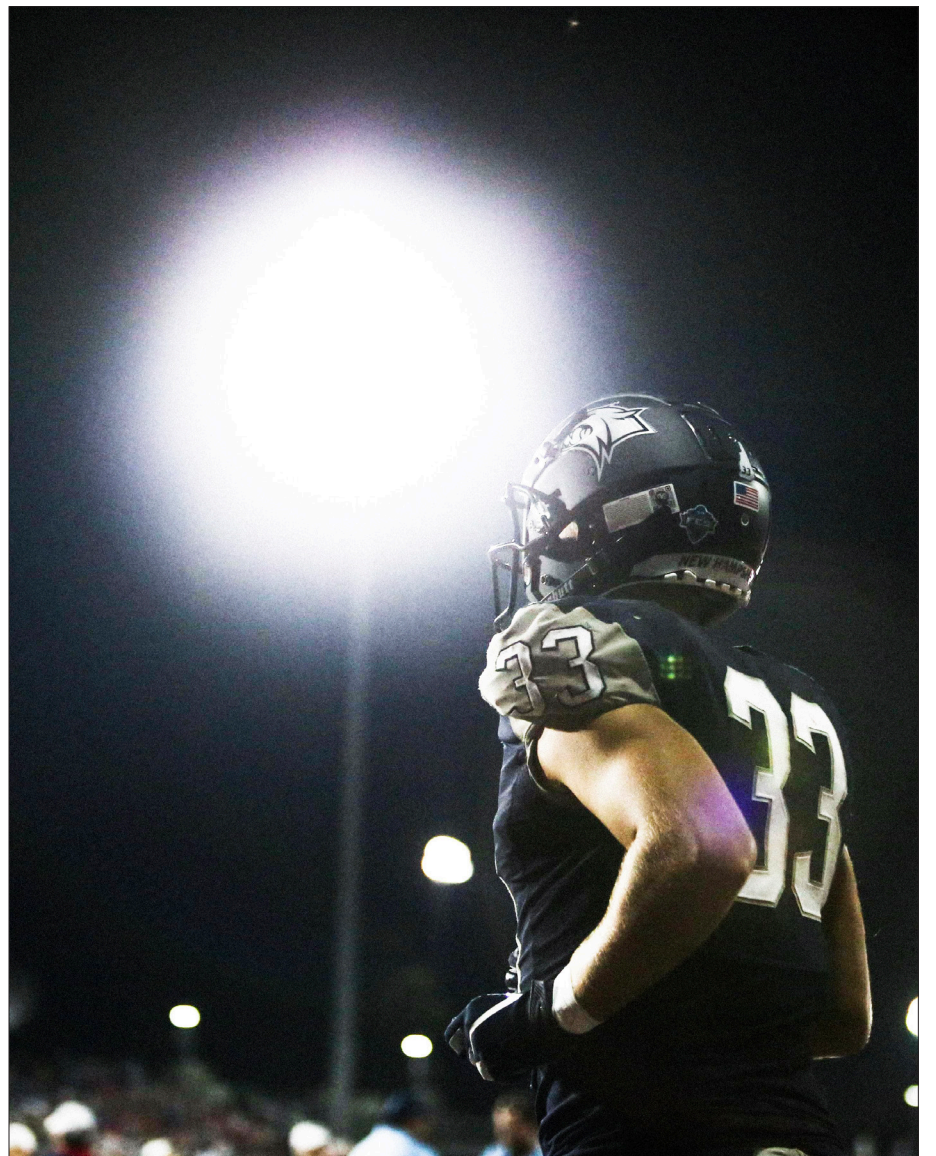
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UNH defeats URI 27-24



JACK BOUCHARD/TNH PHOTOGRAPHER

The 'Cats broke two big plays vs. URI: an 81 yard run and 78 yard catch.



'Cats show resiliency in Maryland Shaky XC performance



JACK BOUCHARD/TNH PHOTOGRAPHER

The volleyball team has 70 serving aces, 107 serving errors and 1.3 aces per set in 2019.

By Sam Eggert SPORTS EDITOR

Following a 2-1 performance at the Tiger Invitational in Towson, Maryland, the UNH volleyball team (10-4) enters conference play with a significant advantage in the America East Conference. Hartford (8-7) currently stands in second place with Albany (4-9) in third place.

2018 America East Champion Stony Brook (4-10) has struggled out of the gate starting conference play in fourth place followed by UMBC (3-9) and winless Binghamton (0-12).

The conference looks a bit different as UMass Lowell cut their volleyball program after going 5-21 overall in both 2017 and 2018. UNH needs to get the better of these six programs for a shot at the NCAA Division I Volleyball Championship.

As for this past weekend's festivities, UNH began their three-game slate with a five-set marathon against Loyola University Maryland (7-7), resulting in a Wildcats victory.

Senior outside hitter Kennedy Smith led the way for UNH, tallying a double-double with 15 kills and 15 assists. Also recording double-doubles were junior setter Emma Patlovich and first-year setter Wren Macaulay. Patlovich had 32 assists and 12 digs, both of which were good for season highs. Macaulay finished the match with 16 assists and 12 digs.

Four of the five sets were de-

cidied by a mere two points, with the second and third sets heading into a brief overtime. UNH won the first, second and fifth sets to seal the deal against Loyola Maryland.

UNH head coach Chris Feliciano was happy with his team's ability to win in five sets. "Any time you win a match I five sets, no matter how you do it it's always rewarding."

The second match of the tournament was against a subpar NJIT team (1-15). UNH dominated against NJIT, winning the three sets 25-12, 25-15 and 25-15. Smith played well for UNH tallying a team-high 12 kills and two serving aces. First-year middle blocker Hannah Crist led UNH with four blocks. UNH dominated the net, recording nine blocks to NJIT's two.

Despite losing to Towson (10-2) in three sets, Sunday's match turned out to be the most intriguing of the bunch.

The 'Cats were destroyed in the first set, losing 25-8. Towson had a hitting percentage of .636 compared to UNH's .000. The 'Cats struggled on the attack and paid for it by finishing on the wrong side of the fastest set of the season.

UNH clawed back in the second set but still weren't victorious, losing 25-17. The Wildcats had 12 kills in the second set, seven more than they did in the first.

The story of the match was the third set. This was another overtime set for UNH, as they showed their resiliency in a 33-31

loss to close out the match. Feliciano was proud of his team's effort despite the steep hill they had to climb.

"Once the team started to believe that it could be done we started playing our brand of volleyball, and that's gritty, all-out, go after it no matter who you put in front of us volleyball. Even though we didn't win the set, we had opportunities to push it to four, and any time you play a team that is going to be ranked top-100, it's going to be a good day."

On the award front, senior libero Emily Tanski took home America East Defensive Player of the Week. She recorded 51 digs last week, averaging 4.64 digs per set. Tanski also recorded a season-high 30 digs in the win over Loyola. This is her ninth career Defensive Specialist of the Week award.

The Wildcats will be in Albany, N.Y. on Friday, October 4 as they take on the Great Danes (4-9). On Sunday, October 6 the 'Cats will travel to Baltimore, MD to face UMBC in an afternoon match.



By Sean Crimmins SPORTS WRITER

UNH Cross Country ran at the Coast to Coast Invitational meet at Franklin Park last Friday. The men's team took 15th place out of 21 teams with a score of 367 points in the 8K. The women's team fared a little bit better, taking 10th place out of 22 teams with a score of 304 in the 5K.

Syracuse won both the men's and women's races with a team score of 67 and 35 respectively. Harvard senior Kieran Tuntivate won the men's race running 23:57.6.

The UNH men's team was led by senior Nicolas Sevilla-Connelly and first-year Forest MacKenzie, their top finishers in the first two meets of the season. The seven-runner average for the men's race was 25:40.0.

Sevilla-Connelly was the first finisher for the Wildcats for the second time this season, capturing 40th overall with a time of 25:10.2, beating his previous best time in the 8K by 33 seconds. MacKenzie finished second for the Wildcats at 54th overall, finishing close behind at 25:20.5 enough to beat his 8K time at the UMaine meet by 23 seconds. It was MacKenzie's second race and 8K of his career.

Junior James Wilkes placed third on the team and 72nd overall with a time of 25:36.7 which is also his personal best. Junior Samuel Lanternier took 100th overall and fourth on the team

running 26:03.1. The Wildcats' men's scoring was capped off with junior Aidan Sullivan finishing 109th overall with a time of 26:13.0, senior Nicolas Brown finishing close behind in 118th overall at 26:18.7, and senior Alexander Saveliev finishing at 26:48.0, taking 138th overall.

Head coach Jim Boulanger said before the meet that he wanted to see where his team is at since they would be running against nationally ranked teams like Syracuse, Arkansas and Washington.

The UNH women's team was led by senior Shannon Murdock who made her season debut. She finished 40th overall with a time of 18:16.9 to start her 2019 season. Behind her was senior Margaret Champagne taking 55th overall with a time of 18:29.5.

Junior Elisabeth Danis got place third on the team and 63rd overall, running 18:36.1, just a second off the time she ran in the first meet of the season.

Senior Madison Quigley finished fourth for the Wildcats and came in 76th overall running 18:48.5. Right behind her and rounding out the scoring for UNH was junior Caroline Mahoney at 80th overall coming in at 18:50.9, sophomore Nicole Yeomans running 18:52.0, taking home 82nd place, and junior Cayla Barretto running 19:08.0 and placing 99th overall. The seven-runner average for the women's race was 18:36.

The Wildcats will be back in action Saturday, October 5 for the Paul Short Invitational in Bethlehem, Pennsylvania.



COURTESY OF MICHELLE BRONNER
(Right to left) Michealla Conery, C. Barretto, E. Davis.

Men's soccer remains undefeated

By Will Sirbono
SPORTS WRITER

The undefeated season continues for the #15 UNH men's soccer team (6-0-2) after a thrilling week of soccer.

Last Saturday, the Wildcats took on the Marist College Red Foxes (2-4) at Wildcat Stadium. Marist was 8-5-5 last year and has not gotten off to a great start in 2019. However, the Red Foxes were able to take the #18 Wildcats into a second overtime.

At the start of the game, the story was that UNH simply could not find the net. The Wildcats were able to get 19 shots off in this game for their second-most on the season. They had eight shots in each of the two halves, then one in the first overtime period and two in the second.

UNH got off to a good start in this game as senior midfielder Antonio Colacci scored on a penalty kick in the sixth minute of the game. The 'Cats controlled the rest of the first half, holding Marist to only one shot on goal. However, in the 47th minute,

Marist opened the second half with a goal of their own, tying the game at one.

Another eight shots weren't enough for UNH as they failed to take the lead before time ran out.

After overtime began, three Wildcat shots went on net before junior forward/midfielder Jacob Gould put in the game-winner for UNH. This was the Wildcats' third overtime game of the year, and the first two ended in ties, but UNH finally came out on the winning side in this game.

UNH didn't stop there though, as they traveled down to Hamden, CT to take on Quinnipiac University on Tuesday. This was a dominant game for UNH. The Wildcats came away with a 3-1 win on a season-high 29 shots (10 on goal), while only allowing the Bobcats to get two shots off, one of them being on goal.

The scoring effort was led by Gould, junior defender Josh Bauer, and senior midfielder Antonio Colacci. Bauer's goal was his first goal of 2019, giving him five points on the season. The goals scored by Gould and Colacci were both their second goals



COURTESY OF UNH ATHLETICS

Senior midfielder Antonio Colacci sends a corner kick into the 18 yard-box on Saturday

of the year; this goal for Colacci raised his point total to six, giving him the second most on the team behind graduate student Fabian Lutz's eight.

UNH begins a two-game home stretch this Friday against Binghamton University at 7:00 p.m. in Wildcat Stadium. After that, the Wildcats will have a

little bit of time off before their October 4th match against Stony Brook University.



Women's soccer starts strong in conference play

By Josh Morrill
SPORTS EDITOR

The UNH women's soccer team (5-4) started off conference play with a bang Sunday afternoon with a convincing 2-0 victory over the hosting UMBC Retrievers (1-6).

The heat would prove to be an obstacle for both squads, as the thermometer surpassed 90 degrees for the majority of the match. UNH head coach Steve Welham acknowledged the taxing temperatures after the game.

"The women did a great job in the really difficult conditions. It was over 90 degrees and we haven't seen that heat since pre-season...we were fine with it because we know we have a deep bench," Welham said.

The Retrievers really struggled out of the gate, as it only took the Wildcats 10 minutes to get into their offensive flow, something that they have been struggling to do as of late.

In that 10th minute, UNH was able to force a free kick. Senior defender Megan Rumbold was the one to step up and take the swing, but her left side upper-90 scoring try was spoiled by sprawling UMBC junior goalkeeper Jade Wilkins, as she made a spectacular diving save.

Wilkins' work was not done,

though. The 'Cats offensive push continued 30 seconds later with a corner kick off the foot of first-year midfielder/forward Whitney Wiley. Her ball perfectly crevassed itself in between two UMBC defenders and landed at the legs of senior forward Ally Reynolds. She proceeded to make the finish look easy and the Wildcats went up 1-0 with 80 minutes still to play in the match.

Reynolds now holds the most points on the team with nine, matching her 2018 total, which also led the team. She has been the main scoring option for the 'Cats since transferring from URI two years ago, and coach Welham has seen great improvement in his senior forward.

"Ally has done a really great job acclimating herself to our team...her biggest improvement has been the ability to take players one on one. She's been able to improve her left foot as well. She has scored a goal with her head (this season) and that's awesome. She's a goal scorer, she just wants to score goals and that's one of the best attitudes you can have," Welham said.

It wasn't until the 27th minute that the Retrievers started to show life, as they were able to squeeze a low cross into the UNH 18-yard box, and senior goalkeeper Cat Sheppard needed to dive and punch the ball to get it



COURTESY OF UNH ATHLETICS

Senior midfielder/forward Kaylan Williams is now third on the team in points with seven

to a safe location, and then had to sprint back to her goal, where she saved a UMBC rebound shot.

Senior forward/midfielder Kaylan Williams was able to get in on the Wildcat action in the 29th minute when she made a quick side step to create space around a Retriever defender and somehow curl a strike into the bottom left third of the net. This individual masterpiece put UNH up 2-0, a score that would stay true until the final buzzer.

UMBC had their final push at the start of the second half, which resulted in sophomore midfielder Danielle Fuentes having a point-blank shot attempt, but she was robbed by a diving Sheppard.

UNH now has four shutouts on the season, as Sheppard completed her second straight with her stellar performance on Sunday. She now has three of the four, as her defense has given her great support so far.

This is now the sixth straight

year that UNH has started off with a 1-0 record in conference play, all of them coming under coach Welham. In these six games they have allowed only one goal, and that came against Binghamton in 2017.

With UNH now starting off 1-0 in the America East conference, they hope to improve upon their record when they welcome Binghamton University to Wildcat stadium this Sunday, Sept. 29 at 1 p.m.

UNH downs rival Dartmouth in 2OT



COURTESY OF UNH ATHLETICS

Senior midfielder Kayla Sliz carries the ball past a defender. She has started all seven games this season, tallying three goals on 20 shots.

By Zach Schneeloch
SPORTS WRITER

The UNH Field Hockey team (4-3) traveled to northern New Hampshire this past Friday for an in-state game against Dartmouth (2-4) in Hanover, N.H.

UNH entered the match with a .500 record of 3-3 after winning their past three games. They looked to extend that streak against their rivals Friday.

UNH started the first quarter very slow and it hurt them early in the game as Dartmouth jumped out quickly to a 1-0 lead just one minute into the game. They were able to score again with one min-

ute remaining in the quarter, pushing their lead up to two goals.

Moving into the second quarter, Dartmouth clearly had momentum but UNH fought back quickly. Just a couple minutes into the second quarter, UNH was able to score as a shot from standout sophomore forward Finn Caron was knocked away only to be swept back in by first-year forward Emily Eckels. UNH closed the gap to 2-1 on Eckels' first goal of her collegiate career. For the remainder of the quarter, UNH continued to ride the momentum as they held Dartmouth to zero shots and recorded seven shots of their own.

Several minutes after half-

time, the 'Cats were able to tie the game up at two apiece as Caron scored on a corner that turned into a scuffle in front of the net. The remainder of the quarter would be rather dull as both teams recorded only a couple of shots on net, with some great defensive plays from both teams.

Midway through the fourth quarter, Dartmouth would grind out a goal, leaving UNH trailing once again. From then on it was all UNH. The 'Cats proceeded to score and tie it up 3-3 five minutes later. UNH was all over the field the rest of the quarter as they recorder five shots to Dartmouth's zero. With under a minute left to play the 'Cats set up a promising

attack, the ball ended up rolling and striking to far left post. The game would move into overtime.

UNH would continue to dominate as they pelted five shots on goal. Halfway through the ten-minute overtime, Caron slipped a shot past the Dartmouth Goalie only to be knocked away in a desperate effort by a defender. UNH would later have another great chance off a rebound, only to be knocked away again by Dartmouth sophomore goaltender Isabella Santucci.

In the second overtime the 'Cats continued to dominate. Closing the game out swiftly, senior midfielder Kayla Sliz pumped a rocket of a shot past the

goalie to end the game and give the Wildcats the overtime win.

Field Hockey has now won four games in a row after starting with three losses to move above .500 on the year.

They will endure a huge test this upcoming weekend as they take on Bryant (0-8) in Providence, R.I. on Friday and #14 ranked Harvard (3-2) on Sunday on Cambridge, Mass. They look to continue their winning streak and potentially move into the top ranked teams in the country with a pair of wins this weekend.



COURTESY OF UNH ATHLETICS

UNH field hockey sits with a 4-3 record after their recent four-game winning streak



Shots: 10
Penalty
Corners: 3
Saves: 13
DC goals:
Katie Person
(1)
Carmen
Baceras (2)



Shots: 26
Penalty
Corners: 17
Saves: 3
UNH goals:
Kayla Sliz (2)
Finn Caron (1)
Emily Eckels
(1)

Brosmer leads 'Cats to first win



JACK BOUCHARD/TNH PHOTOGRAPHER

UNH earned their first win of 2019 following a game-winning 29-yard field goal by kicker Jason Hughes. UNH faces Duquesne next weekend.

By Cameron Beall SPORTS WRITER

First-year quarterback Max Brosmer's 184 passing yards and three total touchdowns led to the UNH quarterback being named the CAA Rookie of the Week. Brosmer was the manufacturer of a 60-yard game-winning drive that propelled UNH (1-2, 1-0 CAA) to their first win of the season. Saturday's victory was also the first career win for interim head coach Ricky Santos.

UNH set the tone early in their home opener – just as Santos mentioned in his mid-week press conference. It only took Brosmer two plays to get his team on the board. Brosmer and senior wide-out Malik Love connected on a 78-yard pass and run just 44 seconds into the game. Love led the way for UNH receivers, ending his night with four receptions, 92 yards and one score.

Love explained how it was nothing more than a simple slant route the team had been practicing. "I just caught the ball, the guy missed the tackle, and it was off to the races."

Early in the second quarter, Brosmer found his way back into the endzone. The quarterback capped off a 16-play, 75-yard drive with a two-yard rush to extend the lead to 14 points.

URI (0-3, 0-2) finally made some noise in the first half when senior wide receiver Ahmere Dorsey completed an 80-yard drive with a touchdown run. The Rams salvaged just the one score in the first half as the UNH defense suffocated URI's offense for much of the first two quarters; including a fourth and inches run stuff on URI's first drive of the night. The unit was led by senior cornerback Prince Smith Jr. who ended the half with nine total tackles.

Smith Jr., who ended the night with 13 tackles still sees room to improve in the back end. The senior mentioned how the secondary needs to be better moving forward.

The UNH offense continued to keep URI trailing in their first drive out of the half. Senior halfback Evan Gray's 81-yard run got the Wildcats deep into the opponent's Red zone. Brosmer and the offense found themselves on the goal-line when fourth down came. UNH opted to go for it, and Brosmer connected with sophomore wide receiver Brian Espanet on a back-corner fade to regain a 14-point lead.

Gray's 81-yard play highlighted a career night for the halfback. The senior gained 123 yards on the ground and has already rushed for 222 yards in just

three games this season. Gray has a chance to surpass his 2018 total of 292 rushing yards in just his fourth game of 2019.

URI junior kicker C.J. Carrick cut the lead down to 11 with a 40-yard field goal. This came with just under five minutes remaining in the third quarter.

Following the field goal, the teams traded interceptions in a matter of three plays. The first of which came at the hands of URI senior defensive back Momodu Mbye. Just two plays later, sophomore safety Pop Bush returned the favor when he took his interception 29 yards back to the Rams' 30 yard-line.

Bush's interception led to a UNH field goal by junior kicker Jason Hughes to start the fourth quarter, giving the Wildcats a 24-10 lead.

A defensive pass interference by senior cornerback Isiah Perkins set up URI for a five-yard touchdown pass to junior Isaiah Coulter. Slimming the Rhode Island deficit to just seven points.

On the Rams' following possession, their offense converted a pair of fourth downs to put themselves in position to tie the game. Junior halfback Zoe Bryant Jr.'s two-yard touchdown run knotted the game at 24-24 with 1:30 to go. This proved to be plenty of time for the UNH offense, however.

Brosmer was surgical from the pocket in the final drive of the game; it took the quarterback just three plays to gain 55 yards and enter the URI red zone. This came after a 41-yard reception to Espanet down the middle of the field.

"It was a great call," said Brosmer. "I was really hoping we were going to call something down the middle of the field because they were playing in Cover-2 and Cover-4 with two high safeties."

Brosmer's composure is something that has been very evident early on in his collegiate career. Love even made note of how [Brosmer] has embraced the leadership role that has been put on his shoulders. Along with Love, Coach Santos had very high praise for his quarterback following his game-winning drive.

"The moment hasn't seemed too big for [Brosmer]. Being a young 18-year old freshman, he's just playing within himself, protecting the football, and he's taking what the defense gives him."

The first-year quarterback only had one thought in his head before leading the final drive down the field.

"I'm going to get the ball down the field no matter what."

The Wildcats then called upon Hughes to close out the game and give the team their first

win of 2019. The junior split the uprights from 29 yards away to halt URI's comeback and put UNH into the win column.

"I try to block out the noise," Hughes noted. "I can't do it without everybody else; you've got to trust that everybody is going to do their job."

The 'Cats will welcome Duquesne (2-1, 0-0 NEC) into Wildcat Stadium on Saturday, Sept. 28. Both teams will be looking to begin a winning streak after slim victories last week.

