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Jill Biden visits as SHARPP celebrates VAWA's 25th

By Benjamin Strawbridge
NEWS EDITOR

The 25th anniversary of the passing of the 1994 Violence Against Women Act (VAWA) on Friday, Sept. 13 called for a special occasion featuring Dr. Jill Biden alongside the University of New Hampshire (UNH) Sexual Harassment and Rape Prevention Program (SHARPP).

Authored by former Vice President and Democratic presidential candidate Joe Biden with the help of then-Rep. Louise Slaughter (D-NY) and signed into law by President Bill Clinton, the federal law gave \$1.6 billion over the course of six years to aid in the "investigation and prosecution of violent crimes against women," according to the act; "automatic and manual" compensation toward victims of sexual violence; and permitted "civil redress in

cases prosecutors chose to leave un-prosecuted." The law also created the Office on Violence Against Women, a part of the Department of Justice, a year later to educate police, judicial officials and victim advocates on sexual violence. The bill has since been reauthorized four times: 2000, 2005, 2013 and this past April.

The 5 p.m. event, held outside the front steps of Wolff House and SHARPP headquarters, saw Biden - a former professor of English at Northern Virginia Community College and the wife of former Vice President and Democratic presidential candidate Joe Biden - lead a short speech on the significance of the bill while also applauding the efforts of SHARPP Director Amy Culp and the organization's members and volunteers for their work to address domestic and sexual

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Benjamin Strawbridge / TNH Staff

Computer science major on monarchy and nobility in Nepal



Courtesy of Shawn Latulippe

By Shawn Latulippe
CONTRIBUTING
WRITER

Ishan Katwal, a University of New Hampshire (UNH) senior computer science major from Kathmandu, Nepal, explained the history of monarchy and nobility in Nepal and his experience when he was six or seven years old during the revolution. Katwal presented his story at last Friday's Cultural Connections event presented by the Memorial Union Building (MUB) and the Office of International Students and Scholars in the Entertainment Center of the MUB.

"Every day we had fear we

could be shot in the streets," Katwal said when he explained what living through the revolution was like.

The Nepalese Civil War was fought between the Communist Party of Nepal (Maoist) and the government of Nepal from 1996 to 2006, which marked the end of the monarchy, Katwal explained. After this, there was substantial political and civil turmoil that is still present today. Additionally, much of the wealth in the country is still owned by a few elites.

Despite the abolishment of the caste system with the monarchy, the ideology of it is still present within Nepal. The Nepalese caste system was a social hierarchy consisting of four broad so-

cial classes: Brahmin, Kshatriya, Vaishya and Sudra. Whichever caste you were thus determined your socioeconomic status.

"Nepal should get rid of the caste system and unite not just as a country, but as a people," Katwal said.

He said he believes it will take two or three generations for the remnants of it to leave Nepal's society. He discussed that although the system is not legal, it is still unofficially practiced where people are still seen as the caste they once were. Katwal discussed Nepal's current politics and said that there are many young people

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Police issue statement on assault

By Sophia Kurzus
STAFF WRITER

The UNH Police Department has reported an alleged sexual assault between 10:30 p.m. – 11 p.m. at the University of New Hampshire (UNH) student dormitory Stoke Hall on Sept. 14.

The victim reported that she was walking down a hallway of Stoke Hall when she was inappropriately grabbed from behind. The victim was unable to identify the suspect's face, however she reported that he was a white male that was at least 5'3". The report was received by the UNH Police Department on Tuesday, Sept. 17,

at 5:30 p.m.

The University of New Hampshire Emergency Alert system issued an email notification reporting the information and reminding students that if they experience any suspicious activity to call 911 immediately. Additionally, UNH provides the specific resources of the University Police Department and the Sexual Harassment and Rape Prevention Program (SHARPP), both can be reached for assistance 24/7.

The UNH Police Department has requested that if anyone has additional information regarding the ongoing investigation to contact them at 603-862-1427.

No issue is too big or
too small for SHARPP to
handle.

SHARPP can be reached

24/7 at

(603) 862-7233

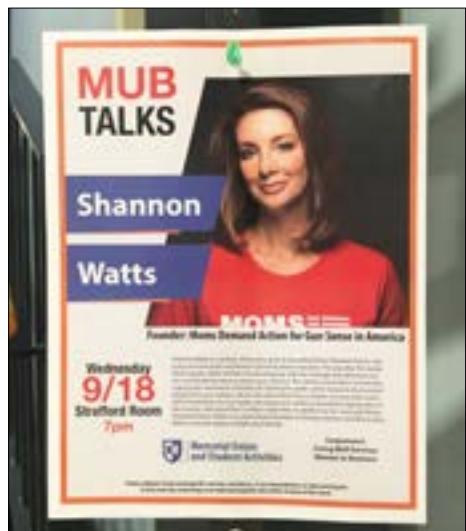


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MUB Talks hosts Shannon Watts



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Gun control activist Shannon Watts, founder of Moms Demand Action for Gun Sense in America, spoke to the UNH community Wednesday.

UNH continues rank amongst most sustainable



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The Sierra Club recently ranked UNH as the fourth most sustainable school in North America (photo courtesy of Sierra Club/Facebook).

Reviewing Crackskulls

Staff writer Madailein Hart recently traveled to Newmarket to visit Crackskulls, a homey coffee shop and bookstore.

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UNH Field Hockey beats Stanford

The field hockey team recently upset #18-ranked Stanford 3-2 on Friday in a hard-fought game.

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What's the Weather?

Sep. 19

69/45
Sunny

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80/59
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Sunny

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82/58
Mostly Sunny

Sep. 24

72/50
Mostly Sunny

Sep. 25

70/54
Mostly Sunny

Weather according to weather.com

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CORRECTIONS-----

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violence, saying that the "women and men of UNH are safer and more empowered because of you and your work."

Biden told a crowd of nearly 30 attendees the story of the VAWA, a story that began in the summer of 1990 when then Sen. Joe Biden (D-DE) and his staff began crafting the bill. At the time, Sen. Biden, the chairman of the Senate Judiciary Committee, was inspecting crime statistics when a surprising figure "jumped out at him:" violent crime perpetrated against men had fallen "drastically" over the last decade, while violence against women had increased.

Sen. Biden also discovered that, per those statistics, one in 10 men believed that it was okay for a man to hit a woman "if she didn't obey him," Dr. Biden said. He also learned from the data that many men believed rape could be "justified" if they took a woman on a date and spent money on her.

"And the surprising thing is, many women agreed," Dr. Biden told the crowd. "Now it may be hard to believe that, even in the 90s, partner violence was still considered...a private family affair. Domestic violence wasn't really talked about; when a woman came to work – and I'm sure many of you...have seen this, with, you know, makeup covering the bruises – her colleagues just looked the other way. People thought, many people thought, that it was impossible for husbands and boyfriends to commit rape."

The data and corresponding revelations led Sen. Biden to hold hearings on sexual violence, where he oversaw cases of women facing blame for such

acts leveled against them. A notable example Dr. Biden recalled was the case of then-model Marla Hanson, who reportedly had her face slashed by Steven Bowman and Darren Norman, friends of New York City landlord Steve Roth, after Hanson rejected Roth's advances. Following the attack, Hanson was reportedly blamed for "being out at night," per Dr. Biden; faced a defense lawyer who "drilled" her about her previous sexual activities on the stand while implying that she was prostitute; and was criticized by her family for moving to New York by herself in the first place.

Dr. Biden added that the hearings also showcased testimony from grassroots organizations that had pushed for a bill addressing domestic and sexual violence for years prior, while various laws across the country that made it harder to press accountability on alleged perpetrators of sexual violence were "documented." The enquiries also encountered a doctor and supposed "expert" who advocated for the other side and claimed that men possessed a "mental switch" that could be triggered by women; the doctor argued that men with a triggered "mental switch" should not be held responsible for their actions because of "their biology," Dr. Biden recalled.

"During that time, Joe began visiting shelters and crisis centers and seeing the desperate need for more support," she said. "He talked to the staff and advocates who sat with survivors every night, which I'm sure all the staff here [at SHARPP] is so familiar with. He used the power of his office to give voice to the voiceless; he took their stories back to Washington; he promised them that he wouldn't let

this go. And he didn't."

Opponents of Sen. Biden's efforts claimed that, per Dr. Biden, abuse should not be punished "so harshly" and that it was a "private" matter. She added that the Department of Justice and Chief Justice of the Supreme Court William Rehnquist also opposed the bill at the time, the latter of whom claiming that women could potentially use VAWA to win more money in cases of divorce.

"Now my husband has always hated bullies. He's always believed, as his parents taught him, that there's nothing more cowardly than a man who abuses his power over his family," Dr. Biden said. "So, after listening to hours and hours of testimony, after seeing the backlash, Joe sat down and he drafted the bill in his own hands; he literally sat down and wrote it."

Despite VAWA failing to garner a single vote in its first year and make an appearance on the Senate floor the following year, further efforts by him and his team to appeal directly to both sides of the aisle and the general public led to a breakthrough in 1994, the year VAWA eventually passed with a vote of 235–195 in the House of Representatives and 61–38 in the Senate. Dr. Biden recalled Sen. Biden, following President Clinton signing VAWA into law, stating that it was his proudest piece of legislation.

In the aftermath of VAWA, Dr. Biden said that the number of cases of "serious victimization by an intimate partner" fell by over 70 percent, aided by the creation of a national hotline that still operates today. In the years to follow, more than \$7 billion worth of federal grants would be given out to shelters and programs like SHARPP to curb sexual violence and violence against women across the country and at campuses like UNH.

Dr. Biden went on to call the university a "trailblazer" on the issue since 1978, the year of SHARPP's founding, as well as one of the "safest schools in the nation" as she praised the community for its efforts to protect women from sexual violence.

"You broke the silence before it was acceptable to most, and you've always understood what Joe has preached for decades, that laws are important, but laws alone won't solve the problem," she said of SHARPP's contributions to the Durham campus and community. "... we need a fundamental cultural change. That means that men have to take responsibility, that bystanders have to step up; it means that all of us need to lift up stories like the survivors of SHARPP and bear witness to this injustice."

Joining Dr. Biden at the event were members of SHARPP and its director Amy Culp, who introduced the headliner and expressed excitement over the VAWA anniversary.

"The passage of VAWA in 1994...has changed the landscape for many victims [and] survivors who once suffered in silence," Culp said prior to introducing Dr. Biden. "Survivors of domestic violence, dating violence, sexual assault and stalking have been able to access services such as SHARPP, and a new generation of families and justice system professionals have come to understand that domestic violence, dating violence, [and] sexual assault are crimes that our society will not tolerate."

Attending students, such as junior political science and international affairs major Avery Judd, spoke similar praise for

the event, VAWA and SHARPP's efforts; Judd said she heard of the event from a friend and was intrigued by Dr. Biden's appearance.

"I think SHARPP is great," she said. "I mean, UNH is one of the safest campuses in the nation and that's, like, a really amazing thing to...feel safe on campus, it's a really special thing and it's not a place that everyone has. So, I think SHARPP plays a really big role in that."

Senior psychology major Hannah Nordstrom, meanwhile, called Dr. Biden's speech "incredible and very empowering." Nordstrom added that SHARPP and acts like VAWA offer "a lot of hope and empowerment to survivors or any person on this campus that is struggling with something personal or just knowing that they have the option to get help if they need it..."

As for the future of VAWA in the wake of the 2020 presidential race, Dr. Biden told The New Hampshire following the event that multiple aspects of the law, such as the "It's On Us" movement against sexual violence created by the Obama administration in 2014 on colleges across the country, would be expanded upon should her husband win the White House next November.

"So just imagine, if we had a president of the United States who stood up and said to everyone, 'we have to be more vigilant, and we have to make sure that sexual violence does not take place on campuses,'" Dr. Biden said. "And so everybody has to join together, and we have to create this cultural change. I mean, how beautiful would that be, to see that all across America, to hear that from a president, our president; something that we could all feel proud of?"

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who are actively trying to change the politics and society of Nepal for the better, but the older people still won't allow them a say in the government.

Then, he smiled at the audience and said that in "10 or 20 years they'll be gone," in regard to older people in politics. When asked about whether the former king, Gyanendra Bir Bikram Shah Dev, will try to take power again, Katwal said that he has retired to a villa, but frequently goes out to parties and has slowly been trying to gain support again.

Katwal said he doesn't believe the former king will become king again, but it's possible that his descendants could become part of the politics in Nepal in the future. Katwal also explained that much of the nobility still have the power and money in Nepal. When someone in the audience asked where the country's tourism mon-

ey goes to, Katwal said almost all of it goes to a few people at the top of society, or the top of the caste system. He said he thinks this will eventually change, but it's going to take a while.

UNH senior mechanical engineering major from India, Debarpan Bhowmick, said this presentation was Katwal's best one yet and that "he answered questions from the heart," which made the presentation much more powerful. Junior history and education studies major Julianne Edwards said Katwal's presentation was "really eye-opening" and that the only thing she knew about Nepal before the presentation was about Mount Everest.

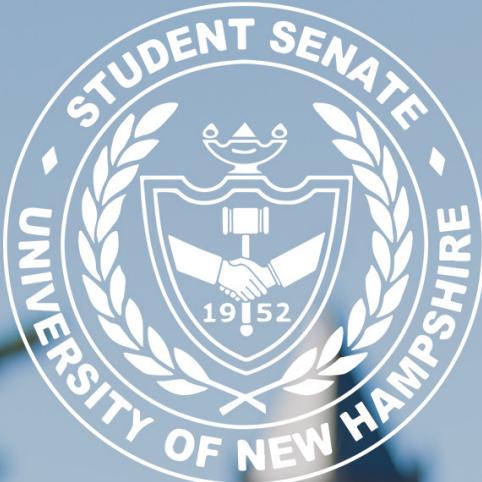
At the end of his presentation, Katwal talked about the beauty of Nepal and the necessity of young people being a part of the politics and government of Nepal.

"To preserve who we are, to preserve our country, we need to be involved," he said.



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Banner background courtesy of Jeremy Gasowski



UPDATE

WITH BENJAMIN STRAWBRIDGE

Sept. 15, 2019 – New Hires, New Rules Kick Off Touted 41st Session

A torrent of new faces, rule changes and words of advice from the Dean of Students flowed through Hamilton Smith 205 as the UNH Student Senate inaugurated its much-anticipated 41st Session, one promised by its own speaker to be the governing body's "revitalization."

In part thanks to a new class of students and U-Day turnout, the Senate on Sunday unanimously approved nearly two dozen new senators representing the majority of on-campus residence halls. The newest campus-based members include Sens. Abby LaRochelle (Alexander), Sam Marcoulier (Christensen 1), Hannah Falcone (Gibbs), Max Sawers (Engelhardt), Jade Haynes (Fairchild), Madeline Strange (Handler 1), Grace McNally (Handler 2, Co-1), Jana Bushway (Handler 2, Co-2), Academic Affairs Chair Jennifer Hargenrader (Haaland), Natalie Haddon (Hetzell), Tyler Brown (Hunter), Paulette Niwewase (Hubbard), Zhiwei He (Lord), Brian Clement (McLaughlin), Georgia Brunnell (Mills), Lucas Blood (Scott), Interim Historian Jack Bradley (Stoke 1), Vincent Pallotto (Stoke 2), Devin Foley (Stoke 3), Catherine Yorke (Williamson), and Daniel Differ (Woodsides).

The same bill also welcomed 10 non-residential senators to the body; these included Michael Brideau (Non-Res. 1), Matt Quirk (Non-Res. 2), Cameron Horack (Non-Res. 3), Meagan McLean (Non-Res. 4), Alyssa Jameson (Non-Res. 5), Allyson Curran (Non-Res. 6), Matthew Seelig (Non-Res. 7), Darcy Drago (Non-Res. 8), Alex Stern (Non-Res. 9), and Emily Hannigan (Non-Res. 10).

When it was not bolstering its roster, the Senate found itself unanimously passing a handful of amendments altering and adapting its bylaws. One of the bills offered revisions to the Student Senate Executive Board - which rebranded itself to Student Senate Leadership – such as prohibiting Senate "leaders" and the Student Activity Fee (SAF) outreach coordinator from holding more than one position within Leadership except when "acting as an interim officeholder," and altering its removal policies to allow the Senate to request the removal of its student trustee or university system representative through a resolution. Another, meanwhile, amended its legislative bylaws to add new definitions for the body's weekly agenda and how resolutions are created, deliberated and passed by the body.

Among all its bylaws, however, it was Article III that saw the most significant change Sunday night when Deputy Speaker/Parliamentarian David Cerullo, Speaker Nicholas LaCourse, Student Body President Allison MacPhee and Student Body Vice President Kelsey Crowley introduced a bill proposing the creation of "commissions," a brand-new subdivision of the body's existing councils. According to the bill, commissions would be established by the student body president with majority approval of the Senate and "within the jurisdiction of an existing Council," where they would serve as "a forum for members of the Student Senate, and other undergraduate students, to collaborate and liaise directly with a university office or official."

In order to formally confirm

a commission, the student body president, per the bill, would be required to bring to the floor its creation and purpose in the form of a bill that would include its name, the council it works under, its chairperson and the "university office or official the Commission is being formed to liaise with;" a commission would be prohibited from collaborating with more than one university official or office at a time.

The Senate would have the authority to manually dissolve commissions by majority vote, or to automatically dissolve them if they fail to meet at least once over the course of six months or have "no Chairperson or interim Chairperson appointed to serve for a period of three (3) months," according to the document.

Cerullo, in his explanation of commissions to the body, said that committees are created under the speakership and do not deal with policy, while councils are created under the student body presidency and directly deal with policy. Commissions, he said, would be like councils but would focus on a more specific set of issues than councils. He said that three commissions are in the works as of now – the dining, police and transportation commissions – and described the Dining Commission in detail as a group of students and faculty created out of the former Dining Committee to address concerns with UNH dining halls.

"We decided to [create] these three commissions [because] one of them has already been existing throughout the past and we just noticed that it was a really effective way to bring about change to the students," MacPhee said in

support of the bill, which passed unanimously. "...it [the former Dining Committee] was really nice because it was just a bunch of students directly meeting with a bunch of administrators, so we didn't have to worry about carrying out specific initiatives all the time; we just had conversations and automatically see things being implemented..."

On the topic of committees, the Senate also unanimously approved bylaw amendments concerning appointments to university committees, which now allow the Student Body President to appoint student representatives to "university standing committees, temporary committees, search committees, councils, the Durham Town Council, governance institutions, and commissions of the University President, and any sub-entities thereof (collectively, "university committees"), with two-thirds approval from the body, according to the amendment bill. Following this, it named several members of the President's cabinet to several university, Town and Faculty Senate committees.

Sunday's meeting saw four bills postponed until next week's meeting; two dealt with the summer logs of both the student body president and vice president, while another two concerning the approval of the Senate's Senior Policy and senior financial advisors were pulled by Student Trustee Cailee Griffin "in the interest of time" and for more time to finalize the candidates.

In addition, Sens. Marcoulier, LaRochelle, Strange, McLean, Sawers, Falcone, Bushway, Bradley, Horack, Niwewase, Blood, Yorke and McNally, and Aca-

demic Affairs Chair Hargenrader were named the Senate's newest SAFC senators, while Sens. Marcoulier, Strange, McLean, Yorke and Stern – along with Allyson Curran, Kiara Austin and Interim Historian Bradley – joined the Judiciary Committee following Senate approval.

Dean of Students John T. Kirkpatrick served as the Session's inaugural speaker as he addressed the body on matters such as mental health services on campus, concerns over student alcohol consumption, efforts to improve diversity and inclusion amongst students and community members, Title IX and adjudicating cases concerning related policies, and describing his roles to newer members of the body.

In addition, Kirkpatrick announced changes occurring at the Office of Multicultural Student Affairs (OMSA), such as its active search for a new director and intentions to upgrade it to a "university center" as it seeks a larger space, as well as a new name built from student input and suggestions. He also hinted at potential plans for a "new student union" to either supplement or replace the current Memorial Union Building, stressing that the current MUB is "not a functional building in 2019 and beyond;" no further details about plans for a new student union were disclosed Sunday.

Following the approval of its new Judiciary Committee members, the Senate ultimately adjourned at 7:33 p.m.

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A day in the lives of CREAM students

By Jenna O'del
STAFF WRITER

It was 4 a.m., last Thursday morning, and the sun wouldn't rise until 6:21. The stars were out, and it was 51 degrees Fahrenheit. A group of students arrived at the Fairchild Dairy Teaching and Research Center at on the west edge of campus, against Route 4. Three of them were enrolled in the Cooperative for Real Education in Agricultural Management (CREAM) course, and the students called CREAMers.

CREAM is a year-long course, academic breaks and weekends included, where undergraduate students actively manage and care for 26 Holstein cows, as well as all the calves born and raised at the Fairchild Dairy—the Fairchild Dairy also houses a herd for research studies that have examined a variety of topics, such as milk production and calf growth.

The CREAM program involves two portions: direct hands-on management and care of the herd, and business management.

The students taking CREAM are not just animal science majors concentrating in dairy management: the three students who arrived for the 4:15 a.m. morning shift were Brianda Mendez, a senior animal science major in the pre-vet program, and Olivia Chaloux and Devyn Enwright, both seniors in biomedical science: medical and veterinary science.

CREAMers join the program for a multitude of reasons, but large animal experience is often key, as it is with Chaloux: "I want to go to vet school. I want to be a large animal vet." CREAM gives her an "opportunity I wouldn't have had otherwise."

The three CREAMers met in the main office, where they switched shoes for boots stored in a locker room. For each shift, of which there are two in the morning and two in the evenin

CREAMers have to be ready to work when that shift starts, Mendez said, not simply arriving to the dairy.

The three CREAMers determined who would take what chore and split up. The first chore with the cows was milking, which Chaloux was in charge of. The CREAM cows were not the only cows being milked, however, and they had to wait for a "string," or milking group of research cows first. Cows do not always produce milk, depending on what stage of pregnancy they are at, with cows in the eighth and ninth months of pregnancy being considered "dry cows" that do not get milked.

The research cows were guided into the milking parlor, where there were 10 different stalls that contained automatic milking machines. As this string was milked, the CREAM cows waited behind a gate at the edge of the milking parlor that could be remotely moved, moving the cows forward when their turn came.

With oversight from one of two full-time staff at the Fairchild Dairy, Leah Caverly, who is a UNH alum and advisor to the Dairy Club, Chaloux began the milking process by "stripping" each cow's teats. Chaloux used a gloved hand to spray some milk from each teat, checking the milk for signs of mastitis, which is udder inflammation. Chunky or bloody milk could indicate mastitis.

Chaloux then put a pre-dip on each teat, a liquid iodine-based disinfectant. This prevented any bacteria on the outside of the teat from getting into the milk. She attached the milking machine that automatically began milking. Each machine had been programmed with the cow's identification number, allowing analysis of an individual cow's milk production.

Chaloux learned how to milk from enrolling in AAS 425: Dairy

Management. Dr. Drew Conroy, a professor at the Thompson School of Applied Science and with the College of Life Sciences and Agriculture, teaches Dairy Management, and is also the professor for CREAM.

Advisors also help Chaloux and other CREAMers learn how to complete chores. These advisors are undergraduates who were part of the CREAM program last year, and assist this year's class for the first few weeks of the fall semester.

The machines milked for on average 10 minutes before they automatically released. Each cow at the Fairchild Dairy, including the CREAM herd and the other milking cows, had made on average 80.7 lbs of milk in the last week, or 9.4 gallons a day.

This average was up a few pounds from the previous week, Caverly explained. "Cows don't like the heat." She said. "Cows like thermoneutral zones, like 40-50°." She noted that the temperature of last Thursday morning "is perfect."

Successful milking production also depends on another factor: "We milk the same every day, do the same procedures...cows really love consistency." Caverly said.

Once all the CREAM cows had been milked, they were returned to their stalls. While Chaloux had been milking, Mendez had put fresh bedding down, cleaned up scattered feed, and cleaned manure into a manure trench. Enwright had put out fresh feed.

Cows, the CREAM herd included, are fed a specialized diet, Enwright explained. Multiple components go into their feed, such as haylage, minerals, and beet pulp. What each cow eats can change, with lactating, or milking, cows eating differently from heifers, cows that have not yet had a calf. The proportions of the different substances in a cow's feed

need to be exact, as errors can harm the cows.

One part of the feed was blood meal, which, Enwright explained, was for the microbes in the cow's rumen. Like many other animals, the rumen contains microbes to help digestion. This digestion is for plant material. Animals cannot easily digest plants, so microbes in their digestive systems ferment it and provide the plant nutrients.

The feed is mixed in a large mixer that will tell the CREAMers and other dairy staff if they need to add more of a substance to the feed. The CREAMers then drive the mixer along the cow's stalls and disperse the food.

With all the chores done, the morning shift had finished by 6 a.m. Chaloux, Mendez, and Enwright checked with each other to confirm the cows had been taken care of. Each CREAM-er is graded by their peers, and collaboration and holding to commitment is essential. If a student misses even one shift, they will see a drop in their grade, no matter how early the shift starts.

Luckily, Chaloux, Mendez, and Enwright had found the adjustment to waking for such an early shift not a great struggle. Mendez noted that it prepares her well for her 8 a.m. class. However, the adjustment can be a struggle for many.

The other morning shift, the mid-morning shift, had begun at 5:30 a.m. The two CREAMers on that shift fed the calves, mixing each calf's individual diet. The mid-morning shift focused on calves, as they would also check and clean out calf hutches, or larger outside enclosures that each held two to three older calves that had been weaned off milk.

Morning shifts, as well as afternoon shifts with the second round of milking for the day, are not all that the CREAM class does. The class meets twice a week for business meetings,

where they break into committees they all rotate through. Committees include a variety of tasks related to the business of managing the CREAM herd, including breeding, maintaining the dairy facilities, and milk production.

Each of these committees have different responsibilities: the breeding committee selects bulls to artificially breed the cows to. "It's like a puzzle," Mendez said of breeding. The CREAMers will select bulls whose offspring have characteristics they are looking to have in a calf. Production, Enwright said, involves examining body condition, such as checking temperature of certain cows at night and cleaning manure.

The CREAMers also have to deal with the emotions of managing live animals. "We're a business. We do as much as we can to keep the cows happy and healthy," Chaloux said.

"You kind of have to know number one, it's a business, number two, the animal world is not perfect like the human world...it can be hard," Enwright said. Chaloux talked of a calf that was prematurely born, and no matter the dairy staff's efforts, passed away.

The CREAMers may also return outside of their required chores to check on their calves and learn more of herd management. Last Thursday, Chaloux stayed beyond the time required for the morning shift, and planned to return to the dairy after class to check the pregnancy of her cow. Each CREAMer pays special attention to an assigned cow outside of the morning and afternoon shift chores.

The time commitment and difficulties of managing a dairy herd does not sway the CREAMers' opinion of the program.

"You are literally responsible for those cows' living [and] wellbeing...it's a real-world type of responsibility," Enwright said.



Courtesy of Jenna O'del/TNH Staff

Boston Museum of Science holds free college nights

By Cynthia Gluck
CONTRIBUTING
WRITER

Young adults flocked from schools across the region to enjoy the second week of the Museum of Science's College Nights Series, taking place each Friday in September from 5 p.m. to 9 p.m.; with a valid student I.D., all students are welcome to visit the exhibit halls for free.

Last Friday, couples giggled over the Spinning Wheel that created a mind-boggling optical illusion. Friends argued over the "Forces at Play" on the seesaw in the Science in the Park exhibit as they tried to balance. A student studying civil engineering showed his friends what he does in the classroom at the Yawkey Gallery on the Charles River.

And Chris McDonnell, a Boston native and senior at Wentworth Institute of Technology, has "come to the Museum of Science a ton of times."

"But you know, being an engineer, this is like, engineering a bridge support, this is literally exactly what I do," he said as he demonstrated how to construct a small model bridge over noisy flowing water.

Accompanying McDonnell were fellow Boston native James Stinson-Cerra, a Wentworth senior, and James Macolini of Kennebunk, ME, a senior at Emerson College. Stinson-Cerra said, "I really liked the electricity theater. I remember seeing it when I was really little so it was kind of cool to come back and see it again."

Macolini also enjoyed the theater. The most interesting fact that he learned was that the frame of the car is what protects one from getting struck by lightning, not the tires.

Like Macolini, Emily Malsch was also struck by the fact that "Lightning can go through rubber...I did not know that." Malsch, a senior at Bent-



Courtesy of Cynthia Gluck

ley University, was planning on visiting the museum before she realized that admission was free due to the series of College Nights.

The Theater of Electricity was packed for its 7 p.m. showing. People lined up the stairs and crowded on both balcony levels as the instructor demonstrated with the world's largest air-insulated Van de Graaff generator. The generator is used to educate the public about electricity and lightning safety.

Ryan Thomas, the Museum of Science's marketing coordinator since March 2017, considers the theater to be "very unique to us and it's one of the iconic things of our museum." It's his favorite permanent exhibit, but currently, he enjoys Gunther von Hagens' Body Worlds & The

Cycle of Life, an exhibit only in the museum until Jan. 5, 2020. The exhibit consists of over 100 preserved human bodies at all stages of life with the intent of promoting good health.

The Museum of Science's press release for the series of events, released on Aug. 28, says that Body Worlds is "the world's most visited exhibit and a unique opportunity to look within yourself." Students can see the exhibit for \$8, a discounted price from \$32 (not including exhibit halls admission). Thomas thinks the exhibit is, "really cool and it's just kind of freaky in a way."

Thomas has been responsible for planning College Nights for three years. For more than 20 years, the event has been scheduled for a single date at the end

of September, but Thomas and the museum felt that a series of events was beneficial. "This year, given that Body Worlds is a unique exhibit that has capacity constraints and given that College Nights events have been a little chaotic...we wanted to create a better experience for students," Thomas said.

In an email, Museum of Science Publicist Amanda Brown reported to have "welcomed thousands of students during College Night" in previous years before the event was extended into a series in 2019.

Thomas' goal is to provide college students with more, and cheaper, access to the museum. An Emmanuel College alum, Thomas did not know of the Museum of Science during his undergraduate years, which he

thinks is, "unfortunate," adding that "all college students should be able to come here and experience it and hopefully have a relationship with us at some point." Thomas hopes that admission for students can eventually be free all of the time.

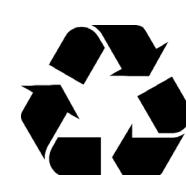
In addition to experiencing the museum as a spectator, Thomas also encourages students to pursue internships through the museum, offered in "a vast variety of fields." Although the museum does promote STEM as "part of [its] mission," there are internships in marketing, public relations, human resources, and always volunteer opportunities. Every internship is paid and includes free admission to all museums in Boston, according to Thomas.

Also in the August press release, Senior Vice President of Marketing Strategy & Communications Todd Sperry said he was "thrilled to welcome new and returning college students back to town!"

Aside from a vast array of exhibits, students attending any of the College Nights are also welcome to see shows in the Charles Hayden Planetarium, Mugar Omni Theater, and 4-D Theater for \$6. Shows include "David Bowie," "Coldplay" and Pink Floyd's "The Wall."



Please



Recycle

Wildcat surfers catch Dorian's waves

By Anna Burns
CONTRIBUTING
WRITER

University of New Hampshire (UNH) students and avid surfers Crowley Gentile and Lars Hamilton took the opportunity to catch some waves when Hurricane Dorian brought high surf and churning seas to the New Hampshire coast last weekend.

Dorian passed well off the coast of New England, bringing clouds and slight rain, but the overhead waves were the biggest sign on our seacoast of the powerful storm that rocked the Bahamas.

Hampton Fire Chief Jameson Ayotte via WMUR warned citizens from getting too close to the swells, and asked that people heed no-swimming ordinances, avoiding the coastline if possible.

So naturally, New Hampshire's local surfers headed straight for it.

"As soon as I saw the hurricane pop up, I tracked it all the way 'till it got to us," Gentile said. The junior at UNH is a local surfer on top of being a member of the UNH Ski Team.

Lars Hamilton, a good friend of Gentile and fellow New Hampshire native shared in the excitement of tracking the storm's ac-

tivity. Hamilton cited enjoying the anticipation and build-up, from seeing the storm pop up on swell models to when it finally brought waves to the coast.

"We just kind of sit with our fingers crossed watching them come up the coast, hoping it stays on a good track to send us some proper surf," Hamilton said. "It wasn't forecasted to be massive, but there was definitely some hype," he continued, especially after a "relatively flat" summer.

The report stayed strong despite the tendency for Cape Cod to block southern swells, and "delivered some heat for NH," Gentile said.

It was about time according to the surfers, who hadn't seen sizeable waves since early spring of last year.

"Surfing here is a waiting game, and patience is key," Gentile said of the inconsistencies of New England beaches. But despite the frustrations of sometimes 2-3 weeks with no swell, "every time you get in the water you get better and the progression is what keeps you going back," he said.

Gentile and Hamilton, friends since kindergarten, have been surfing together for years. Despite being pretty seasoned locals, they still "can barely contain" their excitement each time they paddle out.

Being from New England, people expect someone's choice of adventure to be on the snow. Both Gentile and Hamilton are avid skiers, with Gentile participating in NCAA Division 1 alpine racing and Hamilton frequenting popular backcountry bowl Tuckerman's Ravine. But when they're not staying busy on the snow, you can find them in the water.

Both surfers got their start messing around with friends around the age of 7. Hamilton says that once his parents realized he was "bored of sandcastles" they bought him a board and an old wetsuit and it went from there.

"I always felt a connection to the ocean and nature, and there is something addicting and captivating about how you'll never see the same wave twice" Hamilton said.

Normally when people think of surfing, they imagine the pristine beaches and 80 degree water of Hawaii or the competitive scene of California. But New Hampshire, according to Hamilton, has a much more vibrant surf culture than most people think.

Hamilton said that being a talented surfer is definitely harder here, with the inconsistencies in swell making it hard to get high-level practice in. But, Hamilton says, when they aren't in the water, they stay busy skiing, fishing, paddle boarding and enjoying the ocean, so New Hampshire surfers

are "more amped" than anyone to get out on the waves and never take a good day for granted.

Especially with a hurricane rolling in.

The swell came on Saturday afternoon - a fortunate weekend day where skipping class wasn't even a concern. With the biggest sets coming in the afternoon, the students even got to sleep in. After checking the surf cams, they to a notoriously good spot in Rye called Rye Rocks.

Despite warnings of large swells and rip currents from local authorities, Gentile says that the media "hypes" hurricane waves up and makes everyone thinks they're going to be huge. With experience surfing big waves "double the size" of these, Gentile had no nerves facing the overhead swell, nor did Hamilton. The biggest fear isn't waves or rocks, but other people.

"I've surfed waves bigger, so it was really just a fun and entertaining session" Hamilton said, with most of the nerves being colliding with the crowds out in the water. With waves like this highly sought after and only about 10-20 people "who actually know what they're doing" among almost 40 packing into "one little take off area," the biggest fear according to Hamilton was getting run over by someone in the wrong place at the wrong time.

Despite overhead swell and a crowded break, Gentile had "no scary moments, only good vibes."

The mentality on days like this is making sure the local guys catch the good waves, people are being respectful, and we make it back to the car with a bunch of good rides and no broken boards or bones," Hamilton agreed.

The best part for Gentile was "being out there with all the locals" surfing waves that got bigger and bigger as the day went on. "Hooting your friends into some bombs and getting a few myself was definitely the highlight" Gentile said. The community is one of Hamilton's favorite parts of surfing as well, despite the common attitude of disliking surfing with other people. Hamilton says that he loves sitting out there with friends sharing waves and stories.

Adrenaline pumping, they caught wave after wave until the sun set as onlookers watched and local photographers snapped photos.

"For early September to have warm water, a beautiful day, and firing surf was pretty awesome," Hamilton said.

What was next on the agenda upon return to campus?

Get up at 4:30 a.m. Sunday and do it all over again.

"You can never surf enough to be satisfied," Gentile said. "... it's an endless feeling."

PETER PAUL

WINES

Welcome to

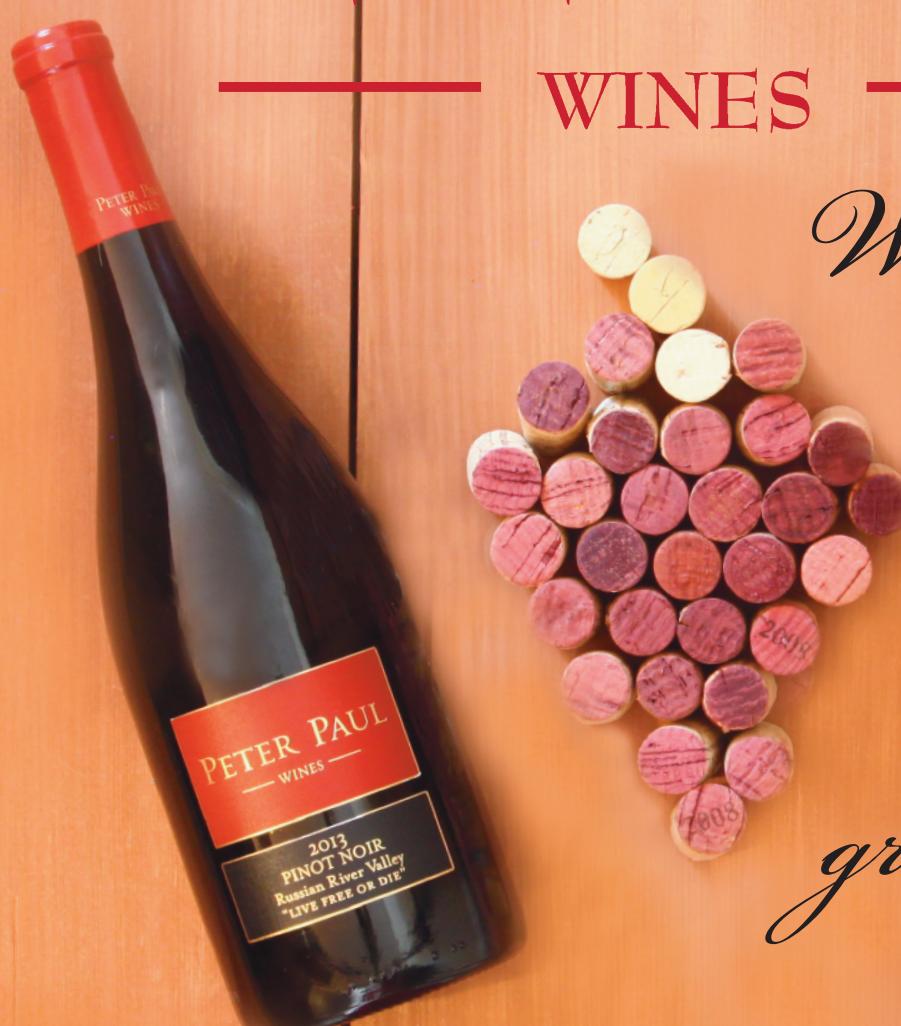
UNH

Here's to a

great school year!

Peter Paul

WWW.PETERPAULWINES.COM



UNH makes spot on Sierra Club's sustainable school list

By Valeria Kholmanskikh
STAFF WRITER

The University of New Hampshire (UNH) is back on the Sierra Club Cool School list.

Sierra Club selected 20 out of 282 most sustainable campuses in the United States and Canada, and the University of New Hampshire (UNH) landed fourth place for 2019.

"At UNH, our community really rallies around sustainability," Colleen Flaherty, the communications coordinator at the UNH Sustainability Institute said. "It's a community value here, and we have faculty, students, staff, community members working on sustainability projects. We, the Sustainability Institute, catalogue those for reporting tool that looks at sustainability."

The Sustainability Institute

does an extensive job of documenting the sustainability aspects of campus life.

"We report every three years [to the Association of Advancement of Sustainability in Higher Education (AASHE)] on our sustainability projects, and it can be, like, how many courses are in sustainability, how do we power our campus, how much trash and recycling do we produce," Flaherty said. "Also, do we pay our staff livable wage? Do we assess our students' sustainability knowledge? We reported in 2017 and we received [the] highest rating available."

Sierra Club looks at the data from AASHE and comes up with their own rating of schools based on specific criteria, such as: transportation, grounds management, water and energy use, and then produces a list of 20 schools with the highest ratings on a yearly basis. Last year for 2018, UNH took the second place on the list.

"The reason we are number four [this year] is that there are other schools... they are doing great things," Flaherty said. "It's not like we dropped, it's more like other schools are doing great work, which is awesome, because we want everyone doing sustainability work."

The Sierra Club's rankings highlight UNH's efforts in making its campus a more sustainable environment.

"UNH has long prioritized environmental stewardship—it's the home of the country's first sustainability office," Katie O'Reilly, Sierra's adventure and lifestyle editor, said. "We're consistently impressed with the school's academic and internship offerings in the eco-sustainability space... Plus, when last October's IPCC climate change report dropped, UNH's undergrad, grad, and faculty senates passed unanimous resolutions to cut greenhouse gas levels in accordance with the UN panel's

recommendations. It shows engagement across every sector of the campus."

Out of many sustainability projects currently in motion all around campus, Flaherty highlighted a few.

"One project we are working on is to make UNH a zero-waste campus," she said. "So, we're in the process of assessing how to go about that. We're also finding that our waste bins are not well-positioned, we don't have a lot of places and there's not a great signage, so we're moving towards more standardized signs for the university."

The Sustainability Institute is also working on making composting a more widespread practice on campus, starting with places like the Dairy Bar and Union Court, which have compostable food containers.

It is an achievement for an environmentally conscious campus to be on the Sierra Club list.

"It means that nationally,

our leadership is being recognized," Flaherty said. "We know that we do sustainability well, and we're always looking to improve those efforts, and we're getting national credit for that. It means that our sustainability efforts are just going to continue to grow."

"It shows that eco-sustainability is a huge priority—if you're on this list, you're paying attention, and you're tracking the data, which helps identify areas for improvement, and set goals and benchmarks," O'Reilly said. "Our hope is that our rankings can serve as a guide for prospective students, current students, administrators and alumni to compare colleges' commitments to environmentalism. It also serves to spur healthy competition among schools, raise environmental standards on campus, and publicly reward the institutions that work hard to protect the planet."

Moms across the country take on gun violence

By Aidan McGrath-Conwell
CONTRIBUTING WRITER

The day was December 14, 2012. Former corporate communications director turned stay-at-home mom Shannon Watts was folding clothes when she started to hear news about a shooting at an elementary school in Newtown, Connecticut. As more details began to be released, Shannon was overcome with emotion, unable to wrap her head around what happened. Sadness turned to anger when the shooting was largely politicized by members of Congress and those who staunchly supported the Second Amendment. She knew that in order to ensure the safety of her five children and children around the country, she must act immediately.

Nearly six and a half years later, Shannon Watts is the tip of the spear in the fight against gun violence in America. She is the founder of an organization called Moms Demand Action for Gun Sense in America, which started as an online grassroots movement and has now grown into an alliance of over 6 million members with one goal: stop gun violence in America.

"It was like lightning in a bottle," Watts said when discussing the beginnings of Moms Demand Action with students and members of the University of New Hampshire (UNH) community on Wednesday night in the Memorial Union Building (MUB) Strafford Room. Watts talked about how fast the movement took off, and how integral social media was in providing a platform to connect moms across the country who wanted to make a difference for the future generations of America. Watts also talked about the instant support she gained from people in power, including calls from Repre-

sentative Carolyn McCarthy (D-NY), a career-long advocate for gun control, and even the White House. Their message to her was clear: the country had too long been deprived of moms like her who strived to change gun laws. However, she knew it would not be easy.

"The beginning was really like drinking from a firehouse," Watts said. She highlighted how her and the other moms within the organization had no experience with activism and not much knowledge about guns and the gun laws in America. All they knew was that something had to be done. In the next few months, Moms Demand Action and other activist groups pushed for new legislation within Congress. Many bills they thought to be "slam dunks" failed to pass, including a largely supported bill that would have required background checks in all 50 states in order to buy a firearm. Surprisingly, many Democratic members voted no to the bill, a shock to Watts and her supporters.

Unsurprising, however, was their reasoning. They referenced the "other side" and how the NRA and how they heard more from those on the pro-gun and Second Amendment side of the argument. She vowed to never let this happen again, but highlighted the importance of failure in any endeavor, and how one must learn and grow from these bumps in the road.

From that point on, Watts and the rest of Moms Demand Action pushed back against the opposition, making a difference in various communities throughout the country. When Starbucks prohibited the use of tobacco products within twenty feet of their stores, Shannon asked, "What about guns? Will you still allow guns in your shops?" When she was told yes, her and others immediately took action. She started the hashtag #SkipStarbucksSaturday, posting pictures online of her and other

moms drinking their coffee at different chains.

"We were more afraid of secondhand smoke than secondhand bullets," Watts proclaimed when referring to the Starbucks situation.

The hashtag instantly caught fire on social media, with moms across America participating in the movement. In the end, Starbucks felt the pressure. Soon after the online initiative, Howard Schultz CEO of Starbucks released an open letter to the American people, proclaiming, "Today we are respectfully requesting that customers no longer bring firearms into our stores or outdoor seating areas – even in states where 'open carry' is permitted – unless they are authorized law enforcement personnel." It garnered mass support from gun safety advocates, and proved to be a major win for Moms Demand Action.

Watts and her supporters continued to fight for gun safety, resulting in many victories for gun control advocates. When Arkansas passed an NRA-supported bill allowing guns on college campuses, Moms Demand Action acted swiftly in making sure it would not go into effect. Ultimately, it was decided that guns would not be allowed inside Razorback Stadium, the University of Arkansas' football stadium. This was a major win for Moms Demand Action.

During the next election cycle, a member of the organization took on the governor who signed the bill, running for his spot. She ended up winning the election, turning the tides of the gun control fight in Arkansas. The victories didn't stop here.

Over the course of the next couple of years, the moms continued to pressure politicians on the local and federal level to take action. Laws in 28 states were passed which disarmed domestic abusers, new Red Flag Laws were passed in 17 states, and among other accomplish-

ments, Moms Demand Action killed over 1,000 NRA bills. In 2018, 17 members of the organization were elected to some sort of public office, ranging from local to federal.

In the 2019 election cycle, Moms Demand Action outspent the NRA, a feat that had never before been achieved. Shannon Watts and Moms Demand Action are still fighting the NRA to try and curb the pro-gun agenda. Though Watts and her supporters have done so much in an effort to quell gun violence in America, they know there is still much work left to be done.

Watts emphasized the importance of education and awareness of how impactful gun safety laws can be, and encouraged the audience to get involved anywhere they can to join the fight against the NRA. There are now over 300 Students Demand Action chapters across the country. She also highlighted the importance of "building the plane while you fly it," because if she had taken the time to learn all she knows now before she started Moms Demand Action, it never would have happened.

"Moms don't give up," she said.

*Want to be
a part of the
magic?*

Come to our
contributors'
meetings!

Mondays at 8 in MUB 132

Baker's Corner sweetens downtown Durham

By Madailein Hart
STAFF WRITER

The first smells that hit customers at the newly opened Baker's Corner on the corner of Main Street and Madbury Road is the sweetness of its display. With an array of freshly made treats, Hershey's Ice Cream, Brooklyn bagels and many others, there is something for everyone who walks through the door.

Students can pick to sit inside or outside -- the inside feels like a homey living room, or relaxing kitchen, with mismatched tables and chairs decorating the space, while art and posters are up on the walls. There are also board games open for anyone to play. The welcoming decor was based on owner Cam Brisard's background as an antique dealer and they wanted "something different; like you're sitting at the kitchen table having something to eat."

Cam and her husband, Troy Brisard, opened their doors during

the summer of 2019 after three years of looking for a storefront. They settled on 1 Madbury Rd because they wanted a location that was "bright, friendly and cheerful," according to Troy.

The couple wanted to be located in Durham because most of their children went through the Oyster River School system, one daughter graduated from UNH in 2017 and their twin daughters are currently at UNH. According to Troy, the twins help out when they can and the two younger boys help out after school and sports, making Baker's Corner a fully family-owned and operated business.

"It's been really fun working with my family," junior mathematics major Sophie Brisard said. "We have had so much support from locals and students and keep getting discovered by people every day."

"Baker's Corner is truly a family business," said Abby Brisard, a junior biomedical science major and Sophie's twin sister.

"Everyone in the family helps out and we all love it! It's great to walk downtown and see your family whenever you want. Everyone in town has been so supportive and we're starting to get the hang of things."

This is the Brisard's first storefront business, although Cam has had practice since 2013 making treats with her business Fantastic Fortune Cookies, which makes gourmet fortune cookies that ship out all over the United States.

Everything in the shop from the raspberry squares, muffins, apple cider donuts and the giant rice crispy treats, are made by Cam in the same warehouse she makes her fortune cookies. Troy says that Cam is "picky on product" and wants to make sure everything is displayed correctly and tastes perfect for their customers. The only things that are purchased are the bagels, which are shipped in from Brooklyn. The couple wanted their store to have a variety of sweets and be

affordable to all students on campus.

"Having children as students at UNH, everyone's on a budget. We wanted to make [the prices] reasonable so people could come in, get a coffee, get a bagel or bagel sandwich at a reasonable price," said Troy.

Along with having many pastries and breakfast sandwiches to pick from, Troy and Cam believe their store is special because of their ability to deliver and have parents send care packages to their stressed-out students.

"Their raspberry squares are amazing and they've done a good job of expanding their options without getting too crazy," senior mathematics major Frankie Ritter said.

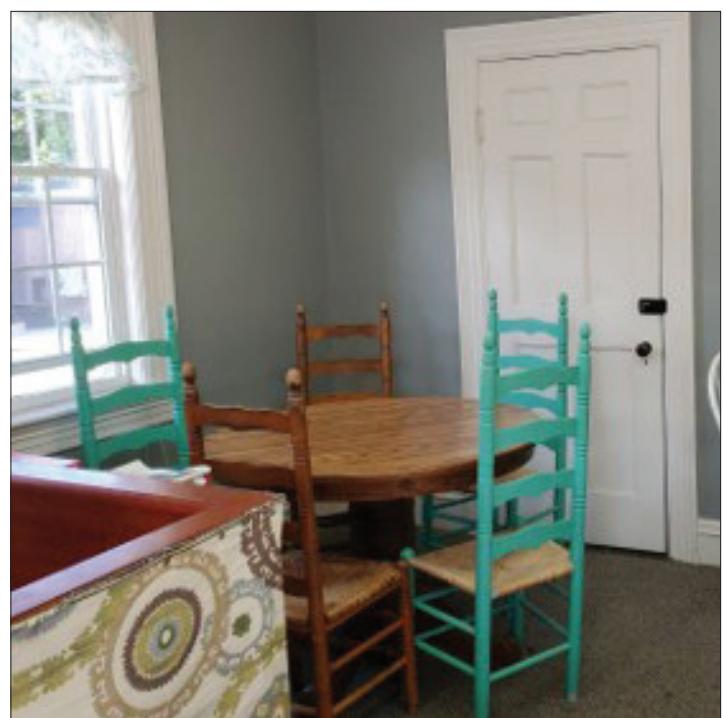
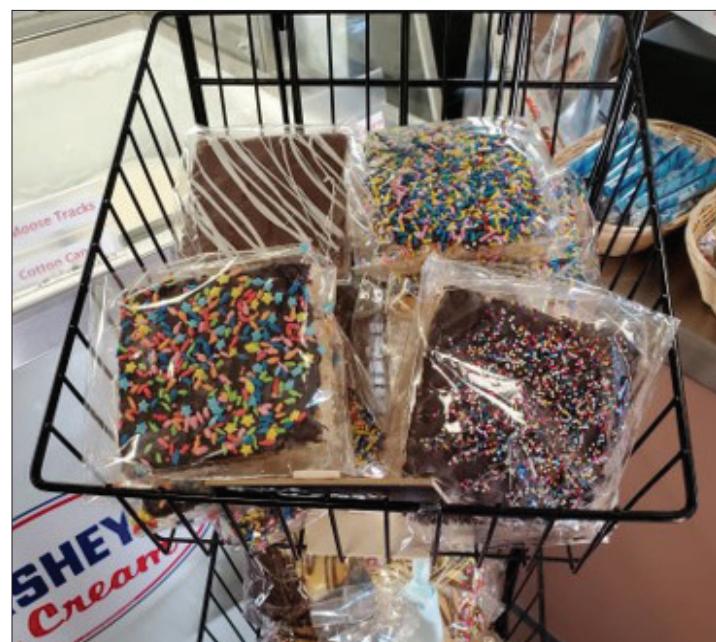
Bakers Corner also has a build-your-own breakfast option, pastries, or cookie platters available for office or group meetings, family functions, or even U-Day tables. One club, Save the Children Action Network, used Baker's Corner cookies to draw

people to their booth.

Since Baker's Corner is still new, Tory and Cam want students and community members to leave suggestions on what they should add. This way, they can get a feeling of what's working, not working, and what students want more of. Troy explained that they are expanding on their breakfast sandwich line and are currently working on a lunch sandwich line, coming in the near fall.

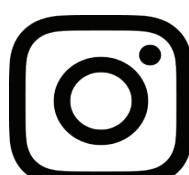
"The students have just been wonderful. Once a group finds us then they just spread the word and they've been extremely loyal. We have people who come in on a daily basis or every other day," Troy said. "If someone just wants to come in and hang out and do homework or anything, then we want that as well."

Baker's Corner is open from 7 a.m. to 5 p.m. every day. For inquiries on deliveries or platters call 603-397-5047 or message them at Baker's Corner Durham on Facebook.



Courtesy of Madailein Hart/TNH Staff

@thenewhampshire



Wildcat Marching Band celebrates one hundred years of performing

By Valeria Kholmanskikh
STAFF WRITER

For the Wildcat Marching Band, 2019 is a truly amazing year. The ensemble's 125 performing members (the highest number in many years) are celebrating the band's centennial year and are preparing to perform at the Philadelphia Thanksgiving Day Parade and at St. Patrick's Day Parade in Dublin, Ireland.

The band's history is gradually becoming a bigger part of its identity. After a little digging with the help of the Dimond Library staff, the Wildcat Marching Band was able to get to its roots.

The first band on campus was formed in 1906 as a ROTC band. As football grew in popularity across the country, a need for a more specialized group to perform at games arose.

"In 1919, a band was formed to perform at UNH football games so we treat that as the formation of what we now know as the Wildcat Marching Band," Director of Athletic Bands Casey Goodwin said.

Since then, the band went a long way to get to where it is now.

"When I started as director in 2006 there were approximately 70 members in the band," Goodwin said, "We grew for a few years after that and hovered right around 100 members for a long time. In the last two years we have grown from 96 to 125 performing members."

For the student performers, the growth in band membership is exciting, too.

"I think it's just awesome that the band is growing and increasing in size," Nicola Elardo, a senior environmental engineering major and band's trombone section leader, said. "We've had a lot more opportunities to recruit through orientations."

There are two big performances ahead of the Wildcat Marching Band this year. The first one, coming up over the Thanksgiving break, is the Philadelphia Thanksgiving Day Parade.

"The Philadelphia Parade will feature the entire band and will be seen by hundreds of thousands, if not millions of people both live and on television," Goodwin said. "We were lucky enough to get enough support from the university and from

donors to cover the costs of that trip."

The second performance is yet another big achievement. During spring break, around 100 band members will be going to Ireland to partake in St. Patrick's Day Parade in Dublin. The trip was planned about five years ago as the commemoration of the centennial, but the participation in the parade was more of a surprise.

"It's been nearly 20 years since the Wildcat Marching Band has traveled internationally, so it seemed like a great reason to head overseas again. Ireland was a great option since knowledge of a foreign language isn't necessary and music is such an important part of the culture," Goodwin said. "The performance in the Dublin parade would be a highlight of the trip but if we weren't selected we would find other performances. Luckily, our application and video led to our invitation to perform from the Lord Mayor of Dublin."

The band is also participating in other events commemorating its 100th year.

"In addition to the trips we are hosting a centennial celebration Homecoming Weekend," Goodwin said, "We have many band alumni as well as four former directors of the band coming back for the football game and for a post-game reception. We have an alumni band perform with us at Homecoming every year but we are expecting this one will be much larger than usual."

Of course, this year's repertoire reflects the importance of the historical moment.

"This year's halftime show is called "Unstoppable: The Next 100 Years," Goodwin said. "It includes 'Uprising' by Muse, 'Feeling Good' by Michael Bublé, 'Don't Stop Me Now' by Queen, and 'Come What May' from 'Moulin Rouge.' We're having a lot of fun with it so far and can't wait to share the full show with the fans."

Reaching the centennial year is a big milestone for any organization, and the Wildcat Marching Band is no exception.

"I think the understanding of our history as a band as we've led up to this centennial year has also made the band members realize that they are a part of something bigger than themselves, and that leads to improved retention and pride in the band," Goodwin said.



Courtesy of University of New Hampshire Bands

Spilling the tea since 1911

UNH community discusses consent

By Alison Eagan
CONTRIBUTING
WRITER

On your next trip to Libby's Bar and Grill in downtown Durham, you may notice a different type of message being advertised on your coaster. It's not the typical beer promo, vodka ad, or even awareness about the dangers of drinking and driving. Instead, you will see a coaster detailing the many ways in which a person can obtain consent in a bar environment.

These coasters are a few of the many ways that the Sexual Harassment and Rape Prevention Program (SHARPP) are spreading the message of getting consent.

"Consent should be present there too," SHARPP Outreach and Training Coordinator Erica

Vazza said. "When we know students are active and drinking in those spaces and we want to get them thinking about this before the situation turns into something different."

A common misconception that students tend to have, according to Vazza, is that they think consent is a formal process, but that is not true in most cases.

"Everyday communication is consensual," she said. "When I ask you if I can borrow \$20, that's consent. It's as simple as that."

Located on the edge of the University of New Hampshire (UNH) campus, SHARPP provides free services and that are designed to not only spread awareness and educate the campus, but to also help students work through a nonconsensual sexual experience.

The first 6 to 8 weeks of a first-year college student's experi-

ence is what's known as the "Red Zone" and about 50 percent of all cases of sexual violence reported on campus happen within these beginning weeks. UNH is no exception to this statistic. According to research conducted by the Rape, Abuse & Incest National Network (RAINN), sexual assault is the crime that is most likely to be committed on a college campus and is often than not reported to the university police.

Vazza says this time of year is crucial to "push the consent message" and target as many students as she can. During June orientation and various other tabling opportunities, SHARPP is always there spreading awareness about consent.

"We do a lot of programming around first-year students specifically," SHARPP Prevention Specialist Zachary Ahmed-Kahloon said.

Per Vazza, a lot of the time, first-year students are not coming in with the right understanding of consent, and that is due to many high schools not having standardized policies on requiring that type of education. In high school and perhaps even earlier, students are already dating or engaging in intimate relationships, but they are not being taught consent.

"We don't try to attack the problem earlier," said Samantha Percuoco, a client services advocate at Haven. "It puts a lot of pressure on college campuses." Percuoco, a senior psychology and justice studies major at UNH, said that during her first year she learned that silence means no. She did not receive any type of consent education until her first semester at UNH.

Haven, the crisis center for the seacoast, provides educational programs to K-12 schools, but in

order to do so the schools must request the program.

Vazza says that children should be learning who to tell and how to tell someone about an experience that they know was not consensual. But many children are not receiving this knowledge.

"How do young kids know that not everyone their age is experiencing this type of behavior?" she said.

SHARPP's involvement on campus hopes to break the barrier surrounding the conversations involving consent. They aim to educate while also providing confidential advocacy to survivors of sexual violence. While it's not always easy to talk about sexual violence, it's important to know the ways in which someone can prevent it, and that may start with a coaster at a local bar.



Courtesy of Alison Eagan/Contributing Writer

Spilling the tea since 1911

This day in *The New Hampshire's* history

THE NEW HAMPSHIRE

THE UNIVERSITY OF NEW HAMPSHIRE'S STUDENT NEWSPAPER SINCE 1911

VOL. 95 NO. 4

TUESDAY, SEPTEMBER 19, 2006

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UNH aims for energy efficiency

Jake O'Donnell
TNH Reporter

This fall, the UNH Energy Task Force (ETF), the Office of Sustainability, and the Department of ResLife will be presenting the first ever UNH Energy Waste Watch Challenge. This competition among the student dorms and apartment complexes looks to serve as both a fun challenge for students and an educational opportunity about reducing energy usage.

The Challenge will run from October 25 to November 22 and will happen again from February 9 to March 9. According to program coordinator and graduate student Chris Skoglund, the competition will aim to have residents reduce their current energy and water consumption compared to their building's average usage over the last three years.

"The energy office has individual building meters for all buildings on campus," said Utilities Contract Manager Matt O'Keefe of the UNH Office of Energy. "We get monthly consumption data for water, gas, electricity, and hot water heat. We will be reading these meters for the Waste Watch Challenge to help with the data collection necessary for comparisons to previous years."

Cash prizes will be awarded to the buildings that achieve the greatest reductions in their usage during that period of time. The prize for first place is \$300, \$200 for second place, and \$100 for third place, and will be deposited in the building's general fund to be used at the discretion of the residents.

To help facilitate this competition, Skoglund and other members of the ETF are attempting to recruit "Energy Captains" in each building. ETF member Erin McMyne feels these Energy Captains will be the driving force behind making the competition a success across campus.

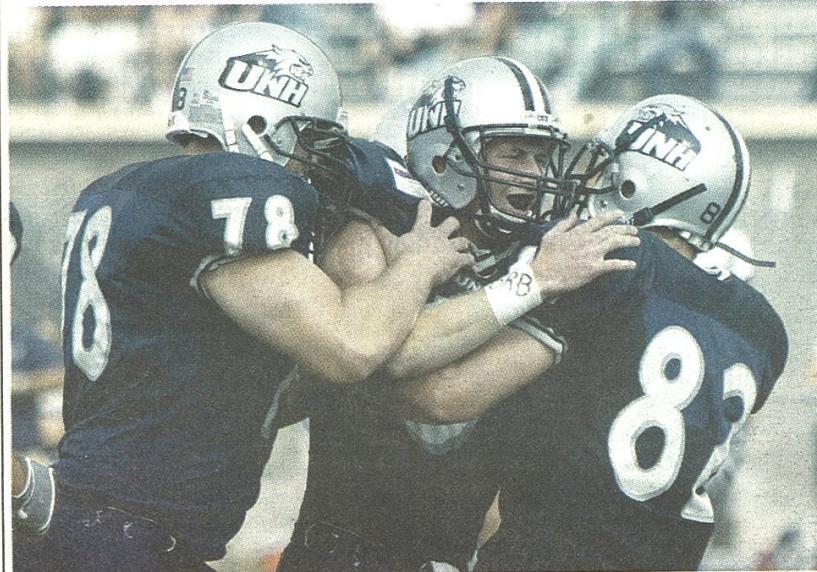
"The goal of the Energy Captains will be to help educate those who live in their building on how to change their behavior," said McMyne. "Like, 'Hey, turn off your lights!' or 'Don't leave the water running while you brush your teeth!' And what their impact is when they do make these changes."

The Energy Captains will also work with their residence hall staff to help promote the challenge in the dorms and apartments, serve as a link between the ETF Challenge Subcommittee and the students and spend about three to five hours a week on Challenge-related projects. The Energy Captains will model responsible energy use and will be "the biggest allies" of the effort, according to Skoglund.

Skoglund says that while other colleges have conducted similar energy-

ENERGY, page 7

Bringing it all back home



Brent Doscher ~ Staff Photographer

Freshman offensive lineman Dan Larkin, sophomore quarterback Hank Hendricks, and senior wide receiver Matt Henry celebrate the seventh of nine UNH touchdowns a minute and forty-seven seconds into the second half. Hendricks, who scored a touchdown on an eight yard run, took over for starting quarterback Ricky Santos in the second half after the Wildcats took a 41-7 lead over Stony Brook into the half. SEE BACK PAGE FOR COMPLETE COVERAGE.

Police prepare to crack down on blue light false alarms

Andrew Spinali
TNH Reporter

The UNH Police Department recently heightened surveillance around areas that have blue light emergency phone systems in response to an excessive number of false alarms last school year.

According to police, there were 236 emergency calls from the intercoms during the last academic year, all of which were false alarms. And just last weekend, there were four false alarms.

"Those phones are in place for students' safety. [The UNH Police Department] takes [every call] absolutely seriously and responds to those false alarms," said UNH Deputy Police Chief Paul Dean. "The concern is that people are abusing something that is there to keep them safe."

Along with being an annoyance, the false alarms threaten students' safety. When someone calls in an emergency from the blue lights, all available officers respond and treat the call as top priority. When a blue light is activated, officers leave their designated spots and hurry to the site. This causes a safety issue because it leaves other parts of the campus unmonitored.

"No one thinks about the ramifications of pushing that button," Dean said. Dean, who is in his second year as the Deputy Chief and fifteenth year with the University Police, believes in

addressing this issue through education.

Instead of catching and punishing offenders as the only means of public deterrence, Dean said that he hopes constant communication between the UNHPD and the student body will bring awareness to the problem.

The UNH Police Department also met with hall directors and resident assistants at the beginning of the semester to discuss the situation and ask for their cooperation in resolving it. All of this falls in line with Paul Dean's belief in "prevention through education."

"If I was a student, I would be outraged that there were 236 false alarms," Dean said. "I would be outraged that someone would falsely distract officers from providing me with a safe environment."

While refusing to list specific locations, Dean did acknowledge that there was trend of false alarms developing at certain blue light sites. Most of the alarms occurred sometime in the evening, normally after 9 p.m.

The UNH Police received a variety of prank calls last year. Some were blatant practical jokes with the offender



Emily Brackett ~ Staff Photographer

UNH police are beginning to focus on false alarms that occur at blue lights like the one seen above.

asking if he or she could order a pizza. However, others were more serious, where the offenders would fake an injury or create a seemingly realistic as-

ALARMS, page 7

Inside

News: See how new construction on McDaniel Road might have an effect on your day.

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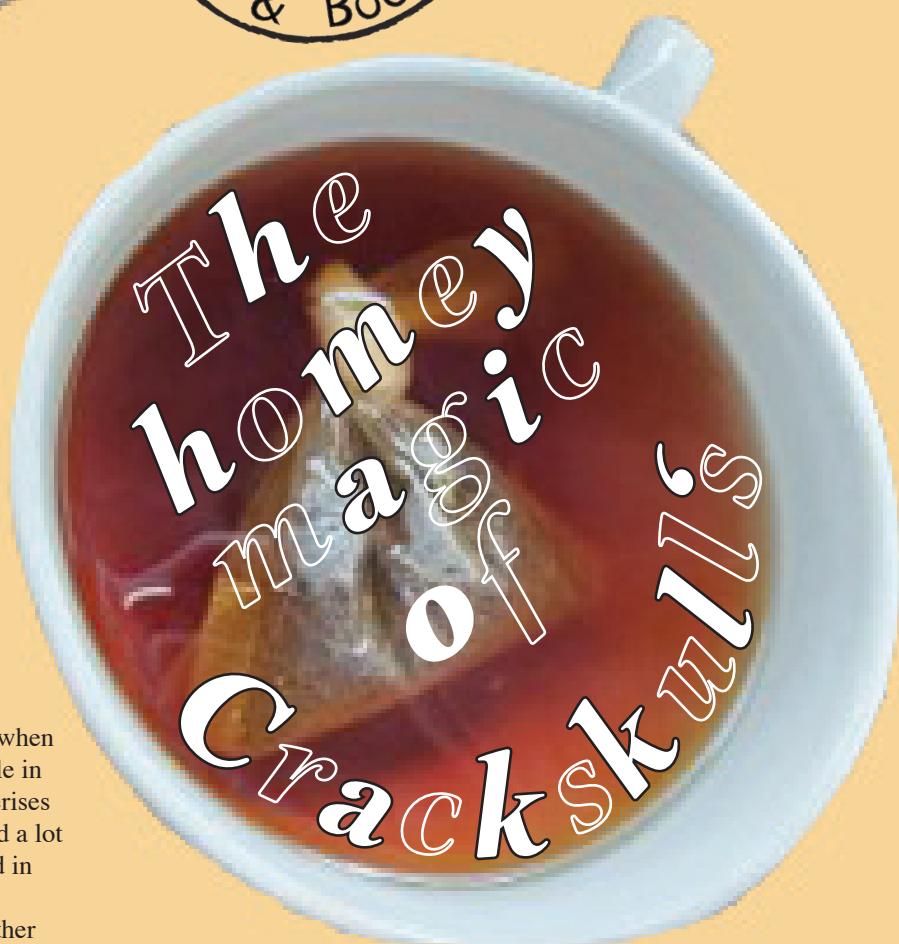
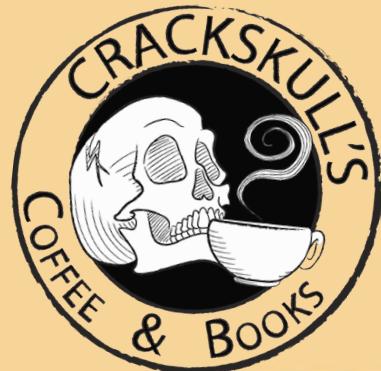
Sports: Field Hockey splits a pair of home games over the weekend against Harvard and Sacred Heart. **PAGE 18**

The ARTS

Caleb Jagoda / TNH Staff

19 September 2019

Madailein Hart / TNH Staff



By Madailein Hart
STAFF WRITER

On a gloomy and rainy day, everyone wants somewhere cozy and warm to go; even better when that cozy place has a selection books, lots of coffee and tons of bakery treats. Crackskull's, located at 86 Main St. in Newmarket, has been a go-to place for nearly 20 years for University of New Hampshire (UNH) students looking for a good read, great coffee or just needing a place to relax and see friendly faces.

Crackskull's opened up in 2000 as a used bookstore. James Kimball, who first opened the store, chose the title Crackskull's because "it's a word not used since the 1800s, and means 'nitwit,'" according to Michelle Lesmerises, the current owner. Lesmerises bought the shop in 2006 when the bookshop and coffee shop were already combined. While she doesn't know why the original owner decided to combine the two, she said, "as a 90s teenager, the thought of owning a used bookstore or coffeeshop was ideal. I worked at both

coffee shops and bookstores, and when I saw that Crackskull's was for sale in 2006, I jumped." Although Lesmerises never finished college, she accrued a lot of experience as a bookkeeper and in the security industry.

Lesmerises is also a single mother whose daughter, Mira, likes to hang around the store and meet the regulars. While Lesmerises explained the initial difficulty of raising a baby and running the store, she said it's become easier since Mira became old enough to help out with work and errands.

"I think she's proud to be a part of this place with me," Lesmerises said.

Students and community members can find well-maintained used books at Crackskull's, where they carry "all types of used books and a small number of local authors' publications." "We also sell used vinyl, Fieldnotes products and

local artwork," Lesmerises said. The books they buy can't have any writing, highlighting or underlining in them, can't have any spine damage, mold or water damage and can't be coverless. They also don't carry magazines, encyclopedia sets, comic books or textbooks.

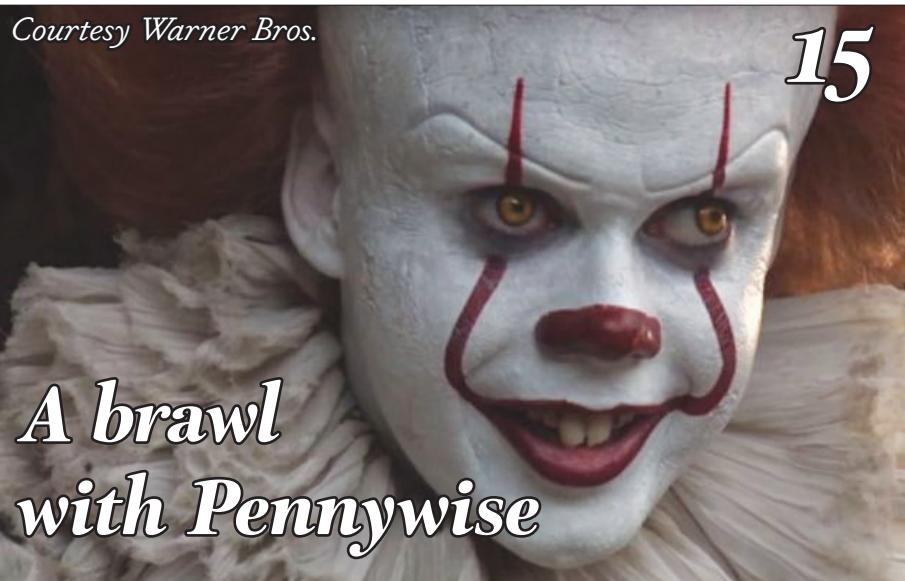
Even though Crackskull's is a coffee and book shop, Lesmerises said she doesn't even think of it as a coffee shop half the time. "It's a living room, it's an art gallery, it's a first date spot, it's a safe space, a political hangout, a writ-

er's den... and yes, we also have awesome coffee and munchies," she said. Lesmerises hosts a new artist every month at Crackskull's, showcasing their work on her walls with descriptions and prices for anyone looking around the room. These works can range from photography to pop-art to paintings.

Crackskull's
Continued on page 15

Courtesy Warner Bros.

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Sam Eggert / TNH Staff

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A brawl
with Pennywise

Chef Sam tackles
Beef Wellington

A spooky experiment: ‘Friday the 13th’

By Zach Lewis
STAFF WRITER

I decided, for science, to undertake a spooky experiment. I watched “Friday the 13th” on Friday the 13th. There was a harvest moon and I had drunk a pumpkin spice latte because I’m an adult and I can make those types of adult decisions for myself. I was terrified that this event could cause a possible singularity. Anything was bound to occur from watching this movie on this date. Would I die? Could this be a Pop Rocks and Coke situation? I’ll end the suspense though... I’m still alive! Maybe, just maybe, it wasn’t a scientific enough experiment. I wasn’t at a camp and it wasn’t 1980. I don’t know if all the variables were met. Perhaps the fact that the drinking age was 18 in 1980 had something to do with the disastrous consequences. It’s hard to tell when you’re almost four-decade-evening quarterbacking a fictional event, but it’s best to leave no stone unturned. All the lights were off in the room too.

For those not in the know, “Friday the 13th” is a pretty OG horror movie. It’s one of the original slasher flicks. “Halloween,” starring Jamie Lee Curtis, had only been released two years before. It was directed by Sean Cunningham and written by Victor Miller. Victor Miller has also won awards for writing soap operas. A fact which should make you re-think day-time drama.

The film takes place at Camp Crystal Lake 20 years after a pair of teenagers setting up the camp were brutally murdered. Not that the brutality makes the murders any worse, but it doesn’t make it better. Anyways, a collection of teenagers is setting up the camp at this future, now past, date when the murders suddenly start happening again. There’s a very good possibility that the mur-

ders are connected but what could be connecting these events? This becomes apparent when you discover the identity of the killer. This is a character the audience doesn’t physically see until the end of the movie. You do get to experience the “Friday the 13th” with the murderer even if you don’t physically see them.

a sinister and creepy vibe that slithers throughout the entire film.

One of the counselors being surveilled is the easily recognizable Kevin Bacon. He’s famous for being separated by six degrees to everyone on the planet, being in the movie “Footloose” and losing his life’s savings in the

most intriguing aspect about the movie. It’s good! It’s suspenseful, scary and it’s shot well. There was definitely a budget. I do not believe the same can be said about the ninth installment of the Friday the 13th franchise, “Jason Goes to Hell: The Final Friday.” Especially since there are two movies after that supposed final Friday.

Anyways, “Friday the 13th” is not an art house film but it’s worth taking the time to watch. There’s a gradual building of suspense that’s expertly done. The teens are warned various times in the film by various authority figures to no avail as well. One component that lends a timelessness to this movie is that it takes place at a camp in the middle of the woods. The absence of smart phones and the internet do not take away from the story like it would if the movie took place in the city or suburbia.

The first installment has an extremely interesting twist that I was not aware of happening either. I won’t spoil that here so don’t worry. I wouldn’t go to the Wikipedia page or it’ll be spoiled in the first sentence of the overview section. I will let you know that there’s archery, a thunderstorm and a game of strip Monopoly. There’s an intertwining of sex and death but the balance is heavily tilted toward the death side of that equation. When will teenagers ever learn?

There’s another Friday the 13th in December so you can recreate the experience for yourself if you’re scientifically minded like myself. It may not be as spooky as one in the fall, but last week technically wasn’t the fall either, so it’ll be just as scary. I’ll need to order a peppermint mocha instead of the pumpkin spice latte but hopefully that won’t change anything. I need to check my calculations.



Courtesy Paramount



The film incorporates an interesting technique to make this possible. Various parts of the film are shown through the killer’s point of view. Sometimes it’s through the bushes while the soon-to-be camp counselor murder victims (or survivors) watched from behind trees. Sometimes it’s through an interaction with a soon-to-be victim. Sometimes it’s in a Jeep. This technique creates

Bernie Madoff scandal. Suffice to say that he actually is a good actor. The other actors’ names aren’t particularly important. I’ll wait, though, if you feel the need to look them up. Go ahead... I don’t mind.

Are you back? Good. Anyways, where was I? Oh yeah, the acting. The acting is good, and the dialogue is believable, and this leads to probably the

Mini pizza tacos to bring the house down

By Evan Edmonds
STAFF WRITER

Do you have a party coming up this weekend? A visit from the in-laws? Maybe you’re looking for a quirky new snack to enjoy while you’re watching the big game? In any case, if you’ve been thinking about expanding your afternoon appetizer food palette, look no further than this quick and easy recipe for mini pizza tacos!

These pizza tacos are a great app for any occasion. A simple and small ingredient list makes quite a few bite-sized snacks, and they’re quick to make, too. Prep time typically hovers between five to 10 minutes max, while both stages of the actual cooking process are five minutes each. If prep work is done ahead of time, it’s as simple as popping them in at half time of any sports game and enjoying them when the action gets going again.

When I say quick and easy, I mean it. Even for someone with “very few cooking skills,” as my girlfriend Hannah says, I have made excellent pizza tacos on multiple occasions, so even the

least experienced chefs can get the best out of this recipe.

First, the easiest part is using a circular cookie cutter to carve out the tacos from the tortillas. These tortilla circles don’t look like tacos yet, I know, but they will eventually. Generally, each tortilla will yield five or so soon-to-be tacos. While I’m cutting these out, I preheat the oven to 400 degrees so it’s good to go when you need it.

In a mixing bowl, swish together garlic powder, oregano and melted butter (this is the most fun part). Once the high-quality mixture is complete, each baby taco goes into the mixture for a quick soak to give it that fresh Domi-

no’s pizza crust flavor.

Don’t get lost at this next part: grab a muffin tin (we are not making muffins, don’t get confused) and flip it upside down. Fold the tortilla circles so they look like tacos and stick them in between each muffin cup. Once all those guys are nice and lined up, the whole thing goes in the oven for five minutes or so. I like to wait for a nice crisp golden-brown look.

Now once they’re out and cooled a bit, I throw in the pizza sauce, cheese and pepperoni. If you’re feeling crazy you can add your own ingredients in, but you might want to play it safe if you’re a first-time pizza taco chef. Once



Courtesy Twisted

they’re all dressed up, they must be transferred into a pan and then put back in the oven for the final cooking stage. It’s just another five minutes or so to get the cheese nice and melty and add that final bit of crisp to the tacos.

That’s the whole thing! With 15 to 20 minutes or so, you can whip up a ton of these tacos. A large muffin tin can make almost 40 at a time! I made them quick for a group of friends during a Patriots game and they were gone even quicker than it took to make them (because they were really good). They’re lovable tacos with the playful one-biteability of everyone’s favorite daytime snack with all the flavor of a classic slice of pepperoni pizza. It’s simple, quick and easy, so give it a try!

Ingredients:

- 5 10" tortillas
- ¼ cup of butter melted
- 1 tsp garlic powder
- 1 tsp dried oregano
- 1 cup pizza sauce
- 1 ½ cup grated mozzarella
- Pepperoni slices

Madailein Hart / TNH Staff



Crackskull's
Continued from page 13

In addition to the art on the walls, Crackskull's hosts Prose, Poetry and Popsicles on the first Tuesday of every month. The event has people reading their own work, sharing lyrics, reading from a novel or just coming to support local writers, poets and lyricists from 6:30 to 8 p.m. This has expanded to PP&P for Pipsqueaks and PP&P for Young Writers, encouraging people of

all ages to explore their literary interests.

The coffee that Lesmerises serves is roasted and purchased from Port City Coffee Roasters in Portsmouth. There are three blends and three flavors available each day, as well as the usual regular, French vanilla, hazelnut and decaf coffees, plus the "Coffee of the Day." For those who want a drink with a little more excitement, Crackskull's offers macchiatos, breves, Italian sodas, chai chillers, mudslide mochas, caramel



spiced cider and many more unique options. This culminates in a variety of beverages enticing a large crowd, ranging from the seasoned coffee drinker to someone just starting to get used to caffeine.

As for the decor, one can't help but look at the armchairs by the big window that looks over Newmarket's downtown, the large floral gray couch that looks like you could melt into or the intimate tables that scatter the main cafe floor. The smell of old books and black

coffee are overwhelming, but in the best sense of the word, giving the customer a sense of comfort and relaxation. It would be easy for anyone to sip coffee, eat sweets and look through old books all day.

Crackskull's Coffee and Books is open Monday from 7 a.m. to 6 p.m., Tuesday through Friday from 7 a.m. to 8 p.m., Saturday from 7:30 a.m. to 8 p.m. and Sunday from 7:30 a.m. to 6 p.m.

Would I survive a night with Pennywise?

By Caleb Jagoda
ARTS EDITOR

"It" has become a cultural phenomenon. The original "miniseries" from 1990 terrified a generation of now-adults with a hilarious/wildly-scary performance from Tim Curry as Pennywise the Dancing Clown and truly atrocious acting from everybody else in the cast (aside from adult Mike, played from Tim Reid, who has amazing quips throughout the movie).

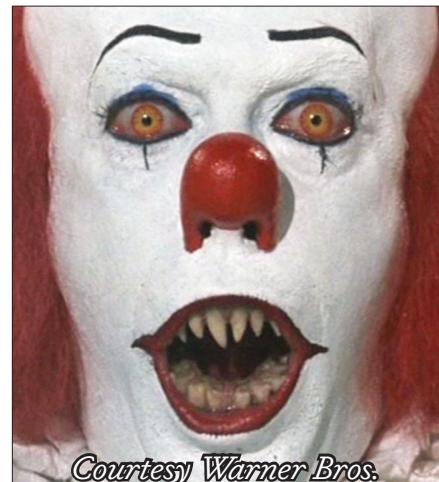
These days, "It" has seized a new generation, playing off both the miniseries and the original source material from what is arguably Stephen King's best work to make a two-part modern horror opus. That opus, though, has questionable results. 2017's "It" was a captivating resurrection, including a scarier-than-ever Pennywise, an outstanding cast playing the kids of Derry's Loser Club led by Finn Wolfhard and resounding box-office success, setting the record for the highest-grossing horror movie of all-time. Yet, it's recently-released sequel, "It Chapter Two," has its fair share of flaws: between a heavy reliance on CGI, a regurgitated plot from the first film and an adult Mike who, instead of being the sole good adult character, is the sole bad adult character with an incredibly two-dimensional role, the film falters a bit from its predecessor.

(SIDEBAR: The one entertaining thing Mike does do is act as Bill's spiritual guide through a *hell* of an ayahuasca trip that brings him to the beginning of the universe, along with the birth of It, so that's something, I guess, if you're into a weird, reclusive librarian slipping a hallucinogenic into somebody's drink to show them some truths, man, that the government doesn't want us to see. Cue Hyde from "That 70s Show": *The gov-*

ernment has a car that runs on water, man! It's got a fiber glass, air cooled engine and it runs on water!)

With that being said, both modern versions of "It" are fun and engrossing and scary, and while the sequel feels extremely Hollywood-ified, we still get Bill Hader absolutely killing as grown-up Richie and Pennywise using his two signature phrases: "Beep beep, Richie!" and "Kiss me, fat boy!"

But now, after a series of run-on sentences, digressions and sidebars



on government conspiracies, we come to the real reason we're here: Would I survive a night with Pennywise the Dancing Clown?

Because there are two versions of Pennywise, let's say I get two heavyweight bouts: one versus Bill Skarsgård's rendition, and one versus Tim Curry's rendition. Our ring is the infamous town of Derry, where a clown nibbles on the hands of children and makes terrible dad jokes to his heart's content ("Is your refrigerator running? Because you better go catch it!" is one of Tim Curry's best lines as Pennywise), and our referee is...uhhh...let's say both versions of Richie, so we can get

Finn Wolfhard and Bill Hader both telling me they had a sexual encounter with my mother as I fend off jabs from a clown with far too many teeth.

In the wise, meditative prose of Sir Michael Buffer: Let's get ready to RUUUUMBLE.

Pennywise the Dad Joke Tim Curry vs. Caleb "Nathan" Jagoda

I would laugh far too much trying to fend off Tim Curry in a clown suit to have any chance of survival. He would



jump around, tell me jokes that are only funny because he's wearing lipstick and trying to kill me, and would take advantage of my real weakness: showing me a picture of grown-up Bill's rat tail in the 1990 "It." His jokes would be too much; I'd find him so hilarious that he'd trick me into sitting down next to him on a stoop and shooting the wind, laughing about our glory days back in the 80s and drinking 40s, shooting some dice and reminiscing of the days we used to run this city. Truly and honestly, it would be too much. Tim Curry kills me from laughter before the sun even sets.

Pennywise the Spooky Bill Skarsgård

Madailein Hart / TNH Staff

coffee are overwhelming, but in the best sense of the word, giving the customer a sense of comfort and relaxation. It would be easy for anyone to sip coffee, eat sweets and look through old books all day.

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vs. Caleb "Nathan" Jagoda

This one would be a little different. Bill Skarsgård's Pennywise isn't funny at all; he's simply terrifying, mostly from the CGI, but also because of Skarsgård's creepy buck teeth and slow, deliberate head turning. Plus, the tactics he uses to scare the Losers Club are bone-chilling: he nibbles on a kid's arm, he crawls out of a projector at over 10 feet tall, he does that thing where he sprints at you and his head shakes like an unhinged maraca. He also has way, way more teeth, and at one point has a mouth that's essentially that of a Godzilla-sized alligator.

But, let's look at Skarsgård's efficiency rating. Sure, he polishes off a couple of people, like the little girl under the bleachers or the half-dead guy that gets tossed over the bridge in the beginning of "It Chapter Two," but how hard were these kills to execute? I mean, really, how difficult were they? Sure, he did eat that little girl in one bite - but she was 5 years old! Aside from style points, how hard is it to kill a 5-year-old? How hard is it to kill someone floating in a river who's already half dead? He's got all the flair in the world, but after transforming to a fanged Clifford the Big Red Dog and only managing to kill one of the adults in the Losers Club, should I fear for my life? I'm not so sure.

I escape this bout by doing ayahuasca with a lonely librarian and letting Skarsgård claw his face for the entire night (which was probably the scariest scene in the movie; he did it as he was putting on the clown makeup and made his face-blood transform into Pennywise's makeup, which was wild. Too bad he only hurt himself doing it and not any of the children he's supposed to be killing).

Beep beep, Richie.

MAD ABOUT BOOKS ★ ★ ★ ★

'Which Brings Me to You' by Steve Almond and Julianna Baggott

By Madailein Hart
STAFF WRITER

"Which Brings Me to You" by Steve Almond and Julianna Baggott shows how two people can connect in very strange ways and how sometimes we feel more comfortable with a stranger than we do with ourselves.

The book follows John and Jane, two people who meet at a boring wedding and end up sleeping together in the coat closet. After the wedding, they find that they might have some chemistry and decide to write to each other to get to know each other. These letters aim for "honesty over seduction," meaning that they each want to know the nitty-gritty of each other's lives, no matter how ugly it may have been. This gave the narrative an almost timeless feeling to it because there was little to no talk of technology throughout, so the reader cannot place them in a particular time period; thus, the relationships that they go through are more universal. Even the way they talk and write could be anywhere from the 1950s to today.

The first chapter is written in John's point of view, mostly about how terrible the wedding was, while the last chapter portrays Jane's point of view, revealing what it is like to be together again in

the flesh. The chapters in between are written as letters, and each character has a very distinct voice. I thought this book was so funny and the way John and Jane

happily or tragically. Jane and John hold nothing back with each other and, by extension, from the reader.

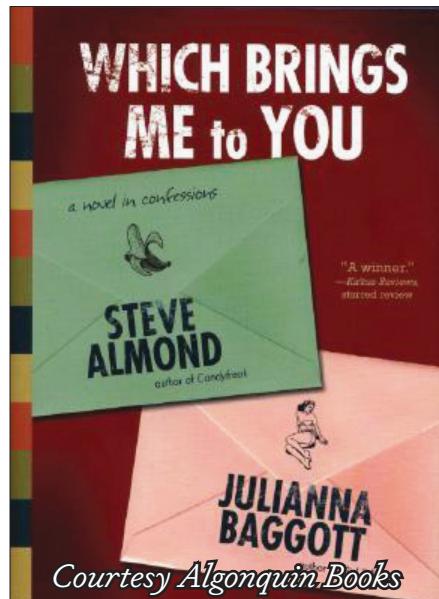
The writers also display an impres-

just was, by god. And isn't that nice?" to lines like, "Time is a track that loops back on itself, where memories rattle like tin trains. How had I been spending my days, but in the whirl of memories?"

I think the reader ends up with a love/hate relationship with both of the characters because they both try to improve but write about the terrible people they were in their younger years, and there's the question of "does your past define you" that flows throughout.

The biggest issue with this novel is simply that strangers hardly ever open up to each other so honestly. These are secrets and confessions that you would maybe tell a best friend or a longtime partner, so the openness, while refreshing, funny, exciting and heartbreaking, is not always realistic.

The ending could be seen as "we should never let anyone know everything about ourselves" or "the only way to connect is to open up." I believe that the decision rests on the reader's mindset. I would highly recommend this book to anyone who likes romance but is tired of its cookie-cutter format, needs a laugh or to anyone who just likes drama.



look back on their lives while opening up was always entertaining and parts of their history could easily resonate with any reader. They talk of family, friends, experiences and most importantly, their past relationships, whether they were romantic or sexual, or if they ended

sive ability to quickly change gears from funny to sad to angry without the reader realizing it right away. So much of the book is about reflection and how much we share with other people. It would go from, "His d***", for example, was just that. It wasn't odd or typical. It

Ramsay blows minds at hypnotist show

By Benjamin Strawbridge
NEWS EDITOR

With a snap, a whim and a hint of audience participation, hypnotist and University of New Hampshire (UNH) alum Paul Ramsay entranced a packed Memorial Union Strafford Room into a night of mind-blowing fun as he led both partakers and spectators on a mental hypnotic journey on Saturday, Sept. 14.

Ramsay used the 9 p.m. event to showcase his signature "Mind Games" to attending students. The format, according to his website, is "the world's first TRULY interactive hypnosis show," made possible by suggestions from the audience aided by technology. In a change from previous shows, he substituted loaned remote controls with the free educational gaming app Kahoot, where students could enter a special pin and participate in polls that would contain a series of options for Ramsay to choose from. He said he switched to Kahoot to allow for less hassle and greater participation.

Following a series of warm-ups, Ramsay hypnotized the crowd into forgetting their first names, instructing them to store it in the far-reaches of their brain where they could not easily recall it until enabled by a snap of his fingers. He then encouraged those who truly felt they had lost their name to

come onstage and be tested to see how deep into the trance they were.

After eliminating a handful of the nearly 20 contestants in his search for the best subjects, the remaining 11 participants encountered a series of activities determined through Kahoot polls, such as a western-style duel, a fight scene inspired by HBO's "Game of Thrones," a bodybuilding contest and a once-in-a-lifetime concert starring the Jonas Brothers.

In an unexpected final act, Ramsay encouraged those onstage to imagine their real-life heroes and embrace feelings of bravery and the ability to overcome life's challenges with a never-before-seen intensity.

"They're yours, and you have the right to use them for yourself, for others, in a way that feels right to you that makes the world a better place," Ramsay told his contestants as Hans Zimmer's soundtrack from 2013's "Man of Steel" roared and bellowed through the Strafford's speakers and the participants rose to embrace a power pose to thunderous applause.

Prior to the games themselves, Ramsay took time to explain to his crowd the truth behind hypnosis, which he said allows people to use their brains in "a slightly different way." Specifically, he said that hypnosis "shifts" one's brainwaves by engaging different patterns and frequencies of activity, which

- alongside alterations in blood flow and activity in different parts of the brain - can be measured in real-time through brain-imaging systems and MRIs.

"And the reason I'm telling you this is I want you to understand, this is how your brain is built; you are naturally built for what we broadly refer to as 'trance,'" Ramsay said. "Trance can take on all different shapes and sizes and experiences."

He reminded the crowd that despite being hypnotized, they would be awake the entire time and aware of their surroundings and senses.

After the show, participants like Brooke Healy expressed positivity toward Ramsay's performance.

"It was really, like, surreal," the first-year biomedical science major said. "I knew exactly what I was doing when I was doing it; I knew it was all, like, hypnosis, it was not like I was in another dimension. But it felt so real at the same time. Especially when I woke up, I felt like I took a long nap; like, I was really relaxed."

Ramsay, a certified hypnotist since 2004, told *The New Hampshire* that unlike most shows he has hosted at UNH in the past, this time around featured a majority of contestants who had never been hypnotized in their life.

"So that was different in what was a good way, a fun way for me; I'm always happy to see people that I've hypnotized

before, but I like sharing it with people [who are] new, too."

Regarding the ending, Ramsay explained that he created that ending over this past summer and said that it was designed to "really give the volunteers a gift that I really think can impact their life in a positive way."

Regarding the future, which for the hypnotist consists of more weekly college shows across the country and a project called "The Fat Hypnotist" that uses his hypnosis skills to tackle body image in a positive way, Ramsay stresses that while his shows are designed to give the audience and community an hour-and-a-half of entertainment in the short-term, they are also made to make his subjects and their observers better versions of themselves for the long-term.

"I really think it's helping people see that they can do more than they think can do," he said. "Hypnosis gives you a way to access more of your inner resources and more of your power so you can do more than you think you can do. And so, if we can get people to do that or be led to think about that through having fun, that's great; but, ultimately, it's not just about the fun for me, it's about [how] I want them to think about that, that they can do more than they think they can."

Crème de la wellington

Lifelong anticipation, unattainable glory, four varieties of mushrooms and buckets of elbow grease meet in Sam Eggert's kitchen for a fiery clash

By Sam Eggert
SPORTS EDITOR

This past summer, I decided to delve more into the world of cooking as I'll be cooking for myself this year at school and for the remainder of my life (barring me making a crazy amount of money where I can hire a personal chef). So, my friend Giovanni and I teamed up and cooked a couple of complex, time consuming dishes. And for those wondering, yes, he's Italian and has the stereotypical cooking skills that come with being from Italy.

We've cooked together before, making pizza a few times, deep fried cheeseburgers (I have photo evidence) and an assortment of other medium-level dinners and desserts. Now, as we entered our senior year of college, we decided to up the ante.

There has always been a dish that we joked about making, but never had the yambags to actually follow through with.

"It'll take too much time"; "The ingredients are too expensive," we both said simultaneously.

That dish is Beef Wellington, the signature dish of should-be Iron Chef Gordon Ramsay. It was June 2 that we decided to tuck our shirts in and do it.

The first step was finding a recipe, which was probably the easiest part of the dish. We chose to work with Gordon Ramsay's signature Christmas Beef Wellington. It felt a little unnatural for me because I'm Jewish, but I rolled with it.

A key to making any dish pop is the ingredients. If you use bad ingredients, the food will not turn out as you may hope even if you follow the recipe to a tee. Luckily for us, Whole Foods is a five-minute drive from where we live. We went and bought one-and-a-half pounds of beef tenderloin, four different types of mushrooms (shitake, cremini, enoki and oyster), Parma ham, puff pastry, English mustard, fresh thyme and a couple more ingredients that should be in everyone's kitchen.

We began the process by trimming the beef, which was also our first mistake. When buying beef from a butcher, it is standard practice to ask them to trim the cut. We did not do that, so I had to do it. It was then that I realized my knife skills were not up to par. We wanted the beef to be in a cylindrical shape, but it ended up with a noticeable divot in the tenderloin. Whatever. Next step was to sear the beef in a pan. This is where I made my second and potentially most costly mistake. I turned my stove all the way up, put some oil in it, got distracted and in a matter of seconds the fire alarm in my house was exclaiming "FIRE, EVACUATE, FIRE, EVACUATE," over and over. Luckily Giovanni intervened and took the pan outside to prevent further damage. I did some breathing exercises to calm myself down, then we got back on track.

I heated up the pan again, payed at-

tention to it the whole time, and seared the beef. When searing it is crucial to sear every part of the tenderloin since it adds great flavor.

We immediately brushed the recently seared beef with one layer of English mustard. The mustard adds a slight tang to the beef, calming the other rich flavors in the dish.

Then came the mushrooms. We threw all the mushrooms into a food processor with a clove of garlic, pinch of salt and two sprigs of thyme. Once ground into a paste, the mushrooms were moved into a dry pan on medium heat. This is the most important part of process, since mushrooms are naturally full of water. Heating the mushrooms evaporates the excess moisture, thus preventing sogginess in the final product. It took 10 minutes to dry the mushroom paste.

Now for the assembly. We began by placing a large piece of plastic wrap on the table. We made sure to use more than we needed, and we ended up using way more than necessary. The first layer was the Parma ham. We layered the ends each slice, eyeing the amount so it would wrap around the entirety of the tenderloin. Next, we spread the mushroom paste to cover every bit of the Parma ham. Next came the beef, which had cooled to room temperature.

Now we had to wrap the Beef Wellington into its cylindrical shape. We rolled the tenderloin like a burrito, tightening it as much as possible. The wrapped beef in plastic wrap was transferred to the refrigerator where it chilled and took shape for 30 minutes. In the meantime, we laid out the defrosted puff pastry onto another large sheet of plastic wrap then laid the unwrapped beef into onto the long edge of the puff pastry. Again, we rolled the Beef Wellington burrito as tight as possible and let it chill within its plastic wrap cocoon for two hours. It is recommended to let it chill overnight, but the boys were hungry.

When the clock struck 6 o'clock, we unwrapped our creation and prepared it for baking. We brushed egg yolk over the entirety of the dough and made subtle incisions to create an attractive design.

We could finally play the waiting game. The oven was ripping at 400 degrees Fahrenheit, and we let it cook for 35 minutes to a solid medium.

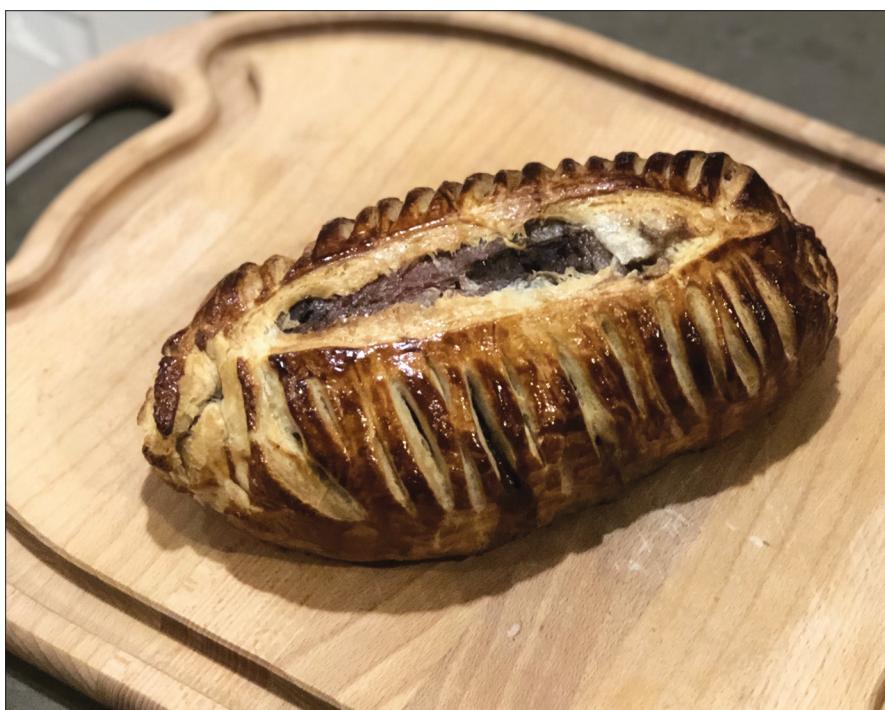
The final product was nothing short of exceptional. Two more of my friends, Eugene and Jonah, came over to taste the final product. We did a brief photo-shoot while it was cooling. My pictures were terrible, but Eugene caught the perfect shot to display our masterpiece.

Giovanni, Eugene and I dug in to our succulent offerings which were nothing short of amazing. Jonah had to sit and watch us chow down since he stays away from pork. I try to do that too, but I'm batting .700 in that department.

I'd explain how it tasted, but I'd rather you find out for yourself.



Photos courtesy Eugene Oh and Sam Eggert



NEWSROOM POLL: DREAM CAR

2015 Scion XB
(mustard)
-Josh

Subaru Outback

-Emily

Jeep Wrangler -Taylor

Volkswagen Golf

-Katie



Volkswagen Westfalia -Devan

Kia Cube (any year -Jan

2005 Ford GT (yellow)
-Sam

Drop-top bright pink motorized razor
scooter (va voom)
-Caleb

1997 Honda Civic (silver, rusted, busted transmission)
-Bret

1990 Lamborghini Countach (25th Anniversary Edition, red or silver,
automatic transmission, of course)
-Ben





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AP

From the Editor's Desk...

Podding Casts

WTF with Marc Maron

Comedian Marc Maron is touted as one of the best interviewers in the game for good reason. He was the first podcaster to host a sitting United States president when he invited Barack Obama to his home in 2015, where they discussed race relations, college and the life of a comedian among other things.

Maron struggled with alcoholism and depression during his 20's and 30's, a combination that formed what he calls an "angry and miserable person." Despite sobering up 10 years earlier, he was on the verge of suicide in 2012 and turned to an interview-style podcast in an act of desperation.

With each new weekly guest, Maron encounters hundreds of personalities but rarely needs to carry a conversation. He asks the right questions and pushes buttons that most wouldn't, but also knows when to back off. He records each episode's solo introduction after the interview and tells his listeners how he thinks it went, always truthful when it wasn't what he expected. In other cases, like when he hosted David Letterman this summer, Maron won't hesitate to spend half an hour talking about the experience before letting you listen to it.

One of the best parts of this podcast is the introduction. The guy talks about whatever's on his mind, which can range between 10 and 40 minutes, and is verbose. Sometimes Maron keeps it light and other times tackles issues that have been bothering him, whether it's spurts of depression, anger, or anything else most of us experience. He gets to the point, always -- and that's what drives it home.

Monday Morning Podcast

Bill Burr releases two episodes a week on Monday and Thursday, the latter of which he's formally titled "Thursday Afternoon Before Friday Monday Morning Podcast" and generally runs about half an hour shorter than its Monday counterpart. His ranting alternates between whatever's going on in the sports world, especially MotoGP, and the mildly offensive.

Burr carefully stresses how little he thinks of political correctness culture and the effect it's having on politics, stand-up comedy, and the everyday life. This is something he talks about at least once a week, and he occasionally ropes his wife into the fray for some healthy argument.

Like Maron, he often discusses what makes him such an angry person, but never with anyone else. The Monday Morning Podcast is a one-man show, and if Bill ever has guests, it's infrequent and consists of topical conversation.

The Monday Morning Podcast is best when its host is alone and tired, because even though he's clearly trying to keep it together, it just doesn't work for the guy. There's no wasted time, either -- Burr jumps into whatever's been bothering him between episodes, and depending on how much, it might carry him through the entire episode.

Ideally, your Monday morning would be anything except Monday morning. A little anger from Burr during the commute is enough counter frustration of getting up early for work.

The Rewatchables

Produced by Bill Simmons and other well-known writers for his site, *The Ringer*, "The Rewatchables" is a podcast for movie-lovers. Three or four hosts choose a movie they've obsessed over and discuss it in segments: Most rewatchable scene, what's aged the worst and which actor reached his or her peak in that role among them.

Despite its identity as a sports website, *The Ringer* does a good job of maintaining flexibility in content. "The Rewatchables" is a perfect example -- Bill Simmons has spent the better part of two decades writing about Boston sports with a pop culture twist, which made his transition to the general entertainment region much more seamless.

The idea is to revisit movies that, if you find them on TV and watch even a minute of it, you'll be sucked in for the remainder. For some people, that's "Die Hard." Others find "No Country For Old Men" hard to walk away from, and *The Ringer* has covered both.

This podcast hits the right notes because the hosts approach it with a less-than-pretentious attitude. It's not often someone can talk about a single movie for more than an hour and not sound like a total ass, but the careful formatting on "The Rewatchables" accounts for that.

Above all, it's just a great way to pass the time in a long drive. None of their episodes are time-sensitive, so you could go back and listen to any episode and get the same experience as tuning into a new one. No matter what you think of Simmons, this is worth checking out.

Bret Belden
Executive Editor

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We welcome letters to the editor and aim to publish as many as possible. In writing, please follow these simple guidelines: Keep letters under 300 words. Type them. Date them. Sign them; make sure they're signed by no more than two people. If you're a student, include your year, major and phone number. Faculty and staff: Give us your department and phone number. TNH edits for space, clarity, accuracy and vulgarity. Bring letters to our office in Room 132 in the MUB, email them to tnh.editor@unh.edu or send them to The New Hampshire, MUB Room 132, Durham, NH 03824.

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UNH loses in Brosmer's debut



COURTESY OF GIL TALBOT

UNH quarterback, Max Brosmer, had a forgettable 50 percent completion percentage on Saturday, but had completions to six different receivers.

By Cameron Beall
SPORTS WRITER

The Wildcats (0-2) lost 17-30 at Florida International University (1-2) in first-year quarterback Max Brosmer's first collegiate start. Brosmer tossed for 224 yards, two touchdowns, and an interception on the rainy Florida night, but a fourth quarter offensive stall kept UNH out of the win column before heading back to the Northeast.

The two teams traded blows in the first quarter, which was started by a successful field goal by junior kicker Jason Hughes, to put UNH ahead 3-0 early. After FIU answered with a touchdown run, the Wildcats regained the lead when sophomore wideout Brian Espanet caught the first

of Brosmer's two touchdowns. Redshirt first-year running back Dylan Laube caught Brosmer's second touchdown early in the second half. The teammates connected on an 86-yard pass and run to give UNH the lead in the third quarter. Along with Espanet and Laube, senior receiver Malik Love was also effective and added 52 yards on six catches.

While UNH had nearly 100 more passing yards than FIU, the Panthers had more than double the number of rushing yards UNH registered. Pacing the day for the Wildcats was senior Evan Gray, as he had 71 yards on just 5 carries, averaging 14.2 yards per attempt. Sophomore running back Carlos Washington and Laube also contributed, running for 40 and 36 yards respectively.

On the defense, senior line-

backer Cameron Brusko led the team in tackles on the day with 10. Sophomore safety Pop Bush and junior defensive end Brian Carter ended their day with eight tackles. Carter also added two tackles for losses.

An errant punt in the fourth quarter would be the nail in the coffin for UNH. After FIU returned the kick for a touchdown to extend their lead to 10 points, UNH couldn't find a groove on offense to mount a comeback before time expired.

Letting the first two games of the season get away from themselves in the fourth quarter isn't something that the Wildcats want to have be a trend. Santos made it a point to mention how finishing out games has to be a point of emphasis for his team moving forward.

"Being on the road is tough, but there's no excuses, we just didn't get it done in the first two (games)," said Coach Santos. "There's no consolation prize, either you win, or you lose. There were some silver linings in our mental toughness, our fortitude, and how we overcame a lot of things. If we continue to build on that going forward, I think that those are things that are going to pay dividends and turn into some wins."

UNH will welcome the University of Rhode Island into Wildcat Stadium for their home opener on Saturday, September 21. This game could be a potential launching pad for the UNH offense. URI sits with a similar 0-2 record, but has managed to give up at least 41 points in each of their first two games. If there is ever a time for

Ricky Santos' offense to work out the kinks, it's this Saturday.

"We want to be the ones to set the tone this week. We want Rhode Island to react to us, and not the other way around like it was last year," noted Santos.

Santos has named Brosmer the starting quarterback for the second straight week, noting that the first-year player has done a good job protecting the football and getting through his progressions. Santos isn't closing the door on redshirt first-year quarterback Bret Edwards playing this week as well, however. Santos says they still are confident in Edwards and he has the potential to see some action on Saturday.

Scores and Schedule

9/14



L 17-30



9/21



VS



9/28



VS



10/5



VS



10/12



at



Field hockey upsets #18 Stanford



JACK BOUCHARD/TNH PHOTOGRAPHER

UNH took over this past weekend, defeating both Stanford and Brown in close games.

By Zach Schneeloch
SPORTS WRITER

The UNH Field Hockey team entered the weekend 1-3 coming off their first win against Holy Cross. Last Friday they had their biggest challenge to date, playing #18 Stanford (5-3) at home.

The game started slowly with a lot of good defense being played. Wildcats first-year goal-keeper Jemma Woods had three saves to keep the first quarter scoreless.

The defense continued into the second as a couple close scores were knocked away by UNH as Stanford started to put the pressure on. With three minutes left in the second quarter, Stanford put the first point on the board as they scored on a low shot to the right side of the net. UNH rallied back late in the quarter, missing a couple close tries including a shot with 30 seconds left that fell just wide of the post.

Keeping the momentum going, UNH quickly pounced in an opportunity. Senior midfielder Kayla Sliz scored first for UNH with a bouncing shot on a pass across the face of the net. Mov-

ing quickly down the field again, UNH was able to score on a goal from sophomore forward Finn Caron just 17 second later to take the lead 2-1 over Stanford.

At the start of the fourth, the 'Cats still held a 2-1 lead over Stanford. Stanford started the quarter quickly, with a corner being turned just wide. Late in the period Stanford would tie up the game 2-2. UNH was able to act quickly as first-year forward Ava Mariani scored on a tipped pass to put the 'Cats up with little time left. With one-minute left Stanford was able to generate a corner. The corner was knocked away by Woods in a great effort. UNH would then clear the ball and not allow the Cardinals to have any chances with the time remaining, securing the win over ranked Stanford, 3-2.

Following the win the 'Cats had Saturday off. On Sunday they were right back at it with another big game against Brown (1-4).

UNH seemed a little slow after the big win and Brown was able to take the lead eight minutes in. Late in the quarter the 'Cats showed life as Caron swept a goal in from first-year forward Emily Eckels.

The second period was rather uneventful until Caron knocked in a goal courtesy of a long pass from senior back Nicky Bajus. This gave the 'Cats a 2-1 lead that they would carry into halftime.

As for the second half, Brown was able to score quickly as they evened the game out at two a piece. It was all UNH after that as they barely missed on a corner. Soon after, first-year forward Jaiden Wittel scored her first career goal with a waist high shot.

In the fourth the 'Cats continued to dominate. Caron scored her third goal of the game off her own rebound. UNH went up 4-2 and rode that lead through the end of the game.

The 'Cats swept the two games at home this weekend to bring them back to .500 on the season. With their 3-3 record they have won their last three and will continue to ride that into next weekend as they will take on Dartmouth (1-3) in Hanover, N.H.

Caron will be a player to look out for this year as she won America East Co-Offensive Player of the Week honors after scoring four goals this weekend including a hat trick Sunday at Brown.



JACK BOUCHARD/TNH PHOTOGRAPHER

'Cats celebrate following a goal in their 4-2 victory over Brown. UNH is 3-3 this year.

XC sweeps UMaine

By Sean Crimmins
SPORTS WRITER

Both men's and women's cross-country went on to sweep UMaine during last Friday's dual meet with perfect scores in both races. The men's team won with a score of 15-45 and the women 15-50.

The men's team took places one through six, with the first five runners scoring for UNH in their first 8K (4.97 miles) of the season. Maine had a lone runner place in the top ten at seventh overall. The Wildcats also had three runners round out the top 10. Coach Boulanger commented that most of the runners in the top 11 set new personal bests.

First-year runner Forest Mackenzie got it all started for the Wildcats, finishing first overall to win his first collegiate 8K with a time of 25:45. Juniors Aidan Sullivan and James Wilkes finished second and third with times of 25:56 and 25:58 respectively.

Rounding out the scoring for the Wildcats was senior Nicholas Brown and first-year runner Aidan O'Hern coming in at nearly the same time with times of 26:11 and 26:11.2 as they raced each other in the final stretch. O'Hern had a great finish to his race, jumping up from 16th to fifth place in the last mile. Samuel Lanterrier was the last of the string of 'Cats to finish concurrently, finishing with a time of 26:15.

It was a great showing for the Wildcats, as they won decisively

in a meet against a rival in-conference team.

"The kids stuck together as a team. I think we threw the number one Maine kid off with the fact that there were six guys around him at the mile mark, two-mile mark and three mile mark, and no one was dropping off," said coach Boulanger.

The women's 5K (3.11 miles) race went mostly the same, sweeping the Black Bears for the second year in a row. UMaine did not have their first runner finish until the ninth spot. Leading the Wildcats was senior Margaret Champagne, who made her season debut with a time of 18:58. The next four runners all finished within a few seconds of each other. Leading that pack was senior Michaella Conery at 19:10, followed by junior Cayla Barreto at 19:13, senior Morgan Sansing at 19:15 and sophomore Nicole Yeomans at 19:18.

Although they did not contribute to the score for the Wildcats, senior Madeline Quigley, and sophomores Elenora Olsmats, and Lauren Dean finished seconds apart to push UMaine back on the score sheet, as they occupied the sixth, seventh and eighth positions.

The Wildcats will be back in action Friday, September 20, at Franklin Park in Massachusetts for the Coast to Coast Invitational meet. That race will have 180 runners starting on the line and coach Boulanger wants the team to get off to a quick start in that race.



COURTESY OF UNH ATHLETICS
Meg Champagne won UNH Performer of the Week.

Follow @TNHSports
on Twitter for live
game coverage

Women's soccer splits weekend



JACK BOUCHARD/TNH PHOTOGRAPHER

Senior Liz Lane (left) scores a goal on Army West Point goalie Sydney Cassalia. Lane had four shots on goal as she converted her first goal of 2019.

By Josh Morrill
SPORTS EDITOR

The UNH women's soccer team (4-4) went to battle in Hanover, N.H. this past Thursday against their in-state rival, the Dartmouth College Big Green (5-1).

The theme in every Wildcat game has been their defense and goalkeeping, and that was no different against Dartmouth. While these aspects have been a large part of UNH's success thus far, they will look to limit their usage as much as possible.

The Big Green came out with a determined mindset as they accumulated two shots on net in the first 10 minutes of the half but had multiple other promising scoring opportunities.

Senior midfielder Kaylan Williams struck back in the 11th minute when she took two defenders with her into the 18-yard box, but ultimately misfired with her shot into the Big Green defense.

UNH started to gain some offensive momentum at this point in the match, but after first-year

forward/midfielder Whitney Wiley sent an errant cross to senior forward Ally Reynolds in the 18th minute, the Dartmouth attack was back in business.

Evidence of this came in the 22nd minute when UNH sophomore goalkeeper Cat Sheppard fumbled and eventually redirected a 35-yard Dartmouth free kick to another Big Green player's feet, but she was unable to capitalize on the chance. This was the final major scoring opportunity for either squad in the first 45 minutes.

Play was back-and-forth in the second half until 75th minute when senior midfielder Liz Lane was fortunate enough to gather a muffed clear attempt by Dartmouth junior goalkeeper Mariel Gordon. Lane only had Gordon to beat, but both she and the ball got caught up with her counterpart before she could fire a shot on net, leaving the golden chance unsuccessful.

From there on, the Big Green flexed their offensive muscles on UNH's stout defense. The Wildcats were able to hold on by denying multiple Dartmouth scoring chances, but with just two minutes left in the rock fight, senior for-

ward Mollie McGorsick was able to get just enough on her shot to squeak it by the UNH goalkeeper.

The last-minute goal was a spear to the heart for Wildcat players and fans alike, and despite the apparent frustration, UNH Head Coach Steve Welham is still looking at the bigger picture.

"We play an incredibly tough schedule... Dartmouth is outstanding. They have already knocked off two ACC teams, and the ability to take a team that deep, it's a big deal," Welham said.

When asked about relying heavily on the defense and the lack of scoring production to this point in the season, Welham had nothing but praise for his players and credit for their opponents.

"Sure, we want to get goals, we know we can compete with anyone, and if we score, we have a shot against anybody...but, it's really hard to score against any of the teams we play," Welham said.

On the heels of the tough loss to Dartmouth, UNH had to take what they learned in their excruciating loss and apply it to a better effort against Army West Point (3-3-2) last Sunday afternoon.

The Wildcats didn't get the

start they were striving for, as the Black Knights were the better team early on.

Junior defender Emily Torres got the first scoring opportunity when UNH was called for a handball in the box. The ref blew the whistle, she took four steps and proceeded to send a shot wide left of the net.

Lane fired back with a chance in the 17th minute when she got a breakaway after a picture-perfect feed from junior midfielder Sofia Borea, but the attempt ended in a save from junior goalkeeper Sydney Cassalia.

UNH kept their scoring push going with senior defender Caroline Wysocki crossing a centering pass to Lane, where she managed to tip the ball in Cassalia's direction and eventually cause it to roll through her legs into the net.

Welham was glad to see Wysocki get on the score sheet, and he hopes that she will stay consistent for his squad all season long.

"She has been a positive leader on the field and in training. She looks to get more time and she is working really hard every day," Welham said.

Lane's score turned out to be the lone goal of the game as Army's sophomore forward Trinity Garay was able to muster up a chip shot that clanked off of the crossbar in the 63rd minute, but it was smooth sailing for UNH's defense otherwise, cruising to a 1-0 win.

UNH's senior class is by far the most productive and relied upon on the team, and Coach Welham has high hopes for them for the rest of the 2019 season.

"This class really wants to go out on a high note. They already have a conference championship under their belt in 2017...and this is their last first conference game ever and I think they are ready to lead the team," Welham said.

UNH starts conference play on the road this Sunday, September 22nd against the University of Maryland, Baltimore County at 2 p.m. The America East has multiple powerhouses that the Wildcats will have to overcome, including Stony Brook (4-3), Hartford (3-4-1), and UAlbany (3-3-1), so their challenging non-conference opponents early in the season will most-likely pay dividends.



JACK BOUCHARD/TNH PHOTOGRAPHER

UNH players celebrate the game clinching goal against Army West Point (Left). Senior midfielder Caitlyn Keenan dribbles the ball (right).

Volleyball rebounds from Rutgers loss



COURTESY OF JACK BOUCHARD
The UNH volleyball team tied Rutgers in blocks with nine a piece despite losing convincingly in three sets. UNH trailed in all other major categories.

By Sam Eggert
SPORTS EDITOR

The UNH volleyball team (8-3) traveled to Hamilton, N.Y. to participate in the Ellis Rowland Memorial Tournament this past weekend where they fell to Rutgers (6-3) and defeated both Colgate (6-3) and Quinnipiac (4-5).

UNH's opening game against Rutgers, which is located in New Brunswick, N.J., posed a familiar foe for 'Cats head coach Chris Feliciano, who used to coach for Rider University in Lawrenceville, N.J.

With Rutgers being a mem-

ber of the Big 10 conference, Feliciano was aware that his team would have to be in top form to compete with the Scarlet Knights.

Rutgers proceeded to defeat UNH 3-0, dominating all three sets including a 25-9 win in the first set to open the match. Over the course of three sets, Rutgers had 42 kills to UNH's 15. Senior right-side hitter Hannah Petke led UNH with five kills, four blocks and seven points.

Feliciano acknowledge the level of competition his team was facing. "Anytime you play a Big 10 team you have to be on top of your game, and unfortunately we weren't."

This was the first blowout

loss of the season for UNH.

Despite the rough start to the tournament, UNH bounced back with a 3-1 win over Colgate on Saturday at 12:30 p.m.

A tightly contested match, the first two sets went into overtime scoring, meaning that the winning team exceeded 25 points in a set. UNH won the first two sets 26-24 and 27-25.

After losing the third set 25-18, UNH closed out the match with a 25-16 victory. Feliciano was happy with his team's ability to remain strong in long matches. "The team is really showing high levels of grittiness as we come together."

Petke and senior outside hit-

ter Kennedi Smith led UNH in kills with 13 a piece against Colgate. Junior setter Emma Patlovich chipped in 29 assists and first year setter Wren Macaulay led UNH with three serving aces.

Momentum continued for the Wildcats as they beat Quinnipiac 3-1 Saturday at 3 p.m.

UNH won the first set 25-16, then took the second set 31-29. The second set was the longest set of the season so far for the 'Cats. Quinnipiac took the third set 25-21, and UNH finished their 2-1 weekend with a 25-20 victory in the fourth set.

Petke had a team leading 14 kills and sophomore middle blocker Abby Sullivan had seven

kills. Sullivan also led the team in blocks with seven.

Macaulay's success on the court was recognized this week, as she won America East co-Rookie of the Week along with Hartford's first year outside hitter Maddie Lindsay.

Macaulay recorded 60 assists last week, including a career-high 24 assists in UNH's 3-2 win over Northeastern.

UNH continues play on Sept. 21 and 22 as they head to Towson, Maryland for the Tiger Invitational. They will face Loyola University Maryland (6-5), New Jersey Institute of Technology (1-11) and Towson University (7-2) over the course of the weekend.



COURTESY OF JACK BOUCHARD

UNH first-year setter Wren Macauley earned America East co-Rookie of the Week honors.



SPORTS

TNHDIGITAL.COM

Thursday, September 19, 2019

The New Hampshire

Men's soccer improves to #18 in the nation

By Will Sirbono
SPORTS WRITER

The #18 UNH men's soccer team (4-0-2) took on Dartmouth (2-2) and defeated them 1-0. This was the first meeting between the two teams since the 2018 season which ended in a tie. Their previous meeting came in the second round of the NCAA Tournament in 2017, and that game ended in a tie as well.

This was an incredible defensive game with no goals scored in the first half. UNH had control for most of the game, however; 19

percent of their possession time was in the attacking third and 38 percent of the time was on Dartmouth's side of the field.

UNH had seven shots in the first half compared to Dartmouth's one and it felt like UNH was bound to score. "They were defending more in a shell and trying to play for countering opportunities, and we were moving and creating a lot of chances especially on corners and crosses," said head coach Marc Hubbard.

Senior midfielder Antonio Colacci normally takes corners for the Wildcats, but he wasn't

sharp tonight. UNH had just as many corners as they did shots in the first half, yet they couldn't find the back of the net.

It was in the 69th minute that graduate student midfielder Fabian Lutz shot a ball from 10-yards out across the front of the net against the left post and in for his team-leading third goal of the season. Lutz, when asked if he could keep up this production, said, "I mean I hope so, but the most important thing is team performance."

With this win, UNH improves their record to 4-0-2 this

season as they keep climbing the NCAA rankings moving up four spots in the last three weeks. When asked how far he thinks this team can go coach Hubbard said, "Our goal is to make it to the College Cup and it's one game at a time, but we think we can remain healthy and get ourselves back into the national tournament, from there it's a little bit of luck and timing."

That's all it may take this year for the Wildcats who had some bad luck last season when junior back Josh Bauer missed a penalty kick in a first-round 1-0

loss to Colgate. When it comes to winning a championship in any sport, you'll always need a little luck and timing, but you have to get there first. With the Wildcats' 4-0-2 start they're certainly on their way.

Be sure to tune in this Saturday at 12 p.m., at Wildcat Stadium to see UNH take on Marist (2-3) in their seventh game of the season as they look to keep their undefeated season alive. Marist finished with an 8-5-5 record in 2018.

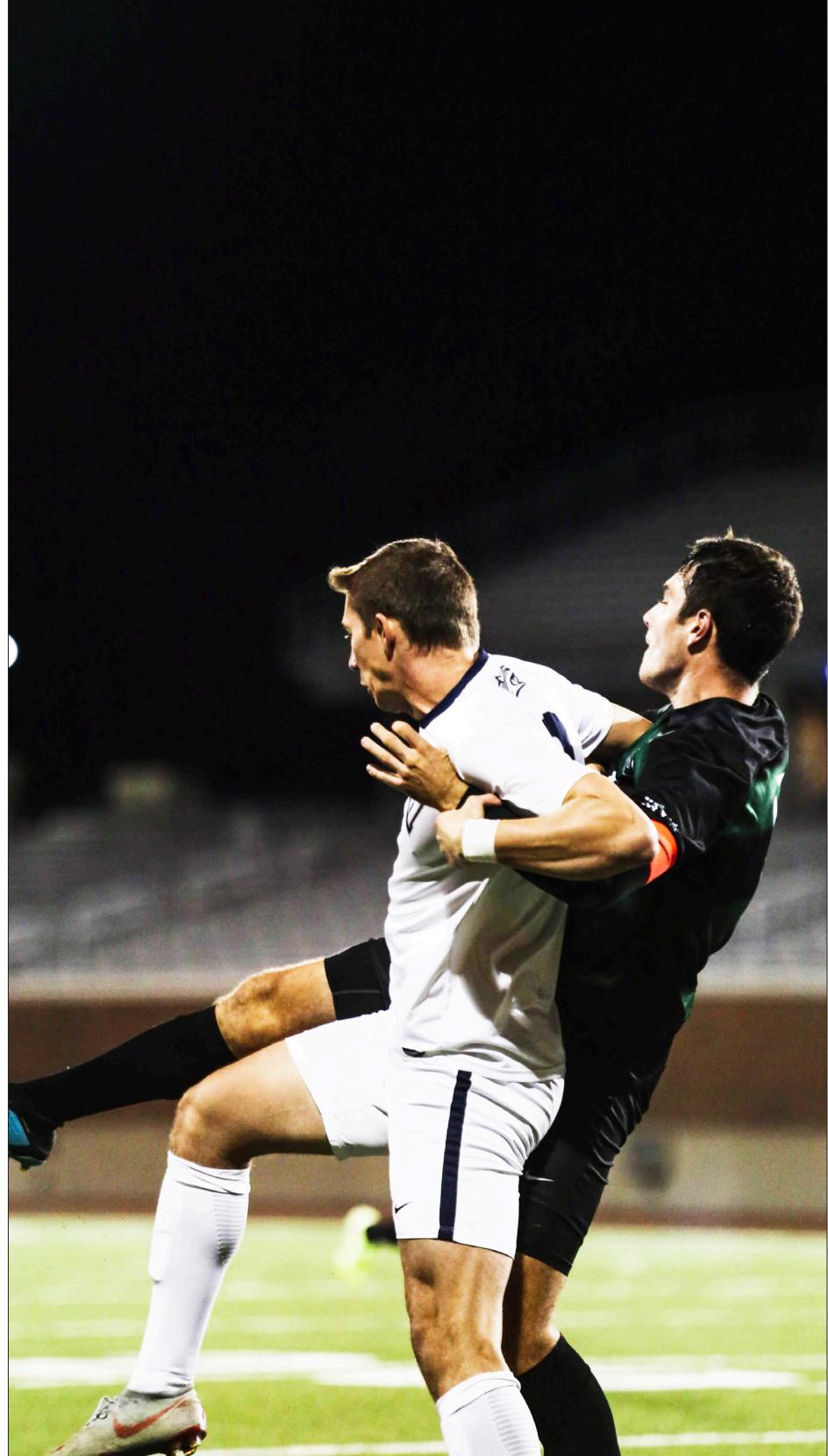
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First-year midfielder Bilal Kamal (left) runs across the field. A UNH player gets locked in the arms of a Dartmouth defender (right).