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SHARPP hosts student activism seminar

By Madailein Hart
STAFF WRITER

The University of New Hampshire's Sexual Harassment and Rape Prevention Program (SHARPP) and Women's Studies department invited Sage Carson to campus to talk about student activism and Title IX on Wednesday, April 10. Carson is the manager of Know Your IX, a survivor and youth-led program that teaches students about Title IX, and got her start in activism after protesting a mishandled case of sexual harassment at the University of Delaware.

Carson started off the night by defining Title IX for the group, and what that means for schools, perpetrators and survivors. Title IX guarantees equality in education, no matter the circumstances. This includes student-athletes and pregnant/parenting students, but the thing that people often associate Title IX with is sexual assault and violence. Carson used

the words "gender violence" because it covers a wide array of behaviors such as stalking, online harassment, rape and sexual assault, while also acknowledging that this type of violence happens across all genders.

One in three high schoolers experience dating violence, while one in five women, one in 20 men, and one in four college students experience sexual violence. This can lead students to experience negative psychological and emotional impacts, social isolation, high dropout rates and financial consequences.

Since Title IX has been in place, schools have to get involved in these cases when they are reported. Carson explains that schools can meet the needs of survivors in different ways than cops can. Under Title IX students have a right to an education, free reasonable accommodations, a no-

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Courtesy of Sage Carson

April Fool's joke draws criticism

UNH Today backsteps Paws & Relax "announcement"

By Jacob Elia
CONTRIBUTING
WRITER

An April Fool's Day social media post from UNH Today concerning the campus' Paws & Relax program a day after last week's West Edge incident generated criticism from students and the community for its seemingly poor timing in light of renewed conversation over mental health.

In the evening of Sunday, March 31, an individual was found sleeping in their car with a gun. Police responded to the event and notified the campus of a "suicidal male" in the West Edge parking lot, which shut down for over two hours and several units in the nearby Lodges apartments were evacuated. Many of the UNH faculty and students were on edge and are still very concerned for the well-being of the individual as well as others around campus who may be dealing with their own mental health issues. Police were able to resolve the situation without anyone being harmed and the individual was taken into protective custody.

While the university was sending students live updates about the situation through the

campus alert system, some expected the school to suggest counseling to any students who may be seeking mental health support.

On April Fool's Day, UNH Today posted an article saying the Paws & Relax program was being expanded to become campus wide and available 24/7. Paws & Relax is a coordinated effort between Health & Wellness and EdlerPet, a nonprofit based out of the Thompson School, to provide an opportunity every Wednesday afternoon for students to relax with therapy dogs and puppies. After reading through the whole article, many students were upset to find out that the post was not real and was just an April Fool's joke.

"I think we can definitely get more involved in mental health and actually talk it about, because I feel the only thing the school really does is Paws & Relax," first-year nutrition major Allison Pettis said in response to the post and the West Edge Lot incident, as she mentioned the April Fool's joke in responding to a different question. "Which I kind of felt was maybe not appropriate timing, especially given what happened last night, to joke about the resources about mental health. I feel that might have been in poor taste."

Pettis also said she "really

only knows" about Paws & Relax and Psychological and Counseling Services (PACS) but feels there could be more conversation about the resources.

Considering this was happening the day after a serious mental health crisis for an individual on campus, many students took to social media to express their grievances.

"I read through that whole article and then when I got to the end, I felt disappointed. Yes, it was too good to be true, but there was that small glimmer of hope that if I'm stressed and up late working on a paper, there's a dog that can calm me down and give some therapeutic effects," sophomore neuroscience and behavior major Victoria Madore said.

When asked about the post, UNH Spokesperson Erika Mantz said that, "The health and wellness of every member of our community are a top priority for the university, especially making sure our campus community is aware of the many resources offered, like the Paws & Relax program. The April Fools' post was intended only to help raise awareness of these resources in a light-hearted

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Strawless initiative

UNH reveals usage cutbacks

By Emily Duggan
STAFF WRITER

One year after the initiative to reduce drinking straws from the University of New Hampshire (UNH) dining locations, 70,000 straws have been eliminated since introducing the "sippy" lid in place of straws.

The numbers obtained through Bill McNamara, the executive director of Hospitality Services, show that since July 1 of last year, 26,000 straws have been purchased through the university, with 5,000 of those being paper straws.

In the year previous, the 2017-2018 calendar year, 96,800 straws were purchased, with 4,800 of them being paper. In all, the university went from using an average of 265 straws a day, to 71 across all their retail dining locations on the Durham campus.

"The cost increase/decrease is difficult to obtain as there are many factors and scenarios that could take place," McNamara said about the money difference in eliminating the straws. "The cost of a straw equated the increase in cost for the lid, so the 70,000 fewer straws used would be cost neutral."

However, McNamara made point to say that the main goal of the effort was to reduce the use and serve as a cost neutral alternative, not for the university to save money in eliminating a product.

The university's commitment to reducing straws is one of the leading efforts in the state of New Hampshire, with the New Hampshire House of Representatives voting Mar. 20 to prohibit restaurants from serving plastic straws unless asked for (UNH does this, too), according to a Boston.com article.

At first, the switch to the new lids was admittedly "hard" for some students, according to Paul College's CornerStone Café manager, Donna Aube, who added that since, students have adjusted "pretty good" to the change, but the new lids have been a challenge in themselves.

"Unfortunately, we are having issues with the lids not fitting the cups right now, so we have had to go back to the flat lids and straws until we can resolve the issue," Aube said. "As you can imagine, now that we have given them straws again for a few days, they will be asking for them again

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A girl and her glasses

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Weather according to weather.com

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Thursday, April 18, 2019

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when we go back to the other lids.”

But regardless, the effort of eliminating straws to Sustainability Project Director Jenn Andrews is a reminder that students, faculty and visitors on the campus, have power in both large and small ways to make a difference in the environment.

“We as Wildcats make simple choices every day (to ask for a straw or not), we inevitable have an impact on the people and ecosystems around us, either positive or negative,” Andrews said.

She explained that recycling and composting are important for keeping waste out of landfills. In fact, many students, in response to the change, have bought their own metal straws, as noted by Aube.

“The crux of the effort to get to ‘zero waste’ is to generate less waste in the first place,” Andrews said. “It’s so gratifying to see a successful initiative here at UNH to do just that.”



Emily Duggan / TNH Staff

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way, not to offend or in any way diminish the importance of mental health. We have removed all postings.”

Paws & Relax is scheduled for every Wednesday from 12:00 - 3:00 p.m. in the Thrive Office on the second floor of the Hamel Recreation Center (HRC).



Courtesy of UNH Today

Please

Recycle

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contact order and to know their legal options. If these rights are violated, students have a right to organize protests and attempt to change policies. Carson took the group of students through the process of how to promote change on campus.

In order to have a good policy, it must have transparency, prevention, services, investigations and sanctions. Carson suggested putting out a climate survey at least every two years to get an idea of where the campus climate is. If a school’s policy does not cover these requirements then students are encouraged to form teams or groups to promote change. Carson says that teams that include a variety of experiences can lead to many creative solutions.

Carson proves survivor activism. This type of activism focuses more on the survivor and their experiences and stories to find solutions. This also gives

gender violence survivors a place to go and feel safe, even if they don’t feel comfortable sharing their stories. Survivor activism also puts more of a spotlight on marginalized survivors such as students of color or students in the LGBTQ+ community.

When growing these groups students can petition, phone bank, or canvas for their cause. Getting long term employees to work with your organization as well as mentoring younger students can ensure the longevity of your group and goal.

In terms of strategy, Carson recommends keeping in mind the three T’s; Targets, timelines and tactics. While setting these up may not feel like activism, they are setting the foundation to have a stronger voice and goal. Setting long, intermediate and short term goals, and breaking down demands can make objectives easier to understand from outside perspectives.

The timing of group protests is also important in creating

change. Picking a time that does not conflict with other protests but also a time that will get a lot of attention is critical. Carson said, “these are my favorite tactics.” Organizing press releases, demonstrations and good visuals are also important when trying to gain traction in a movement.

While Carson focused on Title IX when talking about protests and groups, Erica Vazza, the outreach and training coordinator for SHARPP, reminded the group that these tactics and organizing ideas do not only apply to Title IX, but to any organization trying to make a difference.

Students who want to know more about Title IX can visit knowyourix.org.

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Title IX

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STUDENT SENATE UPDATE

WITH BENJAMIN STRAWBRIDGE

April 7, 2019: Meeting 21 of Session 40

With the end of Session XL just weeks away, the Student Senate took most of its 21st meeting of the year to call for a campus-wide ban on Styrofoam, increased maintenance on “truncated” domes and longer appointments for students at the Connors Writing Center, among other matters.

The night’s first resolution – R.40.23, entitled “Creating a Campus Wide Ban on Styrofoam” and introduced by Campus Structure Chair Devon Guyer and Sen. Nick Crosby (Stoke 3) – urged the university to enact a complete ban on all Styrofoam products as a means to contributing to UNH’s goal of improving its sustainability programs, as well as to protect students from chemicals such as polystyrene and benzene that foods and liquids held in Styrofoam containers can potentially absorb and give students “higher instances of cancer, neurological issues, headaches, depression, fatigue” and other ailments, according to the motion.

Additionally, the resolution argued that Styrofoam products are not compostable or recyclable, meaning that they can only end up at landfills, where it can “easily” break down into “microscopic styrenes that contaminate soil and water resources for centuries.” Dining Services, per the document’s text, currently bans all Styrofoam products from its facilities, a policy that has been in effect for over two decades. However, the motion revealed that UNH does not presently have any campus-wide policies banning any student or organization in Durham from using Styrofoam products.

“So, Devon and I decided to create this resolution because we thought that Styrofoam is one of the most unsustainable material[s] and it’s extremely bad for the planet and for peoples’ health,” Sen. Crosby told the body. The Stoke senator also highlighted the potential negative impact of prolonged Styrofoam usage on UNH’s current “Platinum” sustainability rating courtesy of the Sustainability Tracking, Assessment & Rating System (STARS) awarded to UNH in Feb. 2018, a measure of collegiate sustainability from the Association for the Advancement of Sustainability in Higher Education (AASHE), stressing that the night’s motion was a “logical step” to both preserve that rating and encourage

greater sustainability efforts from the community. He added that the motion would not alter how students purchase on-campus foods and beverages.

When asked where Styrofoam is currently used in conjunction with food and beverage products within UNH, Guyer responded that when she talked to buyers of those items, they did not know whether Styrofoam was used to package and store them.

“...they don’t make residence halls tell them what types of products they purchase, they don’t make the faculty departments on campus tell them what products they purchase, so they’re technically under [their] own free will to utilize Styrofoam if they wish, so we don’t have that exact information,” she said. “So, with that, we [she and Crosby] decided that it would be a good idea to create a general ban so that all departments and residence halls and any [part] of UNH know that this is not an acceptable product to purchase.”

Student Body Vice President Jake Adams added that the Sustainability Institute, following previous discussions with him and Student Body President Ethan McClanahan, suggests that most current uses of Styrofoam products stem from “academic settings,” but did not highlight any specific areas within such “settings” where Styrofoam was or is used the most.

R.40.23 ultimately passed the body unanimously.

Meanwhile, Resolution 40.24 – entitled “Installing and Repairing Truncated Domes” and brought to the floor by Campus Structure Chair Guyer and Sens. Logan Stevens (Peterson 1, Co-1), Jack Franco (Hunter), Jade Haynes (Fairchild), Taylor Donnelly (Williamson 1), Thomas McDonough (Gibbs 1, Co-1) and Annah Santarosa (Stoke 1) – urged the university to look into the state of UNH’s “truncated domes” – or “ground surface indicators” that aid pedestrians who are blind or visually impaired – to assess “the necessity and feasibility of replacing deteriorated” domes and installing new ones.

The motion argued that many truncated domes currently in place are deteriorating and reducing in size, which violates guidelines for truncated domes set by the International Code Council (ICC) and Americans with Disabilities Act

(ADA) that require all domes in an area to be the same standard size. According to detectable-warning.com, the ADA requires all truncated domes to have a base diameter ranging from 23mm (0.9 in) to 36mm (1.4 in), a “top diameter” measurement ranging from half of the base diameter minimum to 65 percent of the dome’s maximum diameter, and a height of 5mm (0.2 in).

R.40.24 added that a number of crosswalk areas on campus that are supposed to feature truncated domes feature no domes at all, and that their absence marks a “safety hazard” for visually-impaired pedestrians. The document also referenced university claims that portray the university as “committed to supporting and sustaining an education community that is inclusive, diverse and equitable,” according to its website, especially with its “wide range of students with varying visual abilities,” per the motion.

Student Trustee Christian Merheb, although not an official author of the resolution, said he conducted research into truncated domes while the motion was being crafted, and uncovered that of the two different types of truncated domes – yellow, plastic domes made from urethane or metal domes made out of polyurethane – the deterioration of the more common plastic domes poses the biggest risk to campus pedestrians.

“...a lot of the yellow urethane ones just wear down due to natural wear because it’s like a plastic material, so the more people that walk over them, the more they get worn down,” Merheb said. “And the legality here doesn’t come in from necessarily needing these domes...you’re not legally required to have these, but if you do have them, it’s legally required that they have to be a certain height, depth,” and other required and previously-stated ADA standards.

R.40.24 ultimately passed the Senate unanimously.

Meanwhile, the night’s third and final resolution – R.40.27, entitled “On Extended Appointments at the Connors Writing Center” and introduced by Sens. Luke O’Connell (Congreve 1) and Stevens, and Academic Affairs Chair Audrey Getman – called for UNH to extend the standard length of appointments between student authors and writing assistants from

50 to 110 minutes as a means to increase “productivity,” as well as recommend that the Center offer students the choice between one 110 minute session or two 50 minute sessions per week due to the above change.

The motion argued that longer papers have the potential to “absorb much of the time allotted” during a typical 50 minute meeting, and that the current shorter-length sessions result in discussions between students and writing assistants being “frequently cut short,” resulting in the Center “unintentionally” failing to offer helpful “critical thinking, reflection, and inquiry about the writer’s project” by offering to help students brainstorm and create “strategies” for outlining, drafting and revising papers, a key component of the Center’s “mission.”

The resolution added that students can only schedule two meetings in a calendar week, and that scheduling future conferences with the same writing assistant is made more difficult during “certain weeks of the semesters,” and especially so during midterms and finals seasons. It also stated that the meetings can be “extraordinarily beneficial” to students taking mandatory “writing-intensive” courses.

R.40.27 ultimately passed the body unanimously.

During communications, Senate Speaker Nicholas LaCourse stated that several items had been pulled from the night’s agenda, including two resolutions and two bills dealing with Student Activity Fee (SAF) budget amendments and the approval of next year’s Student Activity Fee; the former amendment bill will not hit the floor until the Student Activity Fee Committee (SAFC) itself passes the amendments, while the latter was delayed until student organization budgets are introduced to the chamber, according to the Speaker.

The two resolutions in question – R.40.25, entitled “Regarding Expansion of Meal Exchange Policy,” which would have urged UNH to investigate the “feasibility” of allowing meal exchanges at both Philbrook Café and Wildcatessen, according to the motion; and R.40.26, entitled “On Asking For Gender Identity in Course Evaluations,” which would have urged the Office of the Provost to change the gender question

on course evaluations to include more gender options for transgender students by fall 2019 – were both pulled by their authors, according to LaCourse.

LaCourse added that the night’s scheduled guest speaker, Vice President of Advancement and UNH Foundation President Deborah Dutton, could not make it to Sunday’s meeting.

In other senatorial business, the chamber officially approved of the results from this semester’s Student Body General Elections, with a corresponding bill listing each candidate’s final vote tally and announcing that the winning Student Body Presidential ticket – Study Body President-elect Allison MacPhee and Student Body Vice President-elect Kelsey Crowley – will hold their positions from May 1, 2019, to April 30, 2020. It also declared that Student Trustee-elect Cailee Griffin will hold office from July 1, 2019, to June 30, 2020. The bill passed with one abstention.

Additionally, the Senate unanimously welcomed Gareth Jones as its next SAFC Chair for Session XLI.

In an announcement to the chamber at meeting’s end, Sen. Yuri Makar (Peterson 1, Co-2) gave his previously-debated Resolution 40.18 – entitled “Urging the Creation of a Pet-Friendly Dorm,” which he co-authored with Campus Structure Chair Guyer – a “95 percent chance” that it would be included in the Senate’s final meeting of the Session; it had previously been remanded to the Campus Structure Council following stalemated debate during the Senate’s 16th meeting back in February.

Following Sen. Makar’s announcement, the Senate adjourned at 7:05 p.m.

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On the Spot

with Lambda Chi Alpha President RJ Grandstaff

By Zach Lewis
STAFF WRITER

RJ Grandstaff's election as Lambda Chi Alpha's newest president this year represents a milestone in a college career marked by dedication, ascension and success.

Although presently settled in Durham as a sophomore analytical economics major with a minor in law at the University of New Hampshire, Grandstaff's childhood did not sit still: he was born in Boston and moved to Maine but was raised in Charlotte, North Carolina and graduated from a high school in Rhode Island.

"I rushed in the fall as a freshman," he said. "I went out without knowing anybody and here I am. I wanted that brotherhood and friends right off the bat. I didn't know anybody, only one person came from my high school, and that was my roommate. I wanted a place to belong."

Grandstaff acquired a position as historian as soon as he joined Lambda Chi Alpha.

"I was responsible for making the composite. We've had professional companies do it before, but we saved money because I'm pretty decent with

InDesign," he said. "It was [our] centennial year last year...I went all out for that; it was really fun for me." Grandstaff would also create slideshows "at the end of every semester as a kind of recap."

After his tenure as historian, he landed the role of president.

"Pretty much everyone wanted me to. I'm pretty calm and level headed. I'm very objective; I don't let my biases get in the way," he said. "I've been a candidate ever since I rushed, apparently, which I didn't know."

Grandstaff told *The New Hampshire* about specific goals he's worked on with Lambda Chi Alpha, including increasing relations with other organizations on campus and focusing more on personally-inspired philanthropy, such as with their recent event, "Kickin' it for Kidneys." The event found the fraternity partnered with the men's varsity soccer team and together they raised over \$3,000 for kidney disease awareness; this marked the first time a UNH fraternity had co-hosted an event with a varsity sports team.

"One of our brother's dad is affected by that," he said. "He's had kidney disease for 30 years. He's been on dialysis for 15 of those 30 years. He's already had

two kidneys and he needs another transplant. It's a really personal cause and it was probably our most successful event since I've been on campus. It went really well."

"Kickin' It for Kidneys' is not the only cause that Lambda Chi Alpha is passionate about. Grandstaff spoke about Lambda Chi Alpha's national philanthropy, especially with an event called "Feeding America."

"We put on an annual event called 'Pumpkin Bust' at the beginning of the fall semester. We have games and you smash pumpkins and donate but it's been kind of unsuccessful these past couple of years. Which is why we wanted to do something different in the spring," Grandstaff stated as a major reason for expanding the fraternity's philanthropic reach.

"We've never really done any spring philanthropies and I think with the success of 'Kickin' it for Kidneys,' we're just getting the ball rolling with other philanthropies and we're still going to do that, but probably give our attention toward more personal causes. That seems the way to go," he said.

One of the events Lambda Chi Alpha held early in the semester raised funds for their na-

tional philanthropy.

"We also put on a grilled cheese stand at the beginning of the semester that went towards Feeding America," Grandstaff said. "We raised a few hundred dollars there. We partnered with Phi Sigma Sigma. We bought all of the supplies and they held it at their house."

The personal touch of their new approach adds an extra incentive for the brothers.

"You can get more motivation behind it rather than it being our national philanthropy, like we have to do this. It rallies everyone together as well," he said.

Grandstaff does not plan on seeking re-election next November even with all the success he's helped Lambda Chi Alpha achieve.

"I'm thinking about going abroad and getting some relaxation; I'm thinking Spain," Grandstaff said. "I have a girlfriend and she really wants to go to Spain."

Before he goes abroad, he wants to change the views that some may have of what it entails to be in a fraternity and what a fraternity or sorority does.

"Letting the community know how good we're doing and what we do to benefit the community. The town of Durham

doesn't know what we do, they just think we party, and that's it. I've been trying to advertise ourselves, let people know what we do throughout the semester," he said.

Outside of school and Lambda Chi Alpha, Grandstaff is a major fan of baseball.

"I grew up my whole life playing baseball. In North Carolina I played year-round down there. I threw out my arm though. I've had two shoulder surgeries and an elbow surgery," he said. "I was a pitcher. I was just throwing too much. It didn't tear all at once, it was over time, wear and tear, and I just played through it when it was hurting. I love the game and I wanted to be out there."

This determination is helpful in other aspects of his life, especially in areas that he is passionate about.

"It was a lot of fun, I miss it," he said.

Grandstaff told *The New Hampshire* that Lambda Chi Alpha is holding an alumni event this weekend in an effort to forge greater connections with previous Lambda Chi Alpha alumni.



Courtesy of RJ Grandstaff.



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UNH student organizations host LGBTQ+ breakfast

By **Sophia Kurzius**
STAFF WRITER

The University of New Hampshire's (UNH) 27th annual LGBTQ+ & Ally Pancake Breakfast served to provide guests with plentiful servings of classic breakfast foods and knowledge about their local LGBTQ+ communities in the Memorial Union Granite State Room this past Tuesday from 8 a.m. to 9:30 a.m.

The event was co-sponsored by the Bill Kidder Fund, Trans UNH, Liberty Mutual, Community, Equity, and Diversity Office and the Office of Multicultural Student Affairs (OMSA).

The event featured keynote speaker Dr. Jonathan P. Higgins, a speaker, educator and thought leader who uses his voice to shine a light on issues affecting both LGBTQ+ and people-of-color communities. From speaking at universities like UCLA and Kansas State, to delivering his own TEDx talk on how to unlearn fear

and develop personal power and being nominated by the National Black Justice Coalition as one of the "Top 100 Black LGBTQ People to Watch" in 2015, Higgins has a history of spreading his message nationwide. Higgins' discussion at the pancake breakfast focused on navigating the intersectional experiences of QTPOC.

In addition to his keynote presentation at the Pancake Breakfast, Dr. Higgins spoke in Hamilton Smith Hall at the "Self Care for Activists" workshop hosted by the office of Community, Equity and Diversity, where he discussed how one maintains wellness and avoids burning out, a common occurrence amongst active activists.

Office of Community, Equity and Diversity educational program coordinator Sylvia Foster explained to The New Hampshire how the office works to encourage campus and community members alike to practice self-reflection and collaboration in order to fos-

ter a flourishing environment for everyone.

"This workshop reminded people to take care of themselves in the process of trying to heal the wrongs created by systemic and structural oppressions," Foster said.

The UNH Gender and Women's Studies Department offers opportunities, with courses such as "Gender, Power and Privilege" that provide students with information regarding the possibility of working for a cause.

Fighting for change requires hard work and the workshop urged students to check in with themselves.

"You can't save the world if you aren't in it," Higgins said.

"Dr. Higgins spoke of maintaining wellness, first, by advising the activists among us to recognize their specific place in building a fair and just world - establish exactly what they want to accomplish," Foster said. "He also asked his audience to remember what keeps them sustained

and to remember their personal capacity for work. In other words, he asked them to know when they need to stop, rest and take care of themselves."

Monica Chiu, Interim Associate Vice President for Community, Equity and Diversity, spoke on the history of the event, which dates back 27 years.

"The goal is to celebrate progress on campus for the inclusion of LGBTQIAP+ students and to form a sense of community, while also recognizing the challenges to come," Jack Lapierre, the president of Trans UNH, a group for transgender students, faculty, staff and community members, said. He added that the group provides "support and resources to those in need of it and emphasize a strong sense of community within our membership."

Additionally, the Kidder Awards were distributed at the event to exceptional student leaders and faculty members who, through their scholarship, leadership, or outstanding efforts,

showed initiative in fostering a greater understanding of inclusion of diversity for sexual LGBTQ-IAP+ students at UNH.

The Kidder Fund Awards, named after William "Bill" Kidder class of '67, award \$1,000 in scholarship to students, \$1,000 in funding for professional development for staff and faculty, as well as the Pink Triangle Certificates for groups and organizations.

Recipient of the Pink Triangle Certificate, junior linguistics major Tom Carlson, explained that they were awarded due to their collaborative work with the Language, Literature and Cultures department in presenting a public discussion regarding non-binary pronouns in languages taught at UNH.

"It's wonderful, there were so many great awards for so many deserving students who all worked on this campus very hard," Carlson said. "It was wonderful to see recognition for their hard work."



Students (from left to right) Hayden McDermott, Josh Velez and Michael Newell receive awards at the LGBTQ+ & Ally Pancake Breakfast. Photo courtesy of The Office of Community, Equity and Diversity.

Fighting the bull since 1911

UNH alumni celebrated in premiere History Channel show

By Jenna O'del
STAFF WRITER

Dairy farmers, students and a host of other community members gathered in Cole Hall, part of the University of New Hampshire's (UNH) Thompson School of Applied Science, on the night of April 4, as they took in the premiere of the History Channel's "The American Farm" featuring three Thompson School alumni.

Brothers Si, Nate and Bram Robertson, who graduated from the Thompson School over the last few years, currently oversee Bohanan Farm in Contoocook, New Hampshire, about an hour west of the Durham campus. They operate it alongside their parents Jamie - who also graduated from the Thompson School - and Heather Robertson. Bohanan Farm is a dairy farm of 200 cows, producing glass-bottled milk in a variety of flavors and several types of cheese through their creamery, Contoocook Creamery.

Last year, Bohanan Farm was selected for a docu-series highlighting farm life across America, joining four other farms from as far away as Alaska. The History Channel, working with production company Bobcat Studios, filmed the Robertsons throughout 2018.

As the Robertsons and representatives from the New England

Dairy Promotion Board and their associated campaign Must Be the Milk, which focuses on New England and New York dairy farming, greeted attendees to Cole Hall, the premiere began with an hour-long reception. Tables showcased Contoocook Creamery products including chocolate milk, cheese, and pastries baked with cheese and prepared by Elizabeth Kramlinger, a culinary arts lecturer at the Thompson School, as video clips and photos of the Robertsons played on a TV in the background.

The crowd contained a number of faculty, including those that teach dairy science and farming, and those that taught the brothers during their time here at UNH. One of them, Thompson School professor Drew Conroy, taught the brothers and their father in his Introduction to Dairy Herd Management course. He also taught Bram and Si in Cooperative for Real Education in Agricultural Management (CREAM), a year-long course where students manage part of the dairy herd at the Fairchild Dairy Farm on campus. Conroy was excited to see his former students on the History Channel.

"For me it's very fun. Because one, first of all, these boys were in school, they were always full of life, and they like to talk and tell stories, and I've known the family a long time," Conroy

said. "They have a really interesting story to tell, but they're really good storytellers."

After the reception, the crowd filled the auditorium for a question-and-answer session with the family, with Shawn Jasper, the Granite State's commissioner of agriculture, kicking things off.

"What a great turnout tonight," Jasper said. "This is a really great opportunity to showcase one of New Hampshire's best... The only way that most dairy farms in New Hampshire are going to survive is doing exactly what they're doing at Contoocook Creamery: is bottling their own milk and creating that brand."

The question and answer session also featured compliments from Chef Kramlinger and others as they congratulated the family on their products and participation in the show.

When asked how they got involved, the Robertsons stressed their interest in showing the reality of farming.

"We sat down and talked about it, and really thought that there ought to be someone to tell the story of farmers of America, and what modern farming is really like," Si said. "We thought we could do a pretty good job, and [we] want to try and let people know what really goes on to make the milk that comes into their supermarket, in glass bottles."

The first episode of "The

American Farm," titled "Betting the Farm," featured a poultry farming family in Utah, and eventually moved to Bohanan Farm and others throughout. The episode focused on the beginning of the farming season, a time fraught with careful planning and quick action that could have a large financial impact.

The clips of Bohanan Farm highlighted the farm's ecosystem. Each brother has their own "dojo," as they call it, or area of the farm they focus on. Si manages the forage crops, which feed the cows; Nate manages the cows; and Bram the Contoocook Creamery, with their parents focusing on the farm's finances and overall coordination.

The brother's antics appeared many times in the episode, receiving great laughter from the crowd; Si explained his relationship with manure, while Nate nearly got run over while moving cows from the barn to a grass pasture.

The episode ended with a focus on the family side of running family farms, with generations coming together to keep farming, but also relax and enjoy being with family.

"All farmers thrive on challenges. That's how come we farm," Jamie said in a clip near the ending.

The episode's end saw great applause and many congratulations toward the Robertsons,

whom expressed pride in the episode.

"It really seems like they are interested in telling the story we want to," Nate said. "You can see that through the scenes they picked and through the progression of the storyline...there is a lot of agriculture happening...and we should all be represented."

For those interested in dairy farming, the brothers said that getting involved is easy.

"You can come with no experience and learn. It's all about the ambition and drive. If you show up and you really show that you can put the amount of time in and commitment, then we see that," Nate said.

But farming is hard work. "When you deal with farmers, you deal with people that see the world in a little different, different way. We kind of see life as a big circle. We know that it's going to start and we know that it's going to end," Jamie said in a promotional clip for the show.

New episodes of "The American Farm" premiere Thursday nights at 10 p.m. on The History Channel. Contoocook Creamery products are available throughout the state, including the Hannaford supermarket on Mill Road in Durham.



Courtesy of The History Channel/Screenshot taken from promotional video for "The American Farm" featuring Nate and Si Robertson.

TNHdigital.com

UNH faculty member debuts film

By Emily Duggan
STAFF WRITER

When filmmaker and University of New Hampshire (UNH) faculty member Dan Habib made his first film, "Including Samuel", the story about his son with cerebral palsy, the question he got asked most frequently was about how students with an intellectual disability transition later on in life to have relationships, work and go on to higher education.

It inspired Habib to research a little more and explore what it means to be "intelligent," an obstacle people with intellectual disabilities struggle with, according to educators, parents and disability rights leaders whom he talked to Habib about the matter.

Thus, he created the film, "Intelligent Lives," showcasing the lives of three students, Micah Fialka-Feldman, a Syracuse University student, who has an IQ of 40, Naieer Shaheed, a Dorchester MA, high school student who is on the Autism spectrum, and Naomie Monplaisir, a beauty school student from Rhode Island with Down syndrome.

Habib showed the film Wednesday in one the Memorial Union Building's theaters to around 150 students and members of the community, taking questions afterwards about the process and the three students that the film followed. The showing was displayed in close captioning and audio captioning to make sure the

film could be accessible for everyone to watch, and a person transcribed the talk.

"The central characters in the film embody high expectations and possibility," Habib said about how he chose the three young adults. "[Micah] is a student at Syracuse University with a vibrant social life, a job teaching, a sophisticated grasp of social media...[Naieer] is a talented visual artist, immersed in general education classes and basketball games... [Naomie] is working in her first paid job and her co-workers can tick off the many tangible ways she improves the workplace."

Academy Award winner-Chris Cooper volunteers his time to narrate the film and tell the story of his son, Jesse, who had cerebral palsy and later died in 2005. Habib met Cooper at an awards ceremony 10 years ago and has kept in touch with him off and on since. Cooper jumped on the project immediately and attended the film's premiere in Concord, New Hampshire.

"This film is also about class, language and recent immigration," Habib said about the intersectionality the film showcased for the young adult's different backgrounds. "It's shown through the lens of a different perspective of 'me' or [Chris] Cooper."

Habib has showed his film in over 300 locations since the start of the year, recently showing it to major job forces in Silicon Valley,

such as Ebay and Cisco. By doing this, Habib aims to lessen the gap in areas people with intellectual disabilities are being hired in.

"People with intellectual disabilities who are included in curriculum and jobs are more likely to be better with their communication, have higher academic achievement, wider social networks, and fewer behavioral problems," Habib said.

In an earlier interview with Habib for The New Hampshire, he said that he doesn't make his films to get into a movie theater necessarily, but for them to spark a change in attitude towards the subject, or to use as an educator. His first film, "Including Samuel", was translated into 17 languages and used for inclusive education.

"I want to do that with every film," he said. "For it to be a catalyst for change."

The film will be broadcasted nationally on PBS in October, Habib announced. In the meantime, resources can be found on his website, intelligentlives.org, to host screenings and provide tools for transitions for people with intellectual disabilities.



Filmmaker Dan Habib speaks to the crowd.
Emily Duggan/TNH Staff

UNH hosts "Roll to the Goal"

By Rose Correll
STAFF WRITER

Upon hearing his name being called, Lucas Currier drove out to the court and gave the crowd a swift 360-degree spin before running to line up with the rest of his teammates.

Each team member has a form of Muscular Dystrophy called Duchenne Muscular Dystrophy, which features an early onset age of between three to five years old. A genetic disorder, it is categorized by progressive muscle degeneration and weakness.

Currier, 17, is an honorary member of the University of New Hampshire (UNH) men's soccer team and, for the past three years, has participated in the "Roll to the Goal" power soccer challenge at UNH's Lundholm Gymnasium on Saturday, April 6. Power soccer is a sport played in electric wheelchairs for athletes with disabilities. Each player has an electric chair with a guard on the front to be used to maneuver and kick the ball.

The challenge consisted of four quarters with a different team competing against the PowerCats, Currier's team with North East Passage. PowerCats' team consists of Lucas Currier, Adam Villeneuve, Ryan Vingneault and Austin Leclaire.

The first quarter was played between the PowerCats and UNH's men's soccer, with the PowerCats winning the quarter with an 8-0 score. The second

quarter ended on an even higher note for the PowerCats when they beat members the Lambda Chi Alpha fraternity 11-0. At the end of each game, the teams would line up and gave each other a "good game" tap with their guards.

The third quarter brought yet another win for the PowerCats who played against four other members of the UNH men's soccer team; and in the final quarter, the PowerCats were split with the Oyster River High School soccer team.

UNH's men's soccer coach Marc Hubbard and his assistant coach Rich Weinrebe bet on which team, blue or yellow, would win the fourth quarter. If blue won, Hubbard promised to donate \$100 to North East Passage; if yellow prevailed, Weinrebe would donate \$100 to North East Passage. Hubbard encouraged attendees to place bets with the people next to them and donate whatever they bet.

During halftime and between the third and fourth quarters, North East Passage raffled off 12 baskets filled with various prizes. A bake sale also occurred before, during and after the game. All of the proceeds went to North East Passage and their trip to Indiana for the MK Battery Power Soccer Tournament.

Linda Currier, Currier's mother, said that he was ecstatic to be a part of the UNH men's soccer team and that he is invited to all the practices.



Rose Correll/TNH Staff



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TNH

UNH's insect collection forges new paths

By Jenna O'del
STAFF WRITER

On the second floor of Spaulding Hall, there lives a collection of 700,000 specimens, some over 100 years old. The specimens are insects and other arthropods (arthropods have exoskeletons, or a shell covering their body—spiders for example), and they comprise the aptly-named University of New Hampshire's (UNH) Insect and Other Arthropods Collection.

As described in a grant proposal, the Insect and Other Arthropods Collection began in 1891 when UNH's predecessor – the New Hampshire College of Agriculture and the Mechanic Arts (NHC) – was still located in Hanover. Two entomologists, C.M. Weed and W.F. Fiske, started the collection with specimens from mainly southern New Hampshire. Many entomologists followed in their stead, donating both personal collections and specimens gathered specifically for NHC's (and later UNH's) insect collection.

The collection began to grow quickly around the 1970s, with 300,000 specimens by 1982. In 1982, Dr. Don Chandler, a professor in then the Department of Entomology within the College of Life Sciences and Agriculture, began extensive sampling of insect populations throughout the state.

This collection had 620,000 specimens by 2012, with all sorts of insects: flies, caddisflies (which are different by the typical house or fruit fly), beetles, moths and butterflies. When the Department of Entomology was absorbed into the Department of Biological Sciences (DBS), Chandler and the collection moved there too.

Today, the collection includes over 700,000 specimens, in part due to the bee-collecting help of Dr. Sandra Rehan and her research laboratory in DBS. Dr. István Mikó, hired just this past year, is the manager of the insect collection, as well as a lecturer in DBS. Mikó, along with Chandler, Rehan and others, wrote the previously mentioned grant proposal for digitizing the collection.

Digitization, or putting documents and data online, allows researchers from around the world to easily access UNH's specimens. Many types of insect researchers rely on collections, such as insect systematists who study different species, or ecologists studying insects' interactions with their environment.

Insect collections are particularly vital: A 2017 study from Germany found that insect biomass, a metric used to assess insect biodiversity, has declined by 76 percent. Insect species are vanishing, and once a species dies, if it exists in no collection, no longer can science learn from it.

"Basically, there are specimens here that had been collected in the late 19th century,

representing species that are either disappeared or are going to be disappearing in the next 20 years, 10 years, and this is the last place where actually you can find them. And if you think evolutionarily, it took 50 million years, 25 million years," to produce these species, Mikó said. "These things are products of basically the history of the world, evolution, and they [are] just disappearing like that."

But for researchers wanting to study the collection, only 17,000 specimens, or about two percent of the collection, is digitized. Researchers can still physically visit the collection – and many do – but doing so costs time and money.

"If someone wants to study...an indicator species or if someone wants to study a mosquito species...we have this information here," Mikó said. "But this is here, so if you want to study that, you have to come here, and you have to collect the data."

UNH's collection has unique strengths. It contains specimens from a variety of ecosystems, even though its specimens are primarily from the state of New Hampshire, with some from the tropics.

"New Hampshire is one of the most diverse states in the United States," Mikó said. "I know it sounds weird because it's a really small state," but New Hampshire has a variety of ecosystems, from the ecosystems of the White Mountains to the Seacoast beaches, per Mikó. Each ecosystem supports different species and types of insects evolutionarily suited for the environment they live in.

The collection also has specimens that have been identified by world experts, such as Chandler. "You see most of the specimens are identified on [a] species level, and when you read the identification labels, these are the world experts. That makes this collection really valuable," Mikó said. Insect identification can require microscopic detail, and extensive training and insect biodiversity knowledge, like the knowledge world experts can provide.

Digitization can also help those with visual impairments to study and benefit from the collection. Historically, natural history collections are visual—the specimens are laid out for researchers and audiences to view. The process will provide access to the metadata, or information about each specimen, for people with visual impairments, who can then learn about specimens and their backgrounds. This will complement an annual event the insect collection holds that is geared towards visually impaired people, using 3-D insect models to show insect structures.

Along with digitization, as part of the Spaulding Hall renovation beginning this summer, the collection will be moved to a new wing in the back of the building. The collection, along

with UNH's collection of plants and related organisms in the Hodgson Herbarium, will take up two sides of that wing, with a glass-walled classroom separating the collections. This move will make both collections more available to students and members of the community.

Collections can educate and interest people in a number of biology topics, not just insects and arthropods. UNH's insect collection, along with the Hodgson Herbarium, Mikó said, is a "really great source that could be used to do outreach...[explaining] basic biology, basic nature history...explain things that everyone should be aware of, but unfortunately education doesn't deliver these concepts."

Mikó is excited about the Spaulding Hall addition. "It's just everything that you can wish [for]," he said. Along with the new space and outreach opportunities, the addition, and the grant, may bring better specimen storage technology.

Until the addition is completed, though, the collection will remain in its present location on the second floor of Spaulding Hall. But it is not off-limits: students are welcome to tour the collection by appointment.

"My aim is to make this collection as visible as it is possible," Mikó said.



Jenna O'del/TNH Staff

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Hospitality
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UNH men's club volleyball hosts regionals; UConn wins



The University of Connecticut Men's Club Volleyball team celebrates and poses for a team picture after their championship victory.

Courtesy of Joshua Morrill

By Joshua Morrill
CONTRIBUTING
WRITER

This past weekend, Division I club volleyball teams from across New England bused and vanned to the University of New Hampshire for the New England Club Volleyball League Championship tournament.

The two-day air affair consisted of a pool play round on Saturday in which every team played four of the other clubs in their respective divisions to determine the seeding for Sunday's matchups. Standout teams on opening day included Northeastern University and Boston College, as both went 4-0 to clinch the top two seeds.

The University of Rhode Island, the top overall seed coming into the tournament, laid arguably the biggest egg of the weekend, finishing 2-2 on day one.

Senior captain setter and member of the all-tournament team, Jack Vaccaro, attributes a lot of Saturday's unfulfilled hype to the injuries suffered to key players.

"We went in as the one seed and finishing the first day 2-2... Unfortunately, we lost some guys early in the matches, so we had a depleted lineup, but we played hard," Vaccaro said.

The University of Connecticut (2-2), Bryant University (2-2), University of New Hampshire (1-3), Boston University (2-2), Tufts University (1-3), University of Massachusetts-Amherst (2-2) and Providence College (0-4) rounded out the records for division I during Saturday's pool play round.

The Hamel Recreation Center at UNH was littered with volleyball parents on Saturday, and the atmosphere leaned family friendly according to Bryant's senior middle Nick Colotta's mother, Jean Bousquet.

"It's awesome! I was here

last year, so I'm seeing a lot of the same players, and it's a lot of fun to watch them play... We traveled from Foxboro to come up, and I brought my daughter, who is a student at Simmons College, so she could see her brother play because it is [Nick's] senior year," Bousquet said.

Bousquet also grappled with the different aspects of the tournament, but eventually came to the conclusion that the positives outweighed the negatives.

"The games are fast pace, and they get over with. Also, the complex is easily accessible, and when nothing is going on, you can just walk around and partake in the facilities... We went to the tournament in Worcester, Massachusetts, and that one was just too big. We like this one better. The parking stinks, but that is out of my control," Bousquet said.

Bousquet also loves watching her son because she knows when he started playing volleyball, it was love at first spike.

"Yeah, he loves this tournament. He just has always loved playing volleyball," she said.

Sunday's interdivisional rounds came fast for the competitors, as games resumed just 12 hours after they concluded the day before. Ryan Woodcock, the UConn head coach thought the short layover was apparent in his young team's play early on, after a tough loss at the hands of Northeastern to start the day off.

"We have a hard time getting up in the morning sometimes on these long trips, especially after all the volleyball we played yesterday. But we were able to rebound... and they just kind of fed off of that," Woodcock said.

Rebound is exactly what they did, as UConn proceeded to invigorate themselves and defeat a very prominent opponent, Boston College 25-17, 26-24, in straight sets to advance to the championship game via the loser's bracket.

In the championship game, UConn met none other than Northeastern University after they squeaked out a victory against tough opponent UMass Amherst in three sets (18-25, 25-14, 17-15).

Northeastern's performance severely overshadowed UConn's throughout the two days, and even the referees couldn't help but notice. When asked about which team had been most impressive, Fred Chase, a 42-year refereeing veteran couldn't help but gush about the Huskies' play.

"Probably Northeastern, they have played up to their potential, and they have definitely been impressive so far," Chase said.

Going into the much-anticipated game, maybe Northeastern's most invaluable player and member of the all-tournament squad, junior Eliot Smullen, thought that his team hadn't played their best volleyball up to that point.

"We did well, we could probably do better, but overall, solid volleyball... we took the University of Massachusetts Amherst to three games and won in our last match, and that's the closest it has been. We have to play better to win," Smullen said.

The gravity of the big game was evident by the locked eyes and silent, stationary mouths of the parents and onlookers, as the referee's whistle sounded to kick off the first serve.

The first set went as many expected based on the weekend's play: Northeastern cruising. Huskie standouts Alex Esso and Eliot Smullen were spiking all over Connecticut's seemingly timid team demeanor.

However, after this first set, UConn's players huddled and changed their mindset to a freer and determined state according to Coach Ryan Woodcock.

"They felt confident that if they could get out of their haze

from the first set, that it could give us a chance for that one game to 15, and then anything can happen. They just owned it, and they have been talking about this all year, there was only one senior on the court, so they really have a mindset like, hey, let's represent UConn and make this go as far as we can," Woodcock said.

This huddle seemed to be their turning point, as UConn used emotion and grit to propel themselves to a 25-23 second set victory.

The 15-11 tie-breaker set was nothing short of drama-filled and nail-biting, but UConn used their built-up momentum, skinned knees and elbows, and perseverance to hoist the NECVL trophy.

Woodcock couldn't have been prouder of his young squad after the match concluded.

"It proved that their words aren't just words... today was the hard competition, and yesterday was murderers' row in our pool, and we have some seniors that because of injuries, lost their spot because our young ones have stepped up. But our seniors still felt compelled to want to still show that they are still available and still good players. They were great players last year, they are still great players now... it's huge that they could contribute, and I couldn't have asked for more," Woodcock said.

Despite not being victorious, Smullen and Vaccaro still believe this tournament was a positive experience for their respective teams.

"We wanted to win the tournament. We were the one seed and we didn't want people thinking that we didn't deserve it, so we came here to win... but, we still have nationals next week in Denver and I think having to go through some adversity will make us stronger and give us some more heart as a team," Vaccaro said.

Smullen added, "Yeah, abso-

lutely. The more touches... every team is good towards the end, so you just get touches against good teams, so it's definitely beneficial."

This tournament was not the last chance to perform at the highest level for the majority of these groups of college athletes. The National Collegiate Volleyball Federation is hosting the Collegiate Club Championships at the Colorado Convention Center in Denver, Colorado from April 18-20, and all teams from the NECVL are participating.

Ryan Woodcock knows that his young UConn team can use this victory as a building block going into Denver next week.

"Yeah, it definitely is. The only thing better would be for us to leave for nationals this coming Wednesday instead of next Wednesday," he said. "But this will give them time to get back, get their school work done and organized, and then we can really focus again."

Recovery will be a point of emphasis for all of these squads, as they hope to have a strong showing in Denver. However, Eliot Smullen doesn't think the process will be too difficult.

"Yeah, easily. It's like two weeks before nationals. The most important thing is after every game, making sure that you take care of your body," he said. "I have a banana after every game, but nationals is two weeks away so it's not a huge issue. The day-to-day recovery stuff will need to be taken care of."

Jack Vaccaro and URI have an extreme circumstance of unhealthiness, and he hopes that the time between now and the trip to Denver will be enough for his team to recover.

"It's going to be dependent on these injuries that we have and whether they are lingering. We have about 10 days, so hopefully that's enough time," Vaccaro said.

The ARTS

Caleb Jagoda / TNH Staff

11 April 2019

'Grande Grind' premieres new look

Benjamin Strawbridge / TNH Staff



Photos:

Sam Kitfield performing with Daylo

By Benjamin Strawbridge
NEWS EDITOR

A new venue, a new format and a new roster of talent showcased a new potential direction for the long-running University of New Hampshire (UNH) "Grind" talent show as it experimented with a novel semesterly "Grande Grind" format on Friday, April 5, hosted by the Campus Activities Board (CAB).

The event, held in the Memorial Union Building's (MUB) Strafford Room instead of its typical home at the MUB Entertainment Center, welcomed a variety of open-mic acts headlined by student indie rock band Daylo to an audience of nearly 50 students. Students interested in performing could sign up by writing their name down on a sheet outside the Strafford Room. Acts ranged from stand-up comedy about the stress of test-taking to original works of poetry about moving on from past relationships to crowd-pleasing covers of Michael Bubl  and Billy Joel's "Piano Man" complete with harmonica, among other acts.

Like previous "Grinds," CAB hosted a series of raffles offering prizes such as a portable charger; two UNH-branded mugs each paired with a bundle of hot chocolate mix, a white chocolate sauce and various sweets; and a 12-in-1 wooden "Game Center" featuring a variety of board and card games as the grand prize. Throughout the event, CAB staff and event organizers went around to different tables and handed tickets to students, giving all attendees a chance to win. Students also indulged

in a selection of foods such as chicken wings, vegetables, including carrots and broccoli, and mozzarella sticks.

The show, also like prior "Grinds," made strides to replicate the atmosphere of its previous home of the Entertainment Center, with lighting limited to the stage and strings of white and colored lights littering the floor by the room's balcony door and adorning the edges of the stage. Meanwhile, giant red letters spelling out "CAB" glowed as they leaned against the wall at the back of the stage.

Unlike past shows, however, CAB organizers, such as "Grind" co-chair and junior wildlife conservation biology major Garrett Phillips, sought to try a new approach this semester and experiment with a bigger, semesterly event in a larger venue compared to the smaller and more frequent "Grinds" of the past, which were typically held on a monthly basis.

"We just kind of wanted to restructure it a little bit, see how it would work... we just wanted, like, a fresh take with it," Phillips, who hosted the event and introduced the different acts, told *The New Hampshire*, adding that the addition of "Grande" to the title reflects the show's new size and format. Despite the changes, Phillips stressed that the event still represents an opportunity for students to showcase their talents and passions to the greater UNH community.

"It's just really nice for students to have a place to be able to play their music in front of peers and people who appreciate the arts," he said.

The night's host said that the name of the event will remain the "Grande Grind" as CAB deliberates whether to move forward with the new changes, with director Emma Barresi having the final say.

"Grind" co-chair and junior marketing and business management major Valerie Mattice said she and Phillips split tasks Friday night, with Mattice overseeing the food and managing the event "behind the scenes" while Phillips took on the role of "commentator."

"We bounced off each other for the past couple weeks to [put on] this event," she said.

Mattice, who based her stand-up comedy bit about the trials of collegiate test-taking on real events, said she had thought about performing onstage for a while before the event.

"We have an event called 'Funniest Person on Campus' in CAB, and my friends are encouraging me to audition for that," she said, "so I figured I'd give it a try out now and see if I'm actually any good at it because I think I'm funny... but maybe not everyone does!"

Mattice called the "Grande Grind" a "creative outlet" for student voices and talents, as many of her friends took part as performers that night. She also called the show a "judgment free-zone" and a "relaxing environment" due to its emphasis on a "coffeehouse feel."

"There's so much talent on this campus and I'm so, so happy that we got Daylo to perform with us and they're fantastic," she added.

Attendees also expressed positive vibes about the new "Grind," such as

Denny Ruprecht, a New Hampshire representative and UNH graduate with a Bachelor of Arts degree in political science who currently studies at Plymouth State University. Regarding the show's new format, he said that it could allow for a more organized event and give students more time to prepare and decide whether they want to take part.

"I think it's a great event," he said during the event, "I'm really enjoying the music and it's great to see the local bands and the talent here at UNH and in the area." He added that it helps spread greater awareness of on-campus arts and culture.

Another performer, Memorial Union employee and sophomore environmental conservation and sustainability major Sam Kitfield, sung along with Daylo near the show's end and also spoke positively about the new "Grind." Friday's show marked his first time attending such an event.

"I love coming to the MUB; I work here, I live here, I study here, I eat here," he said. "And playing with Daylo, which is a band I follow pretty regularly... playing with them was really fun... I think that having an open mic is a really good way to get people who either don't feel comfortable playing or don't get the opportunity to play in front of people, and it gives them that opportunity."

Grind
continued on page 13

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A story of love, lust,
loss, reclamation
and... sunglasses

Adrienne Perron / TNH Staff

14

Nine Perfect
Strangers
MAD ABOUT BOOKS

Courtesy Flatiron Books

How to replace a classic: A story of love, lust, loss, reclamation and... sunglasses

By Adrienne Perron
STAFF WRITER

When the best pair of sunglasses I've ever owned got stolen from my jacket pocket in the cubbies outside of HoCo this past December, I thought that I would never love again. It took me 20 years (a lifetime) to find the perfect pair that fit my face comfortably and that I liked, and in the blink of an eye (11 months), they were gone. What was I to do?

I felt lost and confused, lonely and heartbroken. How was I to protect my light-sensitive eyes from the blinding light of the winter sunlight reflecting off of the fallen snow without my unique and irreplaceable sunglasses? I knew that I needed to seek out a replacement pair immediately.

Some might say that my standards are set high for such a seemingly meaningless accessory, and they are probably right. However, whatever new pair of glasses I was to get had big shoes to fill. My old sunglasses and I went through a lot together, particularly in terms of running. I felt strong and unstoppable while running with my sunglasses on. They made me feel intimidating and powerful. The reflective lenses made me feel safe, like I was protected from the stares of fellow pedestrians or passersby in cars. I needed a new pair of glasses that would have this same effect while still fitting my face well enough for them not to bounce around while I was out on a run.

Being the good digital native that I am, I got straight to work on Google researching good sunglass brands for running (after an appropriate period of mourning). I wasn't thrilled with the prices of many options that I found, as I was not about to spend anywhere near \$100 on a pair of sunglasses. However, after a few days of intermittent perusing of the web, I found the website for a company called Goodr.

I was not initially very trusting of the site. Every pair of sunglasses looked the same, just with a different pattern or style on the frames. However, I liked the price (at around \$25), and the most popular unisex style looked promising. I hovered over the trackpad on my laptop for about five minutes before finally



I felt lost and confused, lonely and heartbroken. How was I to protect my light-sensitive eyes from the blinding light of the winter sunlight reflecting off of the fallen snow without my unique and irreplaceable sunglasses?



clicking the button that would confirm the order. I felt like I was betraying my old glasses. Part of me still hoped that they would resurface somewhere. Deep down, however, I knew it was time for me to move on. Only time would tell how I liked my new pair of Goodrs.

The day they came in, I could not get to the mailroom fast enough. I picked up the package and headed straight to the New Hampshire Outing Club office, where I knew my friend Charlotte would be. I opened the packaging and slid the glasses over my nose. The fit felt perfect. They were snug, but not too snug. I turned to Charlotte.

"How do they look?" I asked her. She shrugged.

"Meh," she said with a shrug.

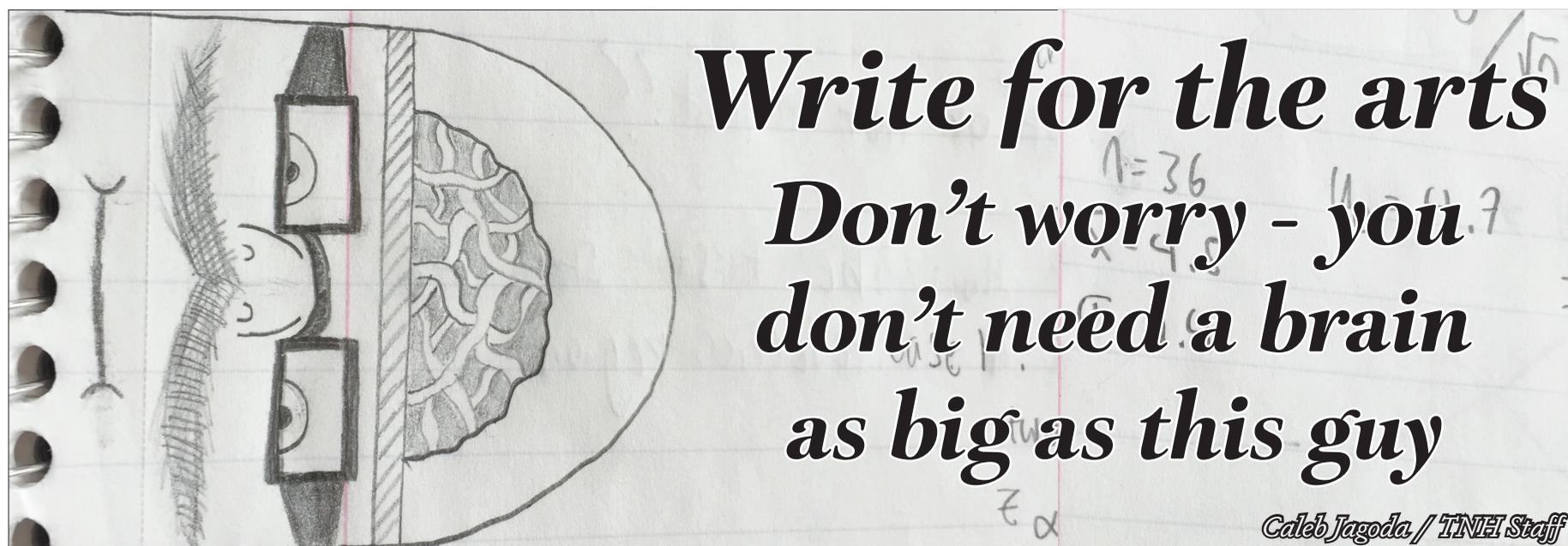
Alarmed, I looked in the closest reflective surface, which was most likely my phone. They were different, for sure. Much different than my old pair, which were meant for me. I stared at myself for a few seconds, not yet sure of what I thought of them. I knew there was only one way to test them. That was to run.

I woke up the next morning at 7 a.m., ready to brave the chilly February air in hopes of determining my destiny in conjunction with my new Goodrs. I slid on my shoes and put on my many layers of clothing, and polished the look off with my new glasses. This was the moment of truth.

I was pleasantly surprised at how comfortable the glasses were. If anything, they moved around even less on my face than my other glasses did, and made me feel more protected due to the larger surface area on my face that they covered. They didn't hurt my nose, they didn't pinch behind my ears, and there were no little screws or attachments to the glasses that would get caught in my hair. My first run with the Goodrs was a success.

When I returned into the safety of the indoors, I felt winded and a little rosy cheeked. I stopped into my bathroom to splash some water on my face and looked into the mirror and smiled. I looked like a runner. The Goodrs were perfect.

Everything happens for a reason, so I suppose I'm grateful for the criminal who stole my old specks, because they helped me to find Goodr sunglasses, the new love of my life.



MAD ABOUT BOOKS ★ ★ ★ ★

‘Nine Perfect Strangers’ by Liane Moriarty

By Madailein Hart
STAFF WRITER

Liane Moriarty, the author of The New York Times bestseller “Big Little Lies,” came out with another page-turner that kept me guessing until the very end.

“Nine Perfect Strangers” takes place at a health resort, Tranquillum House, in Australia. The cast of characters includes Frances, the middle-aged romance author with a bad back; Tony, a man who needs to start life over; Lars, a health resort junkie; Carmel, a recently divorced woman with four daughters; Ben and Jessica, a couple who is on the brink of breaking up; and the Marconi family, which is in dire need of relaxation. Running Tranquillum House is the eccentric Masha along with the wellness counselors Yao and Delilah.



Courtesy Liane Moriarty



Courtesy Flatiron Books

One of my favorite things about this book was the characters. The story itself was slow-moving, but the characters were always the one who kept me on my toes. Each chapter has a different point of view about the same events and having that extra window into each of the characters’ minds always keeps the story interesting. If this particular book had been written with one voice instead of 12, I don’t think it would have had the same impact. Everyone at Tranquillum House has a secret and Moriarty does an exceptional job of not giving away anything too quickly.

While I loved the characters and think they added a lot of depth to the book, the storyline itself was almost dull. Being so involved in the characters made me want to continue reading but the story itself is extremely slow and not as shocking as I thought it was going to be. The twist comes around the middle of the book, and I was surprised but already had more interesting ideas

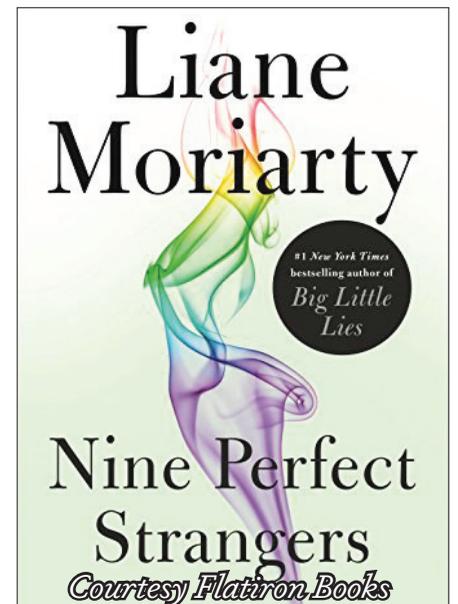
in my head, which led to a letdown once it was revealed.

I believe that an ending can make or break a story. The book could be amazing but the ending could just ruin it all. With this book, I felt that the ending saved the rest of the story by giving the reader a glance at the strangers’ lives after Tranquillum House. It was a perfect mix of happy but realistic, and even addressed some issues that I forgot about while reading.

Moriarty includes issues like drug addiction, beauty standards, loss and guilt throughout the story and gives readers the resources she used at the end of the book, which I think is great for readers who want to know more about any of these issues. The great thing about Moriarty’s writing is that even though these issues are brought up, she deals with them in a delicate yet very real way, never mentioning anything overly graphic for those who are squeamish.

At 453 pages this book is not a very quick read and requires time to take in. The chapters are broken up very nicely though, with the longest being around 20 pages and the shortest being around a paragraph, which makes reading the story less daunting. While I personally love character backstories and development, that aspect can be a lot of information to wade through for some readers. This book was being marketed as a psychological thriller but it came across as literary fiction by the end.

If you were a fan of “Big Little Lies,” then this book may be a letdown for you, and it’s important to note that this really isn’t a book for everyone. Readers, however, who believe characters make the story and are more invested in the development of those characters would probably enjoy this book.



Courtesy Flatiron Books

What song defined your time in middle school?

- “Distance” by Karsh Kale - Bret
- “Basketball” by Kurtis Blow - Sam
- “Newsroom Noise”
- “Low” by Flo Rida - Jake
- “This Love” by Maroon 5 - Ian
- “Party in the USA” by Miley Cyrus - Hannah
- Any Maroon 5 song - Ben
- “Replay” by Iyaz - Taylor
- “So What” by P!nk - Katie
- “Opposite of Adults” by Chiddy Bang - Caleb
- “Ruff Ryder’s Anthem” by DMX - Kevin
- “London Bridge” by Fergie - Mike

Courtesy YouTube



By Sam Eggert and Caleb Jagoda
TNH STAFF

Arts Editor Caleb Jagoda and Sports Editor Sam Eggert love hip-hop music. Thus, they decided to come together and discuss this love. The following conversation was about four times as long in its totality, but it was cut down and edited for clarity and formatting purposes.

Caleb: Would you say the 90s are the golden era of rap? It's at its peak?

Sam: I think to put a time frame on it, to what's the golden era, is a difficult thing to do because I'd say the 90s was when the most popular hip-hop was my favorite type of hip-hop, which was albums like "Illmatic" by Nas, anything by Wu-Tang Clan, stuff like that.

Caleb: You're a big New York boom-bap guy.

Sam: Completely. That said, in the 2000s, there was still a bunch of great stuff being put out, which is undeniable. Like Kanye West, "2001" by Dr. Dre, Jay-Z, most of his stuff.

Caleb: Underground stuff started to flourish (too), with people like MF DOOM.

Sam: Exactly, that's when production really reached another level, I think. You bringing up DOOM really speaks to that.

Caleb: I definitely agree.

Sam: Where do you stand on Ludacris?

Caleb: Ludacris? I don't really have a hot take on Ludacris; he's kind of fun, but I'd probably feel different if I was this age in the mid-2000s when he was popular. Looking back it's like, whatever he was fun, he was kind of funny, but during that era I probably wouldn't really like him because I'd be listening to it all the time and I wouldn't want to.

Sam: He would be like what Kodak Black is today, something like that.

Caleb: What's interesting is a bunch of trap rappers actually have a lot of talent but they just make trap songs – like there's a video of Kodak from like 2014 and he's got bars, he's actually rapping, but he doesn't do that anymore which is interesting.

Sam: I think – I'm not sure – but in one of J. Cole's more recent songs, he talks about Kodak – I think it might even be in "Middle Child" – he's talking about how he knows Kodak can rap and he's got skill and whatnot, but then at the same time, you're not using your skills in the right way, if that makes sense, in the way hip-hop is meant to be because hip-hop is a form of poetry, it's storytelling and it's becoming littered with people talking about smoking weed and banging chicks and getting drunk... I'm

trying not to swear right now.

Caleb: To that, you like Eazy-E, and while guys like him definitely have tighter rhyme schemes and are a lot more poetically inclined, they're still talking about those same things because you wrote that Eazy-E article, and that song he was talking about the whole nine.

Sam: "Eazy Duz It," "Real M*****n G's," "We Want Eazy," all those songs, it's true and I can't deny that, but I just think like you said, the delivery is different and it's a better sounding rap in my opinion.

Auto-Tune has a time and a place, but no offense to Kodak Black listeners and 21 Savage listeners, but I don't understand how you can enjoy that voice.

Caleb: I won't declare war against Auto-Tune because it can be done very well, like Kanye's used it very well, it can be used like an instrument, it can make your voice another instrument, but it can also be used very poorly.

Sam: It's easy to use which is why I think it's being used in a higher volume which I think makes it worse.

Caleb: But do you think the 90s are the golden era, I feel like you've said something along the lines of that to me before.

Sam: You know what, yeah, I do. You look at albums that came out in the 90s: let's see, "All Eyez On Me," 2Pac, that's legendary; "Aquemini" by Outkast, "ATLiens," little bit of Big L "Lifestylez ov da Poor and Dangerous," Mobb Deep, "The Infamous" is probably my favorite album ever; "Black on Both Sides."

Caleb: So, why's the 90s the golden era?

Sam: I think it falls onto the production, and the emcees.

Caleb: Because I'd disagree.

Sam: Well I think it's about when I got introduced to rap. I started out with the old stuff so I progressed along with that, and I think that's just the music that I enjoy the most. It's just one of those things where you don't really know how to describe it. It could be the production, the rapping, the consistency; it's just what I got into first. What would you say is the golden era?

Caleb: I'd say... well, I don't know. It's a weird conversation because saying now is the golden era is weird because... in the 90s, it was almost like there were gatekeepers, you had to be a good emcee to even get into a studio, where now you can make it in your bedroom, so that's another reason trap's big because you can make it yourself where in the 90s you had to prove you could rhyme before you could even step foot

in the studio.

Sam: I think that proves my point though.

Caleb: I understand the argument that the 90s were the golden era and it also laid the groundwork for everything that's done now, but also I think my favorite rap is being made in the 2010s and it's definitely based off of the groundwork that was laid in the 90s.

Sam: Give me a couple examples.

Caleb: I feel like they've been able to take that and make it more alternative and I think the thing 90s rap – and not to say all of it does – but I think it largely lacks a lot of – not introspection, but emotional vulnerability, because I feel like artists like Earl who's probably my favorite rapper –

Sam: – They kind of pour their life into their lyrics.

Caleb: Exactly – I was trying to think of my other favorites – like Jonwayne, who's more underground.

Sam: Jay Electronica.

Caleb: I feel like my favorite artists don't really adhere to one time period, like Jay Electronica was the late 2000s, DOOM was the mid to early 2000s, Earl's now; everything my favorite artists do are kind of removed from the trends of their time.

Sam: If I've learned anything about you, it's that you appreciate transcendent artists who – let me rephrase that – you appreciate artists who stand the test of time.

Caleb: That's fair. If you listen to DOOM, Earl or Jay (Electronica), none of them sound like they're from a certain era – I mean, some of it – but mostly.

Sam: You could show me an Earl album, tell me it's from 1999 and I'd probably believe you.

Caleb: If you told me "Madvillainy" was made two years ago I'd probably believe you. The underground sound isn't dated, especially for DOOM. That's why I have a tough time saying the 90s is the golden era, while it did lay the groundwork, I just like the alternative ways people are using hip-hop now.

Sam: I think you raise a very fair point, but the one thing I want to say about 90s rap is that with current rap, there's more depth to it – and by that, I mean there's more of it – artists expand on what they do a lot more than they used to do in the 90s.

Caleb: They take a lot more risks. Artists like Quelle Chris, he's a super alternative guy from Detroit, and his music's really out there, but it's really good; it's probably the weirdest rap I listen to – but artists like him take it in a whole different direction. Artists weren't doing stuff like that in the 90s, either.

Sam: If you look at Mobb Deep, for example, you look at "The Infamous," "Hell on Earth," "Murda Muzik" it's all kind of the same stuff over and over again. "The Infamous" is a brilliant album through and through, and all the music slaps on it, "Hell on Earth" has a couple of great songs, but you could play me a song from that album and if I don't know any better, I'd be like, "That's on 'The Infamous,' right?" It's the same thing. You look at an artist like Kanye West, you know if you're listening to "Graduation," you know if you're listening to "The Life of Pablo," they're all distinct. You can probably speak on this more than me, but Earl resembles that, too.

Caleb: For sure. "Doris" is a DOOM album pretty much, a DOOM, Eminem-esque album, and he kind of grew out of his influences from there. "I Don't Like S***, I Don't Go Outside" is super dark and depressing but super honest. And then "Some Rap Songs" is very honest but more comforting and less angry – and they all sound very different. "Some Rap Songs" is loop-based, "I Don't Like S***" kind of got out of the Odd Future production, but was still in a similar vein.

Sam: We should wrap this up.

Caleb: Closing thoughts?

Sam: My closing thought is that me personally, I like rap that is well-constructed, thought through, the rapper's rapping their own words rather than somebody else's words, unless there's a good meaning behind it, which usually there isn't as far as I know, but I don't know, I like what I like and not everybody likes it, but I think people need to understand why I like the music that I like, if that makes sense. I'm thinking about my friends, and I'll play "Give Up the Goods," by Mobb Deep, and they'll be like, "Shut that crap off," and I'm just like "How do you... like what?" I don't know.

Caleb: I think like I've become content with understanding most people aren't going to like what I listen to and that's why I listen to it by myself, but I have music more people will enjoy that I'll play around other people, like Anderson .Paak or Kanye, stuff like that that everyone enjoys generally, but I've become content with the fact that most people aren't going to want to hear "I Don't Like S***" by Earl because it's super depressing and really dense lyrically.

Sam: You raise a good point, I agree with that.

Farewell, seniors...



Photo courtesy of China Wong

Long live production nights

By Jacob Dawson
CONTENT EDITOR

I'll admit I first got involved with *TNH* in a pretty hostile way. I came to UNH in the fall of 2015 after spending my last year working for my high school's paper through a new journalism course being offered. When I picked up my first copy of *TNH*, which I have no idea what was on the front cover, I started to take a pen and pick apart some of the problems I noticed with spelling and AP errors.

I said I didn't want to join the paper because of the problems I saw, but I also hadn't declared my journalism major yet, I wanted to be a marine biologist and study sharks, and I low-key still do. It wasn't until the 2016 election I decided to become a journalist. It

wasn't long before then my brother had taken up a career in journalism and was working for the Vermont Cynic at the University of Vermont.

He told me I needed to join the paper in order to make it better, to make it more like the Cynic which won a national award that year for its reporting. My very first journalism teacher at UNH, Meg Heckman said more or less the same thing to me. Shoutout to one of my favorite professors, who is no longer at UNH.

I joined *TNH* towards the end of my first semester sophomore year as a contributing writer. As soon as the next semester started I was able to join the staff and staff writer and held that position until the start of my junior year when I became a news editor, then the start of senior year I earned the

position of content editor, where I sit now, writing this, talking with the other editors about our past experiences.

TNH gave me more real life experience working for a news outlet than most of my classes have. But *TNH* has also connected me with some very valuable people at UNH who helped me get my internship this past summer at the Concord Monitor.

I'll never forget the countless Wednesday nights I spent here in MUB 132. I'll never forget the people, the stories, the controversies, the politicians, and constant input from our wonderful community which, without, *TNH* would not be able to provide you with the news and opinions we are capable of.



Photo courtesy of Carl

Buckwild Showalter

By Kevin Philpot
DESIGN EDITOR

The newspaper was fun, very fun. We have fun doing the newspaper, from typing and moving around it's fun. If I could sleep at the newsroom, I probably wouldn't but that's that. I have to write two hundred and fiddy words about my time at The New Hampshire (*TNH*), ah jeez. I would like to personally thank "Caleb Nathan Jagoda" for trying. Good god "Caleb Nathan Jagoda." Spending Wednesday's couldn't be any better. Except for maybe sipping the weekend nectar. You know what they say, its 5 a.m. somewhere. I'm watching a commercial for Philadelphia cream cheese and could not think of a worse topping. Ever. Cream cheese more like cream cheeks. As for the executive editor Brett Belden, follow these words ex-

actly: Drink a gallon of water a day. Watch out for folding tables. For 'ole Benny Strawb, can't wait for our trip to Thailand :). Cheers to the bearded guy who sat next to me all year, not sure what your name was. Sick face lettuce man, keep at it. How about Ian Lenahan, anyone know Ian Lenohan? Ian Lenihan is a jack of all trades. If I needed a jack to trade, I'd call Ian Lenihan. STAT. For those I didn't mention, nice job. I'm currently watching the Stanley Cup Playoffs and here's a hot take: that Geico gecko has got a lot of air time so far...I think he's up to no good #geicoriggingscandal. Read into it. Speaking of sports, Sam Eggert and Mike Lastname killed it this year. Imagine sitting on a beach. Pedialyte now offers a powdered drink mix for those in danger. Not the yuttas!



Photo courtesy of Anita Kotowicz

It was more than just a game

By Michael Mawson
SPORTS EDITOR

I've only been at *TNH* for the past year, but it's been time that I've really enjoyed. Becoming the sports editor for *TNH* was probably the best decision I have made when it comes to my UNH career. As a journalism student, I've learned more from my time in the newsroom than I could ever hope to learn in the classroom. It's been a really good experience.

Being a transfer student, *TNH* is something that has helped me feel more connected with

UNH.

The newsroom is a funny place. I didn't really know what to expect last April when I first applied. It can be hectic at times, especially in late October for sports when it seems like every single sport in the world is going on at the same time. There have been a lot of late nights that have turned into early mornings. Nothing feels better than grabbing that newest edition of the paper on Thursday off the newsstand and seeing all your hard work, it's a really cool feeling.

The memories I've had in my

short time at the paper have been great. I've found friends in the people here and I'll miss them all.

Sam, my co-editor, will be happy to see me go. I'm undefeated in our weekly column showdown, I've been embarrassing him with my sports knowledge from day one.

No worries, Sammy boy, I'll pass the torch to you now. With me gone you can now dominate weekly in column showdown.

Thank you for all the good times *TNH*, it's been real.

*Thank you for all for everything you've done.
We will miss you dearly!*

TNH 2018-19: The crew

April 10, 2019- our final night as a staff together

Photo Courtesy: Sam Eggert/TNH Staff



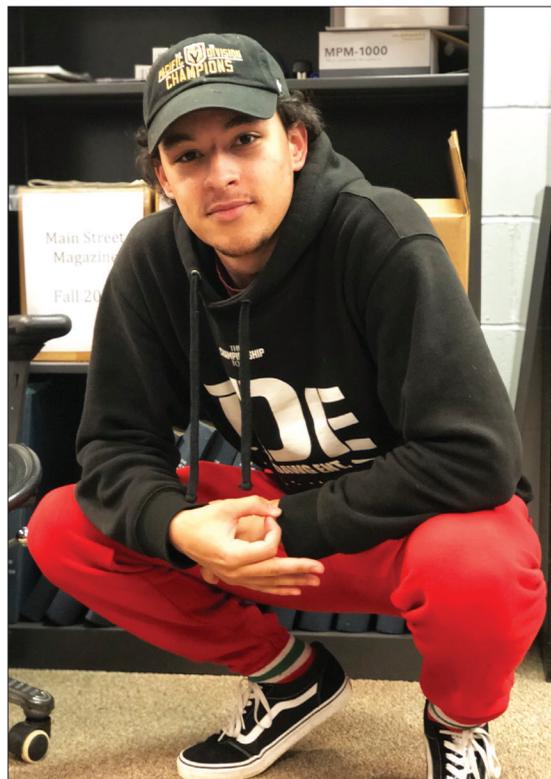
The corner cubicle guys- Bret "Bort" Belden and Ian "Cannoli Boy" Lenahan



Jacob "Jank" Dawson- the seeker of truth



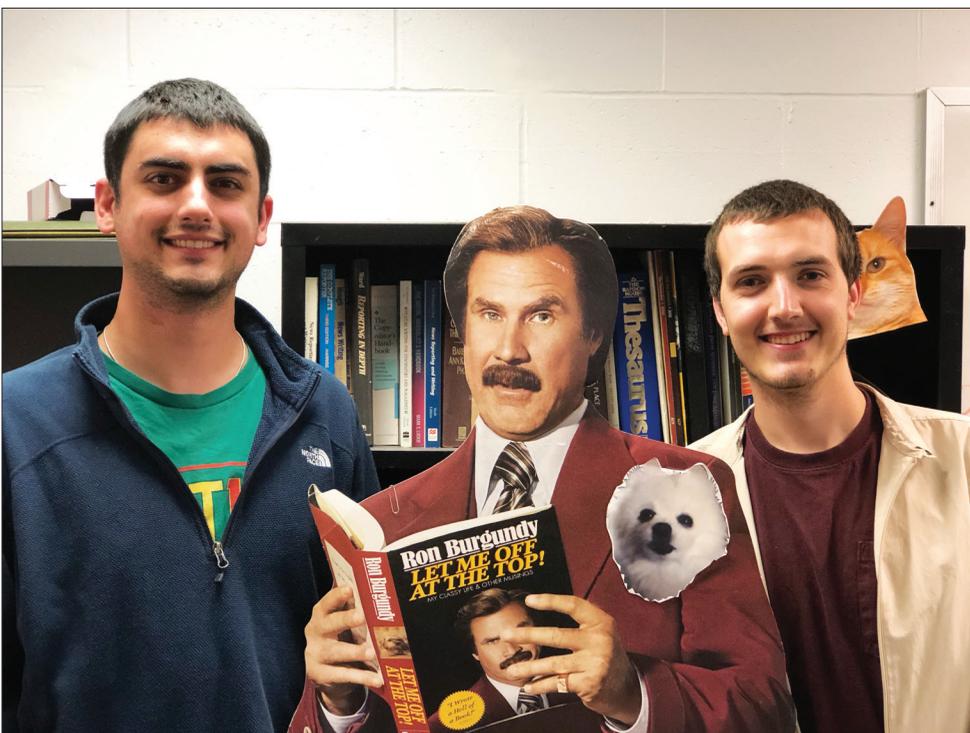
The voice of reason- Katie Lesnyk



"Young Hemingway"- Kevin Philpot



How does this thing work?- Nick Johnson

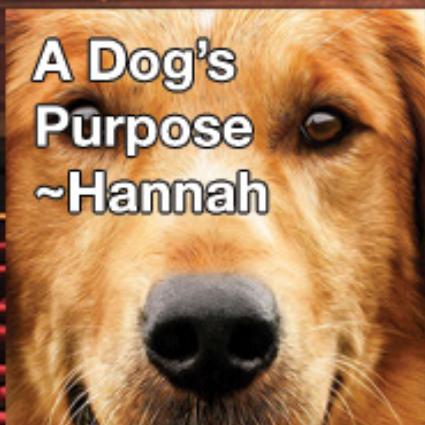
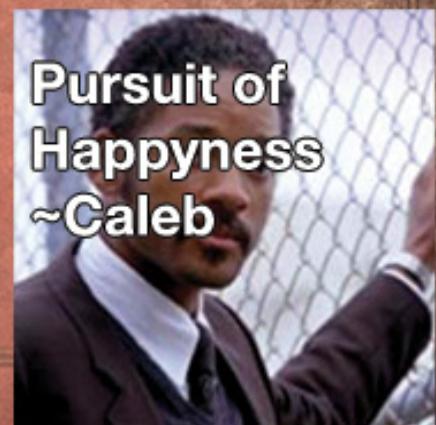
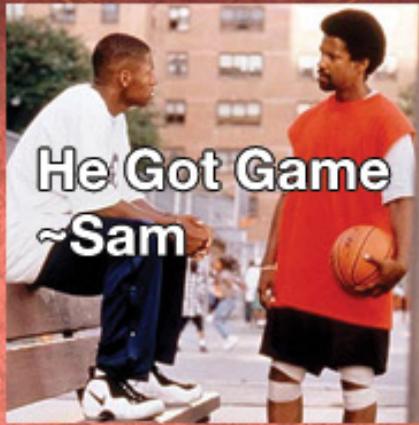


The jocks- Sam Eggert and Michael Mawson (ft. Ron Burgundy)



Dover, NH's finest- Hannah Donahue and Benjamin Strawbridge

Newsroom poll: What movie makes you cry the most?





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From the *Editor's Desk...*

Jumping ship not an option

Bernie Sanders constructed his platform carefully. He first announced his candidacy for president in May 2015, rallying against the political machine and promising to run as an independent with 'democratic socialist' views. Youths latched onto his grassroots campaign, donating millions within days to catapult Sanders to center stage.

The limelight exposed more about Sanders than his supporters surely hoped. He shifted even further left to sever political ties with opponent Hillary Clinton and thereafter declared himself a socialist – while his definition of socialism differs from that of a traditionalist, the idea of our government shifting so far from center scared most moderates away from his name on the primary ballot.

Had Sanders not shot himself in the foot with those comments we'd be looking at a very different America today. He led the first real charge against massive wealth and income inequality. It resonated with progressive voters who'd heard "we're going to expand the middle class" enough to drive them absolutely nuts.

Fact is, Democrats do want to expand the middle class but this country isn't patient enough to see it done within our existing system. Abandoning capitalism isn't the answer. We know our

model can thrive under the right leadership but it takes more than a single presidential term to right what's wrong here.

Take high school for example – public schooling puts students on track for higher education regardless of their parents' income, and with rising tuition costs it only gets harder to pay for undergraduate degrees. That's what loans are for, they say, but I hardly consider \$180,000 of debt at age 22 the foundation of long-term success.

My high school was "white collar" in this way. What do I remember from junior year physics, and how much of that do I apply in my economics studies? Nothing, nada. Physics students here at UNH might say the same thing about their high school civics course.

So here were my options coming out of high school: shell out cash for higher education, join a trade or stay at home and sit on my thumb all day. I knew from a young age that I wanted a degree (and am lucky enough to be financially able) but if not, my options were pretty slim. I got the "standardized testing" education, a modern-day remnant of the No Child Left Behind program. No formal teaching on trades, much less anything marketable in the real-world labor economy.

It makes sense that our edu-

cators want more for youths but ham fistling them into student loans . . . that debt follows some for life. No Child Left Behind massively dumbed down American schools and left low income graduates for the wolves.

Revamping the economy in a socialist model doesn't fix this problem. The social welfare programs might serve as a financial buffer for unemployed high school grads but won't help them find high-paying jobs. Unless we're talking about making community college free, which was tried and failed under the Obama administration, a socialist system doesn't magically create opportunities for untrained young adults.

America doesn't need a takeover by the left, at least not while the wave of socialism is still crashing on our shores. We can fix what we have no matter how broken, can shrink the wealth gap within our current political environment, and reconstructing our education system to expand opportunity is just one place to start. My hope is that our president doesn't discourage moderate left voters from remaining so.

Because this socialism talk just scares the crap out of me.

Bret Belden
Executive Editor

Letters policy

We welcome letters to the editor and aim to publish as many as possible. In writing, please follow these simple guidelines: Keep letters under 300 words. Type them. Date them. Sign them; make sure they're signed by no more than two people. If you're a student, include your year, major and phone number. Faculty and staff: Give us your department and phone number. TNH edits for space, clarity, accuracy and vulgarity. Bring letters to our office in Room 132 in the MUB, email them to tnh.editor@unh.edu or send them to The New Hampshire, MUB Room 132, Durham, NH 03824.

Opinions expressed in both signed and unsigned letters to the Editor, opinion pieces, cartoons and columns are not necessarily those of The New Hampshire or its staff. If you do not see your side of the argument being presented, we invite you to submit a letter to the editor by sending an email to tnh.editor@unh.edu.

Track & Field and Women's Lacrosse photo album



JACK BOUCHARD/TNH PHOTOGRAPHER

The Masters are upon us

With the Masters Tournament beginning today, we at *TNH* felt it was crucial to shed some light on the biggest event of the golfing season. Although many of us watch golf, the specific details of the game can be hazy. Contributing writer and local golf expert Benjamin Moy is here to assist the common folk in understanding the game. With this, I introduce you to the Game of Golf.

-Sam

The Game of Golf

By Benjamin Moy
CONTRIBUTING
WRITER

Golf has been a habitual pastime for generations around the world.

With a rich history, the sport's popularity continues to

grow globally.

Golf is one of few sports that does not require a standardized playing field. Each golf course is unique in design, offering their own different set of challenges.

Here are the basic rules of golf: First, A maximum of 14 golf clubs are allowed in a player's golf bag.

Secondly, the player must play the ball as it lies.

Throughout play competitors must compare scorecards with opponents after each round to attest scores.

Lastly, when on the putting green a player must mark their ball with a coin before lifting it to clean. The player must then place

the ball back in the original location.

Here are some tips for your golf swing. Whether you're right-handed or left-handed, the golf swing is a delicate balance of power and stability.

The best way for beginner and intermediate level golfers to improve their swing is through

practice.

Driving ranges and practice facilities are great for identifying and correcting imperfections in a golf swing. Swing repetition will result in better scores during competitive play.



BAILEY SCHOTT/TNH STAFF

Follow @TNHSports
on Twitter for live game coverage

Red Sox early season struggles continue

By Cameron Beall
SPORTS WRITER

The reigning champs have been unable to find their stride following an eleven-game west coast trip. After losing once again in the home opener, nobody knows when the light at the end of the tunnel will appear.

The Red Sox capped off their trip out west by losing their third series of 2019 to the Arizona Diamondbacks. Boston got shelled in game one of the series, falling 15-8 after scoring seven runs in the final two innings of play. Rick Porcello earned his second loss of the young season, giving up seven runs in four and two thirds innings.

After Porcello and Brian Johnson gave up 14 combined runs, infielder Eduardo Nunez came in to pitch to salvage some sort of pride in the eighth inning. Nunez gave up a bomb to Alex Avila in his short appearance, stretching the total to 15 runs for the Diamondbacks.

Following the embarrassing performance in game one, Boston lost a heartbreaker in the second game of the series. The Sox

were able to jump out to an early lead, putting up three runs in the second frame including an RBI from David Price. The lead did not last long.

In the bottom half of the second inning, Price could not help himself out as he gave the lead right back as Arizona put up four runs. Price allowed five hits in this inning, but he settled down for the remainder of his outing. The lefty lasted six innings total and only allowed two hits and no runs in his final two innings of work. Boston tied the game in the seventh, but could not hold on as they lost on a walk-off single by Carson Kelly in the bottom of the ninth. Arizona won game two 5-4.

In the series finale, the Red Sox were able to salvage a 1-0 win in a bullpen game. Hector Velazquez started with three dominant innings, followed by Brandon Workman, Marcus Walden, Matt Barnes, and Ryan Brasier. Walden earned the win, and Barnes was credited with save.

Mitch Moreland – Boston’s early-season MVP – scored the lone run in the ballgame, launching a home run in the seventh off

of Merrill Kelly. The Arizona righty went eight strong innings, striking out nine along the way in his second career start.

When the Sox finally returned home to face the Toronto Blue Jays, they received a warm welcoming by the Fenway faithful as they received their 2018 World Series rings. The team unveiled the newest banner along the Green Monster pregame, as previous champions like Mike Lowell, Manny Ramirez, and David Ortiz were in attendance.

You could feel the excitement inside the stadium, as Price, Nathan Eovaldi and Dustin Pedroia earned three of the biggest applause when they received their rings.

The six-time Super Bowl Champion New England Patriots were there to throw out the first pitch as well. The players emerged from the Green Monster, flaunting their six Lombardi Trophies led by Rob Gronkowski – who received the loudest applause of the day. Tom Brady, Bill Belichick and Robert Kraft were not in attendance.

As for the game, it was more of the same from the Red Sox pitching staff. Chris Sale threw

four lackluster innings falling to 0-3 on the season. He gave up five runs while striking out only three. Sale relied heavily on his off-speed pitches to get batters out, despite reaching 94 mph on his fastball.

The offense showed some signs of life as they scored five runs. Moreland and Mookie Betts led the way with a pair of home runs between the two.

Boston has now fallen to 3-9 on the season and find themselves

in the basement of the American League East after losing 7-5 to the Blue Jays on Tuesday. Boston will face Toronto once more on Thursday before the Orioles come into town on Friday for a four-game set.



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AL East Standings

Tampa Bay Rays		10-3
New York Yankees		5-7
Baltimore Orioles		5-7
Toronto Blue Jays		4-8
Boston Red Sox		3-9

Column Showdown

The National Basketball Association is a whacky league filled with petty drama that every year offers storylines nobody could have thought of. Superstar teammates will argue with each other, Kyrie Irving will claim that the earth is flat, Anthony Davis will show up to the arena in a shirt throwing shade at the team that pays him (and then claim he has no say on what he wears) just to name a few. Oh yeah, and there's a lot of entertaining basketball too. Sam goes into the Lakers odd season as a whole while I focus on one specific trade that didn't go as planned for anyone involved. Enjoy.

-Michael

Phoenix and Memphis don't know how to trade



Michael Mawson
SPORTS EDITOR

If you are a fan of the NBA like myself, you are familiar with the "Woj bomb." Adrian Wojnarowski, a NBA reporter for ESPN, is one of the best at getting to a story first and he almost always gets it right. His Twitter game is unmatched, as he tweets out his "Woj bombs" letting NBA fans know the latest news around

the association.

Well, there I was mid-December enjoying my night when I came across a Woj bomb on my Twitter feed. The Suns were trading Trevor Ariza to the Wizards in part of a three-team deal.

The Grizzlies were the third team, and they would be receiving Kelly Oubre from the Wizards. The Wizards would also send guard Austin Rivers to the Suns, and the Grizzlies were sending "two role players" to the Suns," according to Wojnarowski.

I was excited about the trade, the Suns were getting rid of a veteran and acquiring a young point guard that they desperately needed at the time in Austin Rivers. The Wizards were getting a good player to help them push toward the playoffs, and the Grizzlies were getting a young talented and

scrappy player in Kelly Oubre.

But then, things got weird.

The two unnamed players Memphis would be sending to Phoenix were guards Wayne Selden and Dillion Brooks.

The only problem is, the Grizzlies thought they were trading their other guard with the last name Brooks, MarShon, and not Dillon.

Within an hour, Wojnarowski tweeted out the deal was in jeopardy over the miscommunication. The Grizzlies did not want to trade Dillon and the Suns had no interest in MarShon.

Memphis was originally not in direct contact with Phoenix, instead letting the Wizards facilitate the deal. Once the question of which Brooks came up, the Grizzlies got on the phone with Phoenix. I really wish I could have

been able to hear that conversation. I imagine it went something like this.

"Give us Dillon."

"No, we'll give your MarShon."

"Ok, we'll take MarShon and Tyler Dorsey."

"We're not giving up Dorsey."

"No deal, and we're never negotiating with your organization again."

There's a reason that the Grizzlies and Suns aren't winning a championship anytime soon, and its moments like this one that help paint the picture of why that is.

The Suns eventually told the Grizzlies to get lost and finalized the trade with the Wizards a few days later. Trevor Ariza (finally) went to the Wizards, and Austin

Rivers and Kelly Oubre went to the valley of the sun.

Poor MarShon would be traded after a few awkward weeks in Memphis, eventually being sent to the Bulls. He never appeared in a game for the Bulls as he was immediately cut.

Dillon Brooks suffered a big toe injury that ended his season in mid-January.

All in all, the trade wouldn't have shifted the meter of this NBA season. None of the teams involved are in the playoffs, but this mix-up is a hall of fame moment in the NBA whacky hall of fame.

The Magic-LeBron marriage ends after one season



Sam Eggert
SPORTS EDITOR

The 2018-2019 season was supposed to mark the beginning of a new era for Lakers basketball. The Lakers have always been a team that could find success from their name alone. With the signing of LeBron James, the Lakers appeared to be on the road back to their glory days, where the likes of Kobe Bryant, Shaquille O'Neal and many

other superstars graced the hardwood of the Staples Center.

All Laker legends (aside from Elgin Baylor) have one thing in common. They all brought titles to LA. Jerry West, Wilt Chamberlain, Kareem Abdul-Jabbar, Magic Johnson, George Mikan, James Worthy, the list goes on. LeBron joined the Lakers hoping to be viewed in the same light as these players, and the beginning of his tenure has not gone as planned. The mishaps of the organization can be attributed to perhaps their greatest ambassador, former President of Basketball Operations Magic Johnson.

The downhill spiral began before the season started. LeBron has always found success with strong outside shooting around him, which was especially evident following four consecutive finals appearances during

his second tenure in Cleveland. The Cavaliers added sharpshooters like Kyle Korver, J.R. Smith and Kevin Love, and had success with that group.

Magic was adamant about steering the Lakers in a different direction. He signed ball dominant players to hoop alongside The King. Lance Stephenson, Rajon Rondo and Michael Beasley were among the "big signings" that would apparently lead to the first playoff appearance since 2013.

LeBron went on record saying that he did not appreciate Magic's distaste for LeBron's time in Cleveland.

In short, the Lakers season was a miserable failure. Through Christmas, the Lakers were in the playoff race, until LeBron was sidelined with an injured groin. With their best player out for 17 games, the Lakers managed

to only go 6-11. Then, the trade deadline began to approach, and things got weird.

In short, the Lakers publicly offered their entire team (minus LeBron) to the Pelicans for disgruntled superstar Anthony Davis, who had requested to be traded. Surprisingly enough the Lakers young core did not take kindly to the proposed trade. Lakers insiders reported that the locker room began to separate, as players were aware the LeBron, Magic and general manager Rob Pelinka viewed them as trade chips.

The Lakers continued to lose, LeBron activated playoff mode and proceeded to inbound the ball off the backboard in a loss to Phoenix, Lonzo Ball, Josh Hart and Brandon Ingram were announced out for the season and the Lakers found themselves back in the lottery for the fifth

time in six years.

Fast forward to Tuesday. Prior to the Lakers last game of the season, Magic held an emergency press conference. He announced that he was stepping down as President of Basketball Operations. What an embarrassment. He did not tell owner Jeanie Buss or anyone else on the Lakers staff about his decision.

Magic was never meant to be an executive for an NBA team. Following his playing days, Magic has thrived as a mentor, philanthropist and many other great endeavors.

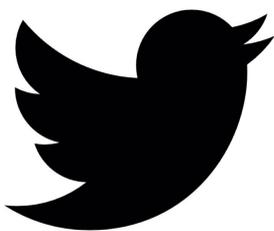
I just have to say it: this solidifies Larry Bird as the better of the two. Johnson may have won more titles, but Larry Legend was more dominant in his prime. The tipping point is that Bird was successful as an executive in Indiana. Johnson failed, miserably.

Do you side with Sam or Michael?

TWEET YOUR OPINION

@TNHSPORTS

WE WANT TO HEAR IT



Men and women's track dominate in Durham

By Cameron Beall
SPORTS WRITER

UNH Track & Field hosted Maine, Bentley and Holy Cross this past Saturday in their home opener for the outdoor season. The Wildcats took home 21 first place finishes in the 38 total events for men and women, en route to wins for both sides.

On the men's side, they saw 11 wins among the 19 events, helping the team reach 222.50 points for the day, followed by Maine at 184, Bentley at 103, and Holy Cross at 79.50 points.

Five of the wins came from first-year athletes, including Nate Hobbs who took first in the long jump and the triple jump; Hobbs tallied 23' 6.75" and 43' 6.50" respectively. First-year athlete Brian Genet also took first in the high jump, topping out at 5' 8.75"

Another pair of underclassmen taking first in the field events were sophomore Jon Chapman in the hammer throw, and first-year John King Jr. in the javelin. Chapman threw 184' 1", and King Jr. threw 180' 3" in his victory.

What shouldn't come as a surprise anymore, junior Zachary Astle once again took home first place and found himself a new personal best. Astle won the shot put and threw 55' 10.50" – sur-

passing his previous best of 55' 3.50". After his victory on Saturday, Astle talked about his success early in the day, "It's definitely good to be home, I very much like the circle here ... I always go by the saying, I'm happy but I'm not satisfied."

Heading over to the track, a pair of sophomores and juniors finished first respectively in each of their events; sophomore Dylan McLaughlin won the 3000-meter steeplechase in 10:17.28, and sophomore Michael Monahan came out victorious in the 110-meter hurdles in 14.97 seconds.

Junior Jack Crawford won the 800-meter in under a minute – 59.34 seconds to be exact. In the 3000-meter race, junior Nicholas Brown won and finished in 8:53.03.

Taking home first in the 1500-meter was first-year Spenser Sawyer. Sawyer finished his run in 4:02.63.

In the women's events, the Wildcats took home 10 of the 19 events on Saturday. New Hampshire won the meet with 206 points, then Maine with 184, Holy Cross with 150, and Bentley with just 57.

Junior Alyssa Colbert won the discus throw, with a throw of 148' 4". This now stands as the new school record, surpassing the previous record of 148' 1" set by

Emily Wernig in 2016.

Other Wildcats who threw for the win include first-year athlete Sara Williams and sophomore Lauren Quann. Williams won the shot put after throwing 40' 4.25". Quann took the win in the javelin with a distance of 133' 8".

Another first year athlete, Saige TuDisco, came out on top after her go at the high jump; TuDisco won with a jump of 5' 5".

On the track, first-year runner Alyssa Doust took home the win in not one, but two different events this weekend. Doust won the 100-meter in 12.46 seconds, and the 200-meter in 25.96 seconds.

Three more Wildcats had wins on the track on Saturday. Sophomore Cayla Barretto won the 800-meter in 2:20.63, junior Michaella Conery took the 1500-meter in 4:45.49, and sophomore Maria Virgo finished first in the 100-meter hurdles in 14.68 seconds.

The underclassmen 4x100 relay team of Doust, Virgo, first-year Crismeily Borg, and first-year Zakiya Scott won their event, finishing in 50.13 seconds.

On Friday, the Wildcats will head to Rhode Island for the Providence Invitational. The next home meet will come the following day, Saturday, April 13 at 11:00 a.m. when the 'Cats will host Maine and Bates.



JACK BOUCHARD/TNH PHOTOGRAPHER
UNH won their first home meet of the season on Saturday.

Wildcats winning streak ends at four

By Bailey Schott
SPORTS WRITER

The Wildcats four game winning streak was snapped on Saturday in the closing seconds of a tight game with the University of Albany.

Despite the 12-11 loss, sophomore midfielder Elizabeth Blanding and senior attacker Catherine Sexton each recorded five points for the 'Cats. Junior midfielder Rylee Leonard and sophomore midfielder Julia Neyland also recorded multiple points with a combined five points.

New Hampshire erased the 6-1 first half deficit, but Albany scored the final three goals of the game – including the game-winning goal in the final 15 seconds.

The Great Danes scored the first five goals of the game, dominating the offensive end through the first 20 minutes.

Blanding scored the first goal for the 'Cats, unassisted, with 7:14 in the half.

Junior attacker Madison Conway scored the first two goals for Albany and struck again in the final 30 seconds of the half to gain a 6-1 lead at half.

Sexton put the Wildcats on the board first in the second half

just over a minute in, but Albany reestablished a five-goal lead with 25:33 in the half.

The Wildcats answered with four consecutive goals to cut the lead to 7-6 with 18:03 in the half. Sexton started the rally with an unassisted goal, then set up Neyland for a goal three minutes later.

Leonard recorded her second assist after connecting with Blanding for a goal at 19:11. Sexton followed with her second assist to set up graduate student attacker Teagan Northrup to cap the scoring run.

Albany scored back-to-back goals just 33 seconds apart to push the lead to three with 14:25 in the half.

Sick of playing from behind, the 'Cats scored five consecutive goals to gain their first lead of the game 11-9 at 7:41.

Graduate midfielder Devan Miller started things up with an unassisted goal, and Leonard followed 57 seconds later off a pass from Blanding. Blanding also connected with Neyland on the next possession for the tying goal.

Senior attacker Mickenzie Larivee gave the Wildcats the lead 10-9 assisted by Sexton, and Blanding capped the run off less than a minute later with her third

goal on a free position shot.

Albany was finally able to get back on the board with a free position goal at 6:44 in the game.

UNH turned the ball over with under two minutes of play and the Great Danes capitalized, tying the game 11-11 with 52 seconds remaining.

Albany scored to take the 12-11 lead with 15 seconds left and won the ensuing faceoff to secure the win over the Wildcats.

The 'Cats returned home for a matchup with Boston University on Tuesday afternoon. After a back and forth matchup, UNH ultimately fell to the Terriers 12-10.

Leonard got things started for the 'Cats with an early unassisted goal just 49 seconds into the game.

BU didn't take long to even things 1-1 at 24:18 on an unassisted goal by senior midfielder Kaitlin Belval, but Neyland answered right away to reestablish a 2-1 lead.

Blanding extended the UNH lead to two, at 19:04, and Larivee edged the 'Cats to a 4-1 lead less than a minute later.

The Terriers cut the lead to one with consecutive goals just 40 seconds apart, Wildcats led 4-3 at 10:50 in the half.

UNH turned the ball over

with under 10 to play in the half an BU controlled the possession for a minute before tying the game 4-4 on a goal by senior midfielder Kelly Matthews.

The Terriers scored back-to-back goals 20 seconds later to take their first lead of the game, leading 6-4 with 6:59 in the half.

The Wildcats cut the lead back to one with Larivee's second goal of the game at 3:10 in the half.

New Hampshire trailed Boston 6-5 at halftime.

Miller scored her first of the game early in the second half and UNH erased the two-goal deficit to tie the game 6-6 with 27:49 remaining.

Sophomore attacker Bridget McCarthy scored for the Terriers to regain the lead, however, Larivee answered quickly with her third goal of the game.

Boston went on a three-goal scoring run sparked by a free position opportunity where McCarthy found junior attacker Kailey Conry down low for a goal. BU jumped to a 10-7 lead at 13:30.

Miller cut the lead to two goals, shortly, on a free position goal, but the Terriers regained a three-goal lead 22 seconds later.

The 'Cats, unwilling to give up, scored back-to-back goals from Northrup and sophomore

midfielder Gabby Masseur at 5:56 to make the score 11-10.

Boston scored again late to jump ahead two. The Wildcats called a timeout with 1:01 on the clock, but lost the possession shortly after, dropping the game 12-10.

The Wildcats drop to 8-5 on the season with the two-loss week.

The Wildcats return to play on Saturday hosting the University of Maryland Baltimore County at Wildcat Stadium at 10:00 a.m.



JACK BOUCHARD/TNH PHOTOGRAPHER