

The NEW HAMPSHIRE

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Hockey notches final win on senior night

By **Kennedi Smith**
CONTRIBUTING
WRITER

The University of New Hampshire (UNH) men's hockey team played the University of Massachusetts Lowell for their senior night and last home game of the 2018-2019 season on March 1.

It can be bittersweet for the fans and especially the players who have played their heart out for the last four or more years in the Whittemore Center Arena.

After the win against UMass Lowell, the men's hockey team has an overall record of 12-12-8 this season. That means 12 wins, 12 losses and eight ties.

Brittany Wallace, a senior member of Cat Pack Captains, said "I feel like the season has gone by so quickly, and it is always tough to realize how many games we've had and experienced."

The Cat Pack Captains are a group of students at UNH who love to cheer on the athletes at every game.

"It's always bittersweet when the last home hockey game comes around. Hockey is by far

my favorite sport to watch and the Whitt is such a fun place to spend your Friday and Saturday nights," Sarah Hansen, a junior member of Cat Pack Captains, said.

"It's always a bit sad to have to wait until next October for another home game. It's also an exciting time because it means playoffs are coming and every hockey fan loves to see their team make it to playoffs even if it's not on home ice," Hansen added.

Thankfully for UNH, senior night is not their last game of the season. They still have more games they will get to play in playoffs. Their first playoff game is March 8 at Northeastern.

Wallace said her favorite memory at a hockey game was her birthday, sophomore year, "when Patrick Grasso scored four goals in a game against Merrimack and the energy was unreal," it made her entire day.

The seniors this year are Captain Marcus Vela, Ara Nazarian, Chris Miller, Frankie Cefalu and Richard Boyd.

Frankie Cefalu said playing in the Whitt for the last time was "a surreal moment."

"You cherish every time putting on the jersey, especially at home in front of our tremendous

fans," Cefalu said.

Senior night can be sad, but also an exciting night for the players.

Joe Sacco, a junior on the men's hockey team said, "Senior night is emotional for the seniors, but also for everyone else."

The seniors and the other classes have shared a special bond. Sacco added, "They've been a great class to learn from and they have showed us a lot."

Being a senior means that you have a responsibility of being a leader. Cefalu said that he "enjoys being leader and giving everything, I learned from former players to the younger guys. It's a great feeling knowing they are listening and look up to you."

Even though it was their last night playing in the Whittemore Center, they still have more games to play.

"We will miss them, but we still have a chance to make this season even more special through playoffs," Sacco said.

"Playing at UNH is a privilege and an opportunity that I will never forget and cherish for the rest of my life. I've learned so much from being here and hope I made an impact and left the jersey in a better place," Cefalu said.



Jack Bouchard / TNH Photographer

Professor voices climate concerns

By **Douglas Rodoski**
CONTRIBUTING
WRITER

Professor Jennifer Jacobs of UNH's Department of Civil and Environmental Engineering uses her knowledge and expertise to counter a contemporary threat that's on everyone's mind: climate change.

The author of 80 published journal articles addressing the effect of climate on infrastructure, Dr. Jacobs specializes in transportation design and management, and serves as the director of the Infrastructure and Climate Network (ICNet), which is funded by the National Science Foundation. As the lead author of Transportation Sector Chapter (12) of the 4th National Climate Assessment (Nca4), she has advised on impact, risks and adaptations for national and international transportation platforms.

According to Chapter 12, "A reliable, safe, and efficient U.S. transportation system is at risk from increases in heavy precipitation, coastal flooding, heat, wild-

fires, and other extreme events, as well as changes to average temperature. Throughout this century, climate change will continue to pose a risk to U.S. transportation infrastructure, with regional differences."

Charts provided show Annual Vehicle-Hours of Delay Due to High Tide Flooding from 2020 to what is anticipated in 2100. Right now, Florida is in the red (extreme) zone, indicating 125-625 million hours in vehicle delays annually. The 2100 model shows red and dark red on virtually the entire eastern seaboard.

On the U.S. East Coast alone, more than 7,500 miles of roadway are located in high tide flooding zones, according to the Fourth National Climate Assessment. As global average sea levels are expected to continue to rise by at least several inches over the next 15 years and by 1-4 feet by 2100, these areas will surely be affected negatively.

Flooding events can result in

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Alumni dedicate Ham Smith lecture hall

By **Adrienne Perron**
STAFF WRITER

The contributions of several UNH alumni over the decades have resulted in a classroom dedicated to *The New Hampshire* in the recently-renovated Hamilton Smith Hall.

Last month, a sign commemorating former editors and staff members of *TNH* was hung outside of room 202 in Hamilton Smith Hall. Inside, a second sign states that the classroom is supported by donations made by former staff of the organization, listing 20 parties responsible for the room's dedication.

Administrative assistant Marie Carey, who supports a team that does fundraising for the College of Liberal Arts, said each college at UNH has a team of fundraisers that works to raise money for the college and its different priorities. According to Carey, former Director of Development Tim Allison worked with an alumnus who had an interest in making a donation to the university, and when he learned about the alum-

nus' affinity for *TNH*, he helped to guide him with what kind of gift he might like to give to the university and how he might like to direct his funds.

Alumnus Mike Minigan, who graduated from UNH in 1978 and was involved with *The New Hampshire* for four years as a contributing writer, a staff writer, an assistant sports editor and as editor in chief his final year. Minigan, originally from Beverly, Massachusetts, now lives in Sonoma, California and is retired; he currently coaches women's basketball at Sonoma Valley High School.

According to Carey, Allison helped to guide Minigan and discovered his interests and passions, and was able to work within the university to find out how he could channel those passions into something that was meaningful for Minigan, and would also ultimately benefit the College of Liberal Arts.

"My wife Elizabeth and I had been involved with the university for quite some time," Minigan said. "A couple of years ago, we were on campus with Tim and he

took us through the new Paul College building, which is a beautiful facility, and we saw the way they treated the naming rights there and the identification of the different rooms and conference rooms, and we'd been talking for a couple of years with Tim about the Hamilton Smith project... [so] when we reflected on the value and the richness and the experience of the journalism program, we thought that it was really important that *The New Hampshire* and the people who staffed it be represented somehow in the building."

Minigan, when Allison spoke with him and his wife, said he was also speaking with Gary Langer and Janet Prince, other alumni of UNH's journalism program and Minigan's former *TNH* co-workers. Minigan said Langer was a news editor on his staff and now runs Langer Research Associates, a survey research design, management and analysis company, and also created ABC's industry-leading poll standards and vetting procedures. He said that Prince

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Mostly Sunny

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38/20
Mostly Sunny

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41/23
Sunny

Weather according to weather.com

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The next issue of TNH will be published on

Thursday, March 21, 2019

But you can find new content *daily* at

TNHdigital.com

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has had her own communications firm, Prince Communications, in Portsmouth, New Hampshire, for many years; she was one of two managing editors on Minigan's staff.

Minigan said the three of them were interested in the project itself and also in doing something together again, because they had not communicated much over the course of the last few years.

"It was good to reconnect with them," he said. According to Minigan, the three were the core group who made the dedication happen.

According to Minigan, Allison and Carey worked to generate a file off of the alumni database of people who had worked as editors and staff writers of *TNH*.

"That was hard work because it isn't readily apparent who was on the staff," Minigan said. "But they generated a good list, and Tim asked me to write a letter that he attached to the list that the university sent out to a bunch of folks, which generated several of the names and donations that you see on the list now."

Minigan said this effort sparked a second and third wave of people reaching out to their own colleagues who hadn't yet been reached.

"We were able to reach out in a two or three step process to gather a group of people who shared similar experiences, some of whom are in the [journalism] business still, some of whom are not in the business any longer, but all of whom resonated with the idea of showing our respect to the program and our support of the journalism track at UNH, which we think is a really strong one."

Carey said the whole process took around one year to complete, and before this dedication, she

had only seen individual donors who made gifts and had spaces in Hamilton Smith after them, but this is the first group of people she knows of to do something like this as a group.

The decision of dedicating room 202 to *The New Hampshire* was a discussion between Allison and Minigan according to Carey. She said part of the decision had to do with the amount of money that Minigan was able to raise through his group fundraising effort, as well as the visibility and size of the room.

According to Carey, recognition like this in Hamilton Smith helps to bring the idea of philanthropy to students and alumni who come back to campus to visit.

"It was fun to work on the project and to interact with the different members of the group who ended up making a donation," she said. "We had a few people who actually made an additional donation so that they could make a gift in memory of someone. Hearing from them and their stories and their reminiscing about their times working for *The New Hampshire* was really cool."

Minigan believes the signage may aid in conveying *TNH's* significance to the university community.

"The role of free press in our society is so important," he said, "and UNH has had such a strong [journalism] program throughout the years, that *TNH* is really the on-campus byproduct of all of that experience and learning and legacy. It really needs to continue to thrive no matter what the medium is, no matter if its online or paper. *TNH* as a journalism gem needs to continue to thrive on campus and we want people to go into [Hamilton Smith] and see the signage and think 'these people care about the program, so it must be doing good things.'"



Adrienne Perron / TNH Staff

Climate
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serious damage to road infrastructure. Pictured (below), debris flow covers US Highway 14 (Poudre Canyon) after the High Park Fire in 2012.

Lack of precipitation is also a concern for the transportation network, according to Nca4. Locations like the Great Lakes have had boat transportation affected by diminished water levels, creating strain on domestic and international markets.

While speaking to various issues including immigration and

criminal justice reform, among other issues, the transcript of President Trump's State of the Union address, delivered on Feb. 5, 2019, revealed little or no reference to climate change initiatives. According to a UNH Today press release announcing Dr. Jacobs studies, President Trump's State of the Union "infrastructure plan contained few details and left lawmakers on both sides wondering about the ability to pass a bill."

For the 2019 spring semester, Dr. Jacobs teaches CEE (Civil and Environmental Engineering) 796, 896 (01) - Snow Hydrology, and CEE 895 (06) - Independent Study.



Justin Pipe / Colorado Department of Transportation

Climate Change and Notable Vulnerabilities of Transportation Assets

HEAT	COASTAL FLOODING AND SEA LEVEL RISE	HEAVY PRECIPITATION
Bridges Roadways	Bridges Roadways	Bridges Roadways
Rail Airports	Rail Airports	Rail Airports
Ports Public Transit	Ports Tunnels	Ports Tunnels
	Public Transit	Public Transit

National Performance Goals at Risk

Reduced Project Delivery Delays	Safety	Environmental Sustainability	Freight Movement & Economic Vitality	Infrastructure Condition	Congestion Reduction	System Reliability



STUDENT SENATE UPDATE

WITH BENJAMIN STRAWBRIDGE

March 3, 2019: Meeting 18 of Session 40

Extensive debate on improvements to university student parking and calls for action on climate change were just some of the topics covered in the latest two-hour-long meeting of the Student Senate as it convened for its 18th meeting of Session XL.

Taking up the largest portion of Sunday's gathering, Resolution 40.20 – entitled "On Parking Reform" and introduced by Senior Financial Advisor Allison MacPhee, Sen. Kelsey Crowley (Non-Res. 6), Student Trustee Christian Merheb, Judicial Affairs Chair Alexandra Work, and "community member" José Calvo – urged UNH administration and Transportation Services to act on improving transparency and accessibility when it comes to student parking, suggesting solutions including potential reductions in paid parking hours at both the Campus Crossing and Edgewood Road visitor lots, creating a "comprehensive list" detailing all UNH parking areas and their associated rules, increasing the maximum hours allowed at "Pay and Display" parking areas to four hours, and adding a representative from Student Senate to the parking appeals process; it also called for Transportation Services to submit parking appeal records from the past two academic years to the Senate to be "reviewed and audited" by its Campus Structure Council.

The motion argued that students have "consistently expressed concern" over UNH's parking policies in recent years, especially since the rise of multiple online petitions addressing student complaints. One Change.org petition cited by the motion, which has garnered over 1,400 signatures from students, alumni and community members so far, asserts that students are "improperly receiving parking tickets," with some students reportedly receiving them when their parking meter time expires while in class and unable to reset the timer. The motion states that expired meters are the most common parking penalty facing students.

Although commending efforts by Transportation Services to improve training for ticketing staff, the motion also pushed UNH administration to do more, citing another Change.org petition from 2017 that garnered over 5,400 signatures and asked administration to reverse changes made to

its parking policies that summer for major visitor lots to prevent long term negative impacts on the university and commuter students engaging in extracurricular activities; at the time, UNH administration did not act on the petition's demands, per the motion.

"I think we can all agree that parking is one of the biggest problems on campus," Sen. Crowley told the body in her defense of the motion, "it's a big problem with the community; it's something that brings everyone together by far. And it's something that we've been urging administration to do something on for a long time now, and we've been trying to get everyone's input on this to make it the best we can."

Trustee Merheb added that parking had been "on the back burner" and called the motion a "call to action" at a time when students are calling for an end to inaction by UNH administration on the issue; he furthermore stated that administrators he and motion author MacPhee had visited in recent days expressed "understanding" and "willingness to work with students."

"This resolution is trying to start a process," Trustee Merheb said, "and start discussions without saying 'we demand all these changes, we demand all these things to be reversed.' But it's pretty much saying that...we want to look into and try to find out what are appropriate means to address issues and what are not."

Defenders of the motion pointed to potential improvements and added flexibility, such as the current maximum time limit for campus parking meters, benefiting students with classes lasting longer than three hours. The body also made several revisions to the resolution, such as additional sections addressing student concerns over insufficient communication of campus parking regulations and the lack of student representation in the appeals process, among other concerns.

Some senators, however, questioned the motion's legitimacy, with Sen. Joseph Ramirez (Non-Res. 8) expressing concerns when discovering that the motion had not gone through the Campus Structure Council as most resolutions typically do. Trustee Merheb replied that the issue's timeliness, as well as a lack of action from UNH administration, was motivation for not running it through

the council before presenting it to the Senate, stressing that, if not passed at Sunday's meeting, it would lose traction due to the Senate's three-week hiatus during the week of and after spring break.

Following nearly half an hour of continued debate, Sen. Ramirez called for a vote to remand the motion to the Campus Structure Council, saying that it should be pored over by the council and finalized by its members before presented to the Senate floor to avoid passing what he called "the bare minimum." Student Body Vice President Jake Adams, in the wake of Sen. Ramirez's motion to remand, said that the move would only work if the Senate could "justify" waiting three weeks to pass the resolution and continue progress on the issue of campus parking after that much time and no bill to show for it.

"...I truly believe that if we spend a little bit more time talking about this, if we spend a little bit more time actually discussing on how we can find solutions, the resolution that comes out of that will be bulletproof," Sen. Ramirez told the body, "and we can take to administration and say, 'this is something that we worked on for however-many weeks; we understand how important this is.' This isn't something that we should be rushing just because we want to get it before spring break, this is something we have to get right."

When it came time to vote on the motion to remand, the Senate voted five in favor and 23 against; the final vote passed the resolution with 26 in favor and seven abstentions after over an hour's worth of debate.

The night's other resolution – R.40.19, entitled "Urging Action in Accordance with Projected Climate Warning" and brought to the floor by Campus Structure Chair Devon Guyer, First-Year Representative Julianna Phillips, Sens. Nick Crosby (Stoke 3), Joseph Bradley (Hetzel 1) and Tom McDonough (Gibbs 1, Co-1) – urged the university to meet a 45 percent reduction in carbon emissions by 2020, create a plan utilizing current and previous university research to address climate change and seek solutions, create a plan concerning how UNH would meet the needs of its student body and local community while simultaneously addressing climate change on campus, call on

UNH President James W. Dean, Jr., to "reaffirm" UNH's role in the "climate leadership network," and regularly share progress of its actions and efforts to the Student Senate on a consistent basis, all the while completing any projected plan by May 2020.

The motion cited a recent report issued on global warming by the International Panel on Climate Change (IPCC) stating that the planet's global temperature will rise by 1.5 degrees in 2020 while predicting "further long-term changes in the climate system" in the near future. The resolution argued that sustained global warming is a "threat to the continuation of human civilization" and that UNH possesses the technical and economic capabilities to combat the problem and serve as a call-to-action for UNH stakeholders and other universities to take similar action on a "global" scale.

R.40.19 added that UNH has already adopted a goal of "carbon neutrality" by the year 2100 – as set by the American College and University President Climate Commitment – and stated that the university is on track to meet a goal of 50 percent reductions in carbon emissions by 2020. The motion furthermore stated that UNH is a signee of the "We Are Still In" declaration, which aims to promise world powers "that Americans would not retreat from the global pact to reduce emissions" and combat climate change.

"There isn't really, like, 'this is your bill to reduce emissions;' but it actually is more fiscally responsible for us to work in this direction as this is the direction that the market is going in for energy, and it's becoming cheaper to not rely on fossil fuels and to rely on renewable energy sources," Chair Guyer, who worked on the bill since last semester, told the Senate when asked about the economic impact of the motion. "So, we're actually kind of ahead of the curve on this...it's actually been advantageous for us to take this route and we've actually avoided costs by going in this direction."

R.40.19 ultimately passed the Senate unanimously.

Dr. Nicoletta Gullace, the faculty director of UNH's Discovery Program, served as the meeting's guest speaker as she discussed with the body an ongoing faculty five-year review of the program, with a final report

on the findings due to be released in 2020. The report, per Gullace, seeks to address student concerns over balancing the needs of their majors with completing the required Discovery courses, which aim to cover core, but not necessarily related, subjects such as math and science. Gullace also answered general questions from members of the body about the program itself and potential changes pending the outcome of the review.

In other senatorial business, the body unanimously passed revisions to its bylaws concerning the election of student senators within residence halls in both September and February. Executive Officer Brittany Dunkle, meanwhile, brought forward an unanimously-passed bill adding Student Activity Fee Committee (SAFC) Chair Joshua Velez as a senator from the Upper Quad, while Parliamentarian and interim Speaker David Cerullo – filling in for Speaker Nicholas LaCourse due to personal injury – introduced a bill adding Sen. Matthew Dipallina (Mills) to the Judiciary Committee with no objections. Sen. Luke O'Connell (Congreve 1) was unanimously approved as the newest member of the Senate's Election Committee as well.

Following debate over R.40.20, the Senate adjourned at 8:21 p.m.

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On the Spot

with Sigma Alpha President Kaylah Caires

By Zach Lewis
STAFF WRITER

Kaylah Caires is Sigma Alpha's newest president. She's from Hudson, New Hampshire, and is majoring in biomedical science with a minor in animal science and business. She's interested in becoming a veterinarian and is on the pre-veterinary track at the University of New Hampshire. This is a career that she has pursued her entire life.

"I was an only child for a while and I was mostly babysat by my grandparents," she said. Caires' grandparents are from Mozambique. "They don't speak English, they speak Portuguese, so they would put on Animal Planet because it was the only thing we could both watch and understand. I watched emergency vets all day long. I've always wanted to be a vet. My parents can remember me saying it when I was two or three years old," she said. "I've explored other careers, but I always end up going back to it."

On her way to becoming a veterinarian, Caires enrolled at the University of New Hampshire. She did not immediately join Sigma Alpha.

"I had never imagined myself in a sorority. During freshman move-in there's this event

called Jukebox, all the rooms fill up in the MUB with organizations, it's like a mini-University day and that's how I met Sigma Alpha." A year later she was looking to get a little more involved on campus and joined a co-ed community service fraternity, Alpha Phi Omega. This is where Caires became more immersed in Fraternity and Sorority Life, along with their philanthropic goals.

"Their main charity is Relay for Life." There is a close connection between Alpha Phi Omega and Sigma Alpha. "We have an interesting relationship between Alpha Phi Omega and Sigma Alpha. A lot of our members are in Alpha Phi Omega. You can be in both. I was meeting more sisters that way." This interconnectivity introduced Caires to Sigma Alpha. "I went to a few meetings and that was it. It was just a year ago," she said. Caires joined the second semester of her sophomore year.

Sigma Alpha is a unique organization.

"We're a niche sorority," she said.

Her passion with veterinary studies led directly to Caires joining Sigma Alpha.

"I was getting more involved with my major. Falling a bit more in love with it, getting more involved in the agricul-

tural aspects of it. [Sigma Alpha] allowed me to build myself educationally and professionally with a group of women who had similar interests. That really appealed to me," she said.

"The main tie is agriculture, but we're not tied to a specific major," she continued. "The focus is professional leadership of women in agriculture."

Being president of Sigma Alpha is a natural fit for Caires.

"I'm a big administrative person. I love spreadsheets and all that kind of work. Being a problem-solver comes naturally to me," she said.

She didn't expect to take on this role so soon though.

"It interested me, but I was pretty new. I didn't think of it as a realistic possibility for this year," she said.

Her nomination took her by surprise, but she rose to meet this new challenge.

"Honestly, nominations came around and I was nominated. I knew I could do the job, so I accepted the nomination. Elections came around and I wanted it. It wasn't like, I'll do it if no one else will, and every candidate was well qualified so I wouldn't have been upset if it wasn't me. I was elected and I love the job and I think it fits me very well. Everything is going really well this year," she said.

Caires discussed Sigma Alpha's philanthropy, Heifer International.

"In countries in Africa, or other countries in the developing world, if a family is struggling, especially in places like a remote village, to get food in the general sense of money or distance, owning a cow can make such a difference," she explained. "You have your milk, butter, you get some chickens. It's called Heifer, as in cows, but they do all sorts of animals. They raise and then donate animals. They also provide agricultural education to those families."

One of the events that Sigma Alpha throws to raise money for this charity is their Family Feud night that they started last semester, which she said will be occurring on March 27 in the Memorial Union Building Stratford Room. Sigma Alpha also holds beach clean-ups, a compost enrichment program with a local elementary school, and they are hoping to start an herb garden for Ways Meet, the food pantry on Mast Road.

Outside of Sigma Alpha, Caires has a very busy schedule. She is the president of the Pre-Veterinary Association, a coordinator for a program called Peer Led Team Learning (PLTL) in the chemistry department and a resident advisor in Williamson

Hall.

On top of these responsibilities, Caires is a part of the CREAM (Cooperative Real Education and Agricultural Management) program, a yearlong class in which students run a herd of cows.

"I work with cows. It's out at the barns with one-fourth of the cows that live at the barns. Three-fourths of them are for research. Which sounds scary but mostly it's like, if we feed them this kind of corn what does that do to their milk and that information goes to help New Hampshire farmers," she said. "...We do the finances, we monitor their health, feed them, milk them, take care of their babies and do everything. I was up at 3 a.m. this morning with the cows," she explained.

Caires has been a veterinary technician for a few years, worked at a petting zoo in high school, and could see herself working with farm animals in some capacity in the future. She plans on attending veterinary school upon graduation. When Caires does find free time, she enjoys listening to podcasts, watching Grey's Anatomy and is hoping to learn how to crochet.



Courtesy of Kaylah Caires/ Facebook

On the Spot

with Student Trustee Candidate Liam Sullivan



Rose Correll/TNH Staff

By Rose Correll
STAFF WRITER

“My goal is to make it so you don’t have to ask that question. I think everyone should know [what] the role of student trustee entails,” Student Trustee candidate Liam Sullivan said.

The goal of the student trustee is to represent the undergraduate and graduate student bodies to the University System of New Hampshire Board of Trustees. While Sullivan, the Student Senate’s current external affairs chair, wants to achieve this goal, it’s not the only one he’s focused on.

“I want to advocate to change the parameters to ensure diverse representation in the faculty, lower the cost of attendance at the university and raise more revenue for scholarships,” he said.

Sullivan, a sophomore business administration major with an option in finance, joined the Student Senate at the beginning of first year at UNH, where he served as the senior financial advisor to the student trustee and was entrusted with meeting with all 11 directors of mandatory fees at USNH schools. This past semester, Sullivan was promoted to the External Affairs Council as its chairperson, representing students in Durham, the Alumni Association and throughout the Granite State.

During his first year, Sullivan worked with his committee and the athletics director and the student trustee to highlight student concerns over large amounts of money paid by students towards the athletics fee. In part of his work with the committee and the student trustee at the time, the athletics fee did not increase for that year.

Sullivan believes that UNH should practice greater transparency and place more focus on improving day-to-day student lives and ensuring that students feel included in the university community.

This year alone, Sullivan made major strides in attempting to lower the cost of attendance and the mandatory fees at UNH. He gathered a broad coalition of student government leaders from

all four state universities and wrote a letter to Concord encouraging them to accept and fulfill the USNH budget request.

“Let’s put our thoughts into words and our words into action and let’s sign this big letter [to] New Hampshire that we are all in solidarity in this request, bringing people together with a common goal,” Sullivan says passionately about his accomplishments earlier this year.

Sullivan’s biggest issue he wishes to work on the cost of attendance, including mandatory fees, and improving what he called the “customer experience.”

“...this university and in this university system we as students are essentially the customers. So, it is imperative that we, as student leaders, work together with the Board of Trustees to improve on that experience in terms of affordability, accessibility, inclusion and transparency,” Sullivan says.

His experience being a business major, having been a part of the Student Senate for a year and a half and working very closely with the previous student trustee makes Sullivan a strong candidate for the job.

“What I want students to know about me and about the role and how they correlate is that the responsibilities that are laid out in the roll of the student trustee, like the mandatory fee process, working with the system and their strategic goals is something I deal with in my major,” Sullivan says. “And I rather find a role in which my interests, and my passions and my knowledge can intersect, and I think in this role I can be the best advocate for students and having a better university experience than in any other roll. I think students should vote for me because in the end of the day, representation is about who do you trust to go to these important meeting and going to those stake holders and representatives to represent you and your interests and I think when it comes down to it, I have the experience, I have the institutional knowledge and not only that but I think I have the drive and the passion to really go out there and represent students.”

The election for student trustee will be live on Wildcat-Link March 25 through March 28.

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On the Spot

with Student Trustee Candidate Cailee Griffin

By Benjamin
Strawbridge
NEWS EDITOR

Student trustee candidate Cailee Griffin's campaign agenda stems from a four-legged foundation based in the budget, education, student life and tuition; when listed in order, it forms the acronym "BEST." While Griffin said this was unintentional, she does not shy away from how it reflects her passionate and vocal campaign for the office.

"Most people, if you've ever really talked to me, know that I'm extremely passionate about all the causes that I've been talking about; I can rant about it for hours on end, and I do," the junior political science and international affairs dual major told *The New Hampshire*. "And then, this year, I decided that I really needed to do something about it. I had a lot of conversations with students who have been really frustrated by different events on campus, and I figured that I had a shot to make a difference, so I thought I should run for a position where I can do that."

The first leg of Griffin's agenda focuses on the University of New Hampshire's budget and finances, in which most of the campus' funding, per the candidate and the latest (FY16) revenue data from UNH's website, comes from subsidizing student tuition costs (35.9 percent), with the second highest source of revenue being "auxiliary services" (24.1 percent of the total). Auxiliary services include parking fees, on-campus vendor fees and commissions received from vendors, and student housing fees, among other sources. The candidate explained that many of these auxiliary sources of revenue are good because they don't charge students directly, the main downside from subsidizing revenue from student tuition.

As a solution, Griffin proposed that UNH should invest "their time into moving away from subsidizing things with student tuition and with fees that come from students in general," stressing that student tuition costs only cover the cost of classes and not extra costs like student residence, which students must pay for in addition to tuition on its own.

"I want them to increase the auxiliary funding, but I want them to do that by looking to getting more commissions from vendors and hosting more events on campus that attract people to come to UNH and do business with UNH,

as opposed to increasing prices on things that cost students money," the candidate said.

Item two on Griffin's agenda homes in on increasing the quality of education and learning for students, starting with stabilizing and improving UNH's lecturer situation.

"One of the things that I remember when I was in Senate, students were really upset about the lecturer non-renewals [in spring 2018], because, for one thing, they felt that I wasn't transparent enough, and there wasn't enough communication, not only from the university to the lecturers that they weren't going to be renewing but to the students as well," she said. "...when the university wants to make changes like that, I think they need to talk to students first, and they need to do it in a way that students are going to understand what's happening..."

On top of greater transparency between students – who Griffin said were "blindsided" alongside faculty by the non-renewals – and administration, the candidate said that first-rate professors and lecturers with "live experience" are essential to keeping students on top of their major studies, graduate studies and internships. Griffin's commitment to quality faculty stresses her commitment to providing the university's "Tier-1" research and education experience across the board.

The candidate's third primary focus is on improving student life. To Griffin, a significant way to achieve that goal is increased funding of the university's Psychological and Counseling Services (PACS) and Sexual Harassment & Rape Prevention Program (SHARPP).

"We're a really unique institution that has a program like SHARPP," she said. "Obviously, the university invested a lot of money into creating SHARPP and PACS, and other universities don't have programs like that...not every school has SHARPP or a program that's even like it."

To cite an example of her commitment to the two services, Griffin highlighted her support of previous Student Senate motions urging "mandated reporters" – who are required to report cases of sexual assault to Title IX offices and local police – to encourage those affected by sexual harassment and/or assault to get a victim's advocate, a move also supported in the past by both the Graduate and Faculty Senates.



Courtesy of Cailee Griffin

Increased emphasis on campus diversity also plays a major role in Griffin's commitment to student life on the campaign trail, especially as the university continues to seek solutions and responses to recent events and movements highlighting the lack of diversity within the student body, ranging from the "Eight Percent Speaks" movement – highlighting that eight percent of UNH students are underrepresented students – to the Spring 2017 Cinco de Mayo controversy. The candidate said that improving statistic retention rates, especially for minority students, is key to creating a more "equitable" environment for students and local residents alike and approaching President James W. Dean, Jr.'s, goal of making UNH a "Top 25" university, as outlined in his "Future of UNH" speech.

"With that comes a level of responsibility and accountability. We need to be making sure that as we're improving our retention rates that those retention rates are improving for everybody, and that the people who need their retention rates to improve the most, which are students of color, are getting what they deserve out of this as well," she said.

In her fourth and final core campaign component, Griffin aims to tackle to long-time issue of rising student tuition costs, mainly by seeking a "freeze" on tuition costs. However, she stresses that

her potential election to the Board of Trustees comes with a stipulation when it comes to voting on measures dealing with tuition.

"I think it would be irresponsible for anybody who's trying to be trustee to make any promises about lowering tuition because, realistically, student trustee has one vote," the candidate said. "If I get the opportunity to vote on lowering tuition, that's what I want to do; if I get the opportunity to vote on freezing tuition, I would take that over increasing tuition any day. But, I also understand that I couldn't make a blanket promise to the students at UNH and say, 'as student trustee, I will lower tuition' because there are other members on that board who are voting in a different direction than the students are voting, which is why I'll promise that I'll advocate for it, and I will bring this issue up to the board members every time I get the opportunity to tell them about how expensive tuition is, and our textbooks, and the cost of parking, and how just living at this university is so expensive."

While acknowledging the limited power of her one vote when compared to the whole board, Griffin stressed her desire to bring greater "accountability and transparency" to the tuition process, as well as seek more affordable alternatives to traditionally expensive student material fees, such as utilizing cheaper and/

or open-source texts, as well as utilizing increases in revenue from auxiliary sources.

Above all the details and segments of her ticket, Griffin emphasized that her campaign aims to directly improve students' lives and quality of education, as many of the issues affecting them affect her friends, classmates and campaign staff, who, per Griffin, see a campus in need of reduced financial stress and greater inclusion for an increasingly diverse and active UNH community.

"I'm really passionate about the things that I talk about, and a lot of my friends are personally affected by the things that I've been talking about, and I hate hearing how upset they are by those kinds of problems on our campus...it makes me upset when I hear them talk about how it upsets them that UNH is not a diverse campus, or that there are these incidents of hate going on our campus, I don't want anybody to feel that way," she said. "And I'm really passionate about making a difference; and I think that when people are passionate about the things that they talk about, they'll do a good job because that's half the battle, is caring about the issues, genuinely caring about the issues that you're talking about."

CNN commentator speaks to end hate

By Madailein Hart
STAFF WRITER

As part of the University of New Hampshire's Current Issues Lecture Series, journalist and commentator Sally Kohn aimed to discuss "The Opposite of Hate" in her second lecture visit to the campus.

Kohn, a liberal political commentator on CNN who used to work for Fox News, has written for publications including Time, The New York Times, the Washington Post and USA Today, among others. She is the host of the "State of Resistance" podcast, and her new book, "The Opposite of Hate," has been out for almost a year.

Kohn started off the night through a showcase of her loud and bubbly personality, cracking jokes - mostly about New Hampshire's "warm weather," - showing GIF's of herself, and making silly faces whenever she was trying to figure out what to say. The audience laughed along as Kohn explained that the two most important things about herself, with

the first being that her beliefs tend to lean more towards the left.

"There's the right wing, and then there's what people might call centrism, and then there's liberalism, and then there are progressives, and then there's the left, and then there's the left of the left, and then there's me," she explained.

Kohn's second point aimed to make clear to her audience that she is "really, really gay."

Kohn, after changing gears, showed a picture of conservative Fox News political commentator Sean Hannity, the host of "Hannity" on Fox News.

"In this picture," referencing the picture of herself and Hannity talking, "I'm still a lefty lesbian!"

Kohn told the crowd that she and Hannity have come to this agreement that they don't see eye to eye politically, but they have still developed a friendship "that transcends everything else." Kohn used this as a jumping point to talk about how she developed a friendship with a man who she once considered "the enemy."

Before her career as a cable news commentator, Kohn worked

as a community organizer for 15 years, traveling around the country and working with groups who were trying to make changes in their communities and improve policies.

During a conference featuring Kohn as a speaker, one audience member told her that she should be on TV.

"Why would anyone want to do that? TV sucks," Kohn told the audience. "But one thing led to another and I ended up working at Fox News."

When she first went to go work at Fox News, Kohn felt like she was going into the lion's den, that everyone at Fox was going to hate her. During her time there, however, she quickly learned the people working at Fox News were imperfect people like herself.

As a community organizer, Kohn felt that she was not hateful; but when she started at Fox, she realized that she did hate some people. This experience of looking inward at her own hate and biases led her to write "The Opposite of Hate."

From her findings, Kohn gave three bits of good news. The

first was that hate is not inevitable, discarding the notion that hate is part of human nature and suggested that hate is a learned behavior.

"Who we hate is what we have been taught, what we have learned, from society, from culture, and the accumulation of history in the past and habits in the present," Kohn said.

Secondly, Kohn gave the crowd was that hate is changeable. The example she showed was from someone she interviewed for her book, Bassam Aramin. Aramin is Palestinian and, when he was younger, he believed that all Israelis and Jews should die, as he had only seen these people like an occupying force. A group of men that Aramin was associated with found a box of grenades and tried to blow up a group of Israelis. Aramin got seven years in prison despite the fact that he was not there.

Kohn said that it was during his time in prison when Aramin changed his thinking by watching a film about the Holocaust. When he was released, Aramin went on to get a master's degree in Holo-

caust studies and founded a group with former Israeli soldiers where they work together to find common ground to build an alternative path to peace.

"I've talked to ex-neo-nazi's and other ex-terrorists and people who killed their neighbors in genocides, people who have changed. And if they can change, we can all change," Kohn said.

Lastly, Kohn left the audience with the notion that hate is preventable. She spoke about children attending integrated elementary schools and college students participating in a variety of clubs and sports and how both help fight and decrease racial biases.

She challenged the group of college students sitting in the Strafford Room to think about three ways they can make more connections on our campus, whether it be joining a club, signing up for a class or following people with different opinions on social media. In her final address to the crowd, Kohn stressed that the opposite of hate is connection, and that people cannot connect if they don't make the effort.



Sally Kohn

Courtesy of apbspeakers.com

Spilling the tea since 1911

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UNH Hockey Senior Night photo album



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7 March 2019

UNH a capella groups sing to “Fight cystic fibrosis like a wildcat”



Courtesy of Cynthia Gluck

By Cynthia Gluck
CONTRIBUTING WRITER

Amanda Mullen’s little sister, Ava Beaulieu, has been battling cystic fibrosis, a genetic disorder that hinders the lungs, for the entirety of her 8-year-old life.

On Sunday, March 3, Beaulieu’s older sister and the rest of female a capella group Maiden Harmony - along with several other University of New Hampshire (UNH) student organizations - attempted to make a difference in both her life and others with CF by hosting a benefit concert with 100 percent of the proceeds going to the Cystic Fibrosis Foundation.

The Fight Cystic Fibrosis Like a Wildcat benefit show was co-hosted by two of UNH’s a cappella groups, Maiden Harmony and Not Too Sharp. Seven groups performed at the event.

Mullen, a senior accounting major, gave a heartwarming opening speech before UNH’s Alabaster Blue opened with a cover of Bruce Springsteen’s “Dancing in the Dark.” Mullen introduced her “sassy” sister, who sat in the front row with her parents, grandmother, aunts, uncles and Mullen’s coworkers. Jamie Seyler, who works with Mullen at a Texas Roadhouse, said, “I’m here to support her and her sister and family and to raise awareness.”

Beaulieu sported a gold tiara and a purple tie-dyed T-shirt, matching the Maiden Harmony and Not Too Sharp members. Purple is associated with cystic fibrosis awareness, hence the purple streamers, balloons and “Ava’s Aces”

that everyday life is harder for those who suffer from the disease, but uplifted the crowd by adding, “If we can make things a little easier for them, let’s do that.”

Alabaster Blue’s performance was

The Gentlemen made the audience swoon with Sean Kingston’s “Beautiful Girls.” UNH’s Off the Clef and Sisters in Step followed.

Intermission provided opportunity for the audience to eat the donated wraps from Subway, participate in the raffle, or indulge in the purple cupcakes that Linda “Nanny” Leclerc baked, grandmother of first-year biomedical science major and Maiden Harmony member Rylee Saunders. Leclerc and her daughter, Katie Ouellette, made the trip from Maine to watch Rylee perform.

“I was very excited when [Saunders] told me about the event,” Ouellette said. “I was really excited to come down and get to see her on stage.”

Leclerc was one of the lucky basket winners at the end of the show, taking home Not Too Sharp’s basket of their own CDs, water bottle, and pens.

Junior communications major Katie Auger, a Maiden Harmony fan, said that she has never missed a UNH a cappella event. She loves listening to people sing, and thinks Maiden Harmony is especially talented.



Courtesy of Cynthia Gluck

bracelets for sale.

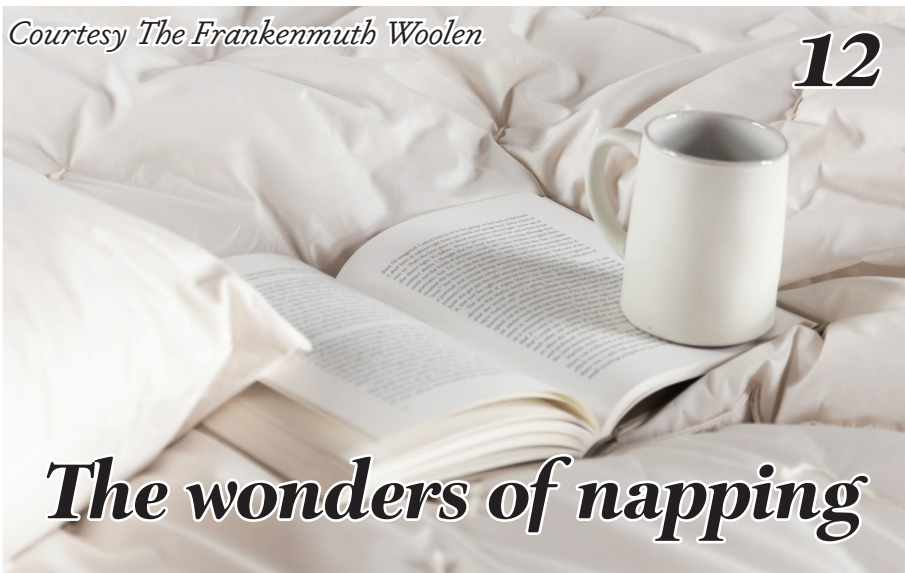
Cystic fibrosis is a genetic disorder that hinders the lungs, creating mucus that makes it difficult to breathe over time. Mullen explained in her speech

followed by one of UNH’s all-male a cappella groups, The New Hampshire Gentlemen. Introduced by senior recreation management and policy major Alyssa Porto, who emceed the event,

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Courtesy The Frankenmuth Woolen

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The wonders of napping

Courtesy Foster’s Daily Democrat

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Healing and art

The healing powers of nap-ercising

By Madailein Hart
STAFF WRITER

Many college students aren't getting enough sleep, and the students at UNH are no exception.

That's why University of New Hampshire (UNH) Health & Wellness has implanted "napercise" once a week during the month of March, also known as National Sleep Month.

Wellness educators/counselors Dawn Zitney and Shannon Seiferth run the program and hope to spread the word about healthy sleeping habits. Seiferth will be running the next two sessions on March 19 and 26 in the Thrive office in the Hamilton Recreation Center.

"I have trouble sleeping, so I came to get tips," senior philosophy and history major Jennifer Gallagher said. She found out about the event through the Health & Wellness website and felt that she could probably learn something about how to sleep better by coming to the event.

The session that I attended consisted of myself and three other students, with Zitney leading the group. We were brought into the meditation room, which fit our four meditation mats comfortably. We each got a thick pillow and

blanket as well as a sleeping kit. The first things we did as a group was take a look through the sleeping kits Health & Wellness put together for us.

"We do a lot of research on what gets in the way of UNH students being able to get a good night's sleep," Zitney said. "Being in college means that we may be living in environments that aren't always conducive to a good night's sleep."

First, there were things that could physically help us sleep: a sleep mask, earplugs, a pouch of lavender and a bag of tea. Then there were information sheets, such as 20 Ways to Sleep Well, a Chill Journal, a Sleep Journal and a Dream Journal. These all included advice on what to do when you can't sleep, like getting out of bed for a few minutes to do something relaxing, or how to stay asleep, like putting yourself in a relaxing and quiet environment.

Zitney advises students to never study, be on the computer or even watch TV in your bed. "The bed should only be used for sleep and sex," she says.

Zitney helped the four of us through guided meditation. With gentle music in the background and a calming voice,

Zitney told us to listen to our bodies and let it tell us what it needs. We went

through each part of our body, right from our toes to our head. We needed to focus on the sensations we were experiencing: Were our hands tense? How does our calf feel on the mat? How does our head feel on the pillow? Are we comfortable sleeping on our backs or were our bodies telling us to move on our side on stomach? What do we smell? What do we taste?

Eventually, Zitney's voice faded out and the four of us slept for 20 minutes, the recommended amount of time to nap. Zitney stayed but assured us that she wasn't going to stare at us while we slept and that she was going to meditate once the 20 minutes started.

I could hear tiny snores and deep breathing coming from the other students. The air smelled like lavender and our meditation mats felt so nice you could melt into it, yet firm enough that it would support you. I slept in my usual position, on my side with my arms tucked to my chest, and tried to enjoy this one hour of relaxation in the middle of a hectic day filled with classes and homework.

At the end of the 20 minutes, Zitney woke us up by talking in a soothing voice again, telling us to wiggle our toes or fingers just to get the body awake.

Usually, whenever I take a nap I just fall asleep in my bed and set an alarm to go off right before my classes. Zitney warns that this isn't a great way to nap because it can lead students to wake up feeling worse than before, a feeling I knew all too well.

I definitely noticed a difference in the way I felt while I was waking up. I didn't feel groggy or still sleepy. Instead, I felt pretty awake, probably more awake than I had felt all day. The other students and I stretched for a while when we woke up and Zitney asked us about our experience, noting that we all look much better rested. The other students and I folded up our blankets and walked back outside where there was no mood lighting or aromatherapy, but I felt ready for my next class.

If students are concerned about their sleep, Zitney and Seiferth encourage us to make an appointment with a clinician or a wellness coach, as well as attending the Sleep Expo on March 21. Appointments can be made online at www.unh.edu/health. There are also drop-in hours to meet with a sleep coach Wednesdays from 1:00 to 2:00 p.m. at Health & Wellness.

The Book and Bar provides coffee, drinks, relaxation and (of course) books

By Alison Eagan
STAFF WRITER

I went to the cutest restaurant/café/bar the other night. You've most likely heard of it, but if you haven't, the Book and Bar is one of many coffee shops in Portsmouth, and is comfortable enough for doing some late-night homework.

I went with my friend Sam Percuoco, a junior psychology and justice studies major, on a whim; we both had work to do and wanted to escape campus for a bit. We had heard about it from quite a few people but wanted to check it out for ourselves. Conveniently, the café was open until 10 p.m., which was perfect since we left campus around 7:30 p.m. While we did take my car that I have on campus, the Book and Bar is easily accessible via the Wildcat Transit Portsmouth route. All you need to do is get off at the Market Square stop and walk down Pleasant Street, which is about a five-minute walk from the bus stop.

The restaurant is exactly what the name entails... books and a bar. There are about a dozen book shelves filled with books of nearly every genre - even an entire shelf dedicated to architecture. While it is a bar, (yes, they serve alcohol), they do in fact serve coffee and tea. Sam and I decided on herbal tea since it was nighttime and we didn't need the pick-me-up from the caffeine. I got the "Howl" herbal tea blend which contained calendula, lemongrass, cornflower petals, jasmine flower buds and some orange peel. It was a rather floral and citrusy tea and pretty good. Sam



Courtesy Book and Bar and Alison Eagan / TNH Staff



got the "Imagine" herbal tea blend that had white peony, strawberries, jasmine flower buds and orange peel. The tea itself is served in a tea bag attached to a coffee stirrer to make it easier to take out and control the steeping time. Both teas were about \$2.50 per mug and \$4 per pot of tea. The baked goods were a little pricy though.

We also indulged in a piece of chocolate chip zucchini bread which was scrumptious and perfectly moist. I should also mention that we took advantage of their free Wi-Fi. In the middle of our unproductive work session we decided to stretch our legs and take a gander at the variety of books. Sam was particularly interested in the criminal and the mystery genre. But I was more intrigued by the sale which was 50-70 percent off the original price of books. I didn't buy any though. I already have a lot of books that I don't read.

The café crowd was a mix of old and young couples and some people just enjoying their own company. The vibe overall was comfortable and inclusive. The baristas were not the nicest people in the world, but we may have caught them at a bad time.

If you're looking to get away from campus and kill some time for a few hours, I would highly recommend checking out the Book and Bar. They have something for everyone, whether that's food, a glass of wine, coffee, books or even various events. They hold an open mic every Wednesday night at 7:30. If open mics aren't for you, they also have bands, individual performers and writers and poetry nights.

An album five years in the making: Tom Carlson's 'The Dead Flowers'

By Valeriia Kholmanskikh
STAFF WRITER

Tom Carlson has a profound passion for music. They have been working in music since their early teenage years, playing alone or with a band, at bars, restaurants, open mics and more, performing covers and original songs. They have done jazz, 'Jazz Manouche' (a style developed by Django Reinhardt) and bedroom pop. They have recorded many demos inspired by a myriad of things - and finally, after five years of a complicated creative process, Carlson has released their third major album, "The Dead Flowers."

With the memorable piano riffs of "Buñuel's Angel" and "The Real-est Thing," catchy guitar rhythms of "June" and "Elephant's Legs" and the melancholy melodies of "Melting" and "Sifting," "The Dead Flowers" has something to offer for everyone.

Currently a junior linguistics major, Carlson has a lot on their plate. Between taking classes, learning several languages and doing independent research, Carlson still finds time to not only perform at the Freedom Café and MUSO Open Mics, but to compose and record music.

The work on "The Dead Flowers" began five years ago. Carlson would spend hours almost every day in a coffeeshop, writing music on a house guitar.

"I would kill time, but I would kill time doing things that eventually ended up being a lot of the material for [the album]," Carlson said, "At that point [five years ago] I had written the first song on the album, 'Ser Mi Amor.'"

Carlson's passion for languages harmonizes well with their talent for songwriting. "Ser Mi Amor" is partially

in Spanish, while "What a Statue Does" features a verse in French.

After the summer of their junior year had ended, a friend joined Carlson for their music sessions. Spending time writing and workshopping songs with him, Carlson attempted recording the album on their own, but every attempt left them dissatisfied. Spending four

"It became utterly impossible to do, given our financial situation," Carlson said. "So, we gave up."

During their first year of college, Carlson moved on to writing new songs on their own. Four of them came out on Carlson's "Winning Horse" - a five-song demo album also available on Carlson's Bandcamp. However, Carlson

in their dorm in Eaton House at the University of New Hampshire (UNH).

The idea to record the album in a studio setting returned to Carlson again when they created a band their sophomore year. Playing shows that were distances away from UNH, The Dead Flowers - yes, the album name is, to an extent, an homage to the band - lasted for some time but faded away eventually. Before that, Carlson had one last attempt at recording "The Dead Flowers" at their bandmate's house.

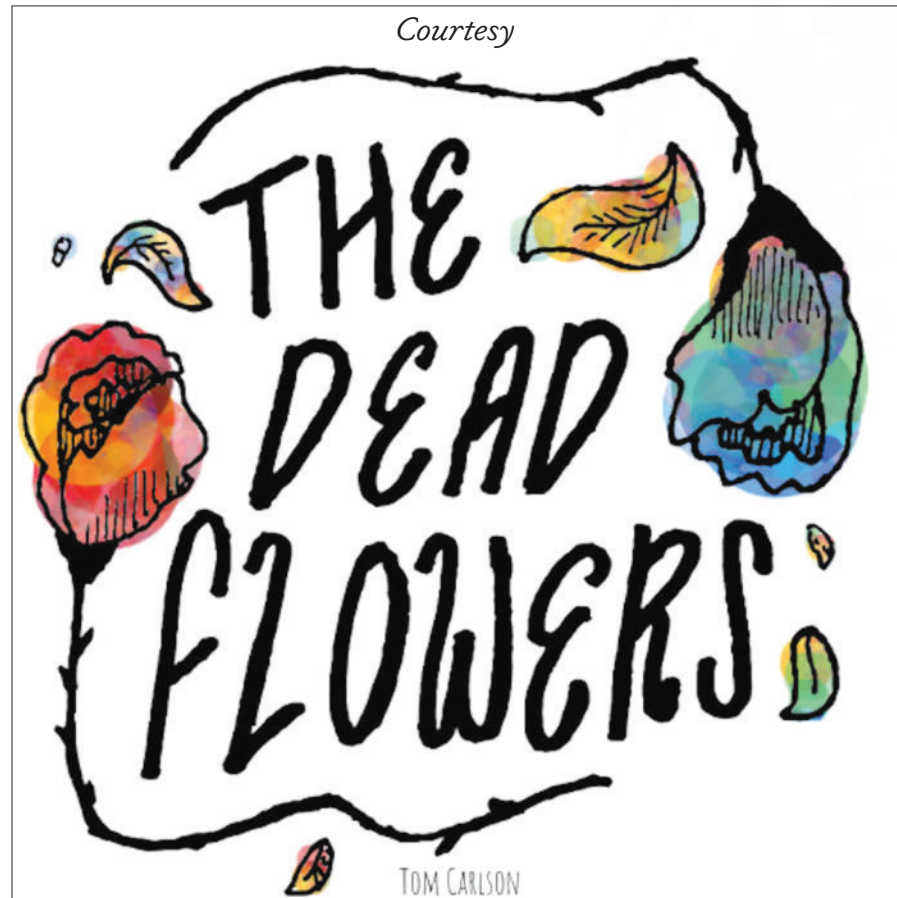
Carlson still was not happy with the sound.

"So I took all those recordings that I had and I kept them in mind and I said, 'I'm just going to do it myself,'" Carlson said. "I'm going to take the album into my hands, and then after weeks and months of taking all the old half-recorded versions, and re-tracking things - and adding new things, re-writing songs and writing new songs to fill in the gaps in the story - I had finally created a sort of skeleton for the album, based on the way that we performed those songs, based on the way that in some sense they were intended when they were first recorded."

"The Dead Flowers" was recorded almost entirely in a UNH dorm. Using what available equipment they had with the help of several friends, Carlson brought together guitar, bass, synthesizers and voice into what they were ready to present as "The Dead Flowers."

Various aspects of Carlson's life are the inspiration behind the album.

"Going broke, so you start writing songs, and then you have crises about your gender and sexuality..." Carlson said. "Just overall, it's kind of like a reflection of all the stuff that made me myself over the past five years."



days in a farmhouse in Great Barrington recording from 9 a.m. to 4 a.m. the next summer turned out to not be enough time for Carlson and their then-team; college separated those who were invested into the album, leaving Carlson on their own.

later realized that those four songs belong with the unfinished project of "The Dead Flowers." Just like that, the album was separated into three distinct parts: songs written in the coffeeshop five years ago, songs from Carlson's last high school summer, and things written

Benefit Concert
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"I think it's awesome that Maiden Harmony picked a cause that is so close to them. It's great to see these organizations doing what they love to raise money for a good cause. This is great for the community."

Maiden Harmony consistently supports the Breast Cancer Research Foundation, putting on their fifth annual benefit concert for the foundation last November. Not Too Sharp also hosts an annual benefit show for the American Cancer Society. The two groups teamed up at the end of last semester, though, to plan the joint event for a cause that was a little more personal.

Maiden Harmony's business manager Kerriane O'Reilly, a senior hospitality management major, took the lead on planning the show. She coordinated with UNH alum Tony Burke, who does the sound for the groups' events. Burke discounts the groups for their benefits concerts.

"We don't make any money from these shows," O'Reilly said, adding, "This show was way bigger than our November one, which I am so happy about."

President of Not Too Sharp and senior business administration major Ben Pollack spoke for the entire group when he said, "We are so honored to be co-hosting the event with Maiden Harmony," who has referred to the Maidens as their "sister group."

Porto provided mutual support for Not Too Sharp, referring to the men as "the best guys we know," and graciously thanking them for their contributions throughout the show.

Not Too Sharp's music director and junior marine, estuarine and freshwater biology major Matt Derrick added, "It feels really good...getting to be a part of something so personal to us."

After intermission, Notes Over Storrs from the University of Connecticut made their mark in Durham.

Not Too Sharp followed the UConn group, opening with Brett Eldredge's



"Don't Ya." The Maidens cheered their friends on from the sideline, dancing throughout the set. They lined up and high-fived the Sharps as they exited the stage.

Applause broke out as the Maidens took the stage for the final set. They opened with King Princess's "Talia," followed by TLC's "Waterfalls." The finale was led by Mullen, glancing at her family with tears in her eyes, sing-

ing Katy Perry's "Unconditionally." As soon as she sang the last note, Porto said into her mic, "Okay, I'm crying... Amanda is my best friend in the entire world."

The benefit show represented Mullen's assertion that "sometimes individuals don't think that they can make a difference, but we are able to just by being here tonight."

Local artist sorts through son's depression and suicide attempt with new mural

By Benjamin Strawbridge
NEWS EDITOR

A Durham-based artist's latest mural reflecting the multi-faceted realities of suicide in society and her own life is now on display at the Dover City Hall.

The mural, entitled "Missing," was painted by Amy Issa and is currently located by the entrance to the hall's city clerk's office; the Dover City Council unanimously passed a resolution allowing its installation on Wednesday, Feb. 13, according to Foster's Daily Democrat.

According to Issa, in an interview with *The New Hampshire*, the mural aims to illustrate the effects of individual suicide and its aftermath on loved ones, and the impact of their absence on the rest of their lives. When looking at the abstract and technicolor mural, some people in the painting can be seen with holes in their bodies, symbolizing how one's suicide takes both their own life and an irreplaceable part of another person's life as well.

Issa's primary inspiration for creating the mural and working to publicly display it stems from her son, who attempted suicide last summer, a culmination of his longer struggle with depression.

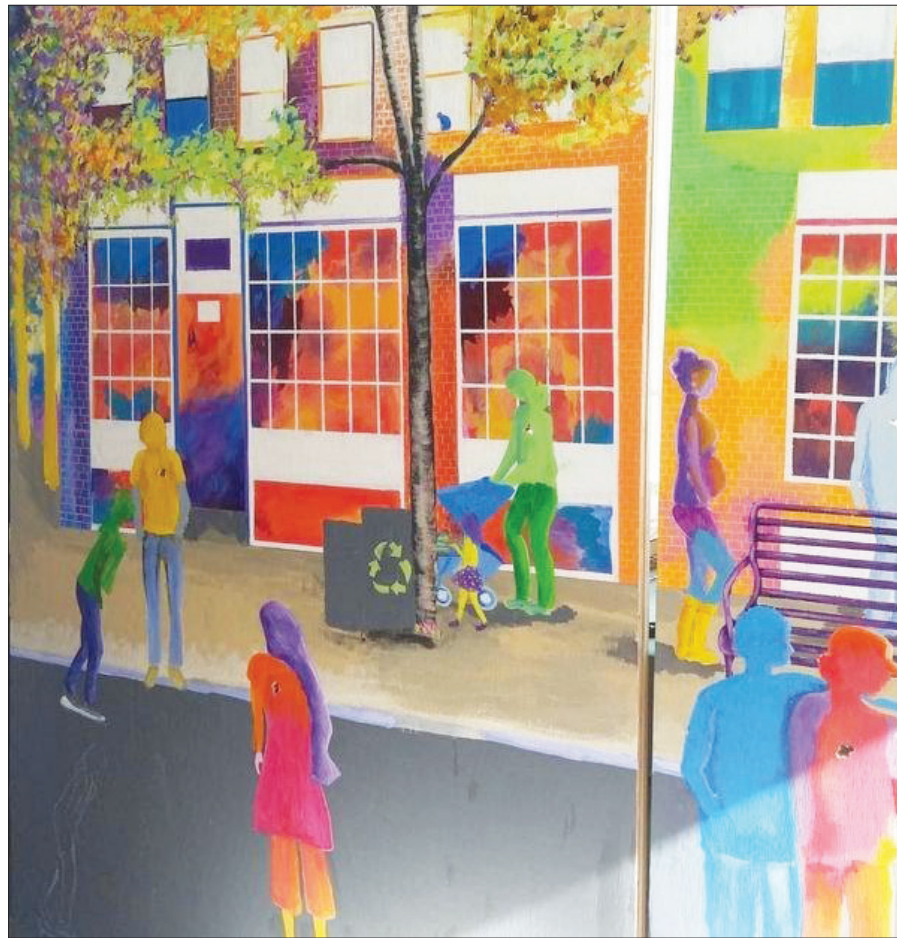
"He became ill with a disorder, and this disorder was precipitated by depression. He's had depression all his life," she said. "He's told me for many years he's had depression; he's tried to fight it in different ways. And he became so depressed during that summer, that it was really hard to get him out of bed."

Over the summer, Issa's son was seen by therapists and by staff at Community Partners, who attempted to create support systems for him to alleviate his depression. However, Issa said that nothing they tried, ranging from conversation to medication, had an impact on his condition, which worsened to the point where, according to Issa, he did not want to eat. He attempted suicide through an overdose on various medications shortly after support staff tried to use Prozac – a selective serotonin reuptake inhibitor (SSRI) – to combat the illness.

"When someone is very, very depressed and they take an anti-depressant like that, they get just enough energy – this is what was explained to me – they get just enough energy to actually go through with the plan that they've been

planning," Issa said. "So, it's a strange thing, and I still don't understand it fully; what I do understand is that he was so depressed that it was so debilitating, and no amount of love or understanding

then sent to City Hall for final display approval. Hamor said the commission does not typically reject a submission unless it features "questionable content" or when a suitable location for the work



Courtesy Foster's Daily Democrat

or support could pull him out of it. He couldn't pull himself out of it."

Her son went through intensive care following the attempt, and while he survived, Issa said she could not fully understand why he would want to end his life. As her son recovered, Issa sought a visual and artistic way to share her experiences and spread awareness of suicide, eventually settling on the "Missing" mural she ultimately submitted to the Dover Arts Commission.

Jane Hamor, a co-chair of the commission, told *The New Hampshire* that artists are free to submit any work of art they want to potentially display through an online application found on the commission's website. The commission then reviews and considers the submissions at their monthly meetings to determine their appropriateness and message, as well as whether it fits within the commission's mission of promoting positive local art within the Garrison City; the approved submissions are

cannot be found.

"In this particular case, Amy... submitted an application, but she wasn't sure where she wanted to put the work. And so, the application was incomplete because we ask people to say where they want to complete the work and ask them to reach out to whoever the department head of that area is," Hamor said.

Per the co-chair, the commission worked with Issa to find the best location for the mural. Issa originally wanted it hung outdoors at Henry Law Park, but the commission suggested an indoors display due to concerns over vandalism and exposure to the elements. When Issa finally completed the mural, the commission found that an outdoor display was impractical given the New England winter weather, before settling on a new area inside of City Hall near the city clerk's office due to high visibility and the lack of other visuals in that section of the building.

The co-chair added that the commission did not receive additional or similar applications seeking for art like "Missing" to be hung in the same location.

All the while, Hamor stresses that the commission aims to help as many artists be displayed as possible, even if they face difficulties with the application process itself.

"So basically, what we did was try to guide her through this process because we want artists to want to put public art up around the city," she said. "... we probably do not get as many applications as we wish we did, so we really encourage artists to submit work that can be displayed in public places. The city is really supportive of having public art installations throughout the city, so we try to encourage it as much as we can."

For Issa, a graduate of the College for Lifelong Learning (part of the University System of New Hampshire) with a bachelor's degree in behavioral science who is making strides to start her own painting business, "Missing" stands as more than an eye-catching public display of art, but also as a symbolic representation of depression and its impacts on those who have it or know someone who is depressed. It also stands as a reminder that suicide can happen to and affect anyone at any time, a struggle that is both personal and universal.

"As his mother, I want to fix it," she said. "... While I was in [the hospital], you know, I got this visual of how... could I express this and share it, because I know we are not the only family. So, I thought, well, I would do a painting to maybe bring some awareness. Maybe, in my mind, I'm thinking, if it could speak to someone, maybe someone might see it and think about, if they were that person that was thinking about it, maybe it would touch them in some way; or maybe they knew somebody that was thinking about it or that was really depressed, maybe it would make them reach out more or maybe just start a conversation about it."

If you or someone you know are suffering with mental health issues, reach out to Psychological and Counseling Services (PACS) at 603-862-2090, or visit their office on the third floor at Smith Hall.



Comedian Matt Shore's career shift into comedy proves delightful at MUSO open mic

By **Sophia Kurzius**
STAFF WRITER

Twenty-one-year-old, Portsmouth, New Hampshire comedian Matt Shore, who has been playing music since he was 7 years old, has only been doing comedy for a year and a half. He found refuge in the creative release comedy brought him.

Shore headlined an open mic event held by the University of New Hampshire (UNH) club "MUSO" on Tuesday, March 5 in the Memorial Union Building's Entertainment Center.

"I've always been a generally goofy boy," Shore said. "A couple summers ago I got really into watching stand-up specials on Netflix and was inspired to give it a try. I did an open mic at my college and it was absolutely terrifying. Thankfully, the audience was very nice and from that point I became obsessed with joke writing."

Inspired by acts such as Flight of the Conchords, Reggie Watts and Bo Burnham, Shore found that the com-

ination of music and comedy was the key to finding the perfect balance in his performance.

"After hitting a creative wall trying to write serious songs and deciding to take a little break to try comedy, I realized I could totally enhance my performances by writing funny songs," Shore said. "This got me out of my songwriting rut and I found my new favorite thing to do. Writing goofy lyrics is ridiculously fun for me."

His newfound passion opened doors, and Shore, a graduate of Goucher College in Baltimore, Maryland, began playing local shows. Even landing a spot opening for Eugene Mirman, vocal actor of Gene on Bob's Burgers.

The college crowd appreciated Shore's sense of humor.

"His bits had a very loose and improvised feel, which made the whole set feel very relaxed," senior history major William Snow Downing said.

Cal Gross-Santos, sophomore anthropology major and arts and lectures director for MUSO, explained that

MUSO puts on open mic events to create a welcoming environment to foster passion.

"MUSO does open mics to bring in cool and talented artists from the local area and from around the country. We also do it to give people a platform to talk about things that matter to them and share ideas through art with the community!" said Gross-Santos.

From students wielding guitars and singing both covers and originals, to students trying their hand at stand-up comedy themselves, the environment was comfortably full of laughter and excitement.

"We chose Matt Shore because he's a comedian from my home town," Gross-Santos said. "The idea of someone from my home town wanting to perform music/poetry/comedy/anything makes me so happy."

Shore couldn't have been happier to be at UNH.

"Everyone was incredibly nice and welcoming," Shore said. "I feel like the target audience for my comedy

is college-age friends, so this show definitely had me in my element. Also, there is a part in my act where I ask the audience a question and multiple people very respectfully raised their hands which I thought was hilarious. I've done this joke a bunch of times and people usually just yell out answers so that was wicked funny."

With free coffee, donuts and laughter, the MUSO open mic event proved to be fun for all.

"UNH was awesome! MUSO runs a great show," Shore said. "I got there right when the show started so I got to see everyone perform during the open mic which was really fun. Also, donuts?!"

As for Shore? He shows no signs of slowing down, performing all around the seacoast as well as producing "Comedians in Bars Getting Coffee," at the Book & Bar in Portsmouth.

More from Shore and his comedy can be found online on Instagram, Facebook and YouTube.



Courtesy Pinterest

Newsroom Noise

*Favorite song to
get you feeling
loosey-goosey
over Spring Break*

"Wu Tang Forever" by Logic - Jake

"Tessie" by Dropkick Murphys - Bret

"Space Jam" - Kevin

"First" by Lindsay Lohan - Ben :)

"The Walker" by Fitz and the Tantrums - Jake

Any Kanye song - Anita

"Motion Sickness" by Neck Deep - Katie

"The Way You Make Me Feel" by Michael Jackson - Mike

"Build Me Up Buttercup" - Ian

Saving bunnies, saving wildlife: An adventure into shrubland

By Jenna O'del
CONTRIBUTING
WRITER

“For the sake of science,” as Sarah Towle, a Wildlife and Conservation Biology major said, I walk into thorn bushes on the weekends, or the occasional Friday morning. I, Sarah, and other undergraduates in the Department of Natural Resources and the Environment (NREN), part of the College of Life Sciences and Agriculture, find ourselves fighting through bushes of thorns big and curved or small needles, dropping to our hands and knees to crawl on the snow, twisting and turning and still having thorns gouge through our layers of pants.

We struggle through thorns because we are surveying New England Cottontails, New England's only native rabbit that is endangered in Maine and New Hampshire. New England Cottontails are endangered because New England (and New York) are missing critical habitat: dense shrubland.

New England Cottontails—not to be confused with the non-native Eastern Cottontail, the bunny you may have seen at the park—are called habitat specialists. They only live in one type of habitat, and if that habitat isn't there, neither are they. The dense shrubland of shrubs and young trees they like comes from landscape disturbance, like logging or

a windstorm, that as an area grows back into forest, it passes through a shrubland stage. “Historically there was more shrubland habitat on the landscape,” Melissa Bauer, a Ph.D. student studying New England Cottontails (hereafter: cottontails) under NREN professor Dr. Adrienne Kovach, says when discussing cottontails. Since the mid 20th century, shrubland has declined as land use changed in the region.

As shrubland declined to current patches scattered across the region, so too did cottontail populations. Cottontails are frequent targets of predators, and they require the dense vegetation of shrubland for protection—predators can't get through it, but the cottontails can. Which means we have to get through it too, even if by crawling, if we want to conserve the cottontails. Cottontails are a focus of regional conservation efforts, involving everyone from institutions like UNH, to zoos, to the U.S. Fish and Wildlife Service.

Cottontail conservation is a regional effort because New England Cottontails are an example of a metapopulation, or “a population of populations.” Normally, a species population refers to simply a group at a certain place during a certain time. A population may interact with others, as Dr. Kovach teaches in her Wildlife Population Ecology class, but a population tends to be separate from other populations. With a metapopulation, though, indi-

viduals of localized small populations move around and take up residence in new areas, colonizing the shrubland patch.

There, they breed with other cottontails, sharing genes, or if there are no other cottontails, they establish a new local population. This new establishment is critical: Decades ago, if a “patch [of cottontails] went extinct because of a hard winter or high predation... it could get recolonized.” Then, as the cottontails recolonizing a patch breed, their descendants can recolonize other patches and ensure the population survives.

But for this to happen, cottontails need to move through shrubland. “The landscape in between shrubland patches [used to be] more conducive to dispersal. They can't really move through open fields or mature forests that well because they get predated really easily.” Melissa says. “With the historical landscape there would be multiple patches of rabbits...some were occupied, some weren't, but there were enough... close together that rabbits could move between patches.” Now, because there is minimal landscape they can move through, local cottontail populations are practically isolated from others, unable to recolonize shrubland patches if the population at one patch dies. The metapopulation cannot sustain itself—“It's all about colonization.” Melissa summarizes.

Colonizing is the goal of captive breeding. Captive breed cottontails are released into areas

of suitable shrubland to establish populations, and then move to other patches and form new populations.

Once cottontails are released, their movements are tracked to see how many survive and where they go, tracked by either GPS and radio collars, or by another way: surveying their fecal pellets. Their poop.

As Sarah and I walk through the thorns, we look around for the small tan-colored pellets. When we see them, we drop our backpacks in the snow and place the pellets into a test tube, careful to not touch them. Pellets contain cottontail DNA we can't contaminate. The DNA, through each cottontail having a unique DNA fingerprint (or in this case, poop-print), tells Melissa how many cottontails are in an area. This is an alternative to live trapping, a historic method of surveying wildlife, where individuals are trapped and counted. Live-trapping would stress the easily-rattled cottontails, and pellet surveys are a no-stress way of counting them.

If the pellets show that multiple rabbits are in a certain area, that area is likely comprised of “high quality dense shrublands.” The cottontails can survive there, and if there are more than how many were released, reproduce.

This quality shrubland designation is not just important for cottontails, though. Cottontails are called indicator species: they indicate a certain quality of the

environment in which they live. In aquatic habitats, frogs are classic indicator species, where declining frog populations show that an area has rising pollution.

If there is quality shrubland habitat, not only can cottontails survive, but other wildlife can too. A variety of wildlife depend on shrubland for their entire lives, like indigo buntings and prairie warblers, both birds that have struggled just like the cottontail. Even wildlife that don't constantly require shrubland, and only use it occasionally, need it, as Matt Tarr, University of New Hampshire Cooperative Extension's Wildlife Specialist, taught in NR 615: Wildlife Habitats: bears, red foxes, and skunks eat the raspberries and blackberries, white-tailed deer eat the shrubs and young trees, and snakes hunt in shrubland.

Cottontail conservation is not just saving New England's native rabbit. It is saving all the other species that need shrubland too. “For the sake of” many wildlife species, into the thorns we go.

You can help with cottontail conservation, even if you don't want to join us in the thorns. Contact Adrienne Kovach (adrienne.kovach@unh.edu), Haley Andreozzi at UNH Cooperative Extension and her website New Hampshire Rabbit Reports, or visit NatureGroupie.com for volunteer opportunities. As Melissa says, cottontail conservation is a regional effort. That means everyone—not just scientists.



Sarah Towle, in the foreground, and Melissa Bauer, in the background and partially hidden by vegetation, make their way through dense shrubland.

Courtesy of Jenna O'del

Take everything with a grain of salt

Last week, our nation was treated to a full day's worth of Congressional oversight, a promise made by Democrats in the aftermath of the midterm elections.

The House Oversight and Reform Committee, led by Rep. Elijah Cummings (D-MD) and Ranking Member Rep. Jim Jordan (R-OH), brought President Trump's former personal lawyer and fixer Michael Cohen before the Committee to testify and answer questions about the president's private dealings.

Everything that was said in the more than eight hours of questions and answers ought to be taken with a grain of salt, and not just what Cohen was saying.

If you've been following politics in the recent years as closely as I have, you know who Michael Cohen is. You would also know that he is going to prison for three years for lying to Congress in a previous testimony, among other charges. This time around however, Cohen was clearly in a different state of mind.

Since his case in the Southern District of New York, Cohen has been the center of attention in what Congressional Democrats have been trying to wrap their head around since 2016: What does Cohen know Trump did that violates federal law, campaign finance laws, or Russian collusion?

Cohen's opening statement had him saying President Trump "...is a racist. He is a conman. He is a cheat." He also stated his regret for his self-proclaimed blind allegiance to Trump over

10 years. He provided documents which implicated the president in campaign finance violations for paying off porn-star Stormy Daniels. Cohen provided a copy of the \$130,000 wire transfer and a copy of one of a series of checks written from Trump's personal and trust accounts to Cohen as what he said was to "...reimburse me for the hush money payments I made to cover up his affair with an adult film star and prevent damage to his campaign."

He provided documents he alleges Trump doctored and gave to banks. Copies of letters he sent at the direction of Trump to his high schools and the College Board threatening them with legal action should they release his grades and/or SAT scores. And probably one of the more shocking documents, which had been circulating around media reports briefly, "A copy of an article with Mr. Trump's handwriting on it that reported on the auction of a portrait of himself - he arranged for the bidder ahead of time and then reimbursed the bidder from the account of his non-profit charitable foundation, with the picture now hanging in one of his country clubs."

Yet, more importantly for the Committee, and for America, Cohen testified that "Individual 1," "Executive 1," and "Executive 2" in the now public Southern District of New York report largely revolving around the Trump Tower Moscow Deal are in fact President Trump and his sons Donald, Jr., and Eric Trump.

He gave more depth to this investigation by alleging the president was working on the project well into his campaign and lied about it consistently.

Cohen is going to jail for lying to Congress. While that fact hung over the Committee, I saw a different Cohen. I saw a man broken by his own decisions. A man who wants to call out the president for who he really is, many times claiming Trump is worse behind closed doors. He seemed sincere, understanding, calm, collected and with thought out responses. Why would he lie again? To get a longer sentence?

Cohen made it clear that if what he provided the Committee on Wednesday would help him get a lesser sentence, he would welcome that, as would anyone facing three years in a federal prison.

As the hearing dragged on, partisan politics began to rear its ugly head. Of course, the House is controlled by Democrats now which means they held a few more seats on the Committee than Republicans, but that didn't stop Republicans from getting their word in.

Most Republican members were trying to discredit Cohen for his conviction, question his legitimacy and try to understand why a man would go from saying he would take a bullet for Trump, to throwing him under the bus in such a public form. Fear of Cohen getting a book or movie deal out of this were brought up consistently.

What was more obvious was their support of President Trump. By trying to discredit Cohen and call out his shady behavior in the past, they are trying to claim it liberates Trump and paints Cohen as nothing more than a really bad lawyer. So bad in fact he's been disbarred in New York, another grain of salt worth ingesting.

Democrats on the other hand were quick to actually do their job, be the main check on the Executive Branch. Democratic members were often reciting their responsibility to uphold the Constitution rather than prop up the president.

Democrats were asking pointed, researched and questions of great importance to the success of future investigations. They got Cohen to name names in the Trump Organization who were involved in these alleged crimes, and stating a couple times that nothing at the Trump Organization didn't have Donald Trump's stamp of approval.

We've already seen the fallout from these questions as the House Judiciary Committee led by Rep. Jerry Nadler (D-NY) announced Monday a sweeping investigation and abuse of powers investigation against President Trump and sending letters to more than 80 Trump associates. We've also seen the Republicans come to Trump's side again and urging Rep. Nadler to "come back to reality" among others' statements. And we've already seen the president Tweet in response to this announcement saying there was "no

collusion." Collusion and corruption are two very different things.

The single part of Cohen's testimony that struck me the most was he said he does not believe, to the best of his knowledge, that Russia and Trump actually colluded to win the election. We know that Russians tried to influence the election, according to Trump's own National Intelligence Officials, but the candidate being involved in such actions is a situation I don't think the country could handle in our current political divide. Still waiting on that Mueller report, though.

I still think it is of the utmost importance viewers take everything they saw with a grain of salt. Cohen is guilty of lying to Congress, during the public sessions the Committee members were doing what they needed to do to please their constituents, my final grain of salt. That is why the two days of closed door meetings likely were very different in terms of what was discussed and the civility of that discussion, and how it will help further investigations.

As a journalist, I'm trained to take everything with a grain of salt and seek the most factual answer. Cohen's testimony was a huge step in the Congress' duty of oversight of the Executive Branch and I hope they carry out their due diligence in a bipartisan format to find out what is really going here. And this just goes to show, your vote really does matter.

By Jacob Dawson
CONTENT EDITOR



NEWSROOM POLL: FAVORITE PIZZA TOPPING





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From the *Editor's Desk...*

Can the Celtics ride this?

A blowout win over the reigning champion Golden State Warriors Tuesday night has the Celtics' playoff hopes once again optimistic, but their chances still hinge on this team coming together consistently throughout multiple seven-game series.

Gordon Hayward nearly outscored the Warriors' bench in their game at Oracle Arena while Jaylen Brown put forth his best all-around effort in months, slotting third-best on the Celtics with a +23 plus/minus behind Terry Rozier and Hayward. Looking at the box score makes it almost too easy to see why Boston won – it's the plays that didn't show up on the stat sheet which made the biggest difference.

For instance, this is the first time Kyrie Irving has looked like the leader of this team since early last year following Hayward's ankle twist. Someone must've told him the hero ball wasn't cutting it against bad teams and certainly wouldn't against the best; totaling 11 assists, Irving played with the type of selflessness Boston needs for success.

Instead of coming off the high screen and cranking a deep three in Draymond Green's face (hoping for a foul call) Irving paid more attention to cutters and

the open man in the corner. Hayward had 19 points in 17 minutes halfway through the second quarter not just because he was more aggressive in the paint – Boston's guards saw him cutting and got the ball inside.

The Celtics have missed that interior pressure in the last few months because their starting five spreads the floor too much. It's one thing to have a roster of sharpshooters that keeps defenders on the perimeter, which the Celtics do, but another if threes become the only method of scoring. With Aron Baynes out and Daniel Theis virtually useless in the offensive post over the past months, Boston had to rely on perimeter shooting to score.

That's what made the win against Golden State so meaningful. Boston collectively shot one less from beyond the arc but made six more than the Warriors; they also outscored Golden State in the paint by 12 and assisted on more points per possession. Brad Stevens' system works when the Celtics both hit their threes and penetrate the inside.

Baynes facilitates that play-style. He's a legitimate threat to opposing frontcourts and he works well with Irving on low pick-and-roll plays like Al Hor-

ford does. Baynes adds underrated depth at the five Boston desperately needs down the stretch.

But one win against a sliding Golden State (somewhat; they're 5-5 in their last 10 games) means nothing if the Celtics have to go through a top-heavy Eastern Conference to reach them in the championship. Boston's currently 3-4 against Toronto and Milwaukee, with all of those wins coming before either team's major trade deadline acquisitions this February. The concern rests with those two in the playoffs and it may simply come down to whichever team has more depth in a seven-game series.

But unless the Celtics can match their intensity from the Warriors game in the Conference Finals (assuming they make it that far) we shouldn't expect a finals appearance this year. If one game were enough to decide, great; but until we see more of the same from Boston, I don't trust it.

Bret Belden
Executive Editor

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Women's hockey eliminated from playoffs



COURTESY OF JOEY WALKER

UNH junior forward Meghara McManus speeds past BU junior defender Sammy Davis. UNH lost both games against BU, thus ending their season.

By Sean Crimmins
SPORTS WRITER

Women's hockey (13-17-6, 10-14-3) lost both its games this past weekend, losing the Women's Hockey East Quarterfinals to the Boston University Terriers (21-7-8, 15-6-6) 2-0. They lost Friday's game 5-1 and Saturday's game 3-1 to finish the 2018-2019 season.

On Friday, the Terriers got off to a quick start, with sophomore forward Nara Elia scoring off a breakaway. Junior forward Deziray De Sousa had the lone assist on the goal. Elia picked up her second goal of the game four minutes later on the power play, beating senior captain Kyra Smith with a one timer. Junior defense-

woman Abby Cook and junior forward Sammy Davis picked up the assists.

The Terriers would add another goal in the final minute of the second period with first-year forward Mackenna Parker stuffing in a rebound to make it 3-0 heading into the final period. Davis picked up her second assist of the game with the score and sophomore forward Jesse Compher was also credited with an assist.

The Terriers would take a four-goal lead 4:24 into the third period with a goal by first-year forward Courtney Correia from junior forward Natasza Tarnowski and first-year forward Kaleigh Donnelly.

Thirty seconds later, senior forward Devan Taylor would put

the 'Cats on the board with their lone goal of the game. She caught a stretch pass from senior captain Marie-Jo Pelletier and beat sophomore goalie Corinne Schroeder top shelf to erase the shutout. Junior defenseman Tori Howran also assisted on the goal.

Three minutes later the Terriers would seal the game away with Parker scoring her second of the game from Davis and Compher to make the game 5-1. Smith made 34 saves for the Wildcats including 14 in the third period. On the other side, Schroeder made 25 saves for BU with 16 of them coming in the second period.

Saturday's game held the same fate for the 'Cats as they lost 3-1. Davis and Compher finished the series leading in points with

five each for the Terriers. Davis opened the scoring exactly five minutes into the game with the assists from junior defenseman Abby Cook and Compher; who assisted on all three BU goals. At 10:26 BU would extend their lead to two with De Sousa scoring on the power play when the puck deflected on a player right to her stick. The goal was assisted by Compher and Donnelly.

The 'Cats would get unlucky again just under seven minutes into the third. The puck deflected from the stick of Davis and into the net off of the skate of the UNH defense to make it 3-0. The three goal lead would not last long though as once again the Wildcats scored 30 seconds later with a shorthanded goal from ju-

nior forward Meghara McManus. Junior forward Carlee Turner forced a turnover and got the puck to senior defenseman Jenna Rheault who sent a pass to McManus, she then deked her way through the BU defense and scoring off her own rebound.

The 'Cats tried to rally back from the two goal deficit but were unable to, resulting in an early exit from the playoffs. Smith made 29 saves in net for the Wildcats and Schroeder made 27 for the Terriers.

The Wildcats will be graduating six seniors at the end of the year; the captains Marie-Jo Pelletier and Kyra Smith, Jenna Rheault, Devan Taylor, Caitlyn Radatovich and Angelica Pelletier.



TNHdigital.com

UNH wins at home

By Zach Schneeloch
SPORTS WRITER

The Wildcat gymnasts returned home for the first time in several weeks to a quad-meet against Rutgers, Brown and NC State in the Lundholm gym this past Saturday. NC State came into the match ranked 25th in the country and first in the EAGL conference, whereas UNH ranked second in the EAGL. With the stage set for a prime EAGL matchup, the 'Cats took the gym.

On the first rotation the UNH gymnasts went to the vault. Former EAGL specialist of the week, junior Emma Winer, started the 'Cats off with a strong performance with a score of 9.725. Senior Courtney Bondanza and senior Nicole O'Learly were able to turn it up a notch for the Wildcats as they posted back to back scores of 9.800. Uncharacteristically, senior Danielle Mulligan stumbled on the landing which drew low score from the judges, but O'Leary was able to anchor the Wildcats in the six-spot coming up big with a score of 9.875. Through the first rotation the 'Cats were able to manage their losses as they only trailed NC State by .225.

The 'Cats would then rotate to the uneven bars. Mulligan quickly turned it around as she came through with the best score of the night on the uneven bars posting a score of 9.900. Juniors Riley Freehling and Ava Watkins were both able to come up big scoring 9.825 and 9.750 respectively. NC State was able to take advantage of some weaker scores and they quietly increased their lead to .250.

Onto the third rotation the 'Cats headed for the balance beam. Freehling, Winer, and first-year performer Hannah

Baddick were able to give the 'Cats an incredible start as they posted back-to-back-to-back 9.800's on the beam. With the momentum turning to their favor, the gymnasts continued with Bondanza scoring a 9.850 and mulligan in the 5th spot scoring another 9.900 on the night. With UNH finally hitting their stride, the gymnasts were able to close NC States lead to .150.

To the fourth and final rotation, the 'Cats headed for the floor exercise to try and win the match late. O'Leary went first for UNH as she was able to match the NC State vaulters score of 9.675 to keep it close. First-year athlete Hailey Lui went next and delivered a score of 9.850 to boost the 'Cats. Winer went next and kept the hot streak going as she tied the top spot with a score of 9.900. Mulligan and Freehling were the next two up as they scored a 9.700 and 9.850 respectively. With the match on the line, Watkins was up last for the 'Cats. She was able to deliver the top performance of the night as she delivered a 9.900 in the most crucial moment.

With a final team score of 196.000, the UNH Wildcats were able to edge the highly ranked NC State team, beating them in the final rotation by .150. Rutgers finished in third with 194.575, and Brown trailed them in last with a score of 192.125.

The UNH gymnasts will be home again this meet as they take on the Yale Bulldogs in a dual meet, Friday at 8:00 p.m. in the Lundholm Gymnasium.

This will be UNH's last home meet before the EAGL championships, and it will be senior night for the 'Cats. All five senior members of UNH's squad will be recognized for their achievements over the years with the Wildcats.



COURTESY OF ANDREW YOURELL

Ulrich leads 'Cats at ECAC/IC4A

By Cameron Beall
SPORTS WRITER

Coming off what was said to be the best meet of the season by Coach Boulanger and Coach Hoppler for the men, and a seventh-place finish for the women at the American East Championships; UNH made yet another trip down to Boston for the ECAC/IC4A Championships.

The men found themselves in eighth place after day one of the meet, led by junior Zachary Astle. Astle, fresh off his shotput title at the American East Championships, once again ended with a first-place finish. The junior threw 64'1" in the weight throw, shattering his previous best of 61'2.25".

Moving over to the track, senior Brett Hoerner was a solid contributor once again for the Wildcats. Hoerner qualified in two different events on Saturday. In the 1000-meter race, the senior placed fourth and finished in 2:26.94. Hoerner also contributed in the qualifying 4x800 relay team of junior Aaron Dobe, junior Matthew Adams, and fifth-year runner Thomas Harter. This team finished in eighth-place and ran in 7:37.68.

Also qualifying on the first day of action was senior William Ulrich. Ulrich competed in the mile race, where he finished in seventh, completing his run in 4:07.47.

At the conclusion of the second day of action, the UNH men's team ended in a tie for ninth-place with 26 points. UConn, Rutgers, and Monmouth rounded out the top three, setting the pace for the field. These schools finished with 108, 93, and 49.5 points respectively.

Ulrich guided the 'Cats on Sunday while competing in two events. The senior was the runner-up in the mile race, where he finished in 4:05.57. Ulrich was also a part of the 4x800 team with Harter, Adams, and

Dobe. The 4x800 team fared better on Sunday where they finished in fourth-place, with a time of 7:30.35.

Hoerner was back on Sunday to run in the 1000-meter finals. Although running faster than he had the day before, Hoerner's time of 2:26.89 was only good enough for sixth-place.

A few more Wildcats who competed in the finals but didn't score included senior Timothy Kenefick and junior Nicolas Sevilla-Connelly. Kenefick finished 10th in the 5000-meter, which he ran in 14:25.10. Sevilla-Connelly placed 20th in the 3000-meter but still managed to make a new personal-best. The junior ran in 8:23.17.

On the women's side of things, fifth-year runner Danielle Gajewski finished 13th in the preliminary round of the 800-meter dash. Gajewski ran the event in 2:09.54. The women's 4x800 relay team of junior Michaela

Conery, junior Madeleine Brandon, first-year Nicole Yeomans, and junior Emileigh Glode took tenth-place in their run, finishing in 9:06.77.

The NCAA Indoor Championships begin this Friday in Birmingham, AL. Junior Shannon Murdock of the women's side is the only Wildcat to qualify for this meet. Murdock's qualifying time came at the Boston University David Hemery Valentine Invitational back in February, where she ran the mile in 4:41.61. The junior's time is currently good enough for 49th in the nation.

Following the NCAA Championships, the outdoor season will start up in just a few weeks in Raleigh, NC at the Raleigh Relays. That meet will take place March 29.



COURTESY OF MATTHEW TROISI



1st Place
108 points



2nd Place
93 points



3rd Place
49.5 points



9th Place
26 points



Wildcats end season with win on senior night



COURTESY OF UNH ATHLETICS

David Watkins and Jordan Reed gather during a stoppage in play. The duo won their final UNH game.

By Michael Mawson
SPORTS EDITOR

UNH wrapped up their season with two conference games this week, losing a close back-and-forth game against UMBC (19-12, 11-5) by a final score of 56-53 on Saturday afternoon in Baltimore. The 'Cats bounced back Tuesday and finished their season on a high note, securing their fifth and final win of the season at home versus Maine (5-26, 3-13) 60-53 on senior night. The win wraps the Wildcats season up with a 5-24 record.

Although the Black Bears finished with a worse win percentage than UNH and both teams were 3-13 in conference play Maine won the tiebreaker, conference road record, allowing their season to continue as the number eight seed in the America East tournament. Maine finished 2-6 on the road in America East play, while UNH went 1-7.

The Black Bears will move on to play the number one seed Vermont (24-6, 14-2) March 9 at 7:00 p.m. in a quarterfinal matchup of the America East playoffs.

In Saturday's game versus UMBC, the Wildcats held a big lead in the second half but were unable to hold on for the win.

The game saw seven different lead changes in the opening 12 minutes of action, the last of which came on a three-pointer from first-year forward Nick Guadarrama with 8:20 to play in the half. That score put the Wildcats ahead 17-15.

The Wildcats and the Golden Retrievers continued to battle over the remainder of the half, and by halftime UNH had a 32-27 lead.

The biggest reason UNH had the lead at the half was due to their accuracy from deep. They shot 8-15 from beyond the arc as a team in the first half. UMBC could not buy a bucket, going 0-6

from three-point range.

The Wildcats came out of the break hot, as they were able to extend their lead to double digits in the first minute of the second half thanks to a three from senior Jordan Reed and a layup from junior forward Chris Lester.

The Wildcats secured their largest lead of the game when they exploded on an 11-0 run in a three-minute stretch after a media timeout, putting them comfortably ahead 48-30 with less than 13 minutes left in regulation.

Sophomore guard Josh Hopkins sank a floater with 10:07 on the clock making it 50-33.

The Wildcats offense would freeze for the rest of the game, however, allowing UMBC to inch their way back into the game.

UNH would score just three points over the final 10 minutes of the game.

UMBC would score 14 unanswered points over the next seven minutes to pull within three points, 50-47, with 2:50 left in the game.

Guadarrama would finally end UNH's scoring drought of seven minutes and 42 seconds on a made three, extending the 'Cats lead to 53-47 with 2:25 left.

UMBC answered with a three-pointer of their own on the following possession, bringing it back to a one-score game.

A UNH turnover resulted in a transition basket for the Golden Retrievers with 1:05 on the clock, making it a one-point game.

Each team turned the ball over on offensive fouls on their next possession, giving the Wildcats the ball with 12.8 seconds remaining.

UMBC was forced to intentionally foul, and Hopkins was sent to the line in a one-and-one situation. The sopho-

more guard's free-throw bounced off the front rim, UMBC grabbed the rebound and immediately called a timeout with 10.3 seconds left.

UMBC's first-year guard Jose Placer hit the biggest shot of his young college career, draining a three-pointer from the right wing with 2.4 seconds left in the match, putting his team ahead 55-53. It completed the Golden Retrievers 18-point comeback.

UNH called its last timeout, but their inbounds pass was picked off and the 'Cats were forced to foul. UMBC converted one of the two free-throws, and secured the 56-53 win.

The Wildcats were outscored 23-3 over the final 10 minutes of the game, and with the loss were kicked out of playoff contention.

First-year guard Marque

Maultsby was the leading scorer for the 'Cats, scoring a career high 15 to go along with four steals while playing 38 minutes.

Tuesday night was the last career game for the two senior Wildcats. Forward David Watkins and guard Jordan Reed ended their college careers as winners, as UNH defeated rival Maine 60-53.

Watkins pitched in six points to go along with a game-high eight rebounds, while Reed scored 13, including clutch free-throw shooting down the stretch to help secure the win.

Reed transferred to UNH in the 2016-2017 season after playing one year for Rice University. In his three-year career for the 'Cats, Reed appeared in 88 games, including 73 starts. He scored 673 points, dished out 146 assists and pulled down 211 rebounds in his three seasons in blue-and-white.

Watkins stepped onto campus during the 2015-2016 season and played all four years for the 'Cats. He appeared in 96 career games, starting 23. Watkins was in and out of the starting lineup this season, starting 18 of 29 games.

The forward's career stats include: 376 points, 261 boards, and 36 assists.

Maine pulled ahead early, scoring the game's first five points and leading for the first 11 minutes.

UNH took their first lead, 13-12, on a made three from Hopkins.

Maine would regain the lead and hold it for the rest of the first half, although the 'Cats kept it close. Junior guard Mark Carbone splashed in a deep ball with only three seconds remaining in the half, making it 22-19 Maine at the half. Carbone had a career-night, posting a personal best 14 points. His shooting was a catalyst for UNH's success, as he shot 4-9 from deep.

The Wildcats would take their first lead of the second half

thanks to a three from first-year forward Jayden Martinez, three of Martinez's 11 points. The basket from the forward gave UNH a one-point lead with 14 minutes left.

The two America East foes would exchange blows over the next 10 plus minutes. Maine went on a 12-2 run before UNH answered with a 15-0 run of their own.

With 1:02 left in their season, the Wildcats held a 53-50 lead. After Maultsby missed a layup, he grabbed the offensive rebound on his own shot, kicked it out to the corner and Carbone put the nail in the coffin, making his fourth and final three of the game. The score was now 56-50 UNH with 31 seconds to play.

Maine would miss their shot on their next possession, and were forced to foul. The Wildcats made their late free-throws, and finished their disappointing season on a high note with their fifth win of the season.

The 'Cats season ended exactly how it started. The Wildcats began the season winning two of their first three games, and the win versus Maine made them 2-1 in their final three matches. The problem for the 'Cats was that from mid-November until late-February they had an abysmal 1-22 record.

The 'Cats will be returning many of their key contributors for next year's team and will look to build on the momentum from their late-season success.



JACK BOUCHARD/TNH PHOTOGRAPHER

Chris Lester defends a Maine player in Tuesday's matchup. The Wildcats ended their season with a 60-53 win.

Women's hoops loses in first round to Maine



COURTESY OF MATTHEW TROISI

First year forward Ivy Gogolin (above) wrestles the ball away from a Maine defender in UNH's 69-36 loss. Gogolin scored six points and had six boards.

By Bailey Schott
SPORTS WRITER

Junior guard Caroline Soucy matched a career high 18-point game in New Hampshire's Senior Day game against UMBC, but it wasn't enough and the 'Cats dropped the game 55-47 on Saturday.

With the conclusion of Saturday's game, the Wildcats finish the regular season with a 6-23 overall record and 3-13 in America East conference play.

The pace of play was back and forth for the entirety of the first period, but the Golden Retrievers had the edge going into the second. They led 11-10 after the first.

Soucy's career game was sparked in the second quarter after making three consecutive three-pointers which ignited a 9-2 run for the 'Cats, regaining a 14-

10 lead.

UMBC responded with a run of their own, giving them a late first half lead over the UNH. The Wildcats closed the half on another 9-0 run, seizing a 24-21 lead at half.

Soucy had 11 points in the half to help the 'Cats offensively, while first-year forward Ivy Gogolin put in work on the glass, reeling in nine first-half rebounds.

The Golden Retrievers dominated the third quarter outscoring New Hampshire 15-7, taking a 36-31 lead after three periods.

The Wildcats brought the game within one point with over five minutes of play in the game, but UMBC shut down any hope of winning with a 7-0 run.

The Wildcats dropped the game 55-47 in their 14th game without leading scorer, junior center Ashley Storey.

The UNH women's basketball team (6-24, 3-13) travelled

to Maine (22-7, 15-1) Wednesday night, where first year guard Kari Brekke led the team in scoring with 11 points, although it was not enough to upset Maine in the first round of the America East Tournament. New Hampshire was eliminated with the 69-36 loss to one seeded Maine.

The 'Cats travelled to Orono riding a five-game losing streak, opposed to Maine's 11-game win streak with the hopes of pulling off the classic David versus Goliath tale.

The Wildcats won the tip yet they turned the ball over immediately leading to an easy Maine layup. The turnover sparked a 9-0 run for the Black Bears in the opening five minutes of the game.

Senior Alli Gribbin broke the 'Cats scoreless run with a three-pointer at 5:33 in the first quarter, but it was not enough to get things going for New Hampshire. The Black Bears dominated the rest

of the quarter allowing only nine points to their 22.

Brekke connected on a three-pointer and a layup to score five of UNH's first quarter points.

First year forward Ivy Gogolin put the Wildcats on the board first in the second quarter with a layup assisted by Gribbin.

The offensive time of possession was even throughout the second quarter. The 'Cats had 16 possessions to the Bear's 15, although the Wildcats were outscored 18-11 in the quarter.

The Bears led the Wildcats 40-20 at halftime.

UNH was first on the board again in the third quarter with a made jumper from sophomore guard Amanda Torres.

The third quarter was back-and-forth the entire way through, however Maine outscored the UNH 12-7 adding five to their 20-point lead. The 'Cats trailed 52-27 at the end of the third.

Maine extended the lead to 29 points in the first two minutes of the fourth quarter, but the Wildcats took no time cutting it back to 25. They trailed 56-31 with 7:27 left in the game.

The Bears maintained a 25-point lead deep into the fourth until opening the game up on a 9-3 run, and took the first round victory.



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Thursday, March 7, 2019

The New Hampshire

UNH beats and ties #14 UMass Lowell



JACK BOUCHARD/TNH PHOTOGRAPHER

Wildcats senior defenseman Richard Boyd stole the show Friday night as he delivered a powerful hit in front of the net in his last game at the Whitt.

By Sam Eggert
SPORTS EDITOR

The UNH men's hockey team (12-12-9, 8-9-6) entered this weekend with one overarching task: get a win on senior night. The 'Cats achieved their goal, sending seniors Frankie Cefalu, Richard Boyd, Chris Miller, assistant captain Ara Nazarian and captain Marcus Vela out of their final game at the Whittemore Center with a 1-0 win over #14 UMass Lowell (18-11-4, 12-7-4).

The first period on Friday was one of great physicality, setting the tone for the rest of the game. The refs allowed a fair share of hostile acts to occur throughout the game, calling minimal penalties. That said, a key reason for the Wildcat's win was their penalty kill.

The 'Cats halted all three of UML's power plays over the course of the 1-0 victory. UNH head coach Mike Souza was happy about his team's improvement on their penalty kill.

"Special teams have been a point of emphasis for us in particular because it's let us down both ways. The power play and the penalty kill haven't been where

we want them the last few games, but I thought we tightened some things up and did a good job executing."

The first period ended scoreless. Highlights included a save made by sophomore defenseman Benton Maass. There was a scramble around the net, which resulted in UNH sophomore goalie Mike Robinson leaving the crease temporarily. Luckily, Maass was positioned in front of the net and made a key save preserving the shutout.

Robinson put in an elite performance following a rough outing last weekend against Northeastern. Robinson tallied 29 saves in his fifth shutout of the season. Robinson shared his thoughts on the UML game compared to the Northeastern game.

"I thought tonight was definitely a better 60-minute effort than this past weekend. Defensively we were much better, offensively we didn't create as much as we want to, but definitely more than the past weekend."

Come the second period, UNH amounted a plethora of early shots on goal despite a lot of sloppy passing on both sides of the ice. Midway through the

period, in his last regular season home game, senior Richard Boyd made the most exhilarating play of the night. With the referees distracted, Boyd engaged in a scuffle resulting in Boyd delivering a hearty jab to the UML player's chin. No call, no penalty, no stoppage in play.

Soon after Boyd's momentum shifting play, first-year forward Jackson Pierson set out on a breakaway and converted his eighth goal of the season with a wrist shot to the stick side of the net. This gave UNH a 1-0 lead, which they held onto for the remainder of the game.

In the third period, UML controlled possession. The Riverhawks outshot UNH 8-1 in the period, yet could not get the puck past Robinson. Late in the period, first-year defenseman Ryan Verrier lost his stick. He continued to work on the defensive end, delivering a bone crushing body check to a sorry UML forward. Again, no penalty was called.

Saturday's regular season finale resulted in an overtime tie, as the 'Cats and Riverhawks netted two goals each.

UML scored first with a one-

timer from junior forward Kenny Hausinger. His eleventh goal of the season was assisted by senior forward Nick Master, who dished his ninth assist of the season after wrapping the puck around the net and into Hausinger's stick. The goal was scored with 4:14 elapsed in the first period.

The equalizing goal came at 7:54 in the first period when UNH's first-year defenseman Will MacKinnon scored his first goal of his collegiate career on a slap shot from the blue line that five-holed UML junior goalie Tyler Wall. On the assist was sophomore forward Eric MacAdams, his third of the season.

The Wildcats extended their lead on a power play goal from sophomore defenseman Max Gildon. Gildon netted a shot to the stick-side of the goal thirty seconds into UNH's first power play. This was Gildon's sixth goal of the season. Nazarian picked up his eleventh assist of the season on the goal.

UML tied the game with a power play goal late in the second period. Senior forward Connor Wilson scored his seventh goal of the season on a wrist shot that was assisted by first-year defense-

man Chase Blackmun. This was Blackmun's ninth assist of the season.

Scoring ceased for the rest of the game, as both Robinson and Wall were sturdy in net for their respective teams. Despite overtime action, neither team could net a goal resulting in a 2-2 tie.

Saturday's tie marked UNH's 13th overtime game of the season, breaking a school record set in the 2009-10 season.

Up next for the 'Cats is an away matchup with #9 Northeastern, who has had UNH's number all season. This will be a major test for the Wildcats leading up to the Hockey East playoffs. Puck drop is set for 7:00 p.m. on Friday at Matthews Arena in Boston, MA.

