Food waste collection efforts conducted in Durham

By Rose Correll STAFF WRITER

As part of the ongoing sustainability efforts at the University of New Hampshire (UNH), this semester’s first rounds of food waste collection in the Durham dining halls was conducted in the past weeks.

UNH dietetic interns partnered with Hospitality Services to track the amount of food that is wasted each day. Every semester, the interns stand by the dish return with a big yellow trash bin and screech off the left-over food off the patron’s plates in each dining hall for breakfast, lunch and dinner. At the end of each meal, they weigh the bins of food and track how many pounds were collected for each meal at the dining halls.

“In the dining halls we do plate waste and the dietetic interns, that’s their big project for the semester, so there’s two different weeks; week one is an initial collection and they do an intervention in the middle, and then they do a follow-up collection, hopefully seeing a difference.

And this semester too they did an initial pre-collection survey to get an idea of like, people’s beliefs about food waste and if they’ve thought about it or not,” UNH dietitian Rochelle L’Italien said.

Once the waste is weighed and recorded, it then goes to Kingman Farm on campus to be composted. UNH’s composting program was established in the early 2000’s and is run by the College of Life Sciences and Agriculture, the Sustainability Academy, NH Agriculture Experiment Station and UNH Dining as a part of UNH’s Food and Society Initiative and Local Harvest Initiative. According to their website, Sustainable UNH, approximately 25,000 – 40,000 pounds of food waste are collected and composted per month during the academic year. That adds up to approximately 200,000 pounds per year.

UNH dining staff began collecting food waste and bringing it to Kingman Farm in the summer of 2006 and has been since.

Project Director of the Sustainability Institute at UNH Jennifer Andrews helps run the composting program and is an advocate for healthy living. The food waste accumulated at the dining halls is not only an environmental issue, but it also costs the university money.

“The fact that we are purchasing food that does not get eaten means wasted money, unnecessary fossil fuel use and increased climate change, unnecessary water use and land disturbance. And it’s especially sad because we know that we have students and families in our community who are food-insecure; to see food being produced, transported, prepared, taken by dining hall patrons and then not actually eaten seems especially unfortunate from that perspective,” Andrews said.

To gauge the average amount of food waste in the three dining halls, the UNH dietetic interns take the extra food on people’s plates when they go to the dish return and weigh the bins at the end of each shift. The dietetic interns began their plate waste intake a couple weeks ago, will continue on page 3

On the Spot: Student body president candidate Joey Ramirez

By Emily Duggan STAFF WRITER

Joseph “Joey” Ramirez, a junior political science major and non-resident student senator, is taking a second swing at the student body presidency as he seeks another chance to represent and promote a transparent, inclusive and sustainable student body.

His latest run for the seat comes after losing by four percentage points last year to current Student Body President (SBP) Ethan McClanahan and Vice President (VP) Jake Adams in a close race whose outcome led to an attempted appeal of the results by the Ramirez campaign. This time around, junior environmental conservation and sustainability and Justice Studies major Devon Guyer, the Senate’s Campus Structure Chair, takes the place of Ramirez’s previous VP-pick Thomas Libby.

Following his defeat, Ramirez took matters into his own hands and joined the Student Senate, and from his experience there, he helped create the Durham Collusion Committee with Adams, which helped connect the town of Durham with the University of New Hampshire (UNH) with the hopes of improving communication between the two.

“If feel like last year I could have done a better job of having a bigger umbrella and that’s what I want this year,” Ramirez said. “I want everyone to feel like a part of my campaign, I want to grow a movement of students where we can’t get ignored… I want students to have a voice on this campus.”

His main goal is to be “transparent” with students in creating and maintaining a student body government that doesn’t keep its students in the dark, to which he credits as being one of the driving forces behind his run this year.

Students want a transparent student government, students want to feel like they are a part of this community, and students want a sustainable campus,” Ramirez said. “And it’s not about how sustainable our campus is because we have one of the most sustainable campuses in the country, but is our tuition sustainable? Is our parking sustainable? Are processes the same for students?”

Ramirez continued on page 3
UNH hosts Career Fair

Students come to the Whittemore Center to discuss their future with employers and make connections in the work force.

On the Spot with Allison McPhee and Kelsey Crowley

The student body president and vice presidential candidates aim to win the general elections in late March.

UNH men’s hockey gets swept in weekend series

The Wildcats were outscored 12-3 from both games at the hands of #9 ranked Northeastern, falling to a losing record.

Album review: Mitski

Staff writer Sophia Kurzias examines the elaborate style of Mitski in her latest album.

What’s the Weather?

- Feb. 28
  - 32/9
  - Snow

- Mar. 1
  - 36/18
  - Partly Cloudy

- Mar. 2
  - 37/48
  - Snow

- Mar. 3
  - 38/27
  - Cloudy

- Mar. 4
  - 35/10
  - Snow

- Mar. 5
  - 28/11
  - Sunny

- Mar. 6
  - 26/9
  - Sunny

Weather according to weather.com

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The Wildcats were outscored 12-3 from both games at the hands of #9 ranked Northeastern, falling to a losing record.
The election for student government runs from March 25-28.

**UNH Dining Stability Plan: 2017-2020**

1. Develop and implement an improved tracking system for sustainable food purchases.

2. In order to support sustainable food purchases, amend RFPs for distributors to include preferences regarding supplier traceability and sourcing flexibility.

3. Partner with the UNH Sustainability Institute to increase local and regional produce procurement by enhancing or developing new relationships with farms, food hubs, and/or distributors.

4. Continue pursuing innovative strategies to reduce red meat and increase fruit, vegetable, and whole grain purchases.

**UNH Dining Sustainability Efforts**

### Take Less, Waste Less!

#tlwlunh
In her defense of the motion, Chair Gyorzy argued that improve-
ments to UNH’s composting services, an idea brought forward in a recent council meeting, would also strengthen UNH’s ability to advertise its high sustainability ratings, as well as improve student awareness of composting overall.

“We decided it was extremely important for the university to fix this so that the things we’re paying money for to be compos-
ted are actually being compos-
ted rather than being thrown out, and to make it so that everyone can possess access to this service rather than just the dining halls,” Gyorzy said.

When asked by External Affairs Chair Liam Sullivan to clarify on the resolution’s aim to research “more viable” options, Gyorzy responded that the previ-
ously-mentioned utensils from the dining halls are not currently composted due to a lack of heat at the current facility, with the “re-
search” ultimately homing in on either upgrading UNH’s current facilities or adopting a new sys-
tem altogether. Gyorzy additional-
ly clarified to Sen. Logan Stevens (Peterson 1, Co-1) that food left on the dining hall conveyor belts are composted until the end of the day, with food remaining after hours and consumed outside of the dining halls being thrown out; however, Gyorzy could not con-
firm the financial effects of poten-
tial upgrades or replacements to current composting systems when asked by Community Develop-
ment Chair Nelson Idaho due to the lack of accuracy regarding changes to the system.

Sen. Joseph Ramirez (Non-
Res, 8) asked Gyorzy whether nearby schools or institutions and their composting services served as inspiration for improvements to UNH’s services, the motion author replied that while no one university has so far inspired new ideas for changes to the system, she praised the University of Connecticut’s composting meth-
ods and said she would keep their
system in mind as she and other members of Senate discuss the is-

In other senatorial business, more approvals dominated the re-
mainder of regular business, with the majority of new enrolments affecting the SAFC committee, which garnered five new candi-
dates – Sens. Ramirez, Bradley and Cameron Horack (Non-Res), Senior Financial Advisor Allison MacPhee and Health and Well-
ness Chair Jennifer Hargraddens – and Sen. Toth’s own readmis-
sion to the committee, pending the approval process headed by Veileo; the bill passed the body unanimously.

The body as a whole also faced a reshuffling of its member-
ship Sunday, as it unanimously approved the removal of Sen. Al-
ymon Smith (Hubbard) from the body due to multiple unexcused absences, according to Executive Officer Brittany Dunkle, the ad-
dition of Sens. Taylor Donnelly (Williamson 1) and Callie Laprise (Hunter, Co-2); and the additions of Sens. Chris Garcia (Woodside) and Nick Byrne (Woodside) to the Senate’s Judiciary Committee. The approval of Campus Structure Committee Chair Gyorzy from the Judiciary Committee passed with one nay, because Gyorzy is running for stu-
dent body vice president under Sen. Ramirez.

Following the passing of R.40.16, the Senate adjourned at 7:19 p.m.

February 24, 22:19: Meeting 7 of Session 40

TNHdigital.com
UNH Facilities, students discuss new salt buckets

By Alison Eagan
STAFF WRITER

The yellow salt buckets that have popped up over campus for the 2018-19 academic year have raised questions and controversy among the students of UNH. You might have heard the rumors that UNH doesn’t have enough money in their budget to salt some areas of campus or that they ran out of money last year, but Larry Van Dessel, Executive Director UNH Facilities Services and Director of UNH Operations and Maintenance, says those rumors are false.

According to Van Dessel, the campus salt budget is $40,000 a year and facilities has only used about $19,000 of that current budget. Van Dessel also states that facilities used about 25 percent more salt last year than the 2016-17 academic year. Also, according to their data from last year, more slips and falls occurred during the 2017-18 academic year; Van Dessel attributes most of these occurrences to their data from last year, more salt last year than the 2016-17 academic year. Also, according to the presentation, the sand in the mixture, if inhaled, could increase the risk of “developing serious silica-related illnesses.”

First-year biomedical science major Mikayla Matos advocates for the yellow bins, however. “[We] need one at the top of the little hill between Hubbard and Philly; [I] love them.” Although Matos did not clarify whether she has used one, she argues the bins are “harm a variety of freshwater organisms,” as cited in the article.

There are some students that disagree with the introduction of these salt buckets and argue that they are not proving to be useful to students.

“I’ve never seen another student use it. Ever,” junior environmental science major Laura Mantovani said. Mantovani explains that throughout her whole time walking around campus, she has never seen these salt bins being used by students or facilities personnel.

There have been arguments for what areas needed salt more effectively during warmer weather and there have been many frigid days in the past few weeks, which would imply that the salt-sand mixture has been used on those days to provide traction on the ice that won’t melt from the salt. According to Van Dessel, salt “will barely work” in temperatures that are 10 degrees and lower.

According to an article posted by UNH Today that explains the ecological impacts of road salt and salt solutions, salt enters rivers and contaminates them with high levels of sodium chloride, also known as table salt, which most of the road salt is comprised of. This salt content can “harm a variety of freshwater organisms,” as cited in the article.

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“I’ve never seen another student use it. Ever,” junior environmental science major Laura Mantovani said. Mantovani explains that throughout her whole time walking around campus, she has never seen these salt bins being used by students or facilities personnel.

First-year biomedical science major Mikayla Matos advocates for the yellow bins, however. “[We] need one at the top of the little hill between Hubbard and Philly; [I] love them.” Although Matos did not clarify whether she has used one.

Another student, also a junior biomedical science Emily Thompson, argued the bins are not being used by students, and in her opinion, students actually shouldn’t have the responsibility of salting the paths. “I think that it’s the school’s responsibility to clear the paths, and it’s ridiculous that they have those out for students to do it. They are really bad at clearing the roads and paths,” Thompson said.

According to Van Dessel, the campus salt budget is $40,000 a year and facilities has only used about $19,000 of that current budget. Van Dessel also states that facilities used about 25 percent more salt last year than the 2016-17 academic year. Also, according to their data from last year, more slips and falls occurred during the 2017-18 academic year; Van Dessel attributes most of these occurrences, about 62 percent, to the two ice events in late January and February.

Heading into the next year, facilities took these accidents into consideration when they planned for what areas needed salt more than others. The original plan was to pilot 10 of these yellow salt buckets “in strategic locations where icy conditions have caused issues in the past year,” Van Dessel states in a PowerPoint presentation he provided to The New Hampshire. He says that after these 10 buckets were introduced there was an increased demand across other locations and that there are now 12 salt buckets in locations like at the top and bottom of Library Hill, B Lot, behind the Memorial Union Building and in front of Murkland Hall, with more locations referenced on a map in the PowerPoint.

There have been arguments that the use of salt has negative impacts on the environment and Van Dessel reports that they have been trying to compromise with those who are against the use of salt. Van Dessel also says that salt does not melt in colder weather, which is why they mix it with sand, but according to him, they use the salt/sand mixture “sparingly” because sand “represents ecological, infrastructure and environmental hazards.”

According to the presentation, the sand in the mixture, if inhaled, could increase the risk of “developing serious silica-related illnesses.” The use of the single salt mixture is only effective during warmer weather and there have been many frigid days in the past few weeks, which would imply that the salt-sand mixture has been used on those days to provide traction on the ice that won’t melt from the salt. According to Van Dessel, salt “will barely work” in temperatures that are 10 degrees and lower.

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She says that though they do the best they can to salt these areas over three separate shifts over the course of the day and night. His “B” shift, or the daytime shift, has the least number of employees, and they do what they can to maintain the campus during their shifts. According to the PowerPoint presentation, the multiple salt bins “does not impact the responsibility of Grounds crews to apply and distribute salt.”
Students donned their best interviewing clothes and braved the cold temperatures combined with strong winds on Tuesday, Feb. 26, to make it to the Spring Career and Internship Fair at the Whittemore Center.

From 1 to 5 p.m., students could walk around with resumes in hand and meet potential employers in many different kinds of fields such as law enforcement, education, healthcare, entertainment, social services, biotechnology, life sciences, insurance and human resources.

While the tables were arranged alphabetically throughout the Whit, students were given maps and lists of the businesses and non-profits present separated by college. As soon as students walked in they had to swipe their UNH ID card to get a name tag with their name, major and year of graduation printed on it. The name tags were also color-coded by college so employers could see the types of schools prospective employees were in.

There was also a LinkedIn photo booth right at the entrance where students could get a free professional headshot taken for their LinkedIn or Handshake profiles.

Before students even spoke to employers, however, they had an opportunity to freshen up in the “Student Prep Area.” This included hand sanitizer, pens, mints, lint rollers and tissues for students to take. Many students took this opportunity to look over their resumes one more time, grab a mint and head into the Whit feeling their best.

Almost all of the companies that were at the event also had free things to give to students such as fidget spinners, pens, water bottles, candy and stress balls.

“It can be nerve-wracking but after you talk to the first table it gets easier,” senior Elizabeth Muldrow said.

“Everyone has to go through this,” senior Carly Hokanson said. “Just research the companies, be yourself and ask questions.”

Employers such as Samantha Walsh from Consumer Focus, Peter Babonis from Triumvirate Environmental, Caroline Consoli from the Mental Health Center of Greater Manchester and Angela Felda from E2i all agreed that students researching and learning about their company before coming to the event was something that helped students stand out.

“It’s so much better than a student coming up to the table and asking us what we do. It’s also helpful to us when students have a better idea of what they want,” Babonis said.

Even if students went to tables they knew little or nothing about, they were offered help to get in the right direction. Debra Lacey of Home Health & Hospice Care said that she wasn’t getting much foot traffic, and many students that stopped by didn’t fit what she needed, but she was happy to point out other tables at the event that were closer to students’, and employers’, needs.

Another important trait employers looked for is a well-rounded student.

“Don’t like it when you say ‘school was my job,’” Felda said. “We want to know about internships, electives, hands-on experience. Any work experience, even if you worked at a grocery store or you were a server, tells us that you’ve had a boss before and that you know how to work with other people.”

Career and Professional Success also offers Career Express drop-in hours on Mondays, Tuesdays and Wednesdays from 1-3 p.m. in Hewitt 217B for CHHS students, McConnell 188 for COLA students, Kingsbury W389 for CEPS students, Rudman G11 for COLSA students and Paul 104 for PCBE students.
UNH Career and Internship Fair photo album
By Benjamin Strawbridge  
NEWS EDITOR

Just three days into their campaign, diversity, shared values, transparency and improved academic programming have become just a handful of the missions shared by the ticket of Allison MacPhee and Kelsey Crowley, candidates for student body president and vice president, respectively, in the run-up to March’s heated Senate elections.

MacPhee, a sophomore in information systems and business analytics major from the Peter T. Paul School of Business and Economics and the Student Senate’s current senior financial advisor, told The New Hampshire that part of her motivation for running this year stems from the contrast between her high school community and the UNH student body, especially in terms of representation.

“There were a lot of things that I noticed when I first came to this university that were different from my high school, and one of the things was that there was a lot less inclusion of the student body as a whole,” she said, “and that is something we really want to work on and centering our platform based off of everyone’s ideas rather than our own.”

MacPhee stressed that increased student diversity and active involvement in student policy can potentially strengthen a president’s ability to obtain a clearer and wider perspective of the issues that matter to their constituents, which range from lowering student fees for academic programming to improving financial transparency when it comes to university funding.

“A lot of times in leadership, perspectives can be coming from one type of person, whether that be someone in Student Senate who has been there for a long time, and with this campaign we really want to be reaching out to every student and making sure that everybody has their voice heard because we have so many different perspectives that need to be taken into consideration in order to represent everybody fully,” she said.

Meanwhile, Crowley, a sophomore political science major from the College of Liberal Arts and non-resident student senator, discussed that student unity, a desired end product of effective inclusion and diversity of active voices, is a key component of their campaign, adding that when she found out about the election and the chance to serve as vice president alongside her running mate and running mate, she resolved to win a position that could both strengthen the bond between them and become more actively involved in student policy, calling their campaign “the best way” to obtain just that.

“A big thing of our platform is [the theme of] together,” she said, stressing that it is “our campaign, it’s one ticket… it’s one student body and we just want those to be together, like, that’s really the big main point.”

In their efforts to drive home their commitment to inclusion and unity, the ticket strives to meet not only with student organizations and larger groups, but also with individuals as to connect with their voting population on a more personal level. MacPhee said one such encounter helped her better understand the plights and needs of students with disabilities.

“I was talking with a student earlier today, we were having dinner together, and she’s had a few leg surgeries since she’s been here [at UNH], and she was talking about how she lived in the Upper Quad and she couldn’t even leave her dorm without having to go through, like, five different hallways, take all these different elevators; it was just so inconvenient for her to do anything,” she recalled. “And she was slipping on ice when she’s going up the… ramp, and it’s really not fair for people. And if we’re having things run like that, it’s really hard to be maintaining good relationships with people who aren’t just automatically going to have a perfect experience here, and we really want to be doing things that not only recruit students of all different kinds of identities, backgrounds, sexualities… we just want everyone to be together and everyone to feel comfortable here.”

Diversity of experience plays a significant role in MacPhee and Crowley’s campaign, as each side brings a different set of experiences to the table. For instance, Crowley’s earlier life in Massachusetts and personal friendships from the state give the campaign more opportunities to connect with the interests of out-of-state students, while MacPhee’s involvement in the Kappa Delta Fraternity and Sorority Life.

Despite their differences, however, the two met under the same circumstances and quickly established a common bond over counterpointing to other supporters of their ticket from Fraternity and Sorority Life.

“I think that I’m, like, very systematic and operational,” MacPhee added in discussing their qualities as candidates. “I really like finance – I’m into that – and Kelsey’s really good understanding the whole picture... we know a lot of different people from being in different friend groups, so we have different perspectives.”

Regardless of who ultimately declares victory in the upcoming election, both MacPhee and Crowley stress that the chance to run represents only part of their commitment to an organization and campus they feel passionate about.

“Even if we don’t win, I think meeting with everyone has just been so great,” Crowley said, “and getting new perspectives and learning about different people and meeting new, different people; I think that definitely the best part about this, by far.”

“I love the culture that it has, how everybody is just really welcoming, and we do always try to do what’s best for our constituents,” MacPhee said, “That’s something that’s always brought up at meetings; it’s like, ‘you’re not representing yourself right now, you’re representing your students.’”

By Benjamin Strawbridge /TNH Staff

Allison MacPhee (left) and Kelsey Crowley (right) consult during a meeting with other student senators on February 26, 2019.
CDC, UNH Health & Wellness discuss flu return

By Julia Stinneford  CONTRIBUTING WRITER

Coughs ring out from crowded lecture halls. Posters urging students to wash their hands thoroughly and be conscious of germs line every bathroom and the walls in every residence hall. Emails from Health & Wellness highlight tips for staying healthy.

In other words, the flu has returned to UNH Durham.

Being on a college campus makes the flu more complicated, according to Kris Kahr, a registered nurse who works at Health & Wellness. She said dorm life makes it easier for germs to spread, with everyone living “on top of each other.” The unique qualities of college life make the flu worse, including the close proximity of seating in most classrooms.

Students living in this environment feel the weight of the germs around them.

“It’s like the plague… if someone gets the flu, everyone will have it by the end of the next week. [Campus is a] petri dish,” sophomore psychology major Rebeccah Gowing said.

Sophomore biomedical science major Cam Pickett, a self-described “germaphobe,” said he feels similarly.

“I wash my hands twice every time I’m in the bathroom,” he said, adding that he feels “constantly anxious” during the flu season on campus because he feels like he is surrounded by germs.

Because students on campus are uniquely impacted by the flu, Health & Wellness takes steps each year to try to prevent the spread of germs. According to Kahr, the group produce “lots of posters” that go up re-minding people to wash their hands and telling them how to handle and combat the flu. They also send out emails and put notices up on their website to help spread awareness to students.

On top of that, Health & Wellness communicates directly with Residential Life and Housing to spread these messages of healthy living to the student body. According to Stoke Hall residence director Jimmy Thren, they work together closely “to make sure residents have all the information they need on prevention and self-care.”

But both Kahr and Thren stress that the most important part of prevention is the vaccine.

Student opinion about flu shots varies widely. Junior English major Abbi Downer said she tends not to get the vaccine. She said she trusts her immune system, and also that she is scared of shots. “I grew up on a farm, around animals,” she said. “I see other people who don’t have that, who get sick… I usually only get sick once a winter. I have a good immune system.”

A popular reason for avoiding the flu vaccine, which Pickett attests to, is the widespread belief that the vaccine can actually make you sick; Kahr said there is no truth to the myth.

Other students, like Gowing, believe that getting the vaccine is a no-brainer.

“If I do get the flu then it won’t be as bad,” she said. She also said more people should get vaccinated, so that “people won’t get sick and infect other people.”

First-year psychology major Tracy Fister said that “everyone who can should go get vaccinated” to keep as many people as healthy as possible.

The numbers show support for vaccination, as Health & Wellness gave out 3,150 free flu vaccines this year over the course of two clinics and numerous routine student visits. Last year, they only distributed 2,300 vaccines, and the 2017-18 flu season was significantly more severe according to both Kahr and the Centers for Disease Control and Prevention (CDC).

Kahr, who has worked for Health & Wellness for nine years, said last year’s flu season was “absolutely” the worst she had ever seen on campus. The CDC has it on record as one of the worst in one of the worst in recent times. Ac-cording to the CDC, the peak of influenza-like illness (or ILI) was at 7.5 percent last year. This is the highest seen since the 2009 flu pandemic, which peaked at 7.7 percent.

According to Kahr, this year hasn’t been remotely as bad. “Last year, we dispensed, on average, 17 to 20 Tamiflu per day,” she said. Tamiflu is a prescription anti-viral that can reduce the length of a flu infection by about 12 hours and help manage symp-toms. For comparison, this year’s maximum amount of Tamiflu prescribed by Health & Wellness in one day has been three.

The reason the 2017-2018 season was so severe, according to Kahr, was that the vaccine “just wasn’t a good match.” When the strain of the virus in the vaccine isn’t well-matched to the virus that circulates in the flu season, it leads to larger and more devastat-ing outbreaks of influenza, according to the CDC.

Because the 2017-2018 season is much better, according to Kahr and preliminary reports from the CDC, Kahr said that nationwide, 43 percent of those who have been diag-nosed with the flu have also been vaccinated. This may not seem like a good match, but Kahr said that it is, because even if a vacci-nated person contracts the flu, the symptoms of the flu are lessened.

This is why, Kahr said, getting the vaccine is still the best preventative measure, regardless of the eventual outcome of the match between vaccine and virus. Because of this and the apparent lack of vaccinations last year, Kahr said that they have been pushing the vaccine more. She said it was something “we learned from last year… we have been much more aggressive in check-ing with students… [asking] ‘have you or have you not had the flu vaccine’ even if you’re here for something totally different.”

The result of this campaign has seen more students being vaccinated. According to Kahr, this effort, plus the better vaccine match, has resulted in a much milder flu season, both nation-wide and at UNH.

So, if you haven’t gotten your flu shot, Health & Wellness still has them available. But next year, think about jumping on the bandwagon with thousands of other students and get vaccinated sooner rather than later. Because as Kahr says, “the earlier the better.”

Chi Omega’s Swishes for Wishes preview

By Cameron Beall  SPORTS WRITER

What if I told you that you could help make somebody’s dream come true by playing basketball?

Those intrigued have a chance to make a difference on Saturday, March 2, when Chi Omega hosts their annual Swish for Wishes. The Make-A-Wish chapter again, this year the Swishes for Wishes preview is an intriguing opportunity for those that can’t participate in things like playing or watching their team. For Chi Omega, Swishes is something that this group of girls have always been active in the philanthropy is Autism Speaks, which is a rewarding cause that brings people together and creates something so much bigger than the term ‘Greek life.’

The result of this campaign has seen more students being vaccinated. According to Kahr, this effort, plus the better vaccine match, has resulted in a much milder flu season, both nation-wide and at UNH. So, if you haven’t gotten your flu shot, Health & Wellness still has them available. But next year, think about jumping on the bandwagon with thousands of other students and get vaccinated sooner rather than later. Because as Kahr says, “the earlier the better.”
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Not for regular birth control.
"To understand why we are talking about race and food, because it doesn’t seem like they are connected, we need to understand how the food system got to be the way it is," said Leah Penniman, a guest speaker who lectured in the Memorial Union Building (MUB) this past Tuesday evening at 7 p.m. in the Granite State Room.

"I will argue that the food system is not broken; it is working exactly as it was designed. If you were to imagine the food system as having DNA, that double helix, one strand would be stolen land, and the other strand would be exploited labor."

According to Leah Penniman, the founding co-director of Soul Fire Farm, many practices that have been braided into the United States’ food system come from Afro-indigenous knowledge. Penniman, who recently published the book “Farming While Black: Soul Fire Farm’s Practical Guide to Liberation of the Land,” was the selected speaker for this year’s Martin Luther King Tribute.

Colleen Flaherty, the communications coordinator for the Sustainability Institute, was the first of four speakers who helped to welcome Penniman to the stage. Following Flaherty was Monica Chiu, the interim associate vice president for community, equity and diversity, who spoke briefly about the history of farming while Asian; Karen Spiller, who spoke briefly to urge attendees of the event to sign up for the Racial Equity Challenge, a 21-day online program that helps to educate people on racial equity; and junior biomedical science major and Sigma Alpha president Kayla Caires, who vocalized how agriculture is an important part of her life and stated her excitement for event attendees to hear about how Penniman promotes agricultural leadership to minority groups in her community.

Penniman took time to thank the Abenaki people who originally inhabited the land that the talk was being conducted upon. She also thanked her ancestors for not giving up on their descendants even when times were tough. She also thanked her team at Soul Fire Farm for making it possible for her to be at the University of New Hampshire to give her talk.

Throughout her lecture, Penniman took her audience on a “journey through history.”

Penniman described this history as sad and jarring, but assured her audience that the food system can be corrected and healed and that they can become involved.

Penniman informed her audience that many things, including the fact that people in the United States consider to be ahistorical like raised beds, cover cropping, terraces, livestock rotational grazing, chickens themselves, fermentation, work parties, credit unions, land trust… they are all Afro-indigenous knowledge, she said. “A big part of healing is remembering.”

Penniman discussed points in history that were significant in terms of black and brown people and their relationship with farming, including the time period around the Emancipation Proclamation and how it led to the criminalization of many African Americans due to soliciting. Incarcerated African Americans were then legally allowed to be used for slave farm labor.

She also discussed how 1910 was the peak time period for farmland ownership by black people, and how it was correlated with 1910 being the peak time period for white supremacist violence in the South. 4,500 people were lynched in this time period for disrupting the status quo of the time.

Penniman went on to describe how the USDA is the number one cause for the decline of black farmers. By Adrienne Perron

STAFF WRITER
**Review: Hans Rosling preaches positivity as a philosophy in “Factfulness”**

By Madaillein Hart

STAFF WRITER

It can be easy to think the world is falling apart around us. We are constantly bombarded with news of people fighting, animals going extinct and the climate going to deadly extremes. With all of these stories, it can be hard to keep a clear head about the world. That’s why Hans Rosling, along with his son Ola Rosling and daughter-in-law Anna Rosling Rommnlund, wrote “Factfulness: Ten Reasons We’re Wrong About the World - and Why Things Are Better Than You Think.”

Hans Rosling was a doctor, professor of international health and a public educator. He was a trusted counselor to governments, the United Nations and influential people such as Bill and Melinda Gates. Rosling died in 2017, soon after this book was published.

The front and back inside covers of the book display colorful maps and charts showing people by region and income, including life on the four income levels and a world health chart. While it may be intimidating to look at when you first open the book, having no idea what many of the symbols mean, Rosling helps the reader by walking them through all of these charts and maps throughout the entire book. There are also various charts and pictures throughout the entire book that help the reader conceptualize what Rosling is talking about.

Rosling gets the reader’s attention right in the introduction chapter. There is a photo of an X-ray of a man swallowing a sword and the section is titled “Why I Love the Circus.” This seemingly has nothing to do with what the book will be talking about until Rosling says that he used to swallow swords in front of his classes to show them that anything is possible. Making this the first passage someone reads in the book also helps instill the sense that anything is possible, and starts the book off on a positive note.

In that same introduction chapter, there is a quiz for the reader to take. Composed of 13 questions asking about girls education, vaccines, natural disasters and life expectancy. This is to test the reader’s knowledge, or biases, on these subjects. When I took the quiz I got a total of 12 out of 13. Rosling gives the answers at the end of the quiz but refers back to the results and the data behind them many times throughout the book.

Each chapter of “Factfulness” has to do with an “instinct” that we are all guilty of falling into. These instincts include the urgency instinct, generalization instinct, negative instinct, fear instinct and the gap instinct. Hans tackles these issues by looking at common misconceptions and showing what is getting better in the world. In the second chapter, there are two pages of charts that show “16 bad things that are decreasing,” such as expensive solar panels, HIV infections and hunger. Rosling also included “16 good things increasing,” such as science, literacy, water and protected nature.

At the end of each chapter, Rosling condenses the chapter itself into bullet points and important things to remember. This helps the reader absorb and understand the information better, and offers a quick place to refer to when you feel like you’re falling into one of the instincts.

Even though this book is filled with data, numbers and charts, it never reads like a textbook but rather an uplifting story. “Factfulness” is perfect for anyone wanting a perspective change, anyone interested in health or economics or anyone who just needs to hear good news. It also makes for a quick read at just 259 pages (342 pages if you count the notes, index and sources listed) and includes lots of pictures.

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**Farmer continued from page 11**

“The federal government has given away millions of acres of land through the Homestead Act, provided free education through the land grant colleges, low interest loans, crop allotments, crop insurance and technical assistance through the extension agency to help support white farmers getting an economic foothold,” she said. “Black farmers were systematically denied these supports, creating an unfair market. In that same vein, white farmers received interest loans, crop allotments, crop insurance and technical assistance through the extension agency to help support white farmers getting an economic foothold.”

According to Penniman, when farmers are not using cultural knowledge or the Afro-indigenous methods that were braided in, agriculture is the number one driver of climate change because farmers are neglecting and appropriating sacred knowledge.

Penniman encouraged the event attendees to get involved with the discussion. A call and response was encouraged by Penniman as she shouted “free the land.” Penniman also encouraged the audience to talk amongst themselves and share pieces of their own ancestry with one another for a couple of minutes in the middle of her talk.

She also encouraged attendees to get involved to make a change in the real world.

“You can’t be a passive anti-racist,” she said. Penniman talked about how through Soul Fire Farm, community members who need food the most will receive hand delivered goods from the farm every Wednesday. She said that the idea to do this was inspired by the Black Panthers, who conducted survival programs which helped to feed 20,000 Oakland children breakfast every morning.

“If we can do this, how can they do it?” she asked. She said that by growing food and sharing it with the community the way that they do it, it helps to make the world better.

“The earth and the humans have been friends, and we can be friends again,” Penniman said.

Penniman discussed how Soul Fire Farm helps to train those who identity as black, latinx and indigenous who couldn’t get into other training programs or find any that they could afford or that were within their region. She said the training and educational programs end up benefiting many communities of people are modeled after Freedom Farm founded by Fannie Lou Hamer.

Penniman said that Soul Fire Farm is also made up of the component of organizing and activism. The farm has trained people in uprooting racism, allowing people to use the farm as sanctuary for their organizing meetings regardless of the political work that they do, and specifically have formed a separation map with the farm’s alumni and other comrades.

“Reparations is a very important concept, because if you don’t think about reparations, you’re assuming that history doesn’t exist and we are starting from today,” she said. “It’s a people-to-people voluntary reparation.”

According to Penniman, there is something that everyone can do to help encourage racial justice. A platform for what people can do to help can be found at: www.soulfirefarm.org/support/take-action/.

“Audrey Hart, a sophomore marine biology and education major and an attendee of the event, said her favorite part of Penniman’s lecture was how she talked about how the Earth was alive and that we need to respect it because of this. She also expressed that having events and discussions that help to inform a majority-white campus of diverse issues is important.

“Having events like this, being [a white person] and realizing that I’m a majority and am stuck in that community, it is meaningful for me personally,” Hart said. “I’m sure that people of color and minority groups especially on campus can really appreciate this [as well].”

To conclude Penniman’s discussion, Taina Asili, a board member of Soul Fire Farm, entered the stage and sang a song entitled “Plant the Seed” which was written for and inspired by Penniman’s work with Soul Fire Farm.

“This is my declaration to be fully alive, this is my reclamation of my ancestral wisdom, the Earth, it saved it for me, and I plant the seed.” Asili sang.
Staff writer gives perspective on Russian culture lecture

By Valeria Kholmanskikh
STAFF WRITER

Regardless of how much you wanted to move to and from countries, there will always be a part of you that misses your homeland. You can fall in love with the new culture, but the subconscious search for familiar things will never end; the sound of your native language in a public place, the colors of the national flag caught from the corner of your eye, the sense of pride whenever the names of fellow countrymen and -women appear in textbooks and lectures.

These feelings are familiar to the majority of international students at UNH. Foreign students congregate into clubs, societies, and organizations, set up events, cook meals from their homelands, celebrate cultural holidays... Basically anything that manifests in a sense of归属 whenever the names of fellow countrymen and -women appear in textbooks and lectures.

Apart from preserving a culture, international students widely try to share it with UNH.

Big-scale campus events like Chinese New Year and Diwali welcome students from every background, letting anyone briefly interact with a culture alien to most. Fairchild Hall, known for its high population of foreigners, hosts the annual International Food Luncheon. International Student Organization sets up multiple cultural events a year, teaching the attendees how to cook food from around the world or what it means to wear a hijab.

The Office of International Students and Scholars (OISS) does not stand aside, either. Every Friday from 3:30 to 5 p.m. in the MUB Entertainment Center, UNH students can listen to international students talk about their experiences back home, or what is it like to be a representative of a foreign culture in the United States, as a part of the Cultural Connections series. Food is provided every week – and often times it is the national food of the presenter.

Two weeks ago, Nadia Feyzooni presented “No Shoes on the Persian Rug,” depicting the intricacies of an Iranian household. A week after, Dheeranathan Bhowmick offered “An Immersive Street Food Experience,” eager to share the tasty wonders from Kolkata, India.

Last Friday, Evgenii Vasilev presented on a topic that was of personal interest to me as a Russian student. In a presentation called “Russia from Another Perspective,” Vasilev offered an inside point of view, determined to show that Russia is not limited to what American news outlets represent it as.

Vasilev took the audience on a “virtual journey,” talking about historical and natural wonders of Russia few foreigners have heard about. Even people who spent their entire lives in Russia would not have heard of every place on the presenter’s list.

From western Kaliningrad, known for its mix of Russian and European architecture to Vladivostok, an eastern city close to the Chinese border, Vasilev took those willing to listen on a journey through 16 places in different parts of the country.

Although I expected to get a more personal insight into the cultural aspects of living in Russia, Vasilev’s presentation was not at all disappointing. He set off to show that Russia, the biggest country on Earth with a surface area close to equal to that of the US, as Vasilev mentioned, is not limited to the “news-making” cities of Moscow and Saint Petersburg.

Vasilev compiled a list of noteworthy places in Russia, from the popular tourist destinations like lake Baikal and Kazan, to the places not every Russian has heard of. I learned that apparently Russia has a plateau, known as Putorana Plateau, which is a part of UNESCO Heritage.

Although my home city of Moscow was on the list of places specifically not included in the presentation, Vasilev did mention places I am familiar with. For instance, Vasilev talked about Kizhi Pogost – a historical site with two churches and a bell tower - which I have visited as a part of a summer camp. Every building in the Pogost is made of wood and, according to the myth that Vasilev brought up, is built without a single nail. Despite many interesting facts and evident in-depth research that Vasilev has conducted, he did not visit every place on his list; one of the first things Kizhi tour guides mention to the tourists are the several hundred nails that keep the Pogost churches’ roof shingles in place.

Going on a brief tangent from his subtopic of Trans-Siberian Railway, Vasilev talked about the culture of travelling on a Russian train. The famous railroad connects Moscow and Russian far east, and the journey takes a week with no connect- ing trains; according to Vasilev, most people would not leave the train at all during the whole seven days of the journey. Travelling on a train is an experience many Russians share; it is the cheapest, fastest and the most convenient way to visit one’s grandparents, get to a summer camp, or simply go on a tour of a different city.

It would be impossible for Vasilev, or most people, for that matter, to visit every place he talked about, too. The places on the list are spread across the whole country, and some of the attractions, like Vrang Island in the Arctic Ocean, can only be reached via a ship or a helicopter.

Overall, Vasilev reached his goal of showing that Russia is not only Moscow and Saint Petersburg – places most international tourists would limit their visits to – but also a country with rich history and vast natural sanctuaries worth visiting. I entered the MUB Entertainment Center expecting to hear the things I already know, and I left feeling the same way I felt listening to presentations about India or Brazil. It was an invaluable experience of learning the things about my own home country alongside students who have never set foot on Russian soil.
Preparing specimens: The value of museum and educational collections

By Jenna O’del
CONTRIBUTING WRITER

As a Wildlife and Conservation Biology major, I’ve seen my fair share of animals in classes. The classes where I’ve seen the most species are not those held outside, but the classes inside. I’ve seen a common loon, Atlantic cod, Jordan’s salamanders—all specimens in UNH’s teaching collections.

My classes use these specimens because, as Dr. Ryan Stephens, a postdoctoral researcher working with Dr. Rebecca Rowe, a professor in the College of Life Sciences and Agriculture, puts it: “Seeing a picture isn’t the same as seeing a study skin [where you’re] feeling the fur or seeing the actual color...there’s really no substitute.”

Dr. Stephens’ assessment is not far from the truth. With UNH’s specimens, I can study an animal from all angles, and figure out how to identify one species from another. Then, when I hear about these animals in other classes, the animals aren’t abstract concepts of a species. They’re real.

This semester, I not only study these specimens, but I transform small mammals into specimens. Every week, I and fellow students from the Department of Natural Resources and the Environment, and the Department of Biological Sciences, do what we call specimen prepping.

We take southern red-backed voles, white-footed mice and other small mammals, and transform them into specimens for natural history museum collections. The small mammals come from field surveys of small mammal populations. With the field surveys, although every precaution is made, occasionally an individual dies. The individual takes on another life, and is turned into a museum specimen; a museum specimen that will not be in the public eye, but instead will be used in research.

Museums are not just buildings that display specimens; they are research giants. “When you walk into a natural history museum, it’s the tip of the iceberg,” Ryan says. Ryan elaborates on the vast array of specimens “behind the scenes,” and mentions the 600,000 mammal specimens the Smithsonian’s National Museum of Natural History (NMNH) has in its collection. Of the entire NMNH collection, from bacteria to fossils, only 0.02 percent of the specimens are on display.

The reason so few are on display is because the rest of the specimens are a research “library,” as Ryan describes. Like a library of books, scientists use the specimens to gain new knowledge. A month ago, National Geographic and The New York Times wrote about ‘pink’ squirrels: flying squirrels that glow under ultraviolet light, a trait researchers described just a month ago with the help of museum specimens. But pink squirrels aside, if a researcher wants to track something over time—say pollution, or a virus, museum specimens can do that too.

Researchers have tracked soot levels by way of bird feathers. Others have traced the presence of hantavirus, a serious respiratory virus, in rodents through the decades.

Yet, with all the incredible knowledge collections give, from student to researcher, there’s a problem: “Fewer people are getting trained in specimen preparation, fewer scientists are providing specimens,” Ryan says. Many collections aren’t seeing continued deposits of specimens. And without a constant specimen stream to the ‘library,’ “you’re missing all the recent literature changes.”

When specimens are added to a collection, they don’t look like the animals you see when visiting the local natural history museum. What you see at the museum is taxidermy, Taxidermy is “made [to] look alive, in a natural setting,” Ryan explains. Taxidermy specimens take up a lot of space, he continues. It’s much easier to store what we make—study skins and skeletons, which are intended for scientific research from the start, whereas taxidermy is for display. (If you’re curious, check out The Field Museum’s The Brain Scoop: they have a variety of videos on study skins and taxidermy.)

A study skin, depending on the organism (you can’t make a plant a study skin: you press it) is the hide of the animal stuffed to give it shape. And a skeletal specimen is just that: a skeleton with an identifying tag, selling of the species and where it came from.

Once we complete the specimens, we hand the study skins and skeletons to Ryan. He will send them, these new museum specimens, to a number of natural history museums. There, the specimens will forever reside, keeping the museum’s ‘library,’ its archive of life, up-to-date, able to answer science’s endless stream of questions.

A typical sample of small mammal study skins found at natural history museums. Courtesy of Ryan Stephens

Spilling the tea since 1911
NEWSROOM POLL:
If you could make your own air freshener, what scent would it be?

- Fresh cut grass ~Sam
- Beef Wellington ~Ian
- Violin rosin ~Katie
- Compass by Tommy Bahama ~Ben
- Pennies ~Bret
- Rich mahogany and leather-bound books ~Caleb
- Chipotle ~Mike
- Rain on fresh pavement ~Jake
- This guy’s bedroom ~Kevin
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No. 1: “Exile On Main St.”

Bret’s top five albums

No. 2: “Sheer Heart Attack”

Queen

“Paul’s Boutique”

The Beastie Boys’ second major effort came after their fall- out with Def Jam and Russell Simons, so they remember “Paul’s Boutique” as an unimpaired work born of the group’s own vision.

This is the best rap album to come from the ’80s. The Beastie Boys escaped their early party- hardy reputation that came with their first LP, “License to Ill,” and returned with lyrical force. “Paul’s Boutique” entranced the Beasties’ presence as a rap group and you’d be hard-pressed to name a weak link out of its 18 tracks. Lead-in songs “Rocks Off” and “Rip This Joint” set the tone for a country-blueberries record that can lean in either direction — and hard — to snap traditional rap tropes. Contrasting the first songs’ bluesy style are “Boogie Boogie,” “Torn and Frayed” and “Sween Black Angel” with their unmistakable southern kick.

The Rolling Stones did country music better than anyone, and the band’s presence as a rap group lifted punk music from the gutter and gave it time to perfecting Richards’ image — that they nearly abandoned the song. They ended up recording several versions, none of which one in a bathtub. Drums in the tub, the whole deal. “Rip This Joint” made it onto the finished product but the Stones never play it live.

The last quarter of “Exile” draws from “London Calling” all the way through at least once, you won’t understand what I’m talking about. In 1979 the punk scene was limited to underground venues where only one band played and “Sheer Heart Attack” was a gold. "Brighton Rock" was a blistering solo that I’ve never heard in another piece of work. Page doesn’t get enough time to do his thing outside of “Heartbreaker.”

This isn’t their best album from a talent perspective but it is my favorite. Bonham isn’t at his mash-enhanced peak and Plant didn’t reach his peak until “Stairway to Heaven.” I’ve learned to crank the volume way up to get dangerous if you’re somewhere quiet because you’ll need to crank the volume way up. “Stone Cold Crazy” comes at you like nothing else in Queen’s discography. Second best here.

“Ain’t Nothing But a Good Time”

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“London Calling”

My picks might be a matter of personal opinion and I know everyone’s list will differ, but this album belongs on every single one. If you haven’t listened to “London Calling” all the way through at least once, you won’t understand what I’m talking about. In 1979 the punk scene was limited to underground venues where only one band played and “Sheer Heart Attack” was a gold. "Brighton Rock" was a blistering solo that I’ve never heard in another piece of work. Page doesn’t get enough time to do his thing outside of “Heartbreaker.”

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By Sean Crimmins
SPORTS WRITER

UNH women’s hockey finished the regular season this Saturday with a 3-3 tie against the Boston College Eagles, who finished second in Hockey East. The Eagles went up 2-0 with about five minutes left in the first period but the ‘Cats clawed their way back with three unanswered goals to head into the third period with a one goal lead. The lead would last until halfway through the third period. The Wildcats finished the season fifth in Hockey East with 23 points.

The Eagles got the scoring started early, putting up a short-handed goal off a two-on-one only 49 seconds into the game. The rush came after a long stretch pass from BC’s defensive zone 33 seconds into the penalty. The game took a chippy turn halfway through the first when first-year defensewoman Emily Rickwood and BC’s junior forward Delaney Belinskas were given coincidental minor penalties for elbowing and interference respectively.

In the final minute of the period senior captain Kyra Smith would come up with a huge save on a BC breakaway to keep it a one goal game. BC nearly took a 3-1 lead early on in the second period. A shot hit off the post and the puck was left sitting right on the goal line, BC’s Belinskas slid into the net knocking the puck in off her glove and the referee disallowed the goal. The play went under review and the call on the ice stood, keeping it a tie game. The Eagles had an opportunity of their own to break the tie but Smith came up with a huge pad save off a rebound to keep it a tie game.

Wenzowski would end up giving the ‘Cats their only lead of the game in the final minute of the second period. First-year forward Lauren Martin tipped a pass to Wenzowski who skated up ice, buzzing past two BC defenders to the net, and made a quick deke in tight and finished on the play. The score was Wenzowski’s 20th of the year. The play was started while the ‘Cats were shorthanded, but the penalty ended just before the puck entered the net. “Puck just came out and I saw a lane, I was pretty nervous. I saw Keller on my left so I just tried to use my speed to get past her and someone coming on my right so I just kind of dropped my shoulder and saw an opening and I just fired the puck,” Wenzowski said after the game about her goal.

BC would tie the game at 3 about halfway through the third when a pass from behind the net found junior forward Erin Connolly alone in front and made the chance count. The game went to overtime but both goalies shut the door, forcing the game into a tie.

Senior captain goalie Kyra Smith protects the goal before a faceoff on Saturday’s game versus #7 Boston College. The game ended in a 3-3 tie. Smith made 31 saves.

She was behind the net and sent a pass intended for the slot, but it deflected off the defense and into the net. The goal was Turner’s eight of the season with senior forward Devan Taylor and first-year defensewoman Emily Rickwood picking up the assists on the goal.

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By Zach Schneeloch
SPORTS WRITER

The Wildcat gymnasts headed down to North Carolina to take on UNC Chapel Hill in the EAGL dual meet last Friday as the ‘Cats looked to extend their winning streak to six in a row.

The UNH gymnasts started first on the uneven bars. Like many times before, senior Danielle Mulligan came in at the top spot for the ‘Cats as well as for the whole meet finishing with a score of 9.900. Right next to her, sophomore Lauren Diggin tied for second place in the meet with a score of 9.825 with one of the UNC gymnasts. Also helping the ‘Cats was junior Riley Freehling who posted a score of 9.725. The team scored a 48.750 total for the rotation.

On the second rotation the ‘Cats headed for the vault. Mulligan propelled the Wildcats with a career high score on the vault, finishing with another 9.900. Diggan, junior Emma Winer, senior Courtney Bondanza, and senior Nicole O’Learly each tied scores for the Wildcats with a 9.750 to give them a strong lead above UNC. With the Wildcats posting a team score of 48.900, the best was still yet to come.

The Wildcat gymnasts headed to the floor exercise for the third rotation. Winer came in as the ‘Cats best performer with a score of 9.850. Many of the other Wildcat performers had strong scores through this event with Diggan scoring a 9.825, O’Learly coming up big again with a 9.800 and Mulligan pulling through with a 9.775. With all these performances and a couple other strong scores, the Wildcats were able to post a 48.975 for the team score.

Onto the fourth and final rotation the ‘Cats headed for the balance beam. Both the first-year performers, Hailey Lui and Mulligan, combined for a dual effort to tie the first-place score in the meet with a 9.850. Freehling was also able to come up big for the ‘Cats in the closest scoring event of the night with a score of 9.800. The ‘Cats battled and finished strong once again, posting a team score of 48.325.

With a total team score of 194.950, UNH was able to top UNC in Chapel Hill. The Tar Heels posted a final team score of 194.275.

Danielle Mulligan once again had the spotlight for the ‘Cats, setting a new personal best from last weekend with an all-around score of 39.425. This score ties for the fourth best all-around score in school history, and the highest since 2013.

Mulligan was named the EAGL gymnast of the week as she continues her historic senior campaign. Mulligan has now won four EAGL gymnasts of the week awards out of the seven weeks it has been given out.

Mulligan and the rest of the Wildcat gymnasts will be coming back for their first home meet in several weeks as they take on N.C. State, Rutgers and Brown in a quad meet for fan appreciation night Saturday at 7:00 p.m. in Lundholm Gymnasium.
Brekke drops 15

By Bailey Schott
SPORTS WRITER

The Wildcats (6-22, 3-12) hosted the University of Albany (12-16, 9-6) Wednesday afternoon in their annual Girls and Women in Sports Day game.

Despite a 15-point performance from first-year guard Kari Brekke, the Wildcats were unable to hold on in Wednesday’s matchup against the Great Danes, dropping the game 78-53.

New Hampshire gave Albany a battle in the first half leading 3-point (3-6) and free throw (6-10) percentages. However, Albany dominated in field goal percentage (36-54) in both halves and led the second half in 3-point percentage (4-5).

The first period was back and forth from the tip to the buzzer. The Great Danes had their biggest lead, 13-7, with 2:26 left in the first. The ‘Cats took a 14-13 lead for a short time after first-year forward Ivy Gogolin made one of two free throws, but a jumper from Albany put the Great Danes up 15-14 after one.

Albany kept a short lead over New Hampshire for most of the second quarter, leading 22-19 with 5:14 remaining. After a layup from junior guard Caroline Soucy, cutting the lead to one, the ‘Cats went cold allowing six unanswered points putting Albany back ahead seven. Wildcats trailed 28-21 with 2:56 left in the half.

New Hampshire closed the half going bucket-for-bucket with Albany keeping the lead to seven, 34-27 at half. The entire third quarter was one long offensive run for Albany, stretching the lead to 20 points before New Hampshire could tie one.

In the final seven minutes of the third the Great Danes continued the run outscoring their opponent 19-3 and ending the period on a total 27-9 run. This put the ‘Cats down 63-36 going into the fourth.

The Wildcats stayed in the game despite the deficit, outscoring Albany 17-15 in the final period of play, though their fourth quarter play wasn’t enough to edge the Great Danes.

New Hampshire dropped their fourth straight game, 78-53.

With one game remaining the ‘Cats look to end their season on a positive note, hosting the University of Maryland Baltimore County Retrievers Saturday in New Hampshire’s Senior Day at 12:00 p.m.

COURTESY OF MEGHAN MURPHY/UNH ATHLETICS

First-year guard Kari Brekke (above) looks to pass to a teammate.

Losing streak over

By Michael Mawson
SPORTS EDITOR

The Wildcats’ losing streak has ended at 11 games after defeating Albany (11-18, 6-12) 68-62 on Wednesday night. The Wildcats also lost 70-50 to Hartford (14-13, 7-5) on Feb. 21.

The Wildcats are now 4-23 overall, 2-12 in America East play.

Last Thursday, UNH hosted the Hartford Hawks. Despite a career night from first-year forward Nick Guadarrama, the ‘Cats were unable to break out of their slump.

Guadarrama posted career-highs with 21 points and 10 rebounds. The forward was deadly from long range, shooting 5-6 from behind the arc.

Hartford dominated the second half, outscoring their opponents 62-37. Senior guard Jordan Reed played well in the second half for UNH, scoring all eight of his points in those 20 minutes.

On Wednesday night, UNH played Albany. UNH scored first on a made jumper by junior forward Chris Lester, putting them ahead in the opening moments of the contest. UNH would outscore the Hawks 6-2 in the remaining garbage time, and the final score would be 70-50.

Senior guard Jordan Reed played well in the second half for UNH, scoring all eight of his points in those 20 minutes.

The ‘Cats will then turn their attention to senior night, which is Tuesday night versus Maine (5-23, 3-10) and UNH’s final home game of the season.

After a UNH turnover with 28 seconds left and the ‘Cats ahead 59-56, Senior guard Jordan Reed played well in the second half for UNH, scoring all eight of his points in those 20 minutes.

The America East tournament begins March 9 and the Wildcats will need to make a Cinderella-like run to compete for a conference championship and a chance to break into the NCAA tournament.

First-year forward Nick Guadarrama (above) scored a career-high 21 points versus Hartford.

COURTESY OF UNH ATHLETICS

The first-year forward scored 13 of UNH’s 21 total points in the first half. Wildcats not named Guadarrama shot an abysmal 2-23 (6.9 percent) from the field in the game’s opening 20 minutes.

UNH shipped away at the lead in the opening minutes of the second half, cutting it down to 13 after Guadarrama splashed his fifth bucket from deep with 17:52 left in the game. That brought the score to 40-27 Hartford. That is the closest UNH would get to victory, however.

Hartford dominated the rest of the game, increasing their lead to 68-44 with two and a half minutes to play. The ‘Cats would outscore the Hawks 6-2 in the remaining garbage time, and the final score would be 70-50.

UNH missed a three-point attempt with two seconds to play, and UNH secured their first win since Jan. 9.

The Wildcats wrap up their season with a trip to Baltimore to face off with UMBC (18-11, 10-4) Saturday afternoon. Tip-off for that game is set for 1:00 p.m.

The ‘Cats will then turn their attention to senior night, which is Tuesday night versus Maine (5-23, 3-10) and UNH’s final home game of the season.

Forward David Watkins and guard Jordan Reed are the two seniors on this year’s squad, and they will be playing their last career game at Lundholm Gymnasium. Tip-off versus Maine is 7:00 p.m.

The America East tournament begins March 9 and the Wildcats will need to make a Cinderella-like run to compete for a conference championship and a chance to break into the NCAA tournament.
By Sam Eggert  
SPORTS EDITOR

Despite their two losses this weekend and falling to a losing record, the UNH men’s hockey team (11-12-8, 7-9-5) still stands in eighth place in the Hockey East. On the contrary, their opponents the #9 Northeastern Huskies (21-9-1, 23-7-1) shot up three spots in the national polls.

Northeastern outscores UNH 12-3

Top left: forward Angus Crookshank, top right goalie Joe Lazzaro, bottom left forward Marcus Vela, bottom right forwards Chris Miller and Joe Sacco.

Leading 3-2, UNH gave up the equalizing goal at 16:15 with a goal from the Huskies’ junior forward Matt Filipe. This was his seventh goal on the year.

The bleeding did not stop as Pecararo converted his second goal of the game with a shot sent past Robinson’s lower stick side. The goal was scored at 18:56 in the second period.

Already trailing 4-3, UNH gave up another goal with five minutes remaining in the game. Northeastern defenseman Ryan Shea scored on a slap from the blue line, putting the icing on the cake of what was an off-night for UNH’s Robinson.

The final goal of the game was scored by Pecararo on an empty net, resulting in a 6-3 win for the Huskies.

To say that the second game of the weekend series did not go as planned would be an understatement. The ‘Cats got shutout in addition to failing to convert on their sole power play.

The Huskies struck at 11:24 in the second period with a goal from Davies that slipped through the low right corner of the net, making the score 1-0 Northeastern.

UNH’s Robinson. This was Solow’s 14th goal save of the season and first of what was an off-night for the Northeastern Huskies.

Next weekend UNH welcomes #14 UMass Lowell to Durham on Friday at 7:00 p.m. and the Wildcats will travel to Lowell on Saturday for another 7:00 p.m. puck drop.
The America East Championships kicked off Friday afternoon as the Wildcats, along with nine other schools, headed down to Boston for the fourth time in the past month.

On the men’s side, the Wildcats found themselves in third place after day one scoring 28 points; trailing only Albany (41.5 points), and UMass Lowell (30 points). New Hampshire was led on Friday by sophomore Frederick Schaeke, who ended his day in fifth place of the heptathlon, scoring 2519 points.

Some of the top performers from Friday included junior Zachary Astle, who placed second in the weight throw. This Wildcat who reached a new personal best was graduate student Timothy Kenefick. Despite finishing seventh in the 5000-Meter, Kenefick topped his previous best, finishing in 17:58.00.

Harter reached a new personal best in the 1000-Meter where he ran in 2:35.37, which also happens to be his new career best. He also finished first as a part of the 4x800 team in 7:36.53. “[Hoerner] might be one of the best racers we’ve ever had,” said Coach Boulanger of the women’s side even inside note of the senior’s weekend. “[Hoerner] always just in a dog fight, and he’s most likely going to win.”

Ulrich, who was a part of the championship-winning DMR and 4x800 teams, earned his third championship of the weekend in the mile run. Ulrich ran his mile in 4:09.47.

Harter reached a new personal best in the 800-meter of 1:52.49, but this was not the only foot accomplished on Saturday by UNH. Senior Thomas Chant became the first Wildcat to score in the 60-meter since it became a championship back in 2011. Along with Chant, sophomore Jordan Backmire also etched his name into Wildcat history. Backmire broke this school record for the triple jump, which had stood since 1997. The sophomore finished fourth, and jumped 19’5.75”, breaking the previous record of 19’5” which was held by Kamau Peterson.

In the heptathlon, Schaeke took fourth place, finishing with 4496 points, first-year Brian Gent in sixth place with 4208, and sophomore Michael Monahan finished seventh with 4114 points. Moving away from the track, UNH also finished the weekend with a time of 2:57.87.

On the women’s side, UNH coaching staff of Jim Boulander, Jacky Mendes, and Casey Carroll were also named the 2019 Coaching Staff of the Year.

“We got staff of the year not because we’re some wonderful staff of rocket scientists, it’s more of [the athlete’s] performance, how they handle themselves, how they show respect to other teams, and how they cheer for their teams,” said Coach Boulanger.

“Boulaner’s the most energy we’ve had on a men’s team in five or six years, it was fun to sit there and watch.”

Up next for the ‘Cats, they will head down to Boston once again this coming Saturday and Sunday for the ECAASU Championships.