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Food waste collection efforts conducted in Durham

By **Rose Correll**
STAFF WRITER

As part of the ongoing sustainability efforts at the University of New Hampshire (UNH), this semester's first rounds of food waste collection in the Durham dining halls was conducted in the past weeks.

UNH dietetic interns partnered with Hospitality Services to track the amount of food that is wasted each day. Every semester, the interns stand by the dish return with a big yellow trash bin and scrape off the left-over food off the patron's plates in each dining hall for breakfast, lunch and dinner. At the end of each meal, they weigh the bins of food and track how many pounds were collected for each meal at the dining halls.

"In the dining halls we do plate waste and the dietetic interns, that's their big project for the semester, so there's two different weeks; week one is an initial collection and they do an intervention in the middle, and then they do a follow-up collection, hopefully seeing a difference.

And this semester too they did an initial pre-collection survey to get an idea of like, people's beliefs about food waste and if they've thought about it or not," UNH dietitian Rochelle L'Italien said.

Once the waste is weighed and recorded, it then goes to Kingman Farm on campus to be composted. UNH's composting program was established in the early 2000's and is run by the College of Life Sciences and Agriculture, the Sustainability Academy, NH Agriculture Experiment Station and UNH Dining as a part of UNH's Food and Society Initiative and Local Harvest Initiative. According to their website, Sustainable UNH, approximately 25,000 – 40,000 pounds of food waste are collected and composted per month during the academic year. That adds up to approximately 200,000 pounds per year. UNH dining staff began collecting food waste and bringing it to Kingman Farm in the summer of 2006 and has been since.

Project Director of the Sustainability Institute at UNH Jennifer Andrews helps run the composting program and is an

advocate for healthy living. The food waste accumulated at the dining halls is not only an environmental issue, but it also costs the university money.

"The fact that we are purchasing food that does not get eaten means wasted money, unnecessary fossil fuel use and increased climate change, unnecessary water use and land disturbance. And it's especially sad because we know that we have students and families in our community who are food-insecure; to see food being produced, transported, prepared, taken by dining hall patrons and then not actually eaten seems especially unfortunate from that perspective," Andrews said.

To gauge the average amount of food waste in the three dining halls, the UNH dietetic interns take the extra food on people's plates when they go to the dish return and weigh the bins at the end of each shift. The dietetic interns began their plate waste intake a couple weeks ago, will

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Courtesy Photo

On the Spot: Student body president candidate Joey Ramirez



Courtesy Photo

By **Emily Duggan**
STAFF WRITER

Joseph "Joey" Ramirez, a junior political science major and non-resident student senator, is taking a second swing at the student body presidency as he seeks another chance to represent and promote a transparent, inclusive and sustainable student body.

His latest run for the seat comes after losing by four percentage points last year to current Student Body President (SBP) Ethan McClanahan and Vice President (VP) Jake Adams in a close race whose outcome led to an attempted appeal of the results by the Ramirez campaign. This time around, junior environmental conservation and sustainability and Justice Studies major Devon Guyer, the Senate's Campus Structure Chair, takes the place of Ramirez's previous VP-pick Thomas Libby.

Following his defeat, Ramirez took matters into his own hands and joined the Student Senate, and from his experience there, he helped create the Durham Collocation Committee with Adams, which helped connect the town of Durham with the University of

New Hampshire (UNH) with the hopes of improving communication between the two.

"I feel like last year I could have done a better job of having a bigger umbrella and that's what I want this year," Ramirez said. "I want everyone to feel like a part of my campaign, I want to grow a movement of students where we can't get ignored... I want students to have a voice on this campus."

His main goal is to be "transparent" with students in creating and maintaining a student body government that doesn't keep its students in the dark, to which he credits as being one of the driving forces behind his run this year.

"Students want a transparent student government, students want to feel like they are a part of this community, and students want a sustainable campus," Ramirez said. "And it's not about how sustainable our campus is because we have one of the most sustainable campuses in the country, but is our tuition sustainable? Is our parking sustainable? Are processes the same for students?"

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26/9
Sunny

Weather according to weather.com

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The next issue of TNH will be published on

Thursday, March 7, 2019

But you can find new content daily at

TNHdigital.com

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do their intervention, and then do another collection to see if there was a decrease in the waste. The first collection showed that 207 pounds of food was thrown away in Holloway Commons (HoCo), 193 pounds in Philbrook (Philly), and 187.4 pounds in Stillings. The number of patrons that eat in the dining halls vary day to day, semester to semester, year to year, so what the interns collect is essentially a snap-shot of the food wasted. To more accurately estimate the food waste, they calculate the ounces per person based on the pounds they collected.

“It’s important to look at it [as] ounce-per-patron because obviously like I said, because the more people you have, the more waste you are going to have. The collection is in two-hour windows so if they had done it all day, it would be more. So, it’s more of a snapshot,” L’Italien said.

One dietetic intern Kyla Krumbolz said that the amount of food wasted in each dining hall changes based on what is being offered and if the students like it or not. Amber Doucet, another intern, agreed that the food served impacts the reasoning behind the increase or decrease of the food waste.

“Like she said I think it depends on the acceptance of the food too so these special nights that we do like New Orleans Night, if people are really enjoying the food, chances are they are going to waste less. But I think too sometimes the serving spoons can make a huge difference on how much food people take because, you know rice and it’s kind of sticky and they use a big spoon they are going to get a lot more on their plate than they intended to so they may not eat it all and then it all goes to waste,” Doucet said.

Part of the interventions they do between the collection weeks involves teaching patrons about portion sizes and trying to take just one scoop of what you want and going back up for more if you are still hungry.

Dietetic intern Hailey Kuhl, who did the plate waste collection in Stillings estimated that 1.46 ounces per patron were wasted, which is the second highest between the three dining halls. HoCo had the most waste with 1.6 ounces per patron for the initial collection. The collection from this semester was a 20 percent increase from the collection that took place during the fall semester of 2018.

The results of the second week of the plate waste collection has not been calculated yet at time of publication.



Courtesy Photo

Ramirez
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The topic of parking comes up after a parking petition surfaced around social media and students discussed their frustration over the price of the parking tickets that have been given out to students. For Ramirez, it’s the “first thing” on his list to fix.

Above all, however, Ramirez stresses his commitment to giving students a voice, especially after controversy emerged last year when a photo of him wearing a poncho as a high school senior surfaced on social media, upsetting the Diversity Support Coalition (DSC).

“I would immediately come up with a committee where I sit with all the DSC presidents and instead of being reactionary to issues that happened on campus, be proactive,” he said. “Let them know that we are going to do this consistently and not meet every time something bad happens – that’s when things get out of hand...we need to have results.”

Ramirez said he believes his experiences as the philanthropy chair for the fraternity Sigma

Alpha Epsilon (SAE), a fellow for the New Hampshire Young Democrats, and his assistance for UNH alumni Cam Kenney on his campaign win for New Hampshire state representative, have the potential to help him become the next SBP.

“Student Senate has a really important role in representing students, so as student senators, we have to represent students to our fullest capacity and recognize that we have power... that way we can make change,” Ramirez said.

Ramirez also suggests that implementing a newsletter to alert clubs, organizations, Fraternity and Sorority Life and beyond on news of his progress will help students become more involved in the student body, and give them opportunities to share their own ideas with him.

“I want to be the candidate for people who don’t know what the Student Senate or the SBP does... and let them know that you have a voice and that all the kids in the Student Senate are there for you making sure your voice is heard,” he said.

The election for student government runs from March 25-28.

UNH Dining Stability Plan: 2017-2020

- 1. Develop and implement an improved tracking system for sustainable food purchases.**
- 2. In order to support sustainable food purchases, amend RFPs for distributors to include preferences regarding supplier traceability and sourcing flexibility.**
- 3. Partner with the UNH Sustainability Institute to increase local and regional produce procurement by enhancing or developing new relationships with farms, food hubs, and/or distributors.**
- 4. Continue pursuing innovative strategies to reduce red meat and increase fruit, vegetable, and whole grain purchases.**

UNH Dining Sustainability Efforts

Take Less, Waste Less!

#tlwlunh



STUDENT SENATE UPDATE

WITH BENJAMIN STRAWBRIDGE

February 24, 2019: Meeting 17 of Session 40

Efforts to improve the university's composting services, concerns over SAFC membership and the presence of Associate Vice Provost for International Programs Dr. Kerryellen Vroman were just some of the business that occupied the Student Senate's time at their 17th meeting of the 40th session on Sunday.

The former matter arrived in the form of Resolution 40.16 – entitled “Improving Composting Services on Campus” and introduced by Campus Structure Chair Devon Guyer, First Year Representative Julianna Phillips and Sens. Joseph Bradley (Hetzell 1), Annah Santarosa (Stoke 1), Thomas McDonough (Gibbs 1, Co-1) and Gordon Guilmette (Gables 1) – which urged the university to research ways of upgrading the campus' current composting services to make them “more viable,” as well as to provide more accessible ways and locations for students to drop off compostable items, such as public receptacles.

The motion argued that present composting services, which utilize a composting facility serving fertilizer to several university fields, cannot “break down compostable utensils and dinnerware that are provided on campus,” and that all campus cafes have compostable foods and utensils that are not sent to the facility due to them lacking accessible areas to dispose of compostable materials. The resolution added that, because of the absence of more accessible locations, most compostable foods eaten outside the dining halls are not composted by the students that eat them.

In addition to addressing the problem at hand, the document's text cited potential benefits of composting, including reduced emissions, smaller landfills and the ability to “capture and destroy 99.6 percent of industrial volatile organic chemicals (VOCs) in contaminated air,” all of which could reduce the negative effects of greenhouse gases, like methane, that come from “organic waste” in landfills.

In her defense of the motion, Chair Guyer argued that improvements to current composting services, an idea brought forward in a recent council meeting, would also strengthen UNH's ability to advertise its high sustainability ratings, as well as improve student awareness of composting overall.

“We decided it was extremely important for the university to fix this so that the things we're paying money for to be composted are actually being composted rather than being thrown out, and to make it so that everyone can possess access to this service rather than just the dining halls,” Guyer said.

When asked by External Affairs Chair Liam Sullivan to clarify on the resolution's aim to research “more viable” options, Guyer responded that the previously-mentioned utensils from the dining halls are not currently composted due to a lack of heat at the current facility, with the “research” ultimately homing in on either upgrading UNH's current facilities or adopting a new system altogether. Guyer additionally clarified to Sen. Logan Stevens (Peterson 1, Co-1) that food left on the dining hall conveyor belts are composted until the end of the day, with food remaining after hours and consumed outside of the dining halls being thrown out; however, Guyer could not confirm the financial effects of potential upgrades or replacements to current composting systems when asked by Community Development Chair Nelson Idahosa due to the lack of finality regarding changes to the system.

Sen. Joseph Ramirez (Non-Res. 8) asked Guyer whether nearby schools or institutions and their composting services served as inspiration for improvements to UNH's services; the motion author replied that while no one university has so far inspired new ideas for changes to the system, she praised the University of Connecticut's composting methods and said she would keep their

system in mind as she and other members of Senate discuss the issue with UNH.

R.40.16 ultimately passed the body unanimously.

Prior to the motion's passing, amid the regular assemblage of bills adding and removing members from Senate and its committees, Student Activity Fee Committee (SAFC) Chair Joshua Velez proposed that Sen. Stephan Toth (Lord 1) would be removed from SAFC due to reportedly missing three of the last five committee meetings without notifying Velez, providing reasons for his absences or providing a required proxy member to fill his place.

“There is no definition within the bylaws of how many meetings you have to miss, but I believe that three meetings in a row constitutes a removal of a Student Activity Fee Committee senator because we need to have dedicated members of the committee who are present and making decisions about the distribution of the Student Activity Fee,” Velez said.

Sen. Toth responded that he had to “unfortunately” miss the meetings due to family emergencies, and that his alleged unexcused absences were the result of misunderstanding between him and the committee.

Velez said he was not required by the bylaws to alert Sen. Toth of his absenteeism, stressing he would have “appreciated” knowing about the absences either before they occurred or retrospectively. Speaker Nicholas LaCourse added that, although SAFC bylaws do not place a limit on unreported missed meetings, Robert's Rules cap allowed unexcused absences at four prior to removal. However, the chair said that Sen. Toth would still be eligible to add himself as a “candidate” for SAFC membership in a revised version of the typical SAFC member addition bill and be interviewed for a chance to clear up any misunderstandings and potentially be reinstated the committee.

The SAFC member removal

bill ultimately passed with 27 in favor, 14 against and two abstentions.

Vroman, who supervises the university's Global Education Center, made it her mission on Sunday to endorse study-abroad programs and recent efforts by UNH to increase international student enrollment, calling the subject a “critical” component for present and future students and as a way to prevent them from “living in a bubbled world” of cultural isolation.

Vroman shared the Center's three main objectives and goals in a corresponding PowerPoint, which are to “actively promote international engagement and cross-cultural understanding,” “bring UNH to the world” and vice-versa, and to make international education a “central” experience through the “exchange of people and ideas;” it also touted study-abroad programs as representative of an “investment” in student learning and social mobility, among other benefits.

Vroman also presented definitions for “globalization” – a process that “focuses on the worldwide flow of ideas, resources, people, economy, values, culture, knowledge, goods, services, and technology,” per the presentation – and promoted the “internationalization of higher education,” which involves the integration of “an international intercultural and global dimension” into the university's goals, teaching methods, research and provided services to better accommodate a variety of out-of-state students.

“So when we're thinking about globalization, we're thinking about what happens in the world today and how it affects you and me...as well as everyone else in the world,” Vroman said, “and what's really happened is that...[society] is not contained anymore to one [country]; it affects the world at the same time, and the technological advances have made that so much faster as it's ever-increasing. So, I think we need to be mindful of what

we mean by the term ‘globalization’ because that's where it starts, and...what it means to have an internationalized university – and UNH in particular – and what that means in higher education.”

Vroman also took questions from senators following her presentation, which ranged from how UNH is improving its efforts to attract international students from different cultures to how Vroman's office is working to get international students more involved in daily life and social events on campus.

In other senatorial business, more approvals dominated the remainder of regular business, with the majority of new enrollments affecting the SAFC committee, which garnered five new candidates – Sens. Ramirez, Bradley and Cameron Horack (Non-Res), Senior Financial Advisor Allison MacPhee and Health and Wellness Chair Jennifer Hargenrader – and Sen. Toth's own readmission to the committee, pending the approval process headed by Velez; the bill passed the body unanimously.

The body as a whole also faced a reshuffling of its membership Sunday, as it unanimously approved the removal of Sen. Allyson Smith (Hubbard) from the body due to multiple unexcused absences, according to Executive Officer Brittany Dunkle; the addition of Sens. Taylor Donnelly (Williamson 1) and Callie Laprise (Hunter, Co-2); and the additions of Sens. Chris Garcia (Woodside) and Nick Byrne (Woodside) to the Senate's Judiciary Committee. The removal of Campus Structure Chair Guyer from the Judiciary Committee passed with one nay, because Guyer is running for student body vice president under Sen. Ramirez.

Following the passing of R.40.16, the Senate adjourned at 7:19 p.m.

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UNH Facilities, students discuss new salt buckets

By Alison Eagan
STAFF WRITER

The yellow salt buckets that have popped up over campus for the 2018-19 academic year have raised questions and controversy among the students of UNH. You might have heard the rumors that UNH doesn't have enough money in their budget to salt some areas of campus or that they ran out of money last year, but Larry Van Dessel, Executive Director UNH Facilities Services and Director of UNH Operations and Maintenance, says those rumors are false.

According to Van Dessel, the campus salt budget is \$40,000 a year and facilities has only used about \$19,000 of that current budget. Van Dessel also states that facilities used about 25 percent more salt last year than the 2016-17 academic year. Also, according to their data from last year, more slips and falls occurred during the 2017-18 academic year; Van Dessel attributes most of these occurrences, about 62 percent, to the

two ice events in late January and February.

Heading into the next year, facilities took these accidents into considering when they planned for what areas needed salt more than others. The original plan was to pilot 10 of these yellow salt buckets "in strategic locations where icy conditions have caused issues in the past year," Van Dessel states in a PowerPoint presentation he provided to *The New Hampshire*. He says that after these 10 buckets were introduced there was an increased demand across other locations and that there are now 12 salt buckets in locations like at the top and bottom of Library Hill, B Lot, behind the Memorial Union Building and in front of Murkland Hall, with more locations referenced on a map in the PowerPoint.

There have been arguments that the use of salt has negative impacts on the environment and Van Dessel reports that they have been trying to compromise with those who are against the use of salt. Van Dessel also says that salt does not melt in colder weather,

which is why they mix it with sand, but according to him, they use the salt/sand mixture "sparingly" because sand "represents ecological, infrastructure and environmental hazards." According to the presentation, the sand in the mixture, if inhaled, could increase the risk of "developing serious silica-related illnesses." The use of the single salt mixture is only effective during warmer weather and there have been many frigid days in the past few weeks, which would imply that the salt-sand mixture has been used on those days to provide traction on the ice that won't melt from the salt. According to Van Dessel, salt "will barely work" in temperatures that are 10 degrees and lower.

According to an article posted by UNH Today that explains the ecological impacts of road salt and salt solutions, salt enters into the groundwater which then enters rivers and contaminates them with high levels of sodium chloride, also known as table salt, which most of the road salt is comprised of. This salt content can "harm a variety of freshwater

organisms," as cited in the article.

There are some students that disagree with the introduction of these salt buckets and argue that they are not proving to be useful to students.

"I've never seen another student use it. Ever," junior environmental science major Laura Mantovani said. Mantovani explains that throughout her whole time walking around campus, she has never seen these salt bins being used by students or facilities personnel.

First-year biomedical science major Mikayla Matos advocates for the yellow bins, however. "[We] need one at the top of the little hill between Hubbard and Philly; [I] love them." Although Matos did not clarify whether she has used one.

Another student, also a junior biomedical science Emily Thompson, argued the bins are not being used by students, and in her opinion, students actually shouldn't have the responsibility of salting the paths.

"I think that it's the school's responsibility to clear the paths,

and it's ridiculous that they have those out for students to do it. They are really bad at clearing the roads and paths," Thompson said.

Signs placed on the buckets read to passersby: "Safety can be in your hands. Throw some salt for a friend," urging those passing to use the salt inside.

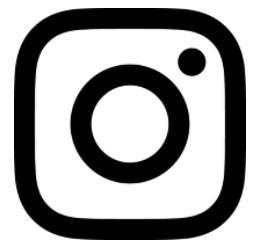
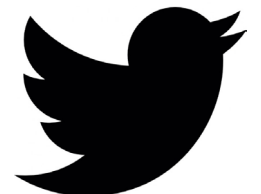
Van Dessel says that on campus there are 20 miles of sidewalks, 87 sets of stairs, 55 acres of parking lots, and 10 miles of roads or driveways. He says that it's not always possible to maintain them 24 hours a day with his limited staff of 25 employees. However, he says, they do the best they can to salt these areas over three separate shifts over the course of the day and night. His "B" shift, or the daytime shift, has the least number of employees and they do what they can to maintain the campus during their shifts. According to the PowerPoint presentation, the multiple salt bins "does not impact the responsibility of Grounds crews to apply and distribute salt."



This salt bucket, located at the base of Library Hill outside of Hamilton Smith Hall, is one of many seen around campus.

Jacob Dawson/TNH Staff

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Career Fair returns to the Whittemore Center

By Madailein Hart
STAFF WRITER

Students donned their best interviewing clothes and braved the cold temperatures combined with strong winds on Tuesday, Feb. 26, to make it to the Spring Career and Internship Fair at the Whittemore Center.

From 1 to 5 p.m., students could walk around with resumes in hand and meet potential employers in many different kinds of fields such as law enforcement, education, healthcare, entertainment, social services, biotechnology, life sciences, insurance and human resources.

While the tables were arranged alphabetically throughout the Whitt, students were given maps and lists of the businesses

and non-profits present separated by college. As soon as students walked in they had to swipe their UNH ID card to get a name tag with their name, major and year of graduation printed on it. The name tags were also color-coded by college so employers could see the types of schools prospective employees were in.

There was also a LinkedIn photo booth right at the entrance where students could get a free professional headshot taken for their LinkedIn or Handshake profiles.

Before students even spoke to employers, however, they had an opportunity to freshen up in the "Student Prep Area." This included hand sanitizer, pens, mints, lint rollers and tissues for students to take. Many students took this opportunity to look over their re-

sumes one more time, grab a mint and head into the Whitt feeling their best.

Almost all of the companies that were at the event also had free things to give to students such as fidget spinners, pens, water bottles, candy and stress balls.

"It can be nerve-wracking but after you talk to the first table it gets easier," senior Elizabeth Muldrow said.

"Everyone has to go through this," senior Carly Hokanson said. "Just research the companies, be yourself and ask questions."

Employers such as Samantha Walsh from Consumer Focus, Peter Babonis from Triumvirate Environmental, Caroline Consoli from the Mental Health Center of Greater Manchester and Angela Felde from E2i all agreed that students researching and learning

about their company before coming to the event was something that helped students stand out.

"It's so much better than a student coming up to the table and asking us what we do. It's also helpful to us when students have a better idea of what they want," Babonis said.

Even if students went to tables they knew little or nothing about, they were offered help to get in the right direction. Debra Lacey of Home Health & Hospice Care said that she wasn't getting much foot traffic, and many students that stopped by didn't fit what she needed, but she was happy to point out other tables at the event that were closer to students', and employers', needs.

Another important trait employers looked for is a well-rounded student.

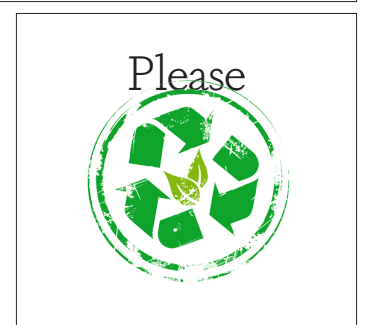
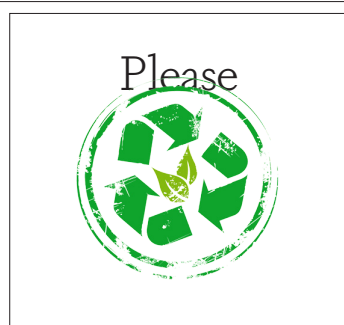
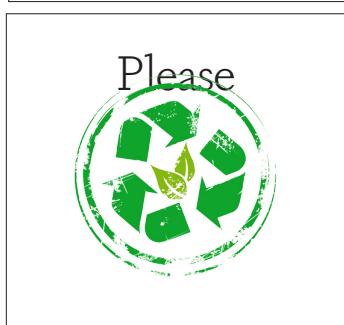
"We don't like it when you say 'school was my job,'" Felde said. "We want to know about internships, electives, hands-on experience. Any work experience, even if you worked at a grocery store or you were a server, tells us that you've had a boss before and that you know how to work with other people."

Career and Professional Success also offers Career Express drop-in hours on Mondays, Tuesdays and Wednesdays from 1-3 p.m. in Hewitt 217B for CHHS students, McConnell 188 for COLA students, Kingsbury W389 for CEPS students, Rudman G11 for COLSA students and Paul 104 for PCBE students.



Mikayla Mallet/TNH Photographer

Spilling the tea since 1911



UNH Career and Internship Fair photo album



Mikayla Mallett/TNH Photographer

On the Spot

with student body president and vice presidential candidates Allison McPhee and Kelsey Crowley

By Benjamin Strawbridge
NEWS EDITOR

Just three days into their campaign, diversity, shared values, transparency and improved academic programming have become just a handful of the missions shared by the ticket of Allison MacPhee and Kelsey Crowley, candidates for student body president and vice president, respectively, in the run-up to March's heated Senate elections.

MacPhee, a sophomore information systems and business analytics major from the Peter T. Paul School of Business and Economics and the Student Senate's current senior financial advisor, told *The New Hampshire* that part of her motivation for running this year stems from the contrast between her high school community and the UNH student body, especially in terms of representation.

"There were a lot of things that I noticed when I first came to this university that were different from my high school, and one of the things was that there was a lot less inclusion of the student body as a whole," she said, "and that is something we really want to work on and centering our platform based off of everyone's ideas rather than our own."

MacPhee stressed that in-

creased student diversity and active involvement in student policy can potentially strengthen a president's ability to obtain a clearer and wider perspective of the issues that matter to their constituents, which range from lowering student fees for academic programming to improving financial transparency when it comes to university funding.

"A lot of times in leadership, perspectives can be coming from one type of person, whether that be someone in Student Senate who has been there for a long time, and with this campaign we really want to be reaching out to every student and making sure that everybody has their voice heard because we have so many different perspectives that need to be taken into consideration in order to be representing everybody fully," she said.

Meanwhile, Crowley, a sophomore political science major from the College of Liberal Arts and non-resident student senator, discussed that student unity, a desired end product of effective inclusion and diversity of active voices, is a key component of their campaign, adding that when she found out about the election and the chance to serve as vice president alongside her friend and running mate, she resolved to win a position that could both strengthen the bond between

them and become more actively involved in student policy, calling their campaign "the best way" to obtain just that.

"A big thing of our platform is [the theme of] together," she said, stressing that it is "our campaign, it's one ticket...it's one student body and we just want those to be together, like, that's really the big main point."

In their efforts to drive home their commitment to inclusion and unity, the ticket strives to meet not only with student organizations and larger groups, but also with individuals as to connect with their voting population on a more personal level. MacPhee said one such encounter helped her better understand the plights and needs of students with disabilities.

"I was talking with a student earlier today, we were having dinner together, and she's had a few leg surgeries since she's been here [at UNH], and she was talking about how she lived in the Upper Quad and she couldn't even leave her dorm without having to go through, like, five different hallways, take all these different elevators; it was just so inconvenient for her to do anything," she recalled. "And she was slipping on ice when she's going up the...ramp, and it's really not fair for people. And if we're having things run like that, it's really hard to be maintaining good rela-

tionships with people who aren't just automatically going to have a perfect experience here, and we really want to be doing things that not only recruit students of all different kinds of identities, backgrounds, sexualities...we just want everyone to be together and everyone to feel comfortable here..."

Diversity of experience plays a significant role in MacPhee and Crowley's campaign, as each side brings a different set of experiences to the table. For instance, Crowley's earlier life in Massachusetts and personal friendships from the state give the campaign more opportunities to connect with the interests of out-of-state students, while MacPhee's involvement in the Kappa Delta sorority provides connections to supporters of their ticket from Fraternity and Sorority Life.

Despite their differences, however, the two met under the same circumstances and quickly established a common bond over policy and striving for change.

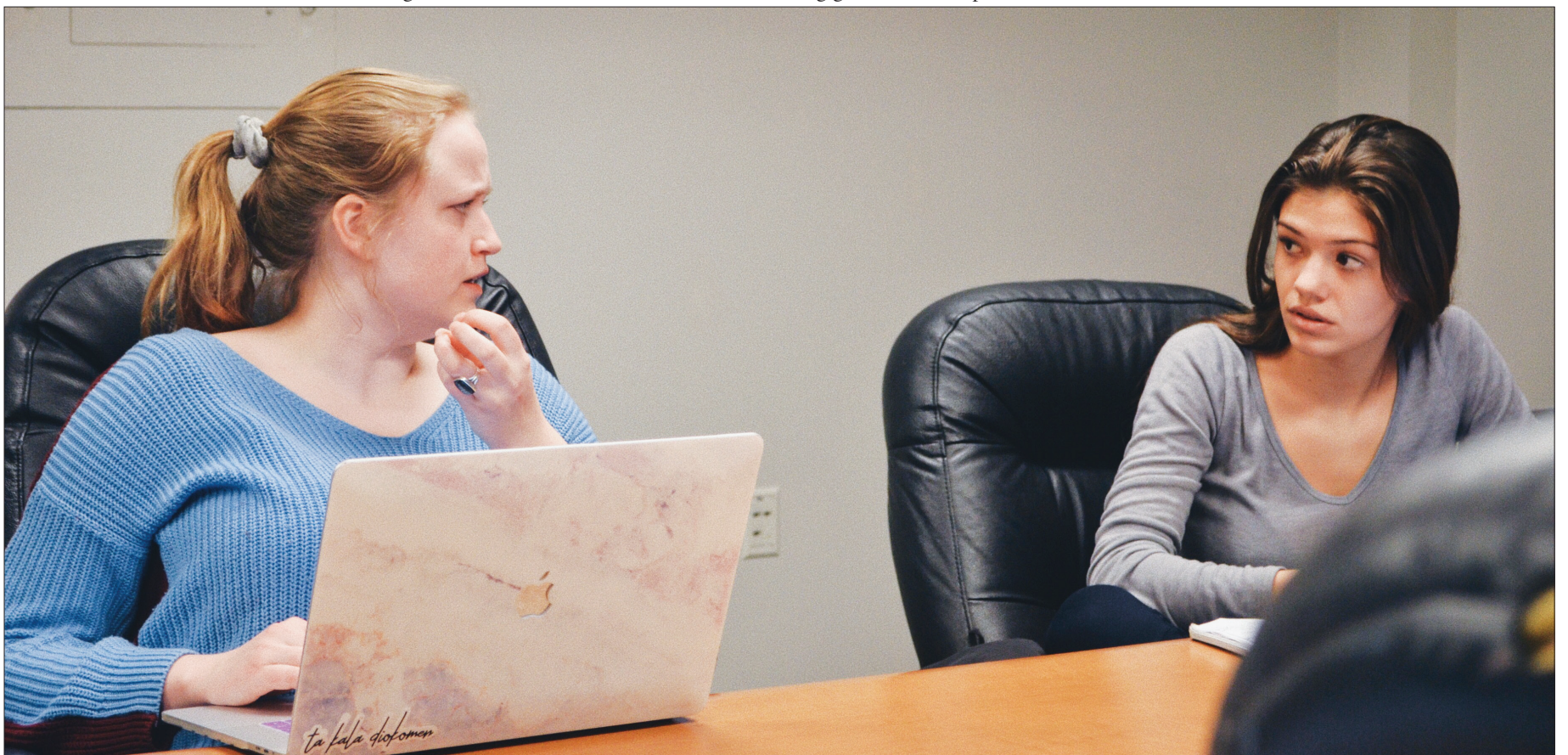
"So, [on] the first day of orientation, I sat next to Allie, and she's just, like, one of the sweetest girls I've ever met," Crowley said. "We're in the same stats class, and we talked about how we both...have a lot of the same values and we just became friends through Senate and...our friendship has blossomed since."

"I think that I'm, like, very systematic and operational," MacPhee added in discussing their qualities as candidates. "I really like finance – I'm into that – and Kelsey's really good understanding the whole picture... we know a lot of different people from being in different friend groups, so we have different perspectives."

Regardless of who ultimately declares victory in the upcoming election, both MacPhee and Crowley stress that the chance to run represents only part of their commitment to an organization and campus they feel passionate about.

"Even if we don't win, I think meeting with everyone has just been so great," Crowley said, "and getting new perspectives and learning about different people and meeting new, different people; I think that's definitely the best part about this, by far."

"I love the culture that it has, how everybody is just really welcoming, and we do always try to do what's best for our constituents," MacPhee said, "That's something that's always brought up at meetings; it's like, 'you're not representing yourself right now, you're representing your students.'"



Allison McPhee (left) and Kelsey Crowley (right) consult during a meeting with other student senators on February 26, 2019.

Benjamin Strawbridge /TNH Staff

CDC, UNH Health & Wellness discuss flu return

By **Julia Stinneford**
CONTRIBUTING
WRITER

Coughs ring out from crowded lecture halls. Posters urging students to wash their hands thoroughly and be conscious of germs line every bathroom and the walls in every residence hall. Emails from Health & Wellness highlight tips for staying healthy.

In other words, the flu has returned to UNH Durham.

Being on a college campus makes the flu more complicated, according to Kris Kahr, a registered nurse who works at Health & Wellness. She said dorm life makes it easier for germs to spread, with everyone living “on top of each other.” The unique qualities of college life make the flu worse, including the close proximity of seating in most classrooms.

Students living in this environment feel the weight of the germs around them.

“It’s like the plague...if someone gets the flu, everyone will have it by the end of the next week. [Campus is] a petri dish,” sophomore psychology major Rebecca Gowing said.

Sophomore biomedical science major Cam Pickett, a self-described “germaphobe,” said he

feels similar-ly.

“I wash my hands twice every time I’m in the bathroom,” he said, adding that he feels “constantly anxious” during the flu season on campus because he feels like he is surrounded by germs.

Because students on campus are uniquely impacted by the flu, Health & Wellness takes steps each year to try to prevent the spread of germs. According to Kahr, the group produce “lots of posters” that go up reminding people to wash their hands and telling them how to handle and combat the flu. They also send out emails and put notices up on their website to help spread awareness to students.

On top of that, Health & Wellness communicates directly with Residential Life and Housing to spread these messages of healthy living to the student body. According to Stoke Hall residence director Jimmy Thren, they work together closely “to make sure residents have all the information they need on prevention and self-care.”

But both Kahr and Thren stress that the most important part of flu prevention is the vaccine.

Student opinion about flu shots varies widely. Junior English major Abbi Downer said she tends not to get the vaccine. She

said she trusts her immune system, and also that she is scared of shots. “I grew up on a farm, around animals,” she said. “I see other people who don’t have that, who get sick...I usually only get sick once a winter. I have a good immune system.”

A popular reason for avoiding the flu vaccine, which Pickett attests to, is the widespread belief that the vaccine can actually make you sick; Kahr said there is no truth to the myth.

Other students, like Gowing, believe that getting the vaccine is a no-brainer.

“If I do get the flu then it won’t be as bad,” she said. She also said more people should get vaccinated, so that “people won’t get sick and infect other people.”

First-year psychology major Tracy Fister said that “everyone who can be vaccinated should be” to keep as people as healthy as possible.

The numbers show support for vaccination, as Health & Wellness gave out 3,150 free flu vaccines this year over the course of two clinics and numerous routine student visits. Last year, they only distributed 2,300 vaccines, and the 2017-2018 flu season was significantly more severe according to both Kahr and the Centers for Disease Control and Prevention (CDC).

Kahr, who has worked for Health & Wellness for nine years, said last year’s flu season was “absolutely” the worst she had ever seen on campus. The CDC has it on record as one of the worst in recent times. According to the CDC, the peak of influenza-like-illness (or ILI) was at 7.5 percent last year. This is the highest seen since the 2009 flu pandemic, which peaked at 7.7 percent.

According to Kahr, this year hasn’t been remotely as bad. “Last year, we dispensed, on average, 17 to 20 Tamiflu per day,” she said. Tamiflu is a prescription antiviral that can reduce the length of a flu infection by about 12 hours and help manage symptoms. For comparison, this year’s maximum amount of Tamiflu prescribed by Health & Wellness in one day has been three.

The reason the 2017-2018 season was so severe, according to Kahr, was that the vaccine “just wasn’t a good match.” When the strain of the virus in the vaccine isn’t well-matched to the virus that circulates in the flu season, it leads to larger and more devastating outbreaks of influenza, according to the CDC.

The match this year is much better, according to Kahr and preliminary reports from the CDC. Kahr said that nationwide, 43 percent of those who have been diag-

nosed with the flu have also been vaccinated. This may not seem like a good match, but Kahr said that it is, because even if a vaccinated person contracts the flu, the symptoms of the flu are lessened.

This is why, Kahr said, getting the vaccine is still the best preventative measure, regardless of the eventual outcome of the match between vaccine and virus. Because of this and the apparent lack of vaccinations last year, Kahr said that they have been pushing the vaccine more. She said it was something “we learned from last year...we have been much more aggressive in checking with students... [asking] ‘have you or have you not had the flu vaccine’ even if you’re here for something totally different.”

The result of this campaigning has seen more students being vaccinated. According to Kahr, this effort, plus the better vaccine match, has resulted in a much milder flu season, both nationwide and at UNH.

So, if you haven’t gotten your flu shot, Health & Wellness still has them available. But next year, think about jumping on the bandwagon with thousands of other students and get vaccinated sooner rather than later. Because as Kahr says, “the earlier the better.”

Chi Omega’s Swishes for Wishes preview

By **Cameron Beall**
SPORTS WRITER

What if I told you that you could help make somebody’s dream come true by playing basketball?

Those intrigued have a chance to make a difference on Saturday, March 2, when Chi Omega hosts their annual Swishes for Wishes, with all proceeds from ticket sales and sign-ups going towards the Make-A-Wish foundation in hopes of granting a wish to a child suffering from a debilitating disease.

Swishes for Wishes is an event hosted by the sorority every spring semester. Lasting

from 12:30 to 4:00 p.m. at the Hamel Recreation Center, teams will sign up and play quick tournament-style basketball games until a winner is crowned; the winning team will receive gift cards or gifts from local businesses.

For Chi Omega, Swishes is something that is highly anticipated around campus because of its promotion of a good cause.

“We are trying to be a wish-granting chapter again, which means we need to raise \$10,000 – the average price of a child’s wish,” Chi Omega sister Lily Bennett said, adding that it “feels amazing that just putting together fun events around campus can bring such joy to a

deserving family and that we get to meet them and see the smiles we bring.”

“I love basketball, it’s a great way to get people together for such a great cause,” Cam Marshall, who will be participating in the event on Saturday, told *The New Hampshire*. The event is especially important for Marshall, who says that he knows people personally who have been affected by chronic illness.

“Make-A-Wish really makes a big difference in a lot of people’s lives,” he added.

Philanthropy is a major point of emphasis for not just Chi Omega, but all fraternities and sororities at UNH. Mattie Moran of Alpha Xi Delta noted

that philanthropy “is the motivating cause that brings people together and creates something so much bigger than the term ‘Greek life.’”

“I can confidently say that philanthropy is always our main priority. We fundraise all year through different types of events... Alpha Xi Delta’s philanthropy is Autism Speaks, which is something that is extremely important to me,” she added. “I have always been active in the fight for awareness, and the fact that this group of girls were so passionate about it is ultimately what drew me to this chapter.”

When it comes to spreading the word, Bennett goes about getting more people to partici-

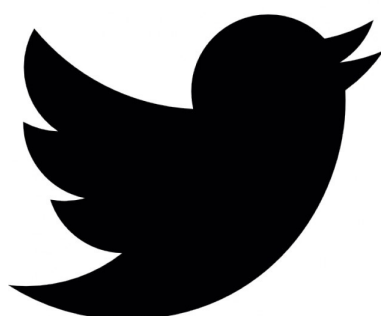
pate in the event by emphasizing that even a “small donation will have a big impact on a child and their family’s life. I also bring up that with the donation they will be getting a fun experience of either playing or watching their friends.”

Bennett also stressed that many of the kids they’re playing for can’t participate in things like these so “students should reflect and be grateful for all that they have and make the most of it.”

Marshall, meanwhile, isn’t pulling any punches with his predictions for his team.

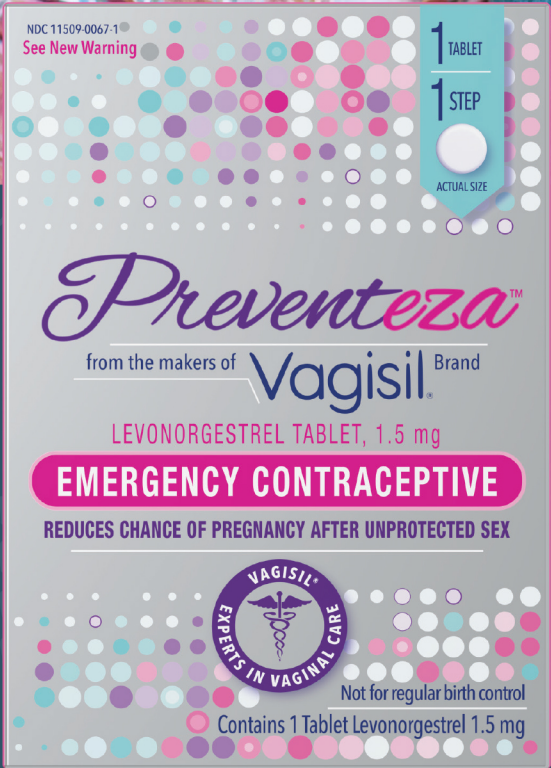
“We’re going to win it all,” he said.

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The ARTS

28 February 2019



Courtesy Sunangel Media

By **Adrienne Perron**
STAFF WRITER

“To understand why we are talking about race and food, because it doesn’t seem like they are connected, we need to understand how the food system got to be the way it is,” said Leah Penniman, a guest speaker who lectured in the Memorial Union Building (MUB) this past Tuesday evening at 7 p.m. in the Granite State Room. “I will argue that the food system is not broken; it is working exactly as it was designed. If you were to imagine the food system as having DNA, that double helix, one strand would be stolen land, and the other strand would be exploited labor.”

According to Leah Penniman, the founding co-director of Soul Fire Farm, many practices that have been braided into the United States’ food system come from afro-indigenous knowledge. Penniman, who recently published the book “Farming While Black: Soul Fire Farm’s Practical Guide to Liberation of the Land,” was the selected speaker for this year’s Martin Luther King Tribute.

Colleen Flaherty, the communications coordinator for the Sustainability Institute, was the first of four speakers who helped to welcome Penniman to the stage. Following Flaherty was Monica Chiu, the interim associate vice president for community, equity and diversity, who spoke briefly about the history of farming while Asian; Karen

Spiller, who spoke briefly to urge attendees of the event to sign up for the Racial Equity Challenge, a 21-day online program that helps to educate people on racial equity; and junior biomedical science major and Sigma Alpha president Kayla Caires, who vocalized how agriculture is an important part of her life and stated her excitement

for making it possible for her to be at the University of New Hampshire to give her talk.

Throughout her lecture, Penniman took her audience on a “journey through history.”

Penniman described this history as sad and jarring, but assured her audience that the food system can be

able farmers think of as ahistorical like raised beds, cover cropping, terraces, livestock rotational grazing, chickens themselves, fermentation, work parties, credit unions, land trust... they are all afro-indigenous knowledge,” she said. “A big part of healing is remembering.”

Penniman discussed points in history that were significant in terms of black and brown people and their relationship with farming, including the time period around the Emancipation Proclamation and how it led to the criminalization of many African Americans due to soliciting. Incarcerated African Americans were then legally allowed to be used for slave farm labor.

She also discussed how 1910 was the peak time period for farmland ownership by black people, and how it was correlated with 1910 being the peak time period for white supremacist violence in the South. 4,500 people were lynched in this time period for disrupting the status quo of the time.

Penniman went on to describe how the USDA is the number one cause for the decline of the black farmer.



Adrienne Perron / TNH Staff

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Farmer continued on page 12

Courtesy TED

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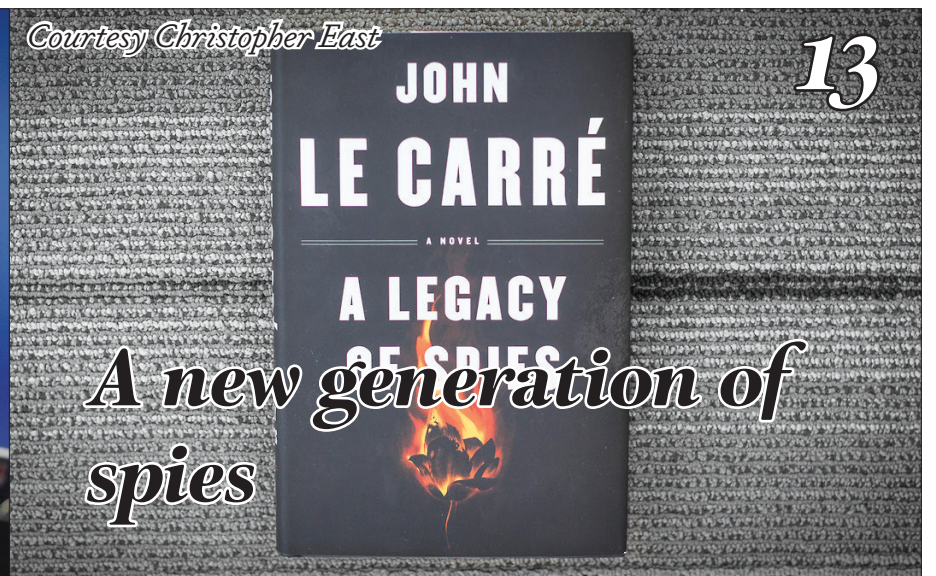
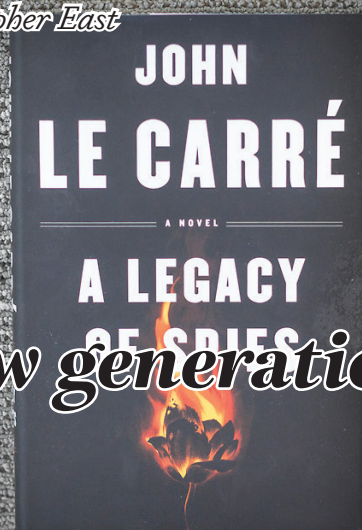
The oddball positivity of “Factfulness”



Courtesy Christopher East

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A new generation of spies



Review: Hans Rosling preaches positivity as a philosophy in “Factfulness”

By Madailein Hart
STAFF WRITER

It can be easy to think the world is falling apart around us. We are constantly bombarded with news of people fighting, animals going extinct and the climate going to deadly extremes. With all of these stories, it can be hard to keep a clear head about the world. That’s why Hans Rosling, along with his son Ola Rosling and daughter-in-law Anna Rosling Ronnlund, wrote “Factfulness: Ten Reasons We’re Wrong About the World – and Why Things Are Better Than You Think.”

Hans Rosling was a doctor, professor of international health and a public educator. He was a trusted counselor to governments, the United Nations and influential people such as Bill and Melinda Gates. Rosling died in 2017, soon after this book was published.

The front and back inside cov-

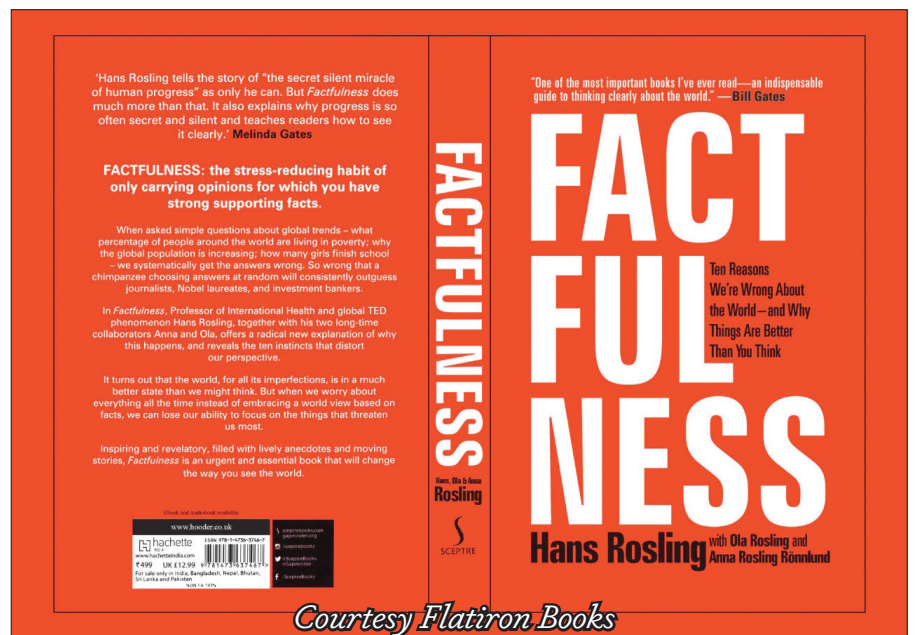


Courtesy BBC

ers of the book display colorful maps and charts showing people by region and income, including life on the four income levels and a world health chart. While it may be intimidating to look at when you first open the book, having no idea what many of the symbols mean, Rosling helps the reader by walking them through all of these charts and maps throughout the entire book. There are also various other charts, maps and pictures throughout the entire book that help the reader conceptualize what Rosling is talking about.

Rosling gets the reader’s attention right in the introduction chapter. There is a photo of an X-ray of a man swallowing a sword and the section is titled “Why I Love the Circus.” This seemingly has nothing to do with what the book will be talking about until Rosling says that he used to swallow swords in front of his classes to show them that anything is possible. Making this the first passage someone reads in the book also helps instill the sense that anything is possible, and starts the book off on a positive note.

In that same introduction chapter, there is a quiz for the reader to take. Composed of 13 questions asking about girls education, vaccines, natural disasters and life expectancy. This is to test the reader’s knowledge, or biases, on these subjects. When I took the quiz I got a two out of 13. Rosling gives the answers at the end of the quiz but refers back to the results and the data behind them many times throughout the book.



Courtesy Flatiron Books

Each chapter of “Factfulness” has to do with an “instinct” that we are all guilty of falling into. These instincts include the urgency instinct, generalization instinct, negativity instinct, fear instinct and the gap instinct. Hans tackles these issues by looking at common misconceptions and showing what is getting better in the world. In the second chapter, there are two pages of charts that show “16 bad things that are decreasing,” such as expensive solar panels, HIV infections and hunger. Rosling also included “16 good things increasing,” such as science, literacy, water and protected nature.

At the end of each chapter, Rosling condenses the chapter itself into bullet

points and important things to remember. This helps the reader absorb and understand the information better, and offers a quick place to refer to when you feel like you’re falling into one of the instincts.

Even though this book is filled with data, numbers and charts, it never reads like a textbook but rather an uplifting story. “Factfulness” is perfect for anyone wanting a perspective change, anyone interested in health or economics or anyone who just needs to hear good news. It also makes for a quick read at just 259 pages (342 pages if you count the notes, index and sources listed) and includes lots of pictures.

Farmer
continued from page 11

“The federal government has given away millions of acres of land through the Homestead Act, provided free education through the land grant colleges, low interest loans, crop allotments, crop insurance and technical assistance through the extension agency to help support white farmers getting an economic footing,” she said. “Black farmers were systematically denied these supports, creating an unfair market. In 1982, the US Commission on Civil Rights said, ‘the extinction of the black farmer will be the blood on the hands of the USDA.’”

According to Penniman, when farmers are not using cultural knowledge or the afro-indigenous methods that were braided in, agriculture is the number one driver of climate change because farmers are neglecting and appropriating sacred knowledge.

Penniman encouraged the event attendees to get involved with the discussion. A call and response was encouraged by Penniman as she shouted “free the people” and her audience responded with “free the land.” Penniman also encouraged the audience to talk amongst themselves and share pieces of their own ancestry with one another for a couple of minutes in the middle of her talk.

She also encouraged attendees to get involved to make a change in the real world.

“You can’t be a passive anti-racist,” she said.

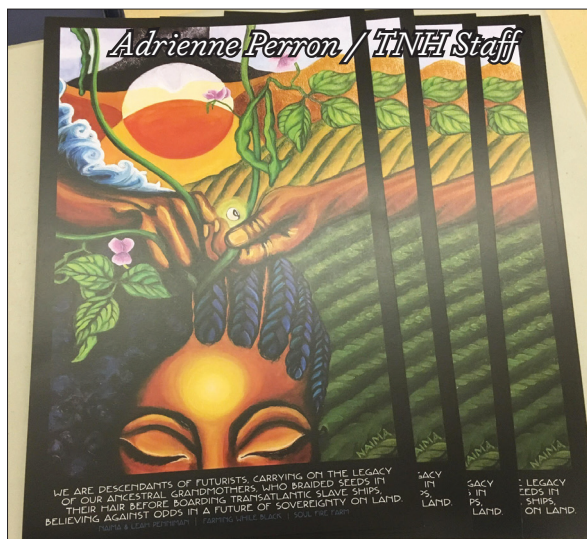
Penniman talked about how through Soul Fire Farm, community members who need food the most will receive hand delivered goods from the farm every Wednesday. She said that the idea to do this was inspired by the Black Panthers, who conducted survival programs which helped to feed 20,000 Oakland chil-

dren breakfast every morning.

“Like us, they were rooted in the idea that we can’t just have this theoretical stuff going on, we have to do something real for the community,” she explained.

She said that by growing the food and sharing it with the community the way that they do, it helps to make the world better.

“The earth and the humans have been friends, and we can be friends again,” Penniman said.



Penniman discussed how Soul Fire Farm helps to train those who identify as black, latinx and indigenous who couldn’t get into other training programs or find any that they could afford or that were within their region. She said the training and educational programs end up benefiting many communities of people are modeled after Freedom Farm founded by Fannie Lou Hamer.

Penniman said that Soul Fire Farm is also made

up of the component of organizing and activism. The farm has trained people in uprooting racism, allowing people to use the farm as sanctuary for their organizing meetings regardless of the political work that they do, and specifically have formed a reparation map with the farm’s alumni and other comrades.

“Reparations is a very important concept, because if you don’t think about reparations, you’re assuming that history doesn’t exist and we are starting from today,” she said. “It’s a people-to-people voluntary reparation.”

According to Penniman, there is something that everyone can do to help encourage racial justice. A platform for what people can do to help can be found at: www.soulfirefarm.org/support/take-action/.

Audrey Hart, a sophomore marine biology and education major and an attendee of the event, said her favorite part of Penniman’s lecture was how she talked about how the Earth was alive and that we need to respect it because of this. She also expressed that having events and discussions that help to inform a majority-white campus of diverse issues is important.

“Having events like this, being [a white person] and realizing that I’m a majority and am stuck in that community, it is meaningful for me personally,” Hart said. “I’m sure that people of color and minority groups especially on campus can really appreciate this [as well].”

To conclude Penniman’s discussion, Taina Asili, a board member of Soul Fire Farm, entered the stage and sang a song entitled “Plant the Seed” which was written for and inspired by Penniman’s work with Soul Fire Farm.

“This is my declaration to be fully alive, this is my reclamation of my ancestral wisdom, the Earth, it saved it for me, and I plant the seed,” Asili sang.

Staff writer gives perspective on Russian culture lecture

By Valeriia
Kholmanskikh
STAFF WRITER

Regardless of how much you wanted to move to and from countries, there will always be a part of you that misses your homeland. You can fall in love with the new culture, but the subconscious search for familiar things will never end; the sound of your native language in a public place, the colors of the national flag caught from the corner of your eye, the sense of pride whenever the names of fellow countrymen and -women appear in textbooks and lectures.

These feelings are familiar to the majority of international students at UNH. Foreign students congregate into clubs, societies, and organizations, set up events, cook meals from their homelands, celebrate cultural holidays... Basically anything that manifests in a sense of home. Vietnamese Students Association, United Asian Coalition, Arab Cultural Club – all of those are small islands of culture students keep and cultivate.

Apart from preserving a culture, international students widely try to share it with UNH. Big-scale campus events like Chinese New Year and Diwali

welcome students from every background, letting anyone briefly interact with a culture alien to most. Fairchild Hall, known for its high population of foreigners, hosts the annual International Food Luncheon. International Student Organization sets up multiple cultural events a year, teaching the attendees how to cook food from around the world or what it means to wear a hijab.

The Office of International Students and Scholars (OISS) does not stand aside, either. Every Friday from 3:30 to 5 p.m. in the MUB Entertainment Center, UNH students can listen to international students talk about their experiences back home, or what is it like to be a representative of a foreign culture in the United States, as a part of the Cultural Connections series. Food is provided every week – and oftentimes it is the national food of the presenter.

Two weeks ago, Nadia Feyrdooni presented “No Shoes on the Persian Rug,” depicting the intricacies of an Iranian household. A week after, Debarpan Bhowmick offered “An Immersive Street Food Experience,” eager to share the tasty wonders from Kolkata, India.

Last Friday, Evgenii Vasilev presented on a topic that was of

personal interest to me as a Russian student. In a presentation called “Russia from Another Perspective,” Vasilev offered an inside point of view, determined to show that Russia is not limited to what American news outlets represent it as.

Vasilev took the audience on a “virtual journey,” talking about historical and natural wonders of Russia few foreigners have heard about. Even people who spent their entire lives in Russia would not have heard of every place on the presenter’s list.

From western Kaliningrad known for its mix of Russian and European architecture to Vladivostok, an eastern city close to the Chinese border, Vasilev took those willing to listen on a journey through 16 places in different parts of the country.

Although I expected to get a more personal insight into the cultural aspects of living in Russia, Vasilev’s presentation was not at all disappointing. He set off to show that Russia, the biggest country on Earth with a surface area close to equal to that of Pluto, as Vasilev mentioned, is not limited to the “news-making” cities of Moscow and Saint Petersburg.

Vasilev compiled a list of noteworthy places in Russia, from the popular tourist destina-

tions like lake Baikal and Kazan, to the places not every Russian has heard of. I learned that apparently Russia has a plateau, known as Putorana Plateau, which is a part of UNESCO Heritage.

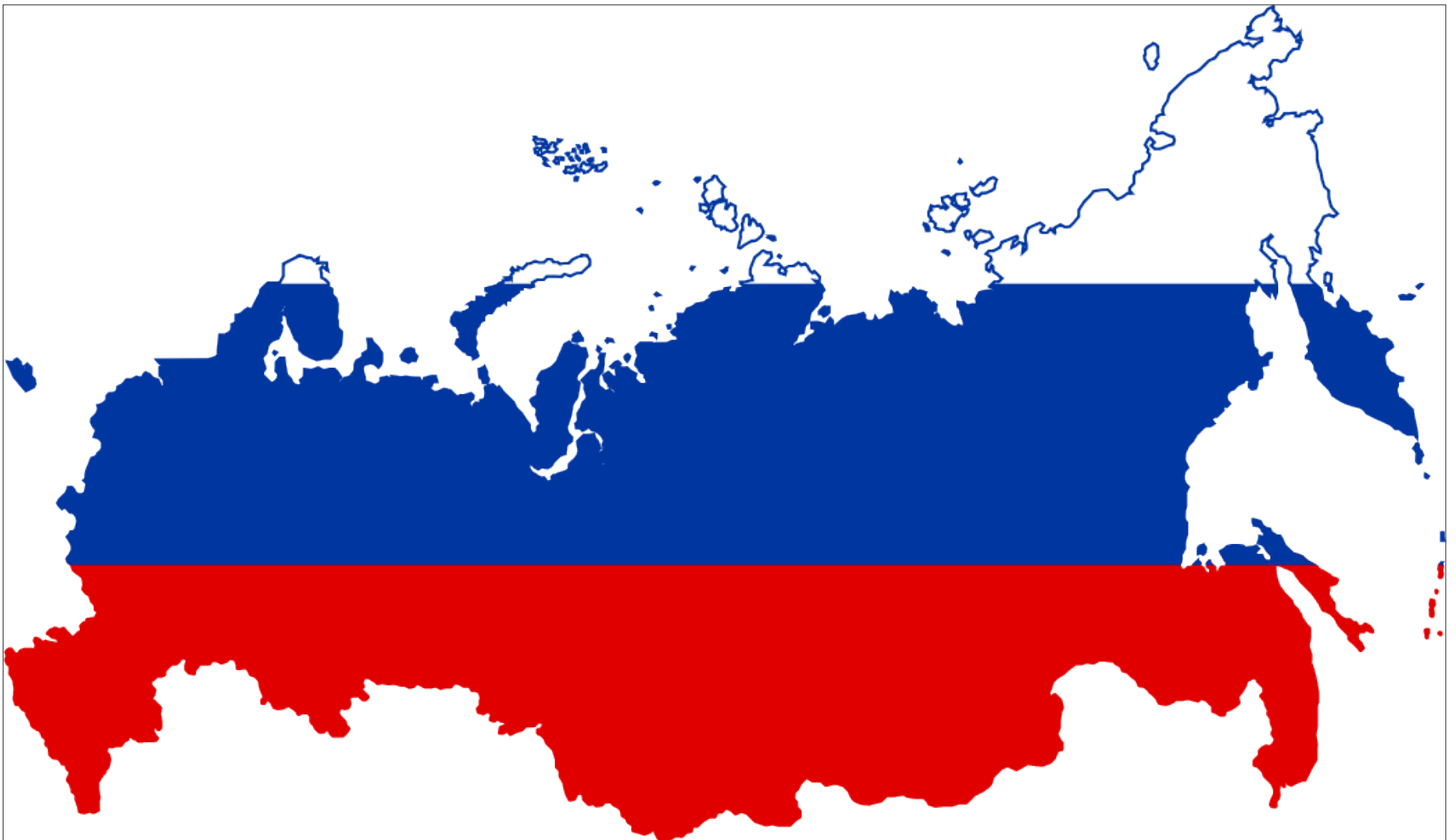
Although my home city of Moscow was on the list of places specifically not included in the presentation, Vasilev did mention places I am familiar with. For instance, Vasilev talked about Kizhi Pogost – a historical site with two churches and a bell tower – which I have visited as a part of a summer camp. Every building in the Pogost is made of wood and, according to the myth that Vasilev brought up, is built without a single nail. Despite many interesting facts and evident in-depth research that Vasilev has conducted, he did not visit every place on his list; one of the first things Kizhi tour guides mention to the tourists are the several hundred nails that keep the Pogost churches’ roof shingles in place.

Going on a brief tangent from his subtopic of Trans-Siberian Railway, Vasilev talked about the culture of travelling on a Russian train. The famous railroad connects Moscow and Russian far east, and the journey takes a week with no connecting trains; according to Vasilev,

most people would not leave the train at all during the whole seven days of the journey. Travelling on a train is an experience many Russians share; it is the cheapest, fastest and the most convenient way to visit one’s grandparents, get to a summer camp, or simply go on a tour of a different city.

It would be impossible for Vasilev, or most people, for that matter, to visit every place he talked about, too. The places on the list are spread across the whole country, and some of the attractions, like Wrangel Island in the Arctic Ocean, can only be reached via a ship or a helicopter.

Overall, Vasilev reached his goal of showing that Russia is not only Moscow and Saint Petersburg – places most international tourists would limit their visits to – but also a country with rich history and vast natural sanctuaries worth visiting. I entered the MUB Entertainment Center expecting to hear the things I already know, and I left feeling the same way I felt listening to presentations about India or Brazil. It was an invaluable experience of learning the things about my own home country alongside students who have never set foot on Russian soil.



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Preparing specimens: The value of museum and educational collections

By Jenna O'del
CONTRIBUTING
WRITER

As a Wildlife and Conservation Biology major, I've seen my fair share of animals in classes. The classes where I've seen the most species are not those held outside, but the classes inside. I've seen a common loon, Atlantic cod, Jordan's salamanders—all specimens in UNH's teaching collections.

My classes use these specimens because, as Dr. Ryan Stephens, a postdoctoral researcher working with Dr. Rebecca Rowe, a professor in the College of Life Sciences and Agriculture, puts it: "Seeing a picture isn't the same as seeing a study skin [where you're] feeling the fur or seeing the actual color...there's really no substitute."

Dr. Stephens' assessment is not far from the truth. With UNH's specimens, I can study an animal from all angles, and figure out how to identify one species from

another. Then, when I hear about these animals in other classes, the animals aren't abstract concepts of a species. They're real.

This semester, I not only study these specimens, but I transform small mammals into specimens. Every week, I and fellow students from the Department of Natural Resources and the Environment, and the Department of Biological Sciences, do what we call specimen prepping.

We take southern red-backed voles, white-footed mice and other small mammals, and transform them into specimens for natural history museum collections. The small mammals come from field surveys of small mammal populations. With the field surveys, although every precaution is made, occasionally an individual dies. The individual takes on another life, and is turned into a museum specimen; a museum specimen that will not be in the public eye, but instead will be used in research.

Museums are not just buildings that display specimens; they

are research giants.

"When you walk into a natural history museum...it's the tip of the iceberg." Ryan says. Ryan elaborates on the vast array of specimens "behind the scenes," and mentions the 600,000 mammal specimens the Smithsonian's National Museum of Natural History (NMNH) has in its collection. Of the entire NMNH collection, from bacteria to fossils, only 0.02 percent of the specimens are on display.

The reason so few are on display is because the rest of the specimens are a research "library," as Ryan describes. Like a library of books, scientists use the specimens to gain new knowledge. A month ago, National Geographic and The New York Times wrote about 'pink' squirrels: flying squirrels that glow under ultraviolet light, a trait researchers from Wisconsin and Texas described just a month ago with the help of museum specimens. But pink squirrels aside, if a researcher wants to track something over time—say pollution, or a virus,

museum specimens can do that too.

Researchers have tracked soot levels by way of bird feathers. Others have traced the presence of hantavirus, a serious respiratory virus, in rodents through the decades.

Yet, with all the incredible knowledge collections give, from student to researcher, there's a problem: "fewer people are getting trained in specimen preparation, fewer scientists are providing specimens," Ryan says. Many collections aren't seeing continued deposits of specimens. And without a constant specimen stream to the 'library,' "you're missing all the recent literature changes."

When specimens are added to a collection, they don't look like the animals you see when visiting the local natural history museum. What you see at the museum is taxidermy. Taxidermy is "made [to] look alive, in a natural setting," Ryan explains. Taxidermy specimens take up a lot of space, he continues. It's much

easier to store what we make—study skins and skeletons, which are intended for scientific research from the start, whereas taxidermy is for display. (If you're curious, check out The Field Museum's The Brain Scoop: they have a variety of videos on study skins and taxidermy.)

A study skin, depending on the organism (you can't make a plant a study skin: you press it) is the hide of the animal stuffed to give it shape. And a skeletal specimen is just that: a skeleton with an identifying tag, telling of the species and where it came from.

Once we complete the specimens, we hand the study skins and skeletons to Ryan. He will send them, these new museum specimens, to a number of natural history museums. There, the specimens will forever reside, keeping the museum's 'library,' its archive of life, up-to-date, able to answer science's endless stream of questions.



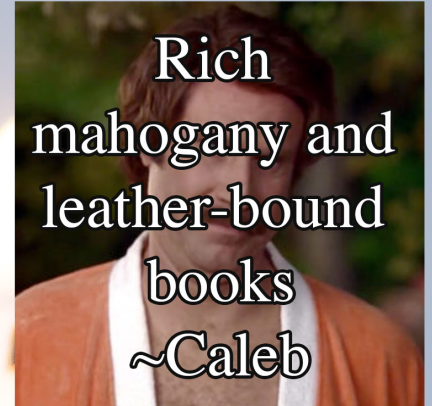
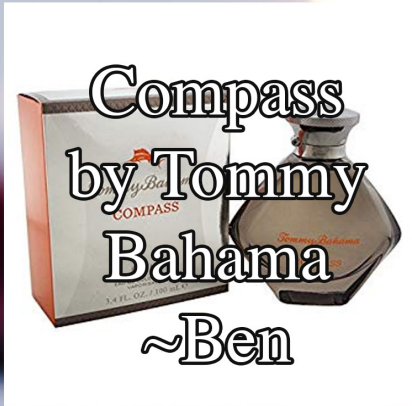
A typical sample of small mammal study skins found at natural history museums.

Courtesy of Ryan Stephens

Spilling the tea since 1911

NEWSROOM POLL:

If you could make your own air freshener,
what scent would it be?



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From the Editor's Desk...

Bret's top five albums



No. 1: "Exile On Main St."

I started at the Rolling Stones with this album toward the end of my sophomore year in high school. That was around the time my dad and I got really into golfing, (he's parring most holes while I slice rockets into the woods and thereafter frisbee my iron in the same direction). I probably would've repressed those days due to shame of loss if not for "Exile." The opening licks on "Sweet Virginia" take me back to Buckmeadow Golf Club, plunging my hand in questionable waters to retrieve a neon "Noodle"-brand ball that wasn't mine. Mine was always un-retrievable.

I can't think of a better album top-to-bottom than "Exile" and you'd be hard-pressed to name a weak link out of its 18 tracks. Lead-in songs "Rocks Off" and "Rip This Joint" set the tone for a country-blues record that can lean in either direction -- and hard -- to snap traditional genre tropes. Contrasting the first songs' bluesy style are "Casino Boogie," "Torn and Frayed" and "Sweet Black Angel" with their unmistakable southern kick.

The Rolling Stones did country music better than Americans ever have, and only Keith Richards really cared about it.

Mick Jagger and a few other Stones members were notably

upset by this album's success because they felt it strayed too far from their roots. Jagger called it "Keith's baby" because the guitarist practically took charge of the record's writing and performance aspects. It took the band so long to record "Rip This Joint" -- issues ranging from staying on tempo to perfecting Richards' image -- that they nearly abandoned the song. They ended up recording several of the instruments for that one in a bathroom. Drums in the tub, the whole deal. "Rip This Joint" made it onto the finished product but the Stones never play it live.

The last quarter of "Exile" draws from gospel which the band had done before ("You Can't Always Get What You Want") but never with so much confidence. "I Just Want to See His Face," "Let It Loose" and "Shine a Light" help to close out this masterpiece of an album with a finality I've never heard in another piece of work.

It used to be a rule of mine to save "Exile On Main St." for the summer because it fits those months so well, but I've realized it's involuntary. This is the greatest album of all time and neither New Hampshire seasons nor my golfing contribute to that. In other words: No context needed.

No. 2: "Sheer Heart Attack" QUEEN

This is the first Queen album I ever listened to in full. Everyone knows their big hits, the ones you heard on "Kiss 108" from the back seat of your mom's car as a kid. Never liked "Another One Bites the Dust" or "We Are the Champions" then because they were either too short or played too often -- every sports team had that one kid who freakin' loved "We Are the Champions." Like . . . we won a little league baseball game in six innings due to rainout. Are we really the champions?

In either case, I got it in my head that Queen was soft. Still feel that way about their most popular stuff, actually; never quite warmed up to "We Will Rock You" despite how much I love the rest of "News of the World."

"Sheer Heart Attack," though . . . that's gold. "Brighton Rock" houses a blistering solo that I've nearly perfected on air guitar. "Flick of the Wrist" and "Now I'm Here" get dangerous if you're somewhere quiet because you'll need to crank the volume way up. "Stone Cold Crazy" comes at you like nothing else in Queen's discography. Second best here.

3 "Paul's Boutique"

The Beastie Boys' second major effort came after their fall-out with Def Jam and Russell Simmons, so they remember "Paul's Boutique" as an uninspired work born of spite.

This is the best rap album to come from the '80s. The Beastie Boys escaped their early party-animal reputation that came with their first LP, "License to Ill," and returned with lyrical force. "Paul's Boutique" entrenched the Beastie's presence as a rap group and you don't need to look past "Car Thief" to know why: These guys figured it out early. Read the bars along MCA's "A Year and a Day" sometime for a clue-in of how crafty this group is.

Ad-Rock and Mike D wrote a book on their career but also focused on how talented MCA was at everything he set his mind to. Any fan of these guys needs to read it.



"London Calling"

My picks might be a matter of personal opinion and I know everyone's list will differ, but this belongs on every single one. If you haven't listened to "London Calling" all the way through at least once, you won't understand



what I'm talking about. In 1979 the punk scene was limited to underground venues where only a handful of groups managed to grow (Misfits, Black Flag, etc.) because of the niche and limiting aspects of the genre.

The Clash changed it all. Incorporating jazz, rockability and reggae into their double LP "London Calling," this British group lifted punk music from the trenches. They made it accessible.

P.S. These guys liked rap. They have a lot in common.

"Led Zeppelin II"

This isn't their best album from a talent perspective but it is my favorite. Bonham isn't at his mash-est, Plant didn't reach his peak until somewhere in "Zeppelin III" and Page doesn't get enough time to do his thing outside of "Heart-breaker."

But this is still my fifth-favorite album of all time. They were still trying to discover how good they could be and so pushed the limits as hard as possible. There's nothing quite rational about why this is my favorite LP of theirs but that's how I know it's true -- I can't say what exactly they did with this album that makes it resonate so heavily with me. Every song kicks it.

"Moby Dick" on their live album "How the West Was Won" is 20-ish minutes long (used to be longer before the re-remaster which also saw to it that four songs got cut). You know why. Bonham mashed.

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Wildcats wrap up regular season



COURTESY OF MEGHAN MURPHY/UNH ATHLETICS

Senior captain goalie Kyra Smith protects the goal before a faceoff on Saturday's game versus #7 Boston College. The game ended in a 3-3 tie. Smith made 31 saves.

By Sean Crimmins SPORTS WRITER

UNH women's hockey finished the regular season this Saturday with a 3-3 tie against the Boston College Eagles, who finished second in Hockey East. The Eagles went up 2-0 with about five minutes left in the first period but the 'Cats clawed their way back with three unanswered goals to head into the third period with a one goal lead.

The lead would last until halfway through the third period. The Wildcats finished the season fifth in Hockey East with 23 points.

The Eagles got the scoring started early, putting up a short-handed goal off a two-on-one only 49 seconds into the game. The rush came after a long stretch pass from BC's defensive zone 33 seconds into the penalty. The game took a chippy turn halfway through the first when first-year defenseman Emily Rickwood and BC's junior forward Delaney Belinskas were given coincidental minor penalties for elbowing and interference respectively.

The Eagles would increase their lead to 2-0 15:52 into the first with a power play goal. The shot from the point squeezed its way through traffic in front of the net and past senior captain Kyra Smith. The Wildcats would respond just over a minute later with junior forward Carlee Turner netting a power play goal.

She was behind the net and sent a pass intended for the slot, but it deflected off the defense and into the net. The goal was Turner's eighth of the season with senior forward Devan Taylor and first-year defenseman Emily Rickwood picked up the assists on the goal.

In the final minute of the period senior captain Kyra Smith would come up with a huge save on a BC breakaway to keep it a one goal game.

BC nearly took a 3-1 lead early on in the second period. A shot hit off the post and the puck was left sitting right on the goal line, BC's Belinskas slid into the net knocking the puck in off her glove and the referee disallowed the goal. The play went under review and the call on the ice stood, keeping it a one goal game. UNH would tie the game 5:18 into the second when junior defenseman Tori Howran caught first-year forward Paige Rynne with a stretch pass allowing her to enter the zone all alone and ring a shot in off the post for her fourth score of the season.

UNH had a few opportunities to take a lead on a power play nine minutes into the period. Junior forward Taylor Wenzcowski ripped a shot just wide of the net and then senior captain Marie-Jo Pelletier ringed one off the crossbar while falling down. The Eagles had an opportunity of their own to break the tie but Smith came up with a huge pad save off a rebound to keep it a tie game.

Wenzcowski would end up giving the 'Cats their only lead of the game in the final minute of the second period. First-year forward Lauren Martin tipped a pass to Wenzcowski who skated up ice, blowing past two BC defenders to the net, and made a quick deke in tight and finished on the play. The score was Wenzcowski's 20th of the year. The play was started while the 'Cats were shorthanded, but the pen-

alty ended just before the puck entered the net.

"Puck just came out and I saw a lane, I was pretty nervous. I saw Keller on my left so I just tried to use my speed to get past her and someone coming on my right so I just kind of dropped my shoulder and saw an opening and I just fired the puck," Wenzcowski said after the game about her goal.

BC would tie the game at 3

about halfway through the third when a pass from behind the net found junior forward Erin Connelly alone in front and made the chance count. The game went to overtime but both goalies shut the door, forcing the game into a tie.



COURTESY OF MEGHAN MURPHY/UNH ATHLETICS

'Cats defeat UNC

By Zach Schneeloch
SPORTS WRITER

The Wildcat gymnasts headed down to North Carolina to take on UNC Chapel Hill in the EAGL dual meet last Friday as the 'Cats looked to extend their winning streak to six in a row.

The UNH gymnasts started first on the uneven bars. Like many times before, senior Danielle Mulligan came in at the top spot for the 'Cats as well as for the whole meet finishing with a score of 9.900. Right next to her, sophomore Lauren Diggan tied for second place in the meet with a score of 9.825 with one of the UNC gymnasts. Also helping the 'Cats was junior Riley Freehling who posted a score of 9.725. The team scored a 48.750 total for the rotation.

On the second rotation the 'Cats headed for the vault. Mulligan propelled the Wildcats with a career high score on the vault, finishing with another 9.900. Diggan, junior Emma Winer, senior Courtney Bondanza, and senior Nicole O'Learly each tied scores for the Wildcats with a 9.750 to give them a strong lead above UNC. With the Wildcats posting a team score of 48.900, the best was still yet to come.

The Wildcat gymnasts headed to the floor exercise for the third rotation. Winer came in as the 'Cats best performer with a score of 9.850. Many of the other Wildcat performers had strong scores through this event with Diggan scoring a 9.825, O'Learly coming up big again with a 9.800 and Mulligan pull-

ing through with a 9.775. With all these performances and a couple other strong scores, the Wildcats were able to post a 48.975 for the team score.

Onto the fourth and final rotation the 'Cats headed for the balance beam. Both the first-year performers, Hailey Lui and Mulligan, combined for a dual effort to tie the first-place score in the meet with a 9.850. Freehling was also able to come up big for the 'Cats in the closest scoring event of the night with a score of 9.800. The 'Cats battled and finished strong once again, posting a team score of 48.325.

With a total team score of 194.950, UNH was able to top UNC in Chapel Hill. The Tar Heels posted a final team score of 194.275

Danielle Mulligan once again had the spotlight for the 'Cats, setting a new personal best from last weekend with an all-around score of 39.425. This score ties for the fourth best all-around score in school history, and the highest since 2013.

Mulligan was named the EAGL gymnast of the week as she continues her historic senior campaign. Mulligan has now won four EAGL gymnasts of the week awards out of the seven weeks it has been given out.

Mulligan and the rest of the Wildcat gymnasts will be coming back for their first home meet in several weeks as they take on N.C. State, Rutgers and Brown in a quad meet for fan appreciation night Saturday at 7:00 p.m. in Lundholm Gymnasium.



PHOTOS COURTESY OF JEFFREY CAMARATI/UNC ATHLETICS
Senior Danielle Mulligan posted a personal-best score of 39.425 in the all-around competition.



EAGL Dual Meet



194.950



194.275

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Brekke drops 15

By Bailey Schott
SPORTS WRITER

The Wildcats (6-22, 3-12) hosted the University of Albany (12-16, 9-6) Wednesday afternoon in their annual Girls and Women in Sports Day game.

Despite a 15-point performance from first-year guard Kari Brekke, the Wildcats were unable to hold on in Wednesday's matchup against the Great Danes, dropping the game 78-53.

New Hampshire gave Albany a battle in the first half leading in 3-point (3-6) and free throw (6-10) percentages. However, Albany dominated in field goal percentage (36-54) in both halves and led the second half in 3-point percentage (4-5).

The first period was back and forth from the tip to the buzzer. The Great Danes had their biggest lead, 13-7, with 2:26 left in the period, but Brekke answered with a pair of threes to tie things up with one minute of play in the first.

The 'Cats took a 14-13 lead for a short time after first-year forward Ivy Gogolin made one of two free throws, but a jumper from Albany put the Great Danes up 15-14 after one.

Albany kept a short lead over New Hampshire for most of the second quarter, leading 22-19

with 5:14 remaining.

After a layup from junior guard Caroline Soucy, cutting the lead to one, the 'Cats went cold allowing six unanswered points putting Albany back ahead seven. Wildcats trailed 28-21 with 2:56 left in the half.

New Hampshire closed the half going bucket-for-bucket with Albany keeping the lead to seven, 34-27 at half.

The entire third quarter was one long offensive run for Albany, stretching the lead to 20 points before New Hampshire could tac one on.

In the final seven minutes of the third the Great Danes continued the run outscoring their opponent 19-3 and ending the period on a total 27-9 run.

This put the 'Cats down 63-36 going into the fourth.

The Wildcats stayed in the game despite the deficit, outscoring Albany 17-15 in the final period of play, though their fourth quarter play wasn't enough to edge the Great Danes.

New Hampshire dropped their fourth straight game, 78-53.

With one game remaining the 'Cats look to end their season on a positive note, hosting the University of Maryland Baltimore County Retrievers Saturday in New Hampshire's Senior Day game at 12:00 p.m.

Losing streak over



COURTESY OF UNH ATHLETICS

First-year forward Nick Guadarrama (above) scored a career-high 21 points versus Hartford.

By Michael Mawson
SPORTS EDITOR

The Wildcats' losing streak has ended at 11 games after defeating Albany (11-18, 6-8) 62-58 on Wednesday night. The Wildcats also lost 70-50 to Hartford (14-13, 7-5) on Feb. 21.

The Wildcats are now 4-23 overall, 2-12 in America East play.

Last Thursday, UNH hosted the Hartford Hawks. Despite a career night from first-year forward Nick Guadarrama, the 'Cats were unable to break out of their slump.

Guadarrama posted career-highs with 21 points and 16 rebounds. The forward was deadly from long range, shooting 5-6 from behind the arc.

Hartford dominated this matchup from opening tip until final whistle and held a lead for the entire game.

A theme that has presented itself many times throughout this long season for UNH showed up once again, and that theme is starting slow.

The visitors jumped out to a 13-3 lead over the first six minutes of the game, the only Wildcat points coming for a Guadarrama three.

Over the next five minutes of action, Hartford extended their lead to a comfortable 27-7 with 10 minutes to go in the first half.

The 'Cats looked like they were about to be blown out by halftime before Guadarrama carried them to make it a respectful deficit at the break.

Over the final five minutes of the half, UNH trailed 29-9. Guadarrama personally outscored Hartford 10-6 by himself, trimming the UNH deficit from 20 to 16 and giving the 'Cats an ounce of momentum heading into the second half.

The first-year forward scored 13 of UNH's 19 total points in the first half. Wildcats not named Guadarrama shot an abysmal 2-23 (8.69 percent) from the field in the game's opening 20 minutes.

UNH chipped away at the lead in the opening minutes of the second half, cutting it down to 13 after Guadarrama splashed his fifth bucket from deep with 17:52 left in the game. That brought the score to 40-27 Hartford. That is the closest UNH would get to victory, however.

Hartford dominated the rest of the game, increasing their lead to 68-44 with two and a half minutes to play. The 'Cats would outscore the Hawks 6-2 in the remaining garbage time, and the final score would be 70-50.

Senior guard Jordan Reed played well in the second half for UNH, scoring all eight of his points in those 20 minutes.

On Wednesday night, UNH played Albany. UNH scored first on a made jumper by junior forward Chris Lester, putting them ahead in the opening moments of the contest.

Albany would make an early run, pulling ahead 10-6 five minutes into the game.

A made three pointer extended the Great Danes lead to seven a couple minutes later.

The 'Cats pulled back and brought the game to a four-point deficit, 17-13, with 8:19 to go in the half.

Albany padded their lead to eight after another made three with 4:13 left. UNH clawed their way back and by the half it was a one-score game, 32-20 Albany.

The second half began with back-and-forth action. With just under 13 minutes to go in the game, the two teams had each scored eight points in the final period.

UNH tied the game up 44 all on a three by Lester with 10:01

left to play.

The Wildcats took their first lead since the opening minutes on a made lay up by junior guard Mark Carbone on the following possession.

Another clutch three from Lester gave the 'Cats a four-point lead with 6:31 to play.

Albany called a timeout with just under five minutes to go in regulation with UNH ahead 56-50.

After a UNH turnover with 28 seconds left and the 'Cats ahead 59-56, the Wildcats decided to intentionally foul. Albany would convert both attempts at the line, making it a one-point game.

Albany would foul Lester with 12 seconds to play, who would hit one of two from the line making the score 60-58.

Albany would miss a three-point attempt with two seconds to play, and UNH secured their first win since Jan. 9.

The Wildcats wrap up their season with a trip to Baltimore to face off with UMBC (18-11, 10-4) Saturday afternoon. Tip-off for that game is set for 1:00 p.m.

The 'Cats will then turn their attention to senior night, which is Tuesday night versus Maine (5-23, 3-10) and UNH's final home game of the season.

Forward David Watkins and guard Jordan Reed are the two seniors on this year's squad, and they will be playing their last career game at Lundholm Gymnasium. Tip-off versus Maine is 7:00 p.m.

The America East tournament begins March 9 and the Wildcats will need to make a Cinderella-like run to compete for a conference championship and a chance to break into the NCAA tournament.



COURTESY OF MEGHAN MURPHY/UNH ATHLETICS
First-year guard Kari Brekke (above) looks to pass to a teammate.

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Northeastern outscores UNH 12-3

By Sam Eggert
SPORTS EDITOR

Despite their two losses this weekend and falling to a losing record, the UNH men's hockey team (11-12-8, 7-9-5) still stands in eighth place in the Hockey East. On the contrary, their opponents the #9 Northeastern Huskies (21-9-1, 23-7-1) shot up three spots in the national polls.

In Friday night's game, UNH fell victim to a lackluster defensive performance. In their 6-3 loss, UNH sophomore goalie Mike Robinson made 28 saves and gave up five goals (the last goal was an empty net).

Halfway through the first period, the Wildcats were able to gain a 1-0 advantage following a goal from junior forward Brendan van Riemsdyk. The New Jersey native sent a shot from the slot to the upper glove side of the net, assisted by sophomore forward Eric MacAdams. This was van Riemsdyk's eighth goal of the season, and MacAdam's first assist.

Five minutes later, at 15:18, Northeastern tied the game on a power play goal from junior de-

fenseman Jeremy Davies, his fifth of the season and first of what would be a huge weekend for Davies.

UNH regained the lead at 2:31 in the second period with a goal poked in by senior forward Marcus Vela. This was Vela's sixth goal this year. Vela tied a season high with four shots on goal Friday. On the assist were both sophomore defenseman Benton Maass and van Riemsdyk.

At 5:01 in the second period sophomore defenseman Max Gildon sent a slapshot toward the net, which was tipped by MacAdams in front of the net then eventually sent in by van Riemsdyk. This was van Riemsdyk's third point of the game, marking a new career high. This was his ninth goal of the season.

The enjoyment was short lived, as Northeastern's senior forward Liam Pecararo scored his seventh goal of the season just two minutes later. This was Pecararo's first of three goals on the night.

Leading 3-2, UNH gave up the equalizing goal at 16:15 with a goal from the Huskies' junior forward Matt Filipe. This was his

seventh goal of the year.

The bleeding did not stop as Pecararo converted his second goal of the game with a shot sent past Robinson's lower stick side. The goal was scored at 18:56 in the second period.

Already trailing 4-3, UNH gave up another goal with five minutes remaining in the game. Northeastern defenseman Ryan Shea scored on a slapper from the blue line, putting the icing on the cake of what was an off-night for UNH's Robinson.

The final goal of the game was scored by Pecararo on an empty net, resulting in a 6-3 win for the Huskies.

To say that the second game of the weekend series did not go as planned would be an understatement. The 'Cats got shutout in addition to giving up six more goals. A total of twelve goals given up on the weekend certainly did not sit well with head coach Mike Souza, who wants to turn the focus to next week's games. "We're putting this past weekend behind us, and we're going to learn from that."

As for how the game went down, starting in net for the Wild-

cats was first-year goalie Ty Taylor, who only amounted 15 saves on the night. He was replaced for the final 8:38 by junior goalie Joe Lazzaro.

The first period went well for UNH, as they outshot Northeastern 9-3 in addition to the Huskies failing to convert on their sole power play.

The Huskies struck at 11:24 in the second period with a goal from Davies that slipped through the low right corner of the net, making the score 1-0 Northeastern.

UNH had two advantages during the period, yet failed to convert on either of them. They also outshot Northeastern 10-7 in the second period.

At 3:36 in the third period, the beatdown began. Northeastern's Shea started a breakaway and assisted senior forward Lincoln Griffin on his sixth goal of the season. Just a minute later, Davies scored on a power play with a slap shot that flew past Taylor's glove side. The score from Davies extended the Huskie's lead to 3-0.

When Northeastern was shorthanded at 11:22, Griffin scored his second goal of the

game off a backhander to the stick side of the net past Taylor, Griffin's seventh goal of the season.

With Taylor pulled, Lazzaro came into net for the 'Cats and proceeded to give up a goal to Northeastern's leading goal scorer, sophomore forward Zach Solow. This was Solow's 14th goal of the season, and was also the final goal of the 6-0 murder courtesy of the Northeastern Huskies.

Next weekend UNH welcomes #14 UMass Lowell to Durham on Friday at 7:00 p.m. and the Wildcats will travel to Lowell on Saturday for another 7:00 p.m. puck drop.



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JACK BOUCHARD/TNH PHOTOGRAPHER

Top left: forward Angus Crookshank, top right goalie Joe Lazzaro, bottom left forward Marcus Vela, bottom right forwards Chris Miller and Joe Sacco.

UNH successful at America East Championship



BOTH PHOTOS COURTESY OF MATTHEW TROISI

Thomas Harter (above) along with Aidan Sullivan and Brett Hoerner propelled UNH as the distance medley relay team finished in first place in Boston.

By Cameron Beall
SPORTS WRITER

The America East Championships kicked off Friday afternoon as the Wildcats, along with nine other schools, headed down to Boston for the fourth time in the past month.

On the men's side, the Wildcats found themselves in third place after day one scoring 28 points; trailing only Albany (41.5 points), and UMass Lowell (30 points). New Hampshire was led on Friday by sophomore Frederick Schaake, who ended his day in fifth place of the heptathlon, scoring 2519 points.

Some of the top performers from Friday included junior Zachary Astle, who placed second in the weight throw, throwing 61'2.25". This distance would earn Astle a new career best, along with All-Conference Honors. This is the second straight year that Astle has earned this honor. Along with Astle, another Wildcat who reached a new personal best was graduate student Timothy Kenefick. Despite finishing seventh in the 5000-Meter, Kenefick topped his previous best by about 13 seconds, running in 14:32.75.

The distance medley relay team of sophomore Aidan Sullivan, graduate student Thomas Harter, senior Brett Hoerner and senior William Ulrich took first place on Friday finishing their race in 9:49.98. This Wildcat relay team finished nearly five seconds before the second-place team of UMass Lowell, who ran

in 9:54.76.

At the conclusion of day two, the New Hampshire Men's team remained as the third-place finisher, scoring 113 points; their highest mark since 2015. Albany and UMass Lowell continued to set the pace for the rest of the field, finishing with 178.50 and 148 points respectively.

On Saturday the Wildcats had a lot of first place finishers, and a lot of records being broken. Astle won the shot put for the second year in a row, throwing 53'5". This performance earned the junior The Most Outstanding Field Performer award at this year's championships.

Hoerner also found his way into the action with two first place finishes on Saturday. One came in the 1000-Meter where he ran in 2:35.37, which also happens to be his new career best. He also finished first as a part of the 4x800 team with Ulrich, junior Matthew Adams and junior Aaron Dobe. This team took home the gold in 7:36.53. "[Hoerner] might be one of the best racers we've ever had," said Coach Boulanger of the men's team. Coach Hoppler of the women's side even made note of the senior's weekend, "[Hoerner]'s always just in a dog fight, and he's most likely going to win."

Ulrich, who was a part of the championship-winning DMR and 4x800 teams, earned his third championship of the weekend in the mile run. Ulrich ran his mile in 4:09.47.

Harter reached a new personal best in the 800-meter of 1:52.49, but this was not the only

feet accomplished on Saturday by UNH. Senior Thomas Chant became the first Wildcat to score in the 60-meter since it became a championship back in 2011. Along with Chant, sophomore Jordan Buckmire also etched his name into Wildcat history. Buckmire broke this school record for the triple jump, which had stood since 1997. The sophomore finished fourth, and jumped 49'5.75", breaking the previous record of 49'5" which was held by Kamau Peterson.

In the heptathlon, Schaake took fourth place finishing with 4496 points, first year Brian Genet in sixth place with 4208, and sophomore Michael Monahan finished seventh with 4114 points.

Moving away from the track, UNH also finished the weekend with an Elite 18 Winner, who is the athlete with the highest GPA. Junior Edward Speidel took home this honor with a 4.0 GPA.

On the women's side, UNH finished Friday in sixth place with 17 points, and saw a slew of personal records for their athletes. Senior Jessica Hackett, junior Meg Champagne, and first year Sara Williams all reset their personal bests. Hackett finished fourth in the 500-meter dash, running in 1:16.07. Champagne ran the 5000-meter in 17:07.57, which gave her fourth place. Williams finished eighth in the weight throw when she threw 50'10.75".

The women followed in the footsteps of the men's team when they took first in the distance medley relay. The team of junior Michaella Conery, senior

Emileigh Glode, graduate student Danielle Gajewski, and senior Shannon Murdock finished their relay in 11:33.57. This is the first time since 2016 that both the men's and women's team have swept the distance medley relay. Winning it was the "highlight of the meet for us," said Coach Hoppler.

After the conclusion of day two, the women found themselves in seventh place with 53 points. Albany and UMass Lowell led the way with 213 and 135.50 points just as they had on the men's side.

Many of the standouts from Friday afternoon continued to perform on Saturday. Gajewski took second in the 800-meter, running in 2:09.34. Murdock placed fourth in the mile when she finished in 5:04.76. Champagne ran the 3000-meter in 9:53.30 and placed fourth as well. Hackett finished top-five in the 500-meter dash, and Williams took seventh in the weight throw. Williams' coach made extra emphasis on her performance saying this about his freshman, "[Williams] was prob-

ably the breakout performer of meet for us."

A new personal best was also set in the 1000-meter race. Junior Madeleine Brandon placed seventh, and beat her previous best, with a time of 2:57.87.

Not only did UNH walk away from the weekend with a few new school and personal records, the UNH coaching staff of Jim Boulanger, Jacky Mendes, and Casey Carroll were also named the 2019 Coaching Staff of the Year.

"We got staff of the year not because we're some wonderful staff of rocket scientists, it's more of [the athlete's] performance, how they handle themselves, how they show respect to other teams, and how they cheer for their teammates," said Coach Boulanger. "It's the most energy we've had on a men's team in five or six years, it was fun to sit there and watch."

Up next for the 'Cats, they will head down to Boston once again this coming Saturday and Sunday for the ECAC/IC4A Championships.

