

The NEW HAMPSHIRE

The independent student newspaper of the University of New Hampshire since 1911

TNHDIGITAL.COM

Thursday, February 14, 2019

VOL. 108, NO. 17

Boston abduction sparks safety talks at UNH

By **Rose Correll**
STAFF WRITER

You hear stories about girls being abducted; you never think it could happen to you until it does.

On January 23, 2019, that is exactly what happened to a 23-year-old woman who was abducted outside Hennessy Bar located in Boston, Mass. Olivia Ambrose was out with her sister and her friends on a Saturday night at a bar near Faneuil Hall. According to an article in The Boston Globe, Ambrose was seen leaving Hennessy Bar at 11:04 p.m. on that fateful Saturday with a man who police say is not involved in her disappearance. About 40 minutes later, two men appear to be inviting Ambrose to walk with them in the area of Congress Street and State Street. Early Sunday morning, Ambrose is seen by the MBTA camera exiting the Bunker Hill Community Station in Charlestown with one of the men from the night before. Ambrose's family reported her miss-

ing at 5:20 p.m. The local authorities were able to locate Ambrose by using the GPS on her cell phone and she was found alive in Charlestown on Tuesday, January 26.

Abduction and sexual assault are an all-too-real possibility for young women, especially at night when it is dark. While Ambrose was not on a college campus when she was taken, she is around the age when many people are in college. The University of New Hampshire (UNH) offers programs that help students be more aware of the ways they can be more prepared for the unthinkable. UNH Prevention Innovations Research Center created the uSafeUS app that provides students with tools they can use when they are in an uncomfortable or potentially dangerous situation. The app allows users to discreetly contact friends, family and local authorities to help them



Ambrose
continued on page 3

Courtesy photo

Local bakery owner to visit Durham for Valentine's Day

By **Emily Duggan**
STAFF WRITER

Genevieve Michaud is looking to make Valentine's Day a little brighter for the University of New Hampshire's (UNH) faculty and students.

She and her business, Baked, Brewed & Organically Moo'ed, will be making a special pit stop to campus, delivering their cupcakes and whoopie pies to lucky

members of the community who placed orders in advance.

Michaud thought she could take advantage of her commute to work at the university by dropping off the sweet treats on her way in.

"They [students] have been back on campus for a little while since winter break, and nothing makes your child happier than some delicious sweet treats," Michaud says, noting that she loves

"giving the gift of baked goods and seeing how happy it makes people" as the reason why she chose to do it for Valentine's Day.

According to the bakery's Facebook page, parents, students, or faculty, can order cupcakes and

whoopie pies by the dozen.

Cupcakes can either come in flavors of lemon or vanilla, with "strawberry or raspberry filling, topped with vanilla or lemon butter cream," the page said. Or a "chocolate cupcake with straw-

berry filling topped with chocolate frosting and a chocolate dipped strawberry."

Whoopie pies are a little dif-

Bakery
continued on page 3



Courtesy photo



Student Senate
Update

4

On the Spot with
Chi Omega

5

MUB hosts "The
Heroin Effect" di-
rector

11

Resurrection of
vinyl

13

Gymnastics finishes
second in D.C.

21



The NEW HAMPSHIRE

est. 1911

INDEX*

UNH kicks off the Lunar New Year



UNH's United Asian Coalition (UAC) put on their tenth annual a Lunar New Year dinner on February 10.

6

UNH women's basketball splits last two games



Ladies hoops beats Binghamton on Saturday, loses to Vermont on Wednesday evening.

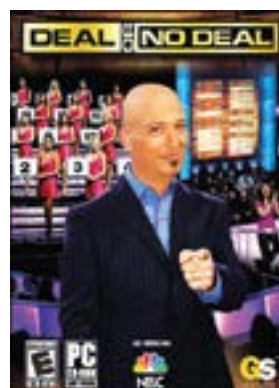
22

UNH provides outdoor therapy options

Staff writer Valeriia Kholmanskih explores UNH's Outdoor Behavioral Healthcare options geared towards those battling drug addictions.

12

Sports Editor Michael Mawson reviews "Deal or No Deal"



16

What's the Weather?

Feb. 14

36/20
Sunny

Feb. 15

47/27
Rainy

Feb. 16

39/17
Partly Cloudy

Feb. 17

35/17
Cloudy

Feb. 18

28/9
Snow

Feb. 19

31/14
Sunny

Feb. 20

33/21
Snow

Weather according to weather.com

CONNECT

Executive Editor

Bret Belden | TNH.editor@unh.edu

Managing Editor

Ian Lenahan | TNH.me@unh.edu

Content Editor

Jacob Dawson | TNH.news@unh.edu

THE NEW HAMPSHIRE
132 Memorial Union Building
Durham, NH 03824
603-862-1323

FOLLOW US ON TWITTER AND INSTAGRAM
[@THENEWHAMPSHIRE](https://twitter.com/THENEWHAMPSHIRE)

FIND US ON FACEBOOK
[@THENEWHAMPSHIRE](https://www.facebook.com/THENEWHAMPSHIRE)

Subscribe to our weekly newsletter at TNHdigital.com

CORRECTIONS-----

IN LAST WEEK'S ISSUE, AN ARTICLE ABOUT THE PETER T. PAUL ENTREPRENEURSHIP CENTER WAS WRITTEN IN A HEADLINE AS BEING A PART OF THE PAUL COLLEGE. THE CENTER IS ITS OWN ENTITY.

The next issue of TNH will be published on

Thursday, February 21, 2019

But you can find new content *daily* at

TNHdigital.com

Ambrose
continued from page 1

get out of the situation they are in and get home safely.

Sharyn Potter, co-founder, and Executive Director of Research at Prevention Innovations Research Center and professor of sociology helped develop the uSafeUS (originally named uSafeNH) app along with a retired State Trooper who now leads New Hampshire's Sexual Assault Resource Team (SART) in March of 2015.

"In 2017, the app and platform were updated with a new student-influenced design and innovative prevention tools, to launch as uSafeUS to a national audience. Then in 2018, a new Administrator Dashboard, providing analytics about app usage, the ability to send notifications to students, and easier customization capabilities, was added for school administrators," Potter said.

The uSafeUS app is free to all students and can be found on both the App Store and Google Play.

Technology has many perks to it, such as being able to locate a missing person, however, according to Zachary Ahmad-Kahloon, Prevention Specialist for the UNH Sexual Harassment and Rape Prevention Program (SHARPP), it can also be used for negative purposes such as stalking.

"I can't comment if the technical aspects of location tracking are accurate or not as I'm not an engineer. However, I do know abusers have certainly used it as a means of stalking without ever having to actually follow anyone," says Ahmad-Kahloon.

UNH'S SHARPP is a re-

source for students who have been victims of sexual assault/harassment and domestic violence to help them recover and have a safe space to talk.

According to the Campus Safety and Security Government website, it was reported that in 2016, there were 19 counts of rape, six counts of fondling, four counts of aggravated assault, and three counts of burglary on the UNH Durham campus. While these statistics are not under the category of abduction, a lot of cases involving rape or sexual harassment can stem from stalking and abduction.

When talking to a student about her nightly activities, Sean-na Perry stated that she does not feel safe when walking on campus at night.

"Being a person of color, I don't feel safe in a mostly all-white environment. It has been instilled in me to never trust anyone in the dark," Perry said.

A person of color is statistically more likely to be a victim of sexual assault/harassment or abduction, but by being alone at night puts any woman at a higher risk of being assaulted. The UNH Chief of Police, Paul Dean, encourages students to speak up when they see something or someone who appears to be in danger or an uncomfortable situation.

"Good personal safety is important. Let friends know where you're going and your plans. If at all possible, go with friends and watch out for each other. Additionally, UNH has the safe rides service on the weekends to help get you home safe. Listen to your own inner thoughts. If you are not feeling comfortable where you are its time to leave," Dean said.

Know the facts

7 in 10

Perpetrators use drugs or alcohol to commit sexual assault

1 in 5

Women are victims of sexual assault

1 in 16

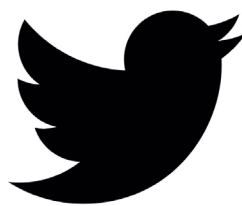
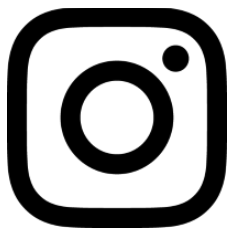
Men are victims of sexual assault

2 in 5

LGBTQ+-identifying people are victims of sexual assault

Data captured from CDC National Intimate Partner Sexual Violence Survey

@thenewhampshire



Emily Duggan / TNH Staff

Bakery
continued from page 1

ferent from the norm, too; with the regular chocolate cake surrounding a homemade marshmallow filling, but Michaud's includes dried raspberries sprinkled in the frosting.

Cupcakes sell for \$30 a dozen, with Whoopie pies at \$27 a dozen.

"When a parent places an order for a student, I have them tell their student to be expecting a text from me," Michaud said about the process. "Then we select a public place to meet that is convenient for them."

Michaud pre-made some deliveries on Tuesday, but "wasn't affected" by the snow.

Michaud opened Baked, Brewed & Organically Moo'ed in June 2018, in Barnstead, New Hampshire. The bakery travels all around New Hampshire making deliveries. Michaud has been in

the food industry for thirty years.

"Our ice cream is organic, our coffee is locally roasted, and all of our other products are homemade and organic or all natural," Michaud said. "We do not use anything artificial."

Usually, Michaud points out, the bakery is on wheels in a food truck, which is down for the winter and will reopen in the spring. For now, their "other season" is doing deliveries and catering for events such as weddings, cooperate events, and home parties.

"We offer specialty sundaes with all unique homemade toppings, homemade waffle cones, frappes, root beer and coffee floats, made order lemonade, and homemade ice cream sandwiches," Michaud said. They will also be launching a new menu in the spring.

Orders for Thursday were made on their Facebook page, Baked, Brewed & Organically Moo'ed.



STUDENT SENATE UPDATE

WITH BENJAMIN STRAWBRIDGE

February 10, 2019: Meeting 15 of Session 40

Intense debate over the future of the WildActs student theatre group and calls for an updated mandated response surrounding the resources of the Title IX office formed the foundation of Sunday's meeting of the Student Senate's 40th session.

Concerning the former, the night's lengthiest resolution – R.40.17, entitled “Regarding Funding for the First-Year Student Orientation Performance” and introduced by Sen. Luke O’Connell (Congreve 1), Student Body Vice President Jake Adams, Student Activity Fee Committee (SAFC) Chair Joshua Velez, SAF Chief Financial Officers Emily Cochran and Payton Taylor, student Gareth Jones, Community Development Chair Nelson Idahosa and First-year Representative Juliana Phillips – urged UNH administration to seek out “reliable” long-term funding for the WildActs’ Wildcat Days performance for with the fall 2020 semester on, on top of expressing the student body’s representative disappointment at “actions taken by administrators...and certain faculty” within the Office of First Year Programs to minimize funding for the show; the resolution also expressed the body’s collective representative hope that those administrators would be “participants” in securing the long-term funding.

The motion argued that the Office of First Year Programs, a long-time sponsor and primary funder of the show – which, entitled “The Wild Years Ahead,” aims to be a “first-year student orientation performance” for the campus’ residence halls during the opening days of the academic year, according to WildcatLink – has gradually decreased its funding over the years and had recently communicated its intentions to withdraw from financing the show altogether due to cost-cutting measures. The an-

nouncement, per the motion, has resulted in the Sexual Harassment and Rape Prevention Program (SHARPP), UNH’s Theatre and Dance Department, faculty and staff from the College of Liberal Arts, the Dean of Students and WildActs members “frantically” seeking alternative sources of funding.

R.40.17 stressed that such efforts have hit a dead end after the Office of First Year Programs, despite appreciating the show’s value and the resources it provides each year, declined to fund the show; the difficulties come as the university has welcomed over 6,000 new students between the fall of 2017 and fall 2018, giving the social justice-oriented theatre troupe an ample audience to “use theater...as an educational tool to create [social] awareness” and “promote the idea of an active bystander,” among other ideals it aims to impress upon new students each year. The motion additionally stated that information present through “The Wild Years Ahead” is not given throughout the rest of the Wildcat Days programming at semester’s start.

Sen. O’Connell said that the motion “came about very shortly” in the last five days due to the time-sensitive nature of the matter, so much so it was brought up in the agenda’s “other business section” due to its last-minute submission. The senator told the body that the resolution came to be following a meeting with administrators overseeing the Office of First Year Programs, who, per O’Connell, hoped to utilize the money slated for performances like “The Wild Years Ahead” and put it toward other amusements such as more barbeques and fun-houses during orientation week, despite multiple polls showcased throughout the motion highlighting positive student reception toward the show and its messages.

“So, while this sort of emergency...[and] actions that might be taken by the administration to minimize WildActs [are] very new...in the past week or so, certain administrative hostility to the program has been around for years,” Adams told the body in defense of the motion. “In fact, in a lot of the meetings that I’ve sat in, any time there’s really any budget crisis, they’re like, ‘oh, why don’t we just cut WildActs and then put the money there [at the problem],’ without any kind of care as to what students want or anything. In fact, last semester, I was in a meeting discussing this, and a university administrator, who I’ll leave unnamed, who thought that this was just a way to tell students what the best dining hall was, said, ‘I don’t understand the impact of this, we should be giving them more fun things instead of just informing them into useless information,’ which seems like they don’t really know the first thing about what students want or what this program is.”

When asked about the cost of the show, Sen. O’Connell stated that the cost of each show depends upon how long the actors are performing and training for, as well as a week’s worth of construction and the four days the performers are enacting the final version of the show, all adding up to a 10-day process; the show’s preparation stage as also ranged from seven to 20 days’ worth of preparation in past years.

Despite the authors’ urging to pass the budget due to the time-sensitive nature of the motion and a short two-week deadline brought about by administrators seeking a budget for WildActs as soon as possible, several members requested a week’s postponement on the vote due to what Student Trustee Christian Merheb called questionable “language” that had the potential to improperly reflect

true student sentiment regarding the show, as well as to provide more time for senators to speak to their constituents about the motion and receive their official input before proceeding. External Affairs Chair Liam Sullivan officially called for a motion to postpone the vote, which ultimately failed with a vote of 11-16.

When R.40.17 was finally put up for a vote after over 20 minutes of debate, it passed with 23 in support and seven against.

The night’s other resolution – R.40.16, entitled “On Further Urging Mandated Response in The Title IX Office” and brought to the floor by Academic Affairs Chair Audrey Getman, Health and Wellness Chair Jennifer Hargenrader, Judicial Affairs Chair Alexandra Work, SAFC Chair Velez and Sen. Marinda Weaver (Adams Tower 1, Co-2) – “strongly” urged the administration to “adopt the mandated reporting system to SHARPP” from the Title IX office, as well as increase “direct communication” between UNH and SHARPP in cases of sexual assault to make survivors more aware of their available options in such situations.

The motion argued that afflicted students who bring forward a case or grievance to the Title IX Coordinator’s Office may be required to meet with the coordinator themselves, which could “negatively affect the mental and emotional health of a student,” whereas SHARPP’s advocates are “directly trained” to deal with cases related to sexual assault and crisis response. As a result, the motion stressed, directly providing victims with an advocate through a mandated response would relieve the student’s stress surrounding their search for proper representation and resources to deal with the problem.

R.40.16 ultimately passed the body unanimously.

UNH Police Chief and Assistant VP for Public Safety and Risk Management Paul Dean served as the night’s guest speaker, who touched upon his positive reactions to Durham’s handling of the Feb. 3 Super Bowl LIII celebrations, and stressed his commitment to improving accessibility to mental health resources on campus for students in need, an issue he called “alarming.”

“And so, if there’s anything that I think that we can do collaboratively, it’s outreach to students on this campus for resources... We need to have more awareness of this. It’s a silent thing that happens here at UNH,” Dean told the body. “We need to do more; we need to do more around that.”

In other senatorial business, the Senate greatly increased its roster on Sunday, as it unanimously welcomed Sens. Nick Crosby (Stoke 3), Jade Haynes (Fairchild), Jack Franco (Hunter), Christopher Garcia (Woodside 1), Austin Megalaitis (Williamson 2) and Allison Fischer (Mills 1) to the body, while seeing the removal of Sens. Michaela Ur (Jessie Doe 1) and Jonathan Goldberg (Williamson 1). Meanwhile, the Election Committee witnessed the arrival of new members in Sen. Elza Brechbuhl (Gibbs 1, Co-2), Executive Officer Brittany Dunkle and Sen. Weaver, as well as the removal of Sen. Gordon Guilmette (Gables 1) from the committee.

The Senate also voted on its next Parliamentarian at the meeting when it voted in Sen. David Cerullo (Upper Quad 3) to succeed José Calvo with five nays and two abstentions.

Following debate on R.40.17, the Senate adjourned at 7:33 p.m.

Fighting the bull since 1911

On the Spot

with Chi Omega president Alyson Veo



Courtesy of Alyson Veo

By Zach Lewis
STAFF WRITER

Alyson Veo, whom friends call Aly, is the Chi Omega sorority's newly elected president. She is a junior who is studying business administration with a concentration in marketing and entrepreneurial studies. The Acton, Massachusetts native is no stranger to the challenges of leadership. Veo has spent her entire college career in Chi Omega.

"I joined the fall of my freshman year, so I jumped right into it. I knew that I always wanted to be a part of a sorority," she said. There are many aspects of a sorority that drew her to want to join their ranks.

Charitable giving was one of the main driving forces in her decision to join Fraternity and Sorority Life.

"I love that they all have their own philanthropies. Once I heard that Make-A-Wish was Chi Omega's philanthropy, that really stuck with me when I went through all of the houses during recruitment," she mentioned.

Veo felt a call to take on all of the responsibilities that are required to be in a position of authority at such an organization.

"I knew that I wanted to be a leader so I applied for the executive board my sophomore year and I was elected to risk manager, or what we call 'personnel chair,'" she explained.

she explained.

This was an informative and eye-opening experience that always kept her guessing.

"You can't predict the outcomes," she said.

This role carries with it a heavy burden of having to make decisions that affect the lives of her fellow students in Chi Omega.

"Personnel chair was like being a lawyer, therapist and a cop. It was a big position," she explained. This involvement allowed Veo to meet with a lot of the members of the sorority.

Even though this is role where disciplinary actions needed to be carried out, it provided her with a greater understanding of the women in Chi Omega.

"I found it really rewarding because I got to meet a lot of my sisters, maybe not in the most positive setting, but I got to know them better and I like those personal connections. I just love being there for the girls," she said.

After successfully fulfilling her duties in this position, Veo knew she was destined for more.

"Since I was a freshman, I wanted to be president," she mentioned.

Veo ran for and was elected president. This is no light task for someone who has already been in a busy position of authority for a year. "I'm on year two for being on the executive board, which I think is pretty unique because a

lot of people get burnt out by the end, and it was exhausting, it really was, but I care so much I just love it," she explained.

She learned a lot from friend and former president of Chi Omega Lindsay Bosworth.

Veo felt confident to pursue this office "especially after watching the president I worked under. I saw what she did well and what we could improve upon so I felt I would be doing a disservice not to use my experience and to do this for the chapter," she said.

She also feels that the overall role of sororities as a positive one.

"I see the sorority, and Fraternity and Sorority Life all together, as being here to build people up," she said.

She has always been interested in organizations that provide a place for students to further their goals and dreams. Last year, Veo was the CEO of the business club Students Interested in Growth, Networking and Leadership, or SIGNAL, in the Paul College of Business and Economics. This stems back to her effortless ability in leadership.

"I've always been one to jump at leadership positions. I don't like sitting back. I like having a say, which is another aspect I like about Chi Omega, is that we work to make sure that everyone has a voice. We are very democratic and we have round table discussions so people can give their

input," she explained.

"It's so rewarding to see girls from when they get to the house to when they move through it and get to the end. It's amazing to see how people change and grow," she said.

This lines up with her vision for herself and Chi Omega.

"My goal that I've had for myself is that I want members to feel important because if they feel important and valued, they will be more involved. In a nutshell you can say involvement. I want campus involvement. I don't want people to see us only as a social organization because we do so much more than that," she said.

This leads Veo to want to raise even more money for Chi Omega's philanthropic cause, the Make-A-Wish foundation.

"We granted a wish last semester. We raised \$10,000 dollars," she mentioned emphatically and went on to explain that, "we have our big event coming up, Swishes for Wishes, it's a basketball tournament in the gym on campus. We do Swishes for Wishes every year. It's the first weekend in March so we are looking forward to that."

She feels a real sense of pride in Swishes for Wishes.

"It's completely Chi Omega-run," she said. "We're the referees, the DJs, point keepers and all of the staff. All the money we raise goes completely to the Make a

Wish foundation."

The recipient of this wish was able to visit the magical sites of Harry Potter.

"She wanted to travel around the United Kingdom and see all of those places. She said it was the best thing in the world," she explained.

This lines up with Veo's belief of what a charitable organization should be and how it should operate.

"I like the idea of making people happy. It's an immediate impact for the person," she said.

The ability to make such a huge impact on someone's life is one of the main reasons that Veo joined Chi Omega in the first place. It's not just her making a difference, as she feels that she wouldn't be where she is without Chi Omega. "It's a whole support system. It's nice to see familiar faces around campus," she said.

When Veo does find anytime to herself, which isn't a lot, she enjoys driving around to get coffee with those same familiar faces. Alyson used to row in high school and her first semester here at the University of New Hampshire but claims she is not that much of an outdoorsman even after growing up on a 16-acre farm. "I like running. I'm always listening to music but I don't have much time to do much more. I'm always doing something," she said.

UNH celebrates the Lunar New Year

By Alison Eagan
STAFF WRITER

The United Asian Coalition (UAC) hosted their 10th annual Lunar New Year festival, also commonly known as Spring Festival, this past Sunday, February 10. This year is the year of the pig. According to the website, chinesenewyear.net, Lunar New Year marks the “end of the coldest days” and looks forward to warmer weather, new beginnings, and “fresh starts.”

Lunar New Year is the longest Chinese holiday, typically lasting for 15 days. The festival begins on the day with the first full moon on the Chinese lunisolar calendar. The spring festival is historically celebrated on February 5.

The UAC has been hosting this annual event in the Memorial Union Building as a way to spread awareness and appreciation for the traditional Asian, Asian American and Pacific Islander culture. Larry Nguyen, president of the UAC, coordinated the event this

year and brought in traditional Asian cuisine and performers.

“We had sent drivers down to the Boston area to get the most authentic Asian foods we possibly could from Malaysia, China, Vietnam and Korea,” Nguyen said.

Some of the food that was provided included vegetarian fried dumplings, traditional Asian curry, some pork and beef dishes, rice and a banana dessert to finish off the meal. Members from the Vietnamese Student Association, Delta Xi Phi multicultural sorority and the Society of Asian

Scientists and Engineers helped the event run smoothly, whether that was helping set up or serving food, as well as offering insight into the diverse food options.

The performers included the Chinese Folk-Art Workshop (CFAW) and Robam Redeemed, both from Massachusetts. These groups served to demonstrate “as diverse of a cast of cultures as possible,” according to Nguyen. During the celebration, attendees were encouraged to take part in the free buffet-style meal and watch the many choreographed

performances, including one dance with a glow-in-the-dark Chinese dragon prop.

Students like Kylee Colbert, first-year occupational therapy major, were excited to “experience traditional Asian culture.” While waiting for her table to be called for the meal, Colbert and her friends were making origami butterflies and trying to learn how to use chopsticks.



Larry Nguyen, president of the UAC

Alison Eagan/TNH Staff

TNHdigital.com

Spilling the tea since 1911

Lunar New Year festival photo album



The Chinese Folk Art Workshop (CFAW) performs on traditional Chinese drums for the Lunar New Year festival.



Kylee Colbert (Right) and her roommate Madison Mensinger (Left) attempt to learn how to use chopsticks for the promised meal. Chopsticks are a common way to eat Asian cuisine.



Vegetarian fried dumplings were one of many dishes served at the Lunar New Year Celebration.

V-DAY
UNHSHARPP
PRESENTS:

THE
**VAGINA
MONOLOGUES**

SAT | FEB 16
7PM | MURKLAND 115
ONE NIGHT ONLY!

PERFORMED AND DIRECTED BY:
UNH STUDENTS

TICKETS:

\$8 STUDENTS & \$12 FOR OTHERS

PURCHASE TICKETS AT:
MUBTICKETS.COM

MORE INFO:
UNH.EDU/SHARPP/EVENTS

PROCEEDS BENEFIT UNH SHARPP &
THE V-DAY SPOTLIGHT FUND

#untiltheviolencestops
#RiseResistUnite
#TurningPainIntoPower



AD BY UNHSHARPP



The Vagina Monologues is more than just a theatrical experience; it is an **ARTISTIC UPRISING**, a **RADICAL ACT**, an **ACT OF RESISTANCE**.

Pleasure Party on a Monday night

By Madailein Hart
STAFF WRITER

Students looking for a good time and a chance to learn more about sexual health, education and protection needed to look no further on Monday, Feb. 11, when the University of New Hampshire's (UNH) Health and Wellness Services held their fourth Pleasure Party.

Held every semester since the fall of 2017, the gathering - headquartered at the Thrive Kitchen in the Health & Wellness Satellite Office at the Hamel Recreation Center at 5:00 p.m. - was organized by wellness educator/counselor Dawn Zitney. Along with her two interns, seniors Sofia Ford and Maddy Nunes, the group

led the way in planning the night's activities, which ranged from sex coloring pages and writing love letters to oneself, to playing with aromatherapy playdough, and building a personalized sex kit including lube, condoms and stickers.

"February is Kindness Month, and with this event we want students to realize they can be kind to themselves as well," Zitney said.

The Pleasure Party serves as a way for students to become more acquainted with campus resources regarding sexual health, what it means to engage in safe sex and how to get involved with different related groups on campus. This effort was aided by the numerous organizations tabling the event, including UNH

Planned Parenthood Generation Action, Fight4Her, UNH Eating Concerns Mentors and UNH SHARPP; each table showcased their own set of activities, such as guessing how many condoms were in a jar or picking a number and receiving a sex fun fact.

The nurses and interns also offered worksheets that help people figure out what they like in bed and what they don't. One sheet, titled Dirty Talk, gave options such as "What Turns Me On: Humor, Role Playing, Compliments OR Insults, Whispering" and "Lines That Excite Me: I want you to ____, it's so hot when you ____, and You're making me ____" The worksheet explains that everyone's preferences are different and that it's okay and normal to be surprised by the things that

turn you on. There were other sheets titled Build Your Own Orgasm, Safer Sex for Trans Bodies and The Dos and Don'ts of Female and Internal Condoms.

While the heart of the event was sexual health, there was also a focus of pleasure during sexual activity. Sex toys were also at many of the tables which were covered in sex toys such as massagers, dildos and vibrators in every size, shape and color. Ford, one of Zitney's interns, could be seen at the Build Your Own Sex Kit table giving demonstrations on how to use both male and female condoms, and what the pros and cons are of the three types of lube: aloe-based, water-based and silicon-based.

"We have products for head to toe and everything in be-

tween," Jenn Madsen of Athena's Home Parties said. Madsen visits peoples' homes to explain how sex toys work and how to get the most pleasure out of sexual experiences.

"We want people to be aware of what we have to offer, and that even if they don't get birth control with us, we are here to talk through options," Karen Crowley, a nurse practitioner at Health & Wellness, told *The New Hampshire*. "We love to have students come and ask us about this."

UNH Health & Wellness encourage students who are still curious about sexual health and pleasure to make an appointment with a wellness coach at Health & Wellness or explore the resources featured on the Health & Wellness website.

Staff Writer Zach Lewis shares his thoughts on Valentine's Day (Opinion)

By Zach Lewis
STAFF WRITER

Valentine's Day descends upon us once again and we are left wondering what to get that special someone in our life. If you are alone, don't worry, you'll be reminded of this fact multiple times and in various mediums today. Newspaper articles, like this one, are a good example. You could also be in that awkward middle ground where you only like each other's post on social media and occasionally canoodle in the back of an Uber. Is this a relationship? Do I bring chocolate hearts into this equation? If they like my most recent post then will they want to be my valentine? Does being named someone's valentine come with any legal obligations like being named someone's power of at-

torney? I have no answers to any of these questions.

This state-sanctioned, although not officially recognized, date night wreaks havoc in the lives of many here on Earth. It's a lot of pressure to seemingly 'win' the night with the most extravagant array of flowers, sweets and trinkets. The Beatles were obviously unaware with this supposed holiday when their hit "Can't Buy Me Love" was being cranked on Victrolas. How did this holiday even get started?

I could bore you with facts and information on this topic. I could bring up dates, historic figures and other pertinent data on the subject but you learn enough in class already. You wouldn't want to hear how the holiday was made famous by Chaucer or how it started as a Christian Feast Day. No one wants to know that the day was originally celebrated

on May 3. This wouldn't be of interest to you, or the fact that multiple countries around the world celebrate this day, some countries celebrating at different times, and even other countries that made the observation of Valentine's Day illegal.

What's interesting to me is that we still force ourselves to carry out this tradition every year. There are houses in New Hampshire that have inflatable hearts on their front lawn and giant LED hearts hanging from gutters and front porch guardrails. There are giant cartoon hearts being projected onto the outside walls. Do not go into these homes. This is a trap.

This isn't to say that love of all types shouldn't be celebrated. On the contrary, love could be the single most wonderful aspect of existence. Pizza and chocolate are pretty close up there too, but

love may possibly just squeak by to the top spot. Do we really want our love commoditized, sold and purchased? Do we want more insurance commercials with pseudo-witty dialogue on the perceived value of a relationship due to the financial failings of someone's partner? I think we can do better if we are going to continue to make each other go through this ordeal.

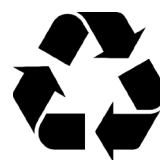
We should make Valentine's Day the one day that we here in America do not think about money. Breathe. We'll be okay. We've sold our soul to the almighty dollar every other day of the year, maybe on February 14 we could actually focus on what the day is said to be about and truly focus on love, and not only of the romantic variety. Now, this isn't a call of support for any economic ideology, or any tautology at all. I believe in people.

We should spend this day focusing on the people. Feed the hungry, shelter the homeless and help those that need assistance.

Spend time with the people and animals you love and let them know that they're important to you because life is a gift that can always be taken away even when you're the least prepared for that to happen. Money can buy you most anything in this world but it can't create that orchestra of butterfly wings fluttering in your stomach. Let's use one day as an excuse to not spend any money instead of the other way around. If you're a fan of this idea you should Venmo me some cash to really let me know you care. I wouldn't say no to flowers either.

TNHdigital.com

Please



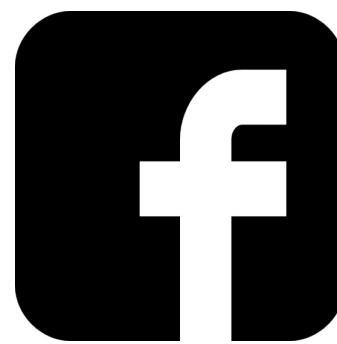
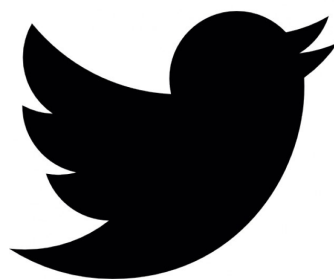
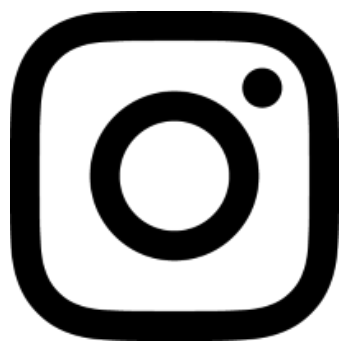
Recycle

Please



Recycle

@thenewhampshire



Former FBI agent visits MUB

By Madailein Hart
STAFF WRITER

Current Lecture Series: Bonding, Bridging, and Social Media: Preserving Democracy in the Age of (Dis)information

Asha Rangappa came to the University of New Hampshire's (UNH) campus on February 13 to talk about Russia, disinformation and democracy in the Memorial Union Building's Strafford Room as part of UNH's Current Issues Lecture Series. Rangappa is a former FBI agent and is currently a CNN National Security correspondent as well as a senior lecturer at the Yale Jackson Institute of Global Affairs.

Rangappa started off her lecture talking about how countries like Russia use disinformation and propaganda against the U.S. public to cause panic, confusion and eventually disengagement.

Rangappa explained that this is not a new trend, and that Russia has used these tactics as far back as the Cold War. During the Cold War, however, it was much harder for Russia and the KGB to spread the misinformation, and it often didn't get off the ground. The KGB agents would have to recruit journalists to spread the rumors, but now the KGB can create fake articles, posts, memes and events without recruiting a real human being.

"Facebook and Twitter are ideal platforms for this to happen," Rangappa said.

On these two platforms it is easier for people to disconnect from people that they do not agree with, creating "preference bubbles," where no disagreeing opinions exist to look at. Rangappa said that propaganda relies on emotion, appealing to things that matter to people on both the right and the left side of the political

spectrum.

Rangappa wanted the crowd to know the difference between "bonding" and "bridging." While bonding can be good for humans, creating stronger ties between people and security, but also giving people a smallest radius of trust and gives groups more exclusivity. Bridging, however, is more inclusive, sparks innovation, and creates a larger radius of trust, but involves weaker ties between people.

"Bridging is usually better than bonding, especially if bonding is taken too far," Rangappa said. She explains that bonding, when taken too far, can lead to exclusion, policies based on mistrust and people no longer giving each other the benefit of the doubt.

Rangappa gave charts and polls from the Pew Research Center on her slideshow. One graph showed that only 30 percent of people today say that people can

be trusted. 53 percent of people trust the United States judges over the President. 61 percent of millennials said they get most of their news from Facebook, and only 33 percent of millennials said that it was important that they live in a democracy. Rangappa attributed these ways of thinking to generational change, noting that older generations had more trust in their fellow citizens, their president, and their democracy which took a turn in 2005 when social media took off.

"It's not all bad news," Rangappa said. She ended the lecture with ways to bridge the connection between people no matter the differences. One notable difference is schools teaching "social media hygiene," which Rangappa's 12 and 9-year olds are learning in school now. This involves showing people what to look for that would make a post, article or event suspicious or untrue.

Not only that, but Rangappa attributed a strong civic value, showing us how and why we are all connected, in order to bridge connections. Rangappa hopes that highlighted awareness on this propaganda and disinformation will help people stop and think about what they are reading or sharing.

"The best way to get rid of propaganda is to neutralize it," Rangappa said. "Fact checking, giving people permission to disagree, civic education and media literacy were all actions that Rangappa believes will help neutralize this propaganda and disinformation problem."

Don't just connect with people on politics, use real interaction like arts, sports, schmoozing and games to connect."

Rangappa ended her lecture saying, "For every negative interaction, you should do five positive ones to make up for it."



Madailein Hart/TNH Staff

TNHdigital.com

UNH Alum previews “The Heroin Effect”



By Benjamin
Strawbridge
NEWS EDITOR

University of New Hampshire (UNH) alum and documentary filmmaker Michael Venn educated and enlightened UNH students and community members as he previewed his most recent project “The Heroin Effect,” part of the Memorial Union and Student Activities’ “Tomorrow’s Challenges” series.

In this edition - entitled “The Opioid Crisis” - Venn, a graduate of the UNH classes of 1995 and 1996 with dual degrees in communications and psychology, showcased a trailer and short clip from the recently-

released documentary, which featured interviews with several former and current heroin users, touched upon the political impact of the crisis on the state of New Hampshire – such as starting with President Donald Trump’s controversial remarks on NH’s “tremendous heroin problem” – and showcased a seven-minute segment starring the late David Couzins, a heroin user who attempted to curb his addiction by taking videos on his smartphone as a form of self-therapy. The clip additionally showed reactions and comments from David’s wife Jennifer and detective Seth Trondeault, who investigated David’s sudden death.

While much of the presentation consisted of a Q&A between

the audience and Venn, the filmmaker also took time during the hour-long event to highlight statistics regarding heroin use in the United States, such as the fact that, per Venn, 144 people die each day from a heroin overdose. In New Hampshire, in 2016, the Center for Disease Control and Prevention reported 481 heroin overdose deaths.

Venn touched upon the process that went into making “The Heroin Effect” as well, stressing the difficult nature of obtaining interviews and first-hand accounts from affected users of heroin. One significant moment came about when Venn spoke with a young heroin user who died shortly after Venn interviewed him. After his funeral, Venn recalled calling the boy’s

mother about reaching out to her for an interview, who agreed; when Venn called her back with a sudden idea to film her answers at the location of his son’s freshly-laid grave, he was surprised when she agreed to that as well, stating that that is what her son would have wanted as a way to strengthen the impact of the moment.

“At the time that I started it, it felt like I was already too late to get started on the film,” Venn said; “and then, you know, just kind of seeing everything progress and it being part of the news cycle for so long, to the point where it’s still a major news thing but it doesn’t get the attention. Venn, who dedicated the documentary to a friend of his who died of a heroin over-

dose, told the attendees, said he was encouraged to make the film at the recommendation of friends who supported his idea of documenting the crisis with first-person perspectives and the problem’s persistence in the state despite previous efforts to curb its negative impacts.

“We’re kind of losing a generation of people from it,” Venn stressed. “If any other disease killed 70,000 people last year in the U.S. and it was people that were between the ages of...15 and 23, I think more people would be like, ‘oh my god;’ it’s just the fact that it’s an illegal drug that’s killing somebody. So, I think it’s relevant...it still kind of gets swept under the rug.”



Courtesy of Twitter/Patch.com



FOLLOW US ON
TWITTER
@THENEWHAMPSHIRE



LIKE US ON
FACEBOOK



FOLLOW US ON
INSTAGRAM
@THENEWHAMPSHIRE

Outdoor Behavior Healthcare helps those with opioid addictions

By Valeriia Kholmanskikh
STAFF WRITER

According to the OBH website, “The Outdoor Behavioral Healthcare (OBH) Center at the University of New Hampshire (UNH) in the College of Health and Human Services was established in 2015 with “the mission to advance the Outdoor Behavioral Healthcare field through the development of best practices, effective treatments, and evidence-based research.”

A UNH study looked at Outdoor Behavioral Healthcare (OBH) as a new way of treating young people battling opioid addiction. It is a collaborative project of UNH’s Outdoor Behavioral Healthcare Center and Redcliff Ascent, a wilderness treatment program based in Utah.

According to a video published on the WMUR website,

OBH involves “programs that take people out of traditional therapy environment and put them in nature with a group of peers.”

One of the main goals of OBH is to provide distraction from substance for the participants, allowing them to concentrate on hiking and teambuilding.

“Outdoor Behavioral Healthcare engage clients holistically versus just talk therapy,” Dr. Anita Tucker, the associate director of Outdoor Behavioral Healthcare Center at UNH, said. “OBH is a kinesthetic intervention which focuses on affective, cognitive and behavioral changes which can be supported through this active intervention.”

The primary group in OBH are youth that struggle with substance abuse and behavioral issues.

According to Tucker, “these youth participants both struggled with alcohol abuse and other sub-

stances, predominately marijuana use.”

According to the video published on OBH Center website, “Unlike sitting in a room with an adult, clients in OBH programs interact with peers in a group setting, engaging in challenging activities and learn how to thrive outdoors.”

A total of 207 participants took part in the study. Sixty of them were in the treatment as a usual group, without attending what Tucker refers to as “wilderness therapy,” and 147 participants took part in OBH.

“The results showed that individuals who participated in the wilderness therapy program were doing three times better than youth who stayed in their community one year after participation,” Tucker said. “These findings were not a surprise, as we had preliminary evidence that wilderness therapy lasted after leaving treat-

ment; however, we have not had research that included a comparison group, so this was very exciting from a research perspective, as it further confirmed previous research on OBH’s effectiveness.”

OBH does not only focus on young people with substance abuse issues; teens with mental health programs have also participated in OBH, and the reported results were generally positive.

“One year after leaving the wilderness, on average, OBH parents reported healthier levels of functioning for their teens,” the OBH website video said.

However, OBH has some downsides, too.

Firstly, it is the cost of participating in the program. According to the WMUR video, “Outdoor therapy can cost a family upwards of \$40,000 for eight weeks of treatment.” As the video further explained, “Advocates say, it off-

sets the long-term costs of traditional therapy.”

Secondly, some participants might not be able to go through OBH because they might incriminate the safety of the group.

“Sometimes youth are too explosive to safely stay in the wilderness as they are too much of a flight risk for running away or being violent towards other participants,” Tucker said. “Programs do an extensive intake process to make sure clients are appropriate for this type of treatment.”

According to Tucker, “this work was supported in part by the Associated Charities of Baltimore and the Outdoor Behavioral Healthcare Council; however, these sources had no influence on the research design, data collection, data analysis or choice of where to publish these findings.”



Courtesy of obhcenter.org

*Want to be
a part of the
magic?*

Come to our
contributors'
meetings!

Mondays at 8 in MUB 132

Got on opinion?
Tweet us yours
@thenewhampshire

Please



Recycle

*TNH
NEWS*



The

ARTS

Adrienne Perron / TNH Staff

14 February 2019



Courtesy Bull Moose

Bull Moose and the resurgence of records

By Sophia Kurzius
STAFF WRITER

With the popularization of listening to music digitally, on streaming apps such as Spotify or Apple Music, the art of sitting down and listening to a record (flipping it over half way through, and then continuing to enjoy the rest, of course) is a practice that some argue has been lost.

Bull Moose, a Portsmouth record store, dispels that notion. The store remains a popular destination for people of all ages to walk in, be surrounded by other music lovers and stroll the seemingly endless racks of CDs and records.

Bull Moose is an independent retail record store chain founded by Brett Wickard of Brunswick, Maine in 1989. Currently based out of Portland, other locations include Maine cities Brunswick, North Windham, Waterville, Sanford, Bangor, Scarborough, Mill Creek and Lewiston as well as Portsmouth, Salem and Keene in New Hampshire.

Head clerk at Bull Moose's Portsmouth location, Zac Mayeux, a 26-year-old Dover resident, explained that by being one of the few places in the area to sell large assortments of vinyl, the store proves to be an important piece of art culture in Portsmouth. Bull Moose not only sells a variety of music but also offers movies, books, games and more.

Mayeux also emphasizes that despite

what one may suspect, the younger local crowd appears to be the primary consumers of vinyl record sales. Some members of the younger generation attest the resurgence of vinyl records to an appreciation of a classic way of listening to music.

"I stream and listen to music on my iPod but generally enjoy records



Courtesy Bull Moose

because you have to sit down and really pay attention, i.e., stay in one place: the room you're listening in. I love to zone out and either close my eyes or absorb the album artwork or read along," Mayeux explained.

Many musicians perceive listening to physical records as a way of preserving musical integrity. Sumner Bright, a senior journalism major at the University of New Hampshire (UNH) and guitarist/vocalist in the local band Plains, explained that he and his fellow band members love to stop into various record stores in the cities they tour,

listen to albums on vinyl all the time; it feels more real and sounds full & wholesome. Digital loses a lot of the warmth and 'naturalness' of music."

Plains has cosigned their record with Bull Moose, which means fans and listeners alike will be able to purchase the record locally. The album, "Peace in Restland," is set to release digitally Feb. 15.

"It's nice having a place that lets locals [artists] consign stuff," Bright adds.

However, most music that is available for purchase in stores like Bull Moose is also consequently available online. It is the easy to use, portable interfaces of streaming apps such as Spotify or Apple Music that prove to be a formidable force against other modes of listening. According to a statistic released by Spotify, 55 percent of the monthly users are in the age range of 18-35 years old, with a total monthly average of 52 million users in the United States.

as well as enjoy the simple pleasure of holding their very own record.

"We wanted to put [our album] on vinyl just because we'd always wanted to have our own music in that kind of physical format," Bright explained. "I

Vinyl
continued on page 14



The lowdown on JP's Grill

14



The glorious return of 'Deal or No Deal'

16

Courtesy CNBC

Subs amidst snowstorms: A wintry afternoon at JP's Grill



By **Adrienne Perron**
STAFF WRITER

"Hi, JP's Grill, how can I help you?" said a gentleman on the other end of the phone line.

"Hi, I was just wondering if you guys were going to be open tonight despite the snow storm."

"Of course!" the man boisterously said. "We will definitely be here. We will see you later."

My experience with JP's Grill was already going well, and I hadn't even stepped inside the restaurant yet. With curtailed operations starting on the late Tuesday afternoon, one of my exams cancelled and the prospect of trying a new restaurant on the horizon, this was turning out to be a great day.

I never went to Tacomano when it existed on Main Street next to Durham House of Pizza, but I know that a lot of people were upset when it closed last summer. High expectations were set for the new restaurant that would take its place, so when it was announced that a place called "JP's Grill" was coming to town, many UNH students, including myself, were skeptical. Could this restaurant live up to Tacomano's legacy on campus? Curious to find out what JP's deal was, I set out in the early stages of Tuesday's snow storm with a group of friends and an empty stomach to find out.

My friends and I entered the restaurant dusted with snowflakes and chilled by the biting wind. Even during the beginning stages of a storm at 4:15 p.m. on a Tuesday, there were three or four tables already filled with people, which I took as a good sign. We chose a high-top table by the window to sit at while we looked at the menu that was posted above the front counter.

As I skimmed the food options that were listed, I began to feel a little nervous. Most of the items on the menu were meat-based; I don't eat meat. I didn't really want to be stuck eating just French fries, so I said a little prayer to myself as I continued to read the sandwich and burger options that they

offered. Finally, I found something: the veggie sub. That was right up my alley.

I went up to the counter and placed my order of a small veggie sub and

my sandwich "Subway style"; I walked with him down the line of vegetables and condiments and told him exactly what I wanted.



sweet potato fries, which cost me about \$10. The man behind the counter proceeded to grab the sandwich bun and place it on the counter. I got to create

"I'll have everything but banana peppers and hot!" I said.

I watched him intently as he stuffed my "small" sandwich with so many

vegetables, I thought the bread might split down the middle. I was definitely getting my money's worth, and I was glad that the "small" size wasn't too small, because for a small person I have an exceptional appetite. He passed me my sandwich, and I carefully made my way back to my table, attempting not to spill the vegetables that were cascading out of my sandwich. I was excited to eat.

It was not hard to finish every bite of my veggie sub. The vegetables were fresh and the bread was soft. It was delicious and filling. As a big fan of Moe's sandwiches, it means a lot when I say that JP's might give them a run for their money.

My sweet potato fries were also a hit. One of my friends at the table who doesn't usually like sweet potato fries ended up eating a majority of them all by herself. They were crispy and a little salty, and they paired very well with my sub.

My friend Nate ordered poutine, a dish made up of fries, gravy and cheese. I haven't had poutine in years and didn't try Nate's but it didn't look quite as authentic as the kinds I have had before in northern Maine. The gravy looked a little sparser than what I'm used to seeing, and the cheese was un-melted and sat in chunks on top of the fries. Nate however, didn't really seem to mind.

My other friends who ordered subs were all pleased, as well. Everyone finished everything on their plate.

"You get a lot of food for what you pay," my friend Josh, the pickiest of us all, said. "If they didn't give you as much food, it might be overpriced, but this is really reasonable."

"They should toast their bread," my friend Maeve said after finishing her chicken parmesan sandwich.

As the only piece of constructive criticism we could think of, it seems safe to say that JP's Grill can stay a while. I'm dedicated to Moe's but I wouldn't mind breaking my loyalty every so often for another veggie sub.

Vinyl
continued from page 13

According to a statistic provided by the Nielson Music U.S. Year-End Report, in the year 2017 over 14 million vinyl records were sold in the United States; albeit an impressive number, still subjacent juxtaposed with the lofty statistics of streaming services.

Though accessibility and convenience may outweigh a music listener's decision to resign to streaming services

instead of undergoing the tedious effort of listening to vinyl, the compression that occurs on digital streaming services can actually diminish the quality that old-school analog audio provided by vinyl gives. While listening online is easy, artistic integrity may be disrupted by presenting sound unlike how it was to be intended.

"I just really love records. I like to collect new stuff but mostly original, old stuff because it was put on the vinyl for a certain reason; the order the

songs are in is to tell a story and show a purpose, that's the way it was made to be listened to," said senior English major and art history and film studies minor, Jessa Oliveira, who exemplifies that understanding the story the artist is trying to tell with their music is a vital component of the album-listening experience.

Though music can be enjoyed in all forms, many listeners find the physical ritual of using both body and mind to appreciate music to be unbeatable.

"It's a very intimate way of hearing music that I think a lot of folks miss out on with streaming. I enjoy studying physical records, learning about as much music as possible, and listening to vinyl records is the best way to do this, I've found. Plus, getting up and flipping the record over to hear the other side is always fun."

Bull Moose, open seven days a week in Portsmouth, N.H., serves as a resource for all local music lovers.

Acoustic, vinyl and the night shift: A day in the life of a WUNH-FM DJ

By Benjamin Strawbridge
NEWS EDITOR

“That last one, ‘Rewind’ by Amazing; before that, you heard the Dead Tongues Rising with ‘Won’t Be Long.’ Up next is ‘Burden’ by Bones R Jones; you are tuned to the Freewaves, 91.3 FM, WUNH, Durham.”

With those words, WUNH-FM DJ and sophomore civil engineering major Daniel Page, host of “DJ DP” on Tuesdays, introduces a new set of alternative tracks to the local Durham, N.H. community and the nearby Seacoast over half-an-hour into his two-hour long program. As he cues up the next song, Page smoothly slides a volume slider on the right side of his mix board and raises another that welcomes Jones’ voice into the dimly-lit studio. Surrounding him are multiple dark-grey XLR microphones, black Sony MDR-7506 headphones, a central console to his right loaded with CD and record players, as well as screens that, among other functions, showcase various functions, commands and the weather: a frosty 22 degrees coupled with snow.

All the while, Page monitors the sound levels, occasionally glancing at the clock to make sure he has enough time to cue up the next song without prompting dead air. Despite his numerous duties, Page fails to show signs of worry or stress.

“I definitely enjoy it; it’s something that I can, you know, come and spend two hours of my week [on]. I can play music that I like; I like that it’s beyond just campus... it reaches the community,” Page said. “I’ve had folks call in and talk for five - ten minutes at a time and just talk about really anything music-related; or if I say something funny, they’ll talk about that.”

Part of that enjoyment comes from the fact that he can choose to play whatever he wants on his show, so long as it fits his theme of alternative/indie/folk vibe he typically leans towards. This week’s show takes a turn for the acoustic, due to his hopes to help people “chill out” despite the inconvenient

winter weather.

Despite this flexibility, WUNH mandates that 60 percent of the music he airs must be “new” music, sourced from the current “stack” of tracks spanning the past 10 weeks; he must also avoid airing Top 40 hits and tracks with swears and other questionable language, as mandated by the Federal Communications Commission (FCC). As a result, much preparation goes into preparing a weekly broadcast. Not only does he have to consult the “stacks” for over half his music selection, he must also preview his playlist, which he typically



sources from the WUNH servers, CDs or streaming services, to ensure that no vulgarity makes its way onto the airwaves.

The work continues even when Page is live, as he must take time between groups of songs to interact with his audience, often through talkbacks alerting them to upcoming tracks and through occasional phone calls from more active listeners. Through these and other challenges, however, Page finds chances to stand out from his other fellow presenters.

“I think I talk more than others,” he tells me. “I definitely think the DJ gives the show personality, and nowadays, any DJ or any computer can play music in order, play a playlist. But there isn’t that commentary in between; you don’t get to hear the side-conversation, so I think that’s something that’s unique about radio that you don’t get anywhere else.”

Page’s own unique experiences with the station date back to the get-go of his college career.

“Before I came here as a freshman,

I saw it on Wildcat Link,” he recalls, “and I thought it was really cool that they had a station here. There was an info session that they held in one of the MUB theaters, and I went to it because I had time and really liked it.”

From there, Page took part in the traditional WUNH training montage, with the main feature being shadowing fellow DJs on their shows, coupled with a checklist of various tasks ranging from running a soundboard to playing CDs and queuing up vinyl records on select occasions. The same FCC guidelines he takes to heart today were also a key

remain minimal.

“You kind of just meet them for 10 minutes and then you work together to transition between shows; and then, really, you don’t see the other members other than at executive meetings or at general meetings,” Page says.

Despite being the sole host of his show, however, Page’s power to share music he enjoys to the rest of his local community serves as his biggest motivator to continue his hosting duties.

“For me, I really enjoy it because it’s a great opportunity for me to listen to something new and share that with folks outside of this campus and the community,” he says. “It connects with the community...being an alternative station, I think this music isn’t for everybody, and I think it’s really great that we give underrepresented artists a chance for broadcast.”

While having the power to spread his musical tastes beyond the University of New Hampshire campus evokes positive vibes by itself, equally powerful are moments when he discovers how impactful he can be in the greater Seacoast area.

“Last summer, I was home and I heard a band on my Top 40 station back home play one of the songs that I played here, you know, like six months earlier; so I think it’s cool to see bands with... less than 1,000 plays on Spotify and they’re eventually playing on Top 40 stations... I think college radio keeps that alive.”

While he hopes to look for civil engineering and project management careers - experiences like those motivate Page to continue his work at WUNH until graduation and keep radio in the back of his mind all the while. As for advice he would give future DJs:

“I’d say go for it. Like, it can definitely be daunting...it’s definitely a lot to go through, but it’s extremely rewarding; like, you’re always exposed to new music. I really enjoy my time on the radio, like it’s kind of two hours I can escape [to] and hear something [new]... I’d say just go for it, that’s my advice.”

Valentine’s Day chocolate covered strawberries



By Rose Correll
STAFF WRITER

Ingredients:

Strawberries (I use one to two containers from the grocery store, but if you are making them for a party, get more! There is no such thing as having too many left over!)

An 11-ounce bag of chocolate chips (I use two kinds: milk and dark chocolate from the Ghirardelli brand, but get whatever kind you like).

OPTIONAL: Extra chocolate (whatever kind you like, I like the look of the white chocolate on the darker chocolate).

Directions:

Clean and dry your strawberries. Make sure they are right out of the fridge so they are firm.

Pour the chocolate chips into a mi-

crowaveable bowl and microwave them for 45 seconds, pulling the bowl out halfway through to stir the chips so they don’t burn. You want the chocolate to be completely melted and smooth.

Line a cookie tray with parchment paper for easy clean-up.

Take each strawberry by the stem, dip them into the melted chocolate and roll it around until fully coated.

Gently shake off excess chocolate and place on the cookie tray.

Put the tray in the fridge for 15 minutes to let the chocolate set and harden.

OPTIONAL: If you want to get fancy, melt left-over chocolate (or white chocolate) in a microwaveable bowl for 45 seconds. Once the strawberries have come out of the fridge nice and cooled, dip a spoon into the chocolate and drizzle over the strawberries. Again, let cool in fridge for 15 minutes.

ENJOY!

The glorious resurgence of “Deal or No Deal”

By Michael Mawson
SPORTS EDITOR

What used to be quality time spent with my family has turned into a Wednesday night tradition in my friend group. It is often referred to as the most riveting hour in the history of television.

I am, of course, talking about the reboot of CNBC’s “Deal or No Deal.”

Twenty-six cases, ranging from a single penny to \$1 million. Must. Watch. TV.

For those of you who have had to go through your life without tuning in to this masterpiece, let me run through some of the rules for you.

Hosted by the stunningly handsome Howie Mandel, who adds his bountiful charm and never fails to cut to a commercial break just as you’re on the

edge of your seat. Howie and his ‘80’s style soul-patch are a perfect fit for this dramatic masterpiece.

The contestant chooses one single briefcase and is then asked to open six cases. The models, who are by a numbered briefcase, open the case once the contestant says their number. That’s where the banker comes in.

Only able to see the shadow of the banker, she is an intimidating presence whose sole purpose is to send you home with as little money as possible. The lower the amount the contestant opens, the higher their offer from the banker will be. Then it becomes a game of risk; how far are you willing to go? Do you believe luck is on your side? I can hear Howie uttering those words to me as I type this. What a guy.

My friends and I take “Deal or No Deal” very seriously. To us, it’s

more than a TV show; it’s a way of life. There’s typically about five of us watching, and we’ll all pick a case to see who can predict the case holding the most money. All in all, it’s really a rollercoaster of emotions, I’ve seen both the highest highs and the lowest lows. A few weeks ago, I picked the \$1 million case and felt untouchable. These last two episodes, though, I’ve been doing terribly. Two weeks ago, my case held only \$500, and last week I picked the case with a penny in it. How humiliating.

One thing I love about this reboot is their upgrade in technology. The banker used to call down from his office and Howie would answer the phone on a landline. But we are not in 2008 anymore, oh no. Howie answers the banker with the iPhone 10 these days; straight upgrades!

Recently, I’ve been unable to watch the show live because I am busy on production nights putting together the sports section of *The New Hampshire*. Do you think that stops me from enjoying “Deal or No Deal”? Hell no.

If you want something bad enough in life, you learn to adapt and make time for it. I text in the case number before the official 9 p.m. start, and my roommate records the show for me. I refuse to let him tell me anything about the show, because as soon as I get back home (usually around midnight), the first thing I do is turn my beloved show on.

I’m feeling case number eight tonight; write it down. I feel like I have the \$1 million case.

(It’ll probably have \$5. But a man can wish, can’t he?)



Review: “Velvet Buzzsaw” succeeds as an oddball slasher film with solid acting

By Zach Lewis
STAFF WRITER

One of the latest films in the seemingly unending slew of original content from Netflix is “Velvet Buzzsaw.” Jake Gyllenhaal (“Donnie Darko,” “Nightcrawler”) and Zawe Ashton (“Nocturnal Animals,” “Sherlock”) star in this art-world centered horror-slasher-drama. What the movie lacks in cohesive direction - it could fit in just about any of the categories on Netflix - it more than makes up for in performance. The portrayals by Gyllenhaal and Ashton are sincere and excellent. Toni Collette, Renee Russo and John Malkovich are also just as intense and engaging.

A couple of Netflix natives, Natalia Dyer and Daveed Diggs, from “Stranger Things” and “The Unbreakable Kimmy Schmidt,” round out the impressive ensemble cast. The story itself centers around a group of art collectors and their relationships, or lack thereof, within the community they inhabit. Where does all of the death and horror fit into this high-powered world of art collecting? This is the same question posed, and somewhat answered, by writer and director Dan Gilroy.

Gilroy is able to contrive a beautiful juxtaposition with the dark, gritty atmosphere that contrasts the bright and

sunny streets of Los Angeles in “Velvet Buzzsaw.” An impressive feat considering that a prominent character in this movie is a Styrofoam tray filled with coffee cups from Starbuck’s. The mood and tone grow creepier and creepier as you sink deeper into the story. Stylistically, “Velvet Buzzsaw” scores high and sets the bar in this arena.

On the other hand, “Velvet Buzzsaw” struggles with maintaining a coherent structure. The story will leave



you feeling slightly confused as to why all of the death even happens in the first place. (Spoilers ahead! Close your eyes while you read this next part.)

The movie does not do a great job of explaining why all of these paintings are murdering people. There’s some talk of the unknown artist who created the art-

work as having tortured and murdered some people, like his father, because he was abused. The movie spends hardly any time connecting these actions to the supernatural pieces of art gaining sentience and, as in one case, cutting the arm off of one of the characters.

Like any good artist, he paints what he knows with a medium he understands, such as blood and human flesh. Not that an explanation of why these paintings, sculptures and films are com-

deeper exploration on the supposedly main plot point.

(The spoilers are over so you can open your eyes now). “Velvet Buzzsaw” does a great job on tackling the topic of consumerism in art. The film explores all of the nooks and some of the cranies of the havoc that the almighty dollar places on the value of art. Who owns the art and what makes a piece of art valuable are other aspects that are explored throughout.

This is also a great film for those that are fans of campy slasher flicks, which the film seems to be edited toward but with too good of an acting performance to be considered campy in any real way. This may be due to an effort to make the film be viewed as more of a satire than a drama. There’s also some nudity, a lot of butts and some intense sex scenes. Nothing on a “Westeros” or “Westworld” level, but this is probably a movie to skip when you’re visiting back home with the family.

I would definitely give “Velvet Buzzsaw” a stream if you’re looking for a good slasher movie with brief social commentary and an exploration of interesting themes, even if those explorations aren’t exactly deep. Rotten Tomatoes rates this film at about a 66 percent, but I’d give it a passing grade.

The film would have benefited from a

Dance Gavin Dance: The funky hard rock poetry group we didn't know we needed

By Katherine Lesnyk
NEWS EDITOR

Some readers may remember last semester when I put in my two cents about the compilation album, "Songs That Saved My Life." In that article, I gave almost irrational praise to a band called Dance Gavin Dance, who were featured on the album.

Well, gosh darn it, I'm back to do it again, because this band still has me riled up.

Dance Gavin Dance (DGD) has existed in various forms since 2005. The band has undergone several member changes, including three different clean vocalists. (In fact, lead guitarist Will Swan and drummer Matt Mingus are the only members of the group to have been in the band consistently since the beginning. Unclean vocalist Jon Mess has been with the band through most of its existence).

DGD's life can be split into three "eras" based loosely on the clean vocalist present in the band at the time: the Jonny Craig era, the Kurt Travis era and the Tilian Pearson era. While the style of the band has not changed much since its conception, each vocalist has certainly left their own individual marks on the band.

In an effort to give each vocalist his minute to shine, I'm going to provide some of my favorite jams with Craig as the main vocalist, then Travis, and then Pearson, along with an analysis of what makes them so good.

The Jonny Craig Era "Lemon Meringue Tie"

"Lemon Meringue Tie" is a good introductory example of the soulful Jonny Craig era of DGD. The chorus is as simple as "And I don't know why, I don't know why I fight for you this way / Fight for you this way, fight for you this way," and yet the impassioned energy Craig brings to the table makes it feel much more emotionally-entangled and complicated.

Craig's voice is the kind of voice that makes you want to be his best friend so you can listen to him sing all

the time, but it is also the kind of voice that makes you want to be him so you can whip out your jaw-dropping vocals in casual social situations to impress your enemies. It's the kind of voice that makes you want to be in a band.

Craig's emotionally-charged clean vocals are displayed in sharp contrast to the unconventional screamed lyrics of Jon Mess, which end the song on a violent and graphic note, in typical Jon Mess fashion.

Aside from DGD, Craig was the clean vocalist for Emarosa for some time, a member of short-lived super-group Isles and Glaciers and a solo act and the lead vocalist for Slaves, which recently removed him from the band due to problems surrounding his relapsing addiction.



Courtesy AllMusic

I wish him all the best in his recovery efforts. He holds so much potential that I believe has yet to be fully tapped into.

The Kurt Travis Era

"Uneasy Hearts Weigh the Most"

"Uneasy Hearts" was my introduction to DGD more than five years ago. Travis' vocal power was not the first thing that caught my attention about the song, but rather the constant switching between musical styles and attitudes: a chorus sung by the whole band, screams of "your b**** is dead / she was hit by a truck / what the f***," and a heartfelt melodic realization that "holy s***, she smells like heaven / Been best friends since we were 11 / And, oh my god, I like her."

Of all three of the DGD clean vocalists, Travis is the one who slipped into

the band the most quietly, and while his vocals are not the most spectacular, his sound and his style made him a seamless fit.

Something magical about DGD, a band that has such a convoluted history of members, is that songs from one vocalist's era can be sung by one or both of the other vocalists without sounding awkward. During the band's 10-year anniversary tour, all three singers came on stage to perform "Uneasy Hearts" together.

"Death of a Strawberry"

This is the finale in a four-song series spanning from the Kurt Travis era to Tilian Pearson, all with titles relating to "strawberry swishers." Even though the focus of this segment is a song with Pearson's vocals, it's the culmination

be in a similar mindset to prior songs in the series; but then later Mess metaphorically slaps him in the face with "we all need partners for the pain of existence / My bedroom chemistry set ended up on your Pinterest / Fledging allegiance to a few common interests," giving an odd reminder that the girl these clean vocalists have been pining over for four songs is gone for good.

Yet there is not one mention of strawberry swishers ever. I'd love to be in the studio with these guys when they're naming these songs.

The Tilian Pearson Era "Count Bassy"

"Count Bassy" features the three main aspects of DGD that make them great: Pearson's pop-like vocals, Mess rapping/screaming lyrics and some highly-underappreciated bass lines.

If you don't feel like listening to the whole song, just listen to the section from 3:10 to 3:35 as proof that screaming, clean vocals and funky riffs can all mix. There's something oddly magical about Mess' rhythm while screaming "since my head is now my belly, I need big brain snacks" against Pearson's contrasting gentle back-up vocals.

"Variation"

Mess screaming and Pearson singing the same lyrics simultaneously during a Will Swan guitar riff is the sensory overload we didn't know we needed.

"Am I the reason that you can't look past your future self? / Got me believing you've been stuck and glued in frequent doubt / I know the feeling 'cause I can't keep my mind open now," they say in unison, creating a vibe that is half poetry slam and half rap battle. It seems like coffee shop poetry slams and rap battles would go together like hand sanitizer and an invisible paper cut, but it's DGD, so it's essentially the peanut butter and jelly of music.

In conclusion, while the debate about who the "best" DGD clean vocalist is will probably never end, one thing can be agreed upon. We as mortal beings do not deserve Dance Gavin Dance.

Battle of the Bands preview: Album reviews

By Sophia Kurzius
STAFF WRITER

University of New Hampshire (UNH) club Memorial Union Student Organization (MUSO) is hosting "Battle of the Bands" on Friday, Feb. 15 in the Entertainment Center of the Memorial Union Building (MUB). The event is free to students and community members alike. Four bands will be battling to win the votes of attendees, with a prize awarded at the end to the winning band.

Debt., hailing from Fitchburg, Massachusetts, is a self-proclaimed noisy emo band comprised of members Matthew Bombard, Iain Brouwer, Johnny Gifford and Kallen McCracken. Their album, "Demo," is a chaotically emotional album that balances all-consuming, statically guttural tracks and soft vulnerability presented through

lyrics that, when presented through stereo spread vocals, feel like whispered secrets. Even tracks that remain void of lyrics, such as "untitled," contain palpable feelings of anxiety and wistfulness. The record possesses a gritty ability to absorb the listener, truly making you feel like you're in the room with the band.

The Michael Character, a solo punk act from Boston, is James Ikeda. The Michael Character's new album, "That's Why They Call Him Zachy," released in 2018, adds to an extensive release collection comprised of three full-length albums and an EP. The album "That's Why They Call Him Zachy" is electric, bookended by the sounds of an intimate pool game and jump-started by a faraway voice calling out the album title into a microphone. The album itself is a verbally charged, politically relevant

piece of literature that soars through the medium of digestible, hook-filled punk music. It is impossible to listen idly as Ikeda passionately articulates in songs such as "Toronto" or "Free Speech"; the words and stories draw you in, providing music that not only entertains but educates.

The Woolly Mammoths, originally a New Hampshire-based band that has relocated to Boston, is comprised of members Nathan Arsenaault, Connor Bailey, Connor Kennedy, Jake Lennon and Sam Routhier. Their third album, CITYZEN, is a nostalgic anti-celebratory exploration of the loss of adolescence, fused into a synth-rock, spacey, dance-inducing rollercoaster ride. With multiple vocalists and lyricists, the Mammoths juxtapose biting-lyric pop with a dark undercurrent of rhetorical melancholy,

even containing a subtle reference to the eminent Mis(ter) Misery himself, Elliott Smith, with the lead-off dance track "No Confidence Man." Listening to this record feels like walking home alone in the dark after a night out, with bubbling dance music still buzzing in your head, as your mind drifts back into reality and you wonder how you're going to pay your rent tomorrow.

Be sure to check out these bands on Friday at the MUSO Battle of the Bands!

For full disclosure — I am writing this as a member of the fourth competing band, Daylo. However, being in a local band comprised of UNH students, I hoped to offer readers a glimpse into the other three traveling bands: Debt., The Michael Character and The Woolly Mammoths.

NEWSROOM POLL:

WHICH CARTOON CHARACTER WOULD YOU WANT TO GET DINNER WITH?





University of New Hampshire
Room 132 Memorial Union Building
Durham, NH 03824
Phone: (603) 862-1323
Email: tnh.editor@unh.edu
TNHdigital.com
twitter.com/thenewhampshire

Executive Editor
Bret Belden

Managing Editor
Ian Lenahan

Content Editor
Jacob Dawson

News Editors
Katherine Lesnyk
Benjamin Strawbridge

Sports Editors
Sam Eggert
Michael Mawson

Design Editor
Kevin Philpot

Arts Editor
Caleb Jagoda

Staff Writers
Rose Correll
Emily Duggan
Alison Eagan
Valeriia Kholmanskikh
Sophia Kurzius
Zach Lewis
Adrienne Perron
Madailein Hart

Staff Photographers
Jack Bouchard
Mikayla Mallet

Sports Writers
Zach Schneeloch
Bailey Schott
Sean Crimmins
Cameron Beall

Business Consultant
Kathryn Riddinger

Business Manager
Mason Burke

Advertising Assistants
Carmen Cusick
Jonah Foulks
Brennan Montbleau
Davis Potter

Multimedia
Nick Johnson
Andrew Simons

The New Hampshire is the University of New Hampshire's only student-run newspaper. It has been the voice of UNH students since 1911. TNH is published every Thursday. TNH advertising can be contacted at tnh.advertising@unh.edu or by phone at (603) 862-1323.

One copy of the paper is free but additional copies are \$0.25 per issue. Anyone found taking the papers in bulk will be prosecuted.

The paper has a circulation of approximately 5,000. It is partially funded by the Student Activity Fee. The opinions and views expressed here are not necessarily the views of the University or the TNH staff members.

Advertising deadlines are Monday at noon. All production is done in Room 132 of the Memorial Union Building on Main Street in Durham.

Printing services provided by:



The New Hampshire is a proud member of the
Associated Collegiate Press



From the *Editor's Desk...* NBA's parity issue

The NBA has a serious problem with the way it handles its franchises, and it's soon going to pay the price. From a strictly business point of view, I understand why someone would want to own a team – if done right, it can be one of the most lucrative professions in the sports field and your players can play the game with a sense of job security.

The NBA is a perfect, isolated example of how the industry has steered from this mold. Almost three years ago, Kyrie Irving requested a trade from the Cleveland Cavaliers despite the two remaining years on his contract. Cleveland still had LeBron James under contract at the time and felt they could get ahead of the Irving situation. They waited two months, but eventually buckled when offered enough pieces from the Boston Celtics.

Now Cleveland, a small market team, has lost its once-in-a-lifetime talent James to free agency and retained just two of the five assets obtained in the Irving trade. Their franchise was blown to shreds as soon as Irving went public with the trade request and squashed any potential negotiation leverage.

The problem came after the trade, as it always does. Fewer wins means less ticket revenue means owners jack up the stadium prices, invest in tanking (deliberately losing to move up in the draft order) and, if the team doesn't improve substantially for some time, sell the franchise. Notable exceptions are the richest teams in the league – Knicks,

Lakers, etc.

Owners will start to bleed cash if they can't put together a playoff-ready team in the years following a rebuild. They don't start the rebuild, after all; it's thrust into their arms alongside their best players' trade request and, in six months, they're left with a heaping trash pile of low-valued assets.

You can look at any case like this. Jimmy Butler leaving the Minnesota Timberwolves, Kawhi Leonard jumping ship in San Antonio and now Anthony Davis wanting out of New Orleans – these teams got miserable returns in the trade market and now have to rebuild, unwillingly, on a shaky foundation. Keep in mind that these players were all under contract.

The league does nothing to prevent this, and it even seems like they support it: The New Orleans Pelicans have tried to sit Anthony Davis in anticipation of the trade market re-opening this July and to preserve his health – and their leftover negotiation leverage – but the league president enforced a rule stating they must play him. If Davis gets hurt, what are the Pelicans owners supposed to do? Sell teams on his unbrow?

Since Davis only has one year left on his contract following this season, he'll be worth nothing to New Orleans by the time next July rolls around and so they have to trade him this summer. Can't do that if he's injured.

That's the position New Orleans has found itself in. The second-to-lowest valued team in the

NBA made an honest effort to acquire its star player a supporting cast, but he felt it wasn't enough and asked for an out. And because of the league's policy, the owners have to put their most valuable trade asset at risk by playing him the remainder of the season. They're cornered.

All of this points to a trend in professional sports today where small market teams do everything right and still fail to put together a championship contender. The leagues are not structured to reward players who remain with their original team (and yes, I know about 'super max' contracts; at some point a championship is worth more to superstars than an additional \$40 mil over contract length) or help teams build around draft picks. They'll just force the owners' hand and leave mid-contract.

This parity is concerning as someone who appreciates competitiveness across the league (who doesn't?) and wants more than three 'big games' a month. Huge blowouts and terrible teams are too common. It's making basketball boring. How likely is it that the players made it that way?

Ask Kyrie Irving.
Or Anthony Davis.
Melo. Butler. Kawhi.
How are their old teams doing?

Bret Belden
Executive Editor

Letters policy

We welcome letters to the editor and aim to publish as many as possible. In writing, please follow these simple guidelines: Keep letters under 300 words. Type them. Date them. Sign them; make sure they're signed by no more than two people. If you're a student, include your year, major and phone number. Faculty and staff: Give us your department and phone number. TNH edits for space, clarity, accuracy and vulgarity. Bring letters to our office in Room 132 in the MUB, email them to tnh.editor@unh.edu or send them to The New Hampshire, MUB Room 132, Durham, NH 03824.

Opinions expressed in both signed and unsigned letters to the Editor, opinion pieces, cartoons and columns are not necessarily those of The New Hampshire or its staff. If you do not see your side of the argument being presented, we invite you to submit a letter to the editor by sending an email to tnh.editor@unh.edu.

Hockey has winless weekend



COURTESY OF UNH ATHLETICS

Junior forward Abby Chapman (above) looks for the puck in a weekend game versus BC. UNH lost the matchup 7-1 and now have an overall record of 13-14-4 on the season.

By Sean Crimmins
SPORTS WRITER

This past weekend was a tough one for the Wildcats, who suffered losses to both Boston College and Merrimack College, having their five game win streak snapped.

Friday they lost 7-1 at BC and Saturday lost a close game against Merrimack at home 2-1. UNH's goal against BC came from junior forward Abby Chapman and the goal against Merrimack came from junior defenseman Tori Howran.

On Friday the 'Cats struggled to get offense together against BC, who sits atop the division. They were only able to muster 19 shots to BC's 34.

UNH entered the second period down 2-0 but struck 1:57 into the period when Chapman buried a cross ice pass from junior forward Nicole Dunbar for her first goal of the season.

First-year defenseman Emily Rickwood also assisted on the goal.

BC posted four more consecutive goals before UNH would nearly get their second of the game. It was looking like senior forward Devan Taylor scored a power-play goal with three minutes left in the game but the goal was challenged and waived off for goaltender interference. BC would finish on the power-play to seal the game at 7-1. UNH was shut down on all five of their power-play attempts.

Saturday's game was a much

closer and was mostly a battle of the goaltenders. Senior captain Kyra Smith made 25 saves for the 'Cats and senior Samantha Ridge-wood made 35 saves for Merrimack. Both goalies came up with a lot of big saves for their teams to keep it a close game. The biggest save for came with 6:40 left in the first to keep it a scoreless game by Smith.

She made a huge glove save on a two on one rush. Just over halfway through the second she would come up with another big save on a breakaway, this time using the blocker.

Merrimack got the scoring started with a hard shot from the blue line, finding its way through a little bit of traffic and into the net 13:23 into the second period.

The 'Cats nearly tied it a few

minutes into the third when senior captain Marie-Jo Pelletier cleared the puck out of the zone, finding first-year forward Paige Rynne coming off the bench for a break-away but was denied. Merrimack would make it 2-0 with 8:30 left after a shot deflected off the defense and past Smith.

With just under three minutes left in the game, Smith went to the bench for the extra attacker as the 'Cats tried to mount a comeback. They would come close as Howran scored the lone goal for the 'Cats with 1:44 left in the game to make it 2-1. She took a shot from the point and snuck it in for her fourth of the year, with junior forward Taylor Wenczowski and first-year forward Paige Rynne picking up the assists. Smith was pulled again for the extra attacker

and the Wildcats tried to rally again putting a lot of pressure on Merrimack but were unable to solve the goaltender a second time.

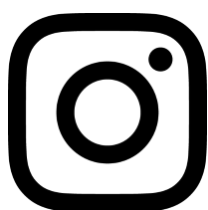
This is an important time of the season as playoffs are drawing closer and spots are highly contested.

"We need to bounce back and be ready for next weekend, because every game counts." She expects the team to "fight and show a lot of grit," Pelletier said.

Head Coach Hilary Witt felt more or less the same saying "We've bounced back all year long so, we're not going to let this weekend bring us down."

The 'Cats look to get back in the win column Saturday Feb. 16, at BU, and will play them again this Sunday in Durham.

@thenewhampshire



'Cats place second

By Zach Schneeloch
SPORTS WRITER

After competing last week at home against George Washington in a dual meet, the UNH Women's gymnastics team traveled southward to George Washington University in Washington D.C. last Friday to compete in a quad meet with George Washington, Yale, and William & Mary.

Starting off the match, the 'Cats performed first on the uneven bars. Rounding out the performers, senior Danielle Mulligan was able to set the highest score of the five UNH performers with a score of 9.875. Mulligan has been having quite the year and continues to impress as the season goes on. Also for the 'Cats, junior Riley Freehling posted a score of 9.775, while junior Ava Watkins and sophomore Lauren Diggan also performed well both receiving scores of 9.750. The 'Cats headed into the 2nd rotation with a team score of 48.900.

The Wildcats headed to the balance beam next. First year standout Hailey Lui was able to score an impressive 9.925, the best score in the meet. This was Lui's personal record and truly an impressive score for the first year collegiate gymnast to obtain. Also on the beam, Freehling was able to post her second high score of the day of a 9.725, and first year Hannah Baddick also came through for the 'Cats scoring a 9.700. The team scored a total of 48.575 on the balance beam.

On the third rotation the Wildcats participated in the floor exercise. Junior Emma Winer and Mulligan were able to tie for the second-best score of the day, both posting scores on the floor exercise of 9.825. The Wildcats finished the floor exercise with a team score of 49.000, only second to George Washington who had a 49.075.

For the fourth rotation the Wildcats would head to the Vault. Winer started the 'Cats off strong with a career high score of 9.750, tying her for third best score in the match. Senior Erin Carroll also posted a solid score for the wildcats coming through with a 9.700. The Wildcats would finish the vault with a score of 48.450.

With a final team score of 194.925, the Wildcat gymnasts came in second place out of the four teams in attendance. George Washington, the same team the 'Cats battled with last week took first place with a total team score of 195.400. The Wildcats did defeat Yale and William & Mary to give them two more wins on their year. Alexandra Zois from George Washington won best overall score for the match.

The Wildcats will head out west to California this weekend to take on San Jose State and Sacramento State on Friday, as well as UC Davis on Sunday.



COURTESY OF ZACH WEBSTER

Senior gymnast Danielle Mulligan had another dynamic performance in D.C.

Pink Meet Results

 195.400

 194.925

 194.050

 189.925



COURTESY OF ZACH WEBSTER

First year UNH gymnast Hailey Lui was named EAGL co-Specialist of the week.

UNH splits a pair in AE play

By Bailey Schott
SPORTS WRITER

The Wildcats (6-19, 3-9) played in a pair of one-possession games over the past week, securing a one-point victory over Binghamton (9-15, 4-7) on Saturday afternoon and falling by a single point to Vermont (10-14, 6-6).

First-year guard Kari Brekke, led her team in scoring for the third consecutive game, helping propel the Wildcats to a road win, 54-53, against Binghamton on Saturday.

Coming off a close 54-46 win over the University of Massachusetts, the 'Cats earn their first pair of consecutive wins in America East play this season.

Brekke led all players in scoring with 14 points, while junior guard Caroline Soucy recorded her second double-double of the season with 11 points and 11 rebounds.

New Hampshire played a competitive first quarter, coming out only down 14-11 heading into the second period of play.

First-year center Mary Foster came out hot in the second period scoring all seven of her total points in the game, leading the 'Cats to a one-point advantage at half, 25-24.

The Wildcats fought hard on the glass in the first half, out-rebounding Binghamton 25-21. Soucy led the team at the break with nine.

Taking advantage of their lead, the 'Cats used the third period to stretch it to five, leading 43-38 with one period of play remaining.

The Bearcats fought back and regained a 44-43 lead over New Hampshire with just under five minutes left.

Brekke answered with a three in the next possession recapturing the lead 46-43.

The Wildcats never trailed again, pushing the lead to seven on an 8-0 run.

Binghamton continued to chip away at the lead cutting it to one with two seconds left. They received the final possession of the game, though the shot was missed.

The Wildcats snuck away with the 54-53 win on the road.

The Wildcats continued their second half of conference play against The University Vermont (UVM) Catamounts Wednesday night at Lundholm Gymnasium.

The 'Cats were unable to extend their win streak to three, as they dropped the nail-biter to Vermont 51-50.

Vermont won the tip and took advantage of the possession, gaining an early 2-0 lead.

The Wildcats answered with full court pressure on defense forcing two turnovers. First-year forward Ivy Gogolin poured in six points in the first half of the period to keep the 'Cats in the game.

New Hampshire trailed 11-10 with less than four minutes in the first period.

The Wildcats kept the pressure on Vermont, but the Catamounts' ball movement was too quick for the defense creating several open shots. Vermont led 19-13 after closing the period on an 8-3 run.

Gogolin went 3-4 from the free throw line, taking all of the 'Cats first quarter free throw attempts.

Offensive possession alternated between teams early in the second quarter, but New Hampshire cut the lead to four with four minutes remaining in the half.

A layup by sophomore guard Amanda Torres sparked a 7-0 run for the 'Cats, they led 24-21 with two minutes in the half.

The 'Cats finish the half on a 15-6 run and led 28-25. 24 of the team's first half points come from the combination of Gogolin (9), Torres (8) and Soucy (7).

The Catamounts opened the second half on a 7-4 run to tie the game 32-32 with four minutes re-

maining in the third period.

Soucy dropped 10 in the quarter and led the Wildcats to a six-point lead to end the third.

Vermont pushed back and tied the game 45-45 with four minutes left in the game.


First-year guard Kari Brekke scored her first points late in the fourth on a pair of free throws to put New Hampshire up 48-45 with two minutes left.

Vermont got the ball back with 20 seconds left down 50-49. A late foul and a pair of made free throws put Vermont up 51-50 with 7.8 seconds to go.

The 'Cats got the final shot off before the buzzer, but it didn't fall.

Vermont defeated New Hampshire 51-50.

The Wildcats go back on the road Saturday to take on the Stony Brook Seawolves in Stony Brook, N.Y.

Please

Recycle



JACK BOUCHARD/TNH PHOTOGRAPHER
Junior guard Caroline Soucy attempts a free throw versus Vermont.

'Cats fall to 3-21



COURTESY OF UNH ATHLETICS

Junior forward Chris Lester goes up for a lay up in Saturday's home game.

By Michael Mawson
SPORTS EDITOR

The University of New Hampshire men's basketball team's losing streak has now reached nine games. The Wildcats lost a close battle at home on Saturday afternoon to visiting Binghamton (7-18, 3-7) by a final score of 68-61 and were blown out by Vermont (20-5, 10-1) 73-54.

The 'Cats are now 3-21 and just 1-10 in America East play.

Senior guard Jordan Reed led the way for the Wildcats versus the Bearcats, with a team-high 19 points on 6-15 shooting.

Binghamton jumped out to an early 12-6 lead at the first media timeout with 15:15 to go in the half.

The Bearcats padded their lead to 20-8 before first-year forward Nick Guadarrama scored five straight points for UNH to cut the deficit to 20-13.

The 'Cats continued to claw their way back into the game as an and-one layup by junior forward David Hall brought the game to 21-20.

The Wildcats were unable to score in the final 5:30 of the half and headed into the locker room down 33-25.

UNH fought hard in the opening minutes of the second half and got the game back within two. The score was 46-44, with 13:43 left in the game. That is the closest the 'Cats would get.

Binghamton once again answered the 'Cats run with one of their own, going on an 8-0 run over the next three minutes, giving them a comfortable ten-point lead.

Reed tried carry the load for the Wildcats, as he hit a pair of free throws and a jumper with less than two minutes to go in the game. That trimmed the Binghamton lead from nine to five points.

The Bearcats hit their free throws to close out the game and secure the 68-61 victory.

The Wildcats traveled to

Burlington Wednesday night to face off against a strong Vermont squad. It was yet another loss for UNH.

Following the theme of late, the Wildcats were able to keep the game competitive early on.

UNH took their first and what would be only lead of the game off a Guadarrama made three-pointer with 15:16 to go in the first half, making it 7-5 'Cats.

The two teams battled over the next ten minutes of play, and Vermont was ahead 23-16 with five minutes left in the half.

Vermont extended their lead to 38-26 at the break.

First-year guard Marque Maultsby was the star of the first half for the Wildcats, pitching in a team-high nine points on a perfect 4-4 from the field.

The Wildcat defense was unable to stop Vermont junior forward Anthony Lamb. Lamb scored 13 of Vermont's 38 first-half points. He was an efficient 6-9 from the field.

UVM shot an impressive 15-26 from the field in the first half, a big reason that Vermont had a double-digit lead at halftime.

Vermont really started to pull away in the second half. They extended their lead to 20, 49-29, five minutes into the second half.

Over the next seven minutes, the Catamounts would push their lead to 62-34 on a three-point make by sophomore guard Stef Smith.

Vermont would go on to win the game by a final score of 73-44, securing their tenth America East victory of the year.

Next up for UNH is a home matchup on Saturday afternoon with Stony Brook (20-5, 8-2). It is a scheduled for a 1:00 p.m. tipoff as the 'Cats look to get back into the win column.

FOLLOW US ON TWITTER

@THENEWHAMPSHIRE

Please

Recycle

UNH struggles to find momentum in Burlington



COURTESY OF UNH ATHLETICS

UNH sophomore goalie Mike Robinson recorded his fourth shutout this season in Friday's 1-0 win against the Catamounts. UNH lost 4-1 on Saturday.

By Sam Eggert
SPORTS EDITOR

Following a split White Out the Whitt weekend against Maine, the UNH men's hockey team (11-10-8, 7-7-5) won on Friday 1-0 over Vermont (12-14-2, 5-11-2) and lost 4-1 on Saturday at UVM's Gutterson Fieldhouse in Burlington, Vermont.

UNH sophomore goalie Mike Robinson earned his fourth shutout of the season in Friday's contest. Robinson recorded 29 saves against UVM. UVM's goalie recorded 26 saves, only giving up the game ending goal

to UNH's sophomore forward Patrick Grasso. That goal was Grasso's seventh on the season. Grasso currently has 15 points this season.

UVM's junior goalie Stefanos Lekkas had a stellar weekend despite the Friday loss. The Catamount's goalie halted 57 of the 59 shots he saw this weekend. His 26 save performance Friday and 31 save shutout on Saturday earned him Hockey East Co-Defensive Player of the Week alongside UCONN's first year goalie Tomas Vomacka. Vomacka recorded his first Hockey East win with a shutout against Merrimack.

The Saturday game did not play out the way the 'Cats would have hoped.

Vermont got out to an early lead with a first period goal from senior forward Liam Coughlin. This was his 6th goal of the season. UVM outshot the Wildcats 15-13 in the first period.

Come the second period, UNH looked to gain momentum by drawing a five-on-three power play that did not end up in a UNH score. Soon afterwards UVM scored again with a goal from first-year forward Johnny DeRoche. DeRoche tapped the puck in off a rebound for his 5th goal this

season.

UVM's sophomore forward Bryce Misley converted another second period goal to extend the Catamount's lead to 3-0. This was Misley's second goal this season.

8:13 into the third period, Wildcats senior forward Marcus Vela cut the deficit to 3-1 with a tip-in off an assist from senior defenseman Richard Boyd. This was Vela's fifth goal of the season and Boyd's sixth assist this season.

The joy was short lived for UNH, as UVM junior defenseman Matt O'Donnell scored his fourth goal of the season to give the Catamounts a 4-1 lead. No-

body scored for the remainder of the game, resulting in a 4-1 win for UVM.

UNH is now tied with Beanpot champions Northeastern for 5th place in the Hockey East. Both teams have 19 points going into next weekend's double header at the Whittemore Centre in Durham, N.H. Both Friday's and Saturday's games are set for a 7:00 p.m. puck drop.

UNH Hockey Statistical Leaders

Goals Scored

1. Ara Nazarian (12)
2. Liam Blackburn (10)
3. A. Crookshank (9)
4. Jackson Pierson (7)
5. B. van Riemsdyk (7)
6. Patrick Grasso (7)
7. Max Gildon (5)

Assists

1. C. Kelleher (17)
2. Liam Blackburn (14)
3. Max Gildon (14)
4. A. Crookshank (13)
5. Jackson Pierson (11)
6. Marcus Vela (11)
7. Ara Nazarian (10)

Points

1. Liam Blackburn (24)
2. Ara Nazarian (22)
3. A. Crookshank (22)
4. C. Kelleher (20)
5. Max Gildon (19)
6. Jackson Pierson (18)
7. Marcus Vela (16)

Blocks

1. Benton Maass (48)
2. Anthony Wise (41)
3. Richard Boyd (27)
4. Ryan Verrier (27)
5. Marcus Vela (24)
6. Max Gildon (21)
7. W. MacKinnon (21)

+/-

1. Richard Boyd (+10)
2. Liam Blackburn (+7)
3. C. Kelleher (+7)
4. Jackson Pierson (+7)
5. A. Crookshank (+6)
6. Justin Fregona (+4)
7. Ryan Verrier (+4)

Track shines in Valentine Invitational



COURTESY OF UNH ATHLETICS

Senior Jessica Hackett (left) and a teammate compete in a relay at the Valentine Invitational on Friday. Boston University hosted the meet, and the women placed 13th overall.

By Cameron Beall
SPORTS WRITER

The Wildcats were focused on personal growth this weekend as the American East Championships lie just around the corner. Both men's and women's teams sent students to participate in the David Hemery Valentine Invitational on Friday before the teams headed to Rhode Island on Saturday for their final test before the conference meet.

A select group of athletes had a chance to make some final adjustments late in the season when they went to Boston University on Friday afternoon. Once the day had finished, the New Hampshire runners walked away with a total of nine new personal records. Among these on the women's side were, senior Shannon Murdock and junior Michaella Conery in the mile run, junior Chloe Holowachuk in the 500-meter, sophomore Cayla Barretto in the 1000-meter, and junior Meg Champagne in the 3000-meter. Taking a look at the men, first-year runner Chris Pinkham, graduate-student Thomas Harter and first-year runner Ian Daly all broke their personal bests in the 500-meter. Graduate runner Timothy Kenefick also joined the party, breaking his own 3000-meter record.

Not only did Murdock walk away with a new personal best in the mile, she was also named the Female Track Performer of the week for Friday's performance. This is her third time receiving this honor this season. Murdock ran her mile in 4:41.61, which is ranked 34th in the nation currently.

The teams made a trip to URI on Saturday where they competed in the URI Coaches Tribute Meet. The team scores weren't recorded for this meet, but nonetheless, the athletes were still focused on personal growth.

"Last weekend was very important ... I got hurt earlier in January, so I didn't get to run many meets, so I needed Saturday to help me prepare", said first-year runner Zakiya Scott when asked about the importance of this meet.

Underclassmen stole the show for the women on Saturday with seven top-five finishes from the first-years and sophomores.

In the 400-meter run, Scott and first-year runner Kelly Hamlin took the top-two spots. Scott running in 1:01.12 and Hamlin setting a new personal best with 1:02.37.

A pair of 1000-meter runners also broke some personal records. Resetting their personal bests, first-year runner Nicole Yeomans finished in first-place with a time of 3:01.70, and junior Madeleine

Brandon right behind her running in 3:02.18.

In the 200-meter run, sophomore Kelly Crawford and first-year athlete Crismeily Borg took fourth and fifth place. The two runners finished just 0.4 seconds away from each other, and Borg's time of 26.34 seconds sent her home with a new personal record.

Other results from the women's side included sophomore Shaylyn Saunders finishing third in the 800-meter, along with graduate runner Shannon Stang, sophomore Maria Virga, and senior Sabrina Anderson all finishing fourth in the mile-run, 60-meter hurdles, and pole vault respectively.

The upperclassmen pulled much of the weight in the men's events. Eight top-five finishes came from the upperclassmen on Saturday, including a first-place victory from senior Brett Hoerner.

Hoerner, who was a standout from last week's meet—finishing in second and third-place in the 1000-meter—took home first-place in the 800-meter on Saturday. Coming 2.49 seconds shy of his record, the senior finished in 1:56.71. Fellow Wildcat, sophomore Aidan Sullivan finished two spots behind Hoerner in third-place, while running in 1:58.07.

In the 1000-meter run, a couple of UNH runners came within a second of each other, and each

broke their personal records. Junior Samuel Lanternier finished 0.20 seconds before his teammate, junior Aaron Dobe. These two came in third and fourth-place overall.

Sophomore Jordan Buckmire placed first in the triple jump, Buckmire fell just three inches short of his record of 47'

10".

First-year athlete Emmanuel Nkounkou finished in a three-way tie for second while competing in the high jump on Saturday. He topped out at 6' 2.75".

Both teams are looking forward to the American East Championships on Feb. 22 at Boston University.



COURTESY OF JESS SPEECHLY

Chris Pinkham competes at the Valentine Invitational.