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Durham celebrates again

Boston snags third championship ring in as many years

By Benjamin Strawbridge
NEWS EDITOR

Durham's Main Street was once more aglow with celebration and relief as Wildcats and community members alike rushed downtown to commemorate the New England Patriots' record-tying sixth Super Bowl victory on Sunday, Feb. 3, complete with chants, music and plenty of red and blue to go around.

The victory came after a suspenseful defense-laden Super Bowl LIII between the Patriots and the Los Angeles Rams in what served as a symbolic rematch of 2002's Super Bowl XXXVI, where the Patriots defeated the then-St. Louis Rams 20-17. Super Bowl LIII saw the Foxborough-based team, again led by quarterback Tom Brady and head coach Bill Belichick, winning 13-3, the lowest-scoring Super Bowl in NFL history.

Throughout the three-hour

long contest, students huddled at Libby's Bar and Grill and various viewing parties across Durham and the University of New Hampshire (UNH) campus cheered on their team and fumed when their opponents gained any resemblance of progress. As the Patriots ran down the fourth-quarter clock in its dying minutes, students quickly spilled onto Main Street from both Libby's and student housing up and down the road and formed a massive mosh pit founded on Patriots beanie hats, body surfing and boomboxes blasting "Sweet Caroline."

Throughout the proceedings, students frantically pulled out their smartphones to film the excitement and send the action off to their social media followings, no matter where they were in the crowd. Those who managed to escape the tightly-packed throng of revelers contributed to the madness by climbing the closest

Pats
continued on page 3



Benjamin Strawbridge / TNH Staff

Suicide prevention number added to new student IDs

By Emily Duggan
STAFF WRITER

Through a joint effort between Psychological and Counseling Services (PACS) and the University of New Hampshire (UNH) women's hockey coach Stephanie Jones, all new issued student IDs will feature a suicide prevention number printed on the back, effective immediately.

The inclusion of the number began as an effort by Jones due to concerns over her players' mental health.

"I looked at one of my player's ID cards and couldn't believe this information wasn't on the back of their ID," Jones said. "It made me want to add another resource that they would look at and see every day."

Prior to this initiative, UNH student IDs included four phone numbers: 911, one for SHARRP,

one for the Dining and ID office in cases of a lost or stolen card, and the web address for ReportIt!, where students can report instances of bias and discriminatory harassment.

"Our students need to know about this resource," Jones said. "Yes, it's on the internet, but having it on the IDs is just another layer of support for them to have quick access to."

Immediately after Jones emailed UNH Dean of Students John Kirkpatrick about her idea, he connected her with PACS director Dr. Shari Robinson; together, they contacted Dining Services about potentially adding the number onto the IDs.

"The number on the back is the national number," Robinson said. "If someone really was having suicidal ideation, we would want them to call the number which will get them in touch with

the crisis line."

Right on campus, PACS has introduced QPR - short for question, persuade and refer - a program that trains individuals to become identifiers and helpers to someone who may be having suicidal ideation.

Currently, 600 people, comprised of students, faculty and staff, are QPR-trained.

"Say there is a faculty member who is sitting in class with a student over the semester and they observe this student, looking for odd behavior, or off-putting things..." Robinson explains. "It helps that a professor, TA or faculty member, can identify what is going on and give them the correct message and wording to approach them with care and concern."

Robinson stressed that add-

IDs
continued on page 3



Courtesy of UNH

Student Senate Update

4

On the Spot with AXiD president

8

Lunar New Year Dinner at Philbrook Dining Hall

6

WUNH LAME video series launch party at Freedom Cafe

11

Gymnastics narrowly defeats George Washington at home

21

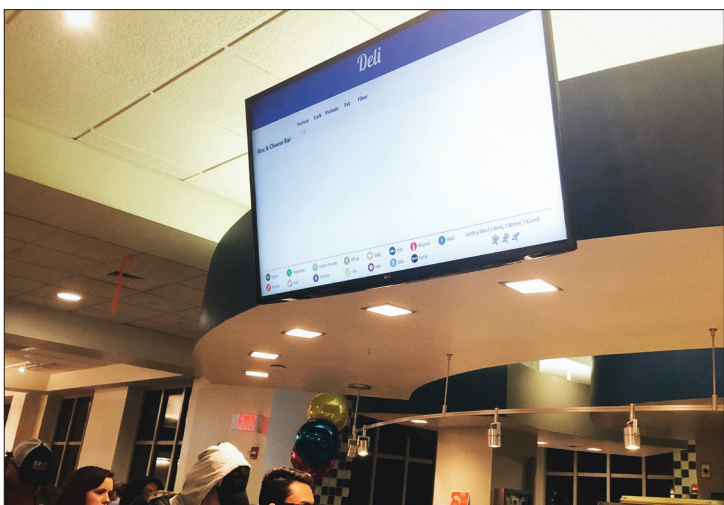


The NEW HAMPSHIRE

est. 1911

INDEX*

Dining halls install new TV menus



5

Campus' dining halls made the change over winter break.

Men's hockey split weekend against Maine



23

Sophomore Charlie Kelleher had two points in Friday's win against the Maine Black Bears.

Daylo sells out the Stone Church

Local five-piece band Daylo sold out the Newmarket venue on the back of their debut EP.

12



Editorial: State of the Union Address

Bret Belden discusses President Donald Trump's delivery of the annual speech.

19

What's the Weather?

Feb. 7

40/35
Rain

Feb. 8

51/19
Rain

Feb. 9

27/14
Sunny

Feb. 10

36/19
Mostly Sunny

Feb. 11

34/14
Sunny

Feb 12

34/28
Mostly Sunny

Feb. 13

42/23
Snow

Weather according to weather.com

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Pats
continued from page 1

pole, tree or even building, while those observing from apartments above added their own two cents through chants of “Go Pats” and “F*** the Rams!”

Minutes before the crowds congested Main Street, the UNH Police Department, Durham Fire Department and law enforcement from nearby towns gathered by the entrance of Libby’s to carefully watch the hundreds of students that would inevitably rush out of both there and the rest of town to revel their hard-fought win. One of the first officers to arrive on the scene, New Hampshire State Police Officer Chris Vetter, made it his job to peer through the glass and watch as the crowd became more and more restless with each passing play. He told *The New Hampshire* that preparations this time around would differ little from precautions taken during November’s World Series mob, which included a line of officers blocking off the street after Scorpion’s Sports Bar and Grill to the right and the Juicery to the left.

“We prepare the same way all the time,” Vetter said prior to game’s end. “We’ve got people in place to make sure that the kids are able to come out, celebrate, enjoy themselves, hopefully behave; then we’ll go about our business.”

Sure enough, when the crowd reached critical mass, the officers moved in and secured a tight border all while observing flying cans, makeshift flags and numerous flashing cameras with watchful eyes. In the meantime, students and community members, regardless of their level of love for the sport or the team itself, shared a powerful and positive vibe that lasted before, throughout and after the hour-long festivity, especially given the significance of the game for the Patriots.

“Honestly, it’s [quarterback] Tom Brady,” psychology and justice studies dual major Conor Phelps said prior to the Main Street gathering, “what [else] can you feel...he’s the greatest quarterback of all time, he’s the greatest captain of any team that’s ever played; and when it comes down to the wire, you can never not

count on Tom Brady...when the Patriots are at the Super Bowl or the playoffs, it’s game over; Patriots are winning.”

Phelps added that he also admires Brady for the way he “coaches” and “guides” his teammates “no matter if you’ve been in the NFL for one year or if you’ve been in the NFL for 20 years.”

Another student, sophomore civil engineering major Dylan Lauer, told *TNH* at the height of the partying he felt “awesome” before proclaiming “it’s a great day to be a Wildcat, yeah!” Lauer, who had also joined in during November’s World Series celebration, said that that celebration was “not as good as now” due to Brady and a larger crowd.

“We are very happy right now; we just won the Super Bowl, I mean, this is something we have been looking forward to for so long,” first-year nutrition major Nicole Parrish exclaimed; “we are true, true, true fans out here.”

Like its baseball-based predecessor just months prior, police ultimately goaded the mob away from its origin by Libby’s before it gradually dispersed, with most students walking down Main Street in the direction of their respective residence halls or apartments, joined by some runners still filled with excitement over New England’s sixth ring.

While another trail of students did make their way down Quad Way toward McConnell Hall and nearby housing, unlike last time, no major crowds formed after the initial mob, with much of the energy dying down over the span of minutes. Despite the lesser festivities, however, the community judged the occasion as a success overall.

“It’s a joyous celebration of UNH students for their hometown team,” Dean of Students John Kirkpatrick said. “...as long as students stay safe, you know, this is their town, too; take care of it. What I’ve seen so far has been really good, a lot of good energy out here.” Kirkpatrick also praised how UNH police and other members of local law enforcement handled the situation, calling their efforts “very well coordinated.”

As of this writing, per arrest logs, UNH Police arrested a total of nine people on Sunday, with four of those arrests occurring during the post-game celebration.

IDs
continued from page 1

ing the number and having the training is especially important now because of the “increase in students that are experiencing suicidal ideation and increase in attempts.”

Sophomore genetics major Makena Green is also advocating for the Mental Health Crisis information to be put on the back of the ID card next to the suicide prevention number.

“It could benefit those people who have a mental health crisis and need assistance right this very second,” Green said. “I would love to get the Crisis Text Line’s number because it’s through text [and easy].”

But the main effort in adding any number to the student ID card is making sure students see it and are aware that it’s on there,

especially one like the suicide prevention number, prompting many, including Robinson, to ponder how to spread the information of the new number to “all pockets” of the university community.

“I would love to see us do more QPR training with students, where we come to a student org, and to get into Greek Life and other student organizations,” she said.

Through that, the community hopes to collaborate to both help those who may have suicidal ideation and spreading related education on the matter to the greater population.

Robinson told *The New Hampshire* that if any student organization or extension of fraternity and sorority life is interested in having QPR training, they are urged to go to the PACS website and fill out a corresponding form under the “Suicide Prevention” tab.





STUDENT SENATE UPDATE

WITH BENJAMIN STRAWBRIDGE

February 3, 2019: Meeting 14 of Session 40

In its efforts to make the most of its shortest meeting of the semester so far, the Student Senate welcomed over half a dozen new members to various committees, on top of pressing the University of New Hampshire (UNH) faculty to address mental health awareness, all before adjourning to catch what would end up being a blockbuster Feb. 3 Super Bowl.

Sunday's sole resolution – R.40.15, entitled “Regarding a Mental Health Syllabi” and brought to the floor by Sen. Luke O’Connell (Congreve 1), Health & Wellness Chair Jenny Hargenrader and former Upper Quad Sen. Isabelle Kapoian – urged Dean of Students John Kirkpatrick to “encourage” all professors and faculty to include a statement regarding mental health, academic success and student wellbeing on all future syllabi; the original statement reads as follows:

“Your academic success and overall mental health is very important. If, during the semester,

you find you are experiencing concerns with your emotional or mental health, please contact the University’s Psychological and Counseling Services (PACS) (third floor, Smith Hall; 603 862-2090/TTY: 7-1-1) which provides counseling appointments and other mental health services. If urgent, students may call PACS M-F, 8am-5pm, and schedule a same day urgent appointment.”

The resolution argued that the new statement embodies recent changes inside and outside of PACS, such as a new director and “increased efforts” to promote same-day appointments, as it strives to shed its previous negative reputation among the student body, stressing that it is now more “socially acceptable and...encouraged to seek help for mental health.” The motion added that the inclusion of the above statement could help remind faculty and staff about “pertinent” information regarding UNH policies and practices related to mental

health.

In their address to the body concerning the updated avowal, Sen. O’Connell said that while most class syllabi presently contain a similar statement, the new statement, crafted over winter break by both PACS and Student Senate, “miscommunication” between O’Connell and upper administration caused the new statement to be passed without the latter’s approval, adding that the motion itself had seen much “rough and tumble” during its development.

Prior to reading the motion to the Senate, Sen. O’Connell amended the motion by adding a new sentence to the original statement, which read that students are “highly encouraged to communicate with faculty and staff about needs if there will be an influence on their academic performance.” Amid deliberation over the resolution, Sen. O’Connell answered yes when Sen. Joseph Ramirez (Non-Resident 8) asked whether

members of the Faculty Senate had seen the motion prior to passing.

R.40.15 ultimately passed the body unanimously.

In addition to the resolution, several senatorial committees welcomed new members to their respective ranks, starting with the Public Relations Committee, which – in an unanimously-passed bill introduced by Director of Public Relations Jonathan Goldberg – gained a new deputy director in Sen. Maria Koch (Sawyer Co-2), a new social media coordinator in Allison Fischer, and two general members in Sen. Michael Brudeau (Non-Resident 2) and Sen. Jonathan Merheb (Stoke 2).

The Student Activity Fee Committee (SAFC) also gained new members when SAFC Chair Joshua Velez used a bill to approve Elliot Greene and Xingyou Chen as its newest At-Large members, which passed unanimously. Chen’s appointment marks the

first time an international student has held a position in the committee.

Student Trustee Christian Merheb took time on Sunday as well to approve Caroline Bibbo as his newest senior policy advisor, through a bill that passed the body unanimously.

In spite of the new additions, the Senate also lost a member on Feb. 3, when it unanimously voted to remove Sen. Mary Davis (Stoke 3) from the remainder of Session XL. Speaker Nicholas LaCourse also announced a delay in the body’s search for a new parliamentarian during his communications, specifying that the interview committee had asked to delay the presentation of the corresponding bill for one more week to make room for further deliberation; former Parliamentarian José Calvo resigned from his position last week for undisclosed reasons.

The Senate, following its own deliberation over R.40.15, adjourned at 4:32 p.m.

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Spilling the tea since 1911

Hop + Grind: A deep dive into burgers and beer

By **Rose Correll**
STAFF WRITER

In Nov. 2018, Chef Bobby Marcotte and his partner, Paul Simbilaris, asked themselves: “what could be better than unique burgers and local beer?” The end result was, ultimately, a resounding “no” as they opened Hop + Grind in Durham, N.H., which serves hand-crafted burgers and local New Hampshire beer, as well as home-made sides, sauces and sodas.

Marcotte began his career in the restaurant industry at age 14; three years later, he became a sous chef. In 2013, he became the executive chef at Tuckaway Tavern and Butchery, a position he still holds today. The Tuckaway Tavern was featured in the Food Network show, “Diners, Drive-Ins and Dives” hosted by Guy Fieri. Later, Marcotte appeared in Fieri’s newest show, “Guy’s Grocery Games: Diners, Drive-Ins and Dives Tour-

nament.” Since Marcotte took leadership of The Tuckaway Tavern, the restaurant has been featured in many publications such as *New Hampshire Magazine*, *Spoon University*, *Hippo* and many more. And it was at Tuckaway where he met Simbilaris and together crafted the idea for Hop + Grind.

The concept is simple, yet out-of-this-world.

“The idea was to reinvent what a burger is... Rather than just the same old beef patty with a bunch of crazy toppings to make them unique, I decided to start with the patty itself and not only use different proteins as a base for toppings I brought the ‘toppings’ right into the grind itself by infusing ingredients during the grinding process and then using complementary toppings to create a uniform flavor profile from top to bottom,” Marcotte said.

What makes Hop + Grind different is the fact that they grind their own meat for the burger patty, so they know ex-

actly what is going into their product.

The process of going to local breweries and choosing beer for Hop + Grind is something that Marcotte enjoys doing. He loves to support local businesses and their efforts, being a local businessman himself.

“The N.H. beer scene is amazing,” he said. “To be able to interact with different brewers and owners throughout this amazing beer community is awesome in itself but then to be able to sample and purchase and support their efforts on the business side and to be able to push their product out to the public and stand proudly behind supporting them is awesome.”

While the concept of burgers and beer is anything but new, Hop + Grind’s methods strive to stand out from the rest.

“By separating ourselves through the entire conceptualization really defines who we are and how we separate. But we have an unwavering dedication to putting out the best quality at

the best value day in and day out at both of our spots which has shined through.”

Putting thought and effort into the beers they serve and the food they serve, rather than letting someone else tell them what they should do is how Hop + Grind attempts to separate themselves even more from other establishments.

Finding the perfect location for a new restaurant is not an easy task. It has to feel right to you and for your brand. Marcotte and Simbilaris spent a year trying to find a home for Hop + Grind. When they stumbled upon 17 Madbury Road in Durham, it finally felt like the perfect home for their creation.

On top of all the above, overseeing two successful restaurants is no easy task, yet Marcotte does his best to split his time between them.

“I’d love to say 50/50 but in reality, with the restaurant business, there is no crystal ball. So, it’s all unpredictable but both spots know I’m there when

needed and that’s important to me,” he said.

Marcotte and Simbilaris are planning to open another Hop + Grind in Peabody, Mass.



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TVs replace menu cards at UNH dining halls

By **Julia Stinneford**
CONTRIBUTING WRITER

The new semester has brought fresh changes to UNH’s three dining halls in the form of flat screen televisions serving as menus above food stations, replacing the cards that were placed next to every station showing the name of the dish and related nutritional information.

According to Executive Director of Hospitality Services Bill McNamara, 37 monitors were installed at the cost of \$13,029.

“Digital menu monitors were identified several years ago as a way to improve our customer service,” McNamara said in an email to *The New Hampshire*.

He said the decision to put them in place was based on feedback the campus’ Hospitality Services had received from guests, surveys and the dining committee, which includes student representatives.

In an age when allergies and various dietary restrictions mount growing concerns for food providers, UNH desired to use these monitors to provide clearer, more accurate information about the ingredients and allergen contents of the food; McNamara stated that the new system “allows us to provide a comprehensive overview” and better assure “the safety and well-being of our guests.”

In addition to taking care of guests with allergies or specific food intolerances, McNamara includes people with religious

restrictions and those making “lifestyle choices” as people that can benefit from the new system.

“More and more students are requesting easy access to information...including [what is] vegan, gluten-free, Kosher style, Halal and vegetarian,” McNamara said.

The practice of having digital monitors serve as menus is not uncommon, and McNamara said they are the “best practice in the industry” to provide patrons with updated, quality information about allergens and nutritional concerns. Televisions being used in the same capacity can be seen at other college campuses in the New England area, such as Boston College.

The changes have been met with mixed views from students. “They’re kind of weird,”

junior Holly Grodt said. “It’s hard to look up at them and be in peoples’ way.”

More than a few students were not aware of the change, including students who were eating in the dining halls while being asked about the monitors such as junior Ethan Letourneau, who said, “I didn’t even notice them.”

“I like them,” sophomore Ryan Vigeant said. “Once people acclimate, it’ll go a lot quicker.”

Meanwhile, junior Ari Faro has other worries about the screens.

“I’m allergic to nuts,” she said, “and on the old cards it would say ‘nuts’ and I’d steer clear, but now with the screen I have to step back and look carefully and it’s harder.”

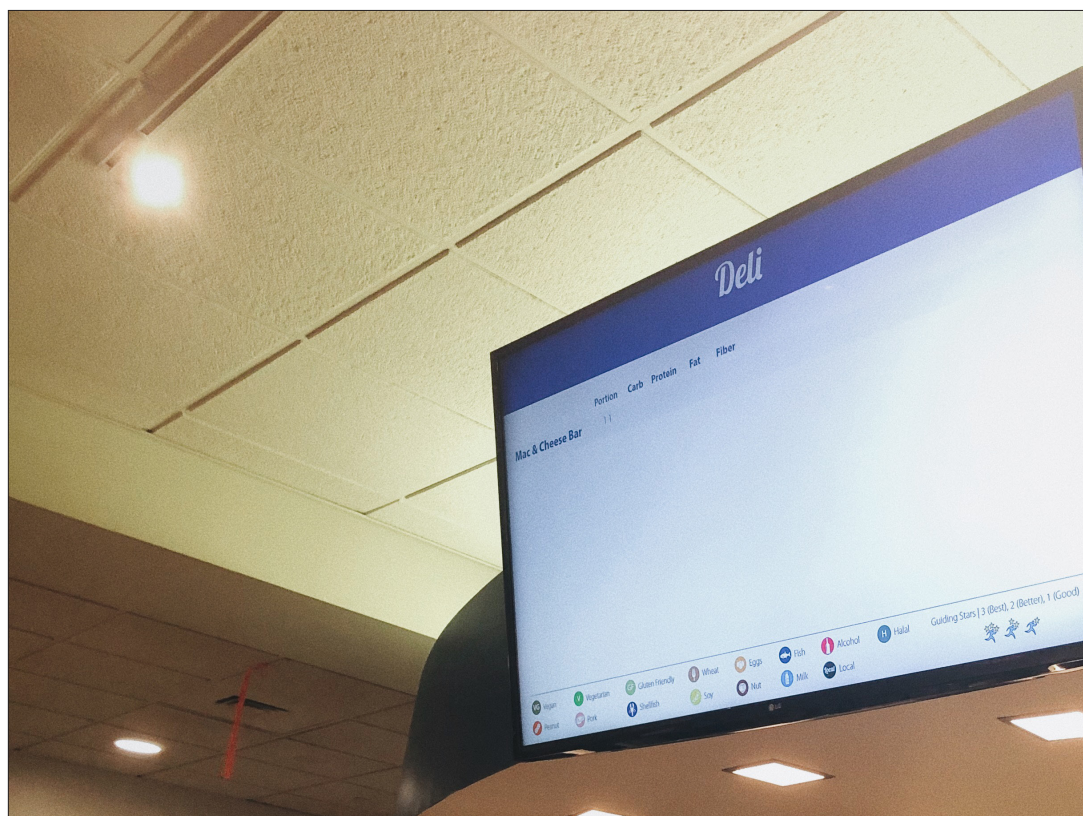
The digital switchover has

also affected people who work in the dining halls.

“People don’t read the TVs...so I get people walking up and asking stupid questions,” Brian Walkey, a sophomore who works in Stillings Dining Hall, said. Despite his concerns, however, he considers the shift to be a positive one, emphasizing how guests “don’t have to go all the way up to see what the food is.”

The price tag on the screens has also raised some student eyebrows.

“It’s not as much as the light-up table, so that’s good,” Faro joked; the table in question, located in Holloway Commons, reportedly cost \$17,000. Despite the expense of the monitor installation, McNamara said that the expenses had no effect on the price of meal plans.



Benjamin Stravbridge/TNH Staff

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Philbrook Dining Hall celebrates Lunar New Year

By **Adrienne Perron**
STAFF WRITER

The annual Lunar New Year Dinner commemorating the Lunar or Chinese New Year took place on Tuesday, Feb. 5 from 4:30 to 7:30 p.m. at Philbrook Dining Hall.

The dinner is in its eighth or ninth consecutive year at Philbrook, according to Philbrook's Executive Chef Zachary Marshall and, in the past, has brought in around 2,000 attendees including students and other community members.

Garry Yabdo, the advertising manager of the United Asian Coalition at the University of New Hampshire, said the Lunar New Year is similar to the United States' Thanksgiving celebration in the sense that friends and fam-

ily gather together to celebrate a holiday. Unlike Thanksgiving, Yabdo said, there are no staple food items that come along with the holiday, for it is more about the celebration than it is about the food.

"It's a time to gather with your family, eat together and share food," he said. "The food is more about the appeal; it would be boring without food, but there is no specific food that you have to buy... it's about the celebration."

The Chinese have spread their tradition of the Lunar New Year to other Asian countries as well as the rest of the world, according to Yabdo.

The love of Asian cuisine among students, community members and Philbrook staff is what first inspired Philbrook Dining Hall to put on the annual dinner, according to Marshall.

"The menu was very Chinese-specific when it was originally developed, since it has grown into a broader Asian influence," he said. "There are Korean, Japanese and Vietnamese items on the menu as well as Chinese food items."

Marshall wrote the menu for the dinner six months in advance and reached out to local vendors for help supplying the dining hall with food items.

"We source through Happy Market, here in Durham," he said. "The owner goes to Chinatown in Boston and New York and gets all of the specialty items that we need for us."

The menu, according to Marshall, was all-around solid. There options for those with certain allergies and dietary restrictions, although Marshall said that many of the food items contained soy, a major allergen. Marshall plans to

focus more on incorporating food items that are soy-free next year.

First-year environmental science major Catherine Slayton had dinner at the event. Slayton said that she loves Asian cuisine and enjoyed the crab rangoons.

"It's cool that UNH celebrates culturally diverse events so that students can try new, different food items," she said.

Another crab rangoon fan, Tarun Anand, thought the dinner was very different from what one might typically eat at Philly.

"It's [good] that UNH is trying to celebrate everyone else's culture," the junior chemistry major said. "It's pretty diverse."

Unlike Anand, Yabdo said he appreciates that Philbrook celebrates Lunar New Year but hasn't seen many major differences between the regular Asian cuisine in the dining hall's menu and the menu for the Lunar New Year din-

ners in the past.

Food items that appeared at the dinner included ginger scallion noodles, Korean braised beef, sesame ginger bok choy, vegetable egg rolls, Cantonese roasted duck, matcha cake, fried mantou and milk, amongst others.

Another Lunar New Year celebration that is put on by the United Asian Coalition will occur at 5:00 p.m. in the Granite State Room in the MUB on Sunday, Feb. 10. Dinner, featuring Chinese, Korean and Vietnamese food, will be served and there will be performances by the Boston Dragon Performers, Bamboo Stick Dancers, and UNH's K-Pop dance crew.

"The event is about celebrating with friends," Yabdo said.



Mikayla Mallet/ TNH Photographer

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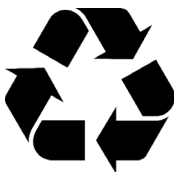
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On the Spot

with Alpha Xi Delta President Cassidy Bartlett



Courtesy of Cassidy Bartlett

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Mondays at 8 in MUB 132

By Zach Lewis
STAFF WRITER

Cassidy Bartlett, a business administration junior from Gilford, New Hampshire, joined the Alpha Xi Delta sorority during her sophomore year at the University of New Hampshire (UNH). Today, in an organization that boasts a total membership of over 200 students, she serves as its recently-elected president.

"[In] my freshman year, I didn't find anything that made me feel like I fit here," she said. "I felt as a freshman that I was running around, not knowing what to do."

Throughout her first-year at UNH, Bartlett played on several intramural sports teams, which indirectly led to her involvement in Alpha Xi Delta.

"I played co-ed flag football and basketball; it was a lot of fun," Bartlett recalled. "I was on a team with a girl that was in Alpha Xi Delta and she became a really close friend. She kept telling me to go through the recruitment process and I did and I loved it."

With additional accomplishments ranging from her membership in Varsity Club to her role as treasurer of Gilford High School's National Honors Society, Bartlett has always taken an active role in her life.

"I love being involved, I always have been," she said. "Through my high school clubs, I was on executive boards for most of them. When I didn't have that my freshman year, I think I knew exactly what was missing."

Bartlett's ascension to her sorority's presidency is not her first firsthand encounter with leadership in Alpha Xi Delta: she was elected to the organization's executive board her first semester in the organization.

"When I became a new member and then a sister I immediately ran for a position and I was elected to the executive board as the Panhellenic Council delegate," she said, adding that such experiences granted her new opportunities to meet new people. "I got to know Jamie Silverstein, the Fraternity and Sorority Life director, really well. She's awesome and really personable. She helped me realize that where I want to be is making a difference in my sorority."

Bartlett's previous time on Alpha Xi Delta's executive board allowed her to watch and learn from her predecessor.

"We're really close friends, she's been very helpful so it's

been easy to transition into this role," she said.

Bartlett's constant comradery with her sisters has made the Alpha Xi Delta house her home away from home.

"I could sink into the couch and finally relax at our house. If you got the chance to sit in there you'd understand. The culture we create inside is very special. There are good vibes all the time," she said.

Bartlett stressed that such positive energy fuels their philanthropy.

"Our philanthropy is Autism Speaks. We do a 5K in the spring and we do Karaoke for the Cause in the fall. We did the 5K for the first-time last year and we raised a ton of money," she said.

Alpha Xi Delta raised over \$7,000 last year for Autism Speaks, and also put on smaller events throughout the rest of the year, including ones with other sororities and open to all UNH students.

"It's nice when other people decide to come. People think about it as two different worlds but we invite everyone to our house," she said.

Alpha Xi Delta works with non-Fraternity and Sorority Life organizations as well.

"We worked with the Autism Awareness group on campus [Autism Speaks U] for our 5K last year and we're working with them again this spring. I think the more people we get involved the better," she mentioned.

Bartlett emphasized her need to strike a balance between school, presidential duties and work.

"This semester I'm taking five classes and I'm working part time as well," she explained. "I'm a nanny for a family in Dover. They're very accommodating, an amazing family. I'm one of those people that loves being busy. It gives me a very structured day which I really like. It makes me get things done and allows me to pace myself. I definitely have found this balance between taking on a lot and still making school a priority."

Bartlett previously worked for the Collection Management Department at Dimond Library her first year at UNH, and is looking to start a chapter of the American Marketing Association on campus as well.

All of this work requires discipline.

"My New Years' resolution was to get up every day at eight in

the morning. I make a lot of to-do lists. I have so many things on my plate," she said.

A typical day last over 13 hours and involves work, school and all of the duties required of a president.

"I think my overall role, and my most favorite role, is being a resource for all of the members," she said. "The sisters are just as busy as I am so I think it's super important to listen. My job is to care for every person in the organization. People go through a lot and sometimes they need to say that they're stressed and need a break. There definitely is a culture of care in our organization. My job isn't just to care for the functions of the organization but the personal needs of the members as well. You need to care for everybody because they are going to drive your success."

Staying caught up on school work is another aspect Bartlett focuses on.

"In our basement we have a huge study room. It's nice that our study room is so open. There are a bunch of tables, it's very helpful," she said.

Bartlett, in spite of her achievements and personal drive, stressed that none of it would be possible without the support of her sisters.

"I have an extremely amazing executive board who are willing to take on anything," she said.

At the same time, Bartlett understands the realities of a world beyond the sorority house.

"We require all of our women to stay involved with one activity outside of Alpha Xi Delta on campus. You can't dedicate everything to Alpha Xi Delta. There are other things out there that are important too," she said.

On top of being so busy, Bartlett has big goals for Alpha Xi Delta.

"One goal that I have is to definitely push past all of the things we've done. We have a \$10,000 goal for Autism Speaks that I want to exceed," she said.

Bartlett has bright expectations for the future and expressed excitement in her chances to make her visions a reality. For her and her many, many sisters, improving Alpha Xi Delta and preserving its traditions are their top priorities.

On the Spot

with former UNH quarterback Ryan Day



By Douglas J. Rodoski
CONTRIBUTING
WRITER

On New Year's Day, Urban Meyer guided Ohio State to a 28-23 victory over Washington in the 105th Rose Bowl. He now hands the keys to the legendary football program to the University of New Hampshire's very own Ryan Day.

"You're handing off to a guy that can make it stronger," Meyer said of Day in a recent interview with ESPN. "And so, I'm very much at peace about that."

Day, who serves as an offensive coordinator for the Buckeyes, graduated from Manchester Central High School in 1997. According to the New Hampshire union

leader, he threw for 4,099 career yards, 57 touchdown passes and led his team to a state championship. He was also named Gatorade Player of the Year in New Hampshire in 1996.

Per unhwildcats.com, Day set nine Wildcat records as the quarterback in Durham, including career marks for pass completions (653), touchdown passes (53), completion percentage (59.9 percent) and total offense (8,492 yards).

Chip Kelly, now the head coach at UCLA, worked as a Wildcat assistant coach for 14 seasons (1992, 1994-2006). Kelly, also a student athlete at Central and UNH, was the offensive coordinator in Durham when Day was the quarterback. Day's coaching

resume includes assisting Kelly with Philadelphia Eagles and San Francisco 49ers in the NFL.

According to lettermenrow.com, Day helped quarterback J.T. Barrett regain his old form in his first year on the job in 2017. With Day as offensive coordinator, Barrett posted career bests in completion percentage, passing yards and passing touchdowns. Day was promoted from co-offensive coordinator to offensive coordinator after the 2017 season.

At Ohio State, Director of Athletics Gene Smith final decision-making authority in the search for the new gridiron coach. There were four candidates in the running for the position of 25th head coach at Ohio State.

What distinguished Day in

the selection process?

"He understands our higher purpose, which is the total student-athlete development strategy," Smith said. "He understands the profiles of the student-athletes we need to recruit. And the reality is we have a strong infrastructure in place that I know that he has embraced and will continue to embrace."

"[Ryan] has confidence, passion. He has the perfect demeanor for our environment. He shares the values that we hold so dear: Integrity; education; excellence; people-first; respect; and tradition," he added. "His diversity and his background and his experience have uniquely prepared him for this opportunity. He's a good human being, good family

man and we're blessed to have him as our next head football coach, Ryan Day."

Day's interpersonal skills should be a key to the programs recruiting process.

"Ohio State awards 85 football scholarships, the same as every FBS school provides," Jerry Emig, the associate director of Ohio State Athletics Communications, said. "The football program recruits from Ohio, and nationally."

The Ohio State Buckeyes roster currently features six quarterbacks, which includes two freshmen and three sophomores. Fans will be intriguingly tracking their development, along with the entire team, under the tutelage of one of UNH's own.

with Paul College Entrepreneurship Center

By Valeriia
Kholmanskikh
STAFF WRITER

The Peter T. Paul Entrepreneurship Center (ECenter), located at 21 Madbury Road, is what its Executive Director Ian Grant calls "the heart of ideas, innovation and entrepreneurship." Open to all University of New Hampshire students, it is a popular spot for the development of original entrepreneurial projects and solutions.

The ECenter is designed for collaboration: a CubeX Coworking Space provides quiet and neutral environment for teamwork, while the Maker Space, furnished with 3D printers, supplies everything needed to shape theoretical ideas into physical form. A conference room and training room allow for presenta-

tions and training sessions while being conveniently located next to the Caffeinator Coffee Bar provided by NOBL Coffee, a company established by UNH alum Connor Roelke.

"Students can break out of their comfort zone, explore things and meet different kinds of people," Grant said. "They're going to meet students from CEPS, from COLA, from Paul, from COLSA and really start to work together on ideas and explore ideas."

The ECenter makes working on an idea an easy process, providing assistance to students on every step of the way.

"It's a really fun place, there's a lot of freedom, we provide any and all level of support to help people do things, and then they meet a wide range of really cool, fun students," Grant

said.

Grant urges students to start by visiting the Entrepreneurship Club, which meets every Monday at 5:00 p.m. in the ECenter Training Room. Students with ideas are encouraged to schedule time with Grant to discuss them.

"That's the hardest thing to do, to get students to come here for the very first time," Grant said. "95 percent of them keep coming back."

Students seeking ideas but interested in working in a start-up environment can take advantage of the ECenter's variety of programs, such as a Start-Up Career Fair, Sales Bootcamp, 3D Printer and a Laser Cutter Open House, among many others.

"What we try to do is to have programs in place to help students, whoever they are, in their process," Grant said.

Students participating in ECenter programs gain skills in working in a start-up environment. According to the ECenter website, "over 10,000 University of New Hampshire alumni have founded, co-founded, or run their own companies around the world."

Even if students' ECenter experiences do not result in a start-up company or a breakthrough project, the experience can still be valuable in a variety of life aspects.

"Ultimately, if a student can see problems and come up with solutions for those problems, and test it, if they never get a start-up company in their career, it's okay," Grant said. "That skillset is probably more important than any other skillset you can get from UNH. The companies are looking for that, they want that

creativity, that insightfulness, that curiosity, so we try to help nurture and grow that."

The ECenter is open Monday to Friday from 9:00 a.m. to 5:00 p.m. More information can be found on ECenter website, www.unh.edu/ecenter.

Please



Recycle

Study released detailing sexual harassment at work

By Benjamin Strawbridge
NEWS EDITOR

The University of New Hampshire's Carsey School of Public Policy recently released a report on Jan. 30 detailing the frequency of sexual harassment in the Granite State's workforce, highlighting how over half of women surveyed had experienced sexual harassment at work.

The brief - authored by Research Associate Professor of Sociology Kristin Smith, Prevention Innovations Research Center (PIRC) Executive Director of Research Sharyn Potter and PIRC Executive Director of Practice Jane Stapleton - discovered that 52 percent of women surveyed, and 22 percent of men have been victims of sexual harassment at least once in their lives, with the majority of men (13 percent of male participants) reporting "offensive remarks" made at or about them concerning their appearance, body or sexual activi-

ties and most women (24 percent of female participants) citing being "stared, leered, [or] ogled" at work most often.

Additional findings concluded that most workers of both genders were most likely to face "anxiety or depression" as consequences of workplace sexual harassment, as found in 27 percent of women and 19 percent of men. Twenty-one percent of women and 17 percent of men, meanwhile, reported them quitting their job altogether in the wake of harassment. Harassment also caused 12 percent of female and eight percent of male respondents to face additional "financial stress," and caused another 12 percent of women and 10 percent of men to feel "bad" about themselves.

"I think the thing that is most striking is that about one-fifth of workers who have experienced sexual harassment at work quit their job after that experience," Smith said. "So this really is a wake-up call to employers because, you know, if one-fifth of workers are leaving because of an experience that happened in the

workplace, it's something they may want to pay attention to."

Smith, who also works as a family demographer, said she frequently investigates women in the workforce and how they are impacted by various work environments and work-and-family policies, calling the report a "natural extension of that work."

Potter, also a sociology professor at UNH, said that while the results were not "surprising," they still served as a sign of how "prevalent" sexual harassment and its negative consequences are in New Hampshire's work environments.

"I think, for years, many of the people doing this research knew how prevalent this problem was...and how many people have changed jobs because they worked in hostile work environments, sometimes taking jobs that don't [utilize] their [education and] skills, leaving jobs they love because it's just really uncomfortable," Potter said, "and I think the past 18 months to two years have really shown how prevalent this problem is nationally both

for men and women, and we decided we wanted to see what was [happening] in New Hampshire [workplaces]."

Smith told *The New Hampshire* that she and the other authors hope for the Carsey report to serve as a launch point for further research down the road that could result in the creation of a national survey featuring similar questions with results that can add to the "national dialogue" on sexual misconduct.

"But [with] this survey, one of the hopes is that it would start a dialogue in the state [of New Hampshire] to talk about these issues," she said.

"I think one of the things is that people really don't understand [are the power] dynamics inherent in sexual harassment, and don't [realize]... both the acute and chronic implications of sexual harassment," Potter said as she echoed Smith's calls for increased conversation on the topic of sexual harassment. "So you can think about somebody who's finally made it, they're in their dream job, they're in their

30s, they have a family, the salary's really good and the job is amazing; but there's this person [in their workplace] who is saying horrible things, doing inappropriate things to them, and so many of these people decide to leave because they can't tolerate [the harassment]...and they often go into lower paying jobs and jobs that don't use their skills. So, as employers, we're losing this great brainpower [and skillset] in our workforce."

The researchers stated that the brief's founding questions were issued both in April and June 2018 as part of the Granite State Poll, a quarterly-issued statewide public opinion poll based out of the UNH Survey Center; Smith added that issuing the survey twice helped the researchers increase the size their sample pool. The survey featured a survey size of 989 participants, consisting of 577 men and 412 women.



Kristin Smith/Courtesy of carsey.unh.edu



Sharyn Potter/Courtesy of cola.unh.edu

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Caleb Jagoda / TNH Staff

7 February 2019



WUNH-FM's L.A.M.E. video series spotlights local artists

Benjamin Strawbridge / TNH Staff

By Benjamin Strawbridge
NEWS EDITOR

Local talent, high hopes and a packed crowd of students and community members converged at the Freedom Café on Friday, Feb. 1 for the premiere of WUNH-FM's new "L.A.M.E." video series and its corresponding launch party.

Over 70 people in total attended the event, which ran from 7:00 p.m. to 10:00 p.m. and kicked off with several in-town musicians, ranging from students like junior linguistics major Tom Carlson and WUNH Events Manager Rachael Moss on ukulele to bands like Phatt James and headlining act Daylo, who closed out the night's lineup. Throughout the night, the café and its student volunteers supplied its normal menu during extended operating hours while snacks included crackers, jelly, grapes and cheese.

Following two hours of local performances, a brief series of technical snags did little to stop Moss from presenting the first of several previews of "L.A.M.E." projected to the slightly-elevated stage in the back of the café's lounge area. Short for "Local Area Music Experience," the WUNH video

series, according to Moss, focuses on music videos showcasing local bands as they perform live on air in the station's recording booth. She added that she, working with members of *The New Hampshire* and a "lone wolf" named Owen Scott on the series, were inspired by shows like "Tiny Desk Concert" on NPR and similar shows.

"...because there is such a local music scene at UNH, we wanted a way to sort of expose it to the public [as] a way to communicate it to the community," Moss explained. "And so, we've been putting together music videos... I wanted to be able to have people know what we are doing before it was over; unfortunately, the majority of us are seniors, so we're trying to establish a legacy that will continue once we're gone."

While Moss, the event's organizer, said she expected some attendees at the launch party, she expressed pleasant surprise at the larger-than-anticipated turnout, even when many of them were some of her close friends and cohorts.

"I know a lot of the faces in here, and the fact that I don't know faces in here is also very inspiring," Moss told the crowd at the event's start, "means that the word travelled beyond my own

mouth, which is pretty cool."

Moss' boss, WUNH General Manager Ariana Lemieux, a senior Russian and international affairs major, told *TNH* that another source of motivation for the new series came from internal technological upgrades in the form of a new \$2,000 mixer purchased by the station to "enhance what we are already doing with bands to allow them to play how they want to play and allow us to really keep up with the times technologically-wise."

Lemieux also took time during the event to both thank Moss for her new series and overall commitment to the station as events manager and stress the importance of increasing public awareness for local music.

"...unless you know a very select amount of people in the music industry in local areas, it's very hard to get exposed to really good local artists," Lemieux said. "So, having events like this and having programs like this, like L.A.M.E. productions, really encourages people to branch out their music tastes and see what's physically around them and broaden their horizons that way."

One such local artist is Matt James, a lead member of the band Phatt James

who, on top of his group and solo musical ventures, works at the Cooperative Middle School in Stratham, New Hampshire. While part of his love of music stemmed from what he recalls as friendly jealousy of his brother's guitar skills, his main inspiration for learning music came after he felt successful yet unfulfilled in his studies.

"I was at a Duchess in Connecticut, one of those, you know, fast food joints; and I was there with my mom, and we were having a little chat, and I was in the journalism major... and I was crushing it there; but, I don't know, something was missing and I felt it."

His eagerness to explore other professions eventually led him to form his current band, named after him and based on a picture of him from middle school as a "very hefty kid." By contrast, his current solo project name is "Slim Cut."

L.A.M.E.
continued on page 14



Sophia Kurzius / TNH Staff

Daylo shines at The Stone Church



Courtesy Tasting Table

Sandwiches galore

Book review: “I’ll Give You the Sun” remarkably taps into the human condition

By Rose Correll
STAFF WRITER

In a world that is constantly changing, author Jandy Nelson writes the perfect story to help readers realize that they are never truly alone, especially in the face of tragedy. “I’ll Give You the Sun” is a novel that everyone can relate to on some level. Nelson follows the story of twins Noah and Jude as they deal with the aftermath of a tragedy that falls upon them and finding out who they want to be. This is not your typical coming-of-age story packed with teen drama and gossip. “I’ll Give You the

Sun” is truly a remarkable read.

Jude and her twin brother, Noah, could not be closer. Noah is an artist who by the age of 13 begins falling in love with the boy next door. Jude is a cliff-diving daredevil who wears bright-red lipstick and speaks for her and her brother. Something tragic happened three years later that causes the once inseparable siblings to be barely speaking to each other. The novel is split between the twins’ perspectives. The early years are told by Noah while the later years are from Jude’s point of view. Neither of them realizes they each

have only half of the story. If they find their way back together, they can piece their world back together, too.

I first picked up this novel in my junior year of high school when my English teacher picked it for our monthly book club. At that stage of my life, young adult novels were not really my thing, but I trusted her judgement. The first few pages instantly drew me into the mind of Noah and the emotional journey he was taking. In my opinion, what makes Noah so relatable is the way he internally and externally works through finding his identity and how

he wants to be seen. Jude is a character that a lot of us can connect with because she appears confident on the outside but is suffering on the inside. Even if you don’t have a twin or sibling, we all have that one person who is supremely confident, yet sometimes those relationships fall apart. Jude and Noah’s story reminds us that no matter what, we all need that person who will support us through anything and everything.

Rereading a book is not something I typically do, but “I’ll Give You the Sun” is one that I would read multiple times over, and one I’d recommend to anyone.



Courtesy Jandy Nelson

Courtesy Beard Music Group / Caleb Jagoda

Newsroom Noise

What would News Editor Benjamin Strawbridge’s rap name be?

Steve - Ben

Ben Dover - Sam

XXXBentacion - Ian

Hoodrich Ben - Kevin

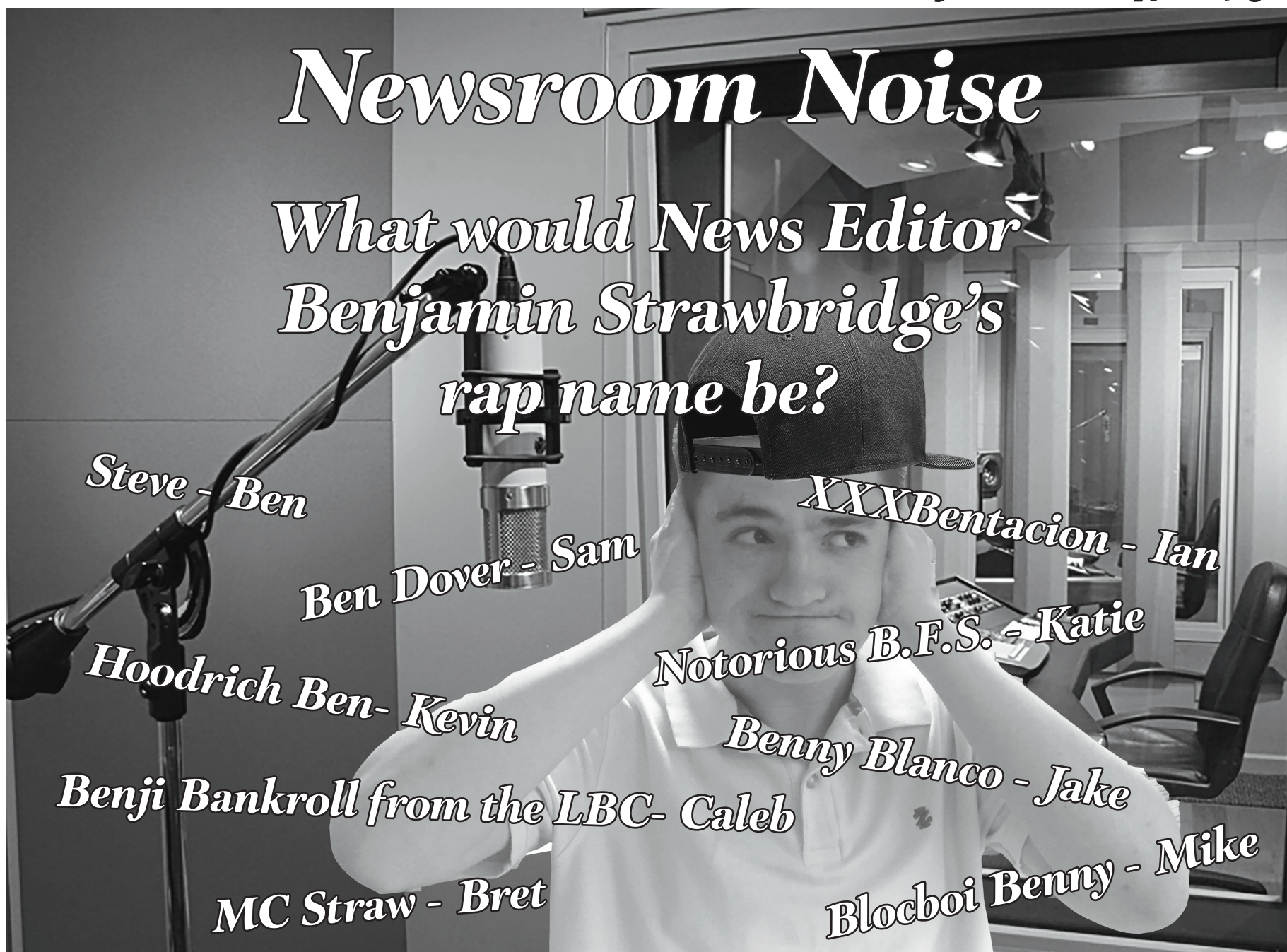
Notorious B.F.S. - Katie

Benji Bankroll from the LBC - Caleb

Benny Blanco - Jake

MC Straw - Bret

Blocboi Benny - Mike



Daylo sells out the Stone Church

By Emily Duggan
STAFF WRITER

Daylo, a five-piece band comprised of students from the University of New Hampshire (UNH), sold out Newmarket's Stone Church on Thursday in anticipation of releasing their debut EP.

Thought it wasn't Daylo's first time performing at the venue, according to keyboardist and junior outdoor education major Chase Retrosi, the show was projected to be their "biggest crowd yet and definitely the best."

The band has acquired quite the following at UNH and surrounding towns, resulting in one or two shows a month for the group who will be celebrating their one-year together this March. For this show alone, 173 people RSVP'd via Facebook.

The outcome was one that sold out the Stone Church's capacity by 10:20 p.m., 10 minutes before Daylo hit the stage. Late students were turned away at the door.

"Everyone you know is going," senior recreation management and policy major Alex West said.

"I've wanted to go for a while, and finally went because all my friends were," she said, adding she has heard good things about Daylo in the past.

She also wanted to support her friends, Retrosi and guitar player Nick Paul, whom she was a PAWS (pre-orientation) leader with.

West's friend, senior biomedical science major Madison Jones, went as a way to "get off campus" and "see familiar faces," whom she said she recognized everywhere.

The band started their performance with a new song, "In Crush." Instantly, the crowd welcomed back the band they missed over winter break – their last show being the weekend after Thanksgiving break.

Sophomore journalism major, Caroline Fitzgerald, had never seen Daylo

before, but after the first song, she said she "felt alive."

One of the band's arguably more recognizable songs, "Sister," resulted in a mosh-pit and crowd surfing of several people. Some students were even singing along to the lyrics lead singer, Sophia Kurzius, a junior journalism major, wrote.

The band performs mainly songs they have written themselves. They sang seven songs that were written by them and did three covers – "So Tired," by Crumb, "Can't Take My Eyes off of You," by Frankie Valli, and "Benny and the Jets," the famous Elton John song.

"Benny and the Jets" was dedicated to Daylo's friend, Ben Bursell, who recorded their EP (a five-song mini-album) that was set to be released Thursday, but was involved in a car crash that resulted in a push back of the release, Kurzius explained to the crowd.

Together, Daylo Facetimed Bursell from the hospital, showing the crowd his smiling face, to which the phone was then taken by an audience member and passed around, so he could enjoy.

After the fact, Kurzius said that Bursell was "so happy" by the gesture.

Following the impromptu Facetime, Daylo performed a handful of additional songs, but by the end of their tenth, Retrosi yelled "now get out of here!" The crowd dispersed at 11:30 p.m. and the band said their goodbyes.

"The crowd had good energy and that helped [me] feel electrified," Kurzius said. "It's a crazy feeling seeing people singing along," she said about the show.

"It went awesome," Retrosi agreed, staying true to his statement before the show started.

Daylo's next performance is next Friday at the Memorial Student Union's (MUB) Entertainment Center for MUSO's Battle of the Bands.

Sophia Kurzius is a staff writer for The New Hampshire.

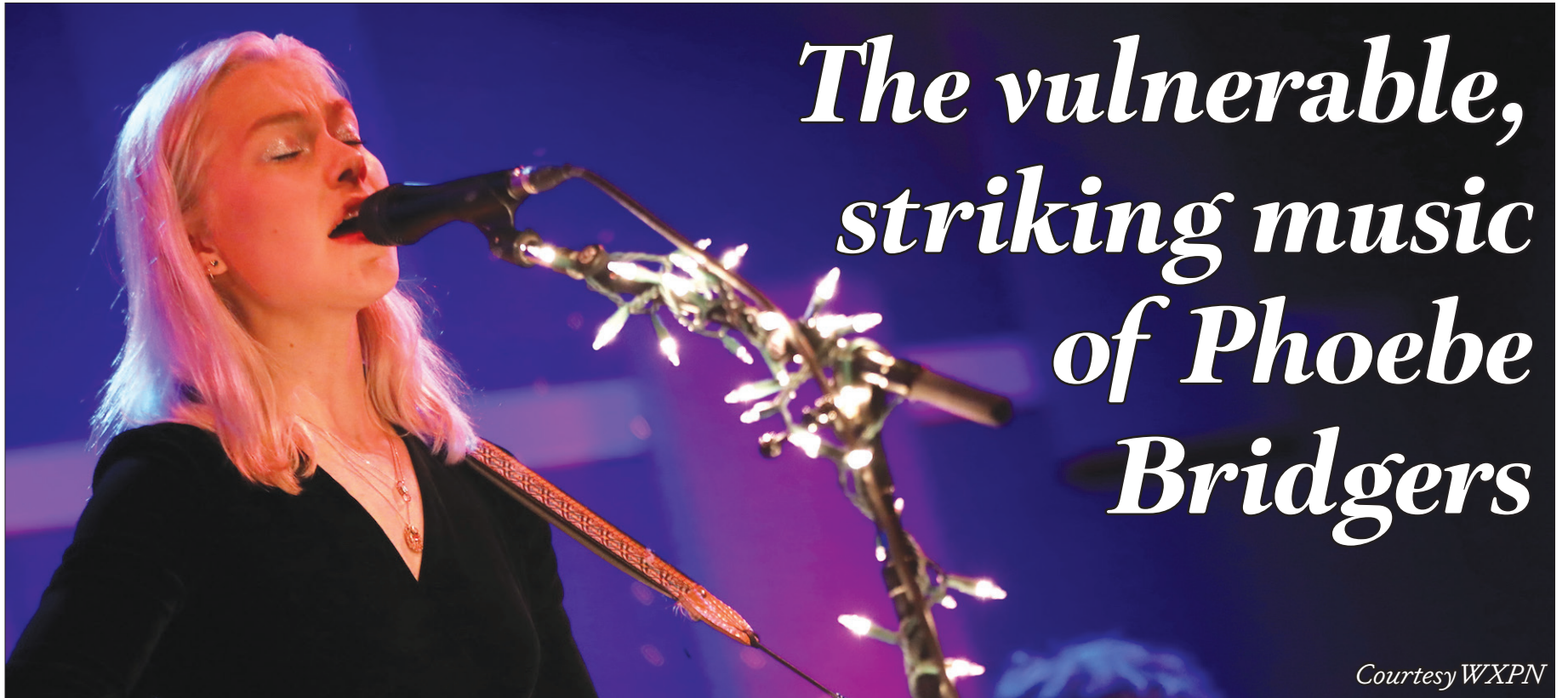
Emily Duggan / TNH Staff



Emily Duggan / TNH Staff



Courtesy Daylo's Facebook page



The vulnerable, striking music of Phoebe Bridgers

Courtesy WXPIN

By **Sophia Kurzius**
STAFF WRITER

Phoebe Bridgers, equipped with her haunting voice, vulnerable lyrics and heart wrenching melodies, has entered the music scene as a fresh and unstoppable force of purely captivating talent, and she's only just getting started.

Bridgers released an EP "Killer" in 2015 and quickly secured a place of respect as she emerged as a developed artist onto the LA music scene which she had grown up surrounded by, and was even dubbed the female Elliott Smith by critics and fans alike.

Bridgers released her debut full length album "Stranger in the Alps" in September 2017. A little over a year later, Bridgers swiftly created "boygenius," a musical supergroup with fellow artists Julien Baker and Lucy Dacus, releasing their self-titled album in October 2018.

I was writing this piece when Bridgers announced that she, along with Conor Oberst of Bright Eyes, had formed the band "Better Oblivion Community Center," releasing a surprise self-titled album. Her audience continues to grow, with Better Oblivion Community Center selling out the music venue The Sinclair in Cambridge, Massachusetts in under 15 minutes.

It's rare to encounter an artist devoted to fully immersing themselves in their art, and Bridgers clearly has allowed herself to become consumed with every project she undertakes; you can hear her unmistakable presence in each moment of every track

she creates.

"Stranger in The Alps" itself is a delicate balance of catchy hooks with dizzyingly sad lyrics. Bridgers pours herself into the songs, whispering to the listener as if we were having a conversation with her. With that, some songs feel almost unfinished in comparison to the perfectly balanced songwriting and production of gorgeously melancholy tracks such as "Smoke Signals," "Funeral" and "Motion Sickness."

Her lyrics draw you into her world, both shockingly intimate and incredibly straightforward, as if she's telling stories that she's never spoken out loud before.

"Funeral" comes in with a large swell of heavy guitars, paired with her sweet voice whispering to the listener, "I'm singing at a funeral tomorrow for a kid a year older than me, and I've been talking to his dad

and it makes me so sad, when I think too much about it, I can't breathe."

"Motion Sickness" hooks the listener with its juxtaposed lyrical-rawness and dance-worthy production, with a chorus featuring Bridgers crying "I have emotional motion sickness, somebody roll the windows down."

Bridgers appears to be immune to whatever creative void most artists can't help but fall victim to after releasing a piece of work as emotionally tolling as "Stranger in the Alps" feels.

Clearly feeling no confinement to the limits of remaining a solo act, Bridgers quickly went on to release boygenius's self-titled EP with fellow musicians Baker and Dacus. Bridgers along with Baker and Dacus, who each respectively have their own careers, albums and NPR Tiny Desk Concerts, collaborated to create a

collection of harmony heavy, lyrically exposed and devastatingly visceral tracks.

On Better Oblivion Community Center's self-titled LP Bridgers and Oberst are effortlessly cohesive, sounding more like one unison vocal presence than a duet. With an eclectic mix of synth pop, depressingly insightful lyrics and songs that delve into the experience of alienation in an increasingly desensitized society, the album feels stylistically unique yet comfortably familiar for fans of both Bridgers and Oberst.

In an endless sea of new folk music, it is the all-encompassing atmosphere which Bridgers' songs contain that makes her so distinctively captivating to listen to. She has the ability to create such an aura to her songs, that even in covers, such as her version of "Friday, I'm in Love" on a Spotify Session, or "You Missed My Heart," a cover by artist Mark Kozelek under Sun Kil Moon, the addition of her harmonizing "ooo"s create a reverberating background that add even more depth to the gentle and eerie sadness that exudes from her voice.

You can truly recognize a Phoebe Bridgers song anywhere.

With a current Instagram caption that reads "the artist currently known as phoebe bridgers," Phoebe Bridgers reminds everyone that even if the mesmerizing honesty of her music makes you feel like her closest friend, she has no promises of remaining in a box.



Courtesy Band Camp Daily

L.A.M.E.
continued from page 11

While the band's sound and styles have changed over the years – ranging from 90s'-inspired grunge to its more recent hip-hop-inspired performances – James emphasized the consistent impact

music and chances to perform at events like the L.A.M.E. video launch party have had on his life and motivation to improve himself through music, calling its effects "cathartic."

"You know how people like you see in interviews where people say, like, 'music saved me,' and all that stuff?

Like, I always saw that and I always thought of myself like, 'oh, I'll never be one of those types of people...' not in a bad way, just, like, I never thought I'd ever see myself saying 'music saved me.' It wasn't that strong," James said. "And then, I went through some events in my life that made me really down,

you know, and really, really sad and really, just... low.

"Music has just been such a natural thing, it's just so cathartic for me," he added, "and it really has saved me these days; it's made me excited about life."

Courtesy *The Vintage News*

My Mt. Rushmore of Sandwiches

By Caleb Jagoda
ARTS EDITOR

I love a good sandwich. And when I say “love,” I truly mean that.

There are few things I look forward to more than a devilishly-enticing sandwich that has the potential to satiate and satisfy my salivating taste buds with a punch in the mouth via Flavortown. This is no light statement coming from me; I consider myself somebody who loves life and all of its varying and expansive elements to the fullest extent, so for me to get down on my knees and praise the sandwich as one of the top things on this Earth is kind of a big deal (yes, I’m referencing “Anchorman”). Yet, what I consider to be a bigger deal is the variation that a mean sandwich can offer autonomously.

The sandwich is an ethereal creation given to us by none other than a divine being (the first sandwich was actually created by the Earl of Sandwich, John Montagu, and I believe he should take Jesus’ place as the only heavenly form to ever walk on this Earth) and it should be regarded as such. As *TNH* Managing Editor Ian Lenahan said last year in an op-ed, it’s deserving of an ode, and then some. Those two slices of bread, with their tricky and deceiving countenance, can be manipulated and crafted in such a variety of creative and innovative ways. That mysterious middle – oh, what a sweet mistress she can be – can take the thesis of the holy sandwich’s dissertation in so many different, flavorful ways.

This isn’t an Ian-style ode to the sandwich like last year; no, this has much more personal bias and is another attempt to honor the sandwich’s pristine legacy. This is my Mt. Rushmore of Sandwiches: my favorite four sandwiches I’ve ever eaten in my entire life. This wasn’t an easy list to make, but let me ask you this: was the Declaration of Independence an easy document to create? Answer that question, and you’ll understand the stress I’ve been under trying to give each and every sandwich I’ve ever enjoyed its just deserts.

The best I could do is to celebrate four, and while you either may not

agree with my list or may not have tried each sandwich on the list, the least you could do is respect the list for the sake of the sandwiches themselves. It’s about time we give the sandwich its roses; if we wait too long, we all could be eating holographic meatloaf like Plankton and it’d be too late.

Grandma Lily’s Sloppy Joes

My Grandma Lily makes a hell of a sloppy joe, and this is probably (definitely) an understatement. The awe-inspiring meat that constitutes this one-of-a-kind sloppy joe sits in between sesame seed buns, which do their part as a sweet and delicious compliment to the *crème de la crème* of sandwich fillings. That filling, which rests between those dastardly delicious buns, contains a seasoned ground beef that could drive even the sanest man to the madhouse in one bite. The savory ground beef is plump with spices, juices and a desire to be instantly housed. Bits of the moist meat contain a lingering tangy flavor and a succulence that will inevitably drip down your forearms by the end of the meal. This sloppy joe interestingly offers quite the contradiction; its veiled nature shouldn’t taste half as good as it does, as the lumps of meat don’t reveal their true magnificence until they explode onto your taste buds like little machine guns of zest.

Grandma Lily’s Sloppy Joes are simple, to die for and most of all, make you want to eat a bare minimum of four sandwiches in one sitting. All I can say is thank you, Grandma Lily, for blessing my life and the rest of the Jagoda’s lives with one of the best sandwiches known to man. If you haven’t tried Grandma Lily’s Sloppy Joes, which I’m guessing about 99.9 percent of you haven’t, seeing as I’ve never noticed any of you at my family gatherings, your quality of life is significantly worse than mine and I holistically consider myself a superior being for having tasted this sloppy elixir of life.

The Hot Foot Clubfoot Sandwich at the Staggering Ox in Helena, Montana

I’ve only tasted this delicacy of a sandwich once (which was over winter break), but if you ever find yourself in Helena, Montana for any reason at all, make sure to find your way to the Staggering Ox, an eatery that makes you feel like you’ve stepped back into a restaurant in Portsmouth – complete with its unique retro feel, vinyl hanging from the ceiling and abstract couch-art that build up the atmosphere’s feng shui nicely.

The real attraction, though, is their unique sandwiches: they’ve trademarked them as Clubfoot sandwiches, which is really just a coined term for bread that is made and sculpted in a can, giving the sandwiches a flat bottom and corkscrew outer shell. In this way, it’s part wrap, part normal bread, part divine intervention. Regardless of the minutia, these sandwiches hit a little bit different. The Hot Foot is filled with savory salami, spicy pepper jack, a handful of fresh lettuce and, as they put it on their website, “a very hot and very special jalapeño filling.” Paired with the Sunday-Tuesday-Friday bread of the day, the jalapeño cheddar bread, this sandwich is equal parts molten hot as it is fulfilling.

There’s not much else I can say about this enchanted piece of kitchen poetry except to advise you to get to Helena ASAP, if only to irrevocably shove this thing into your mouth and forever change your life course.

Grilled Cheese Hamburger at an Undisclosed Colorado Location

When I was 15, I visited my cousin who at the time was attending the Air Force Academy in Colorado. As people do, we decided to go out for lunch when he explained to us that he had caught wind of this delicious burger joint down the way that used meat patties and breads the way Picasso dabbled with paints. Being typical sandwich-loving Americans, we immediately agreed to take on the venture.

Now, this was almost five years ago now, so many of the details have disappeared into the grey matter sitting in between my eyes, but all that really matters is this: I ate a hamburger sandwiched between two

grilled cheeses. Meaning, one grilled cheese was one bun, and another grilled cheese was another bun, and in between was a hamburger. Granted, my arteries almost instantly clogged on the spot and I had a face-off with Death in the parking lot after promptly killing that beast of a burger, but it remains one of the most delicious things I’ve ever eaten.

I’ll repeat it just so it’s clear. I ate. A hamburger. Between two grilled cheeses. It was immaculate.

Jr. Cheeseburger Deluxe at Wendy’s

Anybody who tells you they don’t like fast food is a liar who is on the highway to Hell. Wendy’s is my vice and is to me what cocaine was (and still is?) to Joey Diaz. It’s by far the best classic fast food place, although McDonald’s remains amazing and Burger King is a s***hole (aside from their Chicken Fries).

Regardless, the real thing I need to share with everybody in this paragraph is how to navigate a fast food menu. I learned this after a tennis match my sophomore year of high school from my boy Emil who was both high during the majority of our tennis matches and held a vast knowledge of fast food restaurant menus. As we approached the cashier, he came to an abrupt stop and shared with me a piece of knowledge as valuable as gold that I will never forget: he told me that you never, NEVER, under any circumstances, buy a full meal at a fast food restaurant for \$8. Instead, you take that \$8 and allocate it to 6 to 8 items on the dollar menu and have yourself a feast. Thus, my love of the Jr. Cheeseburger Deluxe was sprung.

It tastes delightful, has all the fixings on it, is under \$2 and is available all hours of the night for whenever your passion for burgers flares up. It’s an undeniable sandwich from an undeniable classic in Wendy’s, and while it may be terrible for your health, hygiene and fragile self-esteem, you can’t deny the fact that you can pay for it using the change in between your couch cushions.

Now that’s tough to beat.



Courtesy *Tastes Better From Scratch*



Courtesy *Serious Eats*



Caleb Jagoda / *TNH Staff*



Courtesy *Wendy’s*

A plea to keep the university's monumental features

Last semester, *The New Hampshire* ran a story stating that a soccer/lacrosse field will replace the Lewis Baseball Field named after Edward M. Lewis and dedicated in his honor in 1936. Lewis was the fifth president of the University of New Hampshire and was a pitcher with the Boston Beaneaters and the Boston Americans in the late-1800s to early 1900s. I found the replacing of a field named after a former president concerning and requested meetings with both Stacey Hall, Director of Campus Recreation, and Marty Scarano,

Director of Athletics. Thankfully, both assuaged me of my concerns when they stated that the article was mistaken and that the soccer/lacrosse field will be replacing the William H.L. Brackett Baseball field, which UNH has not used since losing their baseball team due to combined Title IX and budgetary restrictions in the mid-1990s.

Brackett himself was president of the sophomore class in the 1911-12 academic year, and the University expelled him when he pulled a fire alarm when no risk existed. Students went on strike

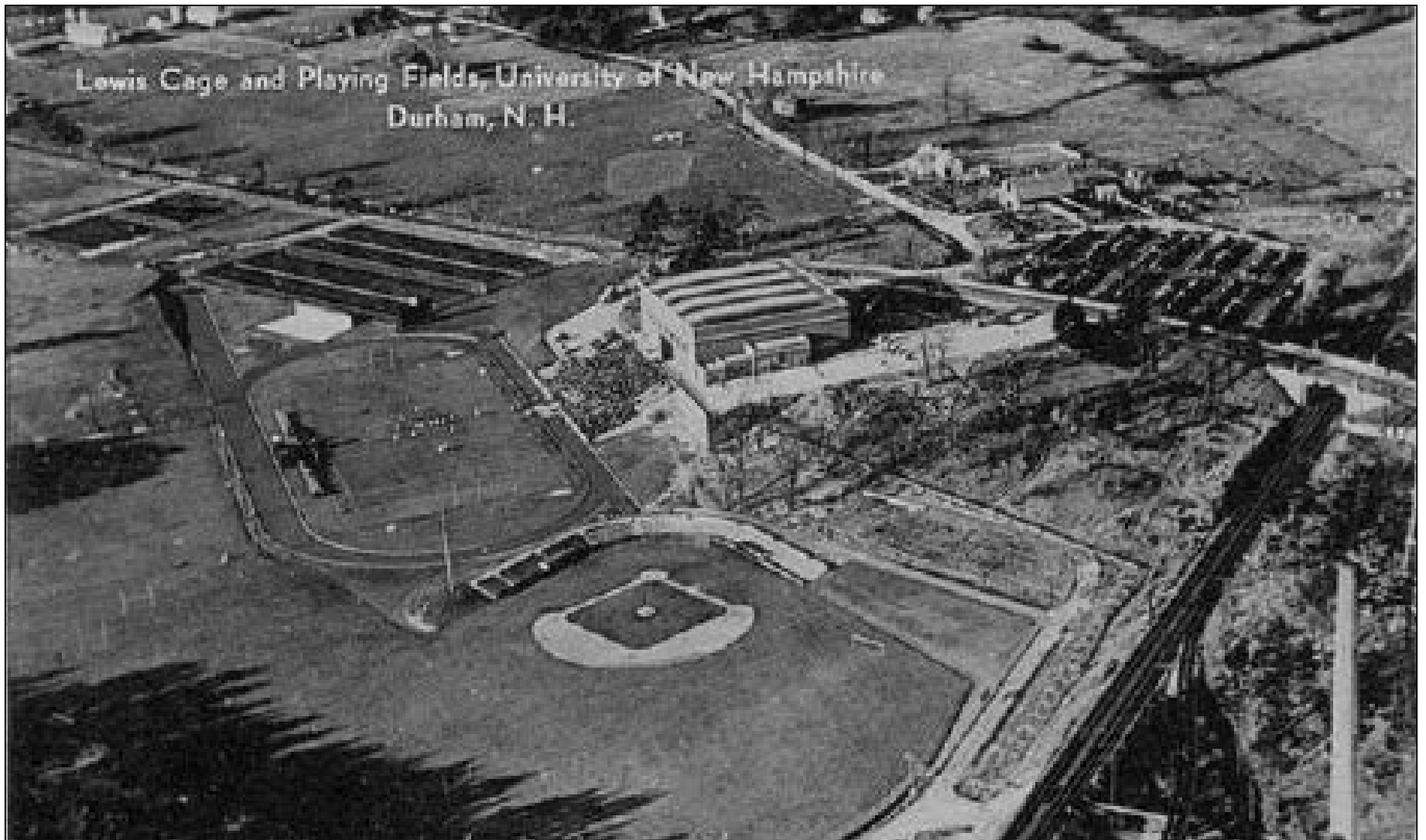
to try and force the University to reinstate Brackett which UNH agreed to on the condition that he could come back on probation. Later, Brackett went on to serve his country in WWI and came back a hero for his contributions to the war effort even though exposure to a nerve-damaging gas disabled him. The baseball field *The New Hampshire* erroneously attributed in Lewis's honor was honored for Brackett instead and was possibly the first university structure named after a former student. For clarification, Lewis Fields roughly refers to the area

on which all athletic fields sit.

Upon raising further concerns to Dr. Hall and Dr. Scarano about losing a memorial to a former student and veteran, they assured me that they are doing all they can to find a way to display the historical items removed by newer structures. I am writing this letter – though late – to say thank you to those two for meeting with me, for their hard work in protecting the University's history, and in the hopes that others who see this will approach similar endeavors across UNH with the same care and respect as shown

by those in Athletics and Campus Recreation. Change is necessary to ensure that the University can remain competitive in a shifting world, but we must do what we can to remember who we are and where we have been or we risk losing an identity unique to UNH.

By Tyler Anderson
CONTRIBUTING
WRITER



Courtesy of William Janelle

Got Opinions?

Send yours to tnh.editor@unh.edu
to be published in TNH

NEWSROOM POLL:

Favorite sandwich?

Turkey, apple & cheddar
- Jake

Ice cubes and bread
- Kevin

Grilled cheese
- Katie

Sloppy Joes
- Caleb

Walt Disney World
Boathouse Burger
- Ben

Whatever my mommy makes me
- Mike

Mac & grilled cheese
- Jack

Avocado, egg & cheese
- Sam

Paint thinner & adrenaline
- Bret

Steak bomb
- Ian



An in-depth of analysis of the State of the Union address

The State of the Union Address, given at the start of the each year to a joint session of Congress and special guests, is a symbolic time for the president to recap the previous year and lay out their agenda for the year to come.

Tuesday's address by President Donald Trump was his first in front of a divided government, and one shrouded in uncertainty.

The president's address was supposed to be made last week, but House Majority Leader Rep. Nancy Pelosi put a stop to that due to the government being shut down.

The president began his speech staring out into a field of eager listeners. To his left sat the Republicans, and his right the Democrats. Vice President Mike Pence and Rep. Pelosi behind him who he traditionally gave each a copy of his speech before beginning.

The first standout of the night was brightly apparent in the Democrats. The female representatives were all wearing white outfits, while male representatives and the remaining democratic senators had white ribbons attached their blazers and blouses. The nineteenth amendment was ratified 100 years ago, and this new Congress has the most women ever, it's the most diverse - with the youngest person ever elected to Congress, the first Muslim representative, a record number of Native Americans, and more - but it is also the most divided Congress our country has seen in recent years. The white was an homage to the women suffragists who earned their right to vote.

As President Trump began, his words were filled with optimism. He called on Congress to govern not by party, but as one nation. Said he was there ready to work with everyone to advance the "American agenda." The president then honored a few of his invited guests including three World War II veterans, a man who one of those veterans liberated from Dachau and Apollo 11 Astronaut Buzz Aldrin.

After introducing Aldrin,

President Trump made a comment he would only talk about once. "This year, American astronauts are going back to space on American rockets." That's it, that's all he said about it. Not how, or why, or where they're going, or what they're doing.

This would be the first of his comments to catch the attention of Congress members and the nation alike. He quickly began talking about some of his successes in the last year. Lowest unemployment across the board, millions of new jobs, millions more off food stamps, tax cuts, a booming economy, regulation reductions, strongest military in the world (who all in the chamber applauded at) and more. One line that really stood out was his campaign promise of "...virtually eliminating the estate or death tax."

Let's talk about that for a minute. Then candidate Trump promised the repeal of the federal estate tax. Most states also levy an estate tax which is collected upon one's death. Candidate Trump said middle class families were being hurt by this left and right. The estate tax is levied on the value of one's estate at the time of their death, if their estate is worth more than \$11 million. I don't know any middle-class family who has an estate worth more than \$11 million, which means this is a tax cut for the wealthy, plain and simple.

Not too long after these successes, President Trump read the symbolic line of, "The state of our Union is strong," which every president says at some point in their speech, and on Tuesday it led to an uproar of "USA! USA!" from the Republicans.

This led into what I felt was the worst line of the night for President Trump. He was trying to get the point across that Congress and the White House can't get anything done when "Standing in the way is ridiculous, partisan investigations. It just doesn't work that way," which he clearly read off-script. To this the Republicans cheered and the Democrats laughed. Undoubtedly, President

Trump is talking about the swath of ethics investigations surrounding his campaign and cabinet members and Special Counsel Robert Mueller III's Russian collusion investigation. Apparently, President Trump forgot that Article I of the Constitution says Congress is required to oversee the executive branch.

Now it was time for the President Trump America knows to come out. He began talking in a campaign style. He mentioned his proposed border wall, zero tolerance for illegal immigration and the hundreds of thousands of arrests at the Southern border by Immigration and Customs Enforcement officers. Let's be clear that illegal immigration peaked in the year 2000 with over 1.6 million arrests, ICE arrested 266,000 in 2018. Some of these arrests also involved members of the "savage MS-13 gang..."

Obviously, organized crime is a huge problem and MS-13 is a brutal gang, but they are not a very big one. It seems strange that the president is giving them a platform, similar to how he recently talked about ISIS. Saying they are defeated when they are not allows criminal organizations to gain more momentum and prove to their critics that they are not, in fact, defeated, just as Director of National Intelligence Dan Coats recently testified to.

He also stated how one in three women who make the journey through Mexico to reach our border are sexually assaulted or raped. There's no doubt that behavior is unacceptable, but one in four college women are sexually assaulted each year, aren't we focusing on "America first" in this administration?

Getting back to his border wall, President Trump said Congress has 10 days to reach a deal to fund the wall or he will do it himself. The President of the United States told the very people who our Founding Fathers said had control of the purse that he will go over their heads to fund his campaign promise. This is also in Article I.

The speech shifted again here as he started to talk about what he wants Congress to work on this year: Including confirming over 300 nominees tied up in the Senate, authorizing of new trade deals, stronger health care, paid family leave, HIV/AIDS research, cancer research and more. He also had one line here that stuck out to me: he wants states to pass legislation to prohibit late term abortion.

This is unlike any line delivered by a president before, it was direct, it was targeted and it was relevant. President Trump knows the Supreme Court will be looking at Roe v. Wade again, he hears calls for it to be overturned, and now he wants the states to take action. This drew widespread criticism from Democrats across social media Wednesday.

While some of these topics sound great, and we desperately need them, the president failed to lay out any real options for how to do it. It's almost like he hasn't left the Trump Organization, he says he wants something done and expects others to figure it out for him, but then refuses the options presented to him. Not to mention he didn't talk at all about the opioid crisis, drug policy reform, rising tuition costs and student loan debt; just to name a few.

The president shifted to talking about nuclear security soon after Secretary of Defense Mike Pompeo announced the US' withdrawal of the INF treaty with Russia, claiming they are not honoring the treaty. This brings us to North Korea, and I'm happy President Trump has been trying to normalize relations. But then he said he felt as though if he wasn't president, we would be in a war with North Korea. I don't know how this made it past his speechwriters, but it did. This was a totally baseless hypothetical to which countless members of Congress scoffed at. Then he announced a new summit in Vietnam at the end of the month with Chairman Kim Jong Un, which we later found out on Wednesday his advisors did not want him to announce.

The president wound down his address by denouncing calls to bring socialism into the country and arguing for the withdrawal of troops in the Middle East saying America should not be in the habit of fighting endless wars. I can't help but see the irony in this line when the U.S. has been waging a "war" on drugs since 1972 which is the costliest and least effective war in our history. Making it even more ironic was his invitation of a woman named Alice Johnson who was released from prison following Congress' passage of a major piece of criminal justice reform. A quick Google search reveals Johnson was involved as a first-time non-violent offender in a federal offense of cocaine trafficking. Thousands of people are currently incarcerated for their first-time, non-violent simple marijuana possession charge. Find me a doctor who says marijuana is worse for you than cocaine... I'll wait.

President Trump ended his speech by saying this is our time to grasp the future and asking the members of Congress how we will be remembered. All throughout his address saying we need to compromise on these issues for the common good.

I will forever remember the Congress of 2017-2019 as the Republicans controlling the government and getting very little done, they couldn't secure funding for his wall for two years. I will forever remember the president who shut down the government for 35 days, holding 800,000 federal workers hostage, because he couldn't get his wall. I will forever remember the president who folded on himself after saying he wouldn't. I will forever remember the president who called for unity and compromise while showing none in his actions.

The state of our union? Divided.

By Jacob Dawson
CONTENT EDITOR



*Want to be
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From the *Editor's Desk...* State of the President

I generally support the president's attempt to bridge the gap during his State of the Union Address because it signifies integrity and shows he's at least willing to listen to the other parties. If he sticks to his word and follows through with cooperative legislation aimed at satisfying the country's needs, and not only his constituents', he commands the right to be taken seriously.

In Tuesday's SOTU, President Donald Trump expressed no desire for such respect.

By glancing over subjects like universal healthcare and climate change without so much as a reason why, or even a customary acknowledgement and dismissal to demonstrate that he knows they exist (which is questionable in its own right), Trump declared that he's not only ignoring them – he just doesn't care.

The attitude he assumes by omitting the left's concerns is that it's their problem, and because Republicans control the White House and Senate, there's jack anyone can do to bring such issues center-stage. So long as Trump hasn't gotten his fence funding (to which he referred with a warning that Congress must arrive at

a conclusion within 10 days) further discussion of meaningful legislation is hereby suspended.

I'm particularly stunned that he was able to skate through an hour and a half on national television saying absolutely nothing. Is it that surprising? It's been this way for the last two years – baseless, half-spoken threats during interviews culminate on Fox News and immediately recycle through Trump's personal Twitter feed. They are frequent and innumerable. Expecting anything unique in his formal address was my own fault. It was more a review of his presidency in 2018 with a promise of more . . . presidency in the coming year.

Like making a point to force Congresswomen out of their silent protest. I find it hard to trust that the president would have commended women in the workforce had there been nothing to gain from doing so; once the Congresswomen broke into applause, Trump remarked that they 'weren't supposed to do that.' Does anyone know how many times he declared 'And they said it couldn't be done' in the middle of a sentence?

Expectations heading into

the SOTU are that the country will get a review of legislation passed in the previous year and what to expect over the next. Trump hit a few expected talking points from the border fence to AIDS prevention but largely steered clear of confirming any assumed support from Congress. There were several goals set but no evident path toward achieving them – 'I will it to be' does not fly in politics.

Then Trump kept quiet on Twitter the day after, except to announce speech approval ratings 'among speech watchers,' which are admittedly high. I'm concerned that the bar has been lowered far enough that Americans approve of a substance-less speech because it's void of overt contradictions and self-praising remarks. We should expect more of Trump in these situations because, even if he's speaking sense, it needs materiality. While uncommon with Trump, blandness is not satisfactory.

Bret Belden
Executive Editor

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Women's hockey sweeps UMaine

Wildcats improve to 13-12-4 on the season



JACK BOUCHARD/TNH PHOTOGRAPHER

Forward Carlee Turner (19, above) looks to score against the Maine goalie during Sunday's match. The Wildcats defeated Maine 3-2, sweeping the weekend series.

By Sean Crimmins CONTRIBUTING WRITER

This past weekend the UNH women's hockey team (13-12-4, 10-11-1) had a double header with rival Maine (14-12-3, 7-12-3), both at the Whittemore Center in Durham, N.H. The teams went into the series tied for seventh in the standings but the 'Cats were able to sweep the series 2-0.

They started with a 5-2 win on Saturday and capped it off with a 3-2 win Sunday. Junior forward Taylor Wenzcowski scored three goals including both game winning goals and added an assist to total four points on the weekend. Senior captain Kyra Smith made 58 saves in the two games.

On Saturday the 'Cats got off to a quick start with junior forward Meghara McManus scoring off the rebound from a wide shot that bounced off the boards right to her in front of the net 1:21 into the game. Her linemates junior Carlee Turner and senior Devan Taylor picked up the assists on the goal.

That line would strike again just 0:57 into the second period when Taylor scored off a two on one to give the 'Cats a 2-0 lead.

UMaine had a quick goal themselves, scoring just 41 seconds into the third as a powerplay was cut UNH's lead to 2-1. There was a scramble for the puck in front of the net, and Maine's first-year forward Ally Johnson found it and slipped it into the net. Wenzcowski would later get UNH rolling again by sniping one from the top of the faceoff circle after a scrum on the boards. She scored again ringing a shot off the crossbar from in between the faceoff circles to make it 3-1 and then 4-1. The first one would hold up as the game winner.

The Black Bears responded shortly after, scoring on a two on one of their own to try and claw their way back into the game. They made a good push but were not able to beat Smith again, who had 31 saves in the contest. Taylor would seal the game with an empty net goal with just over two minutes

left in the game for the 'Cats to win.

Coach Hilary Witt was happy with the way her team played in such an important game, calling it a gritty game in a gritty league.

Sunday's game also ended in a win for the Wildcats but this one was a much closer game. The 'Cats got two goals from their defense in the first period. Senior defender Jenna Rheault started the scoring with a powerplay goal just over halfway through the first. Sophomore defender Julia Scammell scored two min-

utes later after her shot from the circle went in of the skates of a defending player to give UNH a 2-0 lead.

The Black Bears would end up changing goalies in between the first and second and it seemed like a good idea, as five minutes into the period Maine struck on the powerplay to make it 1-2. They would score once again on the powerplay with just under five minutes left in the second to tie the game at 2-2. It looked like Maine would grab the lead when they were given a penalty shot in the final minute of the period but

Smith stood strong in net to keep the game tied with a big save.

Late in the third, Wenzcowski gave the Wildcats the lead with what would hold up as her second game winner of the weekend after one timing it home for her team leading 16th goal of the season. The Wildcats came out of the weekend 2-0 and are currently on a five-game winning streak. They play their next game at Boston College this Friday and will look to add to their streak.



JACK BOUCHARD/TNH PHOTOGRAPHER

First-year defenseman Emily Rickwood (25, above) controls the puck in Sunday's game vs. UMaine.

Please



Recycle

Gymnastics wins close match



JACK BOUCHARD/TNH PHOTOGRAPHER

UNH beat GW 195.500-194.475 on Sunday. Danielle Mulligan won gymnast of the match and week.

By Zach Schneeloch
SPORTS WRITER

The gymnastics team showed out last Sunday against a competitive George Washington squad during their annual “Stick it for the Cure” meet.

Taking place in the Lundholm gym at 1:00 p.m., the women seemed to perform their best for the nearly sold out crowd.

With the crowd hyped and ready for action the team took to the floor.

For their first event, the Wildcats took to the vault. Junior Emma Winer, seniors Danielle Doolin, Erin Carroll, Danielle Mulligan, Nicole O’Leary, and sophomore Lauren Diggan all performed on the vault for the women.

Mulligan set a new personal record on her attempt of 9.825, tying Diggan and O’Leary for the best time out of the six competing.

With a couple other impressive scores from the rest of the ‘Cats performers, the team was able to post a score of 48.825 at the first rotation.

On the uneven bars, the George Washington squad was able to keep up and post the same score of 48.825 to keep the match neck and neck.

After the rotation, the ‘Cats headed to the uneven bars to take on their second event. Doolin,

Mulligan, and Diggan all competed for the second time while juniors Ava Watkins, Riley Freehling, and first-year Hailey Lui all took on their first event of the day.

Mulligan was once again able to lead the ‘Cats for highest score as she posted an impressive 9.900 on the uneven bars.

Along with their teammates, Freehling and Diggan were both able to come up big for the team, both posting scores of 9.825. After the event was up the ‘Cats took the lead on the second rotation, leading George Washington with a score of 97.725-97.525.

For the third event, the ‘Cats headed to the balance beam looking to further their lead. Mulligan would perform in her third event of the day with Freehling, Winer, and Lui performing in their second event.

Senior Courtney Bondanza and first-year athlete Hannah Bad-dick took to the balance beams for the first event on the afternoon.

All six were once again able to perform well, Bondanza especially, as she was able to post a score of 9.875 on the challenging high beam. Come the next rotation, the ‘Cats were able to jump ahead of the George Washington squad, with the score 146.450-145.575.

For the last event of the day, the ‘Cats went to the floor exercise. Mulligan would perform in her fourth event, Lui, Diggan, and

Winer performing in their third, O’Leary and Watkins would perform in their second event for the afternoon.

Coming up big once again for the ‘Cats was Mulligan as she posted a score of 9.850 on the floor exercise.

Right behind her was Winer posting a score of 9.825 and Lui and Watkins also posting scores of 9.800.

With all the other strong scores posted, the ‘Cats were able to round out the meet beating the George Washington squad with a final score of 195.500-194.475.

Mulligan was named Gymnast of the match and also gymnast of the week for the EAGL conference for the second week in a row as she posted a season high score.

The team also posted their highest score of the season, extending their winning streak to six. Also earning awards, Bondanza was named specialist of the week for the ‘Cats as she has a 9.875 on the balance beam.

The Wildcat gymnasts will take on several away matches, playing home next on March 2. They continue their quest of #unfinishedbusiness for the EAGL title this week against Yale, William and Mary, and George Washington once again in a quad meet on Friday at 7:00 p.m.

Track visits Boston

By Cameron Beall
SPORTS WRITER

The UNH Men’s and Women’s Indoor Track & Field teams headed to Boston this past weekend, competing at The Reggie Lewis Track and Athletic Center for the NEICAAA New England Indoor Championships.

On the men’s side of things, the Wildcats finished at sixth place by the end of the weekend out of the 28 schools that competed. With 39 points, New Hampshire found themselves trailing Brown (46), Rhode Island (70), Southern Connecticut State (71), Northeastern (115), and the top-dog, UConn (194).

The standouts from this weekend’s championships were junior thrower Zachary Astle and senior runner Brett Hoerner.

Astle competed in the Shot-Put and the Weight Throw, where he threw 54’ 1.25” and 58’ 6.5” respectively. This Shot-Put throw fell just about an inch short of his personal record of 55’ 3.5”. Despite nearly breaking his personal record, Astle’s Shot-Put throw only finished fifth among the group. The junior did finish as the first runner up in the Weight Throw.

Hoerner nearly took home the top spot for the 1000-meter run with a time of 2:26.86, falling just 0.29 seconds short of first.

Looking at more results from the men’s events—first-year James Wilkes took third place in the mile run. He set a new personal best with this run, doing so in just 4:11.70.

The 4x800 relay team of Thomas Harter, Aaron Dobe, Christopher Pinkham, and William Ulrich placed fifth, finishing their run in 7:56.82.

Dobe also found himself in seventh place, running the 800-meter in 1:54.25. Teammate Thomas Harter fell just short of Dobe, placing eighth in 1:54.34.

“We’re just trying to keep going on our good events ... while still trying to improve on our sprints, hurdles, and jumps to try and give us better balance for the conference meet,” said Coach Boulanger of the men’s side on what the team needs to focus on

moving forward.

Moving over to the women’s events, the ‘Cats fell outside of the top-10, finishing in 13th place and scoring 15 points. The host-school, Northeastern, took home the number one spot with 162 points, with Dartmouth (80) and Boston College (71) also in the top-three.

Fifth-year Runner Danielle Gajewski stood out for New Hampshire at the New England Championships.

Gajewski finished the mile run in second place, running in 4:55.48. This time was just 0.37 seconds slow of her career best. She was just one second behind the lead runner. Along with the mile run, Gajewski contributed in the 4x400 relay team of Jessica Hackett, Elise Renahan, and Emileigh Glode. This team ran 3:56.02 in the event and finished eighth.

Another pair of Wildcat relay teams found themselves in the top five for their respective events. The Distance-Medley Relay team of Cayla Barretto, Lauren Dean, Michaela Conery, and Meg Champagne took fifth place and ran in 12:04.99.

Not to mention the 4x800 team of Brianne Moss, Shaylyn Saunders, Nicole Yeomans, and Madeleine Brandon placed third with a time of 9:24.63.

As they prepare for the American East Championships beginning on Feb. 22, both Men’s and Women’s teams will be heading back to Boston on Friday, and then Rhode Island on Saturday. When asked how he thought his team fared in the upcoming meets, coach Boulanger had this to say, “I feel we’ve improved since December, so we want to keep improving through this weekend at Rhode Island and then the conference meet ... so I like our chances ... we’re just always trying to get into that higher level.”

Both the men and women will be looking for their upperclassmen to help take them to that next step as the indoor season winds down.



COURTESY OF MATTHEW TROISI

A New Hampshire runner carries the baton during her race.

'Cats go 1-1 in AE play

By Bailey Schott
SPORTS WRITER

The Wildcats (5-18, 2-8) hosted the University of Maine Black Bears (16-7, 9-1) on Saturday in their first home game of February.

The 'Cats found themselves in a hole early, and despite first-year guard Kari Brekke's 15-point fourth quarter, the lead was too much to overcome.

The 'Cats dropped their third game straight 69-45.

Brekke finished with a game-high 18 points.

The intimidation of an away court had no effect on the Black Bears as they jumped out to an early 20-7 lead over the 'Cats after one period.

The Wildcats offense continued to struggle in the second quarter, tallying only six points to Maine's 17. Maine led 37-13 at half.

Ten of the 'Cats 13 first half points came from Ivy Gogolin and Caroline Soucy, both had five a piece.

The Black Bears started the second half the same as the first setting the tone. Maine outscored UNH 18-5 in the third, dominating on both sides of the ball.

The Wildcats went into the final period of play down 55-18, but refused to give up.

The team rallied behind Brekke's 15-point quarter and played their best period of the night, outscoring Maine 27-14. The Wildcats finally got their offense clicking in the final 10 minutes, scoring more in that quarter alone than they had in the previous three.

However, the winning quarter wasn't enough to best the Black Bears, falling 24 points short.

New Hampshire continues to struggle in the absence of their leading scorer, Ashley Storey who is out at least six weeks with a foot injury.

Seniors Tanesha Sutton and Parise Rossignol, despite the loss, stepped up in Storey's absence, both scoring in the double digits.

The Wildcats hosted the University of Massachusetts River Hawks at 7:00 p.m. Wednesday night at Lundholm Gymnasium. The 'Cats picked up their first league win, 56-53, in their last match up with the River Hawks January 9 in Lowell.

The 'Cats came out on top 54-46, snapping their six-game losing streak.

The River Hawks started the

game hot scoring the first five points, but the Wildcats answered quick with a pair of free throws, a three pointer and a fast break layup, capturing the lead 7-5 with five minutes of play left in the first period.

New Hampshire controlled the pace of the game for the next three minutes maintaining a 13-9 lead with under two minutes to play in the period.

Massachusetts went on a 5-0 run in the final minutes to close out the period 14-13 over the 'Cats going into the second period.

Massachusetts came out in the second period with the same energy tacking on another 5-0 run, leading 19-13 two minutes in.

The 'Cats would answer with their own 6-0 run and tie the game at 19-19 with four minutes to play in the half.

New Hampshire controlled the pace of play the rest of the half ending on a 9-4 run and led 28-23 at half.

First-year forward Ivy Gogolin led the 'Cats in scoring in the first half with eight points.

The River Hawks came out of halftime firing, going on a 6-0 run and taking the lead back 29-28 with seven minutes left in the third quarter.

The lead changed four times in the last minutes of the third quarter. The 'Cats lost the quarter 10-9 and the Hawks took a 38-37 lead entering the final quarter of play.

The game stayed even through the first half of the fourth quarter, the River Hawks controlled a 44-41 lead with four minutes to play in the game.

The 'Cats went on a 9-2 run to regain the lead 50-46 with 1:26 left in the game.

New Hampshire kept hammering on both ends of the ball, advancing the lead to win the game 54-46.

The Wildcats go back on the road this weekend as they match up against the Binghamton University Bear Cats (9-14, 4-6) Saturday at 2:00 p.m. in Vestal, N.Y.

With five regular season games remaining in their schedule, the 'Cats look finish the season on a positive note.

Going forward, the 'Cats look to, "keep pressure on the ball, and continue to be confident shooting the ball," said Head Coach Maureen Magarity. She explained confident shooting is the key to scoring in the high 50's and pulling out the win for the Wildcats.

Losing streak reaches seven games



COURTESY OF UNH ATHLETICS

Senior guard Jordan Reed (11, above) crosses over in Sunday's home game vs. UMaine. UNH lost 62-53.

By Michael Mawson
SPORTS EDITOR

Jordan Reed and the UNH Men's Basketball team were unable to get a win despite jumping out to a hot start versus Maine (5-18, 3-5). The winless week makes it seven straight losses for the 'Cats, who now sit in last place in America East with a record of 3-19 and 1-8 in conference play.

The 'Cats fell by a final score of 62-53 on Sunday to Maine and 72-62 to UMass Lowell (13-11, 5-4).

Senior guard Jordan Reed propelled the Wildcats to an 8-0 lead in the game's first two minutes, connecting on a three then converting a three-point play. Reed was the leading scorer for UNH, pitching in 18 points on 6-12 shooting. Senior forward David Watkins scored the other basket during the run, finishing a fast-break layup.

This was a game of runs, and the Black Bears responded with a 13-0 run of their own over the next three and a half minutes, taking their first lead of the game.

UNH looked to the deep ball to answer Maine's run.

The next four scores for the Wildcats came from the long ball. Reed hit one from the left-wing, first-year forward Nick Guadarrama splashed a deep ball to bring the score to 15-14 and Sophomore guard Josh Hopkins made back-to-back threes to give the Wildcats the lead once again.

Maine once again went on yet another run, this time a 10-1 run to take a 27-21 lead with one minute remaining in the first half.

Guadarrama had a put back

buzzer beater at the end of the half, making it a four-point game at the intermission.

The 'Cats came out of the half much like how they started the game, going on an 8-1 run in the first 2:17 of the second half, giving them a 29-28 lead.

The two teams went back and forth over the next few minutes of play, as Maine pulled ahead 39-33 with just over 15 minutes left in the game.

That's when UNH would go on its last run of the game, a 15-6 spurt that once again relied on hitting three-pointers. Reed drilled two in a row from behind the arc, followed by a long ball from Watkins and another from first-year guard Marque Maultsby. Watkins connected from deep once again, giving the 'Cats the lead 48-45.

Unfortunately for UNH, they were unable to sustain their hot shooting, and would only score five points over the last 8:10 of the game.

Maine ended the game on a 14-5 run, securing their fifth win of the season.

On Wednesday night, the Wildcats visited UMass Lowell.

It was a close game early on, but the River Hawks eventually pulled away to secure the victory. After the first five minutes, UMass Lowell led by one, 11-10. Hopkins made both of his shots early on, contributing four points and keeping UNH in a tight game.

UNH had a 20-16 lead at the first media timeout of the game (10:59).

After a few minutes of competitive action, UNH led 28-26 with 6:43 left in the half.

This would be the 'Cats last

lead of the game.

The River Hawks finished the first half with an impressive 18-4 run. Junior guard Christian Lutete capped off the run with a layup with 13 seconds left in the half, putting UMass ahead 44-32 at the break.

The opening five minutes of the second half went back and forth, and the River Hawks were only able to extend their lead from 12 to 13 points.

With 10 minutes to go in the game, UNH trailed 57-41 and the game looked to be getting away from them.

After redshirt-senior guard Josh Gantz made a three pointer with 9:22 to go, UNH faced its largest deficit of the game at 21 points.

The Wildcats were able to get it back to a 14-point game, 68-54, with 3:48 left when Reed made his second three of the game.

UMass would score the next three points, increasing their lead to 17 with just 2:47 remaining.

The 'Cats would end the game on an 8-1 run, but it was too little too late for the struggling America East squad.

Hopkins and Guadarrama both chipped in 12 points for UNH, as they shared the title of the game-high scorers for their team.

Redshirt-junior guard Christian Lutete led the way for UMass Lowell, scoring 18 points. Senior guard Shawn Jones scored 17, on an efficient 7-10 shooting.

The Wildcats return to Lundholm Gymnasium for a Saturday afternoon matchup with Binghamton (6-18, 2-7). Tip-off is set for 1:00 p.m.



JACK BOUCHARD/TNH PHOTOGRAPHER
Junior guard Caroline Soucy (33, above) goes up for a lay-up.

TNHdigital.com

White Out the Whitt results in split

'Cats win 3-2 on Friday, lose 5-3 on Saturday against rival Maine



JACK BOUCHARD/TNH PHOTOGRAPHER
The UNH men's hockey team gathers around the net post-scuffle.



JACK BOUCHARD/TNH PHOTOGRAPHER
UNH goalie Mike Robinson had 59 saves over the weekend.



JACK BOUCHARD/TNH PHOTOGRAPHER
#23 Charlie Kelleher powers past Maine defenseman Sam Becker.

By Sam Eggert
SPORTS EDITOR

Friday's Game

In this past weekend's White Out the Whitt UNH (10-9-8, 6-6-5) split the double header with Maine (10-13-3, 6-7-3), winning 3-2 in overtime on Friday night and losing 5-3 on Saturday.

UNH faced off with the Maine Black Bears in the first game of the White Out the Whitt weekend double header at the Whittemore Center in Durham, N.H. This edition of White Out the Whitt marks the 20th anniversary of the event that poises UNH against Hockey East rival Maine.

Sophomore Mike Robinson got the start in net for the 'Cats coming off of a career night against UCONN where he had 36 saves.

In net for Maine was sophomore goalie Jeremy Swayman. Swayman, who is under contract with the Boston Bruins, recorded an astonishing 53 saves against UMass in their last game.

The Wildcats struck first with an electric goal from senior left-wing Ara Nazarian.

Nazarian gathered the puck off an assist from first-year center Jackson Pierson who was leading the breakaway attack. This was Nazarian's 10th goal of the season. The goal occurred with 7:20 elapsed in the first period.

Maine was penalized for goalie interference with 13:16 remaining in the first, setting up

a six on five advantage that the 'Cats could not capitalize on. UNH failed to score on the ensuing power play, too.

Sophomore right-wing Charlie Kelleher converted the second goal of the game for the 'Cats, assisted by Nazarian. This was Kelleher's third goal on the season. The goal was scored at 4:46 in the second period. Nazarian led a breakaway with Kelleher by his side, and once the Maine defenseman channeled over to Nazarian for a double team Nazarian slipped the puck to Kelleher for an easy goal.

A penalty on Maine's sophomore forward Eduards Tralmaks led to a UNH power play. A couple seconds into the power play things got physical in front of Maine's net, and Maine defenseman Rob Michel inadvertently struck a UNH player after the whistle giving UNH a five on three power play.

The Wildcats failed to convert despite the two-man advantage.

With 6:00 elapsed in the third, Maine splintered through the UNH defense into a wide-open breakaway, only to be halted by UNH's Robinson for his 25th save of the night.

Maine broke Robinson's shut out with a wrist shot in front of the net from sophomore forward Emil Westerlund, his sixth of the season. The goal was scored with 11:46 elapsed in the third period.

Soon afterwards, UNH's junior defenseman Anthony wise was charged with a two-minute

minor for holding. Despite a handful of scoring opportunities, UNH's penalty kill stayed strong and prevented any scoring from Maine.

Maine tied the game on a ricochet goal in front of the net from junior center Chase Pearson. He was assisted by senior defenseman Sam Becker's slap shot from the blue line. The goal was scored at 17:49.

This set up overtime.

Ara Nazarian quickly ended the game with a goal off of a faceoff that he stuck behind the back of the goalie, capping off an excellent performance from the UNH senior. Coach Mike Souza praised his senior left wing and his game winning goal. "Ara has a really strong stick, he's great on his edges, so he wins a lot of puck battles... he picks the puck out of traffic off the faceoff and fortunately for us it found the back of the net."

The final score was 3-2 UNH.



JACK BOUCHARD/TNH PHOTOGRAPHER

Saturday's Game

Saturday's game saw a sold out Whittemore Center cheer on the 'Cats again in their second night of a back-to-back.

Maine started off the scoring with two goals in the first period, one by junior center Tim Doherty and the other by junior left-wing Mitchell Fossier, assisted by Tralmaks. The latter of which was scored on a power play.

UNH was faced with an early 0-2 deficit with 12:00 played in the first period. Sophomore defenseman Benton Maas sent a blue line slap shot which was deflected by senior center Frankie Cefalu past Maine's goalie to bring the Wildcats within one. This was Cefalu's first goal of the season.

Ara Nazarian followed that with a goal of his own, sending a wrister through the five-hole of Maine's goalie. This was his 12th goal of the season and his third in two games. Nazarian has stepped up his play as of late, finding ways to convert when needed most.

Nazarian's strong play continued to prove crucial for the 'Cats, as he tallied a few poke checks in tough situations. "All season there has been no quit in this team... we showed great character coming back, but obviously we are not happy with [the

result]," said Nazarian in regards to the early deficit they faced.

At the end of one, UNH outshot Maine 13-11.

The second period was highlighted early on by a scuffle occurring in front of the UNH net following a save by Robinson. Later in the period Robinson made a pass that went the length of the ice, setting up a missed shot from Kelleher. Toward the end of the period sophomore defenseman Brady Keeper scored his fourth goal of the season for Maine off a slap shot from the blue line to the glove side of the net. This put Maine ahead 3-2 entering the third period.

Maine started the scoring in the third period with a back handed goal from Pearson. This was his 14th goal of the season, extending Maine's lead to 4-2.

The second and third periods were both littered with sloppy puck handling from the Wildcats. Every time an opportunity surfaced it would be washed away with a poke check or a miscommunication.

Despite winning the shots battle 44-26, UNH struggled to put the puck in the net resulting in a split weekend.

Maine's goalie, Jeremy Swayman, had another strong performance. Maine's coach Red Gendron commented on Swayman's play. "He made key saves

when we needed them. He was terrific, but it takes a whole team. I always say, if you play perfect hockey you would not even need a goalie since you would not allow a shot on goal."

UNH finally broke the seal again in the third period with a slapshot from Gildon. His fifth goal of the season brought the 'Cats within one goal with a minute to play in regulation.

Unfortunately, all momentum was spoiled as Maine converted on an empty net goal at 19:12 in the third period. It was Fossier's second goal of the night giving Maine a 5-3 lead. Next up for the Wildcats is a road matchup with Vermont (11-13-2, 4-10-2). The 'Cats will travel up to Burlington for a 7:00 p.m. Friday matchup and stay in Vermont for a Saturday night showdown at 7:00p.m.

On a side note, UNH's junior left-wing Liam Blackburn took home the prestigious Hockey East Player of the Month award for January. Blackburn had eleven points during the month. He scored six goals along with five assists. Blackburn is in the midst of a 15-game point streak, which is good for the longest in the nation this season. Blackburn played a big role in UNH's 4-1-3 January record.

SPORTS

TNHDIGITAL.COM

Thursday, February 7, 2019

The New Hampshire

The Patriots dynasty continues

13-3 win over L.A. Rams leads to sixth Patriots parade in Boston



COURTESY OF CRAIG BEBERMAN

The view from the Duck Boats shows how flooded the streets of Boston were.



COURTESY OF CRAIG BEBERMAN

Patriots fans sit atop a bus stop in Boston during the Patriots Super Bowl Parade.



COURTESY OF CRAIG BEBERMAN

Sea of fans: the best team in the NFL also has the best fanbase.



COURTESY OF CRAIG BEBERMAN

Exclusive seating: fans were lucky enough to get the player experience, supplying the entertainment.



COURTESY OF ROBBIE ANDERSON

Red, white and blue confetti glides through the New England air.