

The NEW HAMPSHIRE

The independent student newspaper of the University of New Hampshire since 1911

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“Phatt James” fronts annual EarthFest



ADRIENNE PERRON/TNH STAFF

Adrienne Perron STAFF WRITER

The University of New Hampshire’s (UNH) Student Environmental Action Coalition (SEAC) - the largest environ-

mental organization on campus - presented EarthFest on Tuesday in the “Fishbowl” lawn in front of Scott Hall. The event featured tables that offered activities and products such as smoothies, pancakes, tie dye and also featured

local band Phatt James.

“It’s a fun gathering at the end of the year where people can get outside and learn about the Earth and celebrate it and just have a good time,” SEAC business manager Jordan Garrett said.

Garrett, a sophomore geography major from Portsmouth, New Hampshire, said that the event was a celebration of “earth things” and has been going on for at least four years, adding that members of SEAC worked in collaboration with the Sustainability Institute to find vendors and come up with tabling ideas for the event.

Per Garrett, all activities at the event were free, with the exception of one vendor, a UNH alumni, selling sustainable “Coco Chew” dog toys.

Other tables at the event included a table promoting Solar Fest, a concert series taking place this Sunday on the Great Lawn that is completely solar powered. There was also a tie dye station, a table representing UNH Slow Food, a table with raffle items from SEAC, a table put together by the Sustainability Institute planting seeds, a table representing Outdoor Adventures and tables where attendees of the event could make terrariums, smoothies (blended with the power of a bicycle) and eat pancakes. Local band Phatt James also participated and

EarthFest
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Relay for Life inspires

Ian Lenahan MANAGING EDITOR

The Whittemore Center played host to UNH’s 15th annual Relay for Life, the day-long walkathon with the intent of raising money for cancer research and treatment, on Saturday, April 21. Fifty-two teams signed up for the relay, and the event saw just over 900 participants lace up their walking shoes for the cause. In total, according to UNH Relay for Life co-chair Erin Frost, the

walk brought in just over \$81,000 from donations from participants and supporters. Though the Relay’s goal was to bring in over \$100,000, money is still collected over the summer from later donations, which in turn will be added to the total from Saturday’s event.

Though the gates opened later on in the morning, the opening ceremony didn’t take place until noon. Following the opening cer-

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Unity Day to spark change

Jordyn Haime STAFF WRITER

You may have passed by the mural of a colorful peace dove with outstretched wings outside the Dimond Library. On the other side of the mural, a Martin Luther King Jr. quote in brilliant red and green lettering reads: “In the end, we will remember not the words of our enemies, but the silence of our friends.”

The mural is just one of several that will be part of the

University of New Hampshire’s (UNH) “Unity Day: a Day of Service” initiative, set for Saturday, May 5 across campus.

“Student groups and organizations, including the Student Senate, encourage us to reset the narrative for May 5 this year,” Dean of Students John T. Kirkpatrick wrote in an email to students on Tuesday. Unity Day, which will become an annual event, will be filled with community service opportunities, as well as a football game, the annual half naked

whole mile, a kickoff event and a cookout to close off the day. Students will also have the opportunity to paint murals like the one outside the library.

“We hope to build upon a standard of service to our community, and establish a new tradition of public service on the last Saturday of the Spring semester before classes end,” Kirkpatrick continued in the email.

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Paul ECenter welcomes grads back to campus

Meghan Murphy STAFF WRITER

In a partnership with the University of New Hampshire (UNH) Career and Professional Success (CaPS), the Peter T. Paul Entrepreneurship Center (ECenter) culminated their three-part startup speaker series called Game Changers: Creating Change & Innovation from All Majors on Monday April 23.

The series “...welcomes many UNH alums back to campus,” to demonstrate success

through innovation. Entrepreneurs don’t have to come from one focus or major track. Academic background doesn’t matter when it comes to finding professional success.

The evening’s lecturers and UNH alumni included Chris Webb, Co-Founder at Newburyport Brewing Company; Todd Baker, founder and president at Baker Properties and John C. Bowen, co-founder and managing partner at MediaBridge Capital Advisors, LLC.

Speaking to an audience of

students, faculty and family members, each presenter discussed their journey from UNH to present day with regard to their education and career moves. Webb began the series by cracking a cold can of a Newburyport Brew classic; Plum Island Belgian White and going down memory lane of growing up in New Hampshire. Webb graduated from UNH with a major in psychology and counseling M.Ed. In his early 40s, he asked himself a question that would change his entire career; “What do I love?” He made a

list and beer topped his choice. After 20 years in the work force and realizing his desire to be his own boss, Webb partnered with a buddy of his to build what is now the tenth largest brewery in Massachusetts in 2012.

Baker, a UNH business and political science graduate, presented his transformation from commercial real estate to finance. During his time at UNH, Baker experienced the power and impact of the recession and, despite his passion for entrepreneurship, he became unsure about his future.

After taking a leap of faith, Bowen and his friends bought a van to drive cross-country to Alaska, where they cut fish for a summer to save money. The money jumpstarted Baker’s and his now wife move to Japan, Chicago and then back to New Hampshire.

Under his company, Baker Properties, Baker purchases and manages over a dozen businesses and properties including the Hampton Airfield and the Hamp-

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UNH drops third straight on senior day



24

The Wildcats traveled to Holy Cross with one week left until the championship tournament. Sophomore Zachary Astle came in first place in the shot put event.

What not to post

At a recent campus event sponsored by Career and Professional Success, Tyler Wentworth of the university's career services team, gave an hour-long presentation on "Social Media Etiquette and Branding."

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Kappa Delta puts on Confidence Week at UNH



Photo courtesy of Emily Duggan/TNH Staff

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"Confidence Collation is a fundamental part of Kappa Delta," McAndrews said. "One of our mottos and things that we try to live by is building confidence and inspiring action within the community."

Life through a lens

Since 2012, local photographer Becky Field has been documenting the lives of immigrants and refugees in the Granite State. In an email interview, Field stated that this project began because of an act of hate.

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What's the Weather?

Apr. 26

70/53
Partly Cloudy

Apr. 27

63/51
Rainy

Apr. 28

72/44
Mostly Cloudy

Apr. 29

58/42
Mostly Sunny

Apr. 30

68/49
Sunny

May. 1

76/55
Partly Cloudy

May. 2

77/56
Sunny

Weather according to weather.com

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The next issue of TNH will be published on

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CORRECTIONS-----

IF YOU BELIEVE THAT WE HAVE MADE AN ERROR, OR IF YOU HAVE ANY QUESTIONS ABOUT THE NEW HAMPSHIRE'S JOURNALISTIC STANDARDS AND PRACTICES, YOU MAY CONTACT EXECUTIVE EDITOR BRET BELDEN

EarthFest

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played music for the event.

SEAC also presented a “plastic bag monster” costume.

“The plastic bag monster was originally owned by a city council member in Portsmouth, and that was his campaign to try and get plastic bags banned in Portsmouth,” Garrett said.

She added that the costume reminds people that the average person uses 500 unrecyclable

plastic bags per year.

Sophomore nutrition major Silje Wilson and first-year English teaching major Kaja Sandsten, UNH students from Norway, attended the event and said that it was a great way to celebrate the Earth.

“I think it’s a good way to get people to get interested and engaged in the principles that they stand for and work for,” Sandsten said.

SEAC meets every Thursday at 7 p.m. in MUB room 233, and new members are welcome

to come every week, Garrett said. The main goal of the club is to educate the UNH campus about environmental issues. Their next event will be a screening of a documentary entitled “Life Off Grid,” occurring on Thursday, May 3 at 7 p.m. in MUB Theatre I.

“The earth isn’t something that’s going to keep sustaining itself forever,” he added. “We are really hurting it in a lot of ways and people aren’t aware of that, but there are little things you can do to help change it.”

ECenter

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ton Airfield Flight School and Maintenance.

One of his biggest pieces of advice for students is to “... have confidence in the education you’re getting [at UNH].”

With a major in mechanical engineering, Bowen focused on and worked with technology for almost 30 years. He also discussed his internal struggles with pursuing his major and career path while showing that his suc-

cess came from his strong desire to achieve his goals.

From IT (information technology) sales, equity research analysis, and now investment banking, Bowen believes putting in the work and gaining knowledge and experience in order to find what you’re most passionate about.

“Just work hard and pay attention” said Bowen, “You know more than you think.”

Bowen went back to graduate school and earned a Masters in Business Administration (MBA). Bowen co-founded MediaBridge

Capital Advisors and has since worked with big names like Google, Sony and Audiotonix.

The three speakers each emphasized hard work, education and passion as keys to success in the workforce during their presentations. Each of them went to UNH thinking they would do one thing, and yet returned years later doing another. The GameChanger Series culminated with three professionals and entrepreneurs who found their niche through trial and error, support systems and open-mindedness.

Unity

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A campus-wide conversation about cultural appropriation sparked after students were confronted for wearing ponchos and sombreros during their celebrations of Cinco de Mayo last year. A series of racist incidents followed, including swastikas scrawled on a wall in Stoke Hall and the n-word graffitied on a residence hall director’s billboard in Williamson.

Students protested the administration and demanded change like better education and training on diversity and a university plan to address Cinco de Mayo, which UNH has attempted to address through the Presidential Task Force on Campus Climate. According to the final report and recommendations released by the Task Force on April 11, over 2,000 employees have participated in diversity training, as well as 1,300 students in Safe Zones training and an additional 1,700 in diversity and inclusion training. A new social media policy has also been implemented in the Student Rights, Rules and Responsibilities, addressing another one of the student activists’ demands.

“Last year was a disaster. Students were really hurt, and students were threatened and marginalized, and no student should feel like that ever,” sophomore philosophy major Abby Colby, Said. Colby has a work-study position with the Dean of Students Office and is heading the mural initiative for Unity Day. Colby said she participated in some of

the protests surrounding Cinco de Mayo last year and supported students who were affected.

Colby grew up in Durham, and remembers witnessing May 5 celebrations every year.

“I remember having to walk through throngs of college students in sombreros when I was 11, 10 years old you know, walking home from school on that day,” Colby said, “you learn that this day is wrong, and college students are celebrating the day for all of the wrong reasons...their behavior is not appropriate and not condonable at all.”

Other areas of campus life have been preparing to address Cinco de Mayo as well: the Diversity Support Coalition will hold a cultural appropriation workshop and spoken work performance with artist David Romero on May 4; Mosaico, the Office of Multicultural Student Affairs, and other contributors hosted a teach-in on cultural appropriation last week.

Some students have been questioning their right to free speech after discussions around cultural appropriation, like senior political science major Christopher Mignanelli, the chair of the conservative organization, Turning Point USA at UNH. The national organization has established itself at college campuses across the country.

“I think our main stance is that, if we can’t have a conversation about this, we can’t be telling students, ‘you can’t wear a sombrero. You can’t celebrate Cinco,’” Mignanelli said, “we feel like if you sit there and just try to censor somebody...that just lets the problem grow.”

On May 1, Turning Point USA will bring a panel of speakers, including the organization’s founder Charlie Kirk, to the Stratford Room for a discussion on “social justice, cultural appropriation, and free speech,” according to the event page on Facebook. Mignanelli says the goal is to spark a conversation and encourage discourse around the topics.

“I do think there is a portion of the population that may feel that they’re being told what to think instead of having a conversation about it, and I think that’s concerning,” Mignanelli said.

According to Kirkpatrick, police officers and all college deans will be present at the event.

“What I’m paid to do is make sure we provide a free and open discourse, for the free exchange of ideas, even those that I disagree with,” Kirkpatrick said in an interview, “we’re not taking sides. I just worry about outside groups who use American campuses as battlegrounds.”

Mignanelli said he was not able to attend the recent cultural appropriation teach-in last week, but he plans to participate in Unity Day as a Community Assistant. However, he feels it may not be addressing the problem effectively.

“I don’t know if putting a band-aid over Cinco is a good idea, but I would say, no matter what, it’s a good thing to try to do more community service,” he said.

Representatives from Mosaico did not respond to interview requests by time of publication.

Relay

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emony, participants were treated to a medley of performances and activities put on by Relay staff members and university organizations throughout the entirety of the day. University a cappella groups such as “The Notables” and “Off the Clef” sang their own versions of popular songs, dance groups such as “Sisters in Step” came in to perform for the crowd and some participants took part in a personalized short Zumba lesson, to name a few. Walkers also had the opportunity to participate in the Relay’s themed laps throughout different times in the day, such as a crabwalk lap, a pajama lap, or an 80’s-themed lap. Efforts to engage the walkers throughout the course of the long day proved to be worthwhile, as many participants stayed the whole day, with many not leaving until the closing ceremony at 5:30 a.m. on Sunday morning.

“This year we had a lot more involvement from our participants with the games and activities that we put on,” Frost stated in an email. “People really seemed to really enjoy the groups that came and performed as well as the different activities including Minute to Win It games, limbo competitions, trivia and much more. We also had teams that were signed up put on activities as well including cornhole and spike ball. It was great to see everyone having such a great time.”

In a remarkable feat, co-ed community service-oriented fraternity Alpha Phi Omega (Team APO for John Grossi) was the top fundraising team with \$12,345 raised for the cause. According to Frost, Team APO for John Grossi has been the Relay’s top grossing team for over a decade. In

addition to Team APO for John Grossi, several university-based teams, such as Jessie Doe Hall, Kappa Delta 2018 and Alpha Phi, placed in the top ranks of teams who raised the most money for the event, leaving Relay coordinators pleased with the total result.

The event’s most emotional moment came at 9 p.m. during the annual Luminaria ceremony, in which participants walked silently around the dark arena for approximately one hour. Illuminated only by glow sticks and the personalized luminaria with messages to loved ones affected by cancer, the Whittemore Center took on a somber aura in recognition of those suffering from cancer and of those who lost their bout with the crippling disease. On one side of the gym, the luminaria spelled out the word “HOPE” in the bleachers, while the other side spelled out the word “CURE”. Walkers embraced each other in a showing of solidarity for their respective loved ones affected by the disease, holding hands and taking the time to observe the personalized luminaria surrounding them during the hour-long procession.

After several more events put on by the Relay staff, walkers left the event after the 5:30 a.m. closing ceremony, some of whom walked almost all 18 hours. As the Relay came to a close, the tired participants carried on in their walk, adding individual beads to their colorful strings after every lap they walked to commemorate their day-long efforts.

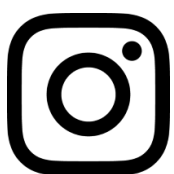
“The idea that I can help people, though small, is just heartwarming,” first-year undeclared student Christopher ‘Mac’ McCoy said, taking part in his first Relay for Life. “It makes me happy that I’m around people who have the same ideas as me, to beat cancer once and for all.”

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STUDENT SENATE UPDATE

Student Senate update: April 22, 2018

By Benjamin Strawbridge
NEWS EDITOR

The University of New Hampshire's (UNH) Student Senate, in its second-to-last meeting of Session 39, convened at Hamilton Smith Hall on Sunday to discuss present and future efforts related to solving inclusion issues on campus, as well as address a number of resolutions and new numbers from the Student Activity Fee Committee (SAFC).

A PowerPoint presentation from guest speaker and Community Development Chair Elena Ryan – entitled “[the] President’s Task Force on Campus Climate Recommendations” – concerned initiatives and, per Ryan, “concrete steps,” being made by students and faculty to combat diversity and inclusion issues on campus. The task force itself deriving from the protests following 2017’s Cinco de Mayo controversy and aided by demands from the Black Student Union (BSU).

Ryan aimed to give an “overview” of past, present and future efforts to improve on-campus inclusivity, as the source document spans nearly 60 pages.

Steps previously made include a new “social media policy” added to the Students Rights, Rules and Responsibilities (SRRR) to address consequences for potentially inappropriate posts from students; mandatory diversity trainings for all university police; and an enrollment of 1,300 students in UNH’s “Safe Zones” training program, with 1,700 students

taking part in training exercises related to “equity, inclusion and community-building,” according to the PowerPoint.

The presentation categorized the 15 demands into five “red” demands that, per the PowerPoint, are not “reasonably attainable;” five “yellow” demands that are currently “in progress;” and five “green” demands that are “complete” and in the implementation process.

A number of the “red” demands urged UNH to expel students who posted photos of other students wearing blackface and performed a “mockery” of deportation while calling black students the n-word during the 2017 Cinco de Mayo holiday, per the PowerPoint.

UNH Provost Nancy Targett and Dean of Students John T. Kirkpatrick responded that although the students were held “responsible for their actions,” they were “unable” to make public personal student conduct records, according to the presentation.

Ryan also addressed major revisions to the Task Force, including a name change to “The President’s Advisory Council on Campus Climate,” new meeting times and the naming of the Associate Vice President for Community, Equity and Diversity as the committee’s new chair. The council is scheduled to “report out” the status of inclusion-related “recommendations” for the campus by the 2018 fall semester, per the PowerPoint.

The council’s composition is set to include members from the University Commission on Campus Climate, Student Senate, the Office of Multicultural

Student Affairs (OMSA) and UNH Manchester and UNH School of Law in its next iteration, among other organizations, per the presentation.

Other initiatives included steps to integrate social justice education for first-year students, discovery courses, student organization executives and individual colleges and departments and their respective faculty; address drops in minority faculty during the hiring process; improved communication channels from outlets such as social media; a revamped and more comprehensive master calendar; and a renewed emphasis on accountability from students, faculty and administrators and a more efficient “allocation of resources,” per the PowerPoint.

Ryan described the situation as “fresh in people’s minds” and marked by “open wounds” for a number of members within the UNH community. Despite this, Ryan explained that the initiatives set to be executed by the Task Force and other on-campus efforts are “a step in a certain direction,” with future steps to be “determined later on.”

The assembly also dealt with four approved resolutions, with one motion facing postponement until April 29.

The first, R.39.43, entitled “Implementing Universal Syllabi” and introduced by Student Body President Carley Rotenberg, Academic Affairs Council Chair Audrey Getman, and Student Body Vice-President Alexandra Burroughs, aimed to recommend an addition to the SRRR that would mandate all courses to produce and distribute a syllabus within the first two

weeks of a semester.

The motion also urged that all future syllabi include a grading policy, professor and assistant contact information, office hours, any semester requirements, the Academic Honestly Policy and the UNH Disability Statement, with professors being able to add other information “as they may see fit,” per the resolution. The motion passed unanimously.

Resolution 39.44, introduced by Chairperson Getman and Peterson Hall Senator Travis Fischer, sought to urge UNH to conduct an investigation into “more affordable alternatives” to iClickers, which range in price from \$34 to \$52, as an “educational tool,” and to phase the devices out entirely, according to the motion.

The resolution reasoned that iClicker use within courses that utilize them is only a “small percentage” of the total class experience, and that a number of professors have previously suggested or utilized free alternatives “in the form of a web or smartphone application” with the same functionality, per the motion, which passed with one abstention.

R.39.45, entitled “Disallowing the Administration of Exams Outside of Class and Common Exam Times” and brought to the floor by Vice-President Burroughs and Chairperson Getman, urged UNH to only permit exams during “common exam times” outlined in the SRRR or during regularly scheduled class periods strengthened by a “mutual understanding and conversation” between students and faculty over potential alternative times,

per the resolution. The motion passed unanimously.

The motion “Concerning May 5th,” introduced by Ryan, Stoke Senator 1 Nick Crosby, Alexander Senator Brittany Dunkle, Minis Senator Nelson Idahosa and Upper Quad Senator Sarah Lunn, sought to discourage “discriminatory, racist and disrespectful behavior,” on campus, including racial slurs, stereotypes and cultural appropriation. It also encouraged the student body to alternatively “contribute to the community,” by taking part in events such as the Unity Day and the Half-Naked Whole Mile, both which are scheduled for May 5. Resolution 39.46 passed unanimously.

A fifth motion, entitled “Protecting College Woods” and introduced by Sen. Crosby and First Year Representative Dennis Ruprecht, Jr., which aimed to provide UNH’s College Woods area with “permanent protection” against future development, faced questioning on the floor for, per Senate Speaker-elect Nicholas LaCourse, not being previously shown to or approved by the Senate Judiciary Committee, to which Rep. Ruprecht defended the nature of the motion as “time sensitive” and as “an important issue” at “the end of the year” to address.

During deliberation, Student Body Vice President-elect Jake Adams proposed that the motion be postponed until April 29, saying that he did not want to “tax-bill” the motion through the Senate prior to proper approval from the Judiciary Committee “before we have all the facts.” The motion was ultimately tabled with no abstentions.

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UNH English department announces new major

By **Lena Touzos**
STAFF WRITER

Last week, the English department at the University of New Hampshire (UNH) announced a new B.A. degree option. This major, TBD: Text, Business Writing and Digital Studies, was created to enhance professional and critical thinking, while bridging the gap between English, business and communication.

“We are keenly aware that there are a lot of students within the humanities and English departments that are looking for very specific skills that they can take with them from the college experience into the workplace,” English department coordinator Carla Cannizzaro said. “With this major, students will be able to develop strong writing skills, strengthen presentation abilities and work on communication skills.

With the excitement of a

new major, faculty encourages any incoming or current UNH student to explore the possibility of TBD. “Students should be able to declare the major as an option in Degree Works within the upcoming summer,” Cannizzaro confirmed, while also stating that the department would be happy to talk to any student interested in the meantime.

The degree option consists of 11 courses, with the basis being English 419 (Intro to Literary Analysis), as is for all majors within the English department. Cannizzaro also said that 500 level composition courses will be required, in order to address the area of digital humanities. This is important for students within the major to become familiar with. Students will also have to choose from a wide ranging selection of classes in literature and race to complete the major requirements.

Other courses that will be

necessary also include English 602 (Advanced Professional Writing), English 595 (Intro to Digital Humanities) and more.

Another aspect of TBD that distinguishes it from the general English/English journalism track is its two new options for a capstone.

“One option is the actual creation of a digital portfolio, while the other is the new course that we just created called the Internship Experience (English 695),” Cannizzaro explained. “This would be a brand new course and a brand new experience for any students in the English department that they would not have had before.”

While TBD holds the same core objectives as all English major tracks, its ability to incorporate components of different majors into one degree option is impressive and unique on students resume.

“This is a major that will help



Lena Touzos/TNH Staff

students get noticed when they are applying for jobs,” Cannizzaro said. “They will have a hands-on digital experience, while building a portfolio and working on presenting different ideas to a variety of people; and this is what a workplace needs.”

Interested students can reach Cannizzaro at carla.c@unh.edu or her office hours of Monday through Thursday from 8:00 a.m. to 4:30 p.m. and Fridays from 8:00 a.m. to 4:00 p.m. The office is closed daily for lunch from 12:00 noon to 12:30 p.m.

Undergraduate Research Conference hosted at UNH

By **Alison Eagan**
STAFF WRITER

Undergraduates from all schools and disciplines came together Friday morning to present their research at the All Colleges Symposium. Between classes and extra-curriculars, these students dedicated their time to research one specific topic with peers and/or a faculty advisor for a semester or longer.

A group of students in the sustainability capstone class developed the idea of implementing a sustainability walking tour for prospective students. An entire semester’s worth of research consisted of thinking of what areas of the university demonstrate sustainable efforts and how they can be included into the existing tours. According to the presentation, the new tour will include the MacFarlane Greenhouses, the Dairy Bar, the Co-generation Power Plant, Thompson School of Applied Sciences (Barton Hall) and the Wildcat Transit Center.

To continue the theme of sustainability, another group of students researched how much waste is being produced within UNH residence halls. Their project titled “The Dirty Truth: Trash in Residence Halls,” concluded that among three halls, 50 percent of all waste thrown away could have been diverted from the landfill; 34 percent of waste was recyclable and 16 percent was compostable.

Senior child development major Elizabeth Ryan researched how homeless children perform in the classroom. Ryan interviewed teachers of the Patrick Kennedy Elementary School in

East Boston. According to Ryan’s poster, one classroom teacher of the school said that, “there is definitely a greater level of anxiety with our students who are homeless, which makes it difficult for them to focus.” Another teacher said, “it’s hard to do school when you aren’t stable at home.” Ryan’s research concluded that, “students who are homeless are at risk to face challenges in school.”

Representing the anthropology department was a group of students who are researching the indigenous cultural heritage and history in New Hampshire. While the project is still ongoing, they have already created a website that provides people with information about indigenous people within New Hampshire. This website has an interactive map that lays out specific tribal locations and includes other information such as recipes for indigenous foods. According to the students, this research will be turning into future classes.

According to nutrition major Julia Boisselle, there is a relationship between binge drinking and diet among college students. Boisselle worked with Dr. Jesse Stabile Morrell to conduct surveys in nutrition classes to assess what percentage of students binge drink. Morrell began this research in 2005 and has gathered anonymous data from a total of 6,353 students; 1,732 males and 4,621 females. According to Boisselle, results showed that 66 percent of males reported binge drinking weekly and 33 percent of females reported the same. The research concluded that lower diet scores are common among those who report weekly (or more than weekly) binge drinking.



(top) Pictured: Elizabeth Ryan
(bottom) URC panels setting up

Alison Eagan/TNH Staff

Spilling the tea since 1911

Kappa Delta puts on Confidence Week at UNH

By Emily Duggan
STAFF WRITER

The University of New Hampshire's (UNH) Kappa Delta sorority is put on Confidence Week in the Murkland Courtyard and Union Court in the Memorial Union Building (MUB), which aims to "uplift people and promote positivity within the community," according to Kappa Delta vice president of public relations, program coordinator and junior marketing and finance major Molly McAndrews.

"Confidence Collation is a fundamental part of Kappa Delta," McAndrews said. "One of our mottos and things that we try to live by is building confidence and inspiring action within the community."

This event is put on annually by Kappa Delta, but this is the first time they've had two locations and help from outside sponsors.

"I tried to take it down a different route by getting different organizations involved. We have Health and Wellness, Nourish UNH, Freedom Café, and SHARPP," McAndrews said. "I'm just trying to get involvement from other places on campus that will promote the same message."

The organizations, all located on campus, have helped cre-

ate a daily variety of events for the week, including meditation on Monday, yoga on Tuesday, therapy dogs on Wednesday and education from SHARPP on Thursday.

McAndrews pointed out that "everyone seems to be enjoying it," but also, despite advertising on their social media, "people stop by and are unsure of what it is."

"We have the coffee and that kind of attracts people, and then we tell them about our message and different activities they can do to share what makes them confident," McAndrews added.

Sophomore neuroscience major Madison Snyder visited the table and partook in the "give a note, get a note" activity, where participants write a meaningful message on a note for someone else and anonymously receive one of the same nature.

"I thought it was cute. A little pick-me-up, and I knew that I could do the same for someone else," Snyder said.

She received the note, "walk strong and with your head up," to which is now placed on her laptop as a daily reminder.

The one she left? "You are stronger than you know."

"We love doing the event because Kappa Delta's mission is to instill confidence in every-

Confidence Week

<p>UNION COURT</p> <p>Monday- Thursday Free coffee Good vibes</p> <p>MONDAY-THURSDAY APRIL 23-26 11AM-2PM</p>	<p>MURKLAND COURTYARD</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;"> <p>Monday Freedom Cafe Health & Wellness Meditation</p> <p>Tuesday Freedom Cafe Yoga (tentative)</p> </td> <td style="width: 50%;"> <p>Wednesday Freedom Cafe Nourish UNH Therapy Dogs</p> <p>Thursday Freedom Cafe SHARPP</p> </td> </tr> </table>	<p>Monday Freedom Cafe Health & Wellness Meditation</p> <p>Tuesday Freedom Cafe Yoga (tentative)</p>	<p>Wednesday Freedom Cafe Nourish UNH Therapy Dogs</p> <p>Thursday Freedom Cafe SHARPP</p>
<p>Monday Freedom Cafe Health & Wellness Meditation</p> <p>Tuesday Freedom Cafe Yoga (tentative)</p>	<p>Wednesday Freedom Cafe Nourish UNH Therapy Dogs</p> <p>Thursday Freedom Cafe SHARPP</p>		

one," sophomore English major and Kappa Delta member Kathryn Rondeau said. "It's so amazing to be able to make someone smile and hopefully have them pass it on to someone else."

"You never know who needs it the most," Rondeau added.



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(top) Courtesy of Kappa Delta design team
(bottom) Emily Duggan/TNH Staff

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On-Line Kinesiology (no campus visits required) Summer Term 2018

KIN 505 - Activity, Injuries and Disease Dr. John Miller

An introduction to sports medicine and activity. Emphasis on exercise theory, injury recognition and management, chronic disease and gender issues. **Biological Science Discovery** **Biological Science GP 3B**

KIN 561 - History of American Sport and Physical Culture Dr. Tim Ashwell

A survey of US history and life as reflected and shaped by our sporting traditions. Learn how football, baseball, basketball and sports heroes shaped America **Historical Perspectives, (Discovery)**

KIN 607 - Biology of Aging Dr. Summer Cook

Course focuses on the age-related changes in the organ systems of the human body. Common diseases in older adults and the impact of diet and exercise are discussed **Biological Science (Discovery) Biological Science GP 3B,**

KIN 620 (10N) - Physiology of Exercise Dr. Dain Laroche

This course exposes students to the complex demands exercise places on the human body and how the body adapts to these demands both acutely and chronically. **Meets major requirements**

KIN 643 - Social Media Marketing in Sports Dr. Kiernan Gordon

Students will examine the use of social media as a tool in the marketing of sport and sport-related products.

KIN 652 - Clinical Kinesiology - Dr. John Miller

The science of human movement from biomechanical, neuromuscular, and anatomical perspectives; muscular, joint, and connective tissue anatomy; and actions of skeletal muscles are detailed. **Meets major requirements**

KIN 668 - Ergogenic aids in Sports Dr. John Miller **2 Credits** Learn about common supplements and nutritional trends regarding activity. Learn what supplements work and which waste your money!

KIN 910 - Curricular Issues in Health Pedagogy Synch On Line Holly Alperin

A skills-based curricular design focusing on skill development with the integration of health topics will be discussed.

Stressed? Why not pet a dog with Paws & Relax

By Valeriia Kholmanskikh
STAFF WRITER

The end of the semester is always a stressful time for students. Final projects, quizzes, deadlines, exam preparation - everything can seem so overwhelming. Thankfully, the University of New Hampshire's (UNH) Health and Wellness provide an opportunity to take a break and recharge by bringing therapy dogs on campus every week.

This Wednesday, pet therapy relocated to Room 203 in the Memorial Union Building (MUB) as a part of Kappa Delta's Confidence Week. Trained golden retrievers, North, Yogi and Zest, helped students experience pet therapy - many for the first time.

Nicole Malette is a Kappa Delta sister. Usually, her schedule would not let her attend Paws & Relax, but today she was able to stop by for the first time.

"I don't think I've stopped smiling since I got in here," Malette said.

Scientific research has shown the benefits of interacting with dogs.

"It is pretty well-known fact that when you're patting a dog, it reduces your blood pressure and stress by about 50 percent," Sarah Gardner, North's owner, said. "So I think when we come in during finals, it's a really helpful and nice break."

"I just love interacting with dogs," senior music performance major Ben Allen, a frequent visitor at Paws & Relax, said. "Especially because I've never had dogs

growing up."

For many people, dog therapy is a way to deal with homesickness. Students who have dogs at home often find comfort in interacting with therapy dogs.

"I think freshmen are missing everything about their home life, and so the dogs sort of represent home," Gardner said.

Paws & Relax works with ElderPet, a collaboration between Pet Partner program and community volunteers aiming to bring pet therapy to those who need it. ElderPet works with senior citizens, people with disabilities, healthcare patients, children and students.

"[North] has a lot of jobs besides coming to UNH. He works at the Durham Public Library where kids read out loud to him, and he goes to the Oyster River Middle School where he offers

support to certain students," Gardner said. "He works in two different nursing homes visiting the regular elderly population, and he also works with Alzheimer's patients...I am trained in hospice work, so he would be called in one of the nursing homes and come and provide a hospice service...He provides warmth and he provides rhythm to the breathing that's helpful to somebody who is transitioning into death."

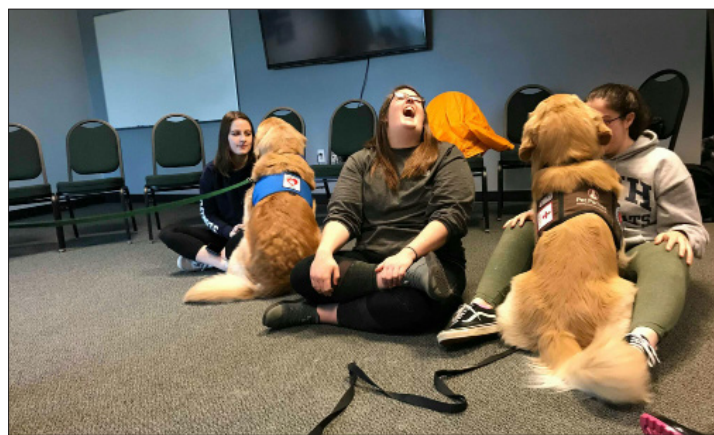
All dogs are trained and must complete an exam every two years to ensure the safety of both the dog and the people around it. The training includes basic obedience training and social training, with the latter ensuring that the dog stays calm under a variety of circumstances, such as interacting with children or being accidentally pushed by a wheelchair.

"They have to do long sit, long stay, they have to be able to pass another dog, no barking, no licking," Mary Ellen Whittier, Yogi's owner, said. Throughout the session, Yogi willingly obeyed Whittier's commands to stay still while being photographed.

Dogs themselves enjoy being pet. North nudged students with his paw whenever they stopped petting him, while Yogi trotted from student to student, wagging his tail excitedly.

"He likes it," Whittier said. "All I have to do is say 'Go to work?' and he gets right up, and he's ready to go. He does get tired after about an hour and a half, but he is pretty good."

Paws & Relax meets from 12 to 3 p.m. every Wednesday at the Health and Wellness satellite office in Hamel Recreation Center.



Valeriia Kholmanskikh/TNH Staff

Putting out since 1911

Photos from 2018 Earthfest

*Photos courtesy of
Adrienne Perron/TNH Staff*



(above) Bicycle powered blender for smoothie making with students trying it out.

(above) The "plastic bag monster" invades the fishbowl to educate on the average persons use of plastic bags.

(right) Local band Phatt James performing to guests, attendees dancing with hula hoops.



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magic?*

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meetings!

Mondays at 8 in MUB 132



(left) Slow Food UNH table run by Spencer Drakeunderkoffler and Abigail St. Pierre



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On the Spot

With Resident Assistant and Dual Major Camden Ward

By Valeriia
Kholmanskik
STAFF WRITER

Not a day goes by on the first floor of Randall Hall without resident assistant (RA) Camden Ward lighting up the corridor with his smile. His energy is contagious and his enthusiasm motivating.

Being an RA requires a lot of dedication, passion and self-discipline.

"I would describe Cam's work ethic as dedicated and focused," Randall Hall Director Justin Kennedy said. "Cam knows what he needs to do to accomplish tasks and does an excellent job of efficiently accomplishing his goals. Cam breaks big tasks up into smaller components so he can focus on one item at a time."

It is safe to say Ward's time management skills are truly impressive; he manages not only to look after the entire floor of col-

lege students, but also to pursue a double major in musical performance with a specification in oboe, and French.

"Sometimes it's easy to manage everything," Ward said. "All in all, though, I don't know if it's doable. I don't get to do things to the quality level I want them to be."

Despite an almost sleepless night, Ward is as cheerful and energetic as always.

"If you give someone a happy vibe to bounce off of, it's easy to be happy and build off of that happiness," he explained.

Ward described himself as, "talkative, intelligent, funny, happy, an ambivert, intellectual, amiable, different, empathetic and caring." Despite his confidence and love for communication, Ward would like to concentrate less on how other people view him.

"Cam is sweet, friendly and easy to talk to," Phuong Nguyen, a first-floor resident, said. "He smiles a lot, which is really con-

tagious."

"My first impression of Cam is that he was kind, friendly, smart, and easy to talk to," Kennedy said.

A noticeable quality of Ward is his passion for music. Sufjan Stevens, the Chicago Symphony Orchestra and Boston Symphony Orchestra are among his favorite artists. A musician himself, Ward loves performing.

"I enjoy the general rush of performance, you get a really crazy chill even during rehearsals," he said. "And in performance, you are actually communicating with an audience and trying to deliver a message to the audience."

Despite his love for French language and culture, Portsmouth-born and Stratham-raised Ward would not readily leave the United States.

"I would miss my family and friends," he said. "And at the moment, I am just thinking about my professional life as a college student."



Courtesy photo/ Camden Ward



On-Campus/Hybrid Kinesiology at UNH – Durham Summer Term 2018



[KIN 515 – History of Outdoor Pursuits in North America - Nathan Fitch](#)

Learn how Americans' experiences in the outdoors have influenced, and been influenced, by historical developments.

[KIN 540 – Top Rope Climbing \(5/5-5/9\) - Nathan Fitch](#)

Field based course exploring climbing and a wide range of technical skills. Learn how to work and utilize this area of adventure programming.

[KIN 621 - Exercise Laboratory techniques - Melissa Rodgers](#)

Laboratory assessment of various physiological measures related to exercise science. Extensive out-of-class time required for detailed lab reports.

[KIN 704 - Electrocardiography - Dr. Timothy Quinn](#)

Designed to provide exposure to basic interpretation and identification of electrocardiograms (ECGs). Includes detailed heart anatomy, coronary circulation & conduction system, and normal and abnormal ECG readings.

[KIN 706/707 - Neurology Lecture/Lab Dr. Ronald Croce](#)

Detailed look at structure, function, and physiology of the human nervous system, with particular emphasis placed on neuropathology. Human brain dissections and stained tissue sections are used to elucidate CNS structures.

[KIN 798-02 - Equine Facilitated Mental Health - Pamela McPhee](#)

Hybrid - 5/25-6/22 On-Line. 5/25-5/27 Equine Center

Explorations in Equine-Assisted Mental Health & Learning: Learn and practice how to partner with horses to promote human healing and growth. The first three days are at the UNH Horse Barns the remainder of the class is on line.

Check out the UNH community's
insta-worthy photos.

#instaunh



unh drone
University of New Hampshire



Utility could set standard for reducing energy costs

CONCORD, N.H. (AP) — Supporters of a bill that would offer up to six weeks of paid leave for private-sector New Hampshire employees to care for a new baby or a relative with a serious illness made one last push Wednesday to save the legislation as it faces an uncertain future.

Early recommendations indicate Senate lawmakers may send the bill back to a committee. The tactic often is used as a way to effectively kill legislation.

Dozens of residents gathered at the Statehouse to share stories on how the lack of paid family medical leave has affected their lives in a plea to legislators who will be deciding the bill's fate Thursday.

"Our utilities were shut off. Our refrigerator was bare, and our arms were empty. We were never

able to give Sawyer a proper funeral," said Nancy Glynn, a mother from Manchester, who said that paid medical leave would have helped after the loss of her child.

Nikki Casey, of Nashua, who has struggled with addiction, said a family and medical leave insurance program would be a critical tool in combatting New Hampshire's opioid crisis.

"My recovery would have been a lot easier if I had been able to take the time I needed to get better without the fear of losing my job and the income I rely on," said Casey, who is now the director of a recovery center.

Supporters say the program is also essential to strengthen the state's workforce and care for an aging population.

But opponents have argued it's unsustainable and there re-

main too many questions. Republican Gov. Chris Sununu came out against the plan, saying more research is needed.

Amid fears the proposal will be tabled, supporters hoped their presence Wednesday would put pressure on lawmakers to reconsider the plan. Many dismissed the idea of studying the proposal as a ruse to kill off the plan.

"I urge the Senate to let these stories drive their policy," said Amanda Sears, director of the Campaign for a Family Friendly Economy, a group that campaigns for working families' rights. "This bill would help families when they are experiencing the joy of welcoming a newborn into their lives, or the heartbreak of helping their spouses through their last days."

Tentative contract agreements reached with state unions

CONCORD, N.H. (AP) — New Hampshire Gov. Chris Sununu says tentative contract agreements have been reached with the four state employee unions.

The Republican governor said Wednesday the agreements will provide cost-of-living increases to employees and make changes to sick and bonus leave policies that

would reduce administrative costs.

Employees represented by the State Employees Association, the New England Police Benevolent Association and the New Hampshire

Troopers Association will receive a 1.5 percent raise effective the first pay period and another 1.5 percent raise in January 2019.

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NH BRIEFS

INVESTIGATION LEADS TO 45 PEOPLE INDICTED ON DRUG CHARGES

CONCORD, N.H. (AP) — Federal authorities in New Hampshire say a yearlong investigation led to the indictment of 45 people in a fentanyl trafficking ring allegedly run by two brothers from Massachusetts.

U.S. Attorney Scott Murray said Wednesday the operation, allegedly headed by Sergio and Raulin Martinez, used dispatchers and distributors to channel fentanyl from Lawrence, Massachusetts, into New Hampshire.

Murray said authorities believe it's the largest fentanyl case to be prosecuted in the district. He said 32 people from the Lawrence area and 13 from New Hampshire were indicted.

Last month, police seized more than 30 kilograms of suspected fentanyl, more than \$500,000 in cash and two firearms.

A lawyer representing Raulin Martinez declined to comment, and lawyers for Sergio Martinez did not immediately respond to a request seeking comment.

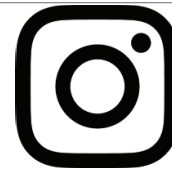
2 ARRESTED IN 2-STATE PURSUIT, SHOTS FIRED AT POLICE

WINDHAM, N.H. (AP) — Police say a pursuit that started with a man shooting out of a vehicle in Massachusetts ended about 20 miles away in New Hampshire when the vehicle crashed and the driver and a passenger were arrested.

The chase started in Haverhill, Massachusetts, around 9:30 p.m. Tuesday. Police say one man was shooting at an unknown target but then started shooting at them after they gave chase.

The vehicle crashed in Windham, New Hampshire. WMUR-TV reports the passenger, 21-year-old Javonnie Chambers, of Berlin, New Hampshire, wanted to plead guilty to resisting arrest, but the prosecution declined to accept it. Chambers agreed to return to Massachusetts to face charges of assault with intent to murder.

The driver, 20-year-old Manuel Antonio Soto, of Haverhill, Massachusetts, is charged in that state with 12 counts of assault with intent to murder. He's being represented by a public defender.



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MIKEY DAY BRINGS SATURDAY NIGHT LAUGHS TO UNH

By Benjamin Strawbridge
 NEWS EDITOR

Following a missed performance on March 29 due to a family emergency, “Saturday Night Live” writer and performer Mikey Day more than made up for it as he arrived at the University of New Hampshire (UNH) on Friday, April 20 for a night of laughs, comedy and relationships alongside UNH comedy troupe Improv Anonymous.

The night kicked off with a series of Improv Anonymous staple games, including “Question This,” a game show-esque skit that involved contestants answering simple questions in the form of a riddle with no chance at a reward; and “Should Have Said,” in which a scene is played out while the director calls out the title phrase to up the ante or simply drive it off the beaten track altogether.

Following the games, Day himself entered the stage and began by poking fun at reasons why students would want to go to UNH, which he found on the official website.

For instance, Day set his sights on popular UNH locales, such as College Woods.

“Nothing good ever happens in woods,” Day said as he compared getting lost in the

woods to cookie-cutter horror films. He also mentioned the Memorial Union Building (MUB), whose acronym reminded him of a Star Wars character one would find in the Mos Eisley Cantina.

Another segment included comedic text messages with his dad – who is, according to Day, “not very good at it” – using a “secret text” app that disguised his phone number as a random one in order to mess with his father, including a scheme in which he tricked his father into thinking that he had signed on to a “Text a Hat” promotion which spammed the receiver with hat emojis.

His father also had to endure naming a ghost “Kevin Ghostman” and spam messages involving Day’s over-reactions to various plastic lunchboxes and containers from one of six “Steves” in his contact list.

Day’s mother was not spared from the texting frenzy either, as he took on the role of her Uber driver to alert her that she got a low customer rating because she flatulated in the car. Day had to bail on the prank, however, when his mother asked to call him in person.

The comedian additionally took on the stock image industry as he poked fun at images that represent keywords,

including the definitions of a “cool guy” and a “party,” with the latter taking place in a completely white office building with generic party hats and beer.

As to what defined Day’s stock image representation of “fun:” a young adult man “hanging out with clown noses with your mom on the beach... take that picture!”

As the night wore on, Day parodied the unrealistic invincibility and glitches associated with video game characters and broken-down amusement park ride animatronics, among other societal quirks.

The comedian also took the time to describe rejected concepts from “Saturday Night Live,” including the potential dangers of “airplane mode” while on a plane; Severus Snape from “Harry Potter” working at an elementary school after being fired from Hogwarts; and a parody of “Comedians in Cars Getting Coffee” that involves an accidental murder of a pedestrian with the feel of the 1997 film “I Know What You Did Last Summer.”

In commenting on his evening at UNH, Day said that he had a “great time” and praised the audience as “warm and receptive,” reflecting that “it’s just fun to do what you love.”



Mikey Day with TNH’s Benjamin Strawbridge
 Benjamin Strawbridge / TNH Staff

VSA presents
 “emotional journey”

Emmanuelle Beurpere/ Contributor

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Album review:
KOD

Courtesy Dreamville Records

13

VSA presents “emotional journey”

By **Emmanuelle
Beaurpere**
CONTRIBUTING
WRITER

Nearly 200 UNH students came to see the fifth annual cultural show hosted and performed by the Vietnamese Student Association (VSA) this past Saturday.

“It took us about a month to think of a plan for the show and write a general script for how it should be run, but we’ve been planning the show for nearly a year now,” VSA president and junior business finance and management major Tuyen Nguyen said. The show featured a traditional Vietnamese dance, a skit written and performed by VSA members and a traditional Vietnamese dinner, among other performances.

“We aren’t actors, we are just trying our best to teach people about Vietnamese history and culture,” Nguyen said.

The skit portrayed a Chinese-American veteran who fought in the Vietnam War alongside his best friend, a Vietnamese soldier who died in the war. Throughout the skit, he attempts to fulfill his friend’s dream of exploring Vietnam.

“We worked on a lot [of] themes in previous years, like

Vietnamese weddings, human trafficking and traditional food,” Nguyen said.

By focusing on a touchier subject, the Vietnam War, Nguyen said VSA hoped to shed light on the controversial past that the U.S. and Vietnam share and encourage UNH students to learn about the rich culture that Vietnam has to offer.

First-year computer science major Amith Kashyap attended the show.

“It’s kind of hard to not offend people on such a touchy subject but they did a really good job of taking you on an emotional journey with the skit,” Kashyap said.

Throughout the skit, the characters went through heartbreak, loss and love, with the main themes cultural differences and overcoming past conflicts constantly hovering over the actors’ heads.

“I think they put in a lot of effort to make it happen, my favorite part was the traditional Vietnamese dance,” Kashyap said.

The dance featured traditional Vietnamese clothing and the “nón lá,” or conical hat. “I went because my friend danced in the show. I think the acting was really good and the fact that it was completely student-run was impressive,” First-year psychology and

justice studies major Natalie Laurendeau said.

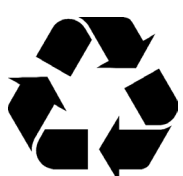
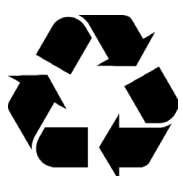
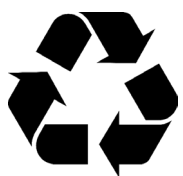
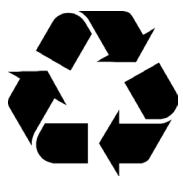
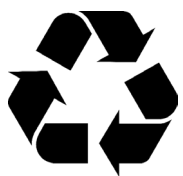
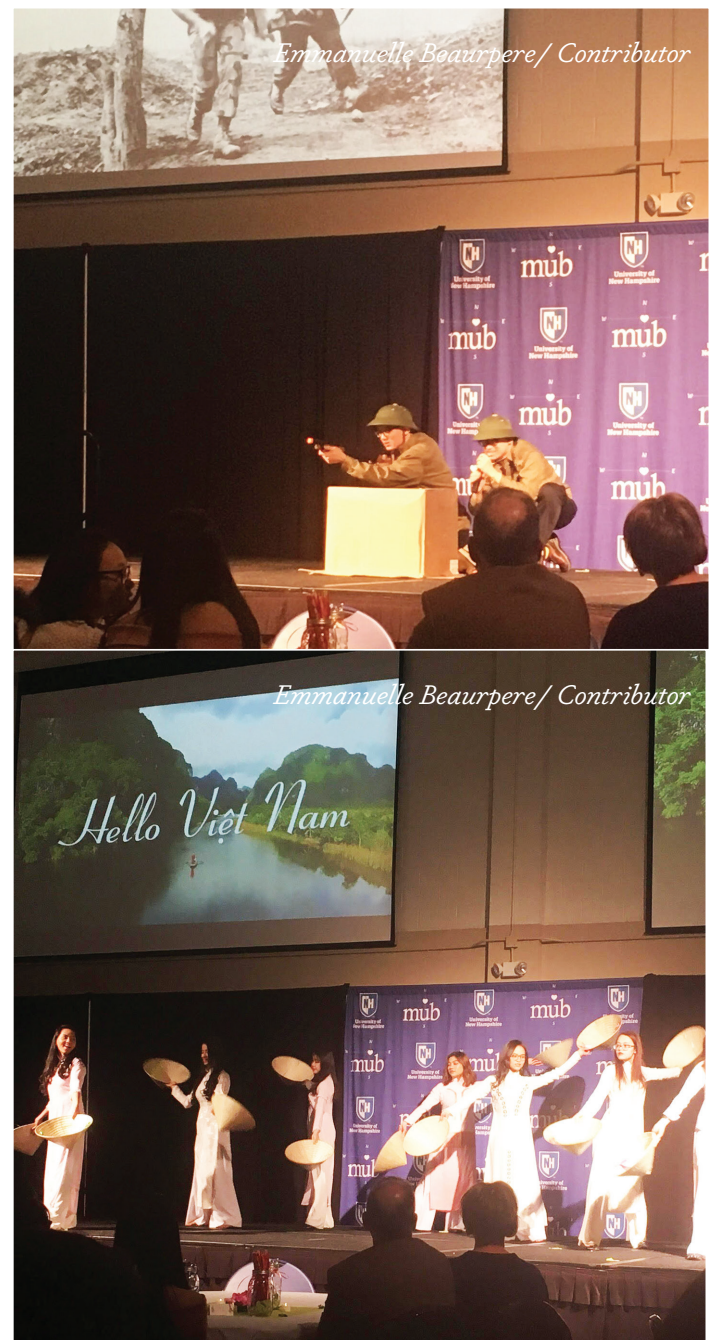
After the skit, attendees enjoyed a traditional Vietnamese dinner featuring broken rice with grilled pork rib, cha trung (steamed egg meatloaf), spring rolls and Che Chuoi (a traditional banana dessert).

“The food was really good and I’m glad I got to try something that wasn’t typically American,” Laurendeau said.

One of the main goals of the show was to build community between different UNH students as well. Laurendeau said the show was a way to make new connections: “I met a girl who is in VSA and I found out she’s going to be living in the same dorm as me next year.”

Nguyen said VSA has welcomed many new members this year, many of whom who aren’t necessarily Vietnamese but want to learn more about another culture.

“Even though it’s called Vietnamese Student Association, we want to promote diversity and spread our culture,” sophomore psychology major and VSA member Phuong Nguyen said. “Not everyone in VSA is Vietnamese and we want people to know that everyone is welcome.”



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**Mondays at 8 in
MUB 132**

Life through a lens



By **Rose Correll**
CONTRIBUTING
WRITER

Since 2012, local photographer Becky Field has been documenting the lives of immigrants and refugees in the Granite State. In an email interview, Field stated that this project began because of an act of hate.

"In 2011-2012, four refugee families' homes in Concord were vandalized with hateful graffiti scrawled on the sides of their houses. I decided then to use my camera to show the beauty, vitality and skills that people from other cultures bring to our communities," Field said regarding why she chose to photograph her subjects.

Field wanted to celebrate the contributions to our country from those she observed. The "Different Roots, Common Dreams" project highlights how cultures may have different ways of life, but we all want the same dream of, "safe

homes, smart and healthy children and the freedom to practice our traditions." Field has always been fascinated with cultural differences and wanted to capture the beauty that lies in diversity.

During some of her photo shoots, Field becomes "overwhelmed" by the joy in their traditions from diverse cultures right here in New Hampshire.

"There have been several times in the middle of photo shoots of community celebrations when I have felt overwhelmed with the gift of being able to experience the amazing events, photograph them and share them with others through my talks, exhibits and book," she said.

Her 2015 book, "Different Roots, Common Dreams: New Hampshire's Cultural Diversity," was published with her photographs and includes an introduction with former Governor Maggie Hassan and stories by New Hampshire immigrants. The book has won two national awards.

Field didn't always work in

photography. She comes from a family of photographers and

Instead, Field went on to become a wildlife research



Rose Correll / Contributor

always sat with her father in the dark room when she was a child.

"I was intrigued as images magically appeared on paper in the pans of developer, but I hated the smell of the chemicals," she said.

ecologist with the U.S. Department of the Interior and a member of the graduate faculty at the University of Massachusetts. After many years climbing trees to study bird nest predation and teaching tropical rainforest ecology in Costa

Rica, Field decided to "retire" and enrolled in photography at the New Hampshire Institute of Art. The "Different Roots, Common Dreams" project became her graduation assignment. Field continues to photograph immigrants and refugees in New Hampshire.

"This project is ongoing with no end date in sight," she said. Field continues her work of showing her pictures along with sharing, "the message of welcoming immigrants and refugees into our communities."

Recently, Field has partnered with the New Hampshire Charitable Foundation to start the "Different Roots, Common Dreams" Scholarship Fund to help refugees and immigrants complete a four-year undergraduate degree. For more information, visit differentrootsnh.com.

The "Different Roots, Common Dreams" exhibit in the University of New Hampshire (UNH) Museum on level one of the Diamond Library runs until May 30.

J. Cole has a superiority complex

By **Caleb Jagoda**
ARTS EDITOR

I really wanted to enjoy this album. I really did.

When I saw the announcement for "KOD," J. Cole's newest album, via Cole's Twitter page, I was instantly transfixed. J. Cole is a rapper with limitless potential. Whether it be riveting guest verses (see "Boblo Boat" or "Night Job"), a polished, hypnotic flow, or an almost unparalleled ability to emotionally connect with audiences, Cole has all the skills to put together a masterpiece of an album. Yet here we are in 2018, and while Cole has put out very good and very important songs, he still hasn't released a project which is focused enough to be considered truly great.

Nevertheless, when I saw his announcement for "KOD," I couldn't help but get excited. I genuinely hoped that finally, finally, this would be the album that J. Cole could call his classic.

Sadly, "KOD," despite its promises of being an intricate breakdown of the systematic and societal implications of addiction, fell prey to some of Cole's worst habits.

J. Cole not only took to Twitter to explain the triple-meaning behind the album's title (Kids on Drugs, King

OverDosed, and Kill Our Demons), he also released a short trailer for the album, offering a sneak peek of the project's content through visuals and audio snippets. After listening to the album several times, I had an epiphany that applies to all great art: artists shouldn't have to give an excessive amount of explanation for their creations, but rather the art should tell the whole story. With the release of the trailer and his multiple explanations, Cole was very plainly describing all of the things the album fails to.

Instead of offering some sort of societal panacea for the addiction and drug issues Cole loves to allude to on this album, he resorts to either insubstantially describing the literal actions of drug users, or he offers a Reaganesque "Just Say No" pseudo-intellectual proclamation that attempts to shame the bad habits of addicts affected by what is classified medically as a legitimate mental affliction.

What "KOD" essentially boils down to is a cubic zirconia version of Kendrick Lamar's "Section 80": not terrible to look at, not completely void of any value, but nonetheless disappointing in the fact that it isn't nearly what it could be.

Throughout the album, Cole attempts to justify his preachy narratives and pretentious

attitude toward rap's rising stars with insistences that he isn't doing the exact thing he proceeds to do. For every "I'm hoping for your sake that you aren't as dumb as you look," there's an "I ain't judgin' you," when that's explicitly the thing he is doing.

And that's the most frustrating thing about this album: if Cole could attain any amount of self-awareness, one of the tools that many of rap's most successful artists thrived on (think Eminem or Kanye West), it would take the snobbish edge off of every "meditate, don't medicate" claim he makes. Instead, these patronizing assertions result in Cole sounding like he thinks he's better than everybody else, which is a terrible look on what should've been a humanizing, cathartic album.

For as completely pointless and meandering as some of the songs on the album are ("Photograph," "Motiv8"), there are a handful of moments that bring some insight and excitement to the rather hollow project.

"Once an Addict (Interlude)" offers a sincerely introspective look at addiction, as Cole speaks candidly about his mother's battle with her vices. The song is heart-wrenching; you can feel the pain in his voice as he croons "Some-

thing's got a hold of me/ I can't let it go/ Out of fear I won't be free." But, for whatever reason, Cole merely chalks up one of the most vulnerable and engrossing moments in his catalogue as an interlude despite it being longer than most of the other songs on "KOD."

While "Once an Addict," works as a rare moment of tender honesty on "KOD," "ATM" works purely off of Cole's fast-paced flow and undeniable catchiness. While the song doesn't really accomplish much in the grand scheme of the concept of the album (although neither do most of the other songs on the project), it has its moments of clever quick-hitters and eccentric quirks. It's a breezy, enjoyable moment that would be easily appreciated if it wasn't for the drowning pretentiousness Cole employs during the rest of "KOD."

While J. Cole's self-righteousness spoils most of the pleasant moments on "KOD," his supercilious attitude isn't nearly that of some of his preachy contemporaries, namely Russ. Nevertheless, his divulgence into these hard-to-swallow tendencies hold "KOD" back from reaching its true potential.

Sadly, this seems to be the case for Cole's entire career.



Students paint away problems with CAB

By **Lucas Rodriguez**
CONTRIBUTING
WRITER

The University of New Hampshire's (UNH) Campus Activities Board (CAB) hosted a free painting night on Thursday, April 19, with participants quickly filling up Memorial Union Building (MUB) Rooms 330 & 332, their floors draped in a plastic tarp to protect them from impending blobs of multi-colored paint.

Each student was given a pallet of essential colors, three brushes, a smock, and a blank canvas. Free lemonade and iced tea were also made available. By the end of the two-hour event, students held up wholly unique landscapes and designs. Laughter echoed throughout the event as participants gave

their best efforts to paint a picturesque mountain range, all the while receiving aid and guidance from professionals representing Fun Enterprises.

Two artists from the event entertainment company directed students throughout the evening, walking around the room to give advice while allowing everyone to express themselves creatively. On display were two already finished portraits with the lead artist mentioning more than once that participants could follow his lead or paint to their own personal desires.

Sophomore political science and communications dual major Becca Link, who also serves as the Campus Activities Board's events coordinator, put together the occasion, the first of its kind on campus.

"I think it went over really well, Link said. "This is our

first time hosting an event like this. It was a huge success and sold out."

Link plans on bringing more events like this to campus, hopefully at least two a semester.

Link added that CAB has previously worked with Fun Enterprises on a "What's on Wednesday" event where artists from the company created digital caricatures of students. Link, all the while, reflected that "[t]hey are really great to work with."

Fun Enterprises, according to its website, is "an entertainment company that provides interactive event experiences for colleges, corporate, wedding and private events." The company's artists offer services ranging from painting lessons and professional photography to face painting for a variety of



Lucas Rodriguez / Contributor

different events and occasions.

CAB offers a number of free events and activities for UNH students, with one upcoming event being their May Day Carnival, which will be held on Saturday April, 28 from 12:00 p.m. to 8:00 p.m. in Campus Crossing Visitor Lot,

located on Quad Way. It will be free for students with a valid UNH ID and \$5 for community members. The event will offer carnival rides, games, food and live music, among other celebratory amenities.

Big L- Caleb

Wilson Phillips- Ben

Newsroom noise

Matchbox Twenty- Katie

Go-to 90s band/artist

90s Green Day- Joe

Pearl Jam- Bret

Red Hot Chili Peppers as well- Anita

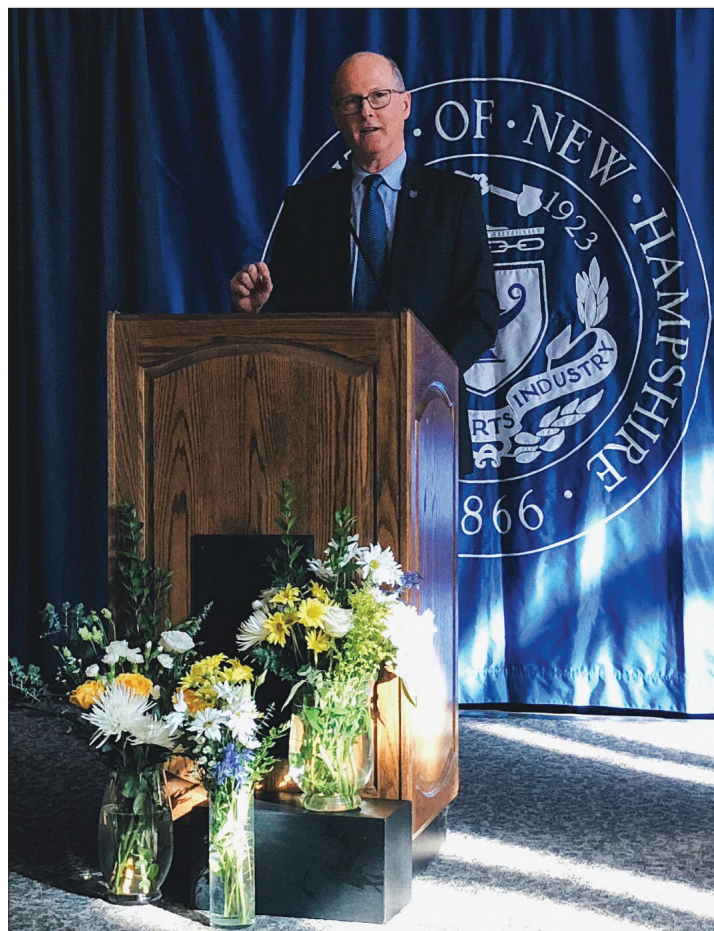
Red Hot Chili Peppers- Jake

Neil Young with Crazy Horse or Pearl Jam- Grace

Tribe Called Quest- Kevin

Chumbawamba- Ian

Year in Review



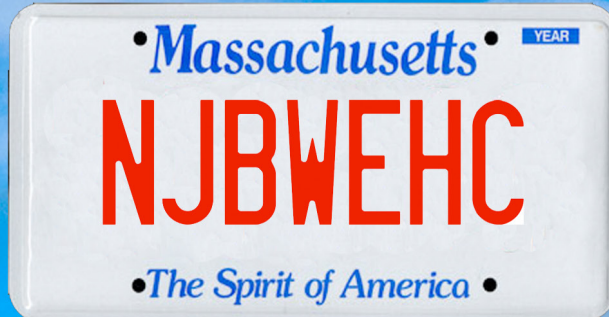


WHAT IS YOUR DREAM LICENSE PLATE

Anita



Sam



Mike



Kevin



Bret



Ian



Joe



Grace



Ben



Jake



Bret Belden is a middle-aged man- change my mind

He struts down the sidewalk, the sun beaming down on his rosy cheeks. He smiles at you from a distance, never taking his gaze off yours - a true sign of his affection. His blue jeans are too crisp. His Boston Celtics quarter zip- sleeves rolled up, of course - makes him look like Brad Stevens' numbers crunching younger brother. Bret's Ray-Bans are perfectly placed above the tip of his Roman Candle nose, with just enough room for you to see the edges of his eyebrows. It takes too long to perfect this look, years even.

He is the most interesting man in this newsroom- he is Executive Editor Bret Belden.

Humble and understated. Classic yet edgy. Traditional, with a hint of wild-child. In the time I've known Bret, he's never ceased to amaze me with his old-soul, no-nonsense demeanor. I've lived, loved and laughed with him ever since meeting him in Gibbs Hall our freshman year, buddies from the beginning. The lad is 19 going on 40 years old. He reads

The Wall Street Journal, dabbles in a friendly game of sand volleyball and wears his baseball hats forward- the "correct" way to wear them.

Let me put it to you like this: Bret fully understands and could perfectly explain the meaning and significance of the Dow Jones. Yeah, it's that serious.

In some ways he's Ron Burgundy, authoritative yet an experienced man of the people. In a way he's Walter Cronkite, a seeker of truth. In some ways he's a Land's End model, sophisticated yet always down for a spontaneous romp with the ones he loves.

Bret grills steak on Sunday nights. Bret's chair squeaks as he leans forward to angrily address the television whenever somebody beats the Red Sox. His guilty pleasure song? "2000 Light Years Away" by Green Day.

All of his friends remind him of his fatherly figure constantly. On a recent outing to Hannaford for some snacks, Bret told a friend and I about the coffee grinder he recently bought for his apartment.

"Only \$20," he told us as he widened his eyes, looking for us to nod in approval. And of course we did; it's called respecting your elders.

Most importantly, he's the guy everybody needs in any group setting. He's the balance, the one who keeps the peace, the voice of reason. He's been through it all, undoubtedly the spiritual leader of this newsroom in numerous capacities. Bret Belden is a man whose been gaining life experience since the 80's, despite being born in 1998. He's the dad we never knew we needed.

Speaking of birthdays, Bret's is coming up on May 4. We're all pitching in to get him a low-mileage 2012 Subaru Forester. It'll be the best 40th birthday anybody's ever had.

By Ian Lenahan
MANAGING EDITOR

@thenewhampshire



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the summer?*

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Thumbs *up*

Thumbs *down*



Thumbs up to the beautiful sunshine we've had this week.



Thumbs down to everybody getting sunburnt and not having aloe.



Thumbs up to the Red Sox amazing start to the season.



Thumbs down to the Sox getting no-hit for the first time since 1993.



Thumbs up to J Cole's first album since 2016.



Thumbs down to J Cole's first album since 2016 - Caleb Jagoda.



Thumbs up to a good old iced coffee from Dunkin Donuts.



Thumbs down to becoming dependent on iced coffee at all times.



Thumbs up to the Bruins victory in Game 7 over the Maple Leafs.



Thumbs down to making this page before the game was over (Go B's!)



Thumbs up to Kanye West's return to the Twitter-verse.



Thumbs down to never understanding any of his metaphors.



Thumbs up to Bret Belden's weekly editorial.



Thumbs down to Bret never writing it before production night.



Thumbs up to everybody flocking to campus quads when it's sunny.



Thumbs down to never finding any space to sit on the quad.

12 Things everyone should know using social media

By Leah Caracciolo
CONTRIBUTING
WRITER

Most, if not all, college students nowadays are on some type of social media. Whether it be Facebook, Twitter or Instagram, we have it and use it. The question yet remains: are we using it properly and safely?

There are billions of people who use social media throughout the world, but how many of them realize that there are rules of etiquette in using this modern means of communication? Some people refer to this as “netiquette” and it applies to all means of communication using the net, but especially to the social media venues.

UNH President Mark Huddleston has released the final report of the Presidential Task Force on Campus Climate. As part of this report, a new social media policy is now included in the Student Rights, Rules and Responsibilities (SRRR).

At a recent campus event sponsored by Career and Professional Success, Tyler Wentworth of the university’s career services team, gave an hour-long presentation on “Social Media Etiquette and Branding.”

During the talk, Wentworth spoke about how we brand ourselves on social media.

Almost everyone today has a

social media account and what we don’t talk much about is how you should use it the right way and the pitfalls of using it the wrong way, according to ?.

“Schools and parents should start teaching social media etiquette early on because your image online is a really big deal in the tech world of today,” Wentworth said.

Many companies will research your name in Google to see what pops up because they want to hire someone who will represent their company well. That is why it’s important to know and understand what you want your social media to portray.

Branding isn’t just a name, logo or image; it’s how you represent yourself. LinkedIn, for example, is used to connect with people in the business world. You should want to use your social media as a tool and Twitter is a conversation starter that a lot of entrepreneurs use. Approximately “87% of recruiters use social media as networking sites to research job candidates,” according to the 2016 Jobvite report.

The following are some of the points discussed in the presentation:

- We all have a reputation and what we care about in life. How do we want to portray ourselves online?

-You always need to be authentic. The digital first impression is the first page of Google.

-Think carefully about what networks to use for your field. LinkedIn is used for the purpose of connecting with people for reasons of interviews. For example a lot of business majors use it to network after or during college.

-Engage when appropriate with influencers/companies.

-Grammar matters.

-Photos attract suitors. A professional headshot brings 21x more profile views.

-Never ask what can I get from you. Not how to start a conversation.

-Thoughtfulness and common courtesy matters.

-Keep your relationships and breakups to yourself. No need to show it to the world.

Wentworth’s advice echoed that of other experts. In a January 9, 2013 piece for Forbes magazine online, Ilya Pozin shares a list of 12 questions that everyone should ask themselves before posting on social media. The list was compiled by Lisa Filpi Goeckler who has a start up business in Beverly Hills that uses social media. A post from a former co-worker which read, “It is incidences like what happened to Brad this past weekend that make one stop, reflect, and cherish life,” Pozin reported. Goeckler did not understand the message and wondered if something had happened to her friend Brad. After reviewing a string of Facebook messages, she came to realize that her friend

Brad had died of a major heart attack. She was not happy about the way she learned this news and “felt it seemed so impersonal.”

It is obvious that the person sending her that post assumed that she was already aware of the death of her friend, but she wasn’t. The message was too vague and not appropriate for a social portal unless the sender was sure the recipient was aware of the news. The use of social media has many advantages such as communicating quickly and reaching many people at the same time, but it must be used with care because it is not the same as face-to-face contact. It is difficult to measure one’s words and how they are used because there is no instant feedback from the recipient as there is with personal communication. If the same message that was transmitted to Goeckler was done so in person, then the reaction would have been: “what are you talking about?” The messenger could then have eased into the sad news on a more personal manner making the situation more comforting for the recipient.

Hence the list:

1.) Should I target a specific audience with this message?

2.) Will anyone really care about this content besides me?

3.) Will I offend anyone with this content? If so, who? Does it matter?

4.) Is this appropriate for a social portal, or would it best be

communicated another way?

5.) How many times have I posted something today? (More than three can be excessive.)

6.) Did I spell check?

7.) Will I be okay with absolutely anyone seeing this?

8.) Is this post too vague? Will everyone understand what I’m saying?

9.) Am I using this as an emotional dumping ground? Is a different outlet better?

10.) Am I using too many abbreviations in this post and starting to sound like a teenager?

11.) Is this reactive communication or is it well thought-out?

12.) Is this really something I want to share, or is it just me venting?

Another piece by Scott Steinberg for HuffPost in February 2017, makes additional points that are suggested for safe use of social media. They include avoiding the sharing of extremely opinionated viewpoints, posting embarrassing or revealing photos, posting of photos of others without their permission, sharing uncomfortable or revealing personal information and so on. Steinberg states that professionalism is imperative and politeness and respect are vital. He reminds us that we must assume that everything we post online may be seen by others because many social networks have suffered privacy breaches.



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From the Editor's Desk...

Walking the fine line

Last weekend I went home to visit my parents. We're from a town in southern New Hampshire, so the ride isn't too bad besides that last stretch on Route 3 (do you pronounce it route or route?) where all the traffic congeals. I can head home on a Friday without worrying about getting a ride back on Sunday night because nobody really minds the drive. That's nice.

Leaving campus – that's some kind of culture shock you don't get used to, and I had it pretty bad this time. It's the first visit I've felt like a guest in my own home.

My dad picked me up from work on Friday, then we stopped in Manchester for dinner with my mom. They haven't changed much except for their growing distaste for New England weather, which I suspect will drive them south earlier than it does most. Normal dinner, though.

Going from the high stress levels at school to the complete opposite at home weirdly made me stressed out all over again.

I don't know if it's because I've gotten used to living away from my home town for longer periods – I went back and forth more frequently in my freshman year – but driving around was... odd. Going from the high stress levels at school to the complete

opposite at home weirdly made me stressed out all over again.

I will say that I didn't like the feeling. I didn't like thinking I should've been doing something school-related even when I knew I'd taken care of my responsibilities beforehand.

Part of that has to do with how much I'm doing on campus. I don't want to talk about any of that, because that's not my point.

Filling up your free time with responsibilities seems doable from the start, but it catches up quickly – say bubbye to your weekends, because that's the only time you'll have to do homework.

The important part is that I'm pulled in more directions than is good for me, despite looking good on a resume.

You'll hear that a lot, that

you should use your free time to get involved on campus and then fit a job in there somewhere. I took that to an extreme and overworked to a point of getting pulled in countless directions, then taking shortcuts where shortcuts aren't appropriate. I'm tell-

ing you now: don't do that.

It's a fine line. Filling up your free time with responsibilities seems doable from the start, but it catches up quickly – say buh-bye to your weekends, because that's the only time you'll have to do homework.

As a species (seriously) we tend to undersell the importance of chilling out. University life is supposed to be a balance between

working and getting social exposure outside of your comfort zone, but sacrificing every ounce of downtime because people insist you build your resume puts unwanted pressure on you. Part of "home feeling different" comes about through natural growth out of childhood, but working too hard may expedite that process in a negative way.

Next time I go home, I want it to be home. We won't get that often after graduating, which I'm told closes in terribly fast. Yikes.

Bret Belden
 Executive Editor

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T&F

continued from page 24

Astle's throw of 156 feet, 9 inches set his personal best.

UNH finished in second place in the other throwing events, the hammer and javelin throws. Jon Chapman, with a throw of 184'1", set his personal best and took home the runner up position. Kyle Faucher was the runner up in the javelin with a toss of 165'10".

On the track, the Wildcats dominated. Alex Karam finished second in the 1500m run with a time of 3 minutes, 55.23 seconds. The 5000m was dominated by Wildcats, as seven 'Cats competed against each other in the event. Ryan Spelman won the event in his career best time of 15:16.75.

The 3000m field was all UNH student-athletes as well, and Aidan Sullivan beat out his teammates for first place with a time of 9:50.12.

In the two invitationals on April 21, the Men's team sent select athletes to both sites.

At Northeastern, Matthew Adams won the 800m run with a time of 1:55.04, Nicholas Ochoa-Sevilla took second place in the 3000m steeple chase with a mark of 9:34.13. William Ulrich ran well enough for second in the 1500m with an ECAC qualifying time of 3:53.17.

A little north of Boston, other 'Cats competed at the George Davis Invitational at Lowell. Astle won the shot-put event with a throw of 53'4.5", he also won the discus with a toss of 154'6".

Jordan Buckmire won the triple jump with a distance of 44'5.25". Joel Nkounkou won the long jump and the 110m hurdles. His jump reached 22'0.75" and his hurdle time was 15.14 seconds.

The women also had a strong showing at the two Massachusetts invitationals. Seven Wildcats went to compete at Northeastern.

Hannah Kimball won the 1500m run in 4:39.72, and Angelyn Masters finished third with a time of 4:43.66.

In Lowell, Emma Checovich won the 100m hurdles in 14.40 seconds, nearly beating her personal best which is .36 seconds faster. She also took second in the long jump with a distance of 17'7.5".

Rachel Morrison won the high jump with a jump of 5'5", resulting in a three-way tie for first. Madeline Quigley won the 1500m with a personal best time of 4:51.94.

Up next for the Wildcats is another midweek event at the University of Pennsylvania Relays taking place from April 25 through April 28. The University of Massachusetts-Amherst hosts a Pre-Conference Meet on April 28, a week before the America East Championships.



COURTESY OF VINCENT DEJANA/UNH ATHLETICS

(above) The Men's track team had the top three spots in the 5000m run with Ryan Spelman placing first, Dean Yost finishing second, and James Wilkes taking the third spot.

(below) Angelyn Masters finished third and Hannah Kimball won the 1500m run at Northeastern University.

Editors picks for Celtics vs. Bucks Game six

	<u>Sam</u>	<u>Mike</u>	<u>Bret</u>
Game Score	103-92 Boston	102-97 Boston	99-95 Boston
Celtics Top Player	Tatum	Rozier	Brown
Bucks Top Player	Antetokounmpo	Maker	Antetokounmpo
Celtics X-Factor	Larkin	Monroe	Smart
Bucks X-Factor	Dellavedova	Parker	Parker



VS.



Zack Holler's 2018 NFL Mock

This will be at least 90 percent wrong by Friday morning, but that's okay. That's the fun of mock drafts. Everybody throws their predictions out there but never really come close to nailing the first round. There are too many trades and unknown prospect-team matches for people to take mock drafts too seriously, yet it becomes an integral point of arguing leading up to this weekend's NFL Draft. I predicted one trade (because Buffalo really needs a quarterback) but other than that tried to slot players in that filled need for the given team.

1. QB SAM DARNOLD, USC CLEVELAND BROWNS

If they take Josh Allen here, it would be the pinnacle of terrible Cleveland draft decisions. Allen's accuracy woes are a real concern and the Browns would be wise to go a safer route with Darnold or Baker Mayfield. Darnold is the youngest quarterback in the class, and would benefit from sitting behind Tyrod Taylor for a year.



2. QB JOSH ROSEN, UCLA NEW YORK GIANTS

Eli Manning, at age 37, is no longer a good quarterback. Yet, some people think it would be a good idea for New York to select a non-QB with this selection. In my opinion, that would be asinine. The Giants aren't often picking in the top-5. Now that they are there and there's a plethora of quarterback prospects, they need to pull the trigger on one. Rosen seems like a guy that could handle being Eli's heir in New York.



3. QB BAKER MAYFIELD, OKLAHOMA NEW YORK JETS

The best quarterback in the draft, Mayfield tore up opposing defenses the last two seasons in college and could be just what the Jets need to turn their franchise around. It was weird how early they traded up for this pick, but it must have been with a certain quarterback in mind.



4. DE BRADLEY CHUBB, NC STATE CLEVELAND BROWNS

The Browns could go with Saquon Barkley in this spot, but they already spent heavy at running back this offseason and pairing Chubb with the 2017 No. 1 pick, Myles Garrett, would be a lethal pass rush.



5. RB SAQUON BARKLEY, PENN STATE DENVER BRONCOS

John Elway likes making splashy moves and if Barkley's still there it'll be tough to pass him up. The Broncos could use a quarterback or cornerback with this pick, but I see them rolling with Case Keenum for 2017. Also, Denver cut C.J. Anderson recently and has an open spot at the running back position.



6. LB ROQUAN SMITH, GEORGIA INDIANAPOLIS COLTS

The Colts could trade back again, but with three quarterbacks already off the board, I say they stay and take the new leader of their defense. With Andrew Luck presumably back in 2018, the Colts need a competitive defense to hang with an improved AFC South. Smith is a do-it-all linebacker that could be an Indy cornerstone for years to come.



7. S DERWIN JAMES, FSU TAMPA BAY BUCCANEERS

If Barkley falls to this pick, the Bucs should take no more than 10 seconds to scoop him up. But with him off the board, they need to address their secondary. James, is from Florida and would be a fan-favorite pick. He has the potential to be the playmaker the Tampa Bay secondary has been missing.



8. G QUINTON NELSON, NOTRE DAME CHICAGO BEARS

Nelson and the Bears are made for each other. This guy is a beast. The Notre Dame guard could go as early as No. 2, but I think he falls because of positional value. The Bears have a good running game and an iffy second-year quarterback, so fortifying the offensive line could help build upon their offensive strengths.



9. QB JOSH ALLEN, WYOMING TRADE: BUFFALO BILLS

This is where the Bills have waited long enough and jump their division-rival Miami to ensure Josh Allen's services. Risky business, but when A.J. McCarron is your starting quarterback as of now, you need to make some moves. I don't think Allen's even worth a first-round selection, but the Bills are desperate and some team is going to go crazy over his monster arm strength.



10. CB DENZEL WARD, OHIO STATE OAKLAND RAIDERS

Khalil Mack has been an absolute beast in Oakland but the defense has underperformed because of a weak secondary. Gruden could address it with an elite safety prospect or take Ward, the best cornerback on the board. He'd be able to step in and be the No. 1 guy for Oakland before they drive on over to Vegas in 2020.



11. Miami Dolphins: S Minkah Fitzpatrick, Alabama

12. TRADE- San Francisco 49ers: LB Tremaine Edmunds, Virginia Tech

13. Washington Redskins: DT Da'Ron Payne, Alabama

14. Green Bay Packers: CB Jaire Alexander, Louisville

15. Arizona Cardinals: WR DJ Moore, Maryland

16. Baltimore Ravens: OT Mike McGlinchey, Notre Dame

17. Los Angeles Chargers: DT Vita Vea, Washington

18. Seattle Seahawks: DE Marcus Davenport, UTSA

19. Dallas Cowboys: WR Calvin Ridley, Alabama

20. Detroit Lions: LB Rashaan Evans, Alabama

21. Cincinnati Bengals: C James Daniels, Iowa

22. TRADE- San Francisco 49ers: DE Harold Landry, Boston College

23. New England Patriots: LB Leighton Vander Esch, Boise State

24. Carolina Panthers: CB Josh Jackson, Iowa

25. Tennessee Titans: C Frank Ragnow, Arkansas

26. Atlanta Falcons: TE Hayden Hurst, South Carolina

27. New Orleans Saints: DT Taven Bryan, Florida

28. Pittsburgh Steelers: LB Lorenzo Carter, Georgia

29. Jacksonville Jaguars: QB Lamar Jackson, Louisville

30. Minnesota Vikings: OG Will Hernandez, UTEP

31. New England Patriots: DT Maurice Hurst, Michigan

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Column Showdown

The Zack and Bret Show has officially ended. I'm behind a different desk and Zack graduates in two weeks for some reason. You know -- I'm so confident in my previous columns (besides maybe that Durant one, but it was tons of fun to write) that I'm not entirely sure my old rival didn't quit out of fear. The Sox have the best record in Major League Baseball so far. Who expected that, right? Me. I did. Now the new guys -- meet sports editors Michael Mawson and Sam Eggert -- square off with some not-so-contradicting sentiments in their first columns of the year, but that's OK, because they both have the Celtics winning in the first round. These guys took charge in their first production night as editors and they deserve props for that. So if you've read this far, keep reading. Michael and Sam have a lot to say about the backup Boston Celtics and their road to the next round. - Bret

C's looking to clinch behind Rozier and Brown



By Michael Mawson

The Boston Celtics beat the Milwaukee Bucks 92-87 in game five of their first round series Tuesday night. The Celtics have a 3-2 lead in the series.

Al Horford led the Celtics with 22 points, while Khris Middleton was the Bucks high-scorer with 23.

Game six will be in Milwaukee on Thursday night. The Celtics have a chance to eliminate the Bucks from the playoffs with a win.

The Celtics had yet another unique combination for their starting five lineup in game five.

The major difference was the decision to start rookie forward Semi Ojeleye in place of Aron Baynes and Marcus Morris.

Ojeleye made Celtics head coach Brad Stevens look like a genius, as he hassled Bucks star forward Giannis Antetokounmpo all game on the defensive end, holding him to a series-low 16 points.

The starting five of Rozier, Brown, Tatum, Ojeleye and Horford had played a combined 11 minutes together all season before this game.

Boston got a much-needed energy boost in the form of backup point guard Marcus Smart. Smart had been dealing with a hand injury that had sidelined him since March 11 before returning in game five.

He totaled nine points, five

rebounds, and four assists in 25 minutes of action. His signature lockdown defense and overall energy level was on display all night.

He made it tough for Khris Middleton, who had been killing the Celtics all series with his ability to make tough, well-contested jumpers. Middleton did score 23 points, but it took him 21 field goal attempts to get there.

They say a playoff series doesn't start until a team wins on the road. If that is true, this series will start and end Thursday night in Milwaukee.

Game six will be a tough one. It is never easy to knock a team out of the playoffs.

The Bucks will come out with a lot of energy and the fans will try to will their team to a victory to extend the series to a game seven.

I'm not buying it.

All year the Celtics have

been doubted, starting with opening night when Gordon Hayward went down with his gruesome ankle injury, ending his season.

Then Kyrie Irving's knee surgery ended his season early, too.

The team responded in the face of adversity by earning the number two seed in the Eastern Conference, finishing the season with a record of 55 wins and 27 losses.

This Bucks team is talented. Giannis has the potential to be an all-time talent, and is already one of the faces of the NBA.

The talent level is pretty even between the two teams, even with the Celtics injuries. The Bucks have more of a superstar in Antetokounmpo but the Celtics have more depth.

The real difference-maker in this series won't played a single minute.

Head coach Brad Stevens

always gets the most out of his players. No matter who is on the floor

Stevens is always willing to mix things up, and it has left the Bucks one step behind all series. The Bucks don't have an answer for the Celtics half court sets, as the Celtics have been finding open shots all series. It all comes down to making them, which I think the Celtics do on Thursday night.

I expect Jaylen Brown and Terry Rozier to both have big nights scoring the ball. Brad Stevens will throw multiple defenders on Antetokounmpo and have Smart stick to Middleton all night, forcing Eric Bledsoe, Jabari Parker, and the other role players for Milwaukee to have big nights offensively.

A close game goes the road team's way for the first time this series.

My prediction for game six: Celtics 103 Bucks 98.

Celtics reserves to play big role in game six



By Sam Eggert

The Celtics had looked a little lethargic in games three and four, not being able to capitalize off their success in the beginning of the series.

Things changed Tuesday night as the Celtics welcomed defensive superstar Marcus Smart back from a thumb injury, and boy did he let the Bucks know of his presence. He came into the game like a shot of adrenaline making an immediate

impact, like he always does.

The scorpion entered into a low-scoring first quarter and his sheer presence brought the crowd into the game and gave the Celtics some momentum late in the first as he rose up for a huge block on Giannis Antetokounmpo.

Semi Ojeleye made himself known last night, tasked with covering inhumane superstar forward Antetokounmpo.

Semi stands at 6'7", 236lbs and Giannis is a towering 6'11", 230lbs and has proven to be a matchup nightmare for not only the Celtics, but the entirety of the NBA.

Semi had his work cut out for him, getting significant minutes solely to cover Giannis. Ojeleye only took three shots, draining one of them in the first quarter (each shot was from three-point land). Ojeleye was decent last night, as he was able to match Giannis's physicality

around the basket and his ability to push the ball down court.

Ojeleye was charged with a few apparent blocking fouls early in the game that should have been called charges on Antetokounmpo. He held Giannis to 16 points, 9 assists and 10 rebounds. What those numbers do not tell you is that Ojeleye held Giannis to five points in the second half.

There are a couple rivalries developing within the series, and both revolve around Celtics guard Terry Rozier.

The beef had been simmering ever since Terry called Eric Bledsoe "Drew Bledsoe" (Patriots legend) during his press conference following Rozier's hot start to the series.

Bledsoe followed up in a separate post-game interview regarding Rozier: "Who?... I don't even know who the f**k that is" when being asked by reporters about the Celtics guard.

This has made for some entertaining playoff drama as the Bucks have a personal vendetta against the truly Scary Terry.

Early in the third quarter, high school mixtape legend Thon Maker was trying to make his presence known, blatantly slapping Rozier in the head on a block attempt. Later in the quarter, Bledsoe instigated with Rozier and the two were alternating body blows under the basket.

A frustrated Rozier tossed the overly aggressive Bledsoe off of him at the end of the tussle, drawing the referee's attention.

The referees took a whole ten minutes to determine their call and eventually dished Rozier a technical foul and Bledsoe a flagrant one foul.

I cannot wait to see what Scary Terry has in store for game six after Milwaukee came for his throat in games three through five. Hopefully he can send Bledsoe to the ground with an-

other ankle-breaker in Milwaukee tonight.

Looking to tonight's game in Milwaukee, expect to see the Bucks continue their physical brand of basketball, especially if Thon Maker and Matthew Dellavedova get extended minutes. If Giannis can figure out how to score 20 plus on Ojeleye, Middleton continues his brilliance and Eric Bledsoe succeeds in infiltrating Terry Rozier's head, the Buck's might be able to force a game seven.

For the Celtics, like every game this season, their success has revolved around their defensive pressure. Having Marcus Smart back in the lineup is proving to be a huge plus for the C's. Offensively, expect a big night from Jayson Tatum.

He's coming off of a poor performance in Tuesday's victory, so look for the rookie to get into a rhythm early as he tries to avoid a playoff slump.

Which side do you land on? Answer our poll and tell us on Twitter @TNHSports

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The New Hampshire

WOMEN'S LACROSSE

UNH drops third straight on senior day

Wildcats fall to Albany despite Krissy Schafer's three-goal performance



COURTESY OF UNH ATHLETICS

Senior goalie Kate Clancy and sophomore goalie Amanda Gottlieb both made five saves and gave up seven goals in Saturday's loss to Albany.

By Will Sirbono
STAFF WRITER

On senior day this past Saturday, UNH fell to Albany for their third straight loss making them 6-9 on the season and 4-2 in conference play. These last three losses bumped them down to a tie for third place in the America East Conference standings and may hurt their seeding in the upcoming playoff tournament.

Across the stat sheet this

was a fairly even game if you ignore the scoreboard. Both teams had 30 shots and Albany proved to be more accurate with five more shots on goal. Albany committed 14 turnovers compared to the Wildcats 11, and Albany had 11 saves compared to the Wildcats 10. Albany was able to gather momentum by doubling UNH in draw controls and nearly doubling them in ground balls.

Albany went up three goals to none in the first ten minutes of the game. The Wildcats never

came within two goals of their opponent for the rest of the game.

Krissy Schafer scored three goals extending her point streak to 13 games adding to her total of 35 on the season. Julia Neyland, Teagan Northrup and Anna Vogt all tallied 2 points in the game and were the only other Wildcats that made a significant difference. Both Neyland and Northrup extended their own point streaks to six and seven games respectively. Neyland also had three draw controls in the

game leading the team.

Cat Sennott got herself involved as well winning three ground balls and causing three turnovers as well but didn't find herself in the points column.

Goal keepers Kate Clancy and Amanda Gottlieb split the game, playing 30 minutes each. Both goalies made five saves and allowed seven goals making it slightly more difficult for their team to stay in the game.

This Saturday UNH faces off against Binghamton in Vestal,

New York for their final game of the season. Binghamton is 7-8 on the season and is tied for third place in the America East conference with UNH, with a conference record of 4-2. This game has some major America East Conference tournament implications on the line, as it will determine who will get the third and fourth seed in the tournament. Look for the Wildcats to lay it all out on the line Saturday to finish off their season on a positive note.

T&F

Wildcats surge amidst split squad weekend

By Sam Rogers
STAFF WRITER

The Wildcat men travelled to Worcester, MA for their annual midweek meet at the Holy Cross Classic on Tuesday, April 24. Limited athletes competed for the squad, as they are still working towards the conference championship which takes place May 5 and 6.

Both the men's and women's units competed in invitationals on April 21, one hosted by Northeastern University, the Jay Carisella Invitational, and the

George Davis Invitational hosted by University of Massachusetts-Lowell.

The Holy Cross Classic featured Holy Cross, UNH, Worcester State, and Rhode Island.

In Worcester, UNH's Zachary Astle won his fourth straight shot-put event as his throw landed at 52 feet, 7.25 inches. Nicholas Ritzo came in second in the event with a throw of 51 feet, 5.5 inches. Astle and Ritzo finished second and third in the discus throw.

T&F

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COURTESY OF UNH ATHLETICS

Sophomore thrower Zach Astle emerged as the victor of his fourth straight shot-put event