

The NEW HAMPSHIRE

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New PACS director to start in June



Courtesy of Shari Robinson

By Jordyn Haime
STAFF WRITER

Dr. Shari Robinson was recently hired as the new full-time director of UNH's Psychological and Counseling Services (PACS). Robinson will be the center's first permanent director in over a year.

Robinson will start her work at UNH in June. With 11 years of experience as a staff psychologist and interim director at the

University of Florida as well as three years as director at Western Washington University, Robinson said she has big plans for building a stronger future for PACS.

Robinson, a first-generation college student, was introduced to human services when she was growing up in Chicago. Her aunt, who Robinson remembers as "my first mentor...my role model," was a social worker in the women's prison system. According to

Robinson, she'd often take Robinson along to work with her.

Robinson went on to work briefly in social work, but found her passion in working with college students, as she completed her practicum at the University of Wisconsin's counseling center.

"...That was my a-ha moment," she said. "I just knew that

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Forest Park fee halted

By Jordyn Haime
STAFF WRITER

According to an Associated Press report, UNH plans to halt the charge of \$17,600 per child attending Oyster River schools on parents living at the Forest Park apartment complex after *The New Hampshire's* report of the fee last week. The fee – which was put in place by The School Agreement to reimburse the town of Durham the cost of sending children living on tax-exempt UNH properties to school – was set to go in effect starting in July.

David May, associate vice president of business affairs, said last week that the university could no longer absorb the cost of sending each of the seven children living at Forest Park to Oyster River schools due to budget constraints.

UNH has covered the cost up until this year, when an updated lease agreement revealed that tenants would have to foot the entire cost of sending a child to school. Regular Durham taxpayers pay only a fraction of that cost in property tax; the average is estimated at around \$10,000.

The suspension of the fee, which would have doubled Forest Park parents' rent to over \$2,600, could save some residents from having to find new housing accommodations.

There is no answer as to whom or what will now be covering the \$17,600-per-child cost of sending Forest Park's children to school, and there is still no clear resolution, according to Erika Mantz, UNH's director of media relations.

"UNH has been having, and will continue to have, ongoing discussions with the town of Durham on these per-pupil costs. We will find a way to ensure that the effected families in Forest Park do not bear this financial burden," Mantz said.

May declined to comment further on the issue.



Courtesy of Matthew Healy

A competitor falls off of the bouldering wall at the Hamel Recreation Center at the Wildcat Wall Crawl bouldering competition this past Sunday.

By Adrienne Perron
STAFF WRITER

Close to 70 members of the climbing community at UNH gathered at the bouldering wall in the Hamel Recreation Center this past Sunday night, either to participate or be a spectator of a Wildcat Wall Crawl bouldering competition organized by UNH's Climbing Team and Outdoor Adventures.

Benjamin Kremer, a junior outdoor education and recreation management and policy double major and Bouldering Wall Manager kicked

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PMD, KD host 'Deck the Walls' for NH Food Bank

By Katherine Lesnyk
STAFF WRITER

Phi Mu Delta (PMD) partnered with sorority Kappa Delta (KD) for a gingerbread-house building competition called "Deck the Walls" in the Strafford Room last Thursday night in an effort to mix up the kinds of events the fraternity hosts, according to PMD philanthropy chair Gordon Guilmette.

Sophomore recreation management and policy major and vice president of community service for KD, Jennifer Drohan, said that originally, only about five teams registered to participate, but over a dozen ended up registering.

The proceeds from registration (\$5 per person and \$25 per team) benefitted the New Hampshire Food Bank, which senior civil engineering major and vice

president of finance Jonathon Brown said is the only state-run food bank in New Hampshire.

The exact amount of money earned for the New Hampshire Food Bank will not be known for a few more days because the funds came from multiple places—some students registered with the Memorial Union Building ticket office, some registered

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Katherine Lesnyk/ TNH Staff

The winning gingerbread house submission at the Deck the Walls competition.



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TNH Alumni Issue



TNH alumni brushed off their journalism skills this week and contributed to the edition. Turn to page 10 to see what they wrote about.

Men's hockey preview



Staff writer Sam Rogers previews this weekend's men's hockey matchups against Army West Point and Merrimack College.

Slow Food Farmers Market

UNH Slow Food will host its first MUB Farmers Market on Thursday, Dec. 7. Get a sneak peek of the student org before.



Makers Expo

On Friday, Dec. 1, creative merchants converged in the Memorial Union Building's Granite State Room to sell their handmade creations to patrons.



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What's the Weather?

Dec. 7

44/26
Sunny

Dec. 8

40/26
Mostly Sunny

Dec. 9

38/26
Cloudy

Dec. 10

39/20
Cloudy

Dec. 11

36/25
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Dec. 12

35/16
Rain/ Snow Showers

Dec. 13

24/11
Partly Cloudy

Weather according to weather.com

The next issue of TNH will be published on

Thursday, Feb. 1, 2018

Have a fantastic break!

TNHdigital.com

Bouldering
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off the competition by crediting Outdoor Adventures, a facet of Campus Recreation, for the management of the bouldering wall being utilized in the competition.

“As you know, this is a fundraiser for our lovely climbing team, they are going to be running the show for the rest of the night,” Kremer stated. “This was all planned in collaboration with them, they have been really awesome in making this happen.”

According to Thomas Giarratano, a student leader of the Climbing Team, the competition brought in around \$185 among the 37 competitors with a \$5 entry fee. This money was divided in part between the two organizations.

“We [thought] this would be a good way for us to do a little bit of fundraising, and for [Outdoor Adventures] to get a little publicity for the wall,” Giarratano said.

Before the competition began, two student leaders of the Climbing Team gave a short rundown of the rules of the competition, methods of scoring and proceeded to thank sponsors of the event, including businesses like Eastern Mountain Sports, Badger Balm, Dos Amigos Burritos, Indoor Ascent and Domino’s Pizza, who donated pizza to be eaten at the competition.

According to the student leaders, climbers had between the hours of 6:10 and 8:10 p.m. to complete as many bouldering

“routes” on the wall as possible and mark down their numerical values, based on the level of difficulty of the climb, on a score sheet. At the end of the competition, each competitor’s top five highest numbered climbs were totaled, and winners were chosen based off of whose totals were highest.

Three winners from three categories, including Men’s Advanced, Men’s Intermediate, and a Women’s category, were chosen. From each category, first, second, and third-place climbers respectively were Seamus Wolfe, Will Silverstein-Belden and Cooper Bloch of the Men’s Advanced category, Dylan Lauer, Hayden Done, and Joshua Joslyn of the Men’s Intermediate category, and Emily Krupa, Mikayla Minor, and Lauren Linekin of the Women’s category. Prizes for winners ranged from gift certificates to Dos Amigos Burritos, Subway and Aroma Joe’s, to T-Shirts, lip balm and even a homemade mug made by ceramicist and member of the climbing team, Tejas “Captain Big T” Moses.

Thomas Giarratano, senior mechanical engineering major and a student leader of the Climbing Team, stated that the idea for this competition in particular was brought about by the Climbing Team, and after approaching Madeleine Smith, the head of Outdoor Adventures, the two organizations were able to collaborate and make the competition happen.

“We helped them set [routes on the wall], we helped them clean the holds, and we just built a bond between other people who love the outdoors and climbing,” Giarratano said in regard to the relationship between the two organizations.

According to Giarratano, members of the Climbing Team who helped to set up climbing routes on the wall for this competition attended risk management training with Nate Fitch, director of UNH’s Outdoor Education artificial climbing wall, before being able to set any routes. According to Giarratano, the process of setting new routes on the wall took about five days.

Kremer stated that he hopes the relationship between the Climbing Team and Outdoor Adventures will continue into the future, especially when it comes to the organization of competitions.

“I love being able to collaborate, it makes sense that this is a relationship that works,” Kremer said.

Abigail Karparis, a junior environmental conservation and sustainability major and member of the UNH Climbing Team since her freshman year, helped to set up the wall for this year’s competition. Karparis said she started climbing when she came to UNH because between her childhood love of climbing trees and playing sports, as well as her desire to do something different in college, it seemed like a natural fit for her.

Gingerbread
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outside the Strafford Room before the event and others registered through the group planning website MemberPlanet, Drohan said.

During Deck the Walls, participants were provided with the resources to build a gingerbread house in 30 minutes. Several of the teams representing Greek organizations decorated their houses with the letters of their fraternity or sorority, and some even went as far as to construct a model of their organization’s house.

A group of students from ROTC constructed Zais Hall, the home of the UNH ROTC program.

A couple of near-disasters occurred, such as the table legs collapsing in for a team while they were working on their gingerbread house. The team members and several bystanders propped the table back up in time to save the house.

When it came time for judging, members of each team had to individually bring its house up on stage to be observed by the judges, which unintentionally determined which houses were stable and

which houses weren’t. A couple of them fell apart slightly when they were set down in front of the judges.

Announced by a Phi Mu Delta member dressed as Santa Claus, the second runner-up was a tie between the “Barn Rats,” a team comprised of about five girls from the Sigma Alpha professional agricultural sorority, and “Chi Omega 2.”

The runner-up was the “Grinch Gang.”

Winning the gingerbread house building competition was the “Dog Squad,” another group from Sigma Alpha who turned their gingerbread house kit into a sweet doghouse. The prizes for the team were a plaque and a Dunkin Donuts gift card.

Junior psychology major Francesca Pasciuto discussed the Dog Squad’s design saying that they wanted to do something different, and being an agricultural sorority, they often work with animals including dogs.

The winning gingerbread house can be seen displayed before the finger scanners into Holloway Commons.

PACS
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this was going to be my career path.”

After five more years of work at University of Mississippi’s counseling center, she got her Ph.D. in counseling psychology at West Virginia University with the ultimate goal of becoming the director of a university counseling center.

“I kind of like being the boss. I like leadership. It’s just a good fit for my personality,” Robinson said.

She described herself as a builder, a revisionist. According to Robinson, she knows there’s a lot of work to be done at PACS after the full staff stepped down over the course of the last academic year. The discussed big changes will start with meeting the increasing demand for appointments at PACS, Robinson said.

At full demand, Robinson noted, the average wait time for an intake appointment is two to three weeks

“This center, in order for it to be adequately staffed, based on what IACS [International Association of Counseling Centers] standards are, should be [employing] 15 full-time permanent counselors. That doesn’t count for trainees,” Robinson said.

A full staff at PACS, according to interim director Elisa Bolton, is 12 staff clinicians and six trainees. Wait times have fluctuated throughout the semester

and the previous year due to understaffing. Currently, there are 10 full-time clinicians and 2 post-doctoral trainees at PACS, according to Bolton. But Robinson said this wait time can be reduced with a staff of 15 clinicians.

“My goal is that the wait time should never be more than a business week,” she said in regard to the wait time at PACS.

Robinson said she also wants to improve access to PACS services, which means increasing the number of appointments students are allowed from eight to 12 per year.

“Those four additional sessions could make a big difference,” she said.

A major concern expressed by the student body at the open forum last year was lack of diverse representation and preparedness to deal with diverse issues at PACS. Robinson says social justice is part of who she is, and plans to make it part of PACS’ mission due to the fact that she identifies as a first-generation, educated woman of color who will serve as the counseling director at a predominantly white institution starting this summer

“I’ve had to overcome a lot of adversity, including racism, including bias, including discrimination. And that still shows up in higher education every day as a woman of color in a leadership role,” she said. “But because it’s my lived experience, that means it

directly influences my decisions.”

According to Robinson, one of her main responsibilities when she worked at the University of Florida was outreach to African-American and Caribbean communities on campus to build a trusting relationship and provide credibility to the university’s counseling services.

“We have to go into their spaces. We have to build their trust. Which means we have to go out of the four walls of PACS to do that,” she said.

During a visit to campus Robinson requested to meet with executive board members of UNH’s Black Student Union (BSU) and co-chair of the President’s Commission on the Status of LGBTQ+ People, Zachary Ahmad-Kahloon. According to Robinson, this was to get a jumpstart on building strong relationships with the UNH community.

Outreach to diverse campus communities, Robinson said, will be PACS’ priority once direct services are re-established to a satisfactory level.

Until Robinson begins her work at UNH in June, Bolton continues to serve as interim director of PACS.

“We eagerly look forward to Dr. Robinson joining us as we believe that she will bring a lot to PACS and to UNH more broadly,” Bolton said. “It is clear that she is an experienced clinician and knowledgeable leader and that she has a great sense of humor.”

*Thank
you to our
readers for
a fantastic
semester!*

The next issue
of TNH will be
on stands
Feb. 1

Happy Holidays!

Student Senate update, Dec. 3 meeting

By Tyler John Kennedy
STAFF WRITER

Sunday's Student Senate meeting saw the senate pass all but two of the mandatory student fee proposals for next year, with the two outliers being the Athletics Fee and the Career and Professional Success (CaPS) Fee.

With no proposed increase or decrease, the CaPS Fee was set to remain at \$100 for next year. However, no other budget information regarding the department was provided to the senate, which, according to Student Senate Speaker Brennan Pouliot, led to a lengthy discussion by the senate on how to handle their fee proposal. The senate ultimately unanimously voted to fail the fee proposal.

The Athletics Fee proposal, currently set at \$1,075, which would keep it at the current rate, also failed to be passed by senate, but for different reason. The fee essentially failed due to wor-

ries by the senate in regard to the lack of transparency in the overall Athletics budget, specifically in the amount of funding they receive through Central Administration Funding (CAF). A majority of the other departments that mandate student fees are required to send funds towards CAF, and there is concern by the student representatives in how there isn't full transparency in where Athletics' funding is coming from.

All of the other fee proposals were approved by the senate.

Other matters covered in the night included the confirmation of Nick LaCourse as a senator representing the Upper Quad. LaCourse currently serves as the outreach director of the Student Activity Fee Committee (SAFC). Also approved by senate was Patrick Butler as an SAFC at-Large member; there remains one at-Large position available on the committee.

Another matter brought up in Sunday's meeting was the in-

roduction of the proposed Social Media Policy, as drafted by the University Administration, which will be voted upon at the next meeting on Sunday, Dec. 10, the last of the semester.

The purpose of this policy, according to a document that was dispersed to the senate on Sunday night, is "to promote, instill and support habits of communication and character that will help UNH students be successful both in their progress toward completing their educational program and in their future lives."

If passed, the policy will then be added to the Students' Rights, Rules, and Responsibilities.

The final action of the night was the election of Jose Calvo as next semester's student senate speaker, in light of Pouliot's decision to resign due to time constraints next semester. The discussion and voting on the matter was done in Executive Session; no public min-

FEE PROPOSALS PASSED BY UNH STUDENT SENATE

FEE	Fiscal 2018 Fee	Fiscal 2019 Fee	Percent Increase
SHARPP	\$8	\$8	0%
Health and Wellness	\$165	\$181	9.7% ↑
Psychological and Counseling Services	\$358	\$369	3.1% ↑
Technology	\$201	\$205	2% ↑
Memorial Union Building	\$392	\$401	2.3% ↑
Campus Recreation	\$788	\$769	2.4% ↑
Transportation	\$140	\$143	2.1% ↑
Dining	\$4,242 <small>*Cost of Care meal plan</small>	\$4,360 <small>*Cost of Care meal plan</small>	2.8% ↑
Housing	\$7,024 <small>*Cost of UNH double</small>	\$7,222 <small>*Cost of UNH double</small>	2.8% ↑
Student Activity Fee	\$89	\$89	0%

Courtesy of unh.edu

utes were taken for this section of the meeting.

Calvo, a senior, is currently the chairperson of the External Affairs Committee but

will leave that position upon assuming the role of speaker. Calvo will officially assume the role of speaker on Sunday, Dec. 10.

Winter Parking Ban restrictions delayed due to lack of expected snowfall

By Aaron Rago and
Madison Neary
TNH STAFF

Last year, the UNH winter parking ban was postponed from Dec. 1 until the start of the spring semester in January. Due to the lack of snow in the month of December, the student body pressed to lift the ban for the month. This winter, again, UNH Parking and Facilities has decided to reinstate a delayed ban. According to the UNH Transportation website, during the winter parking ban, designated parking areas are restricted to specific areas between the hours of midnight and 6 a.m. and prohibited everywhere else.

As taken from the Transit website, restrictions are as follows. During a standard night during the ban when it is not snowing, lots open until 2:15 a.m. with no required permit

are: Edgewood Road Visitor Lot, Thompson Hall Lot and Fac/Staff section of Lot H. Lots open until 7 a.m. with no required permit are: Campus Crossing Visitor, Lot B (off McDaniel Drive), Sage Way Visitor Lot (near Parking & Transit Center), Lot A Section 4. Lots open until 7 a.m. with a required permit are: Gables, Woodside, E/E1, Forest Park, West Edge Lot, Mast Road & Mathes Lots (near the Equestrian Center), RHD and ADA spaces.

During a full ban, when snow emergency is engaged, the Transit website states: Lots open until 2:15 a.m. only, with no permit required, are: Campus Crossing Visitor, Edgewood Road Visitor, Thompson Hall Lot, Fac/Staff section of Lot H. Campus Crossing Visitor lot closes at 2:15 during snow emergency. Open until 7 a.m. with no permit required are: Sage Way Visitor Lot, Lot A

Section 4. Lot B closes at midnight during snow emergency. Lots open until 7 a.m. with a required permit are: Gables, Woodside, E/E1, Forest Park, West Edge Lot, Mast Road and Mathes Lots, RHD and ADA

spaces.

Student Body President, Carley Rotenberg, asked that students pay close attention to their email, as alerts will be sent out this way.

"This means that they

would need students to be very attentive to notifications about snow removal and moving cars during the month of December to ensure that Facilities was able to properly remove snow when needed," Rotenberg said.

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Clinton signs books in New Hampshire

CONCORD, N.H. (AP) — Hillary Clinton returned to New Hampshire for the first time since the 2016 election on Tuesday, basking in a warm welcome and brushing off a question about President Donald Trump's unsubstantiated claim that rampant voter fraud led to her victory in the state.

About 1,000 people waited outside in light rain to meet the former Democratic presidential nominee and get a signed copy of her new book about her failed 2016 campaign, "What Happened."

"I love coming to New Hampshire, and I love the friends that I've made over 25 years now. So any chance I have to come back, I am anxious to take it," she said shortly after the signing got underway.

Clinton won New Hampshire's four electoral votes, though Trump insists he lost the state only because "thousands" of people came by bus to vote against him. He also has created a commission to investigate allegations — offered without evidence — that millions of people

voted illegally nationwide in 2016.

Asked about those claims by the Republican president, Clinton demurred.

"Well, you can read my book and find out what I think about that," she said.

Karolyn Carpenter, 65, of Tilton, was more blunt.

"Oh, please. Any time he opens his mouth, it's a lie. Don't even get me started," she said.

Carpenter said she is a long-time Clinton fan but hadn't met her in person until Tuesday.

"I feel the same way she does: What happened?" she said. "I think Trump is destroying our country."

Geena Chiumento, 23, came from Boston to meet the first person she had ever voted for in a presidential election. She said she has been reading Clinton's book and enjoying learning more about her likes and dislikes.

"I think I just really appreciate how open and honest it is," she said.

She arrived several hours before the doors opened and ended up running to a nearby

store to buy new socks to stay warm.

"It was worth it," she said. "I'll always remember these socks now."

Protesters across the street from the bookstore included supporters of U.S. Sen. Bernie Sanders, Clinton's main opponent in primary elections, and perennial candidate and performance artist Vermin Supreme, who went to court to get permission to bring a pony to the event.

Chris Balch of Wilton held a large banner thanking Sanders "for making Medicare 4 All household words." He said he wanted to remind voters that Clinton represents a corrupt system that rewards corporate greed.

"Bernie does not do that, so it's important to spread that word at every opportunity," he said. "Does it do any good? I don't know. I don't really know."

Later Tuesday, Clinton was honored with the Big Sister Association of Greater Boston's "Believe in Girls" award for working to improve the lives of women and girls.

Two conflicts of interest in Granite State

CONCORD, N.H. (AP) — A national analysis of financial disclosure forms and legislative records highlights two possible conflicts of interest in New Hampshire, but the lawmakers involved say they did nothing improper.

The Center for Public Integrity and The Associated Press found that at least 76 percent of state lawmakers across the country reported outside income or employment in 2015. While that might give lawmakers expertise in certain policy areas, many of those income sources are directly affected by the actions of the legislatures.

The review was based on an analysis of disclosure reports from 6,933 lawmakers in the 47 states that required them. It found numerous examples of state lawmakers who have introduced and supported legislation that directly and indirectly helped their own businesses, their employers or their personal finances. The practice is enabled by limited disclosure requirements for personal financial information and self-policing that often excuses seemingly blatant conflicts.

New Hampshire Rep. Bart Fromuth, a Bedford Republican,

runs a utility management company called Energy Logistics. He sponsored two bills to repeal the state's renewable portfolio standard, which applies to some of his clients and requires electricity providers to obtain 25 percent of their power from renewable energy by 2025. Those that don't meet the goals must purchase renewable energy credits or pay a penalty.

Fromuth filed paperwork noting the conflict of interest but indicating he still intended to participate in the debate. He said because his company also sells energy credits, if anything, repealing the standard would hurt him financially.

"We make a decent amount of revenue from playing in that market space, so if anything, it's a profit center for my business," he said.

One of the bills was tabled and died in the House. The other, which was amended to create new reporting requirements for the credits instead of repealing the standard, was sent back to committee for further study.

Acknowledging that "we're never going to repeal the RPS," Fromuth said his main goal was highlighting that in many years, money generated by the renew-

able portfolio standard has been used to plug holes in the state budget, instead of subsidizing renewable energy projects.

"On the outside, it looks great, like we're making sure we're investing in renewables, but the truth of the matter is, that money goes to the government, and the government decides what to do with it," he said. "From a policy standpoint, it deserves conversation."

In the other case, former Rep. Joe Lachance, a Manchester Republican, sponsored multiple bills to expand the types of conditions covered by the state's medical marijuana law. He listed himself as owner of a cannabis consulting business on his disclosure but said he never opened the business, just registered the name.

"There's no business there; it's nothing but a title," he said. "There was no money."

Lachance, who lost his 2016 re-election bid, said he was trying to help fellow disabled veterans. He blames the veterans affairs medical system for getting him addicted to opioids to manage his chronic pain.

"Cannabis saved my life," he said. "So I made it a mission to expand the law."

NH BRIEFS

DRIVER LICENSES UNDERGO UPGRADE

CONCORD, N.H. (AP) — New Hampshire driver licenses have gotten a security upgrade.

The Division of Motor Vehicles has changed the way a driver license number is assigned.

The new number — called a credential identifier — has three letters and eight randomly assigned digits, for a total of 11 characters. That's a change from the current 10-digit driver

license numbers that were based on a person's name and birth date.

The change impacts all New Hampshire driver licenses issued on or after Oct. 11. Current licenses will remain valid until their scheduled renewal.

DMV Director Elizabeth Bielecki said the agency is pleased to provide the additional layer of privacy and security for its customers.

ELF ON THE SHELF RETURNED TO TOWN

DEERFIELD, N.H. (AP) — A New Hampshire town is happy to report that its beloved elf on a shelf has been returned, more than a day after he vanished.

The Deerfield Rescue Squad posted on Facebook on Wednesday morning that Zippy the elf is a little wet, but safe. It featured photos of him carried by a police officer and parked in a car.

The rescue says "Our Holiday Magic is back."

Deerfield Rescue Squad EMS captain Cindy McHugh says a town resident was getting ready for work when he saw that Zippy was on his doorstep. He called police. McHugh said the town isn't interested in pursuing the matter further, and just wants Zippy back for the children.

The mannequin in a red onesie, cap, mittens and slippers makes appearances around town.

TEACHER ENCOURAGES STUDENTS TO SMOKE

SOMERSWORTH, N.H. (AP) — Police in New Hampshire have charged a former substitute teacher who they say encouraged middle school students to smoke pot and gave one student a vaping device.

Twenty-year-old Elisha Mahar, of Rochester, was arrested Thursday and charged with four misdemeanor counts of endangering the welfare of a child. It wasn't immediately known if she had a lawyer, and a phone number for her

couldn't be found.

Authorities say a school resource officer at Somersworth Middle School spoke with Somersworth police on Oct. 13 after he learned Mahar had invited students to smoke and had given a student a vaping device while she was a substitute teacher.

Interim Superintendent Connie Brown says the school district is cooperating fully with police.

A hearing is scheduled for Dec. 26.

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Putting out since 1911

SEAC hosts its first holiday clothing swap

By **Liam McNamara**
CONTRIBUTING
WRITER

The UNH Student Environmental Action Coalition (SEAC) hosted its first clothing swap event this past Saturday from 11 a.m. to 3 p.m. in the Memorial Union Building's (MUB) Strafford Room.

"The idea is to bring clothes that you don't wear anymore, and you can take as many clothes as you brought," Elizabeth Martin, co-coordinator for SEAC and a sophomore environmental science major at UNH, said. "This is our first year doing it so we're still trying to figure out what works best and what doesn't."

Not only were clothes being exchanged during the event, there were also multiple holiday themed crafts, a raffle and a food table.

"We also have decorating ornaments and a sugar scrub thing that you can give to people, then we have a raffle where you can win Yankee Candles," Martin said.

Not only were clothes brought by people who attended the event, donation bins had been placed all around UNH on campus housing a week leading up to the

event. This allowed students to donate unwanted clothes without having to attend.

According to Martin, the event was publicized around UNH and an email was sent out to hall directors asking them to notify their residents of the event.

Meghan White and Theresa Selesky, both UNH Alpha Phi Omega volunteers at the event, could be found sprinkling glitter on and tying ribbons around pinecone ornaments at the crafts table.

Although they had just recently found out about the event, they were happy they came.

"It's fun they have the DIY stuff," Selesky said.

White expressed how she thought recycling old clothes was a good sustainability idea.

"I feel like a lot of the time you have to throw out your clothes, or donate them to charity," White said.

Because of the large number of clothes donated, participants of the event were told they could take as many items as they'd like, regardless of how many items they brought.

"We have a lot, so we're just going to donate them to a used clothing store at the end," Martin said.

Because of the large number of clothes donated, participants of the event were told they could take as many items as they'd like, regardless of how many items they brought.



Courtesy of Liam McNamara

Students had the opportunity to bring in clothes they don't wear anymore and grab an article of clothing they want to wear.

Jordan Garrett, UNH sophomore and soon to be business manager of SEAC in the 2018 spring semester, coordinated the event and said if they had the chance to do any-

thing differently, it would be to start publicizing the event earlier.

"We did send out emails, made a Facebook event, hung up fliers and tabled previous to

the event," Garrett said. But overall, she said she was very happy with the outcome of the event. "We had a good turnout and are looking forward to hosting it again next year."

Social Venture Innovation Challenge allows students and locals to pitch ideas

By **Alex Dowd**
CONTRIBUTING
WRITER

This year's winners of the fifth annual Social Venture Innovation Challenge (SVIC) featured a UNH undergraduate and UNH alum.

On Tuesday, UNH hosted SVIC and the Innovator of the Year Award. This event allows UNH students and New Hampshire locals alike the chance to pitch their ideas to a panel of judges from companies in the field of social venture innovation.

UNH's Peter T. Paul College of Business and Economics and Carsey School of Public Policy were the two main sponsors for the event. External sponsors for the event also include Kennebunk Savings, Timberland, Pierce and Atwood and

the New Hampshire Charitable Fund Foundation. The sponsors for the Social Ventures Innovation Challenge make it possible to award the winners with cash prizes as well as legal services from Pierce and Atwood and access to co-working space in Portsmouth, New Hampshire to assist the winners of the contest in getting their business proposal off the ground and running.

The Social Venture Innovation Challenge is split into two categories; the student track, which includes UNH undergrad students, and the community track in which innovators of all ages get a chance to pitch their ideas to the judge's panel. Participants in the competition produce videos, which gives an overview of their idea and highlights the goals they hope to achieve and which social issues they plan to tackle.

This year's winner in the

student track of the competition was Andrew Demeo and his company Honey-Do. Demeo, a senior environmental conservation and sustainability major and his company Honey-Do proposes installing sustainable honeybee farms on-site at people's homes, allowing them to have all the benefits of their own honey bee farm without all the work. Honey-Do would take care of all the setup and maintenance of the bee farm and award the homeowners with 50 percent of the honey harvested from the farm as well as the benefits of the bees pollinating all the plants and flowers on their property, making them both healthier and more beautiful.

Demeo stated that he "enjoyed making connections with the other students, groups, and company representatives at the competition," and he was "most

excited for the start-up incubator" which he gains access to for coming in first place in the student track of the competition.

In the community track portion of the contest, the first prize winner was IdeaShare created by Glenn Shwaery, UNH '94 alongside Sharon Parker, a Dover local. IdeaShare proposes to redesign the manual wheelchair to induce less stress for both the caregiver and patient through the use of adjustable handles, which allow the chair to recline into a more ergonomically friendly position.

The keynote speaker and winner of the social innovator of the year award at this year's SVIC was Clara Miller, a '72 UNH grad who is now the director and president of the Heron Foundation. Miller's speech, "A Revolution of Capital: Connecting Money with Social

Good" summarized the ideas she presented. The Heron foundation, under Miller's presidency has worked to invest more of its money into causes it believes will be pivotal in making positive change in the community rather than investing traditionally in stocks, bonds, etc.

Miller asked the question, "What is the best use of the Heron dollar for social good?" Under Miller's supervision, the Heron Foundation has begun investing in community development and they have had great success. Miller stated that their investments into the social good have had a better return than their traditional investing ventures. Currently, the Heron Foundation invests 40 percent of their total assets in community development and they hope to achieve 100 percent of their investments being related to their mission in the future.

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Slow Food UNH educates campus

By Nick D'Aloia
STAFF WRITER

The slow food movement originated in Italy in the 1980s in response to increased popularity of fast food and fast living. Now, nearly 40 years later it has developed into an international movement that has made its way to the UNH campus in the form of the student organization, Slow Food UNH, according to Slow Food UNH executive Abigail St. Pierre.

Slow Food UNH aims to educate the campus community about the production, consumption and enjoyment of foods that are good for the senses, clean for the environment and sold through fair practices that support local economies, according to their website.

This Thursday, Dec. 7, Slow

Food UNH will host, The MUB Market, a winter farmers market held in the Memorial Union Building (MUB) Strafford room from 1 to 5 p.m. The event is free to attend and open to everyone. There will be live music as well as vendors from local farms selling their goods.

"The MUB Market is our big event for the fall semester and we are pretty stoked about it," senior St. Pierre said. "We have some amazing local farms, artisans, fishmongers and other vendors coming to share their products with the UNH community."

According to St. Pierre, the farmers market will showcase nine unique local vendors, while also offering complementary crepes and live cooking demonstrations.

Thursday's farmers market is the first of three markets Slow

Food UNH plans to hold this year, with the next two taking place on Feb. 1 and March 1. According to St. Pierre, if the upcoming events go well, the organization hopes to greatly increase the number of farmers markets at UNH for the 2018-19 academic year.

"The main overarching theme of Slow Food UNH is to get people reconnected with their local food systems," St. Pierre said. "We are trying to do that here on campus by going on field trips to local farms and farmers markets, cooking fresh local foods in every Wednesday night meeting and starting a dialogue about what it means for food to be good, clean and fair through our sponsored events."

Although this will be Slow Food UNH's first ever official farmers market, the organization is no stranger to hosting events

on campus. In the past, Slow Food UNH has held events such as Harvest Fest and Maple Fest and hopes to continue these food-focused gatherings in the future.

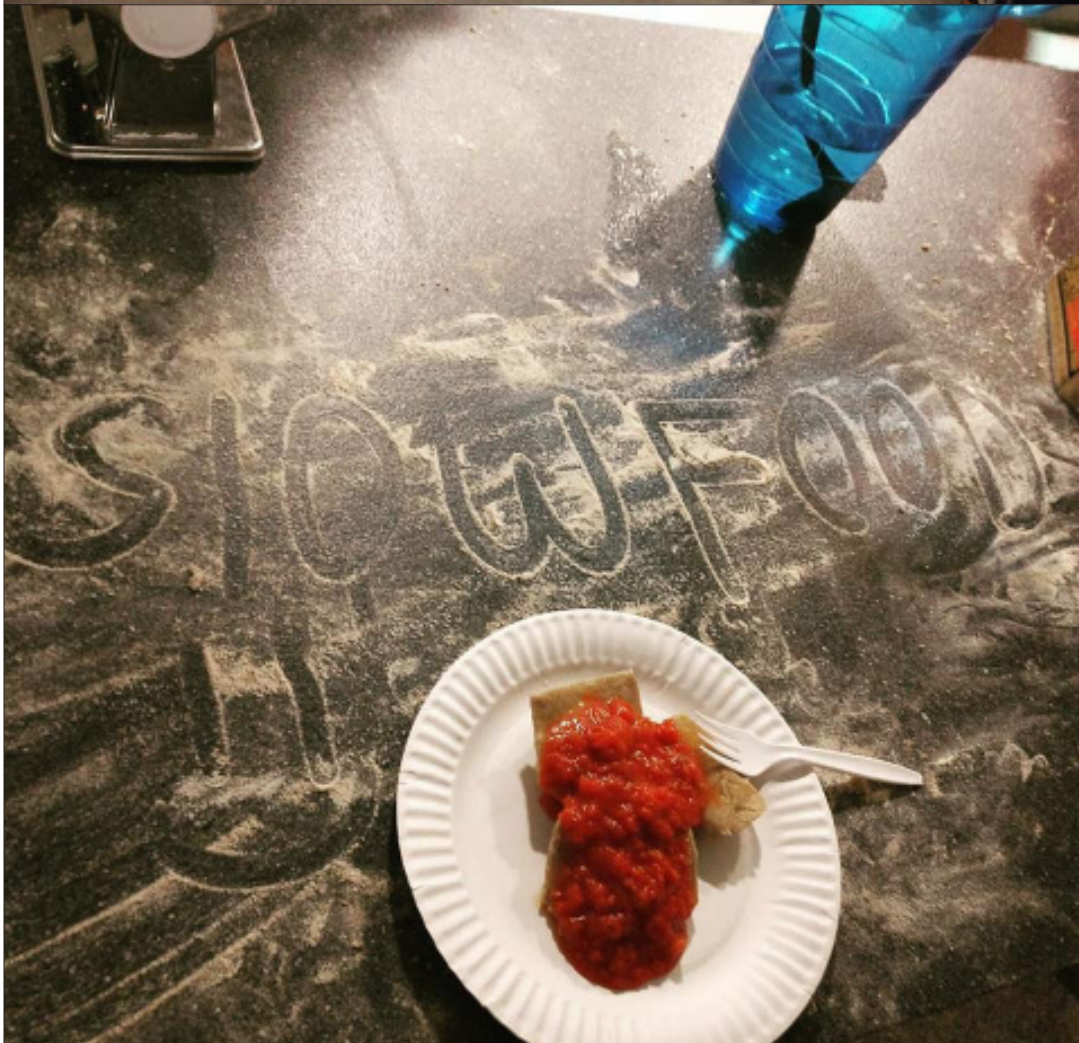
"For Harvest Fest we made pumpkin pancakes and fresh caramel sauce for caramel apples," St. Pierre said. "We also had freshly baked apple cider donuts and fresh, local apple cider. Maple Fest is a very similar concept, just with a maple theme on all the food products."

Slow Food UNH plans on hosting Maple Fest again this coming spring. According to St. Pierre, it has long been a dream of the organization to host its own farmers market here on campus and the idea originated as an EcoGastronomy capstone project they called, The Good-Clean-Fair Fair.

"The original event went much better than I could have

imagined at the time," St. Pierre said. "It was after this trial event we knew we needed to bring more farmers markets to campus and that has led us to develop The MUB Market and continue the capstone project with help from three EcoGastronomy students, Emily Lane, Tyler Quinn Smith and Andy Rogers."

According to Wildcat Link, Slow Food UNH urges their fellow eaters to attend The MUB Market and preserve the culinary processes and techniques that today's industrial food system has made so obsolete. According to the student-run organization, our generation will be the driving force behind the necessary changes to our food system, and it all starts with a healthy and explorative food culture on the UNH campus.



TNHdigital.com



Nick D'Aloia/TNH Staff

(Top Left) Members of Slow Food UNH pose for a photo. (Top Right) Students learning how to prepare fish. (Bottom Left) Slow Food written in flour. (Bottom Right) Slow Food UNH members plating the prepared food.

Fueling Station allows athletes a “quick bite”

By Christina Burgio
CONTRIBUTING
WRITER

The Field House has adopted a Fueling Station where athletes can grab a quick and nutritious bite to eat in between their busy schedules. Created by UNH nutritionist Sarah McLaughlin, the addition can be found right inside the building and was designed to help student athletes in need of meals between classes and practices.

“I’m an intern at the Fueling Station and I think this

place is really beneficial to the university’s athletes, especially when they’re too busy studying to make time for the dining hall, so they’ll just come here,” Kayla Porricelli, a junior communication major, said. “The meal or snack they choose from is usually free for the athlete, which is a plus for them.”

Most of the interns who work for the station are nutrition majors and volunteers.

Different meals and snacks range from peanut butter and jelly sandwiches to fresh fruit, granola bars, trail mix, yogurt and more.

“I’m a nutrition major, in-

terning here at the Fueling Station and everyday I’m able to put forth my nutrition skills to make healthy meals for the athletes,” Olivia Miliano, a junior nutrition major, said. “I’ll make high protein meals like a peanut butter and jelly sandwich that has a good amount of protein and healthy fat for the athletes.”

UNH athletes are usually at the Field House at least three hours a day, so having prepared meals and snacks for them is a great way for them to gain energy quickly.

Whether the athlete is on a scholarship or not, they’re still able to come in and get a free

meal. Usually there’s a limit of one meal a day, per athlete; however some sports allow for two, according to Porricelli.

“Even though we don’t always show it, I know that me and the whole football team truly do appreciate the meal prep at the Fueling Station,” Sean Burns, a junior accounting major, said. “I come here almost every day since we have to be here for practice already, but the interns do a good job at preparing different snacks and meals for us.”

According to Milaena Ferrarese, a junior nutrition major, there is a budget of around \$1

per meal, yet the Fueling Station staff manages to make cheap, but tasteful meals for the athletes in a time consuming manner. The athletes usually come after class, or in between workouts with limited time to waste, which is why the food is pre-made.

“I’ve worked at the Fueling Station as an intern for a while now, and it’s actually made me that much closer with the players,” Ferrarese said. “I memorize a lot of their orders and it makes me feel great knowing that I help them, since they put forth their hard work in representing our school every day.”

NH BRIEFS

TOXIC CHEMICALS FOUND IN WATER

CONCORD, N.H. (AP) — A majority of drinking water wells at fire departments in New Hampshire have some level of toxic chemicals in the first batch of 10 tests by the state.

The chemicals — perfluorooctanoic acid and perfluorooctane sulfonate — were used in industrial coatings, such as Teflon. They also were used in firefighting foam, leading to contaminated groundwater at scores of Air Force bases around the country.

More than 200 sites in the state have been found to have the chemicals above the state standard of 70 parts per trillion.

Data supplied to The Associated Press on Monday by the New Hampshire Department of Environmental Services indicates the chemicals were detected in the drinking water of six of 10 departments. Two wells exceeded state standards and one was twice the allowable standard.

MAN WALKED AWAY FROM HOSPITAL, DIED

BRENTWOOD, N.H. (AP) — The family of a New Hampshire man found dead after he walked away from a hospital medical appointment has sued the hospital, his nursing home, and the ambulance service that drove him to the appointment.

John “Jack” Walsh Jr.’s family asks for compensation in the Rockingham Superior Court suit filed Tuesday.

They say the 63-year-old Walsh was diagnosed with schizophrenia and was a

ward of the state since 2010. They also believed Walsh suffered from dementia and autism.

Action Ambulance took Walsh from Pleasant Valley Nursing Center to Parkland Medical Center in Derry on Dec. 13, 2016. His remains were found in March about a mile away.

Parkland said while it was an extremely unfortunate situation, it believes its staff acted appropriately. Pleasant Valley said it hadn’t seen the suit; Action Ambulance didn’t respond yet.

PROPOSED TOLL HIKE PULLED FROM COUNCIL

CONCORD, N.H. (AP) — New Hampshire’s Executive Council won’t be voting on a proposed increase in turnpike tolls this week.

The council had wanted to take up the proposal Wednesday, but Republican Gov. Chris Sununu says after consulting with councilors, transportation officials decided to pull the plan from the meeting agenda. There’s no word on a new date.

Under the proposal, the rates in Hooksett and Bed-

ford would increase from \$1 to \$1.50, Dover and Rochester tolls would increase from 75 cents to \$1, and Hampton tolls would go from \$2 to \$2.50. It would be the first system-wide increase in a decade, and would raise money for highway projects.

At a hearing Monday, supporters said the additional spending would lead to safer roads. Opponents complained it’s an unnecessary expense that would hurt some businesses.

Woman convicted of negligent homicide

BRENTWOOD, N.H. (AP) — A New Hampshire jury has convicted a woman of negligent homicide in the death of her grandmother, who died days after she was found on the floor of her mobile home in her own urine and feces.

The jury on Monday also found 34-year-old Meritel

Saintil, of Baltimore, guilty of failure to report adult abuse. She was acquitted of criminal neglect of an elder adult.

Saintil and her mother, Katherine Saintil-Brown, were accused of leaving 75-year-old Nancy Parker on the floor of her Exeter home in 2016. The mother faces trial in January.

Hospital staff testified Parker was covered in dried stool and had rotting flesh on her thighs.

Saintil testified Parker’s home remained dirty despite her efforts to clean it. Saintil told police Parker refused to leave the floor and directed her and mother not to call 911.

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On the Spot with José Calvo

Gates MacPherson
STAFF WRITER

It's difficult for José Calvo to imagine being any more involved in UNH than he already is. Calvo, a political science major is the newly elected student senate speaker as of this past Sunday. He is also a brother of Phi Mu Delta, a member of the Middle Eastern Cultural Association (MECA) and serves on the Millennial Advisory Council for Governor Sununu.

But Calvo, a resident of Goffstown, New Hampshire, said that though what brought him to UNH was the community, it wasn't until after his junior year that he found his niche in fraternity and sorority life and student advocacy. Now as a senior, Calvo is thinking about the legacy he wants to leave.

"When I first came here, I didn't want to leave a legacy at all. I wanted to leave and get out. And then two years later I wanted to be the best brother I could be. Three years later I want to be the person to bridge the gap between the local community and student senate. Now, I want to make sure everyone's voice is heard on campus and make sure that student senate becomes the real representation and the real people you go to if you need help," Calvo said.

As part of the education subcommittee for Governor Sununu, Calvo said he could look at the bigger picture of education in New Hampshire's public

schools and higher education.

"You look at the statistics and 50 percent of all high school grads move out of New Hampshire right when they graduate. That's not at all like it is in any other state," he said.

As the new student senate speaker, Calvo says he has taken the skills he's learned advocating for students on a state level and is using them to advocate for students at a community level in his various roles.

The first is the internal role, where he manages the various aspects of senate life, meetings and ensuring recruitment rates are up and retention rates stay the same. Externally, Calvo says that if there is a resolution passed about adding more gender inclusive bathrooms, for example, his role is going to the administration and saying, "the students want this, how can we get this done."

While Calvo is excited about the next semester, he acknowledges that this semester "has been a dud compared to other years because our recruitment's been down." According to Calvo, there are about 40 percent of the current senate spots filled compared to ten years ago where he said there was 100 percent participation with a wait list to be on senate as well. For next semester, one of his goals is to try and figure out why recruitment and representation rates are down.

For students who have thought about Student Senate but aren't sure if they should



Photo Courtesy of José Calvo

(Left to right) José Calvo, Brennan Pouliot, Governor Chris Sununu, Christian Merheb, and Andrea Plourde attend the signing of SB31 allowing UNH to put their shield on NH license plates.

or would have time, Calvo says to stop by the Student Senate office in Memorial Union Building Room 119 or talk to a student senator. "We're welcoming, we're inclusive, it's not just our community, it's the whole school's community," he said.

Calvo notes that you don't have to join senate, but that the student senators want to hear what students have to say. "Come voice your opinion," Calvo said.

After graduation, Calvo says he's thought about joining a midterm election campaign and

several have already reached out to him, though he chose not to disclose which campaigns they were.

"The great thing about New Hampshire is that we're such a small state, it's easy to get involved," Calvo said.

On the Spot with Sandra Johnson

By Erin Roche
CONTRIBUTING
WRITER

As Sandra Jalbert sits on the floor and slips off her shoes in the brand new addition of the Triangle Club, she reflects on her journey with addiction, recovery, giving back and how she made it to where she is today.

The 58-year-old University of New Hampshire alumna is president of the board of directors at the Triangle Club in Dover, which is a chemical-free meeting place for people who are in recovery.

Addiction has become a topic of conversation as the opioid crisis becomes a nationwide problem. According to CBS News, opioid-related deaths in the United States have quadrupled

in the past 20 years due to over-prescribed painkillers and illegal heroin use. The *Union Leader* reported that in recent months Manchester alone has had a reported total of 598 overdoses this year.

Triangle Club has been a peer-driven recovery support group since 1984. It was the first organization in New Hampshire to hold Heroin Anonymous meetings.

It is one of the 44 meetings a week that the Triangle Club holds, seven days a week, and 365 days a year. They run the gamut from Alcoholics Anonymous to Heroin Anonymous. With its new renovations, Triangle Club will soon be holding AI-Anon meetings for teens and family members who have a loved one struggling with addiction, according to Jalbert.

Triangle Club is run on an all-volunteer staff with no paid salaries, Jalbert being one of these volunteers.

"I got involved with Triangle Club, probably seven years ago, when I came in as a patron, shall we say, for my own addictions of drugs and alcohol," Jalbert said.

Jalbert, who grew up in Dover, described her struggle with addiction as being a "typical addict." She began drinking alcohol at age 12, and then began to smoke marijuana while attending Dover High School. Jalbert noted how the rate people enter into addiction differs for everyone, but for her it was a slow progressive disease.

When she was in her late 40s, Jalbert said, her doctor prescribed her Percocet and Vicodin for some medical problems she was having. She said it took a few

years before she recognized that she needed the pills.

"I knew it was a potential problem and I understood it, but I thought I could manage it and I just couldn't," Jalbert said.

Now six years sober, Jalbert has devoted her life to giving back to people who are in need as she once was.

"What I am doing now is really to give back in a way that I can for all the people who helped me," Jalbert said. "Addiction takes anybody. It doesn't matter where you are from, how much money you have, or how you grew up, or how educated you are. It doesn't make any difference."

She is now dedicated to working at Triangle Club while they are completing renovations to add more meeting rooms onto their building.

Jalbert raised \$600,000 for the Triangle Club's renovations. She said she is very proud of what she has accomplished.

"It's just when you go at something from the heart and you see the people that need your help," Jalbert said, "it is moving."

"Nothing gets in Sandra's way," explained Andrew Merton, a friend and former UNH professor of Jalbert. "She has had a lot of adversity, and she went and made something of herself. I admire her, I really do," Merton said.

For Jalbert, Triangle Club is a community and a safety net. If she were to relapse tomorrow, she said, she has comfort in knowing she has somewhere to go and someone to help her.

"To me, the Triangle Club means hope," Jalbert said. "It means hope to so many people."

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The New Hampshire

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FRIDAY, SEPTEMBER 2, 1983

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Part of new dorm occupied

By Julie Hanauer
The first of six residence halls in UNH's new apartment housing complex was completed in time for school and is now occupied by 68 juniors and seniors.

Details on meeting between new dorm and Davis Avenue residents, page 3.

A second building housing 72 upperclassmen is scheduled for completion by mid-September. Construction of the 400 bed complex is on schedule according to David Bongiovanni, manager of the apartment complex. The complex should be completed by next fall.

In addition to the six apartment buildings there will be a community building housing laundry, mail, and study facilities and a lounge.

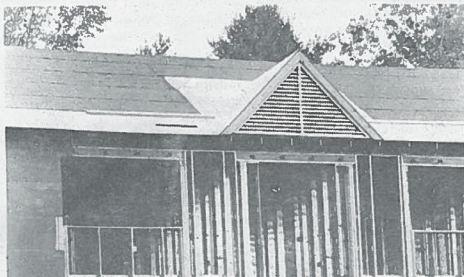
NEW DORM, page 8

Warnings are posted

By Karen Reynolds
"DO NOT TRESPASS" signs have been posted on the main entries and lobbies of all University dormitories.

The warnings are being posted in an effort to reduce hall damages and to ensure the safety of students living in dorms, according to Carol Bischoff, Director of Residential Life. The new system was established over the summer after a lengthy discussion between Residential Life and the UNH Department of Public Safety.

They concluded that much of the damage that occurs within the resident halls is caused by



One of the new dorms has been completed and now houses more than 400 students. Eventually, 400 student housing units will live in the new apartment complex. (Jim Hard photo)

Due to deficits, profit Bookstore contract

By Beth Germano
Thriving deficits and profit loss may force the UNH bookstore to be contracted to a private operator if it cannot reach a 5.5 percent profit margin by October.

At the recommendation of UNH administration the rough draft of a specification has already been prepared for contracted operation which would begin spring semester.

The decision to release the bookstore, which has operated under University management as a nonprofit organization, was the result of a study performed by the Governor's Management Review in the fall of 1981.

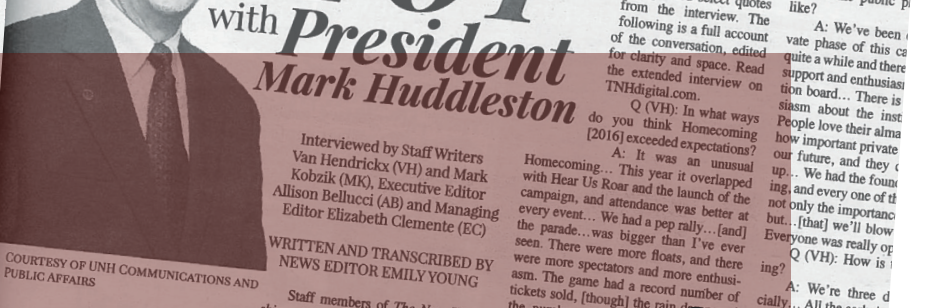
The study revealed that while the bookstore was not making profits, it also suffered from a "thriving deficit," according to USNH trustee Arthur Grant.

The store experienced its biggest loss of its 89-year history in the last fiscal year.

disapproval of Donald Trump's recently released "locker room talk." 11
UNH women's soccer remain unbeaten in conference play a late-game goal forced a 1-0 against Vermont.

THE NEW HAMPSHIRE

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On the SPOT with President Mark Huddleston

Interviewed by Staff Writers Van Hendricks (VH) and Mark Kobzik (MK), Executive Editor Allison Bellucci (AB) and Managing Editor Elizabeth Clemente (EC)
WRITTEN AND TRANSCRIBED BY NEWS EDITOR EMILY YOUNG
Staff members of The New Hampshire sat down with UNH President Mark Huddleston last Tuesday, Oct. 4 at 9 a.m.

Homecoming Weekend recap: ticket sales and police re-evaluates H hockey

WITH THE COLLEGE FACULTY Many Additions - Profs. Parsons and Slate to Leave.

FOOTBALL PRACTICE. Large Squad Out. The Schedule.

THE CLASS OF NINETEEN FIFTEEN Registration and Events of the Week.

DO NOT TRESPASS

THE NEW HAMPSHIRE

High-ranking officials on the outs

Is UNH really #7 party school?

By Justin Norton Staff Writer

Barely two weeks into Dr. Ann Weaver Hart's tenure as the University's eighteenth president, two top-level positions within her administration have been vacated by their former recipients.

Dr. Leila Moore, vice president of student affairs, is "taking a professional development leave" from the University, according to a letter signed by President Hart on Sept. 4.

Also poised to leave his post is Dr. David Hiley, provost and vice president for academic affairs. Hiley, who joined the University in 1999, was one of four finalists last year on the presidential search committee list until he lost his bid to Dr. Hart.

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SUMMER ISSUE

Alumni Issue

The opinions expressed in this section do not reflect the opinions of The New Hampshire staff. Some pieces may have uncomfortable or suggestive content.

TNH Alumni Issue

NAMI volunteer discusses suicide rates, prevention

By Helen Hocknell
FORMER STAFF

The author is a volunteer with the National Alliance on Mental Illness (Montgomery County, Md. Chapter) and serves on their Board of Directors.

According to the Centers for Disease Control and Prevention, suicide is now the 10th leading cause of death in the U.S. and the second-leading cause of death for young people ages 10 to 34. More Americans die by suicide than from breast cancer or in car crashes. Statistically speaking, if you know someone who's had breast cancer, you know someone who has struggled with thoughts of suicide.

The suicide rate has increased by 21 percent in the past decade. Researchers estimate that for every death, 25 people attempt to end their lives, and approximately 90 percent of people who die by suicide have a treatable mental illness at the time of their death. Increas-

ing access to mental health services and decreasing the stigma associated with brain disorders like depression can make a big impact, but there's still a lot we can do on an individual level.

Most people who attempt suicide have been contemplating it for a while and often have an underlying mental health condition, but it turns out the window of time between thinking about suicide and acting on it is pretty narrow. Studies show nearly one in four of those who made near-lethal suicide attempts decided to kill themselves less than five minutes before the attempt, and 70 percent made the decision within an hour of the attempt.

Many suicidal crises are triggered by an immediate stressor: a breakup, loss of a job or a run-in with police. Transitions, like moving to a new place, adjusting to a different schedule and navigating a new social environment can be especially stressful – and college life is nothing if not full of transitions.

The good news: Very few sui-

cides happen out of the blue. Most people who are contemplating suicide exhibit behavior that's out of the ordinary for them, meaning there's ample opportunity for you to intervene. Warning signs can include changes in sleeping patterns, reckless behavior, giving away prized possessions, neglect of personal appearance, substance use and social withdrawal.

Some of these "warning signs" are pretty common behaviors for an average college student during exam week, but if you suspect something is amiss, trust your instincts. Asking someone you don't know well (or even a close friend) if they're thinking about killing themselves can seem daunting, but the potential to save a life far outweighs the discomfort of an awkward conversation.

When you're ready to say something, be direct, and don't shy away from using the word "suicide." Lead in by stating what you've noticed that concerns you, or say something like: "Many people going through [insert stressor

here] feel overwhelmed, and wish they could end it all – have you thought about killing yourself?"

Don't worry that you'll "plant" the idea of suicide in someone's head by asking about it – that's not how it works. If they're just having a rough week and are not suicidal, you'll have expressed your concern for their welfare and can move on, but if they ARE thinking about ending their life, they'll often feel relieved you brought it up. Many people are reluctant to admit having thoughts of suicide for fear of judgment because much of the public still believes suicide is a "selfish" act. The reality is that most people who struggle with suicidal ideation don't truly want to kill themselves, they just want to stop hurting, and feel like a burden to everyone around them. If someone confides in you that they're contemplating suicide, make sure they understand you're there to listen without judgment.

Do they have a plan?

Next, find out if they have a plan or a method in mind. Nearly

half of all suicides are completed by firearm. If they have a gun, ask if you can take hold of it for safe keeping until the crisis passes. Same goes if they have a stockpile of pills. If you think they're at imminent risk, call 9-1-1 or the National Suicide Prevention Lifeline at 800-273-TALK (8255) right away. If you're on campus during business hours, you can take them to UNH Psychological and Counseling Services (PACS) on the 3rd floor of Smith Hall or call 603-862-2090 to get an emergency appointment. Stay with them until help arrives or you're confident they're safe for the time being, and be sure to make contact with them in the days and weeks following a crisis.

The vast majority of people who survive a suicide attempt, about 90 percent, do not go on to die by suicide, so if you can get them through this crisis, there's an excellent chance they'll be okay going forward. If you yourself are struggling, know that you're not alone, and help is out there.

Hate crime on the rise in the US

By Ken Johnson
FORMER STAFF

Hate crime is on the rise in the United States of America.

This summer the entire nation's eyes fell on Charlottesville, Virginia, a small college town with a population of 46,597, in 2016, roughly an hour away from the state capitol of Richmond. Since 1819 Charlottesville has been the home of the University of Virginia (UVA). The University of Virginia was established by Thomas Jefferson and currently enrolls 23,883 students.

Over the course of two days, Aug. 11 and 12 Emancipation Park, formerly known as Lee Park, in Charlottesville was the site of the Unite the Right rally. The 1.04 acre park houses a statue of Robert E. Lee, commander of the Confederate States of America army during the Civil War, which was voted by the town of Charlottesville to be removed in February.

The Unite the Right rally was described by the rally organizer Jason Kessler as an opposition to the removal of the Lee statue. Two to six thousand people were expected to attend the Unite the Right rally in support of the Lee statue.

The rally was supposed to take place on Aug. 12 from 12 to 5p.m. However, the rally unofficially kicked off at 10 p.m. on August 11 with over 250 of the Unite the Right attendees marching with lit torches, harkening back to the days of the Klu Klux Klan's torch lit parades, through the UVA campus from Nameless Field, the in-

tramural UVA field, through The Lawn and Academical Village to the Rotunda, the site of a statue of Thomas Jefferson.

"Blood and soil," "You will not replace us," and "Jews will not replace us," were phrases shouted by the marchers on their cross-campus trek until the Charlottesville police department shut down the march for being unauthorized at the Thomas Jefferson statue.

The next day by 8 a.m., Emancipation Park was already filling with the attendees of the Unite the Right rally. White nationalist militias, the Klu Klux Klan, neo-Nazis, Neo-Confederates and white supremacists from all over the United States were in attendance shouting racial epithets at counter protesters and anyone else within earshot. At 11:28 a.m., 32 minutes before the intended start time for the Unite the Right rally, Virginia Governor Terry McAuliffe declared a state of emergency shutting down the rally.

One person, Heather Heyer, was killed by a vehicular attack during the rally by a white supremacist and over thirty people were injured, including DeAndre Harris, who was beaten by white supremacists. On Aug. 14, United States Attorney General Jeff Sessions called the vehicular attack on Heather Heyer an act of domestic terrorism.

Even The University of New Hampshire, with enrollment of 15,398, in the sleepy New England town of Durham with a population of 14,638, has seen a rise in hate crime in 2016 and a rise in racially motivated incidents

on campus causing the formation of the Presidential Task Force on Campus Climate.

The hate-filled Unite the Right rally made national headlines bringing the outpouring of racial hate, disdain and violence, which had nothing to do with saving the Lee statue, to the spotlight. Hate crimes are on the rise in the United States. The Center for the Study of Hate and Extremism at the California State University, San Bernardino says that from 2014 to 2015 hate crimes rose by seven percent and from 2015 to 2016 hate crimes rose by five percent. According to the Center for the Study of Hate and Extremism, the statistics coming in for 2017 show that the rise in hate crimes is continuing.

Follow Ken on Twitter @
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Courtesy of Ken Johnson

The Robert E. Lee statue in Emancipation Park, Charlottesville, VA, covered by a tarp.

Crime reporter shares experience

By Josh Sullivan
FORMER STAFF

It took just a few weeks for me to get my first letter from a man who was incarcerated. He was accused of shooting his wife while she held their child in her arms, and was arrested on a medley of charges. He wasn't happy that I wrote a story about the incident.

"I am not denying that I shot her," he said in the letter. "I am saying that after all the stuff that b---- put me through, how could I not shoot her?"

Turns out that people don't like having stories written about them after they shoot the mother of their child.

I'm a crime reporter in one of the most dangerous small cities in Texas.

One of the first news stories I wrote professionally was when I was an intern for the Portsmouth Herald, back when I was a senior at the University of New Hampshire. That story was about Hampton Falls residents who were angry that Comcast was driving up the cost of Internet service. If you were to tell me then that I'd be covering murder trials 24,000 miles away two years later, I'd have said you were crazy.

There are things that you can't learn while in school, no matter how many questions you ask, or how many classes you take. These are things I've learned while on the job as a crime reporter.

More often than not, no one is happy to see you. Cops want you away from their crime scene, family members of the victims usually are too busy trying to piece together what just happened to record an

interview.

Here is what else I've learned: people are ravenous for crime stories. I honestly don't know what it is, but a story about a teacher arrested for sexual assault or a robbery of a convenience store will take off online, and have a much longer shelf life than anything written about the city government or the school district. I suppose reading about crime makes people feel safer. There's science to back up the "if it bleeds, it leads" mantra.

This should go without saying, but there are so many different sides to a crime.

In October, the new police chief here in Killeen carried out a bunch of SWAT raids on homes in an attempt to curb violent crime. One of the suspects was staying at his parents house, and their home was absolutely destroyed. The front door was blown off of its hinges with explosives, and the officers had punched holes in the ceiling of the garage. The family was shaken up beyond belief, and the craziest part was, they weren't upset that their son had been sent to jail. They knew he was involved in some illegal behavior, but didn't know how to kick him out. Now, their biggest concern was making the home liveable for their 9-year-old daughter, who still lived there, and was home during the raid.

I've had a man charged with the murder of a police officer write to me to tell me that he hasn't been given a fair trial or been provided with a competent lawyer. Right before Christmas time, I saw my first dead body during a ride along with police.

This job isn't normal, but I'm not sure I want it to be.

How New England journalists are thriving post graduation

Compiled by Jocelyn Van Saun and Elizabeth Clemente
FORMER STAFF

If there's one thing I've learned about life since graduating from UNH, it's how important it is to keep the contacts you make while you're in school.

A month, no, two weeks before graduating last May, I didn't have the slightest clue where I'd be in the fall. I felt like I was way behind the ball.

I had accepted an internship in Exeter. It was a six-month marketing gig, which is not exactly what I'd hoped for, but I thought it would be good experience and buy me some time to find something more permanent. Something that was more in tune with what I studied: journalism.

Anyways, the great and powerful Meg Heckman had accepted a position at Northeastern University. Good for her, but sad for UNH. I asked her to grab a

coffee to wish her luck and ask for some advice before she left.

Long story short-- I explained the internship to her and asked her to keep me in mind in the next few months if she heard of any reporting positions opening up ... specifically in Maine. She told me to keep an eye on *The Forecaster*, a weekly in Falmouth that covers local happenings in Southern, Maine.

Sure enough, two hours later, she texted me saying there was an immediate opening at *The Forecaster*. So I applied that day.

I almost forgot to mention, I had interviewed Kate Gardner-- a UNH alum who worked at "The Forecaster-- for a piece in TNH's alumni edition. So, I reached out to her to ask that she put in a good word for me.

Sure enough, I interviewed with the paper's executive editor, Mo Mehlsak, two days after graduation and was offered the job that week. I'm now living in Portland with my best friend college roommate, Emily, and

covering six towns for the paper's northern and southern editions. While it's been a steep, and sometimes daunting, adjustment period, I feel so lucky to be where I am, doing the work that I'm doing.

Longer story short, another one of my best friends, whom I met through UNH's journalism program, Elizabeth, now works across the hall from me. But I'll let her tell you about that.

•••

Six months ago, I was sitting in Jocelyn's kitchen at Park Court giving her a pep talk for a job interview she was about to go on. The job was to be a staff reporter at a weekly newspaper in Maine called *The Forecaster*. She was nervous, because it was May of our senior year, and she hadn't committed to a journalism-related job yet.

I could relate. I'd just spent the last three months freaking out for the same reason, and had finally accepted a job at *The Inquirer and Mirror*, the local

newspaper on Nantucket, a tiny island off the coast of Cape Cod where I'd never been before. We were both pretty unsure of what the future held, and rightfully so.

After an unforgettable summer, I was looking to move back to the mainland. My decision mostly came down to being afraid of what a winter would be like on an isolated island 30 miles out to sea, where I knew roughly three people. In the midst of that stress, I got a text from Jocelyn saying a position had opened up at *The Forecaster*. I seized the opportunity.

Now, whenever I need to talk to Joce, instead of calling her up, I send her a message on our inter-office G-chat.

As staff reporters, we each write between five and eight articles a week, finding our own story ideas, writing on deadline, and deciphering the laws and traditions of communities where we didn't grow up. When I take a second to think about the fact that we just graduated in May, it

blows my mind. I hate to break it to you, but the trajectory of your post grad life likely won't be linear. Just go with it.

As for journalism, it can be a challenging field to go into for many reasons. It's also one of the most rewarding in my opinion. It's one of the only careers where you're forced out of your comfort zone with different people for different reasons on a daily basis, and that aspect of it really forces you to learn the ropes quickly.

One of the most important lessons I've learned since starting, however, is how crucial it is to ask for help when you need it. Reporting is a very self-directed job, but it also requires a level of exactness that many other jobs don't. If you aren't sure of what a source said, call them back. If you don't know if your story idea is worthy of an article, knock on your editor's door. And if you don't know that AP Style rule by heart, definitely take five minutes and look it up.

You'll be glad you did.

Not perfect, but perfectly ok: from arts editor to web marketing

By Abigael Sleeper
FORMER STAFF

This isn't what I thought I'd be doing.

I probably think that to myself two or three times a day, Monday through Friday, between the hours of 9 a.m. and 5 p.m. Those are the hours that I spend at my desk, writing about cars. This time last year, I was probably sitting in the Memorail Union Building or Breaking New Grounds, writing an essay about the representation of time and space in graphic novels or pulling together pitches for the next issue of TNH, and now I'm drinking gas station coffee and writing about the standard powertrain components of the 2018 Chrysler Pacifica minivan. This isn't what I thought I would be doing.

Like a lot of people who studied Liberal Arts, I didn't exactly have a clear path set forward for me after graduation. My roommate, who majored in animal science, lined up a job as a vet tech

a month before graduation. My best friend, a math major who had interned with Liberty Mutual for two years, knew what he was doing by winter break. I had a degree in English, a lot of experience making lattes, and not much else. By the time graduation rolled around, I'd signed up for twelve job search websites, cold-called and emailed and interviewed everywhere from a high-end country club to the International Association of Privacy Professionals, but nothing had gone any further than that. So while a lot of my friends started their careers or went right into grad school, I packed up my house on Madbury Road, moved ten minutes away to Dover, and picked up a few extra shifts a week at my coffee shop job. In hindsight, this was probably karma for every time in the last year I'd told someone that "barista" was Italian for "sucker with a liberal arts degree."

When I was in school, I didn't really think much about what I'd be doing afterwards. If someone asked me, I'd give them a vague

"I'd like to write," or "Working for a magazine would be cool," but that was about as far as I'd gotten. I had this idea, probably rooted too much in other people's Instagram feeds, of what the rest of my life would look like: I'd wear cute shoes and nice button-up shirts with tiny patterns; I'd meal-prep my lunches and get tacos with my coworkers once a week; I'd split my time between my office, cool coffee shops, and my super hip apartment, MacBook always at my side, #livingmybestlife. I had no idea what I was going to actually be doing, I just figured that it would be cool and creative and intellectually fulfilling, because I fancy myself to be a cool and creative and intellectual person and that's how the world works, right?

Wrong.

Two months into being a full-time barista, sitting in Portsmouth traffic five or six days a week and serving tourists espresso until 11 p.m., I had substantially lowered my career standards. Fun, creative work and weekly taco lunches weren't even on my radar; I just

wanted to be home before midnight and have a desk where I could sit and listen to NHPR while I worked. Finally, after shelving my pride and contacting a staffing firm, I got there, and now you could say I'm living the dream, you know, if you boiled "the dream" down to working Monday through Friday, 9 a.m. to 5 p.m., writing "something."

This isn't what I thought I would be doing. I work for a web marketing company writing content for car dealerships. Today, before I gave up on work and decided to write this instead, I wrote a blog titled "Six Ways You Could be Damaging your Car, Without Even Knowing It." The only place around my office to get coffee is an Irving gas station, I've worn the same pair of jeans to work every day this week and most nights someone turns out the lights without realizing that I'm still here. I live in a rented house with six roommates, which is somehow messier and louder than living on frat row, and I eat a lot more Ramen

than I'd like, and it's okay.

Despite the fact that a degree in English doesn't have any clear-cut path forward, much less one that involves a cool office and a paycheck that supports a weekly taco habit, there seems to be this enormous expectation that you'll graduate and get an awesome job, be valued for simply being "a creative type," and live your best, most Instagramable life. I guess that happens for some people, because I had to get the idea somewhere, but I think those people are the exception, not the rule. I'm still looking for better jobs every day, applying for creative internships and Pinteresting cute button-up shirts and trendy apartment decor, but for now, I'm still living a pretty okay life. I have a home with my best friends, I can pay my rent, and maybe at the end of the month I have seven dollars left in my bank account, but Ramen noodles are only 13 cents, and if you have the right lighting, those Instagram just fine.

Finding passion and emotion in the sport of professional golf

By Chantel McCabe
FORMER STAFF

I grew up in New Hampshire watching nothing but hockey, but the sport I cover now is not with composite sticks, they're irons. The first question I get when I'm on assignment for Golf Channel is: Where did you play college golf? I've surprised a lot of people when I explain how I was introduced to golf during a sports marketing internship at UNH. I hit my first golf ball when I was 19-years-old. My game has improved, and I'm not just talking about my handicap. I've worked at Golf Channel for a year and a half, and while I've been an on-air journalist since I gradu-

ated in 2011, getting the names, sport-specific lingo, course layouts and game nuances down, was a massive challenge. During my time at the leader in golf coverage, I've learned quickly and have loved every minute of my job. I travel the world, explore cities, get to see moments of sports history and share stories from all parts of the golf world. I've covered Jordan Spieth after his 10th PGA Tour win in epic playoff hole-out fashion, at only 23-years-old, the only other player (in modern-day golf) to hit that mark was Tiger Woods. I covered Lexi Thompson after one of the top comebacks of the season where she turned around her final singles match in the Solheim Cup to boost herself, and team's

moral to a USA victory. I was there when fan-favorite Danielle Kang not only got her first win but it was a major! I will never forget the conversation I had with her mom afterwards, her passion from years of dedication, was an emotional explosion. From PGA Tour, LPGA, NCAA golf, World Long Drive and more, my favorite assignment comes from the Web.com Tour Championship. If watching Arnold Palmer's grandson, Sam Saunders, shoot a 59 wasn't enough theater, the entire tournament was charged with energy both invigorating and heart-breaking. This is the point of the season where players are trying to earn their PGA Tour card for the following year. Some lost theirs because they played poor-

ly, some are young players on their way to the big stage. Every players' story could have its own movie. Just because they are professional golfers does not mean it's rainbows and butterflies. The difference between earning a PGA Tour card or playing on the Web.com tour is one-tenth of the money and whatever earnings have to go to travel, to trainers, coaches, caddies and agents. In this tournament, full-grown men fall to their knees and cry with joy, knowing their family can live a little bit better. One example is Shawn Stefani, expecting his first baby with his wife this month. His life and his future child's relied on his every shot. How's that for nerves? One player, Cam Percy, didn't even eat the whole

week because he was so nervous. You want intense? Matt Harmon is 32-years-old. He was the closest ever to getting a spot on the PGA Tour. He needed to birdie the last hole but he missed two putts and bogeyed; missing his goal by inches, literally and figuratively and snapped his putter in half out of frustration, with tears of pain. You can enjoy the majors, the top-20 players in the world but after covering every professional sport, this game and this event will grab you and take you on a ride. For a girl from New Hampshire, who still hasn't broken 90, this job has made me want to lobby for a golf team at UNH and pass on the passion. Now wouldn't that be something?

TNH alumni continued...

Musing on music: how songs are communicating social change

By **Gabrielle Lamontagne**
FORMER STAFF

“Mirror, Mirror”

It seems like an eternity since I last wrote a column for *The New Hampshire*, but it’s only been about seven months. In those seven months, there’s been a lot of change for me personally, and in the world. One of the songs I want to discuss has to do with personal change and being a woman in a very patriarchal society, which is “Road Less Traveled” by Lauren Alaina.

“Why do you keep on staring?/That mirror, mirror, it ain’t fair at all./Dress sizes can’t define, don’t let the world decide what’s beautiful./No: You won’t make yourself a name if you follow the rules./History is made when you’re acting the fool./ So don’t hold it back and just run it./No, they can’t tear you apart/If you trust your rebel heart, ride into battle/Don’t be afraid to take the road less traveled!/Wear out your boots and kick up the gravel./ Don’t be afraid to take the road less traveled on.”

A lot of sexual harassment is coming to light and is being taken as a more serious offense than in the past, which is a good thing.

The fact that it’s being discussed more is also good, because accepting issues and communicating them is really the first step to solving any problem. For the U.S., just like in Sunnydale, “silence is this [nation]’s disease.” Luckily, these issues being brought to light are making an influence on the music industry. Music helps us understand problems and face challenges in our personal lives, but it can also be a huge medium for social change. Just look at Bob Dylan’s fans, music and history. He’s a cultural icon for social change through music.

The other song I want to discuss is all about how women are treated and perceived in society and some of the problems surrounding that: Keith Urban’s “Female.”

“When somebody laughs and implies that she asked for it/Just ‘cause she was wearin’ a skirt/Oh, is that how it works?/ When somebody talks about how it was Adam first/Does that make Eve second best?/Or did He save the best for last?/ Sister, shoulder, daughter, lover/Healer, broken halo, mother/Nature, fire, suit of armor/Soul survivor, holy water/Secret keeper, fortune teller/Virgin Mary, Scarlet Letter/Technicolor, river wild/Baby girl, woman, child:/Female.”

There might be a lot more



COURTESY PHOTO

wrong with our world than misogyny, but that doesn’t make its affect any less important. These ideas are ingrained into our way of life, our manner of speech, our perceptions of neighbors and friends. Think about how you talk about women in your life. Feminism isn’t about women being better than men, it’s about how we’re human too, and we’re not worse than men. Equality is

the name of the game. Just keep that in mind when you’re voting, when you’re objectifying and when you’re rolling your eyes at a rape accusation against one of your favorite celebrities. Take it seriously: it’s important.

“Don’t follow anyone./ March to the rhythm of a different drum./Why do we analyze, break down and criticize the crazy ones? Oh You won’t make yourself a

name if you follow the rules./History is made when you’re acting the fool./ So don’t hold it back and just run it./No, they can’t tear you apart/If you trust your rebel heart, ride into battle/Don’t be afraid to take the road less traveled!/Wear out your boots and kick up the gravel./Don’t be afraid to take the road less traveled on.”

Tips from the post-grad on moving home

By **Ryan Pagliaro**
FORMER STAFF

It’s a jungle out there, the whole postgrad thing. One second you’re calm and content with the meal you just ate, sitting across from the fire and reflecting on the day, the next thing you know you’re awoken from your slumber with a paw on your face and what feels like a thumb tac planted in your jugular. This is life outside of college. This is what happens when you move back home after college to battle with a territorial house cat.

Aside from having to reclaim my bedroom from the feline who took it over, moving back home after graduation isn’t such a bad move if you can pull it off. If you’re on track to pull off an underwhelming major (psychology for myself), then I recommend chilling at home for a while to get yourself situated for the next move in your lofty game plan. This way you save some money, have time to think, and hopefully still have some freedom.



COURTESY PHOTO

Let’s lay out some ground rules for a successful transition from college to back home. Rule 1: Start planting seeds now. “I’m not sure if I’ll have a full-time job lined up after UNH” sounds

a lot better than “Surprise! I’m home.” Probably better than a pregnancy “surprise!” though. Rule 2: Mow the damn lawn. It builds character. Parents like character. Rule 3: Fix what you

break. You can’t have your idiot hometown friends over and not expect someone to walk through a screen door when the parents are out of town. Rule 4: Learn to cook. Don’t be an idiot sandwich.

Rule 5: Get a damn job. You at least have to try a little bit. And no, writing for the *Odyssey* or weight lifting for your Instagram doesn’t count. Rule 6: Continue your education. Community college is dope. The people are chill, classes aren’t as rigorous and it’s cheap. And, a fantastic way to defer those impending student loans. Rule 7: Sharing is caring. Still bringing home 30s of crap college beer or boxed wine? Don’t be surprised if the parents ask to get in on the stash. Step 8: Have fun? I don’t know where you’re from but this one is kind of up to you. If that means looking like a super senior when you visit UNH every weekend go for it. Or pick up a hobby and knit at the senior center down the road and take the seniors on joy rides to Cumberland farms. Your call.

So, have fun acclimating to wherever you’re going for winter break Wildcats. Remember to stare at your computer screen for at least five hours a day and leave the house at least once every two days. Happy Festivus.

The New Hampshire: Spilling the tea since 1911

The Arts Section would like to thank all of the readers for a wonderful first semester! It's been a great time creating a paper with some wicked cool people. Peace, Love, Arts.

- Yours Truly, Whispers

Creators converge

Second annual Makers Expo allows vendors to sell homemade products

By Benjamin Strawbridge
CONTRIBUTING WRITER

Variety and community were both abundant and abound as the University of New Hampshire hosted its second annual Makers Expo.

The gathering was held in the Granite State Room (GSR) at the Memorial Union Building (MUB) on Friday, Dec. 1 from 11 a.m. to 6 p.m. and supported by the UNH Memorial Union and Student Activities Division. According to MUB Assistant Director for Facilities and Events Nora Molloy, it showcased nearly 50 stands and standouts chockfull with a wide array of arts, crafts and knickknacks for sale. Nearly 50 vendors originating from across campus attended, up from roughly 45 vendors last year.

"This is really a UNH community building event," Molloy said, who emphasized community outreach as one of the core "missions" of the MUB and organizations.

Molloy also said that the expo was a chance to "celebrate and support" the participating vendors and their crafts, adding that "it's really neat, you know, when you've got chemists doing woodwork and housing staff that makes pillows, it's just a really neat event."

One of those vendors was UNH's Project Director for the Institute for Health Policy & Practice, Eve Fralick, who showcased her rock cairns, which are primarily used as travel markers for hikers and nature enthusiasts. Hers featured stones from Mt. Kilimanjaro, the Grand Canyon and the European Alps, among other ranges she has climbed over the years.

Meanwhile, a table in the back of the GSR featured the works of blacksmith Scott Kemp and his wife, Virginia "Gina" Kemp, who work for the college's Transportation Services & Conferences and Catering divisions, respectively. The Kemps, in addition to their campus occupations, operate a full-time farm and a "traditional" forge in Lee, NH, where, for the last 12 years, they have raised pigs "on pasture" and harvested them for organic sausages to sell at venues across UNH. Some of their biggest past customers include campus chefs and President Mark Huddleston. This year, however, after coming as a shopper to last year's Maker's Expo, Virginia was inspired to bring her sausages to the college masses.

"Nothing makes me happier than when someone comes up and says 'oh my gosh, I had your sausage last night and

it was amazing,'" she said concerning the significance of publicly selling her sausage, adding that "locally grown food is very important to us." Virginia highlighted the works of her husband Scott as well, a blacksmith of nearly 15 years' experience with a background as a Finnish carpenter. The presented items at the Kemps' table, which included handles, hooks and candle holders, reflected, according to Virginia, Scott's "traditional" and "whimsical" style, calling the latter trait her "influence" on his work and personally reminiscent of Dr. Seuss's "Whoville."

The enduring theme of local and sustainable works was also found in handcrafted wooden spoons, one of the many items presented by sophomore Grant Magee, who studies environmental science with a focus on ecosystems. His display also featured wine-stoppers, pens and bowls crafted from locally sourced and previously dead woods such as red oak, mahogany and the "effectively extinct" American Chestnut.

Magee said he was inspired by woodworking "at a young age," spending his free time crafting his own creations from sticks and gaining his direction at a summer camp in Deep River, Connecticut, where he learned how to carve a spoon with a knife and other tools. Using these experiences, over the next seven years, he "ran with it...taking it a lot farther than I ever thought I would, but really enjoying the craft as well, [and] perfecting my art."

While he doesn't currently plan to use his skills

Makers

Continued on Page 15



Opinion

The 2018 Grammy nominations are here, and they provide a much-needed, new age spark.

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Undergrads
take center stage



Makers

Continued from Page 14

toward a primary career, leaning more toward a career in the field of environmental science, Magee emphasized that “the main goal isn’t to make money, it’s just because I really enjoy carving spoons, it’s really fulfilling to me.”

Life is about meeting awkward people, doing awkward things, going through awkward phases and filling up awkward spaces... This is an awkward space
-Love, Whispers

Opinion

The 2018 Grammy nominations are here, and they provide a much-needed, new age spark.

By Caleb Jagoda
CONTRIBUTING WRITER

A little over a week ago on Nov. 28, the yearly Grammy nominations were released. This year, by all means, was a pleasant surprise. Most years, the nominations bring me an expected disappointed sigh, as I hope for skillful, respectable music to be nominated for Grammy’s, but it usually ends up being overplayed pop songs or extremely obscure music that not too many are familiar with. This year, though, the nominations primarily consist of quality rap and R&B music, which was an enjoyable, and much needed, revelation. Rap and R&B are clearly the most popular genres in today’s age of music, so it’s only fair that they’re given their due at the yearly music awards.

With what was a surprise to most, a 48 year-old Jay-Z leads the pack with the most amount

of Gramophone nominations at eight, followed by Kendrick Lamar with seven, Bruno Mars with six, and then SZA, Khalid, Childish Gambino and producer No I.D. tied with five nominations. It really was a nice eye-opener to see rap and R&B get the credit it deserves in today’s Grammys, and it was about time. While Jay-Z is a very famous public figure, it was a bit startling to see him bring home the most amount of nominations, but nonetheless, it was befitting. This past summer, Jay-Z released his thirteenth studio album, “4:44,” and rejuvenated his career with a spark of introspection and storytelling that much of his music in the past ten years has lacked. It was nice to see Jay-Z revive his rap career from the dead with a solid album, and even better to see the Grammys reward him for such.

Across the board, it was gratifying to see the Grammys

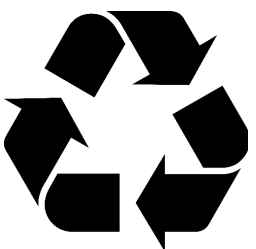
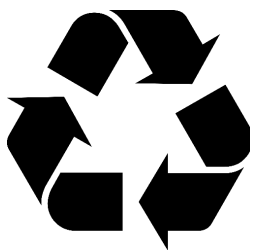
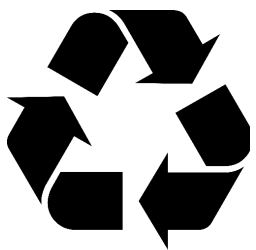
Across the board, it was gratifying to see the Grammys reward talent with its nominations this year, tipping its cap to competent artists who made honorable music.

reward talent with its nominations this year, tipping its cap to competent artists who made honorable music. While I wasn’t a huge fan of Kendrick Lamar’s newest album “DAMN.,” I wasn’t opposed to seeing him receive all of the nominations he did, as Kendrick has plenty of work that I do like and this year should make up for the atrocious 2014 Grammys when Kendrick was robbed blindly by losing Rap Album of the Year to Macklemore. While “DAMN.,” in my opinion, is by no means Kendrick’s best music, he is a very talented and masterful artist who

deserves to achieve accolades and awards, so all of his nominations were well-warranted.

It was also delightful to see so much solid R&B get nominations. Whether it be the skilled young artist Khalid, the eccentric and well-rounded Childish Gambino, or newcomers Daniel Caesar and SZA, there was a crop of talented R&B artists who got their fair share of nominations this year. I don’t know too many people who don’t enjoy “Redbone” by Childish Gambino or any number of Khalid’s upbeat and jovial songs, so it was nice to see them get some recognition.

While I’m not sure who the actual winners will be, I was pleasantly surprised this year when I read all of the 2018 Grammy nominations. Whether it be seeing Tyler, the Creator get nominated for Rap Album of the Year with his beautiful and buoyant “Flower Boy,” or seeing an old, yet reignited Jay-Z succeed so much, I was happy about all of the nominations, head to toe. Now, we have to wait almost two months to hear the actual winners of each award, but if they’re anything like the nominees, we’re in for a satisfying award show.



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Undergrads take center stage

By **Zerina Bajramovic**
STAFF WRITER

The opening night of the fifth reestablished John C. Edwards Undergraduate Prize Plays took place Wednesday, Nov. 29 at 7 p.m. in the Hennessy Theatre.

I attended the plays on Friday night and made it into the Hennessy Theatre with one minute to spare before show time. Immediately at 7 p.m., the first play began.

"Draining the Swamp" was the first student play to be performed. Written by Isabelle Beagen, the setting took audience members to "the United States of America in the not-so-distant future." Dealing with relevant social topics, "Draining the Swamp" touches on issues of fake news, sexual violence and women's rights. The first play of the night was quite graphic, and even offered audience members a disclaimer in the night's program, stating that the play deals with physical and sexual abuse.

After a ten-minute intermission, it was Hannah Sullivan's turn to take the stage with her play. "The Night We Met" began with a much lighter tone, as Lil Jon sang "Shots." The story revolved around the night a married couple first

met. During the play, they are attempting to retell the stories, but are constantly interpreted by their own memories of how it happened, as well as present-day situations. Comic relief definitely broke up the single scene play, as more serious questions about the human condition are highlighted throughout.

The third and final play, "The Right Swipe," was written by Rebecca Bishop. The story was told over the course of eight scenes, a contrast to the previous play. "The Right Swipe" is a story about both relationships and friendships. It was the most lighthearted of the three; however, it does a great job conveying a variety of emotions and was able to keep the audience laughing throughout each scene.

The John C. Edwards Undergraduate Prize Plays honors outstanding work in playwriting, as well as directing, stage management and design. Each play was written, directed, produced and performed by undergraduate students at UNH.

The three, short, one-act plays were shown back-to-back, providing nearly two hours of entertainment for all of those in attendance.

The original Undergraduate Prize Plays began in the

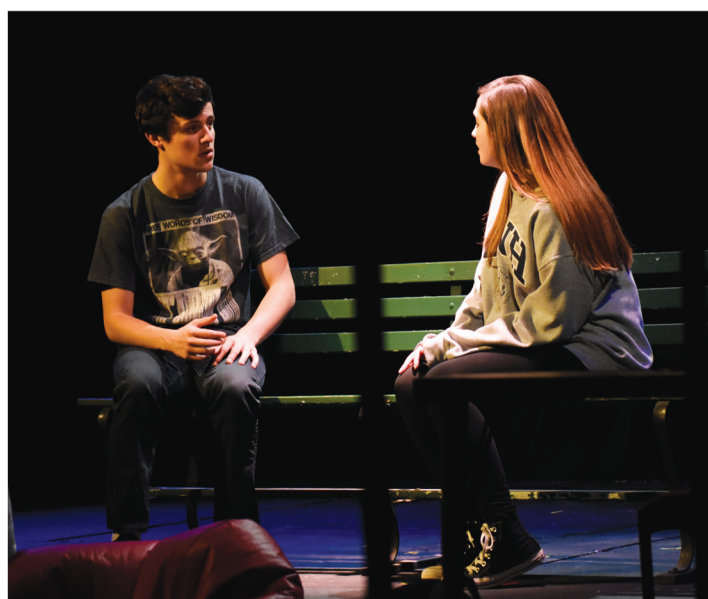
1790s with the help of David Magidson, department chair at the time, and professors John Edwards and Gil Davenport. Those original plays took place annually for 20 years. However, in 1996, due to various changes and circumstances such as department funding, the plays ended.

In 2012, the plays started up again. During the fall of that year, Edwards and current Department of Theatre and Dance Chair David Kaye worked together to restart the tradition of the Undergraduate Prize Plays.

According to the Paul Creative Arts Center's [PCAC] website, the award is made possible through the generosity of writer and actor Mike O'Malley. O'Malley is known for productions such as, "Diverting Devotion," "Yes Dear" and "Glee." He is also a former student of Professor Edwards. O'Malley and Edwards are included in the play selection committee that selects the winning works.

Up to three \$500 prizes will be awarded to the playwrights. The prizes will come in the form of a credit to student's UNH tuition bill, according to the PCAC website.

Photos by Mikayla Mallett



Flip to page 17 for an Undergraduate Prize Play photo album!

Newsroom Noise!

What is the best movie soundtrack ever?

Perks of Being a Wallflower - Colleen

Moana - Brian

Interstellar - Anita

Shrek - Zack

Guardians of the Galaxy - Bret

Cars - Brendon

Prince of Egypt - Alycia

Across the Universe - Madison

Pulp Fiction or Kill Bill - Andrew

Photo Album: Undergraduate Prize Plays

Photos by Mikayla Mallett



Letter to the editor

Beware of HB 372

If you are an out of state student who voted in New Hampshire in the last election, then you should be really fired up about House Bill 372 (HB 372). This bill is being rushed through the state legislature in a sneaky, and extremely confusing, effort to disenfranchise students from voting. This bill would require that people who vote with an out of state ID (college students, members of the military and temporary workers) who vote in New Hampshire, obtain a NH ID within 60 days of voting in an election. This provision, which is constitutionality is questionable, essentially would create a post election poll tax because they would be paying motor vehicle fees for their right to vote. Does that seem fair? This is just another unnecessary obstacle that Governor Chris Sununu and his Republican allies want to put in the way of students voting because they do not like the way we vote. Regardless of how long you intend on living in New Hampshire, as long as you are here, paying tens of thousands of dollars in tuition to a state university then your voice matters. If you are effected by state laws, then you have a right to participate in government. The elected officials in the district you live in are representing you and their actions in government will impact you whether you live there for three months or three years.

HB 372 is nothing more than attempt by New Hampshire Republicans to keep young people from voting because they know that when more people vote, Democrats win.

Additionally, it seems Republicans have a vendetta against college students because the student vote in Durham, with record voter turnout, can claim responsibility for getting Senator Maggie Hassan elected in 2016. Imagine wanting your candidates to win so badly that you literally try to disenfranchise specific groups from voting? That's what republicans are doing right now with HB 372. They do not care if you are living in New Hampshire without representation in government. They just want to stay in power to keep passing bills that will give tax breaks to the wealthy, deny equal rights for our LGBTQ friends, slash funding to the university system and countless other regressive policies.

If this bill passes and becomes a law, out of state college students and people who do not intend on permanently staying in New Hampshire will not be able to register to vote unless they pay the DMV fees to obtain a NH ID after an election.

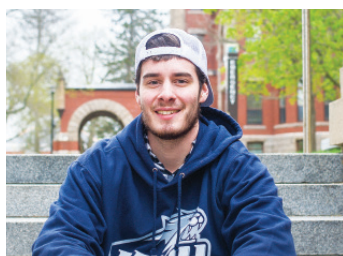
Another major issue for New Hampshire is the lack of young people in the state. There is no arguing with the fact that there is not a large enough young

workforce to sustain the state's economy for much longer. New Hampshire is the oldest state in the country with the age of the average Granite Stater being 42. Governor Sununu recently put in a bid to have Amazon HQ2 put in New Hampshire, however they will likely not accept the bid because there is simply not enough people to fill all the positions they would have. Yes, New Hampshire has an extremely low unemployment rate, but that also means that people who open businesses here have a hard time hiring employees to fill positions. Bills like House Bill 372 do the opposite of welcoming people who come to the state. HB 372 basically says to people who move here that they don't matter unless they plan to stay indefinitely.

You have a right to participate in government if you plan to stay here for three years, three months or the rest of your life. If you are being directly effected by legislation, which out of state students are, then they have a right to participate in the government. Its time for the republican party to stop trying to disenfranchise young people because in a not so far off future, this generation will be in charge and we will remember which party didn't want us involved.

By Olivia Olbrych

Senior farewells



Aaron Rago
STAFF WRITER

I remember coming to UNH four years ago (feels like an eternity now) and feeling so overcome with stress and anxiety over this big environment. I remember so vividly not having a single friend in the world

and even crying myself to sleep sometimes, because I was so lonely. All I did was study and work, because all I cared about was getting perfect grades.

Fast forward two years stuck in a very difficult major that I hated, feeling completely lost and hopeless. This was my darkest moment literally dry heaving over the thought of my future. But out of the darkest moments can come the brightest. All it takes is one choice, one decision to claw myself out of the pit of misery I put myself in (dilly dilly).

I decided to join the Kappa Sigma Fraternity and TNH, which were two of the best de-

isions I ever made. Although I joined late, I kept telling myself "It's never too late." Kappa Sigma gave me the chance to meet some of the greatest life-long friends, and TNH gave me the chance to follow my passions of writing and journalism.

Looking back on my college career, UNH has giving me the worst and best moments of my life. It hurts to leave, but it's time to move on from this little slice of paradise that is UNH. Here's the advice I leave: Follow your heart, be kind to one another and work your butt off. Thanks to everyone who made my college experience worthwhile. You'll be missed.



Colleen Irvine
EXECUTIVE EDITOR

I am not very good at good-byes. It always seems that as soon as I need words the most, I come

up empty. I have found that this is mostly because the best things in life leave you speechless; You can't describe them. Right now, I have nothing to say to *The New Hampshire*. Or maybe I just have so much to say that I can't form the words. Either way, there is no way for me to put what I have gained from my time at TNH on paper, so I will not even try. Some of the best things I have gotten in my life came from the newsroom. It was an honor to serve as the executive

editor of such an incredible institution, and though many people have come up to me complimenting me for the work I have done for TNH, what they will never understand is that this newspaper has changed me far more than I have changed it. I refuse to leave such an experience with words that don't even do it justice, so the last thing I will say is this: When I applied to TNH, I was only looking for bylines. What I actually got from it will never be able to be printed.

Thumbs *up* Thumbs *down*



The last week of classes.



Thumbs down to the last issue of TNH this semester.



Thumbs up to not having a final for a class.



Thumbs down to having more work to do for another.



Thumbs up to reading days.



Thumbs down to not having more of them.



Thumbs up to new beginnings.



Thumbs down to growing up.



Thumbs up to group bouldering.



Thumbs down to not being able to climb.



Thumbs up warm hot chocolate on a cold day.



Thumbs down to burning your mouth.



Thumbs up to morning coffee.



Thumbs down to spilling it on your way to class.



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From the Editor's Desk...

Retrain your mind and achieve greatness

Hey there, Wildcats! My name is Alycia Wilson and I suppose this is my introduction to you as the new executive editor of *The New Hampshire*. Once we return from winter break, I will have retired my position as content editor and will be first-in-command here at your student body newspaper. It's a pleasure to meet you.

I am honestly humbled to be able to call myself the executive editor of such a production, as I have seen firsthand for almost two years the time, care and precision that goes into creating a printed publication of news. Be it the writers who deliver the content, or those last line-of-defense editors who assign stories and devote hours of their time, in due diligence, to guarantee thoroughness, objectivity, AP-compliance and more, I must say there is nothing much more rewarding than delivering news to people just like you.

As I take on this new step in my career, I reflect on how I began my journey in this pub-

is an amazing opportunity that I am grateful to be a part of. Upon attending one contributors' meeting early in the fall semester of my freshman year,

My best explanation comes from a quote from Bob Proctor, a highly-regarded speaker on prosperity. He says that, "You are the only problem you will ever have and you are the only solution." Simply put, my problem was my own mindset and insecurity in my abilities, and my lack of initiative to do anything about it.

however, I felt intimidated by those surrounding me, as I felt too inexperienced and perhaps even unworthy. Surrounded by many who were better than me, and drowned by my own self-deprecation, I let that "I should" mentality linger for an entire year.

Yes, I, your executive editor, once thought that I wasn't good enough to contribute to any part of this paper, and soon enough I will be leading it.

My best explanation comes from a quote from Bob Proctor,

I am honestly humbled to be able to call myself the executive editor of such a production, as I have seen firsthand for almost two years the time, care and precision that goes into creating a printed publication of news.

lication. I have been actively advising myself since my freshman year at UNH that becoming involved in *The New Hampshire* was a role that I should pursue, as I knew it would not only allow me to gain firsthand experience in my field of study, but it would also allow me to assist in the process of producing a legitimate newspaper; news that would be delivered to generate public knowledge and awareness, distributed not only around campus, but Seacoast areas.

To me, that was and still

a highly-regarded speaker on prosperity. He says that, "You are the only problem you will ever have and you are the only solution." Simply put, my problem was my own mindset and insecurity in my abilities, and my lack of initiative to do anything about it. But, if you want to be the best, you must be obsessed with attaining that, and the best way to attain greatness is to be surrounded by people who are better than you.

Although I am a work in progress, as we all are, I hope

that you all can work with me to turn all of those "I should" statements into "I must" actions. That is how you can be your own solution. For me, over two years

of hard work, some failures and some successes have brought me from an insecure freshman to an ever-growing individual with continual goals in the field of journalism and the passion to be a leader.

So, Wildcats, work hard on those finals, aggressively pursue your dreams, find something that makes you want to get out of bed in the morning and stop at nothing. A person with goals is a person without limits.

**Best,
 Alycia Wilson**

*Follow me on Twitter
 @alyciaceceliaw*

Letters policy

We welcome letters to the editor and aim to publish as many as possible. In writing, please follow these simple guidelines: Keep letters under 300 words. Type them. Date them. Sign them; make sure they're signed by no more than two people. If you're a student, include your year, major and phone number. Faculty and staff: Give us your department and phone number. TNH edits for space, clarity, accuracy and vulgarity. Bring letters to our office in Room 132 in the MUB, email them to tnh.editor@unh.edu or send them to The New Hampshire, MUB Room 132, Durham, NH 03824.

Opinions expressed in both signed and unsigned letters to the Editor, opinion pieces, cartoons and columns are not necessarily those of The New Hampshire or its staff. If you do not see your side of the argument being presented, we invite you to submit a letter to the editor by sending an email to tnh.editor@unh.edu.

FOOTBALL

continued from page 24

1:16 remaining.

Knight was injured midway through the second quarter when he collided with his own offensive lineman chasing for a tackle following his lone interception on the day. The junior finished 8-14 for 47 yards and a 10-yard touchdown to sophomore running back Evan Gray.

Redshirt freshman Christian Lupoli replaced Knight, and fed off Gray's methodical rushing, to throw for 63 yards and a touchdown on 8-10 passing. Lupoli

connected with sophomore wide receiver Malik Love for a 9-yard touchdown to extend the UNH lead to 21-9 with 7:19 left in the game.

"I don't think we adjusted at all [to Lupoli coming in]," Love said after the win. "I believed in Christian before he even had an opportunity and I knew as soon as his name was called that he was gonna go in there and do his job."

Prior to Saturday's game, Lupoli was 3-12 for 16 yards and an interception on the season. If Knight does not clear concussion protocol by Saturday, the redshirt

freshman will make his first start for the Wildcats in the biggest game of the year.

Hildebrand and the Bears' offense were stifled throughout the afternoon. Their scores came off of two big receptions from Cedric Battle: one going 74 yards for the touchdown in the first quarter and another going 78 yards for the score in the fourth.

The Bears were 10-1 and fresh off a bye week entering the second round matchup against the Wildcats. Their only previous loss had come at the hands of an FBS-school, Kansas State. The Bears won the Southland Confer-

ence title and were touted as one of the top offenses in the FCS entering Saturday's game.

"Our guys, they just played their tails off. Coming into this situation, playing a number four seed, a lot of people didn't think we belonged," head coach Sean McDonnell said after the win, the 150th as head coach of UNH. "We told the kids 'let's go play. That's where things get done, on the field.'"

The Wildcats have now advanced to the FCS quarterfinals for the first time since they fell in the semifinals to Illinois State three years ago. They'll have to

travel far once again as they take on the No. 5 seed, the South Dakota State University Jackrabbits.

The Jackrabbits are 10-2, winners of their last six and avenged a midseason loss to Northern Iowa on Saturday with a 37-22 second round win. Like Central Arkansas, South Dakota State sports a top-10 scoring offense, averaging 37.4 points per game.

Saturday's kickoff is scheduled for 3 p.m. at Dana J. Dykhouse Stadium in Brookings, South Dakota and will be streamed online on ESPN3.

MHOC

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opponent by the start of the game. Providence was ranked No. 9 in the nation and stayed there after this weekend's results.

Richard Boyd's first goal of the season couldn't have come at a better time as his tally in the first period on Saturday at the Whittemore Center was all it took for the 'Cats to get the win.

Senior goalie Danny Tirone had another stellar performance between the pipes for UNH as he recorded 24 saves in his fourth shutout of the season.

Tirone credited his mental consistency for his success in the big conference win for the Wildcats.

UNH now sits at 9-5-1 and 4-4-1 in Hockey East play. The 'Cats remain No. 13 in the country and sit tied for sixth in the conference standings.

Friday's loss was another instance of an incomplete game for the Wildcats which was an issue during their brief three-game losing streak a few weeks ago.

Sophomore Brenden van Riemsdyk tied the game at 1-1 a few minutes before the first intermission but after that Providence pulled away.

"I thought after the first five minutes of the first we were playing well," head coach Dick

Umile said. "But in the second period we couldn't get the puck out of our own end and turned the puck over."

Providence struck in the first and last minute of the second period to take a 4-1 lead into the final period. After the fourth goal from Providence, Tirone's night was done as freshman Mike Robinson made his UNH debut and made seven saves.

Marcus Vela tallied a goal midway through the final period to cut the lead to two but the Friars were able to score again at the end of the period to hold on to the 5-2 victory.

After game one of the series Umile understood that his team needed to be more careful with the puck, especially in the defensive end.

"We have to handle the puck in our own end and make better decisions with it," Umile said.

The brutal six-game stretch for the Wildcats which featured five matchups with ranked opponents has come to an end with the 'Cats going 2-4. The 'Cats may not have showed the dominance they had early in the season but many positives can be taken away from this stretch.

For one, Tirone is once again keeping UNH in every game they play. Tirone is averaging only 2.12 goals allowed a game with a .933 save percent-

age. With the UNH offense that's no stranger to lighting up the score sheet, their net-minder has allowed them to battle every time they touch the ice.

Another big takeaway is that this team has great depth. The team's top-six leading point-scorers don't just come from the first two forward lines. Ara Nazarian and Liam Blackburn both have 10 points this season and play on the second or third forward line depending on the matchup.

Max Gildon, 14 points, and Benton Maass, 11, are both freshmen defensemen that have contributed in big ways in the offensive end. Michael McNicholas has 15 points and is the only first-line forward in the top-five in points on the roster.

Tirone's solid play and the ability to get scoring from every line, every given night is the apparent recipe for success. Umile and several players have touched on it multiple times this season that they have to play a full, complete game.

If this Wildcat team does in fact play a complete game, they can skate with the best of them.

On Saturday, Dec. 9, the 'Cats go up against Army West Point. Puck drop will be at 7 p.m. at the Whittemore Center. Then on Sunday, UNH will host Merrimack College at 4 p.m.

er. McManus fired a wrist shot from the slot that beat Bugaliski on the stick side.

"As far as us playing smart hockey and not letting Northeastern a ton of great chances, that was the best I've seen us all year," Witt said.

On Sunday afternoon in Boston, the 'Cats struggled to attain a lead, as the Huskies muscled their way to a win following a push from UNH in the second period.

"I thought we gave them too many grade-A chances that they capitalized on," Witt said following the loss. "We missed some opportunities that we created for ourselves. Some pretty grade-A, open net type situations that we just didn't finish."

McKenna Brand would seal the victory for the Huskies with a late goal in the third period at 12:57.

After a late surge from the Wildcats in the second period, the Huskies grinded their way through the period, and ended it by regaining their lead.

A Julia Scammell penalty for tripping at 16:08 would pave the way for Northeastern to re-

establish a lead heading into intermission. The Huskies did just that at 17:47 from Lauren Kelly with her second power-play goal of the afternoon to put the Huskies up, 4-3.

McManus would score her eighth and ninth goals of the season on Sunday, with her ninth goal tying the game at 3-3 in the second period.

"When we've been playing well that's what we've been able to do is to not panic and keep grinding out and come back," Witt said. "And so we've done that a lot this year we had a little bit of a dry spell with that stuff over Thanksgiving week. When we see us grinding it out and coming back from 3-1 we know we're a good hockey team. We can win any game."

UNH will next play on Dec. 8 on the road against UConn, a team they will meet twice more at home in January.

"We've got one weekend to go here," Witt said. "It's a long first half of the season. I think we're playing our 19th, 20th games next weekend. So we've got to mentally prepare."

CHEERLEADING

Wildcats preparing to defend NCA title

By Sarah Burbank
CONTRIBUTING
WRITER

The cheerleading teams gathered on the Bandshell in Daytona, Florida, awaiting the results from the judges at the NCA Collegiate Cheer Championships. The University of New Hampshire had placed second in the first round which had allowed them to move on to the finals. They waited patiently after their near perfect routine to find out how the judges thought they performed. As Sam Houston State University's name was announced for second place, the University of New Hampshire realized that had meant they won it all. The team erupted with joy.

Fast forward a few months, and the team was competing at the NCA Summer Camp at Boston University for a bid to the 2018 NCA Collegiate Cheer Championships. Following their win at the championships last year, a lot was expected of this new and improved team. The UNH cheerleading team exceeded expectations earning Best All-Around Team, Highest Score at Camp, Game Day Winners, Rally Routine Winners and three All-Americans, resulting in a full paid Gold Bid to the 2018 NCA Championships.

Emma Goulet, a senior captain of the cheerleading team expressed great pride after hearing they won a gold bid.

"It was a really proud moment for our team. Personally, I was emotional because not only did we receive a gold bid but we also won best overall team out of all the 22 teams at the camp," Goulet said. "Our team at camp included old and new athletes so it was a really great start to the season as a new team, and it further proved how hardworking and talented this year's team is."

With NCA Championships about four months away, the team is entering into competition mode. Practices have gotten longer and started focusing on prep-

ping the competition routine. In order for them to keep up their reputation of a team to watch out for, they need to stay focused on the prize.

"Luckily, we have two amazing coaches that constantly encourage us to push for new skills every practice, so we work hard year-long rather than just seasonally. Earlier on in the season we spent a lot of time building new skills, tumbling, and conditioning to build our endurance to prepare for our national's routine. Now that we are becoming stronger, we are able to continue to work on new skills while also perfecting our national's routine," Goulet said.

Once the routine is choreographed completely, the cheerleading team will start to compete in exhibitions around the area. This is less about the execution of the routine, but more about the experience.

For some of the team members, this spring will be their first time competing at a collegiate national championship. The pressure can get to some, so the exhibitions provide them with an idea of what competing on the Bandshell will feel like.

As the Cheer Championship approaches, Scott Rigoli and Brad Burlamachi, the coaches of the UNH cheerleading team, have buckled down with the creation of the choreography for this year's routine.

"We ultimately started in the middle of our competitive season. Most teams practice year-round. So right after we were hired we just hit the ground running and our goal was to solely focus on ourselves and our routine," Burlamachi said.

Now having a year under their belts, they have decided to switch a few things up. Burlamachi explained how the team now has had the opportunity to hold spring tryouts, compete at the summer camp at Boston University, which they ended up getting a Gold Bid from, and most importantly, defend their national title.

WHOC

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Dunbar would score with just 52 seconds remaining in overtime and hand UNH its seventh victory of the year.

Working with the puck after stealing it from behind the Northeastern net, Dunbar flanked the Huskies' goaltender, Brittany Bugalski, and scored on a wrap-around goal through the legs of Bugalski.

"I thought we played our best, probably our smartest game of the season on Friday night," Witt said. "We were really good defensively. We didn't give up too many chances. We were able to grind out some tough goals."

Following a scoreless third period, Northeastern's Tori Sullivan tied the game off a pass from McKenna Brand in the opening minute of the second period to get the Huskies back into the game at 1-1.

Sophomore forward Meghara McManus scored the game's opening goal at 3:22 in the second period with help from sophomore forward Carlee Turn-

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Hockey Preview

No. 13 UNH vs. Army West Point

Saturday at 7 p.m.; Whittemore Center in Durham, New Hampshire

No. 13 UNH vs. Merrimack

Sunday at 4 p.m.; Whittemore Center in Durham, New Hampshire

Matchup Forecast



By Sam Rogers
STAFF WRITER

The upcoming weekend tests for the Wildcats will involve two home games at the Whittemore Center which will be the eighth and ninth games in Durham for UNH.

On Dec. 9, the 'Cats welcome Army West Point, and on Dec. 10 UNH will host rival Merrimack College.

The 'Cats, despite a rocky few weeks compared to their first eight games of the season, are doing just enough to stay in the national rankings. Following their series split over No. 9 Providence College the 'Cats maintained their No. 13 spot in the polls.

Although the record isn't as glamorous as people expected after the 5-0 start to the season, this team has shown signs of chemistry that is crucial for a whole season of success.

"We're a really solid group in our locker room and everyone's friends, everyone's really close," senior captain Dylan Chanter said on the team's tight-knit feel. "Winning is a lot of fun and it makes life a lot easier around here, which attributes to the [close group feel] as well."

The 'Cats are also back to full strength as a brief injury bug plagued the team including a shoulder injury that held out Patrick Grasso for the first two weeks of the season.

"When we have everyone going on all cylinders, we're a scary team," Chanter said.

The first opponent of the weekend, the Army Black Knights, hold a 7-7-2 record. Army has played all but one of their games against conference opponents. They are 6-7-2 in AHA games.

Most recently, the Black Knights are coming off a 3-1 win over a common opponent that UNH faced earlier this season. Army beat No. 17 Colgate

on Dec. 2 who the 'Cats defeated 5-0, and 5-3, in their first home series of the season.

Army plays Merrimack on Dec. 8, the day before they make the short trip north to Durham.

The Black Knights have a three-headed attack on the offensive side as they have three skaters that have recorded 15 points in 16 games. Michael Wilson and Dominic Franco are the leading point-scoring forwards, and Dalton MacAfee is the points leader for defensemen on the roster.

MacAfee began his career at Hockey East powerhouse Boston University where he played his freshman season in 2013-14.

He joined Army in the 2015-16 season but didn't play until the 2016-17 season.

Army is 3-0 in games against ranked teams as they swept No. 19 Air Force in early November. The 'Cats are going to have to bring their best against the Black Knights despite Army not being a traditional hockey school.

The second test of the weekend will be a conference battle against Merrimack in a 4 p.m. tilt.

The Warriors are having a slow start to the season as they currently sit with a 2-9-3 record, with their two wins coming over the University Massachusetts Amherst and Bentley University.

Merrimack sits in the conference with a 1-6-1 record and, most recently against Hockey East teams, the Warriors were swept last weekend by Northeastern University.

UNH currently holds an 9-5-1 record and is 4-4-1 in conference play. The 'Cats will battle a solid team in Army and then follow it up with an always tough test, despite the record, in Merrimack. The 'Cats can build up their national resume if they can escape the weekend with two wins.



Stat of the Week

6-2-1

Army West Point is 6-2-1 on the road this season, including 2-0 against ranked opponents (UNH is 5-3-0 at home).

CHINA WONG/TNH STAFF
Senior forward Shane Eiserman checks Providence defenseman Spenser Young in Saturday's 1-0 win. The Wildcats are now 8-1-0 on the season when Eiserman plays.

Wildcat Gameday



UNH vs. No. 5 South Dakota St.

Saturday at 3 p.m.; Dana J. Dykhouse Stadium in Brookings, South Dakota

UNH is 9-4; South Dakota St. is 10-2



Matchup forecast

By Zack Holler
SPORTS EDITOR

The Wildcats were arguably the most scrutinized team for making it into the playoff field with an at-large bid. They quickly quieted the doubters with last Saturday's win and will look to advance to the FCS semifinals with a win on Saturday afternoon.

The task is similar to last week's as the 'Cats are heading into unfamiliar territory to take on a 10-win school. This time around it'll be against the South Dakota State University Jackrabbits of the Missouri Valley Football Conference.

The Jackrabbits enter Saturday's game 10-2 on the season and fresh off a 37-22 win over Northern Iowa in the second round. They also tout one of the best offenses in the FCS, led by junior quarterback Taryn Christian. Christian is a dual-threat that ranks fourth in the country with 31 touchdown passes this season.

"This kid, he can run really well. We gotta be really good with trying to keep him in the pocket and not letting him get loose," defensive tackle Rick Holt said about Christian. "He's really, really fast. I'd compare him to Schor, the JMU quarterback, but he's just

bigger."

He has two of the most dangerous receiving weapons in the country as well, senior tight end Dallas Goedert and senior wide receiver Jake Wieneke. Wieneke is fifth in the nation with 13 receiving touchdowns and is one reception away from tying his conference's all-time record. Goedert is Christian's go-to option, leading the Jackrabbits with 66 receptions and 1,049 receiving yards in 2017.

The UNH defense will once again need to be up to the task against the high-powered South Dakota State offense. The Wildcats have held opponents to an average of 12.9 points per game over their last seven games while the Jackrabbits average 37.4 points per game.

Offensively, the Wildcats could be without starting quarterback Trevor Knight. The junior has started every game for UNH this season but was knocked out of last week's win with a concussion. Redshirt freshman Christian Lupoli will get his first career start if Knight is unable to go. Lupoli went 8-10 for 63 yards and a touchdown against Central Arkansas last week.

"He was allowed to do light practice yesterday. He's out there and can't get touched," head



COURTESY OF JOSH GOFF/CENTRAL ARKANSAS ATHLETICS

Redshirt freshman quarterback Christian Lupoli replaced an injured Trevor Knight in last week's win. Lupoli will make his first career start Saturday if Knight isn't cleared.

coach Sean McDonnell said about Knight. "He's been symptom-free now for 48 hours, which is a good thing, but he still has to pass that concussion protocol test in order to play on Saturday."

The UNH defense has been on a roll as of late and, while Knight

being out would certainly hurt the Wildcats' chances of winning, it'll need to have another strong game to keep the season alive. It'll be a battle between the hottest defense in the FCS and arguably the most dangerous offense.

"[The Central Arkansas]

game, I think, showed people what we can really do," Holt said. "We're one win away from being in the semifinals, which I don't think a lot of people would've believed [that] going into the playoffs."

Four Quarters

UNH's Offense

The Wildcats have found success throwing to sophomore wide receiver Malik Love as of late, as he led the team with five receptions for 50 yards and a touchdown in last week's win.

Junior Neil O'Connor, on the other hand, has been quiet the last few games, grabbing just two passes for 17 yards against Central Arkansas. Teams are keying in on him more down the stretch but a bounce-back game could pay dividends for the Wildcats.

"They're very aware of where Neil O'Connor is right now," McDonnell said. "[O'Connor] will bounce back I'm sure, the competitor that he is, and have a good game."

UNH's Defense

It's no coincidence that the defense's outstanding play has coincided with junior linebacker Jared Kuehl's return from injury in late October.

Kuehl and sophomore Quinlen Dean have been crucial in slowing down opponents' rushing attacks, the first thing McDonnell always mentions when talking about slowing down an opposing offense.

However, Kuehl and Dean couldn't be as effective as they are without the play of Holt and junior Ryan Sosnak up front. Holt had the game of his career last week, as he compiled nine tackles, 2.5 sacks and tipped a pass that led to an interception. If Holt and company can contain the Jackrabbits' rushing, it'll force South Dakota State to become one-dimensional.

SDSU's Offense

There are plenty of weapons on the offense surrounding Christian, including a massive offensive line. The line keeps Christian upright in the pocket, allowing South Dakota State to rank seventh in the country in

third down conversion percentage (47.9).

The Jackrabbits also score on 89.3 percent of their red zone trips, good for 11th in the nation. With big weapons such as Goedert and Wieneke that job is made much easier.

Christian has also only thrown eight interceptions on the season, a stat the Wildcat defense will look to change on Saturday. The Wildcats have forced four turnovers in each of the last two games.

SDSU's Defense

The Jackrabbit defense isn't anything to scoff at either, holding opponents to 22.5 points per game.

Sophomore linebacker Christian Rozeboom is the leader in tackles with 113 and will be counted on to slow down Evan Gray and the UNH running game. Protecting the quarterback will be vital for the Wildcats, as UNH allows 3.8 sacks per game.

Coach Mac's Take:

"You watch it on tape, they do multiple things on offense, the quarterback is the distributor of everything. They have a good, strong, physical run game."

Head coach Sean McDonnell

Stat of the Week

150

Coach Mac collected his 150th win as head coach of UNH with Saturday's 21-15 win.

TNH Picks

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Sports Editor

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MEN'S BASKETBALL

Purple Eagles duo combines for 58, push UNH to 2-7

By Zack Holler
SPORTS EDITOR

Niagara University's two-man wrecking crew came to Lundholm Gymnasium on Tuesday night and led the Purple Eagles past the struggling Wildcats, 78-70. Senior guards Khalil Dukes and Matt Scott combined for 58 points, knocking UNH down to 2-7 on the season.

Senior forward Tanner Leissner led the way for the 'Cats with 24 points and seven rebounds. Leissner didn't practice the day before due to an illness, but posted his season-high in points as he tried to keep pace with the high-scoring Purple Eagles.

"I had food poisoning yesterday and today I just felt more lethargic," Leissner said after the loss. "Right now, I'm exhausted but I still tried to give everything I could to help the team."

Freshman guard Elijah Jordan provided a spark off the bench with 15 first-half points, including four three-pointers. Jordan was a member of the starting lineup until Saturday's win against Bryant

University. Head coach Bill Herrion began bringing him off the bench in an attempt to reignite the quality of play he showed in the first few games of the season. It worked, as Jordan set a new career-high with 19 points.

Scott came into the contest ranked second in the nation in points per game, averaging 25.6 for Niagara. He exceeded that with 27 against UNH but was topped by Dukes' season-high 31 points. Dukes went 8-11 from three-point range and seemingly had an answer for every Wildcat run.

The Purple Eagles started the second half on an 11-3 run, forcing Herrion into an early timeout with 16:09 remaining and the score at 42-37. The Wildcats wouldn't regain the lead until a Jordan layup made it 61-59 with a little over eight minutes remaining.

The 'Cats held a 68-65 lead with just under four minutes to play when the Purple Eagles rattled off a 9-0 to go ahead six with 1:32 remaining. UNH couldn't close the gap from there and Ni-

agara held on for a 78-70 victory. The loss drops the Wildcats to 2-7 on the season that's highlighted by a six-game losing streak.

The Wildcats ended the losing streak on Saturday with a 75-59 win over Bryant College. UNH handled the Bulldogs with a balanced scoring attack led by Leissner's 19. Senior forward Iba Camara followed with 16 points, as well as 14 rebounds for his 19th double-double of his UNH career. Sophomore guard John Ogwuche set a season-high with 12 points in the win.

The 'Cats once again played their opponent tough but came up just short against Niagara. However, Herrion wasn't satisfied with the defensive performance and is still looking for the necessary intangibles from his veteran players.

"On the perimeter our defense was poor. We have no older perimeter defenders that can step up to a defensive challenge," Herrion said. "I just don't know where our toughness is."

The Wildcats will next travel to Worcester, Massachusetts, to



CHINA WONG/TNH STAFF

Freshman Elijah Jordan scored 19 points in the loss.

take on the College of Holy Cross Crusaders on Saturday, Dec. 9, at 3 p.m. The Crusaders are 2-6 on the season and lost to UNH in Durham last season, 56-53. Holy Cross junior forward Karl Charles scored 16 in that game and is leading the Crusaders in scoring this year averaging 11.5 per game.

When second semester rolls around the Wildcats will be six games into a 16-game America

East conference schedule and will have provided a better idea of where this team could finish the season in the conference. UNH was picked to finish fifth (out of nine schools) in the America East preseason poll. Ultimately, teammates will have to step up and help Leissner carry the load if the 'Cats want to compete for a conference title.

WOMEN'S BASKETBALL

Dartmouth stifles Wildcats in second half

By Bret Belden
SPORTS EDITOR

Despite forward Olivia Healy's 17 points and nine rebounds, the Wildcats fell to Dartmouth College on Tuesday night for their first loss of December and third this season. The Big Green outscored UNH by 18 points in the second half to secure their first victory over the Wildcats in seven years, 57-49.

The 'Cats had won three straight and played as if to continue that streak through the first half against Dartmouth, with a 10-point lead at the end of the second quarter. UNH's production faltered down the stretch due to an uncharacteristic lack of defensive effort and scoring ability, but head coach Maureen Magarity attributed the latter to Dartmouth's lockdown defense.

"Dartmouth is playing really well right now," she said. "They've beaten a ton of good teams. When you go up against a team with only one loss, you need to be prepared, and I think we knew we were gonna have our hands full out there."

While the Wildcats outscored Dartmouth by 10 points in the first half, an unsatisfied Magarity asked for more out of her players. They needed to make their easy shots and hustle on defense, otherwise risk giving up the lead in the second half.

Dartmouth exposed the holes in UNH's defense with a 10-2 run at the end of the third quarter to tie the game at 37. The 'Cats had given up their double-digit lead in a matter of minutes.



CHINA WONG/TNH STAFF

Senior Olivia Healy led the Wildcats with 17 points.

"We turned the ball over more than we have in the past couple of games," Magarity said. "We've been winning our games by limiting turnovers and playing good defense, that's how we beat Northeastern. We just needed one more person to step up against Dartmouth and make their shots, but we didn't get that."

"We struggled in the paint, too. [Dartmouth] wanted to take Kat [Fogarty] and Carlie [Pogue] out of the game, so our production from the post, and from our bench, was pretty low."

Three of the starting five's most productive scorers found themselves in foul trouble in the second half. With the 'Cats' bench missing shots at such a heavy clip, Dartmouth took its opportunity to secure the lead.

Dartmouth's bench outscored UNH's second unit, 5-1, in the fourth quarter. Limited at the three-point line, UNH (1-8 from beyond the arc) couldn't

string together a comeback against the Big Green's interior defense following the latter's dagger three with just over a minute to play. The 'Cats only scored once in response and finished the game there, with 49 points.

Center Carlie Pogue had 11 points and seven rebounds, while point guard Brittnei Lai put up eight points, six assists and two blocks on the night.

"It's nice to know we're playing at home this Saturday," Magarity said. "It'll be a tough game, since [Manhattan College] has some size, so it won't get any easier for our post players."

She added that, having talked after Tuesday's loss, the Wildcats' goal is to win the next four games and head into conference play with a win streak and a chip on their shoulder.

They play Manhattan College this Saturday at 1 p.m. in Lundholm Gymnasium.

TRACK & FIELD

'Cats top Maine in dual-meet

By Tim Knightly
STAFF WRITER

Both the men's and women's track and field teams started the winter season this past weekend in an annual dual-meet against the University of Maine Black Bears in Durham.

The men's team took home the win, beating the Black Bears by a score of 102-74. The Wildcats' top performers included throwers senior Michael Shanahan and sophomore Zachary Astle. Both seemed to be in mid-season form as Shanahan set a new school record in the weight toss and Astle finished in first place in the shot put.

Shanahan, who held the previous school record in the weight toss with a score of 68 feet, was able to muscle out one more foot, finishing Saturday with a score of 69 feet, six inches and a new school record. On his first throw Shanahan scored 69 feet, three inches, setting a new record, then went on to break that with his throw of 69 feet, six inches.

"[Shanahan] had a good performance on Saturday. He was a redshirt last year, and got some rest. He's had a year to train and had a good series on Saturday. We would also like him to keep working on technical aspects," head coach Jim Boulanger said.

On his first throw of the day Astle was able to score a 51 foot, 6.5 inch distance that proved to be enough for a first-place finish.

On the track, senior Brandon Allen won both the 55-meter and 200-meter dashes. Allen finished the 55-meter in 6.65 seconds and the 200-meter in 23.05. His 55-meter finish was just .01 seconds slower than his personal best.

UNH also took home first

place in four of the middle distance events: James O'Brien in the 400-meter, Christian Ehlers in the 500-meter, Matthew Adams in the 800-meter and Aaron Dobe in the 1000-meter.

To round out the meet, the 4x800 relay team of John Crawford, Phillip Trajkovski, Aidan Sullivan and Alexander Karam placed first overall.

The women's team also had a successful day as the Wildcats won five of the six distance and middle distance events.

In the 500-meter run the duo of Jessica Hackett and Dana Rose Brown finished first and second. Hackett crossed first, finishing with a time of 1:21.57, as Brown came in just behind at 1:22.44.

Just like in the 500-meter, UNH had two runners finish in the top-two spots of the 800-meter. Shaylyn Saunders and Caroline Kingerly finished with times of 2:23.51 and 2:24.94 to propel the 'Cats.

At Boston University, the women's team had three runners compete in the distance events. Elinor Purrier finished the 3000-meter with a time of 8:55.68, which is the fastest time in the country this season and sets a new school record.

In the 1000-meter, junior Danielle Gajewski came in first overall, finishing with a time of 2:53.47.

"We just want to keep continuing the way we're going and race a little better," Boulanger said. "I'm also looking forward for the throwers to continue, we have a good group there."

On Friday, Dec. 8, UNH will compete in a dual-meet and on Saturday, Dec. 9, they will have a tri-meet with Dartmouth College and Maine in Hanover.

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SPORTS

FOOTBALL

Down but not out

Defense leads 'Cats to upset despite Knight leaving with concussion

By Zack Holler
SPORTS EDITOR

With starting quarterback Trevor Knight out of the game with a concussion, on the road against the No. 4 seed, the UNH defense stepped up to force four turnovers and keep the Wildcats' season alive.

UNH advanced to the FCS quarterfinals with a 21-15 win over the University of Central Arkansas Bears on Saturday afternoon in Conway, Arkansas.

The Wildcats defensive effort was highlighted by redshirt freshman safety Evan Horn's 56-yard pick-six that put the Wildcats ahead 14-7 midway through the third quarter. Senior defensive tackle Rick Holt had a standout performance with nine tackles, 2.5 sacks and a tip on Central Arkansas' other interception.

Trailing 21-15, Central Arkansas quarterback Hayden Hildebrand had one more opportunity to lead his team to victory. The Bears drove to the UNH 36-yard line when junior defensive end Jae'Wuan Horton forced a game-clinching fumble, recovered by junior linebacker Jared Kuehl, with a sack on Hildebrand with



COURTESY OF JOSH GOFF/CENTRAL ARKANSAS ATHLETICS

Redshirt freshman cornerback Alonzo Addae tackles Central Arkansas quarterback Hayden Hildebrand. Addae finished the game with seven tackles and a forced fumble.

FOOTBALL
continued on page 20

MEN'S HOCKEY

Wildcats split with No. 9 Friars



CHINA WONG/TNH STAFF

Junior forward Marcus Vela scored his third goal of the season in Friday's 5-2 loss.

By Sam Rogers
STAFF WRITER

In the most anticipated weekend series of the season thus far, the Wildcats split their two games with Providence College. The 'Cats dropped game one of the series, 5-2, in Providence but held on for a 1-0 home win on Saturday.

The matchup against the Friars were the fourth and fifth games the Wildcats played against a ranked

MHOC continued on page 20

WOMEN'S HOCKEY

UNH defends home ice against Huskies

By Chris Bokum
STAFF WRITER

Sophomore forward Nicole Dunbar powered UNH to a 2-1 overtime win over Northeastern University on Friday night at the Whittemore Center, followed by a 5-3 loss on the road in Boston at Matthews Arena.

The Wildcats are now 7-6-5 on the season and are currently third in the Hockey East standings.

"I thought we played hard all weekend," head coach Hilary Witt said. "We did a lot of good things. We competed much harder than we had lately. So it's not fun to not win [on Sunday], but I think overall we gave ourselves a chance to win both games."

On Friday evening, the 'Cats found themselves battling for a win in overtime after scoring the game's first goal in the second period.


WHOC
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SCORE CARD

MEN'S HOCKEY (9-5-1)

	
UNH	Rensselaer
6	3
Durham, NH	



MEN'S HOOPS (2-7)

	
UNH	Niagara
70	78
Durham, NH	

FOOTBALL (9-4)

	
UNH	UCA
21	15
Conway, AR	

WOMEN'S HOOPS (6-3)

	
UNH	Dartmouth
49	57
Hanover, NH	

WOMEN'S HOCKEY (7-6-5)

	
UNH	Northeastern
3	5
Boston, MA	

Stats of the Week

3 Women's hockey's Meghara McManus scored three goals against Northeastern over the weekend.

19 Men's basketball's Elijah Jordan scored a career-high 19 points in Tuesday's loss to Niagara.