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Diversity enforced in ENGL 401 curriculum

By Chandler MacKenzie
STAFF WRITER

In response to student demands made last spring following the Cinco de Mayo incidents, the dean of the College of Liberal Arts, Heidi Bostic, and the English department co-sponsored an event that brought Dr. Teresa Redd to campus. Redd, a nationally-renowned and now-retired composition professor and also former Director of Howard University's Center for Excellence in Teaching, Learning & Assessment (CETLA), visited campus on Oct. 5 to discuss the ENGL401 program and how different views of diversity could be included in

the classroom.

The initiative was conceptualized and proposed by Dr. Christina Ortmeier-Hooper, associate professor of English at UNH and also the director of composition. In an email exchange with Ortmeier-Hooper, she stated, "In the past, English 401 instructors have worked on best practices in the teaching of writing, inclusive pedagogy, responding to multilingual writers and integrating college and career-readiness concerns. This year, in addition to these ongoing efforts, English 401 instructors are participating in training on diversity, tolerance and civic engagement."

Although *The New Hampshire* reached out to most of the English 401 professors via email, only two responded by the time of

publication.

According to two lecturers in the English department, the overall tone of Redd's presentation was a very positive one. Stephanie Harzewski, senior lecturer in the English Department at UNH, said that Redd's presentation was incredibly thorough and well prepared.

"Just from listening to her presentation, it seemed that she had really done her homework," Harzewski said. "She clearly examined the English 401 curriculum before coming to Durham and overall was just a really great presentation."

The hope behind bringing Redd to Durham, according to Ortmeier-Hooper, was to create an educational community that is "inclusive, diverse and equita-

ble." When asked about whether that was something Redd promoted and encouraged, lecturer in English Nathan Webster said that it was something he noticed right away. Webster, who was in the army from 1987-1992 and served in Desert Storm, spoke to some of the diverse perspectives that he experienced while overseas as a soldier and also overseas in Iraq as a reporter in 2007, 2008 and 2009 as well.

"Serving in Iraq is one kind of a diverse perspective that I think I bring to the classroom," Webster said.

When both lecturers were asked about what their takeaways from Redd's presentation would

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Discussion
talks limits of
free speech

By Gates MacPherson
STAFF WRITER

UNH hosted a panel of experts from the UNH School of Law on Monday for students, faculty, staff and members of the community to discuss the issue of offensive speech and the First Amendment on campus and online.

The forum, held in the Granite State Room of the Memorial Union Building (MUB) from 5 to

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Chase Ocean Engineering Lab hosts annual

Ocean Discovery Day

By Alison Eagan
CONTRIBUTING WRITER

Families from all over the community were invited to attend the sixth annual Ocean Discovery Day, an event filled with educational activities on the marine science and ocean engineering programs at UNH. Activities included seafood cooking competitions, touch tanks, project demonstrations and much more last Friday and Saturday.

The Chase Ocean Engineering Laboratory hosted the event in collaboration with the UNH School of Marine Science and Ocean Engineering and various organizations including NH Sea Grant, UNH Marine Docents, the Center for Coastal and Ocean Mapping, and the Center for Ocean Engineering to make this event possible. Volunteers from these organizations brought their skills and knowledge to educate the community on marine science and ocean engineering, according to the Chase Ocean Engineering Laboratory's website.

The New Hampshire Sea Grant partners with the state of New Hampshire and the National Ocean and Atmospheric Administration to provide understanding and awareness on the conservation of coastal and oceanic resources and supports the University of New Hampshire in the marine science programs, according to the NH Sea Grant website.

The UNH Marine Docents, a program through the New Hampshire Sea Grant, brought their SeaTrek outreach program, which included interactive exhibits for the kids. They brought a horseshoe crab touch

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Mikayla Mallet / TNH Staff

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Holloway Commons hosted its annual Local Harvest Dinner on Thursday night, complete with locally sourced foods and treats. 5



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Former goaltender



Newly hired goalie coach Brian Foster played for UNH hockey from 2006 to 2010 as a goalie. Read the story to find out more!

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The athletic guidelines for UNH transgender athletes are expected to be completed at the earliest around Christmas time of this year. Read more to find out!



The men's hockey team



The Men's hockey team is the only team in the nation to start the season 4-0. The 'Cats host Colorado College twice this weekend.

Student Senate Update



Read on for updates on SAFOs, senators, and money allocation.

What's the Weather?

Oct. 19

74/49
Sunny

Oct. 20

67/42
Sunny

Oct. 21

73/49
Sunny

Oct. 22

73/53
Mostly Sunny

Oct. 23

74/51
Partly Cloudy

Oct. 24

76/56
Partly Cloudy

Oct. 25

72/60
Rainy

Weather according to weather.com

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CORRECTIONS-----In the issue published on Oct. 12, the article titled "UNH holds fifth annual World Mental Health Day" should read "From the Dean of Students website students needing help can be directed to several on campus facilities and programs," Joan Glutting, Ph.D., said. Dr. Glutting is a senior faculty fellow in the Dean of Students Office. Also, "The PACS office also recently hired a clinician with experience working with veterans to assist service men and women from in UNH community." In the article titled "Office of Multicultural Affairs celebrates National Coming Out Week," Lu Ferrell should be identified as "they" not "he." Also, it is LGBTQIAP+, not LGBTQ, IP Plus.

The next issue of TNH will be published on

Thursday, October 26, 2017

But you can find new content daily at

TNHdigital.com

Free Speech
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7 p.m., took place as UNH continues finalizing a social media policy. The policy aims to create a set of guidelines and procedures for students encouraging responsible social media behavior while also maintaining protection for students' First Amendment rights.

Dean of UNH Law School Megan Carpenter moderated the forum. She and her colleagues answered questions from the audience using their background in constitutional, trademark, criminal or privacy law to explain the complexities of the First Amendment and offensive speech in the digital age.

Sophomore Nelson Idahosa asked the panel about the First Amendment when used in scenarios involving swastikas or the n-word, both terms that, "have certain context of being discriminatory towards a group of people or certain images that create danger towards those people," he said.

Idahosa asked if the context behind those words, which have historically prefaced the harming or killing of people, would be enough to produce cause for intent.

Associate Dean for Faculty Research and Development and Professor of Law John Greabe used his knowledge of the First Amendment, its history and Supreme Court cases and opinions that have shaped it to answer Idahosa's question.

Quoting the amendment itself in the beginning of the forum, Greabe began by saying that offensive speech or hate speech does not, "receive lesser protection under the First Amendment."

Greabe explained that public universities like UNH act as "arms of the government," meaning they must stand by the First Amendment. He quoted John Marshall Harlan, who served as an associate justice on the U.S. Supreme Court, when he said, "One man's vulgarity is another's lyric."

"What one person finds hateful, another person finds to be the core of protected speech and a means for trying to urge change," Greabe said.

Answering Idahosa's question, Greabe explained that though hate speech and offensive

speech are "horrible and distressing," speech under the law without intent is "just speech. It is not something that in and of itself can be punished."

Associate Professor of Law and Director of the Criminal Practice Clinic Behzad Mirhashem echoed Greabe.

Based on his experience as a public defender, Mirhashem believes that modifying the First Amendment to make it easier to prosecute people who engage in hateful or offensive speech would not affect, "the wealthy and the powerful, and it's often that the young and the powerless end up feeling the brunt of such an approach."

Faculty Fellow for Accreditation & Standards and Associate Professor of Legal Skills and Director of Academic Success Leah Plunkett weighed in on the issue of free speech and hate speech on social media and a new concept called digital citizenship.

Faculty Fellow Plunkett digital citizenship is increasingly being defined by state legislatures, state regulators and state boards of education across the country. Plunkett said that in 2016, Washington state passed a "digital citizenship statute," which by law, "requires all public primary and secondary schools to teach digital citizenship."

Plunkett explained that in the digital world we live in, "You are what you speak, and when I say speak I mean post, share, purchase and so on."

Plunkett emphasized that spreading disinformation was not in the realm of criminal liability or registering a trademark, but studies like one conducted by Stanford University show that American citizens, specifically students, "Are not doing the kind of job we need to do to figure out whether information that we are engaging with online is factually based or is grounded in emotion or hyperbole or entertainment."

Idahosa asked a follow-up question regarding trademark law and a ruling the U.S. Supreme Court made in *Matal v. Tam*. Idahosa explained that, "We do have this notion of always taking the decisions the Supreme Court makes as being factual," he said, when in fact, not every decision may have been correct according to Idahosa, referencing *Dred Scott v. Sanford*. According to

records from the Library of Congress, in 1857 the Supreme Court ruled that African Americans who were still slaves or descended of slaves were not considered citizens, and could not sue in federal courts.

"It might create a precedent where people can use disparaging words or terms to classify their businesses," Idahosa said.

According to the Director of the Intellectual Property and Transaction Clinic and Professor of Trade Marks Ashlyn Lembree, a rock band comprised of Asian-American descendants called "The Slants," wanted to trademark the name at the United States Patent and Trademark office, but the lead singer Simon Tam was denied on the basis that the band name was "disparaging," though the band wanted to, "convert the term from a negative term to one that the group of people would be proud of," Lembree said.

Lembree quoted a portion of the U.S. Supreme Court's decision which said, "Speech that demeans on the basis of race, ethnicity, gender, religion, age, disability, or any other similar ground is hateful. But, the proudest boast of our free speech jurisprudence is that we protect the freedom to express the thought that we hate."

Ultimately, Lembree said that the court's decision to call the government denying trademarks over offensive names unconstitutional was, "not unexpected."

Carpenter followed the question and explained that if the Supreme Court had ruled "The Slants" as disparaging and regulable, moving forward would make it impossible for people to find out what the intent of people registering the trademark is, and if that intent would be considered constitutional or not.

"How do we come up with a rule that will work equally for all, without having to get behind the notion of what the intent [is] of this individual?" Carpenter said.

"We're living in a divisive political season," Greabe said. While the First Amendment to a degree binds universities like UNH, Greabe explained, those restrictions do not stop a university, "from having forums like this and talking airing out view points on all sides."

Ocean Discovery
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tank, an octopus presentation, printmaking with fish, family boat building and other exhibits.

"They [UNH Marine Docents] go through a year of training, then go out and spread the education about marine life pretty much everywhere," program assistant for New Hampshire Sea Grant Michelle Lemos said.

The UNH Marine Docents' mission is to "provide a lens through which the marine and associated environments can be viewed, understood and appreciated by people of all ages," according to their website.

According to volunteer coordinator at the Seacoast Science Center, Laura Bahl, the UNH Marine Docents go out to schools, libraries, and other organizations all across New Hampshire to educate the community. The Docents had about 70 volunteers come out to help with the Ocean Discovery Day, according to Lemos.

The Shoals Marine Laboratory also had an educational booth for people that are interested in studying marine science at their lab located on Apple Dore Island, part of the Isles of Shoals off the coast of Rye, NH. According to Alexa Hilmer, external relations coordinator at Shoals Marine Laboratory, this program gives a college-like learning experience and caters to any major who is interested in marine science.

"We work with UNH and Cornell but pretty much any college student can take classes there," Hilmer said. "We work here on campus with the marine school and we really like coming out to Ocean Discovery Day to spread the word about our program."

In addition to the many organizations that came out to this

event, many students volunteered to present their projects. Andrew Stevens, a Ph.D. student studying computer science, presented a virtual reality simulation of the seabed gas emissions off the coast of California. This intrigued a few young kids as they played around with it.

A few engineering students presented robots and acoustics they have been working on as their senior projects, and were excited to speak with many of the event-goers.

"It's nice to have different levels of conversation with people," Kimberly Radzelovage said, a senior who was presenting an interactive robot with her partner Lena Downes.

Tara Hicks Johnson, outreach specialist for the Center for Coastal and Ocean Mapping, said they saw about 1500 elementary to high school-aged students on Student Day, which occurred on Friday.

"Our target age is mostly middle school though, we want to get them interested in thinking about this before they even hit high school," Hicks Johnson said.

"It's awareness of the fact that we have this type of research going on at the university because a lot of people don't even know that we have a program like this," Hicks Johnson said.

According to Hicks Johnson, this was a perfect opportunity for elementary to high school aged students to get out and talk to scientists and get hands on experience in various concentrations in ocean education, including ocean acoustics and virtual reality.

"We're one of the top ocean programs in the states and we want kids to know that we offer this but also just have a general increase in ocean awareness," Hicks Johnson said.

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be, they had some different answers.

"My biggest takeaway is that I want to take my assignments to the next level," Harzewski said. "With help from Dr. Redd, this gives me ideas on how to take assignments and push harder on different points of view."

Webster said he's not sure about his implementations, see-

ing as Redd has visited with UNH for one day.

"This is just the beginning," Webster said. "These ideas about diverse perspectives are slowly coming together and I think will really take shape next semester and next fall as well. I really hope to challenge my students to think about diversity a little bit more. Students, as well as myself, like to think we are diverse but these practices from Dr. Redd are definitely going to help."

Love all things spooky?

Contribute your scary content to our Halloween issue!

Email tnh.editor@unh.edu for more details

TNH Photo Album- Ocean Discovery Day

Photos by Mikayla Mallet



UNH Dining hosts Harvest Dinner

Ian Lenahan
CONTRIBUTING
WRITER

Director of Dining Hall Operations David Hill estimates that UNH doesn't purchase goods outside of a 150-mile radius from Durham, and that roughly 20 percent of goods purchased for the annual Local Harvest Dinner are from these local connections. To account for raising awareness, the Local Harvest Dinner uses only local goods for the meals they provide, ensuring economic sustainability and healthier benefits.

This Thursday evening, UNH Dining Services put on the annual Local Harvest Dinner at Holloway Commons, Stillings Dining Hall and Philbrook Dining Hall. The doors opened at 4:30 p.m. and students didn't stop coming in until closing time, all of them eager to enjoy the autumn-inspired dishes created by the staff. Dishes ranged from hearty entrees such as maple

glazed chicken and garden ravioli to sweet delicacies such as apple crisp and carrot cake.

"I always like to think of the Fall [Local] Harvest Dinner as part educational, part pleasure and part awareness," Hill, the university's director of dining hall operations since 2016, said. He added, "and of course our hope is that everybody enjoys a nice, fresh meal."

The Local Harvest Dinner has been a part of the Dining Services lineup of yearly specialty events since 2004, where the event was separated into three meals served at all three dining halls on campus. With attendance and the prices of food factoring in, Dining Services decided to have Holloway Commons host the event as a dinner option. Since then, its popularity has skyrocketed amongst the student population, with over eight thousand students coming in annually to partake in the dinner, according to Hill.

In terms of awareness, Hill has been especially pleased by

the Dining Services' commitment to sustainability; that is, their efforts to maintain the well-being of the community's environmental and economic status in regard to food. The university was just recently named one of three in the world (along with Stanford and Colorado State) to achieve a STARS (Sustainability Tracking, Rating and Assessment System) Platinum rating. Dining Services does their part by composting all of their waste and purchasing many goods from local farms.

"I love our staff and the work we do," Hill remarked, also mentioning how it's fun for him and the staff to come up with creative and healthy recipes for the special event.

"What's even better is the relationships with the local folks that we associate with, because there are a lot of times where I personally want to go pick up food from the farms just so I can see the people I've made friends with," Hill said. "That's when you know you've got something special."

TNH Photo Album- Harvest Dinner

Photos by Mikayla Mallet



Athletic Department to update policy, welcome packet

By **Zerina Bajramovic**
STAFF WRITER

According to Michelle Bronner, senior associate athletic director, the athletic guidelines for UNH transgender athletes are expected to be completed at the earliest around Christmas time of this year and at the latest by the start of the next academic year.

Bronner, who serves on the department's senior management team, is responsible for the department's compliance with Title IX and gender equality issues, said the current policy in place for transgender athletes at UNH is "a little complicated because it involves a lot of things. The first and foremost is that we are open to and welcoming to a transgender student if they care to participate on one of our teams."

However, according to Bronner, the UNH athletics department still must follow the

guidelines that are set by the National Collegiate Athletic Association (NCAA).

"For instance, it will depend on where a student is in their transition in terms of how we have to apply certain requirements," Bronner said.

According to Bronner, if a transgender student is transitioning from female to male, it is acceptable for that individual to participate on either the female or the male team, but only if they have not yet begun hormone treatments. If they have started hormone treatments, then they must play on the male team.

On the other hand, if an individual is transitioning from male to female, Bronner said, "it becomes a little more complicated because of a perception that the male body inherently has an advantage athletically."

According to Bronner, if a student is transitioning from male to female, they must be

on hormones for an entire year before they can be eligible to participate on a women's team. Bronner reiterated that this is not necessarily a rule specifically made for UNH, but rather it is a governing body rule. "That's what the NCAA has determined and we're committed to following their guidelines with that," she said.

Currently, according to Bronner, there are not any students within the UNH athletic department that identify as transgender that the department is aware of, so the university has not had to put any of these guidelines into practice. Bronner hopes that once the policy is public it will serve as comfort for any student wanting these services.

"I'm hoping that once we have this in writing, once it's in our welcome packet, and we make it more publicly available that maybe then if this is the case for somebody that they would feel comfortable enough

to let us know," Bronner said.

The welcome packet that Bronner refers to is one that visiting teams receive when they come to UNH for a sports game. According to Bronner, this welcome packet typically includes information about local hotels and restaurants, but she is currently working with the legal council to include a section that addresses these guidelines.

"I'm working to get something included in there to indicate that if the visiting team has a trans student that requires special accommodations to let us know and we'll make sure to make those arrangements," she said.

Aside from getting the guidelines down in writing and updating the welcome packet, Bronner expressed that internally the department has worked hard to have a "nondiscriminatory policy." According to Bronner, the department will make any necessary locker

room accommodation, if requested.

In addition, the UNH athletics department has partnered up with an organization called You Can Play. According to their website, You Can Play is a group of LGBTQ+ athletes and allies dedicated to "promoting respect for all athletes."

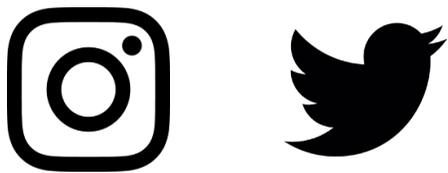
Although UNH allegedly does not currently have any athletes within the department that identify as transgender, Bronner said, "We want to make sure that when the time comes that we're not then scrambling and reacting. We want to be in front of this and have a plan ready."

Bronner adds that they owe it to the students who are still figuring out where they want to attend school.

"Once we get this done and it's on the website and public then that may help someone make a decision down the road," she said.

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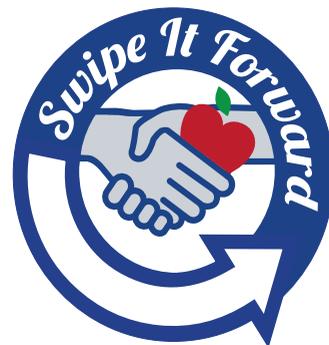
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Students encouraged to download uSafeUS

By Justin Frecker
CONTRIBUTING
WRITER

A smartphone app created by students and faculty at the University of New Hampshire became available nationwide last month. The app, named uSafeUS, was created to reduce the number of sexual assaults on college campuses across the country, according to the application's website. However, several weeks after its launch, developers will not reveal how many downloads it has received.

Motivating students to download the app has been a major challenge since the release, according to Becca Ludecke, communications manager and uSafeUS project manager at Prevention Innovations Research Center (PIRC) at UNH. Ludecke said the center is aware of how many times the app has been downloaded but are not willing to share that information yet. Developers hope it gains traction as time goes on.

In response to whether the number of downloads is what developers expected, Ludecke said, "It's hard because we don't have that baseline set of expectations." According to sensortower.com, an app analytics platform, the app has been downloaded less than 5,000 times.

According to the uSafeUS

website, the app has multiple features to help users avoid dangerous situations and provides resources for those affected by sexual assault. Features include alerting a friend if it takes longer than your preset time to arrive at your destination, creating a fake phone call or text message to get you out of uncomfortable situations and providing a "fake drink recipe" that you show to a bartender or wait staff that alerts them that you need help.

Developers feel that the release has gone well. "The feedback has been overwhelmingly positive," Ludecke said.

The creation of it has taken some time and a lot of community input. "Development of the app started in the spring of 2015," Ludecke said. "We were funded by grants from people in the community too so everyone contributed."

A beta version of the app, under the name uSafeNH, was used at other New Hampshire colleges over the past year, including Keene State College, according to Ludecke.

"I haven't used it before but I would definitely use the fake call feature and probably the angel drink feature if it were a serious situation," Lydia St. Pierre, a junior studying product design and safety at Keene State College, said.

Developers overcame many obstacles while creating the app.

"There's not a lot of places to look [for funding]. We don't have a lot of support," Ludecke said.

UNH Chief of Police and Assistant VP for Public Safety and Risk Management Paul Dean thinks the app will continue to make a difference.

"I believe the information in the app and its functionality will help community members make informed decisions around their personal safety," Dean said.

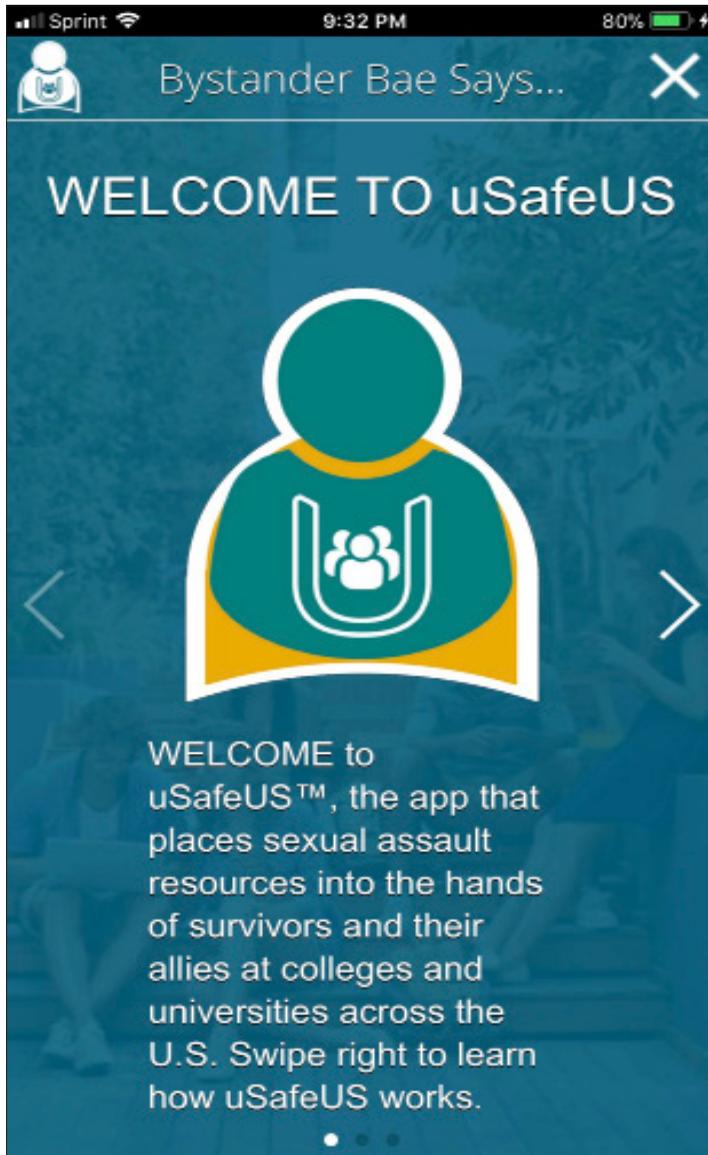
Ludecke believes that uSafeUS is unlike other apps of its kind.

"I think that there isn't really a similar app out there. A lot of apps out there are really focused on just reporting to the police," Ludecke said.

The uSafeUS app focuses on not taking the power away from sexual assault victims. Along with ways to prevent sexual assault, the app also provides victims with resources on what to do next, according to Ludecke.

Despite only being on the market for about a month, both Dean and Ludecke believe the app is already a success. "Yes the app will continue to catch on with students. It will provide community members access to information and resources important to victims of violence," Dean said.

"Anytime we can help someone is a success," Ludecke said.



Courtesy of Anita Kotowicz /TNH Staff
Screenshot of the app

THE FUTURE OF NEWS IS HERE...

The advertisement features a wooden desk background. On the left, a newspaper is shown with several articles. The top article is titled 'On the Spot with Saxbys Coffee's...' by Kate Springer. Below it is 'Durham and UNH trick-or-treat together' by Grace Hanley. Another article is 'UNH improves campus navigation...' by Katherine Levek. At the bottom of the newspaper are two 'Recycle' logos. On the right, a tablet displays the TNH app interface. The screen shows 'Now loading content from...' and the 'The NEW HAMPSHIRE' logo with 'est. 1911' below it. A hand is shown pointing at the tablet screen. A yellow pencil and a silver pen are also visible on the desk.

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"TNH Digial"

Former goaltender Foster is hired as goalie coach

By Monterey Pepper
CONTRIBUTING
WRITER

University of New Hampshire's men's ice hockey keeps it within the family by hiring former UNH goaltender, Brian Foster, as the goalie coach for the 2017-18 season.

Foster, 30, grew up in Pembroke, NH, and played at UNH from 2006 to 2010.

Before arriving at UNH, he spent his junior hockey career playing for the New Hampshire Jr. Monarchs in the Eastern Junior Hockey league for two years and then the Des Moines Buccaneers in the United States Hockey League his last year of junior league.

UNH head coach, Dick Umile said that they initially sought Foster out as a contender for a spot at UNH in 2006 because he was one of the top goaltenders in New England at the time.

"He was aggressive," Umile said. "He would come out of the net. He was big and yet he was very athletic."

During his time at UNH, Foster went 40-29-13 over 86 games. His senior year, he was named to All-Hockey East First Team and was also awarded the title of American Hockey Coaches Association All-American. The award is given to college hockey players that are the top performer of their division.

After his time at UNH, Foster went on to play professional hockey, bouncing back and forth between the Cincinnati Cyclones in the East Coast Hockey League (ECHL) and the San Antonio Rampage in the American Hockey League (AHL). Foster's last season of professional hockey was played during the 2015-16 season for the Wheeling Nailers in the

ECHL. The team came close to winning the Kelly Cup but lost in the finals to the Allen Americans.

"He's reached the ultimate level: playing professionally," Umile said. "That does not happen by accident, it takes a lot of hard work, discipline, all of those which he has."

Foster is taking the spot of former UNH goalie coach, Mike Buckley, who has signed on full time as the Pittsburgh Penguins goalie coach.

"I think I bring a special approach that not a lot of other coaches can bring because I've been where all my students have been," says Foster. "I've been to UNH and I know what they are all going through and I know what's ahead of them and I think [that makes] it a lot easier to relate to them."

Foster will be working with goalies senior Daniel Tirone, senior Adam Clark, sophomore Joseph Lazzaro and freshman Michael Robinson.

"It's pretty cool that he's coming back to work with us," Tirone said. "He's kind of a legend, in my mind, of UNH goalies to come through here, along with some of the other guys like Mike Ayers, Ty Conklin and Kevin Regan, Brian Foster is right there too."

Foster has worked with Tirone and Robinson previously at Mike Buckley's Goalie Development School.

"He's very comfortable with Danny Tirone and Mike Robinson," Umile said. "He's very aware of their style, it was just a natural fit."

Foster describes his coaching style as more laid back. He focuses on relating to his students in some way to establish a connection and then determine the level of coaching he sees fit for them.

The decision to initially attend UNH as a player was a no



Courtesy of Hockey East Online

Newly hired goalie coach Brian Foster played for UNH hockey from 2006 to 2010 as a goaltender.

brainer, according to Foster and the opportunity to come back was the same.

"When I had the opportunity to go to UNH for college, I jumped at it. It was a huge honor to play there," Foster said. "Then having the opportunity to go back to UNH again after graduating and being able to work, I jumped at the opportunity again."

As the UNH goalie coach, Foster is on campus Tuesday's and Wednesday's. Forty-five minutes before practice starts, he joins the goalies and a couple of shooters for on ice training.

"Anything he says, I listen to because he had a lot of success in his own career," Tirone said. "I think what I like most is probably that he's selective in what he says to me. He doesn't bombard me with things to change, he just picks little things which makes it easier for me to focus on one thing at a time."

According to Foster, the goaltenders this year have a lot of promise.

"All of them are very athletic. They all have a lot of promise and I think if they just play consistent throughout the year and bring their A game, I think they will be very

successful."

As for the organization as a whole, Foster says that UNH's hockey program, starting with Umile, is very understanding and caring of their players. They put a focus on developing, not only great athletes but also, great people.

Apparently the feeling is mutual, Umile expressed his approval of having Foster as the new goalie coach.

"We are [fortunate to have] him working with our goaltenders, he was a great kid to coach and he's the kind of guy you want on your staff working with your athletes."

2016 Social Innovation Challenge winner gives project update

By Nick D'Aloia
STAFF WRITER

The New Hampshire Social Venture Innovation Challenge (SVIC) is an idea stage competition that gives UNH students and local community members an opportunity to showcase their ideas for sustainable, business-orientated solutions to some of society's most pressing social and environmental challenges, according to the NH Social Venture Innovation Challenge website. With 2017 SVIC submissions less than a month away, 2016's community track first place winner Tom Giancola weighs in on the importance of this event.

Founded by UNH in 2013, the SVIC is both a signature and annual event at the university. Submissions for the 2017 SVIC consist of a minimum two-page proposal and a three-minute video and are due to the Center for Social Innovation

and Enterprise by Nov. 13. Participants are given the option of entering either the student track or the community track. Students' track prizes range from \$5,000 for first place to \$2,000 for third, while the community track, which usually sees more entries, ranges from \$10,000 for first place and \$2,500 for third.

"Internet is absolutely vital to almost everything we do in today's world," Giancola said, in regard to his project, "Full Spectrum Broadband."

"The problem is, there is a massive digital divide and one-third of households in the U.S. live in an area where there is only one internet service provider...So, what we're doing is using wireless technology to allow members of these communities to share the cost of internet, as opposed to each individual household having to pay a fee to Comcast, Time Warner or whoever the provider is."

According to the Center for Social Innovation and En-

terprise, the judges care more about participant's desire to make a difference in their community than they do about the presentation of a complete and practicable business plan. Giancola found a way to balance both through his desire to help his community and creation of an achievable way to do so, are reasons he received the grand prize in 2016's competition.

"We've been working with a company called FirstLightFiber," Giancola said. "They are a really great company and have been extremely helpful to me. Basically, how it works is I'm paying them a fee for their internet service and that internet feed goes into a wireless radio. Then, that radio sends out the signal that blankets a community with wireless internet, in which members of that community would share the cost and access."

According to Giancola, his first place winnings of \$10,000 are going toward getting his

wireless broadband project up and running in the surrounding areas that need a practical and affordable way to access the internet.

"Right now we're focused particularly on residentially owned mobile home communities," Giancola said. "So, we've reached out to a co-op in Dover known as Dover Point that has roughly 80 units in their community"

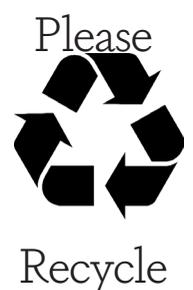
Giancola's project has yet to be launched despite winning the competition in 2016 because of multiple steps involved in setting up the network to an IT staffing company and buying equipment from a tech vendor. However, according to Giancola he is taking all steps necessary and is on the right path to putting his idea into action.

"The E-Center here on campus has been a great resource for me as far as getting feedback and input from people who have experience doing these types of start-ups,"

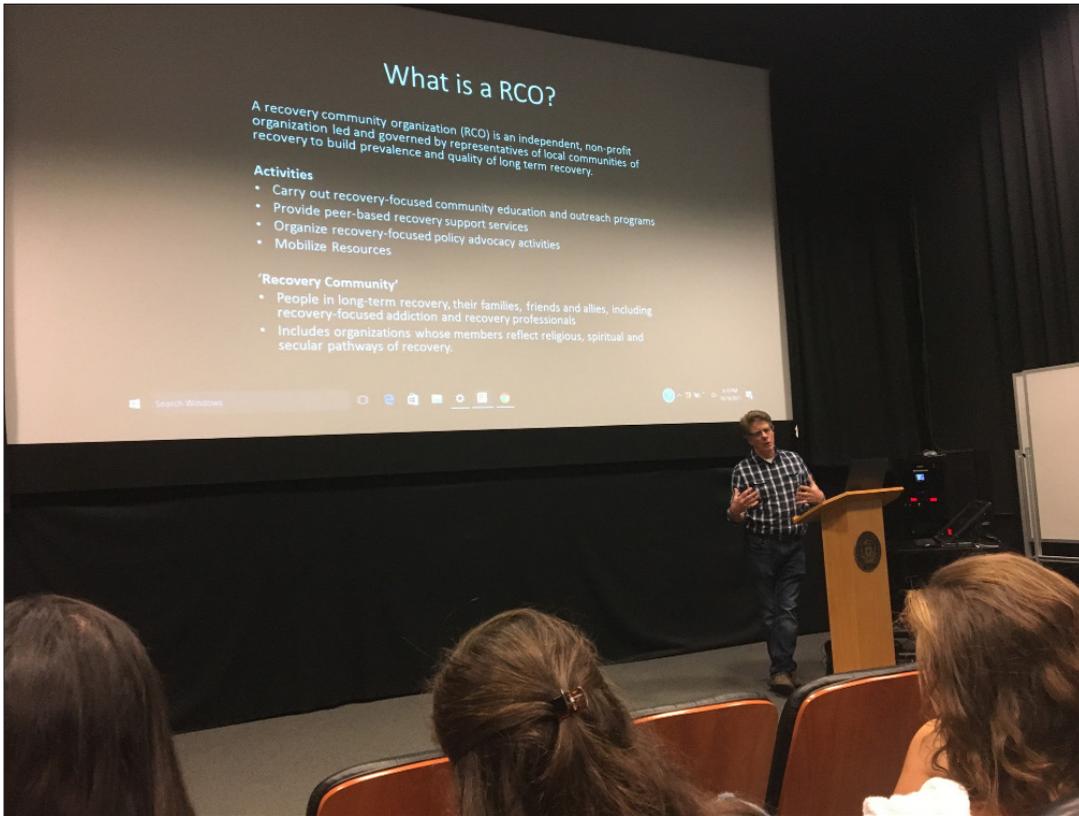
Giancola said. "UNH's Center for Social Innovation and Enterprise was also a huge help to me throughout the entire process."

Giancola encourages students and surrounding community members to put their brains to work and enter this year's SVIC.

"I entered this competition three times before I was actually able to win," Giancola said. "I had two separate ideas in the finals before landing on this one. So, my main piece of advice to anyone entering the competition would be don't give up. Don't let any shortcomings impact you."



Richard Salvati speaks about the opioid epidemic in New Hampshire



Adrienne Perron/TNH Staff

(Above) Richard Salvati explains the SOS Recovery Community Organization

By Adrienne Perron STAFF WRITER

Richard Salvati, the capacity building specialist for the SOS Recovery Community Organization, declared that the opioid epidemic in the United States should be considered a national emergency. He stated that New Hampshire is ranked second in the nation for its number of opioid deaths relative to its population, yet it is ranked 49th in the nation in access to treatment.

Salvati and a recovery coach from the center, Deirdre Boryszewski, held a lecture “Tomorrow’s Challenges: The

Recovery Revolution – What’s Next” in Memorial Union Building Theater I this past Wednesday, Oct. 18, where they informed students of the drug recovery center that they work for, how it differs from traditional drug recovery programs and what students of UNH can do to help themselves and the community around them when it comes to drug addiction and recovery.

“We embrace multiple pathways, whatever is working, for someone to get into recovery from substance abuse disorder,” Salvati stated.

According to Salvati, the center looks at the complex

personal history (such as mental health, domestic violence or trauma) of the individual that they are dealing with in order to find the best fit for someone and their recovery.

According to the SOS Recovery Community Organization’s website, “The mission of SOS Recovery Community Organization is to reduce stigma and harm associated with substance misuse by providing safe space and peer based supports for people in all stages of recovery.”

Salvati introduced his companion at the lecture, Boryszewski, as a recovery coach and a

peer to people who come into the center looking for recovery. Boryszewski has been in recovery and is currently working with others to aid in their recovery journeys.

“A recovery coach is someone who has experienced addiction and recovery... and helps guide recoveries... before, during, after and instead of treatment,” Salvati said. “More and more people are looking for recovery coaches.”

According to Salvati, having these recovery coaches on hand at the center and even as resources at hospitals is helpful for drug addicts so that they are provided with some kind of transition from addiction and overdose into everyday life keeps addicts from returning to the cycle of addiction.

Salvati stated that the SOS Recovery Community Organization currently has three locations in Dover, Rochester and Durham where there are beds available for people who are recovering from drug addiction and are looking for help. Salvati said that although there are 16 beds in their Dover location, and there is usually a line waiting for admission into the center.

In regard to “what’s coming” in the future for drug recovery within the nation, Salvati presented a few goals that should be focused on within the SOS Organization community as well as within other local communities. These goals include continued collaborations with prevention and treatment partners, increased coaching and continued collaboration with law enforcement within the corrections, as well as encouraging recovery-friendly workplace environments.

“Ninety percent of those struggling with addiction are in the workforce... we desperately need engagement with the business community,” Salvati stated.

Nate Hastings, the coordinator of Student Organization and Leadership at UNH, stated that given the challenges that the nation, especially New Hampshire, is facing right now with drug addiction, the lecture given by members of the SOS Recovery Community Organization seemed like a great fit.

“My main hope is that students will learn more about the realities of addiction and the options for recovery,” Hastings stated.

When asked what students of UNH can do for themselves or others struggling with drug recovery, Salvati encouraged students to be alert in recognizing other students or members of the community who may struggle with addiction in order to get them help. He also encouraged people to simply talk about drug addiction with others in order to reduce the amount of shame that is associated with an addiction.

“Have your eyes open, notice for people who might be in trouble and not realize it... and [help] people to reduce the stigma around drug addiction,” Salvati said.

Salvati stated that he and the team at the SOS Community are also interested in hearing opinions from students about how the center can more effectively advertise their services toward people of university age. If any student has any thoughts or opinions on how the center can communicate with students more effectively, they are encouraged to contact Salvati.

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Founder of bottled-water franchise speaks at UNH

By Aaron Soroa
STAFF WRITER

In 2012, Galen Welsch co-founded Jibu, a bottled-water franchise based in Africa, with his father, Randy Welsch. According to the Jibu website, Galen’s work with Jibu has “been recognized by BBC World, *The Guardian*, Fast Company, *The Franchise Times* and by *Forbes* (30 under 30).”

According to the Jibu website, “Jibu is a for-profit company that prioritizes impact-maximization... Our hybrid approach stimulates responsible economic growth and independence, while providing those in need with safe drinking water and other life-improving products.”

On Tuesday, Oct. 17, the Center for Social Innovation and Enterprise, Net Impact UNH, College of Liberal Arts Grand Challenge Initiative and the Center for International Education and Global Engagement sponsored the Social Innovation Speaker Series, which invited Galen as their keynote speaker. During his talk, Galen talked about his work with Jibu and how it is making a social impact in the countries where franchises are located.

“Every adult would always ask me, ‘What are you going to do after you graduate?’ It was such an annoying question because it made me feel immature that I didn’t know the answer,” Galen said when talking about his senior year of his undergrad experience.

He graduated with a degree in International Relations and English, and soon after joined the Peace Corps as a Health Educator in Morocco. “I didn’t join [the Peace Corps] because I wanted to save the world, but because I wanted to learn about myself, who I was and what I could learn about another culture,” he said.

Galen explained that there were two types of crises in the countries Jibu works in: the opportunity crises, meaning the ability to find jobs, and the drinking-water crises. “What Jibu does is take these two problems and try to create an opportunity out of them,” he explained.

According to the University of New Hampshire’s Social Innovation website, “Ninety percent of the underserved urban market in East Africa cannot afford to purchase clean, safe drinking water.” Jibu is a social franchise that aims to provide water to people

that cannot afford it.

The pricing of their product, bottled-water, is “approximately between the cost of an alternative, boiling water, and [other] bottled-water companies, and we try to be competitive with the cost of boiling water,” Galen explained. This allows for more of the population, that before couldn’t afford bottled-water, to have consistent access to bottled-water.

“If we’re looking at global development issues we can’t just look at micro solutions, we need to look at things that are much bigger...if you build a business-model, the potential for growth money is much greater,” Galen explained when talking about his decision to make Jibu a for-profit company. Jibu helps the community because it provides locals the opportunity to apply for licenses to operate a Jibu franchise. Jibu then acts like a bank and helps with the financing of the franchise, allowing franchise owners to pay as they start and operate the business.

Currently, Jibu employs over 700 people in Rwanda, Uganda, Congo, Zimbabwe, Kenya and Tanzania; sending over 100,000 liters of drinkable water every day.

The Senate seat: *your place at the table of UNH politics*

On the Spot

With Student Senate Historian Tyler Anderson

By Aaron Rago
STAFF WRITER

In addition to working two jobs, commuting from Hampstead, NH and working towards a dual degree in social work and sociology, 24-year-old senior Tyler Anderson is the UNH Student Senate Historian.

Motivated by his interest in the history of Student Senate and UNH, Anderson wanted to become the new historian.

"I also had done similar work (e.g., taking minutes) when I volunteered at the Greater Dover Chamber of Commerce, so I felt that my former experience would allow me to succeed in

my current role," Anderson said.

As of right now, Anderson spends most of his time at the UNH Special Collections and Archives Center, where he sifts through historical documents and takes notes while making sense of their historical importance within the fabric of UNH's history. When he notices any historical gaps, he reaches out to other organizations like The New Hampshire to help fill them.

"TNH's preservation of their historical records has been crucial in filling those gaps," Anderson said.

In addition to his role as Student Senate Historian, Anderson also takes the minutes for Student Senate and the Stu-

dent Activity Fee Committee's (SAFC) meetings. When finalized, he does his best to organize the minutes in such a way that will be available for years to come.

"The work can be monotonous, but it is needed to make sure that our information does not get lost," Anderson said. He also mentioned how entertaining his job can be, like when he came across the national controversy surrounding Memorial Union Student Organization's (MUSO) public showing of the soft-core porno "Emmanuelle" in the early 1980s as sanctioned by the Student Senate.

As for the future, Anderson wants more for the Student Sen-

ate's historian.

"I want future historians to fulfill more than their mere requirement to take minutes. I want my job to primarily exist as an advisor to the student senate speaker, student body president, student body vice president and any other individual who is seeking someone with historical institutional knowledge."

Anderson hopes to accomplish this by first publishing a general history of prior Student Senate sessions for future historians to use as a reference.

Anderson strongly believes that this position is important to UNH and its students, because with controversial events from last year, it is essential to have

someone on campus that has extensive historical knowledge and is also a resource to the UNH student body and administration.

"The historian can speak to former instances of such events and help provide information regarding resolutions used in the past that may be applicable in present situations," Anderson said.

As far as his long-term goals are concerned, Anderson wants to do program evaluation, which is research on the effectiveness of various programs. He hopes to get his Ph.D. in social work and sociology and eventually teach here as a professor at UNH.

With Director of Public Relations Christopher Percy

By Katherine Lesnyk
STAFF WRITER

Junior environmental science major Christopher Percy is this year's Student Senate Director of Public Relations.

The director of public relations works to inform the student body at the university of what the Student Senate is doing. This year, Percy has made it his goal to get first-year students more involved with Student Senate, because new students often do not realize that they can be in student government until a couple years into their time at UNH.

"Over 3,000 [first-year] kids, so we have a huge pool to work with. We have a lot of kids [in Senate] that are freshmen now that are great. I work with a couple in my committee...just seeing them, I know that there are so many more like them in that class," he said.

Percy was in hall council in Christensen Hall his freshman year. He explained that, by his sophomore year, he wanted "to do more." Encouraged to become more involved by his

sister who was a member of Student Senate, he became a senator from Peterson Hall with his roommate last year.

Last year, Percy worked also with public relations and Cat Pack Captains.

"I always love being involved in social media," he said. "I also worked really well with the speaker last year, and he and I started to come up with some really good ideas [on] how we can better outreach to students that we didn't have any representation from."

He noted that last year, Christensen Hall did not have representation in the senate. There is now, but he explained that despite the size of buildings like Christensen and Williamson, the students may not know what Student Senate does, so there is low involvement. Percy added that first-year elections are also coming up soon.

Now, he and the rest of the public relations committee are increasing transparency and letting the student body know what Student Senate truly does. To do this, they are increasing social outreach events, such as tabling

in Union Court in the Memorial Union Building, so the student body knows that if they have an issue, they can talk with senate to fix it. Percy added that the public relations committee is working to increase their presence on social media in order to get the word out to more students about what Student Senate is doing.

Percy emphasized that Student Senate exists to help. "We're not here for a power trip," he said.

Percy explained his motivation for running for this position by saying, "I felt like it would be a good change to not only the organization, but for my life as well. It would give me a lot more skills and a lot more experience to grow as a person."

After college, he would like to either become a professor or do environmental research.



Courtesy of Christopher Percy

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Student Senate update- Oct. 15

By **Tyler John Kennedy**
STAFF WRITER

An appearance by Victoria Dutcher, vice president for enrollment management at UNH, opened up the Student Senate meeting on Sunday, Oct 15.

In her address to the senate—her first since joining the university staff two years ago—she spoke on many points

regarding student enrollment. According to her, enrollment at UNH has remained flat, which she classified as “remarkable.”

Enrollment of New Hampshire students is up six percent and the out-of-state student rate is up four percent. Currently, the enrollment goal for next year is 13,000 undergraduate students, Dutcher said.

Other than Dutcher’s address, the bulk of Sunday’s

meeting dealt with matters concerning the Student Activity Fee Committee (SAFC). Sunday saw the discussion by senate of all the Student Activity Fee Organizations (SAFOs) that had previously been confirmed and accepted by SAFC. Of the 12 current SAFOs, the only organization to not have its concept accepted by SAFC was UNH’s Electronic Dance Music Community (EDMC).

“I would speculate the reason that [UNH EDMC] failed is because their history of proposals to SAFC has been pretty dismal recently,” said SAFC Chair Jake Adams. “The first thing is that they generally don’t propose that many things to SAFC, despite being a SAFO. The second thing is that the ones they have proposed have generally failed.”

These events failed in regard to having low attendances, or having too steep of costs, Adams said.

“Overall, SAFC saw that even though [UNH EDMC is] a very good [organization] and their purpose is very good, the way they spent the funds in the past didn’t necessarily warrant them to continuing being a SAFO,” Adams continued.

UNH EDMC will continue being a SAFO for the remainder of this year, and are still eligible to receive SAFC funding next year on a needed basis.

Two organizations, Model United Nations and Psychology Club, also applied to be SAFOs next year but were denied by the committee. In regard to Model U.N., according to Adams, the main concern by SAFC was how they lacked a history of making proposals to SAFC.

“In the past few years, you

could count the number of proposals to SAFC [made by Model U.N.] on one hand,” Adams said, “and the vast majority of them were for the big conference [they go to annually], which a lot of people saw didn’t really benefit students as a whole.”

With Psychology Club, Adams said there was a misunderstanding with what the group thought they were applying for.

The group was looking for funding for a few specific events, Adams said, but they weren’t looking for a model budget.

SAFO budget confirmations began in yesterday’s SAFC meeting, and will continue into next week.

Also in regard to SAFC, Nicholas LaCourse was appointed as the committee’s outreach director. According to Adams, this position was created in the hopes it will lead to a greater student awareness of the committee. LaCourse, currently an at-Large member of SAFC, is expected to continue serving on the committee in both capacities, Adams said.

Unrelated to SAFC, Brendan Mooney was confirmed as a non-resident senator and Nicholas Crosby was confirmed as the senate’s publicity coordinator.

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On The Spot with Michael Behrendt

By Jacob Dawson
STAFF WRITER

Durham Town Planner Michael Behrendt sat down with *The New Hampshire* for another segment of 'On the Spot.'

"My job is to oversee the development in the town. Generally it's private development," Behrendt said. His roles include communicating with the planning board and other committees to work on projects that vary from student housing to single family homes and business redevelopment.

Helping the town of Durham grow and providing economic opportunity while simultaneously keeping the town's taxes low are Behrendt's goals while he is the town planner. All the while, working to improve the school system, the town's visual appeal, preserving natural resources and making the town more livable.

Behrendt assumed this position five and a half years ago with 16 years of prior experience as the town planner for Rochester, New Hampshire as well as experience from his town planner position in Beaufort, South Carolina.

"Durham is a great place to work," Behrendt said. "It suits my personality and my ideas very well."

Originally from Rochester, New York, he attended Tufts University and then Boston University for his master's degree in planning in the late 1980's, he said. Although he considers himself a New Englander, Behrendt remembers how hard it was to find a job in his field in New England.

Behrendt said that he got into town planning because he had a passion for architecture but became disappointed when he realized that he had no talent for drawing. A new field came to his attention quickly, city planning, "Which is for architects who can't draw," he joked.

"It [city planning] combines architecture, politics, writing, engineering, the law, design and advocacy."

Behrendt describes how his love for travel inspires him to look at foreign architecture to see what works and what doesn't to benefit the town of Durham.

Although the university does not have to abide by the town's planning guidelines, he thinks the buildings on campus reflect the historical significance of the rest of Durham.

"The university is the big brother for sure. But, you know,



Courtesy of Michael Behrendt

(Above) Behrendt sitting in his office.

it's not so big, and the town is not so small," Behrendt said. "I mean, there's a nice equilibrium."

Behrendt takes pride in how well the committess in the town, specifically citing how well they all work together. In some instances this extends to the university's professionals and students, who continue to make Durham a better place to live. He credits this progress to the highly engaged, highly educated and progressive nature of the town. However, Behrendt recognizes that the town needs more diversity and more millennials outside of the college population.

Behrendt said that the main project he is working on right now is the RiverWoods Retirement Community. It is in front of the planning board right now and if all goes according to plan, it should be approved in November. He said that he is happy with the progress that has been made and how much discussion is taking place.

While Behrendt said that the university and the town are largely separate in terms of planning because of legal differences, they still work together to make Durham better. There is involvement from students and faculty who sit in on committee meetings. The university can provide its expertise to improve the sustainability and longevity of the town while keeping the architectural standards in mind.

Behrendt wanted to give a

lot of credit to Doug Banks, the lead architect for UNH. He felt as though the university has such a nice feel to it with the brick buildings and how that ideal spills over into the downtown. He hopes that the students can appreciate the campus they have.

"One of the good things about planning is it's never boring, it's always changing, there's always new things," Behrendt said. "It's amazing, every project has new wrinkles to it."

Behrendt doesn't think that there will be much more development for student housing but wants to see the Mill Plaza redeveloped, a hotel at 66 Main Street, more Asian restaurants, particularly Indian, and a downtown parking garage.

Behrendt thinks that the biggest challenge facing Durham right now is to find a way to continue to grow in a way that benefits everyone while growing slow and moderately and keeping taxes low.

"This is where the university is, so we're not going to stay small," Behrendt said.

Behrendt lives with his wife, Naomi. They have two daughters, one of which lives in Boston and the other in Seattle, Washington. Both of his daughters grew up in Durham and attended the Oyster River Schools.

"My wife and I love to salsa dance, I go to zumba classes, I study tai chi and I love to travel," Behrendt said. "And I love architecture," he added.

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WE WANT TO HEAR IT

Queering the Spirit

New zine looks to give a voice to those in marginalized communities and examines both religion and sexuality.

By Jordyn Haime
STAFF WRITER

Now in its third year, the Office of Multicultural Student Affairs (OMSA) and Women's Studies have been sparking conversations about the intersections of sexuality and religion through a joint discussion series, Queering

the Spirit.

This year, the project – which was the brainchild of Women's Studies professor Joelle Ruby Ryan – is communicating its message in a new format: the zine.

Zines, short for fanzine or magazine, gained popularity with the third wave of feminism in the 1990s. According

to Barnard College, which has its own zine library, zines are “self-publications, motivated by a desire for self-expression, not for profit.”

“It’s a nice way to collect a whole bunch of material and have an actual, physical concrete document of some of the intersections and discussions that we’ve been

having so that we can potentially give it out to people who come to events or things like that, and maybe get people interested,” said Remy Frost, a senior sociology and classics major who interns for Queering the Spirit.

Frost is writing a piece for the zine that explores Catholicism and asexuality.

“It can be really easy to adopt a sort of purity complex when you’re asexual and brought up in a family that instills a lot of Catholic guilt around sexual purity,” they said.

Frost and Ryan originally

Queering the Spirit
Continued from Page 14

Album Review

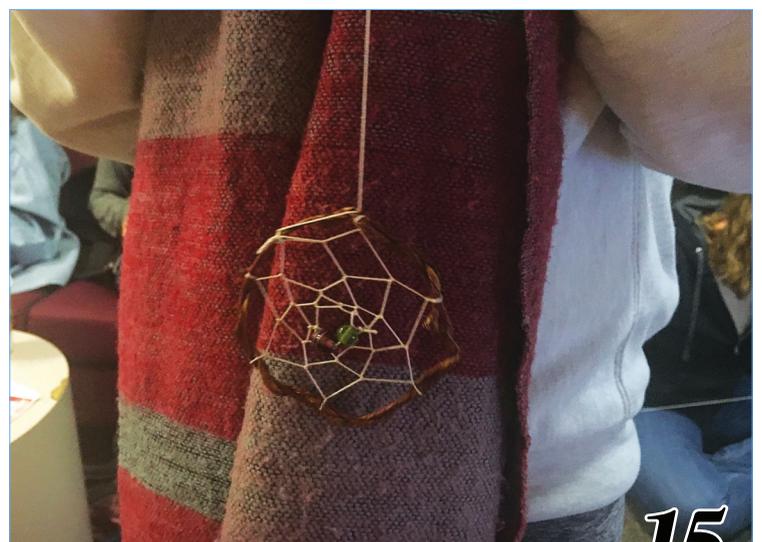
Lotta Sea Lice

by Courtney Barnett and Kurt Vile

Arts Editor Andrew Simons gives his take on Kurt Vile and Courtney Barnett's collaboration album titled “Lotta Sea Lice.”

14

NACA event teaches students the art and meaning of dreamcatchers



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Album Review

Lotta Sea Lice

by Courtney Barnett and Kurt Vile

By Andrew Simons
ARTS EDITOR

When most people think of men and women singing together, they jump to the conclusion ‘Oh they must be in love and singing some really sweet love songs <3,’ but not in this case. Instead “Lotta Sea Lice” feels more like an oddball conversation that most people just don’t understand when they’re not within the close circle of Courtney Barnett and Kurt Vile. On this album, these two singer-songwriters, from opposite sides of the world, seem to just hit it off like they’ve been friends for.

I can honestly say I’ve never been a massive fan of Vile, but I do have a little bit of a soft spot for Courtney Barnett. I really enjoy her lyricism and the way she’s able to make the weird and mundane into something that actually sounds cool. Some of her songs almost sound like poetry sung over some simple guitar work. But when it comes to Vile, I oftentimes feel lost when I listen to his music. Not lost in a good way, I’ve just never really been

grasped by it. He seems like a wicked interesting guy though, but I digress.

When I first heard the single from the duo, “Over Everything,” I was really into it. It has a sort of smooth feeling with guitar work that reminds me of something off of a Vile album, but the lyrics, to me, feel like something from Barnett. The two go back and forth talking about everyday life, songwriting and even go on a little tangent (but is it really a tangent in this case) where the two talk about using earplugs; “When I was young I liked to hear music blarin’ / And I wasn’t carin’ to neuter my jams with earplugs,” Vile sings. It’s this type of mundane weirdness that makes me love this musical couple.

The existential side of the two comes out to play in the second single released, “Continental Breakfast.” In this nearly five minute long track, the two sing in harmony for a good majority of the song about appreciating the companionship

...It’s this type of mundane weirdness that makes me love this musical couple...

-Andrew Simons, Arts Editor

of friends across the globe, and inserting some more mellow lyrics like, “Watchin’ the waves come in at night / From my back porch stoop, porch swing swingin’ on its own / See it’s just an inhabitant of some holy ghost.”

Surprisingly, the album includes four covers... two of them being covers of Vile and Barnett’s own songs. One of them is the eighth track on the effort, “Peepin’ Tom;” a song about wanting to remain stagnant despite wanting to make things better. This is a cover of one of Vile’s songs titled “Peepin’ Tomboy,” and it’s solely sung by Barnett. I can honestly

say I hadn’t heard the original before this very moment. But even after listening to Vile’s original a few times, I feel that Barnett’s conveys the feeling of being stagnant more than the original did. With some slow strumming and vocals that sometimes sound vulnerable, but always honest, Barnett almost gives the original more clarity.

On the other hand, my least favorite song on this album has to be Vile’s cover of Barnett’s “Out of the Woodwork,” which the pair so creatively titled “Outta the Woodwork” on this album. I can’t quite pinpoint where the song loses

me. Maybe I just don’t like the original... yeah, I think that’s all their is to say about that.

As for my favorite song on the album, it has to be “Blue Cheese.” It’s a goofy change of pace from the other tracks. With lines like “I didn’t mean to cough on her / Forgot to add the fabric softener / I met a girl named Tina / That girl, that girl, supplies the reeferina,” you can’t ask for more left-field storytelling than that. I think I expected the album as a whole to go more in that direction, with more interestingly weird anecdotes. Instead, I was pleasantly surprised with a soothing and mellow album.



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10/19-10/21	MUB 2 BIG SICK 6:30, 9 MUB 1 BABY DRIVER 7, 9:30
10/26-10/28	MUB 2 IT COMES AT NIGHT 7:30, 9:30 MUB 1 HOCUS POCUS 7, 9
11/2-11/4	MUB 2 DUNKIRK 7, 9:30 MUB 1 GIRLS TRIP 6:30, 9
11/9-11/11	MUB 2 DESPICABLE ME 3 6:30 - 3D, 8:30 MUB 1 WAR FOR PLANET APES 6, 9
11/16-11/18	MUB 2 DARK TOWER 7:30, 10 MUB 1 HITMANS BODY GUARD 7, 9:30
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Queering the Spirit Continued from Page 13

planned on distributing the zine by the end of fall semester, but they’ve only gotten a few submissions so far, Frost said, so it may become an ongoing project through the spring semester. The scarcity of people who identify as both religious/spiritual and LGBTQ+ made it difficult to gather content for the zine.

One reason Queering the Spirit came to be, Frost said, was because, “You have your queer niche, and you have your

religious niches, and there isn’t a ton of overlap a lot of the time because of contention, which is understandable, but what about queer people [who are religious]? Where is our space? There aren’t many of us.”

The series, according to women’s studies program, was created “for LGBTQ+ people and allies to have a supportive space to talk about the place of religion and spirituality in their lives.” Informal discussions with guest speakers are held three times per semester. The next conversation, Queering Halloween, will be on Oct.

31 in the OMSA office (MUB Room 327) and will explore the origins of the holiday and how it may or may not be queer.

Queering the Spirit is open to submissions of any kind, from a personal essay, to collage or photography and any other form of creative work, as long as it touches on the intersections between LGBTQ+ and religious identities. Submissions are open until Nov. 1 and can be submitted to queeringthespiritzine@gmail.com.



Opinion

“Basketball (And Other Things)” is a Comedic Breath of Fresh Air for Sports Writing

By Caleb Jagoda
CONTRIBUTING WRITER

Too often, sports writing seems to be an extremely dry subject area chock full of monotony. Game recaps, player profiles and local team coverages dominate the bulk of sports publications, giving us slightly different news in the same format over, and over, and over again. At times, it almost feels like nothing will ever change, and we just have to live with what they give us. Now, enter Shea Serrano.

Shea Serrano is a staff writer for the pop culture and sport’s website The Ringer, which is essentially Grantland rebirthed by an ESPN-free Bill Simmons. The Ringer offers readers a fun and unique take on the sports world, with writers like Serrano and Jason Conception at the forefront. The online publication gives its writers free reign to say whatever is on their mind, no matter how absurd or goofy. This freedom that the writers receive results in hilarious, creative and phenomenal takes on topics that are usually glossed

over with boring reporting.

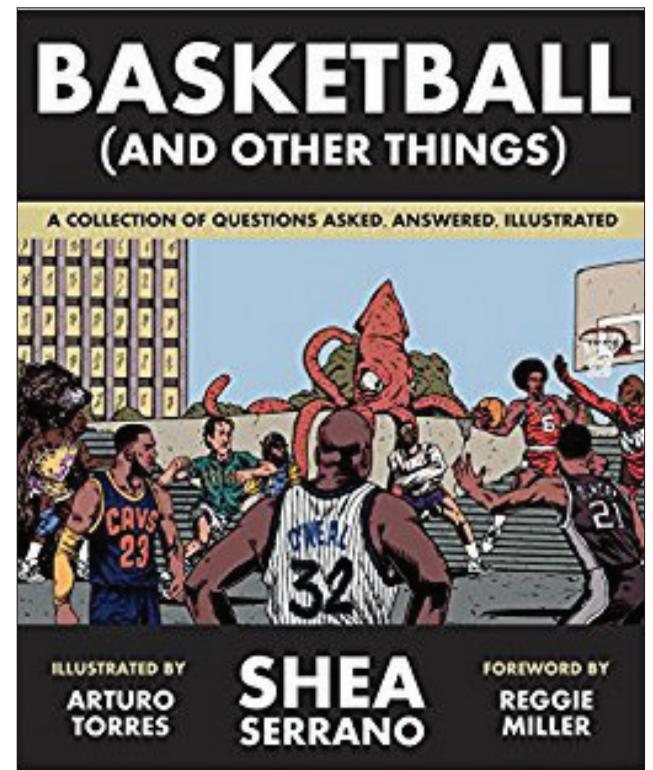
Serrano has taken full advantage of this by writing about everything and anything under the sun, often in very original ways. His articles range from poems confessing his love for Gordon Hayward, to writing an entire article asking 59 questions for the person who threw a dildo onto the field during a Patriots-Bills NFL game. He is by no means a conventional sports writer, but this is exactly what helps him thrive in today’s pop culture climate. While his articles for The Ringer are what hook many fans, maybe his most important contributions are the hysterical and informative books he’s written.

Shea Serrano comes across as a very down-to-earth, kind-hearted and likeable individual. Whether it be replying to almost everyone who tweets at him on his very active and notable Twitter account, or it’s giving out his email and encouraging young writers to ask him questions, Serrano is as humble as it can get. This is exactly why it’s so hard to believe, yet so delightful, that

he is a New York Times best-selling author who just recently released his second book, selling over 31,000 copies in its first week. 31,239 books is a huge amount to sell in the first week, and he’s accomplished this number the only way he knows how: rallying his cult following, known as the FOH army, through a series of silly mantras and encouraging tweets.

The main slogan throughout the preorder process and first week of sales was “Beat Kobe.” NBA player Kobe Bryant scored 33,643 career points, so Serrano’s goal was to sell this many books in preorders and first week sales. While he did come up just a bit short, his self-promotion and jovial attitude helped him achieve an insane number of copies sold, and also get his name out there as a premier sports writer.

Titled “Basketball (And Other Things),” Serrano’s new book is a collection of ridiculous and entertaining questions asked and answered by himself about the game of basketball. Some of the questions include who is in his Disrespectful



Courtesy of Abrams Image

Dunk Hall of Fame, and also what is allowed and absolutely not allowed in a game of pickup basketball. Serrano provides plenty of witty analysis, factual information and entertaining digressions that give the book the spark that has catapulted his writing career into be-

coming a household name. I recently got my preordered book in the mail, and I encourage you to pick up a copy and do your part to support a very amusing, friendly and talented writer on his way to changing how sports are discussed in the mainstream media.

NACA event teaches students the art and meaning of dreamcatchers

By Ben Strawbridge
CONTRIBUTING WRITER

The Native American Cultural Association (NACA) opened the eyes of students to an artistic side of Native American culture as it hosted an Arts and Crafts session on Wednesday night, Oct. 18. From 6:00 p.m. to 7:30 p.m., the organization, a part of UNH’s Diversity Support Coalition (DSC), instructed participants in Memorial Union Building (MUB) Room 145 on how to construct their very own dreamcatchers, illustrating both their historical and cultural significance. According to NACA’s corresponding introductory PowerPoint presentation, dreamcatchers were said to have been first invented by the North American Ojibwa Chippewa tribe. This tribe was once the largest Algonquin-speaking tribe located north of the Mexican border and is currently stretching from as far north as Ontario, Canada to as far south as present-day Montana.

The tribe, according to legend and the PowerPoint, used these devices, made

out of webs of string, a thin wooden hoop and a collection of various beads and feathers, to capture “dreams” and “spirits” from the night air. They filter the “bad spirits” through each “carefully” laced web and purge them from the webs with the “light from the morning sun,” while the “good spirit dreams” would be sent to the center bead of the dreamcatcher and be sent down the “sacred” feather that adorns the bottom of the device.

Speaking about the significance of the dreamcatcher session to spreading awareness about Native American culture on campus, Senior sociology major and NACA Chair Sydnee Carney said “we just wanted to inform people about dreamcatchers and how they were made, and we wanted to give people their own chance to make their own dreamcatcher, and just to inform people about our club as well.”

Carney also spoke about how her cultural background was a major driver in joining NACA in the first place: “I am Native American myself, so that just prompted it to begin with, and when I joined...the

girl that was chair when I was a freshman came up to me and asked if I wanted to run the [organization] after she graduated, and I felt honored, basically, because a lot of things in the Native American culture are honored, and anything that’s like passed down is usually an honoring aspect of it, so I felt very honored myself to even have this chance to run the club...”

Carney, when speaking on the different aspects of Native American culture, said that “a lot of people don’t know Native Americans still exist to this day, so my point was to make it that they do exist and that we are still around, and we are like normal people like everyone else walking around.”

NACA is currently preparing their next big event of the semester, the UNH “Pow-wow,” being held in the Granite State Room on Nov. 7 from 10:00 a.m. to 5:00 p.m., which is slated to present a number of Native American dancers and singers, as well as Native American vendors offering a variety of crafts, clothing, jewelry and other goods for sale.



Alycia Wilson/TNH Staff

Students were able to learn the artistic side behind dreamcatchers as well as their meaning in the Native American culture.

**Newsroom Noise: high volume edition...
Songs that need to be listened to with the
volume ALL THE WAY UP.**

All the Single Ladies by Beyoncé - Zack

Drunk off your Love by Shway Ze - Brendon

T-Pain by Russ - Anita

I'm Gonna Be (500 miles) by The Proclaimers - Madison

Drift Away by Uncle Kracker - Alycia

Piano Man by Billy Joel - Brian

Turn it Again by Red Hot Chili Peppers - Bret

Every Nickelback song - Tyler

Domino by Jessie J - Colleen

Song For The Deaf by Queens of the Stone Age - Andrew



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TNH?**

**Come join us at our
contributors' meetings!**

**Mondays at 8 p.m. in
MUB Room 132**

Hope to see you there!



Lyme disease: an understated epidemic

By Annie Henry
CONTRIBUTING
WRITER

Lyme disease is one of the most controversial and understated diseases that affects hundreds of thousands of people worldwide. It is primarily caused by a bacteria-infected tick bite. As prevalent as it is, most people are unaware of just how serious an epidemic Lyme disease has become.

Lyme disease is a serious, rising epidemic that poses a threat to many, including those of us living in the Durham community. It is clear a substantial change within the medical community is needed: testing needs to be made more accurate, doctors more aware and accepting of chronic Lyme and more research conducted on how to accurately identify and overcome this disease.

Lyme disease has spread throughout New England, as well as many other corners of our nation and globe. The UNH community is included in this demographic due to the high prevalence of infected ticks in the area.

Sophomore Rose Marston experienced acute Lyme Disease. After finding the tell-tale rash on her leg, Rose was immediately put on antibiotics. She was deemed Lyme-free after only 30 days on the medication. Yet Marston explains, "The biggest misconception is that you always

get the rash." Only a fraction of people infected with Lyme bacteria get a rash, or even recall a tick bite.

For those who do not develop an obvious rash, it can be much harder to identify the cause of ambiguous symptoms they may develop. Lyme is a systemic disease and can manifest itself in variety of ways. UNH senior Rose Leone, who has had Lyme for three years now, explains, "Lyme disease is extremely invasive, and can infect pretty much any system in your body... a large majority of individuals have several systems affected at the same time."

From body pain, to neurological and cognitive issues, to extreme fatigue, anxiety and dizziness, to digestive and cardiac problems, Lyme disease can cause a variety of symptoms. Unfortunately, many doctors do not associate Lyme disease with such a wide range of symptoms and often fail to do any testing. Even if testing is done, it is not always reliable.

The International Lyme and Associated Diseases Society declares that "currently there is no reliable test to determine if someone has contracted Lyme disease or is cured of it. False positives and false negatives often occur... some studies indicate up to 50 percent of the patients tested for Lyme disease receive false negative results."

If left undiagnosed and untreated, the disease will eventu-

ally progress to chronic Lyme disease, which is much more difficult to treat.

As hard as it is to diagnose, Lyme disease is just as difficult to treat because treatment protocol is incohesive and controversial. UNH freshman Taylor Nygren, who is currently being treated for Lyme disease, explains how because Lyme "effects every person differently, different treatment plans are required" for each patient. Some people with chronic Lyme require long-term antibiotics to fully battle the Lyme bacteria, which many of doctors fail to provide. Others require alternative therapies, such as antibacterial herbs and life style changes. While some Lyme disease victims find knowledgeable Lyme literate doctors who know how to effectively tackle the infection, others struggle to find a suitable treatment plan.

For students seeking Lyme disease treatment, UNH Health and Wellness will first conducts blood tests for Lyme disease. However, like most primary care facilities, if test results are negative, a student is unlikely to receive antibiotics. Given the inaccuracy of Lyme disease testing, students suspicious of Lyme disease often continue to seek answers and treatment elsewhere, sometimes seeking a second opinion from naturopathic or Lyme literate doctors.

Though Lyme disease is often associated with an acute reaction and minimal recovery

time, the reality is that many Lyme disease cases progress to chronic Lyme disease. A person whose Lyme disease advances to a chronic level is in for a world of frustrating challenges because a fair portion of the medical community is either unaware of, or refuses to acknowledge the existence of chronic Lyme disease.

"The most difficult part of the experience has been trying to get others to acknowledge the validity of my illness," Leone explained.

Encountering medical professionals who fail to recognize chronic Lyme makes proper and quality treatment hard to receive. UNH junior Jordan Strater, who recovered from chronic Lyme after three years, explains her struggle with receiving an accurate diagnosis.

"The general consensus is that chronic Lyme doesn't exist, so you get diagnosed with everything else under the sun," Strater said.

Because of its diverse array of symptoms, Lyme disease can be misdiagnosed as a variety of other diseases, including Chronic Fatigue Syndrome, Fibromyalgia, and Multiple Sclerosis. Given how widespread the disease is, it is shocking how many people infected with Lyme disease remain improperly diagnosed by ignorant medical professionals.

People with chronic Lyme disease are set on a much longer road to recovery. Not only does Lyme disease take an extreme

physical toll, but also it makes for an adverse experience emotionally and mentally. Given the ambiguity behind the diagnosis and treatment process, facing Lyme disease can be frightening.

"The level of uncertainty is really scary for people to cope with," Nygren explained. Being in college is stressful and challenging enough for a healthy young adult, let alone when you are battling the physical, mental, and emotional challenges of a serious illness like Lyme disease.

"I was too exhausted to do homework or socialize, and my anxiety and depression jeopardized many of my friendships... my GPA has suffered significantly," Leone said.

Nygren copes with serious Lyme disease symptoms while trying to make the most of her freshman year. "It is hard being at college especially. Having a social life is difficult or nearly impossible because my body is still affected by Lyme... I am unable to fully immerse myself in the college experience because of my limitations," she said.

Until Lyme disease research advances and the medical community comes to terms with the severity of this disease, it is up to us to take action, spread awareness, and better educate people about this complex illness in hopes of mitigating the continuous effects Lyme disease has on our community.

#MeToo: a sign of hope for positive change

My back pages

Jordyn Haime

We shouldn't have to share our traumatic experiences on social media in order to prove that sexual harassment and assault is a problem, but dozens of sexual harassment and assault allegations followed by defense for Hollywood producer Harvey Weinstein are proving that we

may have to.

Thousands of survivors are standing up to rape culture by sharing their stories of sexual harassment and assault on social media using the hashtag #MeToo. On Sunday, Alyssa Milano encouraged the conversation when she tweeted, quoting a friend:

"If all the women who have been sexually harassed or assaulted wrote 'Me too.' as a status, we might give people a sense of the magnitude of the problem."

Following the news around Weinstein has been exhausting and draining. But I've never seen such a loud and proud conversation about rape culture take place on social media, and that gives me hope that we can take steps toward ending sexual assault, victim-blaming, and rape culture itself.

You know someone who has been sexually harassed. It's your mother, your sister, your best friend, your classmate, your professor. It's time to recognize

the problem and do something about it.

The following are some #MeToo tweets and statuses from UNH students of a variety of backgrounds. They've all been left anonymous to protect their identities.

"Me too. I was 16. My friends were in the same room. My best friend didn't believe me. I never told my parents. Me too."

"In a crowded bus. In an almost empty room. Strange hands

and familiar hands. An international ordeal. Transcontinental. How many languages can I fill your ears with shame in. Me too."

"Sexual assault. Me too. Once when I was 8 and once when I was 13. Both situations haunt me to the day."

"Me too. As a teenager, as an adult, in a crowded room, at school, on the street. Sexual harassment and assault is a widespread issue. Don't forget that. Change it."

Classifieds

Teacher

Little Blessings Child Care Center in Portsmouth, NH is looking for full and part-time teachers to join our team! Must be energetic, flexible, enjoy working with children, and be a strong team player.

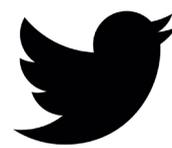
We provide quality child care for small groups of children ages 6 weeks to 6 years. Essential functions of the job are to plan and implement a program geared to the children in the infant room. Demonstrate verbally and by role modeling, a sound knowledge of good teaching practices and of child growth and development.

Participate in staff meeting discussions and ongoing training regarding program, children and parents. Complies with codes of all state and local governing agencies, social services, and fire and health department.

Looking for candidates that have at least 1000 hours of child care experience in a licensed child care program and at least 9 early childhood credits, including at least one 3 credit course in child growth and development or documentation on file with the department that she/he is qualified as a lead or associate teacher.

Email stremblaylbccc@gmail.com

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WHICH PROFESSIONAL SPORT TEAM WOULD YOU JOIN?



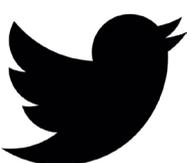
Thumbs *up* Thumbs *down*

-  Thumbs up to Ocean Discovery.
-  Thumbs down to being too cold to swim.
-  Thumbs up to the new signs around campus.
-  Thumbs down to still not knowing your way around.
-  Thumbs up to a good night's sleep.
-  Thumbs down to all-nighters for the night before an exam.
-  Thumbs up to Main Street magazine.
-  Thumbs down to not knowing where to find an issue.
-  Thumbs up to UNH hockey, the only 4-0 team in the NCAA.
-  Thumbs down to not having every game be a home game.
-  Thumbs up to new fall TV shows.
-  Thumbs down to not being able to let go of the old ones.
-  Thumbs up to the return of Celtics basketball.
-  Thumbs down to starting the season 0-2.
-  Thumbs up to the AP stylebook.
-  Thumbs down to not knowing all the rules cover-to-cover.

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TWEET YOUR OPINION

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From the Editor's Desk...

Strength is not defined by hashtags

In the past couple of weeks, Hollywood producer Harvey Weinstein has been accused of sexually assaulting over 40 women over multiple years. *The New York Times* released multiple stories regarding this case, including information on how he was paying off victims for decades, and stories of the alleged assaults.

After this, a new social media movement emerged in which sexual assault survivors post statuses including the hashtag #metoo, to raise awareness about sexual assault. The general idea is that if enough people share the fact that they were victims of sexual assault, people will understand the size and scope of this issue.

I would like to start this off by saying that I will never support any kind of sexual assault. I would also like to say that maybe one day I will write a piece about the horrors of sexual assault and my thoughts on the matter, but today is not that day.

Right now I would just like to say that this social media campaign, though it may be powerful, is also extremely touchy and I believe people should proceed with caution.

Truth be told, nobody owes you any personal information about any aspect of their lives, but especially not about this. Just because you feel empowered enough to share your story, that does not mean that everyone else has to.

Truth be told, there are many people of all different shapes, sizes, colors and genders that will experience some sort of sexual assault in their lifetime. According to the Sexual Harassment and Rape Prevention Program website, sexual assault is defined as, "any sexual act directed against another person that is forcible and/or against that person's will; or, where the victim is incapable of giving consent."

The website also states that 1 in 4 women and 1 in 10 men will be sexually assaulted while in college. This means that

more people than you probably know have experienced something in the realm of sexual assault. This also means that if you don't know about it, they probably do not want you to know about it.

The #metoo movement is one that I see from all sides. I believe that, on one hand, it encourages survivors to come forward and fight for a cause

A person's worth, strength or bravery is not measured by whether or not they post a hashtag on Facebook that agrees with your views.

that they believe in. Admitting that something like this has happened to you can be an extremely difficult thing to deal with and this may serve as an outlet for survivors to speak up. If one person sees someone speaking up about their assault, it could encourage others to do so as well, which could lead to more charges being pressed and, eventually, less assaults.

However, just because a person does not post a status, it does not mean that they have not been assaulted or not been affected by sexual assault.

It also does not mean that someone who does not share the post is a coward or less strong than anyone else. Truth be told, nobody owes you any personal information about any aspect of their lives, but especially not about this. Just because you feel empowered enough to share your story, that does not mean that everyone else has to.

Speaking up is great for some people, but not for others, and that is more than okay. Every person in this world is different. They all have different experiences, and they all handle these experiences differently.

One experience is not better or worse than another, because pain is pain.

There is no reason that any person should have to share their personal experiences, good, bad or horrible, no matter what they are, just to prove a point in a fight for justice.

A person's worth, strength or bravery is not measured by whether or not they post

a hashtag on Facebook that agrees with your views. I believe strength is truly measured by how you move on from the horrible times, and if moving on means never talking about it again, then do that, as long as it is healthy and good for you. If it's not, then getting it out may be the better idea.

The point of this movement is not to put people against each other in a fight for who is braver, or cowardly. The movement is meant to educate about sexual assault so that we as a society can become better.

So do not judge the people who aren't posting, but use this experience as a lesson that we still have a long way to go. Because if there are that many people sharing posts, and there are more people keeping it to themselves, the point is that we have a long way to go.

Colleen Irvine
 Executive Editor

Follow Colleen on Twitter and Instagram @thrutheirvine

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MSOC

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“So happy for the group,” head coach Marc Hubbard said after the win. “The way they came out, it wasn’t a good start, and they responded really well. Really collective effort, it felt like the UNH we wanted to be in the second half.”

Leading 3-2 with five minutes to play, sophomore forward Jake Doherty left Dartmouth goalkeeper Henry Stusnick stunned.

Through quick maneuvering off a feed from freshman Jacob Gould, Doherty fired a shot from roughly 10 yards out at 88:09 that cruised into the right side of the net and capped off the win for UNH.

Dartmouth had made things interesting a few minutes prior at 84:47 while attempting to close in on the UNH’s lead.

Freshman midfielder Dawson McCartney found a crease in the UNH defense from the box and sent goalkeeper Andrew Pesci sprawling to no avail, putting the Big Green within one, 3-2.

“One of those things we’ve had to deal with all year,” Pesci said, “coming out flat but having to rise above.”

UNH had rose above and found its game in the second half.

Returning to what has beat their opponents all season, the ‘Cats remained patient with the ball and seamlessly transitioned from defense to offense, allowing their defenders to creep up field and impact plays.

In the process, UNH utilized its speed to create space and generate scoring opportunities.

At 78:22, freshman forward Conrad Cheng exemplified it, dishing a ball into the box where sophomore midfielder Siggi Gierson could send a header past Stusnick from eight yards out and

give the ‘Cats a 3-1 lead.

“It starts with Robin [Schmidt] capitalizing on their mistake,” Hubbard said on the team’s performance in the second half. “It gave us a big push. I thought we just didn’t let down from there. Fifteen minutes left, 10 minutes left, you naturally go into a little bit of a shell with the team with more possession trying to break you down.”

Schmidt’s two-goal effort would help propel the ‘Cats to the win, a performance that lands the graduate student forward tied for first on the team in goals at four with forward Chris Arling.

Knotted at 1-1 20 minutes into the second half, Schmidt went to work, setting himself in position to give UNH the advantage off a shot from Doherty. Schmidt tracked the Doherty feed and headed the ball through the net at 65:05 to hand the ‘Cats their first lead of the night.

“I think the team played

a really amazing game,” said Schmidt. “It think the best game so far, and it think it was more impressive the way we managed to come back in the game after they scored the first goal.”

UNH kicked off the second half on the attack and established its dominance early. The ‘Cats found an offensive spark they could not mobilize at all in the first half, producing a goal in the process roughly a minute into the half.

Schmidt’s first goal of the night was a grinder’s goal, muscling his way to control the ball in a battle with Stusnick and sent it through the goal at 46:40 to put UNH on the board and knot the match at 1-1.

“I felt well today,” Schmidt said. “Sometimes you have good days.”

UNH entered the match ranked second in the nation with a .363 team goals against average, and has now allowed seven

goals on the year.

Tuesday night’s win was the first game of the season UNH has allowed multiple goals, a statistic Pesci was quick to counter postgame with the ‘Cats scoring their first four-goal effort of the season.

“It’s our first time giving up two goals in a game,” Pesci said. “But I thought we responded really well and it’s also the first time we ever scored four goals in a game on a really good Ivy League Dartmouth team.”

UNH’s season has now dwindled down to the final three games, all of which are America East conference matchups. The ‘Cats are one game ahead of the University of Vermont in the conference standings, whom they will play in the final regular season game on Nov. 1.

The ‘Cats will next welcome Stony Brook University to Wildcat Stadium on Oct. 21, at 7:30 p.m.

CROSS COUNTRY

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“There were a number of top runners from the country here. It came down to a final kick, and Schweizer is a top athlete,” head coach Robert Hoppler said in an interview with UNH athletics. “Running with her, just being

close to her, is an excellent run. We respect anyone in that top group, it was a very high level group.”

Patience was the name of the game for Purrier and it paid off in a big way.

“[Purrier] was very patient. She stayed in the front group, and we’ve been working on her patience, keeping her as patient as

possible. We’re very happy [she] came out on top, we’re gonna enjoy it, but when we get home it’s time to concentrate on the rest of the season.” Hoppler said.

Purrier has been the top runner all year for UNH and everything seems to be coming together at the right time.

“I’m very happy for her; this is a reflection of her training and

the time she’s put in all four years here at UNH. She’s been getting better season after season. She was rewarded for her hard work today,” Hoppler said.

This win comes at a very important time in the season as the Wildcats begin to prepare for the NCAA Championships back in Kentucky in November. The women’s team is ranked seventh

in the Northeast Region rankings and look to make it five straight America East Championship titles when it heads to Burlington, Vermont on October 28.

The Wildcats next meet is this Friday, October 20, as they head to New Britain, Connecticut, for a meet hosted by Central Connecticut State University at Stanley Park.

MHOC

continued from page 24

Jason Salvaggio led the way as the only players with multi-point nights.

McNicholas scored a goal and tallied two assists as Salvaggio recorded two goals.

“We’ve struggled the past couple of years with non-conference teams,” McNicholas said. “They always seem a little more hungry when they come into our rink and that was one of our focus points this year was to make sure we come and exceed their intensity.”

This is the first time a UNH team started the season 4-0 since 2012-2013. That Wildcat team finished fourth in the Hockey East.

“Obviously it wasn’t pretty, especially the second period, I don’t think we played a good second period,” head coach Dick Umile said after the team’s second win over Colgate. “Other than that, I thought the guys played hard.”

Sophomore Brendan van Riemsdyk got the scoring started in the first with an assist by sophomore Liam Blackburn. Colgate cut the lead down to 2-1 just 38 seconds into the period but Salvaggio’s goal to make it 3-1 was scored a minute later.

Colgate again cut the lead to one at 4-3 but Salvaggio scored his second of the night with three seconds left in the game and the net empty to seal the fourth win of the season.

McNicholas, Kelleher and freshman Benton Maass all lead

the team with points as they all have recorded five points in four games. Salvaggio, Blackburn and senior Shane Eiserman all have four.

The veteran and youthful mix of this year’s team could not be more even. Three seniors, two freshmen and a sophomore are the makeup of the six leading point-scorers so far this season. Defensively UNH has been running with six men, three seniors, two freshmen and a sophomore.

“They’re doing well,” Umile said on his freshmen playmakers. “Kelleher and [Eric MacAdams] upfront and [Gildon] and [Maass] on defense, they’re out there in key situations and so far they’ve handled it pretty well.”

The ‘Cats might have had a sloppy road to their victory in their second game of the series but the defensive unit has been exceeding expectations so far this season.

The main struggle during last year was the defensive zone play as they provided almost no help to one of the better goalies in the conference in Tirone.

So far into the first four games the team’s mindset has been focused on their own end and they wanted to focus on having all five position players do their job in the defensive zone, not just the two guys on defense.

The undefeated Wildcats continue their season in another out of conference home series. They will battle against Colorado College. The first game will be played on Friday, Oct. 20, and then they play game two Oct. 21, both games will begin at 7 p.m.

FIELD HOCKEY**‘Cats drop three straight by one goal**By Sam Rogers
STAFF WRITER

In their first true conference weekend series, the Wildcats lost two America East games to the University of Maine, and the University of Vermont. UNH lost to the Black Bears on Friday, 4-3, and dropped a 1-0 double overtime thriller to UVM on Sunday.

UNH followed up its conference tests with its final out of conference matchup of the season against intrastate rival Dartmouth College. The ‘Cats dropped the tilt, 4-3.

Freshman Bloem van den Brekel, senior Gianna Bensaia and junior Rachel Bossi were the goal scorers for the ‘Cats against the Big Green.

UNH held a 23-10 shot advantage and also led the game 1-0 after van den Brekel’s first half goal. van den Brekel recorded her 16th point in the game, leading all freshmen on the roster and second on the team.

The tilt against Vermont was the second matchup of the season between the two squads. The teams matched up Friday, Sept. 29 in Durham, where the Wildcats took the game 3-1.

“It was not a good weekend,” head coach Robin Balducci said simply about the team’s two losses.

Junior goalie Kelsey Rudert

made 10 saves in the loss including six in the second half and two more in the first overtime period. Vermont won the game 1:10 into the second overtime.

In the weekend opener against rival Maine, the ‘Cats fell short despite two goals scored in the last eight minutes of regulation. van den Brekel and senior Taylor Scafidi were the second half goal scorers.

Junior Katie Audino, the team’s leading goal scorer, notched her seventh of the season against the Black Bears with a first-half goal.

UNH now sits in fourth place out of five in the America East, East Division with a conference record at 2-3 and 5-10 overall. Maine and Albany sit atop the conference with 3-1 records.

Vermont notched its first conference win against UNH as it now holds a 1-4 record.

“We didn’t do much of anything. It’s frustrating,” Balducci said.

UNH’s hot offensive production from early on in the season, 11 goals in four games with a 3-1 record, has cooled down. The next four games after the streak were four losses and only three goals were scored. In their most recent six games, the Wildcats have tallied 10 goals.

The ‘Cats are statistically

outscored 2.93 to 1.71 per game by their opponents this season with two more shots, and more penalty corners on average. The problem isn’t getting the ball to the net, it’s finishing.

“We’re not finishing,” Balducci said. “It isn’t that we’re playing poorly, we just don’t create.”

Balducci said that the team’s intangibles need to get better and kept harping that this UNH squad just needs to fix the little things. Balducci mentioned things such as better touches near the goal, and better corners were part of her concern.

Audino who leads the pack, along with van den Brekel, Scafidi and junior Rachel Bossi who all are placed in the top four in points on the team, have to start converting their scoring chances to goals as the final stretch in the season approaches.

The Wildcats will face the three teams that stand above them in the conference rankings in their final three games of the regular season starting on Sunday, Oct. 22.

UNH will play the University of Massachusetts Lowell, the University at Albany and Maine in succession. The Wildcats square off against Albany Friday, Oct. 27, and then they face off against Maine on Sunday, Oct. 29.

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Android and iOS**Wildcat Point Leaders**

Katie Audino

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Bloem van den Brekel

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Rachel Bossi

9

Hockey Preview

No. 17 UNH vs. Colorado College

Undefeated Wildcats take on the 3-1 Colorado College Tigers in a two-game series

Friday at 7 p.m.; Whittemore Center in Durham, New Hampshire

Saturday at 7 p.m.; Whittemore Center in Durham, New Hampshire



Matchup Forecast



CHINA WONG/STAFF

Freshman Eric MacAdams skates up the ice with the puck against Colgate University.



CHINA WONG/STAFF

Freshman Max Gildon has two goals and an assist so far.

By Sam Rogers
STAFF WRITER

UNH is off to a perfect start to the 2017-2018 season. The 'Cats are 4-0 including wins against the University of Massachusetts Lowell, who were ranked No. 5 nationally at the time. The Wildcats followed up their sweep over the River Hawks with two wins over Colgate University. Now UNH welcomes Colorado College for another out-of-conference home series.

The 'Cats are set to take on the Tigers in a two-game series in which both games will be played in the Whittemore Center. The first game will be played Friday Oct. 20, and game two will be played Saturday, Oct. 21.

Both games will have a 7 p.m. puck drop.

Colorado College has posted a 3-1 record through their first four games of the season. After dropping their first game to Hockey East member, the University of Vermont, 3-0, they followed that up with a 4-3 win over the Catamounts. Since the opening loss, the Tigers have won three straight.

The Tigers beat the University of Alaska-Anchorage 6-1, and 3-2 in their second series of the season. Colorado plays in one of the better conferences in the country, the NCHC, which includes teams such as the University of North Dakota, Saint Cloud State, Denver University and Minnesota Duluth University.

UNH, now at No. 17 in the national rankings, will have another tough test this weekend as the Tigers are no easy out-of-conference opponent. They have already beaten a Hockey East opponent, and have scored 13 goals in their last three games.

The 'Cats have also scored 13 goals in their last three, so the offensive production and the goal scorers for UNH will have to show up this series. Three Wildcats lead the team in points with five.

Senior Michael McNicholas, freshman Charlie Kelleher and freshman defenseman Benton Maass are the leaders. Three Wildcats have tallied four points through four games.

UNH is the only team in the country with a 4-0 record to

start the season. UNH has put its preseason haters to rest and have another weekend to keep the negative talks silent.

Although the two games this weekend may not be against top tier competition, like the top schools in the Hockey East, Colorado has proven to be a legitimate contender in its respective conference and compete well against Hockey East squads.

The defensive unit which was the subject to many of the criticisms before the opening season puck drop has impressed so far. Senior captain Dylan Chanter is doing all he can to change the opinion in his unit as he plays on the third line.

The freshmen pair of Max Gildon and Maass, along with sophomore Anthony Wyse, have

proved through the first four games to be wiser beyond their years. The three underclassmen have shown patience with the puck, good decisions in their own end and have put pucks in the back of the net.

Senior goalie Danny Tirone will also be a key for this weekend. Tirone has already won the Hockey East Defensive Player of the Week award this season and he is the backbone on the back end for the Wildcats.

For a potential 6-0 start the group scoring attitude that has led the Wildcats so far will need to continue and the defensemen will need to use the motivation from their doubters to push them through this out-of-conference test.

Wildcat Gameday



No. 18 UNH vs. Towson University



Saturday at 2 p.m.; Wildcat Stadium in
Durham, New Hampshire

UNH is 4-2, 2-1 in CAA; Towson is 2-4, 0-3 in CAA

Matchup forecast

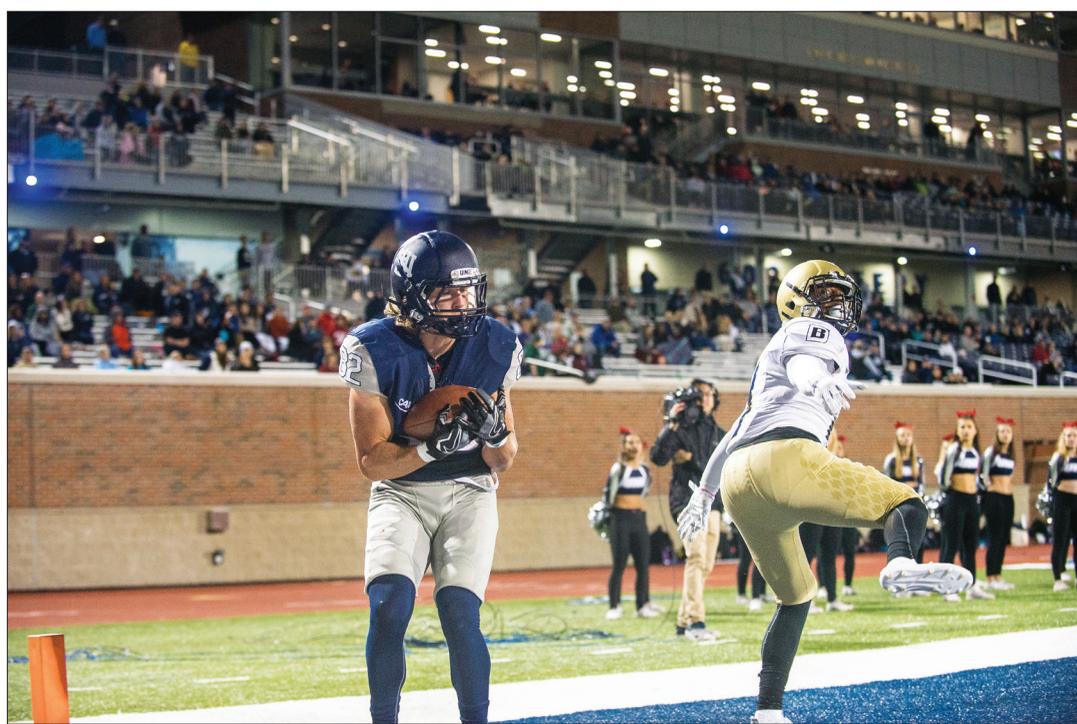
By Zack Holler
SPORTS EDITOR

The Wildcats will look to turn the page after their disappointing 38-24 loss to Stony Brook University on Saturday. The 'Cats now sit at 2-1 in Colonial Athletic Association (CAA) play and return to Wildcat Stadium to host the Towson Tigers.

The Tigers have an underwhelming offensive attack, averaging only 12 points per game this season, but have made up for it defensively in 2017 by holding all five of their FCS opponents to 25 points or less. UNH will look to buck that trend on Saturday but will have to do so without junior wide receiver Rory Donovan.

"I've had to dismiss Donovan from the football team. He's broken team policy and team rules and won't be playing for us for the rest of the season," head coach Sean McDonnell said on Wednesday.

This occurred prior to last week's loss and leaves a large void in the Wildcat offense as Donovan was second on the team in receptions (26), receiving yards (295) and receiving



CHINA WONG/STAFF

Junior wide receiver Neil O'Connor is second in the nation in receptions, averaging 8.8 per game. He also is fifth in receiving touchdowns with eight on the season.

touchdowns (three). Fortunately for the 'Cats, junior wide receiver Kieran Presley returned from injury last week and appears primed to take over Donovan's role in the offense.

"I think I came back at a good time. We're getting into the thick of the season," Presley said. "All CAA games from here on out and I'm just excited to contribute."

Junior quarterback Trevor Knight didn't need long to form a connection with his new weapon as Presley accumulated 73 receiving yards on seven receptions in the loss.

The Tigers are entering this contest coming off of three consecutive CAA losses, including a 25-17 loss at Stony Brook on Sept. 23. Towson's road hasn't been easy, but the team has not been able to find offensive success all season, having not scored more than 17 points in a game. However, the Tigers are able to keep games close and the 'Cats will need to have a much more successful second half on Saturday to land a conference win.

"We got to find a way to finish games and I talked to the team about that," McDonnell said.

The turnover battle could be crucial come Saturday afternoon. In last year's meeting, the Wildcats scored two defensive touchdowns in a 21-7 victory. Also, UNH is 0-2 this season when they've had a negative turnover differential so keeping the ball secure on offense will be key for the 'Cats.

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TNH Digital

Four Quarters

UNH's Offense

After the first quarter against Stony Brook, the UNH rushing attack was consistently heading backward. Sophomore running back Evan Gray finished with 20 rushing yards on 12 attempts and Knight was unable to use his legs to gain yards either.

The 'Cats are still attempting to recreate their running game after they lost Dalton Crossan to graduation last season. Gray has averaged 51.3 yards per game and when he has a quiet game, the pressure falls on Knight and the passing game to produce more.

Junior wide receiver Neil O'Connor will look to continue the tear he's been on all season. O'Connor was kept out of the endzone, for the first time since the season opener, last week and the Tigers will be looking to duplicate that accomplishment come Saturday.

UNH's Defense

According to McDonnell, the defense will get a boost this week from the return of junior linebacker Jared Kuehl. It's uncertain how

much playing time Kuehl will get after missing the last four games with a knee injury. Kuehl was a major factor on the defense early this season and in 2016. Last season, the junior tallied 60 tackles and two forced fumbles while not being one of the two starting linebackers for UNH and his presence should be felt in his return.

However, in the secondary, sophomore free safety Pop Lacey is "very questionable" to play on Saturday according to McDonnell. Lacey is currently tied for second on the team in tackles with 34. Redshirt freshman Evan Horn will likely see an uptick in playing time if Lacey is out and senior whip safety D'Andre Drummond-Mayrie could be asked to fill in Lacey's position.

Towson's Offense

The Tigers could be getting a big boost this weekend as sophomore running back Shane Simpson is poised to return from injury.

"We've heard reports that Simpson will be back," McDonnell said. "Simpson's a difference maker in the program. He's a re-

ally good football player, an all-conference kid last year."

In last year's meeting between the schools, Simpson produced Towson's only touchdown on a 100-yard kickoff return. Simpson's missed the last three contests for the Tigers yet still leads the team with an average of 3.5 yards per carry. If Towson is to topple the 'Cats, a big game from Simpson is likely needed.

Towson's Defense

Outside of a lopsided defeat to the University of Maryland, the Towson defense has held strong this season. The heartbeat of the unit is junior linebacker Diondre Wallace. His 51 tackles on the season lead the team and are 21 more than any other Tiger.

In the secondary, junior defensive back Monty Fenner is the leading playmaker that will be tasked with slowing down O'Connor and the rest of the UNH aerial attack. Fenner leads the Tigers with three interceptions and is second on the team in tackles, with 30, and pass deflections with four.

Coach Mac's Take:

"Our antennas gotta be up. More importantly, we gotta get back on top and get a win this weekend, especially at home. Especially back here, you never like to lose two in a row."

Head coach Sean McDonnell

Stat of the Week

184

Neil O'Connor is 184 receiving yards from having the 10th most in a season in UNH history.

TNH Picks

Zack Holler
Sports Editor

Bret Belden
Sports Editor

Brian Dunn
Managing Editor

Colleen Irvine
Executive Editor



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FOOTBALL

Stony Brook silences Wildcats in New York

By Zack Holler
SPORTS EDITOR

The No. 18 Wildcats were shut out in the second half as they fell to the Stony Brook University Seawolves, 38-24, on Saturday night.

The Seawolves dominated the running game on both sides of the ball on their way to victory, holding sophomore running back Evan Gray to 20 rushing yards while running for 212 yards and three touchdowns themselves. Gray was able to find the endzone early in the second quarter, as the Wildcats found offensive production in the opening half. Gray's touchdown, three field goals and a 16-yard touchdown pass from junior Trevor Knight to Nick Lorden had the Wildcats (then No. 12) up 24-16 at halftime.

"It was a tale of two halves. I think we played pretty well in the first half in a lot of ways. [We] did the things I thought we needed to do to give us an opportunity to win the football game," UNH

head coach Sean McDonnell said during a conference call on Monday.

The second half was a different story as the Seawolves outscored the Wildcats 22-0 behind junior Donald Liotine's two touchdown rushes. The Stony Brook running game gave UNH fits all game, as Liotine ran for 63 yards and senior Stacey Bedell added 157 rushing yards and a score.

The game swung when, on UNH's first offensive snap of the fourth quarter, a strip-sack off Knight led to Stony Brook's possession on the two-yard line, down 24-22. The Seawolves would go on to score three plays later, and the immobile UNH offense couldn't seize the lead back.

The 'Cats found their offensive rhythm through the passing game, as Knight threw for 373 yards and a touchdown on 58 attempts. The issue for Knight was his protection. The junior was sacked six times throughout the contest, resulting in -30 rushing

yards for UNH's dual-threat quarterback.

Stony Brook was led defensively by their junior linebacker duo of Tyrice Beverette and Shayne Lawless. Beverette led the Seawolves with 10 tackles while Lawless added seven, as well as two sacks.

"[The Stony Brook defense is] very long and athletic... I think it starts with their linebackers. I've been watching this for a bunch of years and I think Beverette and Lawless are two really, really good football players and they set the tone," McDonnell said on the conference call.

With the running game inept, McDonnell had to rely on Knight more than ever. He threw a career-high 58 passes, continuously relying on his number one target, junior Neil O'Connor. O'Connor recorded a season-high 13 receptions for 182 yards, his fourth 100-yard receiving game of the season. For the first time since the season opener, O'Connor was held without a touchdown.

O'Connor has been one of the best playmakers in the country thus far this season. He ranks within the top-5 of FCS in all three major wide receiver statistical categories; receptions per game (second with 8.8), receiving yards per game (third with 136.7) and receiving touchdowns (tied for fifth with eight).

Beyond Knight and O'Connor's chemistry, the Wildcats need to find other solutions to moving the ball on offense. The lack of a consistent running game drastically altered Saturday's game and likely can't be overcome throughout a competitive Colonial Athletic Association (CAA) schedule.

Moving forward, the 'Cats (4-2, 2-1 in CAA) fell from No. 12 to No. 18 in the FCS Coaches Poll this week and will return to Wildcat Stadium on Saturday, Oct. 21, to host the Towson University Tigers. The Tigers enters with a 2-4 overall record, and a 0-3 start in CAA play. Kickoff is at 2 p.m.

WOMEN'S HOCKEY

'Cats spread the wealth in 9-1 victory

By Tim Knightly
STAFF WRITER

The goal horn kept ringing and ringing on Saturday afternoon as UNH took down the College of Holy Cross Crusaders, 9-1. Three Wildcats picked up a pair of goals, as many others tallied multiple points on the day.

It was the highest scoring game for the 'Cats since the 2007-08 season when UNH defeated the University of Maine in a 9-1 battle in Orono, Maine.

Freshman goaltender Ava Boutilier got the nod in net and finished with 21 saves and improved to 2-0-1 on the season.

Devan Taylor, Nicole Dunbar and Julia Fedeski lead the surge of scoring, all putting two goals in the net.

The scoring came quickly in the first period; Taylor started it off with a goal just three minutes in. On a UNH power play, Taylor put home a rebound after a shot was fired on net by Kate Haslet.

About one minute later, Dunbar added to the scoring on a pinpoint shot from the left faceoff dot. And just 31 seconds after that, Fedeski made it three unanswered on another power play goal, Dunbar threw the puck into the traffic in front of the net and got a lucky bounce off of a Holy Cross skater.

UNH would go on to put three more goals up in both the second and third periods to make the final goal count an impressive nine.

The Wildcats saw a lot of production from all their skaters as 11 different players recorded points in the victory. If UNH is going to have a successful season all players are going to have to contribute like they did on Sunday.

The 'Cats have made it a point early on in the season to try and find ways to score and this weekend it all came together. It's important for this team to string together a group of wins early on in the year and to set a positive tone for the rest of the season.

"We have been working hard on finding ways to score goals. Our players executed this weekend and we saw some great results. I felt we played pretty strong defensively and when we had breakdowns [Boutilier] made the saves we needed," head coach Hilary Witt said after the win.

Next week the Wildcats head to Burlington, Vermont for a battle with the University of Vermont Catamounts and then come back home for a New Hampshire showdown with Dartmouth College on Sunday afternoon.

VOLLEYBALL



COURTESY OF GREG GREENE

Sophomore hitter Hannah Petke celebrates with her team after scoring a point against UMBC on Friday. She had nine kills.

Wildcats gearing up for second half

By Bret Belden
SPORTS EDITOR

UMBC ended the Wildcats' unique string of five-set wins last Friday, Oct. 13, in one of UNH's hardest fought matches of the season that left a bad taste in their mouths. Neither team won consecutive sets and point distribution was even, but the 'Cats fell short in the last points of the fifth set and committed an error to hand the Retrievers the win. It was UNH's first five-set loss since Sept. 12 against Northeastern University in Boston.

The Wildcats' record following the game on Friday was 3-2 in their conference and 8-11 overall, with the second half of the season looming. But coach Jill Hirschinger believes the team is better than their record reflects.

"We know exactly where we're at," Hirschinger said.

"When you know that and you know where you want to be, you have the choice to stay there or move ahead. Obviously you'd like to be 6-0 at this point, but we'll take what we can work with."

The next day, UNH entered Lundholm Gymnasium with a predatory attitude and took three quick sets from Hartford University (who had previously beaten Binghamton in five) to bounce back and end the weekend on a positive note, thanks to an adjusted game plan and aggression. Following the loss against UMBC, Hirschinger asked the 'Cats if they wanted to become predators or remain prey. They answered in resounding agreement.

Rather than sitting back on the ball and letting Hartford dictate the pace of the game as UMBC had, UNH stayed aggressive and forced the Hawks to make mistakes on the service line and at the net. The final score of

the first set was 25-11, and UNH had 12 kills to Hartford's five.

Hartford put up a fight in the second set but struggled with the 'Cats quick pace. The Hawks played rushed and out-of-system, leading to few settable balls and even less effective front row attacks. At 14-10 Hartford, Hirschinger called her first timeout of the match. Her team came out and ran off eight points to take the lead, 18-17, forcing a Hartford timeout. UNH dominated the last string of plays and won the set, 25-21.

Sophomore Logan Welti acknowledged how essential team effort was to the win on Saturday. An outside hitter her entire high school career, Welti made an adjustment at the start of this season with only her team in mind.

"It was kind of a smooth transition," Welti said of moving to the libero slot. "Last year, I was a [defensive specialist], but I found it harder to be in the back

row that way. [...] As long as I'm on the court," she added, "I really don't care. I think [libero] is my best position now, and I'm okay with not swinging if that's what it takes to win."

Welti has started every game this season as the team's newest libero. She said, while she's used to hitting, other people have taken on that role but she doesn't feel forced out. Instead she's embraced the new position and excelled.

That attitude, selfless and team-oriented, will play an important part in the Wildcats' success next month. Now third in America East behind UMBC and Albany, UNH will focus on what's ahead and getting better as a team in preparation for the postseason.

The Wildcats host the 0-6 UMass Lowell River Hawks Friday, Oct. 20, and look to keep the momentum in the end of this home stretch.



SPORTS

CROSS COUNTRY

Purrier takes first in Louisville

By Tim Knightly
STAFF WRITER

It was a quieter weekend for the UNH cross country teams as select runners headed to Louisville, Kentucky, for Pre-Nationals.

For one runner in particular, the weekend was anything but quiet, and that's senior Elinor Purrier. Purrier finished fifth overall at Pre-Nationals last year and got over the hump this year finishing first in a meet that featured some of the top runners in the country.

The time that earned a first-place finish was 19:28, which beat out her previous Pre-Nationals time of 20 minutes.

Purrier started the race pacing herself with the rest of the pack and ultimately found herself in the front of the pack with seven other runners. The race ultimately was a showdown between Purrier and defending NCAA champion Karissa Schweizer. The two runners were neck-and-neck coming down the final stretch and Purrier edged out the win, finishing just 1.2 seconds quicker.

CROSS COUNTRY
continued on page 20

MEN'S SOCCER

Granite state's best

'Cats win ranked matchup with Dartmouth



COURTESY OF MEGHAN MURPHY

Forward Robin Schmidt celebrates his first goal with teammates on Tuesday night.

By Chris Bokum
STAFF WRITER

Fresh off a 2-1 overtime victory over Binghamton University in Durham on Saturday night, the No. 18 Wildcats returned to the pitch at Wildcat Stadium on Tuesday night against No. 20 Dartmouth College and pressed on to a 4-2 comeback win.

UNH had trailed the Big Green by a goal following a fruitless first half for the 'Cats, one that pointed in all directions towards a strong performance for the visitors.

But a four-goal effort in the second half would power UNH to its fourth consecutive win and 10th victory of the season as the 'Cats inch their way towards postseason play and now stand at 10-1-3 on the year.

MSOC continued on page 20

MEN'S HOCKEY

Wildcats cruise to 4-0 with weekend sweep

By Sam Rogers
STAFF WRITER

The red-hot start to the season continues as the Wildcats defeated Colgate University in a home series sweep. On Friday, Oct. 13, the 'Cats blanked the Raiders 5-0. In the second match-up, UNH kept the ball rolling with a 5-3 victory.

In the Friday game, it was a story of the freshmen. First year Wildcats Max Gildon and Charlie Kelleher combined for five points in the win. Gildon scored the first and fifth goals of the game, as Kelleher rattled off two assists and a rebound goal in the second period.

Senior goaltender Danny Tirone achieved his seventh career shutout with the win. Tirone made 23 saves on the night.

Game one of the series may have been the underclassmen's time to shine, but game two was a party where everyone got an invitation. Ten different Wildcat players notched a point in the victory. Seniors Michael McNicholas and



CHINA WONG/STAFF

Senior goaltender Danny Tirone registered his first shutout of the season in Friday night's 5-0 win. Tirone made 23 saves in each contest over the weekend.

MHOC
continued on page 20

SCORE CARD

MEN'S HOCKEY (4-0)



UNH

Colgate

5

3

Durham, NH

MEN'S SOCCER (10-1-3)



UNH

Dartmouth

4

2

Durham, NH

WOMEN'S SOCCER (11-4)



UNH

Hartford

2

1

West Hartford, CT

VOLLEYBALL (9-11)



UNH

Hartford

3

0

Durham, NH

FIELD HOCKEY (5-10)



UNH

Dartmouth

3

4

Hanover, NH

WOMEN'S HOCKEY (2-0-1)



UNH

Holy Cross

9

1

Durham, NH

FOOTBALL (4-2)



UNH

Stony Brook

24

38

Stony Brook, NY