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### Work plan for MVP teens, September 2010-June 2012

Manchester Weed and Seed Strategy

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# Work Plan for MVP Teens

**September 2010 – June 2012**

*\*Some activities are ongoing*

**Goal #1: Promote non-violence in order to create a better community.**

<b>Objective 1.</b> Commit to learning conflict resolution skills and employing those skills within everyday life.		
<b>Objective 2.</b> Share conflict resolution skills with peers and adults.		
<b>Objective 3.</b> Become educated about all types of violence and prevention methods for each and develop peer and adult trainings based on these methods.		
<b>Proposed Activities</b>	<b>Progress Toward Objectives</b>	
	<i>Estimated Number Reached/Measure</i>	<i>Time Period</i>
<b>Key Activity 1:</b> Participate in a conflict resolution training	7 youth, 2 adults	Fall 2010
<b>Key Activity 2:</b> Develop trainings and presentations that can be shared with both youth and adults about the topic of conflict resolution	2 trainings – 1 youth, 1 adult	Winter 2011
<b>Key Activity 3:</b> Participate in workshops pertaining to violence in the areas of: family, interpersonal relationship (domestic violence), sexual, gang, and bullying	7 youth, 2 adults	Winter 2011/ Winter 2012
<b>Key Activity 4:</b> Participate in workshops about the “root causes of violence” to understand how these forms of violence perpetuate themselves in our community	7 youth, 2 adults	Winter 2011/ Winter 2012
<b>Key Activity 5:</b> Develop trainings and presentations that can be shared with both youth and adults about the	6 trainings/events – 2 youth, 4 adult	Spring 2011/ Spring 2012

**Goal #2: Increase community literacy on violence prevention through youth-provided education.**

<b>Objective 1.</b> Collaborate with Weed & Seed partner agencies to provide education from a youth perspective to an adult audience.		
<b>Objective 2.</b> Work with parents to identify the lasting impact of violence in the home through educational workshops, panels, and trainings.		
<b>Objective 3.</b> Present educational workshops at local and state levels regarding violence, bullying, and the lasting effects.		
<b>Proposed Activities</b>	<b>Progress Toward Objectives</b>	
	<i>Estimated Number Reached/Measure</i>	<i>Time Period</i>
<b>Key Activity 1:</b> Become familiar with the Weed & Seed partner agencies and their purposes	-	Fall 2011
<b>Key Activity 2:</b> Facilitate at least 3 trainings and presentations to adults with a focus on violence, root causes, and the impact of violence on Manchester’s youth	3 trainings/events – 1 youth, 2 adult	Spring 2011/ Spring 2012
<b>Key Activity 3:</b> Organize or attend at least one event for parents with information about the lasting impact of violence in the home	1 training/event	Spring 2012

**Goal #3: Promote community involvement and serve as role models to peers and other youth.**

<b>Objective 1.</b> Actively participate in community activities and encourage peers to become involved in their neighborhoods.		
<b>Objective 2.</b> Practice role-modeling behavior amongst peers and younger youth to encourage appropriate behavior and positive interaction.		
<b>Proposed Activities</b>	<b>Progress Toward Objectives</b>	
	<i>Estimated Number Reached/Measure</i>	<i>Time Period</i>
<b>Key Activity 1:</b> Participate in skill-building workshops and activities	7 youth, 2 adults	Ongoing
<b>Key Activity 2:</b> Collaborate with Weed & Seed partner agencies to develop at least one project with a focus on community involvement and improvement such as homeless youth outreach, HEAL alleyway project, alcohol & tobacco advertising project, and/or Kids' Cafe	4 activities	Spring 2012