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Winter 2020

#### Transgender and gender non-conforming HR toolkit

Kelly Ducharme Granite State College

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Ducharme, Kelly, "Transgender and gender non-conforming HR toolkit" (2020). *M.S. in Leadership*. 49. https://scholars.unh.edu/ms\_leadership/49

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## Transgender and Gender Non-Conforming HR Toolkit Kelly Ducharme M.S. in Leadership Winter 2020

#### **Objective**

The purpose of this toolkit is to assist organizations with developing a sustainable transgender and gender-inclusive workplace environment through a best-in-class policy. The best-in-class policy will also look to educate and raise a greater awareness. The outcome of the organization's transgender and gender-inclusive policy should be to help educate, promote greater awareness, build a community of allies, and, most important, support transgender and gender non-conforming employees.

### Challenges faced by transgender and gender non-conforming

### individuals

- Discrimination and biases in the workplace
- Perception of gender identity discrimination
- Transphobia and microaggressions
- Legal protections at the state and federal level
- Organization culture change

### **Best practices**

- Non-Discrimination Policy that includes gender identity and expression as a protected category.
- Periodic review of policy to ensure its effectiveness and meets state and local regulations.
- Administration systems, processes, and forms allow for the use of a chosen name and gender identity. Employee health and identity data needs to be protected and only available to those that have a need for access.
- Create transgender-inclusive practices that include access and use of facilities, dress code, chosen name, pronouns, and self-identifying gender identity options.

### Best practices – continued

- Gender-neutral dress code that avoids gender stereotypes
- Gender transition guidelines.
- Training and resources that are easily accessible for all employees. This should include a glossary of terms and examples of scenarios that highlight non-inclusive behaviors or actions.
- Transgender inclusive health care.

### **Proposed Toolkit**

- Policies should be reviewed annually to ensure they offer equitable treatment and meet any new state and federal regulations.
- 2. Non-discrimination and anti-harassment policy
  - Includes gender identity and expression are protected categories
- 3. Administrative and record-keeping
  - I. Protection of data
  - II. Allows for chosen name
  - III. Allows for personal pronouns

### Proposed Toolkit - Continued

- 4. Facilities
  - I. Allow all employees access to gender-segregated facilities that correspond to their gender identity.
  - II. Advise those that are uncomfortable with transgender employee's use of gender-segregated facilities to use separate facilities.
  - III. All single-occupancy bathrooms should be labeled as genderneutral or all-gender restrooms.
- 5. Dress code
  - I. Gender-neutral dress code that avoids gender stereotypes
  - II. Accommodate gender-fluid expression
- 6. Health care and gender transition guidelines
  - I. Health insurance policy needs to provide a full range of transgender-inclusive coverage, as indicated by WPATH
  - II. Gender transition guidelines outline the critical components to successful on-the-job transition experiences for the employee, the co-workers, and the company.

#### Proposed Toolkit – Continued

- 7. Education and Training
  - I. Glossary of terms
  - II. Terminology to avoid
- 8. Additional Transgender-Inclusive Policy Resources
- 9. Support from allies