Is There a Correlation Between Personality Assessments Scores and Successful Entry into Work in a Therapy Field?

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Is there a correlation between personality assessments score and successful entry into a therapy field
Stephanie Couture
M.S. in Leadership
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Why this topic?

- Is this job for me?
- What job will fit me best?
- What should I do with my life?
- Does my personality affect what I am doing?
- How much is my personality affecting what I look for?
Myers-Briggs and DiSC™

Myers-Briggs

- Introverted (I) or Extroverted (E)
- Sensing (S) or Intuition (N)
- Thinking (T) or Feeling (F)
- Judging (J) or Perceiving (P)
- 16 possible types

DiSC™

- Dominance (D)
- Influence (i)
- Conscientiousness (C)
- Steadiness (S)

8 Possible Types

Granite State College
**Big Five**

- Extraversion
- Agreeableness
- Openness to Experience
- Neuroticism
- Conscientiousness

**Enneagram**

- Type one - Regulation
- Type two - Compassion
- Type three - Self-projection
- Type four - Self-expression
- Type five - Learning
- Type six - Structuring
- Type seven - Seeking and Creating Variety
- Type eight - Decisive Action
- Type nine - Mediation (balance)
Common Traits for Music Therapists

- Social Perception
- Caring
- Critical Thinking
- Effective Communication
Common Traits for Speech/ Language Therapists

- Effective Communication
- Deductive Reasoning
- Developing Strategies
- Caring
Common Traits for Recreational Therapists

- Effective Communication
- Adaptable
- Deductive Reasoning
- Caring


Questions?