Come for the Classes. Stay for the Friends.
A membership program providing learning and social opportunities for older adults.
In 2013, both Gary and Su Bennett retired. Prior to making it official, Su had done some internet searching about retiring and came across OLLI. She stored the information in her folder of "Things to Investigate" and they both joined OLLI in January 2014.

After joining OLLI, Su ran into an old friend – and OLLI member - who immediately said, “You have to join my committee!” and every since, Su has participated in various committees at the local and state level.

Some of you probably have met Su through one of her many volunteer jobs with OLLI. She has been co-chair of previews for Greater Manchester, helped with many social events (like the monthly OLLI Virtual Happy Hour), served as chair of Manchester Central Committee, served on various statewide teams, and is currently vice chair of the Leadership Council. When the pandemic hit, OLLI needed Zoom moderators to offer courses to members, so Su jumped at the chance and has been moderating ever since.

Gary, on the other hand, isn’t a committee person. He likes helping and can often be found setting and cleaning up for the Greater Manchester previews or volunteering as a Class Assistant in both the Greater Manchester and Capital Region.

Most of the time, you will not see this couple in the same OLLI class. Gary likes courses about vehicles - restoring or racing, wildlife, nature, military, and local history - while Su enjoys learning about things she didn’t pay attention to in school – art, authors, world history, and new things, like tarot, Mah Jongg and card tricks. Together, they go on some of the hikes and visit places in New Hampshire they had no idea even existed.

The Bennetts live on about five acres in Windham, in the southern part of the state where they (mostly Gary), tend an extensive perennial garden and yard. The couple has two children and three grandchildren of whom they are incredibly proud. Their 12-year-old grandson lives in Florida, is an excellent athlete, and a master at card tricks. Their 4 ¾-year-old grandson and his 3 ½-year-old sister live nearby, so the Bennetts have fun babysitting for them every other week. And, yes, they are exhausted at the end of those days!

If you ask them about their decision to join our learning community, the Bennetts will both say, "We are so glad we joined OLLI 10 years ago. We always look forward to learning something new and meeting and making more friends along the way!"
Welcome to Osher Lifelong Learning Institute (OLLI)

Welcome to Osher Lifelong Learning Institute at the University of New Hampshire (OLLI at UNH). Since 2004, OLLI has been a learning for the fun of it, member-driven, volunteer-based educational program which supports adult learners in their continued pursuit of lifelong knowledge. OLLI courses are not for credit, there are no tests, grades, or homework. We value high standards of program excellence with an emphasis on educational and social enrichment, volunteerism, fiscal sustainability, a diverse membership, mutual respect, and member safety.

Today our learning community is composed of more than 1,000 active older adults from 120 New Hampshire cities and towns as well as eight other states.

Our members are encouraged to select from any of the in-person, online, and hybrid courses offered in our four statewide regions. In addition, social events, volunteer opportunities, cost-free complimentary programing, opportunities to engage in classes at our sister OLLIs, our monthly Outlook newsletter, and our special interest groups (SIGs) enhance the member experience and provide additional opportunities for our members to remain active and purposeful.

Now in our 20th year, OLLI is a self-sustaining program of the University of New Hampshire supported by program fees, in-kind contributions from UNH, endowments from the Bernard Osher Foundation, member donations and local corporate sponsorships. We are one of 125 OLLIs at colleges and universities nationwide, representing more than 116,500 members.

To learn more about Osher Lifelong Learning Institutes across the USA visit: nrc.northwestern.edu/

Your OLLI at UNH Team and Contact Info

Website: unh.edu/OLLI
Email: OLLI.office@unh.edu
Phone: 603-255-3553

OLLI Administrative Team

Toniann Leavitt, Director
Toniann.Leavitt@unh.edu

Tori Berube, Program Manager
Tori.Berube@unh.edu

Bryan Whittier, Enrollment Coordinator
Bryan.Whittier@unh.edu

Tessa McDonnell, Program Support
Tessa.McDonnell@unh.edu
Become an OLLI Member

Membership in OLLI offers you the opportunity to participate in a full range of offerings. Annual memberships ($40) are valid for one year. There are three ways to join:

1. **Complete the secure online Membership application found on the OLLI website.**

2. **Complete the OLLI Membership and Registration Form found inside the catalog.** Mail it with your $40 membership fee to the OLLI office, c/o OLLI at UNH, Taylor Hall, 59 College Rd, Durham, NH 03824. **Please use a separate registration form and check for each member applying.**

3. **Call the OLLI office at 603-255-3553** to make an over-the-phone payment with your credit card.

Contact Us

The OLLI Administrative Team is available to assist you:

- Visit our website: unh.edu/OLLI
- Call us: 603-255-3553
- Email us: OLLI.office@unh.edu

Follow us on Facebook

Get the latest news on new programs, special events, and more by following us on Facebook at: facebook.com/olliunh

Registration

- Online registration for courses will begin on **Monday, February 5, 2024, at 9:00 a.m.**

- Non-members may enroll in any OLLI course, unless otherwise indicated. Non-members must call the OLLI office at 603-255-3553 to register for a course.

- Phone registrations for both members and non-members are available Monday through Friday from 9:00 a.m. to 4:00 p.m.

- Mail-in registration forms can be sent to OLLI at UNH, Taylor Hall, 59 College Rd, Durham, NH 03824 and will be processed in the order which they are received.

- All registrations, including free offerings, will result in an e-mailed confirmation receipt. If you do not get a receipt, please check your e-mail spam folder.

- Registrations for Zoom courses are encouraged at least three days prior to the scheduled start date to ensure you receive the course link, appropriate handouts and content in advance.

- For important information about policies, including refunds, withdrawals, wait lists, credit card security and more, please visit: unh.edu/OLLI
Course Listing by Subject

Learning Region Abbreviation

Capital Region - C | Greater Manchester - M | Mt. Washington Valley - W | Seacoast - S | Zoom - Z

9 Arts & Humanities

9 Art Appreciation
Arts of the Persian Empire & Iran (Holmes) Z
Henry W. Herrick: Manchester’s Grand Old Man of Art (Barracough) M
Paris & New York in the Twenties and Thirties, Part IV (Mahoney) M

10 Creative Arts
Creating Botanicals: Growing, Pressing, & Designing Art from Nature (Johnson) M
Creating Gnomes: Imagination Unleashed! (Perry) W
Creative Card Making with Rubber Stamps (Frost) C
Don’t Throw Them Away: Create Woven Beauty from CDs & Scrap Yarns (Dworkin) W
Exploring Collage Techniques (Webber) W
Making Soap from Scratch (King) C
Weaving A Bread Basket (Rennie) W
Weaving The “Harriet’s Wine Basket” (Perry-Mann) C
Zentangle 101 (Brooks) Z

14 Film
Cary Grant: A Touch of Class! (Brogan) M
Danger, Suspense, & Deception: The Best of Alfred Hitchcock (Sherwin) Z
Films Through the Decades VI (Jones) M
Hold the Freckles: Doris Day is More Than Fluff! (Brogan) C
Madness & the Movies XIII (Soreff) M
The Ascent of Man, 50 Years On (Parodi) M

16 Literature
Analogies, Similes, & Metaphors: You Have the Right Brain for This! (Hendry) C
Arthur Miller: Playwright with a Conscience (Baker) M
Best Books of 2024 (Cummings) W
Defending The Right to Read (Lanter & Walsh) Z
Dickens Invites You into the Mystery of Bleak House (Castle) Z
Drama Begins (Benoit) C
From Dewey Decimal to Doing it All: The Modern Library (Camidge) C
Growing Up in Concord, New Hampshire in the 50s & 60s (Bailey & Bailey) C
Nature Poetry & New Hampshire (Jordan) C
Shakespeare’s Much Ado About Nothing: What’s It All About? (Annal) C
The New Yorker (Jones & Monnelly) Z

20 Music
Boomwhackers: The New Way to Make Music (Towner) M
Jazz Stories: The Roots & Rhythms of Our American Music (Webb & Landis) S

21 History
American Commonwealth, Part I: Viscount Bryce’s 1888 Look at the U.S. (Shaine) Z
Breton Woods: The Conference That Changed the World (Lindblade) W
Covered Bridges in the Conway Area: Past & Present (Varney Chandler) W
Covered Bridges of New Hampshire: Past & Present (Caswell) Z
Deep Presence: 13,000 Years of Native American History (Goodby) Z
Forgotten Plane Wrecks of New Hampshire (Wallner) C
History & Evolution of New Hampshire Architecture (Miller & Rupnik) C
Inner Circle: Totalitarianism & Its Appeal (Luber Friedenberg) M
Jennie Powers: The Woman Who Dares (Carroll) Z
Lewis Hayden: Fugitive Slave, Underground Railroad Leader, State Legislator (Strang) C&S
Lincoln & Finch, Attorneys-at-Law (Traphagen) C
Loyalists: The Other Side of the American Revolution (Strang) M
Making China Less Inscrutable (Berry) M
Manchester’s Grenier Field: From World War II to the U.S. Space Force (Eaton) Z
Mary Folsom Blair: A Remarkable Life (Primack) M
Putting Human Faces on the Textile Industry: Workers of the Amoskeag Mills (Perreault) M
Rise of the Nazis: Lessons for Democratic Citizenship (White) M&Z
Russia: From Czars to Commissars & Back, Part II (Zink) Z
Samuel Osgood House: Traveling Trunk Show (O’Donal) W
Spies, Lies, & Sunken Subs (Isaak) C
The Trip of a Lifetime: Offa’s Dyke in Wales (Jackson) W
True Stories of New Hampshire’s Dead: America Through Time Series (Davidson & Thompson) W
What You Never Knew About Manchester’s Diner: The Red Arrow (Morin) M
Women Empowering Women: A History of Woman’s Clubs in New Hampshire (Miller & Graham) C
Wright Museum: A Step Back in Time to World War II (Hennelly-Maniates) W

33 Personal Enrichment

33 Aging & Health
A Touch of Energy Healing - Reiki: A Practice for Creating Well-Being (Rose) W
Carb Smart Eating: How Sugars & Other Caloric Sweeteners Make You Fat, Sick, and Tired (Bentley) M
Effective Workouts at Home or On the Go (Ravid) W
Exploring Untreated Hearing Loss & Its Link to Greater Dementia Risk (Eastman) M&Z
Folkdancing for Fun (Lockwood) C
Growing Older & Wiser: Staying Healthy as a Senior Adult (Castor) M&Z
Plan Your Own Funeral or Memorial Service: It Can Be Fun! (Van Zandt) M
Self-Myofascial Release: Roll Away Tension & Increase Mobility (Buerk) W
Senior Safety (Duquette) M
Starting Again After 50: Navigating Our Way Following a Major Life Change (Finn) M
What is the Nature of Those Earthlings? (Buttrick) C

37 Cooking
Kitchen Chemistry: The “Wow Factor” or Creating Your Own “Martha Moments” (Nicolino) S

37 Finance
Everything You Need to Know About Property & Casualty Insurance (Averill) M
Nursing Care, Medicaid, & Long-Term Care (Rivard) M&Z
Want to Spend Less on Hotels & Car Rentals? (Ference) W
What Seniors Should Know When Selling Their Home (Athas) M

39 Games
Bridge for Your Brain: Introduction to Bidding & Hand Evaluation, Part I (Weinstein) M
Learning a New/Old Game: Bocce for Any Age (Simone) W
Mah-Jongg for Beginners (Tilton) C

40 Personal Development
Did You Know? You’re On a Hero’s Journey! (Lee) Z
Green Funerals: Separating Fact from Fiction (Webster) Z
How to Support Today’s Couples Who are Juggling Careers, Kids, & Chaos! (McKeown) M
No One Wants Your Hummels & Other Aging Lessons I’ve Learned (Toomey) S&Z
So, You Want to Take an Alaskan Cruise? (Davidson & Davidson) W
Tarot Cards for Beginners (Cohen) Z
Unlock Your Psychic Abilities (Cohen) Z

44 Science & Technology

44 Computers, Smartphones & Tablets
Fun with Artificial Intelligence (Al) (Isaak) M
Learning the iPhone & iPad (Jones & Nelson) M
Scheduling & Hosting Zoom Meetings (McDonnell) Z
There’s an App for That (Taub) C
Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, & Notebooks (McDonnell) Z

46 Gardening & Nature
Beautiful Butterflies of New Hampshire (Holman) Z
Exploring the National Parks & Other Special Places in the United States (Gemmecke) W
Fly Angling for Trout in Northern New England 101 (Ouelettte) W
Greenhouse Growing for the Home Gardener (Knirk) W
Helping Injured & Orphaned Wildlife (Gregg) W
Herons & Osprey of Exeter, New Hampshire (Walsh) Z
Loving Animals: A Conversation with an Animal Communicator (Lindheim) Z
Raising Puppies to be Guide Dogs for the Blind (Masors) M
Riveting Raptors: Owls, Hawks, & Vultures - Oh My! (Noon & Willoughby) S
The Mysteries of the Wild Turkey (Manley) W

49 Math & Science
Become a Citizen Scientist & Learn About Climate Change in the Northeast Mountains (Murray) W
Clean Energy as a Major Climate Solution: US & International Experience (Pratt) S
Electrify: Building New Hampshire’s Just & Equitable Electric Future (Weeks) C
Forever Chemicals (PFAS) in New Hampshire & Maine: Where It Is & What We Can Do About it (Backus) M
Math Curiosities: Fibonacci, Golden Rectangle & Parthenon, Friday the 13th (Faulkner) S
Mathematical Card Tricks for Everyone! (Stern) S
One Two Three...Infinity (Faulkner) C
Visiting the Planets of Our Solar System (Rock) Z
Water: Everything You Always Wanted to Know (Sasseville) M
Women in Science, Technology, & Mathematics (Russell) Z

53 Social Sciences

53 Philosophy
Ah! What a Great Question! (Hendry) M
How to Read a Platonic Dialogue (Conklin) M
Socrates Café (Epstein) W
Sophie’s World: An Imaginative Introduction to Philosophy (Mahoney) M
TED Talks to Ponder (Jawitz & Rau) W

55 Politics & Current Events
Can Ranked Choice Voting Cure Political Polarization? (Meyers) M
Civics Slam! Learning About Government Now That You’re Older & Wiser (Alcox) M
Dystopian Spirals: How Tech is Creating Dysfunction, Division, & Disaster (Isaak) M&Z
Great Decisions, Part I (McDonnell) Z
How We Choose a President & the New Hampshire Primary (Scala) M
Immigration Reform: Many Complain, But Nobody Does Anything (Bruno) M&Z
Picking-the-President 2024: This Time Is Different (Hess) C
Putin’s Invasion of Ukraine: Total War Returns to Europe (Hess) C
Understanding the Perplexing Law of Privacy in the United States (Dana) Z

59 Sociology, Religion & Culture
Active Anti-Racism: There is Much We Can Do! (Romney) Z
Civility in Society (McKim) M&Z
Coercion, Persuasion, Manipulation, or Propaganda? (Luber Friedenberg) M
Introduction to Life, Light, & Love: The Psalms (Day) M
Judaism & Social Justice (Nafski) C
Path of Liberation: Core Teachings of Tibetan Buddhism (Romaine) M
Utopias & Dystopias (Shaine) Z

62 Exploring the Community
A New Hampshire Government Primer with Virginia Drew (Drew) C
Back to 1840: A Trip to the Hooksett Head School (Knowles & Desharnais) M
Behind the Scenes at NH Public TV (Adams) S
Bootmaking; The Limmer Way (Lane-Olsen) W
Build Your Video Production Skills (Hardy) C
Can Ranked Choice Voting Cure Political Polarization? (Isaak) M&Z
Celebrating Portsmouth’s Historic Music Hall (Morris) S
Coffee & Cremation With a Few Funeral Facts (Phaneuf Plasz) C&M
Daniel Webster Family: 220+ Years of Early Colonial & U.S. History (Kovach) C
Director’s Tour: Spring Exhibit & Agnus Dei Murals (MacLellan) M
Explore Bedrock Gardens (Forti) S
From Our Farm to Your Table: Tour Miles Smith Farm (Soule) C
It’s Time to Make Bagels (Dahlmeyer) W
Learning to Look at Art (Harvey & Hollman) M
Learning What Pickleball Is All About (Ryan & Murphy) W
Manchester Water Works: All About Our Most Precious Resource (Miller) M
Mission Brief & Antenna Tour: New Boston Space Force Station (Zufelt) M
Operational Insider: What It Takes to Operate Cranmore Mountain (Hunt & Luddington) W
Portsmouth Naval Shipyard Tour: From Sails to Atoms (Gluckert) S
Step Back in Time: Tour the Ice House Museum (Connors) C
What a Community “Meads”? A Small Business With Purpose! (Trahan) W

70 Outdoor Adventures
Great Bay National Wildlife Refuge Walk (Russell) S
Introduction to the History of Creek Farm (Kern) S
Kayaking the Contoocook (Frankel) M
Little Harbor Trail Walk (Russell) S
May Celebration: Nature’s Awakenings & Arrivals! (Dwyer) M
Old North Cemetery Walk & Talk (Huckins) C
Redstone Quarry Field Trip (Cottrell) W
The Maple Sugaring Experience at The Rocks (Manley) W
Tour of Franklin Falls Dam & Gatehouse (Edwards) C

Courses, dates, times and locations are subject to change. Any changes or updates to our courses will be available online through our website: unh.edu/OLLI
On The Road With OLLI

The John F. Kennedy Presidential Library and Museum & the Edward M. Kennedy Institute

Travel in comfort on our Premier bus and get ready to relive the powerful story of the memorable Kennedy years. The day will begin with a visit to the Edward Kennedy Institute where you will be immersed in interactive exhibits on the U.S. Senate’s history, visit a replica of Ted Kennedy’s Senate Office, and finally proceed to the detailed reproduction of the U.S. Senate Chamber where you will learn about a current bill on the Electoral College and participate in a discussion to shape your own vote on this critical issue.

Enjoy lunch on your own indoors at the JFK Presidential Library cafe, Edward Kennedy Institute cafe, or enjoy the picnic tables overlooking scenic Dorchester Bay.

Just a short walk away is the JFK Presidential Library and Museum where you can travel through John F. Kennedy’s life and his pathway to the Presidency.

A Lunch and Learn class for interested trip participants will be held Tuesday, June 11 to learn more about each of the museums and the voting topic for the Senate presentation.

TRIP DETAILS

Date: Tuesday, June 18, 2024

• 7:45 a.m. Pick-up in Concord
• 8:05 a.m. Pick-up in Manchester
• 3:30 p.m. Depart from Boston

Trip Cost: $100

Includes bus transportation, snack, admission to both museums and great company.

Registration will open Monday, February 5 for this timely trip.

Space will be limited. Reserve your seat today!

Call OLLI at 603-255-3553 to pay by credit card. Or send a check to OLLI at UNH, Taylor Hall, 59 College Rd, Durham, NH 03824

Additional information will be provided closer to registration and trip date.
Course Descriptions

Arts & Humanities

Art Appreciation

**Arts of the Persian Empire & Iran**

Art is often made in the service of power and religion, and the art of Iran and the Persian Empire is no exception. An understanding of a culture's visual history can provide insight towards understanding its people today. This three-week course focuses on The Persian Empire, Persepolis, Greek and Roman Influences in week one; an introduction to Islam, Gardens, and Textiles in week two; and finally, in week three, a focus on contemporary art including cinema, protest art, and the Iranian diaspora.

**Presenter:** Betsy Holmes is an artist and librarian and has taught art history at New Hampshire Institute of Art, Saint Anselm College, and New England College. Holmes loves sharing her passion about art - it’s not about dates, it’s about people!

**Member Tuition:** $30.00 | 3 M: 2/26/24 – 3/11/24 | 10:00AM-12:00PM | Class Limit: 35

Online - Virtual via Zoom

**Henry W. Herrick: Manchester's Grand Old Man of Art**

Henry W. Herrick (1824-1906) was a talented wood engraver, book illustrator, and watercolorist. After spending his childhood in New Hampshire, Herrick began his career as an artist in New York, working for several prominent publishers and teaching at the School of Design for Women where he advocated for equal employment rights for women. In 1865, he returned to Manchester where he continued to work as a designer and engraver and took up the art of watercolor. In his later years, Herrick spent his time in Manchester painting watercolors and teaching art in his home. He was a familiar figure around town and was affectionately remembered as "Manchester’s Grand Old Man of Art." The class will feature a slideshow presentation looking at Herrick's life and artwork. Participants will then have an opportunity to see some of his paintings and illustrations in the Manchester Historic Association's collection.

**Presenter:** Jeff Barraclough is the Executive Director of the Manchester Historic Association (MHA). He has worked at the MHA for over 10 years, and previously worked at the Moffatt-Ladd House & Garden in Portsmouth, Adams National Historic Park, and the New England Historic Genealogical Society. Barraclough is also an adjunct faculty member at Gordon College. He serves as president of the New Hampshire Heritage Museum Trail and is on the board of the Association of Historical Societies of New Hampshire.

**Member Tuition:** $20.00 | 1 T: 6/4/24 – 6/4/24 | 10:00AM-12:00PM | Class Limit: 30

Manchester Historic Association, 129 Amherst Street, Manchester, NH 03101
Paris & New York in the Twenties and Thirties, Part IV

The course will consist of four sessions, each of which is designed to provide some context about this creative period, suggest connections to other relevant topics, and offer an opportunity for discussion. The core of this Part Four of the sequence of Paris–NY OLLI courses will focus on the novel Manhattan Transfer by John Dos Passos. We will begin with a broad introduction addressing several of the significant connections between these cities, and the factors that intensified the expressions of creativity in those crisis years between the great world wars. Following this, we will introduce the novel and its context, and then make our way to Paris and the idea of Modernism, especially in photography. Our final session will give allow us to discuss reactions to the novel and its anticipation of modernist techniques, especially visual ones. Manhattan Transfer was considered controversial in both form and content. Throughout the course, we will refer to the novel. Reading it all is not necessary to appreciate its role in the course. However, it is amazing. Dos Passos was one of the important ex-patriot writers, who, like Hemingway, was an ambulance driver during the war. He spent time in France as a child, and then hung out with Fitzgerald and others in Paris and the south of France in the twenties and thirties. He was bitter about the way the patriotism of the young had been manipulated.

Note: It is not necessary to take the Paris & NY parts in sequence.

Presenter: Jim Mahoney holds a Ph.D. from the University of Notre Dame. He is an Emeritus Professor from Saint Anselm College where he taught Philosophy for forty years. Mahoney was strongly involved in the College’s core Humanities Program, serving as Chair of the Jefferson unit, and developed the Paris & New York class for the program. His areas of specialization are Existentialism, American Philosophy, and Ethics.

Member Tuition: $35.00 | 4 T: 2/27/24 – 3/19/24 | 10:00AM-12:00PM | Class Limit: 12

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Creative Arts

Creating Botanicals: Growing, Pressing, & Designing Art from Nature

Learn how to grow, gather, and press flowers and natural materials to use as materials for botanical art. The first class will provide an introduction to botanical making, while the following classes provide opportunities for participants to design and create botanical works of art using presenter-provided flowers. Design techniques and tips, sample botanicals, and personal coaching will be offered as participants create their own botanicals. A list of botanical-making materials will be provided at the first class so participants can be prepared for the design workshops.

Presenter: An avid gardener and floral artist, Laurie Johnson has been working with flowers for over 40 years. Johnson is a member of the Opechee Garden Club, and her garden was featured on the 2022 Garden Tour. After retiring from her career in public education, she built a retirement home surrounded by gardens that provide a source of flowers for her botanical creations. Her botanicals feature flowers from her garden, neighborhood, and travels.

Member Tuition: $35.00 | 4 F: 5/3/24 – 5/24/24 | 3:00-5:00PM | Class Limit: 12

Note: A $20 materials fee will be added to your registration. Total cost $55.

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Creating Gnomes: Imagination Unleashed!

Create your own gnome – a mythological creature and diminutive spirit – from start to finish! We will make a pattern, cut out the gnomes from felt, and create the hats in a small matching fabric. Participants must bring their own sewing machine; a list of materials (including colored felt for body and hat, faux fur, rice and polyester fill, thread, and decorative items) will be provided prior to the first session.

**Presenter:** Sandy Perry has a Master’s degree in speech pathology and audiology and a Ph.D. in deaf education. She presently teaches “A Matter of Balance” and “Tai Ji Quan” classes at The Gibson Center for Senior Services and at Memorial Hospital. Perry has been knitting for more than 50 years and is currently teaching a knitting class at Silver Lake Landing.

**Member Tuition:** $35.00 | 4 T: 2/20/24 – 3/12/24 | 1:00-3:00PM | Class Limit: 10

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH 03860

Creative Card Making with Rubber Stamps

This course consists of three sessions, each two weeks apart. In these sessions, we will create four cards using different techniques. Week 1 we will experiment with different kinds of ink and techniques. Week 2 will be four different cards using die cuts and punches. Week 3 will be cards using ink or watercolor to add color to stamped designs. The goal of this course is to teach different techniques that can be used with rubber stamps you may already own and to help you explore your creativity. No artistic talent required!

**Presenter:** Donna Frost is a member of the Society of Decorative Painters, the White Mountain Decorative Painters Guild and a longtime crafter.

**Member Tuition:** $30.00 | 3 T: 3/12/24, 3/26/24, 4/9/24 | 10:00AM-12:30PM | Class Limit: 12

*Note: A $19 materials fee will be added to your registration. Total cost $49.*

City-Wide Community Center, 14 Canterbury Road, Concord, NH 03301

Don’t Throw Them Away: Create Woven Beauty from CDs & Scrap Yarns

Learn to recycle old CDs and leftover yarns and ribbons into colorful ornaments and wall hangings. In a single session, you can create a completed CD weaving, and learn the skills to make more on your own, using inexpensive, readily available materials. Participants will learn how to create a stationary wrap on the CD base, and then weave an assortment of yarns and ribbons to create a colorful hanging disk. Written instructions and materials provided.

**Presenter:** A retired children’s librarian, storyteller, and fabric collage artist, Vicky Dworkin lives in Sandwich, NH. She enjoys “recycling” craft using scrap materials from thrift shops or yard sales. She loves working with color and texture, especially fabric and yarns. Dworkin takes techniques she used working with children, such as weaving or collage, and develops them to create artwork. She is currently a member of Artworks, Chocorua Creative Arts Center.

**Member Tuition:** $20.00 | 1 T: 4/23/24 – 4/23/24 | 1:00-2:30PM | Class Limit: 10

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH 03860
Exploring Collage Techniques

In this course, we will explore many different types of collage techniques, from classical approaches to experimental concepts. Participants will use everyday materials and develop our artistic voices. Using daily life as inspiration, we will experiment with different materials in order to create new stories with collage.

**Presenter:** Lauren Webber has been a practicing fine artist for twenty years. She received a B.F.A. in Photography from Rhode Island School of Design in 2008. Webber has trained in many mediums and loves to experiment with mixed media, fabric and collage. She has had group and solo exhibitions in South Africa, Zimbabwe, and Massachusetts.

**Member Tuition:** $20.00 | 1 M: 3/4/24 – 3/4/24 | 1:00-2:30PM | Class Limit: 25

*Note: A $10 materials fee will be added to your registration. Total cost $30.*

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH 03860

---

Making Soap from Scratch

The presenter will demonstrate how to safely make soap the simple, old-fashioned way, using oils and sodium hydroxide. Each step of the process will be explained and questions are invited. Free soap samples and instructions on the soap making process will be handed out.

**Presenter:** Janet King is the owner of Meadow’s Pond Soaps, a business located in her green, off-the-grid home in the woods of Canterbury. She uses many local ingredients, including flowers, vegetables, animal fats and milks, and herbs. King sells her soaps online, at farmer’s markets and in stores.

**Member Tuition:** $20.00 | 1 F: 3/15/24 – 3/15/24 | 1:00-3:00PM | Class Limit: 10

City-Wide Community Center, 14 Canterbury Road, Concord, NH 03301

---

Weaving A Bread Basket

This basket is a very easy design to weave with beautiful results. Skills learned include weaving a slotted base, plain weave, and rim lashing. This basket weaving course will include your basket kit and all the tools necessary to make your basket.

**Presenter:** Mary Rennie learned basket-making from Pat Libby 20 years ago and has made many baskets in the years since. In her first OLLI course, she led the class in the creation of beautiful Williamsburg baskets and now shares her expertise to make charming and functional herb baskets.

**Member Tuition:** $25.00 | 2 Th: 3/7/24 – 3/14/24 | 12:30-4:00PM | Class Limit: 6

*Note: An $18.95 materials fee will be added to your registration. Total cost $43.95.*

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH 03860
Weaving The “Harriet’s Wine Basket”

This basket class will be created over two sessions. You will be taking any unfinished work home after part 1 and returning with it for part 2. Blue Ridge’s “Harriet’s Wine Basket” kit has a finished size of 5 1/2” x 10 1/4” x 14 1/2”. Each kit comes with detailed instructions, how-to diagrams, and all pre-cut materials needed, including 1 D-shaped handle, poplar wood, flat reed, and round reed. There will also be dark burgundy dyed flat reed available for the accent color. A team of three Chichester friends, who weave baskets for pleasure (and have made many baskets), will help guide you through the process of weaving this lovely wine basket. You can also opt not to add the divider and call this a tote basket! There will be natural walnut dye to use when your basket is done, if you wish. Wear comfortable old clothes and have willing hands. Please have made at least one previous basket in order to take the course.

**Presenters:** Diane Perry-Mann has always loved being creative and has a degree in Art from the University of New Hampshire. Although she has worked with many media, basket weaving has been her latest involvement. Now retired, she has been teaching locally to allow others to find the pleasure and appreciation of basketry.

Co-presenters Jo Sanborn and Anita Prickett, both Chichester residents, have enjoyed weaving baskets for many years.

**Member Tuition:** $25.00 | 2 Sa: 3/2/24 – 3/9/24 | 9:30AM-1:30PM | Class Limit: 10

*Note: A $25 materials fee will be added to your registration. Total cost $50.*

City-Wide Community Center, 14 Canterbury Road, Concord, NH 03301

---

**Zentangle 101**

This six-week introductory course teaches the basics of the Zentangle Method of pen & ink drawing. It is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing patterns within structured spaces. This course will provide instruction in fundamental pen strokes, multiple tangle patterns, and simple shading techniques. Each session focuses on learning a specific technique while learning a variety of tangle patterns that employ this design pattern. We will explore basic components of design and ideas for embellishment.

**Presenter:** As a Certified Zentangle Teacher (CZT), Martha Brooks, has found great joy in sharing this fun, relaxing, and easy to do art method since 2017. A retired speech pathologist and adjunct professor who relishes family and friend gatherings, she is also a renovator of old homes, and a rescuer of greyhounds and cats.

**Section 1 Member Tuition:** $45.00 | 6 Th: 3/7/24 – 4/11/24 | 1:00-2:30PM | Class Limit: 10

*Note: A $15 materials fee will be added to your registration. Total cost $60.*

Online - Virtual via Zoom

**Section 2 Member Tuition:** $45.00 | 6 Th: 5/2/24 – 6/6/24 | 1:00-2:30PM | Class Limit: 10

*Note: A $15 materials fee will be added to your registration. Total cost $60.*

Online - Virtual via Zoom

---

**Did You Know?**

OLLI at UNH is not just a program for NH residents? We’ve got members in nine states across the country – NH, ME, MA, CT, RI, PA, NY, NC, and FL!
Film

Cary Grant: A Touch of Class!

For more than 30 years, Cary Grant was the epitome of a “star.” Men and women equally enjoyed his widely diverse performances. He could play comedy like no other actor but was also at home in adventure films, dramas, and some of the best films made by celebrated director, Alfred Hitchcock. We will watch and discuss one of those Hitchcock classics as well as enjoy his comedic style and timing, which often made a good comedy into a classic. He made his last film, by choice, in 1966 but the decades since have not dimmed his status. Cary Grant remains one of the legends of Hollywood.

Presenter: Paul Brogan presented his first OLLI Class in 2012 and more than 50 classes later, continues to love the experience of connecting with OLLI members. Raised in Concord and a graduate of Bishop Brady High, Paul hosts a talk show for Concord TV, has written several successful books and produces events for non-profits. When he has free time, Paul watches TCM to get inspired for future film offerings for OLLI.

Member Tuition: $35.00 | 4 F: 3/15/24 – 4/5/24 | 9:30AM-12:00PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Danger, Suspense, & Deception: The Best of Alfred Hitchcock

In his legendary career as a director, Alfred Hitchcock created dense, suspenseful films filled with flawed heroes, charming villains, and moral ambiguity. During this four-week online course, we will consider some of Hitchcock’s very best films, focusing on two films each week that share a common theme. Participants should watch the films on their own. In class, we will look at brief film clips and discuss key elements. Whether you have enjoyed Hitchcock films for many years or you are just discovering them, this is a chance to go deeper into the mind of a brilliant, complicated man and the surprising, confounding, entertaining world he created on film.

Presenter: Jay Sherwin is a writer and consultant who has been watching, studying, and enjoying Hitchcock films for decades. Sherwin created a walking tour of Alfred Hitchcock’s San Francisco that attracts Hitchcock fans from around the world, and he loves to share his Hitchcock obsession with fellow film lovers everywhere.

Member Tuition: $35.00 | 4 Th: 3/7/24 – 3/28/24 | 3:30-5:00PM | Class Limit: 50

Online - Virtual via Zoom

Films Through the Decades VI

The nine films we will watch and discuss over the eight weeks are “Man with a Movie Camera” (Dziga Vertov, USSR, 1929), “Meshes of the Afternoon” (Maya Deren & Alexander Hackenschmied, USA, 1943), “Ordet” (Carl Th. Dreyer, Denmark, 1955), “Vertigo” (Alfred Hitchcock, USA, 1958), “Cléo from 5 to 7” (Agnès Varda, France, 1962), “Mirror” (Andrei Tarkovsky, USSR, 1975), “Close-up” (Abbas Kiarostami, Iran, 1989), “Mulholland Dr.” (David Lynch, USA & France, 2001), and “Portrait of a Lady on Fire” (Céline Sciamma, France, 2019). The films do not have a single theme, but all have been rated in the 50 best films ever produced in the Sight and Sound 2022 survey of the world’s top film critics. Come, watch, and see if you agree.

Presenter: Bob Jones has a passion for films, technology, and The New Yorker magazine.

Member Tuition: $55.00 | 8 M: 2/19/24 – 4/8/24 | 1:00-3:30PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Hold the Freckles: Doris Day is More Than Fluff!

Paul Brogan may be partial to Doris Day, because of their decades-long friendship. However, film historians have written widely about the diversity of Day’s career. Not only was she the top box-office female star in film history as well as a top recording artist, but the films she starred in are about much more than “Pillow Talk.” Come and discover what you might have missed along the way and enjoy tidbits about their surprising friendship from your presenter. We will discuss and watch a Hitchcock thriller, co-starring James Stewart in addition to a gutsy and hard-hitting biographical drama with James Cagney that earned kudos. A drama with Sinatra and “the best screen version of a Broadway hit,” according to critics, will also be on display.

**Presenter:** Since 2012, Paul Brogan has been presenting classes for OLLI. In the process he has made a great many new friends as well as having the opportunity to share some of his interests. When not presenting, Paul is writing books (he is on his 4th), hosting a show for Concord TV, or producing events for non-profits in the community.

**Member Tuition:** $35.00 | 4 Th: 3/14/24 – 4/4/24 | 9:30AM-12:00PM | Class Limit: 28

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

Madness & the Movies XIII

Films have a long history of portraying mental illnesses in many dimensions. They have shown the patient to be either a monster or a victim; the therapists as either scheming villains, bungling fools, or compassionate heroes, and mental institutions either as chambers of cruelty or corridors of caring. In addition to some new films, we will look at some of the classic mental illness movies that the students have selected from those shown in courses I through XII. We will dive into these films revealing the cinematic approach to and how each movie helps us understand mental illness.

**Presenter:** Stephen Soreff, M.D., a retired board-certified psychiatrist, is a nationally known healthcare and mental health services lecturer, author, and innovator of a number of programs. In his work he emphasizes interactive, experiential learning. Soreff has authored ten books including: *The Handbook of the Treatment of the Seriously Mentally Ill*, *The Documentation Survival Handbook*, and *EMS Street Strategies, Edition 2* as well as his most recent book, *Life’s Dueling Dualities: A Grandfather’s Legacy of Wisdom*.

**Member Tuition:** $55.00 | 8 W: 4/3/24 – 5/22/24 | 9:30AM-12:00PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

The Ascent of Man, 50 Years On

Commissioned by the BBC as a complement to Kenneth Clark’s *Civilization*, *The Ascent of Man* aired on television in the U.K. in 1973 and later in the U.S. Throughout thirteen episodes, the Polish-born mathematician, Jacob Bronowski, presented a history of science tied to cultural evolution: “What I present, what has fascinated me for many years, is the way in which man’s ideas express what is essentially human in his nature.” Each session will consist of viewing one 50-minute episode (episode 1, 2, 3, or 4) followed by a 15-minute discussion. Caution: Episodes 1 and 2 contain graphic footage involving animals.

**Presenter:** George Parodi taught chemistry for eight years at the University of Pittsburgh, Johnstown Campus, and 30 years at Saint Anselm College. His research, at the boundary of physics and chemistry, involves the interaction of light with matter.

**Member Tuition:** $35.00 | 4 Th: 4/18/24 – 5/9/24 | 10:30-11:30AM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Literature

**Analogies, Similes, & Metaphors: You Have the Right Brain for This!**

Rote memory is all well and good, but is it fun? This is a class for people who enjoy playing with words and ideas. Here is a chance to challenge your mind in creative and imaginative ways. Hands-on, minds-on activities will develop our higher thinking skills and help us to identify word relationships and imagery. Associations lead to further thought, and provide us with improved memory. Remember: hidden in the word “simile” is SMILE!

**Presenter:** Jo Hendry is a retired educator who delights in sharing her experiences as a teacher, naturalist, and writer.

**Member Tuition:** $20.00 | 1 W: 6/12/24 – 6/12/24 | 10:00AM-12:00PM | Class Limit: 28

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

---

**Arthur Miller: Playwright with a Conscience**

Although he often called himself “Mr. Marilyn Monroe,” Arthur Miller remains one of America’s preeminent playwrights. We will discuss and view three of his finest works: *All My Sons, Death of a Salesman*, and *The Crucible*, and come to know three of the most enduring characters in dramatic literature: Joe Keller, Willy Loman, and John Proctor. Moreover, we will discuss how Miller was attempting to awaken the social and political responsibilities of a nation. Participants are expected to have read *All My Sons* before the first class.

**Presenter:** Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

**Member Tuition:** $45.00 | 6 F: 5/3/24 – 6/7/24 | 12:30-2:30PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

---

**Best Books of 2024**

What are the hot new books? Get ready to make your lists! This course will focus mainly on fiction books, with a concerted effort to include upcoming nonfiction titles. Those who attend will learn about the highly anticipated titles coming out soon and some sleeper hits that you can discover first. Additionally, we will discuss smaller press regional titles. Share your favorite reads, too. As a bonus, participants will go home with a new book to read.

**Presenter:** Laura Cummings is the co-owner of White Birch Books, an independent bookstore in North Conway serving the community for more than 30 years. A former president of the New England Independent Booksellers Association, she now sits on the Booksellers Advisory Council for the American Booksellers Association. When she isn’t working or running book clubs, she is reading at home with her cats, or knitting – a new(ish) hobby!

**Member Tuition:** $20.00 | 1 T: 6/11/24 – 6/11/24 | 2:00-4:00PM | Class Limit: 30

Pope Memorial Library, 2719 Main Street, North Conway, NH 03860
**Defending The Right to Read**

Learn about the current state of book challenges and bans in New Hampshire and the United States. This one-session course will focus on what ordinary citizens can do to defend the right to read.

**Presenters:** Julia Lanter is Assistant Director of Exeter Public Library in Exeter, NH. As a librarian, she has served the Seacoast, NH community for over 16 years. Lanter is currently the Co-Chair of the New Hampshire Library Association's Intellectual Freedom Committee and is one of the T3 Teen Librarian Trainer Cohorts for the State of New Hampshire. A graduate of Bowdoin College and Simmons Graduate School of Library and Information Science, she has served as president of the Young Adult Library Association and is a founding member of the Exeter LitFest. Lanter proudly serves as the co-president of the Exeter Area Rotary Club, is a board member of the Portsmouth Public Media (PPMTV), and is on the board of the Racial Unity Team (RUT).

Martha Walsh, an OLLI member since 2014, has been choosing children's books since she was a teenager purchasing books for her nieces and nephews. Walsh is a member of the Friends of the Exeter Library and enjoys reading printed books as well as e-books and audio books.

**Member Tuition:** $20.00 | 1 T: 4/16/24 – 4/16/24 | 10:30-11:30AM | Class Limit: 20

Online - Virtual via Zoom

---

**Dickens Invites You into the Mystery of Bleak House**

The novel *Bleak House* is a mystery story populated with extraordinary characters only Charles Dickens could create. The novel's famous opening scene, of a dense fog enveloping London, is emblematic of the metaphorical fog through which the characters must fumble their way in search of answers. Hidden links connecting the characters only become clear as the novel nears its end. We the readers are invited by Dickens to participate in the search, along with the redoubtable Inspector Bucket, and the novel's heroine, Esther Summerson. Dickens gives us much to think about and much to enjoy. Required reading for this course is *Bleak House*, Charles Dickens, Penguin Classics edition, ISBN-13: 978-0-141-43972-3.

**Presenter:** Judith Castle has a passion for novels and the light they shed on the human condition. She has led several courses on English and American literature for OLLI and at the Harvard Institute for Learning in Retirement. She has a degree from the University of London and a Master’s degree from Harvard University.

**Member Tuition:** $45.00 | 6 W: 2/21/24 – 4/3/24 | 10:00-11:30AM | Class Limit: 15

*Note: No class on 3/20/24.*

Online - Virtual via Zoom

---

**Drama Begins**

Thousands of years ago in Greece, a chorus sang out. Why? Who stepped out of the chorus and spoke lines? Learn about the beginning of Drama with the “Oedipus Cycle” as an example.

**Presenter:** Phyllis Benoit's prior life was spent as an English teacher in both high school and college. Her second career was as a certified divorce mediator and included eight years as a volunteer in the NH Attorney General’s office of Consumer Protection. She and her husband, Herb, love to travel.

**Member Tuition:** $20.00 | 1 M: 6/3/24 – 6/3/24 | 10:00AM-12:00PM | Class Limit: 28

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301
From Dewey Decimal to Doing it All: The Modern Library
When learning about the modern library, the first step is understanding what remains the same. After touching on these core values, we will jump into some of the modern staples of the public library. Always at the heart of this is our commitment to community and meeting the needs of all our patrons. Yes, libraries still have books of all kinds in our physical spaces as well as our digital spaces, but what else? Come learn about the library as a community center, innovative learning space, lender of “Library of things,” research hub, place of solitude and connection, place of quiet reflection, and booming collaborative groups, place for personal growth and community outreach. Come to engage in lifelong learning and stay to relax and unwind. Dewey decimal may be old hat, but perhaps the new digital borrowing platform feels like you need a technical degree to run it. Does the genealogy database sound intriguing and intimidating at the same time? Don’t worry your community library is here to help! Check it out -libraries beyond the books!

Presenter: Kaitlin Camidge is the library director at the Epsom Public Library. Camidge was born and raised in upstate NY where she obtained a Master’s degree in Library and Information Science from SUNY Buffalo. While working on her degree and shortly thereafter, she was Youth Services librarian, followed by a decade as school library media specialist, and then found her way back to public library where she has been for three years. Her work in libraries is one of her life’s passions.

Member Tuition: $20.00 | 1 Th: 4/4/24 – 4/4/24 | 10:00-11:30AM | Class Limit: 28
NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

Growing Up in Concord, New Hampshire in the 50s and 60s
The class is based on the presenters’ book, Growing Up in Concord, New Hampshire in the 50s and 60s, and explores the Baby Boomer experience in a then-small town. We’ll look at education, recreation, religion, politics, and the “where were you” moments such as Alan Shepard in space, the Beatles, and the Kennedy assassination. We will use vintage photos and memories from Concord kids.

Presenters: Kathleen Bailey is a journalist and novelist with 40 years’ experience in the nonfiction, newspaper, and inspirational fields. Born in 1951, she was a child in the 50s, a teen in the 60s, a young adult in the 70s, and a young mom in the 80s. In addition to five novels, she has published three books with Arcadia Publishing: Past and Present Exeter, New Hampshire War Monuments: The Stories Behind the Stones, and Growing Up in Concord, New Hampshire. Bailey lives in Raymond with her husband David.

Sheila Bailey is a freelance photographer living in Concord, New Hampshire. She enjoys traveling around her state and New England looking for the perfect shot. She co-authored Past and Present Exeter, New Hampshire War Monuments: The Stories Behind the Stones, and Growing Up in Concord, New Hampshire.

Member Tuition: $20.00 | 1 F: 3/8/24 – 3/8/24 | 1:00-2:00PM | Class Limit: 28
NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

Nature Poetry & New Hampshire
What is it about the rugged landscape of the Granite State that has helped create four national Poets Laureate: Robert Frost, Maxine Kumin, Donald Hall, and Charles Simic? Join award-winning NH poet, writer, and amateur naturalist Hope Jordan in a guided appreciation of the nature-based poetry of these and other NH bards. She will lead discussions on how landscapes inform written work, facilitate exercises in writing and revising your own poems, and share advice and knowledge of both publishing and the natural world. We will plan to end the course with a guided nature walk and poetry writing prompt. Bring your love of the outdoors and your affection for – or just curiosity about – poetry.

Presenter: Hope Jordan’s work appears most recently in Hole in the Head Review, Beloit Poetry Journal, Stone Canoe, and Blue Mountain Review. Her chapbook is The Day She Decided to Feed Crows. She grew up in Chittenango, NY, holds a dual B.A. from Syracuse & an MFA in creative writing from the University of Massachusetts, Boston. She lives in NH, where she was the state’s first official poetry slam master. Additionally, she has worked for the New Hampshire Audubon as a professional fundraiser.

Member Tuition: $25.00 | 2 W: 4/24/24 – 5/1/24 | 4:00-5:30PM | Class Limit: 28
NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301
LIFE IS BETTER IN COMMUNITY

Make a smart financial investment in your future that provides independence, freedom to live the life you choose, and a rock-solid plan for health care if and when you need it.

Discover RiverWoods today at RiverWoodsNH.org
Shakespeare's *Much Ado About Nothing*: What's It All About?

Whether you’re someone who’s wondering what all the fuss is about or a long-time Shakespeare fan, you’ll enjoy this interactive approach to *Much Ado About Nothing*, considered one of Shakespeare’s best comedies. Since Shakespeare wrote plays to be seen and heard, but not necessarily read, the presenter uses an approach that reads the entire play aloud, using class participants to read various roles in a scene (and, no, you don’t have to read if you prefer not to). Along the way we will discuss themes, language, character, and staging. A reader’s guide will be provided. Required reading for the course is any copy of *Much Ado About Nothing*, except for a translated version.

**Presenter:** Chuck Annal has a B.A., M.A., and Ph.D. in English. Now retired, he taught Shakespeare and other literature and writing classes at NHTI – Concord's Community College for over 25 years. Annal has taught eight plays for OLLI over the last six years.

**Member Tuition:** $30.00 | 3 W: 5/15/24 – 5/29/24 | 1:00-3:45PM | Class Limit: 28

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

**The New Yorker**

Join us in a well-established OLLI tradition, lively discussions of this chronicle of our times. Started in 1925, as a humor magazine, *The New Yorker* soon became a preeminent forum for serious fiction and journalism. With a circulation of over one million and content by the most respected writers of fact and fiction, it is one of the most widely read and influential American magazines. The presenters will choose the first readings; after that, the class decides. To participate, students will need access to the magazine. Subscriptions can be purchased at www.newyorker.com or check with your local library.

**Presenters:** Bob Jones has a passion for films, technology, and *The New Yorker* magazine. John Monnelly is a graduate of the University of New Hampshire and a New Hampshire native. He loves visiting New York City and has been a serious fan of *The New Yorker* for many years.

**Member Tuition:** $55.00 | 8 Th: 3/14/24 – 5/2/24 | 3:30-5:00PM | Class Limit: 16

Online - Virtual via Zoom

**Music**

**Boomwhackers: The New Way to Make Music**

Boomwhackers are all the rage! Just what are they? Colorful, plastic tubes of different lengths that create different pitches when hit (whacked). Music is in color for beginners, so it is easy to read and play. Each person gets one or two tubes to play, and the group works as an ensemble. There are fun play-along videos as well. Anyone from 5 to 95 can play this fun instrument. Harvard University even has a student group called THUD. Check them out on YouTube. We will have a boomwhacker stand so you will not need to hit the tubes on your body. No pressure, no pain, just pure fun!!

**Presenter:** Polly Towner has taught elementary through high school music in public schools for 17 years. She has taught voice and beginning piano to students from 7 to 84 years of age. Towner is currently the Director of Education for the Manchester Community Music School.

**Member Tuition:** $35.00 | 4 W: 3/6/24 – 3/27/24 | 10:00-11:00AM | Class Limit: 15

Manchester Community Music School, 2291 Elm Street, Manchester, NH 03104
**Jazz Stories: The Roots & Rhythms of Our American Music**

This course explores the origins and evolution of the quintessentially American form of music we call jazz. It includes both stories and songs that bring the genre to life. Professional musicians provide the commentary and then play pieces that illustrate how it evolved. Jazz is very much a reflection of its time. It tells the stories of how musicians expressed a range of cultural and sensory experiences in their own lives. It moved through churches and fields and on to the cities which became gathering places for the music, melding America’s various cultures and eras. Jazz burst out of its initial roots and became a global phenomenon, while still being acknowledged as an American treasure. Many famous musicians acknowledge the powerful impact it had on their own songwriting and performances.

**Presenters:** Leslie Webb is a lifelong student of music. She is a classically trained flutist who also has a love of folk, rock, swing, bluegrass (cajun and zydeco), world music, and jazz. Growing up in the rich, fertile fields and meadows of the Berkshire Mountains, nature has a large influence on her musical sense. As an occupational therapist, she taps into music as a healing modality in her work. Webb is also a poet, with a love of lyrics and you’ll hear her singing into her flute at times. She teaches yoga at the Vermont Jazz Camp in the summer as she collaborates with multi-generational players in a magical and beautiful setting.

Johanna Landis has been making music all her life. She began college as a dancer at Middlebury College and then transitioned to Berklee College of Music to study jazz performance. This was followed by classical voice training with The Boston Conservatory. Her versatility and training allow her to perform across many genres of music from folk, folk rock, gospel, blues, and jazz to high classical and operatic music. Landis has been blessed to be able to sing with some heavy hitters in the industry such as Chaka Khan, River Phoenix, Joaquin Phoenix, and Maureen McGovern, among others.

**Member Tuition:** $20.00 | 1 Th: 4/25/24 – 4/25/24 | 1:00-2:30PM | Class Limit: 36

UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH 03801

**American Commonwealth, Part I: Viscount Bryce’s 1888 Look at the U.S.**

James Bryce, 1st Viscount Bryce, served as Britain’s ambassador to the United States from 1908 to 1913. Twenty years before he held that position, he published a seventeen-hundred page examination of America, looking at our history, our political make-up, and our culture. He is effused in both praise and criticism. A short taste of his writing: “Europeans often ask, and Americans do not always explain, how it happens that this great office, the greatest in the world, unless we except the papacy, to which anyone can rise by his own merits, is not more frequently filled by great and striking men.”

**Presenter:** Josh Shaine has taught at a variety of educational institutions, working with students from second grade through graduate school. He began teaching for OLLI at UNH in 2008.

**Member Tuition:** $45.00 | 6 Th: 2/22/24 – 3/28/24 | 1:30-3:00PM | Class Limit: 12

Online - Virtual via Zoom

**Bretton Woods: The Conference That Changed the World**

This interactive presentation tells the story of the 1944 International Monetary Conference and the origin of the problem that was solved at Bretton Woods. It begins with the reparations imposed by the Versailles Treaty ending WWI and takes us through the “Nixon shock.” Forty-four nations gathered for 21 days at the hotel. Their masterpiece is with us today.

**Presenter:** Carl Lindblade has been a presenter since OLLI first came to the Mount Washington Valley over 10 years ago. He has had a long career as an innkeeper at the Red Jacket and college professor for the Paul College at UNH. Lindblade has an avid interest in NH history and is considered a lively, knowledgeable, and yes, humorous presenter.

**Member Tuition:** $25.00 | 2 W: 4/10/24 – 4/17/24 | 10:30AM-12:00PM | Class Limit: 24

Pope Memorial Library, 2719 Main Street, North Conway, NH 03860
Covered Bridges in the Conway Area: Past & Present

New Hampshire was once home to over 300 covered bridges. Built before the idea of an automobile was even conceived, many of these covered bridges could not handle the increased traffic and were replaced with modern steel or concrete structures. Many were neglected and eventually lost to the rot and decay of time, and more were destroyed by vandals’ hands. However, by the mid-twentieth century, a movement began toward not only preserving these historic structures but employing nineteenth-century craftsmanship to do so. Today, there are over sixty authentic covered bridges in New Hampshire, forty-six of which are over a century old. These bridges exist today solely because of the efforts of a small but powerful community that both recognized their significance and honored their tradition. These covered bridges are an integral part of the fabric of New Hampshire’s history, but each bridge has its own story to tell. This course will share the rich histories of the existing covered bridges in the greater Conway Area (Saco River, Swift River, Stoney Morrell, Bartlett, Jackson, and Albany Bridges) as well as information about the many covered bridges that have been lost to time.

Presenter: Kim Varney Chandler is the award-winning author of Covered Bridges of New Hampshire, published by Peter E. Randall Publisher in November 2022. A graduate of the University of New Hampshire, she has worked as a high school counselor for almost three decades. She is a researcher, amateur genealogist, bird-watcher, and dog lover who lives in Hancock with her husband, Marshall, and Pemi the Hiking Therapy Dog.

Member Tuition: $20.00 | 1 F: 2/23/24 – 2/23/24 | 1:30-2:30PM | Class Limit: 30
Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818

Covered Bridges of New Hampshire: Past & Present

A century ago, the covered bridge was a ubiquitous part of New Hampshire’s landscape. Fire, flood, and progress have destroyed 90% of them so that only slightly over 50 remain. Take a virtual tour of some of the state’s past and present covered bridges while learning about their designs, the craftsmen who built them, how the bridges met their demise, and the efforts to preserve those which remain.

Presenter: Bill Caswell has been interested in covered bridges for over 30 years. In 2003, he co-founded Covered Spans of Yesteryear, a project which has documented over 13,000 existing and former covered bridges in the U.S. and Canada. His research is available to others at www.lostbridges.org. In 2013, Caswell became president of the National Society for the Preservation of Covered Bridges, a non-profit organization dedicated to preserving American Historic Covered Bridges.

Member Tuition: $20.00 | 1 M: 4/15/24 – 4/15/24 | 10:00-11:30AM | Class Limit: 40
Online - Virtual via Zoom

Did You Know?
OLLI at UNH has nearly 20 Special Interest Groups (SIGs) statewide? These groups are a member benefit and free to attend. And the best part? You can attend a SIG anywhere in the state if it is of interest to you!
Deep Presence: 13,000 Years of Native American History

This book discussion group will focus on *A Deep Presence, 13,000 Years of Native American History*. Over three meetings, participants will discuss Native American history in New Hampshire and the nature of “tribal” identity in Ndakinna, the traditional homeland of the Western Abenaki people. The first session will address the question of tribal identity, problems of site protection and preservation, and the archaeological evidence for Abenaki history, including stone and ceramic artifacts, preserved food remains, and the locations of sites that reflect regular, seasonal movements of people across the larger landscape of northern New England for more than 400 generations. We will then focus on three sites: the Swanzey Fish Dam site, a stone dam in the Ashuelot River built 4,000 years ago to trap migratory fish; the Raft Bridge site, a pristine site in Peterborough overlooking a wetland where families came for millennia to catch turtles and trap beaver, and the Wantastiquet Mountain site in Hinsdale, where Native people hunted rattlesnakes for more than 4,000 years. The final session will focus on the 12,600-year-old Tenant Swamp site in Keene, where small groups of Paleoindian caribou hunters living in hide-covered tents endured frigid winters, and on the recent history of the Abenaki and their relationship with archaeologists. Required reading for this course is *A Deep Presence: 13,000 Years of Native American History* by Robert G. Goodby (ISBN 978-1942155409).

**Presenter:** Robert Goodby is a professor of Anthropology at Franklin Pierce University in Rindge. He holds a Ph.D. in anthropology from Brown University and has spent the last thirty years studying Native American archaeological sites in New England. Goodby is a past president of the New Hampshire Archeological Society, a former Trustee of the Mount Kearsarge Indian Museum in Warner, and served on the New Hampshire Commission on Native American Affairs. His book *A Deep Presence: 13,000 Years of Native American History,* published in 2021 by Peter E. Randall Publisher, received a 2021-2023 People’s Choice Award from the New Hampshire Writer’s Project.

**Member Tuition:** $30.00 | 3 T: 2/20/24 – 3/5/24 | 6:30-8:00PM | Class Limit: 15

Online - Virtual via Zoom

Forgotten Plane Wrecks of New Hampshire

Many plane crash sites in New Hampshire have been forgotten, but if you search you will find the unique stories of each of these crashes. This course will include a discussion on early navigation challenges and will then delve into the history of several crashes and the presenter’s exploration of the crash sites. Crashes included in this talk are the B-18 bomber in 1942, Northeast Airlines flight 792 in 1954, Northeast Airlines flight 946 in 1968, the Christmas Eve 1996 crash of a Learjet business jet, “The Missing Doctors Crash,” and more.

**Presenter:** Nick Wallner retired after managing the Concord branch of AAA for 46 years. Looking for new challenges, he found one in researching and looking for lost airplane wrecks in New Hampshire. An avid hiker, he has completed the state’s 48 four thousand footers. Wallner is a Granite State Ambassador volunteering at the New Hampshire State House, is a member of the Kiwanis Club of Concord and has been a soccer referee for nearly 40 years, and currently chairs the NH Soccer Association Disciplinary Committee.

**Member Tuition:** $20.00 | 1 F: 5/10/24 – 5/10/24 | 10:00AM-12:00PM | Class Limit: 28

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301
**History & Evolution of New Hampshire Architecture**

In addition to learning about New Hampshire’s rich architectural history, participants will learn how to “read” a building by identifying key building features and decorative details, through an overview of the different architectural styles commonly seen around the state. We will discuss resources for further study of architecture and programs administered by the New Hampshire Division of Historical Resources that honor the State’s most important historic places.

**Presenters:** Nadine Miller is the Deputy State Historic Preservation Officer for the NH Division of Historical Resources. She oversees federally funded and permitted project review for historic resources. She enjoys working with stakeholders to identify preservation tools that protect significant resources and providing opportunities for the public to appreciate historic properties through presentations and workshops. Miller has 32 years of experience in the field including 17 with the State of NH.

Megan Rupnik is the National Register & State Survey Coordinator at the NH Division of Historical Resources. She has previously worked as a Survey and National Register Manager at the Ohio State Historic Preservation Office and as an Architectural Historian with the Louis Berger Group. Rupnik received her B.A. from Goucher College and her M.A. in Historic Preservation Planning from Cornell University and has over 24 years of experience in the preservation field.

**Member Tuition:** $20.00 | 1 W: 5/15/24 – 5/15/24 | 1:00-2:30PM | Class Limit: 22

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

---

**Inner Circle: Totalitarianism & Its Appeal**

The film *The Inner Circle* is a true story about Stalinist Russia. Ivan Sanshin serves as the dictator’s personal film projectionist. The story depicts Sanshin’s journey from being a naive and innocent man to becoming a part of Stalin’s inner circle, where he is exposed to the brutal realities of Stalin’s regime. His willingness to do the evil strong man’s bidding is emblematic of how all of Russia bowed to Stalin. The film also questions why people are willing to accept or even welcome a government that is for all intents and purposes damaging to the populace and questionably damaging to the country. *The Inner Circle* strives to answer the question “How could this have happened?” The essence of its totalitarianism is more everyday and subtle than being shot or sent off to the gulag. You could cooperate with the system, or you could oppose it, but the one thing you could never do, whether you were enjoying a secure and pleasant life or sitting in a prison, was not be in relation to it. The questions that remains include, are the reflexes that led Ivan Sanshin to love Stalin “above all others” still deeply ingrained in the Russian psyche? Is it just as deeply rooted in all people?

**Presenter:** Merle Luber Friedenberg, Ph.D., has been a college professor for many years. Recently, she has taught for lifelong-learning programs at Brandeis University and Rivier University, as well as OLLI. Her classes always reflect her in-depth historical reading and research as well as her ability to present serious topics as both education and entertainment.

**Member Tuition:** $40.00 | 5 Th: 4/11/24 – 5/9/24 | 10:00AM-12:00PM | Class Limit: 12

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
**Jennie Powers: The Woman Who Dares**

Jennie Powers took a stand against social vices in New Hampshire and Vermont in the early twentieth century. She was a humane society agent in Keene from 1903-1936 and one of the first humane society agents to become a deputy sheriff in New Hampshire. Jennie was known across the country as “The Woman Who Dares” cited by the Boston Post newspaper in 1906 as having arrested more men than any other woman in America. As a photographic activist, she used her camera to document animal cruelty, family violence, and widespread poverty in New Hampshire's Monadnock region and beyond. This one-hour illustrated presentation introduces us to Jennie’s life story, the work of humane societies at the turn of the twentieth century, and the politics of the Progressive Era (1890s-1920s) from a local perspective.

**Presenter:** Jennifer Carroll has been a museum manager for over 25 years. She holds her M.A. in Historical Administration from Eastern Illinois University and B.A. in History and Women's Studies from UNH. Carroll worked as a director and curator prior to her role as the director of education at the Historical Society of Cheshire County, Keene. She is the recipient of Keene State’s Outstanding Woman of NH award in 2023, Community Partner award in 2019, and the Keene Sentinel’s Extraordinary Woman of the Monadnock region award in 2017.

**Member Tuition:** $20.00 | 1 M: 3/18/24 – 3/18/24 | 1:00-2:00PM | Class Limit: 30
Online - Virtual via Zoom

**Lewis Hayden: Fugitive Slave, Underground Railroad Leader, State Legislator**

Lewis Hayden has simply not received the fame he deserves. He was born into slavery in Kentucky, but managed, with the help of the Underground Railroad, to make a dangerous escape with his family in 1844. He made his way to Canada, but then proceeded to Boston, where he blossomed into a true hero in the years before, during and after the Civil War. He ran Boston’s busiest station on the Underground Railroad, ingeniously helping scores of fugitives seeking freedom. Some of those he assisted are among the most famous fugitives in Underground Railroad lore. He also led several daring attempts to rescue fugitive slaves who had been captured in Boston. After the Civil War broke out, he was instrumental in recruiting African American soldiers for the legendary 54th Massachusetts Regiment, immortalized in the film *Glory*. After the war, he capped off his remarkable career by being elected to the Massachusetts state legislature. His story and the stories of those he assisted are both fascinating and truly inspiring.

**Presenter:** Eleanor Strang has been presenting popular courses for OLLI since 2013. She received her M.A. from the University of Michigan and her MLS from Simmons College. Strang was the director of the Kelley Library in Salem, NH for 15 years, and since retirement has pursued her interest in American and Canadian history.

**Section 1 Member Tuition:** $20.00 | 1 M: 5/6/24 – 5/6/24 | 1:00-3:00PM | Class Limit: 28
NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

**Section 2 Member Tuition:** $20.00 | 1 Th: 5/23/24 – 5/23/24 | 1:00-3:00PM | Class Limit: 36
UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH 03801
**Lincoln & Finch, Attorneys-at-Law**

One real historical legend. One imagined literary giant. Both lawyers. This interdisciplinary course contemplates the law careers and enduring influence of President Abraham Lincoln and Atticus Finch from Harper Lee's *To Kill a Mockingbird*. Illinois, 1830’s. Abraham Lincoln was a lawyer involved in thousands of cases long before he arrived at the White House, yet who he was as an attorney remains in the shadows of a pivotal presidency. There is no doubt his legal mind shaped the president that history adores.

Maycomb, Alabama, 1939. One case defines attorney Atticus Finch; when he defends Tom Robinson, a black man, wrongly accused of raping a white woman. Finch is renowned for his courage and just perspective not only in the courtroom, but also on the street and in his home. What might we uncover if we place Lincoln and Finch side by side in their own “law office” of examination? Why do they command timeless American reverence? We will first learn about Lincoln’s history, then read and discuss Lee's novel, and finally connect both to answer these questions. Registrants should have read *To Kill a Mockingbird* by Harper Lee (any edition/copy) by the second class.

**Presenter:** Sarah K. Traphagen received her Ph.D. in English from the University of Florida. Her areas of expertise are American literature and history as well as Civil War medicine. She holds publications in *The Journal of Military Experience* and *The Journal of Working-Class Studies*. She has taught at the University of Florida and in college preparatory schools.

**Member Tuition:** $35.00 | 4 T: 4/23/24 – 5/14/24 | 6:00-7:30PM | Class Limit: 28

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

---

**Loyalists: The Other Side of the American Revolution**

We often think of the American Revolution as a war between Americans and the British, but a significant number of Americans remained loyal to Britain, even fighting on their side. Some families were torn apart by the war when members chose opposite sides. Discover what motivated the Loyalists, and what happened to them during the war, particularly in New Hampshire. We will focus on some specific New Hampshire Loyalists, such as John Wentworth, Robert Rogers, and Benjamin Thomson, in order to bring a local perspective. We’ll also examine what they did after the war, where they went, and the great impact they had outside the U.S.

**Presenter:** Eleanor Strang has been presenting popular courses for OLLI since 2013. She received her M.A. from the University of Michigan and her MLS from Simmons College. Strang was the director of the Kelley Library in Salem, NH for 15 years, and since retirement has pursued her interest in American and Canadian history.

**Member Tuition:** $20.00 | 1 M: 4/29/24 – 4/29/24 | 1:00-3:00PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

---

**Making China Less Inscrutable**

It is often said that China is the world’s oldest continuous civilization. While the Egyptians, Syrians, and Iraqis may have something to say about that, in today’s China there is no dispute. China’s view of itself has remained remarkably consistent over at least three millennia. Perhaps it is best summed up in a letter from one of China’s greatest emperors to England’s King George III, rejecting the request of the King’s emissary to establish a diplomatic presence in Beijing: “Our dynasty’s domestic virtue has penetrated every country under Heaven, and kings of all nations have offered their costly tribute...we possess all things...and have no use for your country’s manufactures.” Since the Qing emperor’s letter was written, China has experienced a spectacular collapse, and a phoenix-like rise. We will examine China's tumultuous past, how it informs today's China, and discuss what this portends for the remainder of the 21st-century.

**Presenter:** Elliott Berry graduated from the University of Michigan in 1971 with a B.A. in Far Eastern Studies. From 2006-2009 he taught at the Law School of the Central University of Finance and Economics in Beijing. He first visited China in 1970 and Mainland China in 1977. Since 2004 he has visited China 10 times, and has traveled extensively throughout the country. He has a “degree of fluency” in Mandarin Chinese. Berry was a lawyer at NH Legal Assistance for 47 years before retiring in December 2022.

**Member Tuition:** $45.00 | 6 T: 4/16/24 – 5/21/24 | 1:00-3:00PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Manchester's Grenier Field: From World War II to the U.S. Space Force

This three-part course will explore the exciting and multifaceted history of Grenier Field, an important military airbase in Manchester, that served the country for 26 years – from 1940 to 1966. In 1940, the U.S. Army Air Corps transformed Manchester’s small municipal airport into a military facility nearly overnight. The airbase was named Grenier Field, in honor of Lieutenant Jean Grenier, a local U.S. Army pilot who had lost his life in a plane crash in 1934. During World War II, Grenier Field was a busy refueling and maintenance stopover for Air Corps squadrons bound for Europe. After the war the airfield continued to operate, carrying out different assignments. In 1947 it became Grenier Air Force Base. In addition to accommodating U.S. Air Force squadrons, Grenier Field was the first home of the New Hampshire Air National Guard. The Grenier Field story will include an entertaining look at the local civilian-operated United Service Organizations (USO) clubs during World War II, which provided recreational activities for thousands of airmen. The sessions will also shed light on the realities of racial segregation on the airbase before the desegregation of the military in 1948. Grenier Field was closed as a military base in 1966, and the airfield evolved into what is now the Manchester-Boston Regional Airport. Grenier Field’s legacy continues today through the New Boston Space Force Station, which operates on the site of Grenier Field’s World War II bombing range.

Presenter: Aurore Eaton’s popular newspaper column, “Looking Back,” has appeared weekly in the New Hampshire Union Leader since 2011. The column connects the intimate stories of New Hampshire’s people to the wider scope of American history. She is the former Executive Director of the Manchester Historic Association and the author of The Amoskeag Manufacturing Company – A History of Enterprise on the Merrimack River. Her next book will tell the story of Grenier Field, Manchester’s former military air base.

Member Tuition: $30.00 | 3 T: 4/30/24 – 5/14/24 | 10:00-11:30AM | Class Limit: 40
Online - Virtual via Zoom

Mary Folsom Blair: A Remarkable Life

As the 20th-century dawned, women were experiencing new roles, challenges, and opportunities. The words and life of Mary Folsom Blair, who was born in 1881 and spent most of her life teaching in New Hampshire, reflect that era as well as “the pain and sorrow this world holds for a woman,” as she wrote in her journal. Long-time journalist Phil Primack spent more than four decades tracking down this woman who was just a name on a deed when he purchased her ancestral land in Epping in 1974, a year after her death. Teaching gave young women such as Mary a rare path to economic independence, even if authorities challenged her classroom ways, which for Mary meant getting her students out into nature. The brief surge of the “wheel,” or bicycle, liberated women from dependence upon others for transport (and at least slightly from cumbersome clothing). The fast spread of newspapers helped inform women of world events and a good rail network enabled them to join in theater and other social opportunities. This course will recount – often in Mary’s own words – her times and remarkable life, from her deep Quaker roots and her relationships to her love of history and the “little side trips into Bohemia” that so thrilled her during summers at “Arcady,” her sacred bungalow on Pawtuckaway Lake.

Presenter: Phil Primack has written for newspapers from New England to Appalachia, including the New York Times, Boston Globe, Columbia Journalism Review, and The Nation. He has taught journalism at several colleges and worked as a policy adviser and consultant to government agencies and non-profit organizations. He is the author of New England Country Fair and Put It Down on Paper: The Words and Life of Mary Folsom Blair - A Fifty-Year Search (Loom Press 2022).

Member Tuition: $20.00 | 1 F: 4/19/24 – 4/19/24 | 10:00-11:30AM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Capitol Center for the Arts
BNH STAGE
CHUBB THEATRE

LIVE ENTERTAINMENT AND SOCIAL OPPORTUNITIES!

BECOME A MEMBER
EARLY TICKET ACCESS, TICKET EXCHANGE & INSURANCE, CONCESSION COUPONS, AND SO MUCH MORE!

JOIN US! FIND MORE INFORMATION BELOW:

(603) 225-1111  membership@ccanh.com

BECOME AN USHER
"SIGN UP AND SHOW UP! THAT'S IT." MEET NEW FRIENDS, SEE SHOWS FOR FREE!

CCANH.COM/MEMBERSHIP CCANH.COM/VOLUNTEER

44 S Main St Concord NH 03301
Putting Human Faces on the Textile Industry: Workers of the Amoskeag Mills

Daily life for the Amoskeag Manufacturing Company’s textile worker was not easy. This course sheds light on how people from a variety of European countries as well as from French Canada made the transition from an agrarian to an industrial society and how that change affected families, cultures, the nature of work, and relationships among workers themselves.

Presenter: Robert B. Perreault has worked as a research assistant/oral history interviewer, librarian/archivist, freelance writer, historical tour guide, public speaker, photographer, and French teacher to promote Manchester’s history and New England’s Franco-American culture since 1973. His works, written in French and English, include seven books and over 160 articles, essays, and short stories published in three countries. He holds an M.A. in French with specialization in New England Franco-American studies from Rhode Island College and an MFA in Creative Writing/Fiction from Southern New Hampshire University (SNHU). In 2012, Manchester’s Franco-American Centre named him “Franco-American of the Year.”

Member Tuition: $20.00 | 1 Th: 5/16/24 – 5/16/24 | 10:00AM-12:00PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Rise of the Nazis: Lessons for Democratic Citizenship

We will explore the relevance of antisemitism; how the Nazis were able to come to power and how they secured that power by destroying democratic institutions within the first five months; the power of the Southern Democratic bloc and the KKK in shaping U.S. policy; issues of Jim Crow, refugees, U.S. immigration policy, the connection between eugenics in the U.S. and Nazi race policy, and Nazi sympathizers in the U.S. how can this history enhance our resiliency in confronting the challenges facing democracy today?

Presenter: Thomas M. White, Coordinator of Educational Outreach for the Cohen Center for Holocaust Studies at Keene State College, serves on the Board of Directors of the Association of Holocaust Organizations (AHO) and as training center coordinator for ADL/USC Shoah Foundation/Yad Vashem’s Echoes & Reflections curriculum. In addition, White has participated in and facilitated the Global Raphael Lemkin Seminar for Genocide Prevention at the Auschwitz Institute for Peace and Reconciliation (AIPR) and Yad Vashem & U.S. Holocaust Memorial Museum International Conferences. He received NEA-NH’s Champion of Human & Civil Rights Award in 2009 and was named Peace Ambassador by the Center for Peacebuilding from Bosnia and Herzegovina in 2015.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member Tuition: $45.00 | 6 W: 2/21/2024 – 3/27/2024 | 10:00AM-12:00PM | Class Limit 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Section 2 Member Tuition: $45.00 | 6 W: 2/21/2024 – 3/27/2024 | 10:00AM-12:00PM | Class Limit 30

Online – Virtual via Zoom

“I have been a member of OLLI since 2019. Since that time, I have taken many excellent classes of all types - history, science, literature, films, biology, travel, even mahjong and bridge, and have been on many exciting field trips as well. Acting as Class Assistant for a few classes each semester has been a great experience, as has participating in various advisory committees. OLLI at UNH seems to consistently attract wonderful volunteers, students, and passionate instructors; it’s so easy to be an enthusiastic advocate!”

- Cindy Reid | Class of 2019 | Greater Manchester
Russia: From Czars to Commissars & Back, Part II

The grand sweep of Russian history is replete with fascinating rogues, from Ivan the Terrible to Stalin and Putin. Czars and Commissars alike were confronted by challenging problems of climate and geography, the struggle to modernize while maintaining control, and threats from without and within. A continuation of the fall course, we will examine leaders from Stalin to Putin, their domestic and foreign policies, WWII, the Cold War, Afghanistan (“Russia’s Vietnam”), and the current war in Ukraine. We will study the Soviet system, the collapse of the USSR, and the ensuing short-lived effort to establish a democracy, and conclude with a brief look at present-day Russia and Vladimir Putin’s efforts to reassert Russian power in the world. The course format is lecture with time built in for questions and short discussions. Participants are strongly encouraged to have participated in part I to follow and enjoy the depth of the course content and discussion.

Presenter: Carol Zink is a retired high school history teacher who taught Modern World and AP European History. She teaches courses for OLLI at UNH, OLLI at UHM, and LINEC, including Russian History, the French Revolution, Chinese History, Indian History, the Scientific Revolution and the Enlightenment, the Renaissance and the Reformation, the Cold War, and the Palestine-Israel Conflict. She has a B.A. in History from Northwestern University and an MBA. She is also a retired Navy Captain and Nana.

Member Tuition: $40.00 | 5 T: 2/20/24 – 3/19/24 | 1:00-2:30PM | Class Limit: 30

Online - Virtual via Zoom

Samuel Osgood House: Traveling Trunk Show

The Traveling Trunk show is an educational and entertaining program featuring some of our favorite antiques from The Fryeburg Historical Society’s museum. Tour the Museum and staff will present three trunks of much-loved items which will remind you of a visit to grandma's house. Other items are sure to baffle. Participants are invited to bring a favorite antique to share.

Presenter: The author of the historical fiction novels, The Fryeburg Chronicles, June O'Donal, says history is fascinating, textbooks are boring! She developed her love for and knowledge of history while homeschooling her children. During the past twelve years as an author, she has learned how plants, industry, immigration, food, culture, wealth, immigration, and more are intricately intertwined in our local and regional history. O’Donal and her husband Wayne have two adult children and live in Denmark, Maine.

Member Tuition: $20.00 | 1 Th: 5/16/24 – 5/16/24 | 1:00-3:30PM | Class Limit: 10

Samuel Osgood House, 93 Portland Street, Fryeburg, ME 04037

Spies, Lies, & Sunken Subs

A series of events from 1968 through 1975, and ongoing disclosures, books, Freedom of Information Act revelations create an interesting opportunity to consider critical thinking and reading between the lines. What we do know is that for many years the facts related to the 1968 loss of the Soviet K129 sub, the effort to raise all or part of it, and the relationship, if any, to the 1968 loss of the USS Scorpion involve misinformation, cover stories, and lies from many if not all of the persons with information about these. Evaluating the information available over the years as disclosures emerged, gives us an interesting opportunity to ask key questions such as “what did happen?,” “why,” and perhaps most useful “how would we know the real story?” The presenter shares his research on the Glomar Explorer and Soviet K129 sub which began when he found his father had been involved in the project. Throughout his continued reading, research, and courses he has presented, inconsistencies continue to surface.

Presenter: Jim Isaak is a retired, recovering techie with a diverse set of interests including artificial intelligence, privacy, social media, lies, spies, and sunken subs. Isaak is also interested in the limits and approaches to critical thinking that span all sorts of topics.

Member Tuition: $35.00 | 4 T: 4/16/24 – 5/7/24 | 1:00-3:00PM | Class Limit: 22

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301
The Trip of a Lifetime: Offa’s Dyke in Wales

This presentation will take participants through the full experience of planning and completing the 188 miles of Offa’s Dyke Trail along the boundary of Wales and England. This magnificent preserved public trail meanders through historic castles and forts, along ancient stone walls, pastures, 800 year-old oaks and the canal system that supported mining throughout the area. Visit the bed and breakfasts, gardens, and almost taste the sumptuous meals that start and end long days of hiking. Feel the weight of a day pack. The presentation includes maps, photography, and collected items from this culturally rich area.

**Presenters:** After 25 years as an OB-GYN physician, Marianne Jackson returned to the University of North Carolina to earn her Master’s degree in public health which allowed her to work in patient safety for three years. After returning to Mount Washington Valley in 2015 and serving on the board of the Gibson Center for Senior Services for five years, she became the Center’s executive director. She is the co-convenor of the MWV Age-Friendly Community Initiative which brings awareness of healthy aging to the region’s 12 towns.

Retired from a career as a boilermaker, Joe Fay has been an avid hiker, canoeist, and cycler, traveling several times to Australia including traversing the Bibbulmun Track in Western Australia, the Alps, and mountaineering the volcanoes of Ecuador.

**Member Tuition:** $20.00 | 1 T: 5/28/24 – 5/28/24 | 12:30-2:00PM | Class Limit: 25

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH 03860

True Stories of New Hampshire’s Dead: America Through Time Series

From the Seacoast to the White Mountains to the Great North Woods, New Hampshire burial grounds vary from urban park-like cemeteries to single lonely markers hidden deep in the woods. Tombstones tell fascinating stories of the past and may tell of heroic deeds or great tragedies. Personal histories become forgotten, but some survive in local lore. To create *Buried New Hampshire* for Fonthill Media publishers, authors and photographers Rick Davidson and Bill Thompson spent a year researching legends, following clues, and photographing Granite State cemeteries. They will share their evocative color photographs and intriguing research. Celebrities, murderers, heroes, and various unusual characters, some tragic, some inspiring come alive in their book and in this course. Some are well known; others lie in their final resting place shrouded in mystery.

**Presenters:** Rick Davidson is a photographer, novelist, and retired teacher. Davidson and his wife Jane reside in Freedom, NH. They operated Davidson Photography for many years. He taught at Kingswood, Kennett, Stuttgart University, and for adult education and businesses in Germany. Rick is the author of *Catamount, A North Country Thriller, Murder at Stillwater Lodge, and Catamount Unleashed*. Davidson and Thompson are now taking photos and researching NH cemeteries for their book, *Buried New Hampshire*.

Bill Thompson and his wife, Janet, were the owners of the North Country Angler Fly Shop in North Conway. Thompson was a licensed New Hampshire fishing guide. For nineteen years, he wrote The Valley Angler fishing column for the local paper and wrote a monthly column for the *New Hampshire Outdoor Gazette*. His flies have been featured in several books and are still in use on local rivers.

**Member Tuition:** $20.00 | 1 Th: 2/29/24 – 2/29/24 | 10:00-11:30AM | Class Limit: 20

Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818
What You Never Knew About Manchester’s Diner: The Red Arrow

*If These Walls Could Talk—Celebrating 100 Years of the Red Arrow, America’s Most Beloved Diner* is filled with unknown and surprising stories of the evolution of a working person’s eatery. Most shocking was the story of abuse by a Catholic Brother in Canada and the subsequent emigration to the U.S. by a pre-teen boy, David LaMontagne. Just as unexpected were the roles the Rockefeller family, Eleanor Roosevelt, and actor Paul Newman played in the life of the founder’s son, Raymond. Spoiler alert: Ray, a college baseball star for Yale declines a Major League Baseball offer to do overseas teaching in China, catching the attention of former first lady, Eleanor Roosevelt. The jaw-dropping anecdotes continue for 35,000 more words. Or ask comedian/actor Adam Sandler, a frequent patron of the diner on Manchester’s Lowell Street. This is intended for local history buffs and those who are fans of the Red Arrow Diner.

**Presenter:** Mike Morin is a 53-year radio and TV personality. Following retirement from WZID-FM in 2014, he became a full-time author, columnist, and speaker. In 2015, he received the Will Rogers Humanitarian Award from the National Society of Newspaper Columnists. He writes an essay piece twice monthly for the *Nashua Telegraph* (since 2004) and has written three books, one of which was awarded best work of non-fiction in 2021 by the NH Writer’s Project.

**Member Tuition:** $20.00 | 1 T: 2/20/24 – 2/20/24 | 10:00-11:30AM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

---

Women Empowering Women: A History of Woman’s Clubs in New Hampshire

This course will be held at the Woman’s Club of Concord. This 1886 Queen Anne-style house has been home to the Woman’s Club since it was donated by Nellie Chamberlin in 1919, upon her death from the Spanish flu. This course will discuss the beginning of the Woman’s Club movement during the Progressive Era in the United States. We will discuss the social movement and how it impacted a wide variety of people and institutions from this time until the present. Clubs have been influential in such varied issues as the women’s suffrage movement, civil rights movement, land conservation and historic preservation, and the care and education of children. Information on the architecture of the building will be shared during high tea which will be offered by Woman’s Club members during the class.

**Presenters:** Nadine Miller is the Secretary for the Woman’s Club of Concord. She works in historic preservation for the State of New Hampshire. Miller has worked to preserve the Club’s historic meeting place, Chamberlin House, with the support of her fellow Woman’s Club members, LCHIP, the 1772 Foundation, and other partners.

Linda Graham is a past president of the Woman’s Club of Concord and is currently on the Board. She is well-versed in women’s history and the history of the Woman’s Club. Graham is also an artist and worked for the State of New Hampshire Health and Human Services for many years.

**Member Tuition:** $20.00 | 1 W: 4/17/24 – 4/17/24 | 3:30-5:30PM | Class Limit: 15

Chamberlin House, 44 Pleasant Street, Concord, NH 03301

---

Wright Museum: A Step Back in Time to World War II

Join us for a trip back in time to America of the 1940’s. During this historical journey, you will be introduced to the museum, given a 45-minute presentation on the Road to WWII in the Pacific, and have an opportunity to explore the museum. Topics to be covered during the presentation are a brief history of Japan from feudal times to the early 20th-century, the role of isolationism during its early history, the nation’s desire to protect itself from becoming a European colony, and its tumultuous political relations of the this time period.

**Presenter:** This excursion to the Wright Museum of WWII in Wolfeboro, NH will be led by museum staff and docents.

**Member Tuition:** $20.00 | 1 T: 3/26/24 – 3/26/24 | 12:30-4:00PM | Class Limit: 40

Wright Museum of World War II, 77 Center Street, Wolfeboro, NH 03894
Personal Enrichment

Aging & Health

**A Touch of Energy Healing - Reiki: A Practice for Creating Well-Being**

This course will introduce participants to energy healing, specifically the ancient Japanese tradition of Reiki, meaning “universal life force.” Energy is everywhere; on a typical day we often think of energy as electricity, gas, heat, or anything that powers up our home, cars, and work. In Reiki, we can imagine this energy powering up our mind, body, and spirit. Our bodies also have energy which can become stuck due to illness, injury, and stress. Our mental and emotional bodies can become stuck with overthinking, stress, grief, trauma, and lack of sleep. Reiki helps to remove and reduce these blockages for ultimate healing. Reiki is a gentle healing energy practice to relieve the body, mind and spirit of these blockages bringing healing to the whole self. Reiki is simply channeled by the practitioner through a variety of intentions and symbols learned during a Reiki attunement and shared in a sacred space. In this course, we will discuss the origins of Reiki, the healing benefits, the daily precepts, and how the means of touch can activate the natural healing processes of the patient’s body, restoring physical and emotional well-being. There will be demonstrations of how to access and experience energy and its healing properties as well as opportunities for people to receive reiki (personal choice) and have an opportunity for Q & A. Suggested reading for this course is *Yoga Journal Presents Your Guide to Reiki* (ISBN-13976-1-440509384-0).

**Presenter:** Anjali Rose is an educator, mindfulness instructor, yoga teacher, and Reiki master teacher. She holds an M.Ed., a 500-hour yoga teacher certification, and is certified as a Reiki master teacher. As an educator, Rose brings reiki, yoga, and mindfulness into her teachings as well as supporting people in their life’s journey. She has a private practice offering Reiki Energy Healing and Yoga for overall health and wellness.

**Member Tuition:** $20.00 | 1 Th: 4/4/24 – 4/4/24 | 4:00-6:00PM | Class Limit: 25

Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818

**Carb Smart Eating: How Sugars & Other Caloric Sweeteners Make You Fat, Sick, and Tired**

As a nation, our consumption of fats has gone down, yet rates for obesity and type 2-diabetes continue to sky rocket. Why? It is because sugars and other caloric sweeteners are the real culprits in the diet, not fat. In addition to dramatically increasing body fat, girth size, and the production of bad cholesterol, caloric sweeteners lead to chronic systemic inflammation, the common underlying health risk for every major disease you don’t want. Unfortunately, sugar and foods that quickly convert to sugar are in almost everything that comes in a package or container which is why it’s essential to learn how to identify every kind of sugar and to apply one simple guideline for daily sugar consumption. This course also includes an overview of artificial sweeteners, sugar alcohols and blends, and explains which are the safest, least objectionable choices. Participants will engage in a practical, hands-on “sugar detective” exercise to learn how to make smart, informed, and independent food choice decisions.

**Presenter:** Karen Bentley is an author, educator and the creator of *The Warriors Way of Recovery*, *The Love Experience*, and *The Sugar-Free Miracle Diet System*. Bentley’s passion and purpose is to teach that love is the answer to every problem, but it must be harmless for miracles to happen.

**Member Tuition:** $20.00 | 1 W: 5/29/24 – 5/29/24 | 1:00-3:00PM | Class Limit: 12

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Effective Workouts at Home or On the Go

In this course you will review significant findings in exercise science and learn how to apply them to your workouts. We will discuss the importance of maintaining and improving balance, strength, and mobility as we age and discover and practice exercises you can do without any equipment. We will also experiment with a resistance tube for strength training. This class is suitable for beginners and exercise enthusiasts alike. Participants should be medically cleared for exercise and be able to stand or walk for 30 minutes.

**Presenter:** Frann Ravid is an American Council on Exercise (ACE), certified group fitness instructor, and a NASM certified corrective exercise specialist. Ravid was the catalyst in developing the Adult Fitness Program in Conway, a low-cost, community fitness program that serves men and women of various abilities and ages from 36 to 78. Three years after its launch, the program serves 40 participants per session and generates funds which are used to support additional community programs.

**Member Tuition:** $30.00 | 3 Th: 4/25/24 – 5/9/24 | 10:00-11:00AM | Class Limit: 15

Note: A $12 materials fee will be added to your registration. Total cost $42.

Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818

Exploring Untreated Hearing Loss & Its Link to Greater Dementia Risk

With over-the-counter hearing aids making their debut last year and the wealth of data coming from recently concluded long-term studies, we are finally talking about the importance of hearing to brain health. Just the way that vision connects you to the things around you, hearing connects you with people. In this course we will be exploring the now well-established link between hearing loss and the incidence of dementia. We will also be discussing the latest research from 2023, regarding how properly treating hearing loss, may affect the likelihood of dementia development and alter the prognosis of an individual. In summation, there will be a discussion about the availability of hearing care and how to navigate the hearing aid marketplace to meet the individual's needs.

**Presenter:** Dr. Alyssa Eastman is a board-certified, licensed Doctor of Audiology in the state of New Hampshire. She obtained her Bachelor of Science degree in speech-language pathology and her doctoral degree in audiology at Northeastern University. She has been caring for patients in the Manchester, NH area since 2013, and specializes in hearing aid fitting and aural rehabilitation. Dr. Eastman is a clinically certified member of the American Speech-Language-Hearing Association.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

**Section 1 Member Tuition:** $20.00 | 1 F: 2/23/2024 – 2/23/2024 | 1:00-2:30PM | Class Limit 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

**Section 2 Member Tuition:** $20.00 | 1 F: 2/23/2024 – 2/23/2024 | 1:00-2:30PM  | Class Limit 30

Online – Virtual via Zoom

Folkdancing for Fun

Drawing from the folk-dance heritage of Europe and the Mediterranean region, classes will be tailored to the interests and abilities of participants. Learning new steps, rhythms, and dances requires no special ability, but will build balance and agility while boosting brain function. Folk dances were easily done by all the “folk” - common people without musical or dance training. If you can walk and count, you can folk dance!

**Presenter:** Despite no formal training in either music or dance, Laurie Lockwood has been folk dancing for close to 30 years, and has been teaching and leading a group in Concord for the last 10 years. Making folk dance accessible to new learners is one of her many passions. Lockwood lives in Canterbury, NH.

**Member Tuition:** $35.00 | 4 W: 3/6/24 – 3/27/24 | 10:30AM-12:00PM | Class Limit: 20

City-Wide Community Center, 14 Canterbury Road, Concord, NH 03301
Growing Older & Wiser: Staying Healthy as a Senior Adult

It is time to pivot from disease treatment to a more transformative approach to your health. Take the first steps today to health restoration by adopting new health-promoting lifestyle choices to improve your wellbeing that are life enhancing and even lifesaving! During this course, you will be provided evidence-based, practical ways to look at root causes of chronic disease and change the approach to treating them. Learn how small lifestyle tweaks can have a big impact on your wellbeing as well as prevent, treat, and reverse chronic diseases, improve cognitive function, and decrease fall risk. Eating smarter, moving more, sleeping more soundly, managing stress better, cultivating relationships, and avoiding risky substances can have dramatic effects on your health.

Presenter: Dr. Belinda Castor is a board-certified internist practicing medicine for over 30 years working in various capacities including private practice, corporate owned practice, urgent care, missionary to Romania, and currently, a direct primary care practice. Her diverse experience affords her the ability to advise individuals on how to best seek their health care in an affordable, effective, and relational fashion. Dr. Castor was named one of Castle Connolly’s Top Doctors in New Hampshire for 2020 and 2021.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member Tuition: $20.00 | 1 W: 6/5/2024 – 6/5/2024 | 1:00-3:00PM | Class Limit: 30
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Section 2 Member Tuition: $20.00 | 1 W: 6/5/2024 – 6/5/2024 | 1:00-3:00PM | Class Limit: 30
Online – Virtual via Zoom

Plan Your Own Funeral or Memorial Service: It Can Be Fun!

This interactive course comes with homework! You will come to the first class with ideas for your final farewell - participants, location, music, readings. For the second class, you will have written your obituary. Remember, by preparing ahead of time YOU have the last word!

Presenter: Jane Van Zandt has been an Episcopal priest for over 40 years and has assisted folks in planning funerals and memorial services for themselves, friends, family members, and pets. She finds that preparing a fitting tribute to a loved one helps people grieve. And planning one’s own? The ultimate catharsis!

Member Tuition: $25.00 | 2 W: 4/3/24 – 4/10/24 | 1:30-3:00PM | Class Limit: 20
RiverWoods Manchester, 200 Alliance Way, Manchester, NH 03102

Self-Myofascial Release: Roll Away Tension & Increase Mobility

Self-myofascial release is a gentle manipulation of the fascial and muscle tissue that you perform on yourself. Participants will be introduced to the information superhighway of connective tissue, your fascia, and why it is essential for healthy living. Using tools such as tennis balls, yoga blocks, and rolled blankets, she will share how self-myofascial release techniques can help hydrate your tissues to ease the pain of stiff muscles, facilitate a greater range of motion, and experience greater ease throughout the body. To participate, please bring a yoga or exercise mat and a blanket or towel.

Presenter: Lisa Buerk is a self-myofascial release instructor, RAD mobility and recovery specialist, and registered yoga teacher and has been studying the human body and how we move for over 30 years. Burek holds a 200-hour yoga certification and has completed over 100 hours of myofascial release training.

Member Tuition: $20.00 | 1 M: 4/22/24 – 4/22/24 | 10:00-11:30AM | Class Limit: 12
Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818
Senior Safety
Come learn some tips on how to make yourself and your home safer, including how not to become a victim of scams, ID theft, and fraud. This course will be a lecture with a Q & A period.

Presenter: Steven Duquette has been a police officer with Manchester since 2007. Before that he worked with the Concord Police Department for three years. He has an associates degree in computer science, served 4 years in the Marine Corps, and has been assigned to Senior Services since 2017 as the Senior Service Officer, and Weed and Seed Officer.

Member Tuition: $20.00 | 1 T: 4/9/24 – 4/9/24 | 9:00-10:00AM | Class Limit: 30
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Starting Again After 50: Navigating Our Way Following a Major Life Change
A major loss like death or divorce is difficult at any time of life. Loss after the age of 50 presents many challenges when starting over again in life. Aging has many stereotypes and unfortunate beliefs that will be addressed. During our first sessions, we will discuss the “mindful body” in terms of health and expectations. Then we will focus on the emotional challenges of re-engaging with others and making new friends (from social media to “meet-up”). In the third week we will discuss practical applications of both weeks – do’s and don’t’s – and, in conclusion, we will introduce the spiritual elements of the integrated person in life transitions. Each session of this course will include both a presentation of information and a group discussion opportunity.

Presenter: Paul Finn is a tenured full professor of psychology at Saint Anselm College and a licensed psychologist. He has over 40 years of teaching and practice focused on behavioral health, trauma, sports, and neuropsychology. In addition, he is a Level I and II USATF track and field coach with 15 years of coaching at NCAA level.

Member Tuition: $35.00 | 4 T: 3/5/24 – 3/26/24 | 8:00-9:30AM | Class Limit: 12
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

What is the Nature of Those Earthlings?
Philosophers and theologians have debated throughout human history two schools of thought: human beings are basically good, or they are basically evil. The struggle is expressed in the age-old lament, “I have the desire to do what is good...but the evil I do not want to do, this I keep on doing.” This course will enter the debate from the perspective of contemporary society. What makes people cruel and uncaring of others and what can prevent them from doing so? Or, what corrupts the basic goodness of human beings, and what will defeat the evil? The course will also consider the trajectory toward humanity’s self-destruction such as dependency upon military might, hegemony, and economic inequity. The goal is to seek understanding, assuming that human nature possesses the potential of intentional control over activity, rational thought, and the ability to evaluate actions and ideas. We will explore contemporary human nature as it exacerbates the tendency toward the stark divisions in politics, society, and democratic governance followed by group discussion and questions that seek understanding.

Presenter: Rev. John Buttrick, retired, was UCC staff support for Illinois Maya Ministries to the Diocese of San Cristobal in Chiapas, Mexico. He has served with Kairos Palestine in Media Coordination and Communication and with the Ecumenical Accompaniment Program in Palestine and Israel. Mennonite Peace Center Mediation certified, Buttrick holds an M.Div. (Pacific School of Religion), a B.A. from Yankton College, and was an Army Neuropsychiatric Specialist researcher at Walter Reed Medical Center.

Member Tuition: $20.00 | 1 M: 3/4/24 – 3/4/24 | 10:00-11:30AM | Class Limit: 28
NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301
Cooking

**Kitchen Chemistry: The “Wow Factor” or Creating Your Own “Martha Moments”**

This course, the first in what will be a series, begins with covering salads, dressings, and marinades. When our presenter serves dishes that literally make people pull out their phones for pictures or generate some very interesting moans at the dinner table, she calls them “Martha Moments.” It makes her laugh and smile every time. Just conjuring up the image of Martha Stewart giving a regal thumbs-up makes everyone grin. Here’s the simple math behind this class: First, learn one new concept and one important reminder. Next, combine a few ingredients likely already in your kitchen. And finally, maybe add one new item to make the flavors “pop”. (Think Stonewall Kitchen and Trader Joe’s, not exotic or expensive spices.) Then with one success under your belt go forth and innovate. Sound too good to be true? Join the class and laugh together as skepticism fades away. You will get to mix up some of your own concoctions from the ingredients supplied in the class. Class members get printed materials with recipes, lists of creative ideas to mix and match, and photos. This class is simply designed to generate a lot of smiles, jokes, and laughter. You don’t need to create all new menus to jazz things up. This approach shows it can still be boneless chicken breasts or iceberg lettuce on the plate, but a little “Wow Factor” changes the game. FYI: Your presenter is a low sodium cook so no, salt will not be a major player at all.

**Presenter:** Pat Nicolino’s 40+ year career in marketing and new product development within the consumer products industry included famous brands in both foods and personal care products. She developed a specialty in new product development and the (then) new idea of change management and innovation. After retirement, she learned silversmithing and launched her jewelry business, NICO Artisan Jewelry Workshop. She teaches simple, fun approaches to cooking and entertaining with “Wow Factor” appeal.

**Member Tuition:** $20.00 | 1 W: 6/5/24 – 6/5/24 | 10:00AM-12:00PM | Class Limit: 26

UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH 03801

Finance

**Everything You Need to Know About Property & Casualty Insurance**

Did you know the U.S. insurance industry for life, auto, commercial, and home insurance is estimated to be a $1.28 trillion industry? Or that there are nearly 6,000 insurance companies in the United States? Become an informed consumer as we explore various components of personal auto, homeowners, and umbrella insurance coverages and what premium discounts may be available to you. We will also discuss how insurance companies are rated and reviewed.

**Presenter:** Michael Averill has over 50 years of experience in the property and casualty insurance business. He has developed programs for companies to sell, started insurance companies, expanded company licenses, and was a licensed insurance agent. He also served as NH’s Assistant Insurance Commissioner for a term.

**Member Tuition:** $20.00 | 1 M: 2/26/24 – 2/26/24 | 10:00AM-12:00PM | Class Limit: 12

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Nursing Care, Medicaid, & Long-Term Care

Many of us are overwhelmed with the prospect of planning for nursing and long-term care. This course will help you to develop a basic understanding of how to create a sound financial plan which will help to protect your assets from being spent down to qualify for nursing home care. Learn the tools that can be used to help ensure not all of your assets are spent on the cost of care and gain an understanding of the options available to you as you navigate through this process.

Presenter: Jenny Rivard is a licensed attorney in Massachusetts and New Hampshire who provides estate planning services, which include wills, trusts, powers of attorney, and advanced directives. She is also a licensed financial advisor. Rivard’s practice focuses solely on providing individuals with a smooth transition into retirement and the ability to age gracefully as the need for nursing care arises.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member Tuition: $30.00 | 3 W: 5/8/2024 – 5/22/2024 | 1:00-2:30PM | Class Limit 30
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Section 2 Member Tuition: $30.00 | 3 W: 5/8/2024 – 5/22/2024 | 1:00-2:30PM | Class Limit 30
Online – Virtual via Zoom

Want to Spend Less on Hotels & Car Rentals?

Many of us love to travel from home and often need to stay in a hotel and/or rent a car to get around. Both items are expensive. Sometimes the need to travel occurs at the last minute vs. something we planned months in advance and hence we need to accept whatever we can reserve, or do we? The good news is that in this course, we will share some tips, ways, and things to look for or to check on that may save you precious dollars. The benefit is clear – every dollar saved gives you some satisfaction as a smart savvy traveler. It’s all about being surprised and delighted.

Presenter: Bob Ference, having owned a marketing consulting company for the last 22 years, required a lot of business travel in the U.S. and Canada to attend client meetings, seminars and presentations. Post-retirement he and his wife, Darlene, continue doing leisure travel that often necessitates lodging and car rentals. Ference learned a number of tips, ideas and things to do to pay less than those first prices you might see online or hear when you call into a central reservation center. He is highly enthusiastic about sharing his knowledge with others and savings some money.

Member Tuition: $20.00 | 1 T: 5/21/24 – 5/21/24 | 10:30AM-12:30PM | Class Limit: 30
Pope Memorial Library, 2719 Main Street, North Conway, NH 03860

What Seniors Should Know When Selling Their Home

This course helps participants understand what they need to do and how far in advance they need to do it when selling their home: staging, downsizing, buying another home, open houses or not, and many other real estate options and answers. This course is designed for those who need to prepare their homes and themselves for the monumental, and often emotional process of selling the homestead.

Presenter: Gail Athas is a full-time realtor and educator. Athas has been in the real estate industry for over two decades and was recognized in 2014 as the NH Realtor of the Year. Before this career, she was a professor of management and a college administrator.

Member Tuition: $25.00 | 1 M, 1 W: 4/15/24 – 4/17/24 | 10:00AM - 12:00PM | Class Limit: 12
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Games

**Bridge for Your Brain: Introduction to Bidding & Hand Evaluation, Part I**

Participants will be introduced to bridge, the most challenging card game ever devised. The focus will be on how to evaluate one's cards for bidding and how to interpret bids by one’s partner. The course is based on materials sponsored by the American Contract Bridge League. Participants are encouraged to come with an open mind, a willingness to learn the basics, and discard old notions that have been replaced by modern approaches to the game. Overall, the classes are intended to be fun and thought-provoking.

**Presenter:** Rick Weinstein is one of eight accredited American Contract Bridge League teachers in New Hampshire. Weinstein has been playing bridge competitively for more than 30 years, has attained the rank of Ruby Life Master, and has earned more than 1700 master points. In 2019, he was awarded the prestigious Leroy Lake Award by the New Hampshire Bridge Association for his contributions to the game. He also teaches at Riverwoods Continuing Care Community and for Salem High School Adult Education.

**Member Tuition:** $30.00 | 3 Sa: 4/13/24 – 4/27/24 | 10:00AM-12:30PM | Class Limit: 12

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

---

**Learning a New/Old Game: Bocce for Any Age**

It's one of the oldest games in history. First played by the Egyptians and eventually taken by the Italians as their national sport, you will learn all you need to know about playing Bocce correctly. You will learn on a regulation size court against other like-minded individuals. Fun and easy to learn. No equipment needed. Just a smile!

**Presenter:** Tony Simone has had a long career as a school administrator, serving 46 years in school districts in the United States and abroad. He spent two years with the United Nations International School in New York City and served as an overseas administrator in Cairo, Jakarta, and Moscow.

**Member Tuition:** $20.00 | 1 F: 6/7/24 – 6/7/24 | 1:30-3:00PM | Class Limit: 32

McSheffrey’s Up North - The Club at Christmas Mountain, 100 Christmas Mountain Road, Bartlett, NH 03845

---

**Mah-Jongg for Beginners**

Warning - this game is fun, challenging, and addictive! It is a stimulating mental activity that we all need as we get older. Mah-Jongg is an ancient Chinese game of skill and luck. It is played with four players using 152 tiles. Class time will be spent with hands-on instruction and actual game play. The National Mah-Jongg League card is required and provided.

**Presenter:** Many years ago, Florette Tilton started playing Mah-Jongg and plays in both NH and FL, where she has participated in many tournaments. Tilton has started several groups in and around the Concord area.

**Member Tuition:** $45.00 | 6 Th: 3/21/24 – 4/25/24 | 1:00-3:30PM | Class Limit: 12

Note: A $14 fee will be added to your registration for the National Mah Jongg League standard rules card. Total cost $59.

City-Wide Community Center, 14 Canterbury Road, Concord, NH 03301
Personal Development

Did You Know? You’re On a Hero’s Journey!

If you were to think of your life as an epic tale of a hero or heroine who was put on earth to bring forth certain gifts and to learn certain lessons, what would those be? Continuing with this theme, who are the important teachers, including worthy adversaries, that have surfaced throughout your life, and what lessons and opportunities might they have taught you — and you, to them? What about this current chapter of your life, during this particular time in history? Are there new gifts hidden inside of you that are waiting for you to recognize and bring forth? And what lessons might still be waiting to be learned? In this thought-provoking program, we will explore these questions and more. The two major lenses we will use in our exploration will be Joseph Campbell’s Hero’s Journey and Stephen Cope’s The Great Work of Your Life, which explores how one finds and follows their unique path and purpose in life (i.e., their dharma). We will also explore how to use the Hero’s Journey model to bring more fascination and aliveness into everyday life and draw wisdom from simple, everyday experiences. Reading for the course is The Great Work of Your Life: A Guide for the Journey to Your True Calling by Stephen Cope (ISBN 978-05-53807-51-6).

Presenter: David Lee is a career coach and the founder of Soulsatisfyingwork.com. He has used the Hero’s Journey model as a framework for navigating one’s life journey both personally and professionally.

Member Tuition: $20.00 | 1 F: 4/12/24 – 4/12/24 | 9:00AM-12:00PM | Class Limit: 20

Online - Virtual via Zoom
Green Funerals: Separating Fact from Fiction

What’s all this about green burial, human composting, and mushroom suits? Discerning what is true and what is hype these days is a challenge, and none more than in the funeral world. With the media extolling the merits of green burial, alkaline hydrolysis, and human composting, consumers are left to wonder what is possible and how it will play out. We’ll focus on the legal, environmental, and practical aspects of alternative disposition methods and green funeral services to give participants the inside scoop. Anyone looking to become a more informed consumer about alternative funeral practices, or who is simply curious about these products and processes is welcome to this interactive course.

Presenter: Lee Webster is a published author, higher education, and mortuary school educator, and internationally-known public speaker and advocate for funeral reform, including home funerals and green burial. She has served in leadership positions of the National Home Funeral Alliance, Green Burial Council, Conservation Burial Alliance, National End-of-Life Doula Alliance, and NHPCO EOLD Council, and is the Director of New Hampshire and Vermont Funeral Resources & Education and the Funeral.org Partnership.

Member Tuition: $20.00 | 1 M: 3/18/24 – 3/18/24 | 1:00-3:00PM | Class Limit: 50
Online - Virtual via Zoom

How to Support Today’s Couples Who are Juggling Careers, Kids, & Chaos!

These two session course will be interactive and fun while providing evidence-based research to strengthen marriage and family life. Our children and grandchildren are living in a different world than we experienced and have different stresses. Many enrolled in this course will likely have a long history of marriage and life experiences which should make for rich and interesting discussions. The information can be useful for those looking to support their families as they navigate today’s marital and parental demands. Discussion will include learning why balancing work and home life is necessary to avoid burnout. There will be an interactive exercise to examine the different areas of one’s life and determine what may be out of balance. Examining healthy communication skills and using them to improve connection with spouse and family members will be addressed. These presentations use the metaphor of dance because it often relates well to the flexibility and fast footwork needed to keep marriages alive and thriving. Let’s work to support couples trying to stay on the dance floor through the busy years of “Twist and Shout” so they can be there in the end to enjoy “The Waltz.”

Presenter: Susan McKeown is a graduate of St. Anselm College and Northeastern University. She worked as a pediatric nurse practitioner for over forty years. Susan is a certified prevention specialist, educating, and advocating on issues of mental health and substance misuse. She earned her MFA in nonfiction writing from Southern New Hampshire University in 2020 and has published two books. She currently conducts workshops for businesses to help employees deal with stress at home to better focus on the demands at work. McKeown and her husband have been married for 52 years, raised four children, and are blessed with two grandchildren.

Member Tuition: $25.00 | 2 W: 3/27/24 – 4/3/24 | 10:00AM-12:00PM | Class Limit: 12
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

"It's really inspiring to see so many adults take advantage of the OLL at UNH programs. Seeing their interactions in my “Civics Slam! Learning About Government Now That You're Older and Wiser” course gives me hope that we can eventually communicate with respect and reason towards one another. Kudos to a wonderful, inspiring program such as OLLI and a heartfelt thanks to those to tirelessly administer it."

- Dave Alcox | OLLI at UNH Presenter
No One Wants Your Hummels & Other Aging Lessons I’ve Learned

Is your “stuff” getting in the way of your life? Do you worry your kids won’t want your heirlooms? Come to this course and learn not only how to downsize, but some other valuable lessons on how to make this chapter of your life an even more enjoyable one. Podcast host, Cathleen Toomey, will share some of what she has learned in her two years of interviewing aging experts.

**Presenter:** Cathleen Toomey has more than 30 years of experience in marketing and advertising, the last 15 as Vice President of Marketing for the RiverWoods Group, a non-profit family of continuing care retirement communities. An experienced presenter, she has presented to professionals and consumers across the country. In April 2021, she launched a podcast, Seniority Authority, that seeks to answer people's questions on aging. Toomey is a Fairfield University (B.A.) and Fordham University (M.A.) graduate.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1 Member Tuition:** $20.00 | 1 M: 5/6/2024 – 5/6/2024 | 10:30-11:30AM | Class Limit 36
UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH 03801

**Section 2 Member Tuition:** $20.00 | 1 M: 5/6/2024 – 5/6/2024 | 10:30-11:30AM | Class Limit 25
Online – Virtual via Zoom

So, You Want to Take an Alaskan Cruise?

Many people are on the fence about taking a cruise. Is this type of travel really for you? During this course, will see photographs and hear impressions of all aspects of the experience from a ten-day vacation that began in Anchorage, Alaska and ended in Vancouver, British Columbia. What was the ship like, how were the staterooms, what was there to do on the ship, and, oh yes, how was the food? Was this a good way to experience Alaska? What sights were seen? What was the crew like? Were there any surprises? Yes, there were! Come to the session with questions or concerns. Open discussions around what they learned may help you facilitate and make decisions about your next trip.

*Note: No affiliation with any cruising company or travel agency.*

**Presenters:** Rick Davidson is a photographer, novelist, and retired teacher. He and his wife reside in Freedom, NH. They operated Davidson Photography and Video for many years. Davidson has taught at Kingswood, Kennett, Stuttgart University, for adult education and businesses in Germany. He enjoys travel, walking with the family dog Huck, spending time on the Maine Coast, snowshoeing, playing guitar, writing, family time, and flyfishing.

Freedom resident Jane Davidson is a photographer and retired office manager of the mental health centers in Conway and Wolfeboro. She now works part-time at REI. As a young woman, she taught English to businesspeople in Germany. She and her husband operated Davidson Photography and Video for many years. Davidson enjoys travel, photography, walking, reading, snowshoeing, camping on the Maine Coast, and spending time with her family and their dog Huck.

**Member Tuition:** $20.00 | 1 F: 3/15/24 – 3/15/24 | 10:00-11:30AM | Class Limit: 30
Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818

Did You Know?

You can always find current (and past) issues of our OLLI Outlook newsletter on our website – under the Membership tab!
**Tarot Cards for Beginners**

Learn to read tarot cards to gain insight into your own life and to share with others. This is a hands-on experience that will delve into the meaning and interpretation of the major and minor arcana found in traditional and non-traditional or contemporary decks. In this course, students will become familiar with suits, symbolism and metaphor, contextual interpretations, suits, spreads, and layered meanings. Become comfortable with using the Tarot as a tool for navigating meaning in your own life as well as preparing you to interpret the cards for other people. Participants will be responsible for obtaining a deck of Tarot cards. All titles, genres, and formats of the Tarot are acceptable.

**Presenter:** At the age of three, Annette Cohen entertained her parents with descriptions and messages from people only she could see and hear. Later, family friends introduced her to the Spiritualist Church, where she learned to channel, practice psychometry, interpret auras, and the tarot. With 40 years of experience as a channel and medium, Cohen has provided insight into life’s issues, connected clients to loved ones who have passed, and offered lectures and psychic development classes.

**Member Tuition:** $35.00 | 4 M: 2/19/24 – 3/11/24 | 1:00-2:30PM | Class Limit: 12

Online - Virtual via Zoom

---

**Unlock Your Psychic Abilities**

Have you experienced hunches, flashes of insight or had prophetic dreams? Each and every one of us possess psychic ability; we just need to learn to unlock it and feel comfortable working with it. Develop your intuition and communicate with your higher self and your spirit guides through simple exercises and practice sessions. Through this hands-on class you will learn to trust your inner voice and make better decisions. This class includes an introduction to reading auras, using a pendulum, meeting your guides, and tarot cards.

**Presenter:** At the age of three, Annette Cohen entertained her parents with descriptions and messages from people only she could see and hear. Later, family friends introduced her to the Spiritualist Church, where she learned to channel, practice psychometry, interpret auras, and the tarot. With 40 years of experience as a channel and medium, Cohen has provided insight into life’s issues, connected clients to loved ones who have passed, and offered lectures and psychic development classes.

**Member Tuition:** $35.00 | 4 T: 5/7/24 – 5/28/24 | 1:00-2:30PM | Class Limit: 12

Online - Virtual via Zoom
Science & Technology
Computers, Smartphones & Tablets

**Fun with Artificial Intelligence (AI)**

In 2022 a new set of Artificial Intelligence (AI) tools became available. First to research, then to the public. These include ChatGPT, Google Bard, Microsoft Bing and Chat, DALI, and more. These tools are evolving very quickly in terms of their capabilities, inconsistencies, and outright errors. AI “will alter our experience as reasoning beings and permanently change our relationship with reality.” (Kissinger/Schmidt/Huttenlocher; The Age of AI and our Human Future; 2022) In this course, we will play with some of these AI tools and get a sense for how reliable, or unreliable they might be.

*Note: Please be prepared to bring your laptop or tablet – and your power cord. Your device will need to be connected to the UNH wireless network during the class and have access to a web browser. During the first class, participants will register for access to related AI tools. Registrants will be sent a list of these AI tools so they may register for these tools prior to the first class.*

**Presenter:** Jim Isaak is a retired, recovering techie with a diverse set of interests including artificial intelligence, privacy, social media, lies, spies, and sunken subs. Isaak is also interested in the limits and approaches to critical thinking that span all sorts of topics.

**Member Tuition:** $30.00 | 3 F: 4/12/24 – 4/26/24 | 1:00-2:30PM | Class Limit: 12

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

---

**Learning the iPhone & iPad**

Did you recently get an iPhone or iPad, or have had one for a while and are wondering how to make it work better for you? This class is an introduction to the history, basic buttons, and the iOS operating system of these devices. We hope to make you familiar and comfortable with this marvel of modern engineering. Topics will include learning the buttons, sliders, and finger gestures, what do all those funny symbols mean, and how to personalize these wonderful tools and toys and make them work. We will explore a few of the millions of apps which could make life easier and more fun. Please bring your own iPhone or iPad to class, and don’t silence them when we start.

**Presenters:** Bob Jones has a passion for films, technology, and *The New Yorker* magazine.

Dottie Nelson is a retired software engineer who enjoys playing with the latest technology. She likes helping her OLLI friends feel more comfortable using their iPhone and iPad devices.

**Member Tuition:** $35.00 | 4 Th: 5/2/24 – 5/23/24 | 1:00-3:00PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Scheduling & Hosting Zoom Meetings

Do you want to see your friends and family members in a virtual setting? Or conduct meetings for other organizations? As a follow-up to Zoom 101, this class covers how you can host meetings yourself using the Zoom platform. You can subscribe to a free or paid account, depending on features. You will learn how to sign up for a subscription, schedule meetings, use security measures, host meetings, take polls, share documents, and use break-out rooms. For those who have enjoyed participating in Zoom meetings, we will prepare you to take a step forward so you can invite others to join you for social or other types of gatherings.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at UNH’s College of Professional Studies in Education. She has been engaged in teaching through technology for over 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for many years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Member Tuition: $20.00 | 1 F: 3/1/24 – 3/1/24 | 10:00-11:30AM | Class Limit: 25

Online - Virtual via Zoom

There’s an App for That

Are you finally feeling comfortable with the basics of your Android cell phone and wish you could utilize more of its features? This class will help you explore some of the capabilities of your phone and get comfortable downloading and experimenting with new apps. Among the topics to be covered: email, calendar, internet searching, photo and video, social media (Facebook), texting, messaging, information media (newspapers, magazines, e-books, audiobooks, podcasts), music streaming services (Pandora, Spotify, and more), and travel (GPS, mapping, and a variety of travel specific apps). This will be an interactive class, so bring your phone. We will be downloading apps, demonstrating their use and special features, and sharing our favorites. While we cannot teach every app, the goal is to be able to find and explore new apps on your own.

Note: This is a Novice Plus class. You must have some comfort and familiarity with cell phone terminology and actions, navigating and managing icons and basic settings, and using some basic apps.

This class will be focused on Android phones which is the instructor’s expertise.

Presenter: Jonas Taub is a retired school psychologist and college instructor who has lived and worked in NH for 40 years. He's presented workshops for educators, including word processing and Excel skills. Currently he teaches classes in Android phone use for OLLI and the CALL program (Keene State). Taub has a love-hate relationship with his Android phone and tablet, but he is finding more ways they add to his enjoyment, communication, and learning. He enjoys sharing his knowledge.

Member Tuition: $35.00 | 4 W: 5/1/24 – 5/22/24 | 11:00AM-12:30PM | Class Limit: 28

NHTI – Concord's Community College, 31 College Drive, Concord, NH 03301

Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops & Notebooks

This class is an introduction to the Zoom online platform for video meetings, OLLI courses, and events. Zoom is an application that enables users to meet online with family, friends, and colleagues. It is an easy way to stay connected, share, and keep in touch at a distance. You will learn how to join a meeting and take advantage of all the features for participating. This course is for those using Zoom on computers, tablets, and laptops. No experience required. Free and open to the public.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at UNH’s College of Professional Studies in Education. She has been engaged in teaching through technology for over 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for many years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Member Tuition: $0.00 | 1 Th: 2/15/24 – 2/15/24 | 10:00-11:30AM | Class Limit: 25

Online - Virtual via Zoom

Come for the classes. Stay for the friends! 603-255-3553 | unh.edu/OLLI
Gardening & Nature

**Beautiful Butterflies of New Hampshire**

Come learn about the butterflies of NH, their life cycles and the habitats where they live. Learn about the New Hampshire Butterfly Monitoring Network, a volunteer effort for people to help collect data on the over 100 species in our state. This data will be used to determine their current condition and identify species that may need conservation actions in the future. Your newly-acquired skills will be valuable to various field efforts that will take place throughout the summer if you become an enthusiast!

**Presenter:** Heidi Holman is a wildlife diversity biologist with the NH Fish and Game Department. Her primary responsibilities include implementation of recovery efforts for the Karner blue butterfly and the New England cottontail rabbit with habitat restoration and release of individuals from captive breeding programs. Recently, Heidi launched the NH Butterfly Monitoring Network, a collaborative effort across the state to create awareness of the species in our state and promote citizen science.

**Member Tuition:** $30.00 | 3 M: 5/6/24 – 5/20/24 | 3:30-4:30PM | Class Limit: 30

Online - Virtual via Zoom

**Exploring the National Parks & Other Special Places in the United States**

Join presenter Betsy Gemmecke and her husband, Don, as they share experiences exploring 33 different National Parks and other special towns and areas in the U.S. They will talk about their favorite places and give tips to make your trips more enjoyable. In the second session she will ask the participants to share their trip favorites and methods of travel. So many of us are adventurers and this class will be a great opportunity to benefit from each others’ experiences, both good and not-so-perfect! Join us in these fun and interactive sessions which should stimulate you to explore our beautiful country more virtually, with a group, or on your own!

**Presenter:** Betsy Gemmecke loves to travel and share her stories and tips. She has taught numerous OLLI courses on the National Parks, Too Young to Retire, and Welcome to the Valley.

**Member Tuition:** $25.00 | 2 W: 3/20/24 – 3/27/24 | 1:00-2:30PM | Class Limit: 30

Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818

**Fly Angling for Trout in Northern New England 101**

This entry level fly fishing and angling course will focus on the following areas: the angling history of northern New England, basic gear requirements, required fundamental casting techniques, and water safety concerns, both wading and by craft. Participants will discuss the most practical times of year and the seasonality of the sport. Time will be spent reviewing the fundamentals of reading the water for trout, fly selection and fly patterns, and relevant conservation concerns. We will also discuss responsible angling ethics.

**Presenter:** Randy Ouellette is a fully insured and licensed NH fly fishing guide based in Tamworth, NH. He is a federally approved guide and outfitter permittee with White Mountains National Forest, an active member of the NH Guides Association, the vice chair of NH Trout Unlimited, and a member of the Mount Washington Valley Chamber of Commerce. Through years of living in and around the greater Mount Washington Valley, Ouellette has developed a firm understanding of how our local fisheries operate and is happy to share his knowledge.

**Member Tuition:** $20.00 | 1 F: 5/3/24 – 5/3/24 | 9:30AM-12:00PM | Class Limit: 12

Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818
Greenhouse Growing for the Home Gardener

Would you like to have beautiful pesticide-free greens for a big salad every night all winter with no risk of E. coli contamination and zero transportation carbon footprint? Would you like to get ripe tomatoes five weeks earlier than you normally get from your garden? You can with your own greenhouse. Our presenter began experimenting with greenhouses a little over 10 years ago, culminating in his current self-designed and self-constructed 12 x 16-foot greenhouse built nine years ago. In this course, he will present the basics of greenhouse design and demonstrate the relatively simple construction of his current double-wall, polyethylene-covered greenhouse. Management of temperature, irrigation, pests, and other unique problems of greenhouse growing will be discussed. With years of greenhouse growing experience, he has had plenty of time to make mistakes and solve problems. He is happy to share this accumulated knowledge so that you can enjoy the benefits of having a greenhouse. The first class will be a PowerPoint presentation, followed by Q & A and discussion. The second class is a site visit to his greenhouse to explore the construction and other factors closely.

Presenter: Jerry Knirk from Freedom, NH is a retired orthopedic spine surgeon and served in the New Hampshire House of Representatives for six years. He began gardening as a child, returning to it in his 30s, and then more extensively for the past 16 years. He grows nearly all the vegetables he and his wife eat, and he has been growing vegetables in a small home greenhouse for 10 years. He is not a master gardener, just a home gardener and nature lover.

Member Tuition: $25.00 | 2 T: 5/7/24 – 5/14/24 | 1:00-2:30PM | Class Limit: 30
Conway Public Library, 15 Greenwood Ave, Conway, NH 03818

Helping Injured & Orphaned Wildlife

Elaine Conners Wildcare Center provides professional and compassionate care to local injured and orphaned wildlife in need. Although most of our animals are baby birds and small mammals, we also have worked with injured and orphaned bobcats, deer fawns, moose calves, as well as many hawks, owls and smaller falcons. A state-licensed facility in both NH and ME, the center is also federally licensed for avian species and accepts most wildlife in Carroll and Coos counties. The busiest time of the year at the Center is April through September, known as “baby season” when the young are born and hatched in our state.

Note: Prior to the course, please review the website elaineconnerscenterforwildlife.org.

Presenter: Cathie Gregg, the Executive Director of Elaine Conners Wildcare Center in Madison, has been rehabilitating wildlife since 1986 and helped start the Center in 1991. Gregg grew up in Concord, MA, moving to North Conway, NH, in the early 1970s. She has made her home in the Mount Washington Valley for the past 52 years, working in the insurance industry for many years and as a legal secretary. She cared for wildlife on the side until making the career change to care for wild animals on a full-time basis. She is the proud mother of both a Navy veteran son and daughter-in-law. Licensed to care for wildlife in both Maine and New Hampshire, Gregg has been involved in many wildlife organizations including being a board member of Maine Wildlife Rehabilitation Association and New Hampshire Wildlife Rehabilitation Association. She is a member of the National Wildlife Rehabilitation Association and Wildlife Rehabilitation Association of MA.

Member Tuition: $20.00 | 1 M: 3/18/24 – 3/18/24 | 10:00-11:30AM | Class Limit: 20
Elaine Conners Wildlife Center, 152 Pine Hill Road, Madison, NH 03849
Herons & Osprey of Exeter, New Hampshire
Do you know why herons and osprey arrive in Exeter, NH, in late May? Have you heard of the Exeter, NH, Alewife? Learn when to come see these beautiful birds. This course will also cover some bird-watching basics for beginners including how to choose binoculars and how to use an app on your phone to identify birds by photo or sound.

**Presenter:** OLLI Member Martha Walsh has been an admirer of birds as long as she can remember. Over the past two years she has joined an amateur bird walking group and taken an online course on bird identification.

**Member Tuition:** $20.00 | 1 Th: 5/9/24 – 5/9/24 | 10:30AM-12:00PM | Class Limit: 25

Online - Virtual via Zoom

Loving Animals: A Conversation with an Animal Communicator
Do you ever wonder what your animal is thinking and feeling? Are there behavior issues you're trying to solve? Are there several animals in your household and do you want to understand their dynamics? Are you struggling with end-of-life decisions? How does an animal communicator provide consultations over the telephone? The presenter and author of Loving Animals: Conversations with an Animal Communicator, will discuss how animal communication works, techniques she uses, and will share a technique that you can use with your animals. Hear some touching stories and ask your questions!

**Presenter:** Jeannie Lindheim studied with animal communication pioneer Penelope Smith. Lindheim consults with pet lovers from all over the U.S. who are trying to understand how their animal feels and what they want. She has communicated with dogs, cats, horses, ferrets, hedgehogs, pigs, alpacas, bearded dragon lizards, rabbits, many types of birds, steer, insects, etc. 100% of the proceeds from the sale of her book are donated to animal rescue organizations. Lindheim has been a professional animal communicator since 2007.

**Member Tuition:** $20.00 | 1 W: 2/21/24 – 2/21/24 | 1:00-2:00PM | Class Limit: 80

Online - Virtual via Zoom

Raising Puppies to be Guide Dogs for the Blind
Guiding Eyes for the Blind is a non-profit organization that breeds, raises, trains, and provides guide dogs to people who are visually impaired. Guiding Eyes accomplishes this by using volunteers to help raise and train the pups who will become guide dogs. We will discuss the steps Guiding Eyes goes through to provide guide dogs, concentrating on the involvement of the volunteer puppy raisers. Topics will include an introduction to Guiding Eyes for the Blind, how a guide dog contributes to the life of a visually impaired person, the life of a guide dog, and how volunteer puppy raisers raise and train a potential guide dog. And yes, there will be time to interact with a puppy or two, currently training to be a guide dog!

**Presenter:** Jeffrey Masors and his wife are retired and living in Pelham, NH. They have been volunteer puppy raisers since 2018. Together, they have raised four puppies with Guiding Eyes for the Blind.

**Member Tuition:** $20.00 | 1 Sa: 4/13/24 – 4/13/24 | 10:00-11:30AM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Riveting Raptors: Owls, Hawks & Vultures - Oh My!
Do you want to learn more about the amazing adaptations of owls? The special features of native raptors? That large bird soaring way up in the sky? If you answered yes to any of these questions, you might be interested in learning more about raptors of New England. We will bring an educational team of live birds to help you learn about raptor biology, cool adaptations, habitat, and conservation needs. You will learn about what makes these birds successful hunters and how they are adapted to survive in New England.

**Presenters:** Linda Noon explores her world through education and learning. Director and one of the three founding members of Tailwinds: Raptor Education and Conservation, she had experience volunteering in raptor rehabilitation and education before establishing Tailwinds. Tailwinds holds federal and state permits for the education and exhibition of raptors.

Susan Willoughby thrives in the outdoors being an environmental engineer, organic farmer, and a keen observer of animals. Assistant director and one of three founding members of Tailwinds: Raptor Education and Conservation, she has experience volunteering with raptor rehabilitation and husbandry.

**Member Tuition:** $20.00 | 1 T: 3/5/24 – 3/5/24 | 10:30AM-12:00PM | Class Limit: 36

UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH 03801

The Mysteries of the Wild Turkey
Join us as we discuss the history of wild turkeys in the United States, from near extirpation to complete recovery. We will explore questions such as: “Why do turkeys gobble?”, “What is a turkey habitat?”, “What are sub-species of turkeys in the United States and Mexico?”, “Do turkeys roost?”, and “What are shock gobbles?”

**Presenter:** Nigel Manley grew up in the United Kingdom and has worked for the Forest Society for more than 25 years. His degree in agricultural management helped with the startup of the Forest Society’s Christmas tree farm, and his keen interest in public outreach and marketing has enabled him to successfully promote The Rocks Estate as a tourist destination.

**Member Tuition:** $20.00 | 1 F: 3/22/24 – 3/22/24 | 1:00-2:00PM | Class Limit: 30

Pope Memorial Library, 2719 Main Street, North Conway, NH 03860

Math & Science

Become a Citizen Scientist & Learn About Climate Change in the Northeast Mountains
Climate change has been documented at New England’s highest peak, Mount Washington, and it is catching up to regional warming levels. Come to the heart of New Hampshire’s White Mountains to learn about the latest seasonal changes from local long-term observations and how to become a citizen-science observer. This course will cover how mountains follow regional climate trends but also have complexities that affect vegetation and snowpack. Key topics will include the importance of mountains as potential climate change refugia and the linkages between snowmelt and plant development. The last hour will be spent outside so please dress appropriately. We will cover how to make iNaturalist observations of plants along the local trails that the Appalachian Mountain Club (AMC) has been studying. We will also review how to use the Snow Scope app to measure snow depth. Please bring your smartphone with the iNaturalist and Snow Scope apps downloaded if possible.

**Presenter:** Georgia Murray is a staff scientist with the Appalachian Mountain Club and is a graduate of UNH with a Master’s of Science. Previously she conducted research at Toolik, AK a Long-term Ecological Research site and a long-term small watershed monitoring site within Olympic National Park. Georgia currently oversees AMC’s mountain watershed monitoring with cooperation with the U.S. Forest Service. She also leads AMC’s plant phenology and climate monitoring, which incorporates citizen science.

**Member Tuition:** $20.00 | 1 T: 4/30/24 – 4/30/24 | 1:00-3:30PM | Class Limit: 20

AMC Pinkham Notch Visitor Center, 361 NH-16, Gorham, NH 03581
Clean Energy as a Major Climate Solution: U.S. & International Experience

The course will highlight the dramatic growth of renewable energy (RE) and energy efficiency (EE) technologies over the past several decades and how they are among the most effective solutions to climate change and greenhouse gases (GHG) emission reductions. While much needs to be done to further accelerate RE and EE implementation and to make major progress in energy storage, clean energy technologies now account for the majority of worldwide energy investment and are already more cost-effective than energy derived from fossil fuels. The presenter has developed renewable energy and energy efficiency projects in Latin America, the U.S., Asia, and the Pacific by founding three different companies in the 1990s, 2000s, and now. He will illustrate his course presentation by talking about what it’s like putting together $20-50M RE and EE projects in developing countries, the obstacles to clean energy development, and the amount of worldwide financing that will be required to significantly reduce GHG emissions.

Presenter: Rob Pratt is the founder & CEO of Pacific Clean Energy Partners. He has been a national and international leader in clean energy and climate solutions for more than 40 years, as a for-profit and non-profit entrepreneur, a clean energy funder, and a governmental leader. He has founded or co-founded four companies and four non-profit organizations, directed Massachusetts' $250M Renewable Energy Trust, led the clean energy funding for a foundation, and was a Congressional energy staffer.

Member Tuition: $20.00 | 1 M: 4/1/24 – 4/1/24 | 1:30-3:00PM | Class Limit: 36
UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH 03801

Electrify: Building New Hampshire's Just & Equitable Electric Future

What's more "New Hampshire" than maple syrup, fall foliage, and our iconic moose? Sadly, these and other wonders of the natural world, not to mention human health and our economy, are now threatened by climate change and the time to change course on carbon pollution is quickly running out. Technological and financial innovations now make it possible to electrify every machine in our lives, and power those machines with clean, renewable energy from the sun, water, and wind. Brush up on the latest trends in climate science and solutions and learn practical steps individuals and institutions are taking to build a more just and equitable electric future from one of New Hampshire's leading voices on climate and clean energy.

Presenter: Daniel Weeks is a vice president at ReVision Energy, the region's largest clean energy company and an employee-owned benefit corporation committed to climate justice. Named one of New Hampshire's Most Influential Business Leaders by NH Business Review, Weeks serves on several nonprofit boards and has written for The Atlantic, NY Times, Boston Globe, and other outlets. A 12th-generation Granite Stater, he left to serve with AmeriCorps, then attend Yale and Oxford before returning to raise his three kids in Nashua.

Member Tuition: $20.00 | 1 Th: 5/30/24 – 5/30/24 | 2:00-3:30PM | Class Limit: 28
NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

“I look forward to receiving my OLLI at UNH catalog as much as I did the Sears Christmas Wish Book. I skim through it quickly stopping at intriguing titles and looking for favorite presenters. Then I go back through highlighting the classes I would like to take. Being a 13-year member of OLLI has allowed me to expand my knowledge, sample new crafts, fulfilled my need to give back by volunteering, and given me many invaluable new friends.”

- Beth Wagner | Class of 2010 | Seacoast
Forever Chemicals (PFAS) in New Hampshire & Maine: Where It Is & What We Can Do About it

PFAS is a class of chemical compounds called “forever chemicals.” They persist in the environment and in our own bodies. High exposure can impact our health. New Hampshire has had experience with these compounds. Saint Gobain, a performance plastics manufacturer, polluted the ground water supply in multiple municipalities near Manchester. The New Hampshire Department of Environmental Services (DES) is actively testing for PFAS in groundwater, surface water, public water supplies, and at specific sites throughout New Hampshire. The Maine Department of Environmental Protection (DEP) has an active PFAS testing program and has taken a deep dive into where septage and sludge were applied to soils. PFAS is associated with some schools in Maine, and a current study is testing private wells in northern Maine. This course will provide a basic understanding of PFAS chemicals - where they are found and their impact on our health. The public-facing interactive Geographics Information System (GIS) maps of DES and DEP will enable us to ask and answer questions. With knowledge of where PFAS is and how it got there, we can work to reduce its availability and mitigate its effects on human health and the environment.

Presenter: Ann Backus, M.S., is an instructor in occupational safety at the Harvard TH Chan School of Public Health (HSPH). As the Director of Outreach for the NIOSH-funded Education and Research Center at HSPH, she has researched the occupational hazards of fishermen in Maine and New Hampshire and written under the byline FISH SAFE for Commercial Fisheries News for over 20 years. She is a member of the Maine Commercial Fishing Safety Advisory Council of the Maine Department of Marine Resources.

Member Tuition: $25.00 | 2 T: 5/21/24 – 5/28/24 | 10:00AM-12:00PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Math Curiosities: Fibonacci, Golden Rectangle & Parthenon, Friday the 13th

How are Fibonacci and Golden Rectangles and the Parthenon related to rabbits? Must there be a Friday the 13th every calendar year? Can a circle be drawn through any three points not on a straight line – how, or why not? How many randomly selected people assure a better than 50-50 chance of a birth month-and-day match? Are all triangles isosceles? We will answer the preceding questions. Goldbach’s Conjecture and other unsolved or soluble problems will be discussed, along with more chosen by participants, as time allows. Inquisitiveness, algebra, and basic geometry are helpful skills. Choosing this course demonstrates to your friends, and particularly to your grandchildren, that you are interested in mathematics…and that they should be too.

Presenter: Bill Faulkner has presented more than 32 times with OLLI, ten or more unique courses in at least seven cities. With more than 50 years of teaching under his belt, he likes to interact with inquiring minds and welcomes suggestions for the content of his upcoming courses.

Member Tuition: $30.00 | 3 M: 3/4/24 – 3/18/24 | 10:00AM-12:00PM | Class Limit: 36

UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH 03801

Mathematical Card Tricks for Everyone!

Come learn and be amazed by eleven card tricks – which all work via the mathematics of the deck with no pre-setting, behind-the-back, or under-the-table happening here! It’s all about the mathematics of the card deck! Registrants receive written instructions for all of the tricks.

Presenter: Jeffrey Stern is a retired dentist who enjoys golf, travel, kayaking, and playing his saxophone and harmonica with the Brewery Lane Big Band. Originally from Pittsburgh, PA, he’s been a Stratham resident for 35 years and looks forward to sharing his amazing card tricks with OLLI members.

Member Tuition: $30.00 | 3 Th: 4/25/24 – 5/9/24 | 6:30-8:00PM | Class Limit: 26

UNH Professional Development & Training, 230 Commerce Way, Portsmouth, NH 03801
One Two Three...Infinity

One Two Three...Infinity is a popular science book by theoretical physicist George Gamow, first published in 1947, written at a level understandable by middle school students up through “intelligent layman” adults. Though OLLI members are intelligent layman adults, we will not be discussing this book. Warm up with this: knowing he was dying, and his wife was pregnant, a man left a will saying that if she had a son, he would inherit two-thirds of the estate and the widow one-third. But, if she had a daughter, the daughter would get one-third and the widow two-thirds. After his death, his widow had twins – a boy and a girl. What division of the estate keeps as close as possible to the terms of the will? We will consider mathematical recreations, questions, and problems courtesy of Kordemsky and others. These include “How many prime numbers are there?” Euclid (circa 300 BC) knew, and “Find a square number which both remains a square if it is decreased by 5 and remains a square if it is increased by 5.” Fibonacci (circa 1200 AD) met a Holy Roman Emperor’s challenge and did so.

Presenter: Bill Faulkner has presented more than 32 times with OLLI, ten or more unique courses in at least seven cities. With more than 50 years of teaching under his belt, he likes to interact with inquiring minds and welcomes suggestions for the content of his upcoming courses.

Member Tuition: $25.00 | 2 M: 4/29/24 – 5/6/24 | 10:00AM-12:00PM | Class Limit: 28

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

Visiting the Planets of Our Solar System

Using the latest NASA images and data, we will visit each of the planets and selected moons in our solar system, including the recent 2020, fly-by of Pluto. In addition to using Voyager fly-by images of the outer planets, we will also use Magellan radar image of Venus, as well as Galileo and Cassini missions to the gas giants Jupiter and Saturn. Using data and images from rovers, we will learn about the surface features of Mars, including NASA’s current efforts to find evidence of past life on Mars. It is amazing how unique our home planet is when compared with the other eight. This presentation also includes a look at several of the most promising exoplanets currently under study with both the Hubble and James Webb space telescopes. We will also discuss the pros and cons of whether or not Pluto is considered a planet. This presentation will give you a much better appreciation of our home planet!

Presenter: Dr. Barrett “Barry” Rock is professor emeritus in the Department of Natural Resources and Environment at the University of New Hampshire. Trained as a botanist and geologist, his current research is focused on the use of the scanning electron microscope (SEM) to study small pieces of woody vegetation.

Member Tuition: $20.00 | 1 F: 5/3/24 – 5/3/24 | 10:00AM-12:00PM | Class Limit: 35

Online - Virtual via Zoom

Water: Everything You Always Wanted to Know

Where does our drinking water in New Hampshire come from and how safe is it? Is bottled water safe to drink and is it worth the price we pay? What is the real difference between tap water, filtered water, spring water, and mineral water? Is it safe to drink raw water from a mountain stream or how about rain water? In this session we will explore New Hampshire’s water resources, both surface waters and groundwaters and learn how our geology and climate impact our waters. We will also explore who manages and protects those important resources and what is unique about our state's approach. Lastly, we will discuss the vast world of bottled waters available to the public with the goal of making informed consumer choices that fall in line with personal tastes, convenience factors, and price.

Presenter: Dennis Sasserville holds degrees in geology and geochemistry and has a 40-year career as an environmental management and sustainability consultant. His research specialties include the water quality of surface and groundwaters and while much of his project work has been here in New England, other projects have taken him from Millinocket to the Mohave. His diverse clients have included the Bureau of Reclamation at Hoover Dam, The NH Department of Transportation, Stony Field, and the Gillette Company.

Member Tuition: $20.00 | 1 T: 4/23/24 – 4/23/24 | 10:00-11:30AM | Class Limit: 12

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Women in Science, Technology & Mathematics

Women have been contributing to science, technology, and mathematics (STEM) for centuries. As in most fields, their work has been largely unknown, ignored, or credited to their fathers, brothers, or husbands. As part of Women in History Month, we will explore the contributions of some well-known women though not necessarily for their contributions to STEM) as well as some of which you have never heard.

**Presenter:** John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

**Member Tuition:** $25.00 | 2 F: 3/15/24 – 3/22/24 | 10:00AM-12:00PM | Class Limit: 25

Online - Virtual via Zoom

Social Sciences

Philosophy

Ah! What a Great Question!

Conversation is a big part of our daily lives. At times, our conversations can even become heated. Woven into most are chances to ask questions. Why do we ask them? Are they productive, or can they sometimes be counterproductive? In this class we will practice techniques for maintaining an open-minded approach to problem-solving that includes an enlightened use of questioning. We will then apply our knowledge within an entertaining and challenging game. P.S. Did you know that “but” is a dirty word?

**Presenter:** Jo Hendry is a retired educator who delights in sharing her experience as a teacher, naturalist, and thinker.

**Member Tuition:** $20.00 | 1 W: 4/24/24 – 4/24/24 | 1:00-2:30PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

How to Read a Platonic Dialogue

In this course we will explore the political and social challenges that face the philosopher as writer using Plato’s *Hippias Minor* as an example. Some of the questions we will consider include: what is the role of persecution in philosophical writing?, what responsibilities does the philosopher have to the community they live in?, who is/are the intended audience(s) of philosophical writing?, how do we understand the purpose of philosophical writing? We will read an essay by the political philosopher Leo Strauss and the short Platonic dialogue *Hippias Minor* to provide structure and example for this study.

**Presenter:** Peter Conklin is the Director of Facilities at UNH College of Professional Studies and an adjunct professor of philosophy and humanities at various colleges in New England. Conklin has been studying and teaching the relationship between philosophy and ecology for over two decades.

**Member Tuition:** $30.00 | 3 W: 3/6/24 – 3/20/24 | 2:00-4:00PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Socrates Café
Socrates led his students to wisdom by challenging their beliefs with piercing and persistent questions. Join us in discussing topics that explore who we are, why we act as we do, what we strive for, and how we achieve our goals. It is a seminar of questions - not answers. Prepare to think, to be challenged, and to be open to changing your mind.

Presenter: George Epstein has undergraduate and graduate degrees in math, psychology, and business from Dartmouth College and the University of Maine. He founded and led an electronic medical record business for behavioral health organizations. Epstein has served as a town moderator and University System of New Hampshire trustee.

Member Tuition: $30.00 | 3 T: 4/16/24 – 4/30/24 | 10:30AM-12:00PM | Class Limit: 18
Pope Memorial Library, 2719 Main Street, North Conway, NH 03860

Sophie's World: An Imaginative Introduction to Philosophy
In Jostein Gaarder's novel, Sophie's World, a 14-year-old Norwegian girl begins to consider philosophical questions. The book uses the strategy of having a mysterious figure deliver to Sophie a series of lessons in the history of ideas. As the plot unfolds her own situation and that of her family provides a context for the application of these historical ideas. Our course will consist of four sessions. In each there will be a presentation about the activity of philosophical thinking and the clarification of some terms. Then there will be ample time to play with the text and puzzle out at least some of the questions of the project of philosophy. Piling on information about the historical theories is not the point. The character of Sophie provides an encouraging example of someone learning to explore the world of ideas. The only prerequisites are curiosity and a sense of humor. Required reading for this course is Sophie's World, Jostein Gaarder (ISBN 13 978-0374530716).

Presenter: Jim Mahoney holds a Ph.D. from the University of Notre Dame. He is an emeritus professor from Saint Anselm College where he taught philosophy for 40 years. Mahoney was strongly involved in the college's core humanities program, serving as chair of the Jefferson unit, and developed the Paris & New York class for the program. His areas of specialization are existentialism, American philosophy, and ethics.

Member Tuition: $35.00 | 4 Th: 3/14/24 – 4/4/24 | 10:00AM-12:00PM | Class Limit: 12
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

TED Talks to Ponder
The idea behind TED Talks was originated in 1984 by Richard S. Wurman as a conference, which has taken place since 1990. TED's early emphasis was on technology and design, but it now includes talks on many cultural, political, academic, and scientific ideas. Speakers are given a maximum of 18 minutes to present their ideas. The presenter of this class will present three TED talks on a common theme during each class session. The class will view and discuss the topics as they are shown individually. Come prepared to take part in lively discussions and be amazed by the variety of TED Talks available.

Presenters: Patti Rau and Laura Jawitz are both retired educators who are passionate about lifelong learning. They have discovered that TED talks expand their knowledge and give them a deeper understanding of the world.

Member Tuition: $25.00 | 2 Th: 4/11/24 – 4/18/24 | 1:00-3:00PM | Class Limit: 15
Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818
Politics & Current Events

Can Ranked Choice Voting Cure Political Polarization?
Ranked-choice voting has been around for well over a century and has been used in a number of countries. Since it encourages candidates to reach out to voters beyond their base for second choice and beyond, it theoretically should reduce the pressures that lead to polarization. The class will first explain how votes are cast and counted. Then the class will cover how it works to reduce polarization in various countries including the U.S., Australia, Papua New Guinea, Estonia, and Northern Ireland. The short answer is that it does not always work. The class will explore the conditions necessary for it to work. The first class will cover single-winner elections and the second class will cover multi-winner elections.

Presenter: Glenn Meyers has worked as both a college professor and in the insurance industry as a research actuary. He has given over 100 professional presentations on technical topics to audiences with varying levels of expertise. In retirement, Meyers has been studying a number of scientific and current event topics, largely from a historical perspective. A frequent presenter for OLLI, he enjoys sharing these interests with others.

Member Tuition: $25.00 | 2 M: 5/6/24 – 5/13/24 | 10:00AM-12:00PM | Class Limit: 30
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Civics Slam! Learning About Government Now That You’re Older & Wiser
There has been an increasing need to provide civics education to adults for the past number of years. Recently, we have seen a growing division amongst people on social media, television and in person. The ability for people to civilly discuss ideas, differing viewpoints and varied political philosophies quickly erode into shouting matches and cancel culture. Part of this hostility towards each other can be found in civic illiteracy and the lack of basic understanding of government. People tend to shout their ideas rather than reason them when they lack the proper education to take or make a position and support it with reasoning. This lecture series will give people the opportunity to hear non-partisan views on topics such as basic ideas of government, influences of the enlightenment philosophers, debates at the Constitutional Convention, the U.S. Constitution and the Bill of Rights, political parties, the 14th Amendment, voting and citizenship rights. These topics, intertwined with answering participant questions, will give participants a richer understanding of the basics of civics and government.

Presenter: David Alcox taught civics at Milford High School for 25 years. He earned his Master’s of Teaching Social Studies at Indiana University in Bloomington, IN, in 2006. He has been the recipient of a number of awards and honors, including New Hampshire State Teacher of the Year three times, National Civics Teacher of the Year twice, the 2000 NH James Madison Fellowship recipient, and the 2013 Milford Citizen of the Year.

Member Tuition: $35.00 | 4 T: 3/5/24 – 3/26/24 | 1:30-3:30PM | Class Limit: 25
RiverWoods Manchester, 200 Alliance Way, Manchester, NH 03102

Did You Know?
OLLI at UNH celebrates its 20th anniversary in 2024? We were awarded our first grant from the Osher Foundation in 2004!
Dystopian Spirals: How Tech is Creating Dysfunction, Division, & Disaster

A recent book, *The Chaos Machine: The Inside Story of How Social Media Rewired Our Minds and Our World*, by Max Fisher as well as the related PBS documentaries, *TikTok Boom* (2022) and *Hacking Your Mind* (2020) have laid out the context in which online tools operate. They leverage profiles of our private data. They use this to capture our attention, draw us to misleading information, extreme groups, or into unrealistic comparisons. This triggers stress, anxiety, outrage, and fear. The results for some may be depression, self-harm, social violence, and even genocide. The United Nations Human Rights Commission 2023 report indicates “Online rhetoric has spilled into real world terror, with military supporters using social media to harass and incite violence against pro-democracy activists and human rights defenders.” This class will look at how this is happening, why this is happening, and some of the potential ways to reduce the impact. Syllabus website: https://is.gd/Dystopia

**Presenter:** Jim Isaak is a retired, recovering techie with a diverse set of interests including artificial intelligence, privacy, social media, lies, spies, and sunken subs. Isaak is also interested in the limits and approaches to critical thinking that span all sorts of topics.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1 Member Tuition:** $30.00 | 3 M: 3/18/2024 – 4/1/2024 | 10:00-11:30AM | Class Limit 30
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

**Section 2 Member Tuition:** $30.00 | 3 M: 3/18/2024 – 4/1/2024 | 10:00-11:30AM | Class Limit 30
Online – Virtual via Zoom

Great Decisions, Part I

Developed by the Foreign Policy Association to promote understanding of American Foreign Relations, *Great Decisions* provides the perfect opportunity to learn about issues concerning U.S. policymakers today and pose foreign policy challenges for tomorrow. Read, watch, and join the discussion. The current topics for this year can be explored at https://www.fpa.org/great_decisions/?act=gd_topics.

*Note: You must purchase the most current edition of the Great Decisions Book on your own. It may be purchased online from Foreign Policy Association at www.greatdecisions.org.*

**Presenter:** Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at UNH’s College of Professional Studies in Education. She has been engaged in teaching through technology for over 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for many years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

**Member Tuition:** $35.00 | 4 Th: 3/21/24 – 4/11/24 | 10:00AM-12:00PM | Class Limit: 24
Online - Virtual via Zoom

"When I was new to Mount Washington Valley, OLLI was a great way to get involved in the community and beyond. As a retired teacher I have always valued learning and OLLI at UNH inspires me to get out while learning more. I enjoy the interesting, active, and engaging classes. The best part of being a member is meeting and making wonderful friendships!"

- Allison Provencher | Class of 2017 | Mount Washington Valley
How We Choose a President & the New Hampshire Primary

The first part of the session will be a presentation about the role of the NH Primary and some of the historical factors that have secured its place as the first primary. This will lead into the question of how the practical procedures of choosing a president have evolved. Some of this will be an examination of the relevant history, but some will also reflect changes in practices and strategy. The presenter will discuss the most recent nomination season and look ahead to the general election. The second part of the session will address the experiences of the presenter as a professional commentator on that process. Your questions will be essential to driving this second part of the session.

Presenter: Dante J. Scala has a Ph.D. in Politics from the University of Chicago and has been a close observer of New Hampshire politics for more than two decades. A professor of political science at the University of New Hampshire, he has written numerous articles and book chapters on the Granite State. He also is the author of two books on the presidential nomination process: Stormy Weather (Palgrave Macmillan, 2003), and with Henry Olsen, The Four Faces of the Republican Party (Palgrave Macmillan, 2015). National and international media frequently call upon Professor Scala for his expertise on the New Hampshire primary and presidential elections. He was the recipient of OLLI at UNH’s New England Notable Award in 2022.

Member Tuition: $20.00 | 1 W: 6/5/24 – 6/5/24 | 10:00AM-12:00PM | Class Limit: 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Immigration Reform: Many Complain, But Nobody Does Anything

Asylum or refugee, Temporary Protective Status (TPS), Deferred Action for Childhood Arrivals (DACA), undocumented, legal permanent status (green card): what does it all mean, and why can’t Congress fix our broken immigration system? Join a free-wheeling discussion, led by a former U.S. ambassador.

Presenter: George Bruno is a practicing immigration lawyer with Mesa Law LLC in Manchester and principal in the consulting firm of the International Resource Group LLC. He has traveled to 60 countries and is the former U.S. ambassador to Belize.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member Tuition: $20.00 | 1 F: 6/7/2024 – 6/7/2024 | 10:30AM-12:00PM | Class Limit 30

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Section 2 Member Tuition: $20.00 | 1 F: 6/7/2024 – 6/7/2024 | 10:30AM-12:00PM | Class Limit 30

Online – Virtual via Zoom
Picking-the-President 2024: This Time Is Different

Surreal. Depressing. Déjà vu all over again. Just a few of the words which describe a presidential election like no other. As of this writing in September, former President Trump holds a commanding lead over his rivals for the Republican nomination, while President Biden is running virtually unopposed on the Democratic side. Will these leads last through the 2024 primary season? Or will one or more contenders in either party gain traction and turn one or both campaigns into horse races? To quote Yogi Berra once again: “It ain’t over ‘til it’s over” and anything can (and usually does) happen in the next six months. Join us as we analyze the opening contests in Iowa, New Hampshire, Nevada, South Carolina, and Michigan; followed by Super Tuesday on March 5, and the many clusters of primaries and caucuses which follow into early June. Who are emerging as serious contenders? Who has the money? The boots-on-the-ground? Effective get-out-the-vote drives? The momentum to challenge the front-runners? Will Trump’s criminal cases eventually come back to haunt him? Will President Biden’s age and visible frailty generate one or more serious Democratic opponents? What issues come to the fore? Which ones fall by the wayside? What surprises lay waiting? What new revelations and scandals will emerge? Join us as we sift through the chaff and zero in on evolving, perhaps decisive developments while we leave political correctness at the door.

Presenter: Dave Hess is a graduate of Dartmouth College and Yale Law School and was a Fellow at Harvard’s Kennedy School of Government. He is a retired trial lawyer who served as a New Hampshire Assistant Attorney General under Warren Rudman and David Souter. He was a member of the NH House of Representatives for 25 years, including terms as Majority Leader, Deputy and Assistant Majority Leader. Hess has presented several diverse and varied classes at OLLI since 2017. He developed a passion for politics more than 50 years ago when he became involved in the 1964 presidential primary. History in general, and political, military, and American western history, have been some of his lifetime interests.

Member Tuition: $30.00 | 3 Th: 3/7/24 – 4/11/24 – 5/23/24 | 10:00AM-12:00PM | Class Limit: 60

City-Wide Community Center, 14 Canterbury Road, Concord, NH 03301

Putin’s Invasion of Ukraine: Total War Returns to Europe

Why did Putin invade? What are we learning about modern conventional total warfare? How will it end? These are just a few of the questions we will explore as we examine the origins of this “special military operation” (as Putin calls it); follow the course of the war beginning with Russia’s massive multi-front attack; its initial successes and failures; Ukraine’s surprising early counterattacks; bloody winter stalemate; Ukraine’s organized counterattacks in the summer of 2023, and the action on the battlefields and Black Sea since then. What stopped the initial Russian unannounced attack? Was it really a surprise? Why didn’t Russia gain immediate air superiority? What are we learning about 21st-century conventional warfare? What is new? Effective? What countermeasures appear to work? Why and how has Ukraine done as well as it has? What role has the U.S. and other European NATO powers played in the war? And finally, how could it end and what are the potential ramifications for the current Pax Americana world order?

Presenter: Dave Hess is a graduate of Dartmouth College and Yale Law School and was a Fellow at Harvard’s Kennedy School of Government. He is a retired trial lawyer who served as a New Hampshire Assistant Attorney General under Warren Rudman and David Souter. He was a member of the NH House of Representatives for 25 years, including terms as Majority Leader, Deputy and Assistant Majority Leader. Hess has presented several diverse and varied classes at OLLI since 2017. He developed a passion for politics more than 50 years ago when he became involved in the 1964 presidential primary. History in general, and political, military, and American western history, have been some of his lifetime interests.

Member Tuition: $30.00 | 3 T: 5/28/24 – 6/11/24 | 10:00AM-12:00PM | Class Limit: 28

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301
Understanding the Perplexing Law of Privacy in the United States

Despite the fact that privacy is not explicitly mentioned in the U.S. Constitution, it undergirds many of the rights we take for granted in the U.S. From rights against unreasonable searches and seizure and government surveillance to rights to interracial marriage and contraceptives. It also underlies controversial legal issues such as abortion, same-sex marriage, medical aid in dying, and sits at the heart of many concerns about data management. This course will explore what we mean when we talk about “privacy,” why it matters, the extent to which privacy is legally protected nationally and in New Hampshire, and current threats to privacy, especially online. More specifically, the course will help you appreciate the challenges of balancing individual rights of privacy against competing interests such as a free press, law enforcement, and public morality.

**Presenter:** Susan Dana holds a J.D. from Stanford Law School and is professor emerita at Montana State University in Bozeman, MT. At MSU she served as associate professor, Associate Dean and Interim Dean at the Jake Jabs College of Business & Entrepreneurship and won numerous teaching awards. Since 2021, Susan has taught two courses for OLLI at MSU: one on the law of free speech, and another on the law of privacy. She is the current Vice Chair of the OLLI at MSU Advisory Council.

**Member Tuition:** $35.00 | 4 W: 2/28/24 – 3/20/24 | 1:00-3:00PM | Class Limit: 50

Online - Virtual via Zoom

Sociology, Religion, & Culture

Active Anti-Racism: There is Much We Can Do!

As Ibram X. Kendi says in his book, *How to Be an Anti-Racist* "it is not enough to 'not be racist' but only by actively being anti-racist can we begin to combat racism in all its forms: institutional, interpersonal, internal, ideological." We will explore ways to walk the talk and consider what it means to be an ally in the ongoing struggle for equity and justice. We will include a look at the challenges and opportunities for raising racially-aware and culturally-competent children. Whether as a grandparent, relative, friend, etc., if you interact with young people, you have the chance to make a difference. Participants will have the (optional) chance to share challenges and/or best practices so that we can learn from each other.

**Presenter:** Anne Romney is a Portsmouth resident and an educator/group facilitator who is committed to anti-racism education. She co-facilitates the program, White People Challenging Racism, offers a workshop called Standing Up to Racism, is a member of the Seacoast NAACP, and volunteers with the Black Heritage Trail of NH. In September 2019, Romney helped organize a New England regional symposium on anti-racism. She has an M.Ed. from Lesley University.

**Member Tuition:** $20.00 | 1 F: 2/23/24 – 2/23/24 | 10:30AM-12:00PM | Class Limit: 30

Online - Virtual via Zoom

“Fun! Everything I do with OLLI is fun. I enjoy interacting with members when we share classes or at social events. I admire the dedication of members when they participate in committees to lead us forward. Most of all, I relish the opportunity to prepare classes for members who choose to join me doing Math-related topics.”

- Bill Faulkner  |  Class of 2012  |  Capital Region
**Civility in Society**

Polarized. It seems our society has become more polarized than ever. Disrespectful rhetoric – intentional and unintentional – now fills the media, our institutions, and our workplaces. So, how do we interact with civility in this emotionally fraught environment? How do we interact with one another in a way that allows us to be productive while respecting the opinions of those with whom we may not agree? By the end of this two-session course, participants will be able to describe what civility is, describe why civility is so important, and describe the basic tenants of civil interactions.

**Presenter:** James McKim is a sought-after organizational performance speaker, coach, change manager, and author of the recently published book *The Diversity Factor: Igniting Superior Organizational Performance*. Over his extensive career, he has helped organizations in many industries spark efficiency and growth through aligning people, process, and technology. McKim currently serves as managing partner of Organizational Ignition. He is known nationally for his focus on organizational and individual performance through diversity, equity, and inclusion. In addition, he is chair of the Episcopal Church’s National Executive Council Committee Anti-Racism & Reconciliation and was the principal writer of the church’s guidelines on anti-racism and reconciliation. As president of the Manchester Branch of the NAACP, he works regularly with governments and businesses to eliminate discrimination and advance racial healing for all.

*Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.*

**Section 1 Member Tuition:** $25.00 | 2 W: 5/22/2024 – 5/29/2024 | 9:30AM-12:00PM | Class Limit 12
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

**Section 2 Member Tuition:** $25.00 | 2 W: 5/22/2024 – 5/29/2024 | 9:30AM-12:00PM | Class Limit 30
Online – Virtual via Zoom

**Coercion, Persuasion, Manipulation, or Propaganda?**

This course is based on the Wondrium Series, *Propaganda and Persuasion*. We will watch the films and discuss the propositions that Professor Dannagal G. Young puts forth. Dr. Young suggests that we are inundated with efforts at persuasion everywhere, all the time. What is persuasion and how is it different from coercion, manipulation, and propaganda? After considering free will and how individuals must choose whether to change an attitude or belief, we will reflect on the ethics of persuasion and the social responsibility of those hoping to persuade us.

**Presenter:** Merle Luber Friedenberg, Ph.D, has been a college professor for many years. Recently, she has taught at lifelong-learning programs at Brandeis University and Rivier University, as well as OLLI. Her classes always reflect her in-depth historical reading and research and her ability to present serious topics as both education and entertainment.

**Member Tuition:** $35.00 | 4 Th: 5/16/24 – 6/6/24 | 1:30-3:30PM | Class Limit: 12
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

**Introduction to Life, Light, & Love: The Psalms**

Students will have the opportunity to encounter the psalms, the ancient poetic prayers of Israel, as they were adopted by the first Christian communities and continue in use today. The course will include a short historical tour of the composition and uses of the Psalms and a close reading of several, including Psalms 22, 23, 42-43, 69, and others. Participants and guests will be invited to join the Benedictine monks of Saint Anselm Abbey for Vespers, the evening prayer of the Church, when the Psalms are employed extensively in the English chant. Copies of selected psalms will be available, but students may wish to bring their own Bibles as well.

**Presenter:** Fr. Jerome, O.S.B., is the pastor emeritus of Saint Raphael Parish on the West Side of Manchester. He is a member of the Benedictine community at Saint Anselm College, where he teaches English and communication. He has master’s degrees from Trinity College and University College, both in Dublin, and a Ph.D. from McGill University, Montreal.

**Member Tuition:** $30.00 | 3 Th: 2/22/24 – 3/7/24 | 9:00-10:00AM | Class Limit: 12
Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104
Judaism & Social Justice

One social media meme that goes around each Passover says something like this: “Jews: Fighting tyrants for 5000 years.” It is well-known that social justice is a pillar of Judaism. The Torah tells us 36 times to care for the stranger, and that’s just the beginning. The prophets exhort the people take care of the less fortunate. In modern times, Jews marched with Dr. King in Selma, support refugees and immigrants, devote a great deal of time to helping the homeless and hungry, and on and on. Why? What compels Jews to continually work on behalf of others?

**Presenter:** Robin Nafshi is the rabbi of Temple Beth Jacob in Concord. She embraces the definition of rabbi as “teacher” and has generously shared her knowledge as an OLLI presenter for many years.

**Member Tuition:** $20.00 | 1 M: 4/1/24 – 4/1/24 | 10:00AM-12:00PM | Class Limit: 28

NHTI – Concord’s Community College, 31 College Drive, Concord, NH 03301

Path of Liberation: Core Teachings of Tibetan Buddhism

Based on a classic Buddhist text, Trungpa Rinpoche’s Cutting through Spiritual Materialism, this class will cover essential Buddhist teachings such as the six realms of existence, the four noble truths, emptiness, and the development of compassion. We will practice meditation as an important component of the class, and meditation instruction will be offered as part of the first session. Suggested reading for the course is *Cutting Through Spiritual Materialism* by Chogyam Trungpa (ISBN 1-57062-957-9).

**Presenter:** Janet Romaine has been a Buddhist teacher and meditation instructor for over 30 years. Ms. Romaine is a retired professor of management at Saint Anselm College.

**Member Tuition:** $40.00 | 5 T: 3/12/24 – 4/16/24 | 2:00-3:30PM | Class Limit: 12

Note: No class on 4/2/24.

Brady Sullivan Tower, 1750 Elm Street, Manchester, NH 03104

Utopias & Dystopias

The concept of utopia, a society without conflict in which all people’s needs are met and they live in harmony, has intrigued us for more than 2000 years. Just as surely, there are those among us convinced that any place that a substantial number of people would find utopic, others would find unlivable. And worse yet is the certainty that others have that a place set up as a utopia would become, whether quickly or slowly, a dystopia, a place of oppression, good only for the chosen few. This course will review historical views of utopia, take a gander at some of the attempts to create them in practice, and consider the rise of dystopian fiction, both 100 years ago and again in the recent past. Along the way, the class will explore what might to be necessary conditions for a utopia and design our own – or at least try to!

**Presenter:** Josh Shaine has taught at a variety of educational institutions, working with students from second grade through graduate school. He started teaching for OLLI at UNH in 2008.

**Member Tuition:** $55.00 | 8 Th: 4/11/24 – 6/6/24 | 1:30-3:00PM | Class Limit: 12

Note: No class on 5/23/24.

Online - Virtual via Zoom
Exploring the Community

A New Hampshire Government Primer with Virginia Drew

Take the mystery out of New Hampshire government! How does an idea become a bill and how does a bill become law? Learn what happens in the House and the Senate, while sitting in the historic chambers where Representatives and Senators meet. Move on to the Executive Council Chamber to learn about the work of the Governor and Executive Council, and how together they are responsible for the administration of the affairs of the state. The course will briefly touch on the NH courts and their role in NH government as well as the role of the NH Secretary of State. You’ll find out how you can participate in government, how to run for office in NH, and how to interact with your legislators. Virginia will provide links to videos of House, Senate, and committee sessions and a legislative primer that you can look at in advance and everyone attending will receive a copy of the State Constitution. We may even have some of our elected officials drop in during the class.

Presenter: Virginia Drew is the Director of the State House Visitor Center. She is a New Hampshire native, on the Board of Selectman in Epsom, a founder and member, of the Friends of The Epsom Library, Municipal Budget Committee member, and active in the Epsom Historical Association. Drew is on the Executive Board of the National Legislative Services and Security Association. She has visited forty-one U.S. capitals and four Canadian capitals, the British Parliament, and the seats of the French and Netherlands parliaments.

Member Tuition: $20.00 | 1 M: 3/4/24 – 3/4/24 | 2:00-4:00PM | Class Limit: 55

NH State House, 107 N. Main Street, Concord NH 03301

Back to 1840: A Trip to the Hooksett Head School

The Hooksett Head School and Museum Living History program will present a hands-on trip to a classroom of 1840. Reenact the past and become a Hooksett scholar during a typical school day in May of 1840. Become immersed in the discipline methods and educational subjects taught by the schoolmarm. During nooning (lunchtime) prepare to frolic with historical toys and enjoy activities.

Presenters: Ruth Knowles is a retired educator since 2009. She taught third grade and ended her career as a Media Specialist, and has been a schoolmarm for the Hooksett Head School & Museum since 2009. Starting in 2023, she serves as the Hooksett Head School representative on the Hooksett Heritage Commission. The Hooksett Head School Living History Program has become incorporated into the mission of the Heritage Commission. Vickie Desharnais is a resident of Hooksett and a member of the Hooksett Heritage Commission. She is a former Children’s Librarian at the Hooksett Public Library. She has been a schoolmarm at the Head School for 5 years.

Member Tuition: $20.00 | 1 Th: 5/2/24 – 5/2/24 | 10:00AM-12:00PM | Class Limit: 20

Note: A $5 admissions fee will be added to your registration. Total cost $25.

Hooksett Head Cemetery, 16 Pleasant Street, Hooksett, NH 03106

Did You Know?

In just three terms, 75 OLLI at UNH members have registered for “Civics Slam! Learning About Government Now That You’re Older and Wiser”!
Behind the Scenes at NH Public TV

Go behind the scenes at NHPBS and discover how PBS and NHPBS work. Learn how shows like Windows to the Wild and Granite State Challenge are made. Work with a studio camera, sit at a switcher, and try your hand at making a TV program. Founded in 1959, NHPBS reaches over one million Granite Staters each month through its local and national programming.

**Presenter:** Susan Adams is the Education Manager and came to NHPBS in 1993. She works with educational and social service agencies to help them get the most out of NHPBS and PBS educational resources. Adams also co-produces the academic game show, Granite State Challenge.

**Member Tuition:** $20.00 | 1 F: 4/5/24 – 4/5/24 | 9:30-11:30AM | Class Limit: 18

New Hampshire PBS, 268 Mast Road, Durham, NH 03824

Bootmaking: The Limmer Way

In this course, there will be an introduction to the history of the Limmer family of boot makers and their legacy from the early 20th-century to the present. The primary focus will be a demonstration and explanation of the boot making process, from last (foot model) development through the final finish of the boots. During the demonstration there will be a discussion of tools, methods, and materials and the importance of each.

**Presenter:** Adam Lane-Olsen, boot maker and owner of Peter Limmer & Sons, has nearly ten years of experience in bootmaking. The former bank manager, community college educator, and retail manager found his calling through a chance meeting with Peter Limmer. Adam and his family have lived in the Mount Washington Valley since 2013, and enjoy the community and various outdoor activities available.

**Member Tuition:** $25.00 | 2 W: 5/1/24 – 5/8/24 | 6:30-8:00PM | Class Limit: 8

Peter Limmer & Son Inc., 9 Limmer Lane, Intervale, NH 03845

Build Your Video Production Skills

Do you love watching television and films? Have you wanted to learn more about what goes into creating your favorite programs? If so, this course is perfect for you! Participants will get a full behind-the-scenes experience at ConcordTV’s high-end production facility. You will take part in a variety of activities that will teach you about video cameras, video editing, scriptwriting, green screens, teleprompters, and more! As we go you will also learn more about ConcordTV and how we fulfill our mission of building community through media. And the best part – no prior experience necessary! The second best part – we provide all the required gear! All you need to bring is your curiosity and willingness to learn and to have fun!

**Presenter:** ConcordTV is a nonprofit community media station that provides video production resources to the city, school district, and general public of Concord, NH. This program’s lead instructor, Josh Hardy, is the organization’s Executive Director. He has been with ConcordTV since 2013 and is proficient in video production, video editing, marketing and communications, and non-profit management.

**Member Tuition:** $30.00 | 3 M: 3/4/24 – 3/18/24 | 4:00-6:00PM | Class Limit: 8

ConcordTV Studio, Concord High School, 170 Warren Street (Entrance D), Concord, NH 03301
Canterbury Shaker Stories: History & Legacy
Explore the historic structures of Canterbury Shaker Village while learning how the Shakers journeyed from being a persecuted people to becoming one of the most successful religious communities in our nation’s history. Learn how their vision of “Heaven on Earth” reflects communal life, religious practices, gender equality, pacifism, simplicity, and innovative contributions to American history and culture. Please wear comfortable walking shoes and be aware that many of the historic buildings have limited handicapped access. We will meet at the Museum Store to begin the tour.

Presenter: Kyle Sandler is the Education Manager for Canterbury Shaker Village. Before that, he worked as the Education Coordinator at Enfield Shaker Museum. Over the past decade, Sandler has immersed himself in the history and culture of the United Society of Believers in Christ’s Second Appearing better known as the Shakers. Sandler received his M.A. in Liberal Studies from Dartmouth College where he researched the intersection of religion and politics in colonial New England. He completed his B.A. in history at Roger Williams University.

Member Tuition: $20.00 | 1 W: 5/8/24 – 5/8/24 | 2:30-4:30PM | Class Limit: 30
Note: A $20 admissions fee for a guided tour will be added to your registration. Total cost $40.
Canterbury Shaker Village, 288 Shaker Rd, Canterbury, NH 03224

Celebrating Portsmouth’s Historic Music Hall
Take a tour of one of the oldest continually operating theaters in the country. You will be guided through the building and discover interesting facts about the Music Hall’s 140-year history. You will learn about the theater’s role in the community not only for entertainment, but as a multipurpose gathering place. Discover how the Music Hall was impacted by other theaters in the area as well as the onset of film and television. Get a behind-the-scenes look at the 1901 rigging system still used backstage today. Note that climbing stairs will be involved in parts of the tour.

Presenter: Zhana Morris has been the Production Manager and Historian at The Music Hall in Portsmouth, NH, since 1997, and is the co-author of a book, The Music Hall, Portsmouth, on the historic venue (Arcadia Publishing). She is also a stage manager and costume designer for seacoast area theaters.

Member Tuition: $20.00 | 1 M: 2/26/24 – 2/26/24 | 11:00AM-12:30PM | Class Limit: 25
Note: A $5 admissions fee will be added to your registration. Total cost $25.
The Music Hall, 28 Chestnut Street, Portsmouth, NH 03801

Coffee & Cremation With a Few Funeral Facts
An increasing number of Americans are planning for their own final arrangements to spare their families much of the emotional and financial burden. This seminar will provide the opportunity to get the answers you need to help yourself and/or other family members make these important decisions. Join us for a cup of coffee as we discuss topics such as cremation options, cremation facts, funeral options, and green burials.

Presenter: Michele Phaneuf Plasz is a fourth-generation funeral director, working in the industry since 1997. She is the Vice President of Phaneuf Funeral Homes and Crematorium where she works alongside her siblings. She holds a B.S. in sociology from the University of New Hampshire, and is a graduate of Lynn University with an A.S. degree in Funeral Service. In addition to employee development, she spends her days assisting families with their pre-planning arrangements.

Section 1 Member Tuition: $20.00 | 1 T: 4/9/24 – 4/9/24 | 10:00-11:30AM | Class Limit: 15
Phaneuf Funeral Homes & Crematorium, 243 Hanover Street, Manchester, NH 03104

Section 2 Member Tuition: $20.00 | 1 Th: 4/18/24 – 4/18/24 | 10:00-11:30AM | Class Limit: 15
Cremation Society of New Hampshire, 172 King Street, Boscawen, NH 03303
Daniel Webster Family: 220+ Years of Early Colonial & U. S. History

Come and hear the history of the Daniel Webster Birthplace in Franklin, NH, and follow the Webster family starting in 1636 with the arrival of Thomas Webster. The course involves a guided tour of the grounds and house, an interpretive talk about the founding of New Hampshire, the colonial times, the revolution, the life and times of both Ebenezer and Daniel Webster, and their impact on the colonies’ relationship to Britain and France, the revolution, the beginnings of America as a nation, and, finally, Daniel’s impact on the new and future United States until his death in 1850.

**Presenter:** Randy Kovach is the Docent and Site Manager for the Daniel Webster Birthplace and works for the NH State Parks’ Bureau of Historical Sites.

**Member Tuition:** $20.00 | 1 Th: 6/6/24 – 6/6/24 | 10:00AM-12:00PM | Class Limit: 30

Daniel Webster’s Birthplace, 131 North Road, Franklin, NH 03235

Director’s Tour: Spring Exhibit & Agnus Dei Murals

The Alva de Mars Megan Chapel Art Center at Saint Anselm College is a hidden art gem in our community! Join Fr. Iain MacLellan, O.S.B., for a tour of the 100-year-old former Chapel of Saint Anselm College and its unique Agnus Dei murals painted by Fr. Raphael Pfisterer, O.S.B. The Chapel Art Center’s spring exhibition will be open, and Fr. MacLellan will include commentary on selected works.

**Presenter:** Fr. Iain MacLellan, O.S.B., Director of the Alma de Mars Megan Chapel Art Center at Saint Anselm College, is a graduate of Saint Anselm College, with a B.A. in English. He holds an MFA in painting from the Graduate School of Figurative Art at the New York Academy. He also studied at the National Academy of Design, New York, and the Art Students League of New York. Fr. Iain taught studio art for many years, and has exhibited his work actively in various competitions, exhibitions, and conferences.

**Member Tuition:** $20.00 | 1 W: 4/17/24 – 4/17/24 | 1:00-2:00PM | Class Limit: 25

Alva de Mars Megan Chapel Art Center; Saint Anselm College, 100 Saint Anselm Drive, Manchester, NH 03102

Explore Bedrock Gardens

Bedrock Gardens is an oasis for horticulture, art, and inspiration. It has been described as a haven in the ever-expanding land of stop-lights and traffic jams on our formerly quiet by-ways. Over the last 35+ years, Jill Nooney and Bob Munger adapted this 37-acre 1740’s farm site to create a unique garden journey through numerous outdoor rooms with artful installations, rare botanical collections, and a whole lot of joy. When you tour this garden, you are supporting the non-profit Friends of Bedrock Gardens and their stewardship of this emerging public garden. A tour through the garden with executive director John Forti will take 1.5 - 2 hours. The terrain is flat to gently sloping and covers about 3/4 of a mile. There are many places to pause and lots of seating along the way. Feel free to bring lunch and stay a while. Bedrock Gardens was named ‘Best Cultural Oasis’ by NH Magazine and described by the Boston Globe as “one of the most beautiful and intriguing landscapes in New Hampshire.”

**Presenter:** John Forti is a nationally recognized lecturer, garden historian, ethnobotanist, and garden writer. He is the Executive Director for Bedrock Gardens. Forti has been the Horticulture Director for Mass Horticultural Society, Strawberry Banke Museum, and Plimoth Patuxet Museum.

**Member Tuition:** $20.00 | 1 T: 6/4/24 – 6/4/24 | 1:00-3:00PM | Class Limit: 20

*Note: A $25 admissions fee for a guided tour will be added to your registration. Total cost $45.*

Bedrock Gardens, 19 High Road, Lee, NH 03861
From Our Farm to Your Table: Tour Miles Smith Farm

Miles Smith cleared the land and built the farmhouse in the 1830s. Today the Miles Smith Farm is home to grass-fed cattle, pigs, ducks, geese, and a rabbit. Cattle's life on a local farm is vastly different from large scale operations. Present-day owners Carole Soule and Bruce Dawson consider themselves "grass farmers" because their cattle thrive on grass in the summer and hay in the winter. Scottish Highlander cattle are the pride of Miles Smith Farm and one of the sources of their antibiotic-free beef. There is also a solar-powered retail store at the farm where you can find other local products in addition to meat. The farm serves as an educational resource to local schools and clubs by practicing rural land use that is environmentally, economically, and culturally sustainable. Concord Monitor readers will recognize Carole from her weekly articles about farm life. Wear sturdy shoes for the farm tour and allow extra time to shop in the retail store. The tour is outside - rain or shine!

**Presenter:** Carole Soule is co-owner of Miles Smith Farm in Loudon where she raises and sells beef, pork, lamb, eggs, and other local products. She also writes a weekly article about farm life for the Concord Monitor. She was voted one of New Hampshire Magazine's Remarkable Women in 2014, and is also the author of the children's book, The Curious Little Calf Named Bleu, published in 2012.

**Member Tuition:** $20.00 | 1 F: 4/12/24 – 4/12/24 | 10:00-11:30AM | Class Limit: 12

Miles Smith Farm, 55 Whitehouse Road, Loudon, NH 03307

It's Time to Make Bagels

Come join us at Bagels Plus for a free coffee and bagel before stepping into the kitchen to assist with or just observe making bagels. This course sells out quickly and everyone has a wonderful time. So whether or not you have baking experience, you should have a lot of laughs recreating your own Lucy and Ethel at the chocolate factory skit!

**Presenters:** Carol-Ann and Frank Dahlmeyer are local business owners who enjoy giving back to the community. They have owned Bagels Plus for 10 years and have consistently been voted one of the best bagel shops in the valley.

**Member Tuition:** $20.00 | 1 Th: 5/23/24 – 5/23/24 | 10:00-11:30AM | Class Limit: 15

Bagels Plus, 2988 White Mountain Hwy, North Conway, NH 03860

Learning to Look at Art

Using the Currier Museum of Art’s collection and current exhibitions, this course will introduce participants to ways of approaching, thinking about, and appreciating art. We will begin in the auditorium with a brief overview of different genres of art followed by an exercise where we look together and discuss one picture to introduce some of the fundamental building blocks of art. Participants will then tour the Currier’s galleries with a docent to closely examine some of the museum's highlights, and exhibition works. The tour segment involves some walking and standing; collapsible chairs are available.

**Presenters:** Pamela Harvey is a retired librarian and educator. She is a volunteer docent for the Currier Museum and at the Frank Lloyd Wright Houses at the Currier Museum of Art.

Carolyn Hollman is a retired professor. She is a volunteer docent for the Currier Museum and at the Frank Lloyd Wright Houses at the Currier Museum of Art.

**Member Tuition:** $20.00 | 1 W: 5/8/24 – 5/8/24 | 2:30-4:30PM | Class Limit: 20

Note: This special Currier program, led by two museum docents, is designed exclusively for OLLI at UNH members. An additional $22.50 will be added to your course registration for a total of $42.50. Standard Currier Museum of Art member admission fees do not apply.

Currier Museum of Art, 150 Ash Street, Manchester, NH 03104
Learning What Pickleball Is All About

You must have heard about America's fastest growing sport, pickleball, and wondered what this funny sounding game is all about. This two-session course, taught by two experienced players, will tell you what it's all about, teach you the basic skills required to play, the rules, and where you can find a game in the Valley. You will also get to practice what you have learned by playing with your fellow classmates. Paddles and balls will be supplied so all you need to become a pickler is to show up with some good-quality sneakers and drinking water!

Presenters: Diane Ryan and Andrea Murphy are avid pickleball players who enjoy introducing new players to the game.

Member Tuition: $25.00 | 2 M: 5/6/24 – 5/13/24 | 10:30AM-12:30PM | Class Limit: 12

North Conway Community Center, 78 Norcross Circle, North Conway, NH 03860

Manchester Water Works: All About Our Most Precious Resource

Tour the state-of-the-art Water Treatment Plant that supplies an annual average of 18 million gallons of portable water daily to 160,000 people in the Greater Manchester area. Learn about the importance of the Lake Massabesic Watershed - the source of Manchester's drinking water.

Presenter: David Miller is the Deputy Director, Water Supply for Manchester Water Works. He is the primary facility operator and manager, and is responsible for planning, coordination, and engineering design for various water projects at the utility.

Member Tuition: $20.00 | 1 M: 6/10/24 – 6/10/24 | 9:30-11:00AM | Class Limit: 20

Manchester Water Treatment Plant, 1581 Lake Shore Drive, Manchester, NH, 03109
Mission Brief & Antenna Tour: New Boston Space Force Station

Transferred from the U.S. Air Force to the U.S. Space Force in the summer of 2020, the New Boston Space Force Station was originally established in 1942, as a practice area for bombers and fighter planes from nearby Grenier Army Airfield (now Manchester–Boston Regional Airport). The Commander will provide a short Mission Brief, and then lead participants on a tour of Heritage Hall. Bring your questions as the course ends with a Q&A period.

**Presenter:** Lt Col Devin Zufelt is the Squadron Commander, at New Boston Space Force Station, NH. He leads more than 240 military, Department of Defence (DoD) civil service and contractor personnel, providing operations and maintenance to eight Satellite Control Networks, two GPS, and seven specialized antenna systems worth more than $3 billion - all of which provide command and control to the DoD, national, and civil satellite control centers operating over 200 satellites.

**Section 1 Member Tuition:** $20.00 | 1 T: 3/5/24 – 3/5/24 | 10:00-11:30AM | Class Limit: 25

New Boston Space Force Station, 317 Chestnut Hill Road, New Boston, NH, 03070

**Section 2 Member Tuition:** $20.00 | 1 T: 3/19/24 – 3/19/24 | 10:00-11:30AM | Class Limit: 25

New Boston Space Force Station, 317 Chestnut Hill Road, New Boston, NH, 03070

Operational Insider: What It Takes to Operate Cranmore Mountain

With deep roots in New England ski history, Cranmore Mountain Resort is on the move while embracing its important history. Spend the afternoon exploring Cranmore's new facilities while learning how they impact business and creating a bustling year-round resort. Attendees will also take a deep dive into what it takes to spin the lifts, groom the trails, and make the snow. How cold does it have to be to create snow? Why do some trails get groomed right before opening? The Cranmore team will answer these and many other questions as you explore the daily ins and outs of operating a four-season resort.

**Presenters:** Kelly Hunt is the Resort Services Manager at Cranmore Mountain Resort. Hunt began her career working in undergraduate admissions where she hosted events that drove the recruitment of students to the University of New Hampshire. Through sharing stories and resources, she enjoys making people feel confident in whatever they may be taking on next. This translated well to her role as the Resort Services Manager at Cranmore Mountain.

Brantly Ludington is the Director of Mountain Operations at Cranmore Mountain, where he oversees the “behind-the-scenes” operations that allow everyone to enjoy the slopes. He started his career as a ski instructor in 2010, and has worked in many different departments and roles since then. In his free time, he enjoys spending time with his wife, Alyssa, and exploring the outdoors with his dog, Mac.

**Member Tuition:** $20.00 | 1 W: 5/15/24 – 5/15/24 | 10:00AM-12:00PM | Class Limit: 40

Cranmore Mountain Resort, 239 Skimobile Road, North Conway, NH 03860

Course Registration Begins

February 5, 2024 at 9:00 a.m.
Portsmouth Naval Shipyard Tour: From Sails to Atoms

For more than 200 years, Yankee ingenuity and artisanship have been the keys to success for Portsmouth Naval Shipyard. Today, the Shipyard is the premier maintenance, overhaul, and modernization facility for U.S. Navy nuclear-powered attack submarines. In this popular tour, learn about the role and achievements of the Shipyard in times of war and peace from a military historian’s perspective. A government-issued picture ID is required. Participants will be transported by a U.S. Navy bus from the Albacore Park parking lot located at 569 Submarine Way, Portsmouth NH to stops in the Shipyard. Participants must be able to use the bus and negotiate stairs. Neither the bus nor comfort facilities are handicapped accessible. Gather at the meeting spot by 9:15 a.m. so the tour can begin promptly at 9:30 a.m.

Presenter: Joe Gluckert is the historian at Portsmouth Naval Shipyard. A graduate of the University of New Mexico, he was selected as the Portsmouth Naval Shipyard Historian and Museum Director in 2014. Before his rewarding career as a U.S. Navy Museum Specialist, Gluckert served in both the U.S. Army’s and U.S. Air Force’s Field History Programs documenting U.S. military operations on the home front and overseas.

Note: A security background check is required for all registrants in advance of the course. This background check is automatically processed by the Portsmouth Naval Shipyard; registrants do not need to supply any additional information.

Section 1 Member Tuition: $20.00 | 1 Th: 4/18/24 – 4/18/24 | 9:30AM-12:30PM | Class Limit: 30

Portsmouth Naval Shipyard, Albacore Park, 569 Submarine Way, Portsmouth, NH 03801

Section 2 Member Tuition: $20.00 | 1 Th: 5/16/24 – 5/16/24 | 9:30AM-12:30PM | Class Limit: 30

Portsmouth Naval Shipyard, Albacore Park, 569 Submarine Way, Portsmouth, NH 03801

Step Back in Time: Tour the Ice House Museum

W.F. (Bill) Kidder’s father opened a garage in 1911, which became one of the largest businesses in New London, NH. It eventually sold gas, repairs, winter auto storage, Fords, and Buicks. When Bill returned from service in WWII, he began collecting things of historical importance, those that demonstrated Yankee ingenuity, stuff he found interesting, things that changed the lives of the owners, and early Ford automobiles. When the ice business folded, the town icehouse was purchased as a winter auto storage facility. Eventually, his collection took over the facility, and six other buildings were built on or moved onto the property. The result is a huge fascinating collection of life long-ago.

Presenter: Storm Connors spent his pre-retirement years teaching data processing topics around the world as an independent consultant. He has a Master’s degree from Central Connecticut State University in math and general science education. He was frequently seen in his younger days as Mr. Storm the Magician and Stormy the Magic Clown. Connors has been a docent at the Ice House Museum for over five years.

Member Tuition: $20.00 | 1 T: 6/11/24 – 6/11/24 | 2:00-4:00PM | Class Limit: 10

Note: A suggested donation of $10 to support the museum’s efforts may be made by registrants during the class.

Ice House Museum, 91 Pleasant St, New London, NH 03257
What a Community “Meads”? A Small Business With Purpose!

Learn how Sap House Meadery was conceived and built by cousins Ash and Matt to revitalize their hometown of Ossipee, NH, and re-imagine what mead can be. You will learn about the history of Sap House, the 1800's building they renovated to house it, what mead is, how it's made, and much more through a guided tour and tasting. Then you will dive into the business philosophy that's guided the company to prioritize impact in the community. Our hosts had a vision that by being an attraction, Sap House could bring visitors into the historic village of Center Ossipee that would then support other businesses that would come to fill the village and buildings that had remained vacant their whole childhood. Navigating ideals and principles while facing the hard reality of trying to grow a profitable business is challenging! The team at Sap House Meadery has been striving to meet that challenge for twelve years and now looks to its next chapter, opening a second location in North Conway and expanding its distribution footprint. How does it not lose focus or impact on its initial mission in Ossipee? You'll hear the thoughts of the team and founders but will also have a chance to voice your opinion through discussion on sustainable growth through the lens of a socially minded small business. A tasting of non-alcoholic beverages will be available during the course.

Presenter: Matt and Ash started Sap House Meadery with a vision to revitalize their hometown of Center Ossipee and reimagine what mead can be. Over the past twelve years they have built Sap House into a focal point for the community that brings visitors and locals together. They are also deeply engaged in the community, serving on the boards of local non-profits and municipal roles such as the Ossipee Economic Development Council, Planning Board, Budget Committee, Makers Mill, and more.

Member Tuition: $20.00 | 1 M: 4/8/24 – 4/8/24 | 1:00-2:30PM | Class Limit: 25
Sap House Meadery, 6 Folsom Rd, Center Ossipee, NH 03814

Outdoor Adventures

Great Bay National Wildlife Refuge Walk

Join us for a walk around this hidden gem of the Seacoast, home to fox, deer, osprey, kestrel, and an occasional bald eagle. We will walk the William Furber Ferry Way Trail (2 miles) and, if time permits, the Peverly Pond Trail (1/2 mile). Both trails are graded and include gentle inclines. Wear good walking shoes (no sandals or flip-flops), long pants (there may be ticks), and a hat. Cameras, binoculars, and walking sticks are optional. No dogs allowed. Not recommended for people who have difficulty walking. This course is not suitable for those who have difficulty walking or utilize a mobility-assistive device.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member Tuition: $20.00 | 1 F: 4/26/24 – 4/26/24 | 10:30AM-12:00PM | Class Limit: 14
Note: Rain date is Friday, 5/3/24.
Great Bay Wildlife Refuge, 4 Arboretum Drive, Newington, NH, 03801
Introduction to the History of Creek Farm
Join Sarah Kern, Creek Farm Education Program Coordinator for Creek Farm at the Society for the Protection of New Hampshire Forests (SPNHF) for a presentation and walk at one of the society’s most beloved properties, Portsmouth’s Creek Farm. This program will start with a presentation in the Forest Society Education Center, discussing the long history of what we now call Creek Farm. Once part of the 18th-century farm of royal Governor Benning Wentworth, this coastal hideaway borders the shoreline of tidal Sagamore Creek. Following the presentation, we will take a short, guided walk around the property to look at the historic landmarks that still stand as well as a visit to Agnes Carey’s final resting place. Comfortable walking shoes, appropriate layers of clothing, snacks, water, and weather gear are recommended.

Presenter: Sarah Kern has over 25 years of national and international experience in education, wildlife rehabilitation, environmental and conservation education, public speaking, and community outreach ranging all ages and stages. She has appeared on Good Day Maine and On The Road with Steve Hartman. She has presented hundreds of live raptor programs and is currently the Creek Farm Education Program Coordinator with the Society for the Protection of New Hampshire Forests (SPNHF). She earned her B.A. in communications and her M.Ed. in elementary education.

Member Tuition: $20.00 | 1 M: 6/3/24 – 6/3/24 | 10:00AM-12:30PM | Class Limit: 40
Creek Farm, 400 Little Harbor Road, Portsmouth NH 03801

Kayaking the Contoocook
Join us for a relaxing day on the Contoocook River in Concord. We’ll take a leisurely paddle on flat water. New paddlers are welcome, and instruction will be available. Canoes welcome. Bring your own lunch and beverage. The put-in point can be slippery. Ability to enter and exit a kayak is required. You may bring your own kayak or rent one. Put-in and rental rates will be provided for registrants prior to the start of the course.

Presenters: Nancy Frankel is a retired Girl Scout camp director. She loves to teach canoeing and kayaking to children and adults with TLC for new paddlers and tips for experienced ones!
Mary Atwell has been an avid kayaker for many years and has co-taught this course several times. She retired from a career in human services and HR and has volunteered as a Court Appointed Special Advocate (CASA) for over 20 years.

Member Tuition: $20.00 | 1 T: 6/11/24 – 6/11/24 | 10:00AM-2:00PM | Class Limit: 12
Contoocook River Canoe Co., 9 Horse Hill Road, Concord, NH 03303

Little Harbor Trail Walk
Starting at the Society for the Preservation of New Hampshire Forests’ (SPNHF) Creek Farm Reservation we will walk through the woods and then along the Sagamore Creek mud flats and salt marsh with beautiful views and the possibility of seeing various shorebirds. Because there are lots of roots on this 1.5-mile trail, sturdy shoes are required and those with mobility issues may not wish to participate. As part of the trail is on private property, no dogs are allowed. This course is not suitable for those who have difficulty walking or utilize a mobility-assistive device.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member Tuition: $20.00 | 1 F: 4/26/24 – 4/26/24 | 1:00-2:30PM | Class Limit: 14
Note: Rain date is Friday, 5/3/24.
Little Harbor Trail, 400 Little Harbor Rd, Portsmouth, NH 03801
May Celebration: Nature’s Awakenings & Arrivals!

After a long New Hampshire winter, many of us are eager to embrace the sounds, sights, and fragrances showcased in May as our natural world enters the busiest month. Join Kelly Dwyer as we meander along the beautiful Hooksett Riverwalk Trail, through fields, forests, and wetlands, discovering the enchanting natural elements of this spectacular habitat adjacent to the Merrimack River. We will explore the area for migrating birds, discussing their communication strategies of behavior and song, nesting preferences, and identification techniques you can use immediately! The wildflower fields of this area, as well as the forest trees, offer an array of insects the ideal habitat for successful life cycles. We will examine the unique features of these systems. Wetlands in May are teeming with a variety of amphibians, providing entertaining noises and behaviors which we will examine! This rich ecosystem is home to mammals such as foxes, squirrels, and muskrats. Learn about their natural history along our journey, as well as clues to discover their “calling cards!”

Presenter: Kelly Dwyer, founder of Nature Education Opportunities, is a self-taught naturalist, an environmental educator, and a certified elementary teacher and certified wellness coach. She has been developing and presenting engaging programs on a variety of natural history topics for over twenty years. Dwyer sees herself as a facilitator, connecting people of all ages with the joys of nature and sparking their curiosity to continue learning.

Member Tuition: $20.00 | 1 F: 5/10/24 – 5/10/24 | 9:00-10:30AM | Class Limit: 20
Hooksett Riverwalk Trail, 101 Merrimack Street, Hooksett, NH 03106 (parking lot is behind the Hooksett Dog Park and in front of the Amoskeag Rowing Club)

Old North Cemetery Walk & Talk

As we walk the paths and travel down memory lane, you will hear some interesting stories of the lives lived in our town of Concord throughout the years, including a President, a slave, and even a princess.

Presenter: Jill Huckins has worked as the Cemetery Administrator for more than 15 years. She oversees internments, record keeping, and maintenance for thirteen cemeteries in Concord and Penacook.

Member Tuition: $20.00 | 1 F: 4/26/24 – 4/26/24 | 10:00-11:30AM | Class Limit: 50
Old North Cemetery, 149 North State Street, Concord, NH 03301

Redstone Quarry Field Trip

Did you know that granite from the Redstone Quarry in Conway, NH, helped build important buildings throughout the United States? In this program we will explore the history of this once dynamic center of industry. This trail is an easy walk about one-half mile long. Along the way we will see some of the machinery such as steam engines, derricks, and lathe, and hear the story of the workers who toiled here.

Presenter: Bob Cottrell is the Curator of the Conway Public Library’s Henney History Room. He has a master’s degree from the University of Delaware’s Winterthur Program in early Americanculture and worked in the field since 1980.

Member Tuition: $20.00 | 1 Sa: 6/1/24 – 6/1/24 | 10:00AM-12:00PM | Class Limit: 30
Redstone Quarry Trailhead, Hemlock Road, North Conway, NH 03860
The Maple Sugaring Experience at The Rocks

A unique opportunity to learn about trees, especially which trees are good for making maple syrup! Discover how they grade the sap and take in the manner of boiling the sap to make it into syrup. Visit the new renovated net zero building at the Rocks Estate. Enjoy a horse or tractor-drawn ride on the estate, and a taste of the maple syrup. Wear outside gear, warm and heavy clothing, and good boots, as you will be out in the beautiful winter landscape of New Hampshire.

**Presenter:** Nigel Manley grew up in the United Kingdom and has worked for the Forest Society for more than 25 years. His degree in agricultural management helped with the startup of the Forest Society’s Christmas tree farm, and his keen interest in public outreach and marketing has enabled him to successfully promote The Rocks Estate as a tourist destination.

**Member Tuition:** $20.00 | 1 Sa: 4/6/24 – 4/6/24 | 11:00AM-2:00PM | Class Limit: 32

*Note: An $18 admissions fee (syrup tasting and donut) will be added to your registration. Total cost $38.*

The Rocks Estate, 113 Glessner Road, Bethlehem, NH 03574

Tour of Franklin Falls Dam & Gatehouse

Join a park ranger for a tour of the Gatehouse at Franklin Falls Dam. This tour offers an insider’s view into the operation of the gatehouse as well as an understanding of the geography, history, and basic structure of the dam. The park ranger will discuss where Franklin Falls Dam sits within the Merrimack River Basin, important historic events that led to construction of the dam, community impact, and physical features of the dam. Once inside the gatehouse, guests will learn about the operation and maintenance of the gates, and how river data is collected and monitored.

**Presenter:** Briana Edwards is a U.S. Army Corps of Engineers Park Ranger at Franklin Falls and Blackwater Dams in Franklin, NH, and Webster, NH, respectively. Her main role with the corps is interpretation, outreach and recreation, but she performs everyday duties of flood regulation, environmental stewardship, and natural resource work as well. She graduated from the University of WI - Eau Claire with a degree in ecology and environmental biology, and has been working in the field of outdoor education for 8 years.

**Member Tuition:** $20.00 | 1 T: 5/21/24 – 5/21/24 | 10:00-11:00AM | Class Limit: 50

Franklin Falls Dam, 46 Granite Drive, Franklin, NH 03235

Save the Date! April 8 - 12, 2024

This year OLLI will participate for our second year in the (603) Challenge, UNH’s four-day fundraising event which will run April 8 – 12. The continued generosity of learning community allows our membership and class fees affordable, to provide exceptional educational and social programs for our members, and to develop new and innovative offerings across the state.

Keep an eye out for more details coming this spring! During the challenge, our goal is to have 100% participation from our membership. We hope you will participate at whatever level is comfortable for you - every donation brings us closer to our annual fundraising goals and maintaining OLLI’s commitment to its members!
<table>
<thead>
<tr>
<th>COURSE TITLE</th>
<th>START DATE 1</th>
<th>DOW</th>
<th>START TIME</th>
<th>END TIME</th>
<th>PRESENTER(S)</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weaving The &quot;Harriet's Wine Basket&quot;</td>
<td>02/Mar/2024</td>
<td>Sa</td>
<td>9:30AM</td>
<td>1:30PM</td>
<td>Perry-Mann</td>
<td>13</td>
</tr>
<tr>
<td>What is the Nature of Those Earthlings?</td>
<td>04/Mar/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Buttrick</td>
<td>36</td>
</tr>
<tr>
<td>A New Hampshire Government Primer with Virginia Drew</td>
<td>04/Mar/2024</td>
<td>M</td>
<td>2:00PM</td>
<td>4:00PM</td>
<td>Drew</td>
<td>62</td>
</tr>
<tr>
<td>Build Your Video Production Skills</td>
<td>04/Mar/2024</td>
<td>M</td>
<td>4:00PM</td>
<td>6:00PM</td>
<td>Hardy</td>
<td>63</td>
</tr>
<tr>
<td>Folkdancing for Fun</td>
<td>06/Mar/2024</td>
<td>W</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Lockwood</td>
<td>34</td>
</tr>
<tr>
<td>Picking-the-President 2024: This Time Is Different</td>
<td>07/Mar/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Hess</td>
<td>58</td>
</tr>
<tr>
<td>Growing Up in Concord, New Hampshire in the 50s &amp; 60s</td>
<td>08/Mar/2024</td>
<td>F</td>
<td>1:00PM</td>
<td>2:00PM</td>
<td>Bailey &amp; Bailey</td>
<td>18</td>
</tr>
<tr>
<td>Creative Card Making with Rubber Stamps</td>
<td>12/Mar/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>12:30PM</td>
<td>Frost</td>
<td>11</td>
</tr>
<tr>
<td>Hold the Freckles: Doris Day is More Than Fluff!</td>
<td>14/Mar/2024</td>
<td>Th</td>
<td>9:30AM</td>
<td>12:00PM</td>
<td>Brogan</td>
<td>15</td>
</tr>
<tr>
<td>Making Soap From Scratch</td>
<td>15/Mar/2024</td>
<td>F</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>King</td>
<td>12</td>
</tr>
<tr>
<td>Mah-Jongg for Beginners</td>
<td>21/Mar/2024</td>
<td>Th</td>
<td>1:00PM</td>
<td>3:30PM</td>
<td>Tilton</td>
<td>39</td>
</tr>
<tr>
<td>Judaism &amp; Social Justice</td>
<td>01/Apr/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Nafshi</td>
<td>61</td>
</tr>
<tr>
<td>From Dewey Decimal to Doing it All: The Modern Library</td>
<td>04/Apr/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Cambridge</td>
<td>18</td>
</tr>
<tr>
<td>From Our Farm to Your Table: Tour Miles Smith Farm</td>
<td>12/Apr/2024</td>
<td>F</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Soule</td>
<td>66</td>
</tr>
<tr>
<td>Spies, Lies, &amp; Sunken Subs</td>
<td>16/Apr/2024</td>
<td>T</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Isaak</td>
<td>30</td>
</tr>
<tr>
<td>Women Empowering Women: A History of Women's Clubs in New Hampshire</td>
<td>17/Apr/2024</td>
<td>W</td>
<td>3:30PM</td>
<td>5:30PM</td>
<td>Miller &amp; Graham</td>
<td>32</td>
</tr>
<tr>
<td>Coffee &amp; Cremation With a Few Funeral Facts</td>
<td>18/Apr/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Phaneuf Plasz</td>
<td>64</td>
</tr>
<tr>
<td>Lincoln &amp; Finch, Attorneys-at-Law</td>
<td>23/Apr/2024</td>
<td>T</td>
<td>6:00PM</td>
<td>7:30PM</td>
<td>Traphagen</td>
<td>26</td>
</tr>
<tr>
<td>Nature Poetry &amp; New Hampshire</td>
<td>24/Apr/2024</td>
<td>W</td>
<td>4:00PM</td>
<td>5:30PM</td>
<td>Jordan</td>
<td>18</td>
</tr>
<tr>
<td>Old North Cemetery Walk &amp; Talk</td>
<td>26/Apr/2024</td>
<td>F</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Huckins</td>
<td>72</td>
</tr>
<tr>
<td>One Two Three...Infinity</td>
<td>29/Apr/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Faulkner</td>
<td>52</td>
</tr>
<tr>
<td>There's an App for That</td>
<td>01/May/2024</td>
<td>W</td>
<td>11:00AM</td>
<td>12:30PM</td>
<td>Taub</td>
<td>45</td>
</tr>
<tr>
<td>Lewis Hayden: Fugitive Slave, Underground Railroad Leader, State Legislator</td>
<td>06/May/2024</td>
<td>M</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Strang</td>
<td>25</td>
</tr>
<tr>
<td>Canterbury Shaker Stories: History &amp; Legacy</td>
<td>08/May/2024</td>
<td>W</td>
<td>2:30PM</td>
<td>4:30PM</td>
<td>Sandler</td>
<td>64</td>
</tr>
<tr>
<td>Forgotten Plane Wrecks of New Hampshire</td>
<td>10/May/2024</td>
<td>F</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Wallner</td>
<td>23</td>
</tr>
<tr>
<td>History &amp; Evolution of New Hampshire Architecture</td>
<td>15/May/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Miller &amp; Rupnik</td>
<td>24</td>
</tr>
<tr>
<td>Shakespeare's Much Ado About Nothing: What's It All About?</td>
<td>15/May/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>3:45PM</td>
<td>Annal</td>
<td>20</td>
</tr>
<tr>
<td>Tour of Franklin Falls Dam &amp; Gatehouse</td>
<td>21/May/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>11:00AM</td>
<td>Edwards</td>
<td>73</td>
</tr>
<tr>
<td>Putin's Invasion of Ukraine: Total War Returns to Europe</td>
<td>28/May/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Hess</td>
<td>58</td>
</tr>
<tr>
<td>Electrify: Building New Hampshire's Just &amp; Equitable Electric Future</td>
<td>30/May/2024</td>
<td>Th</td>
<td>2:00PM</td>
<td>3:30PM</td>
<td>Weeks</td>
<td>50</td>
</tr>
<tr>
<td>Drama Begins</td>
<td>03/June/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Benoit</td>
<td>17</td>
</tr>
<tr>
<td>Daniel Webster Family: 220+ Years of Early Colonial &amp; U.S. History</td>
<td>06/June/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Kovach</td>
<td>65</td>
</tr>
<tr>
<td>Step Back in Time: Tour the Ice House Museum</td>
<td>11/June/2024</td>
<td>T</td>
<td>2:00PM</td>
<td>4:00PM</td>
<td>Connors</td>
<td>69</td>
</tr>
<tr>
<td>Analogies, Similes, &amp; Metaphors: You Have the Right Brain for This!</td>
<td>12/June/2024</td>
<td>W</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Hendry</td>
<td>16</td>
</tr>
</tbody>
</table>
## Greater Manchester Region

<table>
<thead>
<tr>
<th>COURSE TITLE</th>
<th>START DATE</th>
<th>DOW</th>
<th>START TIME</th>
<th>END TIME</th>
<th>PRESENTER(S)</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Films Through the Decades VI</td>
<td>19/Feb/2024</td>
<td>M</td>
<td>1:00PM</td>
<td>3:30PM</td>
<td>Jones</td>
<td>14</td>
</tr>
<tr>
<td>What You Never Knew About Manchester’s Diner: The Red Arrow</td>
<td>20/Feb/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Morin</td>
<td>32</td>
</tr>
<tr>
<td>Rise of the Nazis: Lessons for Democratic Citizenship</td>
<td>21/Feb/2024</td>
<td>W</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>White</td>
<td>29</td>
</tr>
<tr>
<td>Introduction to Life, Light, &amp; Love: The Psalms</td>
<td>22/Feb/2024</td>
<td>Th</td>
<td>9:00AM</td>
<td>10:00AM</td>
<td>Day</td>
<td>60</td>
</tr>
<tr>
<td>Exploring Untreated Hearing Loss &amp; Its Link to Greater Dementia Risk</td>
<td>23/Feb/2024</td>
<td>F</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Eastman</td>
<td>34</td>
</tr>
<tr>
<td>Everything You Need to Know About Property &amp; Casualty Insurance</td>
<td>26/Feb/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Averill</td>
<td>37</td>
</tr>
<tr>
<td>Paris &amp; New York in the Twenties and Thirties, Part IV</td>
<td>27/Feb/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Mahoney</td>
<td>10</td>
</tr>
<tr>
<td>Starting Again After 50: Navigating Our Way Following Major Life Change</td>
<td>05/Mar/2024</td>
<td>T</td>
<td>8:00AM</td>
<td>9:30AM</td>
<td>Finn</td>
<td>36</td>
</tr>
<tr>
<td>Mission Brief &amp; Antenna Tour: New Boston Space Force Station</td>
<td>05/Mar/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Zufelt</td>
<td>68</td>
</tr>
<tr>
<td>Civics Slam! Learning About Government Now That You're Older &amp; Wiser</td>
<td>05/Mar/2024</td>
<td>T</td>
<td>1:30PM</td>
<td>3:30PM</td>
<td>Alcox</td>
<td>55</td>
</tr>
<tr>
<td>Boomwhackers: The New Way to Make Music</td>
<td>06/Mar/2024</td>
<td>W</td>
<td>10:00AM</td>
<td>11:00AM</td>
<td>Towner</td>
<td>20</td>
</tr>
<tr>
<td>How to Read a Platonic Dialogue</td>
<td>06/Mar/2024</td>
<td>W</td>
<td>2:00PM</td>
<td>4:00PM</td>
<td>Conklin</td>
<td>53</td>
</tr>
<tr>
<td>Path of Liberation: Core Teachings of Tibetan Buddhism</td>
<td>12/Mar/2024</td>
<td>T</td>
<td>2:00PM</td>
<td>3:30PM</td>
<td>Romaine</td>
<td>61</td>
</tr>
<tr>
<td>Sophie's World: An Imaginative Introduction to Philosophy</td>
<td>14/Mar/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Mahoney</td>
<td>54</td>
</tr>
<tr>
<td>Cary Grant: A Touch of Class!</td>
<td>15/Mar/2024</td>
<td>F</td>
<td>9:30AM</td>
<td>12:00PM</td>
<td>Brogan</td>
<td>14</td>
</tr>
<tr>
<td>Dystopian Spirals: How Tech is Creating Dysfunction, Division, &amp; Disaster</td>
<td>18/Mar/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Isaak</td>
<td>56</td>
</tr>
<tr>
<td>Mission Brief &amp; Antenna Tour, New Boston Space Force Station</td>
<td>19/Mar/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Zufelt</td>
<td>68</td>
</tr>
<tr>
<td>How to Support Today's Couples Who are Juggling Careers, Kids, &amp; Chaos!</td>
<td>27/Mar/2024</td>
<td>W</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>McKeown</td>
<td>41</td>
</tr>
<tr>
<td>Madness &amp; the Movies XIII</td>
<td>03/Apr/2024</td>
<td>W</td>
<td>9:30AM</td>
<td>12:00PM</td>
<td>Soreff</td>
<td>15</td>
</tr>
<tr>
<td>Plan Your Own Funeral or Memorial Service: It Can Be Fun!</td>
<td>03/Apr/2024</td>
<td>W</td>
<td>1:30PM</td>
<td>3:00PM</td>
<td>Van Zandt</td>
<td>35</td>
</tr>
<tr>
<td>Senior Safety</td>
<td>09/Apr/2024</td>
<td>T</td>
<td>9:00AM</td>
<td>10:00AM</td>
<td>Duquette</td>
<td>36</td>
</tr>
<tr>
<td>Coffee &amp; Cremation With a Few Funeral Facts</td>
<td>09/Apr/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Phaneuf Plasz</td>
<td>64</td>
</tr>
<tr>
<td>Inner Circle: Totalitarianism &amp; Its Appeal</td>
<td>11/Apr/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Luber Friedenberg</td>
<td>24</td>
</tr>
<tr>
<td>Fun with Artificial Intelligence (AI)</td>
<td>12/Apr/2024</td>
<td>F</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Isaak</td>
<td>44</td>
</tr>
<tr>
<td>Raising Puppies to be Guide Dogs for the Blind</td>
<td>13/Apr/2024</td>
<td>Sa</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Masors</td>
<td>48</td>
</tr>
<tr>
<td>Bridge for Your Brain: Introduction to Bidding and Hand Evaluation, Part I</td>
<td>13/Apr/2024</td>
<td>Sa</td>
<td>10:00AM</td>
<td>12:30PM</td>
<td>Weinstein</td>
<td>39</td>
</tr>
<tr>
<td>What Seniors Should Know When Selling Their Home</td>
<td>15/Apr/2024</td>
<td>M, W</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Athas</td>
<td>38</td>
</tr>
<tr>
<td>Making China Less Inscrutable</td>
<td>16/Apr/2024</td>
<td>T</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Berry</td>
<td>26</td>
</tr>
<tr>
<td>Director’s Tour: Spring Exhibit &amp; Agnus Dei Murals</td>
<td>17/Apr/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>2:00PM</td>
<td>MacLellan</td>
<td>65</td>
</tr>
<tr>
<td>The Ascent of Man, 50 Years On</td>
<td>18/Apr/2024</td>
<td>Th</td>
<td>10:30AM</td>
<td>11:30AM</td>
<td>Parodi</td>
<td>15</td>
</tr>
<tr>
<td>Mary Folsom Blair: A Remarkable Life</td>
<td>19/Apr/2024</td>
<td>F</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Primack</td>
<td>27</td>
</tr>
<tr>
<td>Water: Everything You Always Wanted to Know</td>
<td>23/Apr/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Sasseville</td>
<td>52</td>
</tr>
<tr>
<td>Ah! What a Great Question!</td>
<td>24/Apr/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Hendry</td>
<td>53</td>
</tr>
<tr>
<td>Loyalists: The Other Side of the American Revolution</td>
<td>29/Apr/2024</td>
<td>M</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Strang</td>
<td>26</td>
</tr>
<tr>
<td>Back to 1840: A Trip to the Hooksett Head School</td>
<td>02/May/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Knowles &amp; Desharnais</td>
<td>62</td>
</tr>
<tr>
<td>Learning the iPhone &amp; iPad</td>
<td>02/May/2024</td>
<td>Th</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Jones &amp; Nelson</td>
<td>44</td>
</tr>
<tr>
<td>Arthur Miller: Playwright with a Conscience</td>
<td>03/May/2024</td>
<td>F</td>
<td>12:30PM</td>
<td>3:00PM</td>
<td>Baker</td>
<td>16</td>
</tr>
<tr>
<td>Creating Botanicals: Growing, Pressing, &amp; Designing Art from Nature</td>
<td>03/May/2024</td>
<td>F</td>
<td>3:00PM</td>
<td>5:00PM</td>
<td>Johnson</td>
<td>10</td>
</tr>
<tr>
<td>Can Ranked Choice Voting Cure Political Polarization?</td>
<td>06/May/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Meyers</td>
<td>55</td>
</tr>
</tbody>
</table>
## Greater Manchester Region - Continued

<table>
<thead>
<tr>
<th>COURSE TITLE</th>
<th>START DATE</th>
<th>DOW</th>
<th>START TIME</th>
<th>END TIME</th>
<th>PRESENTER(S)</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nursing Care, Medicaid, &amp; Long-Term Care</td>
<td>08/May/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Rivard</td>
<td>38</td>
</tr>
<tr>
<td>Learning to Look at Art</td>
<td>08/May/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Harvey &amp; Hollman</td>
<td>66</td>
</tr>
<tr>
<td>May Celebration: Nature’s Awakenings &amp; Arrivals!</td>
<td>10/May/2024</td>
<td>F</td>
<td>9:00AM</td>
<td>10:30AM</td>
<td>Dwyer</td>
<td>72</td>
</tr>
<tr>
<td>Putting Human Faces on the Textile Industry: Workers of the Amoskeag Mills</td>
<td>16/May/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Perreault</td>
<td>29</td>
</tr>
<tr>
<td>Coercion, Persuasion, Manipulation, or Propaganda?</td>
<td>16/May/2024</td>
<td>Th</td>
<td>1:30PM</td>
<td>3:30PM</td>
<td>Luber Friedenberg</td>
<td>60</td>
</tr>
<tr>
<td>Forever Chemicals (PFAS) in New Hampshire &amp; Maine: Where It Is &amp; What We Can Do About it</td>
<td>21/May/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Backus</td>
<td>51</td>
</tr>
<tr>
<td>Civility in Society</td>
<td>22/May/2024</td>
<td>W</td>
<td>9:30AM</td>
<td>12:00PM</td>
<td>McKim</td>
<td>60</td>
</tr>
<tr>
<td>Carb Smart Eating: How Sugars &amp; Other Caloric Sweeteners Make You Fat, Sick, and Tired</td>
<td>29/May/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Bentley</td>
<td>33</td>
</tr>
<tr>
<td>Henry W. Herrick: Manchester’s Grand Old Man of Art</td>
<td>04/Jun/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Barraclough</td>
<td>9</td>
</tr>
<tr>
<td>How We Choose a President &amp; the New Hampshire Primary</td>
<td>05/Jun/2024</td>
<td>W</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Scala</td>
<td>57</td>
</tr>
<tr>
<td>Growing Older &amp; Wiser: Staying Healthy as a Senior Adult</td>
<td>05/Jun/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Castor</td>
<td>35</td>
</tr>
<tr>
<td>Immigration Reform: Many Complain, But Nobody Does Anything</td>
<td>07/Jul/2024</td>
<td>F</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Bruno</td>
<td>57</td>
</tr>
<tr>
<td>Manchester Water Works: All About Our Most Precious Resource</td>
<td>10/Jul/2024</td>
<td>M</td>
<td>9:30AM</td>
<td>11:00AM</td>
<td>Miller</td>
<td>67</td>
</tr>
<tr>
<td>Kayaking the Contoocook</td>
<td>11/Jul/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>2:00PM</td>
<td>Frankel</td>
<td>71</td>
</tr>
</tbody>
</table>

## Seacoast Region

<table>
<thead>
<tr>
<th>COURSE TITLE</th>
<th>START DATE</th>
<th>DOW</th>
<th>START TIME</th>
<th>END TIME</th>
<th>PRESENTER(S)</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Celebrating Portsmouth’s Historic Music Hall</td>
<td>26/Feb/2024</td>
<td>M</td>
<td>11:00AM</td>
<td>12:30PM</td>
<td>Morris</td>
<td>64</td>
</tr>
<tr>
<td>Math Curiosities: Fibonacci, Golden Rectangle &amp; Parthenon, Friday the 13th</td>
<td>04/Mar/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Faulkner</td>
<td>51</td>
</tr>
<tr>
<td>Riveting Raptors: Owls, Hawks, &amp; Vultures - Oh My!</td>
<td>05/Mar/2024</td>
<td>T</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Noon &amp; Willoughby</td>
<td>49</td>
</tr>
<tr>
<td>Clean Energy as a Major Climate Solution: US &amp; International Experience</td>
<td>01/Apr/2024</td>
<td>M</td>
<td>1:30PM</td>
<td>3:00PM</td>
<td>Pratt</td>
<td>50</td>
</tr>
<tr>
<td>Behind the Scenes at NH Public TV</td>
<td>05/Apr/2024</td>
<td>F</td>
<td>9:30AM</td>
<td>11:30AM</td>
<td>Adams</td>
<td>63</td>
</tr>
<tr>
<td>Portsmouth Naval Shipyard Tour: From Sails to Atoms</td>
<td>18/Apr/2024</td>
<td>Th</td>
<td>9:30AM</td>
<td>12:30PM</td>
<td>Gluckert</td>
<td>69</td>
</tr>
<tr>
<td>Jazz Stories: The Roots &amp; Rhythms of Our American Music</td>
<td>25/Apr/2024</td>
<td>Th</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Webb &amp; Landis</td>
<td>21</td>
</tr>
<tr>
<td>Mathematical Card Tricks for Everyone!</td>
<td>25/Apr/2024</td>
<td>Th</td>
<td>6:30PM</td>
<td>8:00PM</td>
<td>Stern</td>
<td>51</td>
</tr>
<tr>
<td>Great Bay National Wildlife Refuge Walk</td>
<td>26/Apr/2024</td>
<td>F</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Russell</td>
<td>70</td>
</tr>
<tr>
<td>Little Harbor Trail Walk</td>
<td>26/Apr/2024</td>
<td>F</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Russell</td>
<td>71</td>
</tr>
<tr>
<td>No One Wants Your Hummels &amp; Other Aging Lessons I’ve Learned</td>
<td>06/May/2024</td>
<td>M</td>
<td>10:30AM</td>
<td>11:30AM</td>
<td>Toomey</td>
<td>42</td>
</tr>
<tr>
<td>Portsmouth Naval Shipyard Tour: From Sails to Atoms</td>
<td>16/May/2024</td>
<td>Th</td>
<td>9:30AM</td>
<td>12:30PM</td>
<td>Gluckert</td>
<td>69</td>
</tr>
<tr>
<td>Lewis Hayden: Fugitive Slave, Underground Railroad Leader, State Legislator</td>
<td>23/May/2024</td>
<td>Th</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Strang</td>
<td>25</td>
</tr>
<tr>
<td>Introduction to the History of Creek Farm</td>
<td>03/Jul/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>12:30PM</td>
<td>Kern</td>
<td>71</td>
</tr>
<tr>
<td>Explore Bedrock Gardens</td>
<td>04/Jul/2024</td>
<td>T</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Forti</td>
<td>65</td>
</tr>
<tr>
<td>Kitchen Chemistry: The &quot;Wow Factor&quot; or Creating Your Own &quot;Martha Moments&quot;</td>
<td>05/Jul/2024</td>
<td>W</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Nicolino</td>
<td>37</td>
</tr>
<tr>
<td>COURSE TITLE</td>
<td>START DATE</td>
<td>DOW</td>
<td>START TIME</td>
<td>END TIME</td>
<td>PRESENTER(S)</td>
<td>PAGE</td>
</tr>
<tr>
<td>------------------------------------------------------------------------------</td>
<td>------------</td>
<td>-----</td>
<td>------------</td>
<td>----------</td>
<td>----------------</td>
<td>------</td>
</tr>
<tr>
<td>Creating Gnomes: Imagination Unleashed!</td>
<td>20-Feb/2024</td>
<td>T</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Perry</td>
<td>11</td>
</tr>
<tr>
<td>Covered Bridges in the Conway Area: Past &amp; Present</td>
<td>23-Feb/2024</td>
<td>F</td>
<td>1:30PM</td>
<td>2:30PM</td>
<td>Varney Chandler</td>
<td>22</td>
</tr>
<tr>
<td>True Stories of New Hampshire’s Dead: America Through Time Series</td>
<td>29-Feb/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Davidson &amp; Thompson</td>
<td>31</td>
</tr>
<tr>
<td>Exploring Collage Techniques</td>
<td>04-Mar/2024</td>
<td>M</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Webber</td>
<td>12</td>
</tr>
<tr>
<td>Weaving A Bread Basket</td>
<td>07-Mar/2024</td>
<td>Th</td>
<td>12:30PM</td>
<td>4:00PM</td>
<td>Rennie</td>
<td>12</td>
</tr>
<tr>
<td>So, You Want to Take an Alaskan Cruise?</td>
<td>15-Mar/2024</td>
<td>F</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Davidson &amp; Davidson</td>
<td>42</td>
</tr>
<tr>
<td>Helping Injured &amp; Orphaned Wildlife</td>
<td>18-Mar/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Gregg</td>
<td>47</td>
</tr>
<tr>
<td>Exploring the National Parks &amp; Other Special Places in the United States</td>
<td>20-Mar/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Gemmecke</td>
<td>46</td>
</tr>
<tr>
<td>The Mysteries of the Wild Turkey</td>
<td>22-Mar/2024</td>
<td>F</td>
<td>1:00PM</td>
<td>2:00PM</td>
<td>Manley</td>
<td>49</td>
</tr>
<tr>
<td>Wright Museum: A Step Back in Time to World War II</td>
<td>26-Mar/2024</td>
<td>T</td>
<td>12:30PM</td>
<td>4:00PM</td>
<td>Hennelly-Maniates</td>
<td>32</td>
</tr>
<tr>
<td>A Touch of Energy Healing – Reiki: A Practice for Creating Well-Being</td>
<td>04-Apr/2024</td>
<td>Th</td>
<td>4:00PM</td>
<td>6:00PM</td>
<td>Rose</td>
<td>33</td>
</tr>
<tr>
<td>The Maple Sugaring Experience at The Rocks</td>
<td>06-Apr/2024</td>
<td>Sa</td>
<td>11:00AM</td>
<td>2:00PM</td>
<td>Manley</td>
<td>70</td>
</tr>
<tr>
<td>What a Community &quot;Meads&quot;? A Small Business With Purpose!</td>
<td>08-Apr/2024</td>
<td>M</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Trahan</td>
<td>70</td>
</tr>
<tr>
<td>Bretton Woods: The Conference That Changed the World</td>
<td>10-Apr/2024</td>
<td>W</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Lindblade</td>
<td>21</td>
</tr>
<tr>
<td>TED Talks to Ponder</td>
<td>11-Apr/2024</td>
<td>Th</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Jawitz &amp; Rau</td>
<td>54</td>
</tr>
<tr>
<td>Socrates Café</td>
<td>16-Apr/2024</td>
<td>T</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Epstein</td>
<td>54</td>
</tr>
<tr>
<td>Self-Myofascial Release: Roll Away Tension &amp; Increase Mobility</td>
<td>22-Apr/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Buerk</td>
<td>35</td>
</tr>
<tr>
<td>Don't Throw Them Away: Create Woven Beauty from CDs &amp; Scrap Yarns</td>
<td>23-Apr/2024</td>
<td>T</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Dworkin</td>
<td>11</td>
</tr>
<tr>
<td>Effective Workouts at Home or On the Go</td>
<td>25-Apr/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>11:00AM</td>
<td>Ravid</td>
<td>34</td>
</tr>
<tr>
<td>Become a Citizen Scientist &amp; Learn About Climate Change in the Northeast</td>
<td>30-Apr/2024</td>
<td>T</td>
<td>1:00PM</td>
<td>3:30PM</td>
<td>Murray</td>
<td>49</td>
</tr>
<tr>
<td>Bootmaking: The Limmer Way</td>
<td>01-May/2024</td>
<td>W</td>
<td>6:30PM</td>
<td>8:00PM</td>
<td>Lane-Olsen</td>
<td>63</td>
</tr>
<tr>
<td>Fly Angling for Trout in Northern New England 101</td>
<td>03-May/2024</td>
<td>F</td>
<td>9:30AM</td>
<td>12:00PM</td>
<td>Ouellette</td>
<td>46</td>
</tr>
<tr>
<td>Learning What Pickleball Is All About</td>
<td>06-May/2024</td>
<td>M</td>
<td>10:30AM</td>
<td>12:30PM</td>
<td>Ryan &amp; Murphy</td>
<td>67</td>
</tr>
<tr>
<td>Greenhouse Growing for the Home Gardener</td>
<td>07-May/2024</td>
<td>T</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Knirk</td>
<td>47</td>
</tr>
<tr>
<td>Operational Insider: What It Takes to Operate Cranmore Mountain</td>
<td>15-May/2024</td>
<td>W</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Hunt &amp; Ludington</td>
<td>68</td>
</tr>
<tr>
<td>Samuel Osgood House: Traveling Trunk Show</td>
<td>16-May/2024</td>
<td>Th</td>
<td>1:00PM</td>
<td>3:30PM</td>
<td>O'Donal</td>
<td>30</td>
</tr>
<tr>
<td>Want to Spend Less on Hotels &amp; Car Rentals?</td>
<td>21-May/2024</td>
<td>T</td>
<td>10:30AM</td>
<td>12:30PM</td>
<td>Ference</td>
<td>38</td>
</tr>
<tr>
<td>It's Time to Make Bagels</td>
<td>23-May/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Dahlmeyer</td>
<td>66</td>
</tr>
<tr>
<td>The Trip of a Lifetime: Offa’s Dyke in Wales</td>
<td>28-May/2024</td>
<td>T</td>
<td>12:30PM</td>
<td>2:00PM</td>
<td>Jackson &amp; Fay</td>
<td>31</td>
</tr>
<tr>
<td>Redstone Quarry Field Trip</td>
<td>01-Jun/2024</td>
<td>Sa</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Cottrell</td>
<td>72</td>
</tr>
<tr>
<td>Learning a New/Old Game: Bocce for Any Age</td>
<td>07-Jun/2024</td>
<td>F</td>
<td>1:30PM</td>
<td>3:00PM</td>
<td>Simone</td>
<td>39</td>
</tr>
<tr>
<td>Best Books of 2024</td>
<td>11-Jun/2024</td>
<td>T</td>
<td>2:00PM</td>
<td>4:00PM</td>
<td>Cummings</td>
<td>16</td>
</tr>
<tr>
<td>COURSE TITLE</td>
<td>START DATE</td>
<td>DOW</td>
<td>START TIME</td>
<td>END TIME</td>
<td>PRESENTER(S)</td>
<td>PAGE</td>
</tr>
<tr>
<td>--------------</td>
<td>------------</td>
<td>-----</td>
<td>------------</td>
<td>----------</td>
<td>--------------</td>
<td>------</td>
</tr>
<tr>
<td>Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, &amp; Notebooks</td>
<td>15/Feb/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>McDonnell</td>
<td>45</td>
</tr>
<tr>
<td>Tarot Cards for Beginners</td>
<td>19/Feb/2024</td>
<td>M</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Cohen</td>
<td>43</td>
</tr>
<tr>
<td>Russia: From Czars to Commissars &amp; Back, Part II</td>
<td>20/Feb/2024</td>
<td>T</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Zink</td>
<td>30</td>
</tr>
<tr>
<td>Deep Presence: 13,000 Years of Native American History</td>
<td>20/Feb/2024</td>
<td>T</td>
<td>6:30PM</td>
<td>8:00PM</td>
<td>Goodby</td>
<td>23</td>
</tr>
<tr>
<td>Dickens Invites You into the Mystery of &quot;Bleak House&quot;</td>
<td>21/Feb/2024</td>
<td>W</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Castle</td>
<td>17</td>
</tr>
<tr>
<td>Rise of the Nazis: Lessons for Democratic Citizenship</td>
<td>21/Feb/2024</td>
<td>W</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>White</td>
<td>29</td>
</tr>
<tr>
<td>Loving Animals: A Conversation with an Animal Communicator</td>
<td>21/Feb/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>2:00PM</td>
<td>Lindheim</td>
<td>48</td>
</tr>
<tr>
<td>American Commonwealth, Part 1: Viscount Bryce’s 1888 Look at the U.S.</td>
<td>22/Feb/2024</td>
<td>Th</td>
<td>1:30PM</td>
<td>3:00PM</td>
<td>Shaine</td>
<td>21</td>
</tr>
<tr>
<td>Active Anti-Racism: There is Much We Can Do!</td>
<td>23/Feb/2024</td>
<td>F</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Romney</td>
<td>59</td>
</tr>
<tr>
<td>Exploring Untreated Hearing Loss &amp; Its Link to Greater Dementia Risk</td>
<td>23/Feb/2024</td>
<td>F</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Eastman</td>
<td>34</td>
</tr>
<tr>
<td>Arts of the Persian Empire &amp; Iran</td>
<td>26/Feb/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Holmes</td>
<td>9</td>
</tr>
<tr>
<td>Understanding the Perplexing Law of Privacy in the United States</td>
<td>28/Feb/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Dana</td>
<td>59</td>
</tr>
<tr>
<td>Scheduling &amp; Hosting Zoom Meetings</td>
<td>01/Mar/2024</td>
<td>F</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>McDonnell</td>
<td>45</td>
</tr>
<tr>
<td>Zentangle 101</td>
<td>07/Mar/2024</td>
<td>Th</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Brooks</td>
<td>13</td>
</tr>
<tr>
<td>Danger, Suspense, &amp; Deception: The Best of Alfred Hitchcock</td>
<td>07/Mar/2024</td>
<td>Th</td>
<td>3:30PM</td>
<td>5:00PM</td>
<td>Sherwin</td>
<td>14</td>
</tr>
<tr>
<td>The New Yorker</td>
<td>14/Mar/2024</td>
<td>Th</td>
<td>3:30PM</td>
<td>5:00PM</td>
<td>Jones &amp; Monnelly</td>
<td>20</td>
</tr>
<tr>
<td>Women in Science, Technology, &amp; Mathematics</td>
<td>15/Mar/2024</td>
<td>F</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Russell</td>
<td>53</td>
</tr>
<tr>
<td>Dystopian Spirals: How Tech is Creating Dysfunction, Division, &amp; Disaster</td>
<td>18/Mar/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Isaak</td>
<td>56</td>
</tr>
<tr>
<td>Jennie Powers: The Woman Who Dares</td>
<td>18/Mar/2024</td>
<td>M</td>
<td>1:00PM</td>
<td>2:00PM</td>
<td>Carroll</td>
<td>25</td>
</tr>
<tr>
<td>Green Funerals: Separating Fact from Fiction</td>
<td>18/Mar/2024</td>
<td>M</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Webster</td>
<td>41</td>
</tr>
<tr>
<td>Great Decisions, Part I</td>
<td>21/Mar/2024</td>
<td>Th</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>McDonnell</td>
<td>56</td>
</tr>
<tr>
<td>Utopias and Dystopias</td>
<td>21/Mar/2024</td>
<td>Th</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Shaine</td>
<td>56</td>
</tr>
<tr>
<td>Did You Know? You’re On a Hero’s Journey!</td>
<td>12/Apr/2024</td>
<td>F</td>
<td>9:00AM</td>
<td>12:00PM</td>
<td>Lee</td>
<td>40</td>
</tr>
<tr>
<td>Covered Bridges of New Hampshire: Past &amp; Present</td>
<td>15/Apr/2024</td>
<td>M</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Caswell</td>
<td>22</td>
</tr>
<tr>
<td>Defending The Right to Read</td>
<td>16/Apr/2024</td>
<td>T</td>
<td>10:30AM</td>
<td>11:30AM</td>
<td>Lanter &amp; Walsh</td>
<td>17</td>
</tr>
<tr>
<td>Manchester’s Grenier Field: From World War II to the U.S. Space Force</td>
<td>30/Apr/2024</td>
<td>T</td>
<td>10:00AM</td>
<td>11:30AM</td>
<td>Eaton</td>
<td>27</td>
</tr>
<tr>
<td>Zentangle 101</td>
<td>02/May/2024</td>
<td>Th</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Brooks</td>
<td>13</td>
</tr>
<tr>
<td>Visiting the Planets of Our Solar System</td>
<td>03/May/2024</td>
<td>F</td>
<td>10:00AM</td>
<td>12:00PM</td>
<td>Rock</td>
<td>52</td>
</tr>
<tr>
<td>No One Wants Your Hummels &amp; Other Aging Lessons I’ve Learned</td>
<td>06/May/2024</td>
<td>M</td>
<td>10:30AM</td>
<td>11:30AM</td>
<td>Toomey</td>
<td>42</td>
</tr>
<tr>
<td>Beautiful Butterflies of New Hampshire</td>
<td>06/May/2024</td>
<td>M</td>
<td>3:30PM</td>
<td>4:30PM</td>
<td>Holman</td>
<td>46</td>
</tr>
<tr>
<td>Unlock Your Psychic Abilities</td>
<td>07/May/2024</td>
<td>T</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Cohen</td>
<td>43</td>
</tr>
<tr>
<td>Nursing Care, Medicaid, &amp; Long-Term Care</td>
<td>08/May/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>2:30PM</td>
<td>Rivard</td>
<td>38</td>
</tr>
<tr>
<td>Herons &amp; Osprey of Exeter, New Hampshire</td>
<td>09/May/2024</td>
<td>Th</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Walsh</td>
<td>48</td>
</tr>
<tr>
<td>Civility in Society</td>
<td>22/May/2024</td>
<td>W</td>
<td>9:30AM</td>
<td>12:00PM</td>
<td>McKim</td>
<td>60</td>
</tr>
<tr>
<td>Growing Older &amp; Wiser: Staying Healthy as a Senior Adult</td>
<td>05/Jul/2024</td>
<td>W</td>
<td>1:00PM</td>
<td>3:00PM</td>
<td>Castor</td>
<td>35</td>
</tr>
<tr>
<td>Immigration Reform: Many Complain, But Nobody Does Anything</td>
<td>07/Jul/2024</td>
<td>F</td>
<td>10:30AM</td>
<td>12:00PM</td>
<td>Bruno</td>
<td>57</td>
</tr>
</tbody>
</table>
Plan your financial legacy

When you build a comfortable foundation of financial strength and security, you can be a great benefit to your heirs. Whether it’s giving to immediate beneficiaries, future generations or a favorite charity, we help you create a lasting financial legacy for the people and causes you care about.

Contact me to learn how to organize and align your financial picture for future goals.

Theresa Huntley, CSRIC®
Senior Vice President – Financial Advisor
Consulting Group

45 South Main Street, Suite 200 | Concord, NH 03301
(603) 228-7944 | (855) 313-9886
www.theresahuntleyrbc.com

Investment and insurance products offered through RBC Wealth Management are not insured by the FDIC or any other federal government agency, are not deposits or other obligations of, or guaranteed by, a bank or any bank affiliate, and are subject to investment risks, including possible loss of the principal amount invested.

© 2023 RBC Wealth Management, a division of RBC Capital Markets, LLC, registered investment adviser and Member NYSE/FINRA/SIPC. 23-EJ-01412 (05/23)
Special Interest Groups (SIGs)

Special Interest Groups or SIGs are a wonderful OLLI membership benefit! What’s a SIG? It is when members interested in a specific topic or who enjoy the same activity get together on a regularly scheduled basis – whether it be in-person or online. From book and movie clubs to outdoor or community adventures, OLLI members are welcome to participate in any of the current 18 SIGs throughout our four learning regions.

There is no fee for joining a SIG, though there may be costs associated with activities planned by the members of the SIG. As this is a benefit for OLLI member, only OLLI members may participate in a SIG.

Please reach out to the contact listed below to learn more about the group and their meetings throughout the term!

**CAPITAL REGION**

Chapter Chats (ZOOM)
Contact Donna Frost | dfrost49@hotmail.com
Creative Writing (ZOOM)
Contact Alan Pardy | alan.pardy@icloud.com
Movie Club (ZOOM)
Contact Marty Bender | mbender@tds.net
Quilting (In-Person)
Contact Mari Astell | mastell@comcast.net
Technology Group (ZOOM)
Contact Michael Bujnowski | mbujnowski@comcast.net

**MOUNT WASHINGTON VALLEY**

Candlepin Bowling (In-Person)
Contact Barb Butler | barbara.butler@yahoo.com
Game Group (In-Person)
Contact Benny Jesseman | bjesseman1@roadrunner.com
Hiking & Snowshoeing (In-Person)
Contact John Peterson | jpsvenster@aol.com or Betsy Gemmecke | betsygemmecke@gmail.com
Munch Bunch
Contact Diane Rozek | dlmh2002@yahoo.com

**GREATER MANCHESTER REGION**

Happy Hour (ZOOM)
Contact Dennis McGivern | dmcgivern52@gmail.com
Lunch Bunch (In-Person)
Contact Mike Baker | mbmikebaker0@gmail.com or JoAnn Meyers | joannmeyers6@comcast.net
Manchester Book Group (ZOOM)
Contact Mike Baker | mbmikebaker0@gmail.com
Meditation Group (In-Person)
Contact Janet Romaine | jromaine@anselm.edu
Reading America's Founding Documents (ZOOM)
Contact Jim Isaak | olli@JimIsaak.com

**SEACOAST**

Fresh Reads (ZOOM)
Contact John Russell | russelljohnt@comcast.net
Local Hiking Trails (In-Person)
Contact Sandy O’Neill | sandy_oneill@comcast.net
Tour the Seacoast
Contact Pat Nicolino | pfnico07@gmail.com
Spring 2024 Term Course Previews

Course previews are a wonderful way to learn about an upcoming term’s courses and to meet other OLLI at UNH members. Presenters join us to promote their course and to answer your questions about their course. We hope you will join us at any (or all) of these Spring 2024 Course Preview events:

**Seacoast**
Tuesday, January 23 at 10:30 a.m.
St. John’s United Methodist Church,
28 Cataract Ave, Dover, NH 03820

**Mt. Washington Valley**
Wednesday, January 24 10:30 a.m.
Journey Church,
15 Hutchins Dr, Conway, NH 03818

**Capital Region**
Thursday, January 25 at 1:00 p.m.
City-wide Community Center
14 Canterbury Road, Concord, NH 03301

**Greater Manchester**
Friday, January 26 at 12:30 p.m.
Bethany Covenant Church,
1 Covenant Way, Bedford, NH 03110

What our members are saying about OLLI at UNH courses

"This was a great tour! I've driven on this road for many years, and never realized this place was here. The presenter was extremely knowledgeable and enjoyable."

"The presenter's knowledge extended way beyond what he included in the formal presentation, obvious from the in-depth information he provided in response to questions. He was a great listener and responded respectfully to every observation and question. I'll be watching for more classes from this presenter!"
We appreciate the many volunteers who help make our courses a success. In addition to our outstanding presenters, members serve as Class Assistants and Zoom moderators. Thank you to all who serve for your commitment and dedication to OLLI!

OLLI runs on volunteer power! And the need for new volunteers increases as we develop more engaging courses each term. We have vacancies for both roles. One of these may be the right fit for you. Here is some information on what each entails.

**CLASS ASSISTANTS**

One opportunity is being a Class Assistant (CA). The CA helps in-person presenters and participants feel comfortable and informed. The CA is the friendly face of OLLI for in-person classes. Often, the CA is the first person new members identify with to make them feel welcome in our learning community. Training is provided, including information about procedures, facilities, ways to socialize, and contact information for our support network.

**ZOOM MODERATORS**

An OLLI Zoom moderator is a volunteer who hosts courses offered via Zoom. The primary function is to support presenters and manage participation by members.

Qualifications include a comfort level with email, an interest in learning and using the Zoom platform, and a willingness to experiment with online learning. A computer with a camera, microphone, and strong internet connection is required. Training on how to use Zoom and the steps involved in hosting is provided regularly by OLLI staff and volunteers.

Are you interested in learning more? Ready to learn Zoom for the fun of it?

**OLLI welcomes your skills, talents, and expertise!**

If you are interested in finding out more, sign up for an orientation session by emailing tessa.mcdonnell@unh.edu

© SkyLine - adobe.stock.com
Havenwood Heritage Heights is a vibrant, friendly and unpretentious community on two campuses filled with resort-style amenities. Here, you’ll find an appealing selection of maintenance–free homes, including nine new cottages. The community offers an outdoor sports complex, fitness centers, indoor and outdoor pools, movie theater, Main Street and a variety of dining options.

This continuing care retirement community offers accommodations for assisted living, memory care, rehabilitation and skilled nursing should the need arise. All this in the company of friends.

Call 1-800-457-6833 to schedule a tour or visit hhhinfo.com to learn more!
Registration for Spring Courses

Begins Monday, February 5, 2024 at 9:00 a.m.

Spring Term:
February 19 - June 14

Featuring Over 170 affordable, non-credit courses for older adults. Single-session to eight-session courses are offered via Zoom, in a classroom, or out in the community.

Classes will be held at:
• Concord
• Manchester
• Mt. Washington Valley
• Seacoast
• Zoom

Get Started! unh.edu/OLLI | 603-255-3553